

SAN FRANCISCO STATE INVITATIONAL 2010

Men-8K Women-6K

October 8, 2010 Golden Gate Park San Francisco CA Weather:Mild in the 60's

Place	No.	First Name	Last Name	Yr	College	Time	Pace
1	51	Amos	Maru	JR	Academy of Art	24:56	5:01
2	50	Daveson	Marinchich	JR	Academy of Art	25:02	5:03
3	18	Gus	Gibbs	SR		25:32	5:09
4	181	Eric	Malain	SR	Humboldt State	25:35	5:09
5	34	Dawson	Vorderbruegge	JR		25:39	5:10
6	123	Travis	Hallanan	SO	Cuesta	25:43	5:11
7	178	Austin	Huff	JR	Humboldt State	25:46	5:11
8	353	Robb	Van Wyck	JR	St. Mary's (Cal.)	25:48	5:12
9	54	Brian	Locher	FR	Asics Aggies	25:48	5:12
10	222	Derek	Desantiago	SR	San Francisco	25:50	5:12
11	17	Christophe	Gerber	JR		25:51	5:12
12	253	Brian	Trejo	SO	San Francisco St.	25:52	5:13
13	223	Thomas	Estrada	JR	San Francisco	25:58	5:14
14	10	Nicholas	Alvarado	SR		25:59	5:14
15	26	Joey	Nunes	SR		26:03	5:15
16	227	Adam	Smith	FR	San Francisco	26:09	5:16
17	170	Nicholas	Arguelles	SR	Humboldt State	26:11	5:16
18	250	Harlan	Lopez	SR	San Francisco St.	26:14	5:17
19	107	Manuel	Santos	SR	Central Washington	26:19	5:18
20	24	Jose	Morales	SR		26:25	5:19
21	32	David	Urista	SR		26:28	5:20
22	221	Jordan	Baker	SO	San Francisco	26:33	5:21
23	224	Charlie	Johanson	FR	San Francisco	26:35	5:21
24	226	Gustavo	Mena	FR	San Francisco	26:36	5:22
25	148	Fernando	Diaz	JR	Holy Names	26:37	5:22
26	251	Ryan	Raya	SR	San Francisco St.	26:37	5:22
27	245	Bruc	Assefa	FR	San Francisco St.	26:39	5:22
28	172	Hunter	Daniel	SR	Humboldt State	26:40	5:22
29	29	Chris	Sampson	SR		26:44	5:23
30	306	Matt	Wagner	JR	Santa Clara	26:46	5:24
31	247	Tyler	Deniston	SO	San Francisco St.	26:47	5:24
32	220	Ravi	Amarawansa	SR	San Francisco	26:52	5:25
33	348	Brad	Alban	SR	St. Mary's (Cal.)	26:52	5:25
34	249	Andrew	Lavallee	SR	San Francisco St.	26:53	5:25
35	55	Alex	Nelson	SR	Bay Area Track Club	26:55	5:25
36	183	Joe	Ostini	JR	Humboldt State	26:56	5:25
37	28	Travis	Pederson	JR		26:59	5:26
38	176	Robert	Gustas	SO	Humboldt State	27:00	5:26
39	37	Richard	Zhu	JR		27:03	5:27
40	14	Tyler	Cleveland	SO		27:06	5:27
41	277	Kellen	Cole	FR	San Jose St.	27:06	5:28
42	180	Derek	Lactaoen	SR	Humboldt State	27:09	5:28
43	244	Tom	Ashby	FR	San Francisco St.	27:09	5:28
44	85	Kanwar	Dhaliwal	SO	Cal St. Stanislaus	27:10	5:28
45	280	Luke	Galvan	SR	San Jose St.	27:10	5:28
46	304	Luca	Signore	FR	Santa Clara	27:14	5:29
47	225	Jimmy	McManus	FR	San Francisco	27:15	5:29
48	228	Jason	Waldram	SO	San Francisco	27:15	5:29
49	100	Ryan	Eidsmoe	JR	Central Washington	27:16	5:30
50	254	Ryan	Woods	FR	San Francisco St.	27:17	5:30
51	21	Tyler	Hoyt	SR		27:19	5:30
52	30	Peter	Stephens	FR		27:20	5:30
53	252	James	Shipe	FR	San Francisco St.	27:21	5:31
54	248	Brandon	Jauregui	SO	San Francisco St.	27:26	5:32
55	185	Benjamin	Stern	FR	Humboldt State	27:28	5:32
56	285	Juan	Ruiz	JR	San Jose St.	27:28	5:32
57	409	Kai	Proshan	FR	CCSF	27:30	5:32
58	149	Zachary	Holt	SO	Holy Names	27:32	5:33
59	12	Shane	Brookshire	SR		27:34	5:33
60	83	Dean	Alley	FR	Cal St. Stanislaus	27:38	5:34
61	47	Geoffrey	Cheriousyot	SR	Academy of Art	27:39	5:34
62	184	Roberto	Quintero	JR	Humboldt State	27:42	5:35
63	33	Cesar	Vasquez	FR		27:42	5:35
64	101	Tyler	Eidsmoe	SR	Central Washington	27:42	5:35
65	108	Jon	Swanson	SO	Central Washington	27:43	5:35

66	126	Gordon	Sturgess	FR	Cuesta	27:44	5:35
67	177	Abel	Gutierrez	JR	Humboldt State	27:44	5:35
68	279	Alex	Esparza	JR	San Jose St.	27:45	5:35
69	36	Brecon	Welton	JR		27:48	5:36
70	350	James	Hayes	SO	St. Mary's (Cal.)	27:56	5:38
71	86	Terrance	Ellis	SO	Cal St. Stanislaus	27:58	5:38
72	246	Ryan	Chio	FR	San Francisco St.	28:01	5:39
73	154	David	Rios	JR	Holy Names	28:02	5:39
74	401	Mario	Escobedo	FR	CCSF	28:03	5:39
75	195	Ryan	Nunez	JR	Notre Dame de Namur	28:04	5:39
76	102	Tom	Johnson	SR	Central Washington	28:05	5:39
77	284	Hector	Lopez-Garcia	FR	San Jose St.	28:06	5:39
78	88	Tyco	Sedler	SO	Cal St. Stanislaus	28:06	5:40
79	124	Paul	Jackson	FR	Cuesta	28:06	5:40
80	49	Kennedy	Kurgat	JR	Academy of Art	28:07	5:40
81	121	Tyler	Gates	FR	Cuesta	28:10	5:40
82	53	Joey	Villesenor	JR	Academy of Art	28:14	5:41
83	352	Marco	Siragusa	FR	St. Mary's (Cal.)	28:15	5:41
84	275	Antonio	Cantu	JR	San Jose St.	28:20	5:42
85	305	Moises	Venegas	FR	Santa Clara	28:21	5:43
86	103	Nathan	Minor	FR	Central Washington	28:42	5:47
87	406	Casey	Lee	FR	CCSF	28:47	5:48
88	354	Antonio	Venegas	SO	St. Mary's (Cal.)	28:49	5:48
89	15	Sloane	Cook	SR		28:55	5:49
90	87	Alex	Reyes	FR	Cal St. Stanislaus	28:56	5:50

1.	55	San Francisco	(26:13	131:05)
2.	64	Humboldt State	(26:14	131:08)
3.	78	San Francisco St.	(26:26	132:09)
4.	142	Academy of Art	(26:48	133:58)
5.	168	Central Washington	(27:25	137:05)
6.	179	San Jose St.	(27:31	137:35)
7.	181	St. Mary's (Cal.)	(27:32	137:40)
8.	209	Cuesta	(27:52	139:17)
9.	215	Cal St. Stanislaus	(27:58	139:48)
10.	226	Holy Names	(28:18	141:29)
11.	266	CCSF	(28:41	143:22)
12.	402	Cal St. Monterey Bay	(32:07	160:34)
13.	414	UC Santa Cruz Slug XC	(34:15	171:11)
14.	419	Simpson (Cal.)	(33:09	165:41)

Place	No.	First Name	Last Name	Yr	College	Time	Pace
=====	=====	=====	=====	=====	=====	=====	=====
1	73	Ruby	Elhard	JR	Cal St. Stanislaus	22:10	4:28
2	74	Denali	Foldager	JR	Cal St. Stanislaus	22:20	4:30
3	218	Alice	Baker	SO	San Francisco	22:30	4:32
4	236	Tanya	Ferreira	SR	San Francisco St.	22:44	4:35
5	219	Carly	Holman	SR	San Francisco	22:50	4:36
6	162	Irene	Graham	SR	Humboldt State	22:57	4:37
7	294	Meghan	MacNamara	JR	Santa Clara	22:59	4:38
8	301	Allie	Sibole	FR	Santa Clara	22:59	4:38
9	147	Agnes	Silvestro	JR	Holy Names	23:00	4:38
10	261	Kate	Lambdin	JR	San Jose St.	23:01	4:38
11	297	Hayley	Ney	SO	Santa Clara	23:03	4:39
12	268	Beth	Raymond	JR	San Jose St.	23:11	4:40
13	298	Carey	Parker	SO	Santa Clara	23:21	4:42
14	337	Maria	Ahlqvist	SO	St. Mary's (Cal.)	23:25	4:43
15	161	Tess	Dahlgren	SR	Humboldt State	23:26	4:43
16	362	Katie	Lewis	FR	UC Santa Cruz	23:27	4:43
17	343	Alicia	Doohan	FR	St. Mary's (Cal.)	23:28	4:44
18	159	Amanda	Camarillo	SO	Humboldt State	23:31	4:44
19	291	Nicole	Giove	JR	Santa Clara	23:32	4:44
20	342	Tess	Descher	SR	St. Mary's (Cal.)	23:33	4:45
21	347	Natalie	Sojka	JR	St. Mary's (Cal.)	23:38	4:46
22	241	Courtney	Stephens	JR	San Francisco St.	23:39	4:46
23	288	Jamie	Anderson	JR	Santa Clara	23:39	4:46
24	346	Rosie	Smith	SO	St. Mary's (Cal.)	23:40	4:46
25	230	Sue	Choi	SO	San Francisco St.	23:41	4:46
26	77	Marina	Ghabbour	FR	Cal St. Stanislaus	23:46	4:47

27	366	Emily	Nee	SO	UC Santa Cruz	23:48	4:48
28	368	Mimi	Petersen	FR	UC Santa Cruz	23:49	4:48
29	299	Julia	Restin	SO	Santa Clara	23:49	4:48
30	329	Rachel	Borg	SO	Sonoma St.	23:52	4:48
31	118	Kasey	Urman	FR	Cuesta	23:53	4:49
32	44	Trinel	Zamfir	SR	Academy of Art	23:53	4:49
33	96	Adriana	Mendoza	JR	Central Washington	23:54	4:49
34	344	Maureen	May	FR	St. Mary's (Cal.)	23:55	4:49
35	328	Katie	Bolce	JR	Sonoma St.	23:59	4:50
36	335	Sablle	Scheppmann	JR	Sonoma St.	23:59	4:50
37	93	Taylor	Kartes	FR	Central Washington	24:00	4:50
38	331	Ashley	Holtze	SR	Sonoma St.	24:00	4:50
39	168	Alizah	Rotman	SO	Humboldt State	24:04	4:51
40	75	Lindsay	Garcia	JR	Cal St. Stanislaus	24:05	4:51
41	340	Alex	Choy	FR	St. Mary's (Cal.)	24:06	4:51
42	333	Carly	McCready	JR	Sonoma St.	24:10	4:52
43	233	Kendall	Dye	SO	San Francisco St.	24:11	4:52
44	296	Megan	Murnane	SO	Santa Clara	24:15	4:53
45	81	Alyssa	Thiele	SO	Cal St. Stanislaus	24:18	4:54
46	5	Kayla	Germany	FR		24:19	4:54
47	79	Claire	Jenkins	JR	Cal St. Stanislaus	24:20	4:54
48	42	Cassandra	Schumacher	SO	Academy of Art	24:23	4:55
49	345	Elizandra	Obando	SO	St. Mary's (Cal.)	24:25	4:55
50	359	Gabi	Cruz	SO	UC Santa Cruz	24:25	4:55
51	356	Jenny	Cain	JR	UC Santa Cruz	24:28	4:56
52	167	Christina	Perez	SO	Humboldt State	24:29	4:56
53	90	Berlyn	Bales	SR	Central Washington	24:30	4:56
54	71	Dallas	Campbell	FR	Cal St. Stanislaus	24:31	4:56
55	240	Caitlin	Stark	FR	San Francisco St.	24:33	4:57
56	94	Kelsey	Kreft	JR	Central Washington	24:34	4:57
57	72	Chelsea	Deerinck	JR	Cal St. Stanislaus	24:35	4:57
58	40	Kylie	Long	FR	Academy of Art	24:37	4:58
59	114	Kristen	Hessick	FR	Cuesta	24:39	4:58
60	238	Karen	Marchan	JR	San Francisco St.	24:41	4:58
61	9	Karla	Moraza	FR		24:41	4:58
62	82	Katie	Timmermans	FR	Cal St. Stanislaus	24:42	4:59
63	259	Nicole	Haggerty	JR	San Jose St.	24:44	4:59
64	142	Maricruz	Espindola	SO	Holy Names	24:46	4:59
65	256	Lauren	Dubay	SR	San Jose St.	24:46	4:59
66	264	Sasha	Martinez	JR	San Jose St.	24:46	4:59
67	255	Megan	Arias	JR	San Jose St.	24:47	4:59
68	357	Lauren	Carlton	SO	UC Santa Cruz	24:48	5:00
69	338	Erin	Burke	SO	St. Mary's (Cal.)	24:49	5:00
70	234	Megan	Eck	SO	San Francisco St.	24:55	5:01
71	242	Alicia	Trujillo	FR	San Francisco St.	24:57	5:02
72	263	Arely	Marquez	SR	San Jose St.	25:01	5:02
73	95	Krissy	McGill	JR	Central Washington	25:02	5:03

1.	48	Santa Clara	(23:11 115:54)
2.	86	St. Mary's (Cal.)	(23:33 117:44)
3.	107	Cal St. Stanislaus	(23:20 116:39)
4.	117	Humboldt State	(23:42 118:27)
5.	137	San Francisco St.	(23:46 118:48)
6.	156	UC Santa Cruz	(24:00 119:57)
7.	171	Sonoma St.	(24:00 120:00)
8.	188	San Jose St.	(24:06 120:28)
9.	228	Central Washington	(24:24 122:00)
10.	277	Academy of Art	(24:56 124:38)
11.	314	Holy Names	(25:34 127:49)
13.	379	Cal St. Monterey Bay	(26:00 129:59)
14.	440	Simpson (Cal.)	(27:06 135:26)
15.	464	Dominican (Cal.)	(27:40 138:20)
16.	472	CCSF	(28:04 140:19)
17.	510	Notre Dame de Namur	(29:28 147:20)

