

9-10-2011

## 2011 Apple Ridge Run Invitational, Women 4k Run

Great Northwest Athletic Conference

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Central Washington University

Hy-Tek's Meet

2011 Apple Ridge Run Invitational - 9/10/2011

hosted by Central Washington University

Yakima, WA (Apple Ridge Run CC Course)

Last Completed Event

Event 2 Women 4k Run CC

Name	Year School	Avg Mile	Finals
1 Steen, Katelyn	Western Wash.	6:20	15:43
2 Crossman, Gylany	Lane CC	6:26	15:58
3 Laabs-Johnson, Heidi	Seattle Pacific	6:26	15:59
4 McElrea, Erica	Eastside RC	6:28	16:02
5 Johnson, Rachael	Western Wash.	6:38	16:29
6 Thornton, Mikhaila	Western Wash.	6:41	16:35
7 Hartnett, Phoebe	Western Wash.	6:44	16:42
8 Jensen, Rachel	Lane CC	6:45	16:46
9 Johnson, Jasmine	Seattle Pacific	6:47	16:50
10 O'Connor, Haley	Western Wash.	6:48	16:54
11 Rogers, Mary	Western Wash.	6:52	17:02
12 Walton, Arielle	Western Wash.	6:57	17:16
13 Gundy, Sigourney	Western Wash.	6:58	17:17
14 Ikeda, Haida	Western Wash.	6:59	17:21
15 Morgan, Connie	Central Wash.	7:03	17:31
16 Doe, Elizabeth	Seattle Pacific	7:03	17:31
17 Hedges, Kendra	Western Wash.	7:07	17:41
18 Sincraugh, Ashlee	Central Wash.	7:10	17:48
19 McGee, Madeline	Unattached	7:11	17:50
20 Lahman, Miranda	Western Wash.	7:13	17:55
21 Rice, Ashley	Central Wash.	7:16	18:02
22 Fynboe, Alexis	Seattle Pacific	7:19	18:09
23 Kreft, Kelsey	Unattached	7:24	18:22
24 Becker, Josie	Seattle Pacific	7:29	18:34
25 Barton, Briana	Central Wash.	7:30	18:38
26 Cruze, Rose	Central Wash.	7:36	18:51
27 Petersen, Brienna	Central Wash.	7:38	18:58
28 Dowdell, Chelsea	Central Wash.	7:38	18:58
29 Hummer, Sophie	Central Wash.	7:46	19:17
30 Blaire Nelson, Sharayah	Skagit Valley	7:49	19:24
31 Zazula, Adriana	Central Wash.	8:02	19:58
32 Bodily, Shelby	Central Wash.	8:19	20:38



Manager

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Points

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