

3-23-2007

Puget Sound Open

Great Northwest Athletic Conference

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Puget Sound Open - 3/23/2007

Baker Stadium, Tacoma, WA

Results

Event 2 Women 200 Meter Dash

Stadium: # 24.75 4/17/1999 Christine Axley, PLW

NCAA /Auto: A 24.55

NCAA Provo: P 25.29

MEET: * 27.52 3/26/2004 Nikki Matheson, St. Martin's College

| Name | Year | School | Finals | H# | Points |
|------|------|--------|--------|----|--------|
|------|------|--------|--------|----|--------|

| | | | | | |
|----|--------------------|------------------|--------|---|--|
| 1 | Legard, Terran | Central | 26.50* | 1 | |
| 2 | Claussen, Chelsi | St. Martin's | 26.87* | 1 | |
| 3 | LeBrun, Amy | Pacific Lutheran | 27.43* | 1 | |
| 4 | Millard, Lynette | Pacific Lutheran | 27.88 | 1 | |
| 5 | Pendon, Jessica | St. Martin's | 28.26 | 1 | |
| 6 | Kimura, Erin | SR Whitworth | 28.63 | 1 | |
| 7 | Milleson, Caroline | Puget Sound | 28.75 | 1 | |
| 8 | Hartung, Kathryn | SO Whitworth | 28.84 | 2 | |
| 9 | Amos, Haley | Central | 29.08 | 2 | |
| 10 | O'Farrel, Heather | Pacific Lutheran | 29.78 | 1 | |
| 11 | Miller, Kendra | FR Puget Sound | 29.80 | 2 | |
| 12 | Lane, Katherine | JR Whitworth | 30.25 | 2 | |
| 13 | Daug's, Mara | SO Whitworth | 30.32 | 2 | |
| 14 | Ward, Erin | FR Puget Sound | 30.76 | 2 | |
| 15 | Arreola, Ana | UNAT | 30.77 | 2 | |

Event 4 Women 800 Meter Run

Stadium: # 2:10.9h 4/25/1987 Laura Johnson, Unattached

NCAA /Auto: A 2:11.80

NCAA Provo: P 2:14.70

MEET: * 2:24.03 3/24/2006 Jessica Pendon, St. Martin's Universit

| Name | Year | School | Finals | Points |
|------|------|--------|--------|--------|
|------|------|--------|--------|--------|

| | | | | |
|---|------------------|------------------|----------|--|
| 1 | Choate, Kathryn | Pacific Lutheran | 2:21.06* | |
| 2 | Carlson, Krinda | St. Martin's | 2:22.53* | |
| 3 | Evans, Chelsea | Central | 2:24.08 | |
| 4 | Kaercher, Rachel | Central | 2:24.59 | |
| 5 | Page, Elise | FR Whitworth | 2:25.49 | |

| | | | |
|----|--------------------|------------------|---------|
| 6 | Hegg, Michele | Pacific Lutheran | 2:25.98 |
| 7 | Kelsey, Emma | FR Puget Sound | 2:26.93 |
| 8 | Grover, Jennifer | St. Martin's | 2:27.30 |
| 9 | Melrose, Stephanie | SO Whitworth | 2:27.88 |
| 10 | McGrane, Caitlin | FR Puget Sound | 2:28.83 |
| 11 | Clarke, Lynde | Central | 2:29.06 |
| 12 | Goodrich, Gillian | FR Whitworth | 2:29.70 |
| 13 | Donovan, Jessica | Pacific Lutheran | 2:30.47 |
| 14 | Henderson, Kim | SO Whitworth | 2:32.72 |
| 15 | Stock, Katie | FR Puget Sound | 2:37.45 |
| 16 | Taylor, Britany | Central | 2:39.78 |
| 17 | Santroch, Kristin | FR Whitworth | 2:42.93 |
| 18 | Bishop, Kaleigh | St. Martin's | 2:45.35 |

Event 9 Women 100 Meter Hurdles

=====
 Stadium: # 14.41 4/20/1996 Amy Cameron, WWU
 NCAA /Auto: A 14.40
 NCAA Provo: P 15.00
 MEET: * 16.73 3/26/2004 Clare Benish, University Puget Sound

| Name | Year | School | Finals | Points |
|------|------|--------|--------|--------|
|------|------|--------|--------|--------|

| | | | |
|---|-------------------|------------------|--------|
| 1 | McGrane, Caitlin | FR Puget Sound | 15.79* |
| 2 | Araya, Faven | Pacific Lutheran | 15.84* |
| 3 | Dormaier, Kristen | Whitworth | 17.11 |
| 4 | Hoke, Emily | JR Puget Sound | 17.52 |
| 5 | Cabebe, Courtney | Seattle U | 19.43 |

Event 11 Women 4x100 Meter Relay

=====
 Stadium: # 47.50 4/22/1995
 PLU

NCAA /Auto: A 47.50
 NCAA Provo: P 48.80

MEET: * 53.44 3/24/2006 , University Puget Sound
 Higa,Holland,Robinson,Hoke

| School | Finals | Points |
|--------|--------|--------|
|--------|--------|--------|

| | | |
|---|-------------------------------|--------|
| 1 | University of Puget Sound 'A' | 52.85* |
|---|-------------------------------|--------|

Event 12 Women 4x400 Meter Relay

=====

Stadium: # 3:51.61 4/22/1995 PLU
 NCAA /Auto: A 3:49.60
 NCAA Provo: P 3:56.00
 MEET: * 4:19.88 3/25/2005 , University Puget Sound
 Benish, Senescall, Orzell, Hagney

| School | Finals | Points |
|-------------------------------------|--------------------|--------|
| 1 Central Washington University 'A' | 4:05.72* | |
| 1) Evans, Chelsea | 2) Taylor, Britany | |
| 3) Kaercher, Rachel | 4) Legard, Terran | |
| 2 University of Puget Sound 'A' | 4:13.29* | |
| 3 Saint Martin's University 'A' | 4:14.74* | |
| 4 Whitworth College 'A' | 4:20.54 | |
| 5 University of Puget Sound 'B' | x4:40.74 | |

Event 13 Women High Jump

Stadium: # 1.73m 4/22/1995 Corrina Wolf, SFU
 NCAA /Auto: A 1.71m
 NCAA Provo: P 1.65m
 MEET: * 1.55m 3/25/2005 Monica Groves, University Puget Sound

| Name | Year School | Finals |
|------------------|--------------|----------------|
| 1 Viducich, Suzy | SR Whitworth | 1.55m* 5-01.00 |
| 2 Becker, Mara | Seattle U | 1.50m 4-11.00 |
| 3 Cox, Lindsey | Western | 1.45m 4-09.00 |

Event 15 Women Long Jump

Stadium: # 5.84m 4/18/1992 Stephanie Libbyl, Willamette
 NCAA /Auto: A 5.80m
 NCAA Provo: P 5.52m
 MEET: * 5.42m 3/24/2006 Jena Robinson, University Puget Sound

| Name | Year School | Finals |
|--------------------|------------------|----------------|
| 1 Allen, Risa | SO Puget Sound | 4.98m 16-04.25 |
| 2 Viducich, Suzy | SR Whitworth | 4.74m 15-06.75 |
| 3 Hodges, Corinne | JR Whitworth | 4.66m 15-03.50 |
| 4 Lewis, Rebecca | Pacific Lutheran | 4.65m 15-03.25 |
| 4 Kimura, Erin | SR Whitworth | 4.65m 15-03.25 |
| 6 Cabebe, Courtney | Seattle U | 4.54m 14-10.75 |
| 7 Eggers, Jamie | FR Puget Sound | 4.51m 14-09.75 |

8 Daug, Mara SO Whitworth 4.48m 14-08.50
 -- O'Farrel, Heather Pacific Lutheran ND

Event 16 Women Triple Jump

=====
 Stadium: # 11.89m 4/17/1999 Jane Wallace, WWU
 NCAA /Auto: A 12.00m
 NCAA Provo: P 11.35m
 MEET: * 11.53m 3/24/2006 Jena Robinson, University Puget Sound

| Name | Year | School | Finals |
|------|------|--------|--------|
|------|------|--------|--------|

| | | | |
|---------------------|--|------------------|-----------------|
| 1 Dormaier, Kristen | | Whitworth | 10.35m 33-11.50 |
| 2 Allen, Risa | | SO Puget Sound | 10.33m 33-10.75 |
| 3 Daug, Mara | | SO Whitworth | 9.86m 32-04.25 |
| 4 Hodges, Corinne | | JR Whitworth | 9.83m 32-03.00 |
| 5 O'Farrel, Heather | | Pacific Lutheran | 9.21m 30-02.75 |

Event 17 Women Shot Put

=====
 Stadium: # 48-06.50 3/21/1981 J. Luebke, WVCC
 NCAA /Auto: A 14.20m
 NCAA Provo: P 12.80m
 MEET: * 12.18m 3/24/2006 Karen Chase, University Puget Sound

| Name | Year | School | Finals |
|------|------|--------|--------|
|------|------|--------|--------|

| | | | |
|-----------------------|--|------------------|-----------------|
| 1 Fernandez, ShaTanya | | Seattle U | 11.64m 38-02.25 |
| 2 Chase, Karen | | SO Puget Sound | 11.45m 37-06.75 |
| 3 Currier, Lindsay | | Seattle U | 11.20m 36-09.00 |
| 4 Hacker, Taylor | | Pacific Lutheran | 10.98m 36-00.25 |
| 5 Harvego, Erin | | SO Whitworth | 10.03m 32-11.00 |
| 6 Dormaier, Kristen | | Whitworth | 9.46m 31-00.50 |

Event 18 Women Discus Throw

=====
 Stadium: # 47.48m 5/2/1981 Marcia Mechlenberg, Unattached
 NCAA /Auto: A 46.38m
 NCAA Provo: P 41.50m
 MEET: * 37.53m 3/25/2005 Megan Wochnick, PLU

| Name | Year | School | Finals |
|------|------|--------|--------|
|------|------|--------|--------|

| | | | |
|--------------------|--|--------------|---------------|
| 1 Bradley, Kelly | | FR Whitworth | 33.52m 110-00 |
| 2 Currier, Lindsay | | Seattle U | 33.33m 109-04 |

| | | | | |
|---|---------------------|------------------|--------|--------|
| 3 | Hacker, Taylor | Pacific Lutheran | 31.60m | 103-08 |
| 4 | Fernandez, ShaTanya | Seattle U | 27.82m | 91-03 |
| 5 | Harvego, Erin | SO Whitworth | 27.16m | 89-01 |

Event 19 Women Javelin Throw

=====
 Stadium: # 50.68m 4/23/1988 Patricia Perry, Puget Sound
 NCAA /Auto: A 44.20m
 NCAA Provo: P 39.24m
 MEET: * 35.65m 3/24/2005 Lauren Fenn, University Puget Sound

| Name | Year | School | Finals | |
|------|---------------------|------------------|---------|--------|
| 1 | Hatch, Karin | Pacific Lutheran | 38.75m* | 127-01 |
| 2 | Denman, Lindsey | FR Puget Sound | 35.68m* | 117-01 |
| 3 | Fenn, Lauren | SR Puget Sound | 33.64m | 110-04 |
| 4 | Fernandez, ShaTanya | Seattle U | 30.36m | 99-07 |
| 5 | McGrane, Caitlin | FR Puget Sound | 26.83m | 88-00 |
| 6 | Henderson, Kim | SO Whitworth | 26.49m | 86-11 |

Event 20 Women Hammer Throw

=====
 Stadium: # 47.32m 3/24/2006 Megan Wochnick, PLU
 NCAA /Auto: A 52.60m
 NCAA Provo: P 46.00m
 MEET: * 47.32m 3/24/2006 Megan Wochnick, PLU

| Name | Year | School | Finals | |
|------|-----------------|------------------|---------|--------|
| 1 | Wochnick, Megan | Pacific Lutheran | 49.21m# | 161-05 |
| 2 | Hacker, Taylor | Pacific Lutheran | 42.84m | 140-07 |
| 3 | Harvego, Erin | SO Whitworth | 33.09m | 108-07 |
| 4 | Bradley, Kelly | FR Whitworth | 28.99m | 95-01 |

Event 22 Women 3000 Meter Run

=====
 MEET: * 10:35.77 3/26/2004 Amanda Kamin, Highlin CC

| Name | Year | School | Finals | Points |
|------|------------------|------------------|----------|--------|
| 1 | Mayer, Joanne | FR Whitworth | 10:39.65 | |
| 2 | Jensen, Junny | UNAT | 10:42.14 | |
| 3 | Dunnam, Jessie | St. Martin's | 11:09.46 | |
| 4 | McDonald, Lauren | Pacific Lutheran | 11:15.83 | |
| 5 | Hurd, Emily | JR Whitworth | 11:16.98 | |

| | | | |
|----|---------------------|----------------|----------|
| 6 | Camden, Helen | UNAT | 11:19.20 |
| 7 | Perkins, Emily | Lc-Sc | 11:19.81 |
| 8 | Morehouse, Emily | FR Whitworth | 11:25.60 |
| 9 | Cadelinia, Rhiannon | Seattle U | 11:31.84 |
| 10 | Shipman, Taylor | St. Martin's | 11:47.73 |
| 11 | Yorkston, Rachel | Seattle U | 11:50.97 |
| 12 | Brinson, Annie | FR Whitworth | 11:58.92 |
| 13 | Danila, Anna | FR Puget Sound | 12:14.68 |
| 14 | Blume, Katelynn | St. Martin's | 12:44.29 |
| 15 | Chan, Christine | FR Puget Sound | 12:54.53 |

Event 23 Women Distance Medley

MEET: * 14:01.42 3/24/2006

Higa,Davis,Bassett,Roberts

School Finals Points

| | | |
|---|-------------------------------|---------------------|
| 1 | University of Puget Sound 'A' | 13:20.0h* |
| | 1) Hodgson, Brittany JR | 2) Higa, Kelly JR |
| | 3) Bassett, Maddy SO | 4) Garel, Ali FR |
| 2 | Seattle University 'A' | 13:46.57* |
| | 1) Stickney, Greta | 2) Cabebe, Courtney |
| | 3) Yorkston, Rachel | 4) Arce, Charisse |

Event 32 Men 200 Meter Dash

Stadium: # 21.5h 5/1/1982 Erick Krauss, Portland

NCAA /Auto: A 21.31

NCAA Provo: P 21.75

MEET: * 22.07 3/24/2006 Kenjamine Jackson, Unattached

Name Year School Finals H# Points

| | | | | |
|----|------------------|------------------|--------|---|
| 1 | Van Sant, Pete | JR Puget Sound | J22.75 | 1 |
| 2 | Sullivan, Dan | Seattle U | J22.7h | 2 |
| 3 | Fontenot, Carlos | Bcc | 23.13 | 1 |
| 4 | Blum, Isaac | SO Puget Sound | J23.27 | 1 |
| 5 | Weinbrecht, Luke | Pacific Lutheran | J23.42 | 1 |
| 5 | Hibbard, Daniel | Pacific Lutheran | J23.42 | 1 |
| 7 | Keah, Tomi | Seattle U | J23.2h | 2 |
| 8 | Spencer, Justin | FR Whitworth | J23.60 | 1 |
| 9 | Galvin, Andrew | SO Puget Sound | J23.5h | 2 |
| 10 | Gerry, Bryan | St. Martin's | J23.6h | 2 |

| | | | | |
|----|---------------------|------------------|-------|---|
| 11 | Bye, Brycen | JR Puget Sound | 23.7h | 2 |
| 12 | Anderson, R. Nathan | SO Whitworth | 23.8h | 2 |
| 13 | Johnston, Michael | FR Whitworth | 24.08 | 1 |
| 14 | Perry, Matthew | SO Whitworth | 24.52 | 3 |
| 15 | Rockenbrant, Jeff | Pacific Lutheran | 25.12 | 3 |
| 16 | Daltoso, Brian | St. Martin's | 25.22 | 3 |
| 17 | Maze, Matt | SO Puget Sound | 25.37 | 3 |
| 18 | Poshusta, Robby | Seattle U | 25.44 | 3 |
| 19 | Caraballo, Nick | Pacific Lutheran | 26.61 | 3 |

Event 34 Men 800 Meter Run

=====
 Stadium: # 1:50.6h 4/20/1991 Ted Hamlin, SPU
 NCAA /Auto: A 1:51.30
 NCAA Provo: P 1:53.20
 MEET: * 1:56.69 3/24/2006 John Riak, St. Martin's University

| Name | Year | School | Finals | Points |
|------|------|--------------------|------------------|----------|
| 1 | | Riak, John | St. Martin's | 1:55.75* |
| 2 | | Caseria, Dusty | FR Whitworth | 1:57.61 |
| 3 | | Farris, Justin | FR Whitworth | 1:58.01 |
| 4 | | Timmer, Caleb | St. Martin's | 1:59.81 |
| 5 | | Ayume, Asiki | St. Martin's | 2:00.60 |
| 6 | | Bofa, Emmanuel | FR Whitworth | 2:01.90 |
| 7 | | Gatbunton, Josh | St. Martin's | 2:01.92 |
| 8 | | Lual, Anderia | JR Whitworth | 2:02.15 |
| 9 | | Johnson, Ben | Pacific Lutheran | 2:03.53 |
| 10 | | Allen, Loyal | Seattle U | 2:04.72 |
| 11 | | Forsyth, Jeff | SO Whitworth | 2:05.15 |
| 12 | | Ramirez, Chris | Pacific Lutheran | 2:05.89 |
| 13 | | Manske, Mark | Pacific Lutheran | 2:06.13 |
| 14 | | Libecap, Chris | SR Puget Sound | 2:06.26 |
| 15 | | Heitzinger, Nathan | Seattle U | 2:06.45 |
| 16 | | Long, Paul | JR Whitworth | 2:07.01 |
| 17 | | Brown, Garrett | Seattle U | 2:07.71 |
| 18 | | Speetjens, Frank | FR Puget Sound | 2:07.89 |
| 19 | | Bria, Carmen | FR Puget Sound | 2:08.11 |
| 20 | | Rawson, Nicholas | FR Whitworth | 2:08.34 |
| 21 | | Beal, Matt | Pacific Lutheran | 2:10.44 |
| 22 | | Alvarado, Nicholas | Seattle U | 2:11.36 |
| 23 | | Kirschner, Nick | Seattle U | 2:15.80 |
| 24 | | Tober, Kevin | St. Martin's | 2:15.98 |

25 Uslan, Jeffrey FR Puget Sound 2:20.36
 26 Wilburn, Andrew Seattle U 2:24.99

Event 39 Men 110 Meter Hurdles

=====
 Stadium: # 14.1h 6/3/1967 Bill Roe, UW

NCAA /Auto: A 14.42

NCAA Provo: P 14.90

MEET: * 15.25 3/26/2004 Jake Foyston, Highline CC

| Name | Year | School | Finals | Points |
|------|------|--------|--------|--------|
|------|------|--------|--------|--------|

| | | | | |
|---|-------------------|----------------|-------|--|
| 1 | Spaun, Benjamin | Whitworth | 15.68 | |
| 2 | Mitchell, J. Alex | SO Whitworth | 16.53 | |
| 3 | Jahner, Brock | Seattle U | 17.01 | |
| 4 | Perry, Matthew | SO Whitworth | 17.15 | |
| 5 | Maze, Matt | SO Puget Sound | 17.83 | |
| 6 | Poshusta, Robby | Seattle U | 18.60 | |

Event 41 Men 4x100 Meter Relay

=====
 Stadium: # 41.40 4/17/1993 Western Oregon

NCAA /Auto: A 41.10

NCAA Provo: P 42.00

MEET: * 44.58 3/25/2005 , University Puget Sound
 Greene, Van Sant, Bye, Vanni

| School | Finals | Points |
|--------|--------|--------|
|--------|--------|--------|

| | | |
|---|-------------------------------|------------------------|
| 1 | University of Puget Sound 'A' | 43.49* |
| | 1) Lee, Rory SR | 2) Bye, Brycen JR |
| | 3) Blum, Isaac SO | 4) Van Sant, Pete JR |
| 2 | Whitworth College 'A' | 44.23* |
| 3 | University of Puget Sound 'B' | x45.87 |
| | 1) Galvin, Andrew SO | 2) Ivory, Jimmy FR |
| | 3) Anderson, Luc SO | 4) Cronenwett, Nick SO |

Event 42 Men 4x400 Meter Relay

=====
 Stadium: # 3:16.67 4/18/1992 CWU

Central Washington University

NCAA /Auto: A 3:13.00

NCAA Provo: P 3:17.00

MEET: * 3:27.34 3/24/2006 , University Puget Sound

Blum,Decker,Vanni, Van Sant

| School | Finals | H# | Points |
|-----------------------------------|------------------------|----|--------|
| 1 Whitworth College 'A' | 3:27.11* | 1 | |
| 2 Seattle University 'A' | 3:27.76 | 2 | |
| 3 Saint Martin's University 'A' | 3:28.64 | 1 | |
| 4 University of Puget Sound 'A' | 3:31.91 | 1 | |
| 1) Blum, Isaac SO | 2) Nakano, Cam SO | | |
| 3) Anderson, Luc SO | 4) Van Sant, Pete JR | | |
| 5 Pacific Lutheran University 'A' | 3:39.28 | 1 | |
| 6 Whitworth College 'C' | x3:41.29 | 1 | |
| 7 University of Puget Sound 'B' | x3:45.48 | 1 | |
| 1) Galvin, Andrew SO | 2) Bye, Brycen JR | | |
| 3) Lee, Rory SR | 4) Klag, Graham SO | | |
| 8 University of Puget Sound 'C' | x3:47.87 | 2 | |
| 1) Maze, Matt SO | 2) Speetjens, Frank FR | | |
| 3) Bria, Carmen FR | 4) Uslan, Jeffrey FR | | |
| 9 Seattle University 'B' | x3:53.05 | 2 | |
| 10 University of Puget Sound 'D' | x4:01.00 | 2 | |
| 1) Reynolds, Francis FR | 2) Pollard, Dan JR | | |
| 3) Peacock, Stephen SR | 4) Bonica, Andrew SO | | |

Event 43 Men High Jump

Stadium: # 2.10m 4/10/2004 Jeff Skiba, Highline CC
 NCAA /Auto: A 2.11m
 NCAA Provo: P 2.02m
 MEET: * 1.90m 3/24/2006 Brian Kramer, University Puget Sound

| Name | Year School | Finals | |
|--------------------|------------------|---------|---------|
| 1 Stelzer, Cody | FR Whitworth | 1.95m* | 6-04.75 |
| 2 Kramer, Brian | SR Puget Sound | 1.90m* | 6-02.75 |
| 3 Richardson, Bill | St. Martin's | J1.90m* | 6-02.75 |
| 4 Edwards, Aaron | St. Martin's | 1.80m | 5-10.75 |
| 4 Maze, Matt | SO Puget Sound | 1.80m | 5-10.75 |
| 5 Bye, Torance | FR Whitworth | J1.80m | 5-10.75 |
| 6 Bye, Brycen | JR Puget Sound | J1.70m | 5-07.00 |
| 7 Faust, Tyler | Pacific Lutheran | 1.70m | 5-07.00 |
| 7 Jahner, Brock | Seattle U | 1.70m | 5-07.00 |

Event 45 Men Long Jump

Stadium: # 7.30m 4/22/1995 Rob Rising, CWU
NCAA /Auto: A 7.30m
NCAA Provo: P 7.03m

MEET: * 6.76m 3/26/2004 Brynнен McKiver, Highline CC

| Name | Year | School | Finals | |
|---------------------|------|------------------|--------|----------|
| 1 Edwards, Aaron | | St. Martin's | 6.43m | 21-01.25 |
| 2 Fontenot, Carlos | | Bcc | 6.15m | 20-02.25 |
| 3 Spencer, Justin | FR | Whitworth | 6.10m | 20-00.25 |
| 4 Rockenbrant, Jeff | | Pacific Lutheran | 5.39m | 17-08.25 |
| -- Ivory, Jimmy | FR | Puget Sound | | ND |

Event 46 Men Triple Jump

Stadium: # 50-05 4/17/1993 James McCann, Western Oregon College
NCAA /Auto: A 14.80m
NCAA Provo: P 14.10m

MEET: * 13.34m 3/24/2006 Brian Kramer, University Puget Sound

| Name | Year | School | Finals | |
|-----------------|------|------------------|---------|----------|
| 1 Kramer, Brian | SR | Puget Sound | 13.34m* | 43-09.25 |
| 2 Ivory, Jimmy | FR | Puget Sound | 12.32m | 40-05.00 |
| 3 Faust, Tyler | | Pacific Lutheran | 10.91m | 35-09.50 |

Event 47 Men Shot Put

Stadium: # 57-04 6/3/1967 John Allamano, UW
NCAA /Auto: A 17.25m
NCAA Provo: P 15.55m

MEET: * 14.90m 3/26/2004 Mark Renne, PLU

| Name | Year | School | Finals | |
|--------------------|------|------------------|---------|----------|
| 1 Middleton, AJ | SO | Puget Sound | 15.29m* | 50-02.00 |
| 2 Palmer, Steve | JR | Puget Sound | 13.10m | 42-11.75 |
| 3 Stanbery, Russ | JR | Puget Sound | 12.99m | 42-07.50 |
| 4 Kintner, Jeff | FR | Whitworth | 12.92m | 42-04.75 |
| 5 Pauls, Clark | SR | Whitworth | 12.69m | 41-07.75 |
| 6 Neilsen, Jeff | | Pacific Lutheran | 10.97m | 36-00.00 |
| 7 Oliphant, Colton | | Pacific Lutheran | 10.79m | 35-05.00 |
| 8 Jahner, Brock | | Seattle U | 10.36m | 34-00.00 |
| 9 Sturgeon, Devin | | St. Martin's | 10.32m | 33-10.25 |
| 10 Glover, Travis | | Seattle U | 10.08m | 33-01.00 |

| | | | | |
|----|--------------------|--------------|--------|----------|
| 11 | Edwards, Aaron | St. Martin's | 10.00m | 32-09.75 |
| 12 | Finnegan, Kyle | Seattle U | 9.67m | 31-08.75 |
| 13 | El-Jazoub, Mohamed | St. Martin's | 8.19m | 26-10.50 |

Event 48 Men Discus Throw

=====
 Stadium: # 52.84m 6/4/1966 Al Pemberton, UW
 NCAA /Auto: A 52.50m
 NCAA Provo: P 47.50m
 MEET: * 42.56m 3/25/2005 Dan Haakenson, PLU

| Name | Year | School | Finals | |
|------|--------------------|------------------|--------|--------|
| 1 | VanHoomissen, Joey | SO Whitworth | 37.96m | 124-06 |
| 2 | Bailey, Greg | SO Puget Sound | 36.17m | 118-08 |
| 3 | Walker, Brian | FR Puget Sound | 33.02m | 108-04 |
| 4 | Spaun, Benjamin | Whitworth | 32.04m | 105-01 |
| 5 | Stanbery, Russ | JR Puget Sound | 29.77m | 97-08 |
| 6 | Oliphant, Colton | Pacific Lutheran | 28.64m | 93-11 |
| 7 | Jahner, Brock | Seattle U | 27.68m | 90-10 |
| 8 | Finnegan, Kyle | Seattle U | 26.85m | 88-01 |
| 9 | Neilsen, Jeff | Pacific Lutheran | 26.75m | 87-09 |
| 10 | Sturgeon, Devin | St. Martin's | 25.98m | 85-03 |
| 11 | Maze, Matt | SO Puget Sound | 25.45m | 83-06 |
| 12 | El-Jazoub, Mohamed | St. Martin's | 24.30m | 79-09 |
| -- | Pauls, Clark | SR Whitworth | | ND |

Event 49 Men Javelin Throw

=====
 Stadium: # 64.32m 4/18/1992 Ken Weinberg, Linfield
 NCAA /Auto: A 62.50m
 NCAA Provo: P 57.30m
 MEET: * 57.22m 3/26/2004 Brandon Arenas, Whitworth College

| Name | Year | School | Finals | |
|------|--------------------|------------------|--------|--------|
| 1 | Wells, Ian | Central | 55.47m | 182-00 |
| 2 | Acock, Chad | Central | 52.28m | 171-06 |
| 3 | Ingman, Mike | Central | 51.41m | 168-08 |
| 4 | Denevan, Andrew | SO Whitworth | 51.37m | 168-06 |
| 5 | VanHoomissen, Joey | SO Whitworth | 50.84m | 166-09 |
| 5 | Kemp, Kory | SO Whitworth | 50.84m | 166-09 |
| 7 | Ludlow, Clint | Pacific Lutheran | 49.76m | 163-03 |
| 8 | Ingman, John | UNAT | 49.58m | 162-08 |

| | | | | |
|----|------------------|------------------|--------|--------|
| 9 | Pyle, Casey | Pacific Lutheran | 46.74m | 153-04 |
| 10 | Price, Brian | UNAT | 45.85m | 150-05 |
| 11 | Ingman, Joseph | UNAT | 45.12m | 148-00 |
| 12 | Lual, Anderia | JR Whitworth | 43.62m | 143-01 |
| 13 | Richardson, Bill | St. Martin's | 41.95m | 137-07 |
| 14 | Crumedy, Matt | Seattle U | 39.80m | 130-07 |
| 15 | Maze, Matt | SO Puget Sound | 36.79m | 120-08 |
| 16 | Finnegan, Kyle | Seattle U | 30.82m | 101-01 |
| 17 | Sturgeon, Devin | St. Martin's | 30.34m | 99-06 |

Event 50 Men Hammer Throw

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 Stadium: # 64.84m 4/23/1988 Neil Kneip, Unattached
 NCAA /Auto: A 57.60m
 NCAA Provo: P 51.46m
 MEET: * 52.39m 3/25/2005 Dan Haakenson, PLU

| Name | Year | School | Finals | |
|------|--------------------|------------------|---------|--------|
| 1 | Haakenson, Dan | UNAT | 53.88m* | 176-09 |
| 2 | VanHoomissen, Joey | SO Whitworth | 47.15m | 154-08 |
| 3 | Bailey, Greg | SO Puget Sound | 42.79m | 140-05 |
| 4 | Oliphant, Colton | Pacific Lutheran | 42.05m | 137-11 |
| 5 | Dean, Cody | JR Puget Sound | 40.07m | 131-05 |
| 6 | Pauls, Clark | SR Whitworth | 39.73m | 130-04 |
| 7 | Justham, Drew | SR Puget Sound | 38.10m | 125-00 |
| 8 | Palmer, Steve | JR Puget Sound | 37.87m | 124-03 |
| 9 | Walker, Brian | FR Puget Sound | 32.56m | 106-10 |
| 10 | Price, Brian | UNAT | 30.76m | 100-11 |

Event 52 Men 3000 Meter Run

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 MEET: * 8:36.00 3/25/2005 Andy Carlson, St. Martin's College

| Name | Year | School | Finals | Points |
|------|------------------|--------------|---------|--------|
| 1 | Riak, John | St. Martin's | 8:49.14 | |
| 2 | Fraser, Ian | UNAT | 8:55.65 | |
| 3 | Grassley, Jeff | SR Whitworth | 9:05.67 | |
| 4 | Nasim, Niwar | St. Martin's | 9:18.29 | |
| 5 | Stewart, Collin | FR Whitworth | 9:33.29 | |
| 6 | Obluck, Tris | St. Martin's | 9:36.61 | |
| 7 | Beach, Tristan | St. Martin's | 9:36.62 | |
| 8 | Daroff, D. Jamie | SO Whitworth | 9:38.70 | |

| | | | |
|----|----------------------|------------------|----------|
| 9 | Lalonde, Steven | St. Martin's | 9:39.07 |
| 10 | Butler, Cameron | FR Puget Sound | 9:40.92 |
| 11 | Baldwin, Christopher | SO Whitworth | 9:46.25 |
| 12 | Evans, Alex | SO Whitworth | 9:50.48 |
| 13 | Jones, Bryan | JR Whitworth | 9:53.07 |
| 14 | Beal, Matt | Pacific Lutheran | 9:54.17 |
| 15 | Adams, Nolan | Pacific Lutheran | 10:00.40 |
| 16 | Ramirez, Chris | Pacific Lutheran | 10:27.88 |
| 17 | Brakken-Thal, Sean | SO Puget Sound | 10:40.58 |

Event 53 Men Distance Medley

MEET: * 11:03.52 3/24/2006 , University Puget Sound
 Reichert, Van Sant, Vanni, Hanlin

School Finals Points

| | | |
|---|-------------------------------|-----------------------|
| 1 | University of Puget Sound 'A' | 10:50.87* |
| | 1) Reynolds, Francis FR | 2) Van Sant, Pete JR |
| | 3) Nakano, Cam SO | 4) Pollard, Dan JR |
| 2 | University of Puget Sound 'B' | x11:05.48 |
| | 1) Peacock, Stephen SR | 2) Anderson, Luc SO |
| | 3) Klag, Graham SO | 4) Bonica, Andrew SO |
| 3 | Seattle University 'A' | 11:13.51 |
| | 1) Alvarado, Nicholas | 2) Henry, Chris |
| | 3) Kirschner, Nick | 4) Heitzinger, Nathan |

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