

1969

VARSIITY

TRACK & FIELD

INFORMATION BROCHURE

OF

CENTRAL WASHINGTON STATE COLLEGE

ELLENSBURG, WASHINGTON

TRACK & FIELD OVERVIEW FOR 1969

Of the 33 trackmen who participated on the Evergreen Conference Championship team in 1968, thirteen are no longer with the team. Gone are the great half-milers - Jim Boora, Bart Barto, and Conny Englund. Also the excellent Javelin men - Fred Andrew and Wayne Worby.

Graduation also took John Beard, Ken Chelin, Bob Metzger. Dale Aberle is in the Army and Mike Rasmussen was killed in an unfortunate automobile accident. Dick Knudsen is working and will not turn out. Ron Smithwick is student teaching. The twenty returning athletes plus a good group of new "Wildcats" causes Coach Hutton to smile a little, but he feels the Pirates of Whitworth could break the seven year reign of CWSC and could win the EvCo title. "Whitworth is just too powerful with top notch people," says Hutton. The way Whitworth swept the cross-country season is a good indication of their strength and depth in running events.

In the five years as track coach, Central under Hutton, has lost no meets to a conference school in either dual or conference competition. Nationally the Wildcats have placed 5th, 7th and 9th in the past three seasons. Only one school records date back to 1964 and that is in the discus.

Central "thin clads" have also dominated the NAIA District #1 by taking that title every year since 1962.

This year promises the toughest challenge to Central's track team ever. New opponents include Montana, Humboldt State and Southern Oregon. A dual with Simon Fraser is pending.

COACH ART HUTTON

In his sixth year as coach at Central was track coach at Clover Park High in Tacoma 1950-1955 where his teams won Puget Sound League 5 years - West Central and Tacoma District three years. The 1952 team won the State Track meet and in 1953 placed 2nd. Three years at West Valley of Yakima where the 1958 team won the Northern Division Sub-District. Hutton's next five years were at Eisenhower High in Yakima as Athletic Director and Football coach.

RECORD

1964	7-0	EvCo Title	NAIA District	Nationals
1965	7-1	EvCo Title	NAIA District	24th
1966	7-0	EvCo Title	NAIA District	31st
1967	6-0	EvCo Title	NAIA District	5th
1968	7-0	EvCo Title	NAIA District	7th 9th

In addition the Wildcats have won the Vancouver Relays 1966-1967-1968.

This years squad is made up of nine seniors, twelve juniors, fifteen sophomores and fourteen frosh.

SENIOR LETTERMEN

Joe Evans - Captain

Senior from Richland and CBC. Joe is majoring in Business Administration. In both of his sophomore and junior years he has won the Evergreen 100 and 220 yard dash titles and has been a member of the championship 440 yard Relay. His best performances have been 9.6 and 21.5. Joe anchors the 440 yard relay also.

Dick Clintworth

Dick is CWSC record holder in the pole vault at 14'10 3/4". As a sophomore he had his best year. A native of Olympia, Dick is now married and has hopes for a good year as a senior.

Bob Santo

Bob is school record holder in shot put and defending Evergreen champion. The past two seasons Bob has placed 5th and 4th in the National NAIA Outdoor Championships. Bob wants to coach track after graduation.

Steve Shireman

Three year letterman from Sumner and was a member of the record setting Mile Relay of last year. Steve has run 48.5 for 440 yards and is an Education major.

Rick Conroy

Back from military service after two years, Rick is a welcomed senior. He holds the school high jump record at 6'6 1/4", and also runs the high hurdles in 14.5.

Merlin Swackhammer

Senior discus thrower. Had a 160 foot throw once last spring. This year he will throw the spear in some meets.

JUNIORS

Dave Harman

Miler from Mercer Island. He was bothered by an injury last year but hopes to come down to 4:19 as he did in his freshman year.

Les Harmon

Transferred to CWSC from WSU last year and had a team best vault of 14'6" last year. Les is from Bothell and is a Physical Education major.

Jim Hay

Jim is the Evergreen Conference, Central and NAIA District record holder in the 440 yard dash. His best from the blocks is 47.3 and he has been timed anchoring Mile Relay in 46.8. Jim is a Physical Education major from Hoquim.

John Kirry

John came to us from Shoreline Community College and graduated from Ingraham in Seattle. John runs both the high hurdles and intermediates. He placed second in the 400 Meter I.H. at the National NAIA last spring in Albuquerque and participated in the U.S. Olympic trials at Los Angeles. His best time is 51.5 for 400 Meter I.H. and 14.6 in 120 H.H.

Sam Ring

At the start of his third track season for Central, Sam is on the edge of becoming a great runner. He has now competed in four National NAIA Meets, is conference champion at both three and six miles and holds the school record of 9:11.6 in the two mile.

Paul Wallace

Paul started the 1968 season like he was going to be one of the top runners in the Northwest. After winning the Calgary and WSU Indoor (where he defeated Art Sandison of WSU) he placed 5th in NAIA National Indoor at Kansas City. We have hopes that this season he will line up to expectations. His best 440 is 47.9.

SOPHOMORES

Tom Amos

Non-letterman in his frosh year but a fine prospect in the sprints.

Dick Bedlington

As a freshman javelin thrower, Dick threw 215 feet and hopes to do over 225 this season. Dick is from Lynden, Washington and is a Physical Education major.

Tom Burns

Tom tied the school record in the triple jump in his first meet as a Wildcat last season. Tom is a good long jumper also and is looking toward a great year. Tom is from Grandview.

Vic Harris

A native of Puyallup and a fine hurdler. Vic should run under 15 seconds for the 120 yard highs. He placed 5th in 15.1 last spring in EvCo Meet.

Steve Harshman

Steve hails from Franklin Pierce High School and is a good performer in both the shot and discus events.

Ty Hughes

Ty may be a surprise in the Fosbury Flop and he can also do the horizontal jumps. He is from West Seattle and a music major.

Terry Kelly

Ran six mile last year for points in the conference meet. Terry is one of a great many fine Spokane developed runners. He graduated from Gonzaga Prep.

Dale Shea

Two and Three Mile specialist, was on the cross country team. Dale is from Alaska.

Larry Volland

Another Gonzaga Prep grad. We hope for big things from Larry in the future. Larry had best of 10.0 and 22.0 last year and was a 440 yard Relay team member.

Mike Williams

Mike has the size to become a great shot and discus man. He is 6'5" and weighs 230 lbs. Mike is from St. Martins at Lacy.

NEW AT CENTRAL

The following are new and have not competed in Wildcat Track.

Joe Blue Frosh from Olympia, ran 1:55.3 in 1968.

Dave Buehler Frosh from Ellensburg, ran 51.5 in 1968.

Ray Payne Freshman pole vaulter from Shoreline. Best of 14'3"

Chuck Hunter Transfer from UPS - a 200 foot javelin thrower.

Jack Kelleher Freshman from Ellensburg ran 10.1 and 19.8 in lows.

Gary Lewis Freshman high hurdler from Lakes High in Tacoma

Tom Lines Tranferred from Highline. Ran 21.6 in 220 last year.

John McKibbin Transfer from Arkansas State and Highline C.C. John is an excellent hurdler in highs and intermediates.

Mike Meyer Frosh sprinter from Mossyrock. He has a 10.1 and 22.5 best mark.

Dave Pauley Tranfer from Everett C.C. Has thrown college discus over 150 feet.

Marv Pope From Mt. Hood Community in Portland, Marv has a 9.7 and 23 foot long jump to his credit.

John Rodgers Follows other fine Highline C.C. runners to CWSC. John ran 1:55 in half mile last spring.

Pat Thronburg Was state champion and record holder in Maryland in P.V. Competed his senior year Meadowdale. His best vault is 14'6"

Dave Walker Coming to Central as a freshman, Dave is a native of Edinburg, Scotland. He has run the 400 meters in 48.1 and twice has exceeded 25 feet in the long jump. Dave is a Psychology major.

Ron Wood Frosh from North Thurston, threw the discus 154'6" last year.

MANAGER - Ron Pillers

VARSITY TRACK AND FIELD
CENTRAL WASHINGTON 1969 ROSTER

<u>NAME</u>	<u>YEAR</u>	<u>EVENT</u>	<u>BEST MARK</u>	<u>HOME TOWN</u>
Amos, Tom	Soph.	100-220	10.1	Yakima
Bedlington, Dick*	Soph.	Javelin	218'8"	Lynden
Blue, Joe	Frosh	880 - Mile	1:55.4	Olympia
Buchler, Dave	Frosh	880	51.2 (440)	Ellensburg
Burns, Tom*	Soph.	Triple Jump	45'3 1/4"	Grandview
Clintworth, Dick**	Sen.	Pole Vault	14'10 3/4"	Olympia
Conroy, Rick***	Sen.	High Jump, H.H.	6'8" - 14.6	Tacoma
Evans, Buck	Frosh	Pole Vault	13'3"	Seattle
+ Evans, Joe***	Sen.	100-220	9.6 - 21.5	Richland
Harber, Jim	Frosh	440	51.0	Seattle
Harman, Dave*	Junior	Mile	4:19.5	Mercer Island
Harmon, Les*	Junior	Pole Vault	14'8"	Bothel
Harris, Vic*	Soph.	H.H.	15.0	Puyallup
Harshman, Steve*	Soph.	Shot-Discus	48' - 138'	Franklin Pierce
Hay, Jim**	Junior	440-880	47.3 - 1:56.1	Hoquiam
Heacock, Charles*	Sen.	Shot - Discus	144'	Centralia
Hughes, Ty	Soph.	440 - L.J.	21'7"	West Seattle
Hull, Randy	Frosh	440 yards	52.0	Granger
Hunter, Jim	Junior	Javelin	200'	Seattle
Kelleher, Jack	Frosh	440 I.H.	19.8 L.H.	Ellensburg
Kelly, Terry	Soph.	6 Mile	32:00	Spokane
Keller, Larry	Soph.	6 Mile	33:00	Olympia
Kirry, John**	Junior	H.H. I.H.	14.5 - 51.5	Seattle
Lewis, Gary	Soph.	H.H. I.H.	14.7 H.S.	Lakewood
Lines, Tom**	Junior	100-220	10.0 - 21.6	Highline
McGiffin, Jack	Sen.	6 Mile		Tacoma

<u>NAME</u>	<u>YEAR</u>	<u>EVENT</u>	<u>BEST MARK</u>	<u>HOME TOWN</u>
McKibbin, John**	Sen.	H.H. & I.H.	14.7 - 54.0	Seattle
Makus, Bud	Soph.	6 Mile		Seattle
Matuschak, Jim	Soph.	Sprints		Seattle
Morris, Keith	Soph.	Shot & Discus		Grandview
Meyer, Mike	Frosh	100-220	10.1 - 22.5	Mossyrock
Pauley, Dave**	Junior	Discus	150'	Lakewood
Payne, Ray	Frosh	Pole Vault	14'3"	Seattle
Pope, Marv**	Junior	100-220-L.J.	9.7-22.1-23'	Portland
Ring, Sam**	Junior	2-3-6 Mile	9:11.6-30:16	Tacoma
Rodger, John**	Junior	880	1:55.0	Seattle
Rose, Marty**	Junior	Triple Jump	43'7"	Bremerton
Santo, Bob***	Sen.	Shot	55'	Seattle
Shea, Dale	Soph.	2-3-6	9:40	Alaska
Shireman, Mike	Frosh	440		Sumner
Shireman, Steve***	Sen.	440	48.0	Sumner
Swackhammer, Merlin*	Sen.	Discus-Javelin	163' - 185	Everett
Tess, Terry	Frosh	Distance		Lakewood
Thornburgh, Pat	Frosh	Pole Vault	14'6"	Edmonds
Volland, Larry*	Soph.	100-220	9.9 - 22.0	Spokane
Walker, Dave	Frosh	L.J. - 440	25'2" - 48.1	Edinburgh
Wallace, Paul**	Junior	440-880	47.9 - 1:55	Bellingham
Weatherman, Don	Frosh	880		Colville
Williams, Mike*	Soph	Shot-Discus	48'11" - 140'	Lacy
Wood, Ron	Frosh	Discus	154'6" H.S.	Lacy

+Captain

* Varsity Letter Junior College or CWSC

CENTRAL WASHINGTON STATE COLLEGE
VARSITY TRACK AND FIELD SCHEDULE
1969

March 15	University of Pacific and Humboldt State	Arcada, Calif.
March 17	Southern Oregon College	Ashland, Oregon
March 18	Mt. Hood C.C. and Portland Track Club	Portland, Oregon
March 29	Seattle Pacific	Seattle
April 5	Western Washington State	Ellensburg
April 12	Whitworth College	Ellensburg
April 19	Eastern Washington State	Cheney
April 26	University of Montana	Missoula, Montana
May 2-3	Vancouver Relays	Vancouver, B.C.
May 10	Portland State College	Ellensburg
May 16-17	Evergreen Conference Championships	Bellingham
May 24	Simon Fraser University or Seattle Relays (pending)	(Pending)
May 31	Open	
June 6-7	National (NAIA) Championship	Billings, Montana
June 13-14	U.S. National Federation	Lexington, Ky.
June 19-20-21	NCAA Championship	Knoxville, Tenn.

Head Coach: Art Hutton

Assistant Coaches: Tom Parry, Walt Arlt, Arnie Tyler

Athletic Director: A. L. Beamer

Student Assistants: Conny Englund, Jim Kjolso

Athletic Trainer - Gary Smith

Manager - Jim Pillers