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# Central Washington University Softball Statistics, 2000

Central Washington University Athletics

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## 2000 Central Washington Softball Statistics - 44 Games (20-24)

|                           | G-GS  | AB   | R   | H   | 2B | 3B | HRR | RBI | BB | SO  | SB    | SF | SAC | HP | Avg. | TB  | Slugg | OB%  | PO  | A   | E  | DP | FA    |
|---------------------------|-------|------|-----|-----|----|----|-----|-----|----|-----|-------|----|-----|----|------|-----|-------|------|-----|-----|----|----|-------|
| Jill Powell (ss-3b-2b)    | 44-44 | 136  | 28  | 59  | 12 | 5  | 8   | 41  | 14 | 19  | 1-1   | 1  | 3   | 1  | .434 | 105 | .772  | .487 | 69  | 80  | 16 | 6  | .903  |
| Nichole Friese (1b)       | 34-33 | 115  | 24  | 47  | 3  | 1  | 0   | 11  | 1  | 5   | 10-11 | 0  | 4   | 0  | .409 | 52  | .452  | .414 | 224 | 11  | 5  | 7  | .979  |
| Natalie Kamieniecki (c)   | 6-3   | 10   | 1   | 4   | 1  | 0  | 0   | 2   | 0  | 1   | 0-0   | 0  | 1   | 0  | .400 | 5   | .500  | .400 | 2   | 2   | 0  | 0  | 1.000 |
| Angie Vessey (3b-2b)      | 4-1   | 5    | 1   | 2   | 0  | 0  | 0   | 1   | 1  | 0   | 0-0   | 0  | 0   | 0  | .400 | 2   | .400  | .500 | 2   | 2   | 0  | 0  | 1.000 |
| Andrea Knight (of)        | 42-42 | 108  | 15  | 41  | 2  | 1  | 0   | 9   | 10 | 16  | 8-8   | 1  | 4   | 1  | .380 | 45  | .417  | .433 | 53  | 3   | 3  | 0  | .949  |
| Nicole Lantau (c-2b)      | 33-30 | 88   | 12  | 27  | 7  | 2  | 2   | 12  | 2  | 6   | 3-3   | 1  | 1   | 0  | .307 | 44  | .500  | .319 | 89  | 26  | 8  | 0  | .935  |
| Mickey Lloyd (p-3b)       | 28-26 | 49   | 5   | 15  | 2  | 1  | 0   | 5   | 3  | 5   | 0-0   | 0  | 1   | 1  | .306 | 19  | .388  | .358 | 14  | 63  | 9  | 3  | .895  |
| Shannon Zahrowski (ss-2b) | 37-36 | 102  | 11  | 31  | 4  | 1  | 1   | 13  | 8  | 14  | 2-4   | 2  | 5   | 1  | .304 | 40  | .392  | .354 | 43  | 64  | 10 | 4  | .915  |
| Nikki Bahr (2b-3b)        | 37-36 | 89   | 16  | 25  | 2  | 1  | 0   | 7   | 7  | 19  | 1-2   | 0  | 5   | 0  | .281 | 29  | .326  | .333 | 82  | 68  | 10 | 8  | .938  |
| Sarah Schumacher (of)     | 40-38 | 93   | 15  | 26  | 3  | 0  | 2   | 13  | 15 | 16  | 5-5   | 2  | 2   | 2  | .280 | 35  | .376  | .384 | 32  | 3   | 8  | 0  | .814  |
| Jessica Trodahl (of)      | 43-42 | 142  | 26  | 39  | 1  | 2  | 0   | 8   | 4  | 12  | 3-6   | 0  | 11  | 0  | .275 | 44  | .310  | .295 | 46  | 8   | 0  | 0  | 1.000 |
| Kaci Bridges (p)          | 25-18 | 30   | 0   | 8   | 2  | 0  | 0   | 0   | 2  | 6   | 1-1   | 0  | 3   | 1  | .267 | 10  | .333  | .333 | 4   | 42  | 2  | 0  | .958  |
| Keri Peterson (of)        | 16-8  | 30   | 1   | 8   | 1  | 0  | 1   | 6   | 1  | 5   | 0-0   | 0  | 2   | 0  | .267 | 12  | .400  | .290 | 2   | 1   | 0  | 0  | 1.000 |
| Jennifer Brown (1b-2b)    | 14-11 | 35   | 3   | 8   | 1  | 0  | 0   | 5   | 2  | 5   | 0-0   | 1  | 1   | 0  | .229 | 9   | .257  | .263 | 29  | 7   | 4  | 1  | .900  |
| Jaime Johnston (of-1b)    | 27-26 | 82   | 5   | 18  | 2  | 2  | 1   | 13  | 5  | 8   | 3-3   | 0  | 1   | 0  | .220 | 27  | .329  | .264 | 105 | 6   | 2  | 2  | .982  |
| Helene Tannahill (3b)     | 6-6   | 17   | 2   | 3   | 0  | 0  | 1   | 1   | 1  | 2   | 0-0   | 0  | 0   | 0  | .176 | 6   | .353  | .222 | 2   | 13  | 6  | 0  | .714  |
| Alissa Cleary (c)         | 2-2   | 6    | 0   | 1   | 1  | 0  | 0   | 0   | 0  | 1   | 0-0   | 0  | 0   | 0  | .167 | 2   | .333  | .167 | 3   | 1   | 1  | 0  | .800  |
| Erica Delgado (of)        | 3-1   | 6    | 1   | 1   | 0  | 0  | 0   | 1   | 0  | 2   | 0-0   | 0  | 0   | 0  | .167 | 1   | .167  | .167 | 2   | 0   | 0  | 0  | 1.000 |
| Rene Clink (c)            | 18-12 | 25   | 4   | 3   | 0  | 0  | 0   | 0   | 0  | 5   | 0-0   | 0  | 0   | 0  | .120 | 3   | .120  | .120 | 36  | 7   | 6  | 0  | .878  |
| Heather Kelly (2b)        | 8-4   | 12   | 0   | 1   | 0  | 0  | 0   | 0   | 1  | 4   | 0-0   | 0  | 2   | 0  | .083 | 1   | .083  | .154 | 7   | 4   | 2  | 0  | .846  |
| Holly Vanwert (p)         | 21-15 | 5    | 0   | 0   | 0  | 0  | 0   | 0   | 2  | 2   | 0-0   | 0  | 0   | 0  | .000 | 0   | .000  | .286 | 5   | 22  | 4  | 0  | .871  |
| Effie Fulton (of)         | 13-3  | 4    | 3   | 0   | 0  | 0  | 0   | 0   | 0  | 2   | 0-0   | 0  | 1   | 0  | .000 | 0   | .000  | .000 | 0   | 0   | 0  | 0  | .000  |
| Allie Shepard (ph)        | 2-0   | 1    | 0   | 0   | 0  | 0  | 0   | 0   | 0  | 0   | 0-0   | 0  | 0   | 0  | .000 | 0   | .000  | .000 | 0   | 0   | 0  | 0  | .000  |
| Totals                    | 44-44 | 1190 | 173 | 367 | 44 | 16 | 16  | 148 | 79 | 155 | 37-44 | 8  | 47  | 7  | .308 | 491 | .413  | .353 | 865 | 431 | 96 | 13 | .931  |
| Opponents                 | 44-44 | 1204 | 204 | 352 | 46 | 8  | 12  | 149 | 83 | 127 | 40-54 | 5  | 47  | 13 | .292 | 450 | .374  | .343 | 868 | 430 | 64 | 11 | .953  |

| Scoring By Innings | 1  | 2  | 3  | 4  | 5  | 6  | 7  | 8 | Totals |
|--------------------|----|----|----|----|----|----|----|---|--------|
| Central Washington | 34 | 21 | 26 | 28 | 27 | 26 | 6  | 5 | 173    |
| Opponents          | 27 | 22 | 29 | 38 | 22 | 35 | 28 | 3 | 204    |

**GWRBI** - Powell 8, Knight 3, Friese 2, Lantau 2, Bahr, Johnston, Schumacher, Opp. 19. **Hitting Streaks** - Friese 22 (37-80), Powell 15 (25-53), Trodahl 11 (13-38), Powell 8 (12-23), Lantau 7 (9-25), Lloyd 7 (8-20) **Grand Slams** - None. **GIDP** - Zahrowski 2, Powell, Clink, Opp. 9 **GIDP (non-force)** - Friese 2, Opp. 0. **LIDP** - Powell, Lantau, Schumacher, Bahr, Friese, Opp. 4. **Passed Balls** - Lantau 9, Clink 4, Cleary 1, Opp. 6. **Steals Off Catchers** - Lantau 21-33

(.636), Clink 18-19 (.947), Kamieniecki 1-1 (100.0), Cleary 0-1 (0.0). **Picked Off** - Zahrowski 3, Clink, Schumacher, Kamieniecki, Trodahl, Powell, Friese, Opp. 2. **LOB** - Central 291, Opp. 285. **Catcher's Interference** - by Clink 1. **Pinch-Hitting (App.-AB-H-BB-SO-RBI)** - Peterson 5-4-1-1-1-0, Bridges 2-2-0-0-1-0, Vessey 2-2-0-0-0-0, Kelly 2-1-0-0-1-0, Brown 2-1-0-1-1-0, Fulton 1-1-0-0-0-0, Shepard 1-1-0-0-0-0, Delgado 1-1-0-0-1-0.

| Pitching        | W  | L  | Sv | IP    | AB   | H   | 2B | 3B | HR | R   | ER  | BB | SO  | SB | SAC | WP | HB | ERA  | G  | GS | CG | GF |
|-----------------|----|----|----|-------|------|-----|----|----|----|-----|-----|----|-----|----|-----|----|----|------|----|----|----|----|
| Jessica Trodahl | 0  | 0  | 0  | 3     | 12   | 3   | 0  | 0  | 0  | 3   | 0   | 3  | 1   | 0  | 1   | 1  | 0  | 0.00 | 1  | 0  | 0  | 1  |
| Kaci Bridges    | 7  | 11 | 1  | 127   | 524  | 154 | 13 | 1  | 4  | 74  | 44  | 21 | 42  | 17 | 27  | 12 | 3  | 2.43 | 23 | 18 | 16 | 5  |
| Holly Vanwert   | 8  | 8  | 0  | 102.2 | 416  | 106 | 17 | 4  | 3  | 71  | 38  | 51 | 68  | 11 | 15  | 13 | 8  | 2.59 | 21 | 15 | 10 | 5  |
| Mickey Lloyd    | 5  | 5  | 0  | 55.2  | 252  | 89  | 16 | 3  | 5  | 56  | 39  | 8  | 16  | 12 | 9   | 1  | 2  | 4.90 | 11 | 11 | 7  | 0  |
| Totals          | 20 | 24 | 1  | 288.1 | 1204 | 352 | 46 | 8  | 12 | 204 | 121 | 83 | 127 | 40 | 52  | 27 | 13 | 2.94 | 44 | 44 | 33 | 11 |
| Opponents       | 24 | 20 | 0  | 289.1 | 1190 | 367 | 44 | 16 | 16 | 173 | 136 | 79 | 155 | 37 | 55  | 21 | 7  | 3.29 | 44 | 44 | 30 | 14 |

**Shutouts** - Vanwert 3, Lloyd 2, Bridges 1, Opp. 5. **Intentional Walks** - Opp. 1 (Vanwert). **Illegal Pitch** - Opp. 1.

### Scores, Pitchers and Home Runs

| Date    | Opponent              | Site  | Pitchers                               |
|---------|-----------------------|-------|--|
| Mar. 3  | 2 Humboldt State (8i) | 3 Ri  | Bridges                                |
| Mar. 3  | 4 Western Washington  | 1 Ri  | Lloyd HR - Tannahill                   |
| Mar. 4  | 2 Seattle             | 6 Ri  | <b>Vanwert</b> , Bridges (7)           |
| Mar. 5  | 2 Western Oregon      | 1 Ri  | Bridges                                |
| Mar. 5  | 5 St. Martin's        | 4 Ri  | Lloyd HR - Powell                      |
| Mar. 17 | 0 Humboldt State*     | 7 Ya  | Lloyd                                  |
| Mar. 17 | 1 Humboldt State*     | 7 Ya  | Bridges                                |
| Mar. 20 | 0 Sonoma State        | 3 A   | Bridges                                |
| Mar. 20 | 3 Sonoma State        | 8 A   | <b>Lloyd</b> , Vanwert (3)             |
| Mar. 21 | 1 Chico State         | 4 A   | Vanwert HR - Powell                    |
| Mar. 21 | 1 Chico State         | 3 A   | Bridges                                |
| Mar. 22 | 0 CSU Stanislaus      | 8 A   | Lloyd                                  |
| Mar. 22 | 1 CSU Stanislaus      | 4 A   | <b>Vanwert</b> , Bridges (6)           |
| Mar. 24 | 5 San Francisco State | 9 Hy  | Lloyd, <b>Vanwert</b> (1), Bridges (6) |
| Mar. 24 | 7 Saint Mary's        | 13 Hy | Bridges                                |
| Mar. 25 | 8 Oregon Tech         | 2 Hy  | Bridges                                |
| Mar. 25 | 3 Menlo               | 2 Hy  | Bridges                                |
| Mar. 26 | 0 UC Davis            | 4 Hy  | <b>Bridges</b> , Vanwert (6)           |
| Mar. 29 | 1 Western Washington* | 3 A   | Bridges                                |
| Mar. 29 | 0 Western Washington* | 8 A   | <b>Vanwert</b> , Bridges (5)           |
| Mar. 30 | 1 Western Oregon*     | 4 H   | Bridges                                |

|         |    |                     |    |   |  |
|---------|----|---------------------|----|---|--|
| Mar. 30 | 8  | Western Oregon*     | 0  | H | Lloyd HR - Powell 2, Zahrowski               |
| Apr. 1  | 7  | Seattle*            | 0  | H | Bridges HR - Lantau                          |
| Apr. 1  | 8  | Seattle*            | 0  | H | Lloyd  |
| Apr. 4  | 4  | Eastern Oregon      | 12 | H | <b>Bridges</b> , Vanwert (6)                 |
| Apr. 4  | 3  | Eastern Oregon      | 13 | H | <b>Lloyd</b> , Vanwert (3)                   |
| Apr. 7  | 1  | Humboldt State*     | 9  | A | Bridges                                      |
| Apr. 7  | 2  | Humboldt State*     | 4  | A | Lloyd HR - Johnston                          |
| Apr. 9  | 3  | Western Oregon*     | 2  | A | Vanwert                                      |
| Apr. 9  | 11 | Western Oregon*     | 8  | A | <b>Lloyd</b> , Vanwert (7)                   |
| Apr. 19 | 2  | St. Martin's*       | 5  | H | Vanwert                                      |
| Apr. 19 | 9  | St. Martin's*       | 7  | H | Vanwert HR - Powell 2                        |
| Apr. 20 | 6  | Simon Fraser        | 5  | A | Vanwert HR - Schumacher                      |
| Apr. 20 | 5  | Simon Fraser        | 9  | A | Vanwert, Trodahl (4) HR - Powell, Schumacher |
| Apr. 22 | 1  | Western Washington* | 11 | H | Vanwert                                      |
| Apr. 22 | 5  | Western Washington* | 3  | H | Bridges                                      |
| Apr. 26 | 9  | Whitworth           | 0  | A | Vanwert HR - Peterson                        |
| Apr. 26 | 15 | Whitworth           | 0  | A | Vanwert                                      |
| Apr. 29 | 2  | Seattle* (8I)       | 3  | A | Bridges                                      |
| Apr. 29 | 3  | Seattle* (8I)       | 0  | A | Vanwert                                      |
| Apr. 30 | 6  | St. Martin's*       | 1  | A | Bridges HR - Powell                          |
| Apr. 30 | 3  | St. Martin's*       | 2  | A | <b>Vanwert</b> , <u>Bridges</u> (5)          |
| May 4   | 6  | Simon Fraser (8i)   | 5  | H | Bridges HR - Lantau                          |
| May 4   | 7  | Simon Fraser        | 1  | H | Vanwert                                      |

\*Conference Ri - Richland. Hy - Hayward. Ya - Yakima

**Pitcher of record bold-faced.**

**Won-Loss Records: Overall** - 20-24 **PacWest** - 10-10, 3rd. **Home** - 7-5 **Away** - 8-12 **Neutral** - 5-7 **One-Run Games** - 7-2 **Doubleheaders** - 5-5-7 (17-17). (Doubleheader is defined as two games against the same team on same day). . **Extra Innings** - 2-2. **March** - 6-16. **April** - 12-8. **May** - 2-0.

## **Individual Game Bests**

### **Batting**

At Bats - 5, Nichole Friese (Simon Fraser, 5-4); Jessica Trodahl (WOU, 4-9; Seattle, 4-29)  
Runs - 3, Nichole Friese (3), Jill Powell (3), Jessica Trodahl  
Hits - 4, Nichole Friese (Western Oregon, 4-9)  
Doubles - 2, Jill Powell (Whitworth, 4-26); Nicole Lantau (St. Martin's, 4-19)  
Triples - 1, Many  
Home Runs - 2, Jill Powell (Western Oregon, 3-30; St. Martin's, 4-19)  
RBI - 4, Jill Powell (3), Jennifer Brown, Nichole Friese, Mickey Lloyd  
Steals - 2, Nichole Friese (2), Sarah Schumacher  
CS - 1, Many  
Walks - 2, Many  
Strikeouts - 3, Sarah Schumacher (OIT, 3-25); Kaci Bridges (St. Mary's, 3-24); Jessica Trodahl (HSU, 3-17)  
SF - 1, Many  
SAC - 1, Many  
HP - 1, Many  
GIDP - 1, Many  
PO - 13, Nichole Friese (St. Martin's, 4-30)  
Assists - 10, Nikki Bahr (Seattle, 4-29)  
Errors - 3, Helene Tannahill (San Francisco State, 3-24)  
DP - 2, Nikki Bahr (Chico State, 3-21, both games; OIT, 3-25); Nichole Friese (Chico State, 3-21)  
Passed Balls - 2, Nicole Lantau (Seattle, 4-1)  
Caught Stealing by -2, Nicole Lantau (Western Washington, 3-3)

### **Pitching**

Innings - 8, Kaci Bridges (HSU, 3-3; Simon Fraser, 5-4); Holly Vanwert (Seattle, 4-29)  
At Bats - 39, Holly Vanwert (Western Washington, 4-22)  
Hits - 16, Holly Vanwert (Western Washington, 4-22)  
Doubles - 3, Holly Vanwert (Eastern Oregon, 4-4; St. Martin's, 4-19); Mickey Lloyd (Eastern Oregon, 4-4; HSU, 4-7)  
Triples - 2, Holly Vanwert (Western Washington, 4-22); Mickey Lloyd (EOU, 4-4)  
Home Runs - 2, Kaci Bridges (Eastern Oregon, 4-4); Mickey Lloyd (HSU, 4-7)  
Runs - 13, Kaci Bridges (Saint Mary's, 3-24)  
Earned Runs - 8, Mickey Lloyd (EOU, 4-4)

Walks - 7, Holly Vanwert (SFU, 4-20)  
Strikeouts - 8, Holly Vanwert (Seattle, 4-29)  
Stolen Bases - 7, Kaci Bridges (HSU, 3-17)  
Sacrifices - 4, Kaci Bridges (3 times)  
Wild Pitches - 4, Kaci Bridges (Humboldt State, 3-3)  
Hit Batters - 2, Holly Vanwert (Western Oregon, 3-5); Mickey Lloyd (CSU Stanislaus, 3-22)

**CWU AWARD WINNERS:** Nikki Bahr (4), Kaci Bridges (4), Andrea Knight (4), Jaime Johnston (2), Mickey Lloyd (2), Holly Vanwert (2), Shannon Zahrowski (2), Jennifer Brown, Nichole Friese, Natalie Kamieniecki, Nicole Lantau, Keri Peterson, Jill Powell, Sarah Schumacher, Jessica Trodahl. **Non-letter winners** - Alissa Cleary, Rene Clink, Erin Delgado, Effie Fulton, Heather Kelly, Allie Shepard, Helene Tannahill, Angie Vessey. **Captain** - Andrea Knight, Nikki Bahr, Kaci Bridges. **Inspirational** - Keri Peterson. **MVP** - Jill Powell. **Junior Varsity MVP** - Angie Vessey, Erica Delgado.

## PAC WEST CONFERENCE

| WEST DIVISION             | Conference |           |             |            | Overall   |           |             | W | L | PCT  | GB  |    |   |      |
|---------------------------|------------|-----------|-------------|------------|-----------|-----------|-------------|---|---|------|-----|----|---|------|
|                           | W          | L         | PCT         | GB         | W         | L         | PCT         |   |   |      |     |    |   |      |
| Humboldt State            |            |           |             |            |           |           |             | 2 |   | .895 | --- | 54 | 9 | .857 |
| Western Washington        | 16         | 4         | .800        | 1.5        | 32        | 13        | .711        |   |   |      |     |    |   |      |
| <b>Central Washington</b> | <b>10</b>  | <b>10</b> | <b>.438</b> | <b>7.5</b> | <b>20</b> | <b>24</b> | <b>.455</b> |   |   |      |     |    |   |      |
| Western Oregon            | 8          | 12        | .400        | 9.5        | 21        | 30        | .412        |   |   |      |     |    |   |      |
| St. Martin's              | 5          | 14        | .263        | 12         | 9         | 33        | .214        |   |   |      |     |    |   |      |
| Seattle                   | 3          | 17        | .150        | 14.5       | 9         | 26        | .257        |   |   |      |     |    |   |      |

| PACIFIC DIVISION   | Conference |    |      |     | Overall |    |      |
|--------------------|------------|----|------|-----|---------|----|------|
|                    | W          | L  | PCT  | GB  | W       | L  | PCT  |
| Hawaii Pacific     | 16         | 5  | .762 | --- | 36      | 14 | .720 |
| Chaminade          | 13         | 9  | .591 | 3.5 | 23      | 22 | .511 |
| Hawaii Hilo        | 10         | 9  | .526 | 5   | 23      | 21 | .523 |
| BYU-Hawaii         | 5          | 18 | .217 | 12  | 9       | 33 | .214 |
| Western New Mexico |            |    |      |     | 34      | 17 | .667 |

**PACWEST PLAYOFFS (May 5-6 at Honolulu):** **Friday** - Humboldt State 7, Western New Mexico 3; Western Washington 3, Hawaii Pacific 0; Hawaii Pacific 1, Western New Mexico 0 (loser out); Humboldt State 2, Western Washington 1 (10inn). **Saturday** - Hawaii Pacific 4, Western Washington 3 (loser out); Humboldt State 2, Hawaii Pacific 1 (championship).

**NCAA WEST REGIONALS (May 12-13 at Arcata):** **Friday** - Cal State Stanislaus 5, CSU Bakersfield 4; UC Davis 8, Humboldt State 2; Humboldt State 2, CSU Bakersfield 1 (loser out); UC Davis 6, CSU Stanislaus 1. **Saturday** - CSU Stanislaus 1, Humboldt State 0 (loser out); CSU Stanislaus 2, UC Davis 1; UC Davis 4, CSU Stanislaus 1 (championship).

**PACWEST STATISTICS: Team: Batting** - 1. Western Washington .329; 2. Central Washington .308. **Pitching** - 1. Hawaii Pacific 1.07; 6. Central Washington 2.94. **Individual: Batting** - 1. Jill Powell, CWU, .434; 4. Nichole Friese, CWU, .409; 8. Andrea Knight, CWU, .380; 29. Nicole Lantau, CWU, .307; 31. Shannon Zahrowski, CWU, .304. **Pitching** - 15. Kaci Bridges, CWU, 2.43; 16. Holly Vanwert, CWU, 2.59.

**NCAA NATIONAL STATISTICS: Team:** Batting - 13. Western Washington .329. ERA -- 11. Hawaii Pacific 1.07; 17. Humboldt State 1.14. Fielding - 2. Hawaii Pacific .976; 7. Humboldt State .972. **Individual:** Triples - 17. Darcy Taylor, WWU, 6 (0.13). ERA - 18. Jennifer Woodard, HPU, 0.87; 23. Jessame Kendall, HSU, 0.91. Wins - 5. Jessame Kendall, HSU, 33.

## **PacWest All-Stars**

### **First Team**

| <b>Pos.</b> | <b>Player</b>                       |     | <b>Yr.</b>        | <b>Hometown</b> |
|-------------|-------------------------------------|-----|-------------------|-----------------|
| P           | Jennifer Woodard, Hawaii Pacific    | So. | Wilmington, CA    |                 |
| P           | Jessame Kendall, Humboldt State     | Jr. | Cave Junction, OR |                 |
| C           | Shelli Maher, Humboldt State        | Sr. | San Rafeal        |                 |
| IF          | Jill Powell, Central Washington     | Jr. | Kelso             |                 |
| IF          | Holly Garcia, Hawaii Pacific        | Fr. | Ewa Beach         |                 |
| IF          | April Tursky, Humboldt State        | Jr. | Cirtrus Heights   |                 |
| IF          | Shellie Broyles, Western New Mexico | Fr. |                   | Alamogordo, NM  |
| IF          | Coni Posey, Western Washington      | Sr. | Port Orchard      |                 |
| OF          | Leinani Hashida, Hawaii Hilo        | Fr. | Mililani          |                 |
| OF          | Lyrissa Sagawa, Hawaii Pacific      | Sr. | Hanapepe          |                 |
| OF          | Taiisha Pleasant, Humboldt State    | Sr. | Santa Cruz        |                 |
| OF          | Sonya Joseph, Western Washington    | Sr. | Anchorage, AK     |                 |
| DH          | Holly Justice, Western New Mexico   | Jr. | Glendale, AZ      |                 |

### **Second Team**

| <b>Pos.</b> | <b>Player</b>                      |     | <b>Yr.</b>    | <b>Hometown</b> |
|-------------|------------------------------------|-----|---------------|-----------------|
| P           | Michelle Canchola, Hawaii Hilo     | Sr. | Chino, CA     |                 |
| P           | Karen Limon, Humboldt State        | Jr. | Rialto        |                 |
| C           | Melanie Hipwell, Hawaii Hilo       | Sr. | Las Mesa, CA  |                 |
| IF          | Nichole Friese, Central Washington | Jr. | Longview      |                 |
| IF          | Ho'o Naki, Hawaii Pacific          | Fr. | Waimanalo, HI |                 |
| IF          | Kelly Sosinski, Humboldt State     | Fr. | Beaverton, OR |                 |
| IF          | Clerissa Demos, Western Oregon     | Jr. | Hermiston     |                 |
| IF          | Carlena Herd, Western Washington   | So. | Tacoma        |                 |
| OF          | Julee Itamura, Hawaii Hilo         | Sr. | Torrance, CA  |                 |
| OF          | Kelly Morgan, Humboldt State       | Fr. | Newark        |                 |
| OF          | Annette Gaeth, Seattle             | So. | Snohomish     |                 |
| OF          | Darcia Hawkins, Western Oregon     | So. | Salem         |                 |
| DH          | Hadley Jensen, Western Washington  | Fr. | Olympia       |                 |



**Coach-of-the-Year**- Frank Cheek, Humboldt State. **Player-of-the-Year** - Taisha Pleasant, HSU **Pitcher-of-the-Year** - Jessame Kendall, Humboldt State  
**Freshman-of-the-Year** - Holly Garcia, Hawaii Pacific **Newcomer-of-the-Year** - Jill Powell, CWU