

4-4-2009

All Idaho Cup

Great Northwest Athletic Conference

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 All Idaho Cup - 4/3/2009 to 4/4/2009
 Idaho Collegiate
 Bronco Stadium
 Results

Event 1 Men 3000 Meter Steeplechase

Name	Year School	Finals	Points
Finals			
1 John Ricardi	Idaho State	9:49.2h	
2 Ryan Davis	Idaho State	10:00.0h	
3 Taylor Hansen	Idaho State	10:25.0h	
4 Geoff Williams	College of Idaho	10:33.0h	
5 Josh Williams	College of Idaho	11:05.0h	
6 Alex Crystal	Northwest Nazare	11:23.5h	

Event 2 Women 3000 Meter Steeplechase

Name	Year School	Finals	Points
1 Breanna Sande	Boise State	11:20.5h	
2 Erica Wendt	Idaho State	11:32.2h	
3 Shea Hanson	Boise State	11:53.6h	
4 Lindsay Szybura	Lewis-Clark	11:57.2h	
5 Molli Lee-Painter	College of Idaho	12:10.5h	
6 Melody Braden	Boise State	12:21.1h	
7 Kristine Smith	College of Idaho	12:42.3h	
8 Kris Thomasberg	Idaho State	12:43.6h	
9 Breanne Whitlock	Boise State	12:44.3h	
10 Amanda Palmer	Lewis-Clark	13:09.8h	

Event 3 Men 4x100 Meter Relay

School	Finals	Points
1 Boise State 'A'	41.01	
2 Idaho State 'A'	42.43	
3 Boise State 'B'	43.02	
4 Northwest Nazarene 'A'	43.50	

Event 4 Women 4x100 Meter Relay

School	Finals	Points
1 Idaho State 'A'	47.82	
2 Boise State 'A'	49.87	
2 Northwest Nazarene 'A'	49.87	
4 College of Idaho 'A'	50.87	

Event 5 Men 1500 Meter Run

Name	Year School	Finals	Points
1 Eric Strand	Idaho State	4:15.30	
2 Scott Foley	Boise State	4:15.97	
3 John Ricardi	Idaho State	4:16.74	
4 Paul Sartin	College of Idaho	4:17.29	
5 Zac Barrett	Idaho State	4:20.07	
6 Sam Hardy	College of Idaho	4:20.96	
7 Kiprotich Langat	College of Idaho	4:21.87	
8 Cameron Lockard	Boise State	4:21.90	
9 Aaron Wolfe	Idaho State	4:22.41	
10 Neil Easter	Northwest Nazare	4:25.11	
11 Luke Hetrick	Northwest Nazare	4:26.18	
12 Chaz Anestos	Idaho State	4:26.44	
13 Jon Dalton	Lewis-Clark	4:27.14	
14 Michael Tucker	Idaho State	4:27.86	
15 Derek Gunn	Boise State	4:29.88	
16 Hank Hetrick	Northwest Nazare	4:30.13	
17 Jake Miller	Lewis-Clark	4:37.94	
18 Josh Merioles	Northwest Nazare	4:40.64	
19 Scott Sweet	Lewis-Clark	4:42.91	
20 Scott Pearson	Idaho State	4:48.06	

Event 6 Women 1500 Meter Run

Name	Year School	Finals	Points
1 Ashley Puga	Northwest Nazare	4:36.05	
2 Gemma Maini	Idaho State	4:45.79	
3 Stephanie Helm	College of Idaho	4:52.55	
4 Tegan Troutner	College of Idaho	4:57.56	

5	Bradi Hutchison	Idaho State	4:58.41
6	Kerynn Davis	Idaho State	5:00.62
7	Kendra Hernandez	Boise State	5:01.44
8	Genniell Wagstaff	Idaho State	5:03.49
9	Kelsey Klettke	Lewis-Clark	5:07.18
10	Colleen Smith	College of Idaho	5:11.54
11	Karleigh Gempler	Boise State	5:12.56
12	Kyli Astle	Lewis-Clark	5:12.76
13	Pamila Ward	Boise State	5:14.73
14	Madison Randall	Lewis-Clark	5:18.88
15	Ashley Rendahl	Northwest Nazare	5:24.18
16	Heidi Suder	Boise State	5:24.39
17	Rachael Park	Lewis-Clark	5:28.41
18	Casey Hampton	Lewis-Clark	5:29.18
19	Sheree Barbour	Lewis-Clark	5:30.39
20	Danielle Beesley	Northwest Nazare	5:35.64
21	Whitlee Young	Lewis-Clark	5:38.38
22	Ariel Hopewell	Boise State	5:40.80
23	Chelsea Herren	Boise State	5:41.99

Event 7 Women 100 Meter Hurdles

Name	Year School	Finals	Wind	H#	Po
1	Ashley Turner	Idaho State	14.64	-0.7	2
2	Sydney Wendt	Idaho State	15.10	-0.7	2
3	Sasha Buylova	Idaho State	15.36	-0.7	2
4	Amanda Vink-Johnston	Idaho State	15.49	2.6	1
5	Andrea Silver	Boise State	16.31	-0.7	2
6	Emily McCutchan	College of Idaho	16.38	-0.7	2
7	Jill Bennett	Northwest Nazare	17.30	-0.7	2
8	Laura Vonarx	Northwest Nazare	17.48	2.6	1
9	Annie Larlee	Northwest Nazare	17.86	-0.7	2
10	Heather Pence	Northwest Nazare	18.01	-0.7	2
11	Beth McLam	Northwest Nazare	18.17	2.6	1

Event 8 Men 110 Meter Hurdles

Name	Year School	Finals	Wind	H#	Po
1	Brandon Graef	Idaho State	14.66	2.3	2
2	Nathan Capps	Idaho State	14.75	2.3	2

3	Eric Capelle	Boise State	15.08	2.3	2
4	Dallas Beaty	Northwest Nazare	15.35	0.1	1
5	Brad Silvester	Idaho State	15.37	2.3	2
6	Terriel Thomas	College of Idaho	15.39	2.3	2
7	Kegan Lassiter	Northwest Nazare	15.79	0.1	1
8	Eric Demers	Boise State	16.05	2.3	2
9	Harley Goedhart	Idaho State	16.12	0.1	1
10	Logan Henderson	Idaho State	16.27	0.1	1
11	Steve Anderson	Boise State	17.24	0.1	1
12	Andrew Sneed	Northwest Nazare	18.10	0.1	1

Event 9 Men 400 Meter Dash

Name	Year School	Finals	H#	Points
1	Corban Latimore	Idaho State	48.93	2
2	Maurus Hope	Northwest Nazare	49.03	2
3	Jesse Sorensen	Idaho State	49.30	2
4	Dusty Klein	Boise State	49.49	2
5	Dan Hill	Northwest Nazare	50.21	2
6	Mitch Ward	Northwest Nazare	50.34	2
7	Kyle Grigsby	Boise State	50.50	1
8	Matt Schmasow	Boise State	51.32	2
9	Matthew Moyer	Boise State	51.69	1
10	Michael Walrath	Boise State	52.04	2
11	Andre Archer	College of Idaho	52.18	1
12	Greg Bush	College of Idaho	52.58	1
13	Ben Heidegger	Northwest Nazare	53.12	1
14	Sam Winston	Idaho State	55.56	1

Event 10 Women 400 Meter Dash

Name	Year School	Finals	H#	Points
1	Ashley Puga	Northwest Nazare	56.20	2
2	Nerisha Phillip	Boise State	56.35	2
3	Morgan Cribbs	Boise State	58.04	2
4	Nicole Yurek	Idaho State	58.44	2
5	Kayleen McDowell	Boise State	59.87	2
6	Lindsay Brady	Northwest Nazare	1:00.60	1
7	Kylie Marshall	Northwest Nazare	1:01.16	1
8	Aurora Torres	College of Idaho	1:03.90	1

9 Jennifer Conner Northwest Nazare 1:05.81 1

Event 11 Men 100 Meter Dash

Name	Year School	Finals	Wind H#	Po
1 Per Strandquist	Boise State	10.70	-0.1	2
2 Sergio Jones	Idaho State	10.72	-0.1	2
3 Benjamin Neff	Boise State	11.15	-0.1	2
4 Ryan Grinnell	Boise State	11.16	-0.1	2
5 Cody Buckendorf	Boise State	11.26	-0.1	2
6 Derek Sepe	Northwest Nazare	11.51	0.1	1
7 Corby Kiler	Idaho State	11.66	-0.1	2
8 Zach Stringham	Idaho State	11.73	0.1	1
9 Dane Manley	Northwest Nazare	11.77	0.1	1
10 Andy Swanson	College of Idaho	11.87	0.1	1
11 Styles Salek	College of Idaho	12.07	0.1	1
12 damien Burchard	Lewis-Clark	12.10	-0.1	2
13 Corey Johnson	Northwest Nazare	12.23	0.1	1

Event 12 Women 100 Meter Dash

Name	Year School	Finals	Wind H#	Po
1 Jessica Johnson-Williams	Idaho State	12.34	2.0	2
2 Latoya Tidwell	Northwest Nazare	12.62	2.0	2
3 Courtney Mitchell	College of Idaho	12.90	2.0	2
4 Christa Brediger	Northwest Nazare	13.11	2.0	2
5 Molly Reid	Northwest Nazare	13.16	0.4	1
6 Sharelle Seward	Northwest Nazare	13.53	0.4	1
7 Nicole Hardisty	Lewis-Clark	14.17	2.0	2
8 Danielle Bickford	Northwest Nazare	14.23	0.4	1

Event 13 Men 400 Meter Hurdles

Name	Year School	Finals	H#	Points
1 Dallas Beaty	Northwest Nazare	54.62	2	
2 Nathan Capps	Idaho State	54.85	2	
3 Logan Henderson	Idaho State	55.19	2	
4 Terriel Thomas	College of Idaho	57.07	2	
5 Brad Silvester	Idaho State	57.53	1	

6	Josh Grewe	Northwest Nazare	57.59	2
7	Mark Hanson	Northwest Nazare	57.61	1
8	Brandon Graef	Idaho State	58.60	2
9	Cody Buckendorf	Boise State	59.14	2
10	Rand Kline	College of Idaho	1:00.59	1
11	Kegan Lassiter	Northwest Nazare	1:03.11	1

Event 14 Women 400 Meter Hurdles

Name	Year School	Finals	Points
1 Sydney Wendt	Idaho State	1:03.21	
2 Jamie Beaty	Northwest Nazare	1:05.40	
3 Ashley Turner	Idaho State	1:05.48	
4 Carrie Connett	Idaho State	1:05.93	
5 Jayne Saunders	College of Idaho	1:08.06	
6 Lacy Hopkins	Boise State	1:08.64	
7 Amy Ciaccio	Northwest Nazare	1:09.54	
8 Courtney Mitchell	College of Idaho	1:13.78	

Event 15 Men 200 Meter Dash

Name	Year School	Finals	Wind	H#	Po
1 Sergio Jones	Idaho State	21.59	2.2	2	
2 Zacharias Arnos	Boise State	21.95	2.2	2	
3 Jesse Sorensen	Idaho State	22.38	2.2	2	
4 Corban Latimore	Idaho State	22.41	2.2	2	
5 Eric Strand	Idaho State	23.17	2.2	2	
6 Corby Kiler	Idaho State	23.36	2.2	2	
7 Dane Manley	Northwest Nazare	23.40	2.2	2	
8 Sam Finch	College of Idaho	24.13	0.8	1	
9 Styles Salek	College of Idaho	24.99	0.8	1	
10 Sam Winston	Idaho State	25.19	0.8	1	
-- Andy Swanson	College of Idaho	FS	0.8	1	

Event 16 Women 200 Meter Dash

Name	Year School	Finals	Wind	H#	Po
1 Jessica Johnson-Williams	Idaho State	25.04	1.9	2	
2 Latoya Tidwell	Northwest Nazare	25.41	1.9	2	

3	Nicole Yurek	Idaho State	25.83	1.9	2
4	Ann Noyes	Boise State	26.66	3.5	1
5	Christa Brediger	Northwest Nazare	26.70	1.9	2
6	Andrea Silver	Boise State	27.11	1.9	2
7	Kylie Marshall	Northwest Nazare	27.40	3.5	1
8	Aurora Torres	College of Idaho	27.58	3.5	1
9	Sharelle Seward	Northwest Nazare	27.71	3.5	1
10	Nicole Hardisty	Lewis-Clark	29.70	3.5	1
11	Annie Ball	College of Idaho	30.80	3.5	1
12	Courtney Michelson	Northwest Nazare	32.62	3.5	1

Event 17 Men 5000 Meter Run

Name	Year School	Finals	Points
1	Ryan Davis	Idaho State	15:24.37
2	John Ricardi	Idaho State	15:37.77
3	Paul Sartin	College of Idaho	15:45.76
4	Sean Huey	Lewis-Clark	15:55.70
5	Aaron Wolfe	Idaho State	15:55.79
6	Michael Tucker	Idaho State	15:56.00
7	Taylor Hansen	Idaho State	16:03.44
8	JJ Burk	College of Idaho	16:07.01
9	Mike Tobiason	College of Idaho	16:12.35
10	Eric Tuwei	Lewis-Clark	16:44.64
11	Jake Miller	Lewis-Clark	16:48.68
12	Neil Easter	Northwest Nazare	16:56.22
13	Hank Hetrick	Northwest Nazare	17:23.33
14	Alex Crystal	Northwest Nazare	17:45.22

Event 18 Women 5000 Meter Run

Name	Year School	Finals	Points
1	Stephanie Helm	College of Idaho	17:51.64
2	Bradi Hutchison	Idaho State	18:10.21
3	Tegan Troutner	College of Idaho	18:33.62
4	Kerynn Davis	Idaho State	18:47.10
5	Erica Wendt	Idaho State	18:47.97
6	Kyli Astle	Lewis-Clark	18:52.19
7	Molli Lee-Painter	College of Idaho	18:57.48
8	Lindsay Szybura	Lewis-Clark	19:06.26

9	Ashley Rendahl	Northwest Nazare	19:40.92
10	Amanda Palmer	Lewis-Clark	20:20.61
11	Shannon DeBoer	Northwest Nazare	20:35.26
12	Casey Hampton	Lewis-Clark	20:44.01
13	Danielle Beesley	Northwest Nazare	21:10.07
14	Jennifer Young	Northwest Nazare	21:16.97
15	Ashley Morman	Northwest Nazare	21:22.25

Event 19 Men 800 Meter Run

Name	Year School	Finals	Points
1 Eric Strand	Idaho State	1:54.75	
2 John Ricardi	Idaho State	1:57.80	
3 Chaz Anestos	Idaho State	1:57.91	
4 Quinten Hennekam	Boise State	1:58.19	
5 Geoff Moore	Boise State	1:58.87	
6 Sam Hardy	College of Idaho	2:01.18	
7 Kyle Christoffersen	Boise State	2:02.04	
8 Kiprotich Langat	College of Idaho	2:03.30	
9 Darren Strong	Boise State	2:05.00	
10 Jon Dalton	Lewis-Clark	2:06.57	
11 Josh Merioles	Northwest Nazare	2:07.28	
12 Caleb Reynolds	Northwest Nazare	2:08.19	
13 Luke Hetrick	Northwest Nazare	2:09.02	
14 Scott Pearson	Idaho State	2:09.52	
15 Nick Tatro	Boise State	2:11.43	
16 Jason Towery	Northwest Nazare	2:12.25	
17 Garrett Traughber	College of Idaho	2:12.64	
18 Scott Sweet	Lewis-Clark	2:13.23	
19 Harun Kigera	Lewis-Clark	2:13.58	

Event 20 Women 800 Meter Run

Name	Year School	Finals	H#	Points
1 Elisa Decker	Northwest Nazare	2:18.50	1	
2 Gemma Maini	Idaho State	2:20.10	1	
3 Ashley Miller	College of Idaho	2:22.77	1	
4 Alexandria Bell	Boise State	2:23.24	1	
5 Kelsey Klettke	Lewis-Clark	2:23.47	1	
6 Genniel Wagstaff	Idaho State	2:23.70	2	

7	Kayloni Jones	College of Idaho	2:23.90	1
8	Maggie Miller	College of Idaho	2:26.07	1
9	Sheree Barbour	Lewis-Clark	2:26.83	2
10	Kris Thomasberg	Idaho State	2:27.74	1
11	Carli Blankanship	Boise State	2:28.35	1
12	Madison Randall	Lewis-Clark	2:30.49	2
13	Rachael Park	Lewis-Clark	2:33.28	2
14	Kristi Pace	Boise State	2:39.13	2
15	Whitlee Young	Lewis-Clark	2:45.10	2
16	Paige Orcutt	Boise State	2:51.61	2
17	Maygen Cardona	Boise State	2:57.78	2

Event 21 Men 4x400 Meter Relay

School	Finals	Points
1 Boise State 'A'	3:16.46	
2 Northwest Nazarene 'A'	3:16.84	
3 Idaho State 'A'	3:17.69	
4 Boise State 'B'	3:24.99	
5 Idaho State 'B'	3:26.68	
6 College of Idaho 'A'	3:27.16	
7 Boise State 'C'	3:38.94	
8 Lewis-Clark 'A'	3:52.47	

Event 22 Women 4x400 Meter Relay

School	Finals	Points
1 Boise State 'A'	3:48.97	
2 Northwest Nazarene 'A'	3:54.47	
3 Idaho State 'A'	3:57.12	
4 Idaho State 'B'	4:02.60	
5 College of Idaho 'A'	4:05.41	
6 Idaho State 'C'	4:15.36	
7 Lewis-Clark 'A'	4:21.39	

Event 23 Men High Jump

Name	Year School	Finals	Points
1 Levi Keller	Idaho State	1.95m	6-04.75

2	Tysun Gunter	Idaho State	1.90m	6-02.75
3	Nathan Capps	Idaho State	J1.90m	6-02.75
4	Harley Goedhart	Idaho State	1.85m	6-00.75
5	Brandon McNew	Idaho State	J1.85m	6-00.75
--	Andrew Sneed	Northwest Nazare	NH	
--	Jacob Keller	Idaho State	NH	

Event 24 Women High Jump

Name	Year School	Finals
1 Sydney Wendt	Idaho State	1.70m 5-07.00
2 Amanda Vink-Johnston	Idaho State	1.60m 5-03.00
3 Sasha Buylova	Idaho State	1.55m 5-01.00
4 Kris Thomasberg	Idaho State	J1.55m 5-01.00
5 Jill Bennett	Northwest Nazare	1.45m 4-09.00
6 Chelsey Jones	Northwest Nazare	1.40m 4-07.00
7 Tiffany Ferch	Northwest Nazare	1.35m 4-05.00

Event 25 Men Pole Vault

Name	Year School	Finals
1 Joseph Silvers	Idaho State	4.40m 14-05.25
2 Zach Stringham	Idaho State	J4.40m 14-05.25
3 Steven Schafer	Northwest Nazare	J4.40m 14-05.25
4 Daniel Thompson	Boise State	J4.40m 14-05.25
5 Ben Shea	Northwest Nazare	4.20m 13-09.25
6 Brad Silvester	Idaho State	4.00m 13-01.50
7 Eric Demers	Boise State	3.80m 12-05.50
8 Harley Goedhart	Idaho State	J3.80m 12-05.50
9 Andrew Sneed	Northwest Nazare	J3.80m 12-05.50
10 Logan Henderson	Idaho State	3.40m 11-01.75
-- Michael Arnold	Idaho State	NH
-- Steve Anderson	Boise State	NH
-- Sam Pierson	Idaho State	NH
-- Levi Keller	Idaho State	NH

Event 26 Women Pole Vault

Name	Year School	Finals
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1	Danielle Valentine	Boise State	3.65m	11-11.75
2	Annelise Bertleson	Boise State	3.55m	11-07.75
3	BreAnna Craig	Boise State	J3.55m	11-07.75
4	Kylee Gleason	Idaho State	3.40m	11-01.75
5	Nicole Yurek	Idaho State	3.20m	10-06.00
6	Karina Elzinga	Northwest Nazare	J3.20m	10-06.00
7	MJ Usabel	Northwest Nazare	J3.20m	10-06.00
8	Alexis Folkinga	Idaho State	3.00m	9-10.00
10	Amanda Konzal	Northwest Nazare	J2.80m	9-02.25
11	Ashley Egger	Northwest Nazare	J2.60m	8-06.25
--	Emmy Korth	Idaho State	NH	
--	Tiffany Ferch	Northwest Nazare	NH	

Event 27 Men Long Jump

Name	Year School	Finals	Wind
1	Ryan Grinnell	Boise State	7.32m -1.6 24-0
2	Tysun Gunter	Idaho State	6.70m 1.0 21-1
3	Andre Archer	College of Idaho	6.45m 3.2 21-0
4	Nathan Capps	Idaho State	6.41m 2.3 21-0
5	Sam Finch	College of Idaho	6.33m 0.7 20-0
6	Mark Hanson	Northwest Nazare	6.28m 2.1 20-0
7	Jacob Keller	Idaho State	6.19m 2.8 20-0
8	Sergio Jones	Idaho State	6.10m 3.4 20-0
9	Styles Salek	College of Idaho	5.76m 1.0 18-1
--	Levi Keller	Idaho State	FOUL

Event 28 Women Long Jump

Name	Year School	Finals	Wind
1	Sydney Wendt	Idaho State	5.71m 3.5 18-0
2	Ann Noyes	Boise State	5.49m 0.5 18-0
3	Ashley Turner	Idaho State	5.34m 1.2 17-0
4	Molly Reid	Northwest Nazare	5.24m 1.0 17-0
5	Laura Vonarx	Northwest Nazare	4.91m 2.4 16-0
6	Nicole Anderson	Idaho State	4.61m 0.9 15-0
7	Beth McLam	Northwest Nazare	4.06m +0.0 13-0

Event 29 Men Triple Jump

Name	Year School	Finals	Wind
1 Zacharias Arnos	Boise State	15.65m	2.0 51-0
2 Logan Henderson	Idaho State	13.87m	0.5 45-0
3 Levi Keller	Idaho State	13.47m	2.4 44-0
4 Tysun Gunter	Idaho State	12.90m	0.9 42-0
5 Brandon McNew	Idaho State	12.71m	4.4 41-0

Event 30 Women Triple Jump

Name	Year School	Finals	Wind
1 Sasha Buylova	Idaho State	12.32m	3.2 40-0
2 Laura Vonarx	Northwest Nazare	11.87m	0.9 38-1
3 Ann Noyes	Boise State	11.76m	0.5 38-0
4 Molly Reid	Northwest Nazare	11.13m	1.0 36-0
5 Amanda Vink-Johnston	Idaho State	10.92m	0.5 35-1

Event 31 Men Discus Throw

Name	Year School	Finals
1 Jed Sion	Idaho State	49.46m 162-03
2 Chase Sexton	Boise State	47.20m 154-10
3 Grant Miller	Northwest Nazare	47.16m 154-09
4 J.D. Riener	Idaho State	40.12m 131-07
5 Brad Silvester	Idaho State	38.69m 126-11
6 Eric Demers	Boise State	36.22m 118-10
7 Zach Barclay	Northwest Nazare	35.28m 115-09
8 Alex Eaton	Northwest Nazare	34.20m 112-02
9 Diego Estrada	Northwest Nazare	34.08m 111-10
10 Steve Anderson	Boise State	31.83m 104-05
11 Jordan Fenters	Northwest Nazare	31.51m 103-04
12 Harley Goedhart	Idaho State	30.63m 100-06

Event 32 Women Discus Throw

Name	Year School	Finals
1 Kirsten Smith	Lewis-Clark	38.90m 127-07
2 Cheyanne Andrade	Idaho State	36.51m 119-09
3 Joy Warrington	Northwest Nazare	35.18m 115-05

4	BreAnne Baird	Lewis-Clark	33.57m	110-02
5	Hannah Dine-Aubert	Northwest Nazare	32.16m	105-06
6	Shayna Shute	Northwest Nazare	32.14m	105-05
7	Tawnie Stephenson	Boise State	30.74m	100-10
8	Courtney Little	Northwest Nazare	29.36m	96-04
9	Chelsey Jones	Northwest Nazare	29.28m	96-01

Event 33 Men Hammer Throw

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	Name	Year School	Finals	
=====				
1	Trevor Kraychir	Boise State	57.78m	189-07
2	Alex Nelson	Boise State	53.74m	176-04
3	Zach Barclay	Northwest Nazare	52.69m	172-10
4	Jed Sion	Idaho State	52.57m	172-06
5	Grant Miller	Northwest Nazare	50.01m	164-01
6	Jordan Fenters	Northwest Nazare	44.04m	144-06
7	Diego Estrada	Northwest Nazare	40.59m	133-02
8	Alex Eaton	Northwest Nazare	40.45m	132-08
9	Brad Silvester	Idaho State	40.41m	132-07
10	J.D. Riener	Idaho State	36.57m	120-00
11	Bradley Manning	Idaho State	35.81m	117-06

Event 34 Women Hammer Throw

=====				
	Name	Year School	Finals	
=====				
1	Erika McCarthy	Northwest Nazare	40.93m	134-03
2	Courtney Little	Northwest Nazare	40.74m	133-08
3	Joy Warrington	Northwest Nazare	39.55m	129-09
4	Shayna Shute	Northwest Nazare	38.74m	127-01
5	Hannah Dine-Aubert	Northwest Nazare	38.30m	125-08
6	Cheyenne Andrade	Idaho State	36.91m	121-01
7	Kirsten Smith	Lewis-Clark	36.74m	120-06
8	Melissa Neuman	Lewis-Clark	35.80m	117-05
9	Mandi Dick	Northwest Nazare	24.20m	79-05

Event 35 Men Javelin Throw

=====				
	Name	Year School	Finals	
=====				
1	Josh Heidegger	Northwest Nazare	63.32m	207-09

2	Scott Viafore	Boise State	58.50m	191-11
3	Benjamin Neff	Boise State	51.73m	169-09
4	Nathan Capps	Idaho State	45.89m	150-07
5	Josh Jones	Northwest Nazare	39.58m	129-10
6	Zach Lovell	Northwest Nazare	38.50m	126-04
7	Josh Grewe	Northwest Nazare	36.82m	120-10
8	Stuart Montgomery	Northwest Nazare	33.93m	111-04

Event 36 Women Javelin Throw

Name	Year	School	Finals		
1	Sasa	Kampic	Boise State	47.90m	157-02
2	Ali	Super	Lewis-Clark	45.76m	150-01
3	Lakiesha	Nilles	Northwest Nazare	38.35m	125-10
4	Melissa	Neuman	Lewis-Clark	35.61m	116-10
5	Nicole	Yurek	Idaho State	31.06m	101-11
6	Nicole	Anderson	Idaho State	30.94m	101-06
7	Ashley	Turner	Idaho State	30.48m	100-00
8	Amanda	Vink-Johnston	Idaho State	29.78m	97-08
9	Chelsey	Jones	Northwest Nazare	29.65m	97-03
10	Nicole	Hardisty	Lewis-Clark	29.09m	95-05
11	Sydney	Wendt	Idaho State	27.77m	91-01
12	Mandi	Dick	Northwest Nazare	23.93m	78-06
13	Beth	McLam	Northwest Nazare	23.55m	77-03
14	Cheyenne	Andrade	Idaho State	23.43m	76-10
15	Alex	Hughes	College of Idaho	22.87m	75-00
16	Charleen	Everett	Northwest Nazare	22.10m	72-06

Event 37 Men Shot Put

Name	Year	School	Finals		
1	Jed	Sion	Idaho State	15.79m	51-09.75
2	Grant	Miller	Northwest Nazare	15.39m	50-06.00
3	Chase	Sexton	Boise State	15.09m	49-06.25
4	Zach	Barclay	Northwest Nazare	14.22m	46-08.00
5	Brad	Silvester	Idaho State	14.11m	46-03.50
6	Jordan	Fenters	Northwest Nazare	13.09m	42-11.50
7	Bradley	Manning	Idaho State	12.64m	41-05.75
8	J.D.	Riener	Idaho State	11.33m	37-02.25
9	Zach	Lovell	Northwest Nazare	10.09m	33-01.25

10 Diego Estrada Northwest Nazare 9.88m 32-05.00

Event 38 Women Shot Put

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Name	Year	School	Finals	
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1	Joy	Warrington	Northwest Nazare	12.55m 41-02.25
2	Kirsten	Smith	Lewis-Clark	10.94m 35-10.75
3	Hannah	Dine-Aubert	Northwest Nazare	10.67m 35-00.25
4	Shayna	Shute	Northwest Nazare	10.61m 34-09.75
5	Chelsey	Jones	Northwest Nazare	9.88m 32-05.00
6	Cheyenne	Andrade	Idaho State	9.71m 31-10.25
7	Jill	Bennett	Northwest Nazare	6.90m 22-07.75

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