

5-2-2009

Pacific Twilight

Great Northwest Athletic Conference

Follow this and additional works at: http://digitalcommons.cwu.edu/cwu_track_field

Recommended Citation

Great Northwest Athletic Conference, "Pacific Twilight" (2009). *Track and Field*. Book 280.
http://digitalcommons.cwu.edu/cwu_track_field/280

This Book is brought to you for free and open access by the Sports Statistics and Histories at ScholarWorks@CWU. It has been accepted for inclusion in Track and Field by an authorized administrator of ScholarWorks@CWU.

Licensed to Pacific University HY-TEK's Meet Manager 5/2/2009 09:4
 2009 Pacific Twilight - 5/2/2009
 hosted by Pacific University
 Forest Grove, Oregon
 Results

Women 100 Meter Dash

=====
 Meet Record: * 12.25 5/2/2008 Jernise Saunders, Portland State
 Stadium: # 12.25 5/2/2008 Jernise Saunders, Portland State
 Pacific: + 13.08 2005 Brooke Barker

=====
 Name Year School Seed Finals W
 =====

Finals

1	Saunders, Jernise	Portland State	11.88	12.22#
2	Cunliffe, Hannah	Unattached	12.22	12.38
3	Sims, Catherine	Mt. Hood CC	12.64	12.46
4	Tidwell, Latoya	Northwest Nazare	12.53	12.54
5	Wilson, Kim	Lane CC	12.84	12.59
6	Zukowski, Megan	Western Washingt	12.32	12.65
7	Ricker, Haley	Warner Pacific	13.02	12.71
8	Reid, Kaitlyn	Clackamas CC	13.31	12.72
9	Nicholson, Mikeya	Portland State	12.64	12.83
10	Houplin, Joana	Western Washingt	12.76	13.00
11	Batson, Diana	Lane CC	12.88	13.06
12	Cablavan, Tahlie	Seattle Speed	13.11	13.20
13	Kameni, Floriane	Unattached	13.00	13.28
14	Galyean, Monica	Unattached	13.41	13.34
15	Smith, Nicole	Pacific (Ore.)	13.70	13.54
16	Heckeroth, Courtney	Clackamas CC	14.35	13.94
17	Borok, Anastasia	Portland	14.25	13.95

Women 200 Meter Dash

=====
 Meet Record: * 24.64 5/2/2008 Jernise Saunders, Portland State
 Stadium: # 24.64 5/2/2008 Jernise Saunders, Portland State
 Pacific: + 25.94 2005 Brooke Barker

=====
 Name Year School Seed Finals W
 =====

1	Saunders, Jernise	Portland State	24.14	25.16
2	Cunliffe, Hannah	Unattached	25.49	25.40
3	Tidwell, Latoya	Northwest Nazare	25.32	25.64

4	Wilson, Kim	Lane CC	26.50	26.19	
5	Reid, Kaitlyn	Clackamas CC	26.85	26.24	-
6	Zukowski, Megan	Western Washingt	26.18	26.31	
7	Ricker, Haley	Warner Pacific	26.34	26.42	
8	Batson, Diana	Lane CC	26.00	26.46	
9	Bouyer, Kennadi	Unattached	27.75	26.98	-
10	Cablayan, Tahlie	Seattle Speed	27.01	27.10	-
11	Brediger, Christa	Northwest Nazare	26.70	27.63	-
12	Leiken, Andrea	Puget Sound	27.21	27.95	-
13	Kameni, Floriane	Unattached	27.17	28.02	-
14	Miller, Angie	Pacific (Ore.)	27.80	28.19	
15	Johnson, Peyton	Unattached	27.00	28.35	-
16	Menzies, Jeanine	Lane CC	28.80	28.45	
17	Gopher, Raevyn	Clackamas CC	29.84	29.17	
18	Krempley, Katrina	Lane CC	28.90	29.86	
19	Yeh, Kamauri	Portland	29.00	31.31	

Women 400 Meter Dash

=====
Meet Record: * 57.58 5/2/2008 Julie Kay Brown, George Fox
Stadium: # 57.23 4/24/2009 Jennifer Luecht, Willamette
Pacific: + 57.66 2005 Brooke Barker

Name	Year	School	Seed	Finals	H
1	Siler, Ellie	Western Washingt	56.18	56.57#	
2	Sims, Crystal	Mt. Hood CC	58.09	58.20	
3	Jackson, Quiana	Portland State	57.73	58.26	
4	C'Connell, Megan	Western Washingt	58.54	59.44	
5	Michels, Linsie	Concordia (Ore.)	58.32	59.47	
6	Brady, Lindsay	Northwest Nazare	59.36	1:00.08	
7	Brownell, Sarah	Western Washingt	59.32	1:00.14	
8	Salyer, Angelyn	Lane CC	1:00.91	1:02.41	
9	Marshall, Kylie	Northwest Nazare	1:00.31	1:02.61	
10	Leiken, Andrea	Puget Sound	1:01.48	1:03.42	
11	Galyean, Monica	Unattached	1:03.05	1:03.66	
12	Johnson, Peyton	Unattached	1:01.00	1:03.67	
13	Menzies, Jeanine	Lane CC	1:03.72	1:03.76	
14	Matsumoto, Jenna	Pacific (Ore.)	1:04.00	1:05.42	
15	Gopher, Raevyn	Clackamas CC	1:06.81	1:06.21	
16	Bouyer, Kennadi	Unattached	1:03.00	1:07.06	
17	Baker, Amanda	Mt. Hood CC	1:04.89	1:07.21	
18	Cooley, Stephanie	Warner Pacific	1:06.24	1:08.36	

Women 800 Meter Run

=====
 Meet Record: * 2:11.38 5/2/2008 Jordyn Smith, Willamette
 Stadium: # 2:11.38 5/2/2008 Jordyn Smith, Willamette
 Pacific: + 2:14.57 2008 Kelsey Owens

Name	Year	School	Seed	Finals
1 Puga, Ashley		Northwest Nazare	2:05.23	2:13.21
2 Decker, Elisa		Northwest Nazare	2:15.50	2:15.07
3 McHattie, Carla		Bowerman Athleti	2:14.12	2:15.37
4 Johnson, Rachael		Western Washingt	2:15.11	2:15.57
5 Trenholm, Stephanie		University of Al	2:13.89	2:16.21
6 Bailey, Mychaela		University of Al	2:16.46	2:16.55
7 Wai, Adriane		Portland State	2:14.44	2:16.91
8 Owens, Kelsey		Unattached	2:14.57	2:17.15
9 Hailey, Theresa		Portland	2:15.78	2:17.28
10 Keaveny, Elizabeth		Portland	2:17.00	2:17.52
11 Scheese, Andria		Concordia (Ore.)	2:18.00	2:18.72
12 Everetts, Janelle		Unattached	2:14.13	2:18.91
13 Roelle, Ariel		University of Al	2:21.32	2:20.63
14 Evans, Nika		Puget Sound	2:21.85	2:24.93
15 Berg, Marissa		Central Oregon C	2:28.91	2:26.57
16 Johnson, Jen		Unattached	2:25.21	2:27.20
17 Vetterlein, Denise		Bowerman Athleti	2:30.34	2:33.36
18 Ballard, Leah		Warner Pacific	2:32.11	2:35.25
19 Olson, Katie		Clackamas CC	2:40.03	2:40.93
20 Winkle, Kayla		Warner Pacific	2:43.71	2:41.96
21 Westlake, Samantha		Warner Pacific	2:46.58	2:47.01
21 McGill, Krissy		Everett CC	2:33.95	2:47.01
23 Hilbert, Esther		Mt. Hood CC	2:43.55	2:47.20
24 Dougherty, DeeAnn		Unattached	2:51.00	2:55.53
25 Estrella, Krystal		Warner Pacific	3:02.33	3:04.26
-- Bradbury, Mikayla		Lane CC	2:17.61	DNF

Women 1500 Meter Run

=====
 Meet Record: * 4:34.69 5/2/2008 Bobeya Krishnek, Portland
 Stadium: # 4:34.24 4/24/2009 Maddie Coffman, Willamette
 Pacific: + 4:36.96 2008 Kelsey Owens

Name	Year	School	Seed	Finals
------	------	--------	------	--------

1	Puga, Ashley	Northwest Nazare	4:23.17	4:30.59#
2	Hemphill, Natalie	Unattached	4:31.00	4:34.25*
3	Chepkosgei, Elizabeth	University of Al	4:35.39	4:38.18
4	Rohde, Kristen	Bowerman Athleti	4:45.00	4:40.15
5	Kipngeno, Miriam	University of Al	4:49.64	4:46.78
6	Taylor, Alice	Concordia (Ore.)	4:47.00	4:47.89
7	Wilt, Hallidie	University of Al	4:41.68	4:52.19
8	Moran, Lauren	Concordia (Ore.)	4:46.46	4:52.72
9	Johnson, Jen	Unattached	4:50.94	4:52.74
10	Fuller, Karissa	Portland State	4:51.65	4:54.33
11	Knettles, Hailey	Portland	5:05.00	4:56.61
12	Everetts, Megan	Unattached	4:55.93	5:00.26
13	Deever, Stephanie	Portland State	4:58.00	5:00.94
14	Keegan, Shoshana	University of Al	4:56.84	5:03.09
15	Robert, Samantha	Concordia (Ore.)	4:56.00	5:05.18
16	King, Abigail	Portland	4:50.00	5:05.19
17	Blue, Katie	Portland State	4:55.00	5:08.20
18	Hoover, Emily	Portland State	5:10.00	5:14.26
19	Pesanti, Maggie	Concordia (Ore.)	5:13.90	5:20.25
20	McGill, Krissy	Everett CC	5:24.45	5:23.06
21	Eloff, Brandi	Clark College	5:15.00	5:28.80
22	Gustafson, Hannah	Mt. Hood CC	5:25.04	5:42.26
23	Vesey, Robin	Unattached	6:05.00	6:08.50

Women 5000 Meter Run

=====
 Meet Record: * 17:46.23 5/2/2008 Lache Bailey, Team XO
 Stadium: # 17:46.23 5/2/2008 Lache Bailey, Team XO
 Pacific: + 17:26.81 2008 Kelsey Owens

Name	Year	School	Seed	Finals
1	Porter, Sarah	Western Washingt	16:56.50	16:50.87#
2	Twombly, Leah	Lane CC	18:25.00	18:24.27
3	Durrance, Amy	Portland State	18:59.23	18:27.25
4	Auer, Sarah	Portland	18:27.22	18:34.25
5	Hall, Megan	Everett CC	18:27.07	18:38.98
6	Smith, Tameka	Puget Sound	19:12.11	18:48.66
7	Basham, Amanda	Pacific (Ore.)	19:05.00	18:56.98
8	Rendahl, Ashley	Northwest Nazare	19:32.15	19:07.11
9	Barnhart, Katherine	Lane CC	19:30.00	19:14.15
10	Lee, Samantha	Pacific (Ore.)	19:30.00	19:19.55
11	Baker, Lindsay	Portland	19:07.00	19:24.14

12	Nelson, Katie	Portland	19:02.00	19:26.58
13	Payment, Whitney	Mt. Hood CC	20:03.60	19:29.01
14	Nelson, Whitney	Pacific (Ore.)	19:28.00	19:29.78
15	DeBoer, Shannon	Northwest Nazare	19:40.00	19:41.91
16	Hagy, Anne	Lane CC	19:39.00	19:53.59
17	Costigan, Jessica	Everett CC	20:01.03	19:56.99
18	Cotterill, Lacey	Everett CC	20:49.83	20:31.24
19	Whipple, Kelsey	Everett CC	21:20.83	20:38.04
20	Hale, Megan	Lane CC	21:36.05	20:40.74
21	Minor, Jolene	Everett CC	21:20.19	21:59.81
--	Bolce, Stephanie	Portland	18:30.77	DNF
--	Deever, Stephanie	Portland State	18:28.00	DNF

Women 100 Meter Hurdles

=====
 Meet Record: * 15.12 5/2/2008 Jewel Martin, Lane CC
 Stadium: # 14.80 4/24/2009 Irene Johnson, George Fox
 Pacific: + 14.97 2006 Cassie Arroyo

Name	Year	School	Seed	Finals	W
1		Johnson, Irene	George Fox	14.80	14.47
2		Howe, Michelle	Western Washingt	14.71	14.60
3		Vinson, Joenisha	Portland State	15.03	14.71
4		Schumacher, Terra	Mt. Hood CC	15.04	15.00
5		Makinde, Eunice	Concordia (Ore.)	15.04	15.10
6		Laichak, Lauren	University of Al	15.06	15.25
7		Echavarria, Nathalia	University of Al	15.77	15.43
7		Sims, Catherine	Mt. Hood CC	15.44	15.43
9		Sims, Crystal	Mt. Hood CC	15.67	15.48
10		Avalos, Andrea	Clark College		17.02
11		Williams, Brittanie	Clark College	17.17	17.56
12		Nelson, Amy	Lane CC	17.57	18.04
13		Borok, Anastasia	Portland	17.83	18.08
14		Ciccarelli, Maria	SW Oregon CC	18.61	18.38
15		kitzman, Alexis	Portland State	16.00	18.85
--		Friess, Meagan	University of Al	15.24	DNF

Women 400 Meter Hurdles

=====
 Meet Record: * 1:02.31 5/2/2008 Amber Glunt, Mt. Hood CC
 Stadium: # 1:02.31 5/2/2008 Amber Glunt, Mt. Hood CC
 Pacific: + 1:04.44 1997 Amy Higgins

Name	Year School	Seed	Finals	H
1 Dimmitt, Heidi	Western Washingt	1:01.57	1:01.88#	
2 Beatty, Jamie	Northwest Nazare	1:02.28	1:04.22	
3 Sibley, Laura	Linfield	1:04.96	1:05.33	
4 Annas, Katie	Warner Pacific	1:05.18	1:08.75	
5 Bekkedahl, Brooke	Linfield	1:04.26	1:08.99	
6 Schumacher, Terra	Mt. Hood CC	1:10.12	1:09.33	
7 Spaulding, Tiffany	Portland	1:08.26	1:09.41	
8 Ciaccio, Amy	Northwest Nazare	1:07.97	1:10.23	
9 Williams, Brittanie	Clark College	1:09.02	1:11.10	
10 Pitts, Stephany	Mt. Hood CC	1:11.66	1:12.67	
11 Kermode, Danielle	Clark College	1:15.56	1:12.70	
12 Nelson, Kendra	SW Oregon CC	1:22.00	1:13.56	
13 Nelson, Amy	Lane CC	1:12.55	1:14.18	
14 Bartolomei, Brittany	Portland	1:15.20	1:16.05	
15 Finch, Aubri	SW Oregon CC	1:20.30	1:30.14	

Women 3000 Meter Steeplechase

Meet Record: * 12:04.69 5/2/2008 Adriane Wai, Portland State
 Stadium: # 10:38.05 4/24/2009 Kimber Mattox, Willamette
 Pacific: + 11:49.28 4/24/2009 Amanda Basham, Pacific (Ore.)

Name	Year School	Seed	Finals
1 Olsen, Courtney	Western Washingt	11:31.58	11:38.41*
2 Bohman, Emma	University of Al	11:37.47	11:42.04*
3 Krempley, Tara	Lane CC	12:08.01	11:54.33*
4 Hague, Jennifer	Corban	13:02.00	12:46.80
5 Renfro, Amy	Corban	13:01.83	12:56.32
6 Osten, Karly	Clackamas CC	13:23.40	13:03.63

Women 4x100 Meter Relay

Meet Record: * 48.79 5/2/2008 George Fox, George Fox
 E Kampfe, I Johnson, M Honan, M Leighty
 Stadium: # 48.50 4/24/2009 Pacific Lutheran University, Pacific Lut
 C Putnam, L Arceneaux, F Araya, A LeBrun
 Pacific: + 52.01 2000
 Fuhrmann, Ryder, Lucas, Jacobson

School	Seed	Finals
--------	------	--------

1	Western Washington 'A'	48.13	47.92#
2	Mt. Hood CC 'A'	49.16	48.13#
	1) Pitts, Stephany	2) Sims, Crystal	
	3) Schumacher, Terra	4) Sims, Catherine	
3	Alaska Anchorage 'A'	48.97	49.04
4	Northwest Nazarene 'A'	49.60	49.33
5	Clackamas CC 'A'	50.90	50.72
	1) Heckeroth, Courtney	2) Monterola, Keisa	
	3) Nogle, Bailey	4) Reid, Kaitlyn	
--	Clark College 'A'	51.01	DQ
	1) Avalos, Andrea	2) Kent, Kandra	
	3) Williams, Brittanie	4) Lamping, Leanne	
--	Warner Pacific 'A'	51.53	DQ
	1) Ricco, Danielle	2) Annas, Katie	
	3) Ricker, Haley	4) Yeldon, Chloe	

Women 4x400 Meter Relay

=====

Meet Record: * 4:02.69 5/2/2008 Mt. Hood CC, Mt. Hood CC
A Glunt, S Breck, C Sims, S Pitts

Stadium: # 4:00.95 4/24/2009 Willamette University, Willamette
K St. John, L Marsalli, J Dinsmore, J Luecht

Pacific: + 4:13.79 2005
Wilson, Silverlake, Smith, Barker

School	Seed	Finals
1 Western Washington 'A'	3:57.02	3:49.70#
2 Northwest Nazarene 'A'	3:54.47	3:53.02#
3 Warner Pacific 'A'	4:11.73	4:14.51
	1) Hicks, Ericka	2) Yeldon, Chloe
	3) Ricker, Haley	4) Annas, Katie
4 Clark College 'A'	4:21.56	4:27.26
	1) Avalos, Andrea	2) Williams, Brittanie
	3) Kermode, Danielle	4) Henderson, Brittany

Women 4x800 Meter Relay

=====

School	Seed	Finals
1 Northwest (Wash.) 'A'	9:46.10	9:43.08
	1) Prause, Shayna	2) Harris, Rachael
	3) Wagner, Lindsey	4) DeLapp, Paige

Women High Jump

=====
 Meet Record: * 1.68m 5/2/2008 Michelle Forbes, UNAT-George Fox
 Stadium: # 1.68m 5/2/2008 Michelle Forbes, George Fox
 Pacific: + 1.59m 2005 Brooke Barker

Name	Year	School	Seed	Finals
------	------	--------	------	--------

1	Kahle, Kelsey	Portland State	1.64m	1.65m
2	Cook, Clara	Western Washingt	1.70m	J1.65m
3	Orr, Kasey	Unattached	1.63m	1.55m
3	Machida, Chelsea	Linfield	1.61m	1.55m
5	Bennett, Jill	Northwest Nazare	1.51m	1.50m
6	Pitts, Stephany	Mt. Hood CC	1.53m	1.45m
6	Hehn, Halley	Central Oregon C	1.47m	1.45m
8	Filipetti, Erica	Clackamas CC	1.37m	1.40m

Women Pole Vault

=====
 Meet Record: * 3.66m 5/2/2008 Melissa Gergel, Oregon
 Stadium: # 3.75m 4/24/2009 Catherine Street, Linfield
 Pacific: + 2.75m 2008 Summer Steenberg

Name	Year	School	Seed	Finals
------	------	--------	------	--------

1	Monterola, Keisa	Clackamas CC	3.81m	3.85m#
2	Street, Catherine	Linfield	3.75m	3.50m
3	Schumacher, Terra	Mt. Hood CC	3.65m	3.35m
4	Vaughan, Mary	Lane CC	3.35m	J3.35m
5	Carstensen, Brooke	Linfield	3.50m	J3.35m
6	Corwin, Misty	Linfield	3.50m	J3.35m
7	DiEnno, Amanda	Western Washingt	3.30m	J3.35m
8	Elzinga, Karina	Northwest Nazare	3.40m	3.20m
9	Shafer, Aimee	Clackamas CC	3.35m	J3.20m
10	Williams, Amber	Lane CC	3.20m	3.05m
10	Austin, Sydney	Western Washingt	3.30m	3.05m
12	Gillespie, Kaycee	Concordia (Ore.)	3.22m	J3.05m
13	Jantzi, Kendra	Concordia (Ore.)	2.89m	2.90m
14	Usabel, MJ	Northwest Nazare	3.20m	J2.90m
15	Konzal, Amanda	Northwest Nazare	3.10m	2.75m
15	Egger, Ashley	Northwest Nazare	2.90m	2.75m
17	Shafer, Lauren	Clackamas CC	3.05m	2.60m
18	Smith, Sarah	SW Oregon CC	2.56m	J2.60m

19 Hanley, Lynn		Pacific (Ore.)	2.25m	2.15m
-- Anderson, Jade		Pacific (Ore.)	2.45m	NH
-- Bornheimer, Rachel		Pacific (Ore.)	2.14m	NH

Women Long Jump

=====
Top 8 Advance by Time

Meet Record: * 5.63m 5/2/2008 Cindy Walsh, George Fox
Stadium: # 5.63m 5/2/2008 Cindy Walsh, George Fox
Pacific: + 5.50m 4/24/2009 Angie Miller, Pacific (Ore.)

Name	Year	School	Seed	Prelims	W
------	------	--------	------	---------	---

=====
Preliminaries

1 Miller, Angie		Pacific (Ore.)	5.50m	5.40mq	
2 Warman, Emily		Western Washingt	5.60m	5.36mq	-
3 Lamping, Leanne		Clark College	4.97m	5.26mq	
4 Reid, Molly		Northwest Nazare	5.31m	5.09mq	
5 Karim, Amirah		Portland State	5.57m	5.08mq	-
6 Monterola, Keisa		Clackamas CC	4.82m	5.06mq	-
7 kitzman, Alexis		Portland State	5.03m	4.93mq	-
8 St. Paul, Bryanna		Clackamas CC	5.12m	4.91mq	
9 Sims, Catherine		Mt. Hood CC	4.80m	4.82m	-
10 Pitts, Stephany		Mt. Hood CC	4.57m	4.79m	
11 Bekkedahl, Maycee		Northwest Nazare	5.04m	4.76m	
12 Kent, Kandra		Clark College	5.05m	4.71m	-
13 Larlee, Annie		Northwest Nazare	4.95m	4.70m	
14 Tune, Kim		Mt. Hood CC	4.95m	4.68m	
15 Borsch, Carolyn		Portland	5.62m	4.60m	-
15 Heckeroth, Courtney		Clackamas CC	4.83m	4.60m	-
17 Hehn, Halley		Central Oregon C	4.56m	4.54m	
18 Sims, Crystal		Mt. Hood CC	4.61m	4.52m	
19 Bird, Stacy		Mt. Hood CC	4.46m	4.22m	-

Women Long Jump

=====
Meet Record: * 5.63m 5/2/2008 Cindy Walsh, George Fox
Stadium: # 5.63m 5/2/2008 Cindy Walsh, George Fox
Pacific: + 5.50m 4/24/2009 Angie Miller, Pacific (Ore.)

Name	Year	School	Prelims	Finals	W
------	------	--------	---------	--------	---

=====
Finals

1 Monterola, Keisa		Clackamas CC	5.06m	5.40m	
--------------------	--	--------------	-------	-------	--

2	Miller, Angie	Pacific (Ore.)	5.40m	J5.40m	
3	Warman, Emily	Western Washingt	5.36m	5.36m	-
4	Lamping, Leanne	Clark College	5.26m	5.26m	
5	Reid, Molly	Northwest Nazare	5.09m	5.09m	
6	Karim, Amirah	Portland State	5.08m	5.08m	-
7	kitzman, Alexis	Portland State	4.93m	4.93m	
8	St. Paul, Bryanna	Clackamas CC	4.91m	4.91m	
Preliminaries					
9	Sims, Catherine	Mt. Hood CC	4.82m		-
10	Pitts, Stephany	Mt. Hood CC	4.79m		
11	Bekkedahl, Maycee	Northwest Nazare	4.76m		
12	Kent, Kandra	Clark College	4.71m		-
13	Larlee, Annie	Northwest Nazare	4.70m		
14	Tune, Kim	Mt. Hood CC	4.68m		
15	Borsch, Carolyn	Portland	4.60m		-
15	Heckeroth, Courtney	Clackamas CC	4.60m		-
17	Hehn, Halley	Central Oregon C	4.54m		
18	Sims, Crystal	Mt. Hood CC	4.52m		
19	Bird, Stacy	Mt. Hood CC	4.22m		-

Women Triple Jump

=====
 Top 8 Advance by Time

Meet Record: * 11.45m 5/2/2008 Nkeiru Ugwoaba, Portland State
 Stadium: # 11.44m 5/2/2008 Nkeiru Ugwoabe, Portland State
 Pacific: + 11.54m 2008 Risa Allen

Name	Year	School	Seed	Prelims	W
1	Warman, Emily	Western Washingt	11.80m	* 11.71mq	
2	Allen, Risa	Pacific (Ore.)	11.54m	11.35mq	
3	Ferguson, Danielle	Concordia (Ore.)	11.15m	11.23mq	
4	Vonarx, Laura	Northwest Nazare	11.87m	11.08mq	
5	Lamping, Leanne	Clark College	10.77m	10.89mq	
6	Nicholson, Mikeya	Portland State	12.54m	10.83mq	
7	Reid, Molly	Northwest Nazare	11.13m	10.79mq	
8	St. Paul, Bryanna	Clackamas CC	10.50m	10.73mq	
9	Iveans, Kyla	SW Oregon CC	10.28m	10.36m	
10	Filipetti, Erica	Clackamas CC	9.57m	10.03m	
11	Bekkedahl, Maycee	Northwest Nazare	10.97m	10.01m	
12	Ciccarelli, Maria	SW Oregon CC	9.18m	9.33m	
--	Wilson, Kim	Lane CC	11.12m	FOUL	

Women Triple Jump

=====
 Meet Record: * 11.45m 5/2/2008 Nkeiru Ugwoaba, Portland State
 Stadium: # 11.44m 5/2/2008 Nkeiru Ugwoabe, Portland State
 Pacific: + 11.54m 2008 Risa Allen

Name	Year	School	Prelims	Finals	W
------	------	--------	---------	--------	---

Finals

1	Warman, Emily	Western Washingt	11.71m	11.71m*
2	Allen, Risa	Pacific (Ore.)	11.35m	11.35m
3	Ferguson, Danielle	Concordia (Ore.)	11.23m	11.23m
4	Vonarx, Laura	Northwest Nazare	11.08m	11.08m
5	Lamping, Leanne	Clark College	10.89m	10.89m
6	Nicholson, Mikeya	Portland State	10.83m	10.83m
7	Reid, Molly	Northwest Nazare	10.79m	10.79m
8	St. Paul, Bryanna	Clackamas CC	10.73m	10.73m

Preliminaries

9	Iveans, Kyla	SW Oregon CC	10.36m
10	Filipetti, Erica	Clackamas CC	10.03m
11	Bekkedahl, Maycee	Northwest Nazare	10.01m
12	Ciccarelli, Maria	SW Oregon CC	9.33m
--	Wilson, Kim	Lane CC	FOUL

Women Shot Put

Top 8 Advance by Time

=====
 Meet Record: * 14.20m 5/2/2008 Caressa Sims, Portland State
 Stadium: # 14.20m 5/2/2008 Caressa Sims, Portland State
 Pacific: + 12.72m 2007 Brooke Barker

Name	Year	School	Seed	Prelims
------	------	--------	------	---------

1	Tandle, Krissy	Central Washingt	14.94m	14.15mq
2	Bigham, Tiffany	Portland State	13.01m	12.85mq
3	Afoa, Shaina	Central Washingt	12.96m	11.92mq
4	Miller, Rocksi	Lane CC	12.03m	11.84mq
5	Self, Torrie	Central Washingt	12.18m	11.78mq
6	Strot, Kelsey	Mt. Hood CC	12.97m	11.77mq
7	Warrington, Joy	Northwest Nazare	12.92m	11.54mq
8	Ramos, Chelsey	Mt. Hood CC	11.30m	11.21mq
9	Bryant, Hailey	Clark College	11.07m	11.13m
10	Stueckle, Jordan	Central Washingt	11.76m	11.12m
11	Wentz, Breezy	Clark College	11.47m	11.07m

12	Kneip, Jessica	Northwest U.	11.97m	11.03m
13	McLaughlin, Melanie	SW Oregon CC	11.70m	11.02m
14	Dine-Aubert, Hannah	Northwest Nazare	11.94m	10.88m
15	Redmayne-Titley, Emily	Concordia (Ore.)	10.95m	10.69m
16	Morgan, Caitlin	Warner Pacific	9.70m	10.22m
17	Rafferty, Rebecca	Pacific (Ore.)	10.57m	10.02m
17	Powell, Tauni	Lane CC	10.25m	10.02m
19	Nowak, Kallie	Lane CC	10.10m	10.00m
20	Cuthbertson, Justine	SW Oregon CC	10.32m	9.78m
21	Robertson, Jessie	Lane CC	10.05m	9.52m
22	Hess, Sierra	Clackamas CC	9.62m	9.50m
23	Phillips, Shawwna	Warner Pacific	9.95m	9.05m
24	Goodman, Michelle	SW Oregon CC	8.72m	8.95m
25	Beardsley, Tamara	SW Oregon CC	9.08m	8.57m
26	Filipetti, Erica	Clackamas CC	7.31m	7.36m
--	Kenady, Sharayah	Concordia (Ore.)	12.57m	FOUL

Women Shot Put

=====
 Meet Record: * 14.20m 5/2/2008 Caressa Sims, Portland State
 Stadium: # 14.20m 5/2/2008 Caressa Sims, Portland State
 Pacific: + 12.72m 2007 Brooke Barker

Name	Year	School	Prelims	Finals
------	------	--------	---------	--------

=====

Finals

1	Tandle, Krissy	Central Washingt	14.15m	14.15m
2	Bigham, Tiffany	Portland State	12.85m	12.85m
3	Miller, Rocksi	Lane CC	11.84m	12.27m
4	Afoa, Shaina	Central Washingt	11.92m	12.10m
5	Self, Torrie	Central Washingt	11.78m	12.02m
6	Strot, Kelsey	Mt. Hood CC	11.77m	11.77m
7	Warrington, Joy	Northwest Nazare	11.54m	11.54m
8	Ramos, Chelsey	Mt. Hood CC	11.21m	11.21m

Preliminaries

9	Bryant, Hailey	Clark College	11.13m	
10	Stueckle, Jordan	Central Washingt	11.12m	
11	Wentz, Breezy	Clark College	11.07m	
12	Kneip, Jessica	Northwest U.	11.03m	
13	McLaughlin, Melanie	SW Oregon CC	11.02m	
14	Dine-Aubert, Hannah	Northwest Nazare	10.88m	
15	Redmayne-Titley, Emily	Concordia (Ore.)	10.69m	
16	Morgan, Caitlin	Warner Pacific	10.22m	

17 Rafferty, Rebecca	Pacific (Ore.)	10.02m
17 Powell, Tauni	Lane CC	10.02m
19 Nowak, Kallie	Lane CC	10.00m
20 Cuthbertson, Justine	SW Oregon CC	9.78m
21 Robertson, Jessie	Lane CC	9.52m
22 Hess, Sierra	Clackamas CC	9.50m
23 Phillips, Shawna	Warner Pacific	9.05m
24 Goodman, Michelle	SW Oregon CC	8.95m
25 Beardsley, Tamara	SW Oregon CC	8.57m
26 Filipetti, Erica	Clackamas CC	7.36m
-- Kenady, Sharayah	Concordia (Ore.)	FOUL

Women Discus Throw

=====

Top 8 Advance by Time

Meet Record: * 43.18m 5/2/2008 Tiffany Bigham, Portland State
 Stadium: # 34.89m 4/24/2009 Kelly Bradley, Whitworth
 Pacific: + 41.02m 1980 Andrea Heilman

Name	Year School	Seed	Prelims
1 Hess, Annie	Concordia (Ore.)	58.69m	* 50.13mq
2 Ciarelli, Katelyn	Unattached	52.26m	* 44.85mq
3 Redmayne-Titley, Emily	Concordia (Ore.)	44.06m	# 42.09mq
4 Bigham, Tiffany	Portland State	43.18m	# 41.07mq
5 Tandle, Krissy	Central Washingt	41.29m	# 38.67mq
6 Self, Torrie	Central Washingt	43.49m	# 37.76mq
7 Hess, Sierra	Clackamas CC	38.88m	# 36.08mq
8 Afoa, Shaina	Central Washingt	39.69m	# 35.90mq
9 Warrington, Joy	Northwest Nazare	37.97m	34.83m
10 Parker, Katy	Portland State	38.00m	34.58m
11 Beardsley, Tamara	SW Oregon CC	33.53m	34.51m
12 Wentz, Breezy	Clark College	37.30m	34.08m
13 Kenady, Sharayah	Concordia (Ore.)	39.20m	33.93m
14 Paden, Kelsey	Portland State	32.58m	33.37m
15 Kneip, Cadie	Northwest U.	33.27m	33.13m
16 Cuthbertson, Justine	SW Oregon CC	30.51m	32.50m
17 Shute, Shayna	Northwest Nazare	34.22m	32.21m
18 McLaughlin, Melanie	SW Oregon CC	34.42m	32.13m
19 Strot, Kelsey	Mt. Hood CC	33.68m	31.51m
20 Kneip, Jessica	Northwest U.	35.25m	30.37m
21 Nowak, Kallie	Lane CC	27.69m	28.70m
22 Rafferty, Rebecca	Pacific (Ore.)	34.76m	28.32m

23	Goodman, Michelle	SW Oregon CC	28.10m	26.67m
24	Johnson, Corby	Warner Pacific	27.35m	25.91m
25	Morgan, Caitlin	Warner Pacific	23.24m	23.80m
26	Robertson, Jessie	Lane CC	31.08m	23.72m
--	Miller, Rocksi	Lane CC	36.11m	FOUL

Women Discus Throw

=====

Meet Record: * 43.18m 5/2/2008 Tiffany Bigham, Portland State
 Stadium: # 34.89m 4/24/2009 Kelly Bradley, Whitworth
 Pacific: + 41.02m 1980 Andrea Heilman

Name	Year	School	Prelims	Finals
------	------	--------	---------	--------

=====

Finals

1	Hess, Annie	Concordia (Ore.)	50.13m	50.77m*
2	Ciarelli, Katelyn	Unattached	44.85m	47.00m*
3	Redmayne-Titley, Emily	Concordia (Ore.)	42.09m	43.18m*
4	Bigham, Tiffany	Portland State	41.07m	41.07m#
5	Self, Torrie	Central Washingt	37.76m	39.01m#
6	Tandle, Krissy	Central Washingt	38.67m	38.67m#
7	Afoa, Shaina	Central Washingt	35.90m	37.01m#
8	Hess, Sierra	Clackamas CC	36.08m	36.09m#

Preliminaries

9	Warrington, Joy	Northwest Nazare	34.83m	
10	Parker, Katy	Portland State	34.58m	
11	Beardsley, Tamara	SW Oregon CC	34.51m	
12	Wentz, Breezy	Clark College	34.08m	
13	Kenady, Sharayah	Concordia (Ore.)	33.93m	
14	Paden, Kelsey	Portland State	33.37m	
15	Kneip, Cadie	Northwest U.	33.13m	
16	Cuthbertson, Justine	SW Oregon CC	32.50m	
17	Shute, Shayna	Northwest Nazare	32.21m	
18	McLaughlin, Melanie	SW Oregon CC	32.13m	
19	Strot, Kelsey	Mt. Hood CC	31.51m	
20	Kneip, Jessica	Northwest U.	30.37m	
21	Nowak, Kallie	Lane CC	28.70m	
22	Rafferty, Rebecca	Pacific (Ore.)	28.32m	
23	Goodman, Michelle	SW Oregon CC	26.67m	
24	Johnson, Corby	Warner Pacific	25.91m	
25	Morgan, Caitlin	Warner Pacific	23.80m	
26	Robertson, Jessie	Lane CC	23.72m	
--	Miller, Rocksi	Lane CC	FOUL	

Women Hammer Throw

=====
 Top 8 Advance by Time

Event limited to two throws due to darkness,

Meet Record: * 54.96m 5/2/2008 Caressa Sims, Portland State

Stadium: # 51.15m 4/24/2009 Taylor Hacker, Pacific Lutheran

Pacific: + 48.03m 2002 Heidi Furhmann

Name	Year	School	Seed	Prelims
1 Self, Torrie		Central Washingt	47.25m	45.39mq
2 Little, Courtney		Northwest Nazare	46.97m	44.53mq
3 Tandle, Krissy		Central Washingt	45.67m	41.15mq
4 Shute, Shayna		Northwest Nazare	42.34m	40.22mq
5 Stueckle, Jordan		Central Washingt	45.68m	40.01mq
6 Wentz, Breezy		Clark College	40.43m	39.68mq
7 Zakrevsky, Marlee		George Fox	43.58m	37.32mq
8 Hamilton, Lauren		Unattached	40.32m	37.15mq
9 Kennedy, Lacy		Mt. Hood CC	36.16m	36.32m
10 Beardsley, Tamara		SW Oregon CC	36.60m	35.82m
11 Robertson, Jessie		Lane CC	35.36m	33.86m
12 Nowak, Kallie		Lane CC	36.10m	33.02m
13 Kneip, Jessica		Northwest U.	37.79m	32.49m
14 Kneip, Cadie		Northwest U.	32.33m	32.33m
-- Dine-Aubert, Hannah		Northwest Nazare	42.08m	FOUL
-- McCarthy, Erika		Northwest Nazare	48.08m	FOUL

Women Hammer Throw

=====
 Event limited to two throws due to darkness,

Meet Record: * 54.96m 5/2/2008 Caressa Sims, Portland State

Stadium: # 51.15m 4/24/2009 Taylor Hacker, Pacific Lutheran

Pacific: + 48.03m 2002 Heidi Furhmann

Name	Year	School	Prelims	Finals
1 Self, Torrie		Central Washingt	45.39m	45.39m
2 Little, Courtney		Northwest Nazare	44.53m	44.53m
3 Tandle, Krissy		Central Washingt	41.15m	41.15m
4 Shute, Shayna		Northwest Nazare	40.22m	40.22m
5 Stueckle, Jordan		Central Washingt	40.01m	40.01m
6 Wentz, Breezy		Clark College	39.68m	39.68m

7	Zakrevsky, Marlee	George Fox	37.32m	37.32m
8	Hamilton, Lauren	Unattached	37.15m	37.15m
Preliminaries				
9	Kennedy, Lacy	Mt. Hood CC	36.32m	
10	Beardsley, Tamara	SW Oregon CC	35.82m	
11	Robertson, Jessie	Lane CC	33.86m	
12	Nowak, Kallie	Lane CC	33.02m	
13	Kneip, Jessica	Northwest U.	32.49m	
14	Kneip, Cadie	Northwest U.	32.33m	
--	Dine-Aubert, Hannah	Northwest Nazare	FOUL	
--	McCarthy, Erika	Northwest Nazare	FOUL	

Women Javelin Throw

=====
Top 8 Advance by Time

Meet Record: * 45.73m 5/2/2008 DeeDee Arnall, Team XO
Stadium: # 43.28m 4/24/2009 Beth Stam, George Fox
Pacific: + 47.09m 2006 DeeDee Arnall

Name	Year	School	Seed	Prelims
1		Arnall, DeeDee	Unattached	45.72m # 45.16mq
2		Nojima, Aria	Concordia (Ore.)	43.89m 42.64mq
3		Powell, Tauni	Lane CC	44.79m 42.45mq
4		Sechantin, Jeeni	Seattle Pacific	48.08m 41.97mq
5		Kennedy, Lacy	Mt. Hood CC	43.12m 40.66mq
6		Peoples, Jill	Warner Pacific	39.99m 38.58mq
7		Vonarx, Laura	Northwest Nazare	38.54m 38.09mq
8		Niles, Lakiesha	Northwest Nazare	41.92m 37.79mq
9		Miller, Rocksi	Lane CC	36.88m 37.30m
10		Marineau, Kelly	Linfield	41.03m 37.00m
11		Bryant, Hailey	Clark College	34.11m 36.95m
12		Amsberry, Katrina	Linfield	41.29m 36.88m
13		Harris, Elisha	University of Al	40.70m 36.24m
14		Campbell, Katie	Northwest U.	38.04m 34.74m
15		Ramos, Chelsey	Mt. Hood CC	34.00m 34.44m
16		Newby, Rachel	Warner Pacific	37.18m 33.76m
17		Yokbay, Kayla	SW Oregon CC	32.18m 33.15m
18		Finch, Aubri	SW Oregon CC	31.52m 32.68m
19		Hess, Sierra	Clackamas CC	34.99m 32.60m
20		Phillips, Shawwna	Warner Pacific	31.27m 31.58m
21		Krempley, Katrina	Lane CC	33.61m 31.00m
22		Johnson, Corby	Warner Pacific	30.02m 28.63m

23 Spring, Crystal	Clackamas CC	32.78m	28.38m
24 Iveans, Kyla	SW Oregon CC	30.77m	27.53m
25 Gustafson, Leah	Pacific (Ore.)	28.80m	27.44m

Women Javelin Throw

=====
 Meet Record: * 45.73m 5/2/2008 DeeDee Arnall, Team XO
 Stadium: # 43.28m 4/24/2009 Beth Stam, George Fox
 Pacific: + 47.09m 2006 DeeDee Arnall

Name	Year School	Prelims	Finals
------	-------------	---------	--------

=====
 Finals

1 Arnall, DeeDee	Unattached	45.16m	45.67m#
2 Nojima, Aria	Concordia (Ore.)	42.64m	42.64m
3 Powell, Tauni	Lane CC	42.45m	42.45m
4 Kennedy, Lacy	Mt. Hood CC	40.66m	42.15m
5 Sechantin, Jeeni	Seattle Pacific	41.97m	41.97m
6 Niles, Lakiesha	Northwest Nazare	37.79m	38.64m
7 Peoples, Jill	Warner Pacific	38.58m	38.58m
8 Vonarx, Laura	Northwest Nazare	38.09m	38.09m

Preliminaries

9 Miller, Rocksi	Lane CC	37.30m
10 Marineau, Kelly	Linfield	37.00m
11 Bryant, Hailey	Clark College	36.95m
12 Amsberry, Katrina	Linfield	36.88m
13 Harris, Elisha	University of Al	36.24m
14 Campbell, Katie	Northwest U.	34.74m
15 Ramos, Chelsey	Mt. Hood CC	34.44m
16 Newby, Rachel	Warner Pacific	33.76m
17 Yokbay, Kayla	SW Oregon CC	33.15m
18 Finch, Aubri	SW Oregon CC	32.68m
19 Hess, Sierra	Clackamas CC	32.60m
20 Phillips, Shawwna	Warner Pacific	31.58m
21 Krempley, Katrina	Lane CC	31.00m
22 Johnson, Corby	Warner Pacific	28.63m
23 Spring, Crystal	Clackamas CC	28.38m
24 Iveans, Kyla	SW Oregon CC	27.53m
25 Gustafson, Leah	Pacific (Ore.)	27.44m

Men 100 Meter Dash

=====
 Meet Record: * 10.83 5/2/2008 Josh Cain, Unattached

Stadium: # 10.83 5/2/2008 Josh Cain
 Pacific: + 10.64 1979 Karry Cameron

Name	Year	School	Seed	Finals	W
=====					
Finals					
1		Kongela, Dakarai	George Fox	10.94	10.78#
2		Washington, Nate	Clark College	10.60	10.81#
3		Stubbs, Chris	Lane CC	11.28	10.86
4		Preston, Demetrius	University of Al	11.02	10.95
5		Strong, Micah	Mt. Hood CC	11.04	10.98
6		Agyei, Auggie	Western Washingt	11.08	11.00
7		Faber, Brandon	Mt. Hood CC	11.12	11.15
8		Tait, Peter Jason	Portland State	10.84	11.16
9		Newsom, Derek	Portland State	11.15	11.17
10		Tilley, Alex	Western Washingt	10.93	11.20
11		Norman, Taylor	Lane CC	11.20	11.25
12		Tolento, Eric	Clackamas CC	11.22	11.28
12		Moore, Ethan	Clackamas CC	11.36	11.28
14		Walsh, Eric	University of Al	10.96	11.32
15		Christianson, Austin	Lane CC	11.20	11.33
16		Gruger, Shane	Western Washingt	11.11	11.42
17		Muir, Joey	Western Washingt	11.19	11.44
18		Hamilton, Cameron	Warner Pacific	11.53	11.49
18		Nollan, Robby	Clackamas CC	11.55	11.49
20		Florence, Alex	Pacific (Ore.)	11.80	11.50
21		Julian, Matt	Lane CC	11.49	11.65
22		Sepe, Derek	Northwest Nazare	11.42	11.74
23		Kramer, Kody	Pacific (Ore.)	11.59	11.80
23		Hart, Jeff	Unattached	12.23	11.80
25		Baskett, Bobby	Warner Pacific	11.73	12.12
26		Hanson, Pono	Portland	12.60	12.16
27		Streed, Connor	Warner Pacific	12.20	12.32
28		Dean, Xavier	Portland State	12.50	12.50
29		Banuelos, Fidel	Unattached	11.90	12.71
30		Yim, Kyle	Portland	12.80	13.47
--		Gobel, Joseph	Unattached	11.14	DQ

Men 200 Meter Dash

=====

Meet Record: * 22.22 5/2/2008 Trevor Rollinger, Portland State
 Stadium: # 22.22 5/2/2008 Trevor Rollinger, Portland State
 Pacific: + 21.32 1976 Mark Burt, Bill Penny

Name	Year School	Seed	Finals	W
1 Stubbs, Chris	Lane CC	21.88	21.52#	-
2 Washington, Nate	Clark College	22.20	21.97#	-
3 Keller, Wesley	Clackamas CC	22.46	22.09#	-
4 Walker, Dominick	Clackamas CC	23.34	22.37	+
5 Gobel, Joseph	Unattached	22.33	22.54	-
6 Harper, Bryan	Lane CC	22.54	22.58	
7 Tilley, Alex	Western Washingt	22.48	22.84	
8 Norman, Taylor	Lane CC	22.90	22.87	+
9 Moore, Ethan	Clackamas CC	23.13	22.95	+
10 Newsom, Derek	Portland State	22.65	23.03	
11 Nollan, Robby	Clackamas CC	22.83	23.09	
12 Florence, Alex	Pacific (Ore.)	23.60	23.19	-
13 Trubachik, Nick	Portland State	22.70	23.28	
14 Fisher, Curtis	Warner Pacific	23.18	23.35	+
15 Holliday, Brandon	Unattached	22.50	23.40	
16 Lindstrom, Travis	Mt. Hood CC	23.56	23.43	-
17 Julian, Matt	Lane CC	23.48	23.49	-
18 Christianson, Austin	Lane CC	23.47	23.65	+
19 Hart, Jeff	Unattached	23.94	23.82	
20 Kramer, Kody	Pacific (Ore.)	23.00	24.03	+
21 Garcia, Ryan	Pacific (Ore.)	24.20	24.10	
22 Lair, Josh	Clackamas CC	23.71	24.16	-
23 Bradley, Benjamin	Cascade College	24.09	24.20	
24 Bicknell, Aaron	Cascade College	24.54	24.35	
25 Hanson, Pono	Portland	25.00	24.39	
26 Johnson, Michael	Unattached	24.64	24.60	
27 Petty, Steven	Cascade College	24.38	24.76	
28 Spencer, Brandon	Warner Pacific	25.29	24.77	
29 Sauvain, Travis	Portland State	23.60	25.07	-
30 Dean, Xavier	Portland State	23.00	25.28	+
31 Pirkkl, Drew	Clark College	24.62	25.67	
32 merrell, tad	Unattached	27.30	25.72	
33 Estes, Mike	Central Oregon C	27.41	26.98	
34 Yim, Kyle	Portland	26.00	27.16	
35 Stevens, James	Unattached	28.54	28.77	

Men 400 Meter Dash

Meet Record: * 48.86 5/2/2008 Trevor Rollinger, Portland State
 Stadium: # 48.86 5/2/2008 Trevor Rollinger, Portland State

Pacific: + 48.46 1969

Jessie Hampton

Name	Year	School	Seed	Finals	H
1 Harper, Bryan		Lane CC	48.95	48.98	
2 McLaughlin, James		University of Al	48.90	49.45	
3 Strum, Mat		Linfield	50.09	50.05	
4 Ward, Mitch		Northwest Nazare	50.34	50.21	
5 Sutton, Levi		University of Al	50.44	50.45	
6 Smith, Matt		Clark College	50.00	50.53	
7 Grant, Brandon		University of Al	49.37	50.56	
8 O'Connell, Matt		Western Washingt	50.54	50.85	
9 Barrett, Ryan		Clark College	48.26	50.86	
10 Romey, Matt		Mt. Hood CC	49.42	51.00	
11 David, Toby		Western Washingt	50.98	51.30	
12 Smith, Nick		Clark College	50.00	51.32	
13 Hope, Nathan		Mt. Hood CC	49.74	51.56	
14 Hill, Dan		Northwest Nazare	49.98	51.66	
15 Garcia, Ryan		Pacific (Ore.)	52.25	52.82	
16 Smerke, Chris		Cascade College	51.00	52.93	
17 Lindstrom, Travis		Mt. Hood CC	51.17	53.16	
18 Bradley, Benjamin		Cascade College	51.66	53.83	
19 Spencer, Brandon		Warner Pacific	57.58	53.99	
20 Mendoza, Adam		Cascade College	51.80	54.80	
21 Wall, Brett		Mt. Hood CC	53.85	54.89	
22 merrell, tad		Unattached	55.67	55.37	
23 Pirkkl, Drew		Clark College	54.86	55.41	
24 Smith, Jesse		Lane CC	52.74	55.42	
25 Benton, Andrew		Central Oregon C	57.09	55.79	
26 Frischman, Beau		Mt. Hood CC	55.93	56.03	
27 Lopez, Robert		Warner Pacific	54.10	57.63	
28 Horn, TJ		Everett CC	1:01.06	1:00.72	
29 Lawrence, Justin		Everett CC	1:02.66	1:02.84	
30 Stevens, James		Unattached	1:04.00	1:06.03	

Men 800 Meter Run

Meet Record: * 1:51.41 5/2/2008 Paul Michel, Bowerman Athleti
 Stadium: # 1:51.41 5/2/2008 Paul Michel, Bowerman TC
 Pacific: + 1:49.66 1976 Patrick McKeethen

Name	Year	School	Seed	Finals
1 Palmer, Trevor		Team Rock Star	1:52.47	1:53.47

2	Cisneros, Cordero	Concordia (Ore.)	1:53.46	1:53.72
3	Crisofulli, Tony	Portland State	1:54.04	1:54.92
4	Holmes, Brookman	Portland State	1:53.33	1:57.69
5	Lockard, Curt	Warner Pacific	1:55.65	1:58.18
6	Broom, Anthony	UO Running Club	1:55.67	2:00.36
7	Cheslik, Josiah	Everett CC	2:02.58	2:01.16
8	Coats, Eric	Pacific (Ore.)	1:58.00	2:01.43
9	Wahlenmaier, Jacob	Everett CC	1:59.92	2:01.67
10	Ishenin, Slavic	Mt. Hood CC	2:01.12	2:02.21
11	Graves, Jonathan	Warner Pacific	1:58.69	2:02.41
12	Coleman, Sean	Portland State	2:00.00	2:02.49
13	Neal, Avery	Pacific (Ore.)	1:58.00	2:02.66
14	Thomas, Sean	Portland	2:00.50	2:02.85
15	Trowbridge, Seth	Everett CC	1:59.55	2:02.90
16	Burrus, Josh	Concordia (Ore.)	1:59.84	2:04.35
17	Loewen, Josh	Clark College	2:05.33	2:05.11
18	Urias, Emmanuel	SW Oregon CC	2:09.04	2:06.08
19	Rowland, Zack	Central Oregon C	2:09.11	2:07.01
20	Maile, David	Pacific (Ore.)	2:06.00	2:07.22
21	Fisher, Jake	Cascade College	2:06.00	2:08.91
22	Schmidt, Andrew	Cascade College	2:05.00	2:13.21
23	Benton, Andrew	Central Oregon C	2:08.60	2:19.65

Men 1500 Meter Run

=====

Meet Record: * 3:55.97 5/2/2008 Ian Batch, Willamette
 Stadium: # 3:55.57 4/24/2009 Leo Castillo, Willamette
 Pacific: + 3:51.80 1976 Dave Nees

Name	Year	School	Seed	Finals	
1		Cheseto, Marko	University of Al	3:51.52	3:52.68#
2		Tomsich, Tony	Western Washingt	3:50.44	3:54.47#
3		Kangogo, Alfred	University of Al	3:50.15	3:56.81
4		Brown, Jessy	Concordia (Ore.)	3:55.46	4:00.44
5		Pena, Cory	University of Al	3:51.87	4:03.91
6		Burck, Eric	Concordia (Ore.)	3:56.00	4:04.54
7		Kebbe, Mike	Beaverton RC	3:57.07	4:06.32
8		Churchill, Joe	Lane CC	4:01.00	4:09.25
9		Rottich, Paul	University of Al	3:56.26	4:09.98
10		Fenley, Lukas	Lane CC	4:01.00	4:10.02
11		Quackenbush, Mike	Portland	4:04.00	4:10.10
12		Burrus, Josh	Concordia (Ore.)	4:12.28	4:13.85

=====

13	Holmes, Brookman	Portland State	3:55.26	4:15.65
14	Cobb, Bryan	Unattached	4:08.14	4:16.94
15	Gillem, John	Pacific (Ore.)	4:14.00	4:19.81
16	Ishenin, Slavic	Mt. Hood CC	4:09.15	4:21.63
17	Schmidt, Andrew	Cascade College	4:20.00	4:23.67
18	Cassell, Allen	George Fox	4:28.00	4:24.44
19	Eberhardt, Cameron	George Fox	4:22.60	4:24.83
20	Fisher, Jake	Cascade College	4:24.00	4:26.65
21	Fink, Dennis	Warner Pacific	4:44.12	4:27.77
22	Bjella, Keith	Portland State	4:05.70	4:29.00
23	Lane, Ryan	George Fox	4:18.00	4:29.04
24	Cushman, John	Pacific (Ore.)	4:23.00	4:29.31
25	Jordan, Brandon	Lane CC	4:23.00	4:33.14
26	Rowland, Zack	Central Oregon C	4:33.88	4:39.11
27	Lopez, Robert	Warner Pacific	4:33.11	4:47.51
28	Davis, Marcus	Warner Pacific	4:54.02	4:56.21
29	Dingman, Cory	Pacific (Ore.)	4:56.00	5:07.74
--	Matson, Jeffrey	Bowerman Athleti	4:02.00	DNF
--	Baghdadi, Hossein	Bowerman Athleti	3:59.70	DNF

Men 5000 Meter Run

=====
Meet Record: * 15:03.01 5/2/2008 Harrison Wilson, Linfield
Stadium: # 15:03.01 5/2/2008 Harrison Wilson, Linfield
Pacific: + 14:36.80 1976 Roger Hansen

Name	Year	School	Seed	Finals	
1		Mitchell, Greg	Unattached	15:10.00	14:51.13#
2		Khalif, Hassan	Unattached	15:19.00	15:01.39#
3		Bauman, Ahrlin	Bowerman Athleti	14:59.80	15:02.79#
4		Marks, Dave	Unattached	15:15.00	15:07.68
5		Urbanski, Matthew	East County	15:25.00	15:14.06
6		McChesney, Jesse	East County	15:22.95	15:19.53
7		Gonzalez, Danny	Bowerman A.C.	15:23.00	15:21.65
8		Kiprotich Tarus, Wesley	Portland	15:22.00	15:29.94
9		Stevens, Travis	Lane CC	15:30.48	15:33.19
10		bauman, oscar	Eastside Track C	15:39.26	15:35.27
11		Lee, Johnson	Portland	15:19.00	15:39.87
12		Olberding, Scott	Portland	16:20.00	15:56.09
13		Puckett, Jerrod	Portland State	15:45.00	15:57.92
14		Henderson, Eric	Portland State	15:27.00	16:00.31
15		Cisneros, Cordero	Concordia (Ore.)	15:30.00	16:00.99

16	Wahlenmaier, Jacob	Everett CC	16:23.18	16:09.50
17	Jones, Alex	Lane CC	16:11.84	16:10.72
18	Grever, Chris	Concordia (Ore.)	15:32.00	16:15.43
19	Wagner, Andy	Everett CC	16:29.85	16:16.44
20	Wageman, Josh	Northwest Nazare	15:51.00	16:21.80
21	Correll, Luke	Clackamas CC	16:07.73	16:48.73
22	Trowbridge, Seth	Everett CC	17:45.21	17:06.38
23	Gongora, Gilmer	Mt. Hood CC	16:54.33	17:08.95
24	Owen, Kurtis	Unattached	18:20.00	17:34.04
25	Davis, Marcus	Warner Pacific	17:45.44	17:58.22
26	LaFlamme, Alexander	Cascade College	16:30.00	17:58.27
--	Nilsen, Tyler	Everett CC	15:51.77	DNF

Men 110 Meter Hurdles

=====

Meet Record: * 14.78 5/2/2008 Peter Jason Tait, Portland State
 Stadium: # 14.78 5/2/2008 Peter Jason Tait, Portland State
 Pacific: + 14.58 1974 John Boyd

Name	Year	School	Seed	Finals	W	
1		Tait, Peter Jason	Portland State	14.63	15.02	-
2		Ward, Shaun	University of Al	15.02	15.17	-
3		Beatty, Dallas	Northwest Nazare	15.20	15.28	-
4		Wilson, Chris	Concordia (Ore.)	15.23	15.30	-
5		Walker, Dominick	Clackamas CC	15.65	15.34	
6		Howelton, Brian	Mt. Hood CC	15.90	15.40	
7		Eldredge, Mike	Linfield	15.65	15.61	
8		Olstedt, Dennis	Lane CC	15.38	15.66	-
9		Gilpin, Nathan	Pacific (Ore.)	16.05	15.70	
10		Miller, Shawn	Warner Pacific	16.37	16.01	
10		Trubachik, Nick	Portland State	15.47	16.01	-
10		Wargo, Ben	Western Washingt	15.50	16.01	-
13		Arnold, Richard	Lane CC	15.95	16.06	
14		Smith, Justin	SW Oregon CC	16.38	16.13	
15		Berhe, Dayvion	SW Oregon CC	16.70	16.26	
16		Lassiter, Kegan	Northwest Nazare	15.41	16.45	-
17		Bellefeuille, Jed	Clackamas CC	17.36	16.66	
18		Kinney, Kenneth	Unattached	16.59	16.91	
19		Sauvain, Travis	Portland State	17.00	17.40	
20		White, Travis	Pacific (Ore.)	18.00	18.47	

Men 400 Meter Hurdles

=====
 Meet Record: * 53.47 5/2/2008 Curtis Parrish, Concordia (Ore.)
 Stadium: # 53.47 5/2/2008 Curtis Parrish, Concordia (Ore.)
 Pacific: + 53.29 2004 Lucas Setere

Name	Year	School	Seed	Finals	H
1 Beatty, Dallas		Northwest Nazare	54.62	53.52	
2 Myhre, Kevin		Western Washingt	55.24	54.70	
3 Wargo, Ben		Western Washingt	55.07	55.24	
4 Olstedt, Dennis		Lane CC	55.50	55.43	
5 Villanueva, Phil		Western Washingt	55.23	55.62	
5 Hanson, Mark		Northwest Nazare	55.26	55.62	
7 Kinney, Kenneth		Unattached	57.40	56.91	
8 Howelton, Brian		Mt. Hood CC	57.56	57.50	
9 Grewe, Josh		Northwest Nazare	57.59	57.62	
10 Arnold, Richard		Lane CC	58.00	58.29	
11 Gilpin, Nathan		Pacific (Ore.)	1:02.00	58.42	
12 Miller, Shawn		Warner Pacific	57.53	58.68	
13 Anderson, David		Corban	57.09	58.76	
14 Berhe, Dayvion		SW Oregon CC	58.47	59.48	
15 Johnson, Michael		Unattached	58.81	1:00.31	
16 Bellefeuille, Jed		Clackamas CC	58.38	1:00.36	
17 Hope, Nathan		Mt. Hood CC	58.99	1:01.69	
18 White, Travis		Pacific (Ore.)	1:05.00	1:04.21	
19 Pinkstaff, Brian		Portland State	1:02.00	1:04.64	
20 Fink, Dennis		Warner Pacific	1:03.55	1:05.51	

Men 3000 Meter Steeplechase

=====
 Meet Record: * 9:35.26 5/2/2008 Nate Endicott, Portland State
 Stadium: # 9:32.33 4/24/2009 Chris Platano, Willamette
 Pacific: + 8:57.40 1976 Tom Cason

Name	Year	School	Seed	Finals
1 Kiplagat, David		University of Al	9:01.76	9:29.09#
2 Axel, David		Unattached	9:11.40	9:32.48*
3 Elias, Mitchell		Everett CC	9:54.18	9:57.80
4 Lawrence, John		Portland State	9:31.00	10:02.60
5 Goman, Charlie		Portland State	10:07.04	10:07.25
6 Gongora, Gilmer		Mt. Hood CC	10:20.28	10:16.92
7 Correll, Jared		Clackamas CC	10:23.58	10:20.08
8 Lewis, Grant		Clackamas CC	10:26.57	10:43.66

Stadium: # 3:20.48 4/24/2009 Linfield College, Linfield
 C Parrish, J Lovell, J Lovell, M Strum
 Pacific: + 3:18.39 1976
 McKeethen, Burt, Singer, Penny

School	Seed	Finals
1 Western Washington 'A'	3:22.87	3:21.00*
2 Northwest Nazarene 'A'	3:16.84	3:21.72
3 Warner Pacific 'A'		3:29.04
4 SW Oregon CC 'A'	3:36.27	3:34.44
1) Akers, Tyrell	2) Ragland, Chris	
3) Sanders, Steven	4) Wayrynen, Willie	
5 Cascade College 'A'	3:40.00	3:42.85
1) Bradley, Benjamin	2) Fisher, Jake	
3) Schmidt, Andrew	4) Petty, Steven	
6 Central Oregon CC 'A'	3:53.61	3:47.33
1) Burris, Sam	2) Benton, Andrew	
3) Estes, Mike	4) Merrick, Shelby	

Men High Jump

Meet Record: * 2.03m 5/2/2008 Carson Bartlett, Pacific (Ore.)
 Stadium: # 2.03m 5/2/2008 Carson Bartlett, Pacific (Ore.)
 Pacific: + 2.03m 1993 LaClaire, Gordon, Bartlett

Name	Year School	Seed	Finals
1 Lampe, Jacob	Portland	1.93m	1.90m
2 Leman, Tyler	SW Oregon CC	1.88m	1.85m
3 Dennis, Stephen	ECEP	1.86m	J1.85m
4 Moore, Ethan	Clackamas CC	1.85m	J1.85m
5 Scheetz, Daniel	Concordia (Ore.)	1.83m	1.80m
6 Orr, Dustin	Unattached	1.82m	J1.80m
7 Baertlein, Andrew	Clackamas CC	1.78m	1.75m
-- McKenzie, Sam	George Fox	1.96m	FAIL
-- Ojala, Markus	Clackamas CC	1.83m	FAIL

Men Pole Vault

Meet Record: * 4.88m 5/2/2008 samuel sampson, Unattached
 Stadium: # 4.88m 5/2/2008 Samuel Sampson
 Pacific: + 4.72m 1976 Steve Puckett

Name	Year School	Seed	Finals
------	-------------	------	--------

1	Fegles, robby	Unattached	5.06m	4.75m
2	Elliott, Scott	Lane CC	4.75m	4.60m
3	Pruitt, Garrett	Lane CC	4.70m	J4.60m
4	Vaughn, KC	Mt. Hood CC	4.41m	4.45m
5	Lindquist, Seth	Lane CC	4.49m	4.30m
6	Hoza, Nic	Western Washingt	4.45m	4.15m
6	Woodard, Hayden	Western Washingt	4.45m	4.15m
6	Shea, Ben	Northwest Nazare	4.49m	4.15m
9	Trubachik, Nick	Portland State	4.37m	J4.15m
10	Moore, Cody	Warner Pacific	4.15m	4.00m
11	Fredericks, John	Pacific (Ore.)	4.15m	J4.00m
12	Rudelistch, Jessie	Central Oregon C	4.20m	J4.00m
13	Ericksen, Alex	Unattached	4.20m	3.80m
13	Yaden, Jon	Warner Pacific	3.96m	3.80m
15	Lair, Josh	Clackamas CC	3.95m	3.65m
16	Neal, Avery	Pacific (Ore.)	3.05m	3.35m
17	Fennimore, Patrick	Concordia (Ore.)		J3.35m
--	Sneed, Andrew	Northwest Nazare	4.15m	NH
--	Burris, Sam	Central Oregon C	1.00m	NH
--	Tom, Sorenson	Central Oregon C	4.11m	NH
--	Ellingson, Kevin	Unattached	4.26m	NH
--	Helland, Samuel	Unattached	4.57m	NH
--	Schafer, Luke	Northwest Nazare	4.43m	NH
--	Streed, Connor	Warner Pacific	4.41m	NH

Men Long Jump

Top 8 Advance by Time

Meet Record: * 6.73m 5/2/2008 Jake Weber, George Fox
 Stadium: # 6.83m 4/24/2009 Dakarai Kongela, George Fox
 Pacific: + 7.26m 1976 Mark Burt

Name	Year	School	Seed	Prelims	W
------	------	--------	------	---------	---

Preliminaries

1	Fisher, Curtis	Warner Pacific	6.95m	# 6.92mq	
2	Gruger, Shane	Western Washingt	6.85m	# 6.90mq	
3	Preston, Demetrius	University of Al	6.80m	# 6.85mq	-
4	Newsom, Derek	Portland State	6.82m	6.71mq	+
5	Lovell, Josh	Linfield	6.93m	6.66mq	
6	Davis, Trent	Lane CC	7.01m	6.62mq	-
7	Hansen, James	Clark College	6.83m	6.60mq	

8	Lovell, Jeremy	Linfield	6.97m	6.50mq	+
9	ford, terrick	Unattached	7.31m	6.39m	+
10	Lindquist, Seth	Lane CC	6.43m	6.24m	+
11	Hamilton, Cameron	Warner Pacific	6.12m	6.23m	
12	Faber, Brandon	Mt. Hood CC	6.00m	6.08m	+
13	Hanson, Mark	Northwest Nazare	6.45m	6.00m	+
14	Howelton, Brian	Mt. Hood CC	5.33m	5.93m	-
15	Lehman, Jacob	Portland State	6.21m	5.79m	
16	Davis, Kendrick	Lane CC	5.77m	5.70m	
17	Gannon, Justin	SW Oregon CC	5.57m	5.61m	
18	Sauvain, Travis	Portland State	5.98m	5.55m	-
19	Frischman, Beau	Mt. Hood CC	4.93m	5.44m	
20	Bicknell, Aaron	Cascade College	5.46m	5.40m	-
21	Estes, Mike	Central Oregon C	5.58m	4.45m	-

Men Long Jump

=====
 Meet Record: * 6.73m 5/2/2008 Jake Weber, George Fox
 Stadium: # 6.83m 4/24/2009 Dakarai Kongela, George Fox
 Pacific: + 7.26m 1976 Mark Burt

Name	Year	School	Prelims	Finals	W
------	------	--------	---------	--------	---

=====
 Finals

1	Preston, Demetrius	University of Al	6.85m	7.43m#	
2	Fisher, Curtis	Warner Pacific	6.92m	6.92m#	
3	Gruger, Shane	Western Washingt	6.90m	6.90m#	
4	Newsom, Derek	Portland State	6.71m	6.75m*	
5	Lovell, Josh	Linfield	6.66m	6.66m	-
6	Davis, Trent	Lane CC	6.62m	6.62m	-
7	Hansen, James	Clark College	6.60m	6.60m	
8	Lovell, Jeremy	Linfield	6.50m	6.50m	+

Preliminaries

9	ford, terrick	Unattached	6.39m		+
10	Lindquist, Seth	Lane CC	6.24m		+
11	Hamilton, Cameron	Warner Pacific	6.23m		
12	Faber, Brandon	Mt. Hood CC	6.08m		+
13	Hanson, Mark	Northwest Nazare	6.00m		+
14	Howelton, Brian	Mt. Hood CC	5.93m		-
15	Lehman, Jacob	Portland State	5.79m		
16	Davis, Kendrick	Lane CC	5.70m		
17	Gannon, Justin	SW Oregon CC	5.61m		
18	Sauvain, Travis	Portland State	5.55m		-

19 Frischman, Beau	Mt. Hood CC	5.44m	
20 Bicknell, Aaron	Cascade College	5.40m	-
21 Estes, Mike	Central Oregon C	4.45m	-

Men Triple Jump

=====
Top 8 Advance by Time

Meet Record: * 14.12m 5/2/2008 DeAndre Burton, Concordia (Ore.)
Stadium: # 14.12m 5/2/2008 DeAndre Burton, Concordia (Ore.)
Pacific: + 15.20m 1979 Randy Jones

Name	Year	School	Seed	Prelims	W
1 Davis, Will		Western Washingt	14.10m	13.66mq	-
2 Marshall, Stephen		Concordia (Ore.)	14.38m	13.61mq	
3 Satterwhite, Tim		Western Washingt	13.87m	13.49mq	-
4 Burton, DeAndre		Concordia (Ore.)	14.45m	12.95mq	
5 Gannon, Justin		SW Oregon CC	12.75m	12.94mq	
6 Moore, Ethan		Clackamas CC	12.88m	12.73mq	
7 Hansen, James		Clark College	13.36m	12.66mq	
8 Davis, Trent		Lane CC	13.56m	12.60mq	
9 Davis, Kendrick		Lane CC	12.71m	12.58m	
10 Evans, Cory		Unattached	12.89m	12.49m	
-- Howelton, Brian		Mt. Hood CC	12.39m	FOUL	
-- Leman, Tyler		SW Oregon CC	12.40m	FOUL	
-- Baertlein, Andrew		Clackamas CC	11.83m	FOUL	

Men Triple Jump

=====
Meet Record: * 14.12m 5/2/2008 DeAndre Burton, Concordia (Ore.)
Stadium: # 14.12m 5/2/2008 DeAndre Burton, Concordia (Ore.)
Pacific: + 15.20m 1979 Randy Jones

Name	Year	School	Prelims	Finals	W
------	------	--------	---------	--------	---

=====
Finals

1 Davis, Will		Western Washingt	13.66m	14.08m	
2 Marshall, Stephen		Concordia (Ore.)	13.61m	13.61m	
3 Satterwhite, Tim		Western Washingt	13.49m	13.59m	
4 Gannon, Justin		SW Oregon CC	12.94m	13.01m	
5 Burton, DeAndre		Concordia (Ore.)	12.95m	12.95m	
6 Davis, Trent		Lane CC	12.60m	12.88m	
7 Moore, Ethan		Clackamas CC	12.73m	12.73m	
8 Hansen, James		Clark College	12.66m	12.66m	

Preliminaries

9	Davis, Kendrick	Lane CC	12.58m
10	Evans, Cory	Unattached	12.49m
--	Howelton, Brian	Mt. Hood CC	FOUL
--	Leman, Tyler	SW Oregon CC	FOUL
--	Baertlein, Andrew	Clackamas CC	FOUL

Men Shot Put

=====
 Top 8 Advance by Time

Meet Record: * 15.66m 5/2/2008 Leon Carl, Concordia (Ore.)
 Stadium: # 16.71m 4/24/2009 Jeff Kintner, Whitworth
 Pacific: + 16.21m 1969 Rick Hill

Name	Year	School	Seed	Prelims	
1		Carl, Leon	Concordia (Ore.)	15.48m	15.10mq
2		Miller, Grant	Northwest Nazare	15.39m	15.06mq
3		Fischer, Tyler	Central Washingt	15.33m	14.89mq
4		Velasquez, Jr.	Mt. Hood CC	14.96m	14.85mq
5		Middleton, Alverno	Puget Sound	15.26m	14.67mq
5		Barclay, Zach	Northwest Nazare	14.46m	14.67mq
7		lantz, anthony	Unattached	14.05m	14.37mq
8		Perry, Max	Lane CC	13.96m	13.92mq
9		Fenters, Jordan	Northwest Nazare	13.63m	13.71m
10		Oliva, Matt	Concordia (Ore.)	13.55m	13.68m
11		Elder, Ben	Western Washingt	14.39m	13.63m
12		Bellitt, Chris	Lane CC	13.97m	13.49m
13		Crews, Arthur	Unattached	12.86m	13.17m
14		weidemann, kevin	Unattached	13.80m	13.05m
15		Estrada, Diego	Northwest Nazare	12.30m	13.04m
16		Furgason, Derek	Concordia (Ore.)	13.90m	12.93m
17		Rockenbach, Jaret	Portland State	14.19m	12.83m
18		Rencehausen, Ryan	University of Al	13.00m	12.39m
19		Haase, Nick	Portland State	13.03m	12.31m
20		Culp, Ryan	Pacific (Ore.)	12.39m	12.00m
21		Chau, Bryan	Clark College	12.83m	11.89m
22		Pike, Luke	Clackamas CC	11.99m	11.71m
23		Rauschert, Cory	Lane CC	12.31m	11.45m
24		Carnahan, Ben	SW Oregon CC	11.57m	11.21m
25		Thies, Zach	SW Oregon CC	11.25m	11.12m
26		Weber, Adrian	Mt. Hood CC	11.49m	10.93m
27		Reese, Howard	SW Oregon CC	9.42m	10.56m

28 McNutt, Brett	Mt. Hood CC	9.35m	10.28m
29 Bates, Aaron	Clackamas CC	10.59m	9.77m
-- Busek, Murphy	Pacific (Ore.)	13.38m	FOUL

Men Shot Put

=====

Meet Record: * 15.66m 5/2/2008 Leon Carl, Concordia (Ore.)
 Stadium: # 16.71m 4/24/2009 Jeff Kintner, Whitworth
 Pacific: + 16.21m 1969 Rick Hill

Name	Year School	Prelims	Finals
------	-------------	---------	--------

=====

Finals

1 Middleton, Alverno	Puget Sound	14.67m	15.62m
2 Miller, Grant	Northwest Nazare	15.06m	15.43m
3 Fischer, Tyler	Central Washingt	14.89m	15.28m
4 Velasquez, Jr.	Mt. Hood CC	14.85m	15.12m
5 Carl, Leon	Concordia (Ore.)	15.10m	15.10m
6 Barclay, Zach	Northwest Nazare	14.67m	14.83m
7 lantz, anthony	Unattached	14.37m	14.37m
8 Perry, Max	Lane CC	13.92m	13.92m

Preliminaries

9 Fenters, Jordan	Northwest Nazare	13.71m
10 Oliva, Matt	Concordia (Ore.)	13.68m
11 Elder, Ben	Western Washingt	13.63m
12 Bellitt, Chris	Lane CC	13.49m
13 Crews, Arthur	Unattached	13.17m
14 weidemann, kevin	Unattached	13.05m
15 Estrada, Diego	Northwest Nazare	13.04m
16 Furgason, Derek	Concordia (Ore.)	12.93m
17 Rockenbach, Jaret	Portland State	12.83m
18 Rencehausen, Ryan	University of Al	12.39m
19 Haase, Nick	Portland State	12.31m
20 Culp, Ryan	Pacific (Ore.)	12.00m
21 Chau, Bryan	Clark College	11.89m
22 Pike, Luke	Clackamas CC	11.71m
23 Rauschert, Cory	Lane CC	11.45m
24 Carnahan, Ben	SW Oregon CC	11.21m
25 Thies, Zach	SW Oregon CC	11.12m
26 Weber, Adrian	Mt. Hood CC	10.93m
27 Reese, Howard	SW Oregon CC	10.56m
28 McNutt, Brett	Mt. Hood CC	10.28m
29 Bates, Aaron	Clackamas CC	9.77m

-- Busek, Murphy Pacific (Ore.) FOUL

Men Discus Throw

=====
Top 8 Advance by Time

Meet Record: * 51.49m 5/2/2008 Matt Artau, Concordia (Ore.)

Stadium: # 46.52m 4/24/2009 Ron Whitley, Whitworth

Pacific: + 45.64m 1977 Jay Child

Name	Year	School	Seed	Prelims
1 Fischer, Tyler		Central Washingt	49.15m	# 47.67mq
2 Moore, Clint		Linfield	46.22m	# 46.77mq
3 Miller, Grant		Northwest Nazare	47.19m	45.42mq
4 Carl, Leon		Concordia (Ore.)	46.20m	44.93mq
5 Furgason, Derek		Concordia (Ore.)	44.21m	43.92mq
6 Elder, Ben		Western Washingt	47.64m	42.82mq
7 Oliva, Matt		Concordia (Ore.)	45.54m	42.78mq
8 Cunningham, Donovan		Western Washingt	48.10m	41.72mq
9 Lindgren, Tyler		Lane CC	40.86m	41.12m
10 Trubachik, Nick		Portland State	36.86m	40.97m
11 Haase, Nick		Portland State	41.71m	39.98m
12 Velasquez, Jr.		Mt. Hood CC	40.62m	39.72m
13 Bellitt, Chris		Lane CC	45.29m	39.66m
14 Culp, Ryan		Pacific (Ore.)	40.12m	38.19m
15 Rockenbach, Jaret		Portland State	40.56m	37.65m
16 Busek, Murphy		Pacific (Ore.)	37.65m	36.72m
17 McNutt, Brett		Mt. Hood CC	30.57m	35.59m
18 Weber, Adrian		Mt. Hood CC	37.00m	35.35m
19 Pike, Luke		Clackamas CC	35.55m	34.58m
20 Sauvain, Travis		Portland State	34.00m	33.23m
21 Kowalko, Caleb		Warner Pacific	32.58m	30.68m
22 Thies, Zach		SW Oregon CC	33.24m	30.48m
23 Carnahan, Ben		SW Oregon CC	30.89m	30.24m
24 Chau, Bryan		Clark College	36.50m	29.47m
25 Mastin, Zeke		SW Oregon CC	28.99m	28.11m
26 Keller, Braden		Clackamas CC	30.33m	27.80m
27 Reese, Howard		SW Oregon CC	24.55m	25.88m
-- Perry, Max		Lane CC	38.68m	FOUL
-- Bates, Aaron		Clackamas CC	27.83m	FOUL
-- Gilpin, Nathan		Pacific (Ore.)	25.00m	FOUL

Men Discus Throw

=====
 Meet Record: * 51.49m 5/2/2008 Matt Artau, Concordia (Ore.)
 Stadium: # 46.52m 4/24/2009 Ron Whitley, Whitworth
 Pacific: + 45.64m 1977 Jay Child

Name Year School Prelims Finals

=====
 Finals

1	Fischer, Tyler	Central Washingt	47.67m	49.46m#
2	Moore, Clint	Linfield	46.77m	46.77m#
3	Carl, Leon	Concordia (Ore.)	44.93m	45.68m
4	Miller, Grant	Northwest Nazare	45.42m	45.62m
5	Cunningham, Donovan	Western Washingt	41.72m	45.56m
6	Furgason, Derek	Concordia (Ore.)	43.92m	45.55m
7	Elder, Ben	Western Washingt	42.82m	44.99m
8	Oliva, Matt	Concordia (Ore.)	42.78m	43.81m

Preliminaries

9	Lindgren, Tyler	Lane CC	41.12m	
10	Trubachik, Nick	Portland State	40.97m	
11	Haase, Nick	Portland State	39.98m	
12	Velasquez, Jr.	Mt. Hood CC	39.72m	
13	Bellitt, Chris	Lane CC	39.66m	
14	Culp, Ryan	Pacific (Ore.)	38.19m	
15	Rockenbach, Jaret	Portland State	37.65m	
16	Busek, Murphy	Pacific (Ore.)	36.72m	
17	McNutt, Brett	Mt. Hood CC	35.59m	
18	Weber, Adrian	Mt. Hood CC	35.35m	
19	Pike, Luke	Clackamas CC	34.58m	
20	Sauvain, Travis	Portland State	33.23m	
21	Kowalko, Caleb	Warner Pacific	30.68m	
22	Thies, Zach	SW Oregon CC	30.48m	
23	Carnahan, Ben	SW Oregon CC	30.24m	
24	Chau, Bryan	Clark College	29.47m	
25	Mastin, Zeke	SW Oregon CC	28.11m	
26	Keller, Braden	Clackamas CC	27.80m	
27	Reese, Howard	SW Oregon CC	25.88m	
--	Perry, Max	Lane CC	FOUL	
--	Bates, Aaron	Clackamas CC	FOUL	
--	Gilpin, Nathan	Pacific (Ore.)	FOUL	

Men Hammer Throw

=====
 Top 8 Advance by Time

Meet Record: * 53.44m 5/2/2008 Tyler Lindgren, Lane CC
 Stadium: # 56.23m 4/24/2009 Jacob Monroe, Willamette
 Pacific: + 46.36m 1977 Jay Child

Name	Year	School	Seed	Prelims
1 Schultz, Greg		Concordia (Ore.)	63.29m	# 56.44mq
2 Lindgren, Tyler		Lane CC	57.00m	* 53.64mq
3 Fischer, Tyler		Central Washingt	56.60m	52.99mq
4 Johnson, Bo		Unattached	51.74m	51.01mq
5 Barclay, Zach		Northwest Nazare	53.24m	50.56mq
6 Wright, Michael		Concordia (Ore.)	47.82m	49.96mq
7 Bailey, Greg		Puget Sound	55.17m	49.72mq
8 Webster, Matthew		Concordia (Ore.)	44.29m	47.88mq
9 Miller, Grant		Northwest Nazare	52.21m	47.15m
10 Ostler, Mychal		Central Washingt	54.46m	46.73m
11 Pike, Luke		Clackamas CC	48.66m	46.43m
12 Fenters, Jordan		Northwest Nazare	46.29m	44.90m
13 Middleton, Alverno		Puget Sound	47.92m	44.77m
14 lantz, anthony		Unattached	46.20m	43.64m
15 Crews, Arthur		Unattached	50.58m	43.33m
16 Bates, Aaron		Clackamas CC	40.99m	41.14m
17 Rauschert, Cory		Lane CC	37.65m	39.59m
18 Oliva, Matt		Concordia (Ore.)	38.17m	38.66m
19 Haase, Nick		Portland State	39.00m	38.50m
20 Furgason, Derek		Concordia (Ore.)	36.57m	37.15m
21 Eaton, Alex		Northwest Nazare	41.37m	36.94m
22 weidemann, kevin		Unattached	39.43m	36.91m
23 Velasquez, Jr.		Mt. Hood CC	36.45m	36.36m
24 Keller, Braden		Clackamas CC	38.99m	36.22m
25 Kee, Tatsuya		Clark College	28.47m	26.88m
-- Busek, Murphy		Pacific (Ore.)	37.35m	FOUL

Men Hammer Throw

Meet Record: * 53.44m 5/2/2008 Tyler Lindgren, Lane CC
 Stadium: # 56.23m 4/24/2009 Jacob Monroe, Willamette
 Pacific: + 46.36m 1977 Jay Child

Name	Year	School	Prelims	Finals
1 Schultz, Greg		Concordia (Ore.)	56.44m	56.44m#
2 Lindgren, Tyler		Lane CC	53.64m	53.64m*

Finals

3	Fischer, Tyler	Central Washingt	52.99m	52.99m
4	Johnson, Bo	Unattached	51.01m	51.46m
5	Bailey, Greg	Puget Sound	49.72m	50.76m
6	Barclay, Zach	Northwest Nazare	50.56m	50.56m
7	Wright, Michael	Concordia (Ore.)	49.96m	49.96m
8	Webster, Matthew	Concordia (Ore.)	47.88m	47.88m

Preliminaries

9	Miller, Grant	Northwest Nazare	47.15m	
10	Ostler, Mychal	Central Washingt	46.73m	
11	Pike, Luke	Clackamas CC	46.43m	
12	Fenters, Jordan	Northwest Nazare	44.90m	
13	Middleton, Alverno	Puget Sound	44.77m	
14	lantz, anthony	Unattached	43.64m	
15	Crews, Arthur	Unattached	43.33m	
16	Bates, Aaron	Clackamas CC	41.14m	
17	Rauschert, Cory	Lane CC	39.59m	
18	Oliva, Matt	Concordia (Ore.)	38.66m	
19	Haase, Nick	Portland State	38.50m	
20	Furgason, Derek	Concordia (Ore.)	37.15m	
21	Eaton, Alex	Northwest Nazare	36.94m	
22	weidemann, kevin	Unattached	36.91m	
23	Velasquez, Jr.	Mt. Hood CC	36.36m	
24	Keller, Braden	Clackamas CC	36.22m	
25	Kee, Tatsuya	Clark College	26.88m	
--	Busek, Murphy	Pacific (Ore.)	FOUL	

Men Javelin Throw

=====
Top 8 Advance by Time

Meet Record: * 65.52m 5/2/2008 Ryan Brandel, Unattached
Stadium: # 61.88m 4/24/2009 Grant Piros, Willamette
Pacific: + 58.37m 2007 Ross Bartlett

Name	Year	School	Seed	Prelims
------	------	--------	------	---------

1	Brandel, Ryan	Unattached	68.36m	# 65.04mq
2	Whalen, Eric	Concordia (Ore.)	62.50m	61.32mq
3	Heidegger, Josh	Northwest Nazare	63.32m	59.62mq
4	Morrill, Westin	Portland State	62.17m	58.28mq
5	Staub, Jesse	Concordia (Ore.)	58.77m	57.69mq
6	Gobel, Joseph	Unattached	52.66m	52.90mq
7	Guffy, Paul	SW Oregon CC	56.95m	52.22mq
8	Keller, Braden	Clackamas CC	57.78m	51.68mq

9	Gannon, Justin	SW Oregon CC	48.71m	50.60m
10	Kinney, Kenneth	Unattached	55.46m	50.39m
11	Nieman, Andrew	Portland State	56.00m	49.87m
12	Nelms, Kelsey	Clark College	50.75m	48.94m
13	Weber, Adrian	Mt. Hood CC	50.27m	48.65m
14	Harrison, Alex	Western Washingt	55.68m	48.35m
15	Hughes, Alex	Clark College	51.94m	47.61m
16	Wilhelmy, Steven	Western Washingt	53.38m	47.58m
17	Stonelake, Kyle	Pacific (Ore.)	49.07m	47.26m
18	Dekock, Ben	Western Washingt	54.86m	47.06m
19	Lovell, Josh	Linfield	53.98m	46.81m
20	Lovell, Jeremy	Linfield	52.52m	46.00m
21	Robinson, Kyle	Mt. Hood CC	57.96m	45.47m
22	Haase, Nick	Portland State	46.00m	44.36m
23	Fugere, Kyle	Clark College	49.76m	44.16m
24	Perry, Max	Lane CC	51.20m	41.71m
25	Mastin, Zeke	SW Oregon CC	39.74m	38.90m
26	Bolick, Randy	Pacific (Ore.)	39.84m	35.73m
27	Carnahan, Ben	SW Oregon CC	34.53m	34.99m
28	Estes, Mike	Central Oregon C	36.02m	33.80m
29	Merrick, Shelby	Central Oregon C	20.02m	24.70m
--	Vaughn, KC	Mt. Hood CC	46.43m	FOUL

Men Javelin Throw

=====

Meet Record: * 65.52m 5/2/2008 Ryan Brandel, Unattached
 Stadium: # 61.88m 4/24/2009 Grant Piros, Willamette
 Pacific: + 58.37m 2007 Ross Bartlett

Name	Year	School	Prelims	Finals
------	------	--------	---------	--------

=====

Finals

1	Brandel, Ryan	Unattached	65.04m	65.04m#
2	Whalen, Eric	Concordia (Ore.)	61.32m	61.32m
3	Heidegger, Josh	Northwest Nazare	59.62m	59.96m
4	Morrill, Westin	Portland State	58.28m	59.00m
5	Staub, Jesse	Concordia (Ore.)	57.69m	57.69m
6	Gobel, Joseph	Unattached	52.90m	54.76m
7	Guffy, Paul	SW Oregon CC	52.22m	52.22m
8	Keller, Braden	Clackamas CC	51.68m	51.68m

Preliminaries

9	Gannon, Justin	SW Oregon CC	50.60m
10	Kinney, Kenneth	Unattached	50.39m

11 Nieman, Andrew	Portland State	49.87m
12 Nelms, Kelsey	Clark College	48.94m
13 Weber, Adrian	Mt. Hood CC	48.65m
14 Harrison, Alex	Western Washingt	48.35m
15 Hughes, Alex	Clark College	47.61m
16 Wilhelmy, Steven	Western Washingt	47.58m
17 Stonelake, Kyle	Pacific (Ore.)	47.26m
18 Dekock, Ben	Western Washingt	47.06m
19 Lovell, Josh	Linfield	46.81m
20 Lovell, Jeremy	Linfield	46.00m
21 Robinson, Kyle	Mt. Hood CC	45.47m
22 Haase, Nick	Portland State	44.36m
23 Fugere, Kyle	Clark College	44.16m
24 Perry, Max	Lane CC	41.71m
25 Mastin, Zeke	SW Oregon CC	38.90m
26 Bolick, Randy	Pacific (Ore.)	35.73m
27 Carnahan, Ben	SW Oregon CC	34.99m
28 Estes, Mike	Central Oregon C	33.80m
29 Merrick, Shelby	Central Oregon C	24.70m
-- Vaughn, KC	Mt. Hood CC	FOUL

8 PM

=====

find H#

=====

0.8 1

0.8 1

0.8 1

0.8 1

0.8 1

0.8 1

2.3 2

2.3 2

0.8 1

0.8 1

2.3 2

2.3 2

2.3 2

2.3 2

1.7 3

1.7 3

1.7 3

=====

find H#

=====

0.9 1

0.9 1

0.9 1