

4-2-2011

# JD Shotwell Invitational

Great Northwest Athletic Conference

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 JD Shotwell Invitational - 4/1/2011 to 4/2/2011  
 University of Puget Sound  
 Baker Stadium, Tacoma,WA  
 Results

Women 100 Meter Dash

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=====
Stadium: # 12.06 4/17/1999 Christine Axley, PLU
Meet: * 12.06 4/17/1999 Christine Axley, PLU
AUTO II: 11.56
AUTO III: 11.97
PROVO II: 12.05
PROVO III: 12.33
NWC: 13.45
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=====
Name Year School Finals Wind H# Po
=====
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Finals

Name	Year	School	Finals	Wind	H#	Po
1 Drake, Erica	FR	Mt. Hood CC	12.52	4.3	1	1
2 Quatier, Emily	JR	Seattle Paci	12.60	4.3	1	
3 Wochnick, BryAnne	SO	Seattle Paci	12.61	4.3	1	
3 Zukowski, Megan	SR	Western Wash	12.61	4.3	1	
5 Takayoshi, Sarah	SO	Central Wash	12.80	4.3	1	
6 Ramos, Alexis	FR	Central Wash	12.93	4.3	2	
7 Sehlke, Madison	SO	Pacific Luth	12.98	4.3	2	
8 Kegler, Amy	FR	Mt. Hood CC	13.00	4.3	1	
9 Medina, Adaligza	FR	St. Martin's	13.02	4.3	2	
10 Yanney, Shandel	FR	Western Wash	13.21	4.3	2	
11 Blanton, Christin	FR	Pacific Luth	13.42	4.3	2	
12 Weiks, Kaila	SO	St. Martin's	13.45	4.3	2	
13 Keele, Madison	FR	Pacific Luth	13.57	4.3	2	
14 Cannon, Leslie	FR	Green River	13.61	4.6	3	
15 Belvin, Rebecca	FR	Puget Sound	13.78	4.6	3	
16 Hampton, Liz	SO	Central Wash	13.84	4.3	2	
17 Overdick, Amanda	SO	Western Wash	13.87	4.6	3	
18 Guillen, Keidy	FR	Skagit Valle	14.26	4.6	3	
19 Boyd, Tiffany	FR	Pacific Luth	14.62	4.6	3	
20 Tividad, Khadijah	FR	Pacific Luth	14.93	4.6	3	
21 Kuhnly, Gail		Christ Life	X15.06	4.6	3	

Women 200 Meter Dash

=====

Stadium: # 24.75 4/17/1999 Christine Axley, PLU  
 Meet: \* 24.75 4/17/1999 Christine Axley, PLU  
 AUTO II: 23.83  
 AUTO III: 24.50  
 PROVO II: 24.65  
 PROVO III: 25.25  
 NWC: 27.53

Name	Year	School	Finals	Wind	H#	Po
1 Mitchell, Kishia	SO	Seattle Paci	25.36	3.6	1	1
2 Sims, Crystal	SR	Seattle Paci	25.40	3.6	1	
3 Quatier, Emily	JR	Seattle Paci	25.94	3.6	1	
4 Zukowski, Megan	SR	Western Wash	25.97	3.6	1	
5 Wochnick, BryAnne	SO	Seattle Paci	26.12	3.6	1	
6 Worthen, Ali	SR	Seattle Paci	26.18	5.7	2	
7 Pitassi, Seanna	FR	Central Wash	26.33	3.6	1	
8 Valentine, Myisha	SR	Seattle Paci	26.41	4.3	3	
9 Bjornsson, Tanya	SO	Western Wash	26.60	5.7	2	
10 Leiken, Andrea	JR	Puget Sound	26.70	3.6	1	
11 Ledtke, Valle	SO	Western Wash	26.86	5.7	2	
12 Knudson, Laura	FR	Mt. Hood CC	26.89	5.7	2	
13 Schumacher, Terra	JR	Seattle Paci	27.02	5.7	2	
14 Sincraugh, Ashlee	FR	Central Wash	27.06	4.3	3	
15 Trask, Morgan	SR	Pacific Luth	27.25	5.7	2	
16 Parrott, Kaitlyn	SO	Central Wash	27.29	3.8	4	
17 Kegler, Amy	FR	Mt. Hood CC	27.38	3.6	1	
18 Medina, Adaligza	FR	St. Martin's	27.43	4.3	3	
19 Schinnell, Annie	FR	Western Wash	27.62	4.3	3	
20 Gross, Katy	JR	Seattle Paci	27.64	5.7	2	
21 Ramos, Alexis	FR	Central Wash	27.67	5.7	2	
22 Cannon, Leslie	FR	Green River	27.77	4.3	3	
23 Weaver, Lisa	FR	Seattle Paci	27.83	4.3	3	
24 Weiks, Kaila	SO	St. Martin's	28.22	4.3	3	
25 Belvin, Rebecca	FR	Puget Sound	28.64	3.8	4	
26 Holton, Brooklyn	SO	Western Wash	28.93	4.3	3	
26 Berg, Siri	JR	Central Wash	28.93	3.8	4	
28 Seymour, Brenda	FR	Puget Sound	28.95	3.8	4	
29 Thompson, Grace	FR	Green River	29.29	3.8	4	
30 Scholter, Hannah	SO	St. Martin's	29.66	3.8	4	
31 Guillen, Keidy	FR	Skagit Valle	29.96	3.8	4	
32 Kuhnly, Gail		Christ Life	X31.33	4.8	5	
33 Sodders, Emelia	FR	Central Wash	31.41	3.8	4	

34 Coleman, Evelyn

JR Evergreen State

34.01

4.8 5

Women 400 Meter Dash

Stadium: # 55.4h 5/3/1980 Rhonda Bell, BCC

Meet: \* 55.4h 5/3/1980 Rhonda Bell, BCC

AUTO II: 54.68

AUTO III: 55.70

PROVO II: 56.30

PROVO III: 57.30

NWC: 1:02.70

Name	Year	School	Finals	H#	Points
1 Mitchell, Kishia	SO	Seattle Paci	58.22	1	10
2 Leiken, Andrea	JR	Puget Sound	59.51	1	8
3 Valentine, Myisha	SR	Seattle Paci	59.62	1	6
4 Pitassi, Seanna	FR	Central Wash	59.99	2	5
5 Parrott, Kaitlyn	SO	Central Wash	1:00.83	2	4
6 Ledtke, Valle	SO	Western Wash	1:00.93	1	3
7 Fricker, McKayla	SO	Seattle Paci	1:01.43	1	2
8 Trask, Morgan	SR	Pacific Luth	1:02.07	3	1
9 Knudson, Laura	FR	Mt. Hood CC	1:02.48	2	
10 Gilbertson, Meg	FR	Puget Sound	1:02.84	2	
11 Schinnell, Annie	FR	Western Wash	1:03.57	2	
12 Laweryson, Annie	SR	St. Martin's	1:04.10	2	
13 Moore, Irene	SO	Olympic Coll	1:04.23	3	
14 Crumpler, Mariah	FR	Mt. Hood CC	1:04.47	2	
15 Glasgow, Savannah	SO	Western Wash	1:05.03	3	
16 Seymour, Brenda	FR	Puget Sound	1:05.35	3	
17 Weaver, Lisa	FR	Seattle Paci	1:06.25	2	
18 Frank, Ashley	FR	Olympic Coll	1:06.30	3	
19 Thompson, Grace	FR	Green River	1:07.23	3	
20 Person, Taylor	FR	Olympic Coll	1:07.49	3	
21 Glass, Michelle	FR	Olympic Coll	1:11.88	3	

Women 800 Meter Run

Stadium: # 2:10.9h 4/25/1987 Laura Johnson, Unattched

Meet: \* 2:10.9h 4/25/1987 Laura Johnson, Unattached

AUTO II: 2:09.61

AUTO III: 2:10.60

PROVO II: 2:14.00

PROVO III: 2:14.40

NWC: 2:25.62

Name	Year	School	Finals	Points
1 Johnson, Rachael	SR	Western Wash	2:17.09	10
2 Carlson, Karissa		Evergreen State	2:18.36	8
3 Minton, Joscelyn	SO	St. Martin's	2:18.64	6
4 O'Connell, Megan	SR	Western Wash	2:21.14	5
5 Walker, Hayley	JR	Puget Sound	2:21.99	4
6 Burns, Alicia	FR	Puget Sound	2:22.29	3
7 Copeland, Erika	FR	St. Martin's	2:25.74	2
8 Diaz, Gabriela	FR	Mt. Hood CC	2:27.53	1
9 Ikeda, Haida	SO	Western Wash	2:28.34	
10 Feiring, Rachel	FR	Olympic Coll	2:30.26	
11 Morgan, Connie	FR	Central Wash	2:31.11	
12 Rose-Witt, Chiara	SO	Pacific Luth	2:32.22	
13 Fairbanks, Kristi	SO	Western Wash	2:34.10	
14 Hartnett, Phoebe	JR	Western Wash	2:36.33	
15 Tina, Jennifer	FR	Mt. Hood CC	2:38.44	
16 Steele, Alanna	FR	Skagit Valle	2:40.12	
17 Frank, Ashley	FR	Olympic Coll	2:45.83	
18 Holton, Brooklyn	SO	Western Wash	2:55.66	

Women 1500 Meter Run

Stadium: # 4:33.87 4/21/2007 Sarah Zerzan, Willamette

Meet: \* 4:34.30 4/23/1988 Minta Misley, PLU

AUTO II: 4:27.50

AUTO III: 4:29.20

PROVO II: 4:36.00

PROVO III: 4:38.00

NWC: 5:01.74

Name	Year	School	Finals	Points
1 Becker, Sarna		Unattached	X4:42.58	
2 Fairbanks, Kristi	SO	Western Wash	5:00.36	10
3 Ujifusa, Maria	SO	Western Wash	5:01.95	8
4 Young, Allison	FR	Pacific Luth	5:02.47	6
5 Kartes, Taylor	FR	Central Wash	5:04.46	5
6 Diaz, Gabriela	FR	Mt. Hood CC	5:05.22	4
7 Steele, Alanna	FR	Skagit Valle	5:06.82	3
8 Hartnett, Phoebe	JR	Western Wash	5:07.50	2

9	Becker, Josie	SO Seattle Paci	5:08.01	1
10	Flyte, Kathryn	FR Puget Sound	5:10.33	
11	Morgan, Connie	FR Central Wash	5:10.58	
12	Mendoza, Adriana	JR Central Wash	5:11.31	
13	Carrick, Krysta	JR Seattle Paci	5:12.14	
14	Brown, Kelsey	JR Seattle Paci	5:13.20	
15	Evans, Diana	FR Green River	5:15.18	
16	Philbeck, Erin	FR Western Wash	5:18.47	
17	Smith, Amanda	SO Mt. Hood CC	5:18.83	
18	Wilkins, Kayla	SR Seattle Paci	5:18.96	
19	Walton, Arielle	FR Western Wash	5:19.90	
20	Castile, Stefani	FR Green River	5:24.81	
21	Chittenden, A	Unattached	X5:27.17	
22	Tina, Jennifer	FR Mt. Hood CC	5:29.40	
23	Rice, Ashley	SO Central Wash	5:34.51	
24	Davis, Holli	SO Mt. Hood CC	5:35.49	
25	Dalton, Ashley	JR Seattle U.	5:36.42	
26	Kaur, Navpreet	FR Green River	5:46.02	

Women 5000 Meter Run

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Stadium: # 16:45.5h 4/26/1986 Debbie Myra, PSU  
 Meet: \* 16:45.5h 4/26/1986 Debbie Myra, PSU  
 AUTO II: 16:39.30  
 AUTO III: 16:55.00  
 PROVO II: 17:20.00  
 PROVO III: 17:35.00  
 NWC: 19:06.85

Name	Year	School	Finals	Points
1	Laabs-Johnson, Heidi	JR Seattle Paci	18:29.01	10
2	Cutting, Allison	SO Seattle Paci	18:37.16	8
3	Hazlehurst, Marnie	JR Puget Sound	18:53.38	6
4	Mendoza, Adriana	JR Central Wash	19:05.11	5
5	Pecha, Kaitlynn	JR St. Martin's	19:05.26	4
6	Rogers, Mary	SO Western Wash	19:13.65	3
7	Briskey, Sierra	JR Western Wash	19:20.88	2
8	Uhlig, Emily	Harrier TC	X19:40.65	
9	Hedges, Kendra	SO Western Wash	19:45.99	1
10	Llapitan, Ashley	SO St. Martin's	20:21.51	
11	Peaden, Brooke	JR Puget Sound	20:57.95	
12	Petersen, Britta	JR Evergreen State	21:22.01	

13	Rice, Ashley	SO Central Wash	21:28.24
14	Cruze, Rose	FR Central Wash	21:33.94
15	Hummer, Sophie	FR Central Wash	21:36.16
16	Sodders, Emelia	FR Central Wash	22:28.26
17	Zazula, Adriana	FR Central Wash	22:33.03

Women 100 Meter Hurdles

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Stadium: # 14.41 4/20/1996 Amy Cameron, WWU  
 Meet: \* 14.41 4/20/1996 Amy Cameron, WWU  
 AUTO II: 13.65  
 AUTO III: 14.58  
 PROVO II: 14.45  
 PROVO III: 14.99  
 NWC: 18.03

Name	Year School	Finals	Wind	H#	Po
1 Sims, Crystal	SR Seattle Paci	14.98	3.9	1	1
2 Worthen, Ali	SR Seattle Paci	15.03	3.9	1	
3 Schumacher, Terra	JR Seattle Paci	15.06	3.9	1	
4 Bjornsson, Tanya	SO Western Wash	15.23	3.9	1	
5 Genther, Chelsea	FR Central Wash	15.32	3.9	1	
6 Zodrow, Terra	FR Mt. Hood CC	15.57	2.6	2	
7 Gross, Katy	JR Seattle Paci	15.59	2.6	2	
8 McDonald, Alexandra	SO Western Wash	15.88	2.6	2	
9 Lotze, Katharine	SO Central Wash	16.11	2.6	2	
10 Dodd, Amber	FR Western Wash	16.34	3.9	1	
11 Cannon, Haylee	FR Green River	16.93	2.6	2	
12 Scholter, Hannah	SO St. Martin's	17.30	2.2	3	
13 Blanton, Christin	FR Pacific Luth	17.64	2.2	3	
14 Davis, Melanie	FR Central Wash	17.72	2.6	2	
15 Berg, Siri	JR Central Wash	17.89	2.2	3	
16 Hardy, Skyler	FR Skagit Valle	18.24	2.6	2	
17 Nelson, Andi	FR Puget Sound	18.26	2.2	3	
18 Jahnsen, Katheryn	SO Pacific Luth	18.35	2.2	3	
19 Moore, Jorgina	FR Pacific Luth	18.62	2.2	3	

Women 400 Meter Hurdles

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Stadium: # 1:02.05 4/24/2004 Carrie Larsen, PLU  
 Meet: \* 1:02.74 4/10/2004 Carrie Larsen, SPU  
 AUTO II: 59.80

AUTO III: 1:02.00  
 PROVO II: 1:03.00  
 PROVO III: 1:04.20  
 NWC: 1:16.78

Name	Year School	Finals	H#	Points
1 Frey, Sarah	Unattached	X1:04.18	1	
2 Pike, Jenifer	SR Seattle Paci	1:06.26	1	10
3 Dodd, Amber	FR Western Wash	1:07.61	1	8
4 Nobbs, Natalie	SR Seattle Paci	1:07.69	1	6
5 Lahman, Miranda	FR Western Wash	1:09.56	1	5
6 McDonald, Alexandra	SO Western Wash	1:09.66	1	4
7 Moore, Irene	SO Olympic Coll	1:09.80	2	3
8 Swenson, Whitney	FR Mt. Hood CC	1:11.38	2	2
9 Cannon, Haylee	FR Green River	1:11.47	1	1
10 Padrta, Chelsea	FR Central Wash	1:12.22	2	
11 Zodrow, Terra	FR Mt. Hood CC	1:12.28	2	
12 Hampton, Liz	SO Central Wash	1:12.81	2	
13 Prior, Dana	SO Pacific Luth	1:13.24	3	
14 Genther, Chelsea	FR Central Wash	1:13.72	1	
15 Johnson, Erica	JR Pacific Luth	1:14.31	2	
15 Hardy, Skyler	FR Skagit Valle	1:14.31	3	
17 Raisl, Emma	SO Puget Sound	1:15.90	2	
18 Moore, Jorgina	FR Pacific Luth	1:17.78	3	

Women 3000 Meter Steeplechase

Stadium: # 10:38.57 3/8/2008 Sarna Becker, Unattached  
 Meet: \* 10:59.99 4/5/2008 Brittany Hodgson, Puget Sound  
 AUTO II: 10:30.00  
 AUTO III: 10:43.10  
 PROVO II: 11:10.00  
 PROVO III: 11:10.00  
 NWC: 12:47.40

Name	Year School	Finals	Points
1 Keith, Carrie	SO Puget Sound	11:52.73	10
2 Gillespie, Cara	SO Puget Sound	12:21.61	8
3 Lawson, Danika	FR St. Martin's	12:23.00	6
4 Rowland, Alyssa	FR Pacific Luth	13:17.48	5

Women 4x100 Meter Relay



=====  
 Stadium: # 47.50 4/22/1995 Plu, PLU  
 Meet: \* 47.50 4/22/1995 , PLU  
 AUTO II: 45.81  
 AUTO III: 47.15  
 PROVO II: 47.40  
 PROVO III: 48.65

School Finals Points

=====  
 1 Central Washington 'A' 48.75 10  
 1) Ramos, Alexis FR 2) Takayoshi, Sarah SO  
 3) Pitassi, Seanna FR 4) Genther, Chelsea FR  
 2 Mt. Hood CC 'A' 49.93 8  
 1) Crumpler, Mariah FR 2) Kegler, Amy FR  
 3) Knudson, Laura FR 4) Drake, Erica FR  
 3 Pacific Lutheran 'A' 51.31 6  
 1) Blanton, Christin FR 2) Sehlke, Madison SO  
 3) Trask, Morgan SR 4) Jahnsen, Katheryn SO  
 4 Puget Sound 'A' 51.74 5  
 1) Belvin, Rebecca FR 2) Gilbertson, Meg FR  
 3) Burns, Alicia FR 4) Leiken, Andrea JR  
 5 St. Martin's 'A' 52.89 4  
 1) Medina, Adaligza FR 2) Sackeyfio, Julianna SO  
 3) Scholter, Hannah SO 4) Weiks, Kaila SO

Women 4x400 Meter Relay

=====  
 Stadium: # 3:51.61 4/22/1995 , PLU  
 Andrade,Keene,Saathoff,Metzger  
 Meet: \* 3:51.61 4/22/1995 , PLU  
 Andrade,Keene,Saathoff,Metzger

AUTO II: 3:41.80  
 AUTO III: 3:50.10  
 PROVO II: 3:50.00  
 PROVO III: 3:56.00

School Finals Points

=====  
 1 Central Washington 'A' 4:09.04 10  
 1) Parrott, Kaitlyn SO 2) Kartes, Taylor FR  
 3) Lotze, Katharine SO 4) Pitassi, Seanna FR  
 2 Puget Sound 'A' 4:12.15 8  
 1) Gilbertson, Meg FR 2) Walker, Hayley JR

3) Burns, Alicia FR	4) Leiken, Andrea JR		
3 Western Washington 'A'		4:20.19	6
1) Dodd, Amber FR	2) Schinnell, Annie FR		
3) Lahman, Miranda FR	4) Coffey, Sydney FR		
4 Pacific Lutheran 'A'		4:22.14	5
1) Trask, Morgan SR	2) Young, Allison FR		
3) Rose-Witt, Chiara SO	4) Blanton, Christin FR		
5 Mt. Hood CC 'A'		4:23.67	4
1) Knudson, Laura FR	2) Crumpler, Mariah FR		
3) Kegler, Amy FR	4) Swenson, Whitney FR		
6 Olympic College 'A'		4:27.71	3
1) Frank, Ashley FR	2) Feiring, Rachel FR		
3) Person, Taylor FR	4) Moore, Irene SO		
7 Central Washington 'B'		x4:29.13	
1) Genther, Chelsea FR	2) Padrta, Chelsea FR		
3) Hampton, Liz SO	4) Sincaugh, Ashlee FR		
8 Puget Sound 'C'		x4:36.20	
1) Nelson, Julie FR	2) Keith, Carrie SO		
3) Gillespie, Cara SO	4) Raisl, Emma SO		

#### Women High Jump

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Stadium: # 1.73m 4/22/1995 Corrina Wolf, SFU  
 Meet: \* 1.73m 4/20/1991 Lisa Grey, CNW  
 AUTO II: 1.75m  
 AUTO III: 1.71m  
 PROVO II: 1.68m  
 PROVO III: 1.65m  
 NWC: 1.42m

Name	Year School	Finals
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1 Worthen, Ali	SR Seattle Paci	1.64m	5-04.50
1.59 1.64			
O O			
2 Overdick, Amanda	SO Western Wash	1.59m	5-02.50
1.54 1.59 1.64			
O XO XXX			
3 Yoro, Taylor	FR St. Martin's	1.54m	5-00.50
1.44 1.49 1.54 1.59			
XO O O XXX			
4 Tri, Brittany	SR Seattle Paci	J1.54m	5-00.50
1.49 1.54 1.59			

	O XO XXX			
5	Rollins, Kailene	Evergreen State	1.49m	4-10.50
	1.44 1.49 1.54			
	XO O XXX			
6	Cannon, Haylee	FR Green River	J1.49m	4-10.50
	1.44 1.49 1.54			
	O XO XXX			
6	Ramsey, Tara	FR Western Wash	J1.49m	4-10.50
	1.44 1.49 1.54			
	O XO XXX			
8	Berg, Siri	JR Central Wash	J1.49m	4-10.50
	1.44 1.49 1.54			
	O XXO XXX			
8	Napiontek, Shelby	SO Central Wash	J1.49m	4-10.50
	1.44 1.49 1.54			
	O XXO XXX			
8	Glass, Michelle	FR Olympic Coll	J1.49m	4-10.50
	1.44 1.49 1.54			
	O XXO XXX			
8	Hanson, Kari	FR Puget Sound	J1.49m	4-10.50
	1.44 1.49 1.54			
	XO XXO XXX			
11	Coffey, Sydney	FR Western Wash	J1.44m	4-08.75
	1.44 1.49			
	O XXX			
11	Blanton, Christin	FR Pacific Luth	J1.44m	4-08.75
	1.44 1.49			
	XO XXX			
11	Rowe, Maggie	FR Puget Sound	J1.44m	4-08.75
	1.44 1.49			
	O XXX			
13	Collins, Erin	FR Green River	J1.44m	4-08.75
	1.44 1.49			
	XO XXX			
13	Warren, Arianna	SO Seattle Paci	J1.44m	4-08.75
	1.44 1.49			
	XO XXX			
--	Smith, Kelsey	SR Pacific Luth	NH	
	1.44			
	XXX			
--	Scholter, Hannah	SO St. Martin's	NH	
	1.44			

XXX

-- Swenson, Whitney

FR Mt. Hood CC

NH

1.44

XXX

Women Pole Vault

=====  
Stadium: # 4.04m 4/5/2008 Jennie Sewell, Club Northwest

Meet: \* 4.04m 4/5/2008 Jennie Sewell, Club Northwest

AUTO II: 3.95m

AUTO III: 3.86m

PROVO II: 3.60m

PROVO III: 3.55m

NWC: 2.43m

Name

Year School

Finals

=====  
1 Davis, Kati JR Central Wash 3.50m 11-05.75

3.35 3.50 3.69

XO XXO XXX

2 Peaslee, Melissa SR Seattle Paci 3.35m 10-11.75

3.35 3.50

O XXX

2 Schumacher, Terra JR Seattle Paci 3.35m 10-11.75

3.35 3.50

O XXX

4 Anderson, Karis SO Western Wash 3.05m 10-00.00

2.75 2.90 3.05 3.20

O XO XO XXX

4 Hull, Samantha JR St. Martin's 3.05m 10-00.00

2.75 2.90 3.05 3.20

O XO XO XXX

6 Swigart, Hannah SO Central Wash 2.90m 9-06.25

2.75 2.90 3.05

XO O XXX

7 Howe, Elizabeth FR Western Wash J2.90m 9-06.25

2.75 2.90 3.05

XXO O XXX

8 Puckett, Amy Jo FR Western Wash J2.90m 9-06.25

2.60 2.75 2.90 3.05

O O XXO XXX

9 Johnson, Jennifer JR St. Martin's J2.90m 9-06.25

2.60 2.75 2.90 3.05

	O	O	XXO	XXX			
10	Heck, Maya		JR Puget Sound		2.75m	9-00.25	
	2.60	2.75	2.90				
	O	XO	XXX				
11	DiMarco, Diana		SR Western Wash		J2.75m	9-00.25	
	2.75	2.90					
	XXO	XXX					
12	Tomasiewicz, Meaghan		SO Unattached		XJ2.75m	9-00.25	
	2.45	2.60	2.75	2.90			
	O	O	XXO	XXX			
13	Jones, Nicole		SO Pacific Luth		J2.75m	9-00.25	
	2.60	2.75	2.90				
	O	O	XXX				
14	Kern, Angela		FR Pacific Luth		2.45m	8-00.50	
	2.45	2.60					
	O	XXX					
--	Clark, Becca		FR Central Wash			NH	
	3.35						
	XXX						
--	Larsen, Jamie		SO Central Wash			NH	
	2.75						
	XXX						

Women Long Jump

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Stadium: # 5.84m 4/18/1992 Stephanie Libbyl, WU
Meet: * 5.84m 4/18/1992 Stephanie Libby, WU
AUTO II: 6.01m
AUTO III: 5.84m
PROVO II: 5.65m
PROVO III: 5.60m
NWC: 4.78m

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Name	Year	School	Finals	Wind
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1	Worthen, Ali	SR Seattle Paci	5.47m	-1.2	17-1
	FOUL(2.8) 5.25m(1.9) 5.37m(2.3) FOUL(0.8) 5.47m(-1.2) 5.21m(2.2)				
2	Sims, Crystal	SR Seattle Paci	5.40m	0.5	17-0
	FOUL(0.4) 4.33m(2.2) 5.40m(0.5) 5.14m(2.1) 4.89m(-0.3) 5.14m(2.8)				
3	Miranda, Trinna	JR Seattle Paci	5.34m	0.6	17-0
	FOUL(1.1) FOUL(3.0) 5.34m(0.6) FOUL(-1.7) 5.21m(-0.7) 5.12m(1.2)				
4	Bjornsson, Tanya	SO Western Wash	5.14m	3.0	16-1
	4.99m(1.4) 4.93m(3.0) 5.14m(1.5) 4.92m(0.7) 5.14m(3.0) 4.97m(3.3)				

5	Gross, Katy	JR Seattle Paci	5.08m	2.1	16-0
	4.91m(1.7) FOUL(-1.6) 5.08m(2.1) FOUL(3.0) 4.97m(0.7) FOUL(-0.8)				
6	Lotze, Katharine	SO Central Wash	5.03m	1.5	16-0
	4.84m(-1.6) FOUL(-0.8) 5.03m(1.5) PASS PASS PASS				
7	Zodrow, Terra	FR Mt. Hood CC	4.98m	0.2	16-0
	4.85m(1.9) 4.98m(0.2) 4.91m(3.5) 4.75m(2.6) FOUL(2.6) FOUL(1.8)				
8	Nobbs, Natalie	SR Seattle Paci	4.96m	0.5	16-0
	FOUL(0.9) 4.87m(0.5) FOUL(1.0) 4.39m(3.0) 4.96m(0.5) FOUL(2.7)				
9	Weiks, Kaila	SO St. Martin's	4.81m	2.3	15-0
	4.52m(0.8) 4.81m(2.3) 4.77m(-1.6)				
10	Sackeyfio, Julianna	SO St. Martin's	4.79m	-1.3	15-0
	4.63m(3.6) 4.79m(-1.3) 4.66m(0.5)				
11	Overdick, Amanda	SO Western Wash	4.70m	0.8	15-0
	4.48m(+0.0) 4.52m(0.3) 4.70m(0.8)				
12	Coffey, Sydney	FR Western Wash	4.64m	2.1	15-0
	4.64m(2.1) 4.58m(2.3) 4.49m(2.9)				
13	Reff, Callie	SO Western Wash	4.57m	0.4	15-0
	4.57m(0.4) FOUL(2.0) 4.47m(1.5)				
14	Keele, Madison	FR Pacific Luth	4.53m	-0.2	14-1
	4.32m(1.7) 4.47m(3.9) 4.53m(-0.2)				
15	Jahnsen, Katheryn	SO Pacific Luth	4.51m	3.5	14-0
	4.33m(1.9) 4.51m(3.5) 4.39m(1.9)				
15	Blanton, Christin	FR Pacific Luth	4.51m	1.5	14-0
	4.51m(1.5) 4.04m(0.7) 4.25m(1.5)				
17	Anthony, Stephanie	FR Mt. Hood CC	4.41m	+0.0	14-0
	4.41m(+0.0) 4.04m(-0.7) 4.37m(2.9)				
17	Tsukamaki, Brady	SR Pacific Luth	4.41m	2.3	14-0
	4.41m(2.3) 4.23m(3.8) FOUL(1.1)				
19	Scholter, Hannah	SO St. Martin's	4.32m	0.3	14-0
	FOUL(0.8) 4.32m(0.3) 3.99m(1.6)				
20	Boyd, Tiffany	FR Pacific Luth	4.26m	-0.9	13-1
	4.19m(0.9) 4.26m(-0.9) FOUL(2.6)				
21	Davis, Melanie	FR Central Wash	3.59m	1.1	11-0
	3.59m(1.1) 3.36m(0.5) 3.39m(-2.8)				
--	Yanney, Shandel	FR Western Wash	FOUL		
	FOUL(2.6) FOUL(2.1) FOUL(0.6)				

Women Triple Jump

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Stadium: # 11.89m 4/17/1999 Jane Wallace, WWU  
 Meet: \* 11.89m 4/17/1999 Jane Wallace, WWU  
 AUTO II: 12.41m

AUTO III: 12.00m  
 PROVO II: 11.65m  
 PROVO III: 11.36m  
 NWC: 9.60m

Name	Year	School	Finals	Wind
1 Miranda, Trinna	JR	Seattle Paci	10.85m	-0.3 35-0
			10.71m(1.4) 10.79m(-0.2) 10.85m(-0.3) 10.55m(+0.0)	PASS PASS
2 Sackeyfio, Julianna	SO	St. Martin's	10.44m	+0.0 34-0
			10.32m(-0.0) FOUL(+0.0) 10.32m(+0.0) 10.31m(1.4)	10.44m(+0.0) 10.26m(+
3 Reff, Callie	SO	Western Wash	10.09m	1.5 33-0
			FOUL(1.0) 9.59m(-0.0) FOUL(-0.4) 9.84m(1.7)	10.09m(1.5) 9.97m(+0.0)
4 Yanney, Shandel	FR	Western Wash	9.91m	+0.0 32-0
			9.91m(+0.0) 9.68m(+0.0) 9.66m(0.5) 9.39m(0.4)	9.77m(0.5) 9.74m(0.2)
5 Stillman, Sarah	FR	Puget Sound	9.75m	0.4 32-0
			9.28m(-0.9) 9.65m(1.2) 9.36m(-0.4) 9.71m(0.8)	9.63m(+0.0) 9.75m(0.4)
6 Sehlke, Madison	SO	Pacific Luth	9.65m	-0.6 31-0
			9.65m(-0.6) 9.02m(1.5) 9.17m(0.2) 9.32m(+0.0)	8.93m(1.4) PASS
7 Boyd, Tiffany	FR	Pacific Luth	9.58m	+0.0 31-0
			9.42m(0.7) 9.58m(+0.0) 8.87m(0.6) FOUL(0.1)	PASS PASS
8 Cannon, Leslie	FR	Green River	9.55m	0.9 31-0
			9.30m(0.5) 9.20m(-0.1) 9.18m(0.3) 8.88m(+0.0)	9.10m(0.9) 9.55m(0.9)
9 Tsukamaki, Brady	SR	Pacific Luth	9.24m	0.4 30-0
			FOUL(1.9) 9.24m(0.4) 9.03m(0.1)	
10 Keele, Madison	FR	Pacific Luth	8.95m	0.5 29-0
			FOUL(1.9) 8.95m(0.5) 8.91m(0.8)	
-- Jones, Nicole	SO	Pacific Luth	FOUL	
			FOUL(0.7) PASS	PASS

Women Shot Put

Stadium: # 48-06.50 3/21/1981 J. Luebke, WVCC  
 Meet: \* 14.76m 4/4/2009 Krissy Tandle, CWU  
 AUTO II: 14.74m  
 AUTO III: 13.83m  
 PROVO II: 13.40m  
 PROVO III: 12.80m  
 NWC: 9.43m

Name	Year	School	Finals
1 Self, Torrie	SR	Central Wash	13.19m 43-03.25
			12.78m FOUL 12.46m 13.19m FOUL FOUL

2	Stueckle, Jordan	SR Central Wash	12.15m	39-10.50
	11.67m 12.15m 12.01m	FOUL FOUL 11.67m		
3	Potter, Samantha	FR Pacific Luth	11.73m	38-06.00
	10.83m 11.73m 10.82m	FOUL 11.25m 11.18m		
4	Martinez, Annie	FR Central Wash	11.45m	37-06.75
	10.52m 10.88m 11.31m	10.54m 10.64m 11.45m		
5	Baumstark, Kaylee	SO Central Wash	11.33m	37-02.25
	10.83m 10.68m 10.53m	11.33m 10.73m FOUL		
6	Richards, Bethany	FR Seattle U.	11.08m	36-04.25
	11.08m 10.74m 9.31m	10.81m FOUL FOUL		
7	Thatcher, Elizabeth	FR St. Martin's	10.86m	35-07.75
	10.42m 10.71m 10.70m	FOUL 10.86m 10.60m		
8	Mathew, Eme	JR Seattle U.	10.27m	33-08.50
	10.12m 10.27m FOUL	9.47m 9.87m 9.79m		
9	Smith, Katelyn	FR Pacific Luth	10.11m	33-02.00
	9.63m 9.91m 10.11m			
10	Blakely, Sara	FR Seattle U.	10.00m	32-09.75
	10.00m FOUL 9.83m			
11	Roe, Maggie	FR Western Wash	9.98m	32-09.00
	9.91m 9.98m 9.68m			
12	DeMartini, Sara	SR Seattle U.	9.64m	31-07.50
	FOUL 9.58m 9.64m			
13	Davis, Melanie	FR Central Wash	9.44m	30-11.75
	9.44m 8.95m 8.72m			
14	Berg, Siri	JR Central Wash	9.03m	29-07.50
	8.10m 7.93m 9.03m			
15	Ryneski, Kelsey	FR Pacific Luth	8.68m	28-05.75
	8.68m 8.25m 8.50m			
16	Martinez-Brown, Vanessa	Unattached	X8.54m	28-00.25
	7.70m 7.84m 8.54m			

Women Discus Throw

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Stadium: # 47.48m 5/2/1981 Marcia Mechlenberg, Unattached  
 Meet: \* 47.48m 5/2/1981 Marcia Mechlenberg, Unattached  
 AUTO II: 48.18m  
 AUTO III: 45.65m  
 PROVO II: 43.00m  
 PROVO III: 41.50m  
 NWC: 27.25m

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Name	Year	School	Finals
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1	Thatcher, Elizabeth	FR St. Martin's	40.06m	131-05
	35.97m 36.51m FOUL 36.90m 37.31m 40.06m			
2	Potter, Samantha	FR Pacific Luth	37.60m	123-04
	37.60m FOUL 32.48m 36.11m 36.35m 36.84m			
3	Self, Torrie	SR Central Wash	37.22m	122-01
	36.37m 36.92m 37.22m 36.39m FOUL FOUL			
4	Baumstark, Kaylee	SO Central Wash	35.05m	115-00
	33.67m 33.19m FOUL 32.14m 32.71m 35.05m			
5	Smith, Katelyn	FR Pacific Luth	33.96m	111-05
	33.96m FOUL 25.76m FOUL FOUL FOUL			
6	Richards, Bethany	FR Seattle U.	30.61m	100-05
	29.44m 30.61m 27.31m FOUL FOUL FOUL			
7	Blakely, Sara	FR Seattle U.	30.27m	99-04
	30.27m 26.34m 26.06m 27.14m 27.30m 26.36m			
8	Guillen, Keidy	FR Skagit Valle	29.91m	98-01
	29.91m FOUL 29.58m PASS PASS PASS			
9	Mathew, Eme	JR Seattle U.	29.31m	96-02
	28.63m 29.31m FOUL			
10	Stueckle, Jordan	SR Central Wash	28.52m	93-07
	FOUL 28.52m FOUL			
11	Roe, Maggie	FR Western Wash	27.52m	90-03
	FOUL FOUL 27.52m			
12	Korn, Jacque	FR Central Wash	26.91m	88-03
	26.32m 23.25m 26.91m			
13	Ryneski, Kelsey	FR Pacific Luth	21.34m	70-00
	20.61m 21.34m FOUL			
14	Buzzard, Erin	FR Pacific Luth	21.03m	69-00
	21.03m FOUL FOUL			

Women Hammer Throw

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 Stadium: # 49.21m 3/23/2007 Megan Wochnick, PLU

Meet: \* 54.46m 4/3/2009 Taylor Hacker, PLU

AUTO II: 55.65m

AUTO III: 53.00m

PROVO II: 49.50m

PROVO III: 47.70m

NWC: 31.02m

Name Year School Finals

1	Self, Torrie	SR Central Wash	55.58m*	182-04
	FOUL 55.58m FOUL 51.86m 48.90m 52.98m			

2	Wells, Lindsay	FR Western Wash	45.45m	149-01
	44.35m 45.45m 42.74m 43.60m 43.38m 43.40m			
3	Baumstark, Kaylee	SO Central Wash	41.82m	137-02
	FOUL 40.43m 41.82m FOUL 33.90m FOUL			
4	Klee, Maggie	JR Puget Sound	38.67m	126-10
	37.10m 35.94m 33.91m FOUL 38.67m 36.67m			
5	Stueckle, Jordan	SR Central Wash	37.76m	123-11
	37.46m FOUL FOUL FOUL 37.76m FOUL			
6	Potter, Samantha	FR Pacific Luth	35.62m	116-10
	35.28m 35.62m 35.58m 32.76m 31.14m 33.83m			
7	Ross, Adrienne	FR Pacific Luth	33.95m	111-05
	32.26m FOUL 33.95m FOUL FOUL 30.17m			
8	Mull, Ayla	SO Pacific Luth	32.82m	107-08
	32.82m 31.11m FOUL 30.52m 29.66m FOUL			
9	Clarke, Brianna	SO Seattle Paci	32.58m	106-11
	FOUL 32.58m FOUL			
10	Buzzard, Erin	FR Pacific Luth	31.09m	102-00
	29.28m 31.09m 29.25m			
11	Blakely, Sara	FR Seattle U.	30.67m	100-07
	27.40m 30.67m FOUL			
12	Ryneski, Kelsey	FR Pacific Luth	29.84m	97-11
	FOUL 29.84m 28.70m			
13	Korn, Jacque	FR Central Wash	27.99m	91-10
	FOUL 27.99m FOUL			
14	Gilbert, Christina	SO Puget Sound	27.86m	91-05
	27.86m FOUL 27.60m			
15	Attwood, Candace	SR Pacific Luth	23.60m	77-05
	23.60m FOUL 22.05m			
--	Richards, Bethany	FR Seattle U.	FOUL	
	FOUL FOUL FOUL			

Women Javelin Throw

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Stadium: # 50.69m 4/23/1988 Patricia Perry, Puget Sound  
 Meet: \* 50.68m 4/23/1988 Patricia Perry, Puget Sound  
 AUTO II: 45.66m  
 AUTO III: 44.40m  
 PROVO II: 40.00m  
 PROVO III: 39.25m  
 NWC: 31.05m

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Name	Year	School	Finals
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1	Gruszecki, Monika	SR Western Wash	45.87m	150-06
	41.25m FOUL 40.11m 45.87m FOUL 42.13m			
2	Aanstad, Brittany	JR Seattle Paci	43.26m	141-11
	FOUL 43.09m 43.26m FOUL FOUL 38.53m			
3	Andrews, Carly	SR Seattle Paci	42.06m	138-00
	42.06m FOUL FOUL 39.43m 39.52m FOUL			
4	Hull, Samantha	JR St. Martin's	39.60m	129-11
	39.60m FOUL 35.39m 33.73m 32.50m 34.81m			
5	Mull, Ayla	SO Pacific Luth	38.93m	127-09
	37.60m 38.83m 38.93m FOUL FOUL FOUL			
6	Pike, Jenifer	SR Seattle Paci	36.76m	120-07
	36.76m FOUL FOUL 30.72m FOUL FOUL			
7	McFarland, Stephanie	FR Pacific Luth	36.22m	118-10
	35.81m 32.93m 34.39m 33.98m 36.22m 31.18m			
8	Tri, Brittany	SR Seattle Paci	36.10m	118-05
	36.10m 33.86m FOUL 33.34m 34.46m 33.31m			
9	Korn, Jacque	FR Central Wash	33.60m	110-03
	33.60m 31.50m FOUL			
10	Smith, Katelyn	FR Pacific Luth	31.30m	102-08
	FOUL FOUL 31.30m			
11	Jahnsen, Katheryn	SO Pacific Luth	31.04m	101-10
	31.04m 29.23m 29.79m			
12	Baumstark, Kaylee	SO Central Wash	30.52m	100-01
	27.84m 29.29m 30.52m			
13	Kelp, Yvette	Unattached	X30.27m	99-04
	30.27m 29.56m 29.96m			
14	Scholter, Hannah	SO St. Martin's	29.77m	97-08
	28.78m 29.12m 29.77m			
15	Vermulm, Danae	FR Seattle Paci	29.29m	96-01
	28.83m 29.29m 28.80m			
16	Howley, Kirstin	FR Puget Sound	29.24m	95-11
	28.57m 29.09m 29.24m			
17	Holton, Brooklyn	SO Western Wash	29.16m	95-08
	25.27m 29.16m FOUL			
18	Sims, Crystal	SR Seattle Paci	28.68m	94-01
	27.89m 23.15m 28.68m			
19	Monahan, Clare	SR Seattle U.	28.20m	92-06
	25.94m 28.20m 27.14m			
20	Davis, Melanie	FR Central Wash	22.90m	75-01
	22.90m FOUL FOUL			

Men 100 Meter Dash

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Stadium: # 10.65  4/18/1998  Ricardo Colon, Clackamas CC
Meet: * 10.65  4/18/1998  Ricardo Colon, Clackamas CC
AUTO II:  10.38
AUTO III:  10.55
PROVO II:  10.60
PROVO III: 10.80
NWC:  11.50

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Name	Year	School	Finals	Wind	H#	Po
1 Pangilinan, Mark	FR	Western Wash	10.95	4.4	1	
1 Tilley, Alex	JR	Western Wash	10.95	4.4	1	
3 Reeves, I.V.	SO	Pacific Luth	10.97	4.4	1	
4 Morrison, Scott	SO	Central Wash	10.99	4.4	1	
5 Bennett, Phillip	JR	Unattached	X11.06	3.8	2	
6 Bratten, Dustin	FR	Seattle Paci	11.14	4.4	1	
7 Oliveri, Justin	FR	Mt. Hood CC	11.25	3.8	2	
8 Mulick, Nick	SO	Mt. Hood CC	11.27	3.8	2	
9 Bras, Orion	JR	Pacific Luth	11.43	3.4	3	
10 Lee, Erik	FR	Central Wash	11.47	3.4	3	
11 Diesing, Lukas	FR	Puget Sound	11.48	2.4	4	
12 Seel, Matt	SO	Central Wash	11.53	3.8	2	
13 Johnson, Kevin		Unat-Smu	X11.56	3.4	3	
14 Huff, Isaiah	FR	Mt. Hood CC	11.59	3.4	3	
15 Cho, James	JR	Central Wash	11.61	4.4	1	
16 Jackson, Nate	SR	Pacific Luth	11.68	2.4	4	
17 E, Fonz		Unattached	X11.72	3.8	2	
18 Roddewig, Brandon	SO	Central Wash	11.87	2.4	4	
19 Karnofski, Kyle	SO	St. Martin's	11.91	4.6	5	
20 Okazaki, Cory	FR	Western Wash	11.94	3.8	2	
21 Webster, Treyvon	FR	Green River	11.95	3.4	3	
22 Park, Kuponon	FR	Puget Sound	12.12	2.4	4	
22 Feiring, Jacob	FR	Olympic Coll	12.12	4.6	5	
24 Larsen, Maclane	FR	Unattached	X12.14	2.4	4	
25 Wiedmer, Casey	FR	St. Martin's	12.21	2.4	4	
26 Venema, Andrew	SO	Central Wash	12.23	2.4	4	
27 Adamson, Jordan	SO	Pacific Luth	12.26	4.6	5	
27 Harvey-Tamplin, Kameron	FR	Olympic Coll	12.26	3.4	3	
29 Cange, Frank		Green River	12.52	4.6	5	
30 Meneses, Alee	FR	Green River	12.56	2.4	4	
31 Poole, Shawn	SO	Puget Sound	12.57	4.6	5	
-- Hogan, Anthony	SO	Central Wash	DNF	4.4	1	

Men 200 Meter Dash

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Stadium: # 21.5h 5/1/1982 Erick Krauss, University of Pacific
Meet: * 21.5h 5/1/1982 Erick Krauss, University of Pacific
AUTO II: 20.88
AUTO III: 21.26
PROVO II: 21.45
PROVO III: 21.78
NWC: 23.36

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Name	Year	School	Finals	Wind	H#	Po
1 Zeller, Chris	SO	Mt. Hood CC	22.18	3.7	1	1
2 Bennett, Phillip	JR	Unattached	X22.38	3.7	1	
3 Reeves, I.V.	SO	Pacific Luth	22.60	3.7	1	
4 Pangilinan, Mark	FR	Western Wash	22.76	3.7	1	
5 Mulick, Nick	SO	Mt. Hood CC	22.79	3.7	1	
6 Johnson, Logan	SO	Skagit Valle	22.83	3.7	1	
7 Tilley, Alex	JR	Western Wash	23.00	3.7	1	
8 Moog, Isaac	JR	Pacific Luth	23.06	6.4	2	
9 Bratten, Dustin	FR	Seattle Paci	23.10	3.7	1	
10 Oliveri, Justin	FR	Mt. Hood CC	23.14	6.4	2	
11 Grounds, Micah	SR	Seattle Paci	23.40	6.4	2	
12 Grossaint, Cameron	SO	St. Martin's	23.50	6.5	3	
13 Diesing, Lukas	FR	Puget Sound	23.52	6.4	2	
14 Fisher, David	SO	Pacific Luth	23.61	6.5	3	
15 Huff, Isaiah	FR	Mt. Hood CC	23.63	6.4	2	
16 Gorle, Blake	FR	Pacific Luth	24.00	6.5	3	
17 Webster, Treyvon	FR	Green River	24.06	6.5	3	
18 Dodge, Travis	JR	St. Martin's	24.24	6.4	2	
19 Johnson, Kevin		Unat-Smu	X24.32	6.5	3	
20 Hamman, John	FR	St. Martin's	24.37	6.5	3	
21 Ellington, Robert	FR	Pacific Luth	24.42	6.5	3	
22 Karnofski, Kyle	SO	St. Martin's	24.58	3.5	4	
23 Park, Kupono	FR	Puget Sound	24.89	3.5	4	
24 Meneses, Alee	FR	Green River	25.53	6.5	3	
25 Vanderloop, Boden	FR	Olympic Coll	25.59	3.5	4	
-- Lee, Erik	FR	Central Wash	DNF	6.4	2	

Men 400 Meter Dash

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Stadium: # 46.87 4/17/1999 Derek Prior, Unattached

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Meet: \* 46.87 4/17/1999 Derek Prior, Unattached  
 AUTO II: 46.42  
 AUTO III: 47.61  
 PROVO II: 48.00  
 PROVO III: 48.50  
 NWC: 51.84

Name	Year School	Finals	H#	Points
1 Zeller, Chris	SO Mt. Hood CC	49.49	1	10
2 Johnson, Logan	SO Skagit Valle	50.11	1	8
3 Moog, Isaac	JR Pacific Luth	50.21	1	6
4 Alexander, Colin	SO Central Wash	50.67	1	5
5 Fisher, David	SO Pacific Luth	50.96	1	4
6 David, Toby	SR Western Wash	51.31	1	3
7 Crock, Andrew	FR Olympic Coll	52.11	3	2
8 Grossaint, Cameron	SO St. Martin's	52.64	2	1
9 Schick, Karsten	FR Western Wash	53.12	1	
10 DeMoss, Devon	FR St. Martin's	53.40	2	
11 Grounds, Micah	SR Seattle Paci	53.79	2	
12 Gorle, Blake	FR Pacific Luth	53.96	1	
13 Dodge, Travis	JR St. Martin's	54.25	2	
14 Thomas, Travis	SO Olympic Coll	54.79	3	
15 Ellington, Robert	FR Pacific Luth	54.81	3	
16 Harvey-Tamplin, Kameron	FR Olympic Coll	55.19	3	
17 McIntosh, Greg	FR Skagit Valle	55.50	3	
18 Perez, Joseph	FR Pacific Luth	56.32	2	
19 Hamman, John	FR St. Martin's	57.37	3	
20 Vanderloop, Boden	FR Olympic Coll	57.57	3	

Men 800 Meter Run

Stadium: # 1:50.6h 4/20/1991 Ted Hamlin, SPU  
 Meet: \* 1:50.6h 4/20/1991 Ted Hamlin, SPU  
 AUTO II: 1:49.90  
 AUTO III: 1:51.10  
 PROVO II: 1:52.55  
 PROVO III: 1:52.70  
 NWC: 2:00.06

Name	Year School	Finals	Points
1 Hughes, Taylor	FR Green River	1:58.41	10
2 Power, Nathan	FR Central Wash	1:58.56	8

3	Patti, Joseph	SO St. Martin's	1:59.41	6
4	Morrison, Scott	SO Central Wash	2:01.45	4.50
4	Crock, Andrew	FR Olympic Coll	2:01.45	4.50
6	Soto, Bryan	FR Puget Sound	2:01.68	3
7	Swanson, Jon	SO Central Wash	2:02.41	2
8	Lyons, Sam	FR Western Wash	2:02.59	1
9	Abraham, Nick	JR Western Wash	2:02.99	
10	Tyree, Sean	FR Puget Sound	2:03.28	
11	Delicino, Jeremy	FR Olympic Coll	2:03.37	
12	Jackson, Chip	SO Western Wash	2:03.63	
13	Fremd, Kyle	SO Central Wash	2:03.82	
14	Smith, Kyle	FR Pacific Luth	2:04.03	
14	Meikle, Ethan	FR Central Wash	2:04.03	
16	Reiter, Joshua	FR Western Wash	2:04.80	
17	Marshall, Brian	FR Puget Sound	2:05.43	
18	Sleight, Nathanael	JR Seattle Paci	2:05.52	
19	Prettyman, Troy	FR Mt. Hood CC	2:06.33	
20	Clarke, Jared	Evergreen State	2:06.34	
21	Eidsmoe, Tyler	JR Central Wash	2:07.11	
22	Peters, Travis	SO Western Wash	2:07.28	
23	Lofgran, Sky	FR Unattached	X2:08.72	
24	Schruhl, Brenden	FR Olympic Coll	2:09.63	
25	Slaughter, Derek	SO Western Wash	2:09.97	
26	Garrett, Brad	SO Western Wash	2:10.22	
27	Firman, Jeremiah	SO Puget Sound	2:10.24	
28	Sosa III, Frank	SO Unattached	X2:10.93	
29	Roberson, Jesse	JR Western Wash	2:13.07	
30	Hendricks, Alexander	FR St. Martin's	2:19.02	
--	Noble, Charles	SO Puget Sound	DNF	

Men 1500 Meter Run

=====  
 Stadium: # 3:52.1h 4/23/1988 Todd Beamy, HCC  
 Meet: \* 3:52.1h 4/23/1988 Todd Beamy, Highline CC  
 AUTO II: 3:45.50  
 AUTO III: 3:49.80  
 PROVO II: 3:52.50  
 PROVO III: 3:53.00  
 NWC: 4:07.32

Name	Year	School	Finals	Points
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1	Abraham, Nick	JR Western Wash	4:01.29	10
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2	Hopper, Dylan	FR Western Wash	4:02.49	8
3	Bradford, Evan	FR Seattle Paci	4:03.85	6
4	Seeley, Nathan	SO Seattle Paci	4:05.82	5
5	Jackson, Chip	SO Western Wash	4:05.97	4
6	Wahlenmaier, Jacob	SR Seattle Paci	4:09.72	3
7	Reiter, Joshua	FR Western Wash	4:10.09	2
8	Sleight, Nathanael	JR Seattle Paci	4:10.95	1
9	Eidsmoe, Ryan	JR Central Wash	4:11.00	
10	Phillips, John	SR Pacific Luth	4:13.64	
11	Delicino, Jeremy	FR Olympic Coll	4:15.80	
12	Armstrong, Graham	SO Western Wash	4:16.11	
13	Garrett, Brad	SO Western Wash	4:16.76	
14	Eidsmoe, Tyler	JR Central Wash	4:19.50	
15	Fullen, Jacob	SO Green River	4:20.51	
16	Lofgran, Sky	FR Unattached	X4:20.57	
17	Newell, Chris	FR Mt. Hood CC	4:20.59	
18	Slaughter, Derek	SO Western Wash	4:21.75	
19	Howe, Nick	FR Western Wash	4:24.29	
20	Prettyman, Troy	FR Mt. Hood CC	4:24.47	
21	Schruhl, Brenden	FR Olympic Coll	4:25.14	
22	Coulson, Donnie	FR Mt. Hood CC	4:29.50	
23	Roberson, Jesse	JR Western Wash	4:34.65	
24	Lauth, Chris	JR Puget Sound	4:36.65	
25	Beal, Matt	Unattached	X4:44.16	
26	Cendrajaya, Fandy	FR Green River	4:49.73	
--	Suazo, Jacob	JR St. Martin's	DNF	

Men 5000 Meter Run

=====

Stadium: # 14:11.8h 5/18/1974 Jim Johnson, CNW  
 Meet: \* 14:34.45 4/10/2004 Eric Tolefson, Unattached  
 AUTO II: 14:00.00  
 AUTO III: 14:25.00  
 PROVO II: 14:35.00  
 PROVO III: 14:45.00  
 NWC: 15:51.09

Name	Year	School	Finals	Points
1	Peterson, Dylan	FR Western Wash	15:36.72	10
2	Boyd, Tanner	SO Western Wash	15:46.69	8
3	Bear Don't Walk, Oliver	Harrier TC	X15:50.29	
4	Klein, Matt	SO Puget Sound	15:54.80	6



5	Harrison, Will	SO Seattle Paci	15:55.87	5
6	Schmidt, Otto	FR Western Wash	16:09.65	4
7	Johnson, Kyle	JR Western Wash	16:10.20	3
8	DenAdel, Alan	FR Pacific Luth	16:14.13	2
9	Berger, Joe	FR Green River	16:29.42	1
10	Minor, Nathan	FR Central Wash	16:31.63	
11	Robinson, Trevor	FR Western Wash	16:47.46	
12	Newell, Chris	FR Mt. Hood CC	16:53.53	
13	Swanson, Jon	SO Central Wash	16:58.84	
14	Bauer, Scott	SO St. Martin's	16:59.45	
15	Nodine, Matt	FR Central Wash	17:08.93	
16	Coulson, Donnie	FR Mt. Hood CC	17:09.74	
17	Hughes, Wes	SO Mt. Hood CC	17:18.04	
18	Pawloski, Ryan	FR Green River	17:19.38	
19	Phipps, Jacob	FR Skagit Valle	17:21.88	
20	Edell, Matt	FR Seattle Paci	17:29.09	
21	Luce, Tyler	Evergreen State	18:38.17	

Men 110 Meter Hurdles

=====  
 Stadium: # 14.1h 6/3/1967 Bill Roe, UW  
 Meet: \* 14.4h 4/20/1991 Keith Baker, CWU  
 AUTO II: 14.09  
 AUTO III: 14.41  
 PROVO II: 14.65  
 PROVO III: 14.90  
 NWC: 17.60

Name	Year	School	Finals	Wind	H#	Po
1	Okazaki, Cory	FR Western Wash	15.45	3.6	1	1
2	Harris, Darnell	SO Central Wash	15.48	3.6	1	
3	Venema, Andrew	SO Central Wash	15.62	3.6	1	
4	Young, Zach	SO Mt. Hood CC	15.69	3.6	1	
5	Johnson, Nate	SO Seattle Paci	15.89	3.7	2	
6	Tolman, Jeffrey	SO Pacific Luth	15.90	3.7	2	
7	Schick, Karsten	FR Western Wash	16.37	3.6	1	
8	Abdelnoor, Connor	SO Evergreen State	16.48	3.7	2	
9	Wilcher, Jacob	FR Green River	16.61	3.6	1	
10	Caryl, Jason	SO Central Wash	17.16	3.7	2	
11	Cerne, Joe	FR Puget Sound	17.17	3.7	2	
12	Howelton, Brian	SO Mt. Hood CC	17.39	3.6	1	
13	Stralser, Michael	FR Western Wash	17.58	3.7	2	

14	Hunter, Scott	SO Central Wash	17.71	3.2	3
15	Forest, Zephyr	FR Evergreen State	17.78	3.2	3
16	McDonald, Myles	SO Puget Sound	18.04	3.2	3
17	Larsen, Maclane	FR Unattached	X18.26	3.2	3
18	Gordon, Dylan	SO Western Wash	18.38	3.7	2

Men 400 Meter Hurdles

=====

Stadium: # 53.11 4/20/1991 Goreal Hudson, CWU  
 Meet: \* 53.11 4/16/1994 Goreal Hudson, CSU  
 AUTO II: 51.74  
 AUTO III: 52.65  
 PROVO II: 53.90  
 PROVO III: 54.30  
 NWC: 1:01.89

Name	Year	School	Finals	H#	Points
1	Endresen, Ryan	SO Seattle Paci	54.92	1	10
2	Morales, Gabriel	SR Western Wash	56.69	1	8
3	Villanueva, Phillip	SR Western Wash	56.73	1	6
4	Grudzinski, Levi	SO Western Wash	58.42	1	5
5	Abdelnoor, Connor	SO Evergreen State	59.24	2	4
6	Sample, Emerson	SO Puget Sound	59.28	2	3
7	Alexander, Colin	SO Central Wash	59.30	1	2
8	Hanke, Robert	FR Mt. Hood CC	59.70	1	1
9	Howelton, Brian	SO Mt. Hood CC	1:00.02	1	
10	Wiedmer, Casey	FR St. Martin's	1:00.12	2	
11	Heflin, Matt	SO Puget Sound	1:00.68	3	
12	Forest, Zephyr	FR Evergreen State	1:01.10	3	
13	Cerne, Joe	FR Puget Sound	1:01.52	3	
14	Larsen, Maclane	FR Unattached	X1:01.73	3	
15	McGraw, Ronelle	FR Mt. Hood CC	1:03.17	2	
16	Holland, Michael	FR St. Martin's	1:03.58	3	
17	Karle, Nathan	SO Pacific Luth	1:10.91	3	

Men 3000 Meter Steeplechase

=====

Stadium: # 9:01.0h 4/18/1998 Eric Tollefson, Unattached  
 Meet: \* 9:01.0h 4/18/1998 Eric Tollefson, Unattached  
 AUTO II: 8:56.00  
 AUTO III: 9:07.00  
 PROVO II: 9:20.00

PROVO III: 9:24.00

NWC: 10:58.78

Name	Year	School	Finals	Points
1 Brill, Eric	JR	Western Wash	9:50.12	10
2 Hughes, Wes	SO	Mt. Hood CC	10:22.85	8
3 Charvoz, Anthony	SO	Puget Sound	10:52.58	6
4 Sokolsky, Lucas	FR	Puget Sound	11:11.78	5
5 Sosa III, Frank	SO	Unattached	X11:17.19	

Men 4x100 Meter Relay

Stadium: # 41.40 4/17/1993 , Western Oregon State  
Meet: \* 41.40 4/17/1993 , Western Oregon College  
AUTO II: 40.19  
AUTO III: 41.00  
PROVO II: 41.35  
PROVO III: 41.95

School	Finals	Points
1 Central Washington 'A'	44.38	10
1) Lee, Erik FR	2) Morrison, Scott SO	
3) Cho, James JR	4) Seel, Matt SO	
2 Puget Sound 'A'	45.00	8
1) McDonald, Myles SO	2) Haas, Michael SO	
3) Park, Kupono FR	4) Diesing, Lukas FR	
3 Green River CC 'A'	45.39	6
1) Webster, Treyvon FR	2) Gilje, Cody FR	
3) Bateman, Kevin FR	4) Cange, Frank	
4 St. Martin's 'A'	46.00	5
1) Dodge, Travis JR	2) Hamman, John FR	
3) Holland, Michael FR	4) Grossaint, Cameron SO	

Men 4x400 Meter Relay

Stadium: # 3:16.67 4/18/1992 , Central Washington Unive  
Meet: \* 3:16.67 4/18/1992 , Central Washington Unive  
AUTO II: 3:09.10  
AUTO III: 3:13.00  
PROVO II: 3:15.00  
PROVO III: 3:16.40

School Finals H# Points

1	Central Washington 'A'	3:26.43	1	10
	1) Fremd, Kyle SO		2) Power, Nathan FR	
	3) Alexander, Colin SO		4) Morrison, Scott SO	
2	Pacific Lutheran 'A'	3:27.01	1	8
	1) Fisher, David SO		2) Bras, Orion JR	
	3) Gorle, Blake FR		4) Moog, Isaac JR	
3	Mt. Hood CC 'A'	3:30.64	1	6
	1) Young, Zach SO		2) Mulick, Nick SO	
	3) Hanke, Robert FR		4) Prettyman, Troy FR	
4	Western Washington 'A'	3:32.49	1	5
	1) Villanueva, Phillip SR		2) Hopper, Dylan FR	
	3) Peters, Travis SO		4) Morales, Gabriel SR	
5	Puget Sound 'A'	3:34.29	1	4
	1) Marshall, Brian FR		2) Sample, Emerson SO	
	3) Soto, Bryan FR		4) Tyree, Sean FR	
6	Olympic College 'A'	3:38.04	2	3
	1) Crock, Andrew FR		2) Delicino, Jeremy FR	
	3) Harvey-Tamplin, Kameron FR		4) Schruhl, Brenden FR	
7	Green River CC 'A'	3:38.10	2	2
	1) Hughes, Taylor FR		2) Bateman, Kevin FR	
	3) Fullen, Jacob SO		4) Webster, Treyvon FR	
8	Central Washington 'B'	x3:38.77	1	
	1) Hunter, Scott SO		2) Roddewig, Brandon SO	
	3) Venema, Andrew SO		4) Eidsmoe, Ryan JR	
9	Puget Sound 'B'	x3:40.92	2	
	1) Clarke, Daniel JR		2) Cerne, Joe FR	
	3) McDonald, Myles SO		4) Heflin, Matt SO	
10	Pacific Lutheran 'B'	x3:43.94	2	
	1) Ellington, Robert FR		2) Phillips, John SR	
	3) Perez, Joseph FR		4) Smith, Kyle FR	
11	Western Washington 'B'	x3:48.40	1	
	1) Reiter, Joshua FR		2) Roberson, Jesse JR	
	3) Schick, Karsten FR		4) Howe, Nick FR	
12	Central Washington 'C'	3:52:00.01	2	
	1) Steinke, Thomas SO		2)	
	3) Lee, Erik FR		4) Harris, Darnell SO	

Men High Jump

Stadium: # 2.10m 4/10/2004 Jeff Skiba, Unattached  
 Meet: \* 2.10m 4/10/2004 Jeff Skiba, Linfield

AUTO II: 2.17m  
 AUTO III: 2.11m  
 PROVO II: 2.05m  
 PROVO III: 2.03m  
 NWC: 1.78m

Name	Year	School	Finals
1 Boyes, Brennan		Unattached	X1.94m 6-04.25
1.86 1.91 1.94 2.04			
O O O XXX			
2 Bateman, Kevin	FR	Green River	1.86m 6-01.25
1.81 1.86 1.91			
O XO XXX			
3 Meikle, Ethan	FR	Central Wash	J1.86m 6-01.25
1.81 1.86 1.91			
XO XXO XXX			
4 Meyers, Lewis	SO	Central Wash	1.81m 5-11.25
1.81 1.86			
O XXX			
4 Berendsen, Daniel	FR	Puget Sound	1.81m 5-11.25
1.81 1.86			
O XXX			
6 Brown, Ryan	SR	Western Wash	J1.81m 5-11.25
1.81 1.86			
XO XXX			
7 Caryl, Jason	SO	Central Wash	J1.81m 5-11.25
1.81 1.86			
XXO XXX			
-- Cerne, Joe	FR	Puget Sound	NH
1.81			
XXX			
-- Karnofski, Kyle	SO	St. Martin's	NH
1.81			
XXX			
-- Steinke, Thomas	SO	Central Wash	NH
1.81			
XXX			
-- Cruz, Ben	FR	Pacific Luth	NH
1.81			
XXX			
-- Sheriff, Tommy	JR	Central Wash	NH
1.81			

XXX  
 -- Olsen, Joshua                      FR Pacific Luth                      NH  
     1.81  
 XXX  
 -- Mungai, Joseph                      FR Pacific Luth                      NH  
     1.81  
 XXX  
 -- Astel, Taylor                      SO Pacific Luth                      NH  
     1.81  
 XXX

Men Pole Vault

=====  
 Stadium: # 5.03m 4/18/1992 Curt Heywood, Linfield  
 Meet: \* 5.03m 4/18/1992 Curt Heywood, Linfield  
 AUTO II: 5.13m  
 AUTO III: 5.07m  
 PROVO II: 4.85m  
 PROVO III: 4.75m  
 NWC: 3.93m

Name	Year	School	Finals
1 Brown, Ryan		SR Western Wash	4.90m 16-00.75
4.55 4.70 4.90 5.15			
XO XO XO XXX			
2 Rosenberg, Cal		SO Western Wash	4.55m 14-11.00
4.10 4.25 4.40 4.55 4.70			
O O O XXO XXX			
3 Zoellick, Ray		NA Seattle Paci	4.40m 14-05.25
4.10 4.25 4.40 4.55			
O O XO XXX			
4 Will, Tyler		FR Western Wash	4.25m 13-11.25
3.80 3.95 4.10 4.25 4.40			
XXO XO XO XXO XXX			
5 Komoto, Keenan		FR Western Wash	J4.25m 13-11.25
3.65 3.80 3.95 4.10 4.25 4.40			
O O XO O XO XXX			
6 Roddewig, Brandon		SO Central Wash	J4.25m 13-11.25
4.10 4.25 4.40			
O O XXX			
7 Holt, Chester		JR Pacific Luth	4.10m 13-05.25
4.10 4.25			

	XO XXX				
8	Hunter, Scott	SO Central Wash	J4.10m	13-05.25	
	3.80 3.95 4.10 4.25				
	O XO O XXX				
9	Johnson, Kevin	Unat-Smu	X3.95m	12-11.50	
	3.95 4.25				
	O XXX				
10	Millson, Michael	SR Western Wash	3.80m	12-05.50	
	3.65 3.80 3.95				
	O XXO XXX				
11	Johnson, Nate	SO Seattle Paci	J3.80m	12-05.50	
	3.80 3.95				
	XO XXX				
12	Cerne, Joe	FR Puget Sound	J3.80m	12-05.50	
	3.65 3.80 3.95				
	XXO XO XXX				
13	Barner, Matthew	FR Pacific Luth	3.65m	11-11.75	
	3.65 3.80				
	O XXX				
13	Steinke, Thomas	SO Central Wash	3.65m	11-11.75	
	3.65 3.80				
	O XXX				
--	Holland, Michael	FR St. Martin's	NH		
	3.65				
	XXX				
--	VandenBos, Christopher	FR Western Wash	NH		
	3.65				
	XXX				

Men Long Jump

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Stadium: # 7.30m 4/22/1995 Rob Rising, CWU
Meet: * 7.30m 4/22/1995 Rob Rising, CWU
AUTO II: 7.54m
AUTO III: 7.33m
PROVO II: 7.15m
PROVO III: 7.05m
NWC: 6.23m

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Name	Year	School	Finals	Wind
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=====
1 Jenkins, Kyle Unattached X7.09m 2.5 23-0
6.49m(1.8) FOUL(2.5) 6.99m(0.8) 6.76m(-2.1) FOUL(4.1) 7.09m(2.5)

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2	Kamagata, Sakae	FR Central Wash	6.39m	1.6	20-1
	FOUL(0.9) 6.39m(1.6) FOUL(1.2) FOUL(0.6) FOUL(1.9) FOUL(1.4)				
3	Howelton, Brian	SO Mt. Hood CC	6.38m	0.6	20-1
	6.38m(0.6) 6.12m(-0.7) PASS PASS PASS PASS				
4	Mukai, Mickey	SO Western Wash	6.36m	2.0	20-1
	6.26m(2.2) 6.16m(0.4) 6.28m(1.0) 6.01m(3.5) 6.36m(2.0) 6.27m(-0.6)				
5	Endresen, Ryan	SO Seattle Paci	6.31m	0.5	20-0
	6.31m(0.5) 6.11m(-0.3) 6.00m(+0.0) 5.95m(2.4) 5.79m(1.8) PASS				
6	Melu, Josh	FR Unattached	X6.18m	2.4	20-0
	4.81m(0.6) FOUL(0.2) 5.96m(1.8) 6.18m(2.4) FOUL(1.2) FOUL(-0.0)				
7	Haas, Michael	SO Puget Sound	6.01m	1.5	19-0
	FOUL(-1.0) FOUL(1.7) 6.01m(1.5) FOUL FOUL FOUL				
8	Johnson, Kevin	Unat-Smu	X5.94m	1.4	19-0
	5.94m(1.4) 5.87m(-0.7) 5.94m(0.6) 5.73m(2.9) PASS PASS				
9	Roddewig, Brandon	SO Central Wash	5.87m	1.5	19-0
	5.61m(0.1) 5.87m(1.5) 5.80m(0.7)				
10	Tran, Daniel	FR Western Wash	5.73m	4.5	18-0
	FOUL(-0.7) FOUL(0.7) 5.73m(4.5)				
11	Schick, Karsten	FR Western Wash	5.68m	1.2	18-0
	4.71m(0.9) 5.56m(1.8) 5.68m(1.2)				
12	McDonald, Myles	SO Puget Sound	5.62m	-0.4	18-0
	4.96m(2.3) 5.62m(-0.4) FOUL(0.6)				
13	Venema, Andrew	SO Central Wash	5.61m	1.8	18-0
	5.61m(1.8) 5.42m(1.9) PASS				
--	Cho, James	JR Central Wash	FOUL		
	FOUL(-0.0) FOUL(-1.2) PASS				

#### Men Triple Jump

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Stadium: # 50-05 4/17/1993 James McCann, WOC
Meet: * 50-05 4/17/1993 James McCann, WOC
AUTO II: 15.64m
AUTO III: 14.85m
PROVO II: 14.50m
PROVO III: 14.20m
NWC: 12.34m

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Name	Year	School	Finals	Wind
1	Reeves, I.V.	SO Pacific Luth	13.47m	-0.3 44-0
	12.77m(+0.0) FOUL(0.1) FOUL(-0.2) 13.47m(-0.3) 13.16m(0.4) 12.71m(+0.0)			
2	Melu, Josh	FR Unattached	X13.17m	-0.1 43-0
	12.95m(-0.2) 13.11m(-0.4) 13.17m(-0.1) FOUL(1.7) 12.65m(0.7) FOUL(-0.8)			



3	Kamagata, Sakae	FR Central Wash	J13.17m	2.4	43-0
	13.04m(-0.6)	FOUL(-0.2)	FOUL(-0.1)	13.17m(2.4)	12.84m(+0.0)
4	Mukai, Mickey	SO Western Wash	12.96m	1.4	42-0
	FOUL(0.5)	FOUL(1.7)	12.96m(1.4)	12.57m(0.3)	12.85m(1.5)
5	Cho, James	JR Central Wash	12.93m	0.3	42-0
	FOUL(+0.0)	12.93m(0.3)	12.57m(1.8)	FOUL(1.8)	FOUL(0.6)
6	Thomas, Travis	SO Olympic Coll	12.65m	+0.0	41-0
	12.65m(+0.0)	FOUL(-0.2)	12.23m(-0.2)	12.31m(-1.1)	12.17m(0.9)
7	Tran, Daniel	FR Western Wash	12.16m	+0.0	39-1
	12.00m(1.6)	11.72m(-0.9)	12.16m(+0.0)	11.80m(-0.2)	12.00m(0.7)
8	Mungai, Joseph	FR Pacific Luth	11.59m	1.3	38-0
	11.15m(1.8)	FOUL(+0.0)	11.59m(1.3)	FOUL(2.8)	FOUL(0.9)
9	McDonald, Steven	SO Pacific Luth	11.31m	+0.0	37-0
	11.31m(+0.0)	FOUL(0.2)	PASS(0.5)	PASS	PASS

Men Shot Put

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Stadium: # 57-04 6/3/1967 John Allamano, UW  
 Meet: \* 16.94m 4/22/1995 Scott Easley, WWU  
 AUTO II: 17.79m  
 AUTO III: 17.00m  
 PROVO II: 16.10m  
 PROVO III: 15.51m  
 NWC: 13.03m

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Name	Year	School	Finals
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1	Elder, Ben	SR Western Wash	15.07m	49-05.50
	13.65m	14.61m	13.73m	14.59m
2	Anderson, Bo	FR Seattle U.	14.81m	48-07.25
	14.81m	14.68m	14.37m	13.74m
3	Jensen, Mike	SO Central Wash	14.60m	47-11.00
	14.56m	FOUL	14.60m	FOUL
4	Westlin, Nelson	SO Western Wash	14.54m	47-08.50
	14.15m	FOUL	14.54m	14.35m
5	Ransavage, Ryan	SO Pacific Luth	14.37m	47-01.75
	13.94m	14.12m	14.37m	FOUL
5	Pearl, Kyle	FR Pacific Luth	14.37m	47-01.75
	14.18m	14.37m	FOUL	FOUL
7	Vavricka, Mike	JR Pacific Luth	13.77m	45-02.25
	13.38m	13.72m	13.77m	FOUL
8	Ramirez, Daniel	SR Central Wash	13.47m	44-02.50
	12.56m	13.40m	13.47m	13.07m

9	Benson, Chris	FR Mt. Hood CC	13.33m	43-09.00
	12.17m 13.33m 12.65m			
10	McNeill, Conor	SR Pacific Luth	13.32m	43-08.50
	13.12m 12.88m 13.32m			
11	Knight, Andrew	SO Western Wash	12.74m	41-09.75
	FOUL FOUL 12.74m			
12	Stephens, Zach	FR Mt. Hood CC	12.69m	41-07.75
	12.69m FOUL 12.51m			
13	Nichols, Tyler	JR Western Wash	12.29m	40-04.00
	12.28m 12.29m 12.15m			
14	Chue, Samuel	FR Western Wash	12.16m	39-10.75
	12.14m 12.16m FOUL			
15	Boone, Dylan	FR St. Martin's	11.83m	38-09.75
	11.83m 11.11m FOUL			
16	Allen, Ian	FR Central Wash	11.57m	37-11.50
	FOUL 11.57m FOUL			
17	Price, James	FR Mt. Hood CC	11.41m	37-05.25
	11.07m 11.18m 11.41m			
18	Walters, Josh	FR Seattle U.	11.23m	36-10.25
	11.23m 10.91m 10.62m			
19	Day, Rick	FR Puget Sound	10.77m	35-04.00
	FOUL 10.77m FOUL			
20	Tiegs, Nicholas	FR Pacific Luth	9.99m	32-09.50
	9.99m 9.56m 9.76m			
21	McDonald, Myles	SO Puget Sound	9.51m	31-02.50
	9.43m 9.51m 8.13m			
--	Holmstrom, Eric	FR Central Wash	FOUL	
	FOUL FOUL FOUL			

Men Discus Throw

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Stadium: # 52.84m 6/4/1966 Al Pemberton, UW  
 Meet: \* 50.44m 4/17/1999 Tony Hoiby, CWU  
 AUTO II: 54.37m  
 AUTO III: 52.72m  
 PROVO II: 49.50m  
 PROVO III: 48.00m  
 NWC: 40.10m

Name Year School Finals

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1	Elder, Ben	SR Western Wash	45.60m	149-07
	45.60m FOUL FOUL FOUL FOUL FOUL			

2	Boone, Dylan	FR St. Martin's	41.79m	137-01
	41.79m 39.98m 39.41m FOUL 41.61m FOUL			
3	Westlin, Nelson	SO Western Wash	41.77m	137-00
	FOUL 39.98m FOUL FOUL 41.77m FOUL			
4	Chue, Samuel	FR Western Wash	41.30m	135-06
	39.17m 39.67m 41.01m FOUL FOUL 41.30m			
5	Ramirez, Daniel	SR Central Wash	41.13m	134-11
	FOUL 41.13m FOUL FOUL FOUL 39.44m			
6	Ransavage, Ryan	SO Pacific Luth	40.29m	132-02
	39.60m FOUL 40.29m FOUL FOUL FOUL			
7	Jensen, Mike	SO Central Wash	40.15m	131-09
	40.15m 39.52m 38.49m FOUL FOUL FOUL			
8	Holmstrom, Eric	FR Central Wash	39.89m	130-10
	FOUL 39.89m FOUL FOUL FOUL 35.73m			
9	Gilbert, Jacob	SO Western Wash	39.47m	129-06
	35.14m 39.47m FOUL			
10	Stephens, Zach	FR Mt. Hood CC	39.14m	128-05
	37.43m 37.78m 39.14m			
11	Oursland, Paul	FR Central Wash	38.56m	126-06
	FOUL 35.24m 38.56m			
12	Ibarra, Alan	FR Mt. Hood CC	37.16m	121-11
	37.16m 34.98m 36.46m			
13	Vavricka, Mike	JR Pacific Luth	37.02m	121-05
	34.93m 37.02m 34.83m			
14	Allen, Ian	FR Central Wash	36.66m	120-03
	FOUL 36.66m 35.36m			
15	Benson, Chris	FR Mt. Hood CC	36.59m	120-00
	FOUL 34.25m 36.59m			
16	McNeill, Conor	SR Pacific Luth	36.44m	119-07
	35.01m 36.44m FOUL			
17	Anderson, Bo	FR Seattle U.	34.85m	114-04
	30.45m 34.85m FOUL			
18	Poole, Shawn	SO Puget Sound	32.60m	106-11
	32.60m FOUL 31.00m			
19	Price, James	FR Mt. Hood CC	25.84m	84-09
	25.84m FOUL FOUL			
20	Walters, Josh	FR Seattle U.	25.75m	84-06
	25.75m FOUL FOUL			
--	Pearl, Kyle	FR Pacific Luth	FOUL	
	FOUL FOUL FOUL			
--	Nichols, Tyler	JR Western Wash	FOUL	
	FOUL FOUL FOUL			

Men Hammer Throw

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 Stadium: # 64.86m 4/23/1988 Neil Kneip, Unattached  
 Meet: \* 64.84m 4/23/1988 Neil Kneip, Unattached  
 AUTO II: 62.29m  
 AUTO III: 59.38m  
 PROVO II: 55.50m  
 PROVO III: 53.00m  
 NWC: 43.56m

Name	Year	School					Finals	
1 Hoffman, Michael	SR	Western Wash					56.80m	186-04
			54.19m	53.77m	56.80m	53.73m	56.01m	56.00m
2 McNeill, Conor	SR	Pacific Luth					53.12m	174-03
			FOUL	50.82m	50.67m	53.12m	52.78m	50.49m
3 Jensen, Mike	SO	Central Wash					48.35m	158-07
			45.47m	46.00m	43.30m	47.09m	46.25m	48.35m
4 Ransavage, Ryan	SO	Pacific Luth					48.33m	158-07
			48.33m	FOUL	FOUL	FOUL	FOUL	46.65m
5 Nichols, Tyler	JR	Western Wash					46.62m	152-11
			43.20m	FOUL	FOUL	46.62m	43.79m	44.86m
6 Peart, Kyle	FR	Pacific Luth					45.54m	149-05
			FOUL	FOUL	44.37m	FOUL	45.54m	FOUL
7 Elder, Ben	SR	Western Wash					45.18m	148-03
			42.02m	40.46m	42.84m	43.24m	FOUL	45.18m
8 Berkedal, Bjorn	JR	Pacific Luth					43.49m	142-08
			38.98m	43.37m	43.49m	42.08m	43.06m	FOUL
9 Walters, Josh	FR	Seattle U.					42.56m	139-07
			38.18m	38.88m	42.56m			
10 Martin, Billy	SO	Seattle Paci					41.70m	136-10
			FOUL	41.70m	40.23m			
11 Sheriff, Tommy	JR	Central Wash					41.56m	136-04
			38.12m	41.56m	FOUL			
12 Haggarty, Brandan	FR	Seattle U.					40.66m	133-05
			37.20m	FOUL	40.66m			
13 Vavricka, Mike	JR	Pacific Luth					40.25m	132-01
			40.25m	40.01m	FOUL			
14 Anderson, Bo	FR	Seattle U.					36.17m	118-08
			30.38m	35.56m	36.17m			
15 Knight, Andrew	SO	Western Wash					35.23m	115-07
			33.90m	35.23m	31.63m			

16	Gilbert, Jacob	SO Western Wash	34.97m	114-09
	FOUL 32.05m 34.97m			
17	Tiegs, Nicholas	FR Pacific Luth	33.30m	109-03
	FOUL 31.97m 33.30m			
18	Chue, Samuel	FR Western Wash	30.55m	100-03
	30.55m 27.39m 28.98m			
19	Roberts, Cory	FR St. Martin's	30.21m	99-01
	FOUL 30.21m FOUL			
20	Kee, Tatsuya	JR Western Wash	26.18m	85-11
	26.18m FOUL FOUL			
--	Mayberry, Colby	JR Western Wash	FOUL	
	FOUL FOUL FOUL			
--	Holmstrom, Eric	FR Central Wash	FOUL	
	FOUL FOUL FOUL			
--	Oursland, Paul	FR Central Wash	FOUL	
	FOUL FOUL FOUL			

Men Javelin Throw

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Stadium: # 64.32m 4/18/1992 Ken Weinberg, Linfield
Meet: * 64.32m 4/18/1992 Ken Weinberg, Linfield
AUTO II: 64.97m
AUTO III: 63.00m
PROVO II: 59.00m
PROVO III: 58.90m
NWC: 52.53m

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Name	Year School	Finals
1 Callahan, Tyler	FR Mt. Hood CC	65.51m# 214-11
	60.54m 64.23m FOUL 60.90m FOUL 65.51m	
2 Martin, Billy	SO Seattle Paci	57.61m 189-00
	57.61m 53.61m 55.60m 53.85m FOUL 54.37m	
3 Derwin, Jace	SR Seattle Paci	55.60m 182-05
	55.60m 55.29m FOUL 50.96m 50.36m FOUL	
4 Mayberry, Colby	JR Western Wash	53.56m 175-09
	53.56m FOUL FOUL 48.76m FOUL FOUL	
5 Cerne, Joe	FR Puget Sound	52.25m 171-05
	52.25m FOUL 50.07m 49.00m 51.20m 47.21m	
6 Sheriff, Tommy	JR Central Wash	50.67m 166-03
	50.67m 50.31m 45.38m 47.68m 44.73m 45.32m	
7 Hass, Stephen	FR Pacific Luth	48.86m 160-04
	44.82m 44.59m 48.86m 42.40m FOUL FOUL	

8	Johnson, Nate	SO	Seattle Paci	48.71m	159-10
	48.03m	48.71m	46.58m	47.65m	46.63m
9	Player, Anthony	SO	St. Martin's	46.87m	153-09
	46.87m	46.04m	FOUL		
10	Ibarra, Alan	FR	Mt. Hood CC	44.82m	147-00
	44.25m	44.25m	44.82m		
11	Caryl, Jason	SO	Central Wash	43.32m	142-01
	43.32m	42.50m	41.04m		
12	Gorle, Blake	FR	Pacific Luth	41.42m	135-11
	FOUL	FOUL	41.42m		
13	Berkedal, Bjorn	JR	Pacific Luth	40.97m	134-05
	39.73m	40.97m	FOUL		
14	Roberts, Cory	FR	St. Martin's	30.39m	99-08
	30.39m	29.95m	FOUL		

Women - Team Rankings - 19 Events Scored

1) Seattle Pacific	210.50	2) Western Washington	1
3) Central Washington	126.50	4) Puget Sound	
5) Pacific Lutheran	60	6) St. Martin's	
7) Mt. Hood CC	35	8) Evergreen State College	
9) Seattle U.	9	10) Olympic College	
11) Green River CC	4.50	12) Skagit Valley	

Men - Team Rankings - 19 Events Scored

1) Western Washington	232	2) Central Washington	1
3) Pacific Lutheran	86	4) Mt. Hood CC	
5) Seattle Pacific	65	6) Puget Sound	
7) Green River CC	29	8) St. Martin's	
9) Olympic College	13.50	10) Skagit Valley	
11) Seattle U.	8	12) Evergreen State College	

7 PM

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5.50

5.50

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