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# Central Washington University Men's Track and Field Review, 1995

Central Washington University Athletics

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## 1995 MEN'S TRACK REVIEW

### DATE MEET CWU Winners

Mar. 4 Washington Invitational None  
Mar. 11 Salzman Invitational 400 - Aaron Lind 51.76; LJ - Rob Rising 21-1 1/2  
Mar. 16-17 WWU Decathlon B.J. Wilson 6028  
Mar. 18 Husky Classic None  
Mar. 18 Tri-City Sports Festival LJ - Rob Rising 23-6 1/4  
Mar. 25 Spring Break Open 5000 - Eric Tollefson 14:27.5  
Apr. 8 WWU 91, CWU 68 1500 - Eric Tollefson 3:58.8; 3000 - Tollefson 3:58.8; LJ - Jason Huff 21-8 3/4; TJ - Pat Reddick 43-0; HJ - Caleb Gott 6-4 3/4; PV - John Perry 13-5 1/4; Disc - Joe Pearce 141-2  
Apr. 15 Spike Arlt Triangular 400 - Rob Rising 49.5; Steeple - Cande Gonzalez 9:36.3; 110 Hurdles - John Perry 15.7; 4x100 - Central 42.9; 4x400 - Central 3:23.4; HJ - James Neil 6-5; LJ - Rob Rising 23-10 3/4; TJ - Pat Reddick 43-7 1/2; Disc - Lloyd Tibeau 142-0; SP - Mike Manz 44-7 1/2; Jav - Antoine Butcher 185-1  
Apr. 22 UPS Shotwell 4x100 - Central 42.59; LJ - Rob Rising 23-11 1/2  
Apr. 23-24 PNW Region Decathlon B.J. Wilson 6458  
Apr. 29 PSTC Invitational None  
May 6 PNWAC 400 - Rob Rising 50.0; Steeple - Cande Gonzalez 9:22.0; 4x100 - Central 42.7; LJ - Rob Rising 22-5; TJ - Pat Reddick 44-8 1/4; PV - John Perry 13-7 1/2; Disc - Tony Hoiby 150-6  
May 12-13 PNW Regional Steeple - Cande Gonzalez 9:18.26; 10,000 - Eric Tollefson 31:26.09; LJ - Rob Rising 22-10 1/2  
May 20 Adidas Track Classic None  
May 25-27 NAIA Nationals None

### INVITATIONAL TEAM SCORES

Salzman Invitational (Mar. 11 at Tacoma) - Pacific Lutheran 241, Western Washington 155, Central Washington 113, Whitworth 88, Puget Sound 76, Seattle Pacific 43, Whitman 35.

Spike Arlt Triangular (Apr. 15 at Ellensburg) - Central Washington 104, Western Washington 59, Puget Sound 39.

UPS Shotwell Invitational (Apr. 22 at Tacoma) - Linfield 146, Pacific Lutheran 146, Central Washington 115, Western Washington 110, Western Oregon 85, Puget Sound 71, George Fox 57, Simon Fraser 31, Washington 4.

PNWAC (May 6 at Bellingham)

Team scores - Western Washington 82, Central Washington 80, Simon Fraser 29, Puget Sound 21.

CWU placers (Top 4): Decathlon - 1. B.J. Wilson 6458, 4. John Perry 5615; 100 - 2. B.J. Wilson 10.9, 4. Caleb Gott 10.9; 200 - 3. Caleb Gott 23.4; 400 - 1. Rob Rising 50.0; Steeple - 1. Cande Gonzalez 9:22.0; 5000 - 3. Brent Hooper 15:16.0; 110 Hurdles - 3. John Perry 15.5, 4. B.J. Wilson 15.6; 4x100 - 1. Gott, Wilson, Rising, Huff 42.7; 4x400 - 2. Wilson, Covell, A. Lind, Rising 3:23.9; HJ - 2. James Neil and Caleb Gott 6-4; LJ - 1. Rob Rising 22-5, 2. B.J. Wilson 22-1 3/4, 4. Caleb Gott 21-6 1/4; TJ - 1. Pat Reddick 44-8 1/4, 3. Gabe Campbell 43-7 1/2; PV - 1. John Perry 13-7 1/2, 3. Brian Moore 13-1 1/2, 4. Craig Yeagley, Don Perry and Dave Goretski 12-7 1/2; Discus - 1. Tony Hoiby 150-6, 3. Joe Pearce 139-4; Jav - 3. Tony Hoiby 163-4; Shot - 2. Mike Manz 47-2 1/2, 3. Ken Johnson 42-10 1/4, 4. Brent Malmberg 42-8; Hammer - 3. Brian Wilson 133-6.

#### PNW Regional (May 12-13 at Tacoma)

Team scores - Pacific Lutheran 139 1/2, Western Oregon 116, Central Washington 112, Western Washington 109, George Fox 87 1/2, Southern Oregon 60 1/2, Simon Fraser 49, Eastern Oregon 43 1/2, Puget Sound 39, Whitworth 37, Northwest Nazarene 13, Willamette 10, Whitman 8.

CWU placers: Decathlon - 1. B.J. Wilson 6458, 4. John Perry 5615; 100 - 8. B.J. Wilson 11.46; 400 - 2. Rob Rising 49.78; 800 - 7. Allen Covell 1:56.89; 1500 - 6. Donovan Russell 4:08.35; Steeplechase - 1. Cande Gonzalez 9:18.26, 3. Brent Hooper 9:28.67; 5000 - 4. Eric Tollefson 15:04.92, 7. Cande Gonzalez 15:16.03; 10,000 - 1. Eric Tollefson 31:26.09, 8. Gary DeSanctis 34:55.47; 110 Hurdles - 7. John Perry 15.96; 4x100 Relay - 6. Caleb Gott, B.J. Wilson, Rob Rising, John Perry 45.27; 4x400 - 4. Garth Lind, Allan Covell, Aaron Lind, Rob Rising 3:22.07; High Jump - 8. Caleb Gott 6-4; Long Jump - 1. Rob Rising 22-10 1/2, 8. B.J. Wilson 21-1 1/2; Triple Jump - 2. Pat Reddick 45-10, 7. Gabe Campbell 43-4 1/2; Pole Vault - 5. John Perry 14-0; Discus - 3. Tony Hoiby 147-5, 7. Ken Johnson 135-6; Jav - 8. Antoine Butcher 186-2.

## NAIA NATIONALS (May 25-27 at Azusa, Calif.)

Team Scoring - 51st, 2.

Thursday: Long Jump - 8. Rob Rising 23-7 1/2. 10,000 - 15. Eric Tollefson 31:50.63. Steeplechase - Cande Gonzalez 9:23.10 (5th in heat, advances), Brent Hooper 9:28.51 (6th in heat). Decathlon - B.J. Wilson (100 - 11.24, Long Jump - No mark, Shot Put - 41-4 1/2, High Jump - 5-11 1/4, 400 - 54.14).

Friday: Decathlon - 14. B.J. Wilson 5581 (100 Hurdles - 16.78, Discus - 110-2, Pole Vault - 12-5 1/2, Javelin - 165-0 1/2, 1500 - 5:05.74). 5000 - Eric Tollefson 14:45.76 (1st in heat, advances).

Saturday: Marathon - 19. Gary DeSanctis 2:41:15.0. Steeplechase - 8. Cande Gonzales 9:21.98. 5000 - 9. Eric Tollefson 14:55.07. Discus - 15. Tony Hoiby 146-10.

## BEST MARKS

Running Events: 100 - B.J. Wilson 10.9 (4-15 & 5-6), Caleb Gott 10.9 (5-6); 200 - Jim Jordan 22.3 (4-15); 400 - Rob Rising 49.5 (4-15); 800 - Allan Covell 1:55.89 (4-29); 1500 - Eric Tollefson 3:58.2 (4-29); 3000 - Eric Tollefson 8:41.4 (4-8); Steeplechase - Cande Gonzalez 9:18.26 (5-12); 5000 - Eric Tollefson 14:27.5 (3-25); 10,000 - Eric Tollefson 30:22.81 (4-15); 5000 Race-Walk - No performances; Marathon - Gary DeSanctis 2:41:15.0.

Hurdles: 110 Highs - John Perry 15.5 (5-6); 400 Intermediates - John Perry 1:00.7 (4-8).

Relays: 4x100 - Caleb Gott, B.J. Wilson, Rob Rising, Jim Jordan 42.59 (4-22); 4x400 - Garth Lind, Allan Covell, Jared Lind, Rob Rising 3:21.46 (4-29).

Jumping Events: High Jump - Caleb Gott 6-6 1/4 (4-29); Pole Vault - John Perry 14-1 1/4 (4-24); Long Jump - Rob Rising 23-11 1/2 (4-22); Triple Jump - Pat Reddick 45-10 (5-13).

Weight Events: Shot Put - Mike Manz 47-2 1/2 (5-6); Javelin - Antoine Butcher 191-7 (4-22); Discus - Tony Hoiby 150-6 (5-6); Hammer - Brian Wilson 133-6 (5-6); Decathlon - B.J. Wilson 6458 (Apr. 23-24).

## AWARD WINNERS

Captain - Eric Tollefson, Rob Rising and B.J. Wilson. Inspirational - Rob Rising. MVP - Rob Rising.

Letter winners - Brent Hooper (4), Cande Gonzalez (3), Pat Reddick (3), Eric Tollefson (3), B.J. Wilson (3), Antoine Butcher (2), Gabe Campbell (2) Allan Covell (2), Mike Manz (2), Brian Moore (2), John Perry (2), Donovan Russell (2), Don Perry (2), Gary DeSanctis, David Goretski, Caleb Gott, Tony Hoiby, Jason Huff, Ken Johnson, Aaron Lind, Garth Lind, Jared Lind, Brent Malmberg, James Neil, Joe Pearce, Rob Rising, Brian Wilson, Craig Yeagley.