

9-12-2009

## 2009 Apple Ridge Run Invitational, Event 2, Men 6k Run

Great Northwest Athletic Conference

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Central Washington University

Hy-Tek's Meet

2009 Apple Ridge Run Invitational - 9/12/2009

hosted by Central Washington University

Yakima, WA (Apple Ridge Run Course)

Last Completed Event

Event 2 Men 6k Run CC

Name	Year School	Avg Mile	Finals
1 Bennett Grimes	JR Western Wash.	5:19.0	19:49.00
2 Blake Medhaug	JR Western Wash.	5:24.3	20:09.00
3 Manuel Santos	SO Central Wash.	5:29.4	20:28.00
4 Graham Armstrong	FR Unattached	5:33.4	20:43.00
5 Nick Abraham	SO Western Wash.	5:34.5	20:47.00
6 Yonas Berhe	SO Western Wash.	5:34.8	20:48.00
7 Tanner Boyd	FR Unattached	5:35.3	20:50.00
8 Dylan Peterson	FR Unattached	5:35.6	20:51.00
9 Jordan Lance	JR Seattle Pacific	5:36.7	20:55.00
10 Kyle Johnson	FR Western Wash.	5:39.9	21:07.00
11 Will Harrison	FR Seattle Pacific	5:40.7	21:10.00
12 Andrew Van Ness	FR Seattle Pacific	5:41.5	21:13.00
13 Tom Johnson	JR Central Wash.	5:42.3	21:16.00
14 Nate Sleight	SO Seattle Pacific	5:43.9	21:22.00
15 Mitch Chandler	SO Alaska	5:44.2	21:23.00
16 Matt Nodine	SO Central Wash.	5:45.2	21:27.00
17 Caleb Parker	FR Seattle Pacific	5:45.5	21:28.00
18 Jon Swanson	FR Central Wash.	5:48.2	21:38.00
19 Tyler Eidsmoe	JR Central Wash.	5:48.7	21:40.00
20 Tyler Roland	FR Central Wash.	5:50.3	21:46.00
21 AJ Baker	FR Seattle Pacific	5:51.7	21:51.00
22 Danny Lindstrom	FR Western Wash.	5:53.6	21:58.00
23 Alex Weissberg	Alaska	5:54.4	22:01.00
24 Anders Mavis	SR Western Wash.	5:54.9	22:03.00
25 Frank Sosa	Skagit Valley	5:58.4	22:16.00
26 Ian McLeod	FR Unattached	5:58.7	22:17.00
27 Otto Schmidt	FR Unattached	5:59.7	22:21.00
28 Samuel Tilly	SR Alaska	6:01.1	22:26.00
29 Andrew Hamilton	FR Seattle Pacific	6:04.0	22:37.00
30 Wes Hargrove	JR Central Wash.	6:06.7	22:47.00
31 Henri Soom	SR Alaska	6:09.4	22:57.00
32 Erik Soderstrom	SO Alaska	6:10.2	23:00.00



Manager

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Points

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