

9-23-2006

2006 Apple Ridge Run Invitational, Women 5k Run

Great Northwest Athletic Conference

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Hy-Tek's Meet Manager 9/23/2006 02:4

2006 Apple Ridge Run Invitational - 9/23/2006

hosted by Central Washington University

Yakima, WA (Apple Ridge Run CC Course)

Results

Women 5k Run CC

Name	Year School	Seed	Finals	P
1 Bailey, Rachel	SR Central Wash.		18:57.00	
2 Puga, Ashley	SO NW Nazarene		19:25.00	
3 Benson, Sarah	JR Central Wash.		19:39.00	
4 Coulter, Julia	SO Alaska		19:41.00	
5 Korthauer, Aurelia	SO Alaska		19:46.00	
6 Coulter, Anna	SO Alaska		19:55.00	
7 Green, Amber	SR Central Wash.		20:04.00	
8 Mishler, Holly	JR NW Nazarene		20:19.00	
9 Habermann, Elisabeth	SO Alaska		20:22.00	
10 Zirbes, Beth	SR Alaska		20:52.00	
11 Bakeman, Mary	FR Central Wash.		20:57.00	
12 Clarke, Kirsten	SO Central Wash.		21:06.00	
13 DeBoer, Shannon	SO NW Nazarene		21:14.00	
14 Cooke, Stephanie	Central Wash.		21:20.00	
15 Sundvall, Jamie	FR NW Nazarene		21:26.00	
16 Larkin, Hannah	SO NW Nazarene		21:48.00	
17 Yaba, Jo Jo	Unattached		21:58.00	
18 Friday, Anya	FR Central Wash.		22:04.00	
19 Young, Jennifer	SO NW Nazarene		22:16.00	
20 Berdis, Meghan	SO Central Wash.		22:23.00	
21 Koch, Jamie	JR Central Wash.		22:24.00	
22 Hirschhorn, Jessica	FR Central Wash.		23:04.00	
23 Vreeland, Shannon	FR Central Wash.		23:11.00	
24 Morman, Ashley	FR NW Nazarene		23:30.00	
25 Perry, Jennifer	SR NW Nazarene		23:32.00	
26 Robinson, Tara	SR NW Nazarene		24:28.00	

Men 4 Mile Run CC

Name	Year School	Seed	Finals	P
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1	Scotchmer, Sam	JR Central Wash.	20:50.00
2	Kulvi, Trevor	JR Central Wash.	21:34.00
3	McDonald, John	FR Central Wash.	21:45.00
4	Rockenbach, Brian	SR Central Wash.	21:53.00
5	Blount, Kevin	JR Central Wash.	21:55.00
6	Khalif, Hassan	Unattached	21:57.00
7	Spangler, Allan	SO Alaska	22:10.00
8	Clark, Seth	FR NW Nazarene	22:11.00
9	Rank, Jonathon	FR Central Wash.	22:16.00
10	Lane, Zach	FR NW Nazarene	22:22.00
11	Palmer, Scott	FR Central Wash.	22:29.00
12	Sabo, Ray	FR Alaska	22:42.00
13	Kratzer, Josh	JR Central Wash.	22:44.00
14	Anderson, Geoff	SR Central Wash.	22:55.00
15	Ardissono, Eric	FR Central Wash.	22:57.00
16	Gillis, Anders	SO Alaska	23:17.00
17	Apperson, David	FR Alaska	23:29.00
18	Hetrick, Hank	FR NW Nazarene	23:48.00
19	McGregor, Grant	SO Alaska	23:51.00
20	DeSimone, Greg	FR NW Nazarene	24:11.00
21	Ferguson, Dan	SR Central Wash.	24:20.00
22	Gray, Kyle	SO NW Nazarene	24:37.00
23	Huff, Steve	FR NW Nazarene	25:20.00
24	Jensen, Joel	FR NW Nazarene	25:40.00
25	Block, Jon	SO NW Nazarene	26:05.00
26	Ramirez, Chris	Unattached	27:05.00

4 PM

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