

4-25-2008

# Western Washington University Twilite Meet

Great Northwest Athletic Conference

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Hy-Tek's Meet Manager 4/25/2008 09:1

WWU Twilite Meet - 4/25/2008

Civic Field, Bellingham, WA

Results

Event 1 Women High Jump

Name	Year Team	Seed	Finals
1 Cook, Clara	Western Washingt	1.69m	1.60m
2 Rogers, Jill	Western Washingt	1.53m	J1.60m
3 Lombardo, Allison	Washington	1.58m	J1.60m
4 Mattson, Jaquie	Seattle Pacific	1.55m	1.55m
4 Robblee, Robyn	Washington	1.53m	1.55m
4 Vielma, Nicole	Washington	1.53m	1.55m
7 Hewitt, Katie	British Columbia	1.60m	J1.55m
8 Fuller, Liz	Washington	1.64m	J1.55m
9 Becker, Mara	Seattle U.	1.60m	1.50m
10 Smith, Kelsey	Pacific Lutheran	1.43m	1.40m

Event 2 Men High Jump

Name	Year Team	Seed	Finals
1 Bailey, Cameron	Unattached	2.05m	2.01m
2 Richardson, Bill	St. Martin's	1.96m	1.90m
3 Brockman, Keefe	Western Washingt	2.03m	1.85m
4 Martinelli, Brian	Western Washingt	1.91m	J1.85m
5 Nelson, Joseph	Central Washingt	1.85m	J1.85m
-- Collins, Nick	Central Washingt		NH
-- Faust, Tyler	Pacific Lutheran	1.81m	NH

Event 3 Women Pole Vault

Name	Year Team	Seed	Finals
1 Pappas, Sarah	Washington	3.81m	3.75m
2 Miller, Christy	Western Washingt	3.77m	J3.75m
3 Peterson, Andrea	Washington	3.40m	3.60m
3 Moore, Allison	Washington	3.72m	3.60m
5 Anderson, Monica	Seattle Pacific	3.70m	J3.60m

6	Walker, Lauren	Washington	3.55m	3.45m
6	Hauk, Carrie	Seattle Pacific	3.70m	3.45m
8	Kamphius, Esther	Unattached		J3.45m
9	Dockins, Cara	Western Washingt	3.06m	3.30m
10	Clarke, Camille	Western Washingt	3.18m	J3.30m
10	Cabebe, Courtney	Seattle U.	3.26m	J3.30m
12	Quick, Jennifer	Western Washingt	3.04m	3.15m
13	DiMarco, Diana	Western Washingt	3.20m	3.00m
14	DiEnno, Amanda	Western Washingt	3.18m	J3.00m
15	Lee, Brittany	Seattle U.	3.05m	2.85m
15	McCloy, Sophia	Western Washingt	2.74m	2.85m
17	Groff, Megan	Northwest U.	2.89m	2.55m
--	Amos, Haley	Central Washingt	3.20m	NH
--	Lundsten, Tracie	Seattle Pacific	3.58m	NH
--	Stevens, Samantha	Western Washingt	2.94m	NH
--	Wulfekuhle, Jamie	Western Washingt	2.95m	NH

Event 4 Men Pole Vault

Name	Year Team	Seed	Finals	
1	Brown, Ryan	Western Washingt	4.85m	4.65m
2	Lucke, Bryan	Western Washingt	4.46m	4.50m
2	McCoy, Scott	Central Washingt	4.64m	4.50m
4	Millson, Michael	Western Washingt	3.91m	4.20m
5	Iverson, Kevin	Western Washingt		4.05m
6	Lloyd, Will	Western Washingt	3.36m	3.90m
7	Massey, Marc	Seattle U.	3.80m	3.45m
--	Winters, Josh	Western Washingt	4.55m	NH

Event 5 Women Long Jump

Name	Year Team	Seed	Finals	W	
1	Hostetler, Kasey	Western Washingt	5.35m	5.32m	
2	Arceneaux, Lakia	Pacific Lutheran	4.96m	5.05m	
3	Butler, Gail	Western Washingt	5.10m	4.89m	
4	Cabebe, Courtney	Seattle U.	4.62m	4.70m	-
5	Johnson, Kristin	Western Washingt	4.87m	4.64m	
6	Flower, Mellisa	Seattle Pacific		4.61m	
7	Squires, Kamala	Seattle U.	4.45m	4.36m	
8	DiMarco, Diana	Western Washingt	4.57m	3.90m	

-- Thomas, Megan	St. Martin's	5.00m	FOUL	:
-- Paulsen, Megan	Western Washingt	5.20m	FOUL	:
-- Quick, Jennifer	Western Washingt	4.57m	FOUL	:

Event 6 Men Long Jump

Name	Year Team	Seed	Finals	W
1 Felt, Justin	Seattle Pacific	7.03m	6.70m	+
2 Fredericks, Corey	Washington	6.86m	6.35m	
3 Odoemene, Udoka	Seattle U.	6.35m	6.26m	
4 Collins, Nick	Central Washingt	6.70m	6.19m	
5 Gruger, Shane	Western Washingt	6.48m	6.09m	+
6 Martinez, Jude	Seattle U.	6.30m	6.07m	
7 Khouw, Justin	British Columbia	6.80m	5.98m	
8 Satterwhite, Tim	Western Washingt	6.05m	5.87m	
9 Peters, Greg	Northwest U.		5.70m	
10 Pierre, Miguel	Unat-Whatcom CC	6.57m	5.55m	
11 Ferleman, Andrew	Washington	6.50m	5.53m	
12 Bennett, Phillip	Unattached	6.40m	5.26m	
13 Bricker, Donald	Central Washingt	5.94m	5.03m	

Event 7 Women Triple Jump

Name	Year Team	Seed	Finals	W
1 Amiad-Pavlov, Daria	Washington	11.80m	11.70m	
2 Paulsen, Megan	Western Washingt	11.28m	10.89m	+
3 Vielma, Nicole	Washington	10.93m	10.76m	
4 Aanstad, Brittany	Seattle Pacific	10.45m	10.61m	-
5 Flower, Mellisa	Seattle Pacific	10.54m	10.55m	
6 Johnson, Kristin	Western Washingt	10.74m	10.23m	
7 Squires, Kamala	Seattle U.	9.78m	9.47m	

Event 8 Men Triple Jump

Name	Year Team	Seed	Finals	W
1 Bailey, Cameron	Unattached	13.86m	13.70m	+
2 Brockman, Keefe	Western Washingt	13.12m	13.58m	+
3 Fredericks, Corey	Washington	13.94m	13.30m	+
4 Satterwhite, Tim	Western Washingt	13.55m	13.13m	

5	Goodwin, Christian	Central Washingt	13.25m	13.00m	
6	Turner, James	Washington		12.67m	-
7	Felt, Justin	Seattle Pacific	13.42m	12.48m	
8	Odoemene, Udoka	Seattle U.	12.51m	12.29m	
9	Bricker, Donald	Central Washingt	11.88m	11.25m	+

Event 9 Women Shot Put

Name	Year Team	Seed	Finals
1 Tandle, Krissy	Unattached	14.64m	13.38m
2 Afoa, Shaina	Central Washingt	12.03m	12.63m
3 Stueckle, Jordan	Central Washingt	11.58m	12.11m
4 Hacker, Taylor	Pacific Lutheran	11.57m	11.28m
5 Sadler, Chelsea	Western Washingt	11.31m	10.91m
6 Scherer, Becky	Central Washingt	11.27m	10.39m
7 DeMartini, Sara	Seattle U.	10.50m	9.94m
8 Valaile, RaeLani	Seattle U.	10.50m	9.44m
-- Rance, Erica	Western Washingt	10.15m	ND
-- Johnstone, Ella	British Columbia	11.54m	ND
-- Fuller, Liz	Washington	12.09m	ND
-- Monahan, Clare	Seattle U.	8.76m	ND
-- McWeeny, Alison	Central Washingt	10.05m	ND

Event 10 Men Shot Put

Name	Year Team	Seed	Finals
1 Washington, Sam	St. Martin's	15.44m	16.26m
2 Valdez, Matt	Central Washingt	15.39m	15.36m
3 Matschiner, Andrew	Seattle Pacific	15.07m	13.81m
4 Middleton, AJ	Puget Sound	15.00m	13.72m
5 Hoffman, Michael	Western Washingt	13.22m	13.25m
6 Haakenson, Dan	Unat-Pacific Lut		12.78m
7 Ramirez, Daniel	Central Washingt	13.41m	12.65m
8 Freeman, Josh	Unattached		12.22m
9 Harrison, Alex	Western Washingt	11.63m	12.02m
10 Vavricka, Michael	St. Martin's	12.70m	11.87m
11 McNeill, Conor	Pacific Lutheran	12.42m	11.06m

Event 11 Women Discus Throw

Name	Year Team	Seed	Finals
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Name	Year Team	Seed	Finals
1 Rance, Erica	Western Washingt	40.17m	40.73m
2 Tandle, Krissy	Unattached	42.00m	39.72m
3 Afoa, Shaina	Central Washingt	39.31m	38.88m
4 Scherer, Becky	Central Washingt	39.62m	36.08m
5 Sadler, Chelsea	Western Washingt	35.48m	34.27m
6 DeMartini, Sara	Seattle U.	32.85m	26.64m
7 Valaile, RaeLani	Seattle U.	32.85m	24.76m

Event 12 Men Discus Throw

Name	Year Team	Seed	Finals
1 Haakenson, Dan	Unat-Pacific Lut	47.00m	45.90m
2 Skermer, David	Kajaks T&F	46.11m	45.37m
3 Elder, Ben	Unattached		44.52m
4 Freeman, Josh	Unattached		43.96m
5 Michaelson, Bryant	Western Washingt	41.60m	43.67m
6 Washington, Sam	St. Martin's	43.75m	43.26m
7 Valdez, Matt	Central Washingt	42.67m	41.12m
8 Ramirez, Daniel	Central Washingt	39.31m	40.65m
9 Matschiner, Andrew	Seattle Pacific	40.00m	38.97m
10 Vavricka, Michael	St. Martin's	35.81m	38.11m
11 Hoffman, Michael	Western Washingt	41.50m	37.82m
12 Ferleman, Andrew	Washington		37.04m
13 Ostler, Mychal	Central Washingt	38.10m	35.23m
14 Harrison, Alex	Western Washingt	36.67m	33.51m
15 Adams, Nolan	Pacific Lutheran	32.51m	31.92m
16 McNeill, Conor	Pacific Lutheran		30.99m
17 Loquvam, Jacob	St. Martin's	30.00m	30.47m

Event 13 Women Hammer Throw

Name	Year Team	Seed	Finals
1 Ter Laak, Lara	British Columbia	50.45m	49.55m
2 Hacker, Taylor	Pacific Lutheran	52.26m	49.44m
3 Tandle, Krissy	Unattached	47.00m	42.96m
4 Blake, Jillian	St. Martin's	38.38m	41.44m
5 Rance, Erica	Western Washingt	41.47m	41.02m
6 Scherer, Becky	Central Washingt	37.79m	39.26m

7	Stueckle, Jordan	Central Washingt	36.27m	36.43m
8	Kaligis, Lauren	Western Washingt	32.91m	32.65m
--	McWeeny, Alison	Central Washingt	43.89m	ND

Event 14 Men Hammer Throw

Name	Year Team	Seed	Finals
1 Haakenson, Dan	Unat-Pacific Lut	56.20m	54.54m
2 Bailey, Greg	Puget Sound	51.16m	50.20m
3 Hoffman, Michael	Western Washingt	41.45m	49.33m
4 Ostler, Mychal	Central Washingt	51.51m	49.24m
5 Valdez, Matt	Central Washingt	49.98m	48.08m
6 Middleton, AJ	Puget Sound	44.93m	46.26m
7 Elder, Ben	Unattached		40.40m
8 Vavricka, Michael	St. Martin's	36.00m	33.05m
9 Washington, Sam	St. Martin's	40.00m	32.88m
-- McNeill, Conor	Pacific Lutheran	40.86m	ND
-- Oliphant, Colton	Pacific Lutheran	42.08m	ND

Event 15 Women Javelin Throw

Name	Year Team	Seed	Finals
1 Schantin, Jeeni	Seattle Pacific	45.00m	45.42m
2 VerMulm, Lauren	Seattle Pacific	45.47m	44.98m
3 Gruszecki, Monika	Western Washingt	44.76m	42.81m
4 Prause, Shayna	Northwest U.	38.27m	40.36m
5 Johnstone, Ella	British Columbia	39.56m	38.90m
6 Hatch, Karin	Pacific Lutheran	38.40m	38.51m
7 Rance, Erica	Western Washingt	37.50m	35.98m
8 Blake, Jillian	St. Martin's	38.00m	35.31m
9 Campbell, Katie	Northwest U.	35.75m	34.35m
10 DiEnno, Amanda	Western Washingt	33.52m	33.43m
11 Bellisario, Hali	Seattle U.	33.20m	32.58m
12 Jensen, Melissa	Western Washingt	37.79m	32.49m
13 Fuller, Liz	Washington	33.95m	32.14m
14 Pavlov, Daria	Washington		32.09m
15 Vliet, Katie	Western Washingt	32.04m	31.88m
16 Peoples, Sarah	Northwest U.	35.00m	25.62m

Event 16 Men Javelin Throw

Name	Year Team	Seed	Finals
1 Brewer, Justin	Unattached	50.00m	58.17m
2 Harrison, Alex	Western Washingt	51.02m	49.31m
3 Lloyd, Will	Western Washingt	46.48m	49.00m
4 Nelson, Joseph	Central Washingt	48.15m	47.83m
5 Jorgensen, Joshua	Seattle Pacific	50.00m	45.49m
6 Ferleman, Andrew	Washington		39.27m
7 Peters, Greg	Northwest U.	35.56m	37.63m
8 Inge, Jerome	Northwest U.	27.50m	33.71m

Event 17 Women 5000 Meter Run

Name	Year Team	Seed	Finals	P
1 Porter, Sarah	Western Washingt	17:25.84	17:37.48	
2 Knudtson, Beth	Northwest U.	18:15.00	18:05.61	
3 Casillas, Ana	Evergreen St.	19:28.00	19:11.43	
4 Britton, Katie	British Columbia	18:40.20	19:13.51	
5 Clarke, Kirsten	Central Washingt	19:38.00	19:13.81	
6 Martinez, Natalie	Seattle U.	19:30.00	19:15.38	
7 Breihof, Lauren	Western Washingt	18:59.34	19:17.52	
8 Borunda, Alex	Central Washingt	19:38.00	19:19.30	
9 Cadelinia, Rhiannon	Seattle U.	19:48.00	19:24.39	
10 Bakeman, Mary	Central Washingt	19:40.00	19:32.88	
11 Innes, Jennifer	Seattle U.	19:58.00	19:57.29	
12 Attwood, Candace	Pacific Lutheran	20:10.11	20:34.88	
13 Leo, Diann	Evergreen St.	21:36.00	21:22.59	
-- McCluskey, Meaghan	Unattached	20:00.00	DNF	

Event 19 Women 3000 Meter Steeplechase

Name	Year Team	Seed	Finals	P
1 Uhlig, Emily	Evergreen St.	11:50.80	11:38.53	
2 Miller, Lexie	Pacific Lutheran	11:42.10	11:43.52	
3 Beamon, Kim	Seattle Pacific		11:48.19	
4 Clift, Justine	British Columbia		11:55.55	

Event 20 Men 3000 Meter Steeplechase

Name	Year Team	Seed	Finals	P
1 Maynard, Jordan	British Columbia	9:29.20	9:49.27	
2 Elias, Mitchell	Everett CC	10:13.60	10:07.74	
3 Hart, Tyler	Northwest U.	9:50.00	10:17.50	
4 Van Nuland, Michael	Seattle U.		10:23.17	
5 Ward, Matthew	Douglas College	10:15.17	10:26.30	
6 Henry, Keever	Western Washingt	9:17.10	10:45.31	
7 Horn, TJ	Everett CC	10:41.50	10:54.12	

Event 22 Women 4x100 Meter Relay

Team	Seed	Finals	P
1 Pacific Lutheran 'A'	49.78	49.79	
1) Gunderson, Callie			2) LeBrun, Amy
3) Araya, Faven			4) Arceneaux, Lokia
2 Central Washington 'A'	50.45	51.38	
1) Nygard, Kara			2) Hood, Britany
3) Amos, Haley			4) Wells, Tisha
3 Western Washington 'A'	48.60	51.46	
1) Thornton, Amanda			2) Howe, Michelle
3) Couvelier, Elsa			4) Erickson, Jessica
4 Seattle Pacific 'A'	48.12	51.66	
1) Hinton, Jessica			2) Pike, Jenifer
3) Anderson, Monica			4) Peaslee, Mellisa
5 Seattle U. 'A'	51.02	51.93	
1) Wolf, Elizabeth			2) Purcell, Rachel
3) Cabebe, Courtney			4) Moon, Erin

Event 23 Men 4x100 Meter Relay

Team	Seed	Finals	P
1 Seattle U. 'A'	42.21	42.75	
1) Sullivan, Daniel			2) Allen, Loyal
3) Fussell, Christopher			4) Glover, Travis
2 Western Washington 'A'	43.10	43.17	
1) Villanueva, Phillip			2) Myhre, Kevin
3) O'Connell, Matt			4) Gruger, Shane
3 Central Washington 'A'	44.50	44.87	
1) Bricker, Donald			2) Gatlin, Alex

3) Orji, Lionel	4) Skrivanich, Dominik	
4 Unattached 'A'		44.97
5 Northwest U. 'A'	45.26	45.15
1) Reed, Jimmy	2) Hart, Tyler	
3) Inge, Jerome	4) Peters, Greg	

Event 24 Women 1500 Meter Run

Name	Year Team	Seed	Finals	P
1 Hodgson, Brittany	Puget Sound	4:46.50	4:51.84	
2 Carlyle, Laura	Unat-Whatcom CC	4:57.56	4:55.15	
3 Beamon, Kim	Seattle Pacific	4:55.00	5:11.68	
4 D'Amico, Nicole	Western Washingt	5:19.23	5:16.34	
5 Granstrom, Bailey	Northwest U.	5:23.00	5:25.75	
6 Rajala, Amelia	British Columbia	5:05.20	5:34.15	

Event 25 Men 1500 Meter Run

Name	Year Team	Seed	Finals	P
1 Sheeks, Matthew	Phoenix		4:01.62	
2 Welling, Jordan	Western Washingt	3:59.12	4:04.95	
3 Bedell, Sam	Western Washingt	3:58.99	4:06.17	
4 Alvarado, Nicholas	Seattle U.	4:07.00	4:10.46	
5 Johnson, Ben	Pacific Lutheran	4:16.40	4:16.60	
6 Nesbitt, Charles	Kajaks T&F	4:03.00	4:17.45	
7 Santos, Matt	Western Washingt	4:19.00	4:18.70	
8 Knudson, Jeff	Central Washingt	4:18.00	4:20.34	
9 Cannata-Bowman, Nick	Seattle U.	4:07.00	4:20.92	
10 Kollgaard, Adam	Seattle U.	4:20.00	4:21.40	
11 McCluskie, Shane	British Columbia	4:19.20	4:24.14	
12 Race, Tommy	Western Washingt	4:25.99	4:31.88	
13 Henry, Chris	Seattle U.	4:30.00	4:35.27	

Event 26 Women 100 Meter Hurdles

Name	Year Team	Seed	Finals	W
1 Howe, Michelle	Western Washingt	14.70	14.81	
2 Erickson, Jessica	Western Washingt	16.31	15.60	
3 Claussen, Chelsi	St. Martin's	15.87	15.68	

4	Araya, Faven	Pacific Lutheran	15.45	15.75
5	Fuller, Liz	Washington	14.60	15.76
6	Hanson, Dianna	Western Washingt	16.31	16.50
7	Prause, Shayna	Northwest U.	18.46	18.32
8	Peoples, Sarah	Northwest U.	18.77	18.33

Event 27 Men 110 Meter Hurdles

Name	Year Team	Seed	Finals	W
1	Freeman, Josh	Unattached	15.03	
2	Wargo, Ben	Western Washingt	16.06	
3	Moen, Kevin	Western Washingt	16.43	
4	Morales, Gabriel	Western Washingt	17.80	
5	Poshusta, Robert	Seattle U.	16.90	

Event 28 Women 400 Meter Dash

Name	Year Team	Seed	Finals	H
1	Evans, Chelsea	Central Washingt	58.45	59.16
2	O'Connell, Megan	Western Washingt	57.34	59.74
2	Thornton, Amanda	Western Washingt	1:01.01	59.74
4	Kaercher, Rachael	Central Washingt	58.52	1:00.29
5	Chin Aleong, Janessa	British Columbia	58.90	1:00.43
6	Pendon, Jessica	St. Martin's	59.89	1:01.24
7	Houplin, Joana	Western Washingt	1:01.39	1:01.80
8	Purcell, Rachel	Seattle U.	59.60	1:01.99
9	Gunderson, Callie	Pacific Lutheran	1:02.01	1:02.91
10	Laweryson, Annie	St. Martin's	1:01.00	1:04.35
11	Moon, Erin	Seattle U.	1:02.21	1:05.34
12	Ellisa, Alicia	Douglas College	1:01.93	1:08.06
13	Morgensen, Angie	Unat-Whatcom CC	1:06.99	1:09.90

Event 29 Men 400 Meter Dash

Name	Year Team	Seed	Finals	H
1	Moog, Isaac	Pacific Lutheran	49.48	49.73
2	Lim, Kevin	Kajaks T&F	49.37	49.88
3	Reed, Jimmy	Northwest U.	49.53	50.13
4	Gerry, Bryan	St. Martin's	50.53	51.22

5	Allen, Loyal	Seattle U.	50.90	51.29
6	Lara, Ryan	Evergreen St.	50.98	51.42
7	David, Toby	Western Washingt	53.34	52.95
8	Inge, Jerome	Northwest U.	52.90	53.10
9	Snyder, Maxx	Western Washingt	54.30	53.66
10	Fussell, Christopher	Seattle U.	51.00	53.80
11	Coughran, Nick	Western Washingt	53.54	54.82
12	Bennett, Phillip	Unattached	56.50	55.52
13	Grosso, Michael	St. Martin's	54.80	59.58

Event 30 Women 100 Meter Dash

Name	Year Team	Seed	Finals	W
1	Arceneaux, Lokia	Pacific Lutheran	12.76	12.56
2	Zukowski, Megan	Western Washingt	12.53	12.60
3	LeBrun, Amy	Pacific Lutheran	12.77	12.70
4	Wells, Tisha	Central Washingt	12.89	12.95
5	Wolf, Elizabeth	Seattle U.	12.90	13.13
6	Pike, Jenifer	Seattle Pacific		13.15
7	Hood, Britany	Central Washingt	12.98	13.28
8	Couvelier, Elsa	Western Washingt	13.02	13.35
9	Nygaard, Kara	Central Washingt	13.15	13.40
10	Schuh, Kristen	Western Washingt	13.40	13.81
11	Hanson, Dianna	Western Washingt	14.31	14.36

Event 31 Men 100 Meter Dash

Name	Year Team	Seed	Finals	W
1	Taylor, Nathan	Metro Athletic C	10.36	10.89
2	Glover, Travis	Seattle U.	11.02	11.12
3	Gruger, Shane	Western Washingt	11.27	11.22
4	Farrell, Leon	Kajaks T&F	11.24	11.26
5	Jackson, Nate	Pacific Lutheran	11.53	11.36
6	Orji, Lionel	Central Washingt	11.53	11.45
7	Villanueva, Phillip	Western Washingt	11.67	11.51
7	O'Connell, Matt	Western Washingt	11.50	11.51
9	Gatlin, Alex	Central Washingt	11.56	11.53
10	Martinez, Jude	Seattle U.	11.40	11.57
11	Skrivanich, Dominik	Central Washingt	11.68	11.58
12	Demouchet, Christian	Central Washingt	11.33	11.69

13	Palmerton, Justin	Unat-Whatcom CC	11.66	11.71
14	Waller, Mike	Unat-Pacific Lut	11.79	11.73
15	Bennett, Phillip	Unattached	10.78	11.77
16	Robinson, Robby	Unat-Whatcom CC	11.90	11.83
17	Colombini, Neil	Pacific Lutheran	11.98	11.93
17	Bricker, Donald	Central Washingt	11.94	11.93
19	Moen, Kevin	Western Washingt	11.86	11.95
20	Wargo, Ben	Western Washingt	12.11	11.98
21	Shoemaker, Jason	Evergreen St.	12.07	12.02
22	Dye, Alex	Western Washingt	12.11	12.07
23	Sims, Jason	Unat-Pacific Lut	11.90	12.23
24	Snyder, Maxx	Western Washingt	12.15	12.44
25	Hatswell, Greg	British Columbia	11.95	12.47
26	Combs-Bachmann, Alex	Evergreen St.	12.71	12.95
27	Loquvam, Jacob	St. Martin's	13.00	14.19

Event 32 Women 800 Meter Run

Name	Year Team	Seed	Finals	H
1	Johnson, Rachael	Seattle U.	2:17.00	2:18.81
2	Watson, Cheri	Western Washingt	2:17.12	2:20.82
3	Ganyo, Ally	Western Washingt	2:21.99	2:22.19
4	Olsen, Courtney	Western Washingt	2:21.99	2:22.94
5	Laforce, Daisy	Unattached	2:19.00	2:23.26
6	Reeve, Sabrina	British Columbia	2:16.55	2:24.16
7	Farah, Lindsey	Evergreen St.	2:22.44	2:24.83
8	Hamann, Jen	Seattle U.	2:27.00	2:25.21
9	Layton, Amy	St. Martin's	2:22.00	2:25.93
10	Krepel, Kayti	Seattle Pacific	2:23.00	2:26.23
11	Rice, Nori	British Columbia	2:19.25	2:27.95
12	Hilborn, Anna	Phoenix	2:19.60	2:28.43
13	Dunnam, Jessie	St. Martin's	2:22.00	2:29.88
14	Forza, Amy	Pacific Lutheran	2:31.37	2:31.44
15	Bezdan, Jeanie	Ocean Athletics	2:25.00	2:32.54
16	D'Amico, Nicole	Western Washingt	2:31.20	2:34.97
17	Cloutier, Ashley	Everett CC	2:31.60	2:35.32
18	Owen, Karissa	St. Martin's	2:34.00	2:37.93
19	Bishop, Kaleigh	St. Martin's	2:40.00	2:38.21

Event 33 Men 800 Meter Run

Name	Year Team	Seed	Finals	P
1 Lemay, Keith	Western Washingt	1:52.00	1:52.29	
2 Wilkie, Mark	Unattached	1:51.00	1:53.04	
3 Neaves, Nigel	Everett CC	1:55.30	1:55.96	
4 Cameron, Will	Western Washingt	1:54.00	1:56.25	
5 Abraham, Nick	Western Washingt	1:55.30	1:57.35	
6 Dennis, Chris	Unat-Whatcom CC	1:57.11	1:57.61	
7 McGrath, Mac	Central Washingt	1:58.96	1:57.87	
8 Toves, Nick	Pacific Lutheran	1:58.00	1:58.92	
9 Dull, Jeff	Seattle Pacific	1:58.21	2:00.58	
10 Reyes, Jamsel	Navy Region NW	1:58.00	2:01.67	
11 Miller, Graham	Seattle U.	1:59.00	2:02.22	
12 Lampshire, Cory	Western Washingt	2:03.00	2:02.27	
13 McCulloch, Warren	Unattached	1:59.68	2:02.64	
14 Rockwell, Liam	Evergreen St.	2:05.30	2:02.84	
15 Hargrove, Wes	Central Washingt	2:03.50	2:03.14	
16 Roberson, Jesse	Western Washingt	1:59.10	2:04.46	
17 Phillips, John	Seattle Pacific	2:01.00	2:04.57	
18 Norton, Jesse	Unat-Whatcom CC	2:01.65	2:06.44	
19 Johnson, Ben	Pacific Lutheran	2:00.23	2:08.38	
20 Race, Tommy	Western Washingt	2:06.99	2:15.84	

Event 34 Women 400 Meter Hurdles

Name	Year Team	Seed	Finals	P
1 Dimmitt, Heidi	Western Washingt	1:03.18	1:02.89	
2 Araya, Faven	Pacific Lutheran	1:02.93	1:05.59	
3 Claussen, Chelsi	St. Martin's	1:07.47	1:08.44	
4 Druktenis, Stephanie	Central Washingt	1:09.80	1:10.34	
5 Cole, Meisha	British Columbia	1:07.60	1:11.41	
6 Seidler, Mary	Central Washingt	1:14.00	1:12.19	
7 Gonzalez, Raquel	Central Washingt	1:07.65	1:18.02	

Event 35 Men 400 Meter Hurdles

Name	Year Team	Seed	Finals	P
1 Myhre, Kevin	Western Washingt	54.86	54.69	
2 Sullivan, Daniel	Seattle U.	53.80	55.07	
3 Wargo, Ben	Western Washingt	55.49	56.26	

4	Villanueva, Phillip	Western Washingt	58.00	58.53
5	Morales, Gabriel	Western Washingt	59.50	59.41
6	Iverson, Kevin	Western Washingt		1:02.72
7	Poshusta, Robert	Seattle U.	1:02.60	1:03.57

Event 36 Women 200 Meter Dash

Name	Year Team	Seed	Finals	W
1 Birade, Dena	SoCal Track and	25.60	25.89	
2 Zukowski, Megan	Western Washingt	25.99	26.06	
3 Arceneaux, Lakia	Pacific Lutheran	26.22	26.31	
4 Thornton, Amanda	Western Washingt	27.20	26.69	
5 Hood, Britany	Central Washingt	26.65	26.93	
6 Wells, Tisha	Central Washingt	26.58	26.96	
7 Peaslee, Mellisa	Seattle Pacific	26.00	26.99	
8 Fuller, Liz	Washington	26.00	27.64	
9 Wolf, Elizabeth	Seattle U.	26.70	27.71	
10 Farah, Lindsey	Evergreen St.	27.47	27.75	
11 Schuh, Kristen	Western Washingt	29.00	29.47	
12 Morgensen, Angie	Unat-Whatcom CC	29.98	30.29	

Event 37 Men 200 Meter Dash

Name	Year Team	Seed	Finals	W
1 Lim, Kevin	Kajaks T&F	22.20	22.45	
2 Fussell, Christopher	Seattle U.	22.34	22.53	
3 Taylor, Nathan	Metro Athletic C	21.61	22.66	
4 Farrell, Leon	Kajaks T&F	22.57	22.81	
5 Gruger, Shane	Western Washingt	23.10	22.96	
6 Beck, Matt	British Columbia		23.11	
7 Lara, Ryan	Evergreen St.	23.36	23.14	
8 Allen, Loyal	Seattle U.	23.39	23.31	
9 Orji, Lionel	Central Washingt	23.56	23.32	
10 Demouchet, Christian	Central Washingt	23.12	23.57	
10 Gatlin, Alex	Central Washingt	23.74	23.57	
12 Jackson, Nate	Pacific Lutheran	24.14	23.64	
13 Bennett, Phillip	Unattached	21.70	23.70	
14 Martinez, Jude	Seattle U.	22.96	23.71	
15 Palmerton, Justin	Unat-Whatcom CC	23.76	23.81	
16 Skrivanich, Dominik	Central Washingt	23.81	23.84	

17	David, Toby	Western Washingt	23.60	24.09
18	Colombini, Neil	Pacific Lutheran	24.39	24.21
19	Robinson, Robby	Unat-Whatcom CC	23.95	24.23
20	Waller, Mike	Unat-Pacific Lut	24.50	24.28
21	Ferleman, Andrew	Washington	23.00	24.40
22	Snyder, Maxx	Western Washingt	24.50	24.45
23	Shoemaker, Jason	Evergreen St.	24.30	24.48
24	Dye, Alex	Western Washingt	24.51	24.54
25	Coughran, Nick	Western Washingt	24.43	24.98
26	Hatswell, Greg	British Columbia	23.50	25.54
27	Combs-Bachmann, Alex	Evergreen St.	25.50	26.37
28	Grosso, Michael	St. Martin's	25.00	26.92

Event 38 Women 3000 Meter Run

Name	Year Team	Seed	Finals	P
1	Strickler, Suzie	Seattle Pacific	10:11.68	
2	Hansen, Katie	Seattle U.	10:30.00	10:11.83
3	Rohde, Karin	Seattle Pacific		10:15.47
4	Carlyle, Laura	Unat-Whatcom CC	11:03.45	10:48.70
4	Wrightman, Megan	Seattle Pacific	11:00.00	10:48.70
6	Slaughter, Danielle	Western Washingt	10:54.32	10:52.29
7	Stickney, Greta	Seattle U.	11:00.00	11:00.38
8	Carlson, Krinda	St. Martin's	10:45.00	11:01.05
9	Matthews, Valerie	Western Washingt	11:11.99	11:04.78
10	Camden, Helen	St. Martin's	10:45.00	11:16.98
11	Hall, Megan	Everett CC	11:35.80	11:18.00
12	Detschman, Taneal	Everett CC	11:30.20	11:29.14
13	Felton, Emily	Seattle Pacific	11:03.00	11:46.44
14	McGoldrick, Haley	Seattle U.	11:30.00	11:51.58
15	Cotterill, Lacey	Everett CC	12:20.40	12:21.31
16	Leo, Diann	Evergreen St.	12:37.00	12:35.41

Event 39 Men 5000 Meter Run

Name	Year Team	Seed	Finals	P
1	Alexander, Sam	RunningShoes.com	14:38.76	14:39.43
2	Riak, John	St. Martin's	14:55.00	14:52.63
3	Sunderlage, Charlie	RunningShoes.com	14:59.06	14:57.25
4	Medhaug, Blake	Western Washingt	15:23.99	15:08.58

5	Haas, Jacob	Eastside TC	14:59.00	15:14.12
6	Portwood, Chad	Unattached	15:15.00	15:23.56
7	Brill, Eric	Western Washingt	15:36.97	15:23.57
8	Kazuta, Kerry	Douglas College	15:44.11	15:27.35
9	Rakestraw, Brian	Evergreen St.	15:36.00	15:29.08
10	Kubitz, Greg	Western Washingt	15:50.00	15:33.42
11	Berhe, Yonas	Unattached	15:32.00	15:35.49
12	Messiter, Sean	Unattached	15:55.00	15:37.20
13	Ellis, Peter	Unattached	15:45.00	15:38.47
14	Croutworst, Alex	Northwest U.	15:59.00	15:39.37
15	Hill, Damian	Unat-Whatcom CC	15:45.40	15:44.43
16	Fujii, Grant	Western Washingt	15:48.00	15:47.42
17	Jones, Eric	Evergreen St.	15:50.00	15:47.97
18	Larpenteur, David	Unattached		15:48.58
19	Wiph, Alex	Unattached	15:59.00	15:49.47
20	Jenkins, Cory	Unat-Whatcom CC	15:42.50	15:50.28
21	Quimby, Jonathan	Unat-Whatcom CC	15:56.54	15:58.91
22	Heitzinger, Hans	Seattle U.	16:15.00	16:03.66
23	Regan, Billy	British Columbia	16:15.20	16:06.72
24	Johnson, Tom	Central Washingt	15:51.00	16:10.96
25	Nilsen, Tyler	Everett CC	16:02.80	16:13.71
26	Gamirov, Artur	Unattached		16:18.53
27	Hartsoch, Jake	Unattached		16:19.53
28	Bean, Erik	British Columbia	16:40.20	16:20.90
29	Perkins, Nate	Western Washingt	16:40.00	16:21.40
30	Lance, Jordan	Seattle Pacific	16:46.00	16:22.42
31	Lalonde, Steven	St. Martin's	16:07.18	16:30.57
32	Carper, Ryan	Seattle Pacific		16:31.61
33	Adams, Alec	Seattle U.	16:30.00	16:35.28
34	Stephens-Whale, Shaun	British Columbia	16:30.20	17:21.69
35	Kandoll, Justus	St. Martin's	17:45.00	18:42.01
36	Johnson, Chris	Evergreen St.	17:20.00	19:19.79

Event 40 Women 4x400 Meter Relay

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Team		Seed	Finals	P
=====				
1	Western Washington 'A'	4:00.50	3:57.60	
	1) Dimmitt, Heidi			2) Thornton, Amanda
	3) Houplin, Joana			4) O'Connell, Megan
2	Central Washington 'A'	4:02.64	4:02.34	
	1) Evans, Chelsea			2) Nygard, Kara

3) Hood, Britany	4) Kaercher, Rachael		
3 Seattle Pacific 'A'		4:00.00	4:08.99
1) Pike, Jenifer	2) Hinton, Jessica		
3) Anderson, Monica	4) Krepel, Kayti		
4 St. Martin's 'A'		4:10.00	4:11.29
1) Pendon, Jessica	2) Layton, Amy		
3) Laweryson, Annie	4) Claussen, Chelsi		
5 Seattle U. 'A'		4:03.00	4:12.01
1) Wolf, Elizabeth	2) Hamann, Jen		
3) Purcell, Rachel	4) Johnson, Rachael		
6 Northwest U. 'A'		4:15.36	4:30.38
1) Peoples, Sarah	2) Prause, Shayna		
3) Granstrom, Bailey	4) Campbell, Katie		

Event 41 Men 4x400 Meter Relay

Team	Seed	Finals	P
1 Western Washington 'A'	3:24.30	3:24.36	
1) Wargo, Ben	2) Cameron, Will		
3) Lemay, Keith	4) Myhre, Kevin		
2 Unattached 'A'		3:31.95	
2 St. Martin's 'A'	3:28.00	3:31.95	
1) Gatbunton, Josh	2) Flaherty, Connor		
3) Gerry, Bryan	4) Grosso, Michael		
3 Western Washington 'B'	3:30.00	3:33.05	
1) Snyder, Maxx	2) David, Toby		
3) Morales, Gabriel	4) Villanueva, Phillip		
4 Whatcom CC 'A'	3:32.56	3:35.42	
5 Central Washington 'A'	3:33.00	3:37.67	
1) Hargrove, Wes	2) Orji, Lionel		
3) Skrivanich, Dominik	4) Johnson, Tom		
6 Western Washington 'C'	3:32.59	3:49.58	
1) Lampshire, Cory	2) Bedell, Sam		
3) Roberson, Jesse	4) Race, Tommy		

6 PM

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Points

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5-03.00  
5-03.00  
5-03.00  
5-01.00  
5-01.00  
5-01.00  
5-01.00  
5-01.00  
4-11.00  
4-07.00

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Points

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6-07.00  
6-02.75  
6-00.75  
6-00.75  
6-00.75

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Points

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12-03.50  
12-03.50  
11-09.75  
11-09.75  
11-09.75