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Central Washington University Men's Cross-Country Running Finishes

Central Washington University Athletics

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Cross Country District, Regional, Conference and National Finishes

Nationals

1970 6th, 282
1975 6th, 244
1976 10th, 377
1979 8th, 327
1980 5th, 247
1981 7th, 211
1982 11th, 360
1985 6th, 259
1986 12th, 385
1991 16th, 421
1996 23rd, 568

District

1963 inc.
1964 inc.
1965 inc.
1966 3rd, 62
1967 2nd, 72
1968 2nd, 46
1969 2nd, 42
1970 1st, 49
1971 1st, 54
1972 2nd, 73
1973 3rd, 70
1974 4th, 69
1975 1st, 24
1976 1st, 23
1977 5th, 114
1978 3rd, 82
1979 2nd, 33
1980 2nd, 38
1981 2nd, 56
1982 3rd, 68
1983 4th, 88
1984 3rd, 82
1985 2nd, 57
1986 1st, 43
1987 3rd, 79
1988 7th, 162
1989 6th, 142
1990 4th, 112
1991 2nd, 58
1992 5th, 128
1993 4th, 134

NAIA Regional

1994 5th, 138
1995 5th, 124

NCAA West Regional

1998 9th, 244

Conference

- 1967 1st, 31
- 1968 2nd, 54
- 1969 2nd, 42
- 1970 1st, 49
- 1971 1st, 54
- 1972 2nd, 73
- 1973 3rd, 70
- 1974 4th, 69
- 1975 1st, 24
- 1976 1st, 23
- 1994 5th, 110
- 1995 5th, 114
- 1996 2nd, 56
- 1997 3rd, 60

Head Coaches: Art Hutton (1963-70), Tom Lionville (1971-73), Spike Arlt (1974-88, 90-93), Gil Coleman (1989), Kevin Adkisson (1994-98) Note: Steve Gough (1974), Chris Baumgartner (1975) and Leon Leslie (1976) served as meet-day coaches while Arlt continued to also serve as assistant football coach. Baumgartner and Leslie were selected the District 1 Coach-of-the-Year. Arlt also won that award in 1979, 1985, 1986 and 1991. Conferences: Evergreen (1967-76), PNWAC (1994-97), PacWest (1998).

Note: PNWAC meet served as NAIA national qualifier in 1996 and 1997.

0	N	15-3, 15-12			
Sept. 16	2	Seattle Pacific	0	N	15-7, 15-5
Sept. 16	2	Western Oregon	1	N	10-15, 15-12, 15-12
Sept. 16	2	Puget Sound	1	N	10-15, 15-7, 15-10
Sept. 16	2	Whitworth	1	A	15-5, 9-15, 15-11
Sept.					

Men's Yearly CC Finishes/Coaches University Advancement