

Alaska Nanook Cross Country Running Invitational

UAF West Ridge Trails
Saturday, September 01, 2007

University of Alaska Fairbanks Nanooks
BYU - Hawaii
Hawaii Pacific University

Results Packet

- 1 - Alaska Nanooks v. BYU-Hawaii
- 2 - Alaska Nanooks v. Hawaii Pacific University
- 3 - BYU Hawaii v. Hawaii Pacific University
- 4 - Men's 8Km Results - all teams
- 5 - Women's 6Km Results - all teams

Official Results

19 Racers

Birch Hill Invitational

at Birch Hill Trails, Fairbanks, Alaska

9:00AM on 9/1/2007

Sex					Class			
Place	Bib	Name	Age	Affiliation	Class	Place	Time	Behind
-Women-4Km								
23	4152	WHITFORD, Amanda		BYU-H	FU	1	14:12.5	+2:40.6
24	4157	HOROCHUK, Quinn		HPU	FU	2	14:25.7	+2:53.8
25	4155	VOORHEES, Diana		BYU-H	FU	3	14:33.4	+3:01.5
26	4163	COULTER, Anna		UAF	FU	4	14:36.1	+3:04.2
27	4169	ZIRBES, Beth		UAF	FU	5	14:38.3	+3:06.4
28	4171	SIPES, Nikkol		UAF	FU	6	14:41.1	+3:09.2
29	4158	PALMER, Emma		HPU	FU	7	14:43.3	+3:11.4
30	4153	GLENN, Hilarie		BYU-H	FU	8	14:54.3	+3:22.4
31	4156	DARLING, Wendy		HPU	FU	9	15:05.6	+3:33.7
32	4154	MENDOZA, Veronica		BYU-H	FU	10	15:19.9	+3:48.0
33	4151	FONG, Michelle		BYU-H	FU	11	15:24.7	+3:52.8
34	4166	HABERMANN, Elisabeth		UAF	FU	12	15:25.5	+3:53.6
35	4167	DRUMM, Amber		UAF	FU	13	15:28.0	+3:56.1
36	4165	FINSTAD, Krynn		UAF	FU	14	15:41.4	+4:09.5
37	4168	SMITH, Lindy		UAF	FU	15	15:45.7	+4:13.8
38	4160	TORRES, Jennifer		HPU	FU	16	15:47.4	+4:15.5
39	4170	FRIDYE, Rachel		UAF	FU	17	16:08.4	+4:36.5
40	4164	KORNFIELD, Tamra		UAF	FU	18	16:24.3	+4:52.4
41	4159	MATHEWS, Samantha		HPU	FU	19	17:55.0	+6:23.1

Official Results

22 Racers

Birch Hill Invitational

at Birch Hill Trails, Fairbanks, Alaska

9:00AM on 9/1/2007

Sex					Class			
Place	Bib	Name	Age	Affiliation	Class	Place	Time	Behind
-Men-4Km								
1	4174	HARPER, Kenneth		BYU-H	MU	1	11:31.9	0
2	4178	LAAN, Brandon		HPU	MU	2	11:32.1	+0.2
3	4181	MUNK NIELSEN, Jens		HPU	MU	3	11:47.3	+15.4
4	4179	DALGAARD, Esben		HPU	MU	4	11:49.1	+17.2
5	4184	TEPPAN, Vahur		UAF	MU	5	11:51.4	+19.5
6	4177	PUZEY, Thomas		BYU-H	MU	6	12:00.9	+29.0
7	4180	HARBER, Vaughn		HPU	MU	7	12:05.4	+33.5
8	4173	SYBROWSKY, Joseph		BYU-H	MU	8	12:07.0	+35.1
9	4190	MCGILL, Zach		UAF	MU	9	12:07.3	+35.4
10	4183	KORTHAUER, Marius		UAF	MU	10	12:13.6	+41.7
11	4185	SABO, Ray		UAF	MU	11	12:13.9	+42.0
12	4175	VALERIANO, Jacob		BYU-H	MU	12	12:19.3	+47.4
13	4182	ENRIQUES, Kevin		HPU	MU	13	12:19.5	+47.6
14	4194	DUNAHOE, Michael		UAF	MU	14	12:29.8	+57.9
15	4195	APPERSON, David		UAF	MU	15	12:33.5	+1:01.6
16	4193	EVERSMAN, Chris		UAF	MU	16	12:34.8	+1:02.9
17	4176	GONZALVES, Joseph		BYU-H	MU	17	12:54.7	+1:22.8
18	4186	SOOM, Henri		UAF	MU	18	13:01.6	+1:29.7
19	4188	SCHNITZER, Andreas		UAF	MU	19	13:10.6	+1:38.7
20	4187	PARRY, John		UAF	MU	20	13:16.3	+1:44.4
21	4189	PAKK, Robert		UAF	MU	21	13:17.6	+1:45.7
22	4192	MORRIS, Alex		UAF	MU	22	14:11.5	+2:39.6

Official Results

31 Racers

Birch Hill Invitational

at Birch Hill Trails, Fairbanks, Alaska

9:00AM on 9/1/2007

Place	Bib	Name			Time	Behind	Team Place	Team Points
Class: FU - University Women 4Km					Start Wave: 2			
1	4152	Amanda Whitford	BYU-H		14:12.5	0	1	1
2	4155	Diana Voorhees	BYU-H		14:33.4	+20.9	2	2
3	4163	Anna Coulter	UAF		14:36.1	+23.6	1	3
4	4169	Beth Zirbes	UAF		14:38.3	+25.8	2	4
5	4171	Nikkol Sipes	UAF		14:41.1	+28.6	3	5
6	4153	Hilarie Glenn	BYU-H		14:54.3	+41.8	3	6
7	4154	Veronica Mendoza	BYU-H		15:19.9	+1:07.4	4	7
8	4151	Michelle Fong	BYU-H		15:24.7	+1:12.2	5	8
9	4166	Elisabeth Habermann	UAF		15:25.5	+1:13.0	4	9
10	4167	Amber Drumm	UAF		15:28.0	+1:15.5	5	10
11	4165	Krynn Finstad	UAF		15:41.4	+1:28.9	6	
12	4168	Lindy Smith	UAF		15:45.7	+1:33.2	7	
13	4170	Rachel Fridye	UAF		16:08.4	+1:55.9	8	
14	4164	Tamra Kornfield	UAF		16:24.3	+2:11.8	9	
Class: MU - University Men 4Km					Start Wave: 1			
1	4174	Kenneth Harper	BYU-H		11:31.9	0	1	1
2	4184	Vahur Teppan	UAF		11:51.4	+19.5	1	2
3	4177	Thomas Puzey	BYU-H		12:00.9	+29.0	2	3
4	4173	Joseph Sybrowsky	BYU-H		12:07.0	+35.1	3	4
5	4190	Zach McGill	UAF		12:07.3	+35.4	2	5
6	4183	Marius Korthauer	UAF		12:13.6	+41.7	3	6
7	4185	Ray Sabo	UAF		12:13.9	+42.0	4	7
8	4175	Jacob Valeriano	BYU-H		12:19.3	+47.4	4	8
9	4194	Michael Dunahoe	UAF		12:29.8	+57.9	5	9
10	4195	David Apperson	UAF		12:33.5	+1:01.6	6	
11	4193	Chris Eversman	UAF		12:34.8	+1:02.9	7	
12	4176	Joseph Gonzalves	BYU-H		12:54.7	+1:22.8	5	12
13	4186	Henri Soom	UAF		13:01.6	+1:29.7	8	
14	4188	Andreas Schnitzer	UAF		13:10.6	+1:38.7	9	
15	4187	John Parry	UAF		13:16.3	+1:44.4	10	
16	4189	Robert Pakk	UAF		13:17.6	+1:45.7	11	
17	4192	Alex Morris	UAF		14:11.5	+2:39.6	12	

Official Results

31 Racers

Birch Hill Invitational

at Birch Hill Trails, Fairbanks, Alaska

9:00AM on 9/1/2007

Class University Women

1	BYU-H	Bib	Name	Time	Behind	Place	Points		
		4152	Amanda Whitford	14:12.5	0	1	1		
		4155	Diana Voorhees	14:33.4	+20.9	2	2		
		4153	Hilarie Glenn	14:54.3	+41.8	6	6		
		4154	Veronica Mendoza	15:19.9	+1:07.4	7	7		
		4151	Michelle Fong	15:24.7	+1:12.2	8	8		
						Scoring Finishers:	5	Points:	24

2	UAF	Bib	Name	Time	Behind	Place	Points		
		4163	Anna Coulter	14:36.1	+23.6	3	3		
		4169	Beth Zirbes	14:38.3	+25.8	4	4		
		4171	Nikkol Sipes	14:41.1	+28.6	5	5		
		4166	Elisabeth Habermann	15:25.5	+1:13.0	9	9		
		4167	Amber Drumm	15:28.0	+1:15.5	10	10		
		4165	Krynn Finstad	15:41.4	+1:28.9	11			
		4168	Lindy Smith	15:45.7	+1:33.2	12			
		4170	Rachel Fridye	16:08.4	+1:55.9	13			
		4164	Tamra Kornfield	16:24.3	+2:11.8	14			
						Scoring Finishers:	9	Points:	31

Class University Men

1	BYU-H	Bib	Name	Time	Behind	Place	Points		
		4174	Kenneth Harper	11:31.9	0	1	1		
		4177	Thomas Puzey	12:00.9	+29.0	3	3		
		4173	Joseph Sybrowsky	12:07.0	+35.1	4	4		
		4175	Jacob Valeriano	12:19.3	+47.4	8	8		
		4176	Joseph Gonзалves	12:54.7	+1:22.8	12	12		
						Scoring Finishers:	5	Points:	28

2	UAF	Bib	Name	Time	Behind	Place	Points		
		4184	Vahur Teppan	11:51.4	+19.5	2	2		
		4190	Zach McGill	12:07.3	+35.4	5	5		
		4183	Marius Korthauer	12:13.6	+41.7	6	6		
		4185	Ray Sabo	12:13.9	+42.0	7	7		
		4194	Michael Dunahoe	12:29.8	+57.9	9	9		
		4195	David Apperson	12:33.5	+1:01.6	10			
		4193	Chris Eversman	12:34.8	+1:02.9	11			
		4186	Henri Soom	13:01.6	+1:29.7	13			
		4188	Andreas Schnitzer	13:10.6	+1:38.7	14			
		4187	John Parry	13:16.3	+1:44.4	15			
		4189	Robert Pakk	13:17.6	+1:45.7	16			
		4192	Alex Morris	14:11.5	+2:39.6	17			
						Scoring Finishers:	12	Points:	29

Official Results

31 Racers

Birch Hill Invitational

at Birch Hill Trails, Fairbanks, Alaska

9:00AM on 9/1/2007

Place	Bib	Name		Time	Behind	Team Place	Team Points	
Class: FU - University Women 4Km				Start Wave: 2				
1	4157	Quinn	Horochuk	HPU	14:25.7	0	1 1	
2	4163	Anna	Coulter	UAF	14:36.1	+10.4	1 2	
3	4169	Beth	Zirbes	UAF	14:38.3	+12.6	2 3	
4	4171	Nikkol	Sipes	UAF	14:41.1	+15.4	3 4	
5	4158	Emma	Palmer	HPU	14:43.3	+17.6	2 5	
6	4156	Wendy	Darling	HPU	15:05.6	+39.9	3 6	
7	4166	Elisabeth	Habermann	UAF	15:25.5	+59.8	4 7	
8	4167	Amber	Drumm	UAF	15:28.0	+1:02.3	5 8	
9	4165	Krynn	Finstad	UAF	15:41.4	+1:15.7	6	
10	4168	Lindy	Smith	UAF	15:45.7	+1:20.0	7	
11	4160	Jennifer	Torres	HPU	15:47.4	+1:21.7	4 11	
12	4170	Rachel	Fridye	UAF	16:08.4	+1:42.7	8	
13	4164	Tamra	Kornfield	UAF	16:24.3	+1:58.6	9	
14	4159	Samantha	Mathews	HPU	17:55.0	+3:29.3	5 12	
Class: MU - University Men 4Km				Start Wave: 1				
1	4178	Brandon	Laan	HPU	11:32.1	0	1 1	
2	4181	Jens	Munk Nielsen	HPU	11:47.3	+15.2	2 2	
3	4179	Esben	Dalgaard	HPU	11:49.1	+17.0	3 3	
4	4184	Vahur	Teppan	UAF	11:51.4	+19.3	1 4	
5	4180	Vaughn	Harber	HPU	12:05.4	+33.3	4 5	
6	4190	Zach	McGill	UAF	12:07.3	+35.2	2 6	
7	4183	Marius	Korthauer	UAF	12:13.6	+41.5	3 7	
8	4185	Ray	Sabo	UAF	12:13.9	+41.8	4 8	
9	4182	Kevin	Enriques	HPU	12:19.5	+47.4	5 9	
10	4194	Michael	Dunahoe	UAF	12:29.8	+57.7	5 10	
11	4195	David	Apperson	UAF	12:33.5	+1:01.4	6	
12	4193	Chris	Eversman	UAF	12:34.8	+1:02.7	7	
13	4186	Henri	Soom	UAF	13:01.6	+1:29.5	8	
14	4188	Andreas	Schnitzer	UAF	13:10.6	+1:38.5	9	
15	4187	John	Parry	UAF	13:16.3	+1:44.2	10	
16	4189	Robert	Pakk	UAF	13:17.6	+1:45.5	11	
17	4192	Alex	Morris	UAF	14:11.5	+2:39.4	12	

Official Results

31 Racers

Birch Hill Invitational

at Birch Hill Trails, Fairbanks, Alaska

9:00AM on 9/1/2007

Class University Women

1	UAF	Bib	Name	Time	Behind	Place	Points
		4163	Anna Coulter	14:36.1	+10.4	2	2
		4169	Beth Zirbes	14:38.3	+12.6	3	3
		4171	Nikkol Sipes	14:41.1	+15.4	4	4
		4166	Elisabeth Habermann	15:25.5	+59.8	7	7
		4167	Amber Drumm	15:28.0	+1:02.3	8	8
		4165	Krynn Finstad	15:41.4	+1:15.7	9	
		4168	Lindy Smith	15:45.7	+1:20.0	10	
		4170	Rachel Fridye	16:08.4	+1:42.7	12	
		4164	Tamra Kornfield	16:24.3	+1:58.6	13	

Scoring Finishers: 9 Points: 24

2	HPU	Bib	Name	Time	Behind	Place	Points
		4157	Quinn Horochuk	14:25.7	0	1	1
		4158	Emma Palmer	14:43.3	+17.6	5	5
		4156	Wendy Darling	15:05.6	+39.9	6	6
		4160	Jennifer Torres	15:47.4	+1:21.7	11	11
		4159	Samantha Mathews	17:55.0	+3:29.3	14	12

Scoring Finishers: 5 Points: 35

Class University Men

1	HPU	Bib	Name	Time	Behind	Place	Points		
		4178	Brandon Laan	11:32.1	0	1	1		
		4181	Jens Munk Nielsen	11:47.3	+15.2	2	2		
		4179	Esben Dalgaard	11:49.1	+17.0	3	3		
		4180	Vaughn Harber	12:05.4	+33.3	5	5		
		4182	Kevin Enriques	12:19.5	+47.4	9	9		
						Scoring Finishers:	5	Points:	20

2	UAF	Bib	Name	Time	Behind	Place	Points		
		4184	Vahur Teppan	11:51.4	+19.3	4	4		
		4190	Zach McGill	12:07.3	+35.2	6	6		
		4183	Marius Korthauer	12:13.6	+41.5	7	7		
		4185	Ray Sabo	12:13.9	+41.8	8	8		
		4194	Michael Dunahoe	12:29.8	+57.7	10	10		
		4195	David Apperson	12:33.5	+1:01.4	11			
		4193	Chris Eversman	12:34.8	+1:02.7	12			
		4186	Henri Soom	13:01.6	+1:29.5	13			
		4188	Andreas Schnitzer	13:10.6	+1:38.5	14			
		4187	John Parry	13:16.3	+1:44.2	15			
		4189	Robert Pakk	13:17.6	+1:45.5	16			
		4192	Alex Morris	14:11.5	+2:39.4	17			
						Scoring Finishers:	12	Points:	35

Official Results

20 Racers

Birch Hill Invitational

at Birch Hill Trails, Fairbanks, Alaska

9:00AM on 9/1/2007

Place	Bib	Name			Time	Behind	Team Place	Team Points
Class: FU - University Women 4Km					Start Wave: 2			
1	4152	Amanda Whitford	BYU-H		14:12.5	0	1	1
2	4157	Quinn Horochuk	HPU		14:25.7	+13.2	1	2
3	4155	Diana Voorhees	BYU-H		14:33.4	+20.9	2	3
4	4158	Emma Palmer	HPU		14:43.3	+30.8	2	4
5	4153	Hilarie Glenn	BYU-H		14:54.3	+41.8	3	5
6	4156	Wendy Darling	HPU		15:05.6	+53.1	3	6
7	4154	Veronica Mendoza	BYU-H		15:19.9	+1:07.4	4	7
8	4151	Michelle Fong	BYU-H		15:24.7	+1:12.2	5	8
9	4160	Jennifer Torres	HPU		15:47.4	+1:34.9	4	9
10	4159	Samantha Mathews	HPU		17:55.0	+3:42.5	5	10
Class: MU - University Men 4Km					Start Wave: 1			
1	4174	Kenneth Harper	BYU-H		11:31.9	0	1	1
2	4178	Brandon Laan	HPU		11:32.1	+0.2	1	2
3	4181	Jens Munk Nielsen	HPU		11:47.3	+15.4	2	3
4	4179	Esben Dalgaard	HPU		11:49.1	+17.2	3	4
5	4177	Thomas Puzey	BYU-H		12:00.9	+29.0	2	5
6	4180	Vaughn Harber	HPU		12:05.4	+33.5	4	6
7	4173	Joseph Sybrowsky	BYU-H		12:07.0	+35.1	3	7
8	4175	Jacob Valeriano	BYU-H		12:19.3	+47.4	4	8
9	4182	Kevin Enriques	HPU		12:19.5	+47.6	5	9
10	4176	Joseph Gonzalves	BYU-H		12:54.7	+1:22.8	5	10

Official Results

20 Racers

Birch Hill Invitational

at Birch Hill Trails, Fairbanks, Alaska

9:00AM on 9/1/2007

Class University Women

1	BYU-H	Bib	Name	Time	Behind	Place	Points		
		4152	Amanda Whitford	14:12.5	0	1	1		
		4155	Diana Voorhees	14:33.4	+20.9	3	3		
		4153	Hilarie Glenn	14:54.3	+41.8	5	5		
		4154	Veronica Mendoza	15:19.9	+1:07.4	7	7		
		4151	Michelle Fong	15:24.7	+1:12.2	8	8		
						Scoring Finishers:	5	Points:	24

2	HPU	Bib	Name	Time	Behind	Place	Points		
		4157	Quinn Horochuk	14:25.7	+13.2	2	2		
		4158	Emma Palmer	14:43.3	+30.8	4	4		
		4156	Wendy Darling	15:05.6	+53.1	6	6		
		4160	Jennifer Torres	15:47.4	+1:34.9	9	9		
		4159	Samantha Mathews	17:55.0	+3:42.5	10	10		
						Scoring Finishers:	5	Points:	31

Class University Men

1	HPU	Bib	Name	Time	Behind	Place	Points		
		4178	Brandon Laan	11:32.1	+0.2	2	2		
		4181	Jens Munk Nielsen	11:47.3	+15.4	3	3		
		4179	Esben Dalgaard	11:49.1	+17.2	4	4		
		4180	Vaughn Harber	12:05.4	+33.5	6	6		
		4182	Kevin Enriques	12:19.5	+47.6	9	9		
						Scoring Finishers:	5	Points:	24

2	BYU-H	Bib	Name	Time	Behind	Place	Points		
		4174	Kenneth Harper	11:31.9	0	1	1		
		4177	Thomas Puzey	12:00.9	+29.0	5	5		
		4173	Joseph Sybrowsky	12:07.0	+35.1	7	7		
		4175	Jacob Valeriano	12:19.3	+47.4	8	8		
		4176	Joseph Gonzalves	12:54.7	+1:22.8	10	10		
						Scoring Finishers:	5	Points:	31