

2-14-2010

University of Washington Open Meet

Great Northwest Athletic Conference

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2010 UW Open Meet - 2/14/2010

Dempsey Indoor, Seattle WA

Results

Women 60 Meter Dash

Name	Year School	Prelims	H#
Preliminaries			
1 Channell, Jane	Simon Fraser	7.88q	2
2 Birade, Dena	SoCal track	7.91q	9
3 Whitehead, Liza	Simon Fraser	7.93q	8
4 Houplin, Joana	Western Wash	7.97q	8
5 Paulsen Strugstad, Maryo	Unattached	8.02q	1
5 Luedke, Veronica	Com. Cougars	8.02q	3
7 Bouyer, Kennadi	1911 TC	8.03	5
8 Hoskie, Lauren	1911 TC	8.04	1
9 Jameson, Kaley	Concordia (O	8.09	10
9 Persaud, Stephanie	Concordia (O	8.09	9
9 McClendon, Raven	Unattached	8.09	4
12 Siler, Ellie	Western Wash	8.10	7
13 Sims, Chrystal	Seattle Paci	8.11	5
14 Zukowski, Megan	Western Wash	8.12	10
15 Agar, Natasha	Unattached	8.13	2
15 Wochnick, BryAnne	Unattached	8.13	8
17 Ayesu-Attah, Esinam	Coq. Cheetah	8.16	6
18 Quatier, Emily	Seattle Paci	8.18	1
18 Applegate, Shay	Unattached	8.18	10
18 Jimenez, Jamilee	Hawaii	8.18	5
21 Miranda, Trinna	Seattle Paci	8.21	2
22 Tougas, Katie	Unattached	8.22	7
23 Bailey, Mary	Western Oreg	8.23	2
24 Redberg, McKenzie	Western Oreg	8.25	1
24 Peterson, Lisette	Seattle Paci	8.25	9
24 Powers, Carolanne	Western Oreg	8.25	6
27 Lout, Alyssa	Seattle U.	8.28	5
27 Klippenstein, Aisha	Valley Royal	8.28	4
29 DeHart, Holly	Flying Aj's	8.29	9
30 Sjodin, Jasmin	Simon Fraser	8.31	3
31 Takayoshi, Sarah	Central Wash	8.33	4

32	Wolf, Elizabeth	Seattle U.	8.39	7
32	Weiks, Kaila	St. Martin's	8.39	6
34	Pieren, Emily	Western Oreg	8.41	4
34	Halfyard, Sasha	Com. Cougars	8.41	7
36	Goodlow, aiesha	Unattached	8.42	1
37	Bjornsson, Tanya	Western Wash	8.48	3
38	Crocker, Melany	Linfield	8.50	8
39	Tolzmann, Tasha	Linfield	8.51	10
40	Moon, Erin	Seattle U.	8.56	2
41	McDonald, Alexandra	Western Wash	8.58	3
41	Robinson, Lynn	Linfield	8.58	6
43	Rowland, Shelby	Western Wash	8.61	9
44	Jones, Stephanie	Central Wash	8.62	9
45	Ricco, Danielle	Warner Pacif	8.76	8
46	Burnham, Trista	Unattached	8.78	7
47	Marzano, Allyssa	Flying Aj's	8.85	8
48	McCarthy, Isabella	Vixmix Track	8.87	1
49	Capewell, Valerie	Unattached	8.95	5
50	Anderson, Angela	St. Martin's	9.06	6
51	Hull, Samantha	St. Martin's	9.08	4
52	Gortner, Cherish	Club Northwe	9.24	10
53	Chambers, Chelsea	Takena Runni	9.38	3
54	Nagao, Riri	Soka	10.17	5

Women 60 Meter Dash

Name	Year School	Finals
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Finals

1	Luedke, Veronica	Com. Cougars	7.86
2	Birade, Dena	SoCal track	7.87
3	Channell, Jane	Simon Fraser	7.88
4	Houplin, Joana	Western Wash	7.91
5	Paulsen Strugstad, Maryo	Unattached	7.95
--	Whitehead, Liza	Simon Fraser	FS

Women 200 Meter Dash

Name	Year School	Finals	H#
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1	Siemens, Sharai	University o	25.06	15
2	Luedke, Veronica	Com. Cougars	25.93	14

3	Siler, Ellie	Western Wash	25.99	15
4	Fero, Michelle	Unattached	26.18	11
5	Thomas, Carrie	San Francisc	26.22	12
6	Houplin, Joana	Western Wash	26.29	11
7	Zukowski, Megan	Western Wash	26.31	11
8	Hoskie, Lauren	1911 TC	26.36	13
9	Brownell, Sarah	Western Wash	26.43	7
10	Ayesu-Attah, Esinam	Coq. Cheetah	26.55	13
10	McClendon, Raven	Unattached	26.55	8
12	Sims, Chrystal	Seattle Paci	26.58	15
13	Persaud, Stephanie	Concordia (O	26.63	13
14	Howe, Michelle	Western Wash	26.65	8
15	McDowell, Crystal	Western Oreg	26.66	9
16	Redberg, McKenzie	Western Oreg	26.68	12
17	Eggert, Samantha	San Francisc	26.69	7
18	Butler, Stefeny	San Francisc	26.72	9
19	Bergmann, Meeghan	Seattle U.	26.73	11
20	Peterson, Lisette	Seattle Paci	26.76	6
21	Tollefson, Kris	Unattached	26.77	8
22	DeHart, Holly	Flying Aj's	26.78	15
23	Quatier, Emily	Seattle Paci	26.83	5
24	Nobbs, Natalie	Seattle Paci	26.84	7
24	Peters, Kendra	Valley Royal	26.84	13
24	Jameson, Kaley	Concordia (O	26.84	8
27	Bouyer, Kennadi	1911 TC	26.85	11
27	Powers, Carolanne	Western Oreg	26.85	10
29	Luquin, Maliea	Club 185 Str	26.92	2
30	Leininger, Siara	Concordia (O	26.96	5
31	Neal, Alyssa	Unattached	26.97	12
32	Takayoshi, Sarah	Central Wash	26.99	4
33	Pike, Jenifer	Seattle Paci	27.01	5
33	Havel, Liska	Lewis & Clar	27.01	9
35	Hoffman, Sabrina	Concordia (O	27.11	10
35	Roberts, Jennifer	Clackamas CC	27.11	5
37	Purcell, Rachel	Seattle U.	27.17	9
38	Miller, Chelsea	Northwest U.	27.20	6
39	Halfyard, Sasha	Com. Cougars	27.33	2
39	Shakoor, Kenya	1911 TC	27.33	12
41	Pola, Lexi	Western Oreg	27.38	6
41	Feliz, Cheyenne	Lewis & Clar	27.38	8
43	Makinde, Eunice	Concordia (O	27.44	12
43	Bjornsson, Tanya	Western Wash	27.44	3

45	Merritt, Olivia	Unattached	27.50	14
46	Wolf, Elizabeth	Seattle U.	27.58	10
47	Lout, Alyssa	Seattle U.	27.59	10
48	Agar, Natasha	Unattached	27.60	4
49	Pieren, Emily	Western Oreg	27.67	7
50	Leiken, Andrea	Puget Sound	27.69	3
51	Weiks, Kaila	St. Martin's	27.70	1
52	Robinson, Lynn	Linfield	27.72	9
53	Hallahan, Heather	Soka	27.79	13
54	Hermansen, Amy	Clackamas CC	27.97	2
55	Viney, Kendra	Simon Fraser	28.00	5
56	Tran, Elaine	Washington	28.01	14
57	McDonald, Alexandra	Western Wash	28.05	4
58	Tolzmann, Tasha	Linfield	28.08	7
59	Crocker, Melany	Linfield	28.31	6
60	Santana, Marissa	Clackamas CC	28.46	3
61	Cheng, Kiana	Western Wash	28.65	1
62	Hampton, Liz	Central Wash	28.82	4
62	Gallagher, Addie	Clackamas CC	28.82	3
64	Murray, Riley	Warner Pacif	28.98	4
65	Ricco, Danielle	Warner Pacif	29.12	3
66	Capewell, Valerie	Unattached	29.24	2
67	Hoyer, Devon	Linfield	29.68	1
68	Anderson, Brianne	Soka	29.79	6
69	Nogle, Bailey	Clackamas CC	30.34	1
70	Chamberlain, Karie	Seattle Paci	30.67	1

Women 400 Meter Dash

Name	Year School	Finals	H#
1	Siler, Ellie	Western Wash	57.80 11
2	Johnson, Lauren	Club 185 Str	57.81 11
3	Fero, Michelle	Unattached	58.15 7
4	Purcell, Rachel	Seattle U.	59.32 7
5	Sjoberg, Vanessa	Semiahmoo Se	59.34 8
6	kelley, megan	Unattached	59.79 10
7	Pike, Jenifer	Seattle Paci	59.90 6
8	Brownell, Sarah	Western Wash	59.99 9
9	Bergmann, Meeghan	Seattle U.	1:00.01 10
10	Toscano, Mariana	Concordia (O	1:00.03 10
11	Peters, Kendra	Valley Royal	1:00.22 9

11	Wochnick, BryAnne	Unattached	1:00.22	5
13	Hoffman, Sabrina	Concordia (O	1:00.33	8
14	Quatier, Emily	Seattle Paci	1:00.44	8
15	O'Connell, Megan	Western Wash	1:00.50	9
16	Bouyer, Kennadi	1911 TC	1:00.94	10
17	Pola, Lexi	Western Oreg	1:01.11	7
18	Sims, Chrystal	Seattle Paci	1:01.13	11
19	Terry, Pearl	Unattached	1:01.17	5
20	Shakoor, Kenya	1911 TC	1:01.38	8
21	Obradovich, Clare	Seattle U.	1:01.51	7
22	Leininger, Siara	Concordia (O	1:01.56	5
23	Collins, Elena	Seattle U.	1:02.09	6
24	Feliz, Cheyenne	Lewis & Clar	1:02.41	6
25	Morgan, Connie	Unattached	1:02.60	4
26	Leiken, Andrea	Puget Sound	1:02.79	4
27	Lewis, Kira	Seattle Paci	1:02.87	6
28	Williams, Brittanie	Unattached	1:02.88	2
29	Bekkedahl, Brooke	Linfield	1:02.89	3
30	Mahaffie, Livia	Clackamas CC	1:02.94	3
31	Hallahan, Heather	Soka	1:03.11	2
32	Santana, Marissa	Clackamas CC	1:03.20	3
33	Viney, Kendra	Simon Fraser	1:03.61	4
34	Peterson, Lisette	Seattle Paci	1:03.62	5
35	Hermansen, Amy	Clackamas CC	1:04.10	3
36	Webster, Jocelyn	Coq. Cheetah	1:04.38	6
37	McCarthy, Isabella	Vixmix Track	1:05.76	2
38	Anderson, Brianne	Soka	1:08.24	2

Women 600 Meter Run

=====				
	Name	Year School	Finals	H#
=====				
1	Friesen, Julene	University o	1:32.47	2
2	Kane, Michaela	Simon Fraser	1:34.97	2
3	Brennan, Olivia	Simon Fraser	1:35.86	2
4	Boss, Traci	Coq. Cheetah	1:37.10	2
5	Vogt, Emma	Simon Fraser	1:38.37	2
6	McCulligh, Maureen	U. of Victor	1:39.85	1
7	Moore, Jenica	U. of Victor	1:40.54	1
8	Copenhagen, Laura	Clackamas CC	1:41.90	1
9	Feeley, Kelsey	San Francisc	1:42.36	1
10	Sloman, Jenny	Surrey Athle	1:42.99	1

11	Hicks, Ericka	Warner Pacif	1:45.76	1
12	Kondo, Sachiko	Soka	1:55.32	1

Women 800 Meter Run

Name	Year	School	Finals
1	Montgomery, April	Cal St. Stan	2:14.34
2	Souter, Jennifer	Queen City S	2:15.69
3	Murphy, Li	Unattached	2:16.84
4	Snawder, Erika	Western Oreg	2:20.12
5	Skordahl, Zoe	Western Oreg	2:20.73
6	McInnis, Shauna	Nac Victoria	2:20.83
7	Carviel, Heather	Coq. Cheetah	2:21.94
8	Watson, Cheri	Western Wash	2:22.06
9	Butcher, Meryl	Western Oreg	2:22.52
10	Foldager, Rubye	Cal St. Stan	2:22.63
11	Laweryson, Annie	St. Martin's	2:22.74
12	Dell, Caitlin	Salmon Arm H	2:22.98
13	Brown, Kelsey	Seattle Paci	2:23.09
14	Stinnett, Veronica	Unattached	2:23.37
15	Zambon, Erica	Western Oreg	2:23.70
16	Currier, Katelyn	U. of Victor	2:24.56
17	Ikeda, Haida	Western Wash	2:24.71
18	Cote, Halley	Nac Victoria	2:25.46
19	Alexandra, Bill	Hershey Harr	2:25.67
20	Stolle, Jennifer	Seattle U.	2:26.74
21	Vicic, Carla	Langley Must	2:27.09
22	Evans, Nika	Puget Sound	2:27.75
23	Carter, Brenda	Unattached	2:28.12
24	Kreft, Kelsey	Central Wash	2:28.68
25	Ailey, Jarvis	Hershey Harr	2:29.00
26	Lindsey, Butterworth	Hershey Harr	2:29.43
27	Luther, Savannah	Unattached	2:29.91
28	Nelson, Erica	Western Oreg	2:31.61
29	Wilkins, Kayla	Seattle Paci	2:31.97
30	Owen, Karissa	St. Martin's	2:33.25
31	Jocelyn, Poirer-Hardy	Hershey Harr	2:35.07
32	Barnett, Rachelle	Simon Fraser	2:36.87
33	Tanabe, Anri	Soka	2:53.84

Women 1000 Meter Run

Name	Year School	Finals
1 Crofts, Helen	Simon Fraser	2:48.85
2 Smith, Jessica	Simon Fraser	2:49.07
3 Smith, Kailey	University o	2:49.73
4 Shaw, Angela	Simon Fraser	2:50.48
5 Hudson, Ali	Simon Fraser	2:54.90
6 McQueen, Riley	U. Calgary	2:55.91
7 MacDonald, Madeline	U. Calgary	2:58.01
8 Kane, Brianna	Simon Fraser	2:58.23
9 Fonk, Julia	Unattached	3:04.21
10 Monasi, Mariana	Hawaii	3:05.51
11 DeLapp, Paige	Northwest U.	3:05.97
12 Laforce, Daisy	Unattached	3:06.24
13 Forrester, Jessica	Hawaii	3:08.24
14 Wagner, Lindsey	Northwest U.	3:08.51
15 Botsford, Mary	Clackamas CC	3:14.57

Women 1 Mile Run

Name	Year School	Finals
1 Olsen, Courtney	Western Wash	4:56.45
2 Souter, Jody	University o	4:56.99
3 Harper, Jessica	Unattached	5:00.09
4 Moran, Lauren	Concordia (O	5:01.74
5 Scheese, Andria	Concordia (O	5:02.73
6 Garrett, Brittany	San Francisc	5:03.78
7 Breihof, Lauren	Western Wash	5:06.65
8 Roske, Alicia	U. of Victor	5:10.15
9 Steen, Karen	Club NW	5:11.93
10 Schaer, Kelsi	Tigard Elite	5:11.96
11 Mitic, Laura	U. of Victor	5:12.78
12 Johnson, Rachael	Western Wash	5:13.71
13 Stinnett, Veronica	Unattached	5:18.62
14 Carviel, Heather	Coq. Cheetah	5:19.11
15 Everetts, Janelle	Western Oreg	5:20.28
16 Bolce, Sarah	Seattle U.	5:20.66
17 Gappa, Brittany	Unattached	5:20.97
18 O'Connor, Morgan	Unattached	5:21.20
19 Stolle, Jennifer	Seattle U.	5:21.42

20	Foldager, Denali	Cal St. Stan	5:22.49
21	Freeby, Michaela	Unattached	5:23.98
22	Roskelley, Courtney	Nac Victoria	5:24.62
23	Carlson, Krinda	St. Martin's	5:24.73
24	Slaughter, Danielle	Western Wash	5:27.84
25	Melanie, Boellenruecher	Hershey Harr	5:31.43
26	Ujifusa, Maria	Western Wash	5:31.70
27	Wheeler, Jenny	Club 185 Str	5:32.46
28	Marchan, Karen	San Francisc	5:35.55
29	Hollins, Keikoanne	Unattached	5:37.50
30	Dye, Kendall	San Francisc	5:38.07
31	Johnson, Julia	Northwest U.	5:39.26
32	Gillespie, Cara	Puget Sound	5:39.43
33	Jackson, Kirsten	San Francisc	5:40.11
34	Weber, Elizabeth	Unattached	5:42.78
35	Gourley, Jady	Unattached	5:46.96
36	Mckinnon, Kate	Langley Must	5:46.99
37	Buske, Caitlyn	San Francisc	5:50.69
38	Sullivan, Zanna	Unattached	5:51.47
39	Demchuk, Ganna	Takena Runni	5:57.31
40	Rosales, Angelica	Soka	6:00.99

Women 3000 Meter Run

Name	Year School	Finals	
1	Garrett, Brittany	San Francisc	10:08.32
2	Rohde, Kristen	Unattached	10:15.45
3	Skinner, Shauna	U. of Victor	10:19.46
4	Reeve, Sabrina	Unattached	10:20.04
5	Boyer, Jessica	Western Wash	10:30.50
6	Walker, Hayley	Puget Sound	10:35.98
7	Palibroda, Emily	Simon Fraser	10:41.57
8	Briski, Sierra	Western Wash	10:42.53
9	Houck, Stephanie	Western Wash	10:48.00
10	Helmick, Amelia	South Eugene	10:51.07
11	Fleming, Claire	San Francisc	10:53.68
12	Stickney, Greta	Seattle U.	10:56.45
13	Gerke, Genevieve	Eastside TC	11:02.61
14	Keith, Carrie	Puget Sound	11:07.66
15	Hazlehurst, Marnie	Puget Sound	11:08.76
16	Hammerle, Lauren	Seattle U.	11:08.87

17	Marchan, Karen	San Francisc	11:09.98
18	Estey, Laura	U. of Victor	11:12.15
19	Choi, Sue	San Francisc	11:13.16
20	Cannioto, Heather	San Francisc	11:15.27
21	Gourley, Jady	Unattached	11:21.06
22	Pecha, Kaitlynn	St. Martin's	11:21.55
23	Llapitan, Ashley	St. Martin's	11:24.30
24	Eck, Megan	San Francisc	11:25.43
25	Rowley, Alee	Western Oreg	11:26.92
26	Becker, Juliette	Unattached	11:28.51
27	Camden, Helen	St. Martin's	11:31.22
28	Johnson, Wendy	Red Lizard TC	11:33.09
29	Kawasaki, Anne	Bowerman AC	11:38.56
30	Oviatt, Rebekah	Unattached	11:39.55
30	Winkle, Kayla	Warner Pacif	11:39.55
32	Bencomo, Madison	San Francisc	11:45.38
33	Trujillo, Alicia	San Francisc	11:45.59
34	Moser, Laura	Seattle Paci	11:47.96
35	Peters, Melanie	Clackamas CC	11:48.76
36	Rakowski, Corrin	San Francisc	11:48.90
37	Beckner, Brianna	Takena Runni	12:23.27
38	Rice, Ashley	Central Wash	12:31.12
39	Velasquez, Daniela	Unattached	13:09.63

Women 60 Meter Hurdles

Name	Year School	Prelims	H#
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Preliminaries

1	Howe, Michelle	Western Wash	9.04q	1
2	Vander Meulen, Janna	Western Oreg	9.25q	6
3	Latimer, Tate	Unattached	9.26q	7
4	Abrahms, Andrea	Simon Fraser	9.28q	7
4	Makinde, Eunice	Concordia (O	9.28q	8
6	Keifer, Mandy	Western Oreg	9.32	8
7	Tran, Elaine	Washington	9.42	3
8	Luquin, Maliea	Club 185 Str	9.43	4
9	Bjornsson, Tanya	Western Wash	9.50	1
10	Durocher, Cecilia	Hawaii	9.51	2
11	McDonald, Alexandra	Western Wash	9.63	6
12	Jacoy, Dominique	Concordia (O	9.66	4
13	Holman, Kate	Unattached	9.68	3

14	Lotze, Katharine	Central Wash	9.69	5
14	Balentine, Samantha	Hawaii	9.69	5
16	Pike, Jenifer	Seattle Paci	9.74	5
17	Sims, Catherine	Concordia (O	9.78	8
18	Ellenwood, Georgia	Langley Must	9.79	6
19	Rowland, Shelby	Western Wash	9.80	7
20	Gonzalez, Raquel	Central Wash	9.83	4
21	Lakes, Shaniae	Washington	9.87	1
22	Storm, Zarría	Pacific Athl	9.91	4
23	Kirschman, Lindsey	Washington	10.02	4
24	Mahaffie, Livia	Clackamas CC	10.05	3
25	Jones, Stephanie	Central Wash	10.06	8
26	Rose, Amanda	Central Wash	10.30	2
26	Scholter, Hannah	St. Martin's	10.30	7
28	Burnham, Trista	Unattached	10.52	6
28	Leininger, Savanna	Vixmix Track	10.52	2
30	Bateman, Kaytie	Seattle U.	10.56	6
31	Rutsch, Sarah	Hawaii	10.59	8
32	Hampton, Liz	Central Wash	10.69	5
33	Ricco, Danielle	Warner Pacif	10.72	1
34	Anderson, Angela	St. Martin's	10.82	3
35	Berg, Siri	Central Wash	10.89	2

Women 60 Meter Hurdles

=====			
Name	Year	School	Finals
=====			
Finals			
1		Makinde, Eunice	Concordia (O) 9.08
2		Latimer, Tate	Unattached 9.09
3		Howe, Michelle	Western Wash 9.14
4		Vander Meulen, Janna	Western Oreg 9.24
5		Abrahms, Andrea	Simon Fraser 9.25

Women 4x400 Meter Relay

=====			
School		Finals	H#
=====			
1	San Francisco St. 'A'	3:59.95	2
	1) Eggert, Samantha	2) Thomas, Carrie	
	3) Butler, Stefeny	4) Chambers, Alicia	
2	Western Washington 'A'	4:05.95	2

	1) Johnson, Rachael	2) Watson, Cheri		
	3) Siler, Ellie	4) Ikeda, Haida		
3	Canby 'A'		4:06.76	2
	1) Fricker, McKayla	2) Gent, Teri		
	3) VanderMeulen, Lori	4) Copenhagen, Laura		
4	Seattle U. 'A'		4:09.49	2
	1) Bergmann, Meeghan	2) Obradovich, Clare		
	3)	4) Collins, Elena		
5	Central Washington 'A'		4:18.82	1
	1) Hampton, Liz	2) Rose, Amanda		
	3) Gonzalez, Raquel	4) Lotze, Katharine		
6	Warner Pacific 'A'		4:19.07	1
	1) Hicks, Ericka	2) Murray, Riley		
	3) Spiering, Adrienne	4) Ricco, Danielle		
7	Hershey Harriers Athletic Club 'A'		4:22.17	1
	1) Ailey, Jarvis	2) Lindsey, Butterworth		
	3) Jocelyn, Poirer-Hardy	4) Alexandra, Bill		
8	Central Washington 'B'		4:39.05	1
	1) Swigart, Hannah	2) Berg, Siri		
	3) Kreft, Kelsey	4) Rice, Ashley		

Women High Jump

Name	Year	School	Finals
1 Saddleton, Sarah		Hawaii	1.78m 5-10.00
1.55 1.60 1.65 1.70 1.75 1.78 1.81			
O O O O XXO XO XXX			
2 Brogdon, Jenny		Club Northwe	1.70m 5-07.00
1.65 1.70 1.75			
O XO XXX			
3 Coulter, Janelle		Long Beach S	1.65m 5-05.00
1.55 1.60 1.65 1.70			
O O O XXX			
3 Machida, Chelsea		Linfield	1.65m 5-05.00
1.50 1.55 1.60 1.65 1.70			
O O O XXO XXX			
3 Aanstad, Brittany		Seattle Paci	1.65m 5-05.00
1.60 1.65 1.70			
O XXO XXX			
3 Becker, Mara		Seattle U.	1.65m 5-05.00
1.45 1.50 1.55 1.60 1.65 1.70			

	XO	XXO	XXO	XO	XO	XXX			
3	Worthen, Ali						Seattle Paci	1.65m	5-05.00
	1.55	1.60	1.65	1.70					
	O	O	O	XXX					
3	Gross, Katy						Seattle Paci	1.65m	5-05.00
	1.50	1.55	1.60	1.65	1.70				
	XO	O	XXO	XXO	XXX				
3	Ellenwood, Georgia						Langley Must	1.65m	5-05.00
	1.50	1.55	1.60	1.65	1.70				
	O	O	O	XO	XXX				
3	Pelchar, Katie						Vixmix Track	1.65m	5-05.00
	1.55	1.60	1.65	1.70					
	O	O	XO	XXX					
11	Overdick, Amanda						Western Wash	1.60m	5-03.00
	1.50	1.55	1.60	1.65					
	O	O	XO	XXX					
11	Ferguson, Danielle						Concordia (O	1.60m	5-03.00
	1.40	1.45	1.50	1.55	1.60	1.65			
	O	O	XXO	XO	XXO	XXX			
13	Lakes, Shaniae						Washington	1.55m	5-01.00
	1.35	1.40	1.45	1.50	1.55	1.60			
	O	O	O	XXO	XXO	XXX			
13	Vicic, Carla						Langley Must	1.55m	5-01.00
	1.45	1.50	1.55	1.60					
	O	O	XO	XXX					
13	Storm, Zarria						Pacific Athl	1.55m	5-01.00
	1.40	1.45	1.50	1.55	1.60				
	O	O	XXO	O	XXX				
13	Sims, Catherine						Concordia (O	1.55m	5-01.00
	1.35	1.40	1.45	1.50	1.55	1.60			
	O	O	O	XXO	XXO	XXX			
17	Gonzalez, Raquel						Central Wash	1.50m	4-11.00
	1.40	1.45	1.50	1.55					
	O	O	XO	XXX					
17	Vicic, Amy						Langley Must	1.50m	4-11.00
	1.40	1.45	1.50	1.55					
	O	O	O	XXX					
17	Lotze, Katharine						Central Wash	1.50m	4-11.00
	1.40	1.45	1.50	1.55					
	O	O	XXO	XXX					
20	Marshall, Erin						Unattached	1.45m	4-09.00
	1.35	1.40	1.45	1.50					

	O	O	O	XXX			
20	Nogle, Bailey	Clackamas CC	1.45m	4-09.00			
	1.40	1.45	1.50				
	O	XO	XXX				
20	Berg, Siri	Central Wash	1.45m	4-09.00			
	1.40	1.45	1.50				
	O	O	XXX				
20	Philio, Brittany	Unattached	1.45m	4-09.00			
	1.40	1.45	1.50				
	O	O	XXX				
24	Kirschman, Lindsey	Washington	1.40m	4-07.00			
	1.35	1.40	1.45				
	O	O	XXX				
24	Hoyer, Devon	Linfield	1.40m	4-07.00			
	1.35	1.40	1.45				
	O	O	XXX				
24	Schireman, Sarah	Washington	1.40m	4-07.00			
	1.35	1.40	1.45				
	XO	XO	XXX				
24	Roberts, Jennifer	Clackamas CC	1.40m	4-07.00			
	1.40	1.45					
	XXO	XXX					
24	Potter, Kelsey	Unattached	1.40m	4-07.00			
	1.35	1.40	1.45				
	XXO	O	XXX				
29	Chambers, Chelsea	Takena Runni	1.35m	4-05.00			
	1.35	1.40					
	O	XXX					
29	Jacoy, Dominique	Concordia (O	1.35m	4-05.00			
	1.35	1.40					
	O	XXX					
--	Mattson, Jacquie	Seattle Paci	NH				
	1.5						
	XXX						

Women Pole Vault

=====							
Name	Year	School	Finals				
=====							
1	Miller, Logan	Washington	3.90m	12-09.50			
	3.45	3.60	3.75	3.90	4.05		
	O	XO	XO	XO	XXX		

1	Street, Catherine	Linfield	3.90m	12-09.50
	3.60 3.75 3.90 4.05			
	O O XXO XXX			
3	Mudlo, Kelly	Washington	3.75m	12-03.50
	3.30 3.45 3.60 3.75 3.90			
	O XXO XO XO XXX			
4	Schnapp, Ashley	Unattached	3.60m	11-09.75
	3.15 3.30 3.45 3.60 3.75			
	O O O XXO XXX			
4	Burlingham, Annie	Cal St. Stan	3.60m	11-09.75
	3.45 3.60 3.75			
	O XO XXX			
4	Wagner, Alicia	Cal St. Stan	3.60m	11-09.75
	3.30 3.45 3.60 3.75			
	O O O XXX			
4	Peaslee, Melissa	Seattle Paci	3.60m	11-09.75
	3.45 3.60 3.75			
	XO XXO XXX			
8	Corwin, Misty	Linfield	3.45m	11-03.75
	3.15 3.30 3.45 3.60			
	XO O O XXX			
8	Mesnik-Greene, Zoe	Willamette S	3.45m	11-03.75
	3.15 3.30 3.45 3.60			
	O O O XXX			
8	Fjeran, Talyor	Washington	3.45m	11-03.75
	3.30 3.45 3.60			
	O O XXX			
8	DiEnno, Amanda	Western Wash	3.45m	11-03.75
	3.15 3.30 3.45 3.60			
	O O XO XXX			
12	Ramsey, Mallory	Hawaii	3.40m	11-01.75
	3.10 3.25 3.40 3.55			
	O O O XXX			
12	Durocher, Cecilia	Hawaii	3.40m	11-01.75
	3.25 3.40 3.55			
	XXO O XXX			
12	Guravska, Karen	Hawaii	3.40m	11-01.75
	3.25 3.40 3.55			
	XO O XXX			
12	Schaefer, Kara	Victoria Tra	3.40m	11-01.75
	2.95 3.10 3.25 3.40 3.55			
	O O O O XXX			

16	Caldwell, Michaela	Seattle Paci	3.30m	10-10.00
	3.00 3.15 3.30 3.45			
	O O XO XXX			
16	Bueno, Kelsey	Unattached	3.30m	10-10.00
	3.30 3.45			
	O XXX			
18	Mariman, Katie	Willamette S	3.25m	10-08.00
	2.95 3.10 3.25 3.40			
	O O O XXX			
18	Couvelier, Elsa	Western Wash	3.25m	10-08.00
	2.80 2.95 3.10 3.25 3.40			
	O XXO XO XO XXX			
18	Swift, Hannah	Victoria Tra	3.25m	10-08.00
	2.80 2.95 3.10 3.25 3.40			
	O XO O O XXX			
18	Gedde, Kjersti	Seattle Paci	3.25m	10-08.00
	2.95 3.10 3.25 3.40			
	O O O XXX			
18	Gillespie, Kaycee	Concordia (O	3.25m	10-08.00
	2.80 2.95 3.10 3.25 3.40			
	XO O O XO XXX			
18	Yelverton, Kelly	Lewis & Clar	3.25m	10-08.00
	2.80 2.95 3.10 3.25 3.40			
	O O O O XXX			
24	Wren, Klarissa	Unattached	3.15m	10-04.00
	3.00 3.15 3.30			
	XO O XXX			
25	DiMarco, Diana	Western Wash	3.10m	10-02.00
	2.80 2.95 3.10 3.25			
	O XO O XXX			
25	Cabebe, Courtney	Seattle U.	3.10m	10-02.00
	2.80 2.95 3.10 3.25			
	O O XXO XXX			
25	Quick, Jennifer	Western Wash	3.10m	10-02.00
	2.80 2.95 3.10 3.25			
	O XO O XXX			
28	Wessa, Lindsey	Northwest U.	2.95m	9-08.00
	2.65 2.80 2.95 3.10			
	O O XO XXX			
28	Beckett, Emma	Valley Royal	2.95m	9-08.00
	2.50 2.65 2.80 2.95 3.10			
	O XO O O XXX			

28	Swigart, Hannah	Central Wash	2.95m	9-08.00
	2.50 2.65 2.80 2.95 3.10			
	XO O XO XXO XXX			
28	Kintz, Brita	Willamette S	2.95m	9-08.00
	2.65 2.80 2.95 3.10			
	O XO XO XXX			
28	Gotts, Allie	Unattached	2.95m	9-08.00
	2.50 2.65 2.80 2.95 3.10			
	O O O O XXX			
28	Anderson, Karis	Western Wash	2.95m	9-08.00
	2.65 2.80 2.95 3.10			
	O O O XXX			
34	Larsen, Jamie	Central Wash	2.80m	9-02.25
	2.80 2.95			
	O XXX			
34	Lopez, Belen	Central Wash	2.80m	9-02.25
	2.50 2.65 2.80 2.95			
	O O O XXX			
34	Howe, Elizabeth	Unattached	2.80m	9-02.25
	2.50 2.65 2.80 2.95			
	O XO XO XXX			
34	Gross, Kristi	Western Wash	2.80m	9-02.25
	2.50 2.65 2.80 2.95			
	O O O XXX			
38	Herr, Emily	Puget Sound	2.65m	8-08.25
	2.50 2.65 2.80			
	O O XXX			
38	Hull, Samantha	St. Martin's	2.65m	8-08.25
	2.65 2.80			
	XO XXX			
--	Mueller, Robin	Western Wash	NH	
	3.15			
	XXX			
--	Tuscano, Emily	Unattached	NH	
	2.5			
	XXX			

Women Long Jump

Name	Year	School	Finals
1 Warman, Emily		Western Wash	5.73m 18-09.75

	5.21m	5.35m	5.24m	5.55m	5.43m	5.73m		
2	Stewart, Haley				Kajaks T&F		5.49m	18-00.25
	FOUL	5.23m	5.49m	5.41m	FOUL	5.33m		
3	Paulsen Strugstad, Maryo				Unattached		5.40m	17-08.75
	5.32m	5.39m	5.22m	5.37m	5.35m	5.40m		
4	Jenkins, Kelly				Seattle Paci		5.30m	17-04.75
	FOUL	FOUL	5.19m	FOUL	5.14m	5.30m		
5	Alvarez, Amanda				Seattle Paci		5.22m	17-01.50
	5.01m	5.18m	5.22m	5.10m	5.08m	PASS		
5	Jimenez, Jamilee				Hawaii		5.22m	17-01.50
	5.21m	5.22m	5.21m	5.01m	5.17m	4.95m		
5	Miranda, Trinna				Seattle Paci		5.22m	17-01.50
	5.18m	5.22m	4.81m	4.90m	5.02m	PASS		
8	Keifer, Mandy				Western Oreg		5.14m	16-10.50
	5.05m	5.13m	5.14m	4.98m	5.09m	PASS		
9	DeHart, Holly				Flying Aj's		5.05m	16-07.00
	4.87m	4.99m	FOUL	FOUL	5.05m	FOUL		
10	Nobbs, Natalie				Seattle Paci		4.96m	16-03.25
	FOUL	4.96m	FOUL					
10	Worthen, Ali				Seattle Paci		4.96m	16-03.25
	4.96m	4.76m	PASS					
10	Havel, Liska				Lewis & Clar		4.96m	16-03.25
	FOUL	4.96m	4.71m					
13	Applegate, Shay				Unattached		4.93m	16-02.25
	4.89m	4.54m	4.93m					
14	Hunt, Chloe				Puget Sound		4.90m	16-01.00
	4.90m	FOUL	FOUL					
14	Apine, Madara				Hawaii		4.90m	16-01.00
	4.90m	4.25m	FOUL					
16	Iworima, Diepiriye				Simon Fraser		4.89m	16-00.50
	FOUL	FOUL	4.89m					
17	Oniah, Joyce				Concordia (O		4.88m	16-00.25
	FOUL	4.66m	4.88m					
18	Cooksey, Britnie				Cal St. Stan		4.87m	15-11.75
	4.73m	4.87m	4.82m					
19	Gross, Katy				Seattle Paci		4.85m	15-11.00
	4.53m	4.85m	4.34m					
20	kelley, megan				Unattached		4.83m	15-10.25
	4.83m	4.32m	4.83m					
21	Sims, Catherine				Concordia (O		4.82m	15-09.75
	4.58m	FOUL	4.82m					
21	Bailey, Mary				Western Oreg		4.82m	15-09.75

	4.82m 4.36m 4.48m			
21	Howe, Alex	Unattached	4.82m	15-09.75
	FOUL 4.79m 4.82m			
24	Reff, Callie	Western Wash	4.81m	15-09.50
	FOUL 4.81m FOUL			
25	Merritt, Olivia	Unattached	4.76m	15-07.50
	4.66m 4.76m 4.69m			
26	Barnett, Rachelle	Simon Fraser	4.73m	15-06.25
	4.73m 4.65m 4.48m			
27	Pelchar, Katie	Vixmix Track	4.72m	15-06.00
	4.72m FOUL 4.30m			
27	Lewis, Kira	Seattle Paci	4.72m	15-06.00
	4.72m 4.55m FOUL			
29	Leininger, Savanna	Vixmix Track	4.70m	15-05.00
	4.67m 4.70m 4.65m			
30	Guravska, Karen	Hawaii	4.69m	15-04.75
	FOUL FOUL 4.69m			
30	Balentine, Samantha	Hawaii	4.69m	15-04.75
	4.52m 4.50m 4.69m			
32	Bitar, Breanne	Unattached	4.68m	15-04.25
	4.66m 4.66m 4.68m			
33	Rutsch, Sarah	Hawaii	4.65m	15-03.25
	FOUL 4.65m FOUL			
34	Bateman, Kaytie	Seattle U.	4.63m	15-02.25
	4.63m FOUL 4.62m			
35	Weiks, Kaila	St. Martin's	4.53m	14-10.50
	4.31m 3.89m 4.53m			
36	Jahnsen, Katie	Unattached	4.36m	14-03.75
	4.36m 4.33m 4.35m			
37	Urbany, Becca	Seattle U.	4.32m	14-02.25
	FOUL 4.28m 4.32m			
38	King, Keza	Flying Aj's	4.24m	13-11.00
	4.04m 4.10m 4.24m			
39	Charette, Jocelyn	Seattle Paci	4.19m	13-09.00
	4.19m FOUL FOUL			
--	Webb, Melissa	Unattached	FOUL	
	FOUL FOUL FOUL			
--	Boyd, Tiffany	Flying Ajs T	FOUL	
	FOUL FOUL FOUL			

Women Triple Jump

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Name	Year	School	Finals	
1 Alvarez, Amanda		Seattle Paci	11.17m	36-07.75
FOUL	11.17m	FOUL		
2 Rose, Amanda		Central Wash	11.11m	36-05.50
10.80m	10.78m	10.50m	10.73m	11.04m
11.11m				
3 Neal, Alyssa		Unattached	11.07m	36-04.00
FOUL	FOUL	10.58m	10.63m	10.84m
11.07m				
4 Lotze, Katharine		Central Wash	11.06m	36-03.50
10.32m	10.28m	10.95m	10.69m	10.77m
11.06m				
5 Klippenstein, Aisha		Valley Royal	10.83m	35-06.50
10.07m	FOUL	10.83m	PASS	PASS
PASS				
6 Jenkins, Kelly		Seattle Paci	10.79m	35-05.00
10.68m	10.59m	10.79m	10.32m	10.61m
10.46m				
7 Ferguson, Danielle		Concordia (O	10.74m	35-03.00
10.30m	10.36m	10.62m	10.73m	10.74m
10.56m				
8 Urbany, Becca		Seattle U.	10.73m	35-02.50
9.90m	FOUL	10.60m	FOUL	10.35m
10.73m				
9 King, Keza		Flying Aj's	10.60m	34-09.50
9.54m	FOUL	10.60m	PASS	PASS
PASS				
10 Sass, Kristin		Concordia (O	10.55m	34-07.50
10.35m	FOUL	10.55m		
11 Stewart, Haley		Kajaks T&F	10.54m	34-07.00
10.54m	10.34m	10.53m		
12 Keifer, Mandy		Western Oreg	10.52m	34-06.25
10.51m	10.52m	10.33m		
13 Miranda, Trinna		Seattle Paci	10.46m	34-04.00
10.28m	10.46m	10.17m		
14 Marzano, Allyssa		Flying Aj's	10.45m	34-03.50
10.45m	FOUL	FOUL		
14 Lewis, Kira		Seattle Paci	10.45m	34-03.50
10.35m	10.40m	10.45m		
16 Jones, Stephanie		Central Wash	10.41m	34-02.00
10.41m	10.34m	FOUL		
17 Luna, Amanda		Seattle U.	10.23m	33-06.75
9.91m	10.07m	10.23m		
18 Charette, Jocelyn		Seattle Paci	10.22m	33-06.50
FOUL	9.89m	10.22m		
19 Hunt, Chloe		Puget Sound	9.95m	32-07.75
9.95m	FOUL	FOUL		
20 Merritt, Olivia		Unattached	9.94m	32-07.50
9.56m	FOUL	9.94m		

21	Donner, Claire	Unattached	9.77m	32-00.75
	9.47m 9.77m FOUL			
--	Boyd, Tiffany	Flying Ajs T	FOUL	
	FOUL FOUL FOUL			
--	Alvarez, Athena	Seattle Paci	FOUL	
	FOUL FOUL FOUL			
--	Reff, Callie	Western Wash	FOUL	
	FOUL FOUL FOUL			
--	Starks, Miko	Flying Aj's	FOUL	
	FOUL FOUL FOUL			

Women Shot Put

Name	Year School	Finals
1 Tripp, Katherine	Concordia (O	14.00m 45-11.25
	13.55m 13.36m 13.73m 13.44m 13.59m 14.00m	
2 Musika, Luisa	San Francisc	13.25m 43-05.75
	13.25m 12.96m FOUL FOUL FOUL FOUL	
3 Keenan, TeRina	Hawaii	12.81m 42-00.50
	11.97m 11.63m 11.21m 11.72m FOUL 12.81m	
4 Dixson, Gabriella	Concordia (O	12.75m 41-10.00
	11.50m 11.31m 12.30m 12.17m 12.32m 12.75m	
5 Onosai, Careena	Hawaii	12.56m 41-02.50
	12.56m 12.17m 12.18m FOUL 12.36m FOUL	
6 Smith, Kirsten	Lewis-Clark	12.38m 40-07.50
	12.04m 12.38m FOUL FOUL 11.77m FOUL	
7 Cunha, Jeni	Cal St. Stan	12.19m 40-00.00
	11.81m 12.19m 10.43m 11.38m 11.20m 10.96m	
8 Yates, Raisa	Central Wash	11.67m 38-03.50
	11.67m FOUL FOUL 11.49m FOUL FOUL	
9 Stueckle, Jordan	Central Wash	11.49m 37-08.50
	11.21m 11.49m 11.06m 11.20m FOUL 11.38m	
10 Mulkey, Becky	Central Wash	11.47m 37-07.75
	10.77m 11.47m 11.11m	
11 Redmayne-Titley, Emily	Concordia (O	11.25m 36-11.00
	FOUL 11.10m 11.25m	
12 Wentz, Breezy	Concordia (O	11.05m 36-03.00
	11.05m 10.18m 10.89m	
13 Jones, Brittany	Western Wash	10.92m 35-10.00
	10.92m 9.74m 10.43m	
14 Self, Torrie	Central Wash	10.71m 35-01.75

	10.66m	10.59m	10.71m				
15	Graff, Serena			Kajaks T&F	10.65m	34-11.25	
	10.65m	10.49m	9.66m				
16	Freeman, Cassandra			San Francisc	10.45m	34-03.50	
	9.43m	9.98m	10.45m				
17	Kneip, Jessica			Northwest U.	10.37m	34-00.25	
	10.33m	10.37m	10.33m				
18	Deeds, Myriah			Lewis-Clark	10.33m	33-10.75	
	9.75m	9.98m	10.33m				
19	Spieker, Emily			Western Wash	10.12m	33-02.50	
	10.12m	FOUL	9.30m				
20	Hallstrom, Kaycee			Linfield	9.98m	32-09.00	
	8.60m	FOUL	9.98m				
21	Currier, Lindsay			Seattle U.	9.91m	32-06.25	
	9.91m	FOUL	9.26m				
21	Baumstark, Kaylee			Central Wash	9.91m	32-06.25	
	FOUL	FOUL	9.91m				
23	Kneip, Cadie			Northwest U.	9.52m	31-03.00	
	8.55m	9.52m	8.55m				
24	Spees, Sarah			Central Wash	9.47m	31-01.00	
	8.75m	9.47m	9.16m				
25	Barnett, Rachelle			Simon Fraser	9.39m	30-09.75	
	9.21m	9.31m	9.39m				
26	Bridgett, Deirdra			San Francisc	8.77m	28-09.25	
	FOUL	8.24m	8.77m				
27	Gallagher, Addie			Clackamas CC	8.69m	28-06.25	
	8.28m	8.69m	8.51m				
28	Jahnsen, Katie			Unattached	8.38m	27-06.00	
	FOUL	8.38m	8.15m				
29	Scholter, Hannah			St. Martin's	7.57m	24-10.00	
	7.57m	7.37m	5.62m				
--	Lakes, Shaniae			Washington	FOUL		
	FOUL	FOUL	FOUL	FOUL			

Women Weight Throw

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Name	Year School			Finals			
=====							
1	MacCorquodale, Emma	Hawaii			15.74m	51-07.75	
	14.96m	15.55m	15.74m	15.61m	15.67m	15.68m	
2	Oyetuga, Korede	Washington			15.50m	50-10.25	
	14.88m	15.50m	15.30m	FOUL	15.09m	FOUL	

3	Self, Torrie	Central Wash	15.33m	50-03.50
	14.43m 14.52m 14.66m 15.33m FOUL 14.19m			
4	Wentz, Breezy	Concordia (O	14.97m	49-01.50
	14.97m 14.27m 14.65m 14.63m FOUL FOUL			
5	Federicci, Amanda	Concordia (O	14.74m	48-04.50
	13.58m 14.71m 14.74m 14.30m 14.15m 14.03m			
6	Stueckle, Jordan	Central Wash	14.23m	46-08.25
	13.95m 14.02m 14.23m 13.89m 13.53m FOUL			
7	Huse, Erica	Washington	14.13m	46-04.25
	FOUL 13.83m 13.97m FOUL 13.56m 14.13m			
8	Dixson, Gabriella	Concordia (O	13.98m	45-10.50
	13.98m FOUL 13.96m 13.64m FOUL FOUL			
9	Bridgett, Deirdra	San Francisc	13.66m	44-09.75
	12.79m 13.66m 13.61m 12.77m 12.81m FOUL			
10	Freeman, Cassandra	San Francisc	13.50m	44-03.50
	FOUL 13.50m 12.53m			
11	Smith, Kirsten	Lewis-Clark	13.34m	43-09.25
	FOUL FOUL 13.34m			
12	Baumstark, Kaylee	Central Wash	13.10m	42-11.75
	13.10m 12.69m 12.59m			
13	Redmayne-Titley, Emily	Concordia (O	12.82m	42-00.75
	12.10m 12.82m 12.34m			
14	Stuart, Michelle	Simon Fraser	12.67m	41-07.00
	11.60m 11.92m 12.67m			
15	Padrinao, Jessica	Simon Fraser	12.63m	41-05.25
	12.63m FOUL FOUL			
16	Edholm, Christina	Willamette	12.42m	40-09.00
	11.96m 10.85m 12.42m			
17	Kennedy, Samantha	Kajaks T&F	11.47m	37-07.75
	11.47m 11.33m FOUL			
18	Yates, Raisa	Central Wash	11.43m	37-06.00
	11.02m 11.43m 11.37m			
19	Peterson, Katie	Willamette	11.40m	37-05.00
	10.93m 11.40m FOUL			
20	Graff, Serena	Kajaks T&F	11.14m	36-06.75
	FOUL 10.58m 11.14m			
21	Kneip, Jessica	Northwest U.	10.66m	34-11.75
	FOUL 10.00m 10.66m			
22	Kneip, Cadie	Northwest U.	10.46m	34-04.00
	9.28m 10.46m 10.35m			
23	Spieker, Emily	Western Wash	8.55m	28-00.75
	FOUL 8.55m FOUL			

24	Mulkey, Becky	Central Wash	7.92m	26-00.00
	7.92m FOUL 7.18m			
25	Spees, Sarah	Central Wash	7.75m	25-05.25
	FOUL 7.02m 7.75m			

Men 60 Meter Dash

Name	Year School	Prelims	H#
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Preliminaries

1	St clair, Devin	Unattached	6.97q	3
2	Dahl, Eric	Unattached	7.00q	6
3	Zackery, Anthony	Western Wash	7.05q	2
3	Wright, Anthony	Central Wash	7.05q	7
5	puccino, phillip	Unattached	7.06q	7
5	Vernon- Reynolds, Gianni	Soka	7.06q	4
7	Tilley, Alex	Western Wash	7.08	7
8	Nicolas, Dennis	HSI	7.09	2
9	Gruger, Shane	Western Wash	7.10	11
10	Bennett, Phillip	Unattached	7.13	6
11	Harewood, Marcus	Unattached	7.14	1
12	Heldman, Jared	Valley Royal	7.16	8
13	Gademans, Brennan	Langley Must	7.17	3
14	Thomsen, Justin	Western Wash	7.18	14
15	Alexander, Bobby	Western Oreg	7.19	4
16	DeVaughn, Josh	St. Martin's	7.21	14
16	Janssen, Josh	Stark Street	7.21	9
18	Black, Cameron	1911 TC	7.23	12
19	Martinez, Jude	Seattle U.	7.25	9
20	Casqueiro, Andy	Unattached	7.29	11
20	Latt, Jordan	Tigard Elite	7.29	5
22	Clendaniel, Tim	Western Wash	7.30	8
23	Schlachter, Zach	Tigard Elite	7.31	6
24	Johnson, Keelynn	1911 T.C.	7.33	14
25	Kotzian, Logan	Lewis & Clar	7.35	4
25	Carr, James	Central Wash	7.35	10
25	Sacirovic, Alija	Warner Pacif	7.35	12
25	Eldredge, Mike	Linfield	7.35	5
29	Tunstall, Cameron	Unattached	7.36	13
29	Gray, Andrew	Western Wash	7.36	3
31	Bardwell, Julian	Flying Ajs	7.37	13
32	Villanueva, Phillip	Western Wash	7.38	10

33	Filipek, Nathan	Pacific Athl	7.39	8
34	Tolento, Eric	Unattached	7.40	11
35	Cho, James	Central Wash	7.41	13
36	noling, lucas	Stark Street	7.42	9
36	Bollen, Barrett	Velocity Rap	7.42	6
38	Mayes, Joevonte	Lewis & Clar	7.43	2
38	Hanson, Matthew	Unattached	7.43	9
40	Freeman, Chris	Western Oreg	7.44	12
41	Prince, Spencer	Valley Royal	7.45	8
41	McGetrick, Ian	Tigard Elite	7.45	1
41	Lehman, Kyler	Takena Runni	7.45	5
44	Jones, Rendel	Central Wash	7.46	4
44	Benedictus, Edward	Flying Aj's	7.46	1
46	Putnam, Wiley	Puget Sound	7.47	1
47	Danielson, Bryce	Vixmix Track	7.48	10
48	Oamen, Charles	Ocean Athlet	7.50	7
49	Monahan, Casey	Unattached	7.51	13
50	Nunno, James	Unattached	7.52	11
50	Caryl, Jason	Unattached	7.52	10
52	Garcia, Ricky	Unattached	7.53	5
52	Blatchford, Jean	Unattached	7.53	1
54	Myrie, Johnathon	Unattached	7.54	5
54	Harrison, Alex	Western Wash	7.54	14
56	acosta, patrick	Unattached	7.56	2
56	Taylor, Christopher	Vancouver T-	7.56	4
58	Mashalok, Gabriel	Langley Must	7.57	2
59	Schwanz, Trevor	Concordia (O	7.60	3
59	Gelfer, Ian	Unattached	7.60	7
61	Clarke, Daniel	Puget Sound	7.62	3
62	Kowalko, Caleb	Warner Pacif	7.66	1
62	Akasu, Kiyoshi	Soka	7.66	6
64	Hinkle, Patrick	Unattached	7.67	8
65	Greene, Kaz	Tigard Elite	7.68	14
65	Ramirez, Hilario	Seattle Paci	7.68	2
67	Spinas, Shane	Unattached	7.70	9
68	Greene, Ralph	Tigard Elite	7.72	5
69	Kishi, Masatoshi	Soka	7.73	7
70	South, Garrett	Warner Pacif	7.76	10
71	Jones, Garet	Vixmix Track	7.77	6
71	Doyle, Liam	Unattached	7.77	13
73	Aljbour, Josh	Unattached	7.82	11
74	Yungeberg, Nicholas	Vixmix Track	7.88	10

75	Ellington, Robert	Unattached	7.93	14
76	Reitan, Mark	Unattached	8.01	13
77	Khatiwada, Shishir	Soka	8.26	3

Men 60 Meter Dash

Name	Year	School	Finals
Finals			
1	St clair, Devin	Unattached	6.94
2	Vernon- Reynolds, Gianni	Soka	7.00
3	Zackery, Anthony	Western Wash	7.02
4	Wright, Anthony	Central Wash	7.03
5	puccino, phillip	Unattached	7.09
--	Dahl, Eric	Unattached	FS

Men 200 Meter Dash

Name	Year	School	Finals	H#
1	Vernon- Reynolds, Gianni	Soka	22.08	13
2	Okoro, Michael	Unattached	22.21	13
3	St clair, Devin	Unattached	22.31	9
4	Hamlett, Kendale	1911tc	22.37	11
5	Bennett, Phillip	Unattached	22.38	12
6	Boyd, Dustin	Western Oreg	22.53	11
7	Harewood, Marcus	Unattached	22.60	6
8	Morrison, Scott	Central Wash	22.62	8
9	Tilley, Alex	Western Wash	22.69	11
10	DeVaughn, Josh	St. Martin's	22.70	13
11	Latt, Jordan	Tigard Elite	22.77	12
12	Gruger, Shane	Western Wash	22.87	10
13	Schlachter, Zach	Tigard Elite	22.92	9
14	Kotzian, Logan	Lewis & Clar	23.02	13
15	Zackery, Anthony	Western Wash	23.06	10
16	Black, Cameron	1911 TC	23.10	10
17	Thomas, Tyler	Unattached	23.14	9
18	Carpenter, Kevin	Lewis & Clar	23.16	12
19	David, Toby	Western Wash	23.21	10
20	Miller, Jason	Unattached	23.23	7
21	Gademans, Brennan	Langley Must	23.31	8
22	Darling, Logan	Western Wash	23.33	11

23	Ayesu-Attah, Benjamin	Coq. Cheetah	23.42	8
24	Gray, Andrew	Western Wash	23.46	12
24	Grounds, Micah	Seattle Paci	23.46	6
26	Hogan, Anthony	Central Wash	23.53	5
27	Fremd, Kyle	Central Wash	23.54	4
28	Thomsen, Justin	Western Wash	23.57	5
29	Tunstall, Cameron	Unattached	23.66	4
30	Grudzinski, Levi	Western Wash	23.74	6
30	O'Connell, Shane	Western Oreg	23.74	9
32	Gallaughner, Robbie	Langley Must	23.76	7
32	Eldredge, Mike	Linfield	23.76	4
34	seel, matt	Unattached	23.77	9
35	Latu, Siotame	Unattached	23.89	3
36	Danielson, Bryce	Vixmix Track	23.90	3
37	Mayes, Jovonte	Lewis & Clar	23.94	13
38	Taylor, Christopher	Vancouver T-	23.95	4
38	Mashalok, Gabriel	Langley Must	23.95	2
40	Villanueva, Phillip	Western Wash	23.96	1
41	Snyder, Maxx	Western Wash	24.00	2
42	Sacirovic, Alija	Warner Pacif	24.01	7
43	Janssen, Josh	Stark Street	24.02	6
44	Clarke, Daniel	Puget Sound	24.06	2
45	Akasu, Kiyoshi	Soka	24.28	11
46	Lehman, Kyler	Takena Runni	24.33	2
47	acosta, patrick	Unattached	24.34	8
48	Kersting, Travis	Clackamas CC	24.35	6
49	Gelfer, Ian	Unattached	24.38	3
50	Casqueiro, Andy	Unattached	24.41	5
51	South, Garrett	Warner Pacif	24.48	8
52	Derwin, Jace	Seattle Paci	24.60	4
53	Ramirez, Hilario	Seattle Paci	24.69	1
54	Dolfo, Braedon	Langley Must	24.73	7
55	Hinkle, Patrick	Unattached	25.07	10
56	Aiken, Jason	Warner Pacif	25.14	2
57	Dye, Alex	Western Wash	25.21	3
58	Kishi, Masatoshi	Soka	25.44	5
59	Scholer, Matt	Warner Pacif	25.58	1
60	Firman, Jeremiah	Puget Sound	25.64	1
61	Monroe, Daren	Unattached	25.76	1
62	McClinton, Zachary	Unattached	25.87	3

Men 400 Meter Dash

Name	Year School	Finals	H#
1 Ayesu-Attah, Benjamin	Coq. Cheetah	50.04	12
2 Woytkowiak, Paul	Unattached	50.32	11
2 Dunn, Colton	Washington	50.32	12
4 Stephens, Christopher	Seattle U.	50.39	11
5 O'Connell, Matt	Western Wash	50.46	11
6 Montrose, Brett	Simon Fraser	50.59	12
7 David, Toby	Western Wash	50.67	8
8 Darling, Logan	Western Wash	50.95	8
9 Miller, Jason	Unattached	51.10	9
10 Ratliff, James	Clackamas CC	51.13	10
11 Thomas, Tyler	Unattached	51.39	9
12 Ellenwood, Stuart	Langley Must	51.50	10
13 Fremd, Kyle	Central Wash	51.60	9
14 Grudzinski, Levi	Western Wash	51.80	5
15 Endresen, Ryan	Seattle Paci	51.86	4
16 price, gante	Unattached	51.92	10
17 Martinez, Jude	Seattle U.	52.19	4
18 Carpenter, Kevin	Lewis & Clar	52.20	8
19 Johnson, Logan	Skagit Valle	52.21	7
20 Maxwell, Lester	Linfield	52.38	5
21 Reed, Jimmy	Northwest U.	52.39	9
22 vuksich, kyle	Unattached	52.42	5
23 Parrish, Cory	Linfield	52.53	4
24 Ling, David	Vancouver T-	52.56	4
25 Villanueva, Phillip	Western Wash	52.64	6
26 Latu, Siotame	Unattached	52.88	8
27 McKiever, Marquis	Central Wash	52.99	5
28 Wittig, Luc	U. of Victor	53.03	7
29 young, dylan	Unattached	53.15	7
29 Dodge, Travis	St. Martin's	53.15	6
31 seel, matt	Unattached	53.19	7
32 Polwarth, Jimmy	Unattached	53.33	6
33 Plummer, Kevin	Simon Fraser	53.35	7
34 Lundgren, Justin	Clackamas CC	53.64	2
35 Putnam, Wiley	Puget Sound	53.71	1
36 Grossaint, Cameron	St. Martin's	53.82	8
37 Engle, Sam	Club 185 Str	53.84	4
38 Smith Fraser, Jabari	Seattle U.	53.88	3
39 birade, laurent	SoCal track	54.54	1

40	Kersting, Travis	Clackamas CC	54.83	3
41	Leddige, Luke	Southridge H	54.84	12
42	Carter, Matt	Puget Sound	55.08	10
43	Flaherty, Connor	St. Martin's	55.13	1
44	Gelfer, Ian	Unattached	55.35	2
45	Dolfo, Braedon	Langley Must	55.68	2
46	Spinas, Shane	Unattached	55.69	6
46	So, Matthew	Vancouver T-	55.69	2
48	Lynch, Jesse	Langley Must	56.52	1
49	Monroe, Daren	Unattached	56.80	1
50	Menzies, Kyle	Tigard Elite	56.99	2
51	Yungeberg, Alex	Vixmix Track	57.34	3
52	Stevens, James	Unattached	1:06.53	3

Men 600 Meter Run

Name	Year School	Finals	H#
1	Freitas, Alex	Long Beach S	1:20.13 2
2	Achari, Darcy	Simon Fraser	1:21.64 2
3	Nicol, Scott	U. Calgary	1:22.14 2
4	Scott, Nathan	University o	1:22.26 1
5	Vaartnou, Nicholas	Unattached	1:22.60 2
6	Wasylyshyn, Adam	U. Calgary	1:22.64 2
7	Granville, Mario	Long Beach S	1:23.82 2
8	Ramirez, Douglas	Harrier Trac	1:23.94 2
9	Riley, Matt	Coq. Cheetah	1:26.83 1
10	Dressler, Tim	Concordia (O	1:26.84 2
11	Browne, Ross	Surrey Athle	1:29.57 1
12	Stecker, Nathan	Warner Pacif	1:30.27 1
13	Macias, Cruz	Soka	1:31.35 1
14	Falcon, Salomon	Unattached	1:35.38 1
15	Takeuchi, Masayuki	Soka	1:35.57 1
16	Stevens, James	Unattached	1:47.75 1

Men 800 Meter Run

Name	Year School	Finals
1	Mahoney, Brendon	NYAC 1:53.40
2	Vugteveen, Travis	Valley Royal 1:54.74
3	Burck, Eric	Concordia (O 1:55.89

4	Schmidt, Mike	Western Oreg	1:55.97
5	Meis, Chad	Seattle Paci	1:56.08
6	Seeley, Nathan	Seattle Paci	1:56.35
7	Barnes, James	U. of Victor	1:56.68
8	O'Brien, Carson	Western Oreg	1:56.90
9	Schiavonne, Trevor	U. of Victor	1:57.27
10	Lucas, Shawn	Unattached	1:57.36
11	Cronrath, Matt	Unattached	1:57.74
12	Timpe, Miles	Washington	1:57.96
13	Abraham, Nick	Western Wash	1:58.65
14	Neal, Keffri	Surrey Athle	1:58.92
15	Irvine, Kyle	U. of Victor	1:59.07
16	Patti, Joseph	St. Martin's	1:59.70
17	Cummings, Charles	Concordia (O	1:59.97
18	Timpe, Braden	Unattached	2:00.10
19	Sleight, Nathanael	Seattle Paci	2:00.27
20	Massari, Zach	Western Oreg	2:00.55
21	Auld, Dan	Seattle U.	2:00.61
22	Clinch, Keenan	Seattle U.	2:01.17
23	Winger, Rustin	Seattle U.	2:01.36
24	Burrus, Josh	Concordia (O	2:01.62
25	Sayler, Collin	Unattached	2:01.64
26	Gravel, Christian	Vancouver T-	2:01.90
27	Ellenwood, Stuart	Langley Must	2:01.96
28	Keenan, Stewart	Nac Victoria	2:02.02
29	Snowden, Robert	Puget Sound	2:02.49
30	Sosa, Frank	Skagit Valle	2:02.53
31	Lyon, Jeff	Club 185 Str	2:02.65
32	vuksich, kyle	Unattached	2:04.33
33	Johnson, Kyle	Western Wash	2:04.45
34	Krieger, Jeffrey	Unattached	2:04.63
35	Fujimoto, Michael	Club Northwe	2:04.91
36	Boyd, Tanner	Western Wash	2:05.06
37	Starinieri, Nicholas	Soka	2:05.44
38	Peters, Travis	Western Wash	2:05.59
39	Jackson, Chip	Western Wash	2:05.75
40	White-Duong, Han	Warner Pacif	2:06.22
41	bowlby, jay	SOTG	2:06.83
42	Antle, Tom	Langley Must	2:07.81
43	Gonzalez, Bernardo	Soka	2:08.03
44	Coniff, Andrew	Western Wash	2:08.42
45	Haselnus, Jackson	Unattached	2:10.83

46	Ruud, John	Unattached	2:13.01
47	headrick, austin	Unattached	2:13.27
48	Reimer, Paul	Unattached	2:15.76
48	Chirillo, Joey	Unattached	2:15.76
50	Smillie, Malcolm	Unattached	2:22.24
51	Kattleson, Austin	Unattached	2:32.90

Men 1000 Meter Run

Name	Year School	Finals	
1	Romero-Clark, Martin	Concordia (O	2:26.75
2	Brown, Jessy	Concordia (O	2:27.53
3	Simair, Chris	University o	2:27.85
4	Cisneros, Cordero	Concordia (O	2:28.67
5	Forester, Keir	Simon Fraser	2:31.08
6	Woolsey, Derek	Northwest U.	2:31.61
7	Nichol, Stephen	Simon Fraser	2:32.87
8	Young, James	Simon Fraser	2:32.97
9	Reid, Adam	Simon Fraser	2:33.04
10	George, Lee	Harrier Trac	2:35.95
11	Lai, Yubai	Simon Fraser	2:37.13
12	Ramirez, Douglas	Harrier Trac	2:37.15
13	Burgess, Ian	SE Pdx TC	2:37.34
14	VanDooren, Tyler	HTC	2:37.71
15	Dahani, Samir	Simon Fraser	2:38.33
16	Conard, Zach	Simon Fraser	2:39.25
17	Hazelhurst, Fletcher	SE Pdx TC	2:44.02
18	Bradley, Tom	Harrier Trac	2:46.89
19	Baker, Jackson	SE Pdx TC	2:47.24
20	Ferleman, Andrew	Washington	2:55.10
21	Edel, Josh	SE Pdx TC	3:01.96

Men 1 Mile Run

Name	Year School	Finals	
1	Benson, Doug	Unattached	4:14.87
2	Grimes, Bennett	Western Wash	4:18.16
3	Childs, Cliff	U. of Victor	4:18.72
4	George, Lee	Harrier Trac	4:21.31
5	Sears, Kelton	Seattle U.	4:21.54

6	Cummings, Charles	Concordia (O	4:21.65
7	Medhaug, Blake	Western Wash	4:22.09
8	Wakefield, Brett	Simon Fraser	4:22.83
9	Sprinkle, Dan	Western Oreg	4:24.04
10	Auld, Chris	Seattle U.	4:24.37
11	Cannata-Bowman, Nick	Seattle U.	4:25.27
12	Jackson, Chip	Western Wash	4:25.71
13	Johnston, Carl	Unattached	4:25.73
14	Van Santen, Kyle	St. Martin's	4:25.93
15	kavanaugh, Kevin	Unattached	4:26.46
16	Baker, AJ	Seattle Paci	4:26.59
17	Holden, Justin	Unattached	4:26.82
18	Johnson, Kyle	Western Wash	4:27.63
19	Boyd, Tanner	Western Wash	4:29.35
20	Schippers, Nick	Unattached	4:29.65
21	Secco, Scott	Nac Victoria	4:29.70
22	Wall, Casey	Puget Sound	4:30.74
23	Clouthier, Josh	U. of Victor	4:31.09
24	Kollgaard, Adam	Unat-Seattle	4:31.17
25	Miller, Graham	Seattle U.	4:31.46
26	Gibson, Danny	Unattached	4:31.56
27	VanDooren, Tyler	HTC	4:32.00
28	Lance, Jordan	Seattle Paci	4:33.16
29	Van Ness, Andrew	Seattle Paci	4:33.70
30	Zosiak, Kyle	Nac Victoria	4:35.53
31	Zitzer, Dylan	Concordia (O	4:35.98
32	Bill, Simon	Hershey Harr	4:36.09
33	McLeod, Ian	Western Wash	4:36.49
34	Therrien, Cody	Nac Victoria	4:36.65
35	Gravel, Christian	Vancouver T-	4:37.98
36	Kingstad, Kristian	Unattached	4:38.31
37	Oxland, Doug	U. of Victor	4:38.34
38	Sosa, Frank	Skagit Valle	4:39.23
39	Garrison, Ethan	Unattached	4:39.52
40	Oekerman, Dan	Unattached	4:39.84
41	Mauro, Alex	South Eugene	4:41.70
42	Lindley, Quinn	Unattached	4:41.94
43	Bradley, Tom	Harrier Trac	4:42.95
44	Bollen, Barrett	Velocity Rap	4:43.39
45	Bruchet, Jake	Semiahmoo Se	4:43.79
46	Flores, Edwin	Soka	4:44.24
47	Parker, Caleb	Seattle Paci	4:44.34

48	Alexander, Austin	Club 185 Str	4:46.01
49	Meeker, Christopher	Warner Pacif	4:46.57
50	Orth, Daivik	Unattached	4:52.66
51	Fleishman, Kevin	Warner Pacif	4:53.08
52	Devin, Rajala	Hershey Harr	4:53.49
53	Bates, Colin	Vixmix Track	4:54.15
54	Prather, Bob	Club Northwe	4:55.41
55	Phillips, Dakota	Unattached	4:56.11
56	Ishenin, Vlad	Takena Runni	4:58.53
57	Kerhin, Charles	Soka	4:59.63
58	Onstad, Brendan	Surrey Athle	5:00.67
59	Seymour, Alex	Unattached	5:02.15
60	campbell, jake	Unattached	5:12.45
61	Lester, Brennan	Vixmix Track	5:14.73
62	Sanchez, Rudy	Takena Runni	5:19.69

Men 3000 Meter Run

Name	Year School	Finals	
1	gray, joseph	Inov-8	8:16.02
2	Brill, Eric	Western Wash	8:35.19
3	Urbanski, Matthew	East County	8:35.37
4	Kubitz, Greg	Western Wash	8:37.08
5	Wilkie, Mark	Unattached	8:38.99
6	Sullivan, Brian	Unattached	8:41.11
7	McIsaac, Chris	Linfield	8:43.54
8	McChesney, Jesse	East County	8:45.06
9	Hunt, Spencer	St. Martin's	8:47.36
10	Bauman, Oscar	Unattached	8:48.92
11	Shakalia, Karim	Warner Pacif	8:54.16
12	Cummings, Travis	U. Calgary	8:57.06
13	Cox, Michael	U. of Victor	9:01.92
14	Peterson, Dylan	Western Wash	9:05.05
15	Butler, Cameron	Puget Sound	9:07.67
16	johnston, Blair	Unattached	9:12.46
16	McClement, Matthew	Unat-Seattle	9:12.46
18	Bear Don't Walk, Oliver	Harrier Trac	9:13.13
19	Bennison, Andrew	Stark Street	9:15.24
20	Dolezal, Eric	East County	9:15.61
21	Fleming, Tom	U. of Victor	9:15.84
22	Harvey, Nicholas	St. Martin's	9:16.60

23	Campbell, Casey	Unattached	9:17.51
24	Porter, Matt	Northwest U.	9:18.55
25	Mauro, Alex	South Eugene	9:18.81
26	Klein, Matt	Puget Sound	9:19.91
27	Caffrey, Noah	St. Martin's	9:23.61
28	Asai, Alexander	East County	9:25.79
29	Bauer, Scott	St. Martin's	9:26.70
30	Adams, Alec	Seattle U.	9:27.89
31	Bayley, Harry	SE Pdx TC	9:28.77
32	Gladow, Joe	Unattached	9:30.47
33	Schmidt, Otto	Unattached	9:31.46
34	Buckshon, Joseph	Unattached	9:32.34
35	Schroll, Chris	Unattached	9:33.63
36	Stilley, Everett	Stark Street	9:33.95
37	DeLaCruz, Juan	Warner Pacif	9:34.97
38	Cornwell, Ryan	Vixmix Track	9:36.01
39	Wittman, Jacob	Unattached	9:36.29
40	Antush, Maximilian	Unattached	9:37.98
41	Pengra, Travis	Warner Pacif	9:38.02
42	Terzenbach, Jon	Unattached	9:45.25
43	Koons-Farrell, Allistair	SE Pdx TC	9:45.83
44	Harrison, Will	Seattle Paci	9:49.88
45	Brown, Patrick	Unattached	9:55.28
46	Ishenin, Vlad	Takena Runni	10:26.47
47	Goldstone, Jesse	Charles Wrig	10:29.15
48	Sanchez, Rudy	Takena Runni	10:42.06

Men 60 Meter Hurdles

Name	Year School	Prelims	H#
Preliminaries			
1	Moore, Shayne	Washington	8.48q 3
2	Loscutoff, Andy	Western Oreg	8.60q 8
2	Ratliff, James	Clackamas CC	8.60q 8
4	Hogan, Anthony	Central Wash	8.62q 1
5	Wilson, Chris	Concordia (O	8.65q 7
6	Gray, Andrew	Western Wash	8.67 4
6	Werner, Jordan	Western Oreg	8.67 2
8	Lovell, Josh	Linfield	8.72 1
9	Vetter, Jake	Washington	8.86 7
10	Fellows, Alec	Unattached	8.93 5

11	Endresen, Ryan	Seattle Paci	8.95	2
12	Monahan, Casey	Unattached	9.02	6
13	Leddige, Luke	Southridge H	9.05	6
14	price, gante	Unattached	9.10	2
15	Johnson, Nate	Seattle Paci	9.11	3
16	Nunno, James	Unattached	9.20	7
17	Harrison, Alex	Western Wash	9.22	4
18	Lovell, Jeremy	Linfield	9.25	5
19	Borer, Bryce	Washington	9.33	6
20	Poshusta, Robert	Seattle U.	9.36	1
21	Cardinal, Michael	Seattle U.	9.39	2
22	South, Garrett	Warner Pacif	9.43	4
23	Lynch, Jesse	Langley Must	9.50	6
24	Kowalko, Caleb	Warner Pacif	9.56	3
25	Carr, James	Central Wash	9.62	1
26	Roddewig, Brandon	Central Wash	9.65	1
27	Steinke, Thomas	Unattached	9.67	8
28	Osborne, Adam	Langley Must	9.99	5
29	Strauss, Matthew	Langley Must	10.07	8
30	birade, laurent	SoCal track	10.12	3
31	Gordon, Dylan	Western Wash	10.33	5
32	Iverson, Kevin	Western Wash	11.07	8

Men 60 Meter Hurdles

=====				
Name	Year	School	Finals	
=====				
Finals				
1		Moore, Shayne	Washington	8.15
2		Ratliff, James	Clackamas CC	8.34
3		Loscutoff, Andy	Western Oreg	8.45
4		Wilson, Chris	Concordia (O	8.48
5		Hogan, Anthony	Central Wash	8.62

Men 4x400 Meter Relay

=====			
School		Finals	H#
=====			
1	Western Washington	'A'	3:23.34 2
	1) Darling, Logan	2) Tilley, Alex	
	3) David, Toby	4) O'Connell, Matt	
2	Western Washington	'B'	3:30.38 2

1) Grudzinski, Levi	2) Villanueva, Phillip		
3) Peters, Travis	4) Abraham, Nick		
3 Central Washington 'A'		3:30.50	2
1) McKiever, Marquis	2) Hogan, Anthony		
3) Morrison, Scott	4) Fremd, Kyle		
4 Seattle Pacific 'A'		3:34.86	1
1) Endresen, Ryan	2) Derwin, Jace		
3) Grounds, Micah	4) Johnson, Nate		
5 Warner Pacific 'A'		3:36.09	1
1) Aiken, Jason	2) Sacirovic, Alija		
3) South, Garrett	4) Stecker, Nathan		
6 SE Pdx TC 'A'		3:53.82	1
1) Burgess, Ian	2) Koons-Farrell, Allistaire		
3) Lesley, Fletcher	4) Bayley, Harry		

Men High Jump

Name	Year School	Finals
1 Maricich, Anthony 2.00 2.05 2.10 2.15 O O O XXX	Unattached	2.10m 6-10.75
2 Black, Alex 1.95 2.00 2.05 2.10 O O XO XXX	Long Beach S	2.05m 6-08.75
3 Lovell, Josh 1.90 1.95 2.00 2.05 O XXO O XXX	Linfield	2.00m 6-06.75
4 Wegner, Robert 1.90 1.95 XXO XXX	Western Oreg	1.90m 6-02.75
4 Nunno, James 1.85 1.90 1.95 XO XXO XXX	Unattached	1.90m 6-02.75
6 Moreland, Webster 1.85 1.90 XXO XXX	Warner Pacif	1.85m 6-00.75
6 Dennis, Stephen 1.80 1.85 1.90 O O XXX	Linfield	1.85m 6-00.75
6 Roddewig, Brandon 1.75 1.80 1.85 1.90	Central Wash	1.85m 6-00.75

	O	O	XXO	XXX			
6	Larson, Josh		Western Wash		1.85m	6-00.75	
	1.75	1.80	1.85	1.90			
	O	O	XXO	XXX			
6	Kostol, Keith		Tigard Elite		1.85m	6-00.75	
	1.70	1.75	1.80	1.85	1.90		
	O	O	O	O	XXX		
11	Caryl, Jason		Unattached		1.80m	5-10.75	
	1.75	1.80	1.85				
	XO	O	XXX				
11	Brown, Ryan		Western Wash		1.80m	5-10.75	
	1.75	1.80	1.85				
	XO	XO	XXX				
13	Wagner, Nate		Seattle Paci		1.75m	5-08.75	
	1.70	1.75	1.80				
	O	XO	XXX				
13	Gaines, Eric		Vixmix Track		1.75m	5-08.75	
	1.70	1.75	1.80				
	O	O	XXX				
13	Arnett, Levi		Unattached		1.75m	5-08.75	
	1.70	1.75	1.80				
	O	XO	XXX				
16	Harrison, Alex		Western Wash		1.70m	5-07.00	
	1.70	1.75					
	O	XXX					
--	Cardinal, Michael		Seattle U.			NH	
	1.7						
	XXX						

Men Pole Vault

Name	Year	School	Finals
1 Borer, Bryce		Washington	4.90m 16-00.75
2 Vu, Ryan		Washington	J4.90m 16-00.75
3 Nunno, James		Unattached	J4.90m 16-00.75
4 Trump, Jordan		Concordia (O	4.75m 15-07.00
4 Hippler, Jared		Clackamas CC	4.75m 15-07.00
6 Juhala, Thomas		Unattached	4.60m 15-01.00
6 Taiwo, Jeremy		Unattached	4.60m 15-01.00
6 Cordell, Seth		Concordia (O	4.60m 15-01.00
9 Hidalgo, Matthew		Willamette S	4.45m 14-07.25

	4.00 4.15 4.30 4.45 4.60						
	O O O XXO XXX						
9	Vaughn, KC	Concordia (O	4.45m	14-07.25			
9	Giddens, Jayce	Western Oreg	4.45m	14-07.25			
	4.00 4.15 4.30 4.45 4.60						
	O XO XO O XXX						
9	Hunter, Scott	Unattached	4.45m	14-07.25			
	4.15 4.30 4.45 4.60						
	XO XXO XO XXX						
9	Lovell, Jeremy	Linfield	4.45m	14-07.25			
	4.15 4.30 4.45 4.60						
	O O XO XXX						
14	Simunds, Nathan	Western Wash	4.30m	14-01.25			
14	Stull, Travis	Puget Sound	4.30m	14-01.25			
14	Winters, Josh	Western Wash	4.30m	14-01.25			
14	Lovell, Josh	Linfield	4.30m	14-01.25			
	4.15 4.30 4.45						
	O XO XXX						
18	Streed, Connor	Warner Pacif	4.15m	13-07.25			
18	Johnson, Nate	Seattle Paci	4.15m	13-07.25			
	3.55 3.70 3.85 4.00 4.15 4.30						
	O XO O O O XXX						
18	Roddewig, Brandon	Central Wash	4.15m	13-07.25			
21	Chavez, Ismael	Western Wash	4.00m	13-01.50			
	3.85 4.00 4.15						
	XO XO XXX						
21	Holt, Chester	Velocity Rap	4.00m	13-01.50			
	3.85 4.00 4.15						
	XO XO XXX						
21	Vetter, Jake	Washington	4.00m	13-01.50			
	3.40 3.55 3.70 3.85 4.00 4.15						
	XO O O XO XXO XXX						
21	Iverson, Kevin	Western Wash	4.00m	13-01.50			
	3.70 3.85 4.00 4.15						
	O P O XXX						
25	Kingstad, Kristian	Unattached	3.85m	12-07.50			
	3.40 3.55 3.70 3.85 4.00						
	O XXO O XXO XXX						
25	Ericksen, Cameron	Unattached	3.85m	12-07.50			
	3.55 3.70 3.85 4.00						
	XO O O XXX						
25	Millson, Michael	Western Wash	3.85m	12-07.50			

-- Carr, James Central Wash NH
 3.85
 XXX

-- Hoza, Nic Western Wash NH

-- McKay, David Pacific Athl NH

-- Filipek, Nathan Pacific Athl NH

-- Steele, Adam Victoria Tra NH
 3.7
 XXX

Men Long Jump

Name		Year	School	Finals	
1	Fellows, Alec		Unattached	6.83m	22-05.00
	6.51m	6.74m	6.64m	6.68m	6.75m 6.83m
1	Moreland, Webster		Warner Pacif	6.83m	22-05.00
	6.51m	6.58m	6.83m	6.75m	FOUL FOUL
1	Lovell, Josh		Linfield	6.83m	22-05.00
	6.83m	6.79m	6.83m	PASS	PASS PASS
4	Melo, Manny		Unattached	6.82m	22-04.50
	6.63m	FOUL	6.73m	6.80m	6.82m 6.74m
5	Bardwell, Julian		Flying Ajs	6.77m	22-02.50
	FOUL	6.57m	6.77m	FOUL	6.71m FOUL
6	Gallaughar, Robbie		Langley Must	6.72m	22-00.75
	6.66m	6.48m	6.72m	6.28m	FOUL 6.47m
7	Marr, Spencer		Flying Aj's	6.69m	21-11.50
	6.69m	PASS	PASS	PASS	PASS PASS
8	Moore, Ethan		Clackamas CC	6.63m	21-09.00
	6.41m	6.19m	6.63m	6.32m	6.21m PASS
9	Nicolas, Dennis		HSI	6.58m	21-07.25
	FOUL	6.55m	6.58m	PASS	PASS PASS
9	Felt, Justin		Seattle Paci	6.58m	21-07.25
	FOUL	6.58m	6.56m	FOUL	FOUL FOUL
11	Lovell, Jeremy		Linfield	6.57m	21-06.75
	6.57m	FOUL	6.44m		
12	Clendaniel, Tim		Western Wash	6.56m	21-06.25
	6.34m	FOUL	6.56m		
13	Davis, Will		Western Wash	6.50m	21-04.00
	6.28m	6.50m	5.55m		
14	Hyde, Jake		Western Oreg	6.46m	21-02.50
	6.34m	6.46m	6.40m		

14	Collins, Nick	Unattached	6.46m	21-02.50
	FOUL 6.43m 6.46m			
16	Wegner, Robert	Western Oreg	6.45m	21-02.00
	6.41m 6.36m 6.45m			
17	Sanders, Jerhime	Unattached	6.44m	21-01.50
	6.44m FOUL FOUL			
18	Gruger, Shane	Western Wash	6.43m	21-01.25
	6.43m 6.43m 6.19m			
19	Heldman, Jared	Valley Royal	6.42m	21-00.75
	5.35m 6.42m 6.37m			
20	Jones, Rendel	Central Wash	6.36m	20-10.50
	6.15m 6.15m 6.36m			
21	Vazquez, Carlos	Clackamas CC	6.31m	20-08.50
	6.29m 6.16m 6.31m			
22	Lundgren, Justin	Clackamas CC	6.29m	20-07.75
	6.24m 6.29m 6.22m			
23	young, dylan	Unattached	6.26m	20-06.50
	6.26m 6.08m PASS			
24	Brown, Ryan	Western Wash	6.21m	20-04.50
	6.19m 6.21m 6.13m			
25	Prince, Spencer	Valley Royal	6.19m	20-03.75
	FOUL 6.19m 5.92m			
25	DiMario, Alec	Puget Sound	6.19m	20-03.75
	6.16m FOUL 6.19m			
27	DeVaughn, Josh	St. Martin's	6.18m	20-03.50
	6.18m 5.68m 6.03m			
28	May, DJ	Unattached	6.13m	20-01.50
	FOUL FOUL 6.13m			
29	delap, peter	Unattached	6.07m	19-11.00
	5.93m 6.07m 5.99m			
30	Harrison, Alex	Western Wash	6.05m	19-10.25
	5.83m 6.05m 5.96m			
31	McDaniel, Casey	Western Wash	6.02m	19-09.00
	5.75m 6.02m 5.87m			
31	Iverson, Kevin	Western Wash	6.02m	19-09.00
	5.91m 6.02m 5.92m			
33	Jaros, Ty	Seattle U.	5.98m	19-07.50
	5.98m 5.98m 5.95m			
34	Caryl, Jason	Unattached	5.86m	19-02.75
	FOUL FOUL 5.86m			
35	Roddewig, Brandon	Central Wash	5.84m	19-02.00
	5.72m 5.84m 5.66m			

36	Schwanz, Trevor	Concordia (O	5.82m	19-01.25
	5.82m 5.67m FOUL			
37	Brown, Clay	NorWesters	5.81m	19-00.75
	FOUL 5.81m 5.75m			
38	Marshall, Stephen	Concordia (O	5.77m	18-11.25
	5.63m 5.77m FOUL			
39	Melum, Trevor	Clackamas CC	5.71m	18-09.00
	5.68m 5.71m 5.71m			
40	Steinke, Thomas	Unattached	5.68m	18-07.75
	5.46m 5.68m 5.50m			
41	Bollen, Barrett	Velocity Rap	5.57m	18-03.25
	FOUL 5.57m 5.32m			
42	Hartwigsen, Derek	Unattached	5.52m	18-01.50
	FOUL 5.13m 5.52m			
--	Cho, James	Central Wash	FOUL	
	FOUL FOUL PASS			
--	Freeman, Chris	Western Oreg	FOUL	
	FOUL FOUL FOUL			

Men Triple Jump

=====						
Name	Year	School	Finals			
=====						
1	Benedictus, Edward	Flying Aj's	14.41m	47-03.50		
	13.62m 14.09m 13.72m 13.83m 13.83m 14.41m					
2	puccino, phillip	Unattached	13.95m	45-09.25		
	13.22m 13.48m 13.66m 13.95m 13.75m PASS					
3	Davis, Will	Western Wash	13.89m	45-07.00		
	13.54m 13.62m 13.56m 13.89m FOUL FOUL					
4	Moldanov, Sviatoslav	Simon Fraser	13.79m	45-03.00		
	FOUL 13.76m 13.05m FOUL 13.79m FOUL					
5	Jones, Rendel	Central Wash	13.58m	44-06.75		
	13.58m FOUL FOUL 13.54m 13.53m FOUL					
6	Melo, Manny	Unattached	13.42m	44-00.50		
	FOUL FOUL 13.42m FOUL FOUL FOUL					
7	Jaros, Ty	Seattle U.	13.35m	43-09.75		
	12.89m 13.01m 13.29m 13.32m 13.08m 13.35m					
8	Bardwell, Julian	Flying Ajs	13.34m	43-09.25		
	13.34m FOUL 13.28m FOUL FOUL FOUL					
9	Babcock, Joseph	Northwest U.	13.24m	43-05.25		
	13.06m 13.24m 13.11m 12.85m 12.78m 12.88m					
10	hamlett, kenneth	Unattached	13.03m	42-09.00		

	FOUL	FOUL	13.03m				
11	Hyde, Jake			Western Oreg		12.84m	42-01.50
	FOUL	FOUL	12.84m				
12	Steinke, Thomas			Unattached		12.74m	41-09.75
	11.70m	11.72m	12.74m				
13	Sanders, Jerhime			Unattached		12.59m	41-03.75
	FOUL	FOUL	12.59m				
14	Maguire, Hugh			ocean athlet		12.53m	41-01.50
	12.14m	12.53m	FOUL				
15	Moore, Ethan			Clackamas CC		12.51m	41-00.50
	12.51m	12.41m	12.08m				
16	DiMario, Alec			Puget Sound		12.25m	40-02.25
	12.25m	FOUL	FOUL				
17	Brown, Clay			NorWesters		12.21m	40-00.75
	12.21m	12.14m	12.00m				
18	Ivory, Jimmy			Puget Sound		12.05m	39-06.50
	12.05m	FOUL	FOUL				
--	Yeoman, Michael			Unattached		FOUL	
	FOUL	FOUL	FOUL				
--	delap, peter			Unattached		FOUL	
	FOUL	PASS	PASS				

Men Shot Put

=====							
Name	Year School			Finals			
=====							
1	Anderson, Richard			Washington		16.80m	55-01.50
	FOUL	16.80m	FOUL	FOUL	FOUL	FOUL	
2	Whalen, Eric			Concordia (O		16.47m	54-00.50
	FOUL	15.20m	FOUL	FOUL	16.47m	FOUL	
3	Fischer, Tyler			Central Wash		15.00m	49-02.50
	FOUL	15.00m	FOUL	FOUL	FOUL	14.91m	
4	Furgason, Derek			Concordia (O		14.88m	48-10.00
	14.18m	14.40m	13.36m	FOUL	14.88m	FOUL	
5	Basic, Armin			Washington		14.72m	48-03.50
	14.72m	FOUL	FOUL	FOUL	FOUL	FOUL	
6	Kuster, Erik			Concordia (O		14.66m	48-01.25
	FOUL	13.17m	14.16m	14.66m	FOUL	FOUL	
7	Lantz, Anthony			Clackamas CC		14.56m	47-09.25
	14.18m	14.16m	FOUL	13.23m	14.56m	14.21m	
8	Elder, Ben			Western Wash		14.50m	47-07.00
	13.89m	13.61m	14.45m	FOUL	14.09m	14.50m	

9	Gilbert, Jacob	Western Wash	14.34m	47-00.75
	13.75m 14.23m 14.34m 13.51m 14.21m FOUL			
10	Moore, Clint	Linfield	13.95m	45-09.25
	13.89m 13.78m 13.95m			
11	Westlin, Nelson	Western Wash	13.86m	45-05.75
	13.42m 13.86m FOUL			
12	Neubauer, Lance	Club Northwe	13.79m	45-03.00
	FOUL 13.79m FOUL 13.56m FOUL FOUL			
13	Jensen, Mike	Central Wash	13.76m	45-01.75
	12.97m 13.39m 13.76m			
14	Clothier, Josh	Willamette	13.62m	44-08.25
	13.62m 13.34m FOUL			
15	Potes, Jesse	Central Wash	13.53m	44-04.75
	FOUL 13.53m FOUL			
16	Oppat, David	Willamette	13.37m	43-10.50
	13.15m 13.37m FOUL			
17	Harrison, Alex	Western Wash	13.23m	43-05.00
	11.97m 13.21m 13.23m			
18	Hoffman, Michael	Unattached	13.09m	42-11.50
	12.60m 12.47m 13.09m			
19	Gump, Cameron	Western Wash	12.79m	41-11.50
	12.70m 12.79m FOUL			
19	Levkiv, Andrey	Unattached	12.79m	41-11.50
	FOUL 12.79m 12.29m			
21	Kesler, Dylan	Unattached	12.38m	40-07.50
	12.38m 11.44m 11.84m			
22	Michaels, Trent	Willamette	12.36m	40-06.75
	FOUL 12.36m 11.95m			
23	Ferleman, Andrew	Washington	12.18m	39-11.50
	12.18m FOUL 12.08m			
24	Lashinske, Jeremy	Washington	12.17m	39-11.25
	11.49m 12.10m 12.17m			
25	Martin, Billy	Seattle Paci	11.95m	39-02.50
	11.95m 11.21m FOUL			
26	Nichols, Tyler	Western Wash	11.80m	38-08.75
	11.80m 11.72m 11.72m			
27	Ostler, Mychal	Central Wash	11.61m	38-01.25
	11.61m 11.28m 11.48m			
28	Prince, Spencer	Valley Royal	11.59m	38-00.25
	11.59m 11.22m FOUL			
29	Short, Jeff	Willamette	11.29m	37-00.50
	10.94m 11.06m 11.29m			

30	Hartwigsen, Derek	Unattached	11.15m	36-07.00
	11.15m 11.03m FOUL			
30	Heldman, Jared	Valley Royal	11.15m	36-07.00
	10.43m 11.15m PASS			
32	Vetter, Jake	Washington	11.04m	36-02.75
	10.35m 11.04m 10.74m			
33	Knight, Andrew	Western Wash	10.98m	36-00.25
	FOUL 10.10m 10.98m			
34	Larson, Neil	Unattached	10.91m	35-09.50
	10.91m FOUL 10.88m			
35	Stredvlinsky, Steve	Valley Royal	10.89m	35-08.75
	10.89m FOUL 10.41m			
36	Kornei, Mark	Willamette	10.86m	35-07.75
	10.71m 10.68m 10.86m			
37	Chisman, John	Clackamas CC	10.40m	34-01.50
	10.30m FOUL 10.40m			
38	Borer, Bryce	Washington	10.33m	33-10.75
	10.31m 10.33m 8.88m			
39	Player, Anthony	St. Martin's	9.82m	32-02.75
	9.80m 9.82m 8.76m			
--	Nielsen, Zack	Unattached	FOUL	
	FOUL FOUL FOUL			
--	Wright, Sam	Unattached	FOUL	
	FOUL FOUL FOUL			
--	Gervais, William	Unattached	X15.29m	50-02.00
	14.72m 14.51m 15.00m 15.29m 15.18m 15.14m			
--	Rocha, Joel	Unattached	X13.45m	44-01.50
	12.98m FOUL 12.83m 13.45m FOUL FOUL			
--	Dafoe, Josh	Unattached	X13.35m	43-09.75
	13.30m FOUL FOUL 13.23m 13.32m 13.35m			
--	Sisco, Jake	Unattached	X12.04m	39-06.00
	11.36m 11.50m FOUL 12.04m FOUL FOUL			

Men Weight Throw

=====					
Name	Year	School	Finals		
=====					
1	Fischer, Tyler	Central Wash	17.68m	58-00.25	
	17.13m FOUL 17.12m 17.56m 17.68m FOUL				
2	Mathews, George	Seattle Mast	17.40m	57-01.00	
	16.72m 16.92m 6.58m 17.40m 17.38m 16.99m				
3	Hoffman, Michael	Unattached	16.54m	54-03.25	

	FOUL	15.67m	15.49m	16.38m	16.36m	16.54m		
4	Ostler, Mychal				Central Wash		16.41m	53-10.25
		15.89m	15.16m	15.51m	FOUL	16.04m	16.41m	
5	Johnson, Bo				Concordia (O		16.20m	53-01.75
		15.79m	16.20m	15.35m	15.80m	16.09m	16.16m	
6	Elder, Ben				Western Wash		15.02m	49-03.50
		FOUL	15.02m	14.18m	14.43m	13.55m	FOUL	
7	Neubauer, Lance				Club Northwe		14.82m	48-07.50
		FOUL	FOUL	13.45m	14.82m	FOUL	FOUL	
8	Nielsen, Zack				Unattached		14.53m	47-08.00
		13.62m	13.60m	FOUL	14.13m	14.53m	14.40m	
9	Jensen, Mike				Central Wash		14.10m	46-03.25
		13.72m	FOUL	FOUL	13.20m	13.40m	14.10m	
10	Clothier, Josh				Willamette		13.88m	45-06.50
		13.88m	13.80m	13.49m	FOUL	FOUL	13.88m	
11	Michaelson, Bryant				Western Wash		13.50m	44-03.50
		12.88m	13.07m	13.50m	FOUL	12.86m	13.45m	
12	Lantz, Anthony				Clackamas CC		13.45m	44-01.50
		FOUL	13.45m	FOUL				
13	Nichols, Tyler				Western Wash		13.42m	44-00.50
		13.42m	12.94m	FOUL				
14	Kuster, Erik				Concordia (O		13.23m	43-05.00
		13.03m	13.23m	FOUL				
15	Oppat, David				Willamette		13.08m	42-11.00
		13.08m	FOUL	12.87m				
16	Potes, Jesse				Central Wash		12.48m	40-11.50
		12.37m	12.48m	FOUL				
17	Levkiv, Andrey				Unattached		12.44m	40-09.75
		FOUL	FOUL	12.44m				
18	Sather, Craig				Willamette		12.38m	40-07.50
		FOUL	12.38m	9.94m				
19	Meyer, Jake				Lewis-Clark		12.02m	39-05.25
		FOUL	12.02m	11.28m				
20	Short, Jeff				Willamette		11.75m	38-06.75
		10.53m	10.91m	11.75m				
21	Knight, Andrew				Western Wash		11.57m	37-11.50
		11.05m	11.57m	FOUL				
22	Chisman, John				Clackamas CC		11.39m	37-04.50
		FOUL	FOUL	11.39m				
23	Kesler, Dylan				Unattached		11.29m	37-00.50
		11.01m	11.29m	10.74m				
24	Kornei, Mark				Willamette		11.02m	36-02.00

	9.44m	11.02m	10.56m			
25	Lemafa, Shaun			Clackamas CC	10.91m	35-09.50
	9.51m	10.71m	10.91m			
26	Michaels, Trent			Willamette	10.67m	35-00.25
	FOUL	10.43m	10.67m			
27	Westlin, Nelson			Western Wash	10.10m	33-01.75
	9.06m	9.68m	10.10m			
28	Larson, Neil			Unattached	9.00m	29-06.50
	FOUL	9.00m	FOUL			
29	Player, Anthony			St. Martin's	8.49m	27-10.25
	8.49m	8.27m	FOUL			
30	Hudson, Kevin			St. Martin's	7.96m	26-01.50
	7.96m	FOUL	7.39m			

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