

FINAL 2002 GNAC TRACK-AND-FIELD TOP 10 PERFORMANCES

MEN

100 (11.10, 11.40; 10.30, 10.68; 10.73, 10.90)

| | |
|----------------------|-------|
| Mike Hinshaw, WOU | 10.76 |
| Justin Miller, HSU | 10.90 |
| Josh Delay, CWU | 11.00 |
| Moses Lewis, CWU | 11.04 |
| Fabien Coutard, CWU | 11.06 |
| Kojo Obeng, CWU | 11.10 |
| Brian Hunter, SPU | 11.14 |
| Cory Medina, CWU | 11.15 |
| Justin Lawrence, CWU | 11.17 |
| Jason Newton, WOU | 11.25 |

200 (22.20, 23.40; 20.65, 21.55; 21.60, 21.90)

| | |
|-----------------------|-------|
| Mike Hinshaw, WOU | 21.11 |
| Josh Delay, CWU | 21.95 |
| Moses Lewis, CWU | 22.20 |
| Fabien Coutard, CWU | 22.20 |
| David Neilsen, SU | 22.56 |
| Kojo Obeng, CWU | 22.59 |
| Jason Newton, WOU | 22.61 |
| Nick Haralson, CWU | 22.70 |
| K.J. Loreth, SMC | 22.90 |
| Donnie Herneisen, WOU | 22.90 |
| Cory Medina, CWU | 22.94 |

(**Hand-held:** Medina 22.6)

400 (49.90, 51.30; 46.50, 48.00, 48.64, 49.10)

| | |
|-----------------------|-------|
| K.J. Loreth, SMC | 49.21 |
| David Nielsen, SU | 49.26 |
| Nick Haralson, CWU | 49.77 |
| Donnie Herneisen, WOU | 50.02 |
| Jason Newton, WOU | 50.18 |
| Justin Miller, HSU | 50.19 |
| Josh Johnson, HSU | 50.30 |
| David Olson, NNU | 50.45 |
| Josh Freeman, WWU | 50.70 |
| Jesse McNeil, WWU | 50.72 |

800 (1:55.50, 1:59.00; 1:49.40, 1:52.60; 1:52.60, 1:54.00)

| | |
|-----------------------|---------|
| Nathanael Castle, SPU | 1:53.35 |
| Neal Fryett, SPU | 1:54.05 |
| Nick Gai, HSU | 1:54.27 |
| Jason Bush, CWU | 1:54.93 |
| Nate Carlson, SMC | 1:56.09 |
| Brandon Ohnemus, WWU | 1:56.25 |
| Kevin Gary, CWU | 1:56.80 |
| Andy Prentice, SMC | 1:57.01 |
| Tim LeCount, SPU | 1:57.50 |
| Stuart Chaffey, WOU | 1:57.65 |

1500 (3:59.00, 4:10.00; 3:47.00, 3:55.00; 3:44.25, 3:57.60)

| | |
|-----------------------|---------|
| Nathanael Castle, SPU | 3:50.44 |
| Nate Carlson, SMC | 3:52.11 |
| Tim LeCount, SPU | 3:55.72 |
| Martin Ranney, WWU | 3:55.82 |
| Juraj Trubiroha, NNU | 3:56.39 |

| | |
|---------------------|---------|
| Sean Rivers, UAA | 3:56.55 |
| Ben Wornell, NNU | 3:56.61 |
| Francis Kimeli, NNU | 3:56.75 |
| Jason Walker, HSU | 3:57.59 |
| Caleb Tubei, NNU | 3:58.05 |

3000 (Top 10; Not a post-season event)

| | |
|-----------------------|---------|
| Jason Porter, CWU | 9:07.05 |
| Brandon Whitaker, WWU | 9:10.24 |
| Aaron Eckert, WOU | 9:10.51 |
| Jeremy Rice, CWU | 9:13.70 |
| Andy Prentice, SMC | 9:19.3 |
| Neil Small, CWU | 9:24.1 |
| Phil Paul, CWU | 9:25.85 |
| Jason Bush, CWU | 9:34.0 |
| Matt Cook, CWU | 9:37.0 |
| Karl Meller, WWU | 9:39.1 |

5000 (15:10.00, 15:50.00; 14:00.00, 14:50.00; 14:56.24, 15:16.20)

| | |
|--------------------|----------|
| Jason Walker, HSU | 14:35.10 |
| Sean Rivers, UAA | 14:35.4 |
| Caleb Tubei, NNU | 14:51.36 |
| Ben Wornell, NNU | 14:59.19 |
| Spencer Walsh, WOU | 15:06.45 |
| Lehrin Morey, HSU | 15:13.9 |
| Martin Ranney, WWU | 15:28.59 |
| Steve DeKoker, WWU | 15:29.20 |
| Brian Kostock, HSU | 15:30.22 |
| Ethan Barrons, WOU | 15:30.6 |

10,000 (33:30.00, 35:00.00; 29:20.00, 31:25.00; 31:55.55, 32:20.40)

| | |
|----------------------|----------|
| Sean Rivers, UAA | 30:21.65 |
| Brice Roncace, NNU | 32:06.62 |
| Spencer Walsh, WOU | 32:07.1 |
| Carlos Siqueiros, SU | 32:13.01 |
| Francis Kimeli, NNU | 32:13.35 |
| Brian Kostock, HSU | 32:24.9 |
| Matt Schmitt, CWU | 32:30.90 |
| Andy Reese, WWU | 32:33.93 |
| Shawn Miller, WWU | 32:37.97 |
| Brett Franz, WOU | 32:41.67 |

110 Hurdles (15.50, 16.50; 14.00, 14.70; 14.80, 15.25)

| | |
|--------------------|-------|
| Nate Anderson, WOU | 14.90 |
| Damien Davis, WOU | 14.92 |
| Ryan Lee, NNU | 15.32 |
| Erik Iverson, CWU | 15.42 |
| Chris Bitcon, HSU | 15.79 |
| Justin Miller, HSU | 15.94 |
| Josh Freeman, WWU | 15.98 |
| Mark Hamlin, CWU | 16.30 |

400 Hurdles (56.90, 60.00; 51.70, 53.55; 53.90, 55.30)

| | |
|---------------------|-------|
| Paul Mach, SPU | 53.48 |
| Nate Anderson, WOU | 54.41 |
| Chris Petersen, CWU | 55.75 |
| Ryan Los, WWU | 56.03 |
| Chris Bitcon, HSU | 56.47 |

| | |
|----------------------|-------|
| Micah Kelcey, SPU | 56.75 |
| Mike Anderson, WOU | 58.21 |
| Shane Carothers, WWU | 58.45 |
| Michael Hartz, WWU | 58.59 |
| Mark Hamlin, CWU | 58.9 |

Steeple (9:40.00, 10:15.00; 9:00.00, 9:25:00; 9:26.00, 9:40.50)

| | |
|---------------------|---------|
| Jason Walker, HSU | 8:58.62 |
| Zach Dwello, NNU | 9:23.55 |
| Neil Small, CWU | 9:30.5 |
| Lehrin Morey, HSU | 9:35.81 |
| Ethan Barrons, WOU | 9:36.98 |
| Matt DeShazo, HSU | 9:39.0 |
| Francis Kimeli, NNU | 9:40.6 |
| Zac Vawter, SMC | 9:47.4 |
| Jason Porter, CWU | 9:48.5 |
| Dylan Corbett, WOU | 9:51.46 |

4x100 Relay (None; 40.00, 41.10; 41.86, 42.20)

| | |
|--------------------|-------|
| Western Oregon | 41.72 |
| Central Washington | 42.11 |
| Northwest Nazarene | 43.06 |
| Humboldt State | 43.10 |
| Seattle Pacific | 44.11 |
| Western Washington | 44.67 |

4x400 Relay (None; 3:09.00, 3:14.00; 3:17.00, 3:19.50)

| | |
|--------------------|---------|
| Western Oregon | 3:20.20 |
| Western Washington | 3:20.73 |
| Seattle Pacific | 3:20.94 |
| Central Washington | 3:24.57 |
| Humboldt State | 3:26.45 |
| Northwest Nazarene | 3:26.90 |
| Saint Martin's | 3:27.97 |
| Seattle | 3:30.16 |

Decathlon (Top 10; 7000, 6400; Top 16)

| | |
|---------------------|------|
| Justin Miller, HSU | 6721 |
| Jacob Hayes, HSU | 5799 |
| Josh Freeman, WWU | 5762 |
| Ryan Lee, NNU | 5615 |
| Chris Peterson, CWU | 5558 |
| Brandon Conroy, WOU | 5404 |
| Sean Gabe, WOU | 5251 |
| Curt Moon, CWU | 5178 |

High Jump (6-4 ¾, 5-11 ½; 7-1, 6-9 ¾; 6-9, 6-7)

| | |
|---------------------|--------------|
| Mike Bonadurer, WOU | 6-8 ¾ (2.05) |
| Jamil Wynn, WOU | 6-6 ¼ (1.99) |
| Brendan Reilly, HSU | 6-6 ¼ (1.99) |
| Mike Tully, WWU | 6-6 ¼ (1.99) |
| Beau Ross, CWU | 6-6 ¼ (1.99) |
| Sean Gabe, WOU | 6-5 ½ (1.97) |
| Peter Allan, WWU | 6-4 ¾ (1.95) |
| Scott Durbin, WWU | 6-4 (1.93) |
| Justin Miller, HSU | 6-3 ½ (1.92) |
| James Thomas, NNU | 6-0 (1.83) |

Pole Vault (15-0, 13-0; 17-0, 15-9; 15-7, 15-0)

| | |
|--------------------|---------------|
| Justin Miller, HSU | 16-8 ¾ (5.10) |
| Jacob Hayes, HSU | 15-3 (4.65) |
| Spike Olsen, WOU | 15-1 ½ (4.61) |

| | |
|---------------------|---------------|
| Hunter Verner, WWU | 15-1 (4.60) |
| Jon Stroshein, WOU | 14-6 (4.42) |
| Scott Romney, WWU | 14-5 ¼ (4.40) |
| Tommy Matthews, WOU | 14-1 ¼ (4.30) |
| Josh Fishburne, NNU | 13-9 ¼ (4.20) |
| B.J. Malphrus, CWU | 13-9 ¼ (4.20) |
| Chase Ruebel, WWU | 13-3 ½ (4.05) |

Long Jump (22-0, 21-0; 25-4, 23-8; 23-3, 22-8)

| | |
|----------------------|---------------|
| Jamil Wynn, WOU | 25-2 ¾ (7.69) |
| Justin Lawrence, CWU | 23-1 ¾ (7.05) |
| Joe Smith, CWU | 22-9 ½ (6.95) |
| Brad Satran, WOU | 22-7 ¼ (6.89) |
| Justin Miller, HSU | 22-6 ¾ (6.88) |
| Nate Anderson, WOU | 21-7 ¼ (6.58) |
| Erik Iverson, CWU | 21-7 (6.58) |
| Ryan Lee, NNU | 21-4 ¾ (6.52) |
| Preston Timmons, HSU | 21-1 ¼ (6.43) |
| Daniel Straw, WOU | 21-0 ½ (6.41) |

Triple Jump (44-6, 41-0; 51-0, 48-6; 46-6, 45-0)

| | |
|----------------------|----------------|
| Justin Lawrence, CWU | 48-8 ¼ (14.84) |
| Beau Ross, CWU | 48-4 ½ (14.74) |
| Jamil Wynn, WOU | 47-1 ½ (14.36) |
| Brad Satrin, WOU | 46-9 (14.25) |
| Daniel Straw, WOU | 41-4 ¼ (12.60) |

Shot Put (44-0, 40-0; 58-6, 53-0; 51-0, 49-0)

| | |
|-----------------------|-----------------|
| James Deaver, WWU | 49-0 ¾ (14.95) |
| Todd Gowing, WWU | 45-9 (13.94) |
| Erik Knutzen, WWU | 45-6 ¼ (13.87) |
| James Thomas Jr., NNU | 45-6 ¼ (13.87) |
| Ian McDole, WWU | 45-3 ¼ (13.80) |
| Collin Babcock, WOU | 44-10 ¾ (13.68) |
| Aaron Hayes, CWU | 44-10 ¼ (13.67) |
| Tom Farris, WWU | 43-4 ¼ (13.21) |
| Jason Patterson, CWU | 42-11 (13.08) |
| Ryan Thomason, CWU | 42-9 ½ (13.04) |

Discus (140-0, 120-0; 180-0, 160-0; 158-0, 153-0)

| | |
|-----------------------|---------------|
| Isaiah Haines, WOU | 160-0 (48.76) |
| Tony Kyle, WWU | 156-7 (47.73) |
| Jacob Galloway, CWU | 156-3 (47.62) |
| Tom Farris, WWU | 151-2 (46.09) |
| Greg Gottfried, WOU | 146-9 (44.74) |
| James Deaver, WWU | 145-8 (44.41) |
| Todd Gowing, WWU | 143-3 (43.66) |
| Brady Jones, WWU | 142-6 (43.44) |
| James Thomas Jr., NNU | 140-5 (42.80) |
| Chris Petersen, CWU | 139-8 (42.58) |

Hammer (140-0, 115-0; 200-0, 172-0; 162-4, 156-0)

| | |
|----------------------|----------------|
| Dave Margraf, HSU | 179-7 (54.74) |
| Greg Gottfried, WOU | 160-8 (48.98) |
| Tim Jolin, WWU | 156-10 (47.80) |
| Jordan Abbott, WOU | 156-1 (47.57) |
| Adam Butts, NNU | 143-7 (43.77) |
| James Deaver, WWU | 142-10 (43.53) |
| Golden Ables, HSU | 135-8 (41.35) |
| Isaiah Haines, WOU | 132-9 (40.47) |
| Ryan Nack, WOU | 131-10 (40.19) |
| Jonathan Hughes, CWU | 128-1 (39.04) |

Javelin (190-0, 160-0; 218-0, 195-0; 190-0, 185-0)

| | |
|--------------------------|---------------|
| James Thomas, NNU | 212-3 (64.69) |
| Derek Deskins, WOU | 202-2 (61.62) |
| Travis Huntsinger, WWU | 199-0 (60.66) |
| Tony Kyle, WWU | 193-3 (58.91) |
| Tony Roberts, WOU | 191-0 (58.22) |
| Brice Crowninshield, CWU | 180-8 (55.08) |
| Ray Henschel, WOU | 178-6 (54.41) |
| Justin Brewer, WWU | 178-3 (54.34) |
| Darren Gillenwater, WOU | 168-0 (51.21) |
| Ryan Lee, NNU | 166-6 (50.74) |

WOMEN**100 (12.80, 13.70; 11.50, 12.15; 12.23, 12.40)**

| | |
|--|-------|
| Melissa Behrens, WWU | 12.31 |
| Jody Binder, CWU | 12.35 |
| Dania Swosinski, WWU | 12.41 |
| Davina Strauss, CWU | 12.49 |
| Shelley Comstock, WOU | 12.71 |
| Emily Porter, WOU | 12.73 |
| Carie Bronson, HSU | 12.91 |
| Monica Smith, WOU | 12.93 |
| Liz Brown, CWU | 12.95 |
| Becca Bowman, NNU | 13.01 |
| (Hand-Held Bests: Binder 12.0; Harder 12.3; Comstock 12.4; Alicia DeGracia, CWU, 12.7). | |

200 (26.24, 27.50; 23.80, 24.90; 25.30, 25.74)

| | |
|------------------------|-------|
| Leah Wiest, SPU | 25.19 |
| Dania Swosinski, WWU | 25.25 |
| Jody Binder, CWU | 25.30 |
| Stephanie Huffman, SPU | 25.66 |
| Carie Bronson, HSU | 25.86 |
| Laura Widman, SPU | 26.02 |
| Melissa Behrens, WWU | 26.07 |
| Monica Smith, WOU | 26.07 |
| Lindsay Stewart, SPU | 26.19 |
| Toni Adair, WOU | 26.19 |

400 (59.80, 63.50; 54.00, 56.70; 57.64, 58.10)

| | |
|----------------------|---------|
| Dania Swosinski, WWU | 57.06 |
| Sarah Kraybill, SPU | 57.69 |
| Carie Bronson, HSU | 58.0 |
| Rachel Ross, SPU | 58.26 |
| Toni Adair, WOU | 58.48 |
| Jody Binder, CWU | 59.10 |
| Lindsay Stewart, SPU | 59.26 |
| Alisa Long, WOU | 1:00.23 |
| Theresa Lane, WOU | 1:00.71 |
| Bekah Bowman, NNU | 1:00.72 |

800 (2:20.00, 2:27.00; 2:08.00, 2:14.00; 2:17.05, 2:19.45)

| | |
|---------------------|---------|
| Rachel Ross, SPU | 2:09.36 |
| Sarah Kraybill, SPU | 2:10.46 |
| Alicen Maier, CWU | 2:11.45 |
| Leah Wiest, SPU | 2:17.24 |
| Josie Lavin, SPU | 2:18.13 |
| Meredith Gomez, WWU | 2:19.15 |
| Lindy Mullen, CWU | 2:19.20 |
| Nikki Hodgson, HSU | 2:19.46 |

| | |
|---------------------|---------|
| Ashlee Vincent, WWU | 2:20.63 |
| Theresa Lane, WOU | 2:21.30 |

1500 (4:50.00, 5:05.00; 4:27.00, 4:41.00; 4:44.75, 4:47.00)

| | |
|------------------------|---------|
| Alicen Maier, CWU | 4:28.23 |
| Rachel Ross, SPU | 4:32.08 |
| Ashlee Vincent, WWU | 4:40.05 |
| Kelly Fullerton, SU | 4:47.20 |
| Josanna Lavin, SPU | 4:47.23 |
| Ann-Marie Wiggins, NNU | 4:51.57 |
| Candice Owens, SPU | 4:53.66 |
| Ellie Enos, WOU | 4:53.88 |
| Jill Salmon, WOU | 4:54.23 |
| Tina Stimson, WWU | 4:55.27 |

3000 (10:30.00, 11:15.00; 9:40.00, 10:18.00; 10:21.24, 10:40.50)

| | |
|-------------------------|----------|
| Alicen Maier, CWU | 10:00.7 |
| Ashlee Vincent, WWU | 10:02.32 |
| Dolores Bergmann, HSU | 10:12.7 |
| Kari Gosnell, HSU | 10:23.18 |
| Ann-Marie Wiggins, NNU | 10:26.42 |
| Ellie Enos, WOU | 10:29.80 |
| Kelly Fullerton, SU | 10:30.74 |
| Jill Salmon, WOU | 10:40.11 |
| Dawnita LiaBraaten, CWU | 10:42.43 |
| Danielle Jacobs, HSU | 10:43.16 |

5000 (18:30, 20:00; 16:40.00, 18:00.00; 18:06.35, 18:30.50)

| | |
|-----------------------|----------|
| Ashlee Vincent, WWU | 17:33.21 |
| Katie Gosnell, HSU | 17:35.03 |
| Dolores Bergmann, HSU | 17:43.42 |
| Ellie Enos, WOU | 18:09.2 |
| Tiffany Picinich, CWU | 18:17.20 |
| Stacy Edwards, UAA | 18:24.78 |
| Kylee Wells, WOU | 18:28.68 |
| Ruth Hawkinson, SPU | 18:36.8 |
| Rachael Wiseman, HSU | 18:40.97 |
| Danielle Jacobs, HSU | 18:44.80 |

10,000 (40:00, 42:30; 35:20.00, 38:00.00; 38:45.35, 39:30.00)

| | |
|-----------------------|----------|
| Dolores Bergmann, HSU | 36:25.90 |
| Ellie Enos, WOU | 37:31.43 |
| Rachel Wiseman, HSU | 38:25.89 |
| Susan Young, NNU | 39:13.57 |
| Sarah Block, WOU | 40:22.34 |
| Amelia Kinney, WOU | 40:33.05 |
| Kelly Smith, HSU | 42:02.05 |
| Ann McCannick, SMC | 42:14.20 |

100 Hurdles (15.50, 17.00; 13.80, 14.65; 14.90, 15.35)

| | |
|------------------------|-------|
| Stephanie Huffman, SPU | 14.81 |
| Kate Herber, WWU | 15.06 |
| Natalie Senvold, WWU | 15.25 |
| Jennifer Pyeatt, SPU | 15.26 |
| Laura Widman, SPU | 15.45 |
| Cassie Moorhouse, WOU | 15.49 |
| Leah Wiest, SPU | 15.51 |
| Catherine Cook, WOU | 15.85 |
| LeAnne Evans, WWU | 16.11 |
| Sara Cunningham, HSU | 16.17 |

(Hand-Held: Herber 14.8).

400 Hurdles (66.00, 71.00; 59.00, 63.70; 64.50, 65.90)

| | |
|-------------------------|---------|
| Jawea Harder, SPU | 1:01.24 |
| Cassie Moorhouse, WOU | 1:03.06 |
| Jennifer Pyeatt, SPU | 1:03.56 |
| Sara Cunningham, HSU | 1:05.30 |
| Laura Burch, WWU | 1:05.59 |
| Jill Salmon, WOU | 1:06.93 |
| Angie Ocampo, SPU | 1:07.13 |
| Laura Winterhalter, HSU | 1:08.12 |
| Carrie Wales, WOU | 1:08.99 |
| Brooke Little, SPU | 1:09.10 |

2000 Steeplechase (Not a post-season event)

| | |
|-------------------|---------|
| Emily Thomas, SMC | 7:49.20 |
| Nicole Bandy, CWU | 8:02.59 |
| Kara Richard, SPU | 8:04.41 |
| Erica Pitman, CWU | 8:20.53 |

Steeple(11:50.00,12:30.00;10:20.00,11:30.00;11:55.00,12:30.00)

| | |
|-------------------|---------|
| Jill Salmon, WOU | 11:16.4 |
| Kara Richard, SPU | 11:34.2 |
| Emily Thomas, SMC | 11:38.5 |

4x100 Relay (None; 45.50, 47.70; 48.74, 49.25)

| | |
|--------------------|-------|
| Western Oregon | 48.23 |
| Western Washington | 48.26 |
| Central Washington | 48.78 |
| Humboldt State | 49.38 |
| Seattle Pacific | 49.43 |
| Northwest Nazarene | 51.71 |

4x400 Relay (None; 3:42.00, 3:52.00; 3:57.25, 4:01.24)

| | |
|--------------------|---------|
| Seattle Pacific | 3:54.43 |
| Western Oregon | 3:58.04 |
| Western Washington | 3:59.70 |
| Central Washington | 4:00.84 |
| Northwest Nazarene | 4:08.23 |
| Humboldt State | 4:09.54 |
| Seattle | 4:26.10 |
| Saint Martin's | 4:37.38 |

Heptathlon (Top 10; 5250, 4400; Top 16)

| | |
|------------------------|------|
| Stephanie Huffman, SPU | 5389 |
| Laura Widman, SPU | 5004 |
| Leah Wiest, SPU | 4795 |
| Natalie Senvold, WWU | 4280 |
| LeAnne Evans, WWU | 4130 |
| Jennifer Pyeatt, SPU | 4086 |
| Holly Conrad, WOU | 4083 |
| Kathy Gellatly, WOU | 3504 |

High Jump (5-3, 4-10; 5-10 ½, 5-6; 5-6, 5-4)

| | |
|------------------------|---------------|
| Stephanie Huffman, SPU | 5-7 (1.70) |
| Monica Smith, WOU | 5-6 (1.68) |
| Natalie Senvold, WWU | 5-5 ¾ (1.67) |
| Jenoa Potter, CWU | 5-5 (1.65) |
| Laura Widman, SPU | 5-1 ¼ (1.56) |
| Liz Ryan, CWU | 5-1 (1.55) |
| Leah Wiest, SPU | 5-0 ½ (1.54) |
| Holly Conrad, WOU | 4-11 ¾ (1.52) |

| | |
|---------------------|-------------|
| Lea Tiger, CWU | 4-11 (1.50) |
| Davina Strauss, CWU | 4-11 (1.50) |
| Lea Tiger, CWU | 4-11 (1.50) |
| Mary Majors, WOU | 4-11 (1.50) |

Pole Vault (10-6, 8-6; 13-1 ½, 11-3; 10-10, 10-2)

| | |
|----------------------|---------------|
| Danielle Juarez, WWU | 12-2 (3.71) |
| Ally Studer, SPU | 11-10 (3.61) |
| Katie Henes, WOU | 11-6 (3.51) |
| Theresa Mangahas, SU | 11-3 ¾ (3.45) |
| Aubrey Metzger, NNU | 11-3 (3.43) |
| Stephanie Booth, WOU | 11-0 (3.35) |
| Alina Lunsford, NNU | 10-6 ¾ (3.22) |
| Amber Rose, SPU | 10-4 (3.15) |
| Kelly Perez, WWU | 10-3 ¼ (3.13) |
| Kira Langnese, WOU | 9-6 ½ (2.91) |
| Lisa Smith, WOU | 9-6 ¼ (2.90) |
| Nina Dodge, WWU | 9-6 ¼ (2.90) |

Long Jump (17-0, 16-0; 20-6 ¼, 18-10; 18-2, 17-6)

| | |
|------------------------|----------------|
| Stephanie Huffman, SPU | 19-8 (5.99) |
| Laura Widman, SPU | 19-0 ¾ (5.81) |
| Davina Strauss, CWU | 18-10 ¾ (5.76) |
| Leah Wiest, SPU | 18-3 ½ (5.58) |
| Shelley Comstock, WOU | 17-6 (5.33) |
| Morgan Ranta, SPU | 16-10 ¼ (5.14) |
| Jennifer Pyeatt, SPU | 16-6 (5.03) |
| Aubrey Metzger, NNU | 16-5 ¾ (5.02) |
| Natalie Senvold, WWU | 16-3 ½ (4.97) |
| Kaye Stephens, WWU | 16-3 ¾ (4.97) |

Triple Jump (35-6, 31-0; 41-0 ¼, 38-0 ¾; 37-6, 36-0)

| | |
|------------------------|-----------------|
| Shelley Comstock, WOU | 38-10 ¼ (11.84) |
| Stephanie Huffman, SPU | 36-7 (11.15) |
| Lea Tiger, CWU | 36-1 ¾ (11.02) |
| Lacey Rasmussen, NNU | 35-9 (10.89) |
| Kaye Stephens, WWU | 34-10 ¼ (10.62) |
| Julie Graham, CWU | 34-6 (10.51) |
| Danika Desclos, SMC | 34-2 ¼ (10.42) |
| Amber Rose, SPU | 33-11 ½ (10.35) |
| Aubrey Metzger, NNU | 32-10 ¼ (10.01) |

Shot Put (38-0, 33-0; 50-0, 44-0; 42-6, 41-2)

| | |
|----------------------|-----------------|
| Dionna Anderson, SPU | 47-4 ½ (14.44) |
| Laura Widman, SPU | 42-4 ¾ (12.92) |
| Jennifer Pyeatt, SPU | 41-5 ¼ (12.63) |
| Dorothy Kerr, WOU | 41-2 ½ (12.56) |
| Holly Conrad, WOU | 40-11 ½ (12.49) |
| Shalese Borden, WOU | 40-7 ½ (12.38) |
| Brianne Barrett, WWU | 38-4 ¼ (11.69) |
| Kathy Zehrbach, HSU | 37-10 ½ (11.54) |
| Leah Wiest, SPU | 37-9 ½ (11.52) |
| Lauren Kooy, SPU | 36-11 ¼ (11.26) |

Discus (123-0, 110-0; 166-0, 143-0; 138-0, 133-0)

| | |
|---------------------|----------------|
| Kristi Lund, NNU | 141-7 (43.15) |
| Jaci Cederberg, WOU | 125-10 (38.35) |
| Lauren Kooy, SPU | 125-6 (38.26) |
| Dorothy Kerr, WOU | 124-0 (37.79) |
| Megan Wright, WWU | 122-10 (37.43) |

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|------------------------|---------------|
| Shalese Borden, WOU | 121-5 (37.00) |
| Kristina MacCully, WWU | 115-7 (35.24) |
| Stacy Hopkins, WWU | 112-8 (34.35) |
| Kessa Volland, WWU | 112-6 (34.30) |
| Christin McDowell, CWU | 110-5 (33.66) |

Hammer (140-0, 110-0; 185-0, 150-0; 150-0, 145-0)

| | |
|------------------------|----------------|
| Jennifer Dunkin, WOU | 172-9 (52.67) |
| Dorothy Kerr, WOU | 161-10 (49.33) |
| Jaci Cederberg, WOU | 149-8 (45.63) |
| Shalese Borden, WOU | 141-8 (43.18) |
| Marianne Scott, WWU | 133-9 (40.78) |
| Brianne Barrett, WWU | 123-6 (37.64) |
| Renee Rakestraw, HSU | 122-7 (37.36) |
| Christin McDowell, CWU | 120-9 (36.80) |
| Rebekah Ackermann, CWU | 112-4 (34.23) |

Javelin (125-0, 110-0; 155-0, 133-0; 129-0, 124-0)

| | |
|------------------------|----------------|
| Stephanie Huffman, SPU | 149-9 (45.64) |
| Kate Droz, HSU | 148-11 (45.38) |
| Holly Conrad, WOU | 145-5 (44.33) |
| Karie Pruett, CWU | 140-0 (42.69) |
| Stacy Hopkins, WWU | 139-2 (42.43) |
| Hailey Ruff, CWU | 128-9 (39.26) |
| Jaci Cederberg, WOU | 126-10 (38.67) |
| Mariah O'Neal, SMC | 123-5 (37.62) |
| Kira Langnese, WOU | 123-11 (37.77) |