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# Northwest Men's Swimming All-Time Winners, 1981-1993

Central Washington University Athletics

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NORTHWEST MEN'S INDIVIDUAL YEARLY CHAMPIONS

Year	Team Champion (Pts)	Site
1981	None*	Tacoma
1982	Central Washington (409)	Portland
1983	Central Washington (625)	Portland
1984	Central Washington (616)	Olympia
1985	Central Washington (721)	Tacoma
1986	Central Washington (1017)	Olympia
1987	Central Washington (772)	Portland
1988	Central Washington (717)	Olympia
1989	Central Washington (723)	Portland
1990	Puget Sound (728)	Olympia
1991	Central Washington (786 1/2)	Ellensburg
1992	Puget Sound (623)	McMinnville
1993	Puget Sound (697)	Olympia

\*District 1 results extracted gave SFU district team title

50 Free

1981	Steve Koga, WU	21.31
1982	Steve Koga, WU	21.234
1983	Jeff Walker, CWU*	21.119
1984	Jeff Walker, CWU	21.284
1985	Peter Douglas, PLU	22.04
1986	Tom Harn, CWU	21.62
1987	Tom Harn, CWU	21.43
1988	Tom Harn, CWU	21.84
1989	Robert Kabacy, UPS	21.37
1990	M. Hendrickson, UPS	21.84
1991	Matt Boltz, WU	21.60
1992	Matt Boltz, WU	21.68
1993	Trevor Smith, Linf	21.68

\*Steve Koga, WU, set meet record in prelims (20.90)

100 Free

1981	Steve Koga, WU	47.28
1982	Steve Koga, WU	46.855
1983	Jeff Walker, CWU	46.884
1984	Jeff Walker, CWU	47.207
1985	Tom Harn, CWU	47.64
1986	Tom Harn, CWU	47.13
1987	Tom Harn, CWU	46.53
1988	Tom Harn, CWU	46.80
1989	Robert Kabacy, UPS	47.51
1990	Robert Kabacy, UPS	46.56
1991	Marc LeMaster, PLU	47.58
1992	Andrew Ross, SFU	47.46
1993	Andrew Ross, SFU	47.38

200 Free

1981	Tom Jackson, L&C	1:46.36
1982	P. Gillette, SOSC	1:45.550
1983	Jeff Walker, CWU	1:44.447
1984	Victor Perry, WU	1:46.906
1985	Tom Harn, CWU	1:46.01

1986 Tom Harn, CWU 1:43.11  
1987 Tom Harn, CWU 1:42.25  
1988 Tom Harn, CWU 1:42.32  
1989 Marc LeMaster, PLU 1:45.13  
1990 Marc LeMaster, PLU 1:44.31  
1991 Tomi Lantto, SFU 1:41.09  
1992 Tomi Lantto, SFU 1:43.13  
1993 Andrew Ross, SFU 1:44.85

500 Free

1981 Chris Edison, Lewis & Clark 4:46.78  
1982 Matt Boyd, Lewis & Clark 4:45.923  
1983 John Lindquist, CWU 4:46.952  
1984 John Christensen, PLU 4:49.544  
1985 Stan Vela, CWU 4:36.78  
1986 Stan Vela, CWU 4:45.21  
1987 Daryl Ehrenheim, UPS 4:49.04  
1988 Tom Drury, CWU 4:45.42  
1989 Andrew Cukurs, UPS 4:48.59  
1990 James Elwyn, PLU 4:47.56  
1991 Tomi Lantto, SFU 4:36.67  
1992 Tomi Lantto, SFU 4:40.71  
1993 Ace Blair, UPS 4:46.93

1650 Free

1981 Tim Daheim, PLU 16:34.80  
1982 John Lindquist, CWU 16:43.553  
1983 John Lindquist, CWU 16:42.175  
1984 Tim Daheim, PLU 16:39.973  
1985 Rob Phelan, CWU 16:54.88  
1986 Rob Phelan, CWU 16:59.21  
1987 Tom Drury, CWU 16:36.95  
1988 Tom Drury, CWU 16:37.29  
1989 Brandon Kroeger, Whtw 16:44.85  
1990 James Elwyn, PLU 16:25.67  
1991 Carl Anderson, CWU 16:58.74  
1992 Ace Blair, UPS 16:30.34  
1993 Ace Blair, UPS 16:29.30

100 Backstroke

1981 Bob Kennedy, CWU 56.00  
1982 Bob Kennedy, CWU 55.89  
1983 Tom Edwards, CWU 54.023  
1984 Tom Edwards, CWU 54.177  
1985 Stan Vela, CWU 53.47  
1986 Stan Vela, CWU 53.54  
1987 Matt Hougan, UPS 54.81  
1988 Aric Moss, CWU 55.71  
1989 Eric Moore, WU 54.97  
1990 Gary Haslerud, PLU 55.34  
1991 Buzz Vickery, CWU 55.02  
1992 Ted Dorsey, Linfield 54.09  
1993 Greg Kabacy, UPS 53.86

200 Backstroke

1981 Bob Kennedy, CWU 2:01.20

1982 Bob Kennedy, CWU 1:58.596  
1983 Tom Edwards, CWU 1:58.683  
1984 Jeff Leak, CWU 2:04.805  
1985 Stan Vela, CWU 1:54.21  
1986 Stan Vela, CWU 1:54.83  
1987 Eric Moore, WU 2:01.29  
1988 Eric Moore, WU 2:04.34  
1989 Eric Moore, WU 2:00.48  
1990 Matt Snow, Whtw 2:00.67  
1991 Tomi Lantto, SFU 1:55.96  
1992 Tomi Lantto, SFU 1:55.14  
1993 Greg Kabacy, UPS 1:55.97

100 Breaststroke

1981 Jeff Osborn, CWU 1:01.80  
1982 Scott Chase, PLU 1:01.570  
1983 Mike MacKinnon, PLU 1:00.30  
1984 John Bryant, CWU 1:00.033  
1985 John Bryant, CWU 59.83  
1986 Jeff Hillis, CWU 1:00.39  
1987 Jeff Hillis, CWU 59.50  
1988 Jeff Hillis, CWU 1:00.25  
1989 John Fairbairn, PLU 1:01.74  
1990 Pete Finney, WU 1:00.76  
1991 Rich Butler, UPS\*58.79  
1992 Rich Butler, UPS 59.15  
1993 Rich Butler, UPS 59.93

\*Set meet record in prelims (58.68)

200 Breaststroke

1981 Alan Stitt, PLU 2:18.00  
1982 Mike MacKinnon, PLU 2:18.178  
1983 John Sayre, CWU 2:07.717  
1984 John Bryant, CWU 2:12.136  
1985 John Bryant, CWU 2:11.87  
1986 Jeff Hillis, CWU 2:10.36  
1987 John Winkler, UPS2:13.25  
1988 Jeff Hillis, CWU 2:12.09  
1989 James Dietz, UPS 2:14.08  
1990 Brad Carlson, Evergreen 2:11.09  
1991 Rich Butler, UPS 2:06.04  
1992 Rich Butler, UPS 2:06.38  
1993 Rich Butler, UPS 2:09.34

100 Butterfly

1981 Steve Koga, WU 52.75  
1982 D. Gray, SOSC 50.812  
1983 John Sayre, CWU\* 50.935  
1984 Garvin Morlan, CWU 52.295  
1985 Walt Flury, CWU 52.81  
1986 Walt Flury, CWU 51.82  
1987 David Haynes, UPS51.73  
1988 Matt Roth, L&C 53.26  
1989 Matt Roth, L&C 52.51  
1990 Robert Kabacy, UPS 51.54

1991 Buzz Vickery, CWU 52.78  
1992 Greg Kabacy, UPS 52.31  
1993 Sandy Magee, SFU 52.76  
\*Set meet record in prelims (50.82)

200 Butterfly

1981 Mark Olson, PLU 1:59.08  
1982 D. Gray, SOSC 1:59.457  
1983 Walt Flury, CWU 1:58.276  
1984 John Shoup, PLU 1:58.320  
1985 John Shoup, PLU 1:56.64  
1986 Walt Flury, CWU 1:57.10  
1987 David Haynes, UPS 1:55.97  
1988 Andrew Cukurs, UPS 1:56.85  
1989 Andrew Cukurs, UPS 1:55.94  
1990 Andy Potter, L&C 1:56.48  
1991 Pete Unrau, SFU 1:56.34  
1992 Pete Unrau, SFU 1:57.11  
1993 Sandy Magee, SFU 1:56.41

200 IM

1981 Dan Bragg, Lewis & Clark 2:00.10  
1982 Dan Bragg, Lewis & Clark 1:58.826  
1983 John Sayre, CWU 1:50.971  
1984 John Sayre, CWU 1:56.167  
1985 John Lindquist, CWU 1:59.56  
1986 Jeff Hillis, CWU 2:00.87  
1987 David Haynes, UPS 1:57.90  
1988 David Roth, L&C 2:00.20  
1989 Ian Lee, UPS 1:57.88  
1990 Ian Lee, UPS 1:58.47  
1991 Ian Lee, UPS 1:56.42  
1992 Ian Lee, UPS 1:56.57  
1993 Todd Sutherland, SFU 1:57.23

400 IM

1981 Tim Daheim, PLU 4:22.89  
1982 John Lindquist, CWU 4:18.580  
1983 John Lindquist, CWU 4:17.078  
1984 John Lindquist, CWU 4:20.561  
1985 John Lindquist, CWU 4:13.18  
1986 Peter Braden, CWU 4:18.60  
1987 Ted Worthington, Whitman 4:18.61  
1988 Tom Drury, CWU 4:16.85  
1989 Ian Lee, UPS 4:11.18  
1990 Ian Lee, UPS 4:14.69  
1991 Pete Unrau, SFU 4:11.67  
1992 Pete Unrau, SFU 4:09.15  
1993 Todd Sutherland, SFU 4:09.96

One-Meter Diving

1981 Jose Rubio, Southern Oregon 401.60  
1982 Istok Marjanovic, Willamette 381.25  
1983 Terry Lathan, CWU 408.85  
1984 Not available

1985 Jeff Leavitt, WU 478.90  
1986 Terry Forrey, CWU 513.95  
1987 Terry Forrey, CWU 458.70  
1988 Tim Barlow, CWU 423.55  
1989 Alan Lagervall, CWU 430.85  
1990 Tom Wright, CWU 498.10  
1991 Tom Wright, CWU 444.15  
1992 Tony Revitt, SFU 500.95  
1993 Mike Sandbeck, CWU 386.80

Three-Meter Diving

1981 Jose Rubio, SOS 463.15  
1982 Istok Marjanovic, WU 379.90  
1983 Jeff Leavitt, PCC 389.65  
1984 Jeff Leavitt, WU 486.65  
1985 Jeff Leavitt, WU 469.80  
1986 Jeff Leavitt, WU 484.35  
1987 Terry Forrey, CWU 519.35  
1988 Tim Barlow, CWU 463.20  
1989 Alan Lagervall, CWU 445.70  
1990 Tom Wright, CWU 502.60  
1991 Tom Wright, CWU 471.25  
1992 Tony Revitt, SFU 522.70  
1993 Mike Sandbeck, CWU 391.30

200 Medley Relay

1989 Puget Sound 1:38.33  
1990 Puget Sound 1:38.32  
1991 Central Washington 1:37.43  
1992 Linfield 1:38.13  
1993 Central Washington 1:37.59

400 Medley Relay

1981 Pacific Lutheran 3:40.67  
1982 Central Washington 3:39.299  
1983 Central Washington 3:40.288  
1984 Central Washington 3:32.157  
1985 Central Washington 3:34.26  
1986 Central Washington 3:29.55  
1987 Central Washington 3:32.74  
1988 Central Washington 3:33.08  
1989 Puget Sound 3:37.55  
1990 Puget Sound 3:34.96  
1991 Puget Sound 3:33.24  
1992 Simon Fraser 3:30.47  
1993 Puget Sound 3:34.07

200 Free Relay

1989 Central Washington 1:27.39  
1990 Puget Sound 1:27.16  
1991 Willamette 1:25.95  
1992 Linfield 1:26.83  
1993 Central Washington 1:26.88

400 Free Relay

1981 Willamette 3:13.20

1982	Central Washington	3:12.975
1983	Central Washington	3:08.997
1984	Central Washington	3:14.166
1985	Pacific Lutheran	3:15.17
1986	Central Washington	3:09.79
1987	Central Washington	3:08.74
1988	Central Washington	3:10.71
1989	Central Washington	3:13.79
1990	Puget Sound	3:10.10
1991	Willamette	3:11.31
1992	Simon Fraser	3:10.12
1993	Linfield	3:11.87

#### 800 Free Relay

1981	Lewis & Clark	7:08.73
1982	Lewis & Clark	7:08.306
1983	Central Washington	7:04.314
1984	Pacific Lutheran	7:13.321
1985	Central Washington	7:05.69
1986	Central Washington	7:07.79
1987	Puget Sound	7:03.53
1988	Central Washington	7:07.28
1989	Lewis & Clark	7:11.77
1990	Puget Sound	7:09.55
1991	Simon Fraser	7:03.43
1992	Simon Fraser	7:04.09
1993	Simon Fraser	7:06.23

(Note: Meet records indicated by boldface)