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2005 Apple Ridge Run Invitational Cross Country Meet

Great Northwest Athletic Conference

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APPLE RIDGE RUN INVITATIONAL CROSS COUNTRY MEET
Hosted by Central Washington University
September 24, 2005 · Apple Ridge Run Cross Country Course · Naches, WA

WOMEN'S TEAM SCORES

Central Washington	21
Whitworth	34

MEN'S TEAM SCORES

Central Washington	17
Whitworth	42

WOMEN'S INDIVIDUAL RESULTS (5 kilometer course)

Pl	Name	Affiliation	Time	Pts
1	Brandy Anderson	Central Washington	19:12	1
2	Kristi Dickey	Whitworth	19:18	2
3	Rachel Bailey	Central Washington	19:48	3
4	Sarah Benson	Central Washington	19:57	4
5	Julie Lauterbach	Whitworth	20:12	5
6	Marcie Mullen	Central Washington	20:18	6
7	Andrea Ring	Central Washington	20:41	7
8	Jenna Ann Cunningham	Whitworth	21:01	8
9	Stephanie Thurston	Whitworth	21:02	9
10	Elaine Heinemann	Whitworth	21:03	10
11	Amber Green	Central Washington	21:05	11
12	Andrea Carnahan	Whitworth	21:15	12
13	McKenzie Crosby	Whitworth	21:26	13
14	Emily Uhlig	Central Washington	21:39	14
15	Emily Hurd	Whitworth	21:46	
16	Emily Green	Whitworth	21:48	
17	Kathryn Hartung	Whitworth	22:04	
18	Sara Morehouse	Whitworth	22:12	
19	Heidi Kieling	Whitworth	22:15	
20	Sarah Huffman	Whitworth	22:23	
21	Ashley Gibbs	Whitworth	22:24	
22	Jamie Koch	Central Washington	22:28	
23	Tanja Owen	Central Washington	22:40	
24	Nicole Cullopp	Central Washington	22:41	
25	Kirsten Clarke	Central Washington	22:43	
26	Kim Henderson	Whitworth	23:09	
27	Amy Scott	Whitworth	23:11	
28	Amy Anderson	Whitworth	23:14	
29	Robyn Hubbuch	Whitworth	23:18	
30	Tori Swanson	Central Washington	23:55	
31	Meghan Berdis	Central Washington	23:55	
32	Jamie Knight	Central Washington	23:57	
33	Heather Thomsen	Whitworth	24:44	
34	Briana Fredricksen	Central Washington	24:44	
35	Jessie Oberholser	Central Washington	25:26	
36	Sarah Tunall	Whitworth	25:59	

MEN'S INDIVIDUAL RESULTS (8 kilometer course)

Pl	Name	Affiliation	Time	Pts
1	Sam Scotchmer	Unattached	26:44	
2	Jason Porter	Club Northwest	27:07	
3	Jonathon Rank	Unattached	28:18	
4	Scott Palmer	Unattached	28:43	
5	Brian Rockenbach	Central Washington	28:58	1
6	Phil Paul	Unattached	29:31	
7	Danny Weiser	Central Washington	29:37	2
8	Kevin Oberholser	Central Washington	29:53	3
9	Gabe Andrews	Central Washington	29:57	4
10	Jamie Duroff	Whitworth	29:59	5
11	Christopher Lozier	Whitworth	30:11	6
12	James Bolding	Central Washington	30:13	7
13	Stefan Robinson	Whitworth	30:16	8
14	Michael Flowers	Central Washington	30:24	9
15	Steve Lehman	Central Washington	30:31	10
16	Dan Ferguson	Central Washington	30:53	
17	Jeff Forsyth	Whitworth	31:02	11
18	Corey Cronkhite	Central Washington	31:14	
19	James Roach	Central Washington	31:18	
20	Thomas Robinson	Whitworth	31:44	12
21	Michael Bryant	Whitworth	31:51	13
22	Sean Doyle	Central Washington	31:56	
23	Micah McDaniels	Central Washington	31:56	
24	Kyle Dillon	Whitworth	33:08	14
25	Zach Mullen	Whitworth	33:36	
26	Brent Hendricks	Whitworth	34:08	
27	Bryce Annis	Whitworth	35:06	
28	Chris Flory	Whitworth	35:38	