

# Mt. Sac Relays (Apr. 15-17, 2010 at Walnut)

## Men

### Thursday

Steeplechase (Olympic Development) - 2. Micah Chelimo, UAA, 8:49.31.

10,000 (Olympic Development) - 9. Jordan Welling, WWU, 29:45.92.

10,000 (Open) - 1. Chris Reed, WOU, 29:52.39; 6. Bennett Grimes, WWU, 30:05.10; 11. Blake Medhaug, WWU, 30:14.91.

### Friday

100 – 34. Alex Tilley, WWU, 11.06.

200 – 35. Anthony Yakovich, WOU, 22.21.

400 – 6. Ethan Hewitt, UAA, 47.71; 14. Matt Kaino, WOU, 48.63; 26. James McLaughlin, UAA, 49.45; 37. Matt O'Connell, WWU, 50.42.

800 – 46. Mike Schmidt, WOU, 1:55.29; 67. Carson O'Brien, WOU, 1:58.17; 71. Michael Brown, WOU, 1:57.62,

1500 – 19. Alfred Kangogo, UAA, 3:50.06; 69. Jeff Long, WOU, 3:57.03; 79. Paul Rottich, UAA, 3:58.80; 86. Kyle Larson, WOU, 4:01.21.

5000 – Division A, 5. Marko Cheseto, UAA, 14:00.30. Division B, 19. Anthony Tomsich, WWU, 14:34.83.

110 Hurdles – 22. Andy Loscutoff, WOU, 15.58.

400 Hurdles – 22. Andy Loscutoff, WOU, 1:00.55.

4x100 – 4. Western Washington 42.07.

Triple Jump – 8. Matson Hardie, WOU, 14.67 – 48-1  $\frac{3}{4}$ .

Pole Vault – 9. Ryan Brown, Wwum 5.10 – 16-8  $\frac{3}{4}$ .

Discus – 12. Jason Slowey, WOU, 48.34 – 158-7.

Hammer – 9. Michael Hoffman, WWU, 56.48 – 185-4; 18. Matt Schryvers, WOU, 51.52 – 169-0.

## Women

### Thursday

Steeplechase - 1. Courtney Olsen, WWU, 10:42.55; 18. Emma Bohman, UAA, 11:36.40.

Steeplechase (Olympic Development) - 15. Hallidie Wilt, UAA, 10:48.90.

10,000 (Olympic Development) - 2. Sarah Porter, WWU, 34:30.21; 8. Laura Carr, UAA, 35:08.51; 9. Ruth Keino, UAA, 35:09.26

10,000 - 6. Lauren Breihof, WWU, 36:02.54; 11. Shoshana Keegan, UAA, 36:19.49.

### Friday

100 – 28. Latasha Essien, SPU, 12.35; 34. Joana Houplin, WWU, 12.44; 38. Megan Zukowski, WWU, 12.76.

400 – 25. Sarah Brownell, WWU, 57.59.

800 – 14. Lisa Anderberg, SPU, 2:11.76; 31. Rachael Johnson, WWU, 2:15.44; 38. Janelle Everetts, WOU, 2:17.27.

1500 – 4. Jane Larson, SPU, 4:26.54; 34. Miriam Kipn'geno, UAA, 4:35.27; 66. Kate Harline, SPU, 4:42.62; 82. Erika Snawder, WOU, 4:54.33.

1500 Invitational – 2. Jessica Pixler, SPU, 4:11.06.

100 Hurdles – 32. Michelle Howe, WWU, 14.59; 38. Janna Vander Meulen, WOU, 15.30.

4x100 – 1. Western Washington NT.

Pole Vault – Division C, 1. Melissa Peaslee, SPU, 3.80 – 12-5 ½.

Triple Jump – 13. Ashley Potter, WOU, 11.35 – 37-3; 14. Emily Warman, WWU, 11.24 – 36-10.

Javelin (Invitational) – 18. Brittany Aanstad, SPU, 42.42 – 139-2; 19. Monika Gruszecki, WWU, 42.25 – 138-7.