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Humboldt Open Invitational

Great Northwest Athletic Conference

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Humboldt Open Invitational (Mar. 16, 2002 at Arcata)

5000 meter Run, Men FINAL RESULTS 1. Jason Walker (Humboldt State University) 14:46.6; 2. Perry Custance (Oregon Tech) 15:11.4; 3. Lehrin Morey (Humboldt State University) 15:13.9; 4. Fergus Breck (Humboldt Track Club) 15:24.0; 5. Brian Smith (Southern Oregon University) 15:44.0; 6. Brian Kostock (Humboldt State University) 15:52.3; 7. Mike Randolph (Southern Oregon University) 16:12.8; 8. Brian Janes (Humboldt State University) 16:30.3; 9. Ron Anderson (Humboldt State University) 16:42.5; 10. Rami Dahud (San Francisco St. Univ.) 16:59.9; 11. Jabin Tangeman (Southern Oregon University) 17:05.8; 12. Anthony Cottrell (Shasta College) 17:36.3; 13. Doug Nelson (Humboldt Track Club) 17:42.6; 14. Aaron Millen (Oregon Tech) 17:53.4; 15. Carson Blume (Shasta College) 18:23.9; 16. Rory Wood (Shasta College) 18:24.3; 17. BJ Brooke (Oregon Tech) 19:47.8; 18. Adam Freeland (Unattached) 19:53.1.

4x100 meter Relay, Women FINAL RESULTS 1. (Humboldt State University) 49.77; 2. (Southern Oregon University) 50.34; 3. (Oregon Tech) 51.63; (Sonoma State University) DISQUALIFIED.

4x100 meter Relay, Men FINAL RESULTS 1. (Shasta College) 43.17; 2. (Humboldt State University) 43.60; 3. (San Francisco St. Univ.) 43.64; 4. (Southern Oregon University) 43.84; 5. (Oregon Tech) 46.14.

800 meter Run, Women FINAL RESULTS 1. Joanna Luk (San Francisco St. Univ.) 2:20.61; 2. Shelley Gorin (Southern Oregon University) 2:21.41; 3. Anme Branco (Sonoma State University) 2:22.97; 4. Andrea Nations (Oregon Tech) 2:24.27; 5. Tiwana Merritt (Southern Oregon University) 2:25.87; 6. Crystal Johnson (Humboldt State University) 2:26.27; 7. Nickie Hodgson (Humboldt State University) 2:27.82; 8. Alyson Voltmer (Sonoma State University) 2:31.02; 9. June Moore (Humboldt State University) 2:31.03; 10. Susie Bowdoin (Oregon Tech) 2:33.93; 11. Kathleen Aragon (Shasta College) 2:34.19; 12. Kelly Russell (Sonoma State University) 2:35.41; 13. Mallory Swan (Oregon Tech) 2:36.9; 14. Dana Rodarte (Shasta College) 2:44.47; 15. Jessica Craig (San Francisco St. Univ.) 2:48.44; 16. Tiffany Martin (San Francisco St. Univ.) 2:52.85.

800 meter Run, Men FINAL RESULTS 1. Nick Gai (Humboldt State University) 1:57.2; 2. Nick Dunn (Southern Oregon University) 1:57.7; 3. Chris Binschus (College of the Redwoods) 1:57.8; 4. Ross Dexter (Southern Oregon University) 2:01.8; 5. Aaron Tara (Shasta College) 2:01.9; 6. Jesse Minor (Shasta College) 2:02.43; 7. Jason Golenor (Humboldt State University) 2:03.0; 8. Dave Bowdoin (Oregon Tech) 2:03.1; 9. Jeremy Carter (Oregon Tech) 2:04.3; 10. Graham Leirly (Humboldt State University) 2:09.32; 11. Sam Barham (Oregon Tech) 2:09.6; 12. Matt Burks (Unattached) 2:10.44; 13. David Brown (Oregon Tech) 2:12.34; 14. Dan Graybill (Humboldt State University) 2:12.35.

100 meter Hurdles, Women FINAL RESULTS 1. Brooke Meredith (Shasta College) 15.47; 2. Sara Cunningham (Humboldt State University) 16.20; 3. Macy Campbell (Oregon Tech) 16.55; 4. Shannon Lindquist (Sonoma State University) 16.98; 5. Kendra McGath (Southern Oregon University) 17.21; 6. Meredith Lisk (Humboldt State University) 17.71; 7. Jessi Wright (Sonoma State University) 17.72; 8. Stacy Lambert (Oregon Tech) 17.77; 9. Maren Holmboe (Gator Track Club) 18.17; 10. Deveny West (Oregon Tech) 18.36.

110 meter Hurdles, Men FINAL RESULTS 1. Justin May (Shasta College) 15.40; 2. Joe Sheire (Southern Oregon University) 15.58; 3. Paul Jeffcoat (Unattached) 15.67; 4. Chris Bitcon (Humboldt State University) 16.45; 5. Jacob Hayes (Humboldt State University) 16.87; 6. Ben Bechdolt (Oregon Tech) 18.42; 7. Hans Christenson (Oregon Tech) 18.52.

400 meter Dash, Women FINAL RESULTS 1. Caley Nordahl (Southern Oregon University) 1:02.27; 2. Erin Clark (Oregon Tech) 1:03.24; 3. Brooke Jaentsch (Southern Oregon University) 1:03.48; 4. Wendy Lautner (Humboldt State University) 1:03.69; 5. Andrea Nations (Oregon Tech) 1:03.79.

400 meter Dash, Men FINAL RESULTS 1. Eric Lisk (Humboldt Track Club) 49.52; 2. Caden McNain (Southern Oregon University) 49.62; 3. Shane Johnson (Southern Oregon University) 51.75; 4. Josh

Johnson (Humboldt State University) 51.91; 5. Genna Abramenko (San Francisco St. Univ.) 51.95; 6. Brian Hughes (Oregon Tech) 53.02; 7. George Phillips (Humboldt State University) 53.67; 8. Jeremy Carter (Oregon Tech) 54.18.

100 meter Dash, Women FINAL RESULTS 1. Rashaica Coleman (San Francisco St. Univ.) 12.28; 2. Andrea Eide (Southern Oregon University) 13.08; 3. Heather Radke (Oregon Tech) 13.20; 4. Sarah Aguillon (Sonoma State University) 13.41; 5. Macy Campbell (Oregon Tech) 13.46; 6. Rosanna Estes (Oregon Tech) 13.63; 7. Amaanda Telford (Shasta College) 13.76; 8. Ashti Dawson (Shasta College) 13.93; 9. Ciani Williams (Sonoma State University) 13.99; 10. Tera Fruse (Oregon Tech) 14.60; 11. Shanandoah Bakke (Unattached) 20.26.

100 meter Dash, Men FINAL RESULTS 1. Kempa Busby (Unattached) 10.94; 2. Khaek Khongsaengdao (College of the Redwoods) 10.96; 3. Arvin Wu (San Francisco St. Univ.) 11.21; 4. Jed Falkowski (Shasta College) 11.29; 5. Jon Schumacher (Southern Oregon University) 11.38; 6. Jacob Shultz (Shasta College) 11.48; 7. Jared Hathaway (Shasta College) 11.55; 8. Brandon Heater (Shasta College) 11.61; 9. Marque Tucker (College of the Redwoods) 11.62; 10. Andy Edgerton (Shasta College) 11.65; 11. Ricky Morales (Humboldt State University) 11.66; 11. Josh Taylor (Shasta College) 11.66; 13. Robert Droper (Southern Oregon University) 11.68; 13. Jon Chin (San Francisco St. Univ.) 11.68; 15. Paul Jefferson (Unattached) 11.72; 16. Scott Nelson (Oregon Tech) 11.79; 17. Jose Ayala (San Francisco St. Univ.) 12.19.

1500 meter Run, Women FINAL RESULTS 1. Joanna Luk (San Francisco St. Univ.) 4:55.76; 2. Shelley Gorin (Southern Oregon University) 4:57.68; 3. Dani Jacobs (Humboldt State University) 4:59.72; 4. Aleah Howington (Shasta College) 5:00.51; 5. Kelly Russell (Sonoma State University) 5:07.55; 6. Alyson Voltmer (Sonoma State University) 5:07.57; 7. Monica Rodriguez (Sonoma State University) 5:10.84; 8. Jillian Yerby (College of the Redwoods) 5:14.04; 9. Katti Gosnell (Humboldt State University) 5:15.43; 10. Nickie Hodgson (Humboldt State University) 5:18.03; 11. Andrea Guibao (Sonoma State University) 5:19.83; 12. Stephanie du Buir (Oregon Tech) 5:20.20.

1500 meter Run, Men FINAL RESULTS 1. Tim Miller (Humboldt Track Club) 3:55.62; 2. Jason Walker (Humboldt State University) 3:57.91; 3. Sean Peterson (Southern Oregon University) 3:59.72; 4. Perry Culance (Oregon Tech) 4:00.0; 5. Jesse Plummer (Unattached) 4:03.63; 6. Matt DeShazo (Humboldt State University) 4:08.32; 7. Aaron Tara (Shasta College) 4:10.72; 8. Fergus Breck (Humboldt Track Club) 4:12.37; 9. Nick Gai (Humboldt State University) 4:13.55; 10. Colin Begel (Humboldt Track Club) 4:14.44; 11. Lehrin Morey (Humboldt State University) 4:17.33; 12. Jesse Minor (Shasta College) 4:24.35; 13. Graham Leirly (Humboldt State University) 4:25.32; 14. Sam Barham (Oregon Tech) 4:25.35; 15. Dave Bowdoin (Oregon Tech) 4:26.99; 16. Brian Janes (Humboldt State University) 4:27.82.

400 meter Hurdles, Women FINAL RESULTS 1. Sara Cunningham (Humboldt State University) 1:05.30; 2. Shannon Lindquist (Sonoma State University) 1:05.98; 3. Megan Heuberger (Southern Oregon University) 1:06.08; 4. Laura Winterhalter (Humboldt State University) 1:09.70; 5. Meredith Lisk (Humboldt State University) 1:13.76; 6. Kendra McGath (Southern Oregon University) 1:15.58.

400 meter Hurdles, Men FINAL RESULTS 1. Joe Sheire (Southern Oregon University) 56.84; 2. Chris Bitcon (Humboldt State University) 57.25; 3. Thad Gada (Southern Oregon University) 57.37; 4. Ben Bechdolt (Oregon Tech) 1:02.65; 5. Daniel Summers (College of the Redwoods) 1:06.06; 6. Michael Fowler (San Francisco St. Univ.) 1:15.06.

200 meter Dash, Women FINAL RESULTS 1. Rashaica Coleman (San Francisco St. Univ.) 25.82; 2. Tiwana Merritt (Southern Oregon University) 25.97; 3. Andrea Eide (Southern Oregon University) 27.17; 4. Kaycee Shreeve (Shasta College) 27.50; 5. Sarah Aguillon (Sonoma State University) 28.14; 6. Macy Campbell (Oregon Tech) 28.16; 7. Kena Page (Southern Oregon University) 28.63; 8. Kathleen Aragon (Shasta College) 29.0; 9. Amaanda Telford (Shasta College) 29.14; 10. Rosanna Estes (Oregon Tech) 29.54; 11. Cass Smith (Southern Oregon University) 29.74; 12. Ciani Williams (Sonoma State University) 29.87; 13. Dana Rodarte (Shasta College) 31.74.

200 meter Dash, Men FINAL RESULTS 1. Jeff Billing (Shasta College) 22.26; 2. Arvin Wu (San Francisco St. Univ.) 22.58; 3. Lenouris Jones (San Francisco St. Univ.) 22.68; 4. Khaek Khongsaengdao (College of the Redwoods) 22.88; 5. Eric Lisk (Humboldt Track Club) 22.96; 6. Jon Schumacher (Southern Oregon University) 23.23; 7. Louie Wurch (Shasta College) 23.53; 8. Robert Droper (Southern Oregon University) 23.56; 9. Kenny McDaniel (Gator Track Club) 23.57; 10. Aaron Hathaway (Shasta College) 23.58; 11. Jacob Hayes (Humboldt State University) 23.8; 12. Shane Johnson (Southern Oregon University) 23.91; 13. Scott Nelson (Oregon Tech) 24.04; 14. Ricky Morales (Humboldt State University) 24.17; 15. Brian Hughes (Oregon Tech) 24.23; 16. Chris Gerona (Gator Track Club) 24.46; 17. Baden Falkowski (Shasta College) 24.67.

3000 meter Run, Women FINAL RESULTS 1. Dolores Bergmann (Humboldt State University) 10:12.7; 2. Andrea Woodcoct (Sonoma State University) 10:33.4; 3. Katie Moon (Sonoma State University) 10:39.7; 4. Rachel Wiseman (Humboldt State University) 10:49.0; 5. Liana Bernard (Southern Oregon University) 10:50.4; 6. Tammy Hunt (Humboldt State University) 11:00.2; 7. Hedi Gelarden (Southern Oregon University) 11:12.7; 8. Donna Brown (San Francisco St. Univ.) 11:14.5; 9. Mallory Swan (Oregon Tech) 11:20.0; 10. Stephanie du Buir (Oregon Tech) 11:30.5; 11. Katti Gosnell (Humboldt State University) 11:40.8; 12. Sonja Brester (Southern Oregon University) 11:41.7; 13. Kelly Smith (Humboldt State University) 11:58.9; 14. Lauren Wild (Shasta College) 12:47.0; 15. Sadie Solem (Humboldt State University) 13:05.2; 16. Meagan Wilcox (Shasta College) 13:27.7.

4x400 meter Relay, Women FINAL RESULTS 1. (Southern Oregon University) 4:05.2; 2. (Shasta College) 4:07.4; 3. (Humboldt State University) 4:13.9; 4. (Sonoma State University) 4:19.9; 5. (Oregon Tech) 4:21.7; 6. (San Francisco St. Univ.) 4:34.6.

4x400 meter Relay, Men FINAL RESULTS 1. (Southern Oregon University) 3:24.2; 2. (Shasta College) 3:24.8; 3. (Humboldt State University) 3:30.7; 4. (Oregon Tech) 3:36.0; 5. (San Francisco St. Univ.) 3:38.6; 6. (College of the Redwoods) 3:59.7.

Javelin, Women FINAL RESULTS 1. Kate Droz (Humboldt State University) 136-05.0; 2. Kasey Jones (Oregon Tech) 129-03.0; 3. Lianna Brown (Oregon Tech) 119-08.0; 4. Nicole Mapston (Southern Oregon University) 119-07.0; 5. Janine Dickey (Unattached) 113-05.0; 6. Afton Rodgers (Oregon Tech) 110-06.0; 7. Katrina Collins (Oregon Tech) 104-02.0; 8. Jessi Wright (Sonoma State University) 99-07.0; 9. Brooke Meredith (Shasta College) 97-07.0; 10. Angelina Ciucci (San Francisco St. Univ.) 89-00.0; 11. Ashley Hendrickson (Sonoma State University) 84-10.0; 12. Janine Wallan (Shasta College) 23-11.0.

Hammer, Men FINAL RESULTS 1. Justin Bennett (Southern Oregon University) 156-09.5; 2. Dave Margraf (Humboldt State University) 154-06.5; 3. Russ Jensen (San Francisco St. Univ.) 151-05.5; 4. Richard Bailey (Southern Oregon University) 139-04.5; 5. Kyle Hill (Oregon Tech) 130-03.0; 6. Mark Aolcman (Oregon Tech) 115-04.5; 7. Golden Ables (Humboldt State University) 133-08.0; 8. Tug Chittenden (College of the Redwoods) 106-00.0; 9. Austin Palin (Shasta College) 98-05.5; 10. Charles Lakin (College of the Redwoods) 95-00.0; 11. Chris Squires (Oregon Tech) 93-00.0; 12. Brian Sherman (Shasta College) 93-06.5; 13. Steve Clarke (Oregon Tech) 84-07.0; 14. Scott McClain (Oregon Tech) 73-00.0.

Pole Vault, Men FINAL RESULTS 1. Justin Miller (Humboldt State University) 15-10.0; 2. Paul Chapracki (Unattached) 15-00.0; 3. Hakeem Young (Southern Oregon University) 15-00.0; 4. Jacob Hayes (Humboldt State University) 14-06.0; 5. Thad Gada (Southern Oregon University) 13-06.0; 6. Travis Laloli (College of the Redwoods) 13-00.0; 7. Ben Foster (Shasta College) 12-06.0; 8. Kyle Hayes (Southern Oregon University) 12-00.0.

Long Jump, Women FINAL RESULTS 1. Kena Page (Southern Oregon University) 17-09.5; 2. Marvela Jung (Shasta College) 17-05.0; 3. Brooke Meredith (Shasta College) 16-09.5; 4. Maren Holmboe (Gator Track Club) 15-09.25; 5. Andrea Eide (Southern Oregon University) 15-05.5; 6. robyn Hendry (Oregon

Tech) 15-03.25; 7. Heather Radke (Oregon Tech) 15-02.0; 8. Macy Campbell (Oregon Tech) 15-01.5; 9. Kasey Jones (Oregon Tech) 14-07.75.

Javelin, Men FINAL RESULTS 1. Jeff Benttey (Southern Oregon University) 185-09.0; 2. Dave Pearson (Unattached) 171-10.0; 3. Art Benedetti (Unattached) 164-03.0; 4. Evan Tyler (San Francisco St. Univ.) 162-08.0; 5. Mike Trujillo (San Francisco St. Univ.) 159-09.0; 6. Hans Christenson (Oregon Tech) 157-09.0; 7. Mark Aolcman (Oregon Tech) 149-00.0; 8. Bert Berg (College of the Redwoods) 138-08.0; 9. Michael Castaneda (San Francisco St. Univ.) 114-06.5; 10. Brian Sherman (Shasta College) 108-02.5.

Hammer, Women FINAL RESULTS 1. Becky Zachay (Sonoma State University) 159-06.0; 2. Kristy Prasad (San Francisco St. Univ.) 132-00.0; 3. Latoya Washington (Sonoma State University) 125-09.0; 4. Concha Bautista (Southern Oregon University) 120-00.0; 5. Renee Rakestraw (Humboldt State University) 116-07.0; 6. Lianna Brown (Oregon Tech) 115-10.0; 7. Keely Borck (Sonoma State University) 106-09.0; 8. Kristen Butcher (Shasta College) 101-06.0; 9. Allison Lewis (Sonoma State University) 94-02.0; 10. Katrina Collins (Oregon Tech) 80-11.0; 11. Shanandoah Bakke (Unattached) 77-04.0; 12. Sara Prather (Shasta College) 71-10.0.

Long Jump, Men FINAL RESULTS 1. Jeff Billing (Shasta College) 21-08.5; 2. Marque Tucker (College of the Redwoods) 20-05.25; 3. Jose Ayala (San Francisco St. Univ.) 20-00.0; 4. Robert Droper (Southern Oregon University) 19-11.25; 5. Hans Christenson (Oregon Tech) 19-08.0; 6. Preston Timmons (Humboldt State University) 19-02.75; 7. Jon Chin (San Francisco St. Univ.) 18-11.5; 8. David Brown (Oregon Tech) 16-00.0.

Pole Vault, Women FINAL RESULTS 1. Deveny West (Oregon Tech) 10-00.0; 2. Lisa Promesei (San Francisco St. Univ.) 9-06.0.

Shot Put, Women FINAL RESULTS 1. Nicole Robertson (Southern Oregon University) 41-10.0; 2. Kristy Prasad (San Francisco St. Univ.) 40-01.0; 3. Shirley Brown (Southern Oregon University) 37-10.0; 4. Amber Lund (College of the Redwoods) 37-09.0; 5. Kathy Zehrbach (Humboldt State University) 37-06.0; 6. Keely Borck (Sonoma State University) 36-09.0; 7. Ashley Hendrickson (Sonoma State University) 33-05.0; 8. Casey Hannan (Southern Oregon University) 33-01.0; 9. Latoya Washington (Sonoma State University) 31-10.0; 10. Renee Rakestraw (Humboldt State University) 31-09.0; 11. Kasey Jones (Oregon Tech) 31-08.0; 12. Lianna Brown (Oregon Tech) 29-02.0; 13. Ashti Dawson (Shasta College) 28-04.0; 14. Katrina Collins (Oregon Tech) 27-11.0; 15. Afton Rodgers (Oregon Tech) 25-03.0; 16. Kristen Butcher (Shasta College) 23-11.0; 17. Shanandoah Bakke (Unattached) 21-07.0; 18. Sara Prather (Shasta College) 21-00.0.

Discus, Men FINAL RESULTS 1. Richard Bailey (Southern Oregon University) 153-02.0; 2. Russ Jensen (San Francisco St. Univ.) 141-08.0; 3. Brian Sherman (Shasta College) 129-08.0; 4. Kyle Hill (Oregon Tech) 126-03.0; 5. Jeff Benttey (Southern Oregon University) 126-02.0; 6. Golden Ables (Humboldt State University) 126-00.0; 7. Dave Margraf (Humboldt State University) 124-09.5; 8. Chris Squires (Oregon Tech) 121-04.0; 9. Austin Palin (Shasta College) 116-03.0; 10. Steve Clarke (Oregon Tech) 112-00.0; 11. Michael Castaneda (San Francisco St. Univ.) 102-02.0; 12. Matt Davis (San Francisco St. Univ.) 94-04.0; 13. Scott McClain (Oregon Tech) 7-01.0.

High Jump, Men FINAL RESULTS 1. Justin May (Shasta College) 6-04.0; 2. Hans Christenson (Oregon Tech) 6-02.0; 3. Brendan Reilly (Humboldt State University) 6-00.0; 4. Jacob Hayes (Humboldt State University) 5-06.0.

Triple Jump, Women FINAL RESULTS 1. Kasey Jones (Oregon Tech) 34-09.25; 2. robyn Hendry (Oregon Tech) 34-05.0; 3. Heather Radke (Oregon Tech) 33-09.0; 4. Maren Holmboe (Gator Track Club) 31-08.75.

Discus, Women FINAL RESULTS 1. Nicole Robertson (Southern Oregon University) 139-04.0; 2. Amber Lund (College of the Redwoods) 117-11.0; 3. Keely Borck (Sonoma State University) 112-10.0; 4. Allison Lewis (Sonoma State University) 107-10.0; 5. Becky Zachay (Sonoma State University) 107-04.0; 6. Casey Hannan (Southern Oregon University) 99-05.0; 7. Katrina Collins (Oregon Tech) 98-09.0; 8. Kristen Butcher (Shasta College) 88-07.0.

Shot Put, Men FINAL RESULTS 1. Richard Bailey (Southern Oregon University) 45-02.75; 2. Chris Squires (Oregon Tech) 44-04.0; 3. Justin Bennett (Southern Oregon University) 43-05.5; 4. Kyle Hill (Oregon Tech) 41-05.0; 5. Jeff Bentley (Southern Oregon University) 41-04.5; 6. Mark Aolcman (Oregon Tech) 38-04.0; 7. Brian Olson (San Francisco St. Univ.) 37-05.0; 8. Brian Sherman (Shasta College) 36-10.5; 9. Charles Lakin (College of the Redwoods) 33-08.25; 10. Scott McClain (Oregon Tech) 33-02.0; 11. Steve Clarke (Oregon Tech) 33-00.0; 12. Dave Tippett (Southern Oregon University) 32-11.75; 13. Matt Davis (San Francisco St. Univ.) 32-05.5; 14. Tug Chittenden (College of the Redwoods) 31-01.5; 15. Austin Palin (Shasta College) 26-09.25.

High Jump, Women FINAL RESULTS 1. Brooke Jaentsch (Southern Oregon University) 5-02.0; 2. Stacy Lambert (Oregon Tech) 5-02.0; 3. Kasey Jones (Oregon Tech) 5-02.0; 4. Heather Radke (Oregon Tech) 4-10.0; 4. Melissa Hansell (Sonoma State University) 4-10.0; 4. Caley Nordahl (Southern Oregon University) 4-10.0; 7. Jessi Wright (Sonoma State University) 4-10.0; 8. Ciani Williams (Sonoma State University) 4-08.0; 9. Stephanie du Buir (Oregon Tech) 4-08.0.

Triple Jump, Men FINAL RESULTS 1. Justin May (Shasta College) 43-00.5; 2. Jared Hathaway (Shasta College) 42-05.75; 3. Jose Ayala (San Francisco St. Univ.) 40-11.75; 4. David Brown (Oregon Tech) 35-11.0.