

Licensed to University of Washington Huskies

HY-TEK's Meet Manager 1/29/2010 10:20 PM

2010 UW Invitational - 1/29/2010 to 1/30/2010

Dempsey Indoor, Seattle WA

Results

Women 5000 Meter Run

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NCAA Auto: $ 16:07.50
NCAA Provis: * 16:44.50
Dempsey Rec: R 15:01.70 2/14/2009 Jenny Barringer, Colorado
Name Year School Finals
=====
Finals
1 Huddle, Molly Saucony 15:20.05$
2 Zeferjahn, Tanya Queens (N.C. 16:13.00*
3 Kiernan, Reilly Princeton 16:19.14*
4 Bowen, Katie BYU 17:03.96
5 Cummings, Sarah Princeton 17:04.92
6 Morejon, Lilyanna Cal St. Nort 17:05.33
7 Flanagan, Lindsay Washington 17:06.73
8 Taylor, Alice Concordia (O 17:09.49
9 Woodward, Maggie British Colu 17:31.83
10 Klimek, Marci Linfield 17:36.51
11 Breihof, Lauren Western Wash 17:38.90
12 Holtz, Kristina Sacramento S 18:03.39
13 Mitchell, Molly Portland 18:04.39
14 Hernandez, Liliana Cal St. Los 18:09.43
15 Pattillo, Paige Portland 18:12.39
16 Robert, Samantha Concordia (O 18:29.51
17 Perez, Dora Cal St. Los 18:36.74
18 Chertok, Hannah Eastern Wash 19:02.11
19 Dye, Stephanie Eastern Wash 19:13.77
20 Stickney, Greta Seattle U. 20:01.84
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Women 4x800 Meter Relay

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School Finals
=====
1 Simon Fraser 'A' 9:08.61
1) Brennan, Olivia 2) Hudson, Ali
3) Kane, Brianna 4) Stockall, Holly
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Women Distance Medley

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NCAA Auto: $ 11:05.50
NCAA Provis: * 11:26.50
Dempsey Rec: R 11:05.16 1/31/2003 , Stanford
Stanford
School Finals
=====
1 Byu 'A' 11:17.12*
1) Cramer, Lacey 2) Stewart, Natalie
3) Stewart, Nachele 4) Wagner, Angela
2 Simon Fraser 'A' 11:30.96
1) Crofts, Helen 2) Shaw, Angela
3) Smith, Jessica 4) Kane, Michaela
3 Arizona State 'A' 11:31.50
1) Hardt, Kari 2) Chaney, Jasmine
3) Allison, Allyssa 4) Sperry, Anna
4 Portland 'A' 11:41.51
1) Hemphill, Natalie 2) Williams, Kiyah
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| | | |
|--------------------------|------------------------|-----------------------|
| 3) Moore, Cori | 4) Morgan, Dana | 11:45.54 |
| 5 Sacramento St. 'A' | 1) Robinson, Renisha | 2) O'Reilly, Mary |
| 1) Wallace, Lea | 3) Marchini, Lora | 11:46.27 |
| 6 Western Washington 'A' | 1) Olsen, Courtney | 2) O'Connell, Megan |
| 1) Johnson, Rachael | 3) Porter, Sarah | 11:51.05 |
| 7 Washington 'A' | 1) Follett, Katie | 2) Atchley, Skye |
| 1) Johnson, Justine | 3) Lightfoot, Courtney | 12:13.16 |
| 8 Long Beach St. 'A' | 1) Barajas, Alisia | 2) Nunez, Denise |
| 1) Randall, Annie | 3) | 12:31.92 |
| 9 Portland 'B' | 1) Hailey, Theresa | 2) Borsch, Carolyn |
| 1) Knettles, Hailey | 3) Mitchell, Molly | 13:00.31 |
| 10 Seattle U. 'A' | 1) Bolce, Sarah | 2) Yorkston, Rachel |
| 1) Stolle, Jennifer | 3) Lout, Alyssa | 13:04.15 |
| 11 Portland 'C' | 1) King, Abigail | 2) Spaulding, Tiffany |
| 1) Smith, Megan | 3) Auer, Sarah | |

Women Pole Vault

| | | | |
|------------------------------------|----------|--------------|------------------------|
| NCAA Auto: \$ | 4.25m | | |
| NCAA Provis: * | 4.00m | | |
| Dempsey Rec: R | 14-09.50 | 2/11/2006 | Mary Sauer, Unattached |
| Name | Year | School | Finals |
| 1 Giordano, Cyrena | | California | 3.87m 12-08.25 |
| 3.12 3.27 3.42 3.57 3.72 3.87 4.02 | | | |
| P P P O O | | XO XXX | |
| 2 Violet, Ericka | | Sacramento S | 3.72m 12-02.50 |
| 3.12 3.27 3.42 3.57 3.72 3.87 | | | |
| P P P O O | | XXX | |
| 2 Friese, Chelsi | | Eastern Wash | 3.72m 12-02.50 |
| 3.12 3.27 3.42 3.57 3.72 3.87 | | | |
| P P XO O O | | XXX | |
| 4 Miller, Logan | | Washington | 3.57m 11-08.50 |
| 3.12 3.27 3.42 3.57 3.72 | | | |
| P P O XO XXX | | | |
| 4 Mudlo, Kelly | | Washington | 3.57m 11-08.50 |
| 3.12 3.27 3.42 3.57 3.72 | | | |
| P P O O XXX | | | |
| 4 Fraser, Tessa | | UC Davis | 3.57m 11-08.50 |
| 3.12 3.27 3.42 3.57 3.72 | | | |
| P P O XO XXX | | | |
| 4 Moore, Kaitlyne | | Sacramento S | 3.57m 11-08.50 |
| 3.12 3.27 3.42 3.57 3.72 | | | |
| XO O O XXO XXX | | | |
| 8 Fjeran, Talyor | | Washington | 3.42m 11-02.50 |
| 3.12 3.27 3.42 3.57 | | | |
| P P XO XXX | | | |
| 8 Webberley, Tiana | | Cal St. Nort | 3.42m 11-02.50 |
| 3.12 3.27 3.42 3.57 | | | |
| XO O O XXX | | | |
| 8 Hill, Megan | | Cal St. Nort | 3.42m 11-02.50 |
| 3.12 3.27 3.42 3.57 | | | |
| XXO XO XO XXX | | | |
| 11 Peaslee, Melissa | | Seattle Paci | 3.27m 10-08.75 |
| 3.12 3.27 3.42 | | | |
| P XXO XXX | | | |

| | | | | |
|----|--------------------|--------------|-------|----------|
| 12 | Wren, Klarrisa | Unattached | 3.12m | 10-02.75 |
| | 3.12 3.27 | | | |
| | O XXX | | | |
| 12 | Caldwell, Michaela | Seattle Paci | 3.12m | 10-02.75 |
| | 3.12 3.27 | | | |
| | XXO XXX | | | |
| 12 | Allen, Cristi | Cal St. Nort | 3.12m | 10-02.75 |
| | 3.12 3.27 | | | |
| | O XXX | | | |
| -- | Cabebe, Courtney | Seattle U. | | NH |
| | 3.12 | | | |
| | XXX | | | |
| -- | Johnson, Ariel | Unattached | | NH |
| | 3.12 | | | |
| | XXX | | | |
| -- | Hulion, Jenna | Cal St. Nort | | NH |
| | 3.12 3.27 | | | |
| | P XXX | | | |
| -- | Gedde, Kjersti | Seattle Paci | | NH |
| | 3.12 | | | |
| | XXX | | | |
| -- | Martin, Tamara | Unattached | | NH |
| | 3.12 | | | |
| | XXX | | | |
| -- | Burley, Missy | UC Santa Bar | | NH |
| | 3.12 3.27 | | | |
| | P XXX | | | |
| -- | Knight, Jasmine | USC | | NH |
| | 3.12 3.27 3.42 | | | |
| | P P XXX | | | |

Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

| Name | Year | School | Finals | H# | Points | |
|------|------|--------------------|--------------|---------|--------|-----|
| 1 | | Kirschman, Lindsey | Washington | 2:12.76 | 2 | 925 |
| 2 | | Abdulai, Rukayatu | Valley Royal | 2:18.42 | 3 | 845 |
| 3 | | Nwaba, Barbara | UC Santa Bar | 2:23.66 | 3 | 774 |
| 4 | | McNamee, Kelly | Washington | 2:25.70 | 3 | 748 |
| 5 | | Pike, Jenifer | Seattle Paci | 2:26.49 | 1 | 738 |
| 6 | | Menez, Marine | UTEP | 2:26.57 | 3 | 736 |
| 7 | | Smith, Shianne | Cal St. Los | 2:26.60 | 3 | 736 |
| 8 | | Huntley, Tuekeha | Cal St. Los | 2:29.39 | 2 | 701 |
| 9 | | Collins, Darcy | Idaho | 2:31.26 | 3 | 677 |
| 10 | | Aanstad, Brittany | Seattle Paci | 2:33.41 | 2 | 651 |
| 11 | | Schireman, Sarah | Washington | 2:34.07 | 2 | 643 |
| 12 | | Johnson, Hanna | Portland Sta | 2:34.41 | 1 | 639 |
| 13 | | Sims, Chrystal | Seattle Paci | 2:34.83 | 1 | 634 |
| 14 | | Goodman, Lindsay | Idaho | 2:35.13 | 2 | 630 |
| 15 | | Lakes, Shaniae | Washington | 2:35.65 | 2 | 624 |
| 16 | | Celma, Baiba | Sacramento S | 2:36.84 | 1 | 610 |
| 17 | | Barnett, Rachelle | Simon Fraser | 2:38.61 | 1 | 589 |
| 18 | | Jacoy, Dominique | Concordia (O | 2:40.29 | 1 | 570 |
| 19 | | Rouse, Ellen | Idaho | 2:42.54 | 2 | 544 |
| 20 | | Ntekume, Ese | Cal St. Nort | 2:47.73 | 1 | 487 |
| 21 | | Fletcher, Ashley | Cal St. Los | 2:48.20 | 2 | 482 |
| 22 | | Vinson, Joenisha | Portland Sta | 2:53.26 | 3 | 430 |
| 23 | | St. Cyr, Jamilah | Cal St. Los | 3:26.04 | 3 | 161 |

Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon

| Name | Year | School | Finals | H# | Points |
|------|------|--------|--------|----|--------|
|------|------|--------|--------|----|--------|

| | | | | | |
|----|--------------------|--------------|-------|---|-----|
| 1 | Abdulai, Rukayatu | Valley Royal | 8.70 | 2 | 974 |
| 2 | Vinson, Joenisha | Portland Sta | 8.82 | 3 | 948 |
| 3 | Nwaba, Barbara | UC Santa Bar | 8.83 | 3 | 946 |
| 4 | Smith, Shianne | Cal St. Los | 8.96 | 5 | 918 |
| 5 | St. Cyr, Jamilah | Cal St. Los | 9.08 | 4 | 893 |
| 6 | Schireman, Sarah | Washington | 9.10 | 2 | 889 |
| 7 | Menez, Marine | UTEP | 9.15 | 2 | 879 |
| 8 | Goodman, Lindsay | Idaho | 9.26 | 3 | 856 |
| 9 | Collins, Darcy | Idaho | 9.36 | 2 | 836 |
| 10 | Fletcher, Ashley | Cal St. Los | 9.52 | 3 | 804 |
| 11 | Rouse, Ellen | Idaho | 9.53 | 3 | 802 |
| 12 | Huntley, Tuekeha | Cal St. Los | 9.67 | 1 | 775 |
| 13 | McNamee, Kelly | Washington | 9.68 | 4 | 773 |
| 14 | Pike, Jenifer | Seattle Paci | 9.69 | 1 | 771 |
| 15 | Celma, Baiba | Sacramento S | 9.79 | 4 | 752 |
| 16 | Johnson, Hanna | Portland Sta | 9.85 | 1 | 740 |
| 17 | Ntekume, Ese | Cal St. Nort | 9.86 | 5 | 738 |
| 18 | Lakes, Shaniae | Washington | 9.89 | 5 | 733 |
| 18 | Kirschman, Lindsey | Washington | 9.89 | 1 | 733 |
| 20 | Jacoy, Dominique | Concordia (O | 10.00 | 4 | 712 |
| 21 | Aanstad, Brittany | Seattle Paci | 10.01 | 2 | 710 |
| 22 | Sims, Chrystal | Seattle Paci | 10.32 | 5 | 653 |
| 23 | Barnett, Rachelle | Simon Fraser | 10.84 | 4 | 563 |

Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

| Name | Year | School | Finals | Points |
|---|------|--------------|--------|-------------|
| 1 Abdulai, Rukayatu | | Valley Royal | 1.79m | 5-10.50 966 |
| 1.67 1.70 1.73 1.76 1.79 1.82 | | | | |
| XO O O XO XO XXX | | | | |
| 1 Nwaba, Barbara | | UC Santa Bar | 1.79m | 5-10.50 966 |
| 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 | | | | |
| O O O XO XO XXO XXO XXX | | | | |
| 3 McNamee, Kelly | | Washington | 1.70m | 5-07.00 855 |
| 1.58 1.61 1.64 1.67 1.70 1.73 | | | | |
| O O O XO XO XXX | | | | |
| 4 Aanstad, Brittany | | Seattle Paci | 1.67m | 5-05.75 818 |
| 1.58 1.61 1.64 1.67 1.70 | | | | |
| O P O XO XXX | | | | |
| 4 Collins, Darcy | | Idaho | 1.67m | 5-05.75 818 |
| 1.55 1.58 1.61 1.64 1.67 1.70 | | | | |
| O XO XO XXO O XXX | | | | |
| 6 Smith, Shianne | | Cal St. Los | 1.58m | 5-02.25 712 |
| 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 | | | | |
| O O P O O O XO XXX | | | | |
| 6 Menez, Marine | | UTEP | 1.58m | 5-02.25 712 |
| 1.52 1.55 1.58 1.61 | | | | |
| O XO O XXX | | | | |
| 6 Fletcher, Ashley | | Cal St. Los | 1.58m | 5-02.25 712 |
| 1.43 1.46 1.49 1.52 1.55 1.58 1.61 | | | | |
| O P O P O XXO XXX | | | | |
| 9 Barnett, Rachelle | | Simon Fraser | 1.55m | 5-01.00 678 |
| 1.52 1.55 1.58 | | | | |
| XO XO XXX | | | | |
| 9 Vinson, Joenisha | | Portland Sta | 1.55m | 5-01.00 678 |
| 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 | | | | |
| O O O XO O O O XXX | | | | |
| 11 St. Cyr, Jamilah | | Cal St. Los | 1.52m | 4-11.75 644 |
| 1.37 1.40 1.43 1.46 1.49 1.52 1.55 | | | | |
| O O XO O XO XO XXX | | | | |
| 11 Lakes, Shaniae | | Washington | 1.52m | 4-11.75 644 |
| 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 | | | | |

| | | | | | | | | | | | | |
|----|--------------------|------|------|------|------|------|-----|-----|--------------|-------|---------|-----|
| | O | O | O | O | XO | XO | XXO | XXX | | | | |
| 13 | Pike, Jenifer | | | | | | | | Seattle Paci | 1.49m | 4-10.50 | 610 |
| | 1.40 | 1.43 | 1.46 | 1.49 | 1.52 | | | | | | | |
| | O | O | XO | XXO | XXX | | | | | | | |
| 13 | Huntley, Tuekeha | | | | | | | | Cal St. Los | 1.49m | 4-10.50 | 610 |
| | 1.43 | 1.46 | 1.49 | 1.52 | 1.55 | 1.58 | | | | | | |
| | XO | P | O | P | X | XX | | | | | | |
| 13 | Goodman, Lindsay | | | | | | | | Idaho | 1.49m | 4-10.50 | 610 |
| | 1.40 | 1.43 | 1.46 | 1.49 | 1.52 | | | | | | | |
| | O | XO | O | O | XXX | | | | | | | |
| 16 | Sims, Chrystal | | | | | | | | Seattle Paci | 1.46m | 4-09.50 | 577 |
| | 1.34 | 1.37 | 1.40 | 1.43 | 1.46 | 1.49 | | | | | | |
| | O | O | XO | O | O | XXX | | | | | | |
| 16 | Celma, Baiba | | | | | | | | Sacramento S | 1.46m | 4-09.50 | 577 |
| | 1.46 | 1.49 | | | | | | | | | | |
| | O | XXX | | | | | | | | | | |
| 18 | Ntekume, Ese | | | | | | | | Cal St. Nort | 1.43m | 4-08.25 | 544 |
| | 1.37 | 1.40 | 1.43 | 1.46 | | | | | | | | |
| | O | O | XXO | XXX | | | | | | | | |
| 18 | Schireman, Sarah | | | | | | | | Washington | 1.43m | 4-08.25 | 544 |
| | 1.34 | 1.37 | 1.40 | 1.43 | 1.46 | | | | | | | |
| | O | XO | O | O | XXX | | | | | | | |
| 18 | Rouse, Ellen | | | | | | | | Idaho | 1.43m | 4-08.25 | 544 |
| | 1.37 | 1.40 | 1.43 | 1.46 | | | | | | | | |
| | O | XO | O | XXX | | | | | | | | |
| 18 | Kirschman, Lindsey | | | | | | | | Washington | 1.43m | 4-08.25 | 544 |
| | 1.34 | 1.37 | 1.40 | 1.43 | 1.46 | | | | | | | |
| | O | O | O | O | XXX | | | | | | | |
| 22 | Jacoy, Dominique | | | | | | | | Concordia (O | 1.40m | 4-07.00 | 512 |
| | 1.28 | 1.31 | 1.34 | 1.37 | 1.40 | 1.43 | | | | | | |
| | XO | O | O | XO | XO | XXX | | | | | | |
| 23 | Johnson, Hanna | | | | | | | | Portland Sta | 1.31m | 4-03.50 | 419 |
| | 1.28 | 1.31 | 1.34 | | | | | | | | | |
| | O | O | XXX | | | | | | | | | |

Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

| Name | Year | School | Finals | Points |
|---------------------|-------|--------------|----------------|--------|
| 1 Abdulai, Rukayatu | | Valley Royal | 6.13m 20-01.50 | 890 |
| | 5.99m | 6.13m | 6.13m | |
| 2 Smith, Shianne | | Cal St. Los | 5.69m 18-08.00 | 756 |
| | 5.60m | 5.69m | 5.53m | |
| 3 Vinson, Joenisha | | Portland Sta | 5.53m 18-01.75 | 709 |
| | 5.14m | 5.36m | 5.53m | |
| 4 Schireman, Sarah | | Washington | 5.42m 17-09.50 | 677 |
| | 5.42m | 5.28m | 5.35m | |
| 4 Nwaba, Barbara | | UC Santa Bar | 5.42m 17-09.50 | 677 |
| | 5.21m | FOUL | 5.42m | |
| 6 Lakes, Shaniae | | Washington | 5.31m 17-05.25 | 645 |
| | 5.08m | 5.29m | 5.31m | |
| 6 Goodman, Lindsay | | Idaho | 5.31m 17-05.25 | 645 |
| | 5.01m | 5.11m | 5.31m | |
| 8 McNamee, Kelly | | Washington | 5.28m 17-04.00 | 637 |
| | 5.28m | FOUL | 5.04m | |
| 9 Rouse, Ellen | | Idaho | 5.25m 17-02.75 | 628 |
| | FOUL | 5.25m | FOUL | |
| 9 St. Cyr, Jamilah | | Cal St. Los | 5.25m 17-02.75 | 628 |
| | 4.90m | 4.75m | 5.25m | |
| 11 Menez, Marine | | UTEP | 5.22m 17-01.50 | 620 |
| | 5.22m | 4.95m | 5.21m | |
| 12 Ntekume, Ese | | Cal St. Nort | 5.21m 17-01.25 | 617 |
| | 5.14m | FOUL | 5.21m | |

| | | | | | |
|----|--------------------|--------------|-------|----------|-----|
| 12 | Kirschman, Lindsey | Washington | 5.21m | 17-01.25 | 617 |
| | 5.12m 5.05m 5.21m | | | | |
| 14 | Aanstad, Brittany | Seattle Paci | 5.15m | 16-10.75 | 601 |
| | FOUL 5.14m 5.15m | | | | |
| 15 | Huntley, Tuekeha | Cal St. Los | 5.07m | 16-07.75 | 578 |
| | FOUL 5.03m 5.07m | | | | |
| 16 | Sims, Chrystal | Seattle Paci | 4.96m | 16-03.25 | 548 |
| | 4.96m 4.70m 4.52m | | | | |
| 17 | Celma, Baiba | Sacramento S | 4.93m | 16-02.25 | 540 |
| | 4.93m 4.86m 4.93m | | | | |
| 18 | Jacoy, Dominique | Concordia (O | 4.92m | 16-01.75 | 538 |
| | 4.73m 4.69m 4.92m | | | | |
| 19 | Barnett, Rachelle | Simon Fraser | 4.89m | 16-00.50 | 530 |
| | 4.83m 4.74m 4.89m | | | | |
| 20 | Collins, Darcy | Idaho | 4.84m | 15-10.50 | 516 |
| | 4.80m FOUL 4.84m | | | | |
| 21 | Fletcher, Ashley | Cal St. Los | 4.82m | 15-09.75 | 511 |
| | FOUL 4.64m 4.82m | | | | |
| 22 | Pike, Jenifer | Seattle Paci | 4.65m | 15-03.25 | 466 |
| | 4.65m 4.33m 4.53m | | | | |
| 23 | Johnson, Hanna | Portland Sta | 4.20m | 13-09.50 | 355 |
| | 4.05m 4.20m FOUL | | | | |

Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

| ===== | | | | | |
|-------|----------------------|--------------|--------|----------|--------|
| Name | Year | School | Finals | | Points |
| ===== | | | | | |
| 1 | St. Cyr, Jamilah | Cal St. Los | 12.50m | 41-00.25 | 694 |
| | 11.91m 12.50m 12.01m | | | | |
| 2 | Rouse, Ellen | Idaho | 12.40m | 40-08.25 | 688 |
| | 10.56m 12.40m 11.75m | | | | |
| 3 | Huntley, Tuekeha | Cal St. Los | 11.55m | 37-10.75 | 631 |
| | 11.11m 11.55m 10.46m | | | | |
| 4 | Lakes, Shaniae | Washington | 10.84m | 35-06.75 | 585 |
| | 10.30m 10.84m 10.29m | | | | |
| 5 | Sims, Chrystal | Seattle Paci | 10.63m | 34-10.50 | 571 |
| | 10.32m 10.63m 9.99m | | | | |
| 6 | Nwaba, Barbara | UC Santa Bar | 10.59m | 34-09.00 | 568 |
| | 10.59m FOUL FOUL | | | | |
| 7 | Celma, Baiba | Sacramento S | 10.51m | 34-05.75 | 563 |
| | 10.04m 10.51m 9.30m | | | | |
| 8 | Kirschman, Lindsey | Washington | 10.49m | 34-05.00 | 562 |
| | 10.49m 9.01m FOUL | | | | |
| 9 | Johnson, Hanna | Portland Sta | 10.47m | 34-04.25 | 560 |
| | 10.47m 10.01m 10.43m | | | | |
| 10 | Fletcher, Ashley | Cal St. Los | 10.26m | 33-08.00 | 546 |
| | 9.36m 10.26m 9.88m | | | | |
| 11 | Schireman, Sarah | Washington | 10.03m | 32-11.00 | 531 |
| | 8.97m 10.03m 8.55m | | | | |
| 12 | Aanstad, Brittany | Seattle Paci | 9.97m | 32-08.50 | 527 |
| | 9.97m 9.94m FOUL | | | | |
| 13 | Abdulai, Rukayatu | Valley Royal | 9.89m | 32-05.50 | 522 |
| | 9.89m 9.84m 9.47m | | | | |
| 13 | Goodman, Lindsay | Idaho | 9.89m | 32-05.50 | 522 |
| | 8.92m 9.84m 9.89m | | | | |
| 15 | Barnett, Rachelle | Simon Fraser | 9.84m | 32-03.50 | 519 |
| | 8.10m 9.52m 9.84m | | | | |
| 16 | McNamee, Kelly | Washington | 9.72m | 31-10.75 | 511 |
| | 9.09m 9.72m 9.35m | | | | |
| 17 | Jacoy, Dominique | Concordia (O | 9.62m | 31-06.75 | 505 |
| | 9.16m 9.34m 9.62m | | | | |
| 17 | Menez, Marine | UTEP | 9.62m | 31-06.75 | 505 |
| | 9.29m 9.62m 9.54m | | | | |

| | | | | | |
|----|-------------------|--------------|-------|----------|-----|
| 19 | Collins, Darcy | Idaho | 9.46m | 31-00.50 | 494 |
| | 8.24m 9.46m 9.03m | | | | |
| 20 | Smith, Shianne | Cal St. Los | 8.96m | 29-04.75 | 462 |
| | 6.48m FOUL 8.96m | | | | |
| 21 | Pike, Jenifer | Seattle Paci | 8.91m | 29-02.75 | 458 |
| | 8.52m 8.91m 8.66m | | | | |
| 22 | Ntekume, Ese | Cal St. Nort | 8.52m | 27-11.50 | 433 |
| | 8.52m 7.96m FOUL | | | | |
| 23 | Vinson, Joenisha | Portland Sta | 8.49m | 27-10.25 | 431 |
| | FOUL 8.49m FOUL | | | | |

Women Indoor Pentathlon

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NCAA Auto: \$ 4075
 NCAA Provis: * 3725
 Dempsey Rec: R 4276 1/30/2009 Sharon Day, Asics

| Name | Year | School | Finals |
|------|------|--------------------|---------------------|
| 1 | | Abdulai, Rukayatu | Valley Royal 4197\$ |
| 2 | | Nwaba, Barbara | UC Santa Bar 3931* |
| 3 | | Smith, Shianne | Cal St. Los 3584 |
| 4 | | McNamee, Kelly | Washington 3524 |
| 5 | | Menez, Marine | UTEP 3452 |
| 6 | | Kirschman, Lindsey | Washington 3381 |
| 7 | | Collins, Darcy | Idaho 3341 |
| 8 | | Aanstad, Brittany | Seattle Paci 3307 |
| 9 | | Huntley, Tuekeha | Cal St. Los 3295 |
| 10 | | Schireman, Sarah | Washington 3284 |
| 11 | | Goodman, Lindsay | Idaho 3263 |
| 12 | | Lakes, Shaniae | Washington 3231 |
| 13 | | Rouse, Ellen | Idaho 3206 |
| 14 | | Vinson, Joenisha | Portland Sta 3196 |
| 15 | | Fletcher, Ashley | Cal St. Los 3055 |
| 16 | | Pike, Jenifer | Seattle Paci 3043 |
| 17 | | Celma, Baiba | Sacramento S 3042 |
| 18 | | St. Cyr, Jamilah | Cal St. Los 3020 |
| 19 | | Sims, Chrystal | Seattle Paci 2983 |
| 20 | | Barnett, Rachelle | Simon Fraser 2879 |
| 21 | | Jacoy, Dominique | Concordia (O 2837 |
| 22 | | Ntekume, Ese | Cal St. Nort 2819 |
| 23 | | Johnson, Hanna | Portland Sta 2713 |

Men 5000 Meter Run

=====

NCAA Auto: \$ 13:47.00
 NCAA Provis: * 14:10.00
 Dempsey Rec: R 13:30.74 2/10/2007 Chris Solinsky, Wisconsin

| Name | Year | School | Finals |
|------|------|-------------------|-----------------------|
| 1 | | Nelson, Billy | OTC 14:00.93* |
| 2 | | Swarthout, Jordan | Washington 14:40.64 |
| 3 | | Brosnan, Sean | Mizuno 14:44.99 |
| 4 | | Geiger, Markus | Idaho 14:48.51 |
| 5 | | Chastain, Ryan | Lipscomb 14:53.10 |
| 6 | | Brown, Kris | Claremont TC 14:53.64 |
| 7 | | Thistlewood, Ben | British Colu 14:55.16 |
| 8 | | Edbing, Bowe | Eastern Wash 14:59.65 |
| 9 | | Reynolds, Francis | Puget Sound 15:09.50 |
| 10 | | Sorenson, Simon | Eastern Wash 15:10.01 |
| 11 | | McDonald, Charlie | Portland 15:12.16 |
| 12 | | Heitzinger, Hans | Seattle U. 15:17.29 |
| 13 | | Szehner, Colin | Sacramento S 15:18.40 |
| 14 | | Irish, Aiden | Portland 15:21.48 |

| | | |
|---------------------|--------------|----------|
| 15 Tibaduiza, Bryan | Washington | 15:25.66 |
| 16 Kazuta, Kerry | British Colu | 15:35.16 |
| 17 Hunt, Theo | British Colu | 15:46.05 |
| 18 Olberding, Scott | Portland | 15:48.49 |
| 19 Garcia, David | Portland | 15:51.14 |

Men 4x800 Meter Relay

| School | Finals |
|-------------------------|----------------------|
| 1 Concordia (Ore.) 'A' | 7:48.74 |
| 1) Brown, Jessy | 2) Cisneros, Cordero |
| 3) Romero-Clark, Martin | 4) Burck, Eric |
| 2 Simon Fraser 'A' | 8:11.62 |
| 1) Conard, Zach | 2) Young, James |
| 3) Reid, Adam | 4) Yubai, Liu |

Men Distance Medley

NCAA Auto: \$ 9:30.00
 NCAA Provis: * 9:41.70
 Dempsey Rec: R 9:28.35 1/30/2009 , Arkansas
 Arkansas

| School | Finals |
|-----------------------|-------------------------|
| 1 Arizona State 'A' | 9:50.23 |
| 1) McHenry, Mason | 2) Kline, John |
| 3) Barbosa, Nectaly | 4) Bethke, Brandon |
| 2 Arizona 'A' | 9:54.09 |
| 1) Hassan, Abdi | 2) Jani, Kevin |
| 3) Mara, Jordan | 4) Ige, Mohamud |
| 3 Washington 'A' | 9:55.38 |
| 1) Styrk, Ryan | 2) Timpe, Miles |
| 3) Soberanis, Ryan | 4) Cameron, James |
| 4 Long Beach St. 'A' | 10:01.87 |
| 1) Freitas, Alex | 2) |
| 3) | 4) Maldonado, Matt |
| 5 Washington 'B' | 10:06.38 |
| 1) Confer, Brendon | 2) Rucker, Sam |
| 3) Whitley, Bradley | 4) Schmitt, Jake |
| 6 Simon Fraser 'A' | 10:14.87 |
| 1) Brockerville, Ryan | 2) Forester, Keir |
| 3) Friesen, Kevin | 4) Montrose, Brett |
| 7 Sacramento St. 'A' | 10:23.60 |
| 1) Lucas, Myko | 2) Rabinowitz, David |
| 3) Younger, Cole | 4) Schur, Sam |
| 8 Portland 'A' | 10:28.72 |
| 1) Wells, Cody | 2) Hanson, Pono |
| 3) Parsons, Jonathan | 4) Williams, David |
| 9 Seattle U. 'A' | 10:34.37 |
| 1) Sears, Kelton | 2) Auld, Chris |
| 3) Auld, Dan | 4) Smith Fraser, Jabari |
| 10 Portland 'B' | 10:36.97 |
| 1) Parry, Trey | 2) Squires, Jon |
| 3) Thomas, Sean | 4) Edick, Andy |

Men Pole Vault

NCAA Auto: \$ 5.50m
 NCAA Provis: * 5.20m
 Dempsey Rec: R 19-00.75 1/31/2004 Toby Stevenson, Unattached
 Name Year School Finals

| | | | | |
|----|--------------------------|--------------|--------|----------|
| 1 | Brown, Ryan | Western Wash | 5.22m* | 17-01.50 |
| | 4.77 4.92 5.07 5.22 5.32 | | | |
| | O O XXO XXO XXX | | | |
| 2 | Miller, Justin | California | 5.07m | 16-07.50 |
| | 4.92 5.07 5.22 | | | |
| | XXO O XXX | | | |
| 3 | Wallingford, Blair | Sacramento S | 4.77m | 15-07.75 |
| | 4.47 4.62 4.77 4.92 | | | |
| | XO O XXO XXX | | | |
| 4 | Sanchez, Efrain | Eastern Wash | 4.62m | 15-01.75 |
| | 4.47 4.62 4.77 | | | |
| | O XO XXX | | | |
| 4 | Lohse, Andrew | Sacramento S | 4.62m | 15-01.75 |
| | 4.47 4.62 4.77 | | | |
| | O O XXX | | | |
| 4 | Orozco, Anthony | Cal St. Nort | 4.62m | 15-01.75 |
| | 4.62 4.77 | | | |
| | XXO XXX | | | |
| -- | Vaughn, KC | Concordia (O | | NH |
| | 4.47 | | | |
| | XXX | | | |
| -- | Todd, Matt | Cal St. Nort | | NH |
| | 4.77 | | | |
| | XXX | | | |
| -- | Schroder, Joshua | Cal St. Nort | | NH |
| | 4.77 | | | |
| | XXX | | | |
| -- | Peterson, Michael | UC Davis | | NH |
| | 4.47 | | | |
| | XXX | | | |

Heptathlon: #1 Men 60 Meter Dash Heptathlon

| Name | Year | School | Finals | H# | Points | |
|------|------|--------------------|--------------|------|--------|-----|
| 1 | | Robinson, Robert | Cal St. Nort | 7.03 | 5 | 872 |
| 2 | | Morrison, Michael | California | 7.07 | 1 | 858 |
| 3 | | Mills-Bunje, Kyle | California | 7.15 | 2 | 830 |
| 3 | | Ferleman, Andrew | Washington | 7.15 | 1 | 830 |
| 5 | | Woodham, Michael | Cal St. Nort | 7.16 | 4 | 826 |
| 6 | | Bettis, Phillip | BYU | 7.18 | 5 | 819 |
| 7 | | Jellison, Mark | Unattached | 7.23 | 3 | 802 |
| 8 | | Clendaniel, Tim | Western Wash | 7.26 | 1 | 792 |
| 9 | | Gonzales, Lance | Cal St. Nort | 7.27 | 5 | 789 |
| 10 | | Blaser, Andrew | Idaho | 7.29 | 5 | 782 |
| 11 | | Bowen, Ryan | Idaho | 7.32 | 2 | 772 |
| 12 | | Birkeland, Brett | BYU | 7.35 | 4 | 762 |
| 13 | | Reilly, John | BYU | 7.36 | 2 | 759 |
| 14 | | Trubachik, Nick | Portland Sta | 7.37 | 3 | 755 |
| 15 | | Borer, Bryce | Washington | 7.38 | 4 | 752 |
| 16 | | Kuechler, Kevin | California | 7.40 | 5 | 745 |
| 17 | | Harrison, Alex | Western Wash | 7.43 | 3 | 736 |
| 17 | | Williamson, Matt | Sacramento S | 7.43 | 2 | 736 |
| 19 | | Fedore, Cale | Washington | 7.49 | 2 | 716 |
| 20 | | Kinney, Kenneth | Unattached | 7.51 | 3 | 710 |
| 20 | | Lashinske, Jeremy | Washington | 7.51 | 4 | 710 |
| 22 | | Vetter, Jake | Washington | 7.54 | 3 | 700 |
| 22 | | Fennimore, Patrick | Concordia (O | 7.54 | 4 | 700 |
| 24 | | Johnson, Nate | Seattle Paci | 7.57 | 1 | 690 |

Heptathlon: #4 Men High Jump Heptathlon

| Name | Year | School | Finals | Points |
|------|------|--------|--------|--------|
|------|------|--------|--------|--------|

| | | | | | |
|----|--------------------|--------------|-------|---------|-----|
| 1 | Gonzales, Lance | Cal St. Nort | 2.13m | 6-11.75 | 925 |
| 2 | Jellison, Mark | Unattached | 2.01m | 6-07.00 | 813 |
| 3 | Ferleman, Andrew | Washington | 1.98m | 6-06.00 | 785 |
| 3 | Trubachik, Nick | Portland Sta | 1.98m | 6-06.00 | 785 |
| 3 | Mills-Bunje, Kyle | California | 1.98m | 6-06.00 | 785 |
| 3 | Vetter, Jake | Washington | 1.98m | 6-06.00 | 785 |
| 7 | Morrison, Michael | California | 1.95m | 6-04.75 | 758 |
| 7 | Robinson, Robert | Cal St. Nort | 1.95m | 6-04.75 | 758 |
| 7 | Blaser, Andrew | Idaho | 1.95m | 6-04.75 | 758 |
| 7 | Bettis, Phillip | BYU | 1.95m | 6-04.75 | 758 |
| 11 | Bowen, Ryan | Idaho | 1.89m | 6-02.25 | 705 |
| 11 | Kinney, Kenneth | Unattached | 1.89m | 6-02.25 | 705 |
| 13 | Woodham, Michael | Cal St. Nort | 1.80m | 5-10.75 | 627 |
| 13 | Borer, Bryce | Washington | 1.80m | 5-10.75 | 627 |
| 13 | Fennimore, Patrick | Concordia (O | 1.80m | 5-10.75 | 627 |
| 13 | Kuechler, Kevin | California | 1.80m | 5-10.75 | 627 |
| 13 | Clendaniel, Tim | Western Wash | 1.80m | 5-10.75 | 627 |
| 18 | Lashinske, Jeremy | Washington | 1.77m | 5-09.75 | 602 |
| 18 | Fedore, Cale | Washington | 1.77m | 5-09.75 | 602 |
| 20 | Williamson, Matt | Sacramento S | 1.74m | 5-08.50 | 577 |
| 21 | Johnson, Nate | Seattle Paci | 1.71m | 5-07.25 | 552 |
| 21 | Birkeland, Brett | BYU | 1.71m | 5-07.25 | 552 |
| 23 | Reilly, John | BYU | 1.65m | 5-05.00 | 504 |
| -- | Harrison, Alex | Western Wash | | NH | |

Heptathlon: #2 Men Long Jump Heptathlon

| Name | Year School | Finals | Points |
|---------------------|--------------|--------|--------------|
| 1 Morrison, Michael | California | 7.32m | 24-00.25 891 |
| 7.23m FOUL 7.32m | | | |
| 2 Jellison, Mark | Unattached | 7.23m | 23-08.75 869 |
| 7.23m 7.06m FOUL | | | |
| 3 Robinson, Robert | Cal St. Nort | 7.22m | 23-08.25 866 |
| 7.01m 7.18m 7.22m | | | |
| 4 Mills-Bunje, Kyle | California | 6.99m | 22-11.25 811 |
| 6.88m 6.84m 6.99m | | | |
| 5 Kuechler, Kevin | California | 6.82m | 22-04.50 771 |
| 6.82m 6.76m 6.63m | | | |
| 6 Bowen, Ryan | Idaho | 6.81m | 22-04.25 769 |
| 6.55m 6.63m 6.81m | | | |
| 7 Bettis, Phillip | BYU | 6.67m | 21-10.75 736 |
| 6.61m 6.67m PASS | | | |
| 8 Gonzales, Lance | Cal St. Nort | 6.57m | 21-06.75 713 |
| 6.57m 6.32m FOUL | | | |
| 9 Fedore, Cale | Washington | 6.56m | 21-06.25 711 |
| FOUL 6.56m FOUL | | | |
| 10 Ferleman, Andrew | Washington | 6.51m | 21-04.25 700 |
| 6.11m 6.51m 6.29m | | | |
| 11 Trubachik, Nick | Portland Sta | 6.43m | 21-01.25 682 |
| 6.43m 6.43m 6.26m | | | |
| 12 Blaser, Andrew | Idaho | 6.39m | 20-11.75 673 |
| FOUL 6.39m FOUL | | | |
| 12 Clendaniel, Tim | Western Wash | 6.39m | 20-11.75 673 |
| 6.39m 6.24m FOUL | | | |
| 14 Birkeland, Brett | BYU | 6.35m | 20-10.00 664 |
| 6.04m 6.14m 6.35m | | | |
| 15 Williamson, Matt | Sacramento S | 6.33m | 20-09.25 659 |
| 6.33m FOUL FOUL | | | |
| 16 Vetter, Jake | Washington | 6.25m | 20-06.25 641 |
| 6.25m 6.24m FOUL | | | |
| 17 Kinney, Kenneth | Unattached | 6.18m | 20-03.50 626 |

| | | | | | | | |
|----|--------------------|--------------|-------|----------|-----|--|--|
| | 6.18m | FOUL | FOUL | | | | |
| 18 | Fennimore, Patrick | Concordia (O | 6.17m | 20-03.00 | 624 | | |
| | FOUL | FOUL | 6.17m | | | | |
| 19 | Lashinske, Jeremy | Washington | 6.13m | 20-01.50 | 615 | | |
| | FOUL | 5.93m | 6.13m | | | | |
| 20 | Woodham, Michael | Cal St. Nort | 6.05m | 19-10.25 | 597 | | |
| | 5.93m | 6.05m | FOUL | | | | |
| 21 | Reilly, John | BYU | 6.02m | 19-09.00 | 591 | | |
| | 5.61m | 5.72m | 6.02m | | | | |
| 22 | Harrison, Alex | Western Wash | 5.90m | 19-04.25 | 565 | | |
| | 5.90m | FOUL | FOUL | | | | |
| 23 | Borer, Bryce | Washington | 5.88m | 19-03.50 | 561 | | |
| | FOUL | 5.88m | 5.80m | | | | |
| 24 | Johnson, Nate | Seattle Paci | 5.60m | 18-04.50 | 502 | | |
| | 5.55m | 5.60m | 5.41m | | | | |

Heptathlon: #3 Men Shot Put Heptathlon

| Name | Year | School | Finals | Points | |
|-----------------------|--------|--------------|--------|----------|-----|
| 1 Mills-Bunje, Kyle | | California | 14.25m | 46-09.00 | 744 |
| | 12.62m | 14.25m | FOUL | | |
| 2 Jellison, Mark | | Unattached | 14.17m | 46-06.00 | 739 |
| | 13.79m | 14.17m | FOUL | | |
| 3 Trubachik, Nick | | Portland Sta | 14.16m | 46-05.50 | 738 |
| | 12.70m | 14.16m | 13.36m | | |
| 4 Harrison, Alex | | Western Wash | 13.46m | 44-02.00 | 695 |
| | FOUL | 13.01m | 13.46m | | |
| 5 Kinney, Kenneth | | Unattached | 13.24m | 43-05.25 | 682 |
| | 11.95m | 13.04m | 13.24m | | |
| 6 Ferleman, Andrew | | Washington | 12.46m | 40-10.50 | 634 |
| | 12.28m | 12.06m | 12.46m | | |
| 7 Morrison, Michael | | California | 12.21m | 40-00.75 | 619 |
| | 11.56m | 11.80m | 12.21m | | |
| 8 Lashinske, Jeremy | | Washington | 12.20m | 40-00.50 | 619 |
| | 10.87m | 11.77m | 12.20m | | |
| 9 Robinson, Robert | | Cal St. Nort | 11.85m | 38-10.50 | 597 |
| | 11.72m | 11.42m | 11.85m | | |
| 10 Reilly, John | | BYU | 11.72m | 38-05.50 | 589 |
| | 11.46m | 11.72m | 11.66m | | |
| 11 Bettis, Phillip | | BYU | 11.66m | 38-03.25 | 586 |
| | 11.66m | 11.54m | 11.35m | | |
| 12 Kuechler, Kevin | | California | 11.56m | 37-11.25 | 580 |
| | 11.39m | 10.74m | 11.56m | | |
| 13 Fennimore, Patrick | | Concordia (O | 11.53m | 37-10.00 | 578 |
| | 10.89m | 11.47m | 11.53m | | |
| 14 Gonzales, Lance | | Cal St. Nort | 11.22m | 36-09.75 | 559 |
| | 11.22m | 10.59m | 10.84m | | |
| 15 Birkeland, Brett | | BYU | 10.83m | 35-06.50 | 536 |
| | 10.47m | FOUL | 10.83m | | |
| 16 Vetter, Jake | | Washington | 10.71m | 35-01.75 | 528 |
| | 9.57m | 10.71m | 10.00m | | |
| 17 Borer, Bryce | | Washington | 10.56m | 34-07.75 | 519 |
| | 10.56m | 10.32m | 9.85m | | |
| 18 Clendaniel, Tim | | Western Wash | 10.40m | 34-01.50 | 510 |
| | 10.06m | 10.30m | 10.40m | | |
| 19 Johnson, Nate | | Seattle Paci | 10.33m | 33-10.75 | 505 |
| | 9.69m | 10.31m | 10.33m | | |
| 20 Blaser, Andrew | | Idaho | 10.25m | 33-07.50 | 501 |
| | 10.25m | 10.08m | FOUL | | |
| 21 Bowen, Ryan | | Idaho | 10.08m | 33-01.00 | 490 |
| | 9.72m | 9.33m | 10.08m | | |
| 22 Woodham, Michael | | Cal St. Nort | 9.75m | 32-00.00 | 471 |

| | | | | | | | |
|----|------------------|-------|-------|--------------|-------|----------|-----|
| | 9.75m | 9.51m | FOUL | | | | |
| 23 | Williamson, Matt | | | Sacramento S | 9.68m | 31-09.25 | 466 |
| | 9.26m | 9.29m | 9.68m | | | | |
| 24 | Fedore, Cale | | | Washington | 9.51m | 31-02.50 | 456 |
| | 9.51m | 9.50m | 8.53m | | | | |

Mixed 200 Meter Dash

| Name | Year | School | Finals | H# |
|----------------------------|------|------------|--------|----|
| 1 Lee, Markham | M | Unattached | 25.46 | 2 |
| 2 Roberson, James | M | Unattached | 25.88 | 2 |
| 3 Ortman, David | M | Unattached | 26.12 | 2 |
| 4 Blake, Aaron | M | Unattached | 27.21 | 2 |
| 5 Copeland, Scott | M | Unattached | 27.33 | 2 |
| 6 Sluys, Daphne | W | Unattached | 28.03 | 1 |
| 7 Rozema, Mark | M | Unattached | 28.54 | 1 |
| 8 Milligan-Jackson, Marjor | W | Unattached | 29.01 | 1 |
| 9 Kuhnly, Gail | W | Unattached | 31.67 | 1 |