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## Central Washington University Women's Swimming Summaries, 1995-1996

Central Washington University Athletics

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## Sport: 1995-96 Women's Swimming

### Dual Meets (1-5)

Nov. 10	75	Puget Sound	109	A
Nov. 11	83	Simon Fraser	140	A
Jan. 19	99	Willamette	105	A
Jan. 20	77	Pacific Lutheran	128	A
Jan. 24	139 1/2	Whitman	65 1/2	A
Feb. 10	87	Puget Sound	117	H

### Invitationals/Championships

University of Washington Relays (Nov. 3 at Federal Way) - Washington 162, Washington State 106, Puget Sound 88, Simon Fraser 84, Oregon State 72, Victoria 52, Central Washington 48.

CWU Invitational (Nov. 18 at Ellensburg) - Puget Sound 443, Central Washington 338, Whitworth 267, Whitman 128, Evergreen State 41.

Pacific Lutheran University Invitational (Dec. 1-2 at Tacoma) - Pacific Lutheran 497, Whitworth 404, Central Washington 366, Linfield 301, Whitman 223, Puget Sound 119, Evergreen State 62.

Washington State Open (Feb. 2-4 at Federal Way; combined) - Washington 2455 1/2, Deanza Cupertino 686, California Capital 628, Reno Aquatic 372 1/2, Highline Swim Club 301 1/2, Bellevue Swim Club 290, Tacoma Swim Club 278 1/2, Mission Aurora 256 1/2, Santa Rosa Neptunes 211, Aurora Swim Team 204 (16. Central Washington 122).

Pacific Northwest Athletic Conference Swimming & Diving Championships (Feb. 23-24 at Ellensburg) - Puget Sound 354, Central Washington 251, Evergreen State 92.

NAIA National Swimming & Diving Championships (Mar. 6-9 at San Antonio, Tex.) - Puget Sound 602 1/2, Simon Fraser 429, Pacific Lutheran 400, Whitworth 386 1/2, Central Washington 362, Willamette 350 1/2, Linfield 308, Transylvania 226, Campbellsville 152, Whitman 118 1/2.

### Award Winners

MVP - Laurie Franchini. Captain - Laurie Franchini, Carianne Davis. Inspirational - Kara Jacobson. Letter winners: Fourth-year - Laurie Franchini. Third-year - Carianne Davis, Leah Gilland, Jodie Nelson, Julie Johnson, Marina Cardenas, Trinity Reid; Second-year - Kara Jacobson, Elaine Vestal, Anna Granberg, Ginny Wandler; First-year - Heather Bickley, Tia Sims, Katie Tiffany, Marisa Tatum, Dani Eide, Debbie Sarkesian. Non-lettermen - Amy Beador, Roxanne Cutler.

### All-Americans (Top 6 Finish)

6	Kara Jacobson (200 Free, 500 Free, 200 FR, 400 FR, 800 FR, 200 MR)
6	Carianne Davis (200 Free, 200 IM, 200 FR, 400 FR, 800 FR, 200 MR)
4	Laurie Franchini (500 Free, 1650 Free, 400 FR, 800 FR)
4	Katie Tiffany (100 Back, 200 FR, 400 FR, 200 MR)
2	Jodie Nelson (200 Back, 800 FR)
1	Marina Cardenas (200 MR)
1	Elaine Vestal (200 FR)
1	Anna Granberg (One-meter Diving)

Academic All-Americans - Laurie Franchini.

### Best Marks

Freestyle: 50 - Kara Jacobson 25.58 (2-10); 100 - Kara Jacobson 54.82 (3-7); 200 - Carianne Davis 1:54.85 (3-7); 500 - Laurie Franchini 5:11.90 (3-7); 1000 Free - Laurie Franchini 11:01.15 (2-10); 1650 Free - Laurie Franchini 17:53.26 (3-9).

Backstroke: 100 - Katie Tiffany 1:00.77 (3-8); 200 - Jodie Nelson 2:13.57 (3-9).

Breaststroke: 100 - Marina Cardenas 1:08.60 (3-8); 200 - Carianne Davis 2:28.44 (3-9).

Butterfly: 100 - Marisa Tatum 1:00.98 (3-8); 200 - Leah Gilland 2:15.57 (3-9).

Individual Medley: 200 - Katie Tiffany 2:15.05 (3-7); 400 - Jodie Nelson 4:45.77 (3-8).

Diving: One-Meter - Anna Granberg 332.50 (3-7); Three-Meter - No performances.

Relays: 200 Medley - Carianne Davis, Marina Cardenas, Katie Tiffany, Kara Jacobson 1:52.68 (3-8); 400 Medley - Katie Tiffany, Marina Cardenas, Jodie Nelson, Kara Jacobson 4:11.96 (2-23); 200 Free - Kara Jacobson, Katie Tiffany, Elaine Vestal, Carianne Davis 1:40.85 (3-7); 400 Free - Katie Tiffany, Laurie Franchini, Kara Jacobson, Carianne Davis 3:40.65 (3-9); 800 Free - Kara Jacobson, Laurie Franchini, Jodie Nelson, Carianne Davis 7:53.91 (3-8).

Note: Best marks are for actual events only. They do not reflect legs of relay or longer event. Meter to yard conversions - Multiply by .901. To convert 400 meters to 500 yards and 800 meters to 1000 yards, multiply by 1.143.