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# Great Northwest Athletic Conference Cross Country Championships

Great Northwest Athletic Conference

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# GNAC Cross Country Championships

## Team Scores

Men	UAA	UAF	CWU	HSU	NNU	SMU	SPU	SU	WWU	WOU
<i>PacWest</i>										
1997	1 <sup>st</sup> , 28	3 <sup>rd</sup> , 87					4 <sup>th</sup> , 96			
1998	4 <sup>th</sup> , 134		5 <sup>th</sup> , 244	1 <sup>st</sup> , 69		10 <sup>th</sup> , 398	6 <sup>th</sup> , 264		2 <sup>nd</sup> , 118	
1999	2 <sup>nd</sup> , 58	10 <sup>th</sup> , 259	3 <sup>rd</sup> , 98	1 <sup>st</sup> , 47		9 <sup>th</sup> , 247	4 <sup>th</sup> , 116	11 <sup>th</sup> , 262	5 <sup>th</sup> , 128	
2000	2 <sup>nd</sup> , 51		4 <sup>th</sup> , 103	1 <sup>st</sup> , 27	5 <sup>th</sup> , 135	10 <sup>th</sup> , 285	7 <sup>th</sup> , 198	6 <sup>th</sup> , 192	3 <sup>rd</sup> , 97	8 <sup>th</sup> , 201
<i>GNAC</i>										
2001	4 <sup>th</sup> , 87	10 <sup>th</sup> , 270	3 <sup>rd</sup> , 86	5 <sup>th</sup> , 143	1 <sup>st</sup> , 32	9 <sup>th</sup> , 227	7 <sup>th</sup> , 183	6 <sup>th</sup> , 181	2 <sup>nd</sup> , 76	8 <sup>th</sup> , 218
2002	1 <sup>st</sup> , 70	10 <sup>th</sup> , 262	7 <sup>th</sup> , 152	2 <sup>nd</sup> , 72	5 <sup>th</sup> , 119	9 <sup>th</sup> , 252	8 <sup>th</sup> , 163	6 <sup>th</sup> , 148	4 <sup>th</sup> , 102	3 <sup>rd</sup> , 85
2003	2 <sup>nd</sup> , 77	10 <sup>th</sup> , 257	7 <sup>th</sup> , 174	4 <sup>th</sup> , 96	9 <sup>th</sup> , 194	5 <sup>th</sup> , 154	8 <sup>th</sup> , 183	6 <sup>th</sup> , 157	1 <sup>st</sup> , 61	3 <sup>rd</sup> , 79
2004	2 <sup>nd</sup> , 80	10 <sup>th</sup> , 263	7 <sup>th</sup> , 161	5 <sup>th</sup> , 116	6 <sup>th</sup> , 121	8 <sup>th</sup> , 187	1 <sup>st</sup> , 71	9 <sup>th</sup> , 218	3 <sup>rd</sup> , 95	4 <sup>th</sup> , 97
2005	1 <sup>st</sup> , 39	10 <sup>th</sup> , 236	8 <sup>th</sup> , 207	3 <sup>rd</sup> , 91	5 <sup>th</sup> , 149	9 <sup>th</sup> , 231	4 <sup>th</sup> , 97	7 <sup>th</sup> , 161	2 <sup>nd</sup> , 88	6 <sup>th</sup> , 151
2006	2 <sup>nd</sup> , 53	8 <sup>th</sup> , 244	5 <sup>th</sup> , 117		9 <sup>th</sup> , 245	6 <sup>th</sup> , 169	3 <sup>rd</sup> , 86	7 <sup>th</sup> , 213	1 <sup>st</sup> , 35	4 <sup>th</sup> , 104
	UAA	UAF	CWU	MSUB	NNU	SMU	SPU	SU	WWU	WOU
2007	3 <sup>rd</sup> , 81	5 <sup>th</sup> , 151	4 <sup>th</sup> , 141	10 <sup>th</sup> , 296	7 <sup>th</sup> , 164	8 <sup>th</sup> , 179	9 <sup>th</sup> , 218	6 <sup>th</sup> , 163	1 <sup>st</sup> , 35	2 <sup>nd</sup> , 67
2008	1 <sup>st</sup> , 34	6 <sup>th</sup> , 183	8 <sup>th</sup> , 213	9 <sup>th</sup> , 276	6 <sup>th</sup> , 183	4 <sup>th</sup> , 98	5 <sup>th</sup> , 119		2 <sup>nd</sup> , 53	3 <sup>rd</sup> , 78
2009	2 <sup>nd</sup> , 70	8 <sup>th</sup> , 219	6 <sup>th</sup> , 167	9 <sup>th</sup> , 257	4 <sup>th</sup> , 99	7 <sup>th</sup> , 190	5 <sup>th</sup> , 138		1 <sup>st</sup> , 33	3 <sup>rd</sup> , 74
2010	1 <sup>st</sup> , 41	7 <sup>th</sup> , 184	9 <sup>th</sup> , 230	8 <sup>th</sup> , 212	4 <sup>th</sup> , 90	5 <sup>th</sup> , 175	6 <sup>th</sup> , 180		2 <sup>nd</sup> , 56	3 <sup>rd</sup> , 67
	UAA	UAF	CWU	MSUB	NNU	SMU	SPU	SFU	WWU	WOU
2011	1 <sup>st</sup> , 27	10 <sup>th</sup> , 228	8 <sup>th</sup> , 203	9 <sup>th</sup> , 220	4 <sup>th</sup> , 139	5 <sup>th</sup> , 151	6 <sup>th</sup> , 161	7 <sup>th</sup> , 193	2 <sup>nd</sup> , 63	3 <sup>rd</sup> , 80
<i>Women</i>										
	UAA	UAF	CWU	HSU	NNU	SMU	SPU	SU	WWU	WOU
<i>PacWest</i>										
1997		4 <sup>th</sup> , 81					1 <sup>st</sup> , 29			
1998			2 <sup>nd</sup> , 162	5 <sup>th</sup> , 303		10 <sup>th</sup> , 452	1 <sup>st</sup> , 71		3 <sup>rd</sup> , 182	
1999		12 <sup>th</sup> , 304	2 <sup>nd</sup> , 68	4 <sup>th</sup> , 114		11 <sup>th</sup> , 285	1 <sup>st</sup> , 43	10 <sup>th</sup> , 250	5 <sup>th</sup> , 126	
2000	7 <sup>th</sup> , 183		1 <sup>st</sup> , 24	3 <sup>rd</sup> , 99	6 <sup>th</sup> , 163	12 <sup>th</sup> , 317	2 <sup>nd</sup> , 52	11 <sup>th</sup> , 312	5 <sup>th</sup> , 147	9 <sup>th</sup> , 268
<i>GNAC</i>										
2001	3 <sup>rd</sup> , 84	9 <sup>th</sup> , 189	5 <sup>th</sup> , 125	1 <sup>st</sup> , 58	7 <sup>th</sup> , 179	10 <sup>th</sup> , 290	4 <sup>th</sup> , 118	8 <sup>th</sup> , 186	2 <sup>nd</sup> , 69	6 <sup>th</sup> , 161
2002	5 <sup>th</sup> , 122	4 <sup>th</sup> , 113	2 <sup>nd</sup> , 78	1 <sup>st</sup> , 49	9 <sup>th</sup> , 264	10 <sup>th</sup> , inc	6 <sup>th</sup> , 124	8 <sup>th</sup> , 189	3 <sup>rd</sup> , 92	7 <sup>th</sup> , 154
2003	2 <sup>nd</sup> , 77	5 <sup>th</sup> , 135	3 <sup>rd</sup> , 88	8 <sup>th</sup> , 205	9 <sup>th</sup> , 210	10 <sup>th</sup> , 255	1 <sup>st</sup> , 62	7 <sup>th</sup> , 152	4 <sup>th</sup> , 113	6 <sup>th</sup> , 147
2004	3 <sup>rd</sup> , 98	10 <sup>th</sup> , 265	1 <sup>st</sup> , 67	6 <sup>th</sup> , 130	9 <sup>th</sup> , 220	8 <sup>th</sup> , 203	2 <sup>nd</sup> , 74	4 <sup>th</sup> , 104	5 <sup>th</sup> , 123	7 <sup>th</sup> , 151
2005	2 <sup>nd</sup> , 71	6 <sup>th</sup> , 148	3 <sup>rd</sup> , 91	8 <sup>th</sup> , 182	5 <sup>th</sup> , 138	10 <sup>th</sup> , 245	1 <sup>st</sup> , 54	4 <sup>th</sup> , 123	6 <sup>th</sup> , 148	9 <sup>th</sup> , 211
2006	2 <sup>nd</sup> , 44	5 <sup>th</sup> , 127	3 <sup>rd</sup> , 93		8 <sup>th</sup> , 203	7 <sup>th</sup> , 195	1 <sup>st</sup> , 34	9 <sup>th</sup> , 242	4 <sup>th</sup> , 113	6 <sup>th</sup> , 131
	UAA	UAF	CWU	MSUB	NNU	SMU	SPU	SU	WWU	WOU
2007	4 <sup>th</sup> , 123	9 <sup>th</sup> , 192	6 <sup>th</sup> , 139	10 <sup>th</sup> , 233	3 <sup>rd</sup> , 110	8 <sup>th</sup> , 188	1 <sup>st</sup> , 24	5 <sup>th</sup> , 131	7 <sup>th</sup> , 151	2 <sup>nd</sup> , 99
2008	2 <sup>nd</sup> , 52	6 <sup>th</sup> , 158	8 <sup>th</sup> , 218	9 <sup>th</sup> , 253	5 <sup>th</sup> , 123	7 <sup>th</sup> , 179	1 <sup>st</sup> , 48		3 <sup>rd</sup> , 75	4 <sup>th</sup> , 111
2009	1 <sup>st</sup> , 25	7 <sup>th</sup> , 196	8 <sup>th</sup> , 205	6 <sup>th</sup> , 167	4 <sup>th</sup> , 114	9 <sup>th</sup> , 255	2 <sup>nd</sup> , 48		3 <sup>rd</sup> , 64	5 <sup>th</sup> , 146
2010	1 <sup>st</sup> , 27	4 <sup>th</sup> , 129	9 <sup>th</sup> , 233	5 <sup>th</sup> , 137	6 <sup>th</sup> , 146	8 <sup>th</sup> , 189	7 <sup>th</sup> , 160		2 <sup>nd</sup> , 69	3 <sup>rd</sup> , 108
	UAA	UAF	CWU	MSUB	NNU	SMU	SPU	SFU	WWU	WOU
2011	1 <sup>st</sup> , 31	4 <sup>th</sup> , 97	10 <sup>th</sup> , 269	8 <sup>th</sup> , 234	6 <sup>th</sup> , 173	9 <sup>th</sup> , 236	5 <sup>th</sup> , 110	2 <sup>nd</sup> , 76	3 <sup>rd</sup> , 87	7 <sup>th</sup> , 196

## 1997 (Nov. 1 at Seattle, Lincoln Park)

**Men's Team Scores** – Alaska Anchorage 28, Hawaii Hilo 55, Alaska Fairbanks 87, Seattle Pacific 96, MSU-Billings 114, Chaminade 131. **Outstanding Athlete** – Dickson Mwai, UHH. **Newcomer-of-the-Year** – Dickson Mwai, UHH. **Coach-of-the-Year** – Michael Friess, UAA.

**Women's Team Scores** - Seattle Pacific 29, MSU-Billings 50, Hawaii Hilo 74, Alaska Fairbanks 81, Chaminade 118. **Outstanding Athlete** – Heather Wallace, SPU. **Newcomer-of-the-Year** – Becky Weinz, SPU. **Coach-of-the-Year** – Doris Heritage, SPU.

## 1998 (Nov. 7 at Bellingham; held in conjunction with regional meet)

**Men's Team Scores** – Humboldt State 69, Western Washington 118, Hawaii Hilo 123, Alaska Anchorage 134, Central Washington 244, Seattle Pacific 264, MSU-Billings 282, Hawaii Pacific 300, Chaminade 394, Saint Martin's 398, BYU-Hawaii 431. **Outstanding Athlete** – Christian Friis, HPU. **Newcomer-of-the-Year** – Christian Friis, HPU. **Coach-of-the-Year** – David Wells, HSU.

**Women's Team Scores** - Seattle Pacific 71, Central Washington 162, Western Washington 182, MSU-Billings 273, Humboldt State 303, Hawaii Hilo 335, Hawaii Pacific 351, Chaminade 359, BYU-Hawaii 413, Saint Martin's 452. **Outstanding Athlete** – Rachel Ross, SPU. **Newcomer-of-the-Year** – Rachel Ross, SPU. **Coach-of-the-Year** – Doris Heritage, SPU.

### 1999 (at Seattle)

**Men's Team Scores** – Humboldt State 47, Alaska Anchorage 58, Central Washington 98, Seattle Pacific 116, Western Washington 128, Hawaii Pacific 136, MSU-Billings 215, BYU-Hawaii 237, Saint Martin's 247, Alaska Fairbanks 259, Seattle 262. **Outstanding Athlete** – Tim Miller, HSU. **Newcomer-of-the-Year** – Seah Rivers, UAA. **Coach-of-the-Year** – David Wells, HSU.

**Women's Team Scores** - Seattle Pacific 43, Central Washington 68, BYU-Hawaii 91, Humboldt State 114, Western Washington 126, Hawaii Pacific 139, Hawaii Hilo 231, MSU-Billings 237, Chaminade 240, Seattle 250, Saint Martin's 285, Alaska Fairbanks 304. **Outstanding Athlete** – Heather Wallace, SPU. **Newcomer-of-the-Year** – Nicole Seana, SPU. **Coach-of-the-Year** – Doris Heritage, SPU.

### 2000 (Oct. 21 at Bellingham)

**Men's Team Scores** – Humboldt State 27, Alaska Anchorage 51, Western Washington 97, Central Washington 103, Northwest Nazarene 135, Seattle 192, Seattle Pacific 198, Western Oregon 201, BYU-Hawaii 249, Saint Martin's 285, MSU-Billings 293, Chaminade 371. **Outstanding Athlete** – Pete Clusener, HSU. **Newcomer-of-the-Year** – Tobias Schwoerer, UAA. **Coach-of-the-Year** – David Wells, HSU.

**Women's Team Scores** - Central Washington 24, Seattle Pacific 52, Humboldt State 99, BYU-Hawaii 121, Western Washington 147, Northwest Nazarene 163, Alaska Anchorage 183, Chaminade 189, Western Oregon 268, Montana State-Billings 311, Seattle 312, Saint Martin's 317. **Outstanding Athlete** – Rachel Ross, Seattle Pacific. **Newcomer-of-the-Year** – Kelly Vandenkart, CWU. **Coach-of-the-Year** – Kevin Adkisson, CWU.

### 2001 (Oct. 13 at Anchorage)

**Men's Team Scores** – Northwest Nazarene 32, Western Washington 76, Central Washington 86, Alaska Anchorage 87, Humboldt State 143, Seattle 181, Seattle Pacific 183, Western Oregon 218, Saint Martin's 227, Alaska Fairbanks 270. **Outstanding Athlete** – Francis Kimeli, NNU. **Newcomer-of-the-Year** – Francis Kimeli, NNU. **Freshman-of-the-Year** – Caleb Tubei, NNU. **Coach-of-the-Year** – Randy Dalzell, NNU.

**Women's Team Scores** - Humboldt State 58, Western Washington 69, Alaska Anchorage 84, Seattle Pacific 118, Central Washington 125, Western Oregon 161, Northwest Nazarene 179, Seattle 186, Alaska Fairbanks 189, Saint Martin's 290. **Outstanding Athlete** – Ashlee Vincent, WWU. **Newcomer-of-the-Year** – Dolores Bergmann, HSU. **Freshman-of-the-Year** – Ashlee Vincent, WWU. **Coach-of-the-Year** – Chris Parmer, HSU.

### 2002 (Oct. 26 at Seattle, Lincoln Park)

**Men's Team Scores** – Alaska Anchorage 70, Humboldt State 72, Western Oregon 85, Western Washington 102, Northwest Nazarene 119, Seattle 148, Central Washington 152, Seattle Pacific 163, Saint Martin's 252, Alaska Fairbanks 262. **Outstanding Athlete** – Paul Kezes, WWU. **Newcomer-of-the-Year** – Paul Kezes, WWU. **Freshman-of-the-Year** – Tim LeCount, Seattle Pacific. **Coach-of-the-Year** – Michael Friess, UAA.

**Women's Team Scores** - Humboldt State 49, Central Washington 78, Western Washington 92, Alaska Fairbanks 113, Alaska Anchorage 122, Seattle Pacific 124, Western Oregon 154, Seattle 189, Northwest Nazarene 264, Saint Martin's inc. **Outstanding Athlete** – Ashlee Vincent, WWU. **Newcomer-of-the-Year** – Kelly Cronin, Humboldt State. **Freshman-of-the-Year** – Laura Trevelyan, Western Washington. **Coach-of-the-Year** – David Wells, HSU.

### 2003 (Oct. 25 at Monmouth, OR)

**Men's Team Scores** – Western Washington 61, Alaska Anchorage 77, Western Oregon 79, Humboldt State 96, Saint Martin's 154, Seattle 157, Central Washington 174, Seattle Pacific 183, Northwest Nazarene 194, Alaska Fairbanks 257. **Outstanding Athlete** – Doug Hamilton, Humboldt State. **Newcomer-of-the-Year** – Brad Brolin, Western Oregon. **Freshman-of-the-Year** – Tris O'Bluck, Saint Martin's. **Coach-of-the-Year** – PeeWee Halsell, Western Washington.

**Women's Team Scores** - Seattle Pacific 62, Alaska Anchorage 77, Central Washington 88, Western Washington 113, Alaska Fairbanks 135, Western Oregon 147, Seattle 152, Humboldt State 205, Northwest Nazarene 210, Saint Martin's 255. **Outstanding Athlete** – Josie Lavin, Seattle Pacific. **Newcomer-of-the-Year** – Kari Konrad, Western Oregon. **Freshman-of-the-Year** – Mandy Kaempf, Alaska Anchorage. **Coach-of-the-Year** – Michael Friess, HSU.

### 2004 (Oct. 23 at McKinleyville, CA)

**Men's Team Scores** – Seattle Pacific 71, Alaska Anchorage 80, Western Washington 95, Western Oregon 97, Humboldt State 116, Northwest Nazarene 121, Central Washington 161, Saint Martin's 187, Seattle 218, Alaska Fairbanks 263. **Outstanding Athlete** – Tim LeCount, Seattle Pacific. **Newcomer-of-the-Year** – Doug Gibson, Seattle Pacific. **Freshman-of-the-Year** – Keever Henry, Western Washington. **Coach-of-the-Year** – Doris Heritage, SPU.

**Women's Team Scores** - Central Washington 67, Seattle Pacific 74, Alaska Anchorage 98, Seattle 104, Western Washington 123, Humboldt State 130, Western Oregon 151, Saint Martin's 203, Northwest Nazarene 220, Alaska Fairbanks 265. **Outstanding Athlete** – Karen Dickson, SPU. **Newcomer-of-the-Year** – Megan McDrew, HSU. **Freshman-of-the-Year** – Karin Rohde, SPU. **Coach-of-the-Year** – Michael Friess, UAA.

## **2005 (Oct. 22 at Bellingham, Lake Padden)**

**Men's Team Scores** – Alaska Anchorage 39, Western Washington 88, Humboldt State 91, Seattle Pacific 97, Northwest Nazarene 149, Western Oregon 151, Seattle 161, Central Washington 207, Saint Martin's 231, Alaska Fairbanks 236. **Outstanding Athlete** – Casey Moriarty, Seattle. **Newcomer-of-the-Year** – Casey Moriarty, Seattle. **Freshman-of-the-Year** – David Kiplagat, Alaska Anchorage. **Coach-of-the-Year** – Michael Friess, Alaska Anchorage.

**Women's Team Scores** - Seattle Pacific 54, Alaska Anchorage 71, Central Washington 91, Seattle 123, Northwest Nazarene 138, Western Washington 148, Alaska Fairbanks 148, Humboldt State 182, Western Oregon 211, Saint Martin's 245. **Outstanding Athlete** – Pavla Havlova, Alaska Fairbanks. **Newcomer-of-the-Year** – Pavla Havlova, Alaska Fairbanks. **Freshman-of-the-Year** – Mary Moriarty, Seattle Pacific. **Coach-of-the-Year** – Michael Friess, Alaska Anchorage.

## **2006 (Oct. 21 at Lacey)**

**Men's Team Scores** - Western Washington 35, Alaska Anchorage 53, Seattle Pacific 86, Western Oregon 104, Central Washington 117, Saint Martin's 169, Seattle University 213, Alaska Fairbanks 244, Northwest Nazarene 245. **Outstanding Athlete** – David Kiplagat, Alaska Anchorage. **Newcomer-of-the-Year** – Trevor Kulvi, Central Washington. **Freshman-of-the-Year** – Cale McCulloch, Western Washington. **Coach-of-the-Year** – Kelven "PeeWee" Halsell, Western Washington.

**Women's Team Scores** - Seattle Pacific 34, Alaska Anchorage 44, Central Washington 93, Western Washington 113, Alaska Fairbanks 127, Western Oregon 131, Saint Martin's 195, Northwest Nazarene 203, Seattle University 252. **Outstanding Athlete** – Jessica Pixler, Seattle Pacific. **Newcomer-of-the-Year** – Katie Hummel, Central Washington. **Freshman-of-the-Year** – Jessica Pixler, Seattle Pacific. **Coach-of-the-Year** – Doris Heritage, Seattle Pacific.

## **2007 (Oct. 20 at Nampa)**

**Men's Team Scores** – Western Washington 35, Western Oregon 67, Alaska Anchorage 81, Central Washington 141, Alaska Fairbanks 151, Seattle 163, Northwest Nazarene 164, Saint Martin's 179, Seattle Pacific 218, Montana State Billings 296. **Outstanding Athlete** – John Riak, SMU. **Newcomer-of-the-Year** – Peter Doner, UAA. **Freshman-of-the-Year** – Daniel Phillips, WWU. **Coach-of-the-Year** – PeeWee Halsell, WWU.

**Women's Team Scores** - Seattle Pacific 24, Western Oregon 99, Northwest Nazarene 110, Alaska Anchorage 123, Seattle 131, Central Washington 139, Western Washington 151, Saint Martin's 188, Alaska Fairbanks 192, Montana State Billings 233. **Outstanding Athlete** – Jessica Pixler, SPU. **Newcomer-of-the-Year** – Jessica Harper, WOU. **Freshman-of-the-Year** – Sarah Porter, WWU. **Coach-of-the-Year** – Doris Heritage, SPU.

## **2008 (Oct. 25 at Yakima)**

**Men's Team Scores** – Alaska Anchorage 34, Western Washington 53, Western Oregon 78, Saint Martin's 98, Seattle Pacific 119, Northwest Nazarene 183, Alaska Fairbanks 183, Central Washington 213, MSU Billings 276. **Outstanding Athlete** – Marko Cheseto, UAA. **Newcomer-of-the-Year** – Marko Cheseto, UAA. **Freshman-of-the-Year** – Jacob Parisien, UAA. **Coach-of-the-Year** – Michael Friess, UAA.

**Women's Team Scores** - Seattle Pacific 48, Alaska Anchorage 52, Western Washington 75, Western Oregon 111, Northwest Nazarene 123, Alaska Fairbanks 158, Saint Martin's 179, Central Washington 218, Montana State Billings 253. **Outstanding Athlete** – Jessica Pixler, SPU. **Newcomer-of-the-Year** – Adriana Mendoza, CWU. **Freshman-of-the-Year** – Natty Plunkett, SPU. **Coach-of-the-Year** – Erika Daligcon, SPU.

## **2009 (Oct. 24 at Yakima)**

**Men's Team Scores** – Western Washington 33, Alaska Anchorage 70, Western Oregon 74, Northwest Nazarene 99, Seattle Pacific 138, Central Washington 167, Saint Martin's 190, Alaska Fairbanks 219, Montana State Billings 257. **Outstanding Athlete** – Marko Cheseto, UAA. **Newcomer-of-the-Year** – Manuel Santos, CWU. **Freshman-of-the-Year** – Micah Chelimi, UAA. **Coach-of-the-Year** – PeeWee Halsell, WWU.

**Women's Team Scores** - Alaska Anchorage 25, Seattle Pacific 48, Western Washington 64, Northwest Nazarene 114, Western Oregon 146, MSU Billings 167, Alaska Fairbanks 196, Central Washington 205, Saint Martin's 255. **Outstanding Athlete** – Jessica Pixler, SPU. **Newcomer-of-the-Year** – Michele Phillips, NNU. **Freshman-of-the-Year** – Mirian Kipngeno, UAA. **Coach-of-the-Year** – Michael Friess, UAA.

## **2010 (Nov. 6 at Yakima)**

**Men's Team Scores** – Alaska Anchorage 41, Western Washington 56, Western Oregon 67, Northwest Nazarene 90, Saint Martin's 175, Seattle Pacific 180, Alaska Fairbanks 184, Montana State Billings 212, Central Washington 230. **Outstanding Athlete** – Marko Cheseto, UAA. **Newcomer-of-the-Year** – Yonatan Yilma, UAA. **Freshman-of-the-Year** – Josh Elliott, WOU. **Coach-of-the-Year** – Michael Friess, UAA.

**Women's Team Scores** - Alaska Anchorage 27, Western Washington 69, Western Oregon 108, Alaska Fairbanks 129, Montana State Billings 137, Northwest Nazarene 146, Seattle Pacific 160, Saint Martin's 189, Central Washington 233. **Outstanding Athlete** – Sarah Porter, WWU. **Newcomer-of-the-Year** – Whitney Mickelsen, MSUB. **Freshman-of-the-Year** – Raphaela Sieber, UAF. **Coach-of-the-Year** – Michael Friess, UAA.

## **2011 (Oct. 22 at Yakima)**

**Men's Team Scores** – Alaska Anchorage 27, Western Washington 63, Western Oregon 80, Northwest Nazarene 139, Saint Martin's 151, Seattle Pacific 161, Simon Fraser 193, Central Washington 203, MSU Billings 220, Alaska Fairbanks 228. **Outstanding Athlete** – Micah Chelimo, UAA. **Newcomer-of-the-Year** – Tyler Cannon, WWU. **Freshman-of-the-Year** – Dylan Anthony, UAA. **Coach-of-the-Year** – Michael Friess, UAA. **Women's Team Scores** - Alaska Anchorage 31, Simon Fraser 76, Western Washington 87, Alaska Fairbanks 97, Seattle Pacific 110, Northwest Nazarene 173, Western Oregon 196, MSU Billings 234, Saint Martin's 236, Central Washington 269. **Outstanding Athlete** – Ruth Keino, UAA. **Newcomer-of-the-Year** – Heidi Laabs-Johnson, SPU. **Freshman-of-the-Year** – Bryn Haebe, UAA. **Coach-of-the-Year** – Michael Friess, UAA.

## INDIVIDUAL RESULTS

### 1997 (Nov. 1 at Seattle)

#### Men (4 Miles)

1. Dickson Mwai, UHH	20:29
2. Erlend Kroken, UAA	20:30
3. Jochen Bind, UHH	20:33
4. Jerry Ross, UAA	20:59
5. Stian Stensland, UAF	21:07
6. Chad Dudney, UAA	21:09
7. Todd Bruce, UAA	21:15
8. Sabino Baltran, UHH	21:17
9. Mike McQueen, UAA	21:24
10. Preston Martin, UAA	21:25
11. Matt Cooper, SPU	21:33
12. Richy Hankins, UAA	21:37
13. Ronn Smith, MSUB	21:38
14. Preston Aronson, UHH	21:46
15. Miguel Gomez, UAA	21:50
16. J.T. Blandhoehl, UAA	22:07
17. Christian Berkey, SPU	22:19
18. Morten Dehli, UAF	22:22
19. Greg Drum, UAF	22:24
20. Jake Zimmerman, MSUB	22:25
21. Chris Ganter, CUH	22:27
22. Jeremy Hilliard, SPU	22:35
23. Shawn Harper, UAF	22:40
24. Damien Lorentz, CUH	22:44
25. Josh Lord, MSUB	22:47
26. Phil Hines, SPU	22:48
27. Tim Marr, CUH	23:18
28. Aaron Kelly, SPU	23:37
29. John Devit, MSUB	23:49
30. Lars Thronsen, UAF	24:14
31. Albert Ah Sing, UHH	24:16
32. Mayson Morrissey, SPU	24:28
33. Andrew Lorentz, CUH	24:36
34. Andrew Willems, SPU	25:33
35. J.D. Twichel, MSUB	26:38
36. Kevin Monaghan, SPU	28:37
37. Joe Cefalia, CUH	28:48

#### Women (4,000 Meters)

1. Heather Wallace, SPU	15:03
2. Laura Swogger, MSUB	15:16
3. Sheila Larkin, SPU	15:20
4. Christy Corimer, MSUB	15:22
5. Dawn Ratay, UHH	15:24
6. Rachel Devine, SPU	15:35
7. La'ona Dewilde, UAF	15:42
8. Sarah Graves, MSUB	15:44
9. Becky Weinz, SPU	15:46
10. Debra Vaughn, SPU	15:54
11. Jackie Holthusen, SPU	16:00
12. Jaci Ogden, MSUB	16:08
13. Joelle Camacho, UAF	16:30
14. Ren Oshiro, CUH	16:33
15. Bridget Roy, UHH	16:47
16. Wendy Vallejo, UHH	16:51
17. Andrea Duran, UHH	17:03
18. Schaylee Baumgartner, SPU	17:05
19. Leslie Boyd, UAF	17:10
20. Ashleigh Crunican, SPU	17:27
21. Laura Lodwig, SPU	17:31
22. Tiffany Hanson, UAF	17:37

23. Geana Short, UHH	17:54
24. Marya Lewanski, UAF	17:57
25. Marcy Hidano, CUH	18:02
26. Susan Jenni, MSUB	18:12
27. Tanya Martian, MSUB	18:53
28. Amanda Larson, CUH	19:15
29. Jennifer Fox, CUH	20:52
30. Kelley Gruters, CUH	22:59

### 1998 (Nov. 7 at Bellingham)

#### Men's All-Conference (10,000 Meters)

1. Christian Friis, HPU	31:51
2. Eleazar Hernandez, UHH	31:54
3. Jesus Villavicencio, UHH	31:57
4. Tim Miller, HSU	32:03
5. Jerome Ross, UAA	32:05
11. Gregory Phillips, HSU	32:51
13. Richard Roybal, HSU	32:57
15. Scott Gilmore, WWU	33:04
16. Jeremiah Mushen, WWU	33:06
18. Damian Rogers, HSU	33:08

#### Women's All-Conference (6,000 Meters)

6. Rachel Ross, SPU	22:33
9. Heather Wallace, SPU	23:01
12. Rachae Probst, SPU	23:12
16. Leia Giambastini, HSU	23:21
19. Amber Scott, SPU	23:30
21. Laura Swogger, MSUB	23:33
22. Elinor Klang, HPU	23:34
25. Sheila Larkin, SPU	23:45
27. Monique Mata, CUH	23:48
28. Jenni Gordon, WWU	23:49

### 1999 (at Seattle)

#### Men (8,000 Meters)

1. Tim Miller, HSU	26:12
2. Christian Friis, HPU	26:17
3. Tom Gaschk, CWU	26:21
4. Jesus Villavicencio, UHH	26:30
5. Sean Rivers, UAA	26:34
6. Louie White, HSU	26:43
7. Richy Hankins, UAA	26:48
8. Scott Gilmore, WWU	26:59
9. Ronn Smith, MSUB	27:00
10. Ryan Drobnick, HPU	27:08
11. Greg Phillips, HSU	27:11
12. Jason Noriega, HPU	27:18
13. Kelsey Backen, SPU	27:21
14. Brian Baughman, HSU	27:24
15. Nathanael Castle, SPU	27:36
16. Lorris Williams, UAA	27:27
17. Dixon M'Wai, UHH	27:31
18. Mark Strabel, UAA	27:31
19. Benji Uffenbeck, UAA	27:32
20. Nick Gai, HSU	27:33
21. Alex Tinajero, UHH	27:36
22. Jake Nist, CWU	27:37
23. Richard Roybal, HSU	27:39
24. Ryan Nash, SPU	27:40
25. Andy Elvester, UAA	27:41
26. Andy Gist, CWU	27:44
27. Zach Boteilho, WWU	27:46
28. Ben Terry, UAA	27:48
29. Dana Estes, CWU	27:49

30. Jay Bartlett, CWU	27:51
31. Jim Settle, UAA	27:57
32. Josh Otto, HSU	27:57
33. Michael Ziemann, SPU	27:58
34. Emil Newhouse, WWU	28:03
35. Matt Vincent, WWU	28:04
36. Chris Carpenter, SMC	28:06
37. Carlos Siqueiros, SU	28:07
38. Seth Miller, CWU	28:09
39. Trevor Perkins, BYUH	28:11
40. Brent Jarosek, WWU	28:14
41. Tyson Magney, SMC	28:15
42. Jake Zimmerman, MSUB	28:17
43. Blake Croy, CWU	28:21
44. David Loney, SPU	28:22
45. Karl Meller, WWU	28:25
46. Kyle Combe, BYUH	28:27
47. Adam Hall, HSU	28:27
48. Steve DeKoker, WWU	28:28
49. Jason Walker, HSU	28:29
50. Morten Dehli, UAF	28:31
51. Curt Stephan, CWU	28:32
52. John Heimerl, UAF	28:35
53. Anthony Bailey, CWU	28:38
54. Patrick Butler, CWU	28:39
55. Nick Glancy, SPU	28:42
56. Ryan Seamster, WWU	28:45
57. Liam Clemons, HSU	28:46
58. Matthew Wassum, BYUH	28:51
59. Tyler Campbell, WWU	28:51
60. Neal Fryett, SPU	28:51
61. Dan Minor, SMC	29:02
62. Siul Michel, HPU	29:08
63. Shawn Miller, WWU	29:08
64. Ryan Smith, MSUB	29:08
65. Kevin Gary, CWU	29:09
66. John Callan, SU	29:10
67. Matt Humann, SPU	29:10
68. Kevin Lybarger, SU	29:14
69. Kent Zettel, CWU	29:18
70. Lars Thronsen, UAF	29:19
71. Brett Johnson, CWU	29:20
72. Josh Takano, CWU	29:23
73. Johnny Johnson, WWU	29:23
74. Robbie Glazier, BYUH	29:31
75. Greg Jurek, UAF	29:44
76. Brent Waid, MSUB	29:46
77. Joseph Williams, BYUH	29:50
78. Robert Redsteer, SU	29:53
79. Jason Lomreaux, UAF	29:53
80. Brad Sund, SPU	30:01
81. Jon Schermerhorn, MSUB	30:04
82. Rian Beach, SMC	30:13
83. Dameron Marlow, CWU	30:40
84. Scott Van Hess, SPU	30:44
85. Trevor Lloyd, BYUH	30:58
86. Brian Church, CUH	31:24
87. Eric Karlsson, HPU	31:34
88. Michael Balbin, SU	31:36
89. Donald Hopper, CUH	31:43
90. James Schrader, SU	31:51
91. Ben Freiderichs, SMC	31:52
92. Nico Rooseboom-Devries, BYU	32:02
93. Ray Cook, SMC	32:04
94. Andrew Zacharczyk, CWU	32:12
95. Brian Dedonato, SU	32:14
96. David Doran, SU	32:15

97. Larry Covey, SMC	32:20	62. Erinn Nickels, CWU	20:36	19. Vernon Campbell, UAA	26:24
98. Dan Benoit, CWU	32:56	63. Emily Thomas, SMC	20:37	20. Andy Gist, CWU	26:24
99. Paul Magno, SU	32:56	64. Erin Lakin, CWU	20:42	21. Carlos Siqueros, SU	26:26
100. Rob Kemper, SMC	36:45	65. Tara Matthews, SU	20:42	22. Steve Manos, SU	26:28

### Women (5,000 Meters)

1. Heather Wallace, SPU	18:28	66. Danica Hendrickson, SU	20:45	23. Patrick Murphy, WWU	26:29
2. Leia Giambastiai, HSU	18:39	67. Michele Barnes, CWU	20:47	24. Andy Elvester, UAA	26:30
3. Nicole Seana, SPU	18:43	68. Alisha Townsend, SPU	20:51	25. Zach Dwello, NNU	26:31
4. Kaci Jensen, BYUH	18:46	69. Renah Seay, SU	20:52	26. Steve DeKoker, WWU	26:34
5. Lisa Blomme, HPU	18:56	70. Kristin Elde, SPU	20:57	27. Neil Small, CWU	26:34
6. Melody Sheppard, BYUH	18:57	71. Tammy Norman, CWU	20:57	28. Nate Normandin, UAA	26:35
7. Amy Forrey, CWU	18:58	72. Kelly Long, MSUB	21:01	29. Karl Meller, WWU	26:35
8. Heidi Flint, BYUH	19:00	73. Crystal Johnson, HSU	21:04	30. Shawn Miller, WWU	26:40
9. Monique Mata, CUH	19:01	74. Keri Baker, CWU	21:09	31. Jay Bartlett, CWU	26:42
10. Sarah Forrey, CWU	19:06	75. Emelia Gutzwiller, CWU	21:12	32. Ron Anderson, HSU	26:42
11. Rachel Ross, SPU	19:10	76. Julie Thielen, SMC	21:13	33. Dane Estes, CWU	26:42
12. Christie Goering, SPU	19:13	77. Shelby Blixt, MSUB	21:16	34. David Simmons, CWU	26:43
13. Abby Bielenberg, CWU	19:15	78. Brandy Berkgigler, UAF	21:19	35. Greg Phillips, HSU	26:44
14. Molly Alles, HSU	19:16	79. Sandra Montes, UHH	21:34	36. Chris Logan, WOU	26:51
15. Colleen Cassady, UHH	19:16	80. Shawni Sullivan, SMC	21:37	37. Emil Newhouse, WWU	26:54
16. Annie McCabe, SPU	19:23	81. Kara Kennerly, BYUH	21:38	38. Jesse Light, WOU	26:56
17. Ruth Hawkinson, SPU	19:24	82. Danielle Saylor, HSU	21:42	39. Kevin Gary, CWU	27:01
18. Alicen Maier, CWU	19:24	83. Amy Richardson, SMC	21:49	40. Nick Glancy, SPU	27:01
19. Jacque Holthusen, SPU	19:25	84. Karla Rojas, UHH	21:53	41. Kyle Combe, BYU-Hawaii	27:01
20. Tiffany Radebaugh, SPU	19:26	85. Megan Maguire, SU	21:53	42. Kelly Young, WOU	27:03
21. Krissi Mathers, CWU	19:26	86. Erinn Whitmer, UAF	21:54	43. Tim Sheneman, MSUB	27:04
22. Christine Patrick, HPU	19:28	87. Kris Martin, CWU	22:03	44. Lewis Topinka, WOU	27:05
23. Megan Clancy, WWU	19:29	88. Nycole Destefano, SMC	22:08	45. Kirk Larson, WWU	27:09
24. Josie Beggs, CWU	19:30	89. Esther Vandermeij, CWU	22:13	46. Tom Pileggi, WWU	27:10
25. Jennifer Gordon, WWU	19:30	90. Lisa Nishimoto, UHH	22:15	47. Ryan Seamster, WWU	27:10
26. Jessie Brugger, WWU	19:31	91. Becky Dalrymple, SMC	22:23	48. Brice Roncase, NNU	27:11
27. Tammy Hunt, HSU	19:33	92. Marcia Starck, UAF	22:30	49. John Callan, SU	27:16
28. Adrienne Sherred, WWU	19:34	93. Marigrace Becker, SPU	22:32	50. Nathan Bankston, NNU	27:18
29. Lisa Pearl, WWU	19:37	94. Brooke Muhich, SU	22:45	51. Zach Starr, SPU	27:19
30. Jamie Tuchscherer, CWU	19:38	95. Jade Robles, CUH	23:01	52. David King, BYUH	27:22
31. Marta Bednarczyk, WWU	19:44	96. Xenia Deleon, SMC	23:04	53. Chris Carpenter, SMC	27:25
32. Marissa Revane, HPU	19:46	97. Corie Beck, CWU	23:09	54. Nathan Carlson, SMC	27:34
33. Kathryn Hickman, WWU	19:47	98. Stephanie Senner, SMC	23:10	55. Alec Tune, HSU	27:39
34. Martha Gomez, UHH	19:48	99. Anastasia Defelice, SU	23:13	56. Alistair In, UHH	27:43
35. Melissa Duncan, HSU	19:49	100. Leah Asbury, CWU	23:30	57. Timothy Stringfellow, BYUH	27:43
36. Lori Misensol, CWU	19:52	101. Holly Drygas, UAF	24:46	58. Karl Seibach, BYUH	27:45
37. Kelly Dotson, SU	19:53	102. Karen Kubasak, CUH	25:01	59. Aaron Long, WOU	27:48
38. Namea Curtis, BYUH	19:53	103. Jennie Kasemeier, SMC	25:10	60. Kevin Lybarger, SU	27:51
39. Alyson Zollinger, BYUH	19:55	104. Danielle Ruiz, SU	25:18	61. Tim Marston, SPU	27:55
40. Rachae Probst, SPU	19:56	105. Susanne Neil, CWU	25:36	62. Jake Zimmerman, MSUB	27:56
41. Veronica Bartosh, HSU	19:57	106. Heather Lyon, SU	25:44	63. Nathan Wilkinson, NNU	28:00
42. Nina Laurinolli, WWU	19:57			64. Dain Engebretsen, SU	28:00
43. Laura Swogger, MSUB	19:58			65. Kai Sandvig, SMC	28:05
44. Elinor Klang, HPU	19:58			66. Mike Johnson, CWU	28:06
45. Dana Cantrell, SPU	19:59			67. Neal Fryett, SPU	28:09
46. Maromi Abe, CUH	20:00			68. Brett Franz, WOU	28:13
47. Rebecca Tripp, CWU	20:00			69. Matt Schmitt, CWU	28:14
48. Rachel Leber, HPU	20:02			70. Stuart Chaffee, WOU	28:23
49. Melissa Hathaway, MSUB	20:03			71. Zac Vawter, SMC	28:24
50. Becky Mello, HSU	20:03			72. Scott Van Hess, SPU	28:31
51. Tracey Fischer, CWU	20:07			73. Lincoln Hagood, NNU	28:33
52. Dana Beaudry, WWU	20:08			74. Brent Waid, MSUB	28:43
53. Shelby Jacobs, CWU	20:09			75. Donaldo Hopper, CUH	29:05
54. Liz Spurlock, HSU	20:10			76. Joseph Williams, BYUH	29:06
55. Tammy Heimerlu, UAF	20:12			77. Ryan McPherson, MSUB	29:32
56. Jennifer Cochran, HSU	20:12			78. Josh Crain, MSUB	29:35
57. Maggie Hurd, MSUB	20:13			79. Aaron Johnston, BYUH	29:41
58. Erica Owens, SPU	20:17			80. Michael Balbin, SU	29:49
59. Kauano Kaneshiro, CUH	20:19			81. Matt Blaine, SU	29:53
60. Heather King, WWU	20:20			82. Kevin Watt, SU	30:01
61. Teresa Herron, WWU	20:25			83. Carlos Gonzalez, SMC	30:16
				84. Jess Matsuda, CUH	30:37
				85. Ben Friederichs, SMC	30:45

### 2000 (Oct. 21 at Bellingham)

#### Men (8,000 Meters)

1. Pete Clusener, HSU	25:04
2. Louie White, HSU	25:05
3. Tobias Schwoerer, UAA	25:13
4. Damian Rogers, HSU	25:24
5. Kelsey Backen, SPU	25:31
6. Zach Boteilho, WWU	25:33
7. Sean Rivers, UAA	25:40
8. Adam Hall, HSU	25:42
9. Eric Strabel, UAA	25:48
10. Aaron Matthias, NNU	25:50
11. Curt Stephan, CWU	25:52
12. Nick Gai, HSU	25:53
13. Lehrin Morey, HSU	25:53
14. Lorris Williams, UAA	26:07
15. Ben Wornell, NNU	26:18
16. Eleazar Hernandez, UHH	26:19
17. Martin Ranney, WWU	26:21
18. Jeremy Rice, CWU	26:23

86. Dan Minor, SMC	30:56
87. Todd Nishida, SU	31:21
88. Rob Kemper, SMC	31:32
89. Brian Church, CUH	31:56
90. Clayton Augustine, MSUB	33:53
91. Timothy Sing, CUH	34:09
92. Lance Tanouye, CUH	41:02

#### Women (6,000 Meters)

1. Rachel Ross, SPU	21:42
2. Alicen Maier, CWU	22:33
3. Abby Bielenberg, CWU	22:34
4. Colleen Cassidy, UHH	22:35
5. Monique Mata, CUH	22:37
6. Amy Forrey, CWU	22:39
7. Sarah Forrey, CWU	22:42
8. Kaci Jensen, BYUH	22:44
9. Kelly Vandenkart, CWU	22:45
10. Amber Higgins, SPU	22:46
11. Christie Goering, SPU	22:54
12. Jamie Witt, SPU	23:05
13. Rachael Wiseman, HSU	23:12
14. Megan Clancy, WWU	23:18
15. Josie Beggs, CWU	23:20
16. Kirsten Lippman, UAA	23:21
17. Krissi Mathers, CWU	23:22
18. Alyson Zollinger, BYUH	23:24
19. Danielle Jacobs, HSU	23:35
20. Veronica Vega, HSU	23:38
21. Molly Alles, HSU	23:43
22. Ruth Hawkinson, SPU	23:44
23. Jamie Tuchscherer, CWU	23:45
24. Amanda Blackwelder, BYUH	23:47
25. Rebecca Tripp, CWU	23:53
26. Kristi Lund, NNU	23:58
27. Leslie Boyd, UAA	24:01
28. Ellie Enos, WOU	24:02
29. Maromi Abe, CUH	24:05
30. Kauanoe Kaneshiro, CUH	24:07
31. Ann-Marie Wiggins, NNU	24:07
32. Heather Esposito, NNU	24:10
33. Tammy Hunt, HSU	24:11
34. Marta Bednarczyk, WWU	24:13
35. Kristen Bjork, SPU	24:14
36. Tess Wolken, WWU	24:19
37. Tracey Fischer, CWU	24:21
38. Teresa Herron, WWU	24:21
39. Namealoha Curtis, BYUH	24:25
40. Dana Beaudry, WWU	24:26
41. Lindsey Northwall, SPU	24:28
42. Mary Glaze, NNU	24:30
43. Meredith Gomes, WWU	24:32
44. Heidi Flint, BYUH	24:33
45. Schaylee Baumgartner, SPU	24:34
46. Lisa Pearl, WWU	24:35
47. Tarell Muscutt, WWU	24:35
48. Crystal Johnson, HSU	24:37
49. Emily Thomas, SMC	24:38
50. Tara Matthews, SU	24:40
51. Erica Madison, NNU	24:45
52. Marne Gunderson, UAA	24:47
53. Beth Gower, HSU	24:49
54. Meyoung Blum, UAA	24:50
55. Amelia Kinney, WOU	24:51
56. Erica Owens, SPU	24:53
57. Lindsay Kraus, UAA	24:55
58. Katherine Stephenson, HSU	24:56

59. Amanda Hall, WWU	24:59
60. Anjel Hoff, MSUB	25:02
61. Susan Young, NNU	25:05
62. Kristin Cox, BYUH	25:12
63. Jana Harris, NNU	25:17
64. Kelly Dotson, SU	25:18
65. Elizabeth Texeira, CUH	25:18
66. Becky Dalrymple, SMC	25:20
67. Jennifer Houk, SMC	25:25
68. Nicole Hansen, UAA	25:33
69. Annie Kahle-Clark, BYUH	25:35
70. Rachele Cronrath, NNU	25:37
71. Annie McCabe, SPU	25:41
72. Mandy Peterson, WOU	25:45
73. Maggie Hurd, MSUB	25:46
74. Mindy Meier, NNU	25:48
75. Sara Nielsen, UAA	26:04
76. Kelly Long, MSUB	26:10
77. Amy Smith, MSUB	26:17
78. Jamie Cherry, WOU	26:26
79. Lynn Gurney, WOU	26:27
80. Katya Lamskova, UAA	26:31
81. Erin Gentry, SU	26:55
82. Abbie Strutz, MSUB	27:01
83. Nikki McCorkle, WOU	27:02
84. Anastasia Defelice, SU	27:14
85. Katie Childs, NNU	27:15
86. Mandy Brown, MSUB	27:18
87. Theresa Lane, WOU	27:43
88. Theresa Mangahas, SU	28:36
89. Andrea Martinez, SU	28:45
90. Dawn Clinton, CUH	28:57
91. Bonyen Thomas, CUH	29:12
92. Shirley Coughenour, CUH	30:19
93. Aimee Holt, SMC	30:30
94. Amber Summer, SMC	37:35

#### 2001 (Oct. 13 at Anchorage)

##### Men (8,000 Meters)

1. Francis Kimeli, NNU	26:12.2
2. Martin Ranney, WWU	26:27.8
3. Aaron Matthias, NNU	26:31.5
4. Tom Gaschk, CWU	26:35.0
5. Nathanael Castle, SPU	26:38.3
6. Zack Boteilho, WWU	26:44.7
7. Juraj Trubiroha, NNU	26:46.2
8. Louie White, HSU	26:52.8
9. Zach Dwello, NNU	26:54.7
10. Eric Strabel, UAA	27:00.3
11. Kurt Hartmaier, WWU	27:04.5
12. Ben Wornell, NNU	27:07.3
13. Tobias Schwoerer, UAA	27:08.3
14. Caleb Tubei, NNU	27:12.5
15. Sean Rivers, UAA	27:14.8
16. Brice Roncace, NNU	27:14.9
17. Nathan Carlson, SMC	27:20.3
18. Jason Porter, CWU	27:29.8
19. Matt Schmitt, CWU	27:30.9
20. Curt Stephan, CWU	27:37.7
21. Brett Franz, WOU	27:39.5
22. Scott Rood, UAA	27:41.0
23. Ben Perkey, SU	27:42.0
24. Lehrin Morey, HSU	27:44.4
25. Jeremy Rice, CWU	27:45.2
26. Nick Gai, HSU	27:48.9
27. Andy Elvester, UAA	27:55.8

28. Shawn Miller, WWU	27:56.8
29. Kirk Larson, WWU	27:57.7
30. Cory Rebman, CWU	27:59.4
31. Emil Newhouse, WWU	28:00.3
32. Steven DeKoker, WWU	28:05.5
33. Juraj Brugos, UAF	28:07.1
34. Steve Manos, SU	28:12.4
35. Nate Normandin, UAA	28:14.2
36. Spencer Walsh, WOU	28:17.6
37. Vernon Campbell, UAA	28:19.7
38. Neal Fryett, SPU	28:21.8
39. Michael Hughes, SU	28:22.1
40. Mark Strabel, UAA	28:24.9
41. Matt DeShazo, HSU	28:25.6
42. Dain Engebretsen, SU	28:26.2
43. Zach Grice, SPU	28:27.3
44. Nick Glancy, SPU	28:32.0
45. Carlos Siqueiros, SU	28:33.0
46. Brian Janes, HSU	28:37.1
47. Brian Kostock, HSU	28:43.5
48. Matt Gage, SMC	28:45.1
49. Ron Anderson, HSU	28:46.5
50. Chris Carpenter, SMC	28:47.7
51. Zac Vawter, SMC	28:50.4
52. Ethan Barrons, WOU	28:51.4
53. Chris Cannon, UAA	28:54.7
54. John Heimerl, UAF	28:59.9
55. Kelly Young, WOU	29:01.0
56. Greg Jurek, UAF	29:10.6
57. Tim Marston, SPU	29:16.3
58. Aaron Libadisos, SPU	29:16.3
59. Will Smith, WOU	29:19.8
60. Kile Taylor, HSU	29:31.0
61. Chris Logan, WOU	29:31.8
62. Jason Smyser, HSU	29:34.4
63. Matthew Blaine, SU	29:35.3
64. John Callan, SU	29:36.0
65. Kevin Lyberger, SU	29:44.4
66. Kelsey Backen, CWU	30:12.4
67. Dylan Corbett, WOU	30:13.4
68. Scott Van Hess, SPU	30:15.9
69. Sheamus Lamb, UAA	30:22.4
70. Andy Prentice, SMC	30:24.3
71. Aaron Forman, HSU	31:00.7
72. Brennan Walsh, UAF	31:25.7
73. Justin Schumacher, UAF	31:43.2
74. Tyson Magney, SMC	32:51.1
75. Carlos Gonzalez, SMC	33:18.9
76. Jessi Light, WOU	33:23.3
Jed Kallen-Brown, UAF	DQ

##### Women (6,000 Meters)

1. Ashlee Vincent, WWU	23:46.0
2. Dolores Bergmann, HSU	24:05.7
3. Kelly Fullerton, SU	24:06.3
4. Kylee Wells, WOU	24:12.5
5. Stephanie Stine, CWU	24:19.3
6. Jamie Witt, SPU	24:26.5
7. Kati Gosnell, HSU	24:27.6
8. Stacey Edwards, UAA	24:30.5
9. Kiersten Lippmann, UAA	24:31.9
10. Lisa Pearl, WWU	24:38.9
11. Leslie Boyd, UAA	24:43.9
12. Ann-Marie Wiggins, NNU	24:46.9
13. Emily Picinich, WWU	24:48.9
14. Abby Bielenberg, CWU	24:51.0
15. Tammy Hunt, HSU	24:52.9



16. Rachael Wiseman, HSU	24:55.5	4. Louie White, HSU	24:57.71	71. John Heimerl, UAF	27:58.77
17. Meyoung Blum, UAA	24:58.6	5. Nathanael Castle, SPU	25:04.01	72. Timothy Marston, SPU	28:07.04
18. Becky Mello, HSU	24:59.9	6. Zach Dwello, NNU	25:05.74	73. Matt Gage, SMC	28:08.31
19. Laurel Weil, HSU	24:59.9	7. Tobias Schwoerer, UAA	25:08.42	74. Tyler Layne, NNU	28:08.73
20. Tracey Fischer, CWU	24:59.9	8. Tim LeCount, SPU	25:15.34	75. Brent Lowen, UAF	28:27.42
21. Ruth Hawkinson, SPU	25:09.9	9. Eric Strabel, UAA	25:19.01	76. Vic Carpenter, SMC	28:35.12
22. Marta Bednarczyk, WWU	25:15.3	10. Doug Hamilton, HSU	25:23.73	77. Matt Crabtree, WWU	28:43.24
23. Nina Laurinolli, WWU	25:16.9	11. Chase Wells, WOU	25:30.28	78. Joe Baisch, WWU	29:21.36
24. Shannon Ross, WWU	25:17.8	12. Jason Porter, CWU	25:32.54	79. Clint Bjella, SPU	29:22.07
25. Sigrid Aas, UAF	25:21.5	13. Steve Manos, SU	25:35.03	80. Jeff Bridges, WWU	29:24.01
26. Tara Matthews, SU	25:21.5	14. Brett Franz, WOU	25:37.07	81. Todd Nishida, SU	30:05.70
27. Erica Madison, NNU	25:34.0	15. Will Smith, WOU	25:45.90	82. Mike Brown, SMC	30:45.31
28. Kirsten Bjork, SPU	25:40.7	16. Kurt Hartmaier, WWU	25:49.32	83. Rob Kemper, SMC	31:24.54
29. Jill Salmon, WOU	25:44.1	17. Emil Newhouse, WWU	25:49.59	84. Timothy Reeves, SPU	31:51.09
30. Erinn Whitmer, UAF	25:46.9	18. Jake Hotchkiss, NNU	25:50.11		
31. Dana Cantrell, SPU	25:48.4	19. Ben Wornell, NNU	25:51.47		
32. Kara Richard, SPU	25:49.9	20. Brice Roncace, NNU	25:51.98		
33. Ellie Enos, WOU	25:53.9	21. Andy Elvester, UAA	25:56.75		
34. Brandy Berkbigler, UAF	25:56.2	22. Ethan Barrons, WOU	25:57.71		
35. Kristin Lane, NNU	26:07.9	23. Jerret Mantalas, WOU	25:59.91		
36. Kelly Dotson, SU	26:10.4	24. Carlos Siqueiros, SU	26:02.41		
37. Sarah Kraybill, SPU	26:14.0	25. Spencer Walsh, WOU	26:03.23		
38. Diana Heimerl, UAF	26:17.9	26. Cory Rebmann, CWU	26:04.22		
39. Stephanie Myers, UAA	26:18.4	27. Jorge Medina, HSU	26:04.89		
40. Tiffany Picinich, CWU	26:20.8	28. Dain Engebretsen, SU	26:08.23		
41. Lindsay Krous, UAA	26:25.8	29. Matt DeShazo, HSU	26:10.00		
42. Amy Lambe, UAA	26:28.2	30. Chris Cannon, UAA	26:10.30		
43. Kristin Haas, WWU	26:29.4	31. Mike Hughes, SU	26:10.76		
44. Sarah Block, WOU	26:30.7	32. Jon Carwin, WWU	26:12.48		
45. Ann McCanick, SMC	26:32.6	33. Jeremy Rice, CWU	26:12.82		
46. Kaylee Bulyca, CWU	26:35.5	34. Andy Prentice, SMC	26:13.23		
47. Sadie Solem, HSU	26:38.2	35. Aaron Eckert, WOU	26:14.16		
48. Nicole Seana, SPU	26:39.0	36. Brian Brancheau, WWU	26:15.26		
49. Shelby Jacobs, CWU	26:43.5	37. Todd List, UAA	26:17.93		
50. Susan Young, NNU	26:45.2	38. Matt Schmitt, CWU	26:19.75		
51. Sarah Hansen, UAA	26:47.8	39. Brian Kostock, HSU	26:21.77		
52. Kelly Bean, UAA	26:49.2	40. Michel Malak, UAF	26:28.26		
53. Blair Staley, WOU	26:54.5	41. Paul Mach, SPU	26:28.85		
54. Theresa Lane, WOU	26:54.6	42. Nathan Carlson SMC	26:29.99		
55. Rachel Daniels, WOU	26:54.7	43. Marcus Meddles, CWU	26:31.66		
56. Jennifer Houk, SMC	27:00.1	44. Juraj Brugos, UAF	26:32.64		
57. Mindy Meier, NNU	27:08.2	45. Nate Normandin, UAA	26:34.07		
58. Linsy Nickels, CWU	27:13.5	46. Chris Carpenter, SMC	26:35.28		
59. Katie Moriarty, HSU	27:16.0	47. Lewis Topinka, WOU	26:39.20		
60. Nikki Hodgson, HSU	27:16.3	48. Lehrin Morey, HSU	26:42.20		
61. Amelia Kinney, WOU	27:17.8	49. Phillip Paul, CWU	26:44.28		
62. Heather Walsh, UAA	27:23.3	50. Andrew Gabe, CWU	26:48.30		
63. Jana Harris, NNU	27:25.6	51. Jesse Plummer, HSU	26:49.09		
64. Katherin Stephenson, HSU	27:35.8	52. Ryan Nash, SPU	26:50.53		
65. Rachelle Cronrath, NNU	27:38.2	53. Brandon Whitaker, WWU	26:53.48		
66. Heather Esposito, NNU	27:44.3	54. Matt Blaine, SU	26:55.10		
67. Becky Darymple, SMC	27:57.6	55. Kevin Lybarger, SU	26:55.89		
68. Megan Maguire, SU	28:04.9	56. Robert Renninger, SU	27:01.92		
69. Anastasia Defelice, SU	28:30.6	57. Erik Wickstrom, UAF	27:07.46		
70. Gina Baker, UAF	28:47.3	58. Nate Wilkinson, NNU	27:10.80		
71. Holly Bueb, SU	28:51.1	59. Mike Pankiewicz, CWU	27:12.70		
72. Hannah Burnett, UAF	30:17.7	60. Andy Peters, NNU	27:13.49		
73. Heather Stolz, SMC	30:45.5	61. Mark Veristain, NNU	27:13.74		
74. Andrea Martinez, SU	32:27.8	62. Andy Koehn, SU	27:16.73		
75. Amber Sommer, SMC	34:39.7	63. Scott Van Hess, SPU	27:17.18		
		64. Jason Bush, CWU	27:20.33		
		65. Richard Franck, SU	27:23.85		
		66. Dan Cline, UAA	27:33.18		
		67. Aaron Libadisos, SPU	27:35.45		
		68. Bryan Halferty, CWU	27:38.65		
		69. Matt Barreau, WOU	27:48.01		
		70. Kevin Walcsak, UAF	27:55.67		

### Women (6,000 Meters)

1. Ashlee Vincent, WWU	21:44.89
2. Katie Gosnell, HSU	21:55.21
3. Alicen Maier, CWU	22:08.75
4. Sigrid Aas, UAF	22:16.33
5. Stacy Edwards, UAA	22:23.46
6. Dolores Bergmann, HSU	22:28.97
7. Kelly Cronin, HSU	22:31.62
8. Jill Salmon, WOU	22:34.23
9. Nicole Seana, SPU	22:36.68
10. Tiffany Picinich, CWU	22:39.15
11. Katherine Stephenson, HSU	22:42.43
12. Kelly Fullerton, SU	22:50.25
13. Laura Trevellyan, WWU	22:52.85
14. Lisa Pearl, WWU	22:56.70
15. Ellie Enos, WOU	22:58.29
16. Diana Heimerl, UAF	22:59.04
17. Stephanie Stine, CWU	23:00.16
18. Erinn Whitmer, UAF	23:00.63
19. Dawnita LiaBraaten, CWU	23:04.52
20. Kiersten Lippmann, UAA	23:06.70
21. Johanna Turunen, UAF	23:09.80
22. Angela Gummow, SU	23:11.53
23. Tammy Hunt, HSU	23:14.11
24. Nicole Campbell, HSU	23:23.27
25. Abby Groth, SPU	23:32.51
26. Sarah Kraybill, SPU	23:34.24
27. Tina Stimson, WWU	23:35.46
28. Leslie Boyd, UAA	23:36.59
29. Erika Olson, CWU	23:37.51
30. Tracey Fischer, CWU	23:38.71
31. Josie Lavin, SPU	23:40.56
32. Kindel Stepper, CWU	23:41.81
33. Julie Thielen, SMC	23:42.57
34. Ruth Hawkinson, SPU	23:51.06
35. Lindsay Krous, UAA	23:52.04
36. Meyoung Blum, UAA	23:54.32
37. Erica Owens, SPU	23:55.58
38. Carla Mingione, WWU	23:57.89
39. Kristin Haas, WWU	23:59.17
40. Stephanie Upshaw, WOU	24:00.71
41. Beth Rosapepe, WWU	24:01.68
42. Anne-Marie McAnnick, SMC	24:03.39
43. Mindy Newby, NNU	24:04.84
44. Carolyn Oviatt, WWU	24:05.08
45. Ruth Harbaugh, SPU	24:10.43
46. Molly DePasquale, WWU	24:10.81
47. Nicole Hodgson, HSU	24:11.41
48. Nicole DeYong, UAA	24:12.74
49. Lexi Baxter, WWU	24:18.00
50. Lindy Mullen, CWU	24:23.16
51. Amber Brouger, WOU	24:33.01

### 2002 (Oct. 26 at Seattle)

#### Men (8,000 Meters)

1. Paul Kezes, WWU	24:20.85
2. Pete Clusener, HSU	24:40.13
3. Sean Rivers, UAA	24:53.22

52. Sarah HansEn, UAA	24:35.31	36. Justin McNeil, WWU	26:44.61	15. Abby Groth, SPU	23:08.82
53. Melissa Hoglund, SPU	24:37.95	37. Steve Frausto, CWU	26:45.47	16. Brandy Anderson, CWU	23:09.10
54. Sarah Block, WOU	24:41.54	38. Sam Brancheau, WWU	26:48.00	17. Beth Rosapepe, WWU	23:11.49
55. Rachel Daniels, WOU	24:45.00	39. Felipe Jasso, WOU	26:49.46	18. Rachel Suess, SU	23:12.80
56. Niki McCorkle, WOU	24:49.28	40. Mike Hughes, SU	26:59.85	19. Summer Huntington, SPU	23:14.61
57. Jessica Cerutti, UAA	24:55.90	41. Matt Blaine, SU	27:00.35	20. Johanna Turunen, UAF	23:18.06
58. Leah Trutna, WOU	24:58.81	42. Jesse Plummer, HSU	27:00.74	21. Lindy Mullen, CWU	23:20.16
59. Kirsten Bjork, SPU	25:03.42	43. Andrew Lybarger, SU	27:05.82	22. Stephanie Upshaw, WOU	23:20.60
60. Liz Mack, SU	25:09.26	44. Kevin Lambert, NNU	27:08.55	23. Alana Garcia, SU	23:20.87
61. Nicole Beatty, SMC	25:10.25	45. Aaron Libadisos, SPU	27:09.76	24. Kristin Haas, WWU	23:21.26
62. Jessica Wiggins, NNU	25:11.84	46. Steve Lehman, CWU	27:10.25	25. Ruth Harbaugh, SPU	23:21.78
63. Janelle Stevens, SPU	25:24.85	47. Jaraj Brugos, UAF	27:11.31	26. Niki McCorkle, WOU	23:22.39
64. Sadie Solem, HSU	25:27.07	48. Andy Peters, NNU	27:13.38	27. Stephanie Myers, UAA	23:22.84
65. Megan Salvenson, SU	25:28.06	49. Nick Crawford, WOU	27:15.08	28. Davya Baker, UAA	23:25.55
66. Emily Ferguson, SU	25:31.71	50. Phillip Paul, CWU	27:18.25	29. Emily Picinich, CWU	23:35.30
67. Kelly Houghton, UAF	25:35.70	51. Mike Pankiewicz, CWU	27:24.34	30. Nicole DeYong, UAA	23:37.14
68. Erica Pitman, CWU	25:39.19	52. Jacob Stewart, WWU	27:26.32	31. Amber Green, CWU	23:39.80.
69. Rancel Horn, WOU	25:40.08	53. Nathan Heitzinger, SU	27:28.97	32. Karen Dickson, SPU	23:40.30
70. Amy Lampe, UAA	25:46.55	54. Richard Franck, SU	27:32.76	33. Crystal Dennis, CWU	23:43.78
71. Alyssa Anderson, WOU	26:05.64	55. Gabe Andrews, CWU	27:35.45	34. Rachel Bailey, CWU	23:49.70
72. Christie Wynkoop, NNU	26:20.45	56. Ryan Albright, WWU	27:36.21	35. Lexi Baxter, WWU	23:51.37
73. Katie Archimbault, SU	26:25.78	57. Aaron Eckert, WOU	27:37.29	36. Keely Kaligs, WWU	23:52.77
74. Holly Bueb, SU	26:30.99	58. Seth Woods, SMC	27:38.24	37. Molly DePasqual, WWU	23:54.11
75. Jami Epley, NNU	26:54.94	59. Erik Wickstrom, UAF	27:38.49	38. Danielle Pratt, UAA	23:57.11
76. Sarah Brundidge, SU	27:14.29	60. Eddie Strickler, SPU	27:42.58	39. Kendra Steinbrugger, SMC	24:01.12
77. Andrea Martinez, SU	27:57.16	61. Matt Crabtree, WWU	27:43.87	40. Leah Trutna, WOU	24:05.91
78. Tara Robinson, NNU	30:30.75	62. Brent Lowen, UAF	27:49.56	41. Jessica Rendon, HSU	24:06.87
79. Amber Sommer, SMC	30:41.61	63. Lincoln Hagood, NNU	27:53.86	42. Hillary Tayet, SPU	24:09.49

## 2003 (Oct. 25 at Monmouth)

### Men (8,000 Meters)

1. Doug Hamilton, HSU	24:59.53
2. Chase Wells, WOU	25:01.81
3. Andy Prentice, SMC	25:04:60
4. Brian Brancheau, WWU	25:07.05
5. Steve DeKoker, WWU	25:16.93
6. Brad Brolin, WOU	25:17.64
7. Kurt Hartmaier, WWU	25:30.35
8. Jake Hotchkiss, NNU	25:31.50
9. Brandon Stum, UAA	25:32.94
10. Tris O'Buck, SMC	25:34.21
11. Ethan Barrons, WOU	25:35.21
12. Steve Manos, SU	25:39.28
13. Lief Olson, UAA	25:41.43
14. Eric Strabel, UAA	25:44.48
15. Jasper Peach, HSU	25:44.93
16. Jason Porter, CWU	25:45.42
17. T.J. Garlatz, WWU	25:46.92
18. Tim LeCount, SPU	25:52.59
19. Aaron Dickson, UAA	25:53.38
20. Nathan Carlson, SMC	25:53.88
21. Dain Engebretsen, SU	25:57.36
22. Drew Dickson, UAA	26:01.73
23. Todd List, UAA	26:05.32
24. Matt DeShazo, HSU	26:07.33
25. Sam Scotchmer, CWU	26:07.95
26. Lehrin Morey, HSU	26:08.50
27. Jesse Light, WOU	26:16.57
28. Logan Senrud, WWU	26:23.59
29. Brent Knight, UAA	26:23.94
30. Stephen Taylor, HSU	26:24.98
31. Paul Mach, SPU	26:27.84
32. Bjorn Bostrom, SPU	26:30.21
33. Spencer Walsh, WOU	26:33.53
34. Jonas Teltie, UAF	26:38.53
35. Tyler Layne, NNU	26:41.58

64. James Rosser, SPU	27:55.49
65. Nathan Wilkinson, NNU	27:58.15
66. Andy Rupert, UAA	28:03.26
67. Brian Rockenbach, CWU	28:04.52
68. Jason Bush, CWU	28:06.53
69. Tyson Flaherty, UAF	28:11.13
70. Michael Gavareski, SPU	28:11.43
71. Nicholas Dols, SU	28:16:12
72. Clint Bjella, SPU	28:16.77
73. Ryan Tuss, HSU	28:20.15
74. Mark Veristain III, NNU	28:28.80
75. Cary Costa, WOU	28:31.58
76. Vic Carpenter, SMC	28:40.37
77. Ammon Gilbert, HSU	28:43.52
78. Robbie Wilbur, SMC	28:55.38
79. Lee O'Connor, SPU	28:55.74
80. Jay Lundergan, NNU	29:01.17
81. Matt Burks, HSU	29:05.24
82. Ryan Phillips, SPU	29:20.83
83. Zac Vawter, SMC	30:01.56
84. Reuben Joseph, SU	30:31.31
85. Danny Melo, HSU	31:33.22
86. Robert Renninger, SU	32:34.56

### Women (6,000 Meters)

1. Josie Lavin, SPU	21:42.84
2. Jamie Witt, SPU	21:56.19
3. Laura Trevelyan, WWU	21:57.77
4. Sigrid Aas, UAF	22:04.02
5. Mandy Kaempf, UAA	22:14.79
6. Nicole Campbell, HSU	22:15.71
7. Kristie Rice, SU	22:28.12
8. Sarah Hansen, UAA	22:31.35
9. Stacy Edwards, UAA	22:32.91
10. Alicen Maier, CWU	22:37.25
11. Diana Heimerl, UAF	22:40.82
12. Stephanie Stine, CWU	22:44.08
13. Kari Konrad, WOU	23:03.45
14. Mindy Newby, NNU	23:06.75

42. Hillary Tayet, SPU	24:09.49
43. Sigrid Lagerfelt, UAF	24:11.25
44. Ann McCanick, SMC	24:12.38
45. Kristin Lane, NNU	24:12.90
46. Susan Young, NNU	24:13.50
47. Nicole Bandy, CWU	24:14.06
48. Marissa Harshman, WWU	24:14.53
49. Lindsay Krous, UAA	24:14.78
50. Amber Brougher, WOU	24:15.13
51. Emily Forseth, CWU	24:16.50
52. Nicole Beatty, SMC	24:19.03
53. Megan Salvesson, SU	24:25.16
54. Jennifer Smith, WOU	24:32.97
55. Becky Knox, SPU	24:33.64
56. Brandi McCoy, SPU	24:36.55
57. Erin Wyner, HSU	24:42.35
58. Sally Ryan, WWU	24:46.90
59. Tina Stimson, WWU	24:48.63
60. Kirsten Bjork, SPU	24:48.96
61. Carla Mingione, WWU	24:52.55
62. Sadie Solem, HSU	24:53.49
63. Jessica Wiggins, NNU	25:09.47
64. Anjuli Haydu, UAA	25:13.83
65. Ashley Rickels, NNU	25:15.19
66. Phoebe Rohrbacher, SU	25:19.71
67. Katie Moriarty, HSU	25:28.01
68. Stacie Wells, WOU	25:31.17
69. Rachel Daniels, WOU	25:42.68
70. Kasandra Rice, UAF	25:53.63
71. Christy Wynkoop, NNU	25:58.75
72. Marie Draye, SU	26:22.50
73. Nicole Wheeler, SU	26:32.17
74. Lydia Lauer, SU	26:38.73
75. Katie Archambault, SU	26:50.09
76. Katelynn Blume, SMC	27:20.44
77. Jessica Butler, SU	27:27.70
78. Jennifer Tyhurst, NNU	27:30.70
79. Mo Driscoll, SMC	28:29.32
80. Tara Robinson, NNU	28:40.62
81. Amber Sommer, SMC	31:28.85

82. Caitlin Ames, SMC 31:49.97

## 2004 (Oct. 23 at McKinleyville, CA)

### Men (8,000 Meters)

1. Tim LeCount, SPU 25:58  
2. Brian Kostock, HSU 26:11  
3. Ethan Barrons, WOU 26:12  
4. Jasper Peach, HSU 26:27  
5. Andy Prentice, SMC 26:39  
6. Sam Scotchmer, CWU 26:40  
7. Bjorn Bostrom, SPU 26:42  
8. Sam Brancheau, WWU 26:45  
9. Chase Wells, WOU 26:48  
10. Keever Henry, WWU 26:49  
11. Jake Hotchkiss, NNU 26:50  
12. Zach Dwello, NNU 26:51  
13. Brandon Stum, UAA 26:52  
14. Leif Olson, UAA 26:52  
15. Brian Cronrath, SPU 26:52  
16. Nate Normandin, UAA 26:54  
17. Mike Stewart, WWU 26:55  
18. Brent Knight, UAA 26:56  
19. Aaron Dickson, UAA 27:00  
20. Brad Brolin, WOU 27:01  
21. Andy Peters, NNU 27:03  
22. Erik Wickstrom, UAF 27:05  
23. Paul Mach, SPU 27:08  
24. Logan Senrud, WWU 27:12  
25. Doug Gibson, SPU 27:13  
26. Matt DeShazo, HSU 27:16  
27. Noe Castellon, SMC 27:20  
28. Eddie Strickler, SPU 27:23  
29. Drew Dickson, UAA 27:24  
30. Tyler Layne, NNU 27:27  
31. Jerret Mantalas, WOU 27:28  
32. Nicholas Dols, SU 27:30  
33. Michael Hughes, SU 27:33  
34. Nick Crawford, WOU 27:35  
35. Matt Schmitt, CWU 27:36  
36. Jake Haskins, WWU 27:37  
37. Geoff Anderson, CWU 27:37  
38. Andrew Chong, HSU 27:40  
39. Andrew Lybarger, SU 27:46  
40. Ty Schepler, WWU 27:47  
41. Phil Paul, CWU 27:49  
42. Danny Weiser, CWU 27:54  
43. Spencer Walsh, WOU 27:56  
44. Brent Christensen, SMC 28:01  
45. Matt Cook, CWU 28:02  
46. Chris Binschus, HSU 28:05  
47. Kevin Lambert, NNU 28:08  
48. Dan Ferguson, CWU 28:10  
49. Peter Ellis, WWU 28:11  
50. James Rosser, SPU 28:11  
51. Felipe Jasso, WOU 28:14  
52. Jonas Tettie, UAF 28:15  
53. Brian Rockenbach, CWU 28:19  
54. Seth Woods, SMC 28:22  
55. Nathan Heitzinger, SU 28:23  
56. Matt Crabtree, WWU 28:24  
57. Jesus Cisneros, HSU 28:27  
58. Mike Pankiewicz, CWU 28:30  
59. Jed Kallen-Brown, UAF 28:35  
60. Tim Keller, NNU 28:36  
61. Steve Lehman, CWU 28:38  
62. Robbie Wilbur, SMC 28:39

63. Benjamin Sonntag, UAA 28:40  
64. Lucas Franco, SU 28:44  
65. Casey Barten, WWU 28:05  
66. Ryan Tuss, HSU 29:09  
67. Richard Franck, SU 29:13  
68. Ehren Ching, SMC 29:40  
69. Steven La Londe, SMC 29:41  
70. Tris O'Bluck, SMC 29:43  
71. Brian Albers, HSU 29:51  
72. Troy Banker, WOU 30:08  
73. Laurence Graham, NNU 30:37  
74. Cary Costa, WOU 30:42  
75. Daniel Slakey, UAF 30:57  
76. Caleb Timmer, SMC 31:14  
77. Marius Korthauer, UAF 31:27  
78. Bjorn Samson, HSU 35:14

### Women (6,000 Meters)

1. Karen Dickson, SPU 22:28.02  
2. Laura Trevellyan, WWU 23:05.87  
3. Kelly Fullerton, SU 23:26.54  
4. Brandy Anderson, CWU 23:49.22  
5. Mandy Kaempf, UAA 23:54.00  
6. Alana Garcia, SU 23:54.28  
7. Karin Rohde, SPU 23:57.08  
8. Becky Knox, SPU 24:03.55  
9. Stephanie Stine, CWU 24:13.43  
10. Nicole Campbell, HSU 24:16.98  
11. Leah Trutna, WOU 24:24.61  
12. Davya Baker, UAA 24:28.19  
13. Stephanie Upshaw, WOU 24:29.24  
14. Megan McDrew, HSU 24:30.89  
15. Rachel Bailey, CWU 24:33.85  
16. Meghan Salvesson, SU 24:36.64  
17. Kamie Jo Massey, UAA 24:37.86  
18. Sarah Benson, CWU 24:39.33  
19. Nicole DeYong, UAA 24:49.78  
20. Sara Thon, WWU 24:52.15  
21. Amber Green, CWU 24:54.65  
22. Emily Picinich, CWU 25:02.93  
23. Lindy Mullen, CWU 25:04.26  
24. Kari Konrad, WOU 25:08.09  
25. Heather Moulton, HSU 25:08.75  
26. Janelle Probst, SMC 25:10.04  
27. Tracy Kuhn, SPU 25:15.02  
28. Susan Young, NNU 25:18.54  
29. Molly DePasqual, WWU 25:22.40  
30. Marcie Mullen, CWU 25:25.82  
31. Sadie Solem, HSU 25:29.33  
32. Kaitlin Rohde, SPU 25:32.93  
33. Diana Heimerl, UAF 25:33.34  
34. Ann McCanick, SMC 25:34.41  
35. Rachael Bates, WWU 25:35.55  
36. Rebecca Mishler, NNU 25:38.58  
37. Nikki Jensen, SPU 25:40.31  
38. Kristie Rice, SU 25:42.28  
39. Andrea Ring, CWU 25:42.85  
40. Katie Wittrock, WWU 25:45.29  
41. Jessie Dunnam, SMC 25:45.96  
42. Beth Rosapepe, WWU 25:48.98  
43. Kristin Haas, WWU 25:49.98  
44. Stephanie Haydon, WWU 25:53.09  
45. Rachel Suess, SU 26:00.13  
46. Emily Ferguson, SU 26:04.37  
47. Lindsey Graham, NNU 26:05.78  
48. Katrina Schwerdtfeger, WW 26:08.47  
49. Stephanie Myers, UAA 26:10.51

50. Annie MacLennan, SU 26:11.75  
51. Erica Pitman, CWU 26:12.13  
52. Brandi McCoy, SPU 26:12.38  
53. Nikki D'Amico, WWU 26:12.91  
54. Sarah Brundidge, SU 26:17.31  
55. Vanessa Santana, UAF 26:21.12  
56. Lydia Lauer, SU 26:24.95  
57. Kayla Castaneda, WOU 26:28.13  
58. Holly Mishler, NNU 26:33.64  
59. Betsy Peterson, HSU 26:42.14  
60. Nicole Beatty, SMC 26:44.25  
61. Kaleigh Bishop, SMC 26:46.67  
62. Aleisha Rosse, WOU 26:47.58  
63. Jennifer Smith, WOU 26:49.00  
64. Phoebe Rohrbacher, SU 26:51.51  
65. Stacie Wells, WOU 26:52.75  
66. Anjuli Haydu, UAA 26:59.13  
67. Danielle Pratt, UAA 27:08.19  
68. Heidi Rader, UAF 27:15.22  
69. Jessica Rendon, HSU 27:18.66  
70. Katherine Smith, HSU 27:28.46  
71. Rachel Daniels, WOU 27:50.87  
72. Alexis Hansen, UAF 27:52.20  
73. Jessica Wiggins, NNU 27:54.32  
74. Jackie Piombo, HSU 28:13.55  
75. Melissa Snelling, WOU 28:53.87  
76. Kryn Finstad, UAF 28:55.30  
77. Jami Epley, NNU 29:18.63  
78. Jen Peterson, WOU 29:31.53  
79. Tara Robinson, NNU 29:39.31  
80. Andrea Lovio, HSU 29:56.50  
81. Mo Driscoll, SMC 30:18.21  
82. Katelynn Blume, SMC 30:20.20

## 2005 (Oct. 22 at Bellingham)

### Men (8,000 Meters)

1. Casey Moriarty, SU 25:16  
2. David Kiplagat, UAA 25:57  
3. Brian Kostock, HSU 26:06  
4. Jasper Peach, HSU 26:08  
5. Aaron Dickson, UAA 26:29  
6. Logan Senrud, WWU 26:30  
7. Eric Tibbetts, HSU 26:31  
8. Kevin Lambert, NNU 26:32  
9. Leif Olson, UAA 26:36  
10. Drew Dickson, UAA 26:38  
11. Carlo Lozano, SPU 26:42  
12. Nick Crawford, WOU 26:45  
13. Mick Boyle, UAA 26:47  
14. Brian Cronrath, SPU 26:48  
15. Andy Peters, NNU 26:53  
16. John Riak, SMU 26:54  
17. Bjorn Bostrom, SPU 26:55  
18. Benjamin Sonntag, UAA 26:57  
19. Anthony Tomsich, WWU 27:02  
20. Sam Bedell, WWU 27:02  
21. Keith Lemay, WWU 27:05  
22. Chad Portwood, WWU 27:06  
23. Brian Rockenbach, CWU 27:07  
24. Jake Perry, NNU 27:09  
25. Michael Stewart, WWU 27:09  
26. James Rosser, SPU 27:16  
27. Jerret Mantalas, WOU 27:17  
28. Bul Nyuop, WWU 27:18  
29. Doug Gibson, SPU 27:22  
30. Eddie Strickler, SPU 27:26



57. Bart Dengel, UAF	28:01.77	46. Macey Blaine, NNU	24:32	37. Nick Cannata-Bowman, SU	27:00.10
58. Scott Seamster, SPU	28:06.31	47. Kaleigh Bishop, SMU	24:33	38. Chris Eversman, UAF	27:00.92
59. Nicholas Dols, SU	28:07.04	48. Nicole D'Amico, WWU	24:36	39. Nick Holt, CWU	27:03.01
60. Beau Backman, WOU	28:13.72	49. Shannon DeBoer, NNU	24:37	40. Zach Lane, NNU	27:03.34
61. Scott Felch, SPU	28:28.46	50. Krinda Carlson, SMU	24:44	41. Vahur Teppan, UAF	27:03.64
62. Asiki Ayume, SMU	28:29.42	51. Mary Krusen, UAA	24:47	42. Kyle Larson, WOU	27:04.01
63. Corey CronkHITE, CWU	28:39.29	52. Kirsten Clarke, CWU	24:47	43. Tom Johnson, CWU	27:04.86
64. Marius Korthauer, UAF	28:44.32	53. Rachel McCartan, UAA	24:47	44. Trevor Kulvi, CWU	27:06.09
65. Chris Henry, SU	28:49.80	54. Taylor Shipman, SMU	24:49	45. Kyle Lampi, WWU	27:12.32
66. Vahur Teppan, UAF	29:02.87	55. Jaime Clark, SU	24:49	46. Jeff Dull, SPU	27:16.09
67. Jeff Ayers, SPU	29:06.26	56. Emily Mosich, WWU	25:00	47. Ryan Ceynar, MSUB	27:17.51
68. Hank Hetrick, NNU	29:08.15	57. Natalie Martinez, SU	25:06	48. Michael Van Nuland, SU	27:20.17
69. Greg DeSimone, NNU	30:07.04	58. Miriam Reardon, NNU	25:12	49. Hans Heitzinger, SU	27:23.92
70. Steve Huff, NNU	30:22.74	59. Autumn Streuli, UAA	25:17	50. Kyle Gray, NNU	27:35.95
71. Kyle Gray, NNU	30:33.14	60. Jennifer Young, NNU	25:18	51. Scott Palmer, CWU	27:40.66
72. Andrew Wilburn, SU	31:05.69	61. Asia Vandebilt, SU	25:25	52. Jordan Lance, SPU	27:42.60
73. Jeff Allen, SU	31:40.66	62. Jamie Sundvall, NNU	25:27	53. Hank Hetrick, NNU	27:43.98
74. Jon Block, NNU	32:06.56	63. Anya Friday, CWU	25:29	54. Steven Lalonde, SMU	27:44.48
75. Kevin Tober, SMU	32:12.74	64. Jessica Pendon, SMU	25:49	55. Jeff Long, WOU	27:46.83
76. Bryan Gerry, SMU	33:48.00	65. Catherine McDonald, WWU	26:01	56. Evan Dull, SPU	27:48.52
		66. Jamie Koch, CWU	26:17	57. Max Cole, SU	27:50.60
		67. Chelsi Claussen, SMU	26:41	58. Josh Wageman, NNU	27:51.58
		68. Hannah Larkin, NNU	26:45	59. Matt Stark, NNU	27:52.57
		69. Jennifer Innes, SU	26:51	60. Adam Kollgaard, SU	27:53.54
		70. Jennifer Perry, NNU	27:11	61. Josh Beck, WWU	27:56.48
		71. Ashley Morman, NNU	27:20	62. Einar Often, UAF	28:04.14
		72. Tara Robinson, NNU	28:11	63. Nick Harvey, SMU	28:05.10

### Women (6,000 Meters)

1. Jessica Pixler, SPU	21:11
2. Mandy Kaempf, UAA	21:14
3. Katie Hummel, CWU	21:18
4. Rachel Bailey, CWU	21:39
5. Elizabeth Chepkosgei, UAA	21:50
6. Mary Moriarty, SPU	21:56
7. Karin Rohde, SPU	22:04
8. Laura Carr, UAA	22:24
9. Jane Larson, SPU	22:27
10. Ashley Puga, NNU	22:29
11. Suzie Strickler, SPU	22:35
12. Kate Harline, SPU	22:36
13. Davya Flaharty, UAA	22:50
14. Aurelia Korthauer, UAF	22:52
15. Megan Wrightman, SPU	22:53
16. Danielle Pratt, UAA	22:57
17. Ashley McDougall, WWU	23:01
18. Sarah Benson, CWU	23:02
19. Kim Beaman, SPU	23:15
20. McKinley Williams, WWU	23:18
21. Alee Rowley, WOU	23:18
22. Danielle Slaughter, WWU	23:22
23. Molly DePasqual, WWU	23:24
24. Sarah Howell, WOU	23:24
25. Lisa Anderberg, SPU	23:25
26. Julia Coulter, UAF	23:28
27. Shirlon Moncrief, WOU	23:45
28. Jessie Dunnam, SMU	23:46
29. Anna Coulter, UAF	23:47
30. Amber Green, CWU	23:47
31. Beth Zirbes, UAF	23:48
32. Amy Layton, SMU	23:54
33. Kaitlin Rohde, SPU	23:56
34. Kambria Schumacher, WOU	23:57
35. Kim Parry, WOU	23:59
36. Elisabeth Habermann, UAF	23:59
37. Marissa Harshman, WWU	24:02
38. Kaley Strachan, UAA	24:06
39. Paula Daabach, UAF	24:12
40. Allison Graham, WWU	24:14
41. Rhiannon Cadelina, SU	24:20
42. Keely Kaligis, WWU	24:26
43. Stephanie Cooke, CWU	24:27
44. Rachael O'Brien, WOU	24:28
45. Mary Bakeman, CWU	24:31

### 2007 (Oct. 20 at Nampa)

#### Men (8,000 Meters)

1. John Riak, SMU	24:56.77
2. Daniel Phillips, WWU	25:05.96
3. Bennett Grimes, WWU	25:09.03
4. Sam Scotchmer, CWU	25:17.56
5. Kevin Lambert, NNU	25:26.29
6. Mike Schmidt, WOU	25:33.92
7. Peter Doner, UAA	25:39.68
8. Blake Medhaug, WWU	25:40.82
9. Braxton Jackson, WOU	25:42.68
10. Jordon Welling, WWU	25:56.31
11. Nathan Heitzinger, SU	25:59.72
12. Jon Skelton, WWU	26:02.13
13. Chris Reed, WOU	26:03.18
14. Chad Meis, SPU	26:12.53
15. Jani Tulppo, UAF	26:18.79
16. Cory Pena, UAA	26:19.27
17. David Kiplagat, UAA	26:20.60
18. Kym Hunt, WOU	26:21.43
19. Paul Rottich, UAA	26:21.90
20. Keith Lemay, WWU	26:24.08
21. Nik Karr, WOU	26:25.58
22. Cornelious Sigei, UAA	26:27.86
23. Seth Clark, NNU	26:30.27
24. Zeke VanPatten, WOU	26:37.63
25. Nicholas Alvarado, SU	26:41.35
26. Mick Boyle, UAA	26:45.47
27. Marius Korthauer, UAF	26:46.99
28. Eric Ardissono, CWU	26:47.36
29. Auston Ellis, UAA	26:48.64
30. Kevin Oberholser, CWU	26:49.63
31. Keever Henry, WWU	26:50.28
32. Zach McGill, UAF	26:52.07
33. Justin Karr, WOU	26:54.43
34. Tris Obluck, SMU	26:57.98
35. Josh Gatbunton, SMU	26:59.28
36. Tahoma Khalsa, WWU	26:59.55

#### Women (6,000 Meters)

1. Jessica Pixler, SPU	20:53.48
2. Jane Larson, SPU	21:45.32
3. Ashley Puga, NNU	21:48.67
4. Suzie Strickler, SPU	22:06.74
5. Katie Hansen, SU	22:07.92
6. Marcie Mullen, CWU	22:08.37
7. Karin Rohde, SPU	22:16.22
8. Elizabeth Chepkosgei, UAA	22:18.27
9. Sarah Porter, WWU	22:21.97
10. Kate Harline, SPU	22:24.68
11. Tricia Morrison, WOU	22:40.52
12. Jessica Harper, WOU	22:48.50
13. Emma Bohman, UAA	22:51.08
14. Hallidie Wilt, UAA	22:53.06
15. Anna Coulter, UAF	22:58.03
16. Lisa Anderberg, SPU	23:02.11
17. Sarah Benson, CWU	23:03.73
18. Rachel Yorkston, SU	23:04.27
19. Annie Lawreyson, SMU	23:12.71
20. Julia Coulter, UAF	23:13.12

21. Shannon DeBoer, NNU	23:13.49
22. Kaitlin Rohde, SPU	23:13.91
23. Megan Wrightman, SPU	23:15.35
24. Jaclyn Puga, NNU	23:27.24
25. Lyndsey McKillip, WOU	23:30.25
26. Shirlon Moncrief, WOU	23:31.87
27. Jessie Dunnam, SMU	23:34.65
28. Sarah Howell, WOU	23:34.79
29. Valerie Matthews, WWU	23:34.93
30. Elisa Decker, NNU	23:38.92
31. Dianna Stanley, MSUB	23:39.25
32. Stephanie Cooke, CWU	23:42.67
33. Julia Miller, SU	23:46.79
34. Keely Kaligis, WWU	23:50.08
35. Kendra Loeber, NNU	23:55.54
36. Helen Camden, SMU	23:57.57
37. Berlyn Bales, CWU	23:57.90
38. Greta Stickney, SU	24:02.26
39. Courtney Olsen, WWU	24:02.55
40. Rhiannon Cadelinia, SU	24:06.49
41. Mykel Ler, MSUB	24:07.38
42. Krinda Carlson, SMU	24:09.92
43. Mary Krusen, UAA	24:16.10
44. Danielle Slaughter, WWU	24:16.95
45. Jamie Sundvall, NNU	24:18.59
46. Riikka Kemppainen, UAF	24:19.20
47. Johanna Doner, UAA	24:19.80
48. Sarah Jackson, MSUB	24:20.49
49. Anjali Haydu, UAA	24:20.82
50. Mary Bakeman, CWU	24:21.82
51. Maeve Sayres, WWU	24:23.31
52. Kerianne Quiocho, SU	24:25.33
53. Ashley Rendahl, NNU	24:25.76
54. Kirsten Clarke, CWU	24:26.33
55. Elisabeth Habermann, UAF	24:27.99
56. Shellane Jensen, WWU	24:32.02
57. Jackie Dent, WOU	24:37.55
58. Katie Thiel, MSUB	24:38.26
59. Amber Drumm, UAF	24:38.90
60. Cierra Dornfield, MSUB	24:41.20
61. Nikkol Sipes, UAF	24:41.53
62. Kaley Strachan, UAA	24:41.94
63. Jaime Clark, SU	24:44.93
64. Malori Woodford, MSUB	24:50.07
65. Annan Applebee, WOU	24:50.98
66. Natalie Martinez, SU	24:52.32
67. Morgan Streeter, MSUB	24:56.35
68. Nicole D'Amico, WWU	25:00.92
69. Cheri Watson, WWU	25:02.18
70. Kira Batcheller, WOU	25:02.55
71. Jennifer Innes, SU	25:03.20
72. Colleen Dalimata, MSUB	25:06.93
73. Miriam Reardon, NNU	25:19.52
74. Erica Zambon, WOU	25:20.62
75. Emily Mosich, WWU	25:27.44
76. Anya Friday, CWU	25:40.07
77. Kaleigh Bishop, SMU	25:53.56
78. Tanja Owen, CWU	26:06.61
79. Beth Zirbes, UAF	26:14.38
80. Shannon Vreeland, CWU	26:21.99
81. Karissa Owen, SMU	26:22.44
82. Ninalynn Benitez, SMU	26:27.11
83. Ashley Berry, WOU	26:37.21
84. Kym Island, MSUB	26:59.39
85. Stephanie Druktenis, CWU	27:01.07
86. Jen Young, NNU	27:17.14
87. Erin Gannon, MSUB	27:20.28

88. Ashley Morman, NNU 27:58.87

## 2008 (Oct. 25 at Yakima)

### Men (8,000 Meters)

1. Marko Cheseto, UAA	24:30.27
2. Jacob Parisien, UAA	25:07.82
3. Alfred Kangogo, UAA	25:09.92
4. Brian Cronrath, SPU	25:10.49
5. Jordan Welling, WWU	25:15.76
6. David Kiplagat, UAA	25:20.90
7. Zeke VanPatten, WOU	25:33.26
8. John Riak, SMU	25:33.58
9. Bennett Grimes, WWU	25:36.65
10. Blake Medhaug, WWU	25:45.48
11. Josiah Price, SMU	25:50.70
12. Chris Reed, WOU	25:56.55
13. Yonas Berhe, WWU	26:02.03
14. Kyle Van Santen, SMU	26:02.68
15. Chad Meis, SPU	26:06.15
16. Tahoma Khalsa, WWU	26:13.77
17. Eric Brill, WWU	26:18.53
18. Mike Schmidt, WOU	26:22.85
19. Sam Bedell, WWU	26:23.10
20. Nik Karr, WOU	26:23.30
21. Braxton Jackson, WOU	26:29.67
22. Cory Pena, UAA	26:34.47
23. Dan Friesen, SPU	26:45.70
24. Brandon Snook, WOU	26:46.64
25. Auston Ellis, UAA	26:48.67
26. Neil Easter, NNU	26:52.11
27. Justin Karr, WOU	27:05.51
28. Jeff Knutson, CWU	27:07.66
29. Spencer Hunt, SMU	27:09.66
30. Jeff Long, WOU	27:11.36
31. Chris Eversman, UAF	27:12.60
32. Paul Rottich, UAA	27:14.13
33. Kyle Lampi, WWU	27:18.12
34. Mick Boyle, UAA	27:20.70
35. Jason Towery, NNU	27:27.56
36. Kyle Larson, WOU	27:32.72
37. Joe Skelton, WWU	27:40.19
38. Mitch Chandler, UAF	27:41.98
39. Luke Hetrick, NNU	27:45.98
40. Wes Hargrove, CWU	27:51.45
41. Nick Harvey, SMU	27:53.44
42. Einar Often, UAF	27:58.78
43. Andrew Hamilton, SPU	27:58.79
44. Jordan Lance, SPU	28:00.46
45. Greg Kubitz, WWU	28:04.92
46. James Pettigrew, UAA	28:07.78
47. Matt Scerbak, UAF	28:11.56
48. Orin Ryan, UAA	28:15.14
49. Noah Caffrey, SMU	28:17.31
50. Nathaniel Sleight, SPU	28:20.70
51. Ray Sabo, UAF	28:23.80
52. Daniel Hamilton, SPU	28:31.36
53. Derek Lopez, WOU	28:32.48
54. Alex Crystal, NNU	28:37.07
55. Hank Hetrick, NNU	28:44.59
56. Josh Merioles, NNU	28:46.76
57. Tom McKay, SPU	28:49.18
58. Scott Power, CWU	29:11.55
59. David Apperson, UAF	29:12.30
60. Andrew Alhajri, CWU	29:14.35
61. Travis Hutchinson, MSUB	29:20.79

62. Josh Kratzer, CWU	29:22.60
63. Jeff Dull, SPU	29:39.46
64. Caleb Reynolds, NNU	29:42.25
65. Taylor Canfield, MSUB	29:48.54
66. Kelley Miller, MSUB	30:31.51
67. Greg DeSimone, NNU	30:44.56
68. Mike Lewis, NNU	30:50.34
69. Michael Hildebrand, MSUB	31:29.45
70. Erik Soderstrom, UAF	31:42.77
71. Chris Croteau, CWU	31:52.31
72. Jacob Suazo, SMU	32:23.14
73. James Hopkins, MSUB	33:15.83
74. Clinton Barr, SMU	33:52.25

### Women (6,000 Meters)

1. Jessica Pixler, SPU	21:12.00
2. Sarah Porter, WWU	21:51.16
3. Jane Larson, SPU	22:06.10
4. Laura Carr, UAA	22:10.86
5. Elizabeth Chepkosgei, UAA	22:19.20
6. Ashley Puga, NNU	22:37.05
7. Natty Plunkett, SPU	22:44.11
8. Hallidie Wilt, UAA	22:56.24
9. Jaclyn Puga, NNU	22:56.86
10. Ruth Jeptoo Keini, UAA	23:03.21
11. Marcie Mullen, CWU	23:04.81
12. Lauren Breihof, WWU	23:13.47
13. Theresia Schnurr, UAF	23:16.27
14. Joscelyn Minton, SMU	23:16.59
15. Rachael Johnson, WWU	23:19.74
16. Kate Harline, SPU	23:21.20
17. Courtney Olsen, WWU	23:33.39
18. Amanda Wright, WOU	23:35.69
19. Tricia Morrison, WOU	23:37.44
20. Lyndsey McKillip, WOU	23:37.93
21. Lisa Anderberg, APU	23:39.95
22. Katie Hart, SPU	23:47.84
23. Mary Williams, SPU	23:49.77
24. Sarah Howell, WOU	23:50.71
25. Emma Bohman, UAA	23:52.54
26. Julia Pierson, UAF	23:56.36
27. Laura Rombach, UAA	23:59.58
28. Anna Coulter, UAF	24:02.62
29. Danielle Slaughter, WWU	24:05.21
30. Jessica Harper, WOU	24:05.34
31. Phoebe Hartnett, WWU	24:18.07
32. Annie Lawreyson, SMU	24:19.99
33. Shoshana Keegan, UAA	24:21.67
34. Kim Beaman, SPU	24:23.07
35. Ashley Rendahl, NNU	24:30.53
36. Annan Applebee, WOU	24:31.37
37. Megan Oberst, NNU	24:35.15
38. Ashley Berry, WOU	24:35.30
39. Jamie Beaty, NNU	24:35.37
40. KayAnna Cecchi, WOU	24:37.24
41. Krinda Carlson, SMU	24:38.64
42. McKinley Williams, WWU	24:40.84
43. Ariel Rolle, UAA	24:40.99
44. Mychaela Bailey, UAA	24:41.06
45. Shannon DeBoer, NNU	24:47.77
46. Marie Kiekhafer, SPU	24:48.00
47. Sierra Brisky, WWU	24:48.47
48. Sarah Jackson, MSUB	24:49.15
49. Helen Camden, SMU	24:49.38
50. Adriana Mendoza, CWU	24:54.44
51. Maeve Sayres, WWU	24:55.25
52. Kayti Krepel, SPU	24:58.73

53. Jana Benedix, UAF	25:03.11	36. Kyle Johnson, WWU	27:32	22. Janelle Everetts, WOU	23:53
54. Jackie Dent, WOU	25:04.38	37. Tyler Kornfield, UAF	27:36	23. Danielle Slaughter, WWU	24:00
55. Aurelia Korthauer, UAF	25:04.43	38. Scott Power, CWU	27:37	24. Kirsten Moore, WWU	24:01
56. Kendra Hedges, WWU	25:27.84	39. Thomas Hill, UAA	27:38	25. Leah Thompson, MSUB	24:04
57. Erica Zambon, WOU	25:30.52	40. AJ Baker, SPU	27:39	26. Jessica Boyer, WWU	24:06
58. Danielle Beesley, NNU	25:38.05	41. Daniel Lombardi, MSUB	27:39	27. Emma Bohman, UAA	24:08
59. Dianna Stanley, MSUB	25:40.58	42. Paul Rottch, UAA	27:46	28. Kristi Fairbanks, WWU	24:12
60. Elisabeth Hambermann, UAF	25:43.19	43. Ray Sabo, UAF	27:50	29. Alex West, UAA	24:16
61. Miriam Reardon, NNU	25:46.12	44. Jake Hastings, CWU	27:52	30. Tricia Morrison, WOU	24:21
62. Kelsey Kreft, CWU	25:47.79	45. Andrew VanNess, SPU	27:54	31. Kelsey Kreft, CWU	24:23
63. Kaitlyn Pecha, SMU	25:56.68	46. Matt Nodine, CWU	27:56	32. Annan Applebee, WOU	24:24
64. Samantha Rink, UAA	26:16.57	47. Noah Caffrey, SMU	27:56	33. Ashley Rendahl, NNU	24:26
65. Mykel Ler, MSUB	26:17.96	48. Matt Rankin, NNU	27:57	34. Megan Everetts, WOU	24:28
66. Amber Drumm, UAF	26:19.69	49. Nick Harvey, SMU	28:01	35. Mary Rogers, WWU	24:29
67. Cierra Dornfield, MSUB	26:32.67	50. Tom Johnson, CWU	28:05	36. Ariel Rolle, UAA	24:30
68. Mary Bakeman, CWU	26:56.98	51. Benard Ngeno, NNU	28:05	37. Sarah Jackson, MSUB	24:31
69. Brianna Schmid, SMU	27:02.65	52. Gavin Brand, SPU	28:06	38. Amanda Wright, WOU	24:31
70. Katie Thiel, MSUB	27:10.77	53. Will Harrison, SPU	28:08	39. Jana Benedix, UAF	24:32
71. Shannon Vreeland, CWU	27:16.25	54. Mitch Chandler, UAF	28:12	40. Erika Snawder, WOU	24:37
72. Elizabeth Mann, CWU	27:20.52	55. Jon Swanson, CWU	28:14	41. KayAnna Cecchi, WOU	24:42
73. Amanda Valera, CWU	27:42.04	56. Tyler Roland, CWU	28:15	42. Mary Williams, SPU	24:42
74. Jennifer Young, NNU	28:11.05	57. Spencer Hunt, SMU	28:16	43. Mychaela Bailey, UAA	24:43
75. Cassie Holm, MSUB	28:14.37	58. Joseph Patti, SMU	28:19	44. Heather Edic, UAF	24:44
76. Jessica Hirschhorn, CWU	28:23.50	59. Taylor Canfield, MSUB	28:24	45. Alex Borunda, CWU	24:45
77. Malori Woodford, MSUB	28:36.93	60. Sam Tilly, UAF	28:25	46. Adriana Mendoza, CWU	24:49
78. Erin Gannon, MSUB	28:47.14	61. Alex Crystal, NNU	28:25	47. Mykel Ler, MSUB	24:53
79. Tanja Owens, CWU	29:02.79	62. Einar Often, UAF	28:34	48. Zoe Shordahl, WOU	24:57
		63. Will Estes, UAA	28:36	49. Christine Harwood, NNU	24:57
		64. Tyler Eidsmoe, CWU	28:38	50. Krysta Carrick, SPU	24:58
		65. Scott Bauer, SMU	28:44	51. Mary Bakeman, CWU	24:59
		66. Tyson Vanderby, MSUB	28:50	52. Annie Laweryson, SMU	25:01
		67. Travis Hutchinson, MSUB	29:00	53. Maria Stensland, UAF	25:02
		68. Wes Hargrove, CWU	29:08	54. Ashley Llapitan, SMU	25:07
		69. Ryan Blomback, MSUB	29:13	55. Mary Owen, MSUB	25:09
		70. Andrew Hamilton, SPU	29:17	56. Kristen Yeley, MSUB	25:10
		71. Travis Buttelman, MSUB	29:20	57. Elisa Decker, NNU	25:15
		72. Lars Arneson, UAF	29:46	58. Kayla Teslow, UAA	25:18
		73. Jordan Lance, SPU	30:17	59. Hilery Nunn, CWU	25:22
		74. Nate Seely, SPU	30:24	60. Stephanie Cooke, CWU	25:30
		75. Tucker Shuler, MSUB	30:41	61. Joscelyn Minton, SMU	25:34
		76. Zach Armstrong, CWU	30:56	62. Helen Camden, SMU	25:35
		77. Cameron Grossaint, SMU	32:12	63. Meagan Swenson, NNU	25:37
		78. Henri Soom, UAF	32:34	64. Kelsey Brown, SPU	25:43
		79. Kelley Miller, MSUB	34:11	65. Laura Moser, SPU	25:49

## 2009 (Oct. 24 at Yakima)

### Men (8,000 Meters)

1. Marko Cheseto, UAA	24:50
2. Bennett Grimes, WWU	25:05
3. Jordan Welling, WWU	25:08
4. Alfred Kangogo, UAA	25:12
5. Micah Chelimo, UAA	25:13
6. Anthony Tomsich, WWU	25:14
7. Chris Reed, WOU	25:26
8. Kyle Van Santen, SMU	25:28
9. Blake Medhaug, WWU	25:32
10. Barak Watson, NNU	25:35
11. Chad Meis, SPU	25:47
12. Mike Schmidt, WOU	25:52
13. Eric Brill, WWU	25:59
14. Manuel Santos, CWU	26:01
15. Greg Kubitz, WWU	26:12
16. Justin Karr, WOU	26:24
17. Matt Stark, NNU	26:26
18. Yonas Berhe, WWU	26:28
19. Braxton Jackson, WOU	26:41
20. Brandon Snook, WOU	26:42
21. Dan Sprinkle, WOU	26:43
22. Sam Bedell, WWU	26:43
23. Conner Kasler, WOU	26:44
24. Nick Abraham, WWU	26:48
25. Seth Clark, NNU	26:55
26. Matt McCrary, WOU	26:59
27. Neil Easter, NNU	27:03
28. Luke Hetrick, NNU	27:04
29. Jeff Long, WOU	27:17
30. Nathanael Sleight, SPU	27:21
31. Michael Adams, UAA	27:21
32. Caleb Parker, SPU	27:27
33. Luke Holt, WOU	27:29
34. Kyle Gray, NNU	27:31
35. Jesse Baggenstos, NNU	27:31

### Women (6,000 Meters)

1. Jessica Pixler, SPU	21:03	67. Alee Rowley, WOU	26:06
2. Sarah Porter, WWU	21:13	68. Kaitlynn Pecha, SMU	26:13
3. Miriam Kipngeno, UAA	22:02	69. Katie Thiel, MSUB	26:19
4. Shoshana Keegan, UAA	22:06	70. Aurelia Korthauer, UAF	26:22
5. Ruth Keino, UAA	22:12	71. Erica Zambon, WOU	26:33
6. Hallidie Wilt, UAA	22:16	72. Marit Rjabov, UAF	26:43
7. Laura Carr, UAA	22:18	73. Samantha Hill, NNU	26:51
8. Jane Larson, SPU	22:20	74. Shannon Vreeland, CWU	26:52
9. Lauren Breihof, WWU	22:37	75. Malori Woodford, MSUB	27:02
10. Jaclyn Puga, NNU	22:48	76. Ashley Morman, NNU	27:05
11. Natty Plunkett, SPU	22:48	77. Elizabeth Mann, CWU	27:10
12. Courtney Olsen, WWU	22:52	78. Amanda Valera, CWU	27:19
13. Lisa Anderberg, SPU	22:57	79. Danielle Beesley, NNU	27:45
14. Jordan Powell, NNU	23:13	80. Ashley Rice, CWU	28:06
15. Kate Harline, SPU	23:20	81. Rebecca Konieczny, UAF	28:49
16. Michele Phillips, NNU	23:22	82. Natalya Fredrickson, MSUB	30:46
17. Theresia Schnurr, UAF	23:33	83. Carelia Agis, SMU	31:06
18. Suzie Strickler, SPU	23:42		
19. Lisa Minehan, MSUB	23:42		
20. Emily Wallen, WWU	23:48		
21. Sierra Brisky, WWU	23:51		

**2010 (Nov. 6 at Yakima)****Men (8,000 Meters)**

1. Marko Cheseto, UAA	23:56
2. Micah Chelimo, UAA	24:27
3. Chris Reed, WOU	24:29
4. Barak Watson, NNU	24:30
5. Jordan Welling, WWU	24:34
6. Bennett Grimes, WWU	24:36
7. Jacob Parisien, UAA	25:10
8. Blake Medhaug, WWU	25:16
9. Spencer Hunt, SMU	25:24
10. Kyle Van Santen, SMU	25:30
11. Matt Stark, NNU	25:34
12. Connor Kasler, WOU	25:36
13. Josh Elliott, WOU	25:38
14. Yonatan Yilma, UAA	25:40
15. Eric Brill, WWU	25:42
16. Neil Easter, NNU	25:43
17. William Ritekwiang, UAA	25:44
18. Paul Rottich, UAA	25:45
19. Justin Karr, WOU	25:50
20. Kyle Larson, WOU	25:52
21. Ryan Chapman, WOU	25:52
22. Chip Jackson, WWU	25:53
23. Kyle Johnson, WWU	25:59
24. Nick Abraham, WWU	26:11
25. Aaron Rogers, WOU	26:12
26. Jesse Baggenstos, NNU	26:13
27. Manuel Santos, CWU	26:15
28. Tyler Kornfield, UAF	26:27
29. Daniel Lombardi, MSUB	26:28
30. Dan Sprinkle, WOU	26:33
31. Thomas Hill, UAA	26:44
32. Jacob Wahlenmaier, SPU	26:46
33. Michael Adams, UAA	26:49
34. Tanner Boyd, WWU	26:50
35. Lukas Fenley, WOU	26:54
36. David Norris, UAF	26:56
37. Ryan Jaggi, NNU	26:56
38. Luke Hetrick, NNU	26:58
39. Nathanael Sleight, SPU	26:59
40. AJ Baker, SPU	27:03
41. Brian Potter, MSUB	27:05
42. Andrew VanNess, SPU	27:18
43. Lex Treinen, UAF	27:23
44. Evan Bradford, SPU	27:24
45. Brady Beagley, WOU	27:25
46. Andrew Arnold, UAF	27:26
47. Otto Schmidt, WWU	27:28
48. Benard Ngeno, NNU	27:29
49. Graham Armstrong, WWU	27:32
50. Daniel Hamilton, SPU	27:36
51. Tux Seims, UAF	27:39
52. Matt Rankin, NNU	27:43
53. Nathan Minor, CWU	27:47
54. Mark Bolt, MSUB	27:49
55. Joseph Patti, SMU	27:54
56. Gavin Brand, SPU	28:03
57. Alex Crystal, NNU	28:06
58. Chase Robinson, MSUB	28:07
59. Tom Johnson, CWU	28:08
60. Taylor Canfield, MSUB	28:10
61. Jon Swanson, CWU	28:16
62. Lars Arneson, UAF	28:21
63. Scott Bauer, SMU	28:25
64. William Harrison, SPU	28:31

65. Nathan Seely, SPU	28:35
66. Nick Harvey, SMU	28:39
67. Tyler Eidsmoe, CWU	28:40
68. Ryan Blomback, MSUB	28:44
69. Bradley Truax, UAA	29:04
70. Travis Hutchinson, MSUB	29:07
71. Josh Merioles, NNU	29:10
72. Devon DeMoss, SMU	30:05
73. Jacob Calvin, CWU	30:09
74. Erik Soederstroem, UAF	30:23
75. Jordan Lance, SPU	30:56
76. Logan Mossey, MSUB	31:16
77. Alexander Hendricks, SMU	32:22
78. Jacob Suazo, SMU	32:27

**Women (6,000 Meters)**

1. Sarah Porter, WWU	21:04
2. Miriam Kipng'eno, UAA	21:09
3. Ruth Keino, UAA	21:26
4. Jaclyn Puga, NNU	22:06
5. Shoshana Keegan, UAA	22:24
6. Hallidie Wilt, UAA	22:27
7. Lauren Breihof, WWU	22:37
8. Raphaela Sieber, UAF	22:43
9. Natty Plunkett, SPU	22:44
10. Joscelyn Minton, SMU	22:49
11. Susan Bick, UAA	22:56
12. Theresia Schnurr, UAF	22:57
13. Erika Snawder, WOU	23:06
14. Amanda Wright, WOU	23:08
15. Emma Bohman, UAA	23:10
16. Whitney Mickelsen, MSUB	23:14
17. Ivy O'Guinn, UAA	23:16
18. Katie Krehlik, UAA	23:20
19. KayAnna Cecchi, WOU	23:25
20. Sierra Brisky, WWU	23:27
21. Jessica Boyer, WWU	23:31
22. Sarah Jackson, MSUB	23:33
23. Lacey Nation, WWU	23:35
24. Adriana Mendoza, CWU	23:35
25. Natalie Evans, NNU	23:52
26. Mykel Ler, MSUB	23:53
27. Phoebe Hartnett, WWU	23:55
28. Rachael Johnson, WWU	23:56
29. McKayla Fricker, SPU	23:57
30. Tricia Morrison, WOU	24:00
31. Mary Rogers, WWU	24:01
32. Crystal Pitney, UAF	24:01
33. Kaitlynn Pecha, SMU	24:02
34. Jaime Bronga, UAA	24:03
35. Allison Cutting, SPU	24:15
36. Meagan Swenson, NNU	24:18
37. Janelle Everetts, WOU	24:20
38. Annan Applebee, WOU	24:21
39. Haida Ikeda, WWU	24:23
40. Cheri Watson, WWU	24:23
41. Jana Benedix, UAF	24:24
42. Katie Thiel, MSUB	24:25
43. Mary Owen, MSUB	24:29
44. Shena Wald, MSUB	24:31
45. Krysta Carrick, SPU	24:33
46. Ashley Rendahl, NNU	24:37
47. Jenny Leaf, WOU	24:37
48. Megan Everetts, WOU	24:45
49. Mary Chepkoech, UAA	24:53
50. Meryl Butcher, WOU	24:55
51. Heather Edic, UAF	24:57

52. Jordan Powell, NNU	24:59
53. Kinsey Laine, UAF	25:01
54. Taylor Kartes, CWU	25:07
55. Erika Copeland, SMU	25:18
56. Ashley Llapitan, SMU	25:24
57. Christine Harwood, NNU	25:25
58. Kelsey Kreft, CWU	25:31
59. Megan Knappe, SPU	25:37
60. Josephine Becker, SPU	25:38
61. Karissa Owen, SMU	25:39
62. Sam Hill, NNU	25:39
63. Danika Lawson, SMU	25:43
64. Berlyn Bales, CWU	25:45
65. Laura Moser, SPU	25:48
66. Ashlee Sincraugh, CWU	25:49
67. Amanda Valera, CWU	25:55
68. Aurelia Korthauer, UAF	26:05
69. Krissy McGill, CWU	26:17
70. Keri Clump, MSUB	26:27
71. Melanie Bock, MSUB	26:31
72. Kelsey Brown, SPU	26:34
73. Sophie Hummer, CWU	26:48
74. Kayla Wilkins, SPU	27:06
75. Chelsea Layne, NNU	27:17
76. Ashley Rice, CWU	27:36
77. Danielle Beesley, NNU	27:50
78. Leah Swanson, SPU	27:59
79. Sarah Fletebo, CWU	28:56
80. Carelia Agis, SMU	29:31

**2011 (Oct. 22 at Yakima)****Men (8,000 Meters)**

1. Micah Chelimo, UAA	24:24
2. Barak Watson, NNU	24:31
3. Kyle Van Santen, SMU	25:00
4. Alfred Kangogo, UAA	25:13
5. Tyler Cannon, WWU	25:18
6. Yonatan Yilma, UAA	25:18
7. Dylan Anthony, UAA	25:32
8. Spencer Hunt, SMU	25:38
9. Isaac Kangogo, UAA	25:41
10. Dak Riek, WWU	25:44
11. Connor Kasler, WOU	25:45
12. Tanner Boyd, WWU	25:51
13. Dan Sprinkle, WOU	25:55
14. Kyle Larson, WOU	25:59
15. AJ Baker, SPU	26:01
16. Manuel Santos, CWU	26:02
17. Nick Abraham, WWU	26:07
18. Jake Parisien, UAA	26:09
19. Eric Brill, WWU	26:12
20. Lukas Fenley, WOU	26:14
21. Kyle Johnson, WWU	26:16
22. Ryan Chapman, WOU	26:19
23. Brian Potter, MSUB	26:21
24. Dylan Peterson, WWU	26:23
25. Kevin Rooke, UAA	26:26
26. Seth Pierson, SPU	26:30
27. Keir Forster, SFU	26:31
28. BJ Cunliffe, SFU	26:32
29. Michael Adams, UAA	26:32
30. Nathan Minor, CWU	26:34
31. Anton Humeniuk, SFU	26:36
32. Luke Hetrick, NNU	26:37
33. Daniel Lombardi, MSUB	26:37
34. Jesse Baggenstos, NNU	26:42



