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# John Knight Twilight

Great Northwest Athletic Conference

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Event 1 Women 100 Meter Dash

Name	Year School	Finals	Wind
Finals			
1 Meusec, Lacey	Western Oregon	12.57	1.1
2 Duckett, Lauren	Western Oregon	12.67	1.1
-- Meis, Rachel	George Fox	NT	1.1
-- Helbling, Jacque	Western Oregon	NT	1.1

Event 2 Men 100 Meter Dash

Name	Year School	Finals	Wind
1 Kongela, Dakarai	George Fox	10.71	0.6
2 Dick, Nate	Willamette	11.28	0.6
3 Taylor, Casey	George Fox	11.40	0.6
4 Eldredge, Mike	Linfield	11.52	0.6
5 Furrow, Alex	Western Oregon	11.56	0.6
6 Freeman, Chris	Western Oregon	11.64	0.6

Event 3 Women 200 Meter Dash

Name	Year School	Finals	Wind
1 Nhim, Samantha	Willamette	28.07	0.9
2 DeCoursey, Julie	UO Running Club	30.20	0.9

Event 4 Men 200 Meter Dash

Name	Year School	Finals	Wind
1 Mott, Ashtin	Western Oregon	22.36	3.7
2 Dick, Nate	Willamette	22.98	3.7
3 Estep, Blake	Western Oregon	22.99	3.7
4 Meuser, Andy	Willamette	23.05	3.7
5 Furrow, Alex	Western Oregon	23.26	3.7

6 Hart, Jeff Unattached 24.11 3.7

Event 5 Women 400 Meter Dash

Name	Year School	Finals
1 Everetts, Janelle	RSTC	59.00
2 Dinsmore, Jaela	Willamette	1:00.09
3 Scott, Isabelle	Unattached	1:00.20
4 Skordahl, Zoe	Western Oregon	1:01.72
5 Mensonides, Lisa	George Fox	1:02.97
6 Nhim, Samantha	Willamette	1:04.00

Event 6 Men 400 Meter Dash

Name	Year School	Finals
1 Mott, Ashtin	Western Oregon	49.06
2 Lovell, Josh	Linfield	49.72
3 Estep, Blake	Western Oregon	49.92
4 Strum, Mat	Linfield	50.25
5 Lovell, Jeremy	Linfield	50.71
6 Clark, Nick	Western Oregon	50.97
7 Meuser, Andy	Willamette	51.72
8 Hart, Jeff	Unattached	53.63

Event 7 Women 800 Meter Run

Name	Year School	Finals
1 Veal, Sylvia	Unat-Oregon Stat	2:12.70
2 Zambon, Erica	Western Oregon	2:16.88
3 Klimek, Marci	Linfield	2:20.85
4 Butcher, Meryl	Western Oregon	2:22.94
5 Berry, Ashley	Unattached	2:28.37

Event 8 Men 800 Meter Run

Name	Year School	Finals	H#
1 Gilbertson, Reid	Willamette	1:52.83	1
2 Winger, Paul	Willamette	1:54.19	1

3	McLaughlin, Ryan	Willamette	1:54.22	1
4	O'Brien, Carson	Western Oregon	1:55.57	1
5	Brown, Michael	Western Oregon	1:56.37	1
6	Lanning, Jonathan	Willamette	1:58.32	2
7	Grabman, Bart	Willamette	1:58.60	2
8	Mandell, Derek	Unattached	1:59.22	2
9	Thomas, Sean	Portland	2:01.00	2
10	Cobb, Bryan	Unattached	2:01.54	2

Event 9 Women 1500 Meter Run

Name	Year School	Finals	
1	Everetts, Megan	RSTC	4:47.04
2	Klimek, Marci	Linfield	4:48.06
3	Mohror, Kristen	UO Running Club	4:50.24
4	Snawder, Erica	Western Oregon	4:54.29
5	Young, Evelyn	Team Gfr Salem	4:58.06
6	Kaufman, Melissa	Oregon State	5:02.28

Event 10 Men 1500 Meter Run

Name	Year School	Finals	
1	Larson, Kyle	Western Oregon	3:56.81
2	Redfield, Stefan	Willamette	3:57.50
3	Long, Jeff	Western Oregon	4:03.42
4	Mandell, Derek	Unattached	4:11.82
5	Baghdadi, Hossein	Bowerman AC	4:12.57
6	Paquet, Matt	UO Running Club	4:13.20
7	Laverty, Keith	UO Running Club	4:14.91
8	Guzman, Gio	UO Running Club	4:14.96
9	Massari, Zach	Western Oregon	4:19.76
10	Fukawa, Jesse	UO Running Club	4:29.44
11	Gilles, Ryan	UO Running Club	4:35.57
12	McLauchlan, Mark	UO Running Club	4:44.12

Event 11 Women 3000 Meter Steeplechase

Name	Year School	Finals	
1	Denfeld, Lauren	Unat-Oregon Stat	11:11.08

2	Schumacher, Kambria	Oregon State	12:03.40
3	Schumacher, Cassandra	Oregon State	12:10.97

Event 12 Men 3000 Meter Steeplechase

Name	Year School	Finals
1 Snook, Brandon	Western Oregon	9:30.85
2 Sprinkle, Dan	Western Oregon	9:51.56
3 Terry, Darrell	Western Oregon	9:56.83
4 Eberhardt, Cameron	George Fox	9:57.38
5 Seick, Kyle	Western Oregon	10:11.79
6 Cavanagh, Jordon	UO Running Club	10:25.01
7 Reese, Nate	Western Oregon	10:35.17

Event 13 Men 5000 Meter Run

Name	Year School	Finals
1 Bauman, Ahrlin	BAC	15:22.13
2 Milne, Andrew	Sou-Unattached	15:28.48
3 Matson, Jeffrey	BAC	15:37.86
4 McCrary, Matt	Western Oregon	15:50.23
5 Rasca, Jonathan	Bowerman AC	17:01.59
6 Goff, Jason	UO Running Club	17:22.77

Event 14 Men 10000 Meter Run

Name	Year School	Finals
1 Davis, Kirby	BAC	30:17.90
2 Marcus, Jonathan	Bowerman Athleti	30:55.58
3 Reed, Chris	Western Oregon	31:15.37
4 McCurry, Patrick	Brooks Eastside	31:16.84
5 Karr, Nik	Western Oregon	31:28.90
6 Jackson, Braxton	Western Oregon	32:11.56
7 Lee, Johnson	Portland	32:35.72
8 Henderson, Eric	Portland State	33:10.47
9 Kiprotich Tarus, Wesley	Portland	33:17.05

Event 15 Women 100 Meter Hurdles

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Name	Year School	Finals	Wind
1 Leighty, Melissa	George Fox	14.74	2.2
2 Vander Meulen, Janna	Western Oregon	15.15	2.2
3 Keifer, Mandy	Western Oregon	15.16	2.2
4 Mosher, Ali	Western Oregon	15.72	2.2
5 Alaimo, Lizzy	George Fox	16.16	2.2
6 DeCoursey, Julie	UO Running Club	17.95	2.2

Event 16 Men 400 Meter Hurdles

Name	Year School	Finals
1 Lackman, Drew	Willamette	54.13
2 Loscutoff, Andy	Western Oregon	54.43
3 Coy, Garrison	Willamette	59.28
4 Hanshumaker, Marshall	Western Oregon	59.46

Event 17 Women 400 Meter Hurdles

Name	Year School	Finals
1 Beaty, Jamie	Northwest Nazare	1:03.76
2 Sibley, Laura	Linfield	1:05.78
3 Keifer, Mandy	Western Oregon	1:06.88
4 Honan, Mollie	George Fox	1:08.78
5 Mosher, Ali	Western Oregon	1:10.08

Event 18 Women 4x400 Meter Relay

School	Finals
1 Western Oregon 'A'	3:59.15
2 Willamette 'A'	4:02.57

Event 21 Women Long Jump

Name	Year School	Finals	Wind
1 Walsh, Cindy	George Fox	5.64m	4.3 18-0
2 Helbling, Jacque	Western Oregon	5.49m	0.1 18-0

Event 22 Men Pole Vault

Name	Year	School	Finals
1 Lovell, Josh		Linfield	4.10m 13-05.25
1 Ellingson, Kevin		Unattached	4.10m 13-05.25
1 Lundy, Tim		Unat-Western Ore	4.10m 13-05.25
4 Roberts, Austin		Western Oregon	J4.10m 13-05.25
5 Bilbao, Aaron		Willamette	3.95m 12-11.50
-- Haberly, Gabe		George Fox	NH
-- Lovell, Jeremy		Linfield	NH

Event 23 Women Pole Vault

Name	Year	School	Finals
1 Street, Catherine		Linfield	3.65m 11-11.75
2 Peaslee, Melissa		Seattle Pacific	3.50m 11-05.75
3 Andrews, Elizabeth		Willamette	3.20m 10-06.00
3 Gedde, Kjersti		Seattle Pacific	3.20m 10-06.00
-- Corwin, Misty		Linfield	NH

Event 24 Men Triple Jump

Name	Year	School	Finals	Wind
1 White, Ray		Willamette	13.89m	3.5 45-0
2 Reisnaur, Tyler		Western Oregon	13.68m	2.1 44-1
3 Woodland, Jonathan		Willamette	13.39m	3.8 43-1

Event 25 Women Triple Jump

Name	Year	School	Finals	Wind
1 Hodgkin, Emily		George Fox	10.55m	2.2 34-0

Event 26 Men High Jump

Name	Year	School	Finals
1 Davis, Trent		Lane CC	1.90m 6-02.75
2 Lindquist, Seth		Lane CC	J1.90m 6-02.75

3	Dennis, Stephen	ECEP	1.85m	6-00.75
4	Godfrey, Kevin	Lane CC	1.80m	5-10.75
5	McKenzie, Sam	George Fox	J1.80m	5-10.75
6	Burbank, Bruce	Lane CC	1.75m	5-08.75

Event 27 Women High Jump

Name	Year	School	Finals	
1	Machida, Chelsea	Linfield	1.58m	5-02.25

Event 28 Men Javelin Throw

Name	Year	School	Finals	
1	Nevin, Brandt	Willamette	56.22m	184-05
2	Reavis, Kody	Western Oregon	52.76m	173-01
3	Perry, Max	Lane CC	47.50m	155-10
4	Nicola, Jacob	Western Oregon	47.43m	155-07

Event 29 Women Javelin Throw

Name	Year	School	Finals	
1	Vermulm, Lauren	Seattle Pacific	43.26m	141-11
2	Peterson, Katie	Willamette	40.80m	133-10
3	Lane, Stephanie	Western Oregon	37.90m	124-04
3	Amsberry, Katrina	Linfield	37.90m	124-04
5	Morris, Caitlyn	Western Oregon	37.82m	124-01

Event 30 Men Shot Put

Name	Year	School	Finals	
1	Middleton, Alverno	Puget Sound	15.20m	49-10.50
2	Slowey, Jason	Western Oregon	14.78m	48-06.00
3	Barrett, Robert	Western Oregon	14.45m	47-05.00
4	Clothier, Josh	Willamette	14.17m	46-06.00
5	Perry, Max	Lane CC	11.99m	39-04.00
6	Rauschert, Cory	Lane CC	11.88m	38-11.75
7	Schryvers, Matt	Western Oregon	11.77m	38-07.50

Event 31 Women Shot Put

Name	Year School	Finals
1 Edholm, Christina	Willamette	11.54m 37-10.50
2 Taylor, Alyssa	Western Oregon	10.51m 34-05.75

Event 32 Men Hammer Throw

Name	Year School	Finals
1 Bailey, Greg	Puget Sound	51.30m 168-04
2 Monroe, Jacob	Willamette	51.22m 168-00
3 Collins, Steve	Willamette	48.44m 158-11
4 Schryvers, Matt	Western Oregon	46.30m 151-11
5 Bassett-Smith, Trevor	Willamette	45.31m 148-08
6 Barrett, Robert	Western Oregon	43.97m 144-03
7 Short, Jeff	Willamette	41.55m 136-04
8 Sather, Craig	Willamette	40.98m 134-05
9 Burgess, Ben	George Fox	37.53m 123-01

Event 33 Women Hammer Throw

Name	Year School	Finals
1 Zakrevsky, Marlee	George Fox	43.48m 142-08
2 Blake, Jillian	St. Martin's	41.29m 135-05
3 Fisher, Hana	George Fox	39.43m 129-04
4 Taylor, Alyssa	Western Oregon	39.29m 128-11
5 Edholm, Christina	Willamette	35.97m 118-00
6 Peterson, Katie	Willamette	32.60m 106-11

Event 34 Men Discus Throw

Name	Year School	Finals
1 Slowey, Jason	Western Oregon	50.69m 166-04
2 Moore, Clint	Linfield	46.73m 153-04
3 Monroe, Jacob	Willamette	44.40m 145-08
4 Clothier, Josh	Willamette	42.75m 140-03
5 Oppat, David	Willamette	42.31m 138-10

