

4-24-2009

# Western Washington University Twilite Meet

Great Northwest Athletic Conference

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Hy-Tek's Meet Manager 4/24/2009 08:3

WWU Twilite Meet - 4/4/2009 to 4/24/2009

Civic Field, Bellingham, WA

Results

Women 100 Meter Dash

Name	Year Team	Finals	Wind	Point
1 Zukowski, Megan	Wwu	12.32	2.1	
2 Houplin, Joana	Wwu	12.76	2.1	
2 Miller, Chelsea	Northwest	12.76	2.1	
4 Wells, Tish	Cwu	12.81	2.1	
5 Peterson, Lisette	Seattle Pacific	12.84	2.1	
6 Erickson, Jessica	Wwu	13.02	2.1	
7 Schuh, Kristen	Wwu	14.23	2.1	
8 Coleman, Evelyn	Tesc	16.13	2.1	

Women 200 Meter Dash

Name	Year Team	Finals	Wind	H#	Po
1 Siler, Ellie	Wwu	25.63	0.1	2	
2 Hinton, Jessica	Seattle Pacific	25.66	0.1	2	
3 Zukowski, Megan	Wwu	26.18	0.1	2	
4 Birade, Dena	SO Cal Track Clu	26.58	0.1	2	
5 Brownell, Sarah	Wwu	26.64	0.7	1	
6 Miller, Chelsea	Northwest	26.92	0.7	1	
7 Wells, Tish	Cwu	26.96	0.1	2	
7 Peaslee, Melissa	Seattle Pacific	26.96	0.7	1	
9 Butler, Alex	Seattle Pacific	27.07	0.7	1	
10 Houplin, Joana	Wwu	27.18	0.1	2	
11 Peterson, Lisette	Seattle Pacific	27.55	0.1	2	
12 Hood, Britany	Cwu	27.78	0.7	1	
13 Kaercher, Rachael	Cwu	28.58	0.7	1	
14 Farah, Lindsey	Tesc	29.10	0.1	2	
15 Schuh, Kristen	Wwu	30.21	0.7	1	
16 Coleman, Evelyn	Tesc	34.95	0.7	1	

Women 400 Meter Dash

Name	Year Team	Finals	H#	Points
1 Siler, Ellie	Wwu	56.20	2	
2 Hinton, Jessica	Seattle Pacific	57.50	2	
3 O'Connell, Megan	Wwu	58.85	2	
4 Brownell, Sarah	Wwu	59.32	2	
5 Butler, Alex	Seattle Pacific	59.40	2	
6 Vogt, Emma	Simon Fraser	1:00.72	2	
7 Walters, Anna	Seattle Pacific	1:01.07	2	
8 Hood, Britany	Cwu	1:02.03	1	
9 Eckels, Lydia	Wwu	1:02.22	2	
10 Kaercher, Rachael	Cwu	1:02.43	1	
11 Daye, Julia	New West Spartan	1:02.82	1	
12 Sluys, Daphne	Club Northwest M	1:10.81	1	

Women 800 Meter Run

Name	Year Team	Finals	H#	Points
1 Johnson, Rachael	Wwu	2:15.23	2	
2 Hudson, Ali	Simon Fraser	2:15.70	2	
3 Watson, Cheri	Wwu	2:20.19	2	
4 Ganyo, Ally	Wwu	2:21.29	1	
5 DeLapp, Paige	Northwest	2:21.94	1	
6 Schmid, Brianna	St. Martin's	2:22.29	2	
7 Stockall, Holly	Unattached	2:23.64	2	
8 Olsen, Courtney	Wwu	2:25.11	2	
9 Brennan, Olivia	Simon Fraser	2:26.28	2	
10 Farah, Lindsey	Tesc	2:27.38	1	
11 Weslowski, Jennifer	Simon Fraser	2:27.92	1	
12 Pendon, Jessica	St. Martin's	2:28.97	1	
13 Owen, Karissa	St. Martin's	2:40.38	1	
14 Grambo, Heather	Pearson's AC	2:42.05	1	
-- Shaw, Angela	Simon Fraser	DNF	2	

Women 1500 Meter Run

Name	Year Team	Finals	Points
1 Carlyle, Laura	Pearson's AC	4:33.87	
2 Mullen, Marcie	Cwu	4:49.40	
3 Plunkett, Natty	Seattle Pacific	4:54.54	

4	Carlson, Krinda	St. Martin's	4:56.02
5	Boyer, Jessica	Wwu	5:03.28
6	Laweryson, Annie	St. Martin's	5:08.43
7	Carlson, Karissa	Tesc	5:10.70
8	Williams, Mary	Seattle Pacific	5:21.81

Women 5000 Meter Run

Name	Year Team	Finals	Points
1 Hall, Megan	Everett CC	18:27.07	
2 Casillas, Ana	Tesc	18:31.59	
3 Moore, Kristen	Unattached	18:36.25	
4 Hart, Katie	Seattle Pacific	18:40.17	
5 Jensen, Shellane	Wwu	19:03.71	
6 Ashby, Chris	Club Northwest	19:09.65	
7 Pecha, Kaitlynn	St. Martin's	19:27.45	
8 Brisky, Sierra	Wwu	19:33.27	
9 Hedges, Kendra	Wwu	19:54.84	
10 Costigan, Jessica	Everett CC	20:01.03	
11 Brager, Amanda	Unattached	20:37.47	
12 McGill, Krissy	Everett CC	20:39.19	
13 Kratz, Caroline	Wwu	20:39.37	
14 Cotterill, Lacey	Everett CC	20:49.83	
15 Tongue, Katie	Simon Fraser	20:51.40	
16 Whipple, Kelsey	Everett CC	21:20.53	
17 Leo, Diann	Tesc	21:24.28	
18 Baker, Emily	Tesc	21:27.69	

Women 100 Meter Hurdles

Name	Year Team	Finals	Wind	Point
1 Nash, Amber	Unattached	14.91	1.4	
2 Lloyd, Haileigh	Com. Cougars	15.21	1.4	
3 Erickson, Jessica	Wwu	15.61	1.4	
4 Rose, Amanda	Cwu	16.55	1.4	
5 Howe, Michelle	Wwu	18.95	1.4	

Women 400 Meter Hurdles

Name	Year Team	Finals	Points
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1	Dimmitt, Heidi	Wwu	1:02.78
2	Pike, Jenifer	Seattle Pacific	1:03.69
3	Lloyd, Haileigh	Com. Cougars	1:05.50
4	Nobbs, Natalie	Seattle Pacific	1:06.80
5	Nash, Amber	Unattached	1:06.89
6	Howe, Michelle	Wwu	1:06.94
7	Wilkins, Kayla	Seattle Pacific	1:10.68
8	Seidler, Mary	Cwu	1:12.91

#### Women 3000 Meter Steeplechase

Name	Year Team	Finals	Points
1 Olsen, Courtney	Wwu	11:31.58	
2 Palibroda, Emily	Simon Fraser	11:35.38	
3 Williams, Mary	Seattle Pacific	11:47.90	
4 Hartnett, Phoebe	Wwu	11:48.43	
5 Gonzales, Bianca	Simon Fraser	11:54.23	
6 Peterson, Britta	Tesc	12:20.58	

#### Women 4x100 Meter Relay

Team	Finals	Points
1 Western Washington 'A'	48.13	
1) Dimmitt, Heidi	2) Zukowski, Megan	
3) Houplin, Joana	4) Siler, Ellie	
2 Seattle Pacific 'A'	49.47	
1) Hinton, Jessica	2) Pike, Jenifer	
3) Nobbs, Natalie	4) Peaslee, Melissa	
3 Central Washington 'A'	50.65	
1) Rose, Amanda	2) Hood, Britany	
3) Wells, Tish	4) Carie, Gwenna	

#### Women 4x400 Meter Relay

Team	Finals	Points
1 Western Washington 'A'	4:00.09	
1) Dimmitt, Heidi	2) Brownell, Sarah	
3) O'Connell, Megan	4) Siler, Ellie	

2 Western Washington 'B' 4:08.25  
 1) Watson, Cheri 2) Ganyo, Ally  
 3) Johnson, Rachael 4) Olsen, Courtney

Women 4x800 Meter Relay

Team	Finals	Points
1 Northwest U. 'A'	9:46.13	
1) Prause, Shayna	2) Harris, Rachael	
3) Wagner, Lindsey	4) DeLapp, Paige	

Women High Jump

Name	Year Team	Finals	Points
1 Cook, Clara	Wwu	1.62m	5-03.75
2 Barnett, Rachelle	Simon Fraser	1.57m	5-01.75
3 Mattson, Jaquie	Seattle Pacific	J1.57m	5-01.75
4 Burns, Kelsey	Seattle Pacific	1.52m	4-11.75
5 Adair, Megan	Unat-St. Martin'	1.47m	4-09.75

Women Pole Vault

Name	Year Team	Finals	Points
1 Miller, Christy	Wwu	3.76m	12-04.00
2 Allan, Carrie	Seattle Pacific	3.61m	11-10.00
3 DiEnno, Amanda	Wwu	3.30m	10-10.00
4 Austin, Sydney	Wwu	J3.30m	10-10.00
5 Kamphius, Ester	Unattached	J3.30m	10-10.00
6 Caldwell, Michaela	Seattle Pacific	J3.30m	10-10.00
7 Clarke, Camille	Unattached	3.15m	10-04.00
8 Couvelier, Elsa	Wwu	J3.15m	10-04.00
9 Quick, Jennifer	Wwu	J3.15m	10-04.00
10 Gedde, Kjersti	Seattle Pacific	J3.15m	10-04.00
11 Wessa, Lindsey	Northwest	3.00m	9-10.00
12 Gross, Kristi	Unattached	2.85m	9-04.25
13 Griegs, Heather	Unattached	J2.85m	9-04.25
14 Anderson, Angela	St. Martin's	2.70m	8-10.25
15 Glenn, Cindy	Cwu	J2.70m	8-10.25
16 Kreft, Kelsey	Cwu	2.55m	8-04.25

16 Groff, Megan	Northwest	2.55m	8-04.25
18 McCloy, Sophie	Unattached	J2.55m	8-04.25
-- Peaslee, Melissa	Seattle Pacific	NH	
-- DiMarco, Diana	Wwu	NH	
-- Johnson, Jennifer	St. Martin's	NH	

Women Long Jump

Name	Year Team	Finals	Wind
1 Warman, Emily	Wwu	5.51m	0.8 18-0
2 Williams, Valerie	Simon Fraser	5.26m	1.6 17-0
3 Burns, Kelsey	Seattle Pacific	5.14m	3.1 16-1
4 Muri, Callie	Wwu	5.08m	2.1 16-0
5 Cook-Mackenzie, April	Simon Fraser	5.06m	2.0 16-0
6 Nobbs, Natalie	Seattle Pacific	4.95m	0.6 16-0
7 Butler, Gail	Wwu	4.76m	-0.8 15-0
8 Harris, Rachael	Northwest	4.69m	0.9 15-0
9 Seidler, Mary	Cwu	4.54m	1.0 14-1
10 Daye, Julia	New West Spartan	4.32m	-0.7 14-0

Women Triple Jump

Name	Year Team	Finals	Wind
1 Warman, Emily	Wwu	11.48m	1.1 37-0
2 Williams, Valerie	Simon Fraser	10.98m	2.1 36-0
3 Burns, Kelsey	Seattle Pacific	10.93m	1.1 35-1
4 Miller, Christy	Wwu	10.29m	0.2 33-0
5 Adair, Megan	Unat-St. Martin'	9.74m	0.6 31-1
6 Hart, Lindsey	Wwu	9.41m	1.6 30-1

Women Shot Put

Name	Year Team	Finals
1 Tandle, Krissy	Cwu	13.81m 45-03.75
2 Afoa, Shaina	Cwu	12.96m 42-06.25
3 Self, Torrie	Cwu	11.68m 38-04.00
4 Stueckle, Jordan	Cwu	11.06m 36-03.50
5 Kneip, Jessica	Northwest	11.04m 36-02.75
6 Thomas, Megan	St. Martin's	10.51m 34-05.75

7	Larion, Alisha	Northwest	9.82m	32-02.75
8	Brown, Robin	Wwu	9.73m	31-11.25
9	Kneip, Cadie	Northwest	8.90m	29-02.50

Women Discus Throw

Name	Year Team	Finals
1 Self, Torrie	Cwu	43.49m 142-08
2 Tandle, Krissy	Cwu	41.29m 135-05
3 Afoa, Shaina	Cwu	39.69m 130-02
4 Kneip, Jessica	Northwest	35.26m 115-08
5 Keys, Morgan	Unat-St. Martin'	33.75m 110-09
6 Kneip, Cadie	Northwest	31.74m 104-02
7 Larion, Alisha	Northwest	28.57m 93-09

Women Hammer Throw

Name	Year Team	Finals
1 Self, Torrie	Cwu	47.25m 155-00
2 Tandle, Krissy	Cwu	45.26m 148-06
3 Stueckle, Jordan	Cwu	42.58m 139-08
4 Blake, Jillian	St. Martin's	42.25m 138-07
5 Thomas, Megan	St. Martin's	41.12m 134-11
6 Kneip, Jessica	Northwest	35.39m 116-01
7 Kneip, Cadie	Northwest	32.33m 106-01
8 Keys, Morgan	Unat-St. Martin'	26.32m 86-04

Women Javelin Throw

Name	Year Team	Finals
1 Schantin, Jeeni	Seattle Pacific	47.65m 156-04
2 VerMulm, Lauren	Seattle Pacific	44.40m 145-08
3 Prause, Shayna	Northwest	39.02m 128-00
4 McMeel, Katie	Cwu	38.12m 125-01
5 Campbell, Katie	Northwest	36.48m 119-08
6 Andrews, Carly	Seattle Pacific	33.73m 110-08
7 DiEnno, Amanda	Wwu	33.70m 110-07
8 Blake, Jillian	St. Martin's	31.03m 101-10
9 Trujillo, Shanyese	Wwu	29.64m 97-03



10 Marino, Lauren                      Wwu                      22.10m                      72-06

Men 100 Meter Dash

Name	Year Team	Finals	Wind	H#	Po
1 Mack, Bryan	Cwu	10.98	1.0	3	
2 Nichols, Kincaid	Cwu	11.06	1.0	3	
3 Tilley, Alex	Wwu	11.08	1.0	3	
4 Agyei, Augustine	Wwu	11.09	1.0	3	
5 Gruger, Shane	Wwu	11.20	1.0	3	
6 Reed, Jimmy	Northwest	11.25	1.0	3	
7 Miura, Joey	Wwu	11.41	1.0	3	
8 Demouchet, Christian	Cwu	11.43	2.2	2	
9 Villanueva, Phillip	Wwu	11.44	2.2	2	
10 Grzelak, Patrick	New West Spartan	11.84	2.2	2	
11 Dye, Alex	Wwu	12.00	1.7	1	
12 Palmerton, Justin	Pearson's AC	12.04	1.7	1	
12 Pan, Mark	Unattached	12.04	2.2	2	
14 Snyder, Maxx	Wwu	12.05	1.7	1	
15 Adugalski, Sebastian	New West Spartan	12.18	2.2	2	
16 Shoemaker, Jason	Tesc	12.19	1.7	1	
17 Butler, DJ	Pearson's AC	12.22	1.7	1	
18 Moen, Kevin	Wwu	12.28	2.2	2	
19 Thompsen, Dan	Team Salty	12.67	1.7	1	
19 Combs-Bachmann, Alex	Tesc	12.67	1.7	1	
21 Vega, Mosses	Unattached	12.84	1.7	1	

Men 200 Meter Dash

Name	Year Team	Finals	Wind	H#	Po
1 Brown, Ant	Unattached	22.24	1.8	2	
2 Tilley, Alex	Wwu	22.79	1.8	2	
3 Nichols, Kincaid	Cwu	22.89	1.8	2	
4 Gruger, Shane	Wwu	22.96	1.8	2	
5 Demouchet, Christian	Cwu	23.24	1.8	2	
6 David, Toby	Wwu	23.41	1.8	2	
7 Agyei, Augustine	Wwu	23.49	1.8	2	
8 Grounds, Micah	Seattle Pacific	23.61	0.1	1	
9 McKiever, Marquis	Cwu	24.13	0.1	1	
10 Dodge, Travis	St. Martin's	24.33	0.1	1	

11	Lara, Ryan	Tesc	24.34	1.8	2
12	Snyder, Maxx	Wwu	24.38	0.1	1
13	Dye, Alex	Wwu	24.62	0.1	1
14	Ramirez, Hilario	Seattle Pacific	24.73	0.1	1
15	Shoemaker, Jason	Tesc	25.03	0.1	1
16	Combs-Bachmann, Alex	Tesc	26.00	0.1	1

Men 400 Meter Dash

Name	Year Team	Finals	H#	Points
1 Halcro, Joel	British Columbia	49.80	2	
2 Suzuki, Ryosuke	Club Northwest	50.08	2	
3 David, Toby	Wwu	50.98	2	
4 Myhre, Kevin	Wwu	51.73	2	
5 Dodge, Travis	St. Martin's	52.78	2	
6 McKiever, Marquis	Cwu	53.39	2	
7 Orji, Lionel	Cwu	53.82	2	
8 Burgoyne, Taylor	Seattle Pacific	54.77	1	
9 Flaherty, Connor	St. Martin's	56.22	1	
10 Lawrence, Justin	Everett CC	1:04.43	1	

Men 800 Meter Run

Name	Year Team	Finals	Points
1 Tomsich, Anthony	Wwu	1:53.78	
2 Cameron, Will	Unat-Western Was	1:54.99	
3 Ramirez, Douglas	Pearson's AC	1:55.10	
4 Abraham, Nick	Wwu	1:57.84	
5 Fraser, Seth	Simon Fraser	1:58.31	
6 Peters, Travis	Unattached	1:59.99	
7 Cronkhite, Corey	Cwu	2:00.94	
8 Johnson, Kyle	Wwu	2:01.35	
9 Wahlenmaier, Jacob	Everett CC	2:01.91	
10 Gavereski, Mike	Pearson's AC	2:02.09	
11 Nilsen, Tyler	Everett CC	2:02.42	
12 Trowbridge, Seth	Everett CC	2:03.09	
13 O'Connell, Matt	Wwu	2:03.29	
14 Lara, Ryan	Tesc	2:03.48	
15 Cheslik, Josiah	Everett CC	2:03.49	
16 Brown, Jake	Wwu	2:04.22	

17	Spencer, David	Wwu	2:06.57
18	Bedell, Sam	Wwu	2:06.58
19	Rockwell, Liam	Tesc	2:08.08
20	Warren, Andy	Everett CC	2:10.88
21	Mece, Jerin	Unattached	2:11.49
22	Randles, Andy	Unat-Western Was	2:12.66
23	Nodine, Matt	Pearson's AC	2:13.19
24	Duchaine, Brian	Unattached	2:14.01
--	Bies, Erik	Unattached	DNF

Men 1500 Meter Run

Name	Year Team	Finals	Points
1	Bedell, Sam	Wwu	4:00.11
2	Forster, Keir	Unattached	4:02.08
3	Johnson, Kyle	Wwu	4:02.32
4	Sleight, Nathanael	Seattle Pacific	4:07.59
5	Gavereski, Mike	Pearson's AC	4:11.29
6	Hunt, Spencer	St. Martin's	4:12.31
7	Spilsbury, Patrick	Wwu	4:15.21
8	Nichol, Stephen	Simon Fraser	4:15.50
9	Dahani, Samir	Simon Fraser	4:15.63
10	Spencer, David	Wwu	4:16.40
11	Rockwell, Liam	Tesc	4:17.66
12	Lance, Jordan	Seattle Pacific	4:19.28
13	Brown, Jake	Wwu	4:19.85
14	Johnson, Tom	Cwu	4:21.99
15	Hamilton, Daniel	Seattle Pacific	4:24.59
16	Gibson, Doug	Unattached	4:32.51
17	Pace, Nicholas	Tesc	4:38.55
18	Barr, Clinton	St. Martin's	5:02.14
--	Talmadge, Patrick	St. Martin's	DNF

Men 5000 Meter Run

Name	Year Team	Finals	Points
1	Riak, John	St. Martin's	14:59.21
2	Medhaug, Blake	Unattached	15:10.37
3	Tomsich, Anthony	Wwu	15:11.67
4	Kazuta, Kerry	British Columbia	15:17.39

5	Van Santen, Kyle	St. Martin's	15:17.89
6	Berhe, Yonas	Wwu	15:21.76
7	Price, Josiah	St. Martin's	15:28.07
8	Kubitz, Greg	Wwu	15:37.49
9	Jakobsen, Casper	Wwu	15:39.01
10	Zahn, Nathan	Wwu	15:54.58
11	Jones, Eric	Tesc	15:55.19
12	Bridges, Seth	Northwest	16:13.75
13	Croutworst, Alex	Northwest	16:15.58
14	Barnes II, Clayton	Unattached	16:28.48
15	Wagner, Andy	Everett CC	16:29.85
16	Grimes, Bennett	Unattached	16:39.29
17	Santos, Matt	Wwu	16:39.71
18	Mueller, Jesse	Unattached	17:21.91
19	Johnson, Chris	Unattached	18:27.73
20	Hedges, Kyle	Unattached	20:24.40

Men 110 Meter Hurdles

Name	Year Team	Finals	Wind	H#	Po
1	Brown, Ant	Unattached	14.48	2.0	2
2	Wargo, Ben	Wwu	15.50	2.0	2
3	Walker, Sean	Unattached	15.57	2.0	2
4	Freeman, Josh	Club Northwest	15.67	2.0	2
5	Williams, Kyle	Cwu	15.84	2.0	2
6	Myhre, Kevin	Wwu	15.95	2.0	2
7	Waltman, Jason	Northwest	16.14	2.0	2
8	Harris, Darnell	Cwu	16.31	0.5	1
9	Moen, Kevin	Wwu	16.64	0.5	1

Men 400 Meter Hurdles

Name	Year Team	Finals	Points
1	Wargo, Ben	Wwu	55.07
2	Villanueva, Phillip	Wwu	55.51
3	Myhre, Kevin	Wwu	56.19
4	Walker, Sean	Unattached	56.69
5	Birade, Laurent	SO Cal Track Clu	58.56
6	Harris, Darnell	Cwu	58.66
7	Agyei, Augustine	Wwu	1:00.03

8 Snyder, Maxx

Wwu

1:02.33

Men 3000 Meter Steeplechase

Name	Year Team	Finals	Points
1 Friesen, Daniel	Seattle Pacific	9:39.23	
2 Hart, Tyler	Northwest	9:52.86	
3 Elias, Mitchell	Everett CC	9:54.18	
4 Power, Scott	Cwu	10:21.45	
5 Wakefield, Brett	Simon Fraser	10:26.12	
6 Race, Tommy	Wwu	10:27.29	
7 Kratzer, Josh	Cwu	10:27.66	
8 Caffrey, Noah	St. Martin's	10:33.00	
9 Hamilton, Andrew	Seattle Pacific	10:37.72	
10 Koenigs, Matt	Unattached	10:48.90	
11 Nodine, Matt	Pearson's AC	10:51.75	
12 Horn, TJ	Everett CC	11:08.15	

Men 4x100 Meter Relay

Team	Finals	Points
1 Western Washington 'A'	42.26	
1) Agyei, Augustine	2) Gruger, Shane	
3) Miura, Joey	4) Tilley, Alex	
2 Central Washington 'A'	42.60	
1) Mack, Bryan	2) Nichols, Kincaid	
3) Cho, James	4) Rogstad, Matt	
3 Seattle Pacific 'A'	44.18	
1) Felt, Justin	2) Grounds, Micah	
3) Ramirez, Hilario	4) Derwin, Jace	
4 Northwest U. 'A'	46.02	
1) Reed, Jimmy	2) Peters, Greg	
3) Waltman, Jason	4) Hart, Tyler	

Men 4x400 Meter Relay

Team	Finals	Points
1 Western Washington 'A'	3:26.76	
1) Wargo, Ben	2) Villanueva, Phillip	

3) O'Connell, Matt	4) Myhre, Kevin	
2 Western Washington 'B'		3:35.02
1) David, Toby	2) Agyei, Augustine	
3) Abraham, Nick	4) Snyder, Maxx	
3 Team Salty 'A'		3:45.55
4 Everett CC 'A'		4:00.79
1) Warren, Andy	2) Wagner, Andy	
3) Elias, Mitchell	4) Lawrence, Justin	

Men 4x800 Meter Relay

Team	Finals	Points
1 Everett CC 'A'	8:26.51	
1) Cheslik, Josiah	2) Trowbridge, Seth	
3) Nilsen, Tyler	4) Wahlenmaier, Jacob	

Men High Jump

Name	Year Team	Finals	
1 Johnson, Kyley	Bowerman Athleti	2.03m	6-08.00
2 Bailey, Cameron	Cwu	1.98m	6-06.00
3 Brockman, Keefe	Unattached	J1.98m	6-06.00
4 Hamilton, Jonathan	Cwu	1.93m	6-04.00
5 Richardson, Bill	St. Martin's	1.88m	6-02.00
6 Brown, Ryan	Wwu	1.83m	6-00.00
7 Wagner, Nathan	Seattle Pacific	1.78m	5-10.00
7 Peters, Greg	Northwest	1.78m	5-10.00

Men Pole Vault

Name	Year Team	Finals	
1 Brown, Ryan	Wwu	4.90m	16-00.75
2 Hoza, Nick	Wwu	4.45m	14-07.25
3 Woodward, Haydon	Wwu	J4.45m	14-07.25
4 Lloyd, Will	Wwu	4.30m	14-01.25
5 Carr, James	Cwu	4.15m	13-07.25
6 Chavez, Ismael	Wwu	4.00m	13-01.50
7 Collins, Nick	Cwu	3.85m	12-07.50
-- Millson, Michael	Wwu	NH	

-- Rosenberg, Cal	Unattached	NH
-- McCoy, Scott	Club Northwest	NH

Men Long Jump

Name	Year Team	Finals	Wind
1 Felt, Justin	Seattle Pacific	6.98m	1.0 22-1
2 Williams, Kyle	Cwu	6.74m	1.4 22-0
3 Grzelak, Patrick	New West Spartan	6.48m	1.6 21-0
4 Pierre, Miguel	Pearson's AC	6.44m	0.9 21-0
5 Cho, James	Cwu	6.40m	1.1 21-0
6 Orji, Lionel	Cwu	6.32m	1.3 20-0
7 Brown, Ryan	Wwu	6.21m	0.7 20-0
8 Collins, Nick	Cwu	6.17m	2.4 20-0
9 Millson, Michael	Wwu	6.07m	1.1 19-1
10 Schmidt, Karl	Seattle Pacific	5.90m	1.2 19-0
11 Adugalski, Sebastian	New West Spartan	5.81m	1.1 19-0
-- Gruger, Shane	Wwu	FOUL	NWI

Men Triple Jump

Name	Year Team	Finals	Wind
1 Davis, Will	Wwu	14.02m	0.7 46-0
2 Satterwhite, Tim	Wwu	13.87m	-0.9 45-0
3 Moldanov, Sviatoslav	Simon Fraser	13.75m	-1.1 45-0
4 Mack, Bryan	Cwu	13.74m	0.3 45-0
5 Brockman, Keefe	Unattached	13.37m	0.4 43-1
6 Waltman, Jason	Northwest	12.32m	-0.2 40-0
7 Cho, James	Cwu	11.64m	-1.1 38-0

Men Shot Put

Name	Year Team	Finals
1 Washington, Sam	St. Martin's	15.41m 50-06.75
2 Fischer, Tyler	Cwu	14.90m 48-10.75
3 Elder, Ben	Wwu	14.18m 46-06.25
4 Varkevisser, Brandon	Wwu	13.84m 45-05.00
5 Hoffman, Michael	Unat-Western Was	13.46m 44-02.00
6 Cunningham, Donavan	Wwu	13.44m 44-01.25

7	Ramirez, Daniel	Cwu	J13.44m	44-01.25
8	Potes, Jesse	Cwu	12.73m	41-09.25
9	Skogsberg, Nik	Wwu	12.34m	40-06.00
10	Hartwigsen, Derek	Unattached	12.32m	40-05.00
11	Waltman, Jason	Northwest	11.68m	38-04.00
12	Foster, Steven	Wwu	11.58m	38-00.00
13	Larson, Neil	Cwu	11.45m	37-06.75
14	Nichols, Tyler	Wwu	11.13m	36-06.25
15	Derwin, Jace	Seattle Pacific	10.65m	34-11.25
16	Volk, Tim	Seattle Pacific	10.18m	33-04.75
17	Licht, Zach	Tesc	9.02m	29-07.25

Men Discus Throw

Name	Year Team	Finals
1	Cunningham, Donovan	Wwu 48.10m 157-10
2	Hoffman, Michael	Unat-Western Was 46.09m 151-02
3	Washington, Sam	St. Martin's 44.75m 146-10
4	Fischer, Tyler	Cwu 43.76m 143-07
5	Michaelson, Bryant	Wwu 43.02m 141-02
6	Elder, Ben	Wwu 42.21m 138-06
7	Potes, Jesse	Cwu 41.18m 135-01
8	Ramirez, Daniel	Cwu 40.36m 132-05
9	Ostler, Mychal	Cwu 39.06m 128-02
10	Skogsberg, Nik	Wwu 37.02m 121-05
11	Foster, Steven	Wwu 36.08m 118-04
12	Waltman, Jason	Northwest 33.25m 109-01
13	Fischer, Luke	Northwest 32.44m 106-05
14	Varkevisser, Brandon	Wwu 32.26m 105-10
15	Derwin, Jace	Seattle Pacific 29.69m 97-05
16	Volk, Tim	Seattle Pacific 29.57m 97-00
17	Nichols, Tyler	Wwu 29.42m 96-06
18	Licht, Zach	Tesc 26.54m 87-01
19	Mayburg, Colby	Unattached 26.20m 85-11
--	Larson, Neil	Cwu FOUL

Men Hammer Throw

Name	Year Team	Finals
1	Fischer, Tyler	Cwu 56.60m 185-08



2	Ostler, Mychal	Cwu	54.46m	178-08
3	Hoffman, Michael	Unat-Western Was	54.38m	178-05
4	Washington, Sam	St. Martin's	45.32m	148-08
5	Elder, Ben	Wwu	44.12m	144-09
6	Michaelson, Bryant	Wwu	40.66m	133-05
7	Cunningham, Donavan	Wwu	40.17m	131-09
8	Nichols, Tyler	Wwu	39.32m	129-00
9	Skogsberg, Nik	Wwu	37.73m	123-09
10	Petty, Tyler	Northwest	36.65m	120-03
11	Larson, Neil	Cwu	32.39m	106-03
--	Ramirez, Daniel	Cwu	FOUL	
--	Fischer, Luke	Northwest	FOUL	

Men Javelin Throw

Name	Year	Team	Finals
1	Brewer, Justin	Unattached	60.61m 198-10
2	Wilhelmy, Steven	Wwu	53.38m 175-01
3	Dekock, Ben	Wwu	50.69m 166-04
4	Kinderman, Jacob	St. Martin's	50.33m 165-01
5	Palmerton, Justin	Pearson's AC	49.53m 162-06
6	Lloyd, Will	Wwu	46.85m 153-08
7	Hudson, Kevin	St. Martin's	43.01m 141-01
8	Loquvam, Jacob	St. Martin's	42.54m 139-07
9	Michaelson, Bryant	Wwu	42.44m 139-03
10	Hartwigsen, Derek	Unattached	39.16m 128-06
11	Petty, Tyler	Northwest	38.59m 126-07
12	Waltman, Jason	Northwest	35.33m 115-11

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