

United Heritage Invitational - 2/5/2010 to 2/6/2010

Nampa, ID

Results

Women 60 Meter Dash College/Open

Name	Year Team	Seed	Prelims	H#
Preliminaries				
1 Kelsey Bolden	UC Santa Barbara	7.95	7.94q	4
2 Paige Olivetti	Bsu-Unatt	7.85	7.97q	2
3 Kellie Schueler	Summit Track Club		7.98q	4
3 Racquel Jones	Boise State	7.75	7.98q	1
5 Gina Deckard	Nevada	7.97	8.00q	3
5 Jackae Bridges	Nevada	8.00	8.00q	2
7 Melissa Grammer	Northwest Nazarene	8.12	8.14q	1
8 Taryn Campos	Boise State	8.15	8.26q	1
9 Christabel Leonce	Northwest Nazarene	8.60	8.31	2
10 Cherise Dixon	UC Santa Barbara	8.19	8.34	3
11 Katelyn Choukalos	Nevada		8.41	1
12 Molly Reid	Northwest Nazarene	8.32	8.43	2
12 Christa Brediger	Northwest Nazarene	8.31	8.43	3
14 Andrea Wilson	Bsu-Unatt	8.26	8.45	4
15 Veronica Gines	UC Santa Barbara	8.17	8.48	2
16 Alexa Anderson	Nevada		8.49	2
17 Megan Azevedo	Treasure Valley CC	8.66	8.60	4
18 Sarah Franje	Dordt.College	8.40	8.69	1
19 Jessica Case	Northwest Nazarene	8.60	8.70	3
20 Amy Ciaccio	Northwest Nazarene	8.60	8.85	1
21 Danielle Bickford	Northwest Nazarene	8.86	8.93	4
21 Molly Tipton	Northwest Nazarene	8.94	8.93	3

Women 60 Meter Dash College/Open

Name	Year Team	Prelims	Finals	Points
Finals				
1 Racquel Jones	Boise State	7.98	7.88	
2 Kelsey Bolden	UC Santa Barbara	7.94	7.94	
3 Paige Olivetti	Bsu-Unatt	7.97	7.97	
4 Gina Deckard	Nevada	8.00	8.02	
5 Melissa Grammer	Northwest Nazarene	8.14	8.13	
6 Jackae Bridges	Nevada	8.00	8.14	

Women 200 Meter Dash College/Open

Name	Year Team	Seed	Finals	H#	Points
1 Kellie Schueler	Summit Track Club	24.50	25.31	1	
2 Racquel Jones	Boise State	25.55	25.39	2	
3 Jackae Bridges	Nevada	25.64	25.49	3	
4 Cristina Hibbert	Nevada	24.87	25.59	1	
5 Taryn Campos	Boise State	25.42	25.63	2	
6 Kelsey Bolden	UC Santa Barbara	25.85	25.65	4	
7 Jennifer Carey	UC Santa Barbara	26.11	25.74	4	
8 Paige Olivetti	Bsu-Unatt	25.00	25.75	2	
9 Gina Deckard	Nevada	25.69	25.87	4	
10 Joi Glass	Boise State	25.60	26.23	3	
11 Megan Olivetti	Bsu-Unatt	25.00	26.32	2	
12 Sheneice Vargas	UC Santa Barbara	26.39	26.35	5	
12 Marjani Maldonado	Boise State	25.65	26.35	3	

United Heritage Invitational - 2/5/2010 to 2/6/2010**Nampa, ID****Results****....Women 200 Meter Dash College/Open**

14	Cherelle McMillon	UC Santa Barbara	26.20	26.43	4
15	Tajanee Simmons	Boise State	26.00	26.45	4
16	Melissa Grammer	Northwest Nazarene	26.67	26.56	5
17	Andrea Wilson	Bsu-Unatt	27.00	26.94	6
18	Regal Minyard	Nevada	26.93	27.06	5
19	Deirdre Pettigrue	Nevada	28.01	27.13	7
20	Christabel Leonce	Northwest Nazarene	28.50	27.25	8
21	Lacy Hopkins	Boise State	27.60	27.58	6
22	Monisha Davis	Boise State	26.70	27.61	5
23	Shanna Rippy	Northwest Nazarene	28.10	27.62	7
24	Christa Brediger	Northwest Nazarene	26.70	27.64	5
25	Erica Hill	Boise State	27.65	27.74	6
25	Amy Ciaccio	Northwest Nazarene	27.54	27.74	6
27	Sam Alderman	Boise State	27.90	28.16	7
28	Paige Orcutt	Boise State	27.90	28.43	7
29	Chrystal Moore	Boise State	28.50	28.59	8
30	Jessica Case	Northwest Nazarene	28.00	29.39	7
31	Sarah Franje	Dordt.College	28.50	29.53	8
32	Danielle Bickford	Northwest Nazarene	29.92	29.71	8

Women 400 Meter Dash College/Open

Name	Year Team	Seed	Finals	H#	Points
1	Angel Perkins	Unattached	53.50	55.86	1
2	Cristina Hibbert	Nevada	57.62	56.88	1
3	Joi Glass	Boise State	57.95	58.72	1
4	Sheneice Vargas	UC Santa Barbara	58.60	58.99	2
5	Cherelle McMillon	UC Santa Barbara	58.40	59.24	2
6	Jennifer Carey	UC Santa Barbara	58.19	1:00.02	2
7	Olivia Morgan	Nevada	59.91	1:00.20	3
8	Elisa Decker	Northwest Nazarene	59.00	1:00.77	2
9	Erica Hill	Boise State	1:00.10	1:01.75	3
10	Lacy Hopkins	Boise State	1:00.75	1:02.07	3
11	Paige Orcutt	Boise State	1:01.90	1:02.22	4
12	Regal Minyard	Nevada	1:00.25	1:02.35	3
13	Amy Ciaccio	Northwest Nazarene	1:01.45	1:03.01	4
14	Shanna Rippy	Northwest Nazarene	1:04.57	1:03.02	5
15	Latoya Tidwell	Northwest Nazarene	1:03.00	1:03.82	4
16	Chrystal Moore	Boise State	1:04.50	1:03.95	5
17	Melissa Grammer	Northwest Nazarene	1:04.00	1:04.02	5
18	Auna Charlton	Treasure Valley CC		1:05.02	6
19	Christa Brediger	Northwest Nazarene	1:04.00	1:05.28	5
20	Sam Alderman	Boise State	1:01.70	1:05.38	4
21	Laura Pridgen	Northwest Nazarene	1:05.00	1:05.90	6

Women 800 Meter Run College/Open

Name	Year Team	Seed	Finals	Points
1	Ashley Puga	Unattached	2:11.00	2:12.04
2	Christy Works	Nevada	2:15.27	2:15.51
3	Michelle Phillips	Northwest Nazarene	2:15.00	2:16.89
4	Jaclyn Puga	Northwest Nazarene	2:13.90	2:16.94
5	Christine Harwood	Northwest Nazarene	2:18.00	2:19.30

United Heritage Invitational - 2/5/2010 to 2/6/2010**Nampa, ID****Results****....Women 800 Meter Run College/Open**

6	Jenifer McEntire	Nevada	2:20.00	2:21.01
7	Mandy Russ	Nevada	2:21.00	2:22.14
8	Shannon Porter	Treasure Valley CC		2:23.08
9	Jamie Knapp	Boise State	2:24.00	2:26.24
10	Carly Gerard	Boise State	2:24.00	2:29.12
11	Piper Delaney	Boise State	2:23.00	2:29.39
12	Shea Hanson	Boise State	2:21.00	2:29.55
13	Meagan Swenson	Northwest Nazarene	2:25.00	2:29.96
14	Chelsea Layne	Northwest Nazarene	2:28.00	2:30.90

Women 1 Mile Run College/Open

Name	Year Team	Seed	Finals	Points
1	Shannon Porter	Treasure Valley CC	5:08.82	
2	Mandy Russ	Nevada	5:08.00	5:12.27
3	Piper Delaney	Boise State	5:18.00	5:17.95
4	Shea Hanson	Boise State	5:14.27	5:18.48
5	Carly Gerard	Boise State	5:20.00	5:18.72
6	Jordan Powell	Northwest Nazarene	5:17.00	5:21.01
7	Alma Janet Martinez	Nevada	5:11.42	5:24.15
8	Alexandria Bell	Boise State	5:19.00	5:32.41
9	Ashley Rendahl	Northwest Nazarene	5:38.00	5:38.66
10	Breanne Whitlock	Boise State	5:35.00	5:41.07
11	Brittnee Sanchez	Boise State	5:26.00	5:42.48
12	Kalyn Kenney	Nevada	5:29.00	5:42.55
13	Kristi Pace	Boise State	5:40.00	5:47.80

Women 3000 Meter Run College/Open

Name	Year Team	Seed	Finals	Points
1	Alma Janet Martinez	Nevada	10:22.00	10:19.33
2	Jordan Powell	Northwest Nazarene	10:37.08	10:26.90
3	Christine Olen	YMCA Team Idaho	9:50.10	10:38.69
4	Gloria Sosa	Nevada	11:05.10	10:59.56
5	Melody Braden	Boise State	11:06.29	11:09.86
6	Ashley Rendahl	Northwest Nazarene	11:05.85	11:11.63

Women 5000 Meter Run College/Open

Name	Year Team	Seed	Finals	Points
1	Tara Dines	Nevada	19:30.00	19:28.40
2	Ashley Rendahl	Northwest Nazarene	19:32.15	19:42.48

Women 60 Meter Hurdles College/Open

Name	Year Team	Seed	Prelims	H#
Preliminaries				
1	Gina Deckard	Nevada	8.59	8.70q 2
2	Cristina Hibbert	Nevada	8.93	8.91q 2
3	Megan Olivetti	Bsu-Unatt	8.80	8.98q 3
4	Marjani Maldonado	Boise State	9.08	9.06q 1

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....Women 60 Meter Hurdles College/Open

5	Monisha Davis	Boise State	9.00	9.15q	1
6	Cherise Dixon	UC Santa Barbara	9.50	9.30q	2
7	Tajanee Simmons	Boise State	9.25	9.32q	2
8	Jessica Bragg	UC Santa Barbara		9.67q	1
9	Jennifer Boswell	Nevada	9.42	9.80	3
10	Jill Bennett	Northwest Nazarene	9.93	10.01	3
11	Veronica Gines	UC Santa Barbara	9.70	10.18	1
12	Taylor Williams	UC Santa Barbara		10.18	1
13	Laura Pridgen	Northwest Nazarene	9.50	10.32	1
14	Alexa Anderson	Nevada	9.83	10.46	2
15	Stephanie Hugus	Northwest Nazarene	11.13	10.92	3
16	Katelyn Choukalos	Nevada	11.43	11.03	2

Women 60 Meter Hurdles College/Open

Name	Year Team	Prelims	Finals	Points
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Finals

1	Gina Deckard	Nevada	8.70	8.67
2	Cristina Hibbert	Nevada	8.91	8.89
3	Megan Olivetti	Bsu-Unatt	8.98	8.90
4	Marjani Maldonado	Boise State	9.06	9.06
5	Monisha Davis	Boise State	9.15	9.16
6	Tajanee Simmons	Boise State	9.32	9.29
7	Cherise Dixon	UC Santa Barbara	9.30	9.33
8	Jessica Bragg	UC Santa Barbara	9.67	9.64

Women 4x400 Meter Relay College/Open

Team	Seed	Finals	Points
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1	Nevada 'A'	3:53.38	3:56.12
	1) Gina Deckard	2) Christy Works	
	3) Jackae Bridges	4) Cristina Hibbert	
2	UC Santa Barbara 'A'	3:50.74	3:58.90
	1) Sheneice Vargas	2) Cherelle McMillon	
	3) Kelsey Bolden	4) Jennifer Carey	
3	UC Santa Barbara 'B'	3:56.16	4:13.80
	1) Jessica Bragg	2) Cherise Dixon	
	3) Maureen Ajoku	4) Jane Doolittle	

Women Distance Medley College/Open

Team	Seed	Finals	Points
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1	Northwest Nazarene 'A'	11:55.73	12:18.50
	1) Michelle Phillips	2) Elisa Decker	
	3) Christine Harwood	4) Jaclyn Puga	
2	College of Idaho 'A'	12:25.59	12:31.47
	1) Colleen Smith	2) Ashley Miller	
	3) Maggie Miller	4) Molli Lee-Painter	
3	Nevada 'A'	12:42.25	13:05.44
	1) Jenifer McEntire	2) Olivia Morgan	
	3) Kalyn Kenney	4) Gloria Sosa	

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Women High Jump College/Open

Name	Year Team	Seed	Finals	Points
1 Helena Montin	UC Santa Barbara	1.62m	1.73m	5-08.00
2 Cortney Beasley	Nevada	1.67m	1.68m	5-06.00
3 Panagiota Louka	Bsu-Unatt		1.63m	5-04.25
4 La Tijera Avery	Nevada	1.67m	J1.63m	5-04.25
5 Zaina Akeh	UC Santa Barbara	1.67m	J1.63m	5-04.25
6 Maureen Ajoku	UC Santa Barbara	1.70m	1.58m	5-02.25
7 Katelyn Choukalos	Nevada	1.60m	1.53m	5-00.25
8 Jill Bennett	Northwest Nazarene	1.53m	1.48m	4-10.25
8 Jasmyrn Jewitt	Northwest Nazarene	1.57m	1.48m	4-10.25
10 Beth McLam	Northwest Nazarene	1.45m	1.38m	4-06.25
10 Alexa Anderson	Nevada	1.43m	1.38m	4-06.25
-- Jane Doolittle	UC Santa Barbara	1.78m	NH	
-- Heidi Price	Summit Track Club	1.43m	NH	
-- Ali Rotta	Northwest Nazarene		NH	
-- Jennifer Boswell	Nevada	1.52m	NH	

Women Pole Vault College/Open

Name	Year Team	Seed	Finals	Points
1 Heidi Dorling	Boise State	3.70m	3.65m	11-11.75
2 Alicia Echaverria	Nevada	3.66m	J3.65m	11-11.75
3 BreAnna Craig	Boise State	3.80m	3.50m	11-05.75
4 Casey Gray	Nevada	3.41m	J3.50m	11-05.75
5 MJ Usabel	Northwest Nazarene	3.20m	3.30m	10-10.00
6 Karina Elzinga	Northwest Nazarene	3.40m	3.10m	10-02.00
7 Caitlin Owen	Nevada	3.35m	J3.10m	10-02.00
8 Amanda Konzal	Northwest Nazarene	3.10m	2.90m	9-06.25
9 Whitney Adams	Boise State	2.60m	2.70m	8-10.25
10 Ashley Egger	Northwest Nazarene	2.90m	J2.70m	8-10.25

Women Long Jump (Pit #1) College/Open

Name	Year Team	Seed	Finals	Points
1 Tayler Williams	UC Santa Barbara	5.91m	5.86m	19-02.75
2 Racquel Jones	Boise State	5.76m	5.66m	18-07.00
3 Deborah Amoah	Nevada	5.63m	5.59m	18-04.25
4 Jackae Bridges	Nevada	5.79m	5.57m	18-03.25
5 La Tijera Avery	Nevada	5.77m	5.48m	17-11.75
6 Veronica Gines	UC Santa Barbara	5.38m	5.47m	17-11.50
7 Maureen Ajoku	UC Santa Barbara	5.30m	5.46m	17-11.00
8 Alexa Anderson	Nevada	5.50m	5.27m	17-03.50
9 Katelyn Choukalos	Nevada	5.54m	5.25m	17-02.75
10 Jasmyrn Jewitt	Northwest Nazarene	5.01m	5.11m	16-09.25
10 Aurelia Houston	Nevada	5.08m	5.11m	16-09.25
12 Jessica Bragg	UC Santa Barbara	5.34m	5.02m	16-05.75
13 Molly Reid	Northwest Nazarene	5.31m	4.97m	16-03.75
14 Maycee Bekkedahl	Northwest Nazarene	5.04m	4.86m	15-11.50
15 Jennifer Boswell	Nevada	4.78m	4.84m	15-10.50
16 Jill Bennett	Northwest Nazarene	4.96m	4.80m	15-09.00
17 Laura Vonarx	Northwest Nazarene	5.09m	4.75m	15-07.00
18 Annie Larlee	Northwest Nazarene		4.55m	14-11.25

United Heritage Invitational - 2/5/2010 to 2/6/2010**Nampa, ID****Results****....Women Long Jump (Pit #1) College/Open**

19	Beth McLam	Northwest Nazarene	4.20m	3.93m	12-10.75
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Women Triple Jump Pit #1 College/Open

Name	Year Team	Seed	Finals	Points	
1	Taylor Williams	UC Santa Barbara	11.70m	11.75m	38-06.75
2	Aurelia Houston	Nevada	11.96m	11.36m	37-03.25
3	Ann Noyes	Boise State	11.76m	11.32m	37-01.75
4	Maureen Ajoku	UC Santa Barbara	11.30m	11.16m	36-07.50
5	Laura Vonarx	Northwest Nazarene	11.51m	10.82m	35-06.00
6	Deborah Amoah	Nevada	12.04m	10.70m	35-01.25
7	Maycee Bekkedahl	Northwest Nazarene	10.97m	10.69m	35-01.00
8	Jasmyrn Jewitt	Northwest Nazarene	10.83m	10.67m	35-00.25
9	Molly Reid	Northwest Nazarene	11.13m	J10.67m	35-00.25
10	Annie Larlee	Northwest Nazarene		10.39m	34-01.25

Women Shot Put College/Open

Name	Year Team	Seed	Finals	Points	
1	Irene Kujore	UC Santa Barbara	12.80m	14.49m	47-06.50
2	Kayla Smith	UC Santa Barbara	14.63m	13.77m	45-02.25
3	Jean Lightfoot	UC Santa Barbara	14.02m	13.64m	44-09.00
4	Jaleesa Jeffery	Nevada	13.08m	12.99m	42-07.50
5	Joy Warrington	Northwest Nazarene	13.63m	12.97m	42-06.75
6	Barbara Nwaba	UC Santa Barbara	11.75m	12.66m	41-06.50
7	Alyssa Osai	Boise State	11.61m	12.23m	40-01.50
8	Nadine Russell	Boise State	11.48m	11.59m	38-00.25
9	Carly Dranginis	Northwest Nazarene	11.71m	11.46m	37-07.25
10	Rachelle Buck	Bsu-Unatt		10.86m	35-07.75
11	Mele Vaisima	Boise State	12.10m	10.81m	35-05.75
12	kady Stafford	Bsu-Unatt		10.72m	35-02.00
13	Jennifer Boswell	Nevada	10.90m	10.69m	35-01.00
14	Shayna Shute	Northwest Nazarene	11.34m	10.61m	34-09.75
15	Katelyn Choukalos	Nevada	9.92m	10.41m	34-02.00
16	Alicia Hedrick	Northwest Nazarene	10.40m	10.36m	34-00.00
17	Alexa Anderson	Nevada	10.51m	10.26m	33-08.00
18	Sasa Kampic	Boise State		10.07m	33-00.50
19	Sarah Mattly	Northwest Nazarene	10.00m	9.21m	30-02.75
20	Ali Rotta	Northwest Nazarene		8.94m	29-04.00
21	Dani Schwalbe	Boise State	11.27m	8.38m	27-06.00
--	Porchia Branzell	Boise State		ND	

Women Weight Throw College/Open

Name	Year Team	Seed	Finals	Points	
1	Mele Vaisima	Boise State	18.49m	17.37m	57-00.00
2	Nadine Russell	Boise State	14.99m	14.96m	49-01.00
3	Joy Warrington	Northwest Nazarene	13.70m	14.41m	47-03.50
4	Alyssa Osai	Boise State	15.95m	13.82m	45-04.25
5	Shayna Shute	Northwest Nazarene	13.43m	13.71m	44-11.75
6	Erika McCarthy	Northwest Nazarene	13.80m	13.63m	44-08.75
7	Jaleesa Jeffery	Nevada	13.27m	13.58m	44-06.75

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8	Carly Dranginis	Northwest Nazarene	12.30m	11.88m	38-11.75
9	Bailey Osborn	Northwest Nazarene	11.50m	10.08m	33-01.00
10	Alicia Hedrick	Northwest Nazarene	11.80m	9.91m	32-06.25
11	Sarah Mattly	Northwest Nazarene	11.50m	9.09m	29-10.00

Men 60 Meter Dash College/Open

Name	Year Team	Seed	Prelims	H#
Preliminaries				
1	Eric Capelle	Boise State	6.86	7.05q 1
2	Paul Robertson	Boise State	7.08	7.20q 2
3	Derek Sepe	Northwest Nazarene	7.25	7.31q 1
4	Maurus Hope	Northwest Nazarene	7.20	7.32q 1
4	Cameron Colby	Northwest Nazarene	7.23	7.32q 2
6	Eetu Viitala	Boise State	7.03	7.35q 3
7	Jeff Daw	Boise State	7.10	7.37q 1
8	Ian kilgore	Treasure Valley CC		7.41q 2
9	Jason Lane	Unattached	7.32	7.46 3
10	Dan Hill	Northwest Nazarene	7.32	7.48 3
11	Eric Zwiefelhofer	Northwest Nazarene	7.42	7.54 2
12	Robert Goodwin	Treasure Valley CC		7.62 1
13	Charles Young	1911 TC	7.00	7.77 3
14	Tim Greene	Northwest Nazarene	7.60	7.78 3
15	Chase Langmack	Bsu-Unatt	7.50	7.94 1
16	Brandon Humble	Northwest Nazarene	7.51	8.07 2
17	Stuart Montgomery	Northwest Nazarene	8.09	8.26 3

Men 60 Meter Dash College/Open

Name	Year Team	Prelims	Finals	Points
Finals				
1	Eric Capelle	Boise State	7.05	7.04
2	Derek Sepe	Northwest Nazarene	7.31	7.25
3	Paul Robertson	Boise State	7.20	7.27
4	Cameron Colby	Northwest Nazarene	7.32	7.30
5	Jeff Daw	Boise State	7.37	7.33
6	Eetu Viitala	Boise State	7.35	7.36
7	Maurus Hope	Northwest Nazarene	7.32	7.38
8	Ian kilgore	Treasure Valley CC	7.41	7.39

Men 200 Meter Dash College/Open

Name	Year Team	Seed	Finals	H#	Points
1	Nick Karren	Unattached	21.95	1	
2	Maurus Hope	Northwest Nazarene	22.13	1	
3	Dan Hill	Northwest Nazarene	23.10	2	
4	Cameron Colby	Northwest Nazarene	23.63	3	
5	Derek Sepe	Northwest Nazarene	23.10	2	
6	Jason Lane	Unattached	23.65	2	
7	Geoff Zath	Summit Track Club	23.80	3	
8	Eric Zwiefelhofer	Northwest Nazarene	23.82	3	
9	Charles Young	1911 TC	22.00	1	

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10	Brandon Humble	Northwest Nazarene	24.12	25.21	3
11	Chase Langmack	Bsu-Unatt	23.80	25.24	2

Men 400 Meter Dash College/Open

Name	Year Team	Seed	Finals	H#	Points
1	Corey Nelson	Unattached	47.60	48.53	1
2	Dan Hill	Northwest Nazarene	50.65	51.42	1
3	Trevor Skidmore	Treasure Valley CC	52.62	51.55	2
4	Derek Sepe	Northwest Nazarene	51.75	51.95	1
5	Geoff Zath	Summit Track Club	52.44	52.69	1
6	Tim Steiglitz	Northwest Nazarene	54.50	54.61	2
7	Tim Greene	Northwest Nazarene	55.40	56.45	2
8	Brandon Humble	Northwest Nazarene	56.17	56.83	2
9	Stuart Montgomery	Northwest Nazarene	53.50	57.02	2
10	Charles Young	1911 T.C.		59.89	2

Men 800 Meter Run College/Open

Name	Year Team	Seed	Finals	Points
1	Dusty Klein	Boise State	1:53.70	1:54.82
2	Michael Walrath	Boise State	1:53.90	1:55.59
3	Matthew Moyer	Boise State	1:54.60	1:55.65
4	Matt Stark	Northwest Nazarene	1:54.00	1:56.90
5	Ty Axman	Bsu-Unatt	1:58.00	1:57.44
6	Justin Webb	Northwest Nazarene	1:56.00	1:57.84
7	Ethan Slight	Boise State	1:57.60	1:58.13
8	Sawyer Bosch	Boise State	1:58.30	1:58.22
9	Jeff Howard	Boise State	1:59.20	1:58.55
10	Kevin Higgs	Boise State	1:56.80	1:58.65
11	Quinten Hennekam	Boise State	1:55.20	1:59.28
12	Logan Fredrickson	Bsu-Unatt	1:59.00	1:59.76
13	Benard Ngeno	Northwest Nazarene	1:57.00	2:01.49
14	Geoff Moore	Bsu-Unatt	1:58.30	2:02.04
15	Matt Schmasow	Bsu-Unatt	1:59.40	2:02.92
16	Josh Fortin	Bsu-Unatt	2:04.00	2:03.27
17	Atcitty Begay	Treasure Valley CC	2:01.00	2:03.73
18	Nick Tatro	Bsu-Unatt	1:57.20	2:09.49

Men 1 Mile Run College/Open

Name	Year Team	Seed	Finals	Points
1	Kameron Ulmer	Bsu-Unatt	4:17.00	4:18.73
2	Zach Wiles	Boise State	4:26.00	4:24.60
3	Barak Watson	Northwest Nazarene	4:20.00	4:25.84
4	Kevin Rosaaen	Boise State	4:20.00	4:26.86
5	Scott Foley	Boise State	4:20.00	4:36.39
6	Jesse Baggenstos	Northwest Nazarene	4:35.00	4:38.86
7	Matt Rankin	Northwest Nazarene	4:36.00	4:40.87
8	Kurt Ward	Treasure Valley CC	4:38.57	4:42.06
9	Cassidy Bigsby	Bsu-Unatt	4:42.00	4:44.28
10	Rick Floyd	Bsu-Unatt	4:50.00	4:47.73

United Heritage Invitational - 2/5/2010 to 2/6/2010**Nampa, ID****Results****....Men 1 Mile Run College/Open**

11 Tyler Towner	Bsu-Unatt	4:46.00	4:48.16
12 Neil Bangs	Unattached		4:51.02
13 Chris Yorges	Unattached	4:44.00	4:51.59
14 Weston Carmichael	Bsu-Unatt	4:50.00	4:59.76

Men 3000 Meter Run College/Open

Name	Year Team	Seed	Finals	Points
1 DJ Flores	Unattached		8:49.52	
2 Doug Benson	Unattached	8:43.00	8:54.18	
3 Devin White	Unattached		9:16.78	
4 Jesse Baggenstos	Northwest Nazarene	9:05.00	9:21.07	
5 Matt Rankin	Northwest Nazarene	9:28.00	9:23.56	
6 Alex Crystal	Northwest Nazarene	9:39.83	9:51.69	
7 Joe Lovell	Northwest Nazarene	9:48.00	10:01.99	

Men 5000 Meter Run College/Open

Name	Year Team	Seed	Finals	Points
1 Steven Yung	Treasure Valley CC		16:21.40	
2 Alex Shippy	Treasure Valley CC		17:03.86	
3 Israel Shirk	Bsu-Unatt	16:45.00	17:49.51	
4 Weston Carmichael	Bsu-Unatt	16:45.00	17:53.59	

Men 60 Meter Hurdles College/Open

Name	Year Team	Seed	Prelims
Preliminaries			
1 Tim Steiglitz	Northwest Nazarene	9.20	9.05q

Men 60 Meter Hurdles College/Open

Name	Year Team	Prelims	Finals	Points
Finals				
1 Tim Steiglitz	Northwest Nazarene	9.05	9.03	

Men Distance Medley College/Open

Team	Seed	Finals	Points
1 Boise State 'B'	10:08.00	10:11.86	
1) Kevin Higgs			
2) Paul Robertson			
3) Matthew Moyer			
4) Sawyer Bosch			
2 Boise State 'C'	10:12.00	10:19.77	
1) Scott Foley			
2) Ethan Slight			
3) Michael Walrath			
4) Jeff Howard			
3 Boise State 'A'	10:07.00	10:23.23	
1) Austin Edwards			
2) Jeff Daw			
3) Dusty Klein			
4) Quinten Hennekam			

United Heritage Invitational - 2/5/2010 to 2/6/2010**Nampa, ID****Results****Men High Jump College/Open**

Name	Year Team	Seed	Finals	Points
1 Jason Lane	Unattached	2.00m	1.89m	6-02.25
2 Stuart Montgomery	Northwest Nazarene	1.57m	1.54m	5-00.50
-- Tim Greene	Northwest Nazarene	1.51m	NH	

Men Pole Vault College/Open

Name	Year Team	Seed	Finals	Points
1 Robert Low	Unattached	5.45m	5.40m	17-08.50
2 Nathan Balcirak	Unattached	4.26m	4.35m	14-03.25
3 Dylan Watts	Unattached	4.41m	4.20m	13-09.25
4 Bruno Bennett	Northwest Nazarene	4.00m	4.00m	13-01.50
-- Wesley Ferrell	Boise State	4.50m	NH	
-- Daniel Thompson	Boise State	4.74m	NH	
-- Kurt Felix	Boise State		NH	

Men Long Jump Pit #2 College/Open

Name	Year Team	Seed	Finals	Points
1 Zacharias Arnos	Boise State	7.35m	7.55m	24-09.25
2 Eetu Viitala	Boise State	7.48m	7.24m	23-09.00
3 Kasen Covington	YMCA Team Idaho	7.20m	7.12m	23-04.50
4 Mark Hanson	Northwest Nazarene	6.45m	5.93m	19-05.50
5 Tim Greene	Northwest Nazarene	5.85m	5.91m	19-04.75
6 Stuart Montgomery	Northwest Nazarene	5.80m	5.40m	17-08.75

Men Triple Jump Pit #2 College/Open

Name	Year Team	Seed	Finals	Points
1 Zacharias Arnos	Boise State	15.96m	16.01m	52-06.50
2 Ryan Grinnell	Bsu-Unatt	16.15m	15.87m	52-01.00
3 Kasen Covington	YMCA Team Idaho	15.18m	15.23m	49-11.75

Men Shot Put College/Open

Name	Year Team	Seed	Finals	Points
1 Grant Miller	Unat-Northwe	15.30m	15.03m	49-03.75
2 Jordan Fenters	Northwest Nazarene	14.40m	14.02m	46-00.00
3 Kurt Felix	Boise State	13.78m	12.90m	42-04.00
4 Diego Estrada	Northwest Nazarene	12.50m	12.64m	41-05.75
5 Steven Piippo	Boise State		12.33m	40-05.50
6 Zach Lovell	Northwest Nazarene	11.90m	11.09m	36-04.75
7 Elmer Williams	Northwest Nazarene	12.80m	10.08m	33-01.00

Men Weight Throw College/Open

Name	Year Team	Seed	Finals	Points
1 Trevor Kraychir	Boise State	19.57m	19.79m	64-11.25
2 Alex Nelson	Boise State	17.92m	17.93m	58-10.00

United Heritage Invitational - 2/5/2010 to 2/6/2010**Nampa, ID****Results****....Men Weight Throw College/Open**

3	Grant Miller	Unat-Northwe	16.69m	16.15m	53-00.00
4	Jordan Fenters	Northwest Nazarene	14.90m	15.23m	49-11.75
5	Diego Estrada	Northwest Nazarene	12.90m	12.10m	39-08.50
6	Alex Eaton	Northwest Nazarene	12.80m	11.86m	38-11.00
7	Elmer Williams	Northwest Nazarene	12.90m	11.65m	38-02.75