

4-25-2009

# Northwest Nazarene University Open

Great Northwest Athletic Conference

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HY-TEK's Meet Manager 4/25/2009 04:1

NNU Invitational 2009 - 4/25/2009

Nampa, Idaho

Results

Women 100 Meter Dash

Name	Year School	Seed	Finals	W
Finals				
1 Mitchell, Courtney	College of Idaho	12.90	12.82	-
2 Reid, Molly	Northwest Nazare	13.16	12.97	-
3 Collins, Racheal	Treasure Valley	13.30	13.26	-
4 Seward, Sharelle	Northwest Nazare	13.80	13.36	-
5 Brediger, Christa	Northwest Nazare	13.30	13.52	-
6 Bickford, Danielle	Northwest Nazare	14.00	14.26	-
7 Michelson, Courtney	Northwest Nazare		15.62	-

Women 200 Meter Dash

Name	Year School	Seed	Finals	W
1 Tidwell, Latoya	Northwest Nazare	25.45	25.32	-
2 Mitchell, Courtney	College of Idaho	27.09	26.65	-
3 Good, Emma	Treasure Valley	27.90	27.09	-
4 Torres, Aurora	College of Idaho	27.25	27.22	-
5 Seward, Sharelle	Northwest Nazare	27.71	27.50	-
6 Collins, Racheal	Treasure Valley	27.97	28.07	-
7 Root, Janae	Treasure Valley	27.90	28.91	-
8 Bickford, Danielle	Northwest Nazare	30.29	29.97	+
9 Ball, Annie	College of Idaho		30.55	+
10 Michelson, Courtney	Northwest Nazare	30.10	32.25	+

Women 400 Meter Dash

Name	Year School	Seed	Finals	P
1 Brady, Lindsay	Northwest Nazare	1:00.00	59.36	
2 Torres, Aurora	College of Idaho	1:02.00	1:01.61	
3 Good, Emma	Treasure Valley	1:03.50	1:02.25	
4 Root, Janae	Treasure Valley	1:02.01	1:03.46	

5	Conner, Jennifer	Northwest Nazare	1:06.00	1:05.53
6	Ball, Annie	College of Idaho		1:08.64

Women 800 Meter Run

Name	Year School	Seed	Finals	P
1	Puga, Ashley	Northwest Nazare	2:05.23	2:06.59
2	Miller, Maggie	College of Idaho	2:19.00	2:14.97
3	Smith, Jordyn	Greater Boise RC	2:09.00	2:15.90
4	Sparks, Stephanie	College of Idaho	2:19.00	2:21.71
5	Saunders, Jayne	College of Idaho	2:19.00	2:21.78
6	Miller, Ashley	College of Idaho	2:19.00	2:21.88
7	Gallagher, Katherine	Boise State	2:23.00	2:23.65
8	Jones, Kayloni	College of Idaho	2:19.00	2:26.18
9	Hopewell, Ariel	Boise State	2:44.00	2:36.73
10	Whitlock, Breanne	Boise State	2:33.72	2:37.69
11	Ramos, Sahirit	Treasure Valley	2:41.00	2:42.67
12	Bitzenburg, Kacie	Boise State	2:45.00	2:46.20
13	Cardona, Maygen	Boise State	2:55.00	2:56.21

Women 1500 Meter Run

Name	Year School	Seed	Finals	P
1	Bell, Alexandria	Boise State	4:55.00	5:11.12
2	Whitlock, Breanne	Boise State	5:19.16	5:12.29
3	Gerke, Genevieve	Unattached	5:14.00	5:16.74
4	Smith, Kristine	College of Idaho		5:17.36
5	Beesley, Danielle	Northwest Nazare	5:35.64	5:19.06
6	Herren, Chelsea	Boise State	5:30.00	5:24.80
7	Young, Jennifer	Northwest Nazare	5:22.00	5:26.58
8	davies, Tyshae	Treasure Valley	5:30.00	5:31.22
9	Morman, Ashley	Northwest Nazare	5:39.00	5:32.72
10	Thompson, Blythie	Treasure Valley	5:41.00	5:48.49
11	Hayes, Ashley	College of Idaho		6:17.25

Women 5000 Meter Run

Name	Year School	Seed	Finals	P
1	Smith, Colleen	College of Idaho	19:13.00	

2	Ward, Pamila	Boise State	18:50.00	19:16.88
3	Braden, Melody	Boise State	19:00.00	19:31.00
4	Rendahl, Ashley	Northwest Nazare	19:29.42	19:32.15
5	Nielson, Brook	Treasure Valley	19:10.00	19:43.00
6	Varland, Chantel	College of Idaho		20:11.00
7	Knigge, Nicole	Unattached	19:45.00	20:15.00

Women 10000 Meter Run

Name	Year School	Seed	Finals	P
1 Lopez, Tavia	College of Idaho		43:08.00	
2 DeBoer, Shannon	Northwest Nazare		43:16.00	

Women 100 Meter Hurdles

Name	Year School	Seed	Finals	W
1 Anderson, Lindsey	Unattached	16.00	16.07	-
2 McCutchan, Emily	College of Idaho	16.38	16.19	-
3 Bennett, Jill	Northwest Nazare	16.09	16.64	-
4 Larlee, Annie	Northwest Nazare		17.31	-
5 Pence, Heather	Northwest Nazare	17.54	17.34	-
6 McLam, Beth	Northwest Nazare		17.36	-

Women 400 Meter Hurdles

Name	Year School	Seed	Finals	P
1 Beaty, Jamie	Northwest Nazare	1:05.40	1:02.28	
2 Hopkins, Lacy	Boise State	1:07.31	1:06.60	
3 Ciaccio, Amy	Northwest Nazare	1:07.90	1:08.25	
4 Anderson, Lindsey	Unattached	1:15.00	1:11.68	
5 Silver, Andrea	Boise State	1:10.00	1:12.34	
6 Thompson, Blythie	Treasure Valley		1:16.19	

Women 4x100 Meter Relay

School	Seed	Finals	P
1 Northwest Nazarene 'A'	50.90	49.60	
1) Brediger, Christa			
2) Reid, Molly			

3) Brady, Lindsay	4) Tidwell, Latoya		
2 College of Idaho 'A'		50.87	51.05
1) Mitchell, Courtney	2) Saunders, Jayne		
3) Torres, Aurora	4) McCutchan, Emily		
3 Treasure Valley CC 'A'		52.55	53.00
1) Good, Emma	2) davies, Tyshae		
3) Collins, Racheal	4) Root, Janae		
4 Northwest Nazarene 'B'		53.00	56.54
1) Bickford, Danielle	2) Pence, Heather		
3) Larlee, Annie	4) Michelson, Courtney		

#### Women 4x400 Meter Relay

School	Seed	Finals	P
1 College of Idaho 'A'	4:05.00	4:02.92	
1) McCutchan, Emily			2) Miller, Maggie
3) Miller, Ashley			4) Saunders, Jayne
2 Treasure Valley CC 'A'	4:20.00	4:12.52	
1) Good, Emma			2) davies, Tyshae
3) Root, Janae			4) Collins, Racheal
3 Northwest Nazarene 'A'	4:06.00	4:13.32	
1) Brady, Lindsay			2) Marshall, Kylie
3) Ciaccio, Amy			4) Conner, Jennifer
4 Boise State 'A'	4:10.00	4:30.52	
1) Gallagher, Katherine			2) Bell, Alexandria
3) Orcutt, Paige			4) Suder, Heidi

#### Women High Jump

Name	Year School	Seed	Finals
1 Bekkedahl, Maycee	Northwest Nazare		1.43m
1 Ferch, Tiffany	Northwest Nazare	1.47m	1.43m
1 McLam, Beth	Northwest Nazare	1.45m	1.43m
1 Jones, Chelsey	Northwest Nazare	1.45m	1.43m
5 Hughes, Alex	College of Idaho		1.13m

#### Women Pole Vault

Name	Year School	Seed	Finals
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1	Elzinga, Karina	Northwest Nazare	3.20m	3.40m
1	Dorling, Heidi	Unattached	3.67m	3.40m
3	Konzal, Amanda	Northwest Nazare	2.89m	3.10m
4	Usabel, MJ	Northwest Nazare	3.20m	2.95m
5	Ferch, Tiffany	Northwest Nazare	2.65m	2.80m

Women Long Jump

Name	Year	School	Seed	Finals	W
1	Reid, Molly	Northwest Nazare	5.26m	5.31m	-
2	Bekkedahl, Maycee	Northwest Nazare	4.60m	5.04m	-
3	Larlee, Annie	Northwest Nazare		4.95m	-
4	McCutchan, Emily	College of Idaho	4.76m	4.93m	-
5	Bennett, Jill	Northwest Nazare	5.07m	4.89m	-

Women Triple Jump

Name	Year	School	Seed	Finals	W
1	Bekkedahl, Maycee	Northwest Nazare	10.06m	10.97m	-
2	Reid, Molly	Northwest Nazare	11.13m	10.62m	-

Women Shot Put

Name	Year	School	Seed	Finals
1	Warrington, Joy	Northwest Nazare	12.79m	12.46m
2	Shute, Shayna	Northwest Nazare	10.70m	11.34m
3	Lutjens, Kathryn	Treasure Valley	9.81m	10.60m
4	Schwalbe, Dani	Boise State	11.27m	10.36m
--	Jones, Chelsey	Northwest Nazare	10.34m	ND
--	Osai, Alyssa	Unattached	12.00m	FOUL

Women Discus Throw

Name	Year	School	Seed	Finals
1	Lutjens, Kathryn	Treasure Valley	36.82m	36.14m
2	Osai, Alyssa	Unattached	30.00m	34.53m
3	Shute, Shayna	Northwest Nazare	32.14m	34.22m
4	Little, Courtney	Northwest Nazare	29.36m	32.44m

5	Warrington, Joy	Northwest Nazare	36.00m	31.84m
6	Jones, Chelsey	Northwest Nazare	32.40m	30.74m
7	Dine-Aubert, Hannah	Northwest Nazare	32.16m	30.67m
8	McCarthy, Erika	Northwest Nazare	33.00m	27.40m
9	Stephenson, Tawnie	Boise State	30.74m	26.55m
10	Schwalbe, Dani	Boise State		24.01m

Women Hammer Throw

Name	Year School	Seed	Finals	
1	McCarthy, Erika	Northwest Nazare	40.93m	48.08m
2	Little, Courtney	Northwest Nazare	40.74m	46.97m
3	Shute, Shayna	Northwest Nazare	38.74m	42.18m
4	Dine-Aubert, Hannah	Northwest Nazare	39.22m	42.08m
5	Stephenson, Tawnie	Boise State		41.96m
6	Osai, Alyssa	Unattached	35.00m	41.66m
7	Dick, Mandi	Northwest Nazare	30.00m	32.96m
8	Schwalbe, Dani	Boise State		32.00m
9	Lutjens, Kathryn	Treasure Valley	25.29m	22.61m

Women Javelin Throw

Name	Year School	Seed	Finals	
1	Nilles, Lakiesha	Northwest Nazare	43.00m	39.92m
2	Vonarx, Laura	Northwest Nazare	36.87m	38.54m
3	Elwell, Sarah	Unat-Northwest N	34.87m	31.55m
4	Larson, Kristine	Northwest Nazare	38.00m	31.42m
5	Jones, Chelsey	Northwest Nazare	29.65m	30.11m
6	Hughes, Alex	College of Idaho		27.06m
7	Dick, Mandi	Northwest Nazare	23.93m	26.20m
8	McLam, Beth	Northwest Nazare	23.55m	25.75m
9	Everett, Charleen	Northwest Nazare	33.00m	21.20m

Men 100 Meter Dash

Name	Year School	Seed	Finals	W	
1	Sepe, Derek	Northwest Nazare	11.45	11.42	-
2	Zwieflhoffer, Eric	Unat-Northwest N		11.54	-
3	Burch-lucich, Beau	Treasure Valley	11.30	11.71	-

4	Salek, Styles	College of Idaho	12.07	12.04	-
5	Greene, Tim	Unat-Northwest N	12.30	12.23	-

Men 200 Meter Dash

Name	Year School	Seed	Finals	W	
1	Beaty, Dallas	Northwest Nazare	23.04	22.68	-
2	Hill, Dan	Northwest Nazare	22.98	23.07	-
3	Sepe, Derek	Northwest Nazare	23.30	23.23	-
4	Manley, Dane	Northwest Nazare	23.43	23.28	-
5	Ward, Mitch	Northwest Nazare	23.56	23.30	-
6	Burch-lucich, Beau	Treasure Valley	23.01	23.42	-
7	Zwieflhoffer, Eric	Unat-Northwest N		23.74	-
8	Lannon, marc	Treasure Valley	23.90	23.75	-
9	Greene, Tim	Unat-Northwest N	23.90	24.46	-
10	Johnson, Corey	Northwest Nazare	24.60	24.61	-

Men 400 Meter Dash

Name	Year School	Seed	Finals	P	
1	saxby, collin	Unattached	48.87	50.66	
2	Finch, Sam	College of Idaho	52.00	51.82	
3	Archer, Andre	College of Idaho	52.00	51.89	
4	Heidegger, Ben	Northwest Nazare	53.12	51.94	
5	Lannon, marc	Treasure Valley	51.00	53.62	

Men 800 Meter Run

Name	Year School	Seed	Finals	P	
1	Clark, David	Unattached	1:57.56	1:57.42	
2	Ward, Kurt	Treasure Valley	1:57.00	1:59.31	
3	Edwards, Austin	Bronco Track & R	1:57.80	1:59.94	
4	Wilson, Zeke	Unattached	1:57.00	2:00.94	
5	Langat, Kiprotich	College of Idaho	1:59.00	2:00.98	
6	Bush, Greg	College of Idaho	1:59.00	2:01.06	
7	Stark, Matt	Unat-Northwest N	1:57.00	2:01.54	
8	Dean, Kyler	Treasure Valley	2:02.00	2:03.58	
9	June, Tyler	Bronco Track & R	2:03.00	2:03.88	
10	Merioles, Josh	Northwest Nazare	1:59.00	2:04.05	



11	Hetrick, Hank	Northwest Nazare	1:59.00	2:04.25
12	Smith, Casey	Treasure Valley	2:05.00	2:04.98
13	Strong, Darren	Boise State	2:01.00	2:05.33
14	Hardy, Sam	College of Idaho	1:58.00	2:05.68
15	Reynolds, Caleb	Northwest Nazare	2:03.00	2:06.25
16	Ngeno, Benard	Unat-Northwest N		2:06.55
17	Tatro, Nick	Boise State	1:58.61	2:06.65
18	Lewis, Mike	Northwest Nazare	1:59.00	2:07.02
19	Moore, Geoff	Boise State	1:58.87	2:07.38
20	Montgomery, Stuart	Northwest Nazare	2:08.00	2:07.70
21	Traughber, Garrett	College of Idaho		2:10.35
22	Fortin, Josh	Bronco Track & R	2:00.00	2:10.37
23	Frates, Josh	Treasure Valley		2:10.50

Men 1500 Meter Run

Name	Year School	Seed	Finals	P
1	Earnest-Jones, Eddie	Greater Boise RC	3:54.00	4:01.28
2	Peters, Kevin	Greater Boise RC	3:53.00	4:05.17
3	Foley, Scott	Boise State	3:59.54	4:05.65
4	Hardy, Sam	College of Idaho	4:03.00	4:05.89
5	Sartin, Paul	College of Idaho	4:03.00	4:06.23
6	Gray, Kyle	Unat-Northwest N	4:04.00	4:07.45
7	Higgs, Kevin	Boise State	4:07.00	4:11.96
8	Burk, JJ	College of Idaho	4:07.00	4:13.66
9	Porter, Wesley	Bronco Track & R	4:22.00	4:18.13
10	Goold, Alex	Unat-Northwest N		4:20.64
11	Bigsby, Cassidy	Boise State	4:10.00	4:22.40
12	Gunn, Derek	Boise State	4:10.00	4:24.44
13	Traughber, Garrett	College of Idaho		4:30.40
14	Wenz, Daniel	College of Idaho		4:39.65
15	Gould, Elliot	College of Idaho	4:46.08	4:59.61

Men 5000 Meter Run

Name	Year School	Seed	Finals	P
1	Williams, Geoff	College of Idaho	15:37.00	16:15.50
2	Wageman, Josh	Northwest Nazare		16:34.92
3	Tobiason, Mike	College of Idaho	15:59.00	16:50.85
4	Rosales, Oliver	College of Idaho	16:20.00	17:00.33

5	Begay, Atcitty	Treasure Valley	17:00.00	17:31.68
6	Hernandez, Freddy	Treasure Valley	17:30.00	18:12.23

Men 10000 Meter Run

Name	Year School	Seed	Finals	P
1	Lockard, Cameron	Boise State	34:57.00	
2	Kniep, Cory	College of Idaho	35:38.00	
3	Hatch, Rich	College of Idaho	37:54.24	

Men 110 Meter Hurdles

Name	Year School	Seed	Finals	W
1	Beaty, Dallas	Northwest Nazare	15.35	15.20 -
2	Thomas, Terriel	College of Idaho	15.39	15.33 -
3	Lassiter, Kegan	Northwest Nazare	15.79	15.41 -
4	Noble, Philip	Treasure Valley	15.60	15.60 -
5	Williams, TJ	Treasure Valley	17.40	17.43 -

Men 400 Meter Hurdles

Name	Year School	Seed	Finals	P
1	Thomas, Terriel	College of Idaho	57.00	55.02
2	Hanson, Mark	Northwest Nazare	57.61	55.26
3	Kline, Rand	College of Idaho	59.50	1:00.56
4	Lassiter, Kegan	Northwest Nazare	59.20	1:02.23
5	Williams, TJ	Treasure Valley	1:02.00	1:03.51

Men 3000 Meter Steeplechase

Name	Year School	Seed	Finals	P
1	Hetrick, Luke	Northwest Nazare	10:15.19	
2	Perry, Jake	Unat-Northwest N	10:21.63	
3	Easter, Neil	Northwest Nazare	10:26.10	
4	Dean, Kyler	Treasure Valley	10:52.00	10:35.10
5	Anderson, Darrin	Treasure Valley	10:38.00	10:38.70
6	Ward, Casey	Treasure Valley	13:59.00	10:49.01
7	Crystal, Alex	Northwest Nazare	10:44.00	10:57.19

8 Williams, Josh	College of Idaho	11:05.00	11:06.90
9 Ricci, Nash	College of Idaho		11:19.56

Men 4x100 Meter Relay

School	Seed	Finals	P
1 Northwest Nazarene 'A'	44.50	44.10	
1) Sepe, Derek			2) Hill, Dan
3) Johnson, Corey			4) Manley, Dane
2 Northwest Nazarene 'B'	44.60	44.33	
1) Heidegger, Ben			2) Lassiter, Kegan
3) Beaty, Dallas			4) Ward, Mitch
3 College of Idaho 'A'		44.53	
1) Swanson, Andy			2) Thomas, Terriel
3) Archer, Andre			4) Finch, Sam
4 Treasure Valley CC 'A'		45.03	

Men 4x400 Meter Relay

School	Seed	Finals	P
1 College of Idaho 'A'	3:26.00	3:23.46	
1) Thomas, Terriel			2) Bush, Greg
3) Archer, Andre			4) Finch, Sam
2 Treasure Valley CC 'A'		3:23.57	
3 Northwest Nazarene 'A'	3:30.20	3:33.18	
1) Manley, Dane			2) Heidegger, Ben
3) Sepe, Derek			4) Johnson, Corey
4 Boise State 'A'	3:20.00	3:35.13	
1) Moore, Geoff			2) Gunn, Derek
3) Strong, Darren			4) Tatro, Nick
5 Northwest Nazarene 'B'	3:30.00	3:37.80	
1) Hetrick, Hank			2) Hetrick, Luke
3) Lewis, Mike			4) Merioles, Josh

Men High Jump

Name	Year School	Seed	Finals
1 Noble, Philip	Treasure Valley	1.70m	1.73m
2 Sneed, Andrew	Northwest Nazarene		1.68m

3 Swanson, Andy	College of Idaho		1.63m
-- Heidegger, Josh	Northwest Nazare	1.81m	NH

Men Pole Vault

Name	Year School	Seed	Finals
1 Shea, Ben	Northwest Nazare	4.49m	4.30m
1 Ferrell, Wesley	Unattached	4.40m	4.30m
3 Sneed, Andrew	Northwest Nazare	4.05m	4.15m
4 Montgomery, Stuart	Northwest Nazare	3.04m	2.60m
-- Schafer, Luke	Northwest Nazare	4.43m	NH

Men Long Jump

Name	Year School	Seed	Finals	W
1 Hanson, Mark	Northwest Nazare	6.28m	6.45m	-
2 Noble, Philip	Treasure Valley	6.07m	6.36m	-
3 Burch-lucich, Beau	Treasure Valley	6.09m	6.32m	-
4 Swanson, Andy	College of Idaho		6.07m	-
5 Salek, Styles	College of Idaho	6.07m	6.01m	-

Men Triple Jump

Name	Year School	Seed	Finals	W
-- Mahoney, Chris	Unattached	14.02m	DNF	

Men Shot Put

Name	Year School	Seed	Finals
1 Miller, Grant	Northwest Nazare	15.39m	14.35m
2 Barclay, Zach	Northwest Nazare	14.73m	14.10m
3 Fenters, Jordan	Northwest Nazare	13.99m	13.63m
4 Case, Levi	Treasure Valley	13.36m	12.89m
5 Estrada, Diego	Northwest Nazare	12.77m	12.25m
6 Jones III, Reginald	Treasure Valley	10.49m	10.15m
7 Lovell, Zach	Northwest Nazare	12.00m	9.51m

Men Discus Throw

Name	Year School	Seed	Finals
1 Miller, Grant	Northwest Nazare	47.16m	46.32m
2 Barclay, Zach	Northwest Nazare	40.40m	39.24m
3 Fenters, Jordan	Northwest Nazare	40.06m	38.97m
4 Eaton, Alex	Northwest Nazare	35.90m	36.30m
5 Estrada, Diego	Northwest Nazare	34.08m	35.80m
6 Montgomery, Stuart	Northwest Nazare	30.00m	33.43m

#### Men Hammer Throw

Name	Year School	Seed	Finals
1 Wardhaugh, Simon	Boise State	69.05m	62.45m
2 Nelson, Alex	Boise State	55.41m	56.57m
3 Kraychir, Trevor	Boise State	60.07m	55.49m
4 Miller, Grant	Northwest Nazare	50.10m	51.80m
5 Barclay, Zach	Northwest Nazare	52.69m	51.00m
6 Fenters, Jordan	Northwest Nazare	44.04m	46.29m
7 Eaton, Alex	Northwest Nazare	40.45m	41.37m
8 Estrada, Diego	Northwest Nazare	40.59m	39.13m

#### Men Javelin Throw

Name	Year School	Seed	Finals
1 Hart, Kyle	Treasure Valley	48.79m	52.78m
2 Ainsworth, Dustin	Unat-Northwest N		41.50m
3 Greene, Tim	Unat-Northwest N		39.57m
4 Fenters, Jordan	Northwest Nazare	44.00m	38.82m
5 Salek, Styles	College of Idaho		38.56m
6 Jones, Josh	Northwest Nazare	39.58m	37.54m
7 Beaty, Dallas	Northwest Nazare		33.30m
8 Hill, Dan	Northwest Nazare		30.12m
-- Lovell, Zach	Northwest Nazare	41.00m	ND
-- Ward, Mitch	Northwest Nazare		ND
-- Case, Levi	Treasure Valley	50.65m	ND

6 PM

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=====  
Find Points  
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1.4 10  
1.4 8  
1.4 6  
1.4 5  
1.4 4  
1.4 3  
1.4 2
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=====  
Find H# Points  
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0.4 2 10  
0.4 2 8  
0.4 2 6  
0.4 2 5  
0.4 2 4  
0.4 2 3  
0.4 2 2  
0.0 1 1  
0.0 1  
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10  
8  
6  
5
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