

OTHER 2010 MEETS

Lake Padden Relays (Sept. 4 at Bellingham): Men - 1. Western Washington (Bennett Grimes, Nick Abraham, Yonas Berhe, Chip Jackson) 54:38. **Women** - 1. Western Washington (Sarah Porter, Lauren Breihof, Phoebe Hartnett, Sierra Brisky) 1:01:26.

Greater Louisville Cross Country Classic (Oct. 2 at Louisville): Men – Louisville 97. **Individuals (8,000 Meters)** – 1. Meshack Koyiaki, Columbus State, 23:20.75; 51. Jordan Welling, WWU, 24:43.62; 55. Bennett Grimes, WWU, 24:45.14; 107. Blake Medhaug, WWU, 25:13.73. **Women** – Grand Valley State 106. **Individuals (5,000 Meters)** – 1. Neely Spence, Shippensburg, 16:32.90; 3. Sarah Porter, WWU, 16:57.98; 35. Lauren Breihof, WWU, 17:46.50.

NAIA Nationals (Nov. 20 at Vancouver, WA): Women - Cal State San Marcos 88, Biola 127, Black Hills State 151, Malone 164, Simon Fraser 177. **Individuals (5,000 Meters)** - 1. Erin Curran, Black Hills, 17:52; 10. Helen Croft, SFU, 18:15; 18. Jessica Smith, SFU, 18:21; 52. Sarah Sawatzky, SFU, 18:53; 86. Lindsey Butterworth, SFU, 19:14; 98. Brianna Kane, SFU, 19:21; 141. Michaela Kane, SFU, 19:37; 176. Angela Shaw, SFU, 19:52. **Men** – Southern Oregon 105. **Individuals (8,000 Meters)** - 1. Kennedy Kithuka, Wayland Baptist, 24:02; 166. Keir Forster, SFU, 27:13.