

## APRIL

### Mt. Sac Relays (Apr. 14-17 at Walnut, CA)

**Thursday: Men: Steeplechase:** Open – 28. Eric Brill, WWU, 9:29.19. Olympic Dev. Elite – 7. Ryan Brockerville, SFU, 8:50.76. Elite Inv. – 10. Micah Chelimo, UAA, 8:52.41. **10,000:** Elite Inv. – 18. Jordan Welling, WWU, 29:56.65. Open – 6. Chris Reed, WOU, 29:44.77; 54. Kyle Van Santen, SMU, 30:55.15; 60. Blake Medhaug, WWU, 31:17.63. **Women: Steeplechase:** Open – 30. Emma Bohman, UAA, 11:31.25. **10,000:** Olympic Dev. Elite – 7. Ruth Keino, UAA, 34:57.41. Open – 23. Lauren Breihof, WWU, 36:15.12.

## MARCH

### Cal Multis (Mar. 23-24, 2011 at Berkeley)

**Decathlon (Group B)** – 4. Nate Johnson, SPU, 4897 (**Day 1:** 100 – 11.72; Long Jump – 5.52 – 18-1 ¼; Shot – 9.67 – 31-8 ¾; High Jump – 1.76 – 5-9 ¼; 400 – 55.78. **Day 2:** 110 Hurdles – 16.43; Discus – 29.57 – 97-0; Pole Vault – Postponed; Javelin – 37.92 – 124-5; 1500 – 5:06.17); 8. Wyatt Morgan, UAA, 4445 (**Day 1:** 100 – 12.11; Long Jump – 5.21 – 17-1; Shot – 7.69 – 25-2 ¾; High Jump – 1.67 – 5-5 ¾; 400 – 53.06. **Day 2:** 110 Hurdles – 17.11; Discus – 20.00 – 65-7; Pole Vault – Postponed; Javelin – 33.62 – 110-4; 1500 – 4:51.30).

**Hepathlon (Group A):** 5. Ali Worthen, SPU, 2955 (**Day 1:** 100 Hurdles – 15.11; High Jump – 1.67 – 5-5 ¾; Shot – 9.78 – 32-01; 200 – 26.03. **Day 2:** All events cancelled); 6. Crystal Sims, SPU, 2930 (**Day 1:** 100 Hurdles – 14.81; High Jump – 1.52 – 4-11 ¾; Shot – 10.51 – 34-5 ¾; 200 – 25.34. **Day 2:** All events cancelled); 12. Kelsea Johnson, UAA, 2385 (**Day 1:** 100 Hurdles – 16.19; High Jump – 1.34 – 4-4 ¾; Shot – 9.40 – 30-10 ¼; 200 – 26.49. **Day 2:** All events cancelled).

**Hepathlon (Group B):** 4. Katy Gross, SPU, 4050 (**Day 1:** 100 Hurdles – 15.68; High Jump - 1.64 – 5-4 ½; Shot Put – 9.52 – 31-3; 200 – 27.96. **Day 2:** Long Jump – 4.94 – 16-2 ½; Javelin – 27.15 – 89-1; 800 – 2:54.81); 5. Jenifer Pike, SPU, 3849 (**Day 1:** 100 Hurdles – 16.19; High Jump - 1.43 – 4-8 ¾; Shot Put – 9.11 – 29-10 ¾; 200 – 26.73. **Day 2:** Long Jump – 4.48 – 14-8 ¼; Javelin – 27.77 – 91-1; 800 – 2:41.86); 8. Dianne Chong, UAA, 2935 (**Day 1:** 100 Hurdles – 17.44; High Jump - 1.40 – 4-7; Shot Put – 8.06 – 26-5 ½; 200 – 28.46. **Day 2:** Long Jump – 4.93 – 16-2; Javelin – 22.57 – 74-0; 800 – DNF).

### LSU Relay (Mar. 25-26 at Baton Rouge, LA)

**MEN:** 5000 – 22. Duane Stewart, WWU, 18:37.29.