

4-3-2010

JD Shotwell Invitational

Great Northwest Athletic Conference

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Licensed to University of Puget Sound HY-TEK's Meet Manager 4/3/2010 07:1
 JD Shotwell Invitational - 4/3/2010
 University of Puget Sound
 Baker Stadium, Tacoma,WA
 Results

Event 1 Women 100 Meter Dash

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=====
Stadium: # 12.06 4/17/1999 Christine Axley, PLU
Meet: * 12.06 4/17/1999 Christine Axley, PLU
AUTO II: 11.65
AUTO III: 12.00
PROVO II: 12.10
PROVO III: 12.30
NWC: 13.49
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Name Year School Finals Wind H#
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Finals

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=====
1 Arceneaux, Lakia JR Pacific Luth 12.46 3.1 1
2 Houplin, Joana SO Western Wash 12.49 3.1 1
3 Zukowski, Megan JR Western Wash 12.56 3.1 1
4 Rhodes, Anaiah Mt. Hood 12.65 3.1 1
5 Putnam, Chelsea SO Pacific Luth 12.79 3.1 1
6 Takayoshi, Sarah FR Central Wash 12.86 3.1 1
7 Jahnsen, Katheryn FR Pacific Luth 13.06 3.1 1
8 Kleingartner, Alexa JR Concordia-Mo 13.44 1.4 2
9 Weiks, Kaila FR St. Martin's 13.52 1.4 2
10 Jones, Nicole FR Pacific Luth 13.80 1.4 2
11 Napiontek, Shelby FR Central Wash 14.06 2.3 3
12 Farnam, Laura SO Concordia-Mo 14.08 1.4 2
13 Silver, Marissa JR Lewis & Clar 14.14 2.3 3
14 Byerly, Erin Mt. Hood 14.15 1.4 2
15 Wilson, Talitha FR Puget Sound 14.35 2.3 3
16 Pahlow, Shelley SO Pacific Luth 14.96 2.3 3
17 Kuhnly, Gail Unattached X15.01 2.3 3
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Event 2 Women 200 Meter Dash

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Stadium: # 24.75 4/17/1999 Christine Axley, PLU
Meet: * 24.75 4/17/1999 Christine Axley, PLU
AUTO II: 23.95
AUTO III: 24.57
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PROVO II: 24.80
 PROVO III: 25.25
 NWC: 27.72

| Name | Year | School | Finals | Wind | H# |
|-------------------------|------|--------------|--------|------|----|
| 1 Siler, Ellie | SO | Western Wash | 25.60 | -0.8 | 1 |
| 2 Arceneaux, Lokia | JR | Pacific Luth | 26.04 | -0.8 | 1 |
| 3 Zukowski, Megan | JR | Western Wash | 26.27 | -0.8 | 1 |
| 4 Houplin, Joana | SO | Western Wash | 26.38 | -0.8 | 1 |
| 5 Quatier, Emily | FR | Seattle Paci | 26.39 | -0.8 | 1 |
| 6 Peterson, Lisette | SO | Seattle Paci | 26.79 | -0.4 | 2 |
| 7 Takayoshi, Sarah | FR | Central Wash | 26.90 | -0.8 | 1 |
| 8 Putnam, Chelsea | SO | Pacific Luth | 26.91 | -0.4 | 2 |
| 9 Rhodes, Anaiah | | Mt. Hood | 27.04 | -0.8 | 1 |
| 10 Feliz, Cheyenne | JR | Lewis & Clar | 27.05 | -0.4 | 2 |
| 11 Bjornsson, Tanya | FR | Western Wash | 27.53 | -0.4 | 2 |
| 12 Leiken, Andrea | SO | Puget Sound | 27.77 | -0.4 | 2 |
| 13 Lotze, Katharine | FR | Central Wash | 27.95 | -0.4 | 2 |
| 14 Weiks, Kaila | FR | St. Martin's | 28.16 | -0.4 | 2 |
| 15 Gross, Katy | FR | Seattle Paci | 28.59 | NWI | 4 |
| 16 Jones, Nicole | FR | Pacific Luth | 29.28 | 0.5 | 3 |
| 17 Berg, Siri | SO | Central Wash | 29.90 | 0.5 | 3 |
| 18 Byerly, Erin | | Mt. Hood | 30.02 | 0.5 | 3 |
| 19 Gedde, Kjersti | SO | Seattle Paci | 30.20 | 0.5 | 3 |
| 20 Silver, Marissa | JR | Lewis & Clar | 30.24 | NWI | 4 |
| 21 Johnson, Jennifer | SO | St. Martin's | 31.68 | NWI | 4 |
| 22 Groesbeck, Katherine | JR | Lewis & Clar | 31.76 | NWI | 4 |
| 23 Pahlow, Shelley | SO | Pacific Luth | 32.36 | NWI | 4 |
| -- Gonzalez, Raquel | SR | Central Wash | NT | -0.4 | 2 |
| -- Kuhnly, Gail | | Unattached | XDNF | NWI | 4 |

Event 3 Women 400 Meter Dash

Stadium: # 55.4h 5/3/1980 Rhonda Bell, BCC
 Meet: * 55.4h 5/3/1980 Rhonda Bell, BCC
 AUTO II: 55.00
 AUTO III: 55.70
 PROVO II: 56.60
 PROVO III: 57.30
 NWC: 1:03.07

| Name | Year | School | Finals | H# |
|------|------|--------|--------|----|
|------|------|--------|--------|----|

| | | | | |
|----|-------------------|-----------------|---------|---|
| 1 | Siler, Ellie | SO Western Wash | 57.39 | 1 |
| 2 | Brownell, Sarah | JR Western Wash | 58.68 | 1 |
| 3 | Anderberg, Lisa | SR Seattle Paci | 58.78 | 1 |
| 4 | Quatier, Emily | FR Seattle Paci | 59.54 | 1 |
| 5 | Slette, Kristin | SR Concordia-Mo | 1:01.03 | 1 |
| 6 | Feliz, Cheyenne | JR Lewis & Clar | 1:01.47 | 1 |
| 7 | Peterson, Lisette | SO Seattle Paci | 1:02.67 | 1 |
| 8 | Ranum, Ruth | JR Concordia-Mo | 1:02.92 | 2 |
| 9 | Leiken, Andrea | SO Puget Sound | 1:02.96 | 1 |
| 10 | Rose-Witt, Chiara | FR Pacific Luth | 1:03.16 | 2 |
| 11 | Trask, Morgan | JR Pacific Luth | 1:06.84 | 2 |
| 12 | Johnson, Jennifer | SO St. Martin's | 1:15.28 | 2 |

Event 4 Women 800 Meter Run

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Stadium: # 2:10.9h 4/25/1987 Laura Johnson, Unattched
Meet: * 2:10.9h 4/25/1987 Laura Johnson, Unattached
AUTO II: 2:10.00
AUTO III: 2:11.00
PROVO II: 2:15.00
PROVO III: 2:15.00
NWC: 2:25.02

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| Name | Year School | Finals |
|------|---------------------|--------------------------|
| 1 | O'Connell, Megan | JR Western Wash 2:18.48 |
| 2 | Johnson, Rachael | JR Western Wash 2:19.81 |
| 3 | McGrane, Caitlin | SR Puget Sound 2:22.33 |
| 4 | Ikeda, Haida | FR Western Wash 2:26.70 |
| 5 | Fairbanks, Kristi | FR Western Wash 2:27.78 |
| 6 | Slaughter, Danielle | JR Western Wash 2:29.78 |
| 7 | Walker, Hayley | SO Puget Sound 2:29.93 |
| 8 | Owen, Karissa | JR St. Martin's 2:30.59 |
| 9 | Carlson, Krinda | SR St. Martin's 2:31.50 |
| 10 | Loftis, Emma | Evergreen 2:32.99 |
| 11 | Rogers, Mary | FR Western Wash 2:33.48 |
| 12 | Kreft, Kelsey | SO Central Wash 2:33.57 |
| 13 | Evans, Nika | SO Puget Sound 2:34.02 |
| 14 | Ujifusa, Maria | FR Western Wash 2:34.72 |
| 15 | Foster, Olivia | FR Lewis & Clar 2:35.43 |
| 16 | Brown, Kelly | Unattached X2:35.70 |
| 17 | Grambo, Heather | Skagit Valley Co 2:39.08 |
| 18 | Sather, Kristiana | SO Concordia-Mo 2:39.12 |

Event 5 Women 1500 Meter Run

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Stadium: # 4:33.87 4/21/2007 Sarah Zerzan, Willamette
Meet: * 4:34.30 4/23/1988 Minta Misley, PLU
AUTO II: 4:29.60
AUTO III: 4:31.00
PROVO II: 4:41.00
PROVO III: 4:38.50
NWC: 5:00.22
  
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| Name | Year School | Finals |
|------------------------|-----------------|----------|
| 1 Johnson, Rachael | JR Western Wash | 4:50.14 |
| 2 Laweryson, Annie | JR St. Martin's | 4:55.65 |
| 3 Olsen, Suzy | FR Pacific Luth | 4:56.16 |
| 4 Livstrom, Illana | FR Lewis & Clar | 4:56.57 |
| 5 Plunkett, Natty | SO Seattle Paci | 4:57.46 |
| 6 Fairbanks, Kristi | FR Western Wash | 4:57.94 |
| 7 Walker, Hayley | SO Puget Sound | 4:59.08 |
| 8 Fix, Kirsten | SR Lewis & Clar | 5:02.09 |
| 9 Carlson, Krinda | SR St. Martin's | 5:03.14 |
| 10 Slaughter, Danielle | JR Western Wash | 5:05.73 |
| 11 Ikeda, Haida | FR Western Wash | 5:05.96 |
| 12 Rogers, Mary | FR Western Wash | 5:08.24 |
| 13 Brenden, Hailey | JR Concordia-Mo | 5:08.89 |
| 14 Brisky, Sierra | SO Western Wash | 5:10.05 |
| 15 Mering, Ellen | FR Lewis & Clar | 5:10.80 |
| 16 Evans, Nika | SO Puget Sound | 5:12.24 |
| 17 Minton, Joscelyn | SO Unattached | X5:13.28 |
| 18 Foster, Olivia | FR Lewis & Clar | 5:14.39 |
| 19 Ujifusa, Maria | FR Western Wash | 5:15.97 |
| 20 Kreft, Kelsey | SO Central Wash | 5:18.17 |
| 21 Llapitan, Ashley | FR St. Martin's | 5:26.79 |
| 22 Smith, Amanda | Mt. Hood | 5:29.57 |
| 23 Hanscomm, Margaret | SO Seattle Paci | 5:32.49 |
| 24 Echauri, Katy | Mt. Hood | 5:36.89 |
| 25 Evenson, Ariana | Mt. Hood | 5:51.90 |
| 26 Miller, Kendra | SO Western Wash | 5:55.89 |

Event 6 Women 3000 Meter Steeplechase

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Stadium: # 10:38.57 3/8/2008 Sarna Becker, Unattached
  
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Meet: * 10:59.99 4/5/2008 Brittany Hodgson, Puget Sound
 AUTO II: 10:46.00
 AUTO III: 10:39.00
 PROVO II: 11:27.00
 PROVO III: 11:13.00
 NWC: 12:46.89

| Name | Year School | Finals |
|-------------------|-----------------|----------|
| 1 Olsen, Courtney | SR Western Wash | 11:01.33 |
| 2 Keith, Carrie | FR Puget Sound | 11:59.64 |
| 3 Innes, Corinne | SO Lewis & Clar | 12:11.28 |
| 4 Hagen, Anna | SR Concordia-Mo | 12:25.06 |
| 5 Wilkins, Kayla | SO Seattle Paci | 12:31.87 |
| 6 Gillespie, Cara | SO Puget Sound | 12:49.44 |
| 7 Williams, Mary | SO Seattle Paci | 12:53.30 |
| 8 Vollmer, Treva | FR Puget Sound | 13:28.86 |

Event 7 Women 5000 Meter Run

Stadium: # 16:45.5h 4/26/1986 Debbie Myra, PSU
 Meet: * 16:45.5h 4/26/1986 Debbie Myra, PSU
 AUTO II: 16:57.00
 AUTO III: 16:55.00
 PROVO II: 17:50.00
 PROVO III: 17:35.00
 NWC: 19:23.21

| Name | Year School | Finals |
|----------------------|-----------------|----------|
| 1 Thomas, Emily | FR Lewis & Clar | 18:39.19 |
| 2 Spurling, Heather | FR Lewis & Clar | 19:01.61 |
| 3 Hazlehurst, Marnie | SO Puget Sound | 19:05.77 |
| 4 Gebert, Katherine | FR Pacific Luth | 19:07.74 |
| 5 Adams, Rebecca | SO Puget Sound | 19:19.09 |
| 6 Singlestad, Kristy | SO Concordia-Mo | 19:24.63 |
| 7 Pecha, Kaitlynn | SO St. Martin's | 19:27.75 |
| 8 Hedges, Kendra | FR Western Wash | 20:00.40 |
| 9 Boulton, Kassandra | FR Seattle Paci | 20:08.64 |
| 10 Echsner, Sarah | FR Lewis & Clar | 20:14.12 |
| 11 Minor, Jolene | Everett CC | 20:21.04 |
| 12 Smith, Amanda | Mt. Hood | 20:29.52 |
| 13 Moser, Laura | FR Seattle Paci | 20:31.67 |
| 14 Wade, Lila | SR Lewis & Clar | 21:00.87 |

| | | |
|--------------------|-----------------|----------|
| 15 Bakeman, Mary | JR Central Wash | 21:19.42 |
| 16 Rice, Ashley | FR Central Wash | 21:32.45 |
| 17 Evenson, Ariana | Mt. Hood | 21:55.51 |
| 18 Thomas, Laura | JR Puget Sound | 21:57.84 |

Event 9 Women 100 Meter Hurdles

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Stadium: # 14.41 4/20/1996 Amy Cameron, WWU
Meet: * 14.41 4/20/1996 Amy Cameron, WWU
AUTO II: 13.90
AUTO III: 14.30
PROVO II: 14.65
PROVO III: 14.99
NWC: 18.32

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| Name | Year School | Finals | Wind | H# |
|------------------------|-----------------|--------|------|----|
| 1 Bjornsson, Tanya | FR Western Wash | 15.19 | 2.8 | 1 |
| 2 McGrane, Caitlin | SR Puget Sound | 15.33 | 2.8 | 1 |
| 3 Sims, Crystal | JR Seattle Paci | 15.44 | 2.8 | 1 |
| 4 Pike, Jenifer | JR Seattle Paci | 15.55 | 2.8 | 1 |
| 5 Worthen, Ali | SO Seattle Paci | 15.75 | 2.8 | 1 |
| 6 Ray, Tara | SR Concordia-Mo | 15.89 | 2.8 | 2 |
| 7 Gross, Katy | FR Seattle Paci | 16.00 | 2.8 | 2 |
| 8 Lewis, Kira | FR Seattle Paci | 16.17 | 2.8 | 2 |
| 9 Daigneault, Sarah | FR Western Wash | 16.18 | 2.8 | 2 |
| 10 Gonzalez, Raquel | SR Central Wash | 16.28 | 2.8 | 1 |
| 11 Lotze, Katharine | FR Central Wash | 16.61 | 2.8 | 1 |
| 12 Tri, Brittany | SO Seattle Paci | 16.70 | 2.8 | 2 |
| 13 Jones, Stephanie | FR Central Wash | 16.78 | 2.8 | 2 |
| 14 Herring, Christina | JR Lewis & Clar | 16.92 | 5.2 | 3 |
| 15 Scholter, Hannah | FR St. Martin's | 17.05 | 2.8 | 2 |
| 16 Havel, Liska | SR Lewis & Clar | 17.90 | 5.2 | 3 |
| 17 Berg, Siri | SO Central Wash | 18.06 | 5.2 | 3 |
| 18 Bentley, Macey | JR Concordia-Mo | 18.21 | 5.2 | 3 |
| 19 Jahnsen, Katheryn | FR Pacific Luth | 18.49 | 5.2 | 3 |
| 20 Raisl, Emma | FR Puget Sound | 19.33 | 5.2 | 3 |
| 21 Seidler, Mary | SR Central Wash | 19.42 | 5.2 | 3 |
| 22 Prior, Dana | FR Pacific Luth | 19.83 | 5.2 | 3 |
| -- Kleingartner, Alexa | JR Concordia-Mo | DQ | 2.8 | 1 |

Event 10 Women 400 Meter Hurdles

Stadium: # 1:02.05 4/24/2004 Carrie Larsen, PLU
 Meet: * 1:02.74 4/10/2004 Carrie Larsen, SPU
 AUTO II: 1:00.75
 AUTO III: 1:02.00
 PROVO II: 1:03.30
 PROVO III: 1:04.20
 NWC: 1:14.79

| Name | Year | School | Finals | H# |
|----------------------|------|--------------|---------|----|
| 1 Pike, Jenifer | JR | Seattle Paci | 1:04.05 | 2 |
| 2 Worthen, Ali | SO | Seattle Paci | 1:05.33 | 1 |
| 3 Lewis, Kira | FR | Seattle Paci | 1:08.40 | 1 |
| 4 Nobbs, Natalie | SO | Seattle Paci | 1:08.69 | 1 |
| 5 Ray, Tara | SR | Concordia-Mo | 1:09.66 | 1 |
| 6 Daigneault, Sarah | FR | Western Wash | 1:11.34 | 1 |
| 7 Scholter, Hannah | FR | St. Martin's | 1:11.48 | 2 |
| 8 Rose, Amanda | SR | Central Wash | 1:12.31 | 1 |
| 9 Herring, Christina | JR | Lewis & Clar | 1:13.37 | 1 |
| 10 Hampton, Liz | FR | Central Wash | 1:13.97 | 1 |
| 11 Ranum, Emma | FR | Concordia-Mo | 1:14.58 | 2 |
| 12 Courtain, Sam | SO | Lewis & Clar | 1:18.56 | 2 |

Event 11 Women 4x100 Meter Relay

Stadium: # 47.50 4/22/1995 Plu, PLU
 Meet: * 47.50 4/22/1995 , PLU
 AUTO II: 46.00
 AUTO III: 47.15
 PROVO II: 47.90
 PROVO III: 48.65

| School | Finals |
|--------------------------|------------------------|
| 1 Seattle Pacific 'A' | 49.08 |
| 2 Pacific Lutheran 'A' | 49.20 |
| 3 Central Washington 'A' | 50.21 |
| 4 Lewis & Clark 'A' | 50.31 |
| 5 Concordia-Moorhead 'A' | 52.14 |
| 6 Puget Sound 'A' | 53.31 |
| 1) Leiken, Andrea SO | 2) Means, Catherine FR |
| 3) Heck, Maya SO | 4) McGrane, Caitlin SR |

Event 12 Women 4x400 Meter Relay

=====
 Stadium: # 3:51.61 4/22/1995 , PLU
 Andrade,Keene,Saathoff,Metzger
 Meet: * 3:51.61 4/22/1995 , PLU
 Andrade,Keene,Saathoff,Metzger

AUTO II: 3:45.00
 AUTO III: 3:50.10
 PROVO II: 3:52.00
 PROVO III: 3:56.60

| School | Finals | H# |
|---------------------------|------------------------|----|
| 1 Western Washington 'A' | 4:01.50 | 1 |
| 2 Puget Sound 'A' | 4:08.17 | 1 |
| 1) Leiken, Andrea SO | 2) Means, Catherine FR | |
| 3) Walker, Hayley SO | 4) McGrane, Caitlin SR | |
| 3 Concordia-Moorhead 'A' | 4:19.07 | 1 |
| 4 Lewis & Clark 'A' | 4:19.31 | 1 |
| 5 Pacific Lutheran 'A' | 4:19.84 | 1 |
| 6 Central Washington 'A' | 4:20.41 | 1 |
| 7 St. Martin's 'A' | 4:26.23 | 2 |
| 8 Puget Sound 'B' | x4:26.54 | 2 |
| 9 Central Washington 'B' | x4:33.08 | 2 |
| 10 Concordia-Moorhead 'B' | x4:44.96 | 2 |

Event 13 Women High Jump

=====
 Stadium: # 1.73m 4/22/1995 Corrina Wolf, SFU
 Meet: * 1.73m 4/20/1991 Lisa Grey, CNW
 AUTO II: 1.75m
 AUTO III: 1.71m
 PROVO II: 1.69m
 PROVO III: 1.65m
 NWC: 1.40m

| Name | Year School | Finals |
|--------------------|-----------------|---------------|
| 1 Overdick, Amanda | FR Western Wash | 1.59m 5-02.50 |
| 2 Gross, Katy | FR Seattle Paci | 1.54m 5-00.50 |
| 3 Mattson, Jacquie | JR Seattle Paci | 1.49m 4-10.50 |
| 3 Sims, Crystal | JR Seattle Paci | 1.49m 4-10.50 |
| 3 Alvord, Angie | SR Western Wash | 1.49m 4-10.50 |
| 3 Tri, Brittany | SO Seattle Paci | 1.49m 4-10.50 |
| 3 Khalitova, Alla | JR Lewis & Clar | 1.49m 4-10.50 |

| | | | | |
|----|-------------------|-----------------|-------|---------|
| 8 | Gonzalez, Raquel | SR Central Wash | 1.44m | 4-08.75 |
| -- | Allison, Kyrstin | FR Pacific Luth | NH | |
| -- | Jahnsen, Katheryn | FR Pacific Luth | NH | |
| -- | Napiontek, Shelby | FR Central Wash | NH | |
| -- | Berg, Siri | SO Central Wash | NH | |
| -- | DeCosta, Cymbree | FR St. Martin's | NH | |
| -- | Mullins, Jennifer | SO Lewis & Clar | NH | |
| -- | Sellner, Stacey | SR Concordia-Mo | NH | |
| -- | Holo, Erica | SO Concordia-Mo | NH | |

Event 14 Women Pole Vault

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=====
Stadium: # 4.04m 4/5/2008 Jennie Sewell, Club Northwest
Meet: * 4.04m 4/5/2008 Jennie Sewell, Club Northwest
AUTO II: 3.95m
AUTO III: 3.86m
PROVO II: 3.55m
PROVO III: 3.55m
NWC: 2.42m

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| Name | Year | School | Finals | |
|------|----------------------|------------------|--------|----------|
| 1 | Yelverton, Kelly | FR Lewis & Clar | 3.20m | 10-06.00 |
| 2 | DiEnno, Amanda | SR Western Wash | 3.05m | 10-00.00 |
| 3 | Quick, Jennifer | JR Western Wash | 2.90m | 9-06.25 |
| 3 | Larsen, Jamie | FR Central Wash | 2.90m | 9-06.25 |
| 3 | DiMarco, Diana | JR Western Wash | 2.90m | 9-06.25 |
| 6 | Comstock, Tessa | SO Concordia-Mo | 2.75m | 9-00.25 |
| 6 | Jones, Nicole | FR Pacific Luth | 2.75m | 9-00.25 |
| 6 | Anderson, Karis | FR Western Wash | 2.75m | 9-00.25 |
| 6 | Harper, Maddie | FR Lewis & Clar | 2.75m | 9-00.25 |
| 10 | Swigart, Hannah | FR Central Wash | 2.60m | 8-06.25 |
| 10 | Herr, Emily | SR Puget Sound | 2.60m | 8-06.25 |
| 10 | Heck, Maya | SO Puget Sound | 2.60m | 8-06.25 |
| 10 | Hull, Samantha | FR St. Martin's | 2.60m | 8-06.25 |
| -- | Peterson, Sarah | JR Concordia-Mo | NH | |
| -- | Santos-Bishop, Laura | SO Lewis & Clar | NH | |
| -- | Walker, Lauren | University of Wa | NH | |
| -- | Peaslee, Melissa | JR Seattle Paci | NH | |
| -- | Gedde, Kjersti | SO Seattle Paci | NH | |

Event 15 Women Long Jump

Stadium: # 5.84m 4/18/1992 Stephanie Libbyl, WU
 Meet: * 5.84m 4/18/1992 Stephanie Libby, WU
 AUTO II: 5.95m
 AUTO III: 5.83m
 PROVO II: 5.69m
 PROVO III: 5.55m
 NWC: 4.76m

| Name | Year | School | Finals | Wind |
|-------------------------|------|--------------|--------|----------|
| 1 Putnam, Chelsea | SO | Pacific Luth | 5.34m | 1.5 17-0 |
| 2 Miranda, Trinna | FR | Seattle Paci | 5.24m | 3.2 17-0 |
| 3 Alvarez, Amanda | FR | Seattle Paci | 5.12m | 1.7 16-0 |
| 4 Ray, Tara | SR | Concordia-Mo | 4.79m | 2.8 15-0 |
| 5 Gross, Katy | FR | Seattle Paci | 4.77m | 2.8 15-0 |
| 6 Sackeyfio, Julianna | FR | St. Martin's | 4.76m | 0.6 15-0 |
| 7 Jenkins, Kelly | FR | Seattle Paci | 4.74m | 1.2 15-0 |
| 8 Tri, Brittany | SO | Seattle Paci | 4.72m | 2.8 15-0 |
| 9 Weiks, Kaila | FR | St. Martin's | 4.70m | 3.4 15-0 |
| 10 DeCosta, Cymbree | FR | St. Martin's | 4.44m | 3.1 14-0 |
| 11 Farnam, Laura | SO | Concordia-Mo | 4.41m | 3.0 14-0 |
| 12 Bentley, Macey | JR | Concordia-Mo | 4.37m | 2.9 14-0 |
| 13 Groesbeck, Katherine | JR | Lewis & Clar | 4.15m | 5.1 13-0 |
| 14 Prior, Dana | FR | Pacific Luth | 4.13m | 2.3 13-0 |
| 15 Reff, Callie | FR | Western Wash | 4.11m | 1.8 13-0 |
| 15 Scholter, Hannah | FR | St. Martin's | 4.11m | 1.5 13-0 |
| 17 Pahlow, Shelley | SO | Pacific Luth | 3.97m | 3.0 13-0 |

Event 16 Women Triple Jump

Stadium: # 11.89m 4/17/1999 Jane Wallace, WWU
 Meet: * 11.89m 4/17/1999 Jane Wallace, WWU
 AUTO II: 12.15m
 AUTO III: 12.00m
 PROVO II: 11.60m
 PROVO III: 11.36m
 NWC: 9.56m

| Name | Year | School | Finals | Wind |
|--------------------|------|--------------|--------|----------|
| 1 Alvarez, Amanda | FR | Seattle Paci | 11.66m | 1.4 38-0 |
| 2 Lotze, Katharine | FR | Central Wash | 11.28m | 0.7 37-0 |
| 3 Alvarez, Athena | FR | Seattle Paci | 10.92m | 1.9 35-1 |
| 4 Jones, Stephanie | FR | Central Wash | 10.86m | 2.3 35-0 |

| | | | | | |
|----|----------------------|-----------------|--------|-----|------|
| 5 | Sackeyfio, Julianna | FR St. Martin's | 10.73m | 1.6 | 35-0 |
| 6 | Miranda, Trinna | FR Seattle Paci | 10.51m | 1.5 | 34-0 |
| 7 | Rose, Amanda | SR Central Wash | 10.50m | 1.4 | 34-0 |
| 8 | Jenkins, Kelly | FR Seattle Paci | 10.36m | 1.6 | 34-0 |
| 9 | Charette, Jocelyn | SR Seattle Paci | 9.86m | 0.7 | 32-0 |
| 10 | Weiks, Kaila | FR St. Martin's | 9.65m | 1.2 | 31-0 |
| 11 | Mullins, Jennifer | SO Lewis & Clar | 9.25m | 2.2 | 30-0 |
| 12 | Reff, Callie | FR Western Wash | 7.61m | 1.7 | 24-1 |
| -- | Santos-Bishop, Laura | SO Lewis & Clar | ND | NWI | |
| -- | Warman, Emily | SO Western Wash | ND | NWI | |
| -- | Pahlow, Shelley | SO Pacific Luth | ND | NWI | |
| -- | Bentley, Macey | JR Concordia-Mo | ND | NWI | |
| -- | Sellner, Stacey | SR Concordia-Mo | ND | NWI | |
| -- | Farnam, Laura | SO Concordia-Mo | ND | NWI | |
| -- | Groesbeck, Katherine | JR Lewis & Clar | ND | NWI | |

Event 17 Women Shot Put

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Stadium: # 48-06.50 3/21/1981 J. Luebke, WVCC
 Meet: * 14.76m 4/4/2009 Krissy Tandle, CWU
 AUTO II: 14.50m
 AUTO III: 14.20m
 PROVO II: 13.26m
 PROVO III: 12.90m
 NWC: 9.74m

| Name | Year | School | Finals | |
|------|--------------------|-----------------|--------|----------|
| 1 | Self, Torrie | JR Central Wash | 12.81m | 42-00.50 |
| 2 | Jones, Brittany | FR Western Wash | 12.05m | 39-06.50 |
| 3 | Warren, Kristen | JR Concordia-Mo | 11.33m | 37-02.25 |
| 4 | Baumstark, Kaylee | FR Central Wash | 11.32m | 37-01.75 |
| 5 | Yates, Raisa | FR Central Wash | 11.28m | 37-00.25 |
| 6 | Hansmeier, Larissa | JR Concordia-Mo | 10.76m | 35-03.75 |
| 6 | Mulkey, Becky | FR Central Wash | 10.76m | 35-03.75 |
| 8 | Stueckle, Jordan | JR Central Wash | 10.70m | 35-01.25 |
| 9 | Nygaard, Kierstin | JR Concordia-Mo | 10.46m | 34-04.00 |
| 10 | Madden, Amy | JR Lewis & Clar | 10.29m | 33-09.25 |
| 11 | Spieker, Emily | FR Western Wash | 10.13m | 33-03.00 |
| 12 | Wallace, Jasmine | SO Pacific Luth | 9.70m | 31-10.00 |
| 13 | Gonzalez, Raquel | SR Central Wash | 9.57m | 31-04.75 |
| 14 | Johnson, Liz | JR Lewis & Clar | 9.20m | 30-02.25 |
| 15 | McGrane, Caitlin | SR Puget Sound | 9.07m | 29-09.25 |

| | | | | |
|----|-----------------------|-----------------|-------|----------|
| 16 | Seidler, Mary | SR Central Wash | 8.96m | 29-04.75 |
| 17 | Bryant, Vanessa | FR Pacific Luth | 8.95m | 29-04.50 |
| 18 | Gonshorowski, Laura | FR Concordia-Mo | 8.53m | 28-00.00 |
| 19 | Pulido-Westlake, Mimi | FR Lewis & Clar | 8.15m | 26-09.00 |
| 20 | Heston, Ariel | SO Puget Sound | 8.13m | 26-08.25 |
| 21 | Berg, Siri | SO Central Wash | 8.11m | 26-07.25 |
| 22 | Carriveau, Danielle | FR Central Wash | 7.78m | 25-06.25 |
| 23 | Havel, Liska | SR Lewis & Clar | 7.62m | 25-00.00 |

Event 18 Women Discus Throw

=====

Stadium: # 47.48m 5/2/1981 Marcia Mechlenberg, Unattached
 Meet: * 47.48m 5/2/1981 Marcia Mechlenberg, Unattached
 AUTO II: 47.60m
 AUTO III: 47.00m
 PROVO II: 44.00m
 PROVO III: 41.50m
 NWC: 29.19m

| Name | Year | School | Finals | |
|------|-----------------------|---------------------|--------|--------|
| 1 | Self, Torrie | JR Central Wash | 36.66m | 120-03 |
| 2 | Ozog, Anyka | FR University of Wa | 35.83m | 117-07 |
| 3 | Baumstark, Kaylee | FR Central Wash | 35.22m | 115-07 |
| 4 | Nygaard, Kierstin | JR Concordia-Mo | 34.17m | 112-01 |
| 5 | Yates, Raisa | FR Central Wash | 33.79m | 110-10 |
| 6 | Jones, Brittany | FR Western Wash | 33.03m | 108-04 |
| 7 | Spieker, Emily | FR Western Wash | 32.05m | 105-02 |
| 8 | Stueckle, Jordan | JR Central Wash | 31.28m | 102-07 |
| 9 | Hansmeier, Larissa | JR Concordia-Mo | 30.67m | 100-07 |
| 10 | Warren, Kristen | JR Concordia-Mo | 30.65m | 100-07 |
| 11 | Aanstad, Brittany | JR Seattle Paci | 30.47m | 100-00 |
| 12 | Landerholm, Katherine | SO Lewis & Clar | 27.90m | 91-06 |
| 13 | Gonshorowski, Laura | FR Concordia-Mo | 27.53m | 90-04 |
| 14 | Mulkey, Becky | FR Central Wash | 27.44m | 90-00 |
| 15 | Spees, Sarah | SO Central Wash | 27.32m | 89-07 |
| 16 | Wallace, Jasmine | SO Pacific Luth | 25.00m | 82-00 |
| 17 | Pulido-Westlake, Mimi | FR Lewis & Clar | 24.22m | 79-05 |
| 18 | Holo, Erica | SO Concordia-Mo | 23.74m | 77-11 |
| 19 | Strot, Kelsey | Mt. Hood | 23.63m | 77-06 |
| 20 | Bryant, Vanessa | FR Pacific Luth | 21.40m | 70-02 |

Event 19 Women Javelin Throw

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=====
Stadium: # 50.69m 4/23/1988 Patricia Perry, Puget Sound
Meet: * 50.68m 4/23/1988 Patricia Perry, Puget Sound
AUTO II: 45.00m
AUTO III: 44.20m
PROVO II: 40.84m
PROVO III: 39.00m
NWC: 30.97m

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| Name | Year | School | Finals | |
|--------------------------|------|------------------|---------|--------|
| 1 Aanstad, Brittany | JR | Seattle Paci | 42.01m | 137-10 |
| 2 Mueller, Ally | FR | University of Wa | 40.88m | 134-01 |
| 3 Andrews, Carly | SO | Seattle Paci | 39.04m | 128-01 |
| 4 Stray, Jillian | FR | St. Martin's | 38.15m | 125-02 |
| 5 Mull, Ayla | FR | Pacific Luth | 37.19m | 122-00 |
| 6 Seekins, Jordin | FR | University of Wa | 37.18m | 122-00 |
| 7 Brott, Katherine | JR | Concordia-Mo | 35.90m | 117-09 |
| 8 Tri, Brittany | SO | Seattle Paci | 34.27m | 112-05 |
| 9 Hull, Samantha | FR | St. Martin's | 34.25m | 112-04 |
| 10 Warren, Kristen | JR | Concordia-Mo | 34.11m | 111-11 |
| 11 Gross, Katy | FR | Seattle Paci | 32.59m | 106-11 |
| 12 Johnson, Liz | JR | Lewis & Clar | 30.91m | 101-05 |
| 13 Holo, Erica | SO | Concordia-Mo | 30.11m | 98-09 |
| 14 Martin, Tamra | | Unattached | X29.21m | 95-10 |
| 15 Landerholm, Katherine | SO | Lewis & Clar | 27.90m | 91-06 |
| 16 Greiner, Jordan | SO | Puget Sound | 27.87m | 91-05 |
| 17 Spees, Sarah | SO | Central Wash | 26.72m | 87-08 |
| 18 Scholter, Hannah | FR | St. Martin's | 26.20m | 85-11 |
| 19 Marino, Lauryn | JR | Western Wash | 25.11m | 82-04 |
| 20 Havel, Liska | SR | Lewis & Clar | 24.84m | 81-06 |
| 21 McGrane, Caitlin | SR | Puget Sound | 24.47m | 80-03 |
| 22 Hatch, Karin | SR | Pacific Luth | 24.00m | 78-09 |
| 23 Sims, Crystal | JR | Seattle Paci | 22.60m | 74-02 |

Event 31 Men 100 Meter Dash

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=====
Stadium: # 10.65 4/18/1998 Ricardo Colon, Clackamas CC
Meet: * 10.65 4/18/1998 Ricardo Colon, Clackamas CC
AUTO II: 10.35
AUTO III: 10.55
PROVO II: 10.65
PROVO III: 10.76

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NWC: 11.47

| Name | Year School | Finals | Wind | H# |
|-------------------------|-----------------|--------|------|----|
| 1 Reeves, I.V. | FR Pacific Luth | 10.95 | 2.3 | 1 |
| 1 Nichols, Kincaid | SO Central Wash | 10.95 | 2.3 | 1 |
| 3 Bennett, Phillip | Unattached | X11.01 | 2.3 | 1 |
| 4 Tilley, Alex | SO Western Wash | 11.15 | 2.3 | 1 |
| 5 Mammen, Tom | SO Concordia-Mo | 11.24 | 2.6 | 3 |
| 6 Mayes, Joevonte | SO Lewis & Clar | 11.27 | 1.2 | 2 |
| 7 Carpenter, Kevin | SO Lewis & Clar | 11.29 | 2.3 | 1 |
| 8 Strong, Micah | Mt. Hood | 11.33 | 1.2 | 2 |
| 9 Sather, Jason | SR Concordia-Mo | 11.46 | 2.6 | 3 |
| 9 Zeller, Chris | Mt. Hood | 11.46 | 1.2 | 2 |
| 11 Grounds, Micah | JR Seattle Paci | 11.54 | 2.6 | 3 |
| 12 Cho, James | SO Central Wash | 11.56 | 1.2 | 2 |
| 13 Burghardt, Drew | FR Central Wash | 11.66 | 1.2 | 2 |
| 13 Jackson, Nate | JR Pacific Luth | 11.66 | 1.2 | 2 |
| 15 Mondlane, Eduardo | FR Lewis & Clar | 11.72 | 1.2 | 2 |
| 16 Kelly, Shawn | SO Lewis & Clar | 11.77 | 1.5 | 4 |
| 17 Birks, Scott | FR Western Wash | 11.79 | 1.5 | 4 |
| 18 Hass, Michael | FR Puget Sound | 11.84 | 2.6 | 3 |
| 19 Clarke, Daniel | SO Puget Sound | 11.88 | 1.5 | 4 |
| 19 Caryl, Jason | FR Central Wash | 11.88 | 2.6 | 3 |
| 21 Dye, Alex | SR Western Wash | 11.97 | 1.5 | 4 |
| 21 Gruger, Shane | JR Western Wash | 11.97 | 2.3 | 1 |
| 23 Patterson, Perry | SR Concordia-Mo | 11.98 | 2.6 | 3 |
| 24 Ramirez, Hilario | JR Seattle Paci | 12.09 | 3.0 | 5 |
| 25 Pierce-Wright, Chris | JR Puget Sound | 12.10 | 1.5 | 4 |
| 26 Hunter, Scott | FR Central Wash | 12.21 | 2.6 | 3 |
| 27 Geeting, Eric | JR Lewis & Clar | 12.25 | 3.0 | 5 |
| 28 Poole, Shawn | FR Puget Sound | 12.69 | 3.0 | 5 |
| 29 Carabes, Jose | Mt. Hood | 12.94 | 3.0 | 5 |
| 30 Karnofski, Kyle | FR St. Martin's | 12.99 | 1.5 | 4 |
| 31 Snyder, Maxx | JR Western Wash | 16.81 | 1.5 | 4 |

Event 32 Men 200 Meter Dash

Stadium: # 21.5h 5/1/1982 Erick Krauss, University of Pacific
Meet: * 21.5h 5/1/1982 Erick Krauss, University of Pacific
AUTO II: 21.00
AUTO III: 21.31
PROVO II: 21.50

PROVO III: 21.75

NWC: 23.43

| Name | Year | School | Finals | Wind | H# |
|-----------------------------|------|--------------|--------|------|----|
| 1 Wright, Anthony | FR | Central Wash | 22.06 | 0.5 | 1 |
| 2 Bennett, Phillip | | Unattached | X22.10 | 0.5 | 1 |
| 3 Reeves, I.V. | FR | Pacific Luth | 22.65 | 0.5 | 1 |
| 4 Zeller, Chris | | Mt. Hood | 22.73 | 0.5 | 1 |
| 5 Morrison, Scott | FR | Central Wash | 22.83 | 1.2 | 2 |
| 6 DeVaughn, Josh | FR | St. Martin's | 22.84 | 0.5 | 1 |
| 7 Tilley, Alex | SO | Western Wash | 22.98 | 0.5 | 1 |
| 7 Mammen, Tom | SO | Concordia-Mo | 22.98 | 1.2 | 3 |
| 9 Carpenter, Kevin | SO | Lewis & Clar | 23.02 | 1.2 | 2 |
| 10 Strong, Micah | | Mt. Hood | 23.14 | 0.5 | 1 |
| 11 Putnam, Wiley | SO | Puget Sound | 23.21 | 1.2 | 3 |
| 12 Mayes, Joevonte | SO | Lewis & Clar | 23.33 | 1.2 | 2 |
| 13 Seel, Matt | FR | Central Wash | 23.36 | 1.2 | 3 |
| 14 Sather, Jason | SR | Concordia-Mo | 23.42 | 1.2 | 3 |
| 15 Hogan, Anthony | FR | Central Wash | 23.46 | NWI | 4 |
| 16 Bollen, Barrett | SO | Pacific Luth | 23.55 | 1.2 | 2 |
| 17 Fremd, Kyle | FR | Central Wash | 23.69 | 1.2 | 3 |
| 18 Burghardt, Drew | FR | Central Wash | 23.76 | NWI | 4 |
| 19 Grudzinski, Levi | FR | Western Wash | 23.82 | NWI | 4 |
| 20 Grossaint, Cameron | FR | St. Martin's | 24.13 | NWI | 4 |
| 21 Nado, Scott | | Mt. Hood | 24.25 | 1.2 | 5 |
| 22 Birks, Scott | FR | Western Wash | 24.32 | 1.2 | 5 |
| 23 Stevens, Markus | | Mt. Hood | 24.36 | 1.2 | 2 |
| 24 Mondlane, Eduardo | FR | Lewis & Clar | 24.42 | NWI | 4 |
| 25 Hass, Michael | FR | Puget Sound | 24.43 | NWI | 4 |
| 26 Patterson, Perry | SR | Concordia-Mo | 24.67 | NWI | 7 |
| 27 Kelly, Shawn | SO | Lewis & Clar | 24.69 | 1.0 | 6 |
| 28 Combs-Bachmann, Alexande | | Evergreen | 24.76 | 1.0 | 6 |
| 29 Dye, Alex | SR | Western Wash | 24.77 | 1.0 | 6 |
| 30 Abdelnoor, Connor | | Evergreen | 24.83 | 1.0 | 6 |
| 31 Dodge, Travis | SO | St. Martin's | 25.03 | 1.2 | 3 |
| 32 Flaherty, Connor | SR | St. Martin's | 25.15 | 1.2 | 5 |
| 33 Bailey, Quinn | FR | Lewis & Clar | 25.36 | NWI | 7 |
| 34 Firman, Jeremiah | FR | Puget Sound | 25.55 | NWI | 7 |
| 35 Rothenbueler, Karlen | SO | Puget Sound | 25.97 | NWI | 7 |
| 36 Brown, Edd | FR | St. Martin's | 25.98 | NWI | 4 |
| 37 Carabes, Jose | | Mt. Hood | 26.70 | NWI | 7 |
| 38 Karnofski, Kyle | FR | St. Martin's | 26.99 | 1.2 | 5 |

-- Woods, Darren

Evergreen

DNF 1.2 2

Event 33 Men 400 Meter Dash

=====
Stadium: # 46.87 4/17/1999 Derek Prior, Unattached

Meet: * 46.87 4/17/1999 Derek Prior, Unattached

AUTO II: 46.70

AUTO III: 47.50

PROVO II: 48.00

PROVO III: 48.50

NWC: 52.07

| Name | Year | School | Finals | H# |
|-----------------------------|------|--------------|--------|----|
| 1 Woods, Darren | | Evergreen | 50.10 | 1 |
| 2 Wright, Anthony | FR | Central Wash | 50.16 | 1 |
| 3 O'Connell, Matt | JR | Western Wash | 50.66 | 1 |
| 4 Bollen, Barrett | SO | Pacific Luth | 50.95 | 1 |
| 5 Putnam, Wiley | SO | Puget Sound | 51.01 | 3 |
| 6 McDonald, Steven | FR | Pacific Luth | 51.12 | 2 |
| 7 David, Toby | JR | Western Wash | 51.42 | 1 |
| 8 Seel, Matt | FR | Central Wash | 51.44 | 3 |
| 9 Mulick, Nick | | Mt. Hood | 51.46 | 2 |
| 10 Lara, Ryan | SO | Central Wash | 51.53 | 1 |
| 11 Fremd, Kyle | FR | Central Wash | 51.64 | 2 |
| 12 Grudzinski, Levi | FR | Western Wash | 51.96 | 2 |
| 13 Dodge, Travis | SO | St. Martin's | 52.03 | 2 |
| 14 Haugen, David | JR | Concordia-Mo | 52.44 | 4 |
| 15 Stevens, Markus | | Mt. Hood | 52.45 | 2 |
| 16 Hope, Nate | | Mt. Hood | 52.58 | 1 |
| 17 Nado, Scott | | Mt. Hood | 52.80 | 3 |
| 18 Grossaint, Cameron | FR | St. Martin's | 53.15 | 2 |
| 19 DeVaughn, Josh | FR | St. Martin's | 53.16 | 2 |
| 20 McDonald, Myles | FR | Puget Sound | 53.66 | 4 |
| 21 Flaherty, Connor | SR | St. Martin's | 54.72 | 4 |
| 22 Sample, Emerson | FR | Puget Sound | 54.88 | 3 |
| 23 Roddewig, Brandon | FR | Central Wash | 55.65 | 3 |
| 24 Firman, Jeremiah | FR | Puget Sound | 55.81 | 4 |
| 25 Slette, Erik | FR | Concordia-Mo | 56.29 | 5 |
| 26 Combs-Bachmann, Alexande | | Evergreen | 57.36 | 5 |
| 27 Brown, Edd | FR | St. Martin's | 57.50 | 3 |
| 28 Black, Isaac | FR | Concordia-Mo | 58.27 | 5 |
| 29 Heflin, Matt | FR | Puget Sound | 58.42 | 4 |

| | | | | |
|----|---------------|-----------------|---------|---|
| 30 | Raske, Andrew | SR Concordia-Mo | 1:00.91 | 5 |
| 31 | Henne, Troy | SR Concordia-Mo | 1:07.29 | 3 |

Event 34 Men 800 Meter Run

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=====
Stadium: # 1:50.6h 4/20/1991 Ted Hamlin, SPU
Meet: * 1:50.6h 4/20/1991 Ted Hamlin, SPU
AUTO II: 1:50.00
AUTO III: 1:50.80
PROVO II: 1:53.00
PROVO III: 1:53.00
NWC: 2:00.14

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| Name | Year | School | Finals |
|------|--------------------|-----------------|---------|
| 1 | Meis, Chad | SR Seattle Paci | 1:59.90 |
| 2 | Snowden, Robert | SO Puget Sound | 2:01.00 |
| 3 | Larson, Drew | Everett CC | 2:02.92 |
| 4 | Van Santen, Kyle | SO St. Martin's | 2:03.34 |
| 5 | Abraham, Nick | SO Western Wash | 2:03.85 |
| 6 | Sederquist, Tom | SO Concordia-Mo | 2:03.92 |
| 7 | Hunt, Spencer | SO St. Martin's | 2:04.28 |
| 8 | Medhaug, Blake | JR Western Wash | 2:04.77 |
| 9 | Trowbridge, Seth | Everett CC | 2:04.98 |
| 10 | Lance, Jordan | JR Seattle Paci | 2:05.16 |
| 11 | Nevarez, Jose | FR Lewis & Clar | 2:05.52 |
| 12 | Rexach, Michael | Everett CC | 2:05.53 |
| 13 | Brower, Robby | SO Puget Sound | 2:05.73 |
| 14 | Armstrong, Zach | FR Central Wash | 2:05.85 |
| 15 | Ehlers, Ben | SO Concordia-Mo | 2:06.29 |
| 16 | Sleight, Nathanael | SO Seattle Paci | 2:06.57 |
| 17 | Wahlenmaier, Jacob | JR Seattle Paci | 2:07.13 |
| 18 | Alexander, Colin | SO Pacific Luth | 2:07.23 |
| 19 | Fisher, Peter | FR Lewis & Clar | 2:07.29 |
| 20 | Lasbo, Sebastian | Evergreen | 2:07.90 |
| 21 | Noble, Charles | FR Puget Sound | 2:07.91 |
| 22 | Van Ness, Andrew | FR Seattle Paci | 2:08.74 |
| 23 | Hanson, Taylor | FR Western Wash | 2:09.62 |
| 24 | Rasor, Kyle | Everett CC | 2:09.97 |
| 25 | Mattson, James | Everett CC | 2:11.39 |
| 26 | Fitzgerald, Adam | SO Concordia-Mo | 2:11.98 |
| 27 | Marshall, Justin | Everett CC | 2:14.30 |
| 28 | Uslan, Jeff | SR Puget Sound | 2:18.98 |

| | | |
|-------------------|-----------------|---------|
| 29 Stewart, Duane | SO Western Wash | 2:24.82 |
| 30 Karle, Nathan | FR Pacific Luth | 2:26.31 |
| 31 Baker, Alex | Everett CC | 2:34.81 |

Event 35 Men 1500 Meter Run

=====

Stadium: # 3:52.1h 4/23/1988 Todd Bearny, HCC
 Meet: * 3:52.1h 4/23/1988 Todd Beamy, Highline CC
 AUTO II: 3:46.00
 AUTO III: 3:50.60
 PROVO II: 3:54.00
 PROVO III: 3:54.50
 NWC: 4:08.54

| Name | Year School | Finals |
|---------------------------|-----------------|---------|
| 1 Meis, Chad | SR Seattle Paci | 4:00.43 |
| 2 Grimes, Bennett | JR Western Wash | 4:03.55 |
| 3 Sederquist, Tom | SO Concordia-Mo | 4:04.00 |
| 4 Van Santen, Kyle | SO St. Martin's | 4:05.66 |
| 5 Hunt, Spencer | SO St. Martin's | 4:06.51 |
| 6 Sleight, Nathanael | SO Seattle Paci | 4:10.21 |
| 7 Wall, Casey | SO Puget Sound | 4:10.24 |
| 8 Medhaug, Blake | JR Western Wash | 4:11.16 |
| 9 Friesen, Daniel | SO Seattle Paci | 4:13.11 |
| 10 Santos, Manuel | SO Central Wash | 4:14.09 |
| 10 Peters, Travis | FR Western Wash | 4:14.09 |
| 12 Wahlenmaier, Jacob | JR Seattle Paci | 4:14.80 |
| 13 Patti, Joseph | FR St. Martin's | 4:15.82 |
| 14 Andrascik, Sean | SO Pacific Luth | 4:17.63 |
| 15 Johnson, Tom | SR Central Wash | 4:19.60 |
| 16 Van Ness, Andrew | FR Seattle Paci | 4:19.86 |
| 17 Baker, AJ | FR Seattle Paci | 4:22.06 |
| 18 Roberts, John | SO Lewis & Clar | 4:22.75 |
| 19 Phillips, John | JR Pacific Luth | 4:24.22 |
| 20 Allen-Slaba, Nathaniel | FR Pacific Luth | 4:28.93 |
| 21 Hanson, Taylor | FR Western Wash | 4:29.36 |
| 22 Rasor, Kyle | Everett CC | 4:29.57 |
| 23 Mousel, Adam | FR Concordia-Mo | 4:32.62 |
| 24 Juven, Eric | SR Concordia-Mo | 4:34.05 |
| 25 Felch, Scott | Everett CC | 4:35.44 |
| 26 Bauer, Scott | FR St. Martin's | 4:37.56 |
| 27 Hastings, Jake | FR Central Wash | 4:40.99 |

| | | | |
|----|------------------|-----------------|---------|
| 28 | Charvoz, Anthony | FR Puget Sound | 4:43.03 |
| 29 | Stunek, Jake | SO Concordia-Mo | 4:44.19 |
| 30 | Lauth, Chris | SO Puget Sound | 4:46.01 |
| 31 | Stewart, Duane | SO Western Wash | 4:51.44 |
| 32 | Baker, Alex | Everett CC | 4:58.38 |
| -- | Abraham, Nick | SO Western Wash | DNF |
| -- | Seeley, Nathan | FR Seattle Paci | DNF |

Event 36 Men 3000 Meter Steeplechase

=====

Stadium: # 9:01.0h 4/18/1998 Eric Tollefson, Unattached
 Meet: * 9:01.0h 4/18/1998 Eric Tollefson, Unattached
 AUTO II: 9:09.00
 AUTO III: 9:07.00
 PROVO II: 9:24.00
 PROVO III: 9:25.00
 NWC: 10:39.68

| Name | Year | School | Finals |
|--------------------|------|--------------|----------|
| 1 Baker, AJ | FR | Seattle Paci | 10:02.19 |
| 2 Baldrige, Jesse | JR | Puget Sound | 10:18.92 |
| 3 McLeod, Ian | FR | Western Wash | 10:27.93 |
| 4 Reponen, Mike | SR | Concordia-Mo | 10:37.27 |
| 5 Gongora, Gilmer | | Mt. Hood | 10:56.17 |
| 6 Huether, Brandon | SR | Concordia-Mo | 11:14.43 |
| -- Hughes, Wes | | Mt. Hood | NT |

Event 37 Men 5000 Meter Run

=====

Stadium: # 14:11.8h 5/18/1974 Jim Johnson, CNW
 Meet: * 14:34.45 4/10/2004 Eric Tolefson, Unattached
 AUTO II: 14:00.00
 AUTO III: 14:28.00
 PROVO II: 14:50.00
 PROVO III: 14:48.00
 NWC: 15:49.73

| Name | Year | School | Finals |
|-------------------|------|--------------|-----------|
| 1 Lanzel, Aaron | | Unattached | X14:41.99 |
| 2 Grimes, Bennett | JR | Western Wash | 15:13.63 |
| 3 Dickman, Karl | SR | Lewis & Clar | 15:20.16 |
| 4 Johnson, Destry | | Unattached | X15:23.70 |

| | | | |
|----|-------------------|-----------------|-----------|
| 5 | Jackson, Chip | FR Western Wash | 15:34.31 |
| 6 | Boyd, Tanner | FR Western Wash | 15:34.86 |
| 7 | Harrison, Will | FR Seattle Paci | 15:37.26 |
| 8 | McConn, Brad | FR Concordia-Mo | 15:56.90 |
| 9 | Peacock, Stephen | Ups Almuni | X15:59.99 |
| 10 | Brand, Gavin | FR Seattle Paci | 16:04.42 |
| 11 | Hamilton, Daniel | SO Seattle Paci | 16:08.51 |
| 12 | Steier, Lars | SR Lewis & Clar | 16:14.09 |
| 13 | Armstrong, Graham | FR Western Wash | 16:26.53 |
| 14 | Harvey, Nicholas | JR St. Martin's | 16:31.29 |
| 15 | Butler, Cameron | SR Puget Sound | 16:41.07 |
| 16 | Anderson, Jeremy | FR Western Wash | 16:42.21 |
| 17 | Roland, Tyler | FR Central Wash | 16:44.01 |
| 18 | Shaver, Daniel | FR Lewis & Clar | 17:00.00 |
| 19 | Felch, Scott | Everett CC | 17:19.68 |
| 20 | Lystad, Tonder | Everett CC | 17:28.67 |
| 21 | Emory, Lyle | Seattle Paci | 19:37.23 |
| -- | Klein, Matt | FR Puget Sound | DNF |

Event 39 Men 110 Meter Hurdles

=====

Stadium: # 14.1h 6/3/1967 Bill Roe, UW
 Meet: * 14.4h 4/20/1991 Keith Baker, CWU
 AUTO II: 14.15
 AUTO III: 14.42
 PROVO II: 14.75
 PROVO III: 14.88
 NWC: 17.14

| Name | Year | School | Finals | Wind | H# |
|------|-------------------|-----------------|--------|------|----|
| 1 | Hogan, Anthony | FR Central Wash | 15.18 | 3.3 | 1 |
| 2 | Endresen, Ryan | FR Seattle Paci | 15.99 | 3.3 | 1 |
| 3 | Gray, Andrew | SO Western Wash | 16.25 | 3.3 | 1 |
| 4 | Steinke, Thomas | FR Central Wash | 16.28 | 3.3 | 2 |
| 5 | Bye, John | FR Concordia-Mo | 16.36 | 3.3 | 2 |
| 6 | Tolman, Jeffrey | FR Pacific Luth | 16.38 | 3.3 | 1 |
| 7 | Najera, Michael | FR Central Wash | 16.51 | 3.3 | 1 |
| 8 | Abdelnoor, Connor | Evergreen | 16.71 | 3.3 | 2 |
| 9 | Roddewig, Brandon | FR Central Wash | 16.85 | 3.3 | 1 |
| 10 | Johnson, Nate | FR Seattle Paci | 16.94 | 3.3 | 1 |
| 11 | Venema, Andrew | FR Central Wash | 17.10 | 3.3 | 1 |
| 12 | Sample, Emerson | FR Puget Sound | 17.61 | 3.3 | 2 |

| | | | | | |
|----|-----------------|-----------------|-------|-----|---|
| 13 | McDonald, Myles | FR Puget Sound | 17.71 | NWI | 3 |
| 14 | Gjestvang, Jay | FR Concordia-Mo | 18.23 | NWI | 3 |
| 15 | Gordon, Dylan | FR Western Wash | 18.30 | 3.3 | 2 |
| 16 | Hunter, Scott | FR Central Wash | 21.47 | NWI | 3 |

Event 40 Men 400 Meter Hurdles

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=====
Stadium: # 53.11 4/20/1991 Goreal Hudson, CWU
Meet: * 53.11 4/16/1994 Goreal Hudson, CSU
AUTO II: 52.00
AUTO III: 52.65
PROVO II: 53.30
PROVO III: 54.30
NWC: 1:00.42

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| Name | Year | School | Finals | H# |
|-----------------------|------|--------------|---------|----|
| 1 Young, Zach | | Mt. Hood | 56.02 | 1 |
| 2 Endresen, Ryan | FR | Seattle Paci | 57.13 | 1 |
| 3 Villanueva, Phillip | JR | Western Wash | 57.33 | 1 |
| 4 Bye, John | FR | Concordia-Mo | 57.68 | 1 |
| 5 Najera, Michael | FR | Central Wash | 58.78 | 1 |
| 6 Gray, Andrew | SO | Western Wash | 59.52 | 1 |
| 7 Gjestvang, Jay | FR | Concordia-Mo | 1:02.51 | 2 |
| 8 Tolman, Jeffrey | FR | Pacific Luth | 1:03.02 | 2 |
| 9 Heflin, Matt | FR | Puget Sound | 1:03.12 | 2 |
| 10 Curry, Lamar | FR | Lewis & Clar | 1:05.10 | 2 |
| 11 Gordon, Dylan | FR | Western Wash | 1:09.11 | 2 |

Event 41 Men 4x100 Meter Relay

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Stadium: # 41.40 4/17/1993 , Western Oregon State
Meet: * 41.40 4/17/1993 , Western Oregon College
AUTO II: 40.25
AUTO III: 41.00
PROVO II: 41.15
PROVO III: 41.90

```

| School | Finals | H# |
|----------------------------------|--------|----|
| 1 Central Washington 'A' | 42.03 | 1 |
| 2 Western Washington 'A' | 42.50 | 1 |
| 3 Mt. Hood Community College 'A' | 43.15 | 1 |
| 4 Concordia-Moorhead 'A' | 44.11 | 1 |

| | | | | |
|---|--------------------|-----|--------|---|
| 5 | Lewis & Clark | 'A' | 44.25 | 1 |
| 6 | Seattle Pacific | 'A' | 44.68 | 2 |
| 7 | Puget Sound | 'A' | 44.76 | 2 |
| | 1) Carter, Matt | FR | | |
| | 2) Hass, Michael | FR | | |
| | 3) Clarke, Daniel | SO | | |
| | 4) Putnam, Wiley | SO | | |
| 8 | Central Washington | 'B' | x45.30 | 1 |
| 9 | Pacific Lutheran | 'A' | 45.66 | 1 |

Event 42 Men 4x400 Meter Relay

=====
 Stadium: # 3:16.67 4/18/1992 , Central Washington Unive
 Meet: * 3:16.67 4/18/1992 , Central Washington Unive
 AUTO II: 3:10.00
 AUTO III: 3:13.00
 PROVO II: 3:13.30
 PROVO III: 3:16.40

School Finals H#

| | | | | |
|----|----------------------------|-----|----------|---|
| 1 | Western Washington | 'A' | 3:25.68 | 1 |
| 2 | Concordia-Moorhead | 'A' | 3:27.82 | 1 |
| 3 | Central Washington | 'A' | 3:28.70 | 1 |
| 4 | Puget Sound | 'A' | 3:29.91 | 2 |
| | 1) Putnam, Wiley | SO | | |
| | 2) Snowden, Robert | SO | | |
| | 3) Hass, Michael | FR | | |
| | 4) Carter, Matt | FR | | |
| 5 | Pacific Lutheran | 'A' | 3:35.04 | 2 |
| 6 | St. Martin's | 'A' | 3:37.87 | 1 |
| 7 | Everett CC | 'A' | 3:37.98 | 3 |
| 8 | Puget Sound | 'B' | x3:38.70 | 3 |
| 9 | Mt. Hood Community College | 'A' | 3:38.95 | 1 |
| 10 | Western Washington | 'B' | x3:42.19 | 1 |
| 11 | Concordia-Moorhead | 'D' | x3:43.37 | 3 |
| 12 | Concordia-Moorhead | 'B' | x3:46.06 | 3 |
| 13 | Concordia-Moorhead | 'C' | x3:47.17 | 3 |
| 14 | Central Washington | 'B' | x3:48.79 | 1 |
| 15 | Mt. Hood Community College | 'B' | x3:49.06 | 2 |
| 16 | Central Washington | 'D' | x3:50.57 | 2 |

Event 43 Men High Jump

=====
 Stadium: # 2.10m 4/10/2004 Jeff Skiba, Unattached
 Meet: * 2.10m 4/10/2004 Jeff Skiba, Linfield
 AUTO II: 2.14m

AUTO III: 2.11m
 PROVO II: 2.08m
 PROVO III: 2.02m
 NWC: 1.79m

| Name | Year | School | Finals | |
|----------------------|------|--------------|--------|---------|
| 1 Roddewig, Brandon | FR | Central Wash | 1.94m | 6-04.25 |
| 2 Brockman, Keefe | SO | Western Wash | 1.86m | 6-01.25 |
| 2 Larson, Josh | SO | Western Wash | 1.86m | 6-01.25 |
| 2 Boyes, Brennan | FR | Central Wash | 1.86m | 6-01.25 |
| 2 Hamilton, Jonathan | JR | Central Wash | 1.86m | 6-01.25 |
| 6 Johnson, Clay | | Mt. Hood | 1.81m | 5-11.25 |
| 6 Caryl, Jason | FR | Central Wash | 1.81m | 5-11.25 |
| 6 Meyers, Lewis | | Central Wash | 1.81m | 5-11.25 |
| -- Hunter, Scott | FR | Central Wash | | NH |
| -- Faust, Tyler | SR | Pacific Luth | | NH |
| -- Brown, Ryan | JR | Western Wash | | NH |
| -- Venema, Andrew | FR | Central Wash | | NH |
| -- Giesen, Caleb | SO | Concordia-Mo | | NH |
| -- Hartwigsen, Derek | SO | Western Wash | | NH |
| -- Astel, Taylor | FR | Pacific Luth | | NH |
| -- Johnson, Nate | FR | Seattle Paci | | NH |

Event 44 Men Pole Vault

Stadium: # 5.03m 4/18/1992 Curt Heywood, Linfield
 Meet: * 5.03m 4/18/1992 Curt Heywood, Linfield
 AUTO II: 5.15m
 AUTO III: 5.07m
 PROVO II: 4.80m
 PROVO III: 4.70m
 NWC: 3.94m

| Name | Year | School | Finals | |
|---------------------|------|------------------|--------|----------|
| 1 Brown, Ryan | JR | Western Wash | 4.85m | 15-11.00 |
| 2 Lashinske, Jeremy | | University of Wa | 4.70m | 15-05.00 |
| 3 Hunter, Scott | FR | Central Wash | 4.25m | 13-11.25 |
| 4 Carr, James | SR | Central Wash | 4.10m | 13-05.25 |
| 4 Hoza, Nic | SO | Western Wash | 4.10m | 13-05.25 |
| 6 Guidon, Thomas | FR | Western Wash | 3.95m | 12-11.50 |
| 6 Chavez, Ismael | SO | Western Wash | 3.95m | 12-11.50 |
| 6 Millson, Michael | JR | Western Wash | 3.95m | 12-11.50 |

| | | | | |
|----|------------------|-----------------|-------|----------|
| 9 | Holt, Chester | SO Pacific Luth | 3.80m | 12-05.50 |
| 9 | Alexander, Colin | SO Pacific Luth | 3.80m | 12-05.50 |
| 9 | Steinke, Thomas | FR Central Wash | 3.80m | 12-05.50 |
| -- | Venema, Andrew | FR Central Wash | | NH |
| -- | Caryl, Jason | FR Central Wash | | NH |
| -- | Carter, Matt | FR Puget Sound | | NH |
| -- | Overson, Andrew | JR Concordia-Mo | | NH |
| -- | Stull, Travis | FR Puget Sound | | NH |
| -- | Bollen, Barrett | SO Pacific Luth | | NH |
| -- | Lawson, Charles | SO St. Martin's | | NH |

Event 45 Men Long Jump

=====

Stadium: # 7.30m 4/22/1995 Rob Rising, CWU
 Meet: * 7.30m 4/22/1995 Rob Rising, CWU
 AUTO II: 7.50m
 AUTO III: 7.30m
 PROVO II: 7.21m
 PROVO III: 7.00m
 NWC: 6.29m

| Name | Year | School | Finals | Wind |
|-----------------------------|------|--------------|--------|----------|
| 1 Felt, Justin | SR | Seattle Paci | 6.74m | 1.6 22-0 |
| 2 Cho, James | SO | Central Wash | 6.47m | 2.3 21-0 |
| 3 Caryl, Jason | FR | Central Wash | 6.34m | 4.7 20-0 |
| 4 Hass, Michael | FR | Puget Sound | 6.06m | 2.8 19-1 |
| 5 McDaniel, Casey | FR | Western Wash | 5.93m | 2.2 19-0 |
| 6 Birks, Scott | FR | Western Wash | 5.80m | 1.0 19-0 |
| 7 Roddewig, Brandon | FR | Central Wash | 5.72m | 0.4 18-0 |
| 8 Venema, Andrew | FR | Central Wash | 5.55m | 1.4 18-0 |
| 9 Steinke, Thomas | FR | Central Wash | 5.52m | 1.7 18-0 |
| 10 Johnson, Nate | FR | Seattle Paci | 5.51m | 0.3 18-0 |
| 11 Hunter, Scott | FR | Central Wash | 5.49m | 2.0 18-0 |
| 12 Tonga, Siosifa | FR | Lewis & Clar | 5.39m | 1.6 17-0 |
| 13 Giesen, Caleb | SO | Concordia-Mo | 5.31m | 0.7 17-0 |
| 14 Karnofski, Kyle | FR | St. Martin's | 5.08m | 1.6 16-0 |
| 14 Turner, Jordan | | Evergreen | 5.08m | 1.8 16-0 |
| 16 Spillenaar-Bilgen, Reini | FR | Lewis & Clar | 4.82m | 0.8 15-0 |

Event 46 Men Triple Jump

=====

Stadium: # 50-05 4/17/1993 James McCann, WOC

Meet: * 50-05 4/17/1993 James McCann, WOC
 AUTO II: 15.30m
 AUTO III: 14.85m
 PROVO II: 14.55m
 PROVO III: 14.20m
 NWC: 12.38m

| Name | Year | School | Finals | Wind |
|-----------------------------|------|--------------|--------|-----------|
| 1 Brockman, Keefe | SO | Western Wash | 12.79m | 1.3 41-1 |
| 2 Melo, Manny | FR | Central Wash | 12.53m | 1.7 41-0 |
| 3 Turner, Jordan | | Evergreen | 12.12m | 3.9 39-0 |
| 4 Tonga, Siosifa | FR | Lewis & Clar | 11.60m | -0.9 38-0 |
| -- Cho, James | SO | Central Wash | ND | NWI |
| -- Davis, Will | FR | Western Wash | ND | NWI |
| -- Ivory, Jimmy | SR | Puget Sound | ND | NWI |
| -- Spillenaar-Bilgen, Reini | FR | Lewis & Clar | ND | NWI |
| -- Reeves, I.V. | FR | Pacific Luth | ND | NWI |

Event 47 Men Shot Put

Stadium: # 57-04 6/3/1967 John Allamano, UW
 Meet: * 16.94m 4/22/1995 Scott Easley, WWU
 AUTO II: 17.10m
 AUTO III: 17.00m
 PROVO II: 16.00m
 PROVO III: 15.45m
 NWC: 12.60m

| Name | Year | School | Finals |
|---------------------|------|------------------|-----------------|
| 1 Anderson, Richard | SO | University of Wa | 15.48m 50-09.50 |
| 2 Fischer, Tyler | SR | Central Wash | 14.83m 48-08.00 |
| 3 Valasquez, Jr | | Mt. Hood | 14.78m 48-06.00 |
| 4 Elder, Ben | JR | Western Wash | 14.75m 48-04.75 |
| 5 Ransavage, Ryan | FR | Pacific Luth | 14.09m 46-02.75 |
| 6 Vavricka, Mike | SO | Pacific Luth | 13.66m 44-09.75 |
| 7 Westlin, Nelson | FR | Western Wash | 13.52m 44-04.25 |
| 8 Jensen, Mike | FR | Central Wash | 13.39m 43-11.25 |
| 9 Potes, Jesse | SO | Central Wash | 13.32m 43-08.50 |
| 10 Hoffman, Michael | JR | Western Wash | 13.14m 43-01.50 |
| 11 Nielsen, Jeff | SR | Pacific Luth | 13.07m 42-10.75 |
| 12 Gump, Cameron | FR | Western Wash | 12.91m 42-04.25 |
| 13 McNeill, Conor | JR | Pacific Luth | 12.64m 41-05.75 |

| | | | | |
|----|-----------------|-----------------|--------|----------|
| 14 | Pierce, Jackson | FR Pacific Luth | 12.63m | 41-05.25 |
| 15 | Ramirez, Daniel | JR Central Wash | 12.22m | 40-01.25 |
| 16 | Millan, Raul | FR Lewis & Clar | 12.01m | 39-05.00 |
| 17 | Smith, Curtis | SR Lewis & Clar | 11.93m | 39-01.75 |
| 18 | Knight, Andrew | FR Western Wash | 11.80m | 38-08.75 |
| 19 | Player, Anthony | FR St. Martin's | 10.90m | 35-09.25 |
| 20 | Larson, Neil | SO Central Wash | 10.79m | 35-05.00 |
| 21 | Bakke, Jeff | SR Concordia-Mo | 10.41m | 34-02.00 |
| 22 | Kosel, Dane | FR St. Martin's | 9.50m | 31-02.00 |
| 23 | Suazo, Jacob | SO St. Martin's | 8.58m | 28-01.75 |

Event 48 Men Discus Throw

=====

Stadium: # 52.84m 6/4/1966 Al Pemberton, UW
 Meet: * 50.44m 4/17/1999 Tony Hoiby, CWU
 AUTO II: 53.00m
 AUTO III: 51.50m
 PROVO II: 49.08m
 PROVO III: 47.00m
 NWC: 39.22m

| Name | Year | School | Finals | |
|------|--------------------|-----------------|--------|--------|
| 1 | Hoffman, Michael | JR Western Wash | 47.68m | 156-05 |
| 2 | Elder, Ben | JR Western Wash | 46.96m | 154-01 |
| 3 | Ford, Mycal | SO Pacific Luth | 45.17m | 148-02 |
| 4 | Webber, Adrian | Mt. Hood | 43.20m | 141-09 |
| 5 | Fischer, Tyler | SR Central Wash | 42.65m | 139-11 |
| 6 | Westlin, Nelson | FR Western Wash | 41.44m | 135-11 |
| 7 | Michaelson, Bryant | SR Western Wash | 40.88m | 134-01 |
| 8 | Ransavage, Ryan | FR Pacific Luth | 40.57m | 133-01 |
| 9 | Ramirez, Daniel | JR Central Wash | 38.44m | 126-01 |
| 10 | Pryor, Michael | JR Lewis & Clar | 37.67m | 123-07 |
| 11 | Jensen, Mike | FR Central Wash | 37.30m | 122-04 |
| 12 | Potes, Jesse | SO Central Wash | 36.84m | 120-10 |
| 13 | Martin, Billy | FR Seattle Paci | 35.42m | 116-02 |
| 14 | Ostler, Mychal | SR Central Wash | 35.12m | 115-03 |
| 15 | Poole, Shawn | FR Puget Sound | 32.83m | 107-08 |
| 16 | McNutt, Brett | Mt. Hood | 32.25m | 105-10 |
| 17 | Millan, Raul | FR Lewis & Clar | 32.05m | 105-02 |
| 18 | Nichols, Tyler | SO Western Wash | 31.91m | 104-08 |
| 19 | Ramos, Joel | SO Pacific Luth | 31.37m | 102-11 |
| 20 | Player, Anthony | FR St. Martin's | 29.27m | 96-00 |

21 Mayberry, Colby SO Western Wash 28.03m 91-11

Event 49 Men Javelin Throw

=====

Stadium: # 64.32m 4/18/1992 Ken Weinberg, Linfield
 Meet: * 64.32m 4/18/1992 Ken Weinberg, Linfield
 AUTO II: 63.50m
 AUTO III: 62.50m
 PROVO II: 58.84m
 PROVO III: 57.80m
 NWC: 51.78m

| Name | Year School | Finals | |
|----------------------|---------------------|--------|--------|
| 1 Brookman, Jimmy | University of Wa | 61.18m | 200-09 |
| 2 Harrison, Alex | JR Western Wash | 54.53m | 178-11 |
| 3 Valentine, Bob | JR Western Wash | 51.86m | 170-02 |
| 4 Derwin, Jace | SR Seattle Paci | 51.31m | 168-04 |
| 5 Sherrif, Tommy | SO Central Wash | 50.43m | 165-05 |
| 6 Wagner, Nate | SR Seattle Paci | 50.35m | 165-02 |
| 7 Hudson, Kevin | SO St. Martin's | 48.00m | 157-06 |
| 8 Player, Anthony | FR St. Martin's | 47.78m | 156-09 |
| 9 Bakke, Jeff | SR Concordia-Mo | 45.10m | 147-11 |
| 10 Clendaniel, Tim | SO Western Wash | 44.68m | 146-07 |
| 11 Price, Brian | SR Pacific Luth | 43.78m | 143-08 |
| 12 Nelson, Joseph | JR Central Wash | 43.55m | 142-10 |
| 13 Raske, Andrew | SR Concordia-Mo | 42.53m | 139-06 |
| 14 McDonald, Steven | FR Pacific Luth | 41.54m | 136-03 |
| 15 Hartwigsen, Derek | SO Western Wash | 41.36m | 135-08 |
| 16 Sather, Jason | SR Concordia-Mo | 41.07m | 134-09 |
| 17 Flaa, James | SR Concordia-Mo | 32.96m | 108-02 |
| 18 Alexander, Colin | SO Pacific Luth | 32.87m | 107-10 |
| 19 Bollen, Barrett | SO Pacific Luth | 31.81m | 104-04 |
| -- Woods, Zack | SR University of Wa | ND | |

Women - Team Rankings - 18 Events Scored

| | | | |
|-----------------------------|--------|-------------------------------|---|
| 1) Western Washington | 176.50 | 2) Seattle Pacific | 1 |
| 3) Central Washington | 79.50 | 4) Pacific Lutheran | |
| 5) Lewis & Clark | 57.50 | 6) Puget Sound | |
| 7) Concordia-Moorhead | 52 | 8) St. Martin's | |
| 9) University of Washington | 19 | 10) Mt. Hood Community Colleg | |

Men - Team Rankings - 18 Events Scored

| | | | |
|----------------------------|--------|------------------------------|---|
| 1) Western Washington | 183.50 | 2) Central Washington | 1 |
| 3) Seattle Pacific | 77 | 4) Concordia-Moorhead | |
| 5) Pacific Lutheran | 48 | 6) Mt. Hood Community Colleg | |
| 7) Puget Sound | 34 | 8) University of Washington | |
| 9) St. Martin's | 26 | 10) Lewis & Clark | |
| 11) Evergren State College | 17 | 12) Everett CC | |

5 PM