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2011 Great Northwest Athletic Conference Indoor Meet Schedule

Great Northwest Athletic Conference

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GNAC 2011 Indoor Meet Schedule

Friday February 18th

Multi-Events

Heptathlon		<u>Pentathlon</u>	
10:15 AM	60 Dash	10:45 AM	60 Hurdles
10:55 AM	Long Jump	11:25 AM	High Jump
12:15 AM	Shot Put	1:15 PM	Shot Put
1:30 PM	High Jump	2:30 PM	Long Jump
		4:10 PM	800 m

Saturday February 19th

Multi-Events Heptathlon

8:00 AM-60M Hurdles 8:40 AM-Pole Vault 11:20 PM-1,000M or TBA

	th				th			
Friday February 18 th				Saturday February 19 th				
<u>Field Events</u>			<u>Field Events</u>					
Women's Weight Throw-Final		4:15 PM	Men's Weight Throw-Final			10:00 AM		
Women's Long Jump-Final		4:15 PM	Women's Triple Jump-Final			10:00 AM		
Men's High Jump- Final		4:15 PM	Men's Pole Vault-Final			11:00 AM		
Women's Pole Vault-Final		5:00 PM	Women's High Jump –Final			11:15 AM		
Men's Long Jump-Final		5:00 PM	Women's Shot Pit –Final			11:15 AM		
Men's Shot Put- Final		6:00 PM	Men's Triple Jump-Final			11:15 AM		
Running Events				Running Events				
60m Hurdles	M	Trial	6:30 PM	Opening Ceremo	ny		11:00 AM	
60M Hurdles	W	Trial	6:40 PM	1000M Run HEP		Final	11:20 AM or TBA	
60 M Dash	M	Trial	6:55 PM	Mile Run	M	Final	11:25 AM	
60 M Dash	W	Trial	7:05 PM	Mile Run	W	Final	11:35 AM	
DM Relay	M	Final	7:15 PM	60M Hurdles	M	Final	11:45 AM	
DM Relay	W	Final	7:30 PM	60 M Hurdles	W	Final	11:55 AM	
				400 M Dash	M	Final	12:05 PM	
				400 M Dash	W	Final	12:15 PM	
				60 M Dash	M	Final	12:25 PM	
				60 M Dash	W	Final	12:30 PM	
				800 M Run	M	Final	12:40 PM	
				800 M Run	W	Final	12:50 PM	
				200 M Dash	M	Final	1:00 PM	
				200 M Dash	W	Final	1:10 PM	
				5,000 M Run	М	Final	1:25 PM	
				5,000 M Run	W	Final	1:45 PM	
				1600 Relay	М	Final	2:10 PM	
				1600 Relay	W	Final	2:20 PM	
				•				

Awards Ceremony

2:50 PM