

California Collegiate Athletic Association Cross Country Championships  
 Hosted by Sonoma State University  
 Spring Lake Regional Park at Santa Rosa, CA  
 10/22/2011

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 Women's 6K  
 Individual Results  
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Place	TmPl	No.	Name	Yr	Team	Time
1	1	177	Alia Gray	SR	Chico State	21:07.1
2	2	105	Tiffany Dinh	JR	Cal Poly Pomona	21:13.8
3	3	183	Amy Schnittger	SR	Chico State	21:27.6
4	4	281	Zuleima Jimenez	SO	San Francisco State	21:30.1
5	5	148	Sabrina Lopez	SO	Cal State L.A.	21:31.5
6	6	246	Bridget Berg	JR	Humboldt State	21:33.0
7	7	315	Chia Chang	SO	UC San Diego	21:34.8
8	8	151	Valerie Sanchez	SR	Cal State L.A.	21:41.5
9	9	144	Maritza Hernandez	SR	Cal State L.A.	21:46.6
10	10	182	Shannon Rich	SR	Chico State	21:50.1
11	11	184	Katie Spencer	SR	Chico State	21:50.9
12	12	179	Tiffany Heflin	FR	Chico State	21:53.6
13	13	327	Michelle Le Roux	FR	UC San Diego	21:56.9
14	14	276	Paxton Cota	FR	San Francisco State	21:57.8
15	15	158	Marina Ghabbour	SO	Cal State Stanislaus	21:58.7
16	16	239	Rebekah Frazier	JR	CSU San Bernardino	22:02.5
17	17	154	Courtney Anderson	JR	Cal State Stanislaus	22:07.7
18	18	314	Dani Brabender	FR	UC San Diego	22:08.8
19	19	187	Jonah Weeks	JR	Chico State	22:11.3
20	20	118	Diana Zapata	SR	Cal Poly Pomona	22:13.2
21	21	174	Brooke Bergesen	SR	Chico State	22:14.1
22		181	Sara Mikesell	SO	Chico State	22:14.3
23		186	Jessica Varela	FR	Chico State	22:16.9
24	22	115	Jazmine Reyes	JR	Cal Poly Pomona	22:19.2
25	23	107	Lizette Huerta	FR	Cal Poly Pomona	22:22.4
26	24	156	Denali Foldager	SR	Cal State Stanislaus	22:29.1
27	25	160	Claire Jenkins	SR	Cal State Stanislaus	22:31.2
28	26	161	Rachel Naranjo	JR	Cal State Stanislaus	22:32.9
29	27	214	Piper Delaney	JR	CSU Monterey Bay	22:34.0
30	28	313	Alia Bales	FR	UC San Diego	22:35.7
31	29	149	Cassie Mejia	JR	Cal State L.A.	22:37.3
32	30	163	Katie Timmermans	SO	Cal State Stanislaus	22:37.7
33	31	111	Jenny McCarthy	JR	Cal Poly Pomona	22:37.8
34	32	162	Alyssa Thiele	JR	Cal State Stanislaus	22:44.5
35	33	274	Sue Choi	JR	San Francisco State	22:47.0
36	34	106	Sarah Gulli	SO	Cal Poly Pomona	22:48.4
37	35	249	Nina Carson	JR	Humboldt State	22:52.8
38	36	287	Alicia Trujillo	SO	San Francisco State	22:54.6
39		159	Lizzie Grolle	SO	Cal State Stanislaus	22:56.6
40	37	317	Ximena Cruz	JR	UC San Diego	22:57.4
41	38	306	Carly McCreedy	SR	Sonoma State	22:58.0
42	39	325	Aaryn Kobayashi	SR	UC San Diego	22:58.5
43	40	330	Madison Tanner	FR	UC San Diego	23:00.0
44	41	138	Kaitlyn Smith	FR	Cal State East Bay	23:01.4
45	42	279	Kendall Dye	JR	San Francisco State	23:01.8

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46		175	Stephanie Consiglio	SR	Chico State	23:02.1
47	43	137	Amanda McNabb	JR	Cal State East Bay	23:03.0
48		157	Lindsay Garcia	SR	Cal State Stanislaus	23:03.4
49	44	255	Amanda Reynolds	FR	Humboldt State	23:05.3
50	45	108	Regina Lopez	SO	Cal Poly Pomona	23:06.5
51	46	210	Astyne Price	SR	CSU Dominguez Hills	23:06.8
52	47	256	Alizah Rotman	JR	Humboldt State	23:07.3
53	48	236	Courtney Ciraulo	JR	CSU San Bernardino	23:09.4
54		331	Kathryn Turner	SR	UC San Diego	23:10.8
55	49	153	Alyssa Vaughn	JR	Cal State L.A.	23:12.1
56	50	280	Lindsay Enright	SO	San Francisco State	23:12.6
57		316	Catherine Crisp	JR	UC San Diego	23:13.6
58	51	133	Tiffany Duffy	SO	Cal State East Bay	23:17.9
59	52	285	Caitlin Stark	SO	San Francisco State	23:19.5
60		155	Dallas Campbell	SO	Cal State Stanislaus	23:20.4
61	53	132	Gabriella Cruz	SR	Cal State East Bay	23:23.6
62	54	235	Niki Chesnut	SR	CSU San Bernardino	23:26.3
63		277	Monique Diaz	SO	San Francisco State	23:26.5
64	55	237	Dominique Esparza	FR	CSU San Bernardino	23:28.2
65		278	Kelly Di Meo	SO	San Francisco State	23:29.6
66	56	222	Jennie Yeaman	FR	CSU Monterey Bay	23:30.3
67		322	Elena Inouye	SR	UC San Diego	23:32.0
68	57	250	Jeannie Castell	SO	Humboldt State	23:34.0
69	58	216	Cristina Hernandez	FR	CSU Monterey Bay	23:35.9
70	59	243	Victoria Perdomo	FR	CSU San Bernardino	23:37.6
71	60	211	Reyna Samaniego	SR	CSU Dominguez Hills	23:37.8
72	61	310	Sabllle Scheppmann	SR	Sonoma State	23:40.0
73	62	242	Janelle Myers	FR	CSU San Bernardino	23:40.1
74	63	301	Kelli Bercier	FR	Sonoma State	23:40.6
75	64	304	Ashley Holtze	SR	Sonoma State	23:41.0
76		273	Camilla Barnes	FR	San Francisco State	23:45.0
77	65	244	Deserae Perez	JR	CSU San Bernardino	23:45.8
78	66	215	Sara Dionne	FR	CSU Monterey Bay	23:45.9
79		241	Taylor Hebb	FR	CSU San Bernardino	23:53.1
80	67	205	Rebecca Caracoza	SR	CSU Dominguez Hills	23:55.7
81	68	152	Raizah Singh	JR	Cal State L.A.	23:59.5
82	69	145	Regina Hernandez	SO	Cal State L.A.	24:00.3
83		238	Jackeline Felix	SO	CSU San Bernardino	24:02.9
84	70	206	Lidia Ferman	JR	CSU Dominguez Hills	24:03.3
85	71	245	Kindra Aschenbrenner	SO	Humboldt State	24:04.4

86	72	349	Alicia Lueth	JR	Sonoma State	24:07.0
87	73	309	Hayley Sa	SO	Sonoma State	24:07.5
88	74	221	Hayley Tharp	SR	CSU Monterey Bay	24:13.2
89	75	218	Allie Levy	FR	CSU Monterey Bay	24:24.3
90		112	Jessica Mendez	SO	Cal Poly Pomona	24:25.1

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Place	Tm	PL No.	Name	Yr	Team	Time
=====	=====	=====	=====	=====	=====	=====
91	76	136	Megan McDaniel	JR	Cal State East Bay	24:26.5
92	77	220	Ally Swan	FR	CSU Monterey Bay	24:36.1
93	78	258	Chelsea Schaefer	JR	Humboldt State	24:38.2
94		257	Nayeli Santamaria	FR	Humboldt State	24:40.9
95		248	Amanda Camarillo	JR	Humboldt State	24:41.6
96		240	Marisela Giles	SO	CSU San Bernardino	24:44.3
97	79	208	Gloria Flores	FR	CSU Dominguez Hills	24:46.9
98	80	302	Rachel Borg	JR	Sonoma State	24:52.4
99	81	212	Julia Wilson	SO	CSU Dominguez Hills	24:54.4
100	82	134	Nastassia Hamor	JR	Cal State East Bay	25:00.9
101		311	Sammy Thomas	SR	Sonoma State	25:07.5
102		305	Veronica Kays	JR	Sonoma State	25:18.9
103		254	Emily Martin	SO	Humboldt State	25:21.7
104		308	Laura Paneno	SO	Sonoma State	25:22.6
105	83	209	Georgina Pena	FR	CSU Dominguez Hills	25:25.4
106		219	Mackenzie Morgan	JR	CSU Monterey Bay	25:25.5
107		213	Marie Beard	SR	CSU Monterey Bay	26:12.1
108		217	Brandi Hull	JR	CSU Monterey Bay	30:27.0

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 Team Results and Scores  
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1.	37	Chico State (CSUC)	(21:37.9 108:09.3 0:46.5)
=====	=====	=====	=====
1	1	177 Alia Gray	SR 21:07.1
2	3	183 Amy Schnittger	SR 21:27.6
3	10	182 Shannon Rich	SR 21:50.1

4	11	184 Katie Spencer	SR 21:50.9
5	12	179 Tiffany Heflin	FR 21:53.6
6	( 19)	187 Jonah Weeks	JR 22:11.3
7	( 21)	174 Brooke Bergesen	SR 22:14.1

2. 98 Cal Poly Pomona (CPP) (22:09.3 110:46.4 1:24.0)

1	2	105 Tiffany Dinh	JR 21:13.8
2	20	118 Diana Zapata	SR 22:13.2
3	22	115 Jazmine Reyes	JR 22:19.2
4	23	107 Lizette Huerta	FR 22:22.4
5	31	111 Jenny McCarthy	JR 22:37.8
6	( 34)	106 Sarah Gulli	SO 22:48.4
7	( 45)	108 Regina Lopez	SO 23:06.5

3. 100 Cal State L.A. (CSULA) (22:09.8 110:49.0 1:40.6)

1	5	148 Sabrina Lopez	SO 21:31.5
2	8	151 Valerie Sanchez	SR 21:41.5
3	9	144 Maritza Hernandez	SR 21:46.6
4	29	149 Cassie Mejia	JR 22:37.3
5	49	153 Alyssa Vaughn	JR 23:12.1
6	( 68)	152 Raizah Singh	JR 23:59.5
7	( 69)	145 Regina Hernandez	SO 24:00.3

4. 103 UC San Diego (UCSD) (22:14.8 111:13.6 1:22.6)

1	7	315 Chia Chang	SO 21:34.8
2	13	327 Michelle Le Roux	FR 21:56.9
3	18	314 Dani Brabender	FR 22:08.8
4	28	313 Alia Bales	FR 22:35.7
5	37	317 Ximena Cruz	JR 22:57.4
6	( 39)	325 Aaryn Kobayashi	SR 22:58.5
7	( 40)	330 Madison Tanner	FR 23:00.0

5. 107 Cal State Stanislaus (CSUS) (22:20.0 111:39.6 0:34.2)

1	15	158 Marina Ghabbour	SO 21:58.7
2	17	154 Courtney Anderson	JR 22:07.7
3	24	156 Denali Foldager	SR 22:29.1
4	25	160 Claire Jenkins	SR 22:31.2
5	26	161 Rachel Naranjo	JR 22:32.9
6	( 30)	163 Katie Timmermans	SO 22:37.7
7	( 32)	162 Alyssa Thiele	JR 22:44.5

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6. 129 San Francisco State (SFSU) (22:26.3 112:11.3 1:31.7)

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1	4	281 Zuleima Jimenez	SO 21:30.1
2	14	276 Paxton Cota	FR 21:57.8
3	33	274 Sue Choi	JR 22:47.0
4	36	287 Alicia Trujillo	SO 22:54.6
5	42	279 Kendall Dye	JR 23:01.8
6	( 50)	280 Lindsay Enright	SO 23:12.6
7	( 52)	285 Caitlin Stark	SO 23:19.5

7. 189 Humboldt State (HSU) (22:50.5 114:12.4 2:01.0)

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1	6	246 Bridget Berg	JR 21:33.0
2	35	249 Nina Carson	JR 22:52.8
3	44	255 Amanda Reynolds	FR 23:05.3
4	47	256 Alizah Rotman	JR 23:07.3
5	57	250 Jeannie Castell	SO 23:34.0
6	( 71)	245 Kindra Aschenbrenner	SO 24:04.4
7	( 78)	258 Chelsea Schaefer	JR 24:38.2

8. 232 CSU San Bernardino (CSUSB) (23:08.8 115:44.0 1:35.1)

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1	16	239 Rebekah Frazier	JR 22:02.5
2	48	236 Courtney Ciraulo	JR 23:09.4
3	54	235 Niki Chesnut	SR 23:26.3
4	55	237 Dominique Esparza	FR 23:28.2
5	59	243 Victoria Perdomo	FR 23:37.6
6	( 62)	242 Janelle Myers	FR 23:40.1
7	( 65)	244 Deserae Perez	JR 23:45.8

9. 264 Cal State East Bay (CSUEB) (23:26.5 117:12.4 1:25.1)

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1	41	138 Kaitlyn Smith	FR 23:01.4
2	43	137 Amanda McNabb	JR 23:03.0
3	51	133 Tiffany Duffy	SO 23:17.9
4	53	132 Gabriella Cruz	SR 23:23.6
5	76	136 Megan McDaniel	JR 24:26.5
6	( 82)	134 Nastassia Hamor	JR 25:00.9

10. 281 CSU Monterey Bay (CSUMB) (23:31.9 117:39.3 1:39.2)

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1	27	214 Piper Delaney	JR 22:34.0
2	56	222 Jennie Yeaman	FR 23:30.3
3	58	216 Cristina Hernandez	FR 23:35.9
4	66	215 Sara Dionne	FR 23:45.9
5	74	221 Hayley Tharp	SR 24:13.2
6	( 75)	218 Allie Levy	FR 24:24.3
7	( 77)	220 Ally Swan	FR 24:36.1

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Team Results and Scores  
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11. 298 Sonoma State (SSU) (23:37.4 118:06.6 1:09.0)

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1	38	306 Carly McCready	SR 22:58.0
2	61	310 Sablle Scheppmann	SR 23:40.0
3	63	301 Kelli Bercier	FR 23:40.6
4	64	304 Ashley Holtze	SR 23:41.0
5	72	349 Alicia Lueth	JR 24:07.0
6	( 73)	309 Hayley Sa	SO 24:07.5
7	( 80)	302 Rachel Borg	JR 24:52.4

12. 322 CSU Dominguez Hills (CSUDH) (23:54.1 119:30.5 1:40.1)

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1	46	210 Astyne Price	SR 23:06.8
2	60	211 Reyna Samaniego	SR 23:37.8
3	67	205 Rebecca Caracoza	SR 23:55.7
4	70	206 Lidia Ferman	JR 24:03.3
5	79	208 Gloria Flores	FR 24:46.9
6	( 81)	212 Julia Wilson	SO 24:54.4
7	( 83)	209 Georgina Pena	FR 25:25.4

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