

4-2-2011

Simon Fraser University Emilie Mondor Spring Open

Great Northwest Athletic Conference

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HY-TEK's Meet Manager 4/2/2011 10:1

SFU EMILIE MONDOR SPRING OPEN - 4/2/2011

TOWN CENTRE STADIUM

Results

Women 100 Meter Dash

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Name	Year Team	Seed	Finals	W
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Finals

1 Biagi, Anastaysia	Unattached B		13.08	-
2 Baker, Tia	Cowichan Val	13.00	13.23	-
3 Joyce, Elisa	Unattached B	12.61	13.30	-
4 Morgan, Grace	Comox Valley	12.58	13.32	-
5 Joyce, Adele	Unattached B	12.89	13.36	-
6 Klippenstein, Aisha	Valley Royal	12.89	13.48	-
7 Tran, Sophie	Ubc Track &	12.60	13.52	-
8 Sutherland, Carolyn	Langley Must	12.50	13.56	-
9 Rhodes, Mercedes	Simon Fraser Unv	13.10	13.62	-
10 Hannah, Jillian	Dover Bay SS	13.12	13.67	-
10 Colville, Brittany	Ubc Track &	12.65	13.67	-
12 Nijjar, Gagan	Universal AT	13.10	13.78	-
13 Abrams, Andrea	Simon Fraser Unv	12.54	13.89	-
14 Adande, Karin	Norwesters T		13.91	-
15 Desch, Chantel	Valley Royal	12.81	13.95	-
16 Broomfield, Robyn	Simon Fraser Unv	13.10	14.04	-
17 Carr, Delaney	Comox Valley	13.60	14.48	-
18 Huong, Jade	Unattached B	13.32	15.17	-

Women 200 Meter Dash

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Name	Year Team	Seed	Finals	W
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1 Coker, Alanna	Unattached		26.49	-
2 Biagi, Anastaysia	Unattached B		26.79	-
3 Baker, Tia	Cowichan Val	27.74	26.94	-
4 Morgan, Grace	Comox Valley	25.33	27.01	-
5 Joyce, Adele	Unattached B	26.51	27.08	-
6 Tran, Sophie	Ubc Track &	26.20	27.13	-
7 Desch, Chantel	Valley Royal	26.48	27.41	-
8 Viney, Kendra	Simon Fraser Unv	27.00	28.35	-

9	Sjodin, Jasmin	Simon Fraser Unv	27.00	28.43	-
10	Kent, Brittany	Coastal Track Cl	27.70	28.81	-
11	Crombeen, Charlotte	Simon Fraser Unv	26.50	28.89	-
12	Carr, Delaney	Comox Valley	27.30	29.48	-

Women 400 Meter Dash

Name	Year Team	Seed	Finals	P
1 Crofts, Helen	Simon Fraser Unv	54.80	56.76	
2 Sjoberg, Vanessa	Coastal Track Cl		57.65	
3 Smith, Jessica	Simon Fraser Unv	55.00	57.76	
4 Kane, Brianna	Simon Fraser Unv	56.00	59.06	
-- Viney, Kendra	Simon Fraser Unv	1:01.50	DQ	

Women 800 Meter Run

Name	Year Team	Seed	Finals	P
1 Butterworth, Lindsey	Simon Fraser Unv	2:12.00	2:15.28	
2 Van Den Bulk, Jeanette	Aspire Athletics	2:11.00	2:16.79	
3 Kane, Michaela	Simon Fraser Unv	2:13.00	2:17.20	
4 Vogt, Emma	Simon Fraser Unv	2:15.40	2:18.11	
5 Brennan, Olivia	Simon Fraser Unv	2:14.00	2:18.14	
6 Sawatzky, Sarah	Simon Fraser Unv	2:13.00	2:18.20	
7 Robinson, Mariah	Ubc Track &	2:21.40	2:19.08	
8 Imlach, Brittany	Ubc Track &	2:20.80	2:19.25	
9 MACKENZIE, Kansas	Vancouver TH	2:18.00	2:21.60	
10 Vogt, Abby	Simon Fraser Unv	2:17.00	2:21.61	
11 Dell, Caitlin	Simon Fraser Unv	2:17.00	2:23.70	
12 Gill, Jasmine	Universal AT	2:19.00	2:24.71	
13 Reid, Katie	Kajaks Track		2:25.32	
14 Hutchins, Kathryn	Ubc Track &	2:25.90	2:25.93	
15 Balbosa, Chelsea	Unattached B		2:26.52	
16 Rajala, Amelia	Ubc Track &	2:26.30	2:26.95	
17 Hearn, Ashley	Unattached B	2:20.00	2:27.75	
18 Carviel, Heather	Simon Fraser Unv	2:18.00	2:28.71	
19 Lennea, Kayla	Valley Royal	2:26.00	2:29.39	
20 Hannam, Mikaela	Ubc Track &	2:27.34	2:30.83	
21 Bezdan, Jeanie	Ocean Athlet	2:27.00	2:30.93	
22 Huang, Katie	Ubc Track &	2:29.80	2:33.42	
23 Jackman, Francesca	Valley Royal	2:30.00	2:33.53	

24	Kitsul, Leah	Unattached B	2:25.00	2:37.43
25	Heisler, Ashley	Valley Royal	2:28.00	2:38.66
26	Robertson, Madeline	Unattached B		2:49.99

Women 1500 Meter Run

Name	Year Team	Seed	Finals	P
1	Siemens, Alexandra	Valley Royal	4:55.00	4:48.85
2	Allison, Katrina	Vancouver TH	4:45.00	4:52.06
3	Slinn, Heather	Ubc Track &	4:46.00	4:59.62
4	Kondoh, Mari	Unattached B	4:48.00	5:04.35
5	Ginther, Alexandra	Coastal Track Cl	5:01.00	5:04.96
6	Ratzlaff, Marissa	Trinity Western	4:55.00	5:12.01
7	Gonzales, Bianca	Simon Fraser Unv	5:00.00	5:18.70
8	Ross, Sarya	Valley Royal	5:10.00	5:24.20
9	MACCARTHY, Madison	Ubc Track &		5:30.16
10	Bushe, Caitlyn	Valley Royal	5:30.00	5:51.75

Women 5000 Meter Run

Name	Year Team	Seed	Finals	P
1	Woodward, Maggie	Ubc Track &	17:35.34	18:00.39
2	McCulloch, Cara	Ubc Track &	19:15.20	19:02.79
3	Doerkson, Kim	Simon Fraser Unv		19:17.63
4	Allen, Kirsten	Simon Fraser Unv		19:28.45
5	Webster, Kristyn	Simon Fraser Unv		19:46.49
6	Palibroda, Emily	Simon Fraser Unv		19:52.89
7	Zimmer, Lissa	Ubc Track &	19:11.20	19:53.69
8	McCormack, Jenny	Ubc Track &	21:30.30	20:25.55

Women 100 Meter Hurdles

Name	Year Team	Seed	Finals	W
1	Abdulai, Ruky	Valley Royal	13.94	14.96 -
2	Ellenwood, Georgia	Langley Must	15.50	16.02 -
3	Abrams, Andrea	Simon Fraser Unv	14.94	16.10 -
4	Smithson, Shelby	Langley Must	16.20	18.26 -
5	Barrett, Rachelle	Simon Fraser Unv		19.63 -

Women 400 Meter Hurdles

Name	Year Team	Seed	Finals	P
1 Nano, Anne Marie	Ubc Track &	1:03.20	1:08.01	

Women 4x800 Meter Relay

Team	Seed	Finals	P
1 Simon Fraser Unv 'A'		9:20.66	
2 Simon Fraser Unv 'B'		9:39.14	
3 British Columbia 'A'		9:45.60	
1) Robinson, Mariah	2) Hutchins, Kathryn		
3) Imlach, Brittany	4) Rajala, Amelia		

Women High Jump

Name	Year Team	Seed	Finals	P
1 Abdulai, Ruky	Valley Royal	1.85m	1.70m	
2 Smithson, Shelby	Langley Must	1.60m	1.60m	
2 Iworima, Priye	Simon Fraser Unv	1.63m	1.60m	
4 Barrett, Rachelle	Simon Fraser Unv	1.68m	1.55m	
5 Padriano, Jessica	Simon Fraser Unv	1.50m	1.45m	

Women Long Jump

Name	Year Team	Seed	Finals	W
1 Abdulai, Ruky	Valley Royal	6.72m	5.92m	
2 Sutherland, Carolyn	Langley Must	5.69m	5.48m	
3 Ellenwood, Georgia	Langley Must	5.67m	5.32m	
4 Rhodes, Mercedes	Simon Fraser Unv	5.40m	J5.32m	
5 Iworima, Priye	Simon Fraser Unv	5.96m	5.23m	
6 Crombeen, Charlotte	Simon Fraser Unv	5.40m	5.15m	
7 Cook, April	Simon Fraser Unv	5.00m	4.89m	
8 Broomfield, Robyn	Simon Fraser Unv	5.00m	4.76m	
9 Cywinska, Agnes	Ubc Track &	4.85m	4.74m	
10 Barrett, Rachelle	Simon Fraser Unv	5.15m	4.69m	
11 Padriano, Jessica	Simon Fraser Unv	4.90m	4.59m	
-- Baker, Tia	Cowichan Val	5.00m	FOUL	

Women Triple Jump

Name	Year Team	Seed	Finals	W
1 Klippenstein, Aisha	Valley Royal	11.60m	11.35m	+
2 Coker, Alanna	Unattached		10.75m	-
3 Iworima, Priye	Simon Fraser Unv		10.29m	-
4 Crombeen, Charlotte	Simon Fraser Unv	11.30m	10.23m	-

Women Shot Put

Name	Year Team	Seed	Finals	P
1 Richardson, Jade	Simon Fraser Unv	11.00m	11.05m	
2 Hare, Rose	Unattached B		8.51m	
3 Moro, Gabriella	Unattached B		7.99m	
4 Padriano, Jessica	Simon Fraser Unv	9.00m	7.95m	

Women Discus Throw

Name	Year Team	Seed	Finals	P
1 Covington, Asianna C.	Kajaks Track		46.05m	
2 Richardson, Jade	Simon Fraser Unv	43.00m	39.69m	
3 Dosanjh, Prabhjit	Unattached B		32.34m	

Women Hammer Throw

Name	Year Team	Seed	Finals	P
1 Covington, Asianna C.	Kajaks Track		52.40m	
2 Kennedy, Samantha	Kajaks Track		49.26m	
3 Juert, Christina	Kajaks Track		42.08m	
4 Carr, Ryley	Comox Valley	42.27m	39.17m	

Women Javelin Throw

Name	Year Team	Seed	Finals	P
1 Woodward, Krista	Kajaks Track		51.29m	
2 Graf, Serena	Kajaks Track		39.75m	

3	Byer, Selina	Kajaks Track	36.83m
4	Hare, Rose	Unattached B	22.53m
5	Moro, Gabriella	Unattached B	19.86m

Men 100 Meter Dash

Name	Year Team	Seed	Finals	W
1 Nathan, Andrew	Ubc Track &	10.71	11.38	-
2 Joyce, Keefer	Unattached B	10.93	11.42	-
3 Woytkowiak, Paul	Unattached B	11.31	11.60	-
4 Nicolas, Dennis	Simon Fraser Unv	10.88	11.73	-
5 Agiba, Joseph	Douglas Running	11.59	12.18	-
6 Yeung, Chris	Ubc Track &	11.60	12.20	-
7 Yang, Henry	Unattached B	12.10	12.26	-
8 McKenzie, Sean	Unattached B	11.89	12.62	-
9 Gill, Sunny	Valley Royal	11.70	12.67	-
10 Palou, Austin	Comox Valley	12.50	12.68	-
11 Degroot, Andrew	Unattached B	12.30	12.95	-

Men 200 Meter Dash

Name	Year Team	Seed	Finals	W
1 Nathan, Andrew	Ubc Track &	21.67	22.29	-
2 Woytkowiak, Paul	Unattached B	21.98	22.59	-
3 Joyce, Keefer	Unattached B		22.91	-
4 Brar, Parmveer	Ubc Track &	23.45	23.48	-
5 Yeung, Chris	Ubc Track &	23.40	24.47	-
6 McKenzie, Sean	Unattached B	24.20	24.60	-
7 Yang, Henry	Unattached B	23.60	24.62	-
8 Barnes, Dyson	Valley Royal	22.95	24.70	-
9 Hutton, Cody	Unattached B	23.60	24.79	-
10 Palou, Austin	Comox Valley	25.30	25.26	-
11 Degroot, Andrew	Unattached B	25.30	25.42	-
12 Kirstiuk, Robert	Coastal Track Cl	25.10	25.89	-
13 Gill, Sunny	Valley Royal	23.20	26.25	-
14 Wong, Billy	Unattached B		26.51	-
15 Betz, Adam	Unattached B	25.50	26.75	-

Men 400 Meter Dash

Name	Year Team	Seed	Finals	W
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Name	Year Team	Seed	Finals	H
1 Boss, Andrew K.	Simon Fraser Unv	47.98	48.81	
2 Paul-Morris, Adam	Ubc Track &	49.23	49.38	
3 Ellenwood, Stuart	Langley Must	49.90	49.94	
4 Montrose, Brett	Simon Fraser Unv	49.10	50.15	
5 Hurtubise, Neal R.	Golden Ears	49.25	50.51	
6 Mayfield, Anthony	Ubc Track &	52.42	52.04	
7 Sutherland, Christopher	Coastal Track Cl		52.28	
8 Weichel, Dylan	Ubc Track &	52.41	52.46	
9 Pooni, Paul	Universal AT	51.43	52.47	
10 Morey, Tyler	Douglas Running	51.79	52.70	
11 Barnes, Dyson	Valley Royal	51.08	53.44	
12 Strachon, Alex	Ubc Track &	52.40	53.51	
13 Hutchinson, Michael	Unattached B	50.50	53.70	
14 Komi, Rupekanwal	Universal AT	51.94	53.86	
15 Dhillon, Hameet	Universal AT	51.84	54.08	
16 Hutton, Cody	Unattached B	52.00	55.98	
17 Wong, Billy	Unattached B		56.59	

Men 800 Meter Run

Name	Year Team	Seed	Finals	P
1 Slade, David	Ubc Track &	1:55.20	1:56.30	
2 Kennedy, Aidan	Ubc Track &	1:53.40	1:56.63	
3 Bill, Simon	Ubc Track &	1:56.10	1:56.64	
4 Johnston, Blair	Unattached B	1:55.00	1:59.52	
5 Liu, Yubai	Simon Fraser Unv	1:55.00	2:00.17	
6 SO, Matthew	Vancouver TH	2:03.00	2:01.28	
7 Bal, Gurjot	Ubc Track &	1:59.20	2:01.70	
8 Pare, Alexandre	Simon Fraser Unv	1:58.00	2:02.52	
9 Conard, Zach	Simon Fraser Unv	1:58.00	2:03.23	
10 Swanson, Matthew	Norwesters T	1:56.67	2:04.24	
11 Commandeur, Adam	Comox Valley		2:04.31	
12 Wong, Ryan	Vancouver TH	2:02.00	2:08.45	
13 Nicol, Stephen	Unattached B		2:12.50	
14 Johnson, Dustin	Coastal Track Cl	2:09.00	2:14.21	
15 Stewart, Rohan	Kajaks Track		2:20.29	
16 Mainardi, Christopher	Vancouver OL	2:21.13	2:22.82	

Men 1500 Meter Run

Name	Year Team	Seed	Finals	P
1 Brockerville, Ryan	Simon Fraser Unv	3:52.00	3:56.63	
2 Reid, Adam	Simon Fraser Unv	3:55.00	3:59.31	
3 Kent, Justin	Ubc Track &	3:58.34	4:00.23	
4 Vugteveen, Travis	Simon Fraser Unv	3:54.00	4:01.61	
5 Maynard, Jordan	Ubc Track &	4:02.20	4:01.89	
6 Wakefield, Brett	Simon Fraser Unv	3:57.00	4:02.57	
7 Gravel, Christian	Vancouver TH	4:05.00	4:02.65	
8 Baiton, Wyatt	Ubc Track &	3:55.00	4:02.81	
9 Young, James	Simon Fraser Unv	3:59.00	4:06.10	
10 White, Declan	Coastal Track Cl	4:06.00	4:06.20	
11 Chester, Sean W.	Prairie Inn		4:10.27	
12 Delcourt, Timothy	Coastal Track Cl	4:10.00	4:11.71	
13 Huebsch, Tim	Ubc Track &	4:03.20	4:13.27	
14 Thomas, Nick	Ubc Track &	4:15.30	4:13.77	
15 Voth, Chris	Trinity Western	4:20.00	4:17.33	
16 Shamsi, Bilal	Coastal Track Cl	4:12.00	4:18.04	
17 Cliff, William	Vancouver TH	4:12.87	4:19.43	
18 Bartfai, Tyler	Unattached B	4:24.00	4:24.79	
19 MACLEAN, Nicholas	Ubc Track &	4:25.45	4:26.16	
20 Moore, Gaelen	Vancouver TH	4:23.00	4:26.93	
21 Jorgensen, Oliver	Valley Royal	4:40.00	4:43.67	

Men 5000 Meter Run

Name	Year Team	Seed	Finals	P
1 Smith, Jordan	Ubc Track &	14:58.20	14:58.28	
2 Hunt, Theo	Ubc Track &	15:20.90	14:58.44	
3 Kazuta, Kerry	Point Grey T		15:06.79	
4 Rajput, Gurjit	Unattached B		16:21.43	

Men 4x800 Meter Relay

Team	Seed	Finals	P
1 British Columbia 'A'		8:07.10	
1) Slade, David	2) Kennedy, Aidan		
3) Bill, Simon	4) Bal, Gurjot		
2 Simon Fraser Unv 'A'		8:24.69	

Men High Jump

Name	Year Team	Seed	Finals	P
1 Little, Paul J.	Vancouver TH		2.05m	
2 Khan, Bashir	Unattached B		1.85m	

Men Long Jump

Name	Year Team	Seed	Finals	W
1 Gallagher, Robert	Langley Must		7.00m	
2 Heldman, Jared Z.	Valley Royal		6.84m	
3 Nicolas, Dennis	Simon Fraser Unv	6.99m	6.32m	
4 Svob, Elliott	Ubc Track &	6.39m	6.15m	
5 Houlton, Jacob E.	Langley Must	6.40m	6.14m	
6 Grzelak, Patrick	Ubc Track &	6.40m	5.81m	
7 Betz, Adam	Unattached B	5.50m	5.17m	

Men Triple Jump

Name	Year Team	Seed	Finals	W
1 Moldanov, Sviatoslav	Simon Fraser Unv	14.15m	13.60m	
2 Hutchinson, Michael	Unattached B	13.00m	12.21m	

Men Shot Put

Name	Year Team	Seed	Finals	P
1 Molinari, Luca	Kajaks Track		12.79m	
2 Panesar, Gurdas	Ubc Track &	10.90m	10.12m	

Men Discus Throw

Name	Year Team	Seed	Finals	P
1 Whyte, Peter (Joey)	Kajaks Track		39.05m	
2 Bhandal, Pauljit	Kajaks Track		37.25m	
3 Molinari, Luca	Kajaks Track		36.13m	

Men Hammer Throw

Name	Year Team	Seed	Finals	P
1 Bhandal, Pauljit	Kajaks Track		46.02m	
2 Kalmykov, Mark	Kajaks Track		42.12m	
3 Whyte, Peter (Joey)	Kajaks Track		38.36m	
4 Molinari, Luca	Kajaks Track		36.48m	
5 Panesar, Gurdas	Ubc Track &	42.21m	31.90m	

Men Javelin Throw

Name	Year Team	Seed	Finals	P
1 Moss, Curtis	Kajaks Track		66.50m	
2 Skermer, David M.	Kajaks Track		54.55m	
3 Coles, Ben	Simon Fraser Unv	53.00m	52.07m	
4 Houlton, Jacob E.	Langley Must	56.50m	41.84m	

4 PM

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find H# Points  
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2.0 1  
2.0 1  
2.8 3  
2.8 3  
4.0 2  
4.0 2  
2.8 3  
2.8 3  
4.0 2  
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2.8 3  
2.0 1  
2.8 3  
4.0 2  
2.8 3  
4.0 2  
2.0 1  
4.0 2
```

```
=====  
find H# Points  
=====
```

```
1.6 1  
1.6 1  
1.6 1  
1.6 1  
2.5 2  
1.6 1  
2.5 2  
1.6 1
```