

# Ralph Vernacchia Team Track & Field Meet

Thursday-Friday, April 7-8, 2011 • Bellingham, WA

## Results

### Women's 100-meter Dash (wind +0.6)

Plc	Name	School	Finals	Points
1	Zukowski, Megan	Western Washington Univ	12.68	10
2	Tran, Sophie	Univ British Columbia	13.01	8
3	Medina, Adaligza	St. Martin's Univ WA	13.24	6
4	Abrahms, Andrea	Simon Fraser Univ BC	13.31	5
5	Yanney, Shandel	Western Washington Univ	13.35	4
6	Sjodin, Jasmin	Simon Fraser Univ BC	13.41	3
7	Harrison, Krystina	Everett CC WA	13.41	2
8	Cannon, Leslie	Green River CC WA	13.69	1

### Women's 200-meter Dash (wind heat 1 +0.4, heat 2 +0.8, heat 3 +0.3)

Plc	Name	School	Finals	Heat	Points
1	Carter, Breanne	Simon Fraser Univ BC	25.84	3	10
2	Siler, Eleanor	Western Washington Univ	25.95	3	8
3	Zukowski, Megan	Western Washington Univ	26.35	3	6
4	Miller, Chelsea	Northwest Univ WA	26.76	3	5
5	Tran, Sophie	Univ British Columbia	26.88	3	4
6	Ledtke, Valle	Western Washington Univ	26.92	3	3
7	Bjornsson, Tanya	Western Washington Univ	27.00	3	2
8	Schinnell, Annie	Western Washington Univ	27.29	2	
9	Yanney, Shandel	Western Washington Univ	27.41	2	
10	Harrison, Krystina	Everett CC WA	27.52	1	1
11	Colville, Brittany	Univ British Columbia	27.54	2	
12	Medina, Adaligza	St. Martin's Univ WA	27.78	2	
13	Sjodin, Jasmin	Simon Fraser Univ BC	28.09	3	
14	Viney, Kendra	Simon Fraser Univ BC	28.26	2	
15	McCann, Renee	Everett CC WA	28.57	1	
16	Glasgow, Savannah	Western Washington Univ	28.80	1	
17	Cannon, Leslie	Green River CC WA	29.06	2	
18	Guillen, Keidy	Skagit Valley Coll WA	30.46	1	

### Women's 400-meter Dash

Plc	Name	School	Finals	Heat	Points
1	Siler, Eleanor	Western Washington Univ	57.65	2	10
2	Ledtke, Valle	Western Washington Univ	59.65	2	8
3	Carter, Breanne	Simon Fraser Univ BC	59.83	2	6
4	Miller, Chelsea	Northwest Univ WA	1:00.77	2	5
5	Coffey, Sydney	Western Washington Univ	1:00.82	2	4
6	Harris, Tamara	Douglas Coll BC	1:01.89	1	3
7	O'Connell, Megan	Western Washington Univ	1:02.04	2	2
8	Schinnell, Annie	Western Washington Univ	1:03.16	2	
9	Glasgow, Savannah	Western Washington Univ	1:03.69	1	
10	Viney, Kendra	Simon Fraser Univ BC	1:04.77	2	1
11	Frank, Ashley	Olympic Coll WA	1:05.97	1	
12	Moore, Irene	Olympic Coll WA	1:06.23	1	
13	McCann, Renee	Everett CC WA	1:08.10	1	

### Women's 800-meter Run

Plc	Name	School	Finals	Heat	Points
1	Kane, Brianna	Simon Fraser Univ BC	2:12.36	3	10
2	Minton, Joscelyn	St. Martin's Univ WA	2:14.60	3	8
3	Johnson, Rachael	Western Washington Univ	2:15.47	3	6
4	Kane, Michaela	Simon Fraser Univ BC	2:15.59	3	5
5	Sawatzky, Sarah	Simon Fraser Univ BC	2:15.85	3	4
6	Robinson, Maraiah	Univ British Columbia	2:16.08	3	3
7	Vogt, Emma	Simon Fraser Univ BC	2:17.37	3	2
8	Carlson, Karissa	Evergreen State Coll WA	2:18.32	2	1
9	Vogt, Abbey	Simon Fraser Univ BC	2:19.24	3	
10	Imlach, Brittany	Univ British Columbia	2:19.69	2	
11	Dell, Caitlin	Simon Fraser Univ BC	2:19.88	3	

12	DeLapp, Paige	Northwest Univ WA	2:20.34	2
13	Brennan, Olivia	Simon Fraser Univ BC	2:21.25	3
14	Hutchins, Kathryn	Univ British Columbia	2:22.20	2
15	Wagner, Lindsey	Northwest Univ WA	2:22.77	2
16	Watson, Cheri	Western Washington Univ	2:24.33	2
17	Copeland, Erika	St. Martin's Univ WA	2:24.43	1
18	Rajala, Amelia	Univ British Columbia	2:25.24	1
19	Hearn, Ashley	Univ British Columbia	2:25.71	2
19	Hannam, Mikaela	Univ British Columbia	2:25.71	1
21	Laweryson, Annie	St. Martin's Univ WA	2:26.29	2
22	Feiring, Rachel	Olympic Coll WA	2:27.81	1
23	Huang, Katie	Univ British Columbia	2:30.32	1
24	Carter, Marissa	Everett CC WA	2:31.06	1
25	Ikeda, Haida	Western Washington Univ	2:31.59	2
26	Evans, Molly	Northwest Univ WA	2:33.36	1
27	Owen, Karissa	St. Martin's Univ WA	2:34.81	2
28	Thompson, Grace	Green River CC WA	2:39.18	1
29	Savenkova, Vera	Everett CC WA	2:40.05	1
30	Frank, Ashley	Olympic Coll WA	2:40.40	1
31	Miller, Kendra	Western Washington Univ	2:41.37	1

### Women's 1500-meter Run

<i>Plc</i>	<i>Name</i>	<i>School</i>	<i>Finals</i>	<i>Heat</i>	<i>Points</i>
1	Crofts, Helen	Simon Fraser Univ BC	4:28.44	2	10
2	Smith, Jessica	Simon Fraser Univ BC	4:28.70	2	8
3	Butterworth, Lindsey	Simon Fraser Univ BC	4:39.48	2	6
4	Johnson, Rachael	Western Washington Univ	4:43.88	2	5
5	DeLapp, Paige	Northwest Univ WA	4:49.08	2	4
6	Breihof, Lauren	Western Washington Univ	4:49.71	2	3
7	Laweryson, Annie	St. Martin's Univ WA	4:50.01	2	2
8	Wagner, Lindsey	Northwest Univ WA	4:50.75	2	1
9	Slinn, Heather	Univ British Columbia	4:50.92	2	
10	Copeland, Erika	St. Martin's Univ WA	4:54.77	1	
11	Woodward, Maggie	Univ British Columbia	4:55.99	1	
12	Allen, Kirsten	Simon Fraser Univ BC	4:59.02	2	
13	Carviel, Heather	Simon Fraser Univ BC	5:01.69	1	
14	Ikeda, Haida	Western Washington Univ	5:05.69	1	
15	Evans, Diana	Green River CC WA	5:11.46	1	
16	Sheppley, Madison	Everett CC WA	5:16.89	1	
17	Feiring, Rachel	Olympic Coll WA	5:20.29	1	
18	Evans, Molly	Northwest Univ WA	5:24.96	1	
19	Gill, Navpreet	Green River CC WA	5:41.17	1	

### Women's 5000-meter Run

<i>Plc</i>	<i>Name</i>	<i>School</i>	<i>Finals</i>	<i>Points</i>
1	Porter, Sarah	Western Washington Univ	17:38.75	10
2	Olsen, Courtney	Club Northwest WA	18:31.56	8
3	Hartnett, Phoebe	Western Washington Univ	18:41.02	6
4	Rogers, Mary	Western Washington Univ	18:52.34	5
5	Pecha, Kaitlynn	St. Martin's Univ WA	18:53.94	4
6	Ujifusa, Maria	Western Washington Univ	19:07.14	3
7	Philbeck, Erin	Western Washington Univ	19:35.82	
8	Thoreson, Sigrid	Northwest Univ WA	19:39.19	2
9	Llapitan, Ashley	St. Martin's Univ WA	19:56.36	1
10	Zimmer, Lissa	Univ British Columbia	19:57.46	
11	Walton, Arielle	Western Washington Univ	20:01.11	
12	McCarthy, Madison	Univ British Columbia	20:06.16	
13	Webster, Kristyn	Simon Fraser Univ BC	20:13.11	
14	Vuong, Phung	Everett CC WA	22:25.73	
15	Lam, Kelly	Skagit Valley Coll WA	24:48.35	

**Women's 10000-meter Run**

<i>Plc</i>	<i>Name</i>	<i>School</i>	<i>Finals</i>	<i>Points</i>
1	McCulloch, Cara	Univ British Columbia	39:31.6h	10
2	Steele, Alanna	Unattached	39:34.5h	
3	Doerksen, Kim	Simon Fraser Univ BC	39:36.9h	8
4	Thomson, Alix	Univ British Columbia	41:13.2h	6
5	Hedges, Kendra	Western Washington Univ	41:15.7h	5
6	Britton, Katie	Univ British Columbia	41:33.1h	4
7	Attwood, Candace	Pacific Lutheran Univ WA	43:19.0h	3
8	Fobert, Shelby	Pacific Lutheran Univ WA	58:13.2h	2

**Women's 100-meter Hurdles (wind +1.4)**

<i>Plc</i>	<i>Name</i>	<i>School</i>	<i>Finals</i>	<i>Points</i>
1	Bjornsson, Tanya	Western Washington Univ	14.89	10
2	Abrahms, Andrea	Simon Fraser Univ BC	15.31	8
3	McDonald, Alexandra	Western Washington Univ	15.37	6
4	Dodd, Amber	Western Washington Univ	16.34	5
5	Cannon, Haylie	Green River CC WA	16.66	4
6	Scholter, Hannah	St. Martin's Univ WA	17.83	3
7	Weber, Laina	Everett CC WA	18.46	2

**Women's 400-meter Hurdles**

<i>Plc</i>	<i>Name</i>	<i>School</i>	<i>Finals</i>	<i>Points</i>
1	McDonald, Alexandra	Western Washington Univ	1:06.34	10
2	Nano, Anne-Marie	Univ British Columbia	1:06.81	8
3	Dodd, Amber	Western Washington Univ	1:08.59	6
4	Lahman, Miranda	Western Washington Univ	1:09.02	5
5	Moore, Irene	Olympic Coll WA	1:09.25	4
6	Cannon, Haylie	Green River CC WA	1:10.68	3
7	Hardy, Skyler	Skagit Valley Coll WA	1:13.13	2

**Women's 3000-meter Steeplechase**

<i>Plc</i>	<i>Name</i>	<i>School</i>	<i>Finals</i>	<i>Points</i>
1	Palibroda, Emily	Simon Fraser Univ BC	12:17.09	10
2	Lawson, Danika	St. Martin's Univ WA	12:22.00	8
3	Gonzales, Bianca	Simon Fraser Univ BC	12:35.49	6
4	Castile, Stefani	Green River CC WA	12:54.67	5
5	McCormack, Jennifer	Univ British Columbia	13:01.56	4
6	Long, Brittany	Northwest Univ WA	13:03.09	3
7	Moore, Irene	Olympic Coll WA	13:17.96	2

**Women's 4x100-meter Relay**

<i>Plc</i>	<i>School/Team Members</i>	<i>Finals</i>	<i>Points</i>
1	Western Washington Univ 1) Siler, Eleanor / 2) Coffey, Sydney / 3) Bjornsson, Tanya / 4) Zukowski, Megan	48.90	10
2	Univ British Columbia 1) Colville, Brittany / 2) Nano, Anne-Mari / 3) Cywinska, Agnes / 4) Tran, Sophie	50.94	8
3	St. Martin's Univ WA 1) Medina, Adaligza / 2) Sackeyfio, Julianna / 3) Scholter, Hannah / 4) Weiks, Kaila	53.26	6

**Women's 4x400-meter Relay**

<i>Plc</i>	<i>School/Team Members</i>	<i>Finals</i>	<i>Heat</i>	<i>Points</i>
1	Simon Fraser Univ BC 1) Vogt, Emma / 2) Sawatzky, Sarah / 3) Brennan, Olivia / 4) Kane, Brianna	3:59.7h	2	10
2	Western Washington Univ 'A' 1) Siler, Eleanor / 2) Coffey, Sydney / 3) Ledtke, Valle / 4) Zukowski, Megan	4:02.2h	2	8
3	Western Washington Univ 'B' 1) Johnson, Rachael / 2) O'Connell, Megan / 3) Watson, Cheri / 4) Bjornsson, Tanya	4:07.8h	2	
4	Univ British Columbia 1) Hutchins, Kathryn / 2) Rajala, Amelia / 3) Imlach, Brittany / 4) Robinson, Maraiah	4:11.6h	2	6
5	Northwest Univ WA 1) Miller, Chelsea / 2) DeLapp, Paige / 3) Evans, Molly / 4) Wagner, Lindsey	4:14.2h	2	5
6	Western Washington Univ 'C' 1) Dodd, Amber / 2) Schinnell, Annie / 3) Glasgow, Savannah / 4) Lahman, Miranda	4:17.8h	1	
7	Olympic Coll WA 1) Frank, Ashley / 2) Feiring, Rachel / 3) Person, Taylor / 4) Moore, Irene	4:21.5h	1	4

8	Green River CC WA	4:27.6h	1	3
	1) Thompson, Grace / 2) Cannon, Leslie / 3) Gill, Navpreet / 4) Cannon, Haylee			
9	Everett CC WA	4:39.4h	2	2
	1) Carter, Marissa / 2) Savenkova, Vera / 3) Sheppley, Madison / 4) Weber, Laina			

### Women's High Jump

Plc	Name	School	Finals		Points
1	Barnett, Rachele	Simon Fraser Univ BC	1.70m	5-07.00	10
2	Overdick, Amanda	Western Washington Univ	1.58m	5-02.25	8
3	Yoro, Taylor	St. Martin's Univ WA	1.53m	5-00.25	6
4	Iworima, Diepiriye	Simon Fraser Univ BC	1.48m	4-10.25	4.50
4	Ramsey, Tara	Western Washington Univ	1.48m	4-10.25	4.50
6	Glass, Michelle	Olympic Coll WA	1.48m	4-10.25	3
7	Collins, Erin	Green River CC WA	1.48m	4-10.25	1.50
7	Padrinao, Jessica	Simon Fraser Univ BC	1.48m	4-10.25	1.50
9	Coffey, Sydney	Western Washington Univ	1.43m	4-08.25	
nh	Cannon, Haylie	Green River CC WA			

### Women's Pole Vault

Plc	Name	School	Finals		Points
1	Anderson, Karis	Western Washington Univ	3.51m	11-06.25	10
2	Howe, Elizabeth	Western Washington Univ	3.36m	11-00.25	8
3	Winlow, Loreah	Western Washington Univ	3.21m	10-06.25	6
4	Wessa, Lindsey	Northwest Univ WA	3.21m	10-06.25	5
5	Hull, Samantha	St. Martin's Univ WA	3.21m	10-06.25	4
6	Palmer, Brienna	Western Washington Univ	3.06m	10-00.50	3
7	Johnson, Jennifer	St. Martin's Univ WA	2.91m	9-06.50	2
7	DiMarco, Diana	Western Washington Univ	2.91m	9-06.50	
9	Puckett, Amy Jo	Western Washington Univ	2.76m	9-00.50	

### Women's Long Jump

Plc	Name	School	Finals	Wind	Points
1	Iworima, Diepiriye	Simon Fraser Univ BC	5.69m	18-08.00	10
2	Bjornsson, Tanya	Western Washington Univ	5.38m	17-08.00	8
3	Rhode, Mercedes	Simon Fraser Univ BC	5.34m	17-06.25	6
4	Crombeen, Charlotte	Simon Fraser Univ BC	5.31m	17.05.00	5
5	Templeton, Erin	Univ British Columbia	5.29m	17-04.25	4
6	Cook-Mackenzie, April	Simon Fraser Univ BC	5.24m	17-02.25	3
7	Broomfield, Robyn	Simon Fraser Univ BC	5.08m	16-08.00	
8	Coffey, Sydney	Western Washington Univ	5.02m	16-05.75	2
9	Weiks, Kaila	St. Martin's Univ WA	5.01m	16-05.25	1
10	Reff, Callie	Western Washington Univ	4.89m	16-00.50	
11	Un, Khettery	Everett CC WA	4.75m	15-07.00	
12	Cywinska, Agnes	Univ British Columbia	4.67m	15-04.00	
13	Overdick, Amanda	Western Washington Univ	4.64m	15-02.75	
14	Sackeyfio, Julianna	St. Martin's Univ WA	4.53m	14-10.50	
15	Glass, Michelle	Olympic Coll WA	4.28m	14-00.50	
16	Cannon, Leslie	Green River CC WA	4.26m	13-11.75	
nm	Yanney, Shandel	Western Washington Univ			

### Women's Triple Jump

Plc	Name	School	Finals		Wind	Points
1	Un, Khettery	Everett CC WA	10.43m	34-02.75	-0.1	10
2	Yanney, Shandel	Western Washington Univ	10.36m	34-00.00	-0.4	8
3	Weiks, Kaila	St. Martin's Univ WA	10.34m	33-11.25	+0.0	6
4	Sackeyfio, Julianna	St. Martin's Univ WA	10.32m	33-10.25	-0.5	5
5	Reff, Callie	Western Washington Univ	10.06m	33-00.25	-0.8	4
6	Person, Taylor	Olympic Coll WA	9.83m	32-03.00	+0.0	3
7	Cannon, Leslie	Green River CC WA	9.03m	29-07.50	-0.6	2

**Women's Shot Put**

<i>Plc</i>	<i>Name</i>	<i>School</i>	<i>Finals</i>		<i>Points</i>
1	Richardson, Jade	Simon Fraser Univ BC	11.73m	38-06.00	10
2	Thatcher, Elizabeth	St. Martin's Univ WA	11.09m	36-04.50	8
3	Kneip, Jessica	Northwest Univ WA	10.99m	36-00.75	6
4	Roe, Maggie	Western Washington Univ	10.18m	33-04.75	5
5	Galart, Rebecca	Northwest Univ WA	9.41m	30-10.50	4
6	Kneip, Cadie	Northwest Univ WA	9.20m	30-02.25	3
7	Scholter, Hannah	St. Martin's Univ WA	7.27m	23-10.25	2

**Women's Discus Throw**

<i>Plc</i>	<i>Name</i>	<i>School</i>	<i>Finals</i>		<i>Points</i>
1	Richardson, Jade	Simon Fraser Univ BC	40.18m	131-10	10
2	Thatcher, Elizabeth	St. Martin's Univ WA	39.82m	130-08	8
3	Alyea, Janell	Everett CC WA	39.24m	128-09	6
4	Kneip, Cadie	Northwest Univ WA	36.59m	120-00	5
5	Roe, Maggie	Western Washington Univ	36.53m	119-10	4
6	Kneip, Jessica	Northwest Univ WA	35.70m	117-01	3
7	Guillen, Keidy	Skagit Valley Coll WA	30.79m	101-00	2
8	Galart, Rebecca	Northwest Univ WA	27.70m	90-10	1
9	Wells, Lindsay	Western Washington Univ	19.08m	62-07	

**Women's Hammer Throw**

<i>Plc</i>	<i>Name</i>	<i>School</i>	<i>Finals</i>		<i>Points</i>
1	Covington, Asainnna	Kajaks BC	51.36m	168-06	10
2	Kennedy, Samantha	Kajaks BC	49.38m	162-00	8
3	Leaman, Tara	Unattached	47.33m	155-03	
4	Wells, Lindsay	Western Washington Univ	47.17m	154-09	6
5	Beck, Stephanie	Kajaks BC	43.30m	142-01	5
6	Hallam-Eames, Sophie	Club Northwest WA	42.20m	138-05	4
7	Juert, Christina	Kajaks BC	41.31m	135-06	3
8	Kneip, Jessica	Northwest Univ WA	38.54m	126-05	2
9	Alyea, Janell	Everett CC WA	32.64m	107-01	1
10	Kneip, Cadie	Northwest Univ WA	32.25m	105-10	
11	Roe, Maggie	Western Washington Univ	23.91m	78-05	
12	Galart, Rebecca	Northwest Univ WA	23.29m	76-05	
13	Tua, Teilissa	St. Martin's Univ WA	19.16m	62-10	

**Women's Javelin Throw**

<i>Plc</i>	<i>Name</i>	<i>School</i>	<i>Finals</i>		<i>Points</i>
1	Gruszecki, Monika	Western Washington Univ	40.74m	133-08	10
2	Stuart, Michelle	Simon Fraser Univ BC	40.53m	133-00	8
3	Prause, Shayna	Northwest Univ WA	38.94m	127-09	6
4	Hull, Samantha	St. Martin's Univ WA	37.88m	124-03	5
5	Galart, Rebecca	Northwest Univ WA	32.33m	106-01	4
6	Soo, Vivian	Univ British Columbia	32.01m	105-00	3
7	Scholter, Hannah	St. Martin's Univ WA	30.76m	100-11	2
8	Kelp, Yvette	Club Northwest WA	28.62m	93-11	1

## Women's Heptathlon

Plc	Name	School	Finals	Points				
1	Barnett, Rachelle	Simon Fraser	4034	10				
	event	100mH	HJ	SP	200m	LJ	JT	800m
	mark	17.69	1.56m	10.44m	27.77	5.14m	25.02m	2:34.61
	metric	--	5-1 1/4	34-3	--	16-10 1/4	82-1	--
	wind	+2.7	--	--	+1.8	+0.2	--	--
	points	521	689	558	649	598	383	636
2	Howe, Michelle	Unattached	3775					
	event	100mH	HJ	SP	200m	LJ	JT	800m
	mark	15.13	1.50m	8.49m	27.11	4.71m	17.85m	2:49.97
	metric	--	4-11	27-10 1/4	--	15-5 1/2	58-7	--
	wind	+1.3	--	--	+1.8	-0.7	--	--
	points	825	621	431	703	482	249	464
3	Bateman, Kaytie	Seattle Univ WA	3650	8				
	event	100mH	HJ	SP	200m	LJ	JT	800m
	mark	17.65	1.47m	8.98m	28.04	4.60m	27.29m	2:40.55
	metric	--	4-9 3/4	29-5 1/2	--	15-1	89-6	--
	wind	+1.3	--	--	+1.3	-0.7	--	--
	points	525	588	463	628	454	425	567
4	Berg, Siri	Central Washington Univ	3427	6				
	event	100mH	HJ	SP	200m	LJ	JT	800m
	mark	17.76	1.53m	8.28m	28.84	4.45m	23.56m	2:46.07
	metric	--	5-0 1/4	27-2	--	14-7 1/4	77-3	--
	wind	+1.3	--	--	+1.8	+0.0	--	--
	points	513	655	417	566	416	355	505
5	Holton, Brooklyn	Western Washington Univ	3279	5				
	event	100mH	HJ	SP	200m	LJ	JT	800m
	mark	16.18	1.53m	8.39m	27.66	nm	25.40m	2:50.42
	metric	--	5-0 1/4	27-6 1/2	--	--	83-4	--
	wind	+1.3	--	--	+1.8	--	--	--
	points	692	655	425	658	0	390	459
6	Hearn, Britney	Unattached	3195					
	event	100mH	HJ	SP	200m	LJ	JT	800m
	mark	17.21	1.20m	7.35m	27.91	4.50m	22.08m	2:41.20
	metric	--	3-11 1/4	24-1 1/2	--	14-9 1/4	72-5	--
	wind	+1.3	--	--	+1.8	+0.2	--	--
	points	573	312	357	638	428	328	559
7	Padrinao, Jessica	Simon Fraser Univ BC	3078	4				
	event	100mH	HJ	SP	200m	LJ	JT	800m
	mark	18.83	1.41m	8.07m	29.11	4.49m	19.68m	2:47.52
	metric	--	4-7 1/2	26-5 3/4	--	14-8 3/4	64-7	--
	wind	+2.7	--	--	+1.3	+0.5	--	--
	points	406	523	404	546	426	283	490
8	Voehl, Caitlin	Everett CC WA	3049	3				
	event	100mH	HJ	SP	200m	LJ	JT	800m
	mark	19.14	1.32m	7.08m	28.52	4.88m	25.28m	2:56.59
	metric	--	4-4	23-2 3/4	--	16-0 1/4	82-11	--
	wind	+2.7	--	--	+1.3	+1.1	--	--
	points	377	429	340	590	527	388	398

event	100mH	HJ	SP	200m	LJ	JT	800m
mark	17.52	1.29m	9.08m	30.87	4.12m	26.09m	3:03.83
metric	--	4-2 3/4	29-9 1/2	--	13-6 1/4	85-7	--
wind	+1.3	--	--	+1.8	-0.7	--	--
points	539	399	469	423	336	403	330

**Women's Final Team Scores**

1)	Western Washington Univ	251.5
2)	Simon Fraser Univ BC	194
3)	St. Martin's Univ WA	87
4)	Univ British Columbia	68
5)	Northwest Univ WA	64
6)	Everett CC WA	27
7)	Kajaks BC	26
8)	Green River CC WA	19.5
9)	Olympic Coll WA	16
10)	Club Northwest WA	13
11)	Central Washington Univ	8
11)	Seattle Univ WA	8
13)	Skagit Valley Coll WA	4
14)	Pacific Lutheran Univ WA	5
15)	Douglas Coll BC	3
16)	Evergreen State Coll WA	1

**Men's 100-meter Dash (wind heat 1 nwi, heat 2 +1.7, heat 3 +0.5)**

<i>Plc</i>	<i>Name</i>	<i>School</i>	<i>Finals</i>	<i>Heat</i>	<i>Points</i>
1	Nathan, Andrew	Univ British Columbia	10.84	3	10
2	Tilley, Alex	Western Washington Univ	10.94	3	8
3	Bannister, Alex	Club Northwest WA	11.17	3	6
4	Singh, Mandeep	Everett CC WA	11.33	2	5
5	Pangilinan, Mark	Western Washington Univ	11.48	3	4
6	Morales, Gabriel	Western Washington Univ	11.60	2	3
7	Agiba, Joseph	Douglas Coll BC	11.62	3	2
8	Yeung, Chris	Univ British Columbia	11.77	3	1
9	Webster, Trayvon	Green River CC WA	11.83	2	
10	Bazilme, Delwin	Everett CC WA	11.94	2	
11	Harvey-Tamplin, Kameron	Olympic Coll WA	12.15	3	
11	Karnofski, Kyle	St. Martin's Univ WA	12.15	2	
13	Hymes, Jemari	Green River CC WA	12.21	3	
14	Hill, Dylan	Everett CC WA	12.34	1	
15	Manzano, Kaniala	Everett CC WA	12.36	1	
16	Meneses, Alee	Green River CC WA	12.56	2	
17	Linhart, Dylan	St. Martin's Univ WA	12.66	2	
18	McNamara, Ryan	Northwest Univ WA	13.20	1	

**Men's 200-meter Dash (wind heat 1 nwi, heat 2 +0.3, heat 3 nwi)**

<i>Plc</i>	<i>Name</i>	<i>School</i>	<i>Finals</i>	<i>Heat</i>	<i>Points</i>
1	Boss, Andrew	Simon Fraser Univ BC	21.98	3	10
2	Tilley, Alex	Western Washington Univ	22.74	3	8
3	Bannister, Alex	Club Northwest WA	22.81	1	6
4	Johnson, Logan	Skagit Valley Coll WA	22.84	3	5
5	Montrose, Brett	Simon Fraser Univ BC	23.12	3	4
6	Grossaint, Cameron	St. Martin's Univ WA	23.48	3	3
7	Hughes, Taylor	Green River CC WA	23.61	2	2
8	Brar, Parmveer	Univ British Columbia	23.63	3	1
9	Green, Billy	Everett CC WA	23.76	2	
10	Strachan, Alex	Univ British Columbia	23.98	2	
11	Bazilme, Delwin	Everett CC WA	24.13	3	
12	Webster, Trayvon	Green River CC WA	24.23	2	
13	Rainey, Edwin	Everett CC WA	24.27	2	
14	Hamman, John	St. Martin's Univ WA	24.46	2	
15	Harvey-Tamplin, Kameron	Olympic Coll WA	25.05	2	
16	Hill, Dylan	Everett CC WA	25.26	1	
17	Manzano, Kaniala	Everett CC WA	25.68	1	
18	Linhart, Dylan	St. Martin's Univ WA	25.97	3	
19	Meneses, Alee	Green River CC WA	26.13	1	
20	McNamara, Ryan	Northwest Univ WA	28.23	1	

**Men's 400-meter Dash**

<i>Plc</i>	<i>Name</i>	<i>School</i>	<i>Finals</i>	<i>Heat</i>	<i>Points</i>
1	Boss, Andrew	Simon Fraser Univ BC	48.92	3	10
2	Paul-Morris, Adam	Univ British Columbia	49.99	3	8
3	Johnson, Logan	Skagit Valley Coll WA	50.09	3	6
4	Montrose, Brett	Simon Fraser Univ BC	50.23	3	5
5	Hughes, Taylor	Green River CC WA	51.35	3	4
6	David, Toby	Western Washington Univ	51.40	3	3
7	Grossaint, Cameron	St. Martin's Univ WA	52.13	3	2
8	Weichel, Dylan	Univ British Columbia	52.14	2	1
9	O'Neill, Aaron	Skagit Valley Coll WA	52.53	3	
10	Logue, Colin	Western Washington Univ	53.77	2	
11	Green, Billy	Everett CC WA	54.89	2	
12	McIntosh, Greg	Skagit Valley Coll WA	55.54	2	
13	Harvey-Tamplin, Kameron	Olympic Coll WA	55.70	1	
14	Vanderloop, Boden	Olympic Coll WA	57.62	1	
15	Stonkus, Army	Club Northwest WA	1:04.95	1	
dnf	Mayfield, Anthony	Univ British Columbia			



**Men's 800-meter Run**

<i>Plc</i>	<i>Name</i>	<i>School</i>	<i>Finals</i>	<i>Heat</i>	<i>Points</i>
1	Hole, Nigel	Univ British Columbia	1:53.38	3	10
2	Pierson, Seth	Everett CC WA	1:54.05	3	8
3	Slade, David	Univ British Columbia	1:54.31	3	6
4	Hopper, Dylan	Western Washington Univ	1:55.20	3	5
5	Abraham, Nick	Western Washington Univ	1:55.26	3	4
6	Vugteveen, Travis	Simon Fraser Univ BC	1:55.42	3	3
7	Kennedy, Aidan	Univ British Columbia	1:56.06	3	2
8	Liu, Yubai	Simon Fraser Univ BC	1:56.89	3	1
9	Bill, Simon	Univ British Columbia	1:56.93	3	
10	Patti, Joseph	St. Martin's Univ WA	1:57.12	3	
11	Welling, Jordan	Western Washington Univ	1:58.74	3	
12	Lyons, Sam	Western Washington Univ	1:58.80	2	
13	Timpe, Braden	Western Washington Univ	1:59.81	3--	
14	DeMoss, Devon	St. Martin's Univ WA	2:00.18	2	
15	Hall, Keegan	Western Washington Univ	2:00.58	2	
16	Grimes, Bennett	Western Washington Univ	2:00.61	2	
17	Bal, Gurjot	Univ British Columbia	2:01.52	2	
18	Conard, Zach	Simon Fraser Univ BC	2:01.66	2	
19	Pare, Alexandre	Simon Fraser Univ BC	2:02.13	2	
20	Crock, Andrew	Olympic Coll WA	2:02.94	2	
21	Boyd, Tanner	Western Washington Univ	2:05.07	2	
22	Messiter, Sean	Club Northwest WA	2:05.46	1	
23	Howe, Nick	Western Washington Univ	2:05.7h	2	
24	Dinsdale, Chris	Simon Fraser Univ BC	2:07.13	1	
25	Bywater, Johnny	Everett CC WA	2:07.72	1	
26	Schmalz, Ben	Northwest Univ WA	2:08.1h	2	
27	Schruhl, Brenden	Olympic Coll WA	2:08.65	1	
28	Marshall, Justin	Everett CC WA	2:12.08	1	
29	Rasor, Kyle	Everett CC WA	2:14.8h	2	
30	Noll, Scott	Everett CC WA	2:19.17	1	
31	Battocchio, Matthew	Douglas Coll BC	2:19.96	1	
32	Omar, Qadar	Everett CC WA	2:20.33	1	
33	Vanderloop, Boden	Olympic Coll WA	2:24.85	1	

**Men's 1500-meter Run**

<i>Plc</i>	<i>Name</i>	<i>School</i>	<i>Finals</i>	<i>Heat</i>	<i>Points</i>
1	Welling, Jordan	Western Washington Univ	3:54.53	2	10
2	Smith, Jordan	Univ British Columbia	3:56.66	2	8
3	Kent, Justin	Univ British Columbia	3:57.05	2	6
4	Grimes, Bennett	Western Washington Univ	3:57.31	2	5
5	Reid, Adam	Simon Fraser Univ BC	3:57.70	2	4
6	Van Santen, Kyle	St. Martin's Univ WA	3:58.05	2	3
7	Medhaug, Blake	Western Washington Univ	3:58.49	2	2
8	Baiton, Wyatt	Univ British Columbia	3:59.51	2	1
9	Hunt, Theo	Univ British Columbia	4:01.29	2	
10	Wakefield, Brett	Simon Fraser Univ BC	4:02.33	2	
11	Hunt, Spencer	St. Martin's Univ WA	4:03.74	2	
12	Huebsch, Tim	Univ British Columbia	4:03.78	2	
13	Young, James	Simon Fraser Univ BC	4:08.23	2	
14	Boyd, Tanner	Western Washington Univ	4:11.97	2	
15	Messiter, Sean	Club Northwest WA	4:13.08	1	
16	Crock, Andrew	Olympic Coll WA	4:13.86	1	
17	Brill, Eric	Western Washington Univ	4:14.80	2	
18	Thomas, Nick	Univ British Columbia	4:15.00	1	
19	Bywater, Johnny	Everett CC WA	4:16.17	1	
20	Garrett, Brad	Western Washington Univ	4:20.15	1	
21	Marshall, Justin	Everett CC WA	4:26.11	1	
22	Schmalz, Ben	Northwest Univ WA	4:30.43	1	
23	Roberson, Jesse	Western Washington Univ	4:33.98	1	
24	Newsom, Aaron	Everett CC WA	4:34.96	1	
25	Gibson, Alex	Douglas Coll BC	4:35.82	1	
26	Clark, Duncan	Everett CC WA	4:37.12	1	
27	Cendrajaya, Fandy	Green River CC WA	4:38.02	1	

28	Omar, Qadar	Everett CC WA	4:39.72	1
29	Martz, Brandon	Everett CC WA	4:43.25	1

### Men's 5000-meter Run

<i>Plc</i>	<i>Name</i>	<i>School</i>	<i>Finals</i>	<i>Points</i>
1	Jackson, Chip	Western Washington Univ	15:06.8h	10
2	Pierson, Seth	Everett CC WA	15:39.8h	8
3	Larson, Drew	Everett CC WA	15:42.4h	6
4	Harvey, Nicholas	St. Martin's Univ WA	15:46.5h	5
5	Larson, Scott	Everett CC WA	16:05.0h	4
6	Bauer, Scott	St. Martin's Univ WA	16:20.2h	3
7	Robinson, Trevor	Western Washington Univ	16:26.5h	2
8	Rasmussen, Josh	Everett CC WA	16:35.1h	1
9	Fullen, Jacob	Green River CC WA	16:37.7h	
10	Phipps, Jacob	Skagit Valley Coll WA	16:40.6h	
11	Sweeney, Dylan	Western Washington Univ	16:42.8h	
12	Pawloski, Ryan	Green River CC WA	16:44.8h	
13	Assink, Josh	Everett CC WA	16:54.5h	
dnf	Grimes, Bennett	Western Washington Univ		
dnf	Armstrong, Graham	Western Washington Univ		
dnf	Assink, Jake	Everett CC WA		

### Men's 10,000-meter Run

<i>Plc</i>	<i>Name</i>	<i>School</i>	<i>Finals</i>	<i>Points</i>
1	Portwood, Chad	Club Northwest WA	30:52.7h	10
2	Reim, Bryton	Everett CC WA	32:19.4h	8
3	Smith, Tim	Univ British Columbia	32:25.4h	6
4	Stephens-Whale, Shaun	Univ British Columbia	32:50.0h	5
5	Oviatt, Peter	Unattached	32:51.9h	
6	Reed, Andrew	Club Northwest WA	33:11.8h	4
7	Fuhrmeister, Marc	Western Washington Univ	33:13.5h	3
8	Castillo, Juan	Everett CC WA	33:21.7h	2
9	Delicino, Jeremy	Olympic Coll WA	33:40.9h	1
10	Schmidt, Otto	Western Washington Univ	33:53.4h	
11	Fry, Kramer	Everett CC WA	34:33.1h	
12	Herde, Eric	Pacific Lutheran Univ WA	37:42.1h	

### Men's 110-meter Hurdles (wind +0.9)

<i>Plc</i>	<i>Name</i>	<i>School</i>	<i>Finals</i>	<i>Points</i>
1	Freeman, Josh	Club Northwest WA	15.19	10
2	Okazaki, Cory	Western Washington Univ	15.60	8
3	Waltman, Jason	Northwest Univ WA	15.96	6
4	Wilcher, Jacob	Green River CC WA	16.07	5
5	Schick, Karsten	Western Washington Univ	16.30	4
6	Holland, Michael	St. Martin's Univ WA	16.73	3
7	Wiedmer, Casey	St. Martin's Univ WA	18.75	2

### Men's 400-meter Hurdles

<i>Plc</i>	<i>Name</i>	<i>School</i>	<i>Finals</i>	<i>Points</i>
1	Darling, Logan	Western Washington Univ	56.35	10
2	Villanueva, Phillip	Western Washington Univ	57.57	8
3	Grudzinski, Levi	Western Washington Univ	58.08	6
4	Wiedmer, Casey	St. Martin's Univ WA	59.99	5
5	Holland, Michael	St. Martin's Univ WA	1:03.49	4
6	Hymes, Jemari	Green River CC WA	1:07.84	3

### Men's 3000-meter Steeplechase

<i>Plc</i>	<i>Name</i>	<i>School</i>	<i>Finals</i>	<i>Points</i>
1	Brockerville, Ryan	Simon Fraser Univ BC	9:08.61	10
2	Maynard, Jordan	Univ British Columbia	9:38.63	8
3	Reiter, Joshua	Western Washington Univ	9:45.86	6
4	Johnson, Kyle	Western Washington Univ	9:48.22	5
5	Peterson, Dylan	Western Washington Univ	9:58.71	4
6	MacLean, Nicholas	Univ British Columbia	10:32.65	3
7	Felch, Scott	Everett CC WA	10:36.81	2
8	Slaughter, Derek	Western Washington Univ	10:44.31	1

9	Schruhl, Brenden	Olympic Coll	10:45.02
10	Clark, Duncan	Everett CC WA	10:49.14
11	Foot, Garrett	Northwest Univ WA	11:45.51

#### Men's 4x100-meter Relay

<i>Plc</i>	<i>School</i>	<i>Finals</i>	<i>Points</i>
1	Western Washington Univ 1) Pangilinan, Mark / 2) Okazaki, Cory / 3) Villanueva, Phillip / 4) Tilley, Alex	43.29	10
2	Green River CC WA 1) Webster, Treyvon / 2) Bateman, Kevin / 3) Wilcher, Jacob / 4) Cange, Frank	45.07	8
3	Univ British Columbia 1) Brar, Parmveer / 2) Grzelak, Patrick / 3) Strachan, Alex / 4) Yeung, Chris	45.45	6
4	St. Martin's Univ WA 'A' 1) Dodge, Travis / 2) Hamman, John / 3) Holland, Michael / 4) Grossaint, Cameron	45.94	5
5	Everett CC WA 1) Bazilme, Delwin / 2) Hill, Dylan / 3) Manzano, Kaniala / 4) Green, Billy	46.00	4
6	St. Martin's Univ WA 'B' 1) Wiedmer, Casey / 2) Lindhart, Dylan / 3) Karnofski, Kyle / 4) Green, Jeremy	48.00	

#### Men's 4x400-meter Relay

<i>Plc</i>	<i>School</i>	<i>Finals</i>	<i>Heat</i>	<i>Points</i>
1	Univ British Columbia 1) Weichel, Dylan / 2) Hole, Nigel / 3) Kennedy, Aidan / 4) Paul-Morris, Adam	3:22.4h	2	10
2	Western Washington Univ 'A' 1) Tilley, Alex / 2) Hopper, Dylan / 3) Morales, Gabriel / 4) Darling, Logan	3:24.3h	2	8
3	Western Washington Univ 'B' 1) Villanueva, Phillip / 2) Grudzinski, Levi / 3) Logue, Colin / 4) Schick, Karsten	3:30.8h	1	
4	Western Washington Univ 'C' 1) Timpe, Braden / 2) Abraham, Nick / 3) Johnson, Kyle / 4) Lyons, Sam	3:32.1h	1	
5	Olympic Coll WA 1) Thomas, Travis / 2) Delicino, Jeremy / 3) Harvey-Tamplin, Kameron / 4) Crock, Andrew	3:34.2h	2	6
6	Skagit Valley Coll WA 1) O'Neill, Aaron / 2) McIntosh, Greg / 3) Phipps, Jacob / 4) Johnson, Logan	3:35.2h	2	5
7	St. Martin's Univ WA 'A' 1) Patti, Joseph / 2) DeMoss, Devon / 3) Wiedmer, Casey / 4) Karnofski, Kyle	3:36.1h	2	4
8	Green River CC WA 1) Hughes, Taylor / 2) Wilcher, Jacob / 3) Webster, Treyvon / 4) Bateman, Kevin	3:38.1h	2	3
9	St. Martin's Univ WA 'B' 1) Holland, Michael / 2) Hunt, Spencer / 3) Linhart, Dylan / 4) Hamman, John	3:52.2h	1	
10	Everett CC WA 1) Martz, Brandon / 2) Newsom, Aaron / 3) Felch, Scott / 4) Bywater, John	4:01.1h	1	2

#### Men's High Jump

<i>Plc</i>	<i>Name</i>	<i>School</i>	<i>Finals</i>	<i>Points</i>
1	Schick, Karsten	Western Washington Univ	1.86m 6-01.25	10
2	Bateman, Kevin	Green River CC WA	1.75m 5-08.75	8
3	Green, Jeremy	St. Martin's Univ WA	1.70m 5-07.00	6
4	Karnofski, Kyle	St. Martin's Univ WA	1.65m 5-05.00	5

#### Men's Pole Vault

<i>Plc</i>	<i>Name</i>	<i>School</i>	<i>Finals</i>	<i>Points</i>
1	Brown, Ryan	Western Washington Univ	5.15m 16-10.75	10
2	McCoy, Scott	Club Northwest WA	4.80m 15-09.00	8
3	Komoto, Keenan	Western Washington Univ	4.50m 14-09.00	6
4	Rosenberg, Cal	Western Washington Univ	4.35m 14-03.25	5
5	Will, Tyler	Western Washington Univ	4.20m 13-09.25	4
6	Millson, Michael	Western Washington Univ	4.05m 13-03.50	
7	VandenBos, Christopher	Western Washington Univ	3.90m 12-09.50	
7	Guidon, Thomas	Western Washington Univ	3.90m 12-09.50	
nh	Zesbaugh, Zack	Everett CC WA		
nh	Holland, Michael	St. Martin's Univ WA		

**Men's Long Jump**

<i>Plc</i>	<i>Name</i>	<i>School</i>	<i>Finals</i>		<i>Wind</i>	<i>Points</i>
1	Nicolas, Dennis	Simon Fraser Univ BC	6.79m	22-03.50	+1.2	10
2	Grzelak, Patrick	Univ British Columbia	6.68m	21-11.00	+0.5	8
3	Peters, Greg	Northwest Univ WA	6.55m	21-06.00	+0.6	6
4	Singh, Mandeep	Everett CC WA	6.52m	21-04.75	+1.1	5
5	Mukai, Mickey	Western Washington Univ	6.40m	21-00.00	+1.8	4
6	Elliott, Svob	Univ British Columbia	6.25m	20-06.25	+0.9	3
7	Millson, Michael	Western Washington Univ	6.14m	20-01.75	+0.6	2
8	Thomas, Travis	Olympic Coll WA	6.13m	20-01.50	+2.0	1
9	Waltman, Jason	Northwest Univ WA	6.12m	20-01.00	+0.9	
10	Tran, Daniel	Western Washington Univ	6.09m	19-11.75	+2.0	
11	Rainey, Edwin	Everett CC WA	5.72m	18-09.25	+0.5	
12	Karnofski, Kyle	St. Martin's Univ WA	5.70m	18-08.50	+1.8	
13	Rosenberg, Cal	Western Washington Univ	5.53m	18-01.75	+1.1	
14	Gilje, Cody	Green River CC WA	5.51m	18-01.00	+1.4	
15	Ou, Andrew	Simon Fraser Univ BC	3.90m	12-09.50	+1.1	
nm	Melu, Josh	Green River CC WA				

**Men's Triple Jump**

<i>Plc</i>	<i>Name</i>	<i>School</i>	<i>Finals</i>		<i>Wind</i>	<i>Points</i>
1	Melu, Josh	Green River CC WA	13.72m	45-00.25	+1.0	10
2	Babcock, Joseph	Northwest Univ WA	13.27m	43-06.50	+0.6	8
3	Singh, Mandeep	Everett CC WA	12.86m	42-02.25	+0.0	6
4	Thomas, Travis	Olympic Coll WA	12.60m	41-04.25	+0.2	5
5	Tran, Daniel	Western Washington Univ	12.45m	40-10.25	+0.6	4
6	Mukai, Mickey	Western Washington Univ	12.43m	40-09.50	+0.0	3
7	Gilje, Cody	Green River CC WA	11.98m	39-03.75	+0.2	2
8	Rainey, Edwin	Everett CC WA	11.84m	38-10.25	+0.4	1
nm	Peters, Greg	Northwest Univ WA				

**Men's Shot Put**

<i>Plc</i>	<i>Name</i>	<i>School</i>	<i>Finals</i>		<i>Points</i>
1	Elder, Ben	Western Washington Univ	15.48m	50-09.50	10
2	Westlin, Nelson	Western Washington Univ	14.73m	48-04.00	8
3	Hoffman, Michael	Western Washington Univ	13.57m	44-06.25	6
4	Waltman, Jason	Northwest Univ WA	13.30m	43-07.75	5
5	Knight, Andrew	Western Washington Univ	12.79m	41-11.50	4
6	Chue, Samuel	Western Washington Univ	12.72m	41-08.75	
7	Nichols, Tyler	Western Washington Univ	11.98m	39-03.75	
8	Boone, Dylan	St. Martin's Univ WA	10.70m	35-01.25	3
9	Panesar, Gurdas	Univ British Columbia	10.17m	33-04.50	2
10	Slimane, Patrick	Skagit Valley Coll WA	10.03m	32-11.00	1
11	Seanoa, Malaki	Everett CC WA	8.40m	27-06.75	

**Men's Discus Throw**

<i>Plc</i>	<i>Name</i>	<i>School</i>	<i>Finals</i>		<i>Points</i>
1	Hoffman, Michael	Western Washington Univ	48.91m	160-05	10
2	Elder, Ben	Western Washington Univ	47.55m	156-00	8
3	Gilbert, Jacob	Western Washington Univ	44.06m	144-07	6
4	Chue, Samuel	Western Washington Univ	43.62m	143-01	5
5	Boone, Dylan	St. Martin's Univ WA	42.38m	139-00	4
6	Waltman, Jason	Northwest Univ WA	41.15m	135-00	3
7	Freeman, Josh	Club Northwest WA	40.12m	131-07	2
8	Nichols, Tyler	Western Washington Univ	36.85m	120-11	
9	Mayberry, Colby	Western Washington Univ	36.55m	119-11	
10	Rodgers, Bobby	Club Northwest WA	32.09m	105-03	1
11	Valdez, Robert	Northwest Univ WA	25.68m	84-03	

**Men's Hammer Throw**

<i>Plc</i>	<i>Name</i>	<i>School</i>	<i>Finals</i>		<i>Points</i>
1	Hoffman, Michael	Western Washington Univ	56.49m	185-04	10
2	Elder, Ben	Western Washington Univ	46.51m	152-07	8
3	Rodgers, Bobby	Club Northwest WA	45.59m	149-07	6
4	Nichols, Tyler	Western Washington Univ	45.10m	147-11	5
5	Gilbert, Jacob	Western Washington Univ	40.11m	131-07	4

6	Petty, Tyler	Northwest Univ WA	37.86m	124-02	3
7	<a href="#">Knight, Andrew</a>	<a href="#">Western Washington Univ</a>	<a href="#">36.83m</a>	<a href="#">120-09</a>	
8	Kee, Tatsuya	Western Washington Univ	35.70m	117-01	
9	Mayberry, Colby	Western Washington Univ	34.88m	114-05	
10	Bates, Kenny	Everett CC WA	32.16m	105-06	2
11	Panesar, Gurdas	Univ British Columbia	31.86m	104-06	1
12	Chue, Samuel	Western Washington Univ	30.90m	101-04	
13	Valdez, Robert	Northwest Univ WA	30.88m	101-04	
14	Grady, Travis	St. Martin's Univ WA	30.59m	100-04	
15	Westlin, Nelson	Western Washington Univ	30.48m	100-00	
16	Player, Anthony	St. Martin's Univ WA	29.75m	97-07	
17	Roberts, Cory	St. Martin's Univ WA	28.88m	94-09	

### Men's Javelin Throw

Plc	Name	School	Finals		Points
1	White, Andy	Univ British Columbia	67.27m	220-08	10
2	Watson, Marcus	Univ British Columbia	62.39m	204-08	8
3	Seanoa, Malaki	Everett CC WA	56.05m	183-11	6
4	Mayberry, Colby	Western Washington Univ	55.46m	181-11	5
5	Bates, Kenny	Everett CC WA	51.99m	170-07	4
6	Coles, Ben	Simon Fraser Univ BC	51.82m	170-00	3
7	DeKock, Ben	Western Washington Univ	51.68m	169-07	2
8	Valdez, Robert	Northwest Univ WA	50.51m	165-08	1
9	Petty, Tyler	Northwest Univ WA	45.05m	147-10	

### Men's Decathlon

Plc	Name	School	Finals								Points		
1	Roddewig, Brandon	Central Washington Univ	5989								10		
			event	100m	LJ	SP	HJ	400m	110m H	DT	PV	JT	1500m
			mark	11.90	5.95m	9.50m	1.96m	55.34	16.19	27.72m	4.35m	45.91m	5:00.10
			metric	--	19-6 1/4	31-2	6-5	--	--	90-11	14-3 1/4	150-7	--
			wind	nwi	+1.1	--	--	--	+0.0	--	--	--	--
			points	671	576	456	767	585	711	420	716	528	559
2	Caryl, Jason	Central Washington Univ	5929								8		
			event	100m	LJ	SP	HJ	400m	110m H	DT	PV	JT	1500m
			mark	11.50	6.48m	10.77m	1.84m	52.45	18.08	25.80m	3.65m	47.83m	4:51.92
			metric	--	21-3	35-4	6-0 1/2	--	--	84-8	11-11 3/4	156-11	--
			wind	+0.0	+0.6	--	--	--	+0.0	--	--	--	--
			points	753	693	532	661	705	516	383	522	557	607
3	Collins, Nick	Unattached	5728										
			event	100m	LJ	SP	HJ	400m	110m H	DT	PV	JT	1500m
			mark	12.12	6.44m	12.09m	1.78m	56.45	19.65	40.30m	4.15m	43.95m	5:21.03
			metric	--	21-1 1/2	39-8	5-10	--	--	132-3	13-7 1/4	144-2	--
			wind	nwi	+1.2	--	--	--	+0.0	--	--	--	--
			points	628	684	612	610	542	377	671	659	500	445
4	Hunter, Scott	Central Washington Univ	5562								6		
			event	100m	LJ	SP	HJ	400m	110m H	DT	PV	JT	1500m
			mark	12.01	6.26m	8.87m	1.81m	53.88	17.90	28.07m	4.45m	34.86m	5:11.59
			metric	--	20-6 1/2	29-1 1/4	5-11 1/4	--	--	92-1	14-7 1/4	114-4	--
			wind	nwi	+2.2	--	--	--	+0.0	--	--	--	--
			points	649	644	418	636	645	534	427	746	368	495
5	Venema, Andrew	Central Washington Univ	5547								5		
			event	100m	LJ	SP	HJ	400m	110m H	DT	PV	JT	1500m
			mark	11.90	6.12m	10.84m	1.78m	54.02	16.07	31.80m	3.55m	31.62m	5:22.88
			metric	--	20-1	35-6 3/4	5-10	--	--	104-4	11-7 3/4	103-9	--
			wind	+0.0	+1.3	--	--	--	+0.0	--	--	--	--

	event	100m	LJ	SP	HJ	400m	110m H	DT	PV	JT	1500m
6	Clendaniel, Tim Western Washington Univ 5540 4										
	event	100m	LJ	SP	HJ	400m	110m H	DT	PV	JT	1500m
	points	671	613	536	610	639	725	500	496	322	435
	event	100m	LJ	SP	HJ	400m	110m H	DT	PV	JT	1500m
	mark	11.64	6.26m	10.30m	1.72m	55.42	16.62	29.27m	3.65m	39.81m	5:19.82
	metric	--	20-6 1/2	33-9 1/2	5-7 3/4	--	--	96-0	11-11 3/4	130-7	--
	wind	+0.0	+1.3	--	--	--	+0.0	--	--	--	--
	points	723	644	504	560	582	665	450	522	439	451
7	Steinke, Thomas Central Washington Univ 5288										
	event	100m	LJ	SP	HJ	400m	110m H	DT	PV	JT	1500m
	mark	12.24	5.73m	10.25m	1.72m	56.62	17.22	24.71m	3.85m	45.58m	5:11.53
	metric	--	18-9 1/2	33-7 1/2	5-7 3/4	--	--	81-1	12-7 1/2	149-6	--
	wind	+0.0	+0.2	--	--	--	+0.0	--	--	--	--
	points	605	529	501	560	535	602	362	576	523	495
8	Hartwigen, Derek Western Washington Univ 4966 3										
	event	100m	LJ	SP	HJ	400m	110m H	DT	PV	JT	1500m
	mark	12.17	5.44m	11.60m	1.66m	59.31	17.74	30.84m	3.05m	46.48m	5:27.38
	metric	--	17-10 1/4	38-0 3/4	5-5 1/4	--	--	101-2	10-0	152-6	--
	wind	nwi	+1.0	--	--	--	+0.0	--	--	--	--
	points	618	469	582	512	437	549	481	369	537	412
9	Stralser, Michael Western Washington Univ 4911 2										
	event	100m	LJ	SP	HJ	400m	110m H	DT	PV	JT	1500m
	mark	11.77	5.52m	8.44m	1.60m	53.87	17.74	29.55m	3.55m	33.50m	5:34.34
	metric	--	18-1 1/4	27-8 1/4	5-3	--	--	96-11	11-7 3/4	109-11	--
	wind	nwi	+0.9	--	--	--	+0.0	--	--	--	--
	points	697	485	392	464	645	549	456	496	349	378
10	Gordon, Dylan Western Washington Univ 4172 1										
	event	100m	LJ	SP	HJ	400m	110m H	DT	PV	JT	1500m
	mark	12.22	5.57m	9.16m	1.45m	58.77	18.98	20.32m	3.35m	30.99m	5:39.12
	metric	--	18-3 1/4	30-0 3/4	4-9	--	--	66-8	10-11 3/4	101-8	--
	wind	+0.0	+1.0	--	--	--	+0.0	--	--	--	--
	points	608	496	435	352	456	434	278	444	313	356
dnf	Rick, Scott Unattached										
	event	100m	LJ	SP	HJ	400m	110m H	DT	PV	JT	1500m
	mark	nt	nm	nm	1.75m	dns	dns	dns	dns	dns	dns
	metric	--	--	--	5-8 3/4	--	--	--	--	--	--
	wind	--	--	--	--	--	--	--	--	--	--
	points	0	0	0	585	retired	--	--	--	--	--

#### Men's Final Team Scores

1)	Western Washington Univ	286
2)	Univ British Columbia	125
3)	Everett CC WA	74
4)	Simon Fraser Univ BC	60
5)	St. Martin's Univ WA	57
6)	Club Northwest WA	53
7)	Green River CC WA	45
8)	Northwest Univ WA	32
9)	Central Washington Univ	29
10)	Skagit Valley Coll WA	17
11)	Olympic Coll WA	12
12)	Douglas Coll BC	2