

4-3-2005

Western Washington University Ralph Vernacchia Meet

Great Northwest Athletic Conference

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WWU Ralph Vernacchia Meet - 4/1/2005 to 4/3/2005

Civic Field, Bellingham, WA

Women 100 Meter Dash:

1. Christine Stewart, Simon Fraser, 12.49, w:3.3; 2. Lisa Cornish, Ubc, 12.75, w:3.3; 3. Teresa Schlafer, Central Wash, 12.99, w:1.3; 4. Kayla Adams, Simon Fraser, 13.06, w:3.3; 5. Jeva Morton, Pacific Luth, 13.07, w:3.3; 6. Anna Soule, Seattle Paci, 13.11, w:3.3; 7. Tina Thorne, Central Wash, 13.21, w:3.3; 8. Angela Burt, Western Wash, 13.31, w:3.3; 9. Kailin Webb, Simon Fraser, 13.93, w:3.3; 10. Ashley Burns, Seattle Univ, 14.03, w:1.3; 11. Becky Pere, Central Wash, 14.56, w:1.3.

Women 200 Meter Dash:

1. Ruky Abdulai, Simon Fraser, 25.47, w:+0.0; 2. Grace Dunnigan, Simon Fraser, 25.62, w:+0.0; 3. Lauren Welch, Ubc, 25.93, w:+0.0; 4. Christine Stewart, Simon Fraser, 25.93, w:+0.0; 5. Chelsi Claussen, Saint Martin, 25.95, w:+0.0; 6. Jessica Olfert, Ubc, 26.76, w:1.6; 7. Jean Kolb, Seattle Paci, 26.84, w:1.6; 8. Lisa Cornish, Ubc, 26.90, w:+0.0; 9. Katie Hingston, Central Wash, 26.93, w:1.6; 10. Lindsay Mitchell, Central Wash, 27.01, w:1.6; 11. Ashley Rountree, Central Wash, 27.27, w:1.4; 12. Kelsey Cooley, Seattle Paci, 27.35, w:1.6; 13. Kim Bertholf, Pacific Luth, 27.35, w:1.4; 14. Anna Soule, Seattle Paci, 27.53, w:+0.0; 15. Kayla Adams, Simon Fraser, 27.67, w:+0.0; 16. Kari-Jean McKenzie, Ubc, 27.76, w:1.6; 17. Tina Thorne, Central Wash, 27.77, w:1.4; 18. Kara Fischer, Western Wash, 27.79, w:1.4; 19. Chelsea Evans, Central Wash, 28.16, w:1.4; 20. Amy Harder, Western Wash, 28.89, w:0.8; 21. Sarah Larson, Pacific Luth, 29.01, w:0.8; 22. Astrid Merkt, Ubc, 30.17, w:0.8; 23. Alaina Stenberg, Central Wash, 30.28, w:0.8; 24. Hannah Schultz, Pacific Luth, 30.81, w:0.8; 25. Ashley Burns, Seattle Univ, 31.56, w:0.8.

Women 400 Meter Dash:

1. Lauren Seibel, Ubc, 56.82; 2. Grace Dunnigan, Simon Fraser, 58.11; 3. Kari-Jean McKenzie, Ubc, 59.63; 4. Katie Hingston, Central Wash, 1:00.69; 5. Kim Bertholf, Pacific Luth, 1:01.13; 6. Jean Kolb, Seattle Paci, 1:01.86; 7. Chelsea Evans, Central Wash, 1:03.11; 8. Sarah Larson, Pacific Luth, 1:03.11; 9. Amy Harder, Western Wash, 1:05.6h; 10. Kaleigh Bishop, Saint Martin, 1:05.9h; 11. Hannah Schultz, Pacific Luth, 1:07.9h.

Women 800 Meter Run:

1. Rebecca Johnstone, Simon Fraser, 2:08.71; 2. Alexandra Krasovska, Simon Fraser, 2:12.02; 3. Lindy Mullen, Central Wash, 2:19.76; 4. Sheena Murphy, Ubc, 2:21.99; 5. Danielle Ayers-Stamper, Seattle Paci, 2:23.23; 6. Chloe F, Simon Fraser, 2:25.53; 7. Charisse Arce, Seattle Univ, 2:26.13; 8. Kimmy Taylor, Ubc, 2:28.23; 9. Alisha Baldwin, Northwest Un, 2:30.12; 10. Emily Miller, Western Wash, 2:30.65; 11. Wendy Overton, Western Wash, 2:30.70; 12. Shauna Tachibana, Pacific Luth, 2:34.99; 13. Holly Bueb, Seattle Univ, 2:36.32; 14. Linda Blake, Seattle Paci, 2:37.83; 15. Erin Fraser, Western Wash, 2:38.12.

Wash, 2:40.29; 16. Nicole D'Amico, Western Wash, 2:40.76; 17. Kim Morris, Western Wash, 2:43.10; 18. Patricia Ramos, Seattle Univ, 2:45.40.

Women 1500 Meter Run:

1. Kristen Kolstad, Simon Fraser, 4:44.05; 2. Justine Boulin, Simon Fraser 4:44.28; 3. Leah Belanger, Simon Fraser, 4:45.55; 4. Sheena Murphy, Ubc, 4:46.10; 5. Shannon Elmer, Ubc, 4:46.13; 6. Karin Rohde, Seattle Paci, 4:46.58; 7. Renee Wageman, Northwest Un, 4:47.98; 8. Josanna Lavin, Seattl Paci, 4:49.70; 9. Jennifer Marsh, Seattle Paci, 4:51.30; 10. Kimmy Taylor, Ubc, 4:54.34; 11. Brandy Anderson, Central Wash, 4:59.04; 12. Ashley Teran Northwest Un, 4:59.58; 13. Tracy Kuhn, Seattle Paci, 5:02.55; 14. Jessie Dunnam, Saint Martin, 5:07.73; 15. Sarah Benson, Central Wash, 5:07.78; 16 Molly DePasqual, Western Wash, 5:08.19; 17. Kaleigh Bishop, Saint Martin, 5:08.39; 18. Kristen Davignon, Pacific Luth, 5:11.42; 19. Katrina Schwerdtfeger, Western Wash, 5:15.78; 20. Megan Wrightman, Seattle Paci, 5:18.67; 21. Nicole Cullop, Central Wash, 5:19.32; 22. Nicole D'Amico, Wes Wash, 5:21.07; 23. Kim Morris, Western Wash, 5:22.41; 24. Kristin Haas, Western Wash, 5:23.78; 25. Sally Ryan, Western Wash, 5:24.84; 26. Lexi Bax Western Wash, 5:26.23; 27. Sara Thon, Western Wash, 5:29.0h; 28. Andrea Newcomer, Western Wash, 5:29.48; 29. Jamie Koch, Central Wash, 5:29.71; 30 Jessica Howell, Western Wash, 5:32.88; 31. Tanja Owen, Central Wash, 5:35. 32. Shaheen Aslam, Western Wash, 5:36.17; 33. Meghan Berdis, Central Wash, 6:14.61.

Women 3000 Meter Run:

1. Ashley Teran, Northwest Un, 10:33.2h; 2. Karin Rohde, Seattle Paci, 10:38.0h; 3. Tracy Kuhn, Seattle Paci, 11:03.4h; 4. Kristin Haas, Western Wash, 11:07.0h; 5. Lydia Lauer, Seattle Univ, 11:16.1h; 6. Molly DePasqual Western Wash, 11:19.0h; 7. Kaitlin Rohde, Seattle Paci, 11:19.6h; 8. Megan Salveson, Seattle Univ, 11:24.1h; 9. Kristie Rice, Seattle Univ, 11:36.8h; Nicole D'Amico, Western Wash, 11:37.2h; 11. Sally Ryan, Western Wash, 11:38.6h; 12. Ruth Harbaugh, Seattle Paci, 11:45.0h; 13. Lexi Baxter, West Wash, 11:47.1h; 14. Keely Kaligis, Western Wash, 11:55.7h; 15. Rachel Sues Seattle Univ, 12:02.7h; 16. Jessica Howell, Western Wash, 12:07.4h; 17. Al Misenaar, Western Wash, 12:26.7h; 18. Emily Ferguson, Seattle Univ, 12:32.1 --. Rachel Brewer, Unattached, X10:23.3h.

Women 5000 Meter Run:

1. Heather McEwen, Ubc, 17:21.73; 2. Kelly Fullerton, Seattle Univ, 17:40. 3. Piper Hayes, Ubc, 17:57.19; 4. Alana Garcia, Seattle Univ, 18:01.64; 5. Nicole Akeroyd, Ubc, 18:56.71; 6. Janelle Probst, Saint Martin, 19:36.56; Nikki Jensen, Seattle Paci, 20:02.86; 8. Emily Uhlig, Central Wash, 20:44. 9. Cathy Fjellanger, Western Wash, 21:10.71; 10. Jessie Oberholser, Centra Wash, 21:17.78; 11. Katelynn Blume, Saint Martin, 22:30.10; --. Kristin Carpenter, Ubc, DNF; --. Amanda Cliff, Simon Fraser, DNF.

Women 10000 Meter Run:

1. Tiffany Stilwater, Northwest Un, 36:49.9h; 2. Bethany DeVilbiss, Pacific Luth, 38:27.8h; 3. Beth Rosapepe, Western Wash, 38:39.4h; 4. Becky Knox, Seattle Paci, 39:59.6h; 5. Kjerstein Bailey, Northwest Un, 40:18.1h; 6. Ka Burse, Western Wash, 44:34.5h.

Women 100 Meter Hurdles:

(w: 1.3) 1. Jessica Olfert, Ubc, 14.77; 2. Kelsey Cooley, Seattle Paci, 15.3. 3. Ashley Rountree, Central Wash, 15.37; 4. Sally Wong, Ubc, 15.45; 5. Che Claussen, Saint Martin, 15.75; 6. Kirsten Holt, Western Wash, 15.97; 7. Brianna Fredricksen, Central Wash, 18.24.

Women 400 Meter Hurdles:

1. Lauren Welch, Ubc, 1:01.13; 2. Lakita Burr, Saint Martin, 1:09.29; 3. Kristen Cornish, Western Wash, 1:11.81.

Women 3000 Meter Steeplechase:

1. Meredith MacGregor, Simon Fraser, 11:04.6h; 2. Kristin Carpenter, Ubc, 11:13.3h; 3. Victoria Perkins, Seattle Paci, 11:48.7h; 4. Brandi McCoy, Seattle Paci, 12:03.2h; 5. Rachel Bailey, Central Wash, 12:08.7h; 6. Ann McCanick, Saint Martin, 12:11.7h; 7. Ashley Jamieson, Pacific Luth, 12:22.8. Erica Pitman, Central Wash, 12:49.2h; 9. Nicole Beatty, Saint Martin, 12:53.0h; 10. Elizabeth Jacobson, Pacific Luth, 15:04.4h.

Women 4x100 Meter Relay:

1. Univ British Columbia 'A' (Lisa Cornish , Sally Wong , Jessica Olfert , Lauren Seibel), 48.77; 2. Seattle Pacific U. 'A' (Danielle Ayers-Stamper Jean Kolb , Kinyatta Leonhardt , Anna Soule), 50.60; 3. Pacific Lutheran University 'B' (Kim Bertholf , Laura Fisher , Jeva Morton , Shauna Tachiba), 51.48; --. Central Wash. U. 'A' (Haley Amos , Ashley Rountree , Teresa Schlafer , Tina Thorne), DNF.

Women 4x400 Meter Relay:

1. Simon Fraser 'C' (Ruky Abdulai , Grace Dunnigan , Julia Howard , Alexan Krasovska), 3:50.82; 2. Univ British Columbia 'A' (Shannon Elmer , Kari-J McKenzie , Lauren Seibel , Alena Stewart), 3:58.20; 3. Seattle Pacific U. (Linda Blake , Kelsey Cooley , Jennifer Marsh , Victoria Perkins), 4:03.8 4. Central Wash. U. 'B' (Nicole Cullop , Lindsay Mitchell , Kestle Riley , Teresa Schlafer), 4:04.57; 5. Saint Martin's College 'A' (Kaleigh Bishop Lakita Burr , Chelsi Claussen , Ann McCanick), 4:11.57; 6. Pacific Luther University 'B' (Kim Bertholf , Kristen Davignon , Sarah Larson , Jeva Mort), 4:16.06; 7. Western Washington University 'A' (Angela Burt , Kristen Cornish , Kara Fischer , Jamie Wulfekuhle), 4:17.83; 8. Seattle Universit 'B' (Charisse Arce , Katherine Archambault , Holly Bueb , Emily Ferguson) 4:33.00.

Women High Jump:

1. Ruky Abdulai, Simon Fraser, 1.80m, (5-10.75); 2. Sharon Bjella, Seattle

Paci, 1.65m, (5-05); 3. Natalie Pagnucco, Simon Fraser, 1.60m, (5-03); 4. Christine Witcher, Western Wash, 1.55m, (5-01); 4. Linda Blake, Seattle Pa 1.55m, (5-01); 6. Kailin Webb, Simon Fraser, 1.50m, (4-11); 7. Lindsey Cox Western Wash, 1.50m, (4-11); 8. Ingrid Larson, Pacific Luth, 1.45m, (4-09) Anjuli Spear, Central Wash, 1.45m, (4-09); 9. Angella Murray, Central Wash 1.45m, (4-09); --. Tiffany Millet, Pacific Luth, NH.

Women Pole Vault:

1. Ally Studer, Seattle Paci, 3.40m, (11-01.75); 2. Andrea Kreft, Western Wash, 3.40m, (11-01.75); 3. Amy Harris, Seattle Paci, 3.25m, (10-08); 3. Allison Hedges, Seattle Paci, 3.25m, (10-08); 5. Haley Amos, Central Wash, 3.10m, (10-02); 6. Cara Dockins, Western Wash, 2.95m, (9-08); 7. Ingrid Larson, Pacific Luth, 2.80m, (9-02.25); 7. Kirsten Holt, Western Wash, 2.8 (9-02.25); 7. Laura Bonino, Pacific Luth, 2.80m, (9-02.25); 10. Katie Maur Central Wash, 2.80m, (9-02.25); 11. Julie Stone, Western Wash, 2.50m, (8-02.50); 12. Kelly Perez, Western Wash, 2.50m, (8-02.50); --. Becky Pere Central Wash, NH; --. Jamie Wulfekuhle, Western Wash, NH; --. Monica Ander Seattle Paci, NH; --. Laura Fisher, Pacific Luth, NH; --. Brianna Fredrick Central Wash, NH; --. Tiffany Millet, Pacific Luth, NH.

Women Long Jump:

1. Ruky Abdulai, Simon Fraser, 5.70m, w:4.2 (18-08.50); 2. Kim Bascom, Wes Wash, 5.26m, w:3.2 (17-03.25); 3. Kelsey Cooley, Seattle Paci, 4.99m, w:0. (16-04.50); 4. Linda Blake, Seattle Paci, 4.85m, w:1.3 (15-11); 5. Lindsey Leonard, Western Wash, 4.83m, w:3.8 (15-10.25); 6. Teresa Schlafer, Centra Wash, 4.82m, w:0.3 (15-09.75); 7. Anjuli Spear, Central Wash, 4.76m, w:+0. (15-07.50); 8. Lea Tiger, Central Wash, 4.58m, w:0.2 (15-00.50); 9. Lakita Burr, Saint Martin, 4.54m, w:1.1 (14-10.75); 10. Kailin Webb, Simon Fraser 4.47m, w:1.8 (14-08); 11. Julie Graham, Central Wash, 4.38m, w:0.3 (14-04. 12. Natalia Saenz, Ubc, 4.22m, w:-0.1 (13-10.25); 13. Ingrid Larson, Pacif Luth, 4.02m, w:-0.4 (13-02.25); 14. Rebecca Lewis, Pacific Luth, 3.56m, w: (11-08.25).

Women Triple Jump:

1. Kim Bascom, Western Wash, 10.62m, w:+0.0 (34-10.25); 2. Julie Graham, Central Wash, 10.51m, w:0.8 (34-05.75); 3. Lea Tiger, Central Wash, 10.48m w:-0.4 (34-04.75); 4. Kelsey McBride, Seattle Paci, 10.41m, w:-0.9 (34-02) Lindsey Leonard, Western Wash, 10.36m, w:+0.0 (34-00); 6. Anjuli Spear, Central Wash, 9.61m, w:0.6 (31-06.50); 7. Rebecca Lewis, Pacific Luth, 8.9 w:2.2 (29-02.50).

Women Shot Put:

1. Kelsey DeCamillis, Ubc, 12.85m, (42-02); 2. Krissy Tandle, Central Wash 12.73m, (41-09.25); 3. Danielle Ayers-Stamper, Seattle Paci, 12.11m, (39-08.75); 4. Rebecca Lindquist, Central Wash, 11.62m, (38-01.50); 5. Hea Yergen, Central Wash, 11.40m, (37-05); 6. Tammy Carlson, Western Wash, 11.

(37-01.25); 7. Julie Locke, Pacific Luth, 10.73m, (35-02.50); 8. Linda Bla Seattle Paci, 10.11m, (33-02); 9. Megan Wochnick, Pacific Luth, 9.92m, (32-06.50); 10. Teresa Mathias, Seattle Univ, 9.79m, (32-01.50); 11. Krist Taylor, Pacific Luth, 8.95m, (29-04.50); 12. Danika Washington, Saint Mart 8.49m, (27-10.25); 13. Jessica Woerhlin, Seattle Univ, 6.96m, (22-10); 14. Katherine Archambault, Seattle Univ, 6.43m, (21-01.25).

Women Discus Throw:

1. Jessica Telleria, Western Wash, 44.16m, (144-10); 2. Ashley VanOeveren, Western Wash, 39.84m, (130-08); 3. Tiffany Quilter, Central Wash, 38.29m, (125-07); 4. Krissy Tandle, Central Wash, 37.62m, (123-05); 5. Heather Yer Central Wash, 35.52m, (116-06); 6. Megan Wochnick, Pacific Luth, 35.42m, (116-02); 7. Julie Locke, Pacific Luth, 34.53m, (113-03); 8. Christin McDowell, Central Wash, 34.46m, (113-01); 9. Rebecca Lindquist, Central Wa 33.32m, (109-04); 10. Kristina MacCully, Western Wash, 31.33m, (102-09); 11. Kristi Taylor, Pacific Luth, 30.04m, (98-07); 12. Tammy Carlson, Western W 28.03m, (91-11); 13. Danika Washington, Saint Martin, 22.45m, (73-08); --. Erica Rance, Western Wash, FOUL.

Women Hammer Throw:

1. Megan Wochnick, Pacific Luth, 48.83m, (160-02); 2. Christin McDowell, Central Wash, 46.05m, (151-01); 3. Heather Yergen, Central Wash, 43.09m, (141-04); 4. Jessica Telleria, Western Wash, 41.89m, (137-05); 5. Tammy Carlson, Western Wash, 41.14m, (135-00); 6. Jennifer Urrutia, Seattle Paci 38.51m, (126-04); 7. Kelsey DeCamillis, Ubc, 38.25m, (125-06); 8. Katie Taylor, Western Wash, 37.82m, (124-01); 9. Krissy Tandle, Central Wash, 37.62m, (123-05); 10. Kim Radke, Western Wash, 35.43m, (116-03); 11. Steph Lewis, Pacific Luth, 35.28m, (115-09); 12. Julie Locke, Pacific Luth, 35.1 (115-02); 13. Kristi Taylor, Pacific Luth, 34.42m, (112-11); 14. Gabrielle Robinson-Spaulding, Seattle Paci, 32.00m, (105-00); 15. Rebecca Lindquist, Central Wash, 30.01m, (98-05); 16. Erica Rance, Western Wash, 28.31m, (92--. Kristina MacCully, Western Wash, FOUL.

Women Javelin Throw:

1. Lauren VerMulm, Seattle Paci, 45.82m, (150-04); 2. Molly Hornbuckle, Seattle Paci, 40.44m, (132-08); 3. Amy Taylor, Seattle Paci, 39.47m, (129-4. Danielle Ayers-Stamper, Seattle Paci, 36.81m, (120-09); 5. Loreen Ranje Pacific Luth, 36.37m, (119-04); 6. Katie McMeel, Central Wash, 35.64m, (116-11); 7. Erica Rance, Western Wash, 35.05m, (115-00); 8. Teresa Mathia Seattle Univ, 34.36m, (112-09); 9. Kelsey Cooley, Seattle Paci, 30.09m, (98-09); --. Katie Taylor, Western Wash, FOUL.

Women Heptathlon:

1. LeAnne Evans, Western Wash, 2513; 2. Adelle Johns, Kajaks, 2512; 3. Clo Hewitt, Ubc, 2464; 4. Jackie McCall, Western Wash, 2320; 5. Kristin Janney Seattle Paci, 2089; 6. Tiffany Quilter, Central Wash, 2072; 7. Maureen Fie

Central Wash, 1892; 8. Jennifer Newland, Central Wash, 1856; 9. Stephanie Druktenis, Central Wash, 1760.

Men 100 Meter Dash:

1. Justin Kripps, Simon Fraser, 10.97, w:0.6; 2. Thomas Eckl, Simon Fraser 11.12, w:0.6; 3. James Burnett, Pacific Luth, 11.14, w:0.6; 4. Adam Neff, Western Wash, 11.20, w:0.6; 5. Ryan Jewell, Seattle Paci, 11.24, w:0.6; 6. Brett Robinson, Simon Fraser, 11.27, w:0.6; 7. Kurt Engelson, Seattle Paci 11.45, w:2.0; 8. Jason Roberts, Central Wash, 11.54, w:2.0; 9. Andy Albrec Pacific Luth, 11.57, w:2.0; 10. Casey Mangold, Seattle Univ, 11.64, w:0.6; Dan Thompsen, Western Wash, 11.69, w:2.0; 12. Nick Page, Pacific Luth, 11. w:2.0; 13. Anthony Abhilash, Ubc, 11.97, w:2.0; 14. Tyler Dexter, Central Wash, 11.99, w:2.0.

Men 200 Meter Dash:

1. Thomas Eckl, Simon Fraser, 22.0h, w:+0.0; 2. Justin Kripps, Simon Frase 22.3h, w:+0.0; 3. Ira Thomson, Ubc, 22.3h, w:+0.0; 4. Faruk Punjani, Seatt Univ, 22.5h, w:+0.0; 5. Kurt Engelson, Seattle Paci, 22.52, w:0.2; 6. Ryan Jewell, Seattle Paci, 22.57, w:0.8; 7. Adam Neff, Western Wash, 22.7h, w:+ 8. Brett Robinson, Simon Fraser, 22.8h, w:+0.0; 9. Rob Gooch, Ubc, 23.0h, w:+0.0; 9. Mike Khabibulin, Western Wash, 23.0h, w:+0.0; 11. James Burnett Pacific Luth, 23.04, w:0.8; 12. Andy Albrecht, Pacific Luth, 23.06, w:0.2; Jason Roberts, Central Wash, 23.24, w:0.8; 14. Lucas Lycksell, Pacific Lut 23.26, w:0.2; 15. Casey Mangold, Seattle Univ, 23.31, w:0.8; 15. Dayne Kin Central Wash, 23.31, w:0.2; 17. Robert Edwards, Central Wash, 23.68, w:0.3 18. Dustin Wilson, Western Wash, 23.89, w:0.8; 19. Anthony Abhilash, Ubc, 23.91, w:0.2; 20. Andy Gundel, Central Wash, 24.21, w:0.3; 21. Nick Page, Pacific Luth, 24.53, w:0.3; 22. Tim Walsh, Western Wash, 24.66, w:0.8; 22. Paul Lebel, Ubc, 24.66, w:0.2; 22. Corey Dimond, Central Wash, 24.66, w:0. 25. Ehren Ching, Saint Martin, 24.86, w:0.3; 26. Tyler Dexter, Central Was 25.03, w:0.3.

Men 400 Meter Dash:

1. Neal Hurtubise, Simon Fraser, 48.97; 2. Rob Drapala, Simon Fraser, 49.5 3. Mike Kelley, Central Wash, 50.21; 4. Paul Mach, Seattle Paci, 50.44; 5. Thomson, Ubc, 50.86; 6. Faruk Punjani, Seattle Univ, 50.94; 7. Eddie Strickler, Seattle Paci, 51.29; 8. Mike Khabibulin, Western Wash, 52.19; 9 Dayne Kinder, Central Wash, 52.53; 10. Andy Gundel, Central Wash, 52.78; 1 Jacob Lesser, Western Wash, 53.07; 12. Lucas Lycksell, Pacific Luth, 53.37 13. Will Abbasmoi, Western Wash, 53.45; 14. Corey Dimond, Central Wash, 54 15. Noe Castellon, Saint Martin, 54.18; 16. Tim Walsh, Western Wash, 54.24 17. Jason Simonetti, Pacific Luth, 54.79; 18. Ehren Ching, Saint Martin, 55.77; 19. Paul Lebel, Ubc, 56.72.

Men 800 Meter Run:

1. Nathan Carlson, Saint Martin, 1:54.42; 2. Paul Mach, Seattle Paci, 1:55

3. Sam Brancheau, Western Wash, 1:55.69; 4. Mike Pankiewicz, Central Wash, 1:56.02; 5. Mark Wilkie, Ubc, 1:56.29; 6. Chris Maludzinski, Ubc, 1:57.09; Mike Gavareski, Seattle Paci, 1:59.01; 8. Eric Reynolds, Central Wash, 1:59.79; 9. Travis Savala, Pacific Luth, 2:00.11; 10. Brandon Whitaker, Western Wash, 2:00.49; 11. Danny Scansen, Northwest Un, 2:00.84; 12. Yi An Quach, Seattle Univ, 2:00.91; 13. Dan Beck, Ubc, 2:01.84; 14. Caleb Timmer Saint Martin, 2:02.76; 15. Ben Johnson, Pacific Luth, 2:03.98; 16. Travis Watt, Western Wash, 2:04.69; 17. Tyler Mohoric, Saint Martin, 2:04.95; 18. Trevor Millar, Northwest Un, 2:06.38; 19. Alex Elmore, Western Wash, 2:07.20. Tyler Nugent, Pacific Luth, 2:08.65; 21. Chris Ramirez, Pacific Luth, 2:11.27; 22. Andrew Cabaniss, Western Wash, 2:12.35; 23. Victor Carpenter, Saint Martin, 2:16.88.

Men 1500 Meter Run:

1. Shane Carlos, Ubc, 3:59.08; 2. Brian Cronrath, Seattle Paci, 3:59.48; 3. David Roulston, Ubc, 4:00.98; 4. Hayden Prosser, Simon Fraser, 4:02.90; 5. Kawamoto, Simon Fraser, 4:07.84; 6. Medi Ahrari, Simon Fraser, 4:09.06; 7. Lim, Seattle Paci, 4:10.01; 8. Leonard Randall, Northwest Un, 4:10.05; 9. Brandon Whitaker, Western Wash, 4:10.58; 10. Tyler Nugent, Pacific Luth, 4:10.66; 11. Noe Castellon, Saint Martin, 4:12.30; 12. Bul Nyuop, Western Wash, 4:15.16; 13. Ty Schepler, Western Wash, 4:16.18; 14. Bjorn Bostrom, Seattle Paci, 4:18.57; 15. Steven Miller, Seattle Paci, 4:18.62; 16. Alex Elmore, Western Wash, 4:23.26; 17. Travis Watt, Western Wash, 4:23.29; 18. Matt Crabtree, Western Wash, 4:23.64; 19. Ryan Phillips, Seattle Paci, 4:25.13; 20. Andrew Cabaniss, Western Wash, 4:27.55; 21. David Duke, Seatt Paci, 4:34.34; 22. Victor Carpenter, Saint Martin, 4:42.14.

Men 5000 Meter Run:

1. Shane Carlos, Ubc, 14:51.86; 2. Robert Renninger, Seattle Univ, 15:22.33. Derek Vinge, Ubc, 15:46.66; 4. Luke Carlos, Ubc, 16:19.68; 5. Robbie Wilbur, Saint Martin, 16:22.47; 6. Kenneth Chilcoat, Pacific Luth, 16:28.77. Steven Lalonde, Saint Martin, 17:44.73; --. David Roulston, Ubc, DNF.

Men 10000 Meter Run:

1. Logan Senrud, Western Wash, 32:27.9h; 2. Michael Stewart, Western Wash, 32:39.4h; 3. Keever Henry, Western Wash, 32:58.0h; 4. Keith Lemay, Western Wash, 32:58.9h; 5. Andrew Lybarger, Seattle Univ, 33:34.3h; 6. Nathan Heitzinger, Seattle Univ, 33:45.7h; 7. Lucas Franco, Seattle Univ, 33:59.88. Alex Litzinger, Western Wash, 34:27.1h; 9. James Rosser, Seattle Paci, 34:37.4h; 10. Toby Swanson, Pacific Luth, 35:58.1h; 11. Cory Fish, Pacific Luth, 36:25.3h; --. Peter Ellis, Unattached, XDNF; --. TJ Garlatz, Club Northwest, X31:55.0h; --. Hans Otten, Club Northwest, X32:18.0h; --. Justi McNeil, Unattached, X33:59.2h; --. Arthur Gamirov, Unattached, X34:11.6h; Glen Weissman, Unattached, X34:59.3h; --. John Sweeney, Unattached, X35:17

Men 110 Meter Hurdles:

(w: 2.3) 1. Alex Clark, Central Wash, 15.09; 2. Robert Edwards, Central Wa 15.17; 3. Dustin Wilson, Western Wash, 15.69; 4. Jonathan Payne, Pacific L 15.91; 5. Erik Jensen, Pacific Luth, 16.14.

Men 400 Meter Hurdles:

1. Graeme Pitches, Simon Fraser, 54.42; 2. Jonathan Payne, Pacific Luth, 54.79; 3. Micheal Averill, Ubc, 55.28; 4. Jordan Shimmell, Simon Fraser, 56.72; 5. Kevin Myhre, Western Wash, 1:01.19; 6. Greg Flowers, Seattle Pac 1:01.33.

Men 3000 Meter Steeplechase:

1. Sam Brancheau, Western Wash, 9:31.2h; 2. Jeff Symonds, Ubc, 9:38.6h; 3. Ryan Weber, Simon Fraser, 9:39.2h; 4. Dylan Gant, Simon Fraser, 9:41.8h; 5 Michael Hughes, Seattle Univ, 10:08.9h; 6. Seth Woods, Saint Martin, 10:19

Men 4x100 Meter Relay:

1. Simon Fraser 'A' 41.88; 2. Western Washington University 'A' (Mike Khabibulin , Adam Neff , Dan Thompsen , Dustin Wilson), 43.60; 3. Central Wash. U. 'A' (Cameron Bailey , Alex Clark , Cameron Sloan , Cresap Watson 43.92; 4. Pacific Lutheran University 'A' (Andy Albrecht , James Burnett , Deepak George , Jason Simonetti), 44.54; 5. Univ British Columbia 'A' (Anthony Abhilash , Micheal Averill , Ward Milligan , David Munro), 45.04

Men 4x400 Meter Relay:

1. Simon Fraser 'A' (Rob Drapala , Thomas Eckl , Neal Hurtubise , Graeme Pitches), 3:19.77; 2. Univ British Columbia 'B' (Micheal Averill , Dan Be Rob Gooch , Chris Maludzinski), 3:25.27; 3. Seattle Pacific U. 'A' (Kurt Engelson , Paul Mach , Chris Randolph , Eddie Strickler), 3:26.32; 4. Cen Wash. U. 'C' (Mike Kelley , Dayne Kinder ,), 3:26.92; 5. Western Washingt University 'D' (Will Abbasmoi , Paul Danforth , Jacob Lesser , Jessie McNe), 3:28.17; 6. Pacific Lutheran University 'A' (James Burnett , Erik Jense Jonathan Payne , Jason Simonetti), 3:31.98; 7. Saint Martin's College 'B' (Nathan Carlson , Noe Castellon , Tyler Mohoric , Caleb Timmer), 3:33.29; Seattle University 'A' (Ben Artaiz , Garrett Brown , Nicholas Dols , Casey Mangold), 3:38.18.

Men High Jump:

1. Peter Geist, Western Wash, 1.90m, (6-02.75); 2. Jeff Word, Western Wash 1.90m, (6-02.75); 3. Cameron Bailey, Central Wash, 1.90m, (6-02.75); 4. Ky McGillen, Western Wash, 1.90m, (6-02.75); 5. Taylor Choyce, Seattle Univ, 1.85m, (6-00.75); 5. Peter Allan, Western Wash, 1.85m, (6-00.75); --. Jerm Jensen, Pacific Luth, NH; --. Lars Teigen, Central Wash, NH.

Men Pole Vault:

1. Hunter Verner, Western Wash, 4.80m, (15-09); 2. Tyler Thornbrue, Wester Wash, 4.40m, (14-05.25); 3. Charlie Tribe, Western Wash, 4.40m, (14-05.25) Scott Romney, Western Wash, 4.40m, (14-05.25); 5. Andy Behl, Western Wash, 4.10m, (13-05.25); 6. Joel Thomas, Central Wash, 4.10m, (13-05.25); 7. Kit

Schumann, Western Wash, 3.95m, (12-11.50); 8. Arjen Van Eekelen, Ubc, 3.95 (12-11.50); 9. Erik Jensen, Pacific Luth, 3.80m, (12-05.50); --. Brandon Zueger, Central Wash, NH; --. Robbie Lowry, Western Wash, NH.

Men Long Jump:

1. Kyle McGillen, Western Wash, 6.62m, w:3.2 (21-08.75); 2. Paul Danforth, Western Wash, 6.32m, w:2.9 (20-09); 3. Christian Goodwin, Central Wash, 5. w:1.4 (18-09.75).

Men Triple Jump:

1. Kyle McGillen, Western Wash, 13.40m, w:1.4 (43-11.75); 2. Paul Danforth Western Wash, 12.92m, w:3.2 (42-04.75); 3. Cameron Bailey, Central Wash, 12.83m, w:1.4 (42-01.25); 4. Tyrone Hattingh, Seattle Paci, 12.34m, w:3.2 (40-06).

Men Shot Put:

1. Jacob Galloway, Central Wash, 13.59m, (44-07); 2. Michael Johnson, Paci Luth, 13.56m, (44-06); 3. Dan Haakenson, Pacific Luth, 12.66m, (41-06.50); Colton Oliphant, Pacific Luth, 12.65m, (41-06); 5. David Rogiers, Western Wash, 12.19m, (40-00); 6. Jason Patterson, Central Wash, 12.19m, (40-00); Nick Shekeryk, Seattle Univ, 12.17m, (39-11.25); 8. Blake Walker, Central Wash, 12.01m, (39-05); 9. Jeff DeBuigne, Western Wash, 11.46m, (37-07.25); David Uberti, Central Wash, FOUL.

Men Discus Throw:

1. Cameron Neel, Central Wash, 50.79m, (166-08); 2. Jacob Galloway, Centra Wash, 45.23m, (148-05); 3. Dan Haakenson, Pacific Luth, 44.06m, (144-07); Blake Walker, Central Wash, 44.03m, (144-05); 5. Rob White, Western Wash, 40.92m, (134-03); 6. Todd Gowing, Western Wash, 40.52m, (132-11); 7. Jonat Hughes, Central Wash, 40.02m, (131-03); 8. Jarrod Roberts, Western Wash, 38.57m, (126-06); 9. Colton Oliphant, Pacific Luth, 35.84m, (117-07); 10. Chris Hunter, Seattle Paci, 34.89m, (114-06); 11. Sean Laforest, Ubc, 34.5 (113-04); 12. Nick Shekeryk, Seattle Univ, 34.14m, (112-00); 13. Michael Johnson, Pacific Luth, 32.17m, (105-06); --. Jason Patterson, Central Wash FOUL.

Men Hammer Throw:

1. Sean Laforest, Ubc, 56.89m, (186-08); 2. Dan Haakenson, Pacific Luth, 53.79m, (176-06); 3. Shawn McIssac, Ubc, 51.76m, (169-10); 4. Blake Walker Central Wash, 51.63m, (169-05); 5. Michael Johnson, Pacific Luth, 49.34m, (161-10); 6. Jonathan Hughes, Central Wash, 46.73m, (153-04); 7. David Ube Central Wash, 45.00m, (147-08); 8. Jarrod Roberts, Western Wash, 41.38m, (135-09); 9. Jason Patterson, Central Wash, 39.13m, (128-04); 10. David Rogiers, Western Wash, 37.38m, (122-08); 11. Colton Oliphant, Pacific Luth 33.21m, (108-11); --. Jacob Galloway, Central Wash, FOUL.

Men Javelin Throw:

1. Shawn McIssac, Ubc, 53.92m, (176-11); 2. Jake Nesler, Western Wash, 53.

(174-03); 3. Casey Pyle, Pacific Luth, 52.69m, (172-10); 4. Brandon Arenas Central Wash, 51.35m, (168-06); 5. Ian Wells, Central Wash, 51.26m, (168-06); 6. Erik Jensen, Pacific Luth, 51.05m, (167-06); 7. William Babcock, Pacific Luth, 48.42m, (158-10); 8. Lars Teigen, Central Wash, 45.26m, (148-06); 9. Simon Merila, Pacific Luth, 44.89m, (147-03); 10. Mike Ingman, Central Wash, 44.36m, (145-06).

Men Decathlon:

1. Josh Freeman, Western Wash, 3317; 2. Josh Timmer, Saint Martin, 3062; 3. Bryan Lucke, Western Wash, 3006.

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