

8-27-2009

# University of Alaska Fairbanks West Ridge Invitational

Great Northwest Athletic Conference

Follow this and additional works at: [http://digitalcommons.cwu.edu/cwu\\_cross\\_country](http://digitalcommons.cwu.edu/cwu_cross_country)

---

## Recommended Citation

Great Northwest Athletic Conference, "University of Alaska Fairbanks West Ridge Invitational " (2009). *Cross-Country Running*. Book 179.  
[http://digitalcommons.cwu.edu/cwu\\_cross\\_country/179](http://digitalcommons.cwu.edu/cwu_cross_country/179)

This Article is brought to you for free and open access by the Sports Statistics and Histories at ScholarWorks@CWU. It has been accepted for inclusion in Cross-Country Running by an authorized administrator of ScholarWorks@CWU.

Licensed to Central Washington University

Hy-Tek's Meet Manager 8/27/2009 09:3

UAF West Ridge Invitational - 8/27/2009

Fairbanks, AK (West Ridge Trails)

Results

Women 5k Run CC

Name	Year School	Finals	Points
1 Schnurr, Theresia	Alaska	20:46.10	1
2 Sieber, Raphaela	Alaska	21:09.80	2
3 Stensland, Maria	Alaska	22:09.90	3
4 Edic, Heather	Alaska	22:11.00	4
5 Korthauer, Aurelia	Alaska	22:17.40	5
6 Benedix, Jana	Alaska	22:48.70	6
7 Cooke, Stephanie	Central Wash.	22:58.60	7
8 Kreft, Kelsey	Central Wash.	23:08.60	8
9 Bakeman, Mary	Central Wash.	23:14.60	9
10 Rjabov, Marit	Unattached	23:33.00	
11 Mendoza, Adriana	Central Wash.	23:36.00	10
12 Konieczny, Rebecca	Alaska	23:38.00	11
13 Bender, Morgan	Unattached	24:56.70	
14 Vreeland, Shannon	Central Wash.	26:29.40	12
15 Bennett, Katelyn	Alaska	26:37.80	
16 Thompson, Megan	Unattached	28:16.60	

Men 5k Run CC

Name	Year School	Finals	Points
1 Santos, Manuel	Central Wash.	17:57.70	1
2 Nodine, Matt	Central Wash.	18:27.70	2
3 Kornfield, Tyler	Alaska	18:31.90	3
4 Johnson, Tom	Central Wash.	18:33.80	4
5 Sabo, Ray	Alaska	19:04.10	5
6 Often, Einar	Alaska	19:09.60	6
7 Parry, John	Alaska	19:12.70	7
8 Arneson, Lars	Unattached	19:13.80	
9 Chandler, Mitch	Alaska	19:33.60	8
10 Tilly, Sam	Alaska	19:41.60	9
11 Power, Scott	Central Wash.	19:52.40	10

12	Soom, Henri	Alaska	19:56.00	11
13	Wilkinson, Ian	Alaska	20:02.30	
14	DeWilde, Joseph	Alaska	20:06.60	
15	Morris, Alex	Alaska	20:15.60	
16	Hargrove, Wes	Central Wash.	20:34.80	12
17	Priest, Cody	Alaska	20:35.10	

6 PM