

4-4-2009

# JD Shotwell Invitational

Great Northwest Athletic Conference

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 JD Shotwell Invitational - 4/4/2009  
 University of Puget Sound  
 Baker Stadium, Tacoma,WA  
 Results

Women 100 Meter Dash

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=====
Stadium: # 12.06 4/17/1999 Christine Axley, PLU
Meet: * 12.06 4/17/1999 Christine Axley, PLU
AUTO II: 11.65
AUTO III: 12.00
PROVO II: 12.10
PROVO III: 12.12
NWC: 13.61
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=====
Name Year School Finals Wind H# Po
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Finals

Name	Year	School	Finals	Wind	H#	Po
1 James, Chanel		Unattached	X12.22	0.7	1	
2 Sims, Catherine		Mt. Hood	12.64	0.7	1	1
3 Sims, Crystal		Mt. Hood	12.71	-0.3	2	
4 Arceneaux, Lokia		Pacific Lutheran	12.78	0.7	1	
5 Zukowski, Megan		WWU	12.84	0.7	1	
6 LeBrun, Amy		Pacific Lutheran	12.95	0.7	1	
7 Carie, Gwenna		Central	13.00	-0.3	2	
8 Peterson, Lisette		Seattle Paci	13.04	0.7	1	
9 Houplin, Joana		WWU	13.17	-0.3	2	
10 Putnam, Chelsea		Pacific Lutheran	13.20	-0.3	2	
11 Wells, Tish		Central	13.31	0.7	1	
12 Muri, Callie		WWU	13.51	-0.3	2	
13 Couvelier, Elsa		WWU	13.83	-0.3	2	
14 Schuh, Kristen		WWU	14.61	-0.3	2	
15 Bayer, Clarissa		Skagit Valley Co	14.87	0.7	1	
16 Gold, Kellen		St. Martin's	15.16	-0.5	3	
17 Kuhnly, Gail		Unattached	X15.67	-0.5	3	

Women 200 Meter Dash

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=====
Stadium: # 24.75 4/17/1999 Christine Axley, PLU
Meet: * 24.75 4/17/1999 Christine Axley, PLU
AUTO II: 24.08
AUTO III: 24.57
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PROVO II: 24.80  
 PROVO III: 24.80  
 NWC: 27.76

Name	Year	School	Finals	Wind	H#	Po
1 James, Chanel		Unattached	X24.90	-0.4	1	
2 Siler, Ellie		WWU	25.38	-0.4	1	1
3 Sims, Catherine		Mt. Hood	25.47	-0.4	1	
4 LeBrun, Amy		Pacific Lutheran	26.10	-0.4	1	
5 Carie, Gwenna		Central	26.33	-0.4	1	
6 Zukowski, Megan		WWU	26.57	-0.4	1	
7 Arceneaux, Laskia		Pacific Lutheran	26.58	-1.0	2	
8 Feliz, Cheyenne		Lewis & Clark	26.92	-0.4	1	
9 Havel, Liska		Lewis & Clark	26.94	1.7	3	
10 Peterson, Lisette		Seattle Paci	26.97	-1.0	2	
11 Houplin, Joana		WWU	27.27	-1.0	2	
12 Hood, Britany		Central	27.37	1.7	3	
13 Leiken, Andrea	FR	Puget Sound	27.38	1.7	3	
14 Gunderson, Callie		Pacific Lutheran	27.80	1.7	3	
15 Putnam, Chelsea		Pacific Lutheran	27.91	-0.4	4	
16 Muri, Callie		WWU	27.96	1.7	3	
17 Ledtke, Valle		WWU	28.25	1.7	3	
18 Couvelier, Elsa		WWU	28.30	-1.0	2	
19 Farah, Lindsey		Evergreen	28.58	-0.4	4	
20 Heck, Maya	FR	Puget Sound	29.36	-0.4	4	
21 Gardner, Angela		Pacific Lutheran	29.81	-0.4	4	
22 Groesbeck, Katherine		Lewis & Clark	30.17	-0.4	4	
23 Bayer, Clarissa		Skagit Valley Co	30.30	1.7	3	
24 Schuh, Kristen		WWU	30.49	-0.4	4	
25 Kuhnly, Gail		Unattached	X32.83	-0.4	4	

Women 400 Meter Dash

Stadium: # 55.4h 5/3/1980 Rhonda Bell, BCC  
 Meet: \* 55.4h 5/3/1980 Rhonda Bell, BCC  
 AUTO II: 55.00  
 AUTO III: 55.90  
 PROVO II: 56.60  
 PROVO III: 56.80  
 NWC: 1:03.23

Name	Year	School	Finals	H#	Points
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1	Siler, Ellie	WWU	57.04	1	10
2	Feliz, Cheyenne	Lewis & Clark	1:01.03	1	8
3	Pendon, Jessica	St. Martin's	1:01.29	2	6
4	Walters, Anna	Seattle Paci	1:01.60	1	5
5	Butler, Alex	Seattle Paci	1:01.85	1	4
6	Gunderson, Callie	Pacific Lutheran	1:01.88	2	3
7	Hood, Britany	Central	1:03.02	2	2
8	Eckles, Lydia	WWU	1:03.40	2	1
9	Leiken, Andrea	FR Puget Sound	1:03.69	2	
10	Ledtke, Valle	WWU	1:03.94	2	
11	Bayer, Clarissa	Skagit Valley Co	1:08.88	1	
12	Trask, Morgan	Pacific Lutheran	1:09.28	2	

Women 800 Meter Run

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Stadium: # 2:10.9h 4/25/1987 Laura Johnson, Unattched  
 Meet: \* 2:10.9h 4/25/1987 Laura Johnson, Unattached  
 AUTO II: 2:10.40  
 AUTO III: 2:11.50  
 PROVO II: 2:15.00  
 PROVO III: 2:15.00  
 NWC: 2:25.44

Name	Year School	Finals	Points
1	Anderberg, Lisa	Seattle Paci	2:14.57 10
2	Watson, Cheryl	WWU	2:20.31 8
3	O'Connell, Megan	WWU	2:21.44 6
4	Schmid, Brianna	St. Martin's	2:23.19 5
5	Evans, Nika	FR Puget Sound	2:25.05 4
6	Meisenheimer, Janelle	Pacific Lutheran	2:29.17 3
7	Carlson, Karissa	Evergreen	2:30.47 2
8	Owen, Karissa	St. Martin's	2:32.18 1
9	Olsen, Chelsea	Lewis & Clark	2:32.97
10	Bassett, Maddy	SR Puget Sound	2:34.12
11	Fix, Kirsten	Lewis & Clark	2:35.14
12	Farah, Lindsey	Evergreen	2:35.71
13	Miller, Kendra	WWU	2:36.83
14	Grambo, Heather	Pac elite	2:47.09
15	Hilbert, Esther	Mt. Hood	3:04.95

Women 1500 Meter Run

=====

Stadium: # 4:33.87 4/21/2007 Sarah Zerzan, Willamette  
 Meet: \* 4:34.30 4/23/1988 Minta Misley, PLU  
 AUTO II: 4:31.00  
 AUTO III: 4:32.50  
 PROVO II: 4:41.00  
 PROVO III: 4:38.00  
 NWC: 4:59.92

Name	Year	School	Finals	Points
1 Johnson, Rachael		WWU	4:50.78	10
2 Olsen, Courtney		WWU	4:57.05	8
3 Carlson, Krinda		St. Martin's	4:59.78	6
4 Carlson, Karissa		Evergreen	5:01.61	5
5 Plunkett, Natty		Seattle Paci	5:01.62	4
6 Fix, Kirsten		Lewis & Clark	5:04.96	3
7 Hartnett, Phoebe		WWU	5:05.71	2
8 Boyer, Jessica		WWU	5:06.13	1
9 Oleska, Alayna		Lewis & Clark	5:15.80	
10 Payment, Whitney		Mt. Hood	5:23.34	
11 Baker, Amanda		Mt. Hood	5:26.50	
12 Hilbert, Esther		Mt. Hood	6:37.47	

Women 5000 Meter Run

Stadium: # 16:45.5h 4/26/1986 Debbie Myra, PSU  
 Meet: \* 16:45.5h 4/26/1986 Debbie Myra, PSU  
 AUTO II: 17:05.00  
 AUTO III: 16:55.00  
 PROVO II: 17:50.00  
 PROVO III: 17:35.00  
 NWC: 19:21.63

Name	Year	School	Finals	Points
1 Porter, Sarah		WWU	17:01.94	10
2 Breihof, Lauren		WWU	17:32.76	8
3 Mullen, Marcie		Central	18:04.35	6
4 Hall, Megan		Everett CC	19:09.85	5
5 Palmer, Hannah		Lewis & Clark	19:31.43	4
6 Smith, Tameka	SR	Puget Sound	19:42.71	3
7 Pecha, Kaitlyn		St. Martin's	19:49.64	2
8 Costigan, Jessica		Everett CC	20:14.65	1
9 Payment, Whitney		Mt. Hood	20:26.09	

10	Peaden, Brooke	FR Puget Sound	20:29.37
11	Briskey, Sierra	WWU	20:33.44
12	Bakeman, Mary	Central	20:34.62
13	Attwood, Candace	Pacific Lutheran	20:35.28
14	Kiracofe, Stephanie	Seattle Paci	20:49.03
15	Blakney, Rebekah	Pacific Lutheran	20:58.83
16	Minor, Jolene	Everett CC	21:20.19
17	Cotterill, Lacey	Everett CC	21:23.19
18	Whipple, Kelsey	Everett CC	21:56.87
19	Hanscom, Margaret	Seattle Paci	22:18.18
20	McGill, Krissy	Everett CC	22:36.04

Women 100 Meter Hurdles

=====  
 Stadium: # 14.41 4/20/1996 Amy Cameron, WWU  
 Meet: \* 14.41 4/20/1996 Amy Cameron, WWU  
 AUTO II: 14.00  
 AUTO III: 14.40  
 PROVO II: 14.65  
 PROVO III: 14.60  
 NWC: 18.08

Name	Year	School	Finals	Wind	H#	Po
1 McGrane, Caitlin	JR	Puget Sound	15.21	-1.1	1	1
2 Araya, Faven		Pacific Lutheran	15.35	-1.1	1	
3 Schumacher, Terra		Mt. Hood	15.80	-1.1	1	
4 Pike, Jennifer		Seattle Paci	16.12	-1.1	1	
5 Herring, Christina		Lewis & Clark	17.68	-0.9	2	
6 Wong, Ili	SO	Puget Sound	17.94	-0.9	2	
7 Olsen, Tori		Pacific Lutheran	18.42	-1.1	1	
8 Courtain, Sam		Lewis & Clark	19.00	-0.9	2	

Women 400 Meter Hurdles

=====  
 Stadium: # 1:02.05 4/24/2004 Carrie Larsen, PLU  
 Meet: \* 1:02.74 4/10/2004 Carrie Larsen, SPU  
 AUTO II: 1:00.75  
 AUTO III: 1:02.00  
 PROVO II: 1:03.30  
 PROVO III: 1:04.00  
 NWC: 1:17.38

Name	Year	School	Finals	Points
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1	Pike, Jennifer	Seattle Paci	1:03.05	10
2	Araya, Faven	Pacific Lutheran	1:03.14	8
3	Nobbs, Natalie	Seattle Paci	1:06.85	6
4	Sims, Crystal	Mt. Hood	1:09.82	5
5	Wilkins, Kayla	Seattle Paci	1:10.96	4
6	Herring, Christina	Lewis & Clark	1:11.44	3
7	Pitts, Stephany	Mt. Hood	1:11.66	2
8	Courtain, Sam	Lewis & Clark	1:15.76	1

#### Women 3000 Meter Steeplechase

Stadium: #	10:38.57	3/8/2008	Sarna Becker, Unattached
Meet: *	10:59.99	4/5/2008	Brittany Hodgson, Puget Sound
AUTO II:	10:55.00		
AUTO III:	10:44.00		
PROVO II:	11:27.00		
PROVO III:	11:20.00		
NWC:	12:50.15		

Name	Year	School	Finals	Points
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1	Krepel, Kayti	Seattle Paci	11:27.1h	10
2	Miller, Lexie	Pacific Lutheran	11:37.7h	8
3	Williams, Mary	Seattle Paci	11:47.3h	6
4	Laweryson, Annie	St. Martin's	12:33.8h	5
5	Innes, Corinnes	Lewis & Clark	12:44.0h	4

#### Women 4x100 Meter Relay

Stadium: #	47.50	4/22/1995	Plu, PLU
Meet: *	47.50	4/22/1995	, PLU
AUTO II:	46.00		
AUTO III:	47.30		
PROVO II:	47.90		
PROVO III:	47.40		

School	Finals	Points
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1	Mt. Hood Community College	'A'	49.43	10
2	Pacific Lutheran Univ.	'A'	49.92	8
3	Central Washington Univ.	'A'	50.96	6
4	Western Washington Univer	'A'	51.97	5
5	Lewis & Clark College	'A'	52.22	4

Women 4x400 Meter Relay

Stadium: # 3:51.61 4/22/1995 , PLU  
 Andrade,Keene,Saathoff,Metzger  
 Meet: \* 3:51.61 4/22/1995 , PLU  
 Andrade,Keene,Saathoff,Metzger

AUTO II: 3:45.00  
 AUTO III: 3:49.60  
 PROVO II: 3:52.00  
 PROVO III: 3:51.00

School	Finals	H#	Points
1 Western Washington Univer 'A'	3:57.35	1	10
2 Seattle Pacific Universit 'A'	3:59.36	1	8
3 Mt. Hood Community College 'A'	4:07.75	1	6
4 University Puget Sound 'A'	4:13.81	2	5
5 St. Martin's University 'A'	4:19.67	1	4
6 Central Washington Univ. 'A'	4:21.13	1	3
7 Western Washington Univer 'B'	x4:22.86	2	
8 Everett CC 'A'	4:55.12	2	2

Women High Jump

Stadium: # 1.73m 4/22/1995 Corrina Wolf, SFU  
 Meet: \* 1.73m 4/20/1991 Lisa Grey, CNW  
 AUTO II: 1.75m  
 AUTO III: 1.71m  
 PROVO II: 1.69m  
 PROVO III: 1.68m  
 NWC: 1.42m

Name	Year School	Finals	
1 Brodgon, Jenny	Unattached	X1.62m	5-03.75
2 Mattson, Jacquie	Seattle Paci	1.57m	5-01.75
3 Adair, Megan	U-Saint Martin's	1.52m	4-11.75
4 Mendenhall, Martha	Unattached	XJ1.52m	4-11.75
5 Pitts, Stephany	Mt. Hood	J1.52m	4-11.75
6 Berg, Siri	Central	1.47m	4-09.75
7 Wong, Ili	SO Puget Sound	1.42m	4-07.75
8 McGrane, Caitlin	JR Puget Sound	J1.42m	4-07.75
9 Dewalt, Melissa	Pacific Lutheran	J1.42m	4-07.75



10 Smith, Kelsey	Pacific Lutheran	1.37m	4-06.00
-- Olsen, Tori	Pacific Lutheran	NH	

Women Pole Vault

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Stadium: # 4.04m 4/5/2008 Jennie Sewell, Club Northwest
Meet: * 4.04m 4/5/2008 Jennie Sewell, Club Northwest
AUTO II: 3.95m
AUTO III: 3.82m
PROVO II: 3.55m
PROVO III: 3.65m
NWC: 2.51m

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Name	Year	School	Finals	
1 Peaslee, Melissa		Seattle Paci	3.60m	11-09.75
2 Schumacher, Terra		Mt. Hood	J3.60m	11-09.75
3 Miller, Christy		WWU	3.45m	11-03.75
4 Allan, Carrie		Seattle Paci	J3.45m	11-03.75
5 Mueller, Robin		WWU	3.15m	10-04.00
6 Quick, Jennifer		WWU	3.00m	9-10.00
7 DiEnno, Amanda		WWU	J3.00m	9-10.00
8 Couvelier, Elsa		WWU	J3.00m	9-10.00
9 Austin, Sydney		WWU	2.85m	9-04.25
10 Glenn, Cindy		Central	2.70m	8-10.25
10 Kreft, Kelsey		Central	2.70m	8-10.25
10 Anderson, Angela		St. Martin's	2.70m	8-10.25
10 Herr, Emily	JR	Puget Sound	2.70m	8-10.25
10 DiMarco, Diana		WWU	2.70m	8-10.25
15 Mangubat, Alicia		WWU	2.55m	8-04.25
16 Heck, Maya	FR	Puget Sound	2.40m	7-10.50
16 Stiever, Bailey	FR	Puget Sound	2.40m	7-10.50
-- Gedde, Kjersti		Seattle Paci	NH	
-- Gustavson, Annie		Lewis & Clark	NH	
-- Johnson, Jennifer		St. Martin's	NH	
-- Santos-Bishop, Laura		Lewis & Clark	NH	
-- Havel, Liska		Lewis & Clark	NH	

Women Long Jump

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Stadium: # 5.84m 4/18/1992 Stephanie Libbyl, WU
Meet: * 5.84m 4/18/1992 Stephanie Libby, WU
AUTO II: 5.90m

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AUTO III: 5.80m  
 PROVO II: 5.69m  
 PROVO III: 5.62m  
 NWC: 4.75m

Name	Year	School	Finals	Wind
1 Warman, Emily		WWU	5.48m	-0.5 17-1
2 James, Chanel		Unattached	X5.21m	-3.0 17-0
3 Putnam, Chelsea		Pacific Lutheran	5.13m	-2.0 16-1
4 Havel, Liska		Lewis & Clark	4.94m	-1.1 16-0
5 Miller, Christy		WWU	4.88m	-1.6 16-0
6 Wong, Ili	SO	Puget Sound	4.69m	-1.8 15-0
7 Tune, Kim		Mt. Hood	4.67m	-1.9 15-0
8 Butler, Gail		WWU	4.66m	-1.9 15-0
9 McGrane, Caitlin	JR	Puget Sound	4.57m	-2.4 15-0
9 Muri, Callie		WWU	4.57m	-1.2 15-0
11 Dewalt, Melissa		Pacific Lutheran	4.53m	-2.6 14-1
12 Rose, Amanda		Central	4.20m	-1.6 13-0
13 Groesbeck, Katherine		Lewis & Clark	4.09m	-2.7 13-0
13 Tsukamaki, Brady		Pacific Lutheran	4.09m	-2.0 13-0
15 Bird, Stacey		Mt. Hood	4.00m	-2.5 13-0

Women Triple Jump

Stadium: # 11.89m 4/17/1999 Jane Wallace, WWU  
 Meet: \* 11.89m 4/17/1999 Jane Wallace, WWU  
 AUTO II: 12.15m  
 AUTO III: 12.00m  
 PROVO II: 11.60m  
 PROVO III: 11.55m  
 NWC: 9.63m

Name	Year	School	Finals	Wind
1 Warman, Emily		WWU	11.40m	-2.4 37-0
2 Woodke, Jordyn		Unattached	X10.70m	-0.9 35-0
3 Rose, Amanda		Central	10.46m	-0.4 34-0
4 Muri, Callie		WWU	10.36m	-1.8 34-0
5 Arceneaux, Lokia		Pacific Lutheran	10.27m	-1.2 33-0
6 Tune, Kim		Mt. Hood	9.73m	-1.3 31-1
7 Adair, Megan		U-Saint Martin's	9.60m	-1.7 31-0
8 Dewalt, Melissa		Pacific Lutheran	9.53m	-0.8 31-0
9 Nobbs, Natalie		Seattle Paci	9.46m	-1.6 31-0

10 Putnam, Chelsea	Pacific Lutheran	9.36m	-1.1	30-0
11 Bird, Stacey	Mt. Hood	9.35m	-1.0	30-0
12 Tsukamaki, Brady	Pacific Lutheran	9.19m	-1.8	30-0
13 Groesbeck, Katherine	Lewis & Clark	8.91m	-2.4	29-0

Women Shot Put

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Stadium: # 48-06.50 3/21/1981 J. Luebke, WVCC
Meet: * 14.14m 4/17/1993 Molly Dugan, WOC
AUTO II: 14.70m
AUTO III: 14.20m
PROVO II: 13.26m
PROVO III: 13.25m
NWC: 9.78m

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Name	Year School	Finals	
1 Tandle, Krissy	Central	14.76m*	48-05.25
2 Afoa, Shaina	Central	12.32m	40-05.00
3 Self, Torie	Central	12.13m	39-09.75
4 Chase, Karen	SR Puget Sound	11.95m	39-02.50
5 Strot, Kesley	Mt. Hood	11.93m	39-01.75
6 Hacker, Taylor	Pacific Lutheran	11.55m	37-10.75
7 Stueckle, Jordan	Central	11.14m	36-06.75
8 Ramos, Chelsey	Mt. Hood	10.92m	35-10.00
9 Madden, Amy	Lewis & Clark	10.41m	34-02.00
10 Brown, Robin	WWU	10.09m	33-01.25
11 Fritts, Melissa	FR Puget Sound	9.32m	30-07.00
12 Johnson, Elizabeth	Lewis & Clark	9.30m	30-06.25
13 Wallace, Jasmine	Pacific Lutheran	8.71m	28-07.00
14 Mahaffey, Emily	Lewis & Clark	8.70m	28-06.50
15 Keys, Morgan	Unattached	X8.67m	28-05.50
16 Wong, Ili	SO Puget Sound	7.45m	24-05.50

Women Discus Throw

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=====
Stadium: # 47.48m 5/2/1981 Marcia Mechlenberg, Unattached
Meet: * 47.48m 5/2/1981 Marcia Mechlenberg, Unattached
AUTO II: 47.70m
AUTO III: 46.38m
PROVO II: 44.00m
PROVO III: 43.00m
NWC: 30.13m

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Name	Year	School	Finals	
1 Afoa, Shaina		Central	38.29m	125-07
2 Self, Torie		Central	37.53m	123-01
3 Tandle, Krissy		Central	37.20m	122-00
4 Strot, Kesley		Mt. Hood	33.35m	109-05
5 Hacker, Taylor		Pacific Lutheran	32.79m	107-07
6 Johnson, Elizabeth		Lewis & Clark	32.22m	105-08
7 Keys, Morgan		Unattached	X31.79m	104-03
8 Wallace, Jasmine		Pacific Lutheran	30.06m	98-07
9 Klee, Maggie	FR	Puget Sound	28.77m	94-05
10 Landerholm, Katherine		Lewis & Clark	28.37m	93-01
11 Stueckle, Jordan		Central	27.77m	91-01
12 Fritts, Melissa	FR	Puget Sound	25.95m	85-02
13 Mahaffey, Emily		Lewis & Clark	18.86m	61-10

Women Hammer Throw

Stadium: # 49.21m 3/23/2007 Megan Wochnick, PLU  
 Meet: \* 48.30m 4/5/2008 Taylor Hacker, PLU  
 AUTO II: 54.60m  
 AUTO III: 52.60m  
 PROVO II: 48.75m  
 PROVO III: 49.50m  
 NWC: 31.40m

Name	Year	School	Finals	
1 Hacker, Taylor		Pacific Lutheran	54.46m#	178-08
			53.01m 52.20m FOUL 49.89m 54.46m 51.24m	
2 Tandle, Krissy		Central	44.63m	146-05
			FOUL 44.63m FOUL 41.41m FOUL FOUL	
3 Stueckle, Jordan		Central	42.94m	140-10
			FOUL 41.86m 42.94m FOUL FOUL 40.96m	
4 Self, Torie		Central	41.89m	137-05
			FOUL 35.79m FOUL 39.56m 38.90m 41.89m	
5 Blake, Jillian		St. Martin's	41.75m	137-00
			37.81m FOUL 41.09m 39.46m 39.95m 41.75m	
6 Wallace, Jasmine		Pacific Lutheran	37.27m	122-03
			32.51m 35.12m 32.81m 31.97m FOUL 37.27m	
7 Kaligis, Lauren		WWU	34.72m	113-11
			FOUL FOUL 34.72m 31.25m FOUL FOUL	
8 Fenton, Kelly		Pacific Lutheran	34.39m	112-10

FOUL 30.66m 33.35m 32.12m FOUL 34.39m  
 9 Arceneaux, Lakia Pacific Lutheran 26.71m 87-07  
 FOUL 26.56m 26.71m  
 10 Fritts, Melissa FR Puget Sound 25.80m 84-08  
 25.32m 25.80m 24.06m  
 -- Klee, Maggie FR Puget Sound FOUL  
 FOUL FOUL FOUL

Women Javelin Throw

=====  
 Stadium: # 50.69m 4/23/1988 Patricia Perry, Puget Sound  
 Meet: \* 50.68m 4/23/1988 Patricia Perry, Puget Sound  
 AUTO II: 45.00m  
 AUTO III: 44.20m  
 PROVO II: 40.84m  
 PROVO III: 41.00m  
 NWC: 31.75m

Name	Year	School	Finals	
1 Schantin, Jeeni		Seattle Paci	45.42m	149-00
2 Kennedy, Lacey		Mt. Hood	39.81m	130-07
3 McMeel, Katie		Central	34.79m	114-02
4 Fenton, Kelly		Pacific Lutheran	33.24m	109-01
5 Cone, Lacey		Pacific Lutheran	32.98m	108-02
6 Blake, Jillian		St. Martin's	32.31m	106-00
7 McGrane, Caitlin	JR	Puget Sound	32.22m	105-08
8 Tandle, Krissy		Central	32.18m	105-07
9 Ramos, Chelsey		Mt. Hood	31.38m	102-11
10 Landerholm, Katherine		Lewis & Clark	31.30m	102-08
11 Andrews, Carly		Seattle Paci	31.01m	101-09
12 Johnson, Elizabeth		Lewis & Clark	30.01m	98-05
13 Trujillo, Shanyese		WWU	29.52m	96-10
14 Marino, Lauryn		WWU	20.19m	66-03
15 Mahaffey, Emily		Lewis & Clark	15.07m	49-05

Men 100 Meter Dash

=====  
 Stadium: # 10.65 4/18/1998 Ricardo Colon, Clackamas CC  
 Meet: \* 10.65 4/18/1998 Ricardo Colon, Clackamas CC  
 AUTO II: 10.45  
 AUTO III: 10.55  
 PROVO II: 10.65

PROVO III: 10.78

NWC: 11.46

Name	Year	School	Finals	Wind	H#	Po
1 Stewart, Darrell	JR	Puget Sound	11.20	0.4	1	1
2 Tilley, Alex		WWU	11.28	0.4	1	
3 Strong, Micah		Mt. Hood	11.31	1.2	2	
4 Mann, Trystan		Central	11.33	0.4	1	
5 Gruger, Shane		WWU	11.35	0.4	1	
6 Bennett, Phillip		Unattached	X11.37	2.2	3	
6 Carpenter, Kevin		Lewis & Clark	11.37	1.2	2	
8 Felt, Justin		Seattle Paci	11.42	1.2	2	
9 Grounds, Micah		Seattle Paci	11.50	2.2	3	
10 Blum, Isaac	SR	Puget Sound	11.52	1.2	2	
11 Villanueva, Phillip		WWU	11.59	1.2	2	
12 Orji, Lionel		Central	11.61	2.2	3	
13 Demouchet, Christian		Central	11.62	1.2	2	
14 Jackson, Nate		Pacific Lutheran	11.63	2.2	3	
15 Miura, Joey		WWU	11.64	0.4	1	
16 Daltoso, Nick		Central	11.66	1.2	2	
17 Gray, Andrew		WWU	11.78	2.2	3	
18 Waller, Mike		Unattached	X11.83	-1.3	4	
19 Ramos, Jordan		Pacific Lutheran	11.85	-1.3	4	
20 Wargo, Ben		WWU	11.86	2.2	3	
21 Sims, Jason		Unattached	X11.96	-1.3	4	
22 Morales, Gabe		Unattached	X11.97	-1.3	4	
23 Alexander, Colin		Pacific Lutheran	11.98	0.4	1	
24 Galvin, Andrew	SR	Puget Sound	12.00	2.2	3	
25 Colombini, Neil		Pacific Lutheran	12.03	-1.3	4	
26 Dye, Alex		WWU	12.06	-1.8	5	
27 Caraballo, Nick		Pacific Lutheran	12.17	-1.3	4	
28 Snyder, Maxx		WWU	12.18	-1.3	4	
29 Pierce-Wright, Chris	SO	Puget Sound	12.21	-1.8	5	
30 Cunningham, Donovan		WWU	12.24	-1.8	5	
31 Ramirez, Hilario		Seattle Paci	12.33	-1.3	4	
32 Speetjens, Frank	JR	Puget Sound	12.37	-1.8	6	
33 Shoemaker, Jason		Evergreen	12.41	-1.8	5	
33 Paez, Michael		Skagit Valley Co	12.41	-1.8	5	
35 Combs-Bachmann, Alex		Evergreen	12.59	-1.8	5	
36 Adams, Nolan		Pacific Lutheran	12.63	-1.8	6	
37 Engen, Alex		Skagit Valley Co	12.66	0.4	1	

Men 200 Meter Dash

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Stadium: # 21.5h 5/1/1982 Erick Krauss, University of Pacific
Meet: * 21.5h 5/1/1982 Erick Krauss, University of Pacific
AUTO II: 21.08
AUTO III: 21.31
PROVO II: 21.50
PROVO III: 21.75
NWC: 23.44

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Name	Year	School	Finals	Wind	H#	Po
1 Strong, Micah		Mt. Hood	22.66	NWI	1	1
2 Bennett, Phillip		Unattached	X22.68	NWI		3
3 Moog, Isaac		Pacific Lutheran	22.87	NWI		1
3 Carpenter, Kevin		Lewis & Clark	22.87	-1.2		2
5 Faber, Brandon		Mt. Hood	23.00	-1.2		2
6 Mann, Trystan		Central	23.02	-1.2		2
7 Grounds, Micah		Seattle Paci	23.25	-1.2		2
8 Hope, Nate		Mt. Hood	23.31	-1.2		2
9 Blum, Isaac	SR	Puget Sound	23.53	-1.2		2
10 Toves, Nick		Pacific Lutheran	23.66	-1.4		4
11 Nupen, Ryan		Pacific Lutheran	23.68	NWI		5
12 Lindstrom, Travis		Mt. Hood	23.69	-1.2		2
13 Miura, Joey		WWU	23.79	-1.2		2
14 Snyder, Maxx		WWU	23.89	NWI		3
14 Daltoso, Nick		Central	23.89	NWI		3
16 Lara, Ryan		Evergreen	23.96	-1.4		4
17 Ramos, Jordan		Pacific Lutheran	24.16	NWI		5
18 Galvin, Andrew	SR	Puget Sound	24.29	NWI		5
19 Dye, Alex		WWU	24.31	-1.4		4
20 Colombini, Neil		Pacific Lutheran	24.61	NWI		5
21 Pierce-Wright, Chris	SO	Puget Sound	24.67	-3.2		6
22 Ramirez, Hilario		Seattle Paci	24.97	-1.4		4
23 Caraballo, Nick		Pacific Lutheran	25.04	NWI		5
24 Burgoyne, Taylor		Seattle Paci	25.13	-1.4		4
25 Paez, Michael		Skagit Valley Co	25.28	-3.2		6
26 Combs-Bachmann, Alex		Evergreen	25.60	-3.2		6
27 Engen, Alex		Skagit Valley Co	25.93	-3.2		6

Men 400 Meter Dash

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Stadium: # 46.87 4/17/1999 Derek Prior, Unattached

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Meet: \* 46.87 4/17/1999 Derek Prior, Unattached  
 AUTO II: 46.80  
 AUTO III: 47.35  
 PROVO II: 48.00  
 PROVO III: 48.50  
 NWC: 52.03

Name	Year School	Finals	H#	Points
1 Hope, Nate	Mt. Hood	49.74	1	10
2 Moog, Isaac	Pacific Lutheran	49.98	1	8
3 O'Connell, Matthew	WWU	50.66	1	6
4 Faber, Brandon	Mt. Hood	51.64	1	5
5 David, Toby	WWU	51.90	2	3.50
5 Lara, Ryan	Evergreen	51.90	1	3.50
7 Toves, Nick	Pacific Lutheran	51.98	2	2
8 Lindstrom, Travis	Mt. Hood	53.35	2	1
9 Nupen, Ryan	Pacific Lutheran	53.52	3	
10 Stevens, Markus	Mt. Hood	53.71	2	
11 Berman, David	Lewis & Clark	54.41	3	
12 Sosa, Frank	Skagit Valley Co	55.34	2	
13 Wall, Brett	Mt. Hood	55.65	3	
14 Burgoyne, Taylor	Seattle Paci	56.29	2	
15 Engen, Alex	Skagit Valley Co	56.51	3	
16 Lawrence, Justin	Everett CC	1:02.66	4	
-- McKiever, Marquis	Central	DNF	1	

Men 800 Meter Run

Stadium: # 1:50.6h 4/20/1991 Ted Hamlin, SPU  
 Meet: \* 1:50.6h 4/20/1991 Ted Hamlin, SPU  
 AUTO II: 1:50.00  
 AUTO III: 1:51.30  
 PROVO II: 1:53.00  
 PROVO III: 1:53.20  
 NWC: 2:00.16

Name	Year School	Finals	Points
1 Ramirez, Douglas	Pac elite	1:55.76	10
2 Camron, Will	Unattached	X1:57.14	
3 Cronkhite, Corey	Central	1:59.58	7
3 Bedell, Sam	WWU	1:59.58	7
5 Sleight, Nathanael	Seattle Paci	2:00.37	5



6	Andrascik, Sean	Pacific Lutheran	2:00.91	4
7	Phillips, John	Pacific Lutheran	2:01.26	3
8	Trowbridge, Seth	Everett CC	2:01.68	2
9	Santos, Matt	WWU	2:02.18	1
10	Ishenin, Slavic	Mt. Hood	2:02.31	
11	Nakano, Cam	JR Puget Sound	2:02.49	
12	Cheslik, Josiah	Everett CC	2:02.58	
13	Bras, Orion	Pacific Lutheran	2:03.00	
14	Snowden, Robert	FR Puget Sound	2:03.53	
15	Wahlenmaier, Jacob	Everett CC	2:03.78	
16	McDuff, Daniel	Lewis & Clark	2:04.31	
17	Spencer, David	WWU	2:04.37	
18	Hunt, Spencer	St. Martin's	2:05.14	
19	Wall, Casey	FR Puget Sound	2:06.30	
20	Sosa, Frank	Skagit Valley Co	2:06.60	
21	Elias, Mitch	Everett CC	2:07.02	
22	Fitzer, Fritz	Lewis & Clark	2:09.38	
23	Caffrey, Noah	St. Martin's	2:10.07	
24	Johnson, Keith	Unattached	X2:11.29	
25	Warren, Andy	Everett CC	2:11.93	
26	Randles, Andy	Unattached	X2:12.37	
27	Duchaine, Brian	Unattached	X2:13.67	
28	Horde, Nick	Skagit Valley Co	2:21.15	

Men 1500 Meter Run

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Stadium: # 3:52.1h 4/23/1988 Todd Bearny, HCC  
 Meet: \* 3:52.1h 4/23/1988 Todd Beamy, Highline CC  
 AUTO II: 3:47.00  
 AUTO III: 3:50.60  
 PROVO II: 3:54.00  
 PROVO III: 3:55.80  
 NWC: 4:08.51

Name	Year	School	Finals	Points
1		WWU	4:05.63	10
2		WWU	4:08.69	8
3		WWU	4:09.51	6
4		St. Martin's	4:09.66	5
5		WWU	4:10.61	4
6		Mt. Hood	4:12.30	3
7		JR Puget Sound	4:13.51	2

8	Wall, Casey	FR Puget Sound	4:15.70	1
9	Johnson, Tom	Central	4:19.60	
10	Sosa, Frank	Skagit Valley Co	4:21.06	
11	Caffrey, Noah	St. Martin's	4:22.45	
12	Brown, Jake	WWU	4:25.15	
13	Barnes, Clayton	Unattached	X4:32.33	
14	Fitzer, Fritz	Lewis & Clark	4:34.83	
15	Small, Zach	FR Puget Sound	4:38.10	
16	Horde, Nick	Skagit Valley Co	4:46.19	
17	Pedey, Brian	Pacific Lutheran	4:48.74	
18	Barr, Clinton	St. Martin's	4:57.57	
19	Talmadge, Patrick	St. Martin's	5:19.40	

Men 5000 Meter Run

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Stadium: # 14:11.8h 5/18/1974 Jim Johnson, CNW  
 Meet: \* 14:34.45 4/10/2004 Eric Tolefson, Unattached  
 AUTO II: 14:10.00  
 AUTO III: 14:28.00  
 PROVO II: 14:50.00  
 PROVO III: 14:48.00  
 NWC: 15:48.32

Name	Year School	Finals	Points
1 Duquette, Corey	Navy/Brookd	14:57.61	10
2 Price, Josiah	St. Martin's	15:08.85	8
3 Fraser, Ian	Unattached	X15:28.87	
4 Nilsen, Tyler	Everett CC	15:38.81	6
5 Bonica, Andrew	JR Puget Sound	15:38.82	5
6 LeDonne, Richie	Lewis & Clark	15:54.05	4
7 Roberts, John	Lewis & Clark	15:54.06	3
8 Carman, Jeff	Lewis & Clark	15:55.42	2
9 Johnson, Kyle	WWU	15:58.54	1
10 Jenkins, Cory	Pac elite	16:01.97	
11 Hamilton, Daniel	Seattle Paci	16:03.23	
12 Jakobsen, Casper	WWU	16:03.38	
13 Meis, Chad	Seattle Paci	16:03.82	
14 Lance, Jordan	Seattle Paci	16:28.11	
15 Harvey, Nick	St. Martin's	16:32.74	
16 Wahlenmaier, Jacob	Everett CC	16:44.30	
17 Wagner, Andy	Everett CC	16:50.03	
18 Mellenberger, Daniel	Everett CC	18:03.12	

19 Horn, TJ

Everett CC

18:24.11

Men 110 Meter Hurdles

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Stadium: # 14.1h 6/3/1967 Bill Roe, UW  
 Meet: \* 14.4h 4/20/1991 Keith Baker, CWU  
 AUTO II: 14.15  
 AUTO III: 14.42  
 PROVO II: 14.75  
 PROVO III: 14.95  
 NWC: 17.14

Name	Year	School	Finals	Wind	H#	Po
1 Wargo, Ben		WWU	15.80	-2.1	1	1
2 Gray, Andrew		WWU	16.20	-2.1	1	
3 Howelton, Brian		Mt. Hood	16.29	1.5	2	
4 Davies, Colby		Pacific Lutheran	16.52	-2.1	1	
5 Harris, Darnell		Central	16.58	-2.1	1	
6 Myhre, Kevin		WWU	16.76	-2.1	1	
7 Williams, Kyle		Central	16.89	-2.1	1	
8 Wilton, Eric		Lewis & Clark	18.29	1.5	2	
9 Alexander, Colin		Pacific Lutheran	20.04	1.5	2	

Men 400 Meter Hurdles

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Stadium: # 53.11 4/20/1991 Goreal Hudson, CWU  
 Meet: \* 53.11 4/16/1994 Goreal Hudson, CSU  
 AUTO II: 51.65  
 AUTO III: 52.70  
 PROVO II: 53.30  
 PROVO III: 54.50  
 NWC: 1:01.70

Name	Year	School	Finals	H#	Points
1 Villanueva, Phillip		WWU	55.23	1	10
2 Myhre, Kevin		WWU	55.38	1	8
3 Wargo, Ben		WWU	56.92	1	6
4 Howelton, Brian		Mt. Hood	1:00.15	1	5
5 Harris, Darnell		Central	1:01.05	1	4
6 Hibbard, Dan		Pacific Lutheran	1:02.07	2	3
7 Demouchet, Christian		Central	1:02.70	1	2
8 Berman, David		Lewis & Clark	1:03.44	2	1

9 Wilton, Eric

Lewis & Clark

1:07.43 2

Men 3000 Meter Steeplechase

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Stadium: # 9:01.0h 4/18/1998 Eric Tollefson, Unattached
Meet: * 9:01.0h 4/18/1998 Eric Tollefson, Unattached
AUTO II: 9:09.00
AUTO III: 9:07.34
PROVO II: 9:24.00
PROVO III: 9:23.00
NWC: 10:40.39

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Name	Year	School	Finals	Points
1 Berhe, Yonas		WWU	9:58.1h	10
2 Elias, Mitch		Everett CC	10:06.9h	8
3 Friesen, Daniel		Seattle Paci	10:12.4h	6
4 Romey, Matt		Mt. Hood	10:34.4h	5
5 Gongora, Gilmer		Mt. Hood	10:35.4h	4
6 Hamilton, Andrew		Seattle Paci	10:35.9h	3
7 Kratzer, Josh		Central	10:52.3h	2
8 Martin, Alex		Pacific Lutheran	10:58.1h	1
9 Martin, Austin		Pacific Lutheran	11:15.2h	

Men 4x100 Meter Relay

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Stadium: # 41.40 4/17/1993 , Western Oregon State
Meet: * 41.40 4/17/1993 , Western Oregon College
AUTO II: 40.25
AUTO III: 41.10
PROVO II: 41.15
PROVO III: 42.00

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School	Finals	Points
1 University Puget Sound 'A'	43.97	10
2 Western Washington Univer 'A'	44.38	8
-- Pacific Lutheran Univ. 'A'	DQ	
-- Mt. Hood Community College 'A'	DQ	

Men 4x400 Meter Relay

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Stadium: # 3:16.67 4/18/1992 , Central Washington Unive
Meet: * 3:16.67 4/18/1992 , Central Washington Unive

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AUTO II: 3:11.00  
 AUTO III: 3:13.00  
 PROVO II: 3:13.30  
 PROVO III: 3:17.00

School	Finals	H#	Points
1 Pacific Lutheran Univ. 'A'	3:24.07	1	10
2 Western Washington Univer 'A'	3:24.52	1	8
3 Mt. Hood Community College 'A'	3:27.55	1	6
4 Western Washington Univer 'B'	x3:27.94	2	
5 Mt. Hood Community College 'B'	x3:35.23	1	
6 Central Washington Univ. 'A'	3:36.74	1	5
7 Western Washington Univer 'C'	x3:39.35	2	
8 Everett CC 'A'	3:39.62	2	4
9 University Puget Sound 'A'	3:39.68	1	3
10 Western Washington Univer 'D'	x3:46.20	2	
11 University Puget Sound 'B'	x3:52.32	2	

Men High Jump

Stadium: # 2.10m 4/10/2004 Jeff Skiba, Unattached  
 Meet: \* 2.10m 4/10/2004 Jeff Skiba, Linfield  
 AUTO II: 2.12m  
 AUTO III: 2.11m  
 PROVO II: 2.08m  
 PROVO III: 2.01m  
 NWC: 1.80m

Name	Year School	Finals	
1 Bailey, Cameron	Central	1.97m	6-05.50
2 Richardson, Bill	St. Martin's	1.92m	6-03.50
3 Faust, Tyler	Pacific Lutheran	1.87m	6-01.50
4 Wagner, Nathan	Seattle Paci	1.82m	5-11.50
5 Wilton, Eric	Lewis & Clark	1.72m	5-07.75
6 Adams, Nolan	Pacific Lutheran	1.67m	5-05.75
6 Howelton, Brian	Mt. Hood	1.67m	5-05.75
8 Alexander, Colin	Pacific Lutheran	1.62m	5-03.75
8 Speetjens, Frank	JR Puget Sound	1.62m	5-03.75
-- Pedey, Brian	Pacific Lutheran	NH	

Men Pole Vault

Stadium: # 5.03m 4/18/1992 Curt Heywood, Linfield  
 Meet: \* 5.03m 4/18/1992 Curt Heywood, Linfield  
 AUTO II: 5.05m  
 AUTO III: 5.04m  
 PROVO II: 4.80m  
 PROVO III: 4.70m  
 NWC: 3.94m

Name	Year	School	Finals
1 McCoy, Scott		Club Northwe	X4.75m 15-07.00
2 Winters, Josh		WWU	4.30m 14-01.25
3 Holt, Chester		Pacific Lutheran	4.15m 13-07.25
4 Woodard, Hayden		WWU	J4.15m 13-07.25
5 Cronenwett, Nick	SR	Puget Sound	4.00m 13-01.50
6 Hoza, Nic		WWU	J4.00m 13-01.50
7 Lloyd, Will		WWU	3.85m 12-07.50
8 Millson, Michael		WWU	J3.85m 12-07.50
9 Chavez, Ismael		WWU	J3.85m 12-07.50
10 Schulz, Andy	FR	Puget Sound	3.55m 11-07.75
-- Vaughn, KC		Mt. Hood	NH
-- Brown, Ryan		WWU	NH

#### Men Long Jump

Stadium: # 7.30m 4/22/1995 Rob Rising, CWU  
 Meet: \* 7.30m 4/22/1995 Rob Rising, CWU  
 AUTO II: 7.50m  
 AUTO III: 7.30m  
 PROVO II: 7.21m  
 PROVO III: 6.96m  
 NWC: 6.28m

Name	Year	School	Finals	Wind
1 Felt, Justin		Seattle Paci	6.74m	-1.0 22-0
2 Williams, Kyle		Central	6.52m	-1.2 21-0
3 Gruger, Shane		WWU	6.31m	-2.2 20-0
4 DiMario, Alec	FR	Puget Sound	6.27m	-0.3 20-0
5 Mann, Trystan		Central	6.16m	-2.0 20-0
6 Orji, Lionel		Central	5.94m	-2.2 19-0
7 Schmidt, Karl		Seattle Paci	5.59m	-2.8 18-0
8 Howelton, Brian		Mt. Hood	J5.59m	-2.7 18-0
9 Speetjens, Frank	JR	Puget Sound	5.43m	-2.0 17-0

10	Wagner, Nathan	Seattle Paci	5.40m	-1.7	17-0
11	Satterwhite, Tim	WWU	5.38m	-1.1	17-0
12	Frischman, Beau	Mt. Hood	5.14m	-0.3	16-1
13	Wallace, Jeremy	Mt. Hood	5.06m	-1.7	16-0
--	Davies, Colby	Pacific Lutheran	ND	NWI	

Men Triple Jump

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Stadium: # 50-05 4/17/1993 James McCann, WOC  
 Meet: \* 50-05 4/17/1993 James McCann, WOC  
 AUTO II: 15.30m  
 AUTO III: 14.80m  
 PROVO II: 14.55m  
 PROVO III: 14.00m  
 NWC: 12.17m

Name	Year	School	Finals	Wind	
1	Bailey, Cameron	Central	13.20m	-1.1	43-0
2	Satterwhite, Tim	WWU	13.03m	+0.0	42-0
3	Howelton, Brian	Mt. Hood	13.01m	-0.8	42-0
4	Moog, Isaac	Pacific Lutheran	12.88m	-0.5	42-0
5	DiMario, Alec	FR Puget Sound	12.35m	+0.0	40-0
--	Schmidt, Karl	Seattle Paci	ND	NWI	

Men Shot Put

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Stadium: # 57-04 6/3/1967 John Allamano, UW  
 Meet: \* 16.94m 4/22/1995 Scott Easley, WWU  
 AUTO II: 16.90m  
 AUTO III: 17.25m  
 PROVO II: 16.00m  
 PROVO III: 15.55m  
 NWC: 12.68m

Name	Year	School	Finals		
1	Fischer, Tyler	Central	15.03m	49-03.75	
2	Kayhan, Dincer	WWU	14.78m	48-06.00	
3	Middleton, AJ	SR Puget Sound	14.50m	47-07.00	
4	Cunningham, Donovan	WWU	13.96m	45-09.75	
5	Velasquez, JR	Mt. Hood	13.90m	45-07.25	
6	Varkevisser, Brandon	WWU	13.66m	44-09.75	
7	Elder, Ben	WWU	13.58m	44-06.75	

8	Swanson, Victor	Pacific Lutheran	13.25m	43-05.75
9	McNeill, Conor	Pacific Lutheran	12.93m	42-05.25
10	Nielsen, Jeff	Pacific Lutheran	12.53m	41-01.50
11	Ramirez, Daniel	Central	12.44m	40-09.75
12	Larson, Neil	Central	11.87m	38-11.50
13	Skogsberg, Nik	WWU	11.76m	38-07.00
14	Smith, Curtis	Lewis & Clark	11.61m	38-01.25
15	Clark, Cody	Pacific Lutheran	11.58m	38-00.00
16	Ford, Mycal	Pacific Lutheran	11.17m	36-07.75
17	Reece, Will	Mt. Hood	11.15m	36-07.00
18	Orji, Lionel	Central	10.97m	36-00.00
19	Smith, Grant	Lewis & Clark	10.86m	35-07.75
20	Anselmi, Nigel	Pacific Lutheran	10.75m	35-03.25
21	Nichols, Tyler	WWU	10.74m	35-03.00
22	Weber, Adrian	Mt. Hood	10.72m	35-02.00
23	Derwin, Jace	Seattle Paci	10.27m	33-08.50
24	Ostler, Mychal	Central	10.19m	33-05.25
25	Volk, Tim	Seattle Paci	10.09m	33-01.25
26	McNutt, Brett	Mt. Hood	9.81m	32-02.25
27	Foster, Stephen	WWU	9.80m	32-02.00
28	Speetjens, Frank	JR Puget Sound	9.10m	29-10.25

Men Discus Throw

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Stadium: # 52.84m 6/4/1966 Al Pemberton, UW  
 Meet: \* 50.44m 4/17/1999 Tony Hoiby, CWU  
 AUTO II: 53.00m  
 AUTO III: 52.50m  
 PROVO II: 49.08m  
 PROVO III: 47.50m  
 NWC: 39.77m

Name Year School Finals

1	Fischer, Tyler	Central	49.15m	161-03
2	Elder, Ben	WWU	47.64m	156-03
3	Ford, Mycal	Pacific Lutheran	46.86m	153-09
4	Cunningham, Donovan	WWU	45.44m	149-01
5	Washington, Sam	St. Martin's	42.31m	138-10
6	Ramirez, Daniel	Central	41.22m	135-03
7	Anselmi, Nigel	Pacific Lutheran	40.50m	132-10
8	Ostler, Mychal	Central	39.87m	130-10
9	Velasquez, JR	Mt. Hood	38.77m	127-02



10	Bailey, Greg	SR Puget Sound	37.36m	122-07
11	Michaelson, Bryant	WWU	37.28m	122-04
12	Weber, Adrian	Mt. Hood	37.01m	121-05
13	Foster, Stephen	WWU	34.58m	113-05
14	Swanson, Victor	Pacific Lutheran	33.65m	110-05
15	Ramos, Joel	Pacific Lutheran	33.42m	109-08
16	Kayhan, Dincer	WWU	33.15m	108-09
17	Larson, Neil	Central	31.93m	104-09
18	Smith, Grant	Lewis & Clark	30.40m	99-09
19	Nichols, Tyler	WWU	29.08m	95-05
20	Volk, Tim	Seattle Paci	28.37m	93-01
21	Derwin, Jace	Seattle Paci	28.05m	92-00
22	Smith, Curtis	Lewis & Clark	27.64m	90-08
23	Adams, Nolan	Pacific Lutheran	26.99m	88-06

Men Hammer Throw

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Stadium: # 64.86m 4/23/1988 Neil Kneip, Unattached  
 Meet: \* 64.84m 4/23/1988 Neil Kneip, Unattached  
 AUTO II: 59.00m  
 AUTO III: 57.60m  
 PROVO II: 52.42m  
 PROVO III: 51.46m  
 NWC: 39.88m

Name Year School Finals

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1	Fischer, Tyler	Central	54.55m	179-00
	48.80m 51.58m 50.74m 51.12m 51.75m 54.55m			
2	McNeill, Conor	Pacific Lutheran	51.33m	168-05
	51.33m 49.78m 49.96m 50.50m FOUL 48.68m			
3	Bailey, Greg	SR Puget Sound	50.65m	166-02
	FOUL 47.49m 50.65m 49.01m FOUL 48.77m			
4	Hoffman, Michael	Unattached	49.86m	163-07
	FOUL 49.86m FOUL 47.51m 47.88m FOUL			
5	Middleton, AJ	SR Puget Sound	47.85m	157-00
	FOUL 46.23m FOUL 47.85m FOUL FOUL			
6	Washington, Sam	St. Martin's	46.45m	152-05
	43.37m 46.31m 45.64m 46.45m FOUL FOUL			
7	Ostler, Mychal	Central	46.27m	151-10
	46.00m FOUL FOUL FOUL FOUL 46.27m			
8	Elder, Ben	WWU	44.14m	144-10
	44.14m FOUL 42.22m 43.80m 42.46m FOUL			

9	Anselmi, Nigel	Pacific Lutheran	42.07m	138-00
	35.45m 39.20m 42.07m			
10	Nielsen, Jeff	Pacific Lutheran	41.69m	136-09
	41.69m FOUL FOUL			
11	Price, Brian	Pacific Lutheran	39.84m	130-08
	38.93m 39.84m FOUL			
12	Ramos, Joel	Pacific Lutheran	38.88m	127-07
	38.88m FOUL FOUL			
13	Berkedal, Bjorn	Pacific Lutheran	37.46m	122-11
	FOUL 37.46m FOUL			
14	Ramirez, Daniel	Central	35.49m	116-05
	FOUL 35.49m FOUL			
15	Michaelson, Bryant	WWU	33.77m	110-09
	31.80m 32.03m 33.77m			
16	Larson, Neil	Central	32.47m	106-06
	32.47m FOUL FOUL			
17	Nichols, Tyler	WWU	32.20m	105-08
	32.20m FOUL FOUL			
18	Clark, Cody	Pacific Lutheran	25.16m	82-06
	FOUL 25.16m FOUL			

#### Men Javelin Throw

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Stadium: # 64.32m 4/18/1992 Ken Weinberg, Linfield  
 Meet: \* 64.32m 4/18/1992 Ken Weinberg, Linfield  
 AUTO II: 63.50m  
 AUTO III: 62.50m  
 PROVO II: 58.84m  
 PROVO III: 57.30m  
 NWC: 51.17m

Name	Year School	Finals	
1 Brewer, Justin	Unattached	X60.43m	198-03
2 Lucke, Kenton	Central	54.40m	178-06
3 Robinson, Kyle	Mt. Hood	53.89m	176-10
4 Wilhelmy, Steven	WWU	52.76m	173-01
5 Kinderman, Jacob	St. Martin's	49.54m	162-06
6 Dekock, Ben	WWU	48.78m	160-00
7 Lloyd, Will	WWU	46.33m	152-00
7 McCormick, Patrick	Unattached	X46.33m	152-00
9 Vaughn, KC	Mt. Hood	45.22m	148-04
10 Speetjens, Frank	JR Puget Sound	45.04m	147-09

11 Price, Brian	Pacific Lutheran	44.65m	146-06
12 Beck, Kyle	Pacific Lutheran	44.56m	146-02
13 Valentine, Bob	WWU	43.80m	143-08
14 Hudson, Kevin	St. Martin's	43.48m	142-08
15 Weber, Adrian	Mt. Hood	42.77m	140-04
16 Loquvam, Jacob	St. Martin's	42.47m	139-04
17 Smith, Grant	Lewis & Clark	38.46m	126-02
18 Berkedal, Bjorn	Pacific Lutheran	37.41m	122-09

7 PM

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