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Great Northwest Athletic Conference Yearly Track and Field Indoor Meet Results

Great Northwest Athletic Conference

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YEARLY TRACK AND FIELD INDOOR MEET RESULTS

2002

UW Indoor Preview (Jan. 12 at Seattle): Men: 60 - 1. Mike Hinshaw, WOU, 6.88. 800 - 4. Paul Mach, SPU, 1:55.05; 5. Neal Fryett, SPU, 1:56.69. Mile - 4. Juraj Trubiroha, NNU, 4:17.4. 60 Hurdles - 2. Damien Davis, WOU, 8.47. 4x400 - 4. Western Oregon 3:23.07. **Women:** 400 - 1. Toni Adair, WOU, 59.28. 500 - 3. Jawaea Harder, SPU, 1:23.40; 4. Angie Ocampo, SPU, 1:25.25. 800 - 1. Josie Lavin, SPU, 2:20.26; 3. Sarah Kraybill, SPU, 2:22.95. Mile - 1. Rachel Ross, SPU, 5:08.20. 4x400 Relay - 2. Seattle Pacific 4:04.06i 3. Western Oregon 4:07.07. High Jump - 2. Stephanie Huffman, SPU, and Monica Smith, WOU, 5-2 1/4. Pole Vault - 3. Ally Studer, SPU, 11-0 1/4. Long Jump - 3. Shelley Comstock, WOU, 16-9 3/4. Triple Jump - 2. Lacey Rasmussen, NNU, 35-5 3/4; 4. Shelley Comstock, WOU, 34-5. 20-LB Weight - 1. Jennifer Dunkin, WOU, 46-6 1/4; 3. Dorothy Kerr, WOU, 39-6 3/4. Shot Put - 3. Dionna Anderson, SPU, 42-7.

Idaho State Snake River Open (Jan. 19 at Pocatello): Men: 55 - 19. David Olson, NNU, 6.85; 23. Josh Fishburne, NNU, 7.02. 400 - 21. David Olson, NNU, 52:46; 28. Ryan Meier, NNU, 53.83; 30. Jimmy Bennum, NNU, 54.63; 32. Greg Duley, NNU, 56.52. 4 x 400 relay - 10. NNU, 3:39.57. Long Jump - 12. Ryan Lee, NNU, 20-0 3/4. Triple Jump - 18. Adam Butts, NNU, 37-2. **Women:** Pole Vault - 22. Alina Lunsford, NNU, 9-10; 29. Aubrey Metzger, NNU, 9-2. Triple Jump - 9. Lacey Rasmussen, NNU, 34-3 3/4.

Husky Indoor (Jan. 19 at Seattle): Men - UW 101, WOU 24; Oregon 87, WOU 29; WOU 56, Portland State 38. **Individuals:** 35-1b. 60 - 1. Mike Hinshaw, WOU, 6.88. 200 - 1. Mike Hinshaw, WOU, 21.77. 4x400 - 3. Western Oregon 3:24.40. Weight - 3. Greg Gottfried, WOU, 48-2 3/4. **Women** - UW 105, WOU 24; Oregon 74, WOU 48; WOU 63, Portland State 51. **Individuals:** 800 - 4. Kylee Wells, WOU, 2:23.53. Mile - 4. Jill Salmon, WOU, 5:17.47. 3000 - 3. Ellie Enos, WOU, 10:50.90. Distance Medley - 3. Western Oregon 3:24.40. Shot Put - 4. Holly Conrad, WOU, 40-7. 20-lb. Weight - 3. Jennifer Dunkin, WOU, 47-7 1/4.

UW Small-College Invitational (Jan. 21 at Seattle): Men: None. **Women:** 200 - 4. Jody Binder, CWU, 26.75. 400 - 4. Amanda McClary, SPU, 1:01.75. 600 - 4. Kara Richard, SPU, 1:46.16. 1000 - 1. Rachel Ross, SPU, 2:58.53; 3. Sarah Kraybill, SPU, 3:02.94; 4. Josie Lavin, SPU, 3:04.32. 3000 - 3. Sarah Forrey, CWU, 10:17.84; 4. Amy Forrey, CWU, 10:21.37. 4x400 - 1. Seattle Pacific 4:04.06. 4x800 - 3. Central Washington 10:11.43. Long Jump - 1. Stephanie Huffman, SPU, 17-2 3/4; 2. Davina Strauss, CWU, 17-0 3/4; 4. Ally Studer, SPU, 16-4 1/2. Triple Jump - 1. Leah Tiger, CWU, 33-10 3/4; 2. Amber Rose, SPU, 33-7 1/4. High Jump - 2. Jenoa Potter, CWU, 5-1; 3. Stephanie Huffman, SPU, 5-1. Pole Vault - 4. Ally Studer, SPU, 11-5 3/4. Shot Put - 2. Dionna Anderson, SPU, 43-3 1/4.

Great Northwest Invitational (Jan. 26 at Portland): Men: High Jump - 1. Mike Bondurer, WOU, 6-6 (1.98). Pole Vault - 3. Spike Olson, WOU, 14-6 (4.42), 5. Jon Stroshine, WOU, 14-6 (4.42). **Women:** High Jump - 1. Monica Smith, WOU, 5-0 (1.52). Pole Vault - 3. Stephanie Booth, WOU, 11-0 (3.35). Shot Put - 2. Shalese Borden, WOU, 38-11 1/2 (11.87), 3. Dorothy Kerr, WOU, 38-9 (11.81). 20-lb. Weight - 1. Jennifer Dunkin, WOU, 50-3 (15.32), 3. Shalese Borden, WOU, 38-1 1/2 (11.62). 20-lb. Weight (14-18 age division) - 1. Dorothy Kerr, WOU, 40-10 1/2 (12.46), 3. Jaci Cederberg, WOU, 37-9 (11.51). (**Note:** This meet was not associated with Great Northwest Athletic Conference).

UW Quad Classic (Feb. 2 at Seattle): Men: 60 - 1. Mike Hinshaw, WOU, 6.83. Long Jump - 7. Brad Satran, WOU, 21-5 1/4. **Women:** Mile - 6. Rachel Ross, SPU, 5:04.61. 3000 - 7. Kylee Wells, WOU, 10:57.78. 60 Hurdles - 3. Jennifer Pyeatt, SPU, 9.31. Long Jump - 6. Stephanie Huffman, SPU, 17-10 3/4. High Jump - 4. Stephanie Huffman, SPU, 5-3 3/4. Triple Jump - 6. Shelley Comstock, WOU, 36-0 1/4.

Idaho Indoor (Feb. 2 at Moscow): Men: 1000 - 1. Aaron Matthias, NNU, 2:29.07; 2. Caleb Tubei, NNU, 2:31.97. **Women:** 60 - 4. Jodi Binder, CWU, 8.06; 5. Davina Strauss, CWU, 8.10. 200 - 7. Jodi Binder, CWU, 26.11. 3000 - 3. Amy Forrey, CWU, 10:20.60. Long Jump - 2. Davina Strauss, CWU, 17-

10 1/4. Pole Vault - 5. Aubrey Metzger, NNU, 10-0; 6. Alina Lunsford, NNU, 9-6 1/4.

UW Invitational Indoor (Feb. 9 at Seattle): Men - UW 102, Western Oregon 43; Sacramento State 73, Western Oregon 57; Cal State Northridge 98, Western Oregon 46; Western Oregon 74, Portland 48. **Individuals (Top 8):** 60 - 1. Mike Hinshaw, WOU, 6.83. 800 - Jerrett Mantalas, WOU, 1:57.54. Mile - 6. Aaron Matthias, NNU, 4:15.09. 60 Hurdles - 5. Nate Anderson, WOU, 8.67. 4x400 - 5. Western Oregon 3:23.98. Medley Relay - 2. Northwest Nazarene (David Olson., Juraj Trubiroha, Matthias, Caleb Tubei) 10:17.13. Long Jump - 7. Nate Anderson, WOU, 20-10 3/4 (6.37). High Jump - 7. Mike Bonadurer, WOU, 6-5 (1.96). Pole Vault - 6. Josh Fishburne, NNU, 14-1 1/4 (4.30). **Women** - UW 107, Western Oregon 46; Oregon 79, Western Oregon 54; Sacramento State 77, Western Oregon 69; Cal State Northridge 107, Western Oregon 45; Western Oregon 71, UC Irvine 66; Western Oregon 68, Cal Poly SLO 61. **Individuals (Top 12):** 400 - 11. Cassie Morehouse, WOU, 59.07. Mile - 12. Jill Salmon, WOU, 5:09.35. 4x400 - 9. Western Oregon 4:03.92. 20-1b Weight - 10. Jennifer Dunkin, WOU, 45-9 (13.94). Shot Put - 11. Shalise Borden, WOU, 38-10 1/4 (11.84). Long Jump - 9. Shelley Comstock, WOU, 16-11 1/2 (5.17). Pole Vault - 11. Stephanie Booth, WOU, 10-11 3/4 (3.35). Triple Jump - 10. Shelley Comstock, WOU, 35-5 3/4 (10.81).

Bill Cosby Nevada Reno Invitational (Feb. 9 at Seattle): Women: Team Scores - 1. Nevada 201 1/2; 7. Central Washington 15; 10. Humboldt State 7. **Individuals:** 400 - 6. Carie Bronson, HSU, 59.38; 12. Crystal Johnson, HSU, 65.63. Mile - 7. Tammy Hunt, HSU, 5:38.48; 10. Rachel Wiseman, HSU, 5:44.31. 3000 - 2. Sarah Forrey, CWU, 18:30.44; 3. Amy Forrey, CWU, 18:33.88. Pole Vault - 7. Jennifer Ruff, HSY, 11-1 (3.38).

Idaho Indoor (Feb. 15-16 at Moscow): Women: 800 - 2. Rachel Ross, SPU, 2:13.50. High Jump - 4. Jenoa Potter, CWU, 5-3 (1.60), 6. Stephanie Huffman, SPU, 5-3 (1.60). Pole Vault - 6. Ally Studer, SPU, 11-2 1/4 (3.41). Shot Put - 1. Dionna Anderson, SPU, 45-3 3/4 (13.81). 60 - 2. Jodi Binder, CWU, 7.98; 5. Bekah Bowman, NNU, 8.09; 6. Davina Strauss, CWU, 8.12. 400 - 4. Sarah Kraybill, SPU, 58.50; 5. Lindsey Stewart, SPU, 59.03. 55 Hurdles - 4. Jennifer Pyeatt, SPU, 8.79. Long Jump - 4. Stephanie Huffman, SPU, 18-2 1/4 (5.54). Shot Put - 2. Dionna Anderson, SPU, 43-10 (13.36), 3. Jennifer Pyeatt, SPU, 42-7 (12.98). **Men:** Pole Vault - 6. Josh Fishburne, NNU, 14-6 (4.42).

NAIA National Indoors (Feb. 27-Mar. 2 at Johnson, City, TN): Men - 39. Northwest Nazarene 8. **Thursday:** Steeplechase - Heat, 8. Zach Dwello, NNU, 9:29.71. 10,000 - 10. Brice Roncace, NNU, 32:06.62; 25. Carlos Siqueiros, SU, 34:13.37. **Friday:** 5000 - Heat 1, 2. Caleb Tubei, NNU, 15:13.64 (advances); 9. Ben Wornell, NNU, 15:30. **Saturday:** 5000 - 7. Caleb Tubei, NNU, 14:59.17. Javelin - 3. James Thomas Jr., NNU, 64.69 - 212-3. **Women** - No GNAC team scored. **Thursday:** No competitors. **Friday:** 3000 - 10. Ann-Marie Wiggins, NNU, 10:37.36; 11. Kelly Fullerton, SU, 10:45.67. Pole Vault - 11. Theresa Mangalas, SU, 10-11 3/4; 14. Aubrey Metzger, NNU, 10-6; Alina Lunsford, NNU, no height. Discus - 25. Kristi Lund, NNU, 112-8. **Saturday:** No competitors.

UW Last Chance (Mar. 2 at Seattle): Men: 60 - 2. Mike Hinshaw 6.79 (6.78 in prelims). Distance Medley - 1. Seattle Pacific 10:15.86. **Women:** Long Jump - 2. Stephanie Huffman, SPU, 17-3. Pole Vault - 6. Allyson Studer, SPU, 11-9 3/4. 60 Hurdles - 5. Stephanie Huffman, SPU, 9.36. 5000 - 7. Amy Forrey, CWU, 18:39.19. 400 - 6. Amanda McClary, SPU, 59.41. 800 - 8. Rachel Ross, SPU, 2:17.42.

NCAA Division II Indoor (Mar. 8-9 at Boston, Mass.): Men - 38. Western Oregon 1. **Individual:** 60 - 8. Mike Hinshaw, WOU, 6.85 (6.89). **Women** - 37. Seattle Pacific 1. **Individuals:** Shot Put - 8. Dionna Anderson, SPU, 13.54 - 44-5 1/4.

2003

UW Preview (Jan. 18 at Seattle): Men (Top 3): Triple Jump - 2. Justin Lawrence, CWU, 47-4 1/4. Long Jump - 3. Justin Lawrence, CWU, 21-4 1/4. **Women (Top 3):** Mile - 3. Alicen Maier, CWU, 5:03.16. 60 Hurdles -

Jennifer Pyeatt, SPU, 9.29. High Jump – 3. Monica Smith, WOU, 5-5. Weight Throw – 2. Jennifer Dunkin, WOU, 52-8 ¼; 3. Kristin Hepler, WOU, 49-3 ¾. Pole Vault – 1. Ally Studer, SPU, 11-11 ¾.

Western Indoor Classic (Jan. 25 at Nampa): Men (Top 8): 400 - 8. Scott Van Hess, SPU, 52.35. 800 – 5. Paul Mach, SPU, 1:57.32. Mile – 3. Nathanael Castle, SPU, 4:17.11. 4x400 – 5. Seattle Pacific 3:27.29. Distance Medley – 3. Seattle Pacific 10:46.88. Pole Vault – 8. Anthony Gould, NNU, 13-0 ¼. **Women (Top 8)** 800 – 3. Sarah Kraybill, SPU, 2:14.58; 8. Laura Widman, SPU, 2:25.00. Pole Vault – 8. Allyson Studer, SPU, 11-6 ¼. Triple Jump – 7. Lacey Rasmussen, NNU, 34-1 ½.

WSU Cougar Indoor (Feb. 1 at Pullman): Men (Top 4): Triple Jump – 4. Justin Lawrence, CWU, 45-10. **Women (Top 4):** Mile – 1. Alicen Maier, CWU, 5:03.11. 3000 – 1. Tiffany Picinich, CWU, 10:50.08. 4x400 – 3. Central Washington 4:12.88. Triple Jump – 4. Lea Tiger, CWU, 34-9.

UW Invitational (Feb 1 at Seattle): Men: 400 – 10. Isaac Frederick, WOU, 49.48. 4x400 – 9. Western Washington 3:21.09. Pole Vault – 7. Spike Olsen, WOU, 14-11; 8. Josh Cummings, WOU, 14-11. **Women (Top 10):** 5000 – 8. Ellie Enos, WOU, 19:06.59. High Jump – 3. Monica Smith, WOU, 5-6. Pole Vault – 6. Ally Studer, SPU, 12-1 ½. Long Jump – 9. Danielle Ayers-Stamper, SPU, 17-5 ¼. Triple Jump – 8. Shellet Comstock, WOU, 35-9 ½.

Boise State Invitational (Feb. 1 at Nampa): Women: Pole Vault – 9. Aubrey Metzger, NNU, 10-2.

United Heritage Invite (Feb. 8 at Nampa): Men (Top 6): 800 – 2. Nathanael Castle, SPU, 1:53.37; 5. Paul Mach, SPU, 1:54.34. Mile – 3. Nathanael Castle, SPU, 4:16.79. 5000 – 5. Brice Roncace, NNU, 16:23.98. High Jump – 5. Chris Randolph, SPU, 6-4 ¾. **Women:** 60 – Kelsey Gleason, SPU, 8.35. 800 – 1. Sarah Kraybill, SPU, 2:16.86. 4x400 – Seattle Pacific 4:08.03. High Jump – 6. Dianna Grossglass, SPU, 5-3. Long Jump – 5. Danielle Ayers-Stamper, SPU, 17-5 ½.

UI Vandal Indoor (Feb. 14-15 at Moscow): Men (Top 6): Friday, Pole Vault – 5. Scott Alexander, CWU, 15-1. Triple Jump – 5. Justin Lawrence, CWU, 46-11 ¾. **Saturday,** 800 – 4. Jason Bush, CWU, 1:58.48. **Women (Top 6): Friday,** 60 – 5. Racheal Tynan, CWU, 8.35. 800 – 6. Lindy Mullen, CWU, 2:19.61. Mile – 1. Alicen Maier, CWU, 4:58.14. **Saturday,** 5000 – 2. Alicen Maier, CWU, 18:16.7; 3. Stephanie Stine, CWU, 19:38.0; 4. Erika Olsen, CWU, 20:14.9. 60 Hurdles – 6. Ashley Rountree, CWU, 9.63.

Husky Indoor (Feb. 15 at Seattle): Men (Top 8): 5000 – 8. Spencer Walsh, WOU, 15:27.83. 60 Meter Hurdles – 4. Damien Davis, WOU, 8.38 (8.37 in prelims); 6. Nate Anderson, WOU, 8.64. Long Jump – 3. Cole Parmalee, WOU, 22-3; 7. Brad Satran, WOU, 21-5 ½. High Jump – 8. Cole Parmalee, WOU, 6-3 ½. Pole Vault – 8. Josh Cummings, WOU, 14-5 ¼. Shot Put – 4. Kevin Johnson, WOU, 46-9 ½. 35-lb. Weight – 7. Pro Escobedo, WOU, 52-4. 4x400 – 8. Seattle Pacific 3:21.25. **Women (Top 8):** 800 – 8. Sarah Kraybill, SPU, 2:09.61. High Jump – 5. Danielle Ayers-Stamper, SPU, 5-6 ½. Triple Jump – 7. Shelley Comstock, WOU, 36-8 ¼. Pole Vault – 3. Amy Harris, SPU, 10-10; 5. Allison Hedges, SPU, 10-2. 20 Pound Weight – 1. Jennifer Dunkin, WOU, 53-11 ¼; 3. Kristin Hepler, WOU, 51-8 ¼. 4x400 Relay – 4. SPU (Kraybill, Laura Widman, Dianna Grossglass, Kelsey Gleason) 4:01.90; 7. Western Oregon 4:15.65.

Nevada Reno Indoor (Feb. 22 at Reno): Men – Western Oregon (2nd, 87). **Individuals (Top 5):** 55 – 4. Mike Hinshaw, WOU, 6.55. 200 – 5. Antar Brame, WOU, 24.21. 400 - 1. James Newton, WOU, 50.53. 3000 – 1. Ethan Barrons, WOU, 9:11.25; 2. Matt Barreau, WOU, 9:40.72. 55 Hurdles – 3. Damien Davis, WOU, 7.81. Pole Vault – 5. Spike Olson, WOU, 15-7. High Jump – 3. Cole Parmalee, WOU, 6-4 ¾; 4. Mike Bonadurer, WOU, 6-4 ¾. **Women –** Western Oregon (3rd, 59 ½). **Individuals (Top 5):** 3000 – 1. Amber Braugher, WOU, 11:43.49; 2. Stephanie Upshaw, WOU, 11:52.64. High Jump – 1. Monica Smith, WOU, 5-5 ¼. Long Jump – 5. Shelley Comstock, WOU, 19-0 ¾. Triple Jump – 2. Shelley Comstock, WOU, 37-4 ¼. Shot Put – 5. Dorothy Kerr, WOU, 42-1.

UW Last-Chance Indoor (Mar. 8 at Seattle): Men: 800 – 13. Andy Prentice, SMU, 1:54.49; 15. Nathan Carlson, SMU, 1:55.65. **Women:** Pole Vault – 7. Ally Studer, SPU, 11-10. High Jump – 5. Danielle Ayers-Stamper, SPU, 5-5.

Bronco Indoor Qualifier (Mar. 8 at Nampa): Men (Top 3): 400 – 2. David Olsen, NNU, 52.95; 3. Brandon Hill, NNU, 53.15. 800 – 2. Zach Dwello, NNU, 1:58.32; 3. Tyler Layne, NNU, 2:00.02. 5,000 – 1. Brice Roncace, NNU, 16:24.82; 2. Andy Peters, NNU, 17:29.42. High Jump – 2. Sean Doughty, NNU, 6-2 ¾. **Women (Top 3):** 400 – 3. Bekah Bowman, NNU, 1:03.43. 3000 – 1. Jessica Higgins, NNU, 12:11.21; 2. Mindy Meier, NNU, 12:22.99; 3. Kristin Lane, NNU, 12:31.29. 4x400 – 1. Northwest Nazarene 4:49.62. Long Jump – 3. Amy Klein, NNU, 14-0.

NCAA Indoor (Mar. 14-15 at Boston, Mass.): Men: No participants. **Women –** 17. Seattle Pacific 9 ½; 26. Central Washington 6. **Individuals:** Mile – 3. Alicen Maier, CWU, 4:49.85 (4:55.05). Pole Vault – 4. Ally Studer, SPU, 3.65 (11-11 ¾). 800 – 4. Sarah Kraybill, SPU, 2:09.53 (2:10.22). High Jump – 13. Danielle Ayers-Stamper, SPU, 1.62 (5-3 ¾).

2004

Boise State Invitational (Dec. 6 at Nampa): Men: 4x800 Relay - Northwest Nazarene 8:01.15. **Women -** None (Pole Vault - 3. Alina Lunsford, NNU, 2.75; High Jump - 3. Emily Peterson, NNU, 1.60).

Husky Indoor Preview (Jan. 17 at Seattle): Men: None (60 Hurdles - 4. Sam Hobbs, WOU, 8.52). **Women -** None (400 - 5. Toni Adair, WOU, 59.78; High Jump - 5. Monica Smith, WOU, 5-3).

Eastern Washington Invitational (Jan. 17 at Cheney): Men: Triple Jump - Justin Lawrence, CWU, 47-1. **Women:** 55 Hurdles - Ashley Rountree, CWU, 8.76; 4x400 Relay - Central Washington 4:26.76.

Bandanna Invitational at Nampa (Jan. 17 at Nampa): Men: 3000 - Andy Peters, NNU, 9:30.61. **Women -** None (High Jump - 5. Emily Peterson, NNU, 5-1 ¾).

UW Indoor Open #1 (Jan. 17-18 at Seattle): Men: Mile - Andy Prentice, SMC, 4:21.14; 800 - Paul Mach, SPU, 1:52.67; 60 Hurdles - Dustin Wilson, WWU, 8.57. **Women:** 3000 - Alana Garcia, SU, 10:41.75. Pole Vault - Allison Hedges, SPU, 5-3.

Western Indoor Classic (Jan. 24 at Nampa): Men - None (Mile - 4. Tyler Layne, NNU, 4:41.04; 4x400 - 4. Northwest Nazarene 3:24.64). **Women -** None (High Jump - 6. Ashley Rickels, NNU, 5-1).

Washington State Open (Jan. 24 at Pullman): Men: Mile - Nathan Carlson, SMC, 4:19.24. **Women -** None (200 - 3. Terran Legard, CWU, 26.65; 400 - 3. Terran Legard, CWU, 59.12).

Husky Indoor Invitational (Jan. 31 at Seattle): Men - None (High Jump - 2. Chris Randolph, SPU, 6-6 ¾). **Women -** None (Weight Throw - 5. Kristin Hepler, WOU, 54-3 ¾).

Bodybuilding.com Invitational (Jan. 31 at Nampa): Women - None (Pole Vault - 8. Aubrey Metzger, NNU, 10-6).

UW Indoor Open #2 (Feb. 1 at Seattle): Men: Mile - Steve Manos, SU, 4:25.11. 4x400 - Western Washington 3:27.41. Long Jump - Chris Randolph, SPU, 22-5. **Women:** 4x400 Relay - Seattle Pacific 4:02.20. Pole Vault - Ally Studer, SPU, 11-9 ¾; 20-lb. Weight - Kristin Hepler, WOU, 53-3 ¼.

United Heritage Invitational (Feb. 7 at Nampa): Men: None (800 - 5. Paul Mach, SPU, 1:52.82; 3000 - 5. Jake Hotchkiss, NNU, 9:19.97). **Women:** None (Pole Vault - 9. Audrey Metzger, NNU, 10-11 ¾).

McDonald's Collegiate Indoor (Feb. 7 at Moscow): Men: None (200 - 6. Adam Neff, WWU, 22.82). **Women:** None (Weight Throw - 7. Christin McDowell, CWU, 41-4 ¾).

Bandana Relay Series #3 (Feb. 13 at Nampa): Men: Mile - Tyler Lane, NNU, 4:32.67. Pole Vault - Anthony Gould, NNU, 14-0. **Women:** High Jump - Emily Peterson, NNU, 5-3. Pole Vault - Aubrey Metzger, NNU, 11-6 ½.

Bronco Pentathlon (Feb. 13 at Nampa): Women: None (5. Ashley Rickels, NNU, 3046).

Bronco Multi-Team Dual (Feb. 14 at Nampa): Men: None (Pole Vault - 5. Anthony Gould, NNU, 14-7 ½; 800 - 5. Ryan Meier 1:57.65). **Women:** None (Pole Vault - 11. Aubrey Metzger, NNU, 10-8 ¼).

Pac10 Invite (Feb. 14 at Seattle): Men: None (5000 - 21. Steve DeKoker, WWU, 15:05.63). **Women:** None (High Jump - 9. Monica Smith, WOU, 5-3 ¾).

UW Indoor #3 (Feb. 15 at Seattle): Men: 200 - Isaac Frederick, WOU, 22.09; Triple Jump - Justin Lawrence, CWU, 47-8 ¾. **Women:** None (400 - 2. Terran Legard, CWU, 57.28; 20-lb Weight - 2. Kristin Hepler, WOU, 55-4¾).

GNAC Championships (Feb. 21 at Nampa): Men - Western Oregon 164, Western Washington 126, Central Washington 107, Northwest Nazarene 71, Seattle Pacific 56, Saint Martin's 37, Seattle 14. **Coach-of-the-Year** - Mike Johnson, Western Oregon. **Outstanding Performer** - Isaac Frederick, Western Oregon. **Women** - Seattle Pacific 160, Western Oregon 136 1/2, Central Washington 124, Northwest Nazarene 66, Western Washington 54 1/2, Seattle 28, Saint Martin's 6. **Coach-of-the-Year** - Jack Hoyt, Seattle Pacific. **Outstanding Performer** - Terran Legard, Central Washington.

MPSF Championships (Feb. 26 at Seattle): Women: Pole Vault (Section B) - Ally Studer, SPU, 12-4.

UW Last Chance Indoor (Mar. 6 at Seattle): Men: Mile - 9. Nathan Carlson, SMC, 4:12.71.

NCAA National Indoors (Mar. 12-13 at Boston, Mass.): Men - Individual: 800 - 9. Paul Mach, SPU, 1:53.23 (1:53.40 in prelims); 11. Andy Prentice, SMC, 1:54.04. Triple Jump - 11. Justin Lawrence, CWU, 14.07 - 46-2. **Women** - 17. Western Oregon 8; 32. Western Washington 4. **Individual:** 800 - 11. Jennifer Marsh, SPU, 2:14.30. Pole Vault - 5. Danielle Juarez, WWU, 3.66 - 12-0; 11. Ally Studer, SPU, 3.45 - 11-3 3/4. Weight Throw - 2. Kristin Hepler, WOU, 17.74 - 58-2 1/2.

2005

Domino's Pizza Open (Jan. 15 at Nampa): Women (Top 3): 200 - 1. Terran Legard, CWU, 26.52. 800 - 2. Melanie Nisley, NNU, 2:22.41. Mile - 3. Melanie Nisley, NNU, 5:16.57. 3000 - 2. Mandi Johnson, NNU, 11:41.59; 3. Rebecca Mishler, NNU, 12:14.38. Triple Jump - 2. Amanda Merrell, NNU, 36-0 1/4. 4x400 - 2. Northwest Nazarene 4:22.61. **Men (Top 3):** 60 - 3. Fabien Coutard, CWU, 7.29. 200 - 2. Cresap Watson, CWU, 22.75; 3. Fabien Coutard, CWU, 22.89. Mile - 2. Lincoln Hagood, NNU, 4:35.22. 3000 - 3. Jake Hotchkiss, NNU, 9:32.72. High Jump - 2. Lars Teigen, CWU, and Cresap Watson, CWU, 6-0 3/4. Long Jump - 2. Greg Hamm, NNU, 21-9 1/2. Triple Jump - 1. Greg Hamm, NNU, 46-8 3/4.

Husky Indoor Preview (Jan. 15 at Seattle): Women (Top 3): 5000 - 1. Karen Dickson, SPU, 17:20.73; 3. Alana Garcia, SU, 18:34.60. 4x400 - 2. Seattle Pacific 4:05.76. High Jump - 2. Danielle Ayers-Stamper, SPU, 5-3 ¾. **Men (Top 3):** 200 - Ryan Jewell, SPU, 23.37. 800 - 3. Nathan Carlson, SMC, 1:54.10. 60 Hurdles - 3. Lee Clarkson, WOU, 8.91. Triple Jump - 2. Jeremy Parker, WOU, 43-10.

EWU Jerry Martin Open (Jan. 15 at Cheney): Women (Top 4): High Jump - 4. Tiffany Quilter, CWU, 4-10 ½. Shot - 4. Krissy Tandle, CWU, 40-2. **Men (Top 3):** High Jump - 3. Gunner Argo, CWU, 6-0. Shot Put - 1. Cameron Neel, CWU, 51-11.

Husky Open #1 (Jan. 16 at Seattle): Women (Top 3): Distance Medley - 1. Saint Martin's 14:02.03. Pole Vault - 2. Andrea Kreft, WWU, 10-11 ¾; 3. Kelly Perez, WWU, 10-0. Shot - 2. Tammy Carlson, WWU, 38-1 ¾. Weight Throw - 3. Jennifer Urrutia, SPU, 41-11 ½. **Men (Top 3):** Mile - 3. Andy Prentice, SMC, 4:22.03. 60 Hurdles - 2. Josh Freeman, WWU, 8.73. Distance Medley - 1. Saint Martin's 10:24.01. High Jump - 2. Peter Geist, WWU, 6-5 ¾. Pole Vault - 1. Hunter Verner, WWU, 15-7; 2. Tyler Thornbrue, WWU, 14-5.

WSU Open (Jan. 22 at Pullman): Men (Top 3): 200 - 1. Cresap Watson, CWU, 22.78. High Jump - 2. Cresap Watson, CWU, 6-6 ¾; 3. Lars Teigen, CWU, 6-2 ¾. Pole Vault - 2. Gunner Argo, CWU, 13-5 ¼. **Women (Top 3):**

Mile - 3. Lindy Mullen, CWU, 5:27.28. 3000 - 2. Brandy Anderson, CWU, 10:55.70. Pole Vault - 3. Haley Amos, CWU, 10-0.

Hampton Inn Suites Classic (Jan. 22 at Boise): Men (Top 4): Long Jump - 4. Greg Hamm, NNU, 21-6. **Women (Top 4):** High Jump - 4. Emily Peterson, NNU, 5-3.

Athletics.com/Multi-Events (Jan. 29-30 at Nampa): Heptathlon - 2. Chris Randolph, SPU, 5141. Triple Jump - 5. Greg Hamm, NNU, 46-4. **Pentathlon** - 1. Danielle Ayers-Stamper, SPU, 4007; 800 - 4. Melanie Nisley, NNU, 2:20.61.

Husky Invitational (Jan. 29-30 at Seattle): Men: Heptathlon - 8. Gunner Argo, CWU, 4280. **Women:** 400 - 5. Terran Legard, CWU, 56.74. 5000 - 6. Karen Dickson, SPU, 16:46.34.

Husky Open #2 (Jan. 31 at Seattle): Men: 800 - 1. Andy Prentice, SMC, 1:54.91. Mile - Ethan Barrons, WOU, 4:20.42. **Women:** 400 - 1. Kinyatta Leonhardt, SPU, 58.99. High Jump - 1. Monica Smith, WOU, 5-4 ¾. Long Jump - Katy Kociemba, WOU, 17-10 ¾.

United Heritage Invitational (Feb. 4-5 at Nampa): Men (Top 6): Pole Vault - 5. Lewis Preston, NNU, 15-1. Triple Jump - 6. Greg Hamm, NNU, 45-0 1/2. **Women (Top 6):** Mile - 6. Melanie Nisley, NNU, 5:15.50.

UI McDonald's Invitational (Feb. 5 at Moscow): Men (Top 3): 60 - 3. Faruk Punjani, SU, 7.36. Shot Put - 1. Cameron Neel, CWU, 53-8 1/2. **Women (Top 3):** 200 - 3. Terran Legard, CWU, 25.69. 400 - 1. Terran Legard, CWU, 56.75. 3000 - 2. Alana Garcia, SU, 11:00.49. High Jump - 2. Liz Ryan, CWU, 5-1; 3. Tiffany Fackrell-Quilter, CWU, 5-1. Pole Vault - 2. Haley Amos, CWU, 9-6 1/4.

Holiday Inn Invitational at Nampa (Feb. 11-12 at Nampa): Men (Top 10): Pole Vault - 8. Preston Lewis, NNU, 15-1. **Women (Top 10):** Distance Medley - 4. Northwest Nazarene 12:30.85.

The Husky Classic (Feb. 11-12 at Seattle): Men (Top 10): Shot Put - 9. Cameron Neel, CWU, 51-8 ½. Distance Medley - 4. Central Washington 10:46.14. **Women (Top 10):** 400 - 2. Terran Legard, CWU, 56.54. 60 Hurdles - 10. Danielle Ayers-Stamper, SPU, 8.84. High Jump - 4. Danielle Ayers-Stamper, SPU, 5-9 3/4. Distance Medley - 3. Central Washington 12:30.17; 4. Saint Martin's 13:27.18.

Husky Open #3 (Feb. 13 at Seattle): Men (Top 3): 800 - 3. Mike Pankiewicz, CWU, 1:56.97. 60 Hurdles - 1. Alex Clark, CWU, 8.37; 2. Sam Hobbs, WOU, 8.47; 3. Chris Randolph, SPU, 8.50. 4x400 - 1. Western Oregon 3:29.97. High Jump - 2. Brandon Myers, WWU; Cameron Bailey, CWU, and Peter Geist, WWU, 6-2. Pole Vault - 1. Tyler Thornbrue, WWU, 15-3. Long Jump - 3. Kyle McGillen, WWU, 21-9 1/4. Triple Jump - 2. Blake Herrington, WOU, 45-1 1/4. Shot Put - 2. Blake Walker, CWU, 47-8 3/4. **Women (Top 3):** 200 - 3. Monica Smith, WOU, 26.06. Mile - 2. Karen Dickson, SPU, 5:03.25. 4x400 - 1. Western Oregon 4:05.00. High Jump - 3. Monica Smith, WOU, 5-3 ¾.

GNAC (Feb. 19 at Nampa): Men - Western Washington 141, Western Oregon 135, Central Washington 114, Seattle Pacific 87, Northwest Nazarene 54, Saint Martin's 40, Seattle 10. **Outstanding Performer** - Chris Randolph, Seattle Pacific. **Coach-of-the-Year** - Women - Seattle Pacific 188, Central Washington 137 1/2, Western Oregon 118, Northwest Nazarene 65, Western Washington 39.5, Saint Martin's 20, Seattle 15. **Outstanding Performer** - Danielle Ayers-Stamper, Seattle Pacific. **Coach-of-the-Year** - Jack Hoyt, Seattle Pacific.

SPU Last Chance (Feb. 26 at Seattle): Men: 60 - Ryan Jewell, SPU, 7.22. 200 - Faruk Punjani, SU, 22.90. 800 - Andy Prentice, SMC, 1:52.62. 60 Hurdles - Jason Childress, SPU, 9.26. Distance Medley - Seattle Pacific 10:17.75. High Jump - Cresap Watson, CWU, 6-5. Long Jump - Chris Randolph, SPU, 21-7. Triple Jump - Greg Hamm, NNU, 45-11. Shot Put - Cameron Neel, CWU, 52-6 1/2. Pole Vault - Tyler Thornbrue, WWU, 16-1. **Women:** 60 - Kristen Janney, SPU, 8.29. 200 - Danielle Ayers-Stamper, SPU, 26.37. 400 - Terran Legard, CWU, 56.30. 60 Hurdles - Danielle Ayers-Stamper, SPU, 8.73. Distance Medley - Seattle Pacific 11:55.21. High Jump - Emily Peterson, NNU, 5-4 1/2. Long Jump - Danielle Ayers-Stamper, SPU,

19-1 1/2. Pole Vault - Allison Hedges, SPU, and Amy Harris, SPU, 11-8. Shot Put - Krissy Tandle, CWU, 40-7 3/4. Weight Throw - Heather Yergen, CWU, 48-0 1/4.

NCAA Indoor (Mar. 11-12 at Boston): Men - 38. Saint Martin's 1. **Individuals:** 800 - 8. Andy Prentice, SMC, 1:53.09 (1:52.99). Mile - 14. Nathan Carlson, SMC, 4:16.12. Shot Put - 12. Cameron Neel, CWU, 15.91 - 52-2 1/2. Pole Vault - 12. Hunter Verner, WWU, 15-3 3/4; 13. Tyler Thornbrue, WWU, 15-3 3/4. **Women** - 8. Seattle Pacific 25, 29. Central Washington 5. **Individuals:** 400 - 4. Terran Legard, CWU, 55.54 (55.87). 5000 - 2. Karen Dickson, SPU, 16:34.72. 60 Hurdles - 9. Danielle Ayers-Stamper, SPU, 8.88 (8.68). Long Jump - 4. Danielle Ayers-Stamper, SPU, 5.93 - 19-5 1/2. Pole Vault - 11. Amy Harris, SPU, 3.60 - 11-9 3/4; 13. Allie Hedges, SPU, 3.45 - 11-3 3/4. High Jump - 1. Danielle Ayers-Stamper, SPU, 5-8. Distance Medley Relay - 7. Seattle Pacific (Karin Rohde, Kinyatta Leonhardt, Josie Lavin, Karen Dickson) 11:47.46.

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Dominoes #2 (Jan. 14 at Nampa): Men (Top 3): 400 - 2. Brandon Hill, NNU, 53.22. 3000 - 2. Tim Keller, NNU, 9:54.22. 4x400 - 2. Northwest Nazarene 3:33.95. Pole Vault - 1. Preston Lewis, NNU, 14-3 1/4. Triple Jump - 1. Greg Hamm, NNU, 45-10 1/2. Shot Put - 2. Andrew Evans, NNU, 34-7 1/2. **Women (Top 3):** 200 - 3. Kim Berberick, NNU, 27.62. 400 - 3. Lynelle Thompson, NNU, 1:05.02. 3000 - 2. Lindsey Graham, NNU, 12:19.59; 3. Christy Wynkoop, NNU, 12:38.79. 60 Hurdles - 3. Amanda Merrell, NNU, 10.11. High Jump - 1. Ashley Wornell, NNU, 5-3. Pole Vault - 2. Kristi Metzger, NNU, 10-4. Long Jump - 3. Amanda Merrell, NNU, 15-4 1/2. Shot Put - 1. Amy Carroll, NNU, 35-4 1/2; 2. Jocelyn Judd, NNU, 34-8 1/2; 3. Hannah Bowman, NNU, 31-11 1/2. Weight Throw - 3. Hannah Bowman, NNU, 42-3 1/2.

EWU Jerry Martin Invitational (Jan. 14 at Cheney): Men (Top 6): High Jump - 2. Cam Bailey, CWU, 6-4. Pole Vault - 6. Scott McCoy, CWU, 13-5 1/4. Long Jump - 3. Nick Collins, CWU, 42-6. Shot Put - 2. Cameron Neel, CWU, 54-8 3/4; 5. Mat Valdez, CWU, 46-2 1/2. **Women (Top 6):** Shot Put - 4. Krissy Tandle, CWU, 41-2 1/2. Weight Throw - 3. Krissy Tandle, CWU, 50-3 1/2.

UW Preview (Jan. 14 at Seattle): Men (Top 6): 60 Hurdles - 4. Lee Clarkson, WOU, 8.67. Long Jump - 4. Chris Randolph, SPU, 22-4 1/2. Triple Jump - 3. Blake Herrington, WOU, 45-9; 4. Jeremy Parker, WOU, 45-7 3/4. Shot Put - 3. Carlos Aguilar, WOU, 49-5. Weight Throw - 3. Anthony Martin, WOU, 49-9 1/4; 5. Carlos Aguilar, WOU, 49-7. **Women (Top 6):** Mile - 4. Karin Rohde, SPU, 5:04.63. 600 - 4. Sarah Howell, WOU, 1:46.65. High Jump - 5. Sharon Bjella, SPU, 5-3. Long Jump - Jacqueline Postlewait, WOU, 16-10. Triple Jump - 6. Nini Callan, WOU, 34-10 1/4. Shot Put - 6. Nini Callan, WOU, 38-2 1/4.

UW Open #1 (Jan. 15 at Seattle): Men (Top 6): 60 - 4. Dustin Wilson, WWU, 7.27. 800 - 2. Andy Prentice, SMU, 1:54.60. 3000 - 2. John Riak, SMU, 8:35.36. 60 Hurdles - 1. Dustin Wilson, WWU, 8.57. 4x400 - 2. Western Washington (Wilson, John Lee, Jeremy Jasman, Kevin Iverson) 3:37.02. High Jump - 5. Bryan Lucke, WWU, 5-8. Pole Vault - 1. Tyler Thornbrue, WWU, 14-11; 2. Andrew Behl, WWU, 13-11 1/4; 4. Robbie Lowry, WWU, 12-11 1/2; 5. Bryan Lucke, WWU, 12-11 1/2. Long Jump - 6. Paul Danforth, WWU, 20-2 1/2. Shot Put - 6. Adam Paczkowski, SMU, 30-11 1/4. **Women (Top 6):** 60 - 5. Gail Butler, WWU, 8.14; 6. Chelsi Clausen, SMU, 8.18. 1000 - 6. Jessica Pendon, SMU, 3:08.88. 3000 - 3. Brandy Anderson, CWU, 10:39.09; 4. Ann McCanick, SMU, 10:43.62; 5. Marcie Mullen, CWU, 10:51.00; 5. Janelle Probst, SMU, 11:01.85. Pole Vault - 1. Andrea Roberts, WWU, 11-8 1/2; 2. Kristen Holt, WWU, 11-2 1/2; 4. Cara Dockins, WWU, 9-9.

Dominoes #3 (Jan. 20 at Nampa): Men (Top 6): 200 - 3. Brandon Hill, NNU, 24.40; 4. Brian Gould, NNU, 24.42. 400 - 2. Brandon Hill, NNU, 54.01; 6. Robert Carlson, NNU, 58.31. Shot Put - 4. Andrew Evans, NNU, 34-4 3/4; 5. Robert Poe, NNU, 34-0 1/4; 6. Sean McCarthy, NNU, 28-1. **Women (Top 6):** 800 - 2. Megan Johnson, NNU, 2:33.71. Long Jump - 2. Ashley Wornell, NNU, 16-9. Shot Put - 2. Amanda Merrell, NNU, 33-11; 3. Erika Remple, NNU, 32-8; 4. Marci Roth, NNU, 31-8 1/2; 5. Hannah Bowman, NNU, 31-5 1/2; 6. Ashley Wornell, NNU, 29-2.

WSU Open (Jan. 21 at Pullman): Men (Top 6): 200 - 5. Cresap Watson, CWU, 23.53; 6. Matt Rogstad, CWU, 23.80. 400 - 3. Charles Velasquez, CWU, 51.72. 60 Hurdles - 2. Robert Edwards, CWU, 8.46. High Jump - 2. Cresap Watson, CWU, 6-4 3/4; 4. Cameron Bailey, CWU, 6-2 3/4. Long Jump - 5. Nick Collins, CWU, 20-9 1/4. Shot Put - 3. Cameron Neel, CWU, 53-10 1/4. **Women (Top 6):** 200 - 3. Kara Nygard, CWU, 27.28; 4. Amanda Gius, CWU, 27.38; 5. Teresa Schlafer, CWU, 27.68. Mile - 2. Lindy Mullen, CWU, 5:24.51; 5. Brandy Anderson, CWU, 5:27.08; 6. Marcie Mullen, CWU, 5:27.74. 800 - 5. Nicole Cullop, CWU, 2:38.75. 3000 - 1. Katie Hummel, CWU, 10:16.86; 4. Amber Green, CWU, 11:40.21; 5. Emily Uhlig, CWU, 12:02.62. Triple Jump - 6. Anjuli Spear, CWU, 32-7 3/4. Shot Put - 5. Krissy Tandle, CWU, 40-5; 6. Rebecca Lindquist, CWU, 39-5. Weight Throw - 3. Krissy Tandle, CWU, 46-11 1/2.

Hampton Inn Invitational (Jan. 21 at Nampa): Men (Top 6): 200 - 5. Casey Hartwig, NNU, 23.42. 400 - 5. Eddie Wheeler, NNU, 50.92. 3000 - 4. Andy Peters, NNU, 9:13.27; 6. Jake Perry, NNU, 9:18.73. Pole Vault - 2. Brian Gould, NNU, 14-5 1/4. **Women (Top 6):** 60 Hurdles - 6. Amanda Merrell, NNU, 9.66. 4x100 - 5. Northwest Nazarene 4:10.89. Shot Put - 5. Amy Carroll, NNU, 37-7 3/4.

UW Indoor Invitational (Jan. 27-28 at Seattle): Men (Top 10): Pole Vault - 6. Scott Romney, UW, 15-1. Shot Put - 1. Carlos Aguilar, WOU, 52-2 1/2. Heptathlon - 1. Chris Randolph, SPU, 5508. **Women (Top 10):** Pentathlon - 10. Kelsey Cooley, SPU, 3420.

Athletes.com Invitational (Jan. 27-28 at Nampa): Men (Top 3): Pole Vault - 2. Brian Gould, NNU, 14-7 1/4. Triple Jump - 3. Greg Hamm, NNU, 45-2 1/4. **Women (Top 3):** High Jump - 2. Emily Peterson, NNU, 5-4 1/2; 3. Ashley Wornell, NNU, 5-2 1/4. 60 - 3. Nikki Schutte, NNU, 8.26.

UW Indoor Open (Jan. 29 at Seattle): Men (Top 3): 60 Hurdles - 1. Dustin Wilson, WWU, 8.55. 400 - 2. Dallas Beaty, WOU, 50.43. Mile - 1. Brian Cronrath, SPU, 4:17.23; 3. Sam Brancheau, WWU, 4:18.24. 600 - 1. Eddie Strickler, SPU, 1:22.31. 5000 - 2. John Riak, SMU, 14:56.60; 3. Chad Portwood, WWU, 15:21.42. 4x400 - 1. Western Washington 3:28.00; 2. Saint Martin's 3:37.03; 3. Central Washington 3:37.09. High Jump - 1. Jeremy Parker, WOU, 6-4 3/4; 2. Jeff Word, WWU, 6-2 3/4; 3. Taylor Choyce, SU, 6-2 3/4. Pole Vault - 1. Scott Romney, WWU, 15-5; 2. Tyler Thornbrue, WWU, 14-11; 3. Andrew Behl, WWU, 14-5 1/4. Weight Throw - 2. Anthony Marin, WOU, 53-3 1/2; 3. Carlos Aguilar, WOU, 53-0 3/4. **Women (Top 3):** 400 - Teona Perkins, SPU, 58.85. 4x400 - 1. Central Washington 4:07.36; 2. Seattle Pacific 4:08.09. Pole Vault - 2. Amy Harris, SPU, 11-5 3/4; 3. Haley Amos, CWU, 11-3 3/4.

UI McDonald's Collegiate (Feb. 3-4 at Moscow): Men (Top 6): 3000 - 5. Jonathan Rank, CWU, 9:08.45. 60 Hurdles - 4. Robert Edwards, CWU, 8.44. High Jump - 2. Cresap Watson, CWU, 6-6; 6. Cameron Bailey, CWU, 6-4. Triple Jump - 4. Nick Collins, CWU, 41-3 3/4. Shot Put - 2. Cameron Neel, CWU, 55-10 1/4. Discus - 4. Cameron Neel, CWU, 159-3. Weight Throw - 6. Cameron Neel, CWU, 51-7. **Women (Top 6):** Mile - 3. Katie Hummel, CWU, 5:09.09. 3000 - 6. Amber Green, CWU, 11:41.17. 60 Hurdles - 6. Ashley Rountree, CWU, 9.50. Shot Put - 6. Krissy Tandle, CWU, 133-7.

United Heritage Invitational (Feb. 3-4 at Nampa): Men (Top 6): Mile - 5. Tyler Layne, NNU, 4:30.1. 3000 - 5. Jake Perry, NNU, 9:01.41. 4x400 - 4. Northwest Nazarene (Eddie Wheeler, Casey Hartwig, Greg Hamm, Brandon Hill) 3:24.00. **Women (Top 6):** 800 - 4. Ashley Puga, NNU, 2:17.81. 60 Hurdles - 4. Amanda Merrell, NNU, 9.59. 4x400 - 6. Northwest Nazarene (Ashley Wornell, Bekah Bowman, Kim Berberick, Ashley Puga) 4:05.61. Distance Medley - 5. Northwest Nazarene 13:33.38. High Jump - 3. Emily Peterson, NNU, 5-3. Long Jump - 6. Ashley Wornell, NNU, 17-3 1/4. Triple Jump - 3. Amanda Merrell, NNU, 35-11 1/2.

Holiday Inn Invitational (Feb. 10-11 at Nampa): Women (Top 6): 800 - 3. Ashley Puga, NNU, 2:26.40. 3000 - 2. Lindsey Graham, NNU, 11:22.70; 3. Holly Mishler, NNU, 11:24.29; 5. Christy Wynkoop, NNU, 11:53.14; 6. Jennifer Young, NNU, 12:01.25. High Jump - 5. Ashley Wornell, NNU, 5-2 1/4. Pole Vault - 5. Kristi Metzger, NNU, 11-3 3/4. **Men (Top 6):** 3000 - 5. Andy Peters, NNU, 8:54.43; 6. Jake Perry, NNU, 9:04.01. High Jump - 5. Tom Blain, NNU, 5-6. Pole Vault - 1. Preston Lewis, NNU, 14-7 1/4; 2. Brian Gould, NNU, 14-1 1/4; 4. Jerad Larson, NNU, 13-1 1/2.

UW Husky Classic (Feb. 11 at Seattle): Men (Top 10): Shot Put - 7. Cameron Neel, CWU, 55-3. Weight Throw - 8. Anthony Marin, WOU, 56-3 1/4; 10. Cameron Neel, CWU, 54-8 3/4. **Women (Top 10):** Distance Medley - 4. Central Washington 12:30.95.

UW Indoor Open #3 (Feb. 12 at Seattle): Men (Top 3): 400 - 2. Adam Neff, WWU, 49.95; 3. Dallas Beaty, WOU, 50.22. Mile - 2. Brian Cronrath, SPU, 4:14.41; 3. Robert Renninger, SU, 4:15.70. 60 Hurdles - 1. Robert Edwards, CWU, 8.47; 3. Lee Clarkson, WOU, 8.72. 4x400 - 2. Central Washington 3:30.86; 3. Central Washington 3:35.66. High Jump - 1. Cresap Watson, CWU, 6-9 3/4; 3. Brandon Myers, WWU, 6-4 3/4. Pole Vault - 3. Tyler Thornbrue, WWU, and Scott Romney, WWU, 15-5 1/2. Long Jump - 3. Josh Timmer, SMU, 21-9. Shot - 1. Cameron Neel, CWU, 54-2 1/2; 3. Carlos Aguilar, WOU, 49-7 3/4. **Women (Top 3):** 4x400 - 1. Central Washington 4:00.09. High Jump - 2. Teona Perkins, SPU, 5-5. Pole Vault - 2. Amy Harris, SPU, 12-1 1/4. Long Jump - 3. Bridget Johnson, WOU, 17-9.

GNAC Championships (Feb. 18 at Nampa): Men - Western Washington 151, Central Washington 134, Western Oregon 103, Seattle Pacific 63, Northwest Nazarene 59, Saint Martin's 41, Seattle University 30. **Outstanding Performer** - Andy Prentice, Saint Martin's. **Coach-of-the-Year** - PeeWee Halsell, Western Washington. **Women** - Seattle Pacific 154, Central Washington 134, Western Oregon 110, Northwest Nazarene 77, Western Washington 66, Saint Martin's 27, Seattle 8. **Outstanding Performer** - Krissy Tandle, Central Washington. **Coach-of-the-Year** - Kevin Adkisson, Central Washington.

D-II Last Chance Qualifier (Feb. 25 at Seattle): Men: 200 - Matt Rogstad, CWU, 22.90. 400 - Bryan Gerry, SMU, 53.47. 800 - Eddie Strickler, SPU, 1:53.54. Mile - Andy Prentice, SMU, 4:11.01. Pole Vault - Tyler Thornbrue, WWU, 16-1 3/4. Long Jump - Matt Rogstad, CWU, 21-6 1/4. Triple Jump - Tyrone Hattingh, SPU, 40-5 3/4. Shot Put - Cameron Neel, CWU, 56-2. Weight Throw - Cameron Neel, CWU, 53-9. **Women:** 200 - Anna Soule, SPU, 26.04. 400 - Terran Legard, SPU, 57.83. 800 - Teona Perkins, SPU, 2:13.11. Mile - Katie Hummel, CWU, 4:59.85. High Jump - Teona Perkins, SPU, 5-8. Long Jump - Linda Blake, SPU, 17-4 3/4. Shot Put - Krissy Tandle, CWU, 42-5. Weight Throw - Krissy Tandle, CWU, 48-4 3/4.

USA Indoor Combined (Mar. 4-5 at Chapel Hill, NC): Heptathlon - 5. Chris Randolph, SPU, 5452 (60 - 7.23; Long Jump - 21-10; High Jump - 6-5; Shot Put - 42-1 1/2; 1000 - 2:40.69; 60 Hurdles - 8.49; Pole Vault - 14-10).

NCAA Indoor Nationals (Mar. 10-11 at Boston): Men - 1. St. Augustine's 66 1/2; 24. Central Washington and Saint Martin's 6; 32. Western Washington 3. **Friday:** 800 - 9. Andy Prentice, SMU, 1:55.25 (advances to finals). Pole Vault - 4. Tyler Thornbrue, WWU, 4.73 - 15-6 1/4; Scott Romney, WWU, no height. **Saturday:** 800 - 3. Andy Prentice, SMU, 1:52.66. High Jump - 10. Cresap Watson, CWU, 2.01 - 6-7. Shot Put - 3. Cameron Neel, CWU, 17.09 - 56-1. **Women** - 1. Lincoln 87; 38. Seattle Pacific 3; 44. Northwest Nazarene 1/2. **Friday:** 800 - 14. Teona Perkins, SPU, 2:16.36 (did not advance). Mile - 12. Katie Hummel, CWU, 5:04.51 (did not advance); 13. Mary Moriarty, SPU, 5:07.79. High Jump - 6. Teona Perkins, SPU, 1.72 - 5-7 3/4; 8. Emily Peterson, NNU, 1.66 - 5-5 1/4. **Saturday:** Pole Vault - 10. Amy Harris, SPU, 3.65 - 11-11 3/4.

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UW Indoor Preview (Jan. 13 at Seattle): Men (Top 3): Pole Vault - 1. Bryan Lucke, WWU, 14-11; Long Jump - 2. Justin Felt, 21-2 3/4; Shot Put (Elite) - 1. Cameron Neel, CWU, 54-2 1/2. Shot Put - 1. Dincer Kayhan, WWU, 47-5 3/4. **Women (Top 3):** 200 - 3. Nyema Sims, SPU, 25.51; 400 - 2. Anna Walters, SPU, 1:00.19; 4x400 Relay - 3. Seattle Pacific 4:06.17; Distance Medley - 2. Seattle Pacific 11:56.66; High Jump - 3. Teona Perkins, SPU, 5-6; Pole Vault - 2. Monica Anderson, SPU, 11-0 1/4; Shot Put - 2. Krissy Tandle, CWU, 44-11,

WSU Indoor Open (Jan. 19-20 at Pullman): Men (Top 3): 800 - 2. John Riak, SMU, 1:58.51. Mile - John Riak, SMU, 4:25.85. 3000 - 1. Sam Scotcher, CWU, 8:59.47; 3. Jonathan Rank, CWU, 9:31.35. High Jump - 3. Cameron Bailey, CWU, 6-4 3/4. Shot Put - 2. Cameron Neel, CWU, 57-5 1/2. Weight Throw - 3. Evan Ruud, CWU, 60-0 1/2. **Women (Top 3):** 800 - 2. Sarah Benson, CWU, 2:26.14. 3000 - 1. Katie Hummel, CWU, 10:15.95; 3.

Amber Green, CWU, 11:49.44. Triple Jump - 2. Anjuli Spear, CWU, 33-8 1/2. Weight Throw - 1. Krissy Tandle, CWU, 48-8; 3. Becky Scherer, CWU, 45-5 1/4.

Hampton Inn Classic (Jan. 20 at Nampa): Men (Top 3): Mile - 1. Andy Peters, NNU, 4:26.72. 3000 - 1. Andy Peters, NNU, 9:02.32; 3. Kevin Lambert, NNU, 9:31.30. Triple Jump - 3. Greg Hamm, NNU, 46-6 3/4. **Women (Top 3):** Mile - 2. Ashley Puga, NNU, 2:15.90.

UW Invitational (Jan. 26-27 at Seattle): Men (Top 8): 200 - 8. Michael Dean, WWU, 22. 44. **Women (Top 8):** Shot Put - 7. Krissy Tandle, CWU, 45-3 3/4. Pole Vault - 8. Christy Miller, WWU, 11-0 7/8.

Bronco Indoor (Jan. 27 at Nampa): Men (Top 4): 60 Hurdles - 3. Grant Silver, NNU, 9.22. 400 - 4. Daryl Schie, CWU, 50.71. Mile - 2. Andy Peters, NNU, 4:23.24. 3000 - 3. Kevin Lambert, NNU, 9:23.00. High Jump - 3. Tom Blaine, NNU, 5-9 1/4; 4. Chris Covey, NNU, 5-7 1/4. Shot Put - 4. Zach Barclay, NNU, 46-0. Triple Jump - 4. Greg Hamm, NNU, 46-6. Heptathlon - 4. Josh Grewe, NNU, 4030. **Women (Top 4):** 800 - 1. Ashley Puga, NNU, 2:13.67. High Jump - 2. Emily Peterson, NNU, 5-4 1/4. Weight Throw - 3. Amy Carroll, NNU, 42-3 3/4. Pentathlon - 2. Ashley Wornell, NNU, 3139; 3. Amanda Merrell, NNU, 3095.

Portland Invitational (Feb. 2 at Portland): Men: 200 - Clint Hickey, WOU, 23.15; 800 - Mike Schmidt, WOU, 2:02.7. Weight Throw - Anthony Marin, WOU, 56-11 1/2. **Women:** 800 - Sarah Howell, WOU, 2:24.7; Mile - Stephanie Upshaw, WOU, 5:21.0; 3000 - Jessica Harper, WOU, 11:24.8; Weight Throw - Sabrina Freed, WOU, 46-8; High Jump - Taryn Plypick, WOU, 5-6.

UI McDonald's Invitational (Feb. 3 at Moscow): Men: Shot Put - Cameron Neel, CWU, 56-9 1/4. Weight Throw - Evan Ruud, CWU, 57-8 1/2. (High Jump - 2. Cameron Bailey, CWU, 6-6; 60 Hurdles - 2. Robert Edwards, CWU, 8.22). **Women** - None (Triple Jump - 2. Amanda Rose, CWU, 36-1 1/4; Shot Put - 2. Krissy Tandle, CWU, 45-0 1/4; Weight Throw - 2. Krissy Tandle, CWU, 52-4).

United Heritage Invitational (Feb. 2-3 at Nampa): Men: None. (3000 - 3. Andy Peters, NNU, 8:52.03). **Women:** 800 - Ashley Puga, 2:16.95. Mile - Ashley Puga, NNU, 4:56.48.

Bronco Team Invitational (Feb. 9-10 at Nampa): Friday: Women (Top 8): 400 - 2. Ashley Puga, NNU, 59.19. Long Jump - 6. Amanda Merrell, NNU, 17-4. **Men (Top 6):** 400 - 6. Mark Hanson, NNU, 52.02. Pole Vault - 6. Jerad Larson, 13-11 3/4. **Saturday: Women (Top 6):** 3000 - 1. Ashley Puga, NNU, 10:09.00. High Jump - 3. Emily Peterson, NNU, 5-4 3/4; 6. Ashley Wornell, NNU, 5-2 3/4. Triple Jump - 6. Amanda Merrell, NNU, 35-8. Shot Put - 6. Jocelyn Judd, NNU, 39-9 3/4. **Men (Top 6):** Mile - 4. Andy Peters, NNU, 4:23.10. 800 - 6. Josh Grewe, NNU, 1:59.98. 3000 - 6. Seth Clark, NNU, 9:09.63. High Jump - 4. Chris Covey, NNU, 5-11 1/4; 5. Tom Blain, NNU, 5-7 3/4. Shot Put - 4. Grant Miller, NNU, 46-10 3/4, 5. Zach Barclay, NNU, 45-6 1/2.

Husky Classic (Feb. 10 at Seattle): Men (Top 15 Finishes): 60 Hurdles - 13. Robert Edwards, CWU, 8.50. Pole Vault - 8. Tyler Thornbrue, WWU, 16-1 1/4. Shot Put - 8. Cameron Neel, CWU, 53-11 1/2. Weight Throw - 13. Evan Ruud, CWU, 47-10 1/2. **Women (Top 15 Finishes):** 60 - 8. Nyema Sims, SPU, 7.71. 200 - 8. Nyema Sims, SPU, 25.21. High Jump - 9. Teona Perkins, SPU, 5-4 1/2.

GNAC Championships (Feb. 19 at Nampa). Men - Central Washington 171 1/2, Western Washington 166, Western Oregon 80, Northwest Nazarene 77, Seattle Pacific 47, Seattle 21, Saint Martin's 16 1/2. **Outstanding Performer** - Michael Dean, WWU. **Coach-of-the-Year** - Kevin Adkisson, CWU. **Women** - Seattle Pacific 192, Northwest Nazarene 104, Western Oregon 93, Western Washington 87, Central Washington 82, Saint Martin's 14, Seattle 5. **Outstanding Performer** - Jessica Pixler, SPU. **Coach-of-the-Year** - Karl Lerum, SPU.

SPU Last Chance (Feb. 24 at Seattle): Men: 60 - Aaron Edwards, SMU, 7.36. 800 - Eddie Strickler, SPU, 1:52.26. Mile - John Riak, SMU, 4:21.55. 60 Hurdles - Robert Edwards, CWU, 8.25. 4x400 - Central Washington 3:19.87. Distance Medley - Western Washington (Brancheau, Neff, Bies, Tomsich) 9:58.13. High Jump - Cameron Bailey, CWU, 6-6 1/4. Pole Vault -

Tyler Thornbrue, WWU, 16-5 ¼. Long Jump – Justin Felt, SPU, 21-11. Shot Put – Cameron Neel, CWU, 58-10 ¼. Weight Throw – Anthony Marin, WOU, 61-9. **Women:** 60 – Nyema Sims, SPU, 7:78; 800 – Krinda Carlson, SMU, 2:21.63. Mile – Jane Larson, SPU, 5:01.07; 4x400 Relay – Seattle 4:31.10. Distance Medley – Seattle Pacific (Hinton, Pixler, Rohde, Marsh) 11:45.92. High Jump – Taryn Plypick, WOU, 5-5 ¼. Pole Vault – Monica Anderson, SPU, 11-10. Long Jump – Kim Bascom, WWU, 17-6 ¼. Triple Jump – Kim Bascom, WWU, 37-10 ½. Shot Put – Krissy Tandle, CWU, 45-6 ¼. Weight Throw – Krissy Tandle, CWU, 48-2 ¾.

NCAA Nationals (Mar. 10 at Boston, Mass): Men - 17. Western Washington 8, 29. Central Washington 4, 40. Seattle Pacific 1. **Friday:** Weight Throw - 10. Evan Ruud, CWU, 17.60 - 57-9; 12. Anthony Marin, WOU, 16.98 - 55-8 1/2. 800 - 7. Eddie Strickler, SPU, 1:53.05 (advances to finals). Distance Medley Relay - 2. Western Washington (Sam Brancheau, Adam Neff, Erik Bies, Anthony Tomsich) 9:55.00. **Saturday:** 800 - 8. Eddie Strickler, SPU, 1:52.52. Shot Put - 5. Cameron Neel, CWU, 16.95 - 55-7 ½. Pole Vault - 10. Tyner Thornbrue, WWU, 4.73 - 15-6 ¼. **Women** - 1. St. Augustine's 105, 7. Seattle Pacific 20. **Friday:** Mile - 1. Jessica Pixler, SPU, 4:51.79 (advances to finals); 5. Karin Rohde, SPU, 4:55.46 (advances to finals); 13. Jane Larson, SPU, 5:02.28 (did not advance). 60 - 15. Nyema Sims, SPU, 7.74 (did not advance). 800 - 10. Ashley Puga, NNU, 2:16.11 (did not advance). Distance Medley - 8. Seattle Pacific (Karin Rohde, Hinton, Marsh, Pixler) 12:04.77. **Saturday:** Mile - 1. Jessica Pixler, SPU, 4:42.42; 5. Karen Rohde, SPU, 4:54.38. High Jump - 4. Teona Perkins, SPU, 1.73 - 5-8; 16. Taryn Plypick, WOU, 1.63 - 5-4 1/4. 5000 - 9. Katie Hummel, CWU, 17:13.50.

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UW Winter Preview (Dec. 1 at Seattle): GNAC Winners, Men: 5000 – Jordan Welling, WWU, 15:10.54. 60 Hurdles – Lloyd Massey, WOU, 8.68. 4x400 – Western Oregon 3:27.77. Shot Put – Andrew Matchiner, SPU, 46-7 ¼. **Women:** 400 – Latasha Essien, SPU, 58.48. 800 – Teona Golding, SPU, 2:17.65. Mile – Krinda Carlson, SMU, 5:19.20. 5000 – Sarah Porter, WWU, 17:34.37.

Boise State Jackson Open (Dec. 1 at Nampa): GNAC Winners, Men: 500 – Mitch Ward, NNU, 1:05.02. Shot Put – Zach Barclay, NNU, 14.51 – 47-7 ¼. **Women:** None (High Jump – 3. Amanda Merrell, NNU, 1.52 – 4-11 ¾).

Black Hills State Fall Classic (Dec. 4 at Spearfish, SD): Men (Top 3): 1500 - 3. Jarred Rensvold, MSUB, 4:12.1; Triple Jump - 3. Joe Houghton, MSUB, 39-4 1/2. **Women (Top 3):** 800 - 2. Micah Merrill-Johnson, MSUB, 2:31.59; 1500 - 2. Micah Merrill-Johnson, MSUB, 5:09.5; 3. Sarah Jackson, MSUB, 5:21.0; 55 Hurdles - 2. Amanda Baum, MSUB, 9.5.

UW Indoor Preview: Women (Top 6): 60 - 6. Latasha Essien, SPU, 7.84. 200 - 8. Latasha Essien, SPU, 26.04. 400 - 4. Chelsea Evans, CWU, 59.93; 5. Latasha Essien, SPU, 1:00.32; 6. Jessica Hinton, SPU, 1:00.52. Mile - 2. Jessica Pixler, SPU, 4:42.65. 3000 - 2. Jessica Pixler, SPU, 9:32.08; 5. Jane Larson, SPU, 9:50.17. High Jump - 1. Teona Golding, SPU, 5-6; 6. Brittany Aanstad, SPU, 5-4. Pole Vault - 6. Christy Miller, WWU; Carrie Hauk, SPU, and Melissa Peaslee, SPU, 11-9. Triple Jump - 6. Megan Paulsen, WWU, 36-3. 20-Pound Weight - 6. Sabrina Freed, WOU, 48-0 3/4. **Men (Top 6):** 400 - 6. Blake Estep, WOU, 50.55. 4x400 - 4. Western Washington 3:28.37; 5. Seattle 3:30.07; 6. Central Washington 3:30.29. Distance Medley - 5. Central Washington 11:19.17. Pole Vault - 2. Zeb Udell, WOU, 15-7 1/4; 6. Ryan Brown, WWU, 15-1 1/4. Long Jump - 6. Justin Felt, SPU, 22-2 1/2. Triple Jump - 6. Tommy Woolf, WOU, 44-4 1/2. Shot Put - 2. Matt Valdez, CWU, 47-4 3/4; 5. Brandon Varkevissar, WWU, 46-5 1/2. 35-Pound Weight Throw - 2. Anthony Marin, WOU, 55-10 3/4; 5. Tyler Fischer, CWU, 52-4 3/4.

Montana State Open (Jan. 25 at Bozeman): Women: Mile - 8. Micah Merrill-Johnson, MSUB, 5:26.12. 55 Hurdles - 8. Amanda Baum, MSUB, 9.90. Shot Put - 8. Lexi Halvorson, MSUB, 35-11 1/4. **Men:** 800 - 7. Ryan Ceynar, MSUB, 2:12.65.

Boise State Blue & Gold Classic (Jan. 26 at Nampa): Men (Top 8): 400 - 5. Mitch Ward, NNU, 50.06; 8. Dallas Beatty, NNU, 51.43. 3000 - 5. Kevin Lambert, NNU, 8:57.22; 8. Seth Clark, NNU, 9:10.46. 4x400 - 6. Northwest Nazarene 3:29.86. Weight Throw - 4. Zach Barclay, NNU, 15.55 - 51-0; 8.

Grant Miller, NNU, 14.44 - 47-4 1/2. **Women (Top 8):** Mile - 2. Ashley Puga, NNU, 5:03.45. 800 - 3. Jaclyn Puga, NNU, 2:17.55; 6. Elisa Decker, NNU, 2:20.00. 4x400 - 5. Northwest Nazarene 4:02.69. Triple Jump - 4. Lysie Powers, NNU, 33-5. Weight Throw - 5. Amy Carroll, NNU, 46-11 1/4; 8. Courtney Little, NNU, 43-11.

UW Indoor (Feb. 1-2 at Seattle): Men (Top 10): Distance Medley - 10. Seattle Pacific 10:24.26. Weight Throw - 10. Anthony Marin, WOU, 51-7 3/4. **Women (Top 8):** 800 - 6. Jessica Pixler, SPU, 2:07.57. Distance Medley - 6. Seattle Pacific 11:38.24. High Jump - 5. Teona Golding, SPU, 5-6 1/2.

United Heritage (Feb. 1-2 at Nampa): Men (Top 8): 3000 - 5. Kevin Lambert, NNU, 8:48.39; 8. Seth Clark, NNU, 8:56.33. 4x400 - 6. Northwest Nazarene 3:27.37. High Jump - 6. Jess Keys, NNU, 6-2 1/4. Pole Vault - 8. Eric Zwiefelhofer, NNU, 13-7 ¼. Triple Jump - 6. Greg Hamm, NNU, 44-10 3/4; 8. Josh Heidegger, NNU, 41-2 1/2. Shot Put - 6. Grant Miller, NNU, 45-8; 7. Zach Barclay, NNU, 45-3 1/2; 8. Jordan Fenters, NNU, 45-1 ¼. **Women (Top 8):** 400 - 8. Elisa Decker, NNU, 58.52. 800 - 4. Elisa Decker, NNU, 2:16.19. 4x400 - 6. Northwest Nazarene 4:14.73. Long Jump - 7. Lysie Powers, NNU, 15-7 ½. Triple Jump - 4. Laura VonArx, NNU, 33-4. Shot Put - 3. Amy Carroll, NNU, 42-8; 8. Shayna Shute, NNU, 35-5 3/4. Weight Throw - 7. Amy Carroll, NNU, 45-11 1/4.

UI McDonald's (Feb. 1-2): Men (Top 6): 400 - 4. Matt Rogstad, CWU, 49.85. 4x400 - 6. Central Washington 3:35.53. Pole Vault - 6. Scott McCoy, CWU, 15-1. Long Jump - 3. Nick Collins, CWU, 21-11. **Women (Top 6):** Mile - 1. Marcie Mullen, CWU, 5:15.47; 2. Sarah Benson, CWU, 5:28.28. 800 - 3. Sarah Benson, CWU, 2:29.95; 5. Mary Seidler, CWU, 2:35.09; 6. Raquel Gonzalez, CWU, 2:35.21. 3000 - 1. Marcie Mullen, CWU, 10:40.30. 4x400 - 3. Central Washington 4:14.58. Triple Jump - 4. Amanda Rose, CWU, 34-6 3/4.

Black Hills State Dave Little Invitational (Feb. 1 at Spearfish, SD): Men (Top 6): Mile - 5. Richie Pemberton, MSUB, 4:36.70. 3000 - 3. Richie Pemberton, MSUB, 9:11.58. **Women (Top 6):** Mile - 4. Sarah Jackson, MSUB, 5:42.88; 6. Katie Thiel, MSUB, 6:07.99. 55 Hurdles - 5. Amanda Baum, MSUB, 9.79. Shot Put - 6. Lexi Halvorson, MSUB, 35-11 1/2.

Moonlight Qualifier (Feb. 7 at Seattle): GNAC Winners, Men: 60 - Daniel Sullivan, SU, 7.14. 200 - Christopher Fussell, SU, 22.97. 400 - Kevin Myhre, WWU, 52.62. 800 - Brian Cronrath, SPU, 1:59.69. Mile - Chad Meis, SPU, 4:20.85. 60 Hurdles - Kevin Myhre, WWU, 9.15. High Jump - Darren Edwards, WWU, 5-8 3/4. Shot Put - Andrew Matschiner, SPU, 49-5 1/2. **Women:** 50 - Joana Houplin, WWU, 8.05. 200 - Joana Houplin, WWU, 26.60. 400 - Sarah Brownell, WWU, 59.97. 800 - Annie Laweryson, SMU, 2:20.69. Mile - Lisa Anderberg, SPU, 5:10.75. 3000 - Rachel Yorkston, SU, 10:55.69. 60 Hurdles - Michelle Howe, WWU, 9.38. High Jump - Teona Golding, SPU, 5-9 1/4. Long Jump - Brittany Aanstad, SPU, 17-2 1/4. Triple Jump - Megan Paulsen, WWU, 36-7. Shot Put - Brittany Bekins, SPU, 36-2 3/4.

UI Vandal Indoor (Feb. 8-9 at Moscow): Men (Top 6): Friday, 200 - 6. Matt Rogstad, CWU, 22.40. 400 - 6. Colby Brydson, CWU, 50.77. 800 - 4. Michael Pankiewicz, CWU, 1:59.69. **Saturday,** 200 - 6. Colby Brydson, CWU, 23.03. 4x400 - 3. Central Washington 3:25.44. Pole Vault - 3. Scott McCoy, CWU, 14-11. Shot Put - 5. Matt Valdez, CWU, 49-0 3/4. Weight Throw - 3. Tyler Fischer, CWU, 53-1 3/4. **Women (Top 6): Friday,** 400 - 6. Chelsea Evans, CWU, 1:00.53. Discus - 6. Becky Scherer, CWU, 116-4. **Saturday,** Mile - 2. Marcie Mullen, CWU, 5:14.48. 800 - 1. Chelsea Evans, CWU, 2:31.11. 60 Hurdles - 6. Raquel Gonzalez, CWU, 9.67. 4x400 - 2. Central Washington 4:06.41

BSU Bronco Indoor (Feb. 8-9 at Nampa): Men (Top 6): Friday, 5000 - 3. Kevin Lambert, NNU, 15:26; 4. Seth Clark, NNU, 15:54; 6. Kyle Gray, NNU, 16:25. 60 Hurdles - 6. Josh Grewe, NNU, 9.31. Pole Vault - 6. Eric Zwiefelhofer, NNU, 14-1 1/4. Long Jump - 6. Stuart Montgomery, NNU, 17-5. **Saturday,** 800 - 5. Matt Stark, NNU, 1:59.83. 4x400 - 3. Northwest Nazarene 3:27.22. High Jump - 5. Jess Keys, NNU, 6-1 1/2. Triple Jump - 4. Josh Heidegger, NNU, 38-11 1/4. **Women (Top 6): Friday, Distance Medley** - 1. Northwest Nazarene 12:19.72. **Saturday,** 800 - 4. Jaclyn Puga, NNU, 2:15.25; 6. Elisa Decker, NNU, 2:17.84. 4x400 - 6. Northwest Nazarene 4:16.75.

Chiles Center Indoor (Feb. 9 at Portland): GNAC Winners: Men: 200 - Cole Samuel, WOU, 23.48. 800 - Jeff Long, WOU, 2:00.39. Mile - Zeke VanPatten, WOU, 4:22.91. Distance Medley - Western Oregon 11:15.47. 4x400 - Western Oregon 3:34.65. Shot Put - Robert Barrett, WOU, 42-9. Weight Throw - Anthony Marin, WOU, 61-6 3/4. **Women:** 800 - Sarah Howell, WOU, 2:22.22. 3000 - Jackie Dent, WOU, 10:59.40. 4x400 - Western Oregon 4:19.09. High Jump - Ashley Berry, WOU, 4-11. Weight Throw - Sabrina Freed, WOU, 52-3 1/4

Mountain State Games (Feb. 8-9 at Pocatello, ID): Men (Top 10): 3000 - 9. Jarred Rensvold, MSUB, 9:52.26. 4x400 - 10. Montana State Billings 3:36.60. **Women (Top 10):** Mile - 9. Sarah Jackson, MSUB, 5:33.41.

Bronco Team Invitational (Feb. 15-16 at Nampa): Men (Top 10): 400 - 9. Dane Manley, NNU, 54.50. Pole Vault - 9. Jerad Larson, NNU, 3.85 - 12-7 1/2. **Women (Top 10):** Pole Vault - 10. Kristi Rice, NNU, 10-5 1/2.

Husky Classic (Feb. 16 at Seattle): Mile - 2. Jessica Pixler, SPU, 4:37.33.

GNAC (Feb. 18 at Nampa): Team Scores: Men - Western Oregon 178, Western Washington 113 1/2, Northwest Nazarene 99 1/2, Central Washington 75, Seattle 48, Seattle Pacific 39, Saint Martin's 20, Montana State Billings 9. **Athlete-of-the-Meet -** Zeb Udell, Western Oregon. **Women -** Seattle Pacific 183, Western Washington 109, Northwest Nazarene 101 1/2, Western Oregon 92, Central Washington 46 1/2, Seattle University 23, Saint Martin's 14, Montana State Billings 12. **Athlete-of-the-Meet -** Jessica Pixler, Seattle Pacific.

WSU Indoor Open #2 (Feb. 22-23 at Pullman): Women: 800 - 1. Jaclyn Puga, NNU, 2:14.32; 2. Elisa Decker, NNU, 2:21.29. Mile - 1. Ashley Puga, NNU, 5:01.96. Shot Put - 8. Amy Carroll, NNU, 12.02 - 39-5 1/4. **Men:** Shot Put - 6. Zach Barclay, NNU, 14.62 - 47-11 3/4. Weight Throw - 9. Tyler Fischer, CWU, 16.35 - 53-7 1/4.

UW Last Chance Indoor (Mar. 8 at Seattle): Men's 5000 - 11. Jordan Welling, WWU, 14:42.93; 13. Bennett Grimes, WWU, 14:55.97; 14. Blake Medhaug, WWU, 15:23.68.

NCAA Indoor Nationals (Mar. 14-15 at Mankato, Minn.): Men's Team Scores - 1. Saint Augustine's 68. **Friday:** Weight Throw - Anthony Marin, WOU, 17.79 - 58-4 1/2. **Saturday:** Pole Vault - 12. Zeb Udell, WOU, 4.85 - 15-11 3/4. **Women's Team Scores -** 1. Adams State 55; 9. Seattle Pacific 33; 37. Northwest Nazarene 1. **Friday:** Distance Medley - 3. Seattle Pacific (Jane Larson, Mellisa Peaslee, Lisa Anderberg, Karin Rohde) 11:45.88. Pole Vault - 9. Mellisa Peaslee, SPU, 3.80 - 12-5 1/2; 12. Christy Miller, WWU, 3.55 - 11-7 3/4. **Saturday:** 800 - 3. Jessica Pixler, SPU, 2:12.60 (2:13.78); 9. Jaclyn Puga, NNU, 2:14.26 (2:13.78). Mile - 1. Jessica Pixler, SPU, 4:47.79 (4:56.92); 2. Jane Larson, SPU, 4:51.74 (4:56.98); 8. Ashley Puga, NNU, 4:58.09 (4:58.81). 5000 - 15. Sarah Porter, WWU, 18:26.77. High Jump - 5. Teona Golding, SPU, 1.70 - 5-7.

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Jackson's Open (Dec. 6 at Nampa): Women (Top 3): 500 - 3. Elisa Decker, NNU, 1:19.12. 1000 - 1. Ashley Puga 2:54.89; 3. Jaclyn Puga, NNU, 3:00.53. 3000 - 3. Ashley Rendahl, NNU, 11:28.63. 4x400 - 3. Northwest Nazarene 4:19.25. Triple Jump - 3. Laura Vonarx, NNU, 37-5 1/4. Shot Put - 1. Joy Warrington, NNU, 41-4 3/4. Pentathlon. **Men (Top 3):** 60 Hurdles - 2. Dallas Beaty, NNU, 8.77; 3. Josh Grewe, NNU, 10.25. 4x400 - 1. Northwest Nazarene 3:22.20. High Jump - 1. Josh Heidegger, NNU, 5-8 3/4; 3. Josh Grewe, NNU, 5-6 3/4. Pole Vault - 1. Ben Shea, NNU, 13-11 1/4. Shot Put - 2. Zach Barclay, NNU, 48-5 3/4; 3. Grant Miller, NNU, 47-0 1/2.

UW Winter Preview (Dec. 6 at Seattle): Men (GNAC Winners): Mile - Zeke Van Patten, WOU, 4:15.84. 60 Hurdles - Andy Luscutoff, WOU, 8.51. 4x400 - Western Oregon 3:24.07. Long Jump - Zeb Udell, WOU, 22-9 1/4. Shot Put - Sam Washington, SMU, 50-6 3/4. **Women (GNAC Winners):** 500 - Annan Applebee, WOU, 1:19.56. Mile - Joscelyn Minton, SMU, 5:16.19. 4x400 - Western Washington 4:03.01. Pole Vault - Christy Miller, WWU, 12-5 1/2. Long Jump - Emily Warman, WWU, 18-3 3/4. Shot Put - Krissy Tandle, CWU, 45-5.

Black Hills State Indoor (Dec. 11): Men (Top 3): 200 - 1. Nick Kesler, MSUB, 23.14; 3. Noah Vallincourt, MSUB, 23.78. 400 - 1. Chase Berg, MSUB, 56.53; 2. Cam Weist, MSUB, 56.63. 3000 - 3. Daniel Lombardi, MSUB, 9:34.61. Pole Vault - 1. Nathan Satran, MSUB, 12-6. Triple Jump - 2. Deshawn Lewis, MSUB, 40-11. **Women (Top 3):** 55 - 1. Justine Simmons, MSUB, 7.57; 2. Erika Halle, MSUB, 7.71; 3. Britney Derhak, MSUB, 7.87. 200 - 1. Justine Simmons, MSUB, 26.81; 2. Erika Halle, MSUB, 27.34; 3. Britney Derhak, MSUB, 28.44. 800 - 2. Sarah Jackson 2:22.54. 3000 - 3. Whitney Mickleson, MSUB, 12:03.17. 55 Hurdles - 2. Cassie Holm, MSUB, 9.36. 4x400 - 3. Montana State Billings 4:19.66. Shot Put - 3. Courtney Zappe, MSUB, 43-10 1/2.

Idaho State Bengal Shootout (Jan. 16 at Pocatello): Men (Top 10): 200 - 10. Nathan Diede, MSUB, 23.46; Triple Jump - 7. Alex Reber, MSUB, 41-2 1/4. Weight Throw - 9. Jade Haynie, MSUB, 36-0 3/4. **Women (Top 15):** 800 - 15. Katie Thiel, MSUB, 2:43.99. Shot Put - 13. Hilary Gourneau, MSUB, 35-0 1/2; 14. Lexi Halverson, MSUB, 34-10 1/2.

UW Indoor Preview (Jan. 17 at Seattle): Men (Top 6): 400 - 6. Andy Loscutoff, WOU, 50.43. 60 Hurdles - 6. Andy Loscutoff, WOU, 8.55. 4x400 - 5. Western Washington 3:29.21. High Jump - 3. Cameron Bailey, CWU, 6-6 3/4. Pole Vault - 6. Ryan Brown, WWU, 15-7 1/4. Long Jump - 3. Zeb Udell, WOU, 22-11. Shot Put - 2. Sam Washington, SMU, 50-8. Weight Throw - 3. Tyler Fischer, CWU, 56-11 1/2. **Women (Top 6):** 800 - 5. Annan Applebee, WOU, 2:16.60. Mile - 6. Jane Larson, SPU, 4:51.46. 3000 - 3. Jessica Pixler, SPU, 9:23.24; 6. Sarah Porter, WWU, 9:52.90. 4x400 - 4. Western Washington 4:01.18; 6. Seattle Pacific 4:07.06. High Jump - 1. Ali Worthen, SPU, 5-8. Pole Vault - 3. Christy Miller, WWU, 12-0; 4. Mellisa Peaslee, SPU, 11-6 1/4. Long Jump - 4. Emily Warman, WWU, 18-7 3/4. Shot Put - 2. Krissy Tandle, CWU, 45-10 1/2.

WSU Indoor Open (Jan. 23-24 at Pullman): Men (Top 6): 200 - 3. Matt Rogstad, CWU, 23.54; 5. Kyle Williams, CWU, 24.27. 400 - 3. Matt Rogstad, CWU, 50.66. Long Jump - 6. Bryan Mack, CWU, 21-0 3/4. Triple Jump - 3. Rendel Jones, CWU, 44-11 1/2; 4. Bryan Mack, CWU, 44-2 1/2. Weight Throw - 6. Tyler Fischer, CWU, 57-3 1/2. **Women (Top 6):** Triple Jump - 6. Amanda Rose, CWU, 32-7 3/4. Shot Put - 2. Krissy Tandle, CWU, 47-6 1/4. Weight Throw - 5. Krissy Tandle, CWU, 47-6 1/2.

Montana State Open (Jan. 24 at Bozeman): Men (Top 10): 55 - 8. Nick Kesler, MSUB, 6.72. 200 - 10. Nick Kesler, MSUB, 23.11. 800 - 9. Tyson Vanderby, MSUB, 2:06.98. 4x400 - 5. MSU Billings 3:39.08. Long Jump - 7. Alex Reber, MSUB, 18-7 3/4; 10. Luke Barrett, MSUB, 17-1 1/2. Triple Jump - 4. Alex Reber, MSUB, 40-9 3/4; 6. DeShawn Lewis, MSUB, 39-7 3/4. **Women (Top 10):** 200 - 7. Justine Simons, MSUB, 26.81; 9. Erika Halle, MSUB, 27.23. 400 - 9. Malori Woodford, MSUB, 1:05.29. 800 - 5. Sarah Jackson, MSUB, 2:24.63. Mile - 10. Whitney Mickelson, MSUB, 5:51.19. 3000 - 7. Lisa Minnehan, MSUB, 11:43.72. 4x400 - 5. MSU Billings 4:13.73. Shot Put - 10. Lexi Halvorson, MSUB, 36-9 3/4.

Blue & Orange Invitational (Jan. 24 at Nampa): Men (Top 6): 400 - 4. Maurus Hope, NNU, 49.66. 4x400 - 4. Northwest Nazarene 3:21.69. High Jump - 5. Josh Heidegger, NNU, 5-8 3/4. Triple Jump - 4. Josh Heidegger, NNU, 42-6 3/4. Shot Put - 5. Zach Barclay, NNU, 47-10; 6. Grant Miller, NNU, 47-2 1/4. Weight Throw - 3. Zach Barclay, NNU, 53-5 1/2. **Women (Top 6):** 800 - 5. Jaclyn Puga, NNU, 2:17.73; 6. Elisa Decker, NNU, 2:18.32. Mile - 4. Ashley Puga, NNU, 5:13.09. 4x400 Relay - 5. Northwest Nazarene 4:01.61. Long Jump - 6. Molly Reid, NNU, 17-0 1/2. Triple Jump - 3. Laura Vonarx, NNU, 36-2 1/4. Shot Put - 4. Joy Warrington, NNU, 40-0.

BSU Bronco Invitational (Jan. 30-31 at Nampa): Women (Top 8): 800 - 2. Ashley Puga, NNU, 2:12.72; 8. Elisa Decker, NNU, 2:16.73. 4x400 - 7. Northwest Nazarene 4:01.74. Distance Medley - 1. Northwest Nazarene 11:55.73. High Jump - 7. Tiffany Ferch, NNU, 4-9 3/4; 8. Jill Bennett, NNU, 4-7 3/4. Long Jump - 7. Laura Vonarx, NNU, 16-8 3/4. Triple Jump - 4. Laura Vonarx, NNU, 37-3 1/4; 7. Molly Reid, NNU, 34-4 3/4. Shot - 6. Joy Warrington, NNU, 41-11 1/2. **Men (Top 8):** 60 - 5. Maurus Hope, NNU, 7.23. 60 Hurdles - 6. Dallas Beaty, NNU, 8.82. 4x400 - 4. Northwest Nazarene 3:23.346. Distance Medley - 4. Northwest Nazarene 11:04.50. High Jump - 3. Cameron Bailey, CWU, 6-3 1/4; 6. Josh Grewe, NNU, 5-7 1/4. Pole Vault - 4. Ben Shea, NNU, 13-5 3/4. Shot Put - 4. Zach Barclay, NNU, 48-4; 6. Grant Miller, NNU, 46-4 1/4. Weight Throw - 3. Zach Barclay, NNU, 56-10 1/4; 6. Grant Miller, NNU, 51-14 1/4; 8. Jordan Fenters, NNU, 46-8 1/4.

UW Invitational (Jan. 30-31 at Seattle): Men (Top 10): 60 - 10. Gabe Aguilar, WOU, 6.96. Long Jump - 5. Zeb Udell, WOU, 22-5. Shot Put - 10. Sam Washington, SMU, 48-2. Weight Throw - 7. Tyler Fischer, CWU, 54-8 3/4. **Women (Top 10):** 800 - 10. Annan Applebee, WOU, 2:12.87. 5000 - 2. Jessica Pixler, SPU, 16:12.65; 9. Jane Larson, SPU, 16:55.02. Distance Medley - 6. Western Washington 11:57.17. Triple Jump - 5. Emily Warman, WWU, 38-3 1/2. Shot Put - 6. Krissy Tandle, CWU, 45-8. Pentathlon - 9. Ali Worthen, SPU, 3447.

Idaho Invitational (Feb. 6 at Moscow): Men (Top 6): 60 - Bryan Mack, CWU, 6.96 (2nd in prelims, did not compete in finals). 200 - 6. Matt Rogstad, CWU, 22.68. High Jump - 2. Cameron Bailey, CWU, 6-6 3/4; 4. Jonathon Hamilton, CWU, 6-4 3/4. Triple Jump - 2. Rendel Jones, CWU, 46-11; 3. James Cho, CWU, 45-10 3/4; 5. Bryan Mack, CWU, 45-0 1/2. Discus - 4. Tyler Fischer, CWU, 150-7. **Women (Top 6):** Mile - 6. Marcie Mullen, CWU, 5:22.81. Triple Jump - 5. Amanda Rose, CWU, 34-0 3/4. Shot - 4. Krissy Tandle, CWU, 46-6 1/4. Weight Throw - 5. Krissy Tandle, CWU, 49-5 1/2.

University of Portland Open (Feb. 6 at Portland): Men - Western Oregon 114 1/2, Portland 102 1/2, Seattle 64, Willamette 46, Warner Pacific 11 1/2, Gonzaga 8 (**Dual Meets** - WOU 180, Gonzaga 19; WOU 163, Portland 130; WOU 183, Portland State 6; WOU 161, Seattle 93; WOU 184, Warner Pacific 30; WOU 169, Willamette 46). **Individuals (Top 3):** 400 - 1. Carson O'Brien, WOU, 52.5; 3. Marshall Hanshumaker, WOU, 53.8. 800 - 1. Zeke Van Patten, WOU, 1:56.8; 2. Jeff Long, WOU, 1:57.7. Mile - 2. Braxton Jackson, WOU, 4:30.5; 3. Brandon Snook, WOU, 4:32.5. 2400 Sprint Medley - 1. Western Oregon 6:10.4; 2. Western Oregon 6:12.9. High Jump - 2. Zeb Udell, WOU, 6-4; 3. Robert Wegner, WOU, 5-4. Shot Put - 2. Jason Slowey, WOU, 44-0. Weight Throw - 1. Anthony Marin, WOU, 52-9 3/4; 3. Jason Slowey, WOU, 48-5 3/4. **Women -** Western Oregon 84, Seattle 75, Portland 62, Willamette 20, Warner Pacific 20. (**Dual Meets** - WOU 98, Portland 75; WOU 95, Seattle 87; WOU 99, Warner Pacific 39; WOU 95, Willamette 20). **Individuals (Top 3):** 200 - 2. Mandy Keifer, WOU, 28.0. 400 - 1. Meryl Butcher, WOU, 1:01.1; 3. Erica Zambon, WOU, 1:01.9. 3000 - 1. Amanda Wright, WOU, 10:48.9. High Jump - 1. Kelsey Neilson, WOU, 5-1; 3. Mandy Keifer, WOU, 4-9. Shot Put - 2. Alyssa Taylor, WOU, 35-2. Weight Throw - 2. Alyssa Taylor, WOU, 40-6; 3. Katie Snoderly, WOU, 36-1 1/4.

Mountain State Games (Feb. 6-7 at Pocatello): Men (Top 8): 800 - 6. Tyson Vanderby, MSUB, 2:05.64; 8. Kelley Miller, MSUB, 2:07.65. Distance Medley - 6. MSU Billings 11:43.21. **Women (Top 8):** 800 - 2. Sarah Jackson, MSUB, 2:19.54. Distance Medley - 5. MSU Billings 13:54.48.

United Heritage Indoor Invitational (Feb. 6-7 at Nampa): Men (Top 6): 400 - 4. Maurus Hope, NNU, 49.68. Mile - 6. Neil Easter, NNU, 4:34.57. 3000 - 3. Josh Wageman, NNU, not available; 4. Alex Crystal, NNU, not available. 4x400 - 4. Northwest Nazarene 3:24.19. Shot Put - 6. Grant Miller, NNU, 47-8 1/2. Weight Throw - 3. Zach Barclay, NNU, 56-4 1/2. **Women (Top 6):** 60 - 5. Latoya Tidwell, NNU, 8.17. 800 - 5. Ashley Puga, NNU, 2:14.66; 6. Jaclyn Puga, NNU, 2:14.90. Mile - 1. Ashley Puga, NNU, 4:59.62. 3000 - 5. Ashley Rendahl, NNU, 11:14.79. Triple Jump - 5. Laura VonArx, NNU, 36-4 1/4.

Runner's Soul Invitational (Feb. 7 at Moscow): Men (Top 6): 60 - 1. Bryan Mack, CWU, 6.99; 5. Radio Battle, CWU, 7.10. 200 - 1. Radio Battle, CWU, 22.42; 6. Kincaid Nichols, CWU, 22.82. 400 - 5. Matt Rogstad, CWU, 50.18. 60 Hurdles - 6. Kyle Williams, CWU, 8.78. 4x400 - 3. Central Washington 3:31.42. Shot Put - 5. Tyler Fischer, CWU, 50-3 1/2. Weight Throw - 3. Tyler Fischer, CWU, 58-3 1/4. **Women (Top 6):** 3000 - 4. Marcie Mullen, CWU, 10:42.32. 4x400 - 2. Central Washington 4:16.78. Shot Put - 2. Krissy Tandle, CWU, 46-8.

Boise State Team Invitational (Feb. 13-14 at Nampa): Men (Top 3): 400 - 2. Kegan Lassiter, NNU, 52.89. 60 Hurdles - 2. Dallas Beaty, NNU, 8.76. 4x400 - 1. Northwest Nazarene 3:19.66. Pole Vault - 3. Andrew Sneed, NNU, 13-3 1/2. Shot Put - 1. Zach Barclay, NNU, 48-0 3/4; 2. Grant Miller, NNU, 46-5 1/4. **Women (Top 3):** 800 - 3. Jaclyn Puga, NNU, 2:15.76. Mile - 1. Ashley Puga, NNU, 4:57.35.

Husky Classic (Feb. 14 at Seattle): Men (Top 10): Shot Put - 9. Sam Washington, SMU, 49-7. **Women (Top 10):** 400 - 7. Ellie Siler, WWU, 56.77. Mile - 4. Jessica Pixler, SPU, 4:37.83. High Jump - 8. Ali Worthen, SPU, 18-1 1/2. Shot Put - 7. Krissy Tandle, CWU, 46-0.

UW Indoor Open (Feb. 15 at Seattle): Women (Top 3): 400 - 1. Megan O'Connell, WWU, 59.34. 800 - 1. Jessica Pixler, SPU, 2:10.62. Mile - 2. Sarah Porter, WWU, 5:02.04. 4x400 - 3. Western Washington 4:06.94. High Jump - 3. Clara Cook, WWU, 5-3. Pole Vault - 3. Melissa Peaslee, SPU, 12-6. **Men (Top 3):** 60 - 2. Augustine Agyei, WWU, 7.03. 4x400 - 2. Central Washington 3:24.29; 3. Western Washington 3:26.85. Pole Vault - 2. Ryan Brown, WWU, 16-0 3/4. Long Jump - 3. Western Oregon 22-1 3/4.

GNAC Indoor (Feb. 21 at Nampa): Men - Western Oregon 169, Western Washington 135, Central Washington 128, Northwest Nazarene 84, Saint Martin's 40, Seattle Pacific 11, MSU Billings 8. **Outstanding Performers -** Zeke Van Patten, Western Oregon, and Tyler Fischer, Central Washington. **Women -** Seattle Pacific 181, Western Washington 137 1/2, Northwest Nazarene 105 1/3, Western Oregon 71 1/2, Central Washington 62 2/3, MSU Billings 14, Saint Martin's 9. **Outstanding Performer -** Ashley Puga, Northwest Nazarene.

SPU Last Chance (Feb. 28 at Seattle): GNAC Winners: Men - 60 - Bryan Mack, CWU, 6.98. 200 - Radio Battle, CWU, 22.25. 800 - Zeke Van Patten, WOU, 1:51.73. Mile - Bennett Grimes, WWU, 4:13.18. High Jump - Cameron Bailey, CWU, 6-5 1/2. Pole Vault - Tim Clendaniel, WWU, 15-0 1/4. Long Jump - Justin Felt, SPU, 23-2 1/4. Triple Jump - Tim Satterwhite, WWU, 44-9 1/4. Shot Put - Tyler Fischer, CWU, 48-1. Weight Throw - Tyler Fischer, CWU, 58-0 1/4. **Women, 60 -** Christy Miller, WWU, 9.81. 800 - Annan Applebee, WOU, 2:11.86. 5000 - Sarah Porter, WWU, 16:56.07. 4x400 - Western Washington 3:58.80. Distance Medley - Seattle Pacific 11:58.88. Pole Vault - Christy Miller, WWU, 11-10 3/4. Long Jump - Emily Warman, WWU, 18-10. Triple Jump - Emily Warman, WWU, 38-1 Shot Put - Krissy Tandle, CWU, 48-4 1/4. Weight Throw - Krissy Tandle, CWU, 53-9 1/2.

NATIONAL INDOORS (Mar. 13-14 at Houston, Tex.): Women - 6. Seattle Pacific 35, 9. Western Washington 20, 13. Northwest Nazarene 11, 16. Central Washington 10. **Individuals :** 400 - 11. Ellie Siler, WWU, 56.06. 800 - 1. Ashley Puga, NNU, 2:07.63 (2:10.86); 7. Rachael Johnson, WWU, 2:11.82 (2:13.08); 10. Annan Applebee, WOU, 2:13.83; 17. Jaclyn Puga, NNU, 2:25.11. Mile - 1. Jessica Pixler, SPU, 4:43.69 (4:56.07); 2. Jane Larson, SPU, 4:48.87 (4:55.45). 5000 - 1. Jessica Pixler, SPU, 16:22.64; 6. Sarah Porter, WWU, 17:00.14; 7. Jane Larson, SPU, 17:04.01. Distance Medley - 8. Northwest Nazarene (Jaclyn Puga, Jamie Beaty, Elisa Decker, Ashley Puga) 11:59.29; 9. Western Washington (Courtney Olsen, Ellie Siler, Rachael Johnson, Sarah Porter) 12:01.79. Pole Vault - 4. Christy Miller, WWU, 3.80 - 12-5 1/2; 13. Melissa Peaslee, SPU, 3.60 - 11-9 3/4. Triple Jump - 1. Emily Warman, WWU, 11.68 - 39-3. High Jump - 4. Ali Worthen, SPU, 1.71 - 5-7 1/4. Shot Put - 1. Krissy Tandle, CWU, 14.87 - 48-9 1/2. **Men -** 28. Western Oregon 4. **Individuals -** 800 - 5. Zeke Van Patten, WOU, 1:53.71 (1:54.18). 5000 - 9. Jordan Welling, WWU 14:45.60. Pole Vault - 13. Ryan Brown, WWU, 4.85 - 15-11.

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Black Hills State Winter Open (Dec. 3, 2009 at Spearfish, SD): Men (Top 3): 60 - 2. Brandon Pearce, MSUB, 7.20. 200 - 2. Brandon Pearce, MSUB, 23.68. Mile - 3. Tyson Vanderby, MSUB, 4:42.44. 60 Hurdles - 3. Dylan Solberg, MSUB, 9.29. 4x400 - 3. MSUB, 3:51.51. Pole Vault - 2. Brandon Martinez, MSUB, 13-5. Triple Jump - 3. Rusty Ewing, MSUB, 12.81 - 42-0 1/4. **Women (Top 3):** 60 - 3. Justine Simons, MSUB, 8.29. 200 - 2. Erika Halle, MSUB, 26.89; 3. Justine Simons, MSUB, 27.12. 800 - Whitney Mielkelson, MSUB, 2:40.79. 60 Hurdles - 3. Emili Crowder, MSUB, 11.58. 4x400 - 3. MSUB, 4:19.83. High Jump - 2. Kayla Neumiller, MSUB, 1.52 - 4-11 3/4. Long Jump - 3. Erika Halle, MSUB, 4.90 - 16-0 3/4. Triple Jump - 3. Elissa Adams, MSUB, 10.15 - 33-3 1/2.

Jackson Open (Dec. 5, 2009 at Nampa): Men (Top 3): 200 - 1. Maurus Hope, NNU, 22.13. 60 Hurdles - 3. Tim Steiglitz, NNU, 9.24. 4x400 Relay - 2. Northwest Nazarene 3:23.59. 4x800 - 2. Northwest Nazarene 8:28.98. Shot Put - 2. Jordan Fenters, NNU, 13.56 - 44-6; 3. Diego Estrada, NNU, 12.21 - 40-0 1/4. **Women (Top 3):** 400 - 3. Elisa Decker, NNU, 1:00.37. 3000 - 3. Jordan Powell, NNU, 10:38.56. 4x400 - 3. NNU, 4:10.54. High Jump - 1. Jasmyn Jewett, NNU, 1.57 - 5-1 3/4. Triple Jump - 3. Laura VonArx, NNU, 11.51 - 37-9. Shot Put - 2. Joy Warrington, NNU, 12.68 - 41-7 1/4; 3. Carly

Dranginis, NNU, 11.66 - 38-3. Pentathlon - 1. Jill Bennett, NNU, 2927; 2. Laura VonArx, NNU, 2726.

Chadron State Shootout (Dec. 12, 2009 at Chadron, NE) Men: Chadron State 54, South Dakota School of Mines 21, Black Hills 14, MSU Billings 12, Gillette 3. **Individuals (Top 3):** 200 - 2. Brandon Pearce, MSUB, 23.23. 800 - 1. Tyson Vanderby, MSUB, 2:02.91. **Women:** Chadron State 53, Black Hills 27, MSU Billings 18, South Dakota School of Mines 14. **Individuals (Top 3):** 55 - 2. Justine Simons, MSUB, 7.62. 200 - 1. Erika Halle, MSUB, 26.97; 3. Justine Simons, MSUB, 27.16. 400 - 3. Sarah McGurran, MSUB, 1:07.5. Mile - 3. Katie Thiel, MSUB, 5:47.36. 55 Hurdles - 3. Erika Halle, MSUB, 9.58. 4x340 Relay - 3. MSU Billings 3:38.21. (**Note:** Distance of 340 on relay is correct).

MSU Multi-Events (Jan. 11 at Bozeman): Pentathlon - 7. Erika Halle, MSUB, 2639 (55 Hurdles - 9.37; High Jump - 1.41 - 4-7 ¾; Long Jump - 4.88 - 16-0 ¼; Shot - 7.42 - 24-4 ½; 800 - 2:44.8).

UW Preview (Jan. 16 at Seattle): Men (Top 8): 3. Anthony Wright, CWU, 6.95; 6. Gabe Aguilar, WOU, 6.99. 200 - 8. Josh Moore, WOU, 22.65. 400 - 7. Ashton Mott, WOU, 49.63. 60 Hurdles - 5. Andy Loscutoff, WOU, 8.47; 8. Anthony Hogan, CWU, 8.61. 4x400 - 4. Western Oregon 3:22.16; 6. Western Washington 3:24.60. High Jump - 8. Keefe Brockman, WWU, 6-5, and Brennan Boyes, CWU, 6-5. Pole Vault - 6. Ryan Brown, 16-1 1/4. Long Jump - 4. Justin Felt, SPU, 22-3 3/4; 5. Matson Hardie, WOU, 22-3 1/2; 7. Bryan Mack, CWU, 21-6 3/4. Triple Jump - 2. Matson Hardie, WOU, 46-5 1/4; 4. James Cho, CWU, 46-1 1/2; 5. Keefe Brockman, WWU, 46-0 3/4; 6. Will Davis, WWU, 45-7 1/4. Shot Put - 8. Nelson Westlin, WWU, 46-6 3/4. Weight Throw - 5. Jason Slowey, WOU, 52-8 1/4; 6. Mychal Ostler, CWU, 51-6 1/2. **Women (Top 8):** 400 - 4. Ellie Siler, WWU, 58.88; 7. Sarah Brownell, WWU, 59.87; 8. Jennifer Pike, SPU, 1:00.20. 3000 - 3. Sarah Porter, WWU, 9:44.31. 60 Hurdles - 8. Michelle Howe, WWU, 9.05. 4x400 - 5. Western Washington 3:56.86. Distance Medley - 1. Seattle Pacific 11:32.23. Long Jump - 3. Emily Warman, WWU, 18-1 3/4. Triple Jump - 5. Amanda Alvarez, SPU, 37-6; 6. Ashley Potter, WOU, 36-10 1/4. Shot Put - 7. Raisa Yates, CWU, 38-1 1/2. Weight Throw - 6. Torrie Self, CWU, 49-0 3/4; 8. Jordan Stueckle, CWU, 46-7 1/4.

Montana State Open (Jan. 22 at Bozeman): Men (Top 4): 55 - 4. Adam Prevost, MSUB, 6.90. 55 Hurdles - 3. Dylan Solberg, MSUB, 8.60. 200 - 4. Nathan Diede, MSUB, 23.30. 4x400 - 4. MSU Billings 3:37.64. Weight Throw - 4. Josh Morley, MSUB, 10.30 - 33-9 1/2. **Women (Top 4):** 200 - 2. Erika Halle, MSUB, 26.22. Mile - 1. Whitney Mickelson, MSUB, 5:31.56; 4. Katie Thiel, MSUB, 5:40.10. 3000 - 2. Mary Owen, MSUB, 11:37.08. Long Jump - 4. Erika Halle, MSUB, 4.81 - 15-9 1/2. Shot Put - 4. Brook Berg, MSUB, 11.70 - 38-4 3/4.

Montana State Open #2 (Jan. 29 at Bozeman): Men (Top 8): 55 Hurdles - 8. Dylan Solberg, MSUB, 8.58. 55 - 8. Brandon Pearce, MSUB, 6.61. 200 - 6. Brandon Pearce, MSUB, 22.91. **Women (Top 8):** Mile - 6. Whitney Mickelson, MSUB, 5:27.75; 8. Katie Thiel, MSUB, 5:32.49. 3000 - 5. Mary Owen, MSUB, 11:21.72. Shot Put - 5. Brook Berg, MSUB, 38-2; 6. Hilary Gourneau, MSUB, 37-8; 7. Kacie Vanderloos, MSUB, 36-5.

UW Invitational (Jan. 29-30 at Seattle): Men (Top 8): 4x400 - 6. Western Oregon (Matt Kaino, Ashton Mott, Josh Moore, Anthony Yakovich) 3:17.45. Triple Jump - 8. Matson Hardie, WOU, 45-09.00. Pole Vault - 1. Ryan Brown, WWU, 17-1 ½. Weight Throw - 4. Tyler Fischer, CWU, 64-8.75. **Women (Top 8):** 400 - 6. Ellie Siler, WWU, 56.82. Mile - 1. Jessica Pixler, SPU, 4:33.46; 5. Jane Larson, SPU, 4:48.87. 4x400 - 3. Western Washington (Siler, Howe, Brownell, O'Connell). Distance Medley - 6. Western Washington (Olsen, O'Connell, Johnson, Porter) 11:46.27. Pentathlon - 8. Brittany Aanstad, SPU, 3307.

Bronco Invitational (Jan. 30 at Nampa) Men: (Top 12): 60 - 9. Derek Sepe, NNU, 7.29; 10. Tyler Windall, NNU, 7.32; 12. Colby Cameron, NNU, 7.38. 200 - 10. Josh DeVaughn, SMU, 22.57; 11. Maurus Hope, NNU, 22.68. 400 - 12. Dan Hill, NNU, 51.68. 800 - 8. Matt Stark, NNU, 1:56.65. Mile - 2. Barak Watson, NNU, 4:20.15; 5. Kyle Van Santen, SMU, 4:24.05; 10. Joseph Patti, SMU, 4:29.83. 3000 - 1. Barak Watson, NNU, 8:36.99; 7. Spencer Hunt, SMU, 8:59.93. 60 Hurdles - 11. Tim Steiglitz, NNU, 9.45. 4x400 - 5. Northwest Nazarene 3:26.00. Long Jump - 10. Mark Hanson, NNU, 19-4.; 12. Derek Sepe, NNU, 17-10 3/4. Weight Throw - 12. Jordan Fenters, NNU, 46-

10 1/4. **Women (Top 12):** 800 - 7. Jaclyn Puga, NNU, 2:17.48; 10. Michelle Phillips, NNU, 2:19.35. Mile - 11. Jordan Powell, NNU, 10:37.08. High Jump - 11. Jill Bennett, NNU, 5-0 1/4. Pole Vault - 12. MJ Usabel, NNU, 10-2. Shot Put - 4. Joy Warrington, NNU, 46-10 1/4.

Vandal Indoor (Feb. 5 at Moscow): Men (Top 8): 60 - 2. Anthony Wright, CWU, 6.90; 3. Bryan Mack, CWU, 7.02; 4. Kincaid Nichols, CWU, 7.02. High Jump - 6. Brennan Boyes, CWU, 6-4 3/4. Triple Jump - 1. Rendel Jones, CWU, 46-1 1/4; 2. Bryan Mack, CWU, 45-10; 4. James Cho, CWU, 45-1. Discus - 8. Jesse Potes, CWU, 134-8. Weight Throw - 4. Tyler Fischer, CWU, 55-11 3/4. **Women (Top 8):** Triple Jump - 3. Katharine Lotze, CWU, 37-4 1/2. Discus - 6. Kaylee Baumstark, CWU, 123-10.

Mountain State Games (Feb. 5-6 at Pocatello): Men (Top 8): 400 - 2. Brandon Pearce, MSUB, 51.48; 4. Nathan Diede, MSUB, 52.03; 8. Deshawn Lewis, MSUB, 55.50. 800 - 4. Tyson Vanderby, MSUB, 1:59.69. Mile - 8. Ryan Blomback, MSUB, 4:48.77. 5000 - 8. Taylor Canfield, MSUB, 16:43.74. 4x400 - 6. Montana State Billings, 3:35.84. Distance Medley Relay - 6. Montana State Billings, 11:15.09. Triple Jump - 6. Deshawn Lewis, MSUB, 39-09.75. **Women (Top 8):** 400 - 7. Erika Halle, MSUB, 1:00.79. Mile - 7. Whitney Mickelson, MSUB, 5:29.93. 3000 - 8. Mary Owens, MSUB, 11:12.43. 4x400 - 4. Montana State Billings, 4:17.01. Distance Medley Relay - 6. Montana State Billings, 13:25.47. Long Jump - 8. Erika Halle, MSUB, 15-11 3/4.

Heritage Invite (Feb. 5-6 at Nampa): Men (Top 3): 60 - 2. Derek Sepe, NNU, 7.25. 200 - 2. Maurus Hope, NNU, 22.83; 3. Dan Hill, NNU, 23.27. 400 - 2. Dan Hill, NNU, 51.42. Mile - 3. Barak Watson, NNU, 4:25.84. 60 Hurdles - 1. Tim Steiglitz, NNU, 9.03. High Jump - 2. Stuart Montgomery, NNU, 5-0 1/2. Shot Put - 2. Jordan Fenters, NNU, 46-0. **Women (Top 3):** 800 - 3. Michelle Phillips, NNU, 2:16.89. 3,000 - 2. Jordan Powell, NNU, 10:26.90. 5,000 - 2. Ashley Rendahl, NNU, 19:42.48. Distance Medley Relay - 1. Northwest Nazarene, 12:18.50. Weight Throw - 3. Joy Warrington, NNU, 47-3 1/2.

UI Runner's Soul Open (Feb. 6 at Moscow): Men (Top 12): 60 - 1. Anthony Wright, CWU, 6.96; 3. Bryan Mack, CWU, 7.08. 200 - 4. Kincaid Nichols, CWU, 22.45; 7. Scott Morrison, CWU, 22.92. 400 - 2. Scott Morrison, CWU, 49.62. 60 Hurdles - 4. Anthony Hogan, CWU, 8.56; 7. Andrew Grey, WWU, 8.69. 4x400 - 2. Central Washington, 3:28.20. High Jump - 5. Brennan Boyes, CWU, 6-6; 9. Jonathan Hamilton, CWU, 6-4. Pole Vault - Brandon Roddewig, CWU, 15-1. Long Jump - 10. Rendel Jones, CWU, 20-5. Weight Throw - 3. Tyler Fischer, CWU, 56-11 1/2; 5. Mychal Ostler, CWU, 54-8; Ben Elder, WWU, 50-2. **Women (Top 12):** Mile - 11. Kelsey Kreft, CWU, 5:48.31. 3,000 - 12. Alex Borunda, CWU, 11:37.00. 4x400 - 7. Central Washington, 4:26.18. Shot Put - 5. Raisa Yates, CWU, 40-10 1/2; 12. Torrie Self, CWU, 36-5 3/4.. Weight Throw - 5. Torrie Self, CWU, 48-4; 7. Jordan Stueckle, CWU, 47-0 1/4.

Portland Pilot Indoor (Feb. 7 at Portland): Men (GNAC winners): 200 - Dustin Boyd, WOU, 23.45. 800 - Nathan Seeley, SPU, 1:59.63. Shot Put - Jason Slowey, WOU, 49-5 ¾. Weight Throw - Jason Slowey, WOU, 49-11. **Women (GNAC winners):** 200 - Crystal McDowell, WOU, 27.25. 400 - Crystal McDowell, WOU, 1:01.25. 800 - Kelsey Brown, SPU, 2:26.97. High Jump - 1. Brittany Aanstad, SPU, 5-3 ¾. Pole Vault - Terra Schumacher, SPU, 11-6. 2400 Sprint Medley - Western Oregon 7:11.35.

Boise State Team Invitational (Feb. 12-13 at Nampa): Women (Top 6): 800 - 1. Jaclyn Puga, NNU, 2:14.99; 3. Christine Harwood, NNU, 2:17.01. Mile - 4. Michelle Phillips, NNU, 5:10.64. 3000 - 6. Jordan Powell, NNU, 10:24.45. Triple Jump - 5. Laura Vonarx, NNU, 11.17 - 36-7 3/4. Shot Put - 6. Joy Warrington, NNU, 12.95 - 42-6. **Men (Top 6):** 4x400 Relay - 5. Northwest Nazarene 3:24.82.

Husky Classic (Feb. 12-13 at Seattle): Men (Top 8): Mile - 8. Anthony Tomsich, WWU, 4:07.06. Pole Vault - 6. Ryan Brown, WWU, 16-11 1/2. Triple Jump - 5. Matson Hardie, WOU, 47-1 3/4. **Women (Top 8):** 800 - 7. Jane Larson, SPU, 2:12.71; 7. Lisa Anderberg, SPU, 2:12.96. Mile - 2. Jessica Pixler, SPU, 4:32.48. 4x400 Relay - 5. Western Washington 3:52.10. High Jump - 8. Brittany Aanstad, SPU, 5-3 3/4.

Air Force Invitational (Feb. 12-13 at Colorado Springs): Men (Top 10): 800 - 8. Tyson Vanderby, MSUB, 1:59.58. Women (Top 10): 5000 - 9. Mary Owen, MSUB, 20:34.81; 10. Whitney Mickelson, MSUB, 20:45.19.

UW Open (Feb. 14 at Seattle): Men (Top 3): 60 - 3. Anthony Zackery, WWU, 7.02. Mile - 2. Bennett Grimes, WWU, 4:18.16. 3000 - 2. Eric Brill, WWU, 8:35.19. 60 Hurdles - 3. Andy Loscutoff, WOU, 8.45. 4x400 - 1. Western Washington 3:23.34; 2. Western Washington 3:30.38; 3. Central Washington 3:30.50. Triple Jump - 3. Will Davis, WWU, 45-7. Shot Put - 3. Tyler Fischer, CWU, 49-2 1/2. Weight Throw - 1. Tyler Fischer, CWU, 58-0 1/4. **Women (Top 3):** 200 - 3. Ellie Siler, WWU, 25.99. 400 - 1. Ellie Siler, WWU, 57.80. Mile - 1. Courtney Olsen, WWU, 4:56.45. 60 Hurdles - 3. Michelle Howe, WWU, 9.14. 4x400 - 2. Western Washington 4:05.95. High Jump - 3. Brittany Aanstad, SPU; Ali Worthen, SPU, and Katy Gross, SPU, 5-5. Long Jump - 1. Emily Warman, WWU, 18-9 3/4. Triple Jump - 1. Amanda Alvarez, SPU, 36-7 3/4; 2. Amanda Rose, CWU, 36-5 1/2. Weight Throw - 3. Torrie Self, CWU, 50-3 1/2.

GNAC Championships (Feb. 20 at Nampa): Women - Seattle Pacific 179 1/2, Western Washington 159 1/2, Northwest Nazarene 90, Western Oregon 80, Central Washington 51, MSU Billings 18, Saint Martin's 4. **Outstanding Performer** - Jessica Pixler, Seattle Pacific. **Men** - Western Oregon 171, Western Washington 161 1/2, Central Washington 134, Northwest Nazarene 53 1/2, Seattle Pacific 39, MSU Billings 16, Saint Martin's 8. **Outstanding Performer** - Matson Hardie, Western Oregon.

SPU Last-Chance (Feb. 27 at Seattle): Men (GNAC Winners): 60 - Alex Tilley, WWU, 6.97. 800 - Mike Schmidt, WOU, 1:53.35. Mile - Chris Reed, WOU, 4:10.17. 4x400 - Western Oregon (Ashtin Mott, Anthony Yakovich, Josh Moore, Matt Kaino) 3:15.43. Distance Medley - Western Washington (Bennett Grimes, Alex Tilley, Nick Abraham, Anthony Tomsich) 9:59.93. Pole Vault - Ryan Brown, WWU, 5.15 - 16-10 3/4. Long Jump - Matson Hardie, WOU, 22-6. Triple Jump - Matson Hardie, WOU, 14.62 - 47-11 3/4. Shot Put - Ben Elder, WWU, 15.94 - 52-3 3/4. Weight Throw - Tyler Fischer, CWU, 18.45 - 60-6 1/2. **Women (GNAC Winners):** 800 - Lisa Anderberg, SPU, 2:12.71. Mile - Jessica Pixler, SPU, 4:57.49. 60 Hurdles - Michelle Howe, WWU, 8.89. 4x400 - Western Washington (Ellie Siler, Megan O'Connell, Michelle Howe, Sarah Brownell) 3:50.80. High Jump - Brittany Aanstad, SPU, 1.64 - 5-4 1/2. Pole Vault - Melissa Peaslee, SPU, 3.67 - 12-0 1/2. Long Jump - Emily Warman, WWU, 5.71 - 18-8 3/4. Triple Jump - Emily Warman, WWU, 12.18 - 39-11 1/2. Shot Put - Torrie Self, CWU, 12.73 - 41-9 1/4. Weight Throw - Torrie Self, CWU, 16.56 - 54-4.

NCAA INDOORS (March 12-13 at Albuquerque): Women - Lincoln (Mo.) 56, Ashland 47, Grand Valley 47, Adams State 38, Nebraska Omaha 35 (7. Seattle Pacific 26, 14. Western Washington 12). **Individuals:** 800 - 12. Annan Applebee, WOU, 2:16.35. Mile - 1. Jessica Pixler, SPU, 4:46.42 (5:04.77); 3. Jane Larson, SPU, 4:50.74 (4:58.22); 13. Kate Harline, SPU, 5:14.52. 5000 - 4. Sarah Porter, WWU, 17:26.05. Distance Medley - 1. Seattle Pacific (Jane Larson, Jennifer Pike, Lisa Anderberg, Jessica Pixler) 11:29.88; 7. Western Washington (Courtney Olsen, Megan O'Connell, Rachael Johnson, Sarah Porter) 12:02.32. 4x400 - 4. Western Washington (Ellie Siler, Michelle Howe, Megan O'Connell, Sarah Brownell) 3:48.67. Long Jump - 11. Emily Warman, WWU, 5.05 - 18-2 1/2. Triple Jump - 10. Emily Warman, WWU, 11.74 - 38-6 1/4. **Men** - Adams State 89, St. Augustine's 72, Abilene Christian 52, Lincoln (Mo.) 37, Central Missouri 36 (14. Western Washington 10). **Individuals:** Mile - 12. Anthony Tomsich, WWU, 4:18.69. 5000 - 12. Jordan Welling, WWU, 15:46.73. Pole Vault - 1. Ryan Brown, WWU, 5.16 - 16-11.