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Central Washington University Track and Field Summaries, 2000

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2000 Men's Track Meet Summaries

Washington Preview Track and Field (Mar. 4, 2000 at Seattle)

100 - 1. Chris Faulconer, CWU, 10.83; 2. Willem Ryan, Coquitlam, 10.90; 3. Mike Lynch, WWU, 10.96; 54. Greg Forni, UW, 11.24; 5. Josh DeLay, CWU, 11.25; 6. Jelani Harrison, unat., 11.27.

200 - 1. Chris Faulconer, CWU, 21.73; 2. Mike Lynch, WWU, 21.82; 3. Willem Ryan, Coquitlam, 21.93; 4. Anthony Wilson, Coquitlam, 22.09; 5. Karl Lerum, unat., 22.27; 6. Josh DeLay, CWU, 22.63; 14. Julian Trevino, CWU, 23.20; 16. Nick Haralson, CWU, 23.23.

400 - 1. Sean Wilkerson, NWC, 50.34; 2. Jake Young, NWC, 50.36; 3. Jake Dill, UW, 50.50; 4. Anthony Walters, UW, 50.64; 5. Chris Peterson, HCC, 50.75; 6. Nick Haralson, CWU, 50.76; 7. Julian Trevino, CWU, 50.80; 11. Shawn Bills, CWU, 51.94.

800 - 1. Geoff Perry, UW, 1:53.90; 2. Jason Cadman, UW, 1:55.70; 3. Mike Houston, PLU, 1:56.19; 4. Pat Boyd, unat., 1:56.40; 5. Neal Fryett, SPU, 1:56.78; 6. McCoy Chitlins, unat., 1:57.46; 15. Kevin Gary, CWU, 2:00.43; 17. Brett Johnson, CWU, 2:01.33; 27. Kojo Obeng, CWU, 2:12.06.

1500 - 1. Geoff Perry, UW, 3:49.37; 2. Jonathon Swanson, unat., 3:51.36; 3. Devin Kemper, WWU, 3:59.25; 4. Tom Gaschk, CWU, 3:59.57; 5. Mike Hill, UW, 4:01.10; 6. Nathaniel Castle, SPU, 4:01.86.

Steeplechase - 1. Tom Hildrum, UW, 9:16.24; 2. Paul Harkins, UW, 9:17.12; 3. Reagan Grabne, UPS, 9:42.14; 4. Sam Berg, UPS, 9:49.29; 5. Zac Boteilho, WWU, 10:06.91; 6. Dane Estes, CWU, 10:14.07.

5000 - 1. David Bazzi, UW, 14:01.93; 2. Brad Barquist, unat., 14:04.11; 3. Eric Tollefson, unat., 14:06.75; 4. John Russell, UW, 14:10.18; 5. Jason Fayant, UW, 14:11.38; 6. Dave Davis, UPS, 14:19.18; 17. Curt Stephan, CWU, 15:52.22; 18. Fred Schmitt, CWU, 15:59.15; 22. Kent Zettel, CWU, 16:14.76; 23. Mike Johnson, CWU, 16:19.88; 24. Seth Miller, CWU, 16:27.68; 29. Dameon Marlow, CWU, 17:20.73.

10,000 - 1. Christian Belz, unat., 30:27.75; 2. Uli Steidl, unat., 30:30.35; 3. Matt Messner, CNW, 30:44.91; 4. Dave Schruth, UW, 31:03.55; 5. Ben Koss, UW, 31:24.33; 6. Dan Schruth, unat., 31:29.72; 9. John Moir, CWU, 33:29.84; 11. Jay Bartlett, CWU, 33:52.58.

110 Hurdles - 1. Ben Meyer, UW, 14.27; 2. Jacob Predmore, UW, 14.53; 3. Josh Renz, UW, 14.94; 4. Greg Barber, UW, 15.06; 5. Abdul Rahman, unat., 15.10; 6. Kyle Wallace, WWU, 15.83; 9. Vince Butorac, CWU, 16.08; 11. Erik Iverson, CWU, 16.34.

400 Hurdles - 1. Ben Meyer, UW, 53.18; 2. Jacob Predmore, UW, 53.67; 3. Nick Little, WWU, 54.81; 4. Greg Forni, UW, 55.01; 5. Jeremy Dow, SPU, 55.04; 6. Josh Renz, UW, 56.27.

4x100 Relay - 1. Coquitlam 41.91; 2. Washington 42.05; 3. Central Washington 42.18; 4. Washington 43.50; 5. Pacific Lutheran 43.56; 6. Western Washington 43.58.

4x400 Relay - 1. Western Washington 3:24.67; 2. Washington 3:24.94; 3. Central Washington 3:25.14; 4. Unattached 3:26.17; 5. Seattle Pacific 3:26.25.

High Jump - 1. Nathan Lindeman, WWU, 6-8 3/4; 2. Sean Steele, UW, 6-6 3/4; 3. Frank Remund, UW, 6-4 3/4; 4. Eric Green, WWU, 6-4 3/4; 5. Antonio Bush, unat., 6-2 3/4; 6. Tony Butorac, CWU, 6-0 3/4, and Karl Lerum, unat., 6-0 3/4.

Pole Vault - 1. Matt Phillips, UW, 16-4 3/4; 2. Brad Walker, UW, 15-9; 3. Owen Iddings, UW, 15-1; 4. Aaron Bass, SPU, 14-1 1/4; 5. Michael Alexander, CWU, Eric Daniel, unat., and Matt Clifford, unat., 13-9 1/4.

Javelin - 1. Rob Minnitti, UW, 219-6; 2. Justin St. Clair, UW, 212-9; 3. Travis Huntsinger, WWU, 194-1; 4. Marcus Rissmiller, PLU, 188-0; 5. Brett Butcher, CWU, 183-11; 6. Tyler Wingard, CNW, 183-6; 8. Zach Spaet, CWU, 175-2.

Shot Put - 1. Ben Lindsey, UW, 59- 1 3/4; 2. Doug Jackson, UW, 50-10; 3. Craig Downey, UW, 44-6 3/4; 4. Tim Jolin, WWU, 38-7 3/4; 5. Eric Knutson, WWU, 35-10; 6. Andrew Steiner, SPU, 35-8 1/2.

Discus - 1. Ben Lindsey, UW, 181-3; 2. Craig Downey, UW, 135-11; 3. Tony Kyle, WWU, 134-6; 4. Tim Jolin, WWU, 121-4; 5. Doug Jackson, UW, 119-10; 6. Jared Paxton, HCC, 115-10.

Hammer - 1. Erik Probstfield, CNW, 183-1; 2. Craig Downey, UW, 141-8; 3. Tim Jolin, WWU, 127-3; 4. Doug Jackson, UW, 127-3; 5. Micah Melton, UPS, 124-8.

PLU Salzman Invitational (Mar. 11, 2000 at Tacoma)

Team Scores - Washington 223, Central Washington 121 1/2, Pacific Lutheran 88, Western Washington 85, Highline CC 53 1/2, Puget Sound 53, Seattle Pacific 46, Northwest College 25, Alaska Anchorage 16, Eastern Washington 8, Whitman 4. (Co-ed - Washington 488 1/2, Seattle Pacific 185 1/2, Central Washington 180 1/2, Pacific Lutheran 162, Western Washington 157, Puget Sound 96, Highline CC 90 1/2, Northwest College 42, Whitman 17, Alaska Anchorage 16, Eastern Washington 10, St. Martin's 4).

100 - 1. Chris Faulconer, CWU, 10.5; 2. Jelani Harrison, UW, 10.7; 3. Sydney Brathwaite, HCC, 10.9; 4. Greg Forni, UW, 11.0; 5. Josh DeLay, CWU, 11.2; 6. Belford Brown, HCC 11.3; 7. Tim Scott, unat, and Kevin Giboney, PLU, 11.4.

200 - 1. Chris Faulconer, CWU, 21.95; 2. Josh DeLay, CWU, 22.42; 3. Anthony Walters, UW, 22.88; 4. Jacob Predmore, UW, 22.95; 5. Kevin Giboney, PLU, 22.99; 6. Sydney Brathwaite, HCC, and Kojo Obeng, CWU, 23.04; 8. LeRoy Horton, PLU, 23.21; 12. Jim Lane, CWU, 23.54; 15. Julian Trevino, CWU, 23.64.

400 - 1. James Mackey, UW, 48.4; 2. Anthony Walters, UW, 50.3; 3. Jake Dill, UW, 50.5; 4. Nick Haralson, CWU, 50.6; 5. Shawn Bills, CWU, 50.8; 6. Jake Young, NWC, 51.1; 7. Chris Peterson, HCC, 51.3; 8. Steve Costello, SPU, 51.6; 9. Julian Trevino, CWU, 52.1; 13. Jim Lane, CWU, 53.1.

800 - 1. Pat Boyd, HCC, 1:56.07; 2. Mike Houston, PLU, 1:56.29; 3. Jason Cadman, UW, 1:56.32; 4. John Snyder, unat, 1:57.00; 5. Sean Wilkerson, NWC, 1:58.93; 6. Tim Hildrum, UW, 1:59.26; 7. Forrest Griek, PLU, 2:00.27; 8. Carsten Croff, PLU, 2:02.51.

3000 - 1. Dave Davis, UPS, 8:23.24; 2. Forrest Griek, PLU, 8:41.02; 3. Tom Gaschk, CWU, 8:49.56; 4. Ben Koss, UW, 8:51.05; 5. Sam Berg, UPS, 8:51.49; 6. Ryan Reed, PLU, 8:53.99; 7. Reagan Grabner, UPS, 8:55.87; 8. Kurt Hartmaier, WWU, 8:57.00; 16. Curt Stephan, CWU, 9:11.32; 18. Fred Schmitt, CWU, 9:14.28; 19. John Moir, CWU, 9:17.31; 23. Dane Estes, CWU, 9:20.96; 24. Jay Bartlett, CWU, 9:21.29; 26. Seth Miller, CWU, 9:26.83; 32. Kent Zettel, CWU, 9:38.44; 39. Dameon Marlow, CWU, 9:56.26.

5000 - 1. Sean Rivers, UAA, 15:08.07; 2. Dagan Bendixen, EWU, 15:19.45; 3. Lorris Williams, UAA, 15:19.75; 4. Phil Olson, NWC, 15:20.79; 5. Lars Tysver, Whitman, 15:51.52; 6. Kalsey Backen, SPU, 15:53.82; 7. Zack Boteilho, WWU, 15:55.55; 8. Mike Johnson, CWU, 16:10.20; 15. Andy Gist, CWU, 16:35.39.

110 High Hurdles - 1. Ben Meyer, UW, 13.9; 2. Joshua Renz, UW, 14.2; 3. Greg Barber, UW, 14.6; 4. Chris Bertholf, PLU, and Justin Braughton, HCC, 15.4; 6. Shipley Ennis, PLU, 15.7; 7. Vince Butorac, CWU, 15.9; 8. Kyle Wallace, WWU, 16.0; 9. Erik Iverson, CWU, 16.2.

400 Hurdles - 1. Ben Meyer, UW, 53.58; 2. Nick Little, WWU, 54.55; 3. Jeremy Dow, SPU, 54.95; 4. Shipley Ennis, PLU, 55.71; 5. Chris Bertholf, PLU, 55.85; 6. Joshua Renz, UW, 56.78; 7. Trevor Sharp, SPU, 57.03; 8. Greg Forni, UW, 57.25.

4x100 Relay - 1. Washington 42.61; 2. Pacific Lutheran 43.00; 3. Central Washington (DeLay, Trevino, Faulconer, Haroldson) 43.33; 4. Highline 43.50; 5. Central Washington 43.92; 6. Western Washington 44.02; 7. Washington 45.03.

4x400 Relay - 1. Washington 3:20.3; 2. Seattle Pacific 3:22.9; 3. Central Washington (Trevino, Lane, Faulconer, Haroldson) 3:25.7; 4. Pacific Lutheran 3:25.9; 5. Northwest College 3:29.8; 6. Western Washington 3:29.9; 7. Central Washington 3:32.9; 8. Highline 3:33.2.

4x800 Relay - 1. Puget Sound 8:07.61; 2. Central Washington (Zahn, Gaschk, B. Johnson, Gary) 8:09.44; 3. Puget Sound 8:25.56; 4. Western Washington 8:37.61; 5. Central Washington 8:40.81; 6. Seattle Pacific 8:52.92.

Distance Medley - 1. Seattle Pacific 10:26.41; 2. Puget Sound 10:31.34; 3. Western Washington 10:33.35; 4. Washington 10:33.52; 5. Puget Sound 11:01.39; 6. Central Washington (Zahn, Wallace, Schmitt, Gary) 11:05.46; 7. Central Washington 11:12.51; 8. Highline 11:12.67.

High Jump - 1. Garrett Miller, PLU, 6-6 3/4; 2. Frank Remund, UW, 6-4 1/4; 3. Sean Steele, UW, 6-4 1/4; 4. Antonio Bush, unat., 6-2; 5. Eric Green, WWU, 6-2; 6. Owen Iddings, UW, 5-11 1/2; 7. Mike Tully, WWU, 5-11 1/2.

Pole Vault - 1. Matt Phillips, UW, 16-6; 2. Owen Iddings, UW, 15-2 1/4; 3. E.J. Iddings, UW, 14-2 1/2; 4. Jason Mauch, PLU, 14-2 1/2; 5. Travis Spencer-Coye, WWU, 14-2 1/2; 6. Brian Davi, HCC, 13-8 1/2; 7. Jon Lund, unat., 13-8 1/2; 8. Mike Alexander, CWU, Scott Alexander, CWU, and Regis Costello, PLU, 13-2 1/2; 17. Travis Wallace, CWU, 12-2 3/4.

Long Jump - 1. Antonio Bush, unat., 22-5 3/4; 2. Djonovan Dobbins, HCC, 22-1 1/2; 3. Tony Butorac, CWU, 21-7 1/4; 4. Brett Butcher, CWU, 21-2 1/2; 5. Joshua Rentz, UW, 21-2; 6. Carlos Williams, UW, 20-11 3/4; 7. Justin Lawrence, unat., 20-7; 8. Martin Cochran, UPS, 20-4 1/2; 11. Vince Butorac, CWU, 19-1 1/2; 12. Mike Alexander, CWU, 18-6 1/2.

Triple Jump - 1. Vince Butorac, CWU, 44-2 1/2; 2. Jesse Lee, NWC, 43-9 3/4; 3. Tony Butorac, CWU, 43-0 1/4; 4. Brett Butcher, CWU, 42-10 3/4; 5. Justin Lawrence, unat., 42-8 3/4; 6. Michael Haney, WWU, 41-8; 7. Lloyd Ball, unat., 40-6 3/4; 8. David Brown, PLU, 39-7 1/4.

Shot Put - 1. Ben Lindsey, UW, 58-2; 2. Tony Hoiby, unat., 48-4 3/4; 3. Doug Jackson, UW, 47-11; 4. Tim Jolin, WWU, 44-9 3/4; 5. Craig Downey, UW, 44-0 1/2; 6. Trevor Roberts, PLU, 43-7 1/4; 7. Erik Knutzen, WWU, 41-11 1/2; 8. Carlos Williams, UW, 38-8 3/4.

Discus - 1. Ben Lindsey, UW, 148-10; 2. Tony Hoiby, unat, 141-6; 3. Tony Kyle, WWU, 122-11; 4. Craig Downey, UW, 120-10; 5. Doug Jackson, UW, 119-11; 6. Andrew Steiner, SPU, 118-9; 7. Paul Anderson, WWU, 112-11; 8. Jared Paxton, HCC, 98-7.

Hammer - 1. Scott Boothby, CNW, 205-8; 2. Eric Probstfield, CNW, 169-8; 3. Tim Jolin, WWU, 128-1; 4. Micah Melton, UPS, 114-0; 5. Eric Chaput, UPS, 106-3.

Javelin - 1. Scott Warren, unat., 227-6; 2. Tyler Wingard, CNW, 197-0; 3. Travis Huntsinger, WWU, 183-0; 4. Chris Gough, SPU, 179-5; 5. Josh Robinson, UW, 179-2; 6. Zach Spaet, CWU, 178-8; 7. Marcus Rismiller, PLU, 175-1; 8. Brett Butcher, CWU, 169-8.

Long Beach Track & Field Classic (Mar. 18, 2000 at Long Beach)

Team Scores - Weber State 191.50, Long Beach State 170, Cornell 154, Southern Utah 129, St Thomas 122.50, UC-Irvine 102, CS Los Angeles 87, Wisconsin-Stout 79.50, NSSU Japan 71, Western State 59, USC 55, Simpson College 49, Colorado School of Mines 40.50, Central Washington 18, U.S. International 8.

100 - 7. Chris Faulconer 10.82; 200 - 9. Chris Faulconer 21.90.

CC of Spokane Invitational (Mar. 18, 2000 at Spokane)

100 - 1. Steve Carey, EWU, 10.84; 2. Jeff Tingey, Ricks, and Seth Morris, CCS, 11.03; 4. Joel Robnett, Whtw, 11.14; 5. Josh DeLay, CWU, and Bryce McDonnell, Whtw, 11.15; 7. Sydney Brathwaite, HCC, 11.24; 8. Matt Miller, CCS, 11.33.

200 - 1. Ryan Karrer, unat., 22.44; 2. Seth Morris, CCS, 22.53; 3. Bryce McDonnell, Whtw, 22.88; 4. Kojo Obeng, CWU, 23.00; 5. Joel Robnett, Whtw, 23.03; 6. Josh DeLay, CWU, 23.24; 7. Beuford Brown, HCC, 23.33; 8. Nick Haralson, CWU, 23.54; 22. Jim Lane, CWU, 24.12.

400 - 1. Mario Duke, unat., 49.24; 2. Leo Suzuki, Whtw, 50.63; 3. Ryan Leavengood, WWU, 50.73; 4. Manzell Blakeley, HCC, 50.84; 5. Sean Wilkerson, NWC, 50.93; 6. Ryan Bergere, CCS, and Jake Young, NWC, 51.04; 8. Ryan Karrer, unat, 51.13; 9. Kojo Obeng, CWU, 51.34; 11. Nick Haralson, CWU, 51.55; 15. Jim Lane, CWU, 52.12.

800 - 1. Devin Kemper, WWU, 1:52.43; 2. Jim Rosenberg, EOU, 1:55.96; 3. Jeremy Trail, Ricks, 1:56.52; 4. Tyson Teeples, Ricks, 1:56.84; 5. Mike Houston, PLU, 1:57.14; 6. Pat Valisto, unat., 1:57.75; 7. Mark Brownell, CCS, 1:59.94; 8. Tim Hart, EWU, 2:00.23; 11. Kevin Gary, CWU, 2:01.51.

1500 - 1. Tom Gaschk, CWU, 3:59.5; 2. Dustin Trail, Ricks, 4:00.7; 3. Kelsey Backen, SPU, 4:03.7; 4. Forrest Griek, PLU, 4:04.5; 5. Brent Roeger, unat, 4:05.5; 6. Shawn Ederly, NIJC, 4:06.15; 7. Unknown 4:06.71; 8. David McNeill, CCS, 4:08.9; 19. Mike Zahn, CWU, 4:16.8; 29. Mike Johnson, CWU, 4:31.4.

Steeplechase - 1. Jesse Zentz, unat, 9:28.29; 2. Matt Kerr, EWU, 9:34.90; 3. Mike Thorniley, unat., 9:36.10; 4. Casey Perry, Montana, 9:36.30; 5. Jim Reed, Montana, 9:36.61; 6. Josh Hart, Ricks, 9:37.66; 7. Jim Marlow, CCS, 9:46.12; 8. Curt Stephan, CWU, 9:51.40; 13. Fred Schmitt, CWU, 10:01.32; 19. Andy Gist, CWU, 10:19.07; 23. Kent Zettel, CWU, 10:26.50.

5000 - 1. Scott Limbach, unat, 14:54.98; 2. Ryan Pauling, unat, 14:55.47; 3. Ryan Reed, PLU, 15:31.62; 4. Ryan Coordes, CCS, 15:32.85; 5. Todd Fayant, CCS, 15:34.59; 6. Sean McLachlan, CCS, 15:37.26; 7. Ernesto Espinoza, CCS, 15:42.02; 8. Alan Davies, PLU, 15:46.64; 15. Jay Bartlett, CWU, 16:15.73; 18. Seth Miller, CWU, 16:23.39; 33. Dameon Marlow 17:33.09.

110 Hurdles - 1. David Stoddard, unat., 14.80; 2. Chad Turner, Ricks, 15.23; 3. Kyle Wallace, WWU, 15.1, and Brad Groh, EWU, 15.33; 5. Vince Butorac, CWU, and Justin Broughton, HCC, 15.4, 7. Keith Gill, CCS, 15.65; 8. Josh Hall, EWU, 15.5.

400 Hurdles - 1. Nick Little, WWU, 54.22; 2. David Stoddard, unat., 54.73; 3. Jeff Tingey, Ricks, 54.84; 4. Stig Robertson, Ricks, 55.75; 5. Curtis Parrish, CCS, and Chris Beothole, PLU, 55.95; 7. Chad Turner, Ricks, 56.44; 8. Jeremy Johnson, unat., 56.63.

4x100 Relay - 1. Central Washington (DeLay, Obeng, Alexander, Bills) 43.6; 2. Highline CC 43.7; 3. Spokane 43.0; 4. Eastern Oregon 43.9.

4x400 - 1. Pacific Lutheran 3:24.8; 2. Ricks 3:26.1; 3. Ricks 3:26.5; 4. Western Washington 3:28.5; 5. Spokane 3:29.3.

Long Jump - 1. Kurt Kraemer, EWU, 23-1 1/4; 2. Brandon Neff, NIJC, 21-3 1/2; 3. Steve Schneider, unat., 20-9 1/4; 4. Tony Butorac, CWU, 20-9; 5. Dobbins Djonovan, HCC, 20-4 1/4; 6. Justin Lawrence, unat, 20-3 1/2; 7. David Brown, PLU, 20-2 1/2; 8. Chad Follett, EOU, 20-1 3/4; 18. Beau Ross, CWU, 18-7 3/4.

Triple Jump - 1. Kurt Kraemer, EWU, 47-4 1/2; 2. Jesse Lee, NWC, 44-2 3/4; 3. Justin Lawrence, unat., 43-7 3/4; 4. Beau Ross, CWU, 43-5 1/4; 5. Tony Butorac, CWU, 43-1 1/2; 6. Vince Butorac, CWU, 42-9 1/2; 7. Michael Haney, WWU, 42-6 1/4.

High Jump - 1. Nathan Lindeman, WWU, 6-6 3/4; 2. Eric Green, WWU, 6-4 3/4; 3. Ryan Schroeder, unat., 6-2 3/4; 4. Kurt Kraemer, EWU, 6-2 3/4; 5. Jerrad Ely, CCS, 6-0 3/4; 6. Joel Gordon, CCS, 6-0 3/4; 7. Darin Jurgensmeir, Ricks JC, 5-10 3/4; 8. Peter Rockefeller, CCS, 5-10 3/4; 9. Beau Ross, CWU, 5-10 3/4.

Pole Vault - 1. Matt Colyar, CCS, 14-11; 2. Mark Berry, Ricks, 14-11; 3. Regis Costell, PLU, 13-11 1/4; 4. Brian Davi, HCC, 12-11 1/2; 5. John Stypa, NIJC, 12-11 1/2; 6. Jason Mauch, PLU, 12-11 1/2; 7. Steve Robinson, WWU, 12-5 1/2; 8. Jesse Thomas, PLU, 12-5 1/2; 9. Travis Wallace, CWU, 12-5 1/2.

Shot Put - 1. Nathan Keith, NIJC, 53-1 3/4; 2. Jay Martell, EWU, 51-1 3/4; 3. Brandon Hunt, EWU, 50-10 3/4; 4. David Wood, Ricks, 48-11; 5. Simon Stewart, Idaho, 48-3 1/4; 6. Brent Twaddle, EWU, 47-4 1/2; 7. Craig Suter, NIJC, 46-4; 8. Nathan Silvester, Ricks, 45-1 3/4.

Discus - 1. Nathan Keith, NIJC, 168-6; 2. Nathan Silvester, Ricks, 145-6; 3. Mike Olen, unat, 140-2; 4. Craig Suter, NIJC, 139-9; 5. Tony Kyle, WWU, 139-3; 6. Brandon Hunt, EWU, 136-2; 7. Kristoff Kipp, NIJC, 136-1; 8. Levi Cushman, NIJC, 130-9.

Javelin - 1. Ryan Cole, EWU, 206-0; 2. Dan Uffens, Ricks, 200-3; 3. Charles Beck, NIJC, 193-8; 4. Marcus Rissmiller, PLU, 189-0; 5. Tyler Wingard, CNW, 188-5; 6. Curt Borland, unat., 182-1; 7. Travis Huntsinger, WWU, 175-3; 8. Josh Maurer, Whtw, 171-9.

Hammer - 1. Aaron Linerud, unat., 173-9; 2. Joe Woodske, NIJC, 171-10; 3. Jay Martell, EWU, 169-1; 4. Brent Twaddle, EWU, 163-5; 5. Kevin Whitson, unat., 149-1; 6. Ryan McNab, unat., 146-3; 7. B.J. McKay, unat., 145-7; 8. Chad Goddard, unat., 143-7.

Stanford Invitational (Mar. 25-26, 2000 at Palo Alto)

Saturday: 100 - 19. Chris Faulconer 10.79; 39. Josh DeLay 11.14. **Sunday:** Javelin - 21. Brett Butcher 177-10. 1500 - 54. Tom Gaschk 4:07.96. 200 - 21. Chris Faulconer 21.91.

Spring Break Open (Mar. 25, 2000 at Edmonds)

100 - 1. Greg Forni, UW, 10.9; 2. Cory Medina, CWU, and Jim Sattern, PSU, 11.0; 4. Hill 11.0; 5. Anthony Robinson, PSU, and Kojo Obeng, CWU, 11.1; 7. Michael Mensah, SFU, and Justin Sylvester, WWU, 11.3; 9. Shawn Bills, CWU, 11.3.

200 - 1. Ryon Edwards, PSU, 21.8; 2. Greg Forni, UW, 21.8; 3. Tod Pelly, SFU, 22.0; 4. Jim Sattern, PSU, 22.4; 5. Anthony Robinson, PSU, 22.4; 6. Cory Medina, CWU, and Kojo Obeng, CWU, 22.6; 8. Dylan Morss, Northwest, 22.6; 11. Shawn Bills, CWU, 23.0; 21. Jim Lane, CWU, 23.5; 25. Dan Benoit, CWU, 24.1.

400 - 1. Tod Pelly, SFU, 49.3; 2. Ryon Edwards, PSU, 49.4; 3. Matt Sasser, PSU, 50.4; 4. Justin Beanblossom, Trinity Western, 50.4; 5. Jake Woolman, Northwest, 50.6; 6. Manzell Blakely, Highline, 50.6; 7. Pat Boyd, Highline, 50.6; 8. Jake Dill, UW, 50.9; 12. Jim Lane, CWU, 52.5; 17. Dan Benoit, CWU, 53.3; 19. Dane Estes, CWU, 55.3.

800 - 1. John Cote, unat., 1:53.5; 2. Marty Cluff, Valley Royals, 1:54.9; 3. Jeremy Park, unat., 1:56.1; 4. Mike Hill, UW, 1:57.0; 5. Kelsey Backen, SPU, 1:57.2; 6. Matt McCrank, SFU, 1:57.3; 7. Morgan Thompson, UW, 1:57.5; 8. Joe Brosseau, unat., 1:58.1.

1500 - 1. Marty Cluff, Valley Royals, 3:51.8; 2. Jon Murray, CNW, 3:52.8; 3. Mike Hill, UW, 3:57.1; 4. Matt Johnston, SFU, 3:58.6; 5. Matt McCrank, SFU, 3:59.5; 6. Blake Murphy, SFU, 3:59.6; 7. Morgan Thompson, UW, 4:00.0; 8. Dan Schruth, UW, 4:02.1; 28. Kevin Gary, CWU, 4:14.9.

3000 - 1. Ryan Ellis, Trinity Western, 8:57.8; 2. Ryan Nash, SPU, 9:00.6; 3. Curt Stephan, CWU, 9:13.9; 4. Daniel Machar, unat., 9:15.2; 5. Brian Brancheau, WWU, 9:15.8; 6. Bryan Contreras, unat., 9:17.3; 7. Kent Zettel, CWU, 9:18.3; 8. Seth Miller, CWU, 9:19.7.

5000 - 1. Ben Koss, UW, 15:31.9; 2. Kelsey Becken, SPU, 15:46.2; 3. Ken Myers, SFU, 15:47.0; 4. Zach Boteilho, WWU, 15:53.9; 5. Darcy Lainchbury, SFU, 15:55.6; 6. Jeremy Cabral, PSU, 16:03.9; 7. Scott Gilmore, WWU, 16:07.5; 8. Mike Johnson, CWU, 16:10.2; 9. John Moir, CWU, 16:10.6.

10,000 - 1. Destry Johnson, unat., 31:16.5; 2. Andrew Wall, Clackamas, 32:50.8; 3. Lance Thompson, unat, 32:57.7; 4. Michael Ziemann, SPU, 34:33.9; 5. Matt Koenigs, WWU, 35:36.7.

110 High Hurdles - 1. Josh Renz, UW, 14.4; 2. Greg Barber, UW, 14.4; 3. Karl Lerum, unat., 15.0; 4. Frank Walton, unat., 15.1; 5. Josh Peters, PSU, 15.4; 6. Anthony Jackson, SFU, 15.4; 7. Dylan Morss, Northwest, 15.5; 8. Fred Woekel, Trinity Western, 15.6; 10. Erik Iverson, CWU, 15.7.

400 Hurdles - 1. Chad Van Tongeren, SFU, 54.5; 2. Trevor Sharp, SPU, 57.2; 3. Steve Roche, CWU, 58.1; 4. Chris Anderson, PLU, 61.0; 5. Jonathan Dinkins, UPS, 1:03.4; 6. Dave O'Dell, UPS, 1:06.9.

4x100 Relay - 1. Portland State 41.5; 2. Central Washington 43.6; 3. Washington 43.6; 4. Unattached 44.7.

4x400 Relay - 1. Washington 3:24.6.

Long Jump - 1. Michael Mensah, SFU, 22-5; 2. Tim Jacobsen, unat., 22-2 1/2; 3. Justin Lawrence, unat., 20-10 1/2; 4. Stevie Keller, unat., 19-10 1/2; 5. Steve Roche, CWU, 19-9 3/4; 6. Steve Robinson, WWU, 19-9 1/2; 7. Beau Ross, CWU, 19-3; 8. Joe Woodland, EOU, 18-8 1/4.

Triple Jump - 1. Justin Lawrence, unat., 44-11 1/4; 2. Jesse Lee, Northwest, 43-4; 3. Beau Ross, CWU, 42-10 1/2; 4. Stevie Keller, unat., 41-1.

Pole Vault - 1. Karl Lerum, unat., 15-0; 2. Graham Danziger, Valley Royals, 13-6; 3. Matt Clifford, Valley Royals, 13-1 1/4; 4. Kevin DeLury, UPS, 12-5 3/4; 5. Jacob Chapman, UPS, and Steve Robinson, WWU, 12-5 3/4.

High Jump - 1. Eric Green, WWU, 6-4 3/4; 2. Jas Gill, Valley Royals, 6-4 3/4; 3. Steve Robinson, WWU, 6-0 3/4; 4. Beau Ross, CWU, 5-10 3/4; 5. Erik Iverson, CWU, and Marcus Rismiller, PLU, 5-8.

Discus - 1. Stevie Keller, unat., 132-0; 2. Christian Salas, unat., 130-0; 3. Shane Wiebe, unat., 117-11; 4. Andrew Steiner, SPU, 115-1; 5. Steve Robinson, WWU, 105-0; 6. Ian Sharp, Trinity Western, 95-0.

Shot - 1. Doug Jackson, UW, 52-2; 2. Shane Wiebe, unat., 41-7 1/2; 3. Ian Sharp, Trinity Western, 34-10 1/2; 4. Steve Robinson, WWU, 34-8 1/4.

Javelin - 1. Craig Stelling, CNW, 172-11; 2. Josh Robinson, UW, 169-9; 3. Marcus Rismiller, PLU, 165-1; 4. Aaron Acker, PSU, 162-1; 5. Shane Wiebe, unat., 135-11; 6. Ryan Olszewski, PSU, 119-9.

Whitworth Invitational (Apr. 1, 2000 at Spokane)

100 - 1. Johnnie Williams, EWU, 10.57; 2. Josh DeLay, CWU, 10.91; 3. Louie Patrick, Montana, 10.94; 4. Joel Robnett, Whtw, 11.00; 5. Bryce McDonnell, Whtw, 11.11; 6. Kevin Hutchison, Montana, 11.14; 7. Cory Medina, CWU, and Andre Wicks, unat., 11.17.

200 - 1. Johnnie Williams, EWU, 21.39; 2. Josh DeLay, CWU, 21.76; 3. Seth Morris, CCS, 21.76; 4. Steve Carey, EWU, and Kevin Hutchison, Montana, 22.16; 6. Ryan Karrer, unat., 22.26; 7. Louis Patrick, Montana, 22.26; 8. Joel Robnett, Whtw, 22.32; 10. Cory Medina, CWU, 22.62; 11. Shawn Bills, CWU, 22.71; 20. Jim Lane, CWU, 23.31; 31. Dan Benoit, CWU, 24.40.

400 - 1. Steve Carey, EWU, 48.15; 2. Leo Suzuki, Whtw, 49.15; 3. Ed Swartz, CCS, 49.62; 4. Josh Pasma, Whtw, 50.31; 5. Nick Goffena, Montana, 50.35; 6. Jon Holland, EWU, 50.36; 7. Ryan Karrer, unat., 50.78; 8. Ryan Bergere, CCS, 51.21; 12. Jim Lane, CWU, 51.94; 21. Dan Benoit, CWU, 53.87.

800 - 1. Brian Trimble, EWU, 1:55.45; 2. Tom Gaschk, CWU, and Tim Hart, EWU, 1:56.72; 4. Kyle Hummel, EWU, 1:57.55; 5. Neil Small, NIJC, 1:58.42; 6. Josh Roys, CCS, 1:58.54; 7. Mark Brownell, CCS, 1:58.72; 8. Patrick Valisto, unat., 1:59.62; 11. Kevin Gary, CWU, 2:01.13; 16. Mike Zahn, CWU, 2:03.63; 22. Andrew Zacharczyk, CWU, 2:04.70; 28. Julian Trevino, CWU, 2:11.01.

1500 - 1. Scott Limbach, unat., 3:56.46; 2. Neil Small, NIJC, 4:00.03; 3. Jesse Barnes, Montana, 4:01.09; 4. Jason Ridgeway, Montana, 4:01.26; 5. Jim Reed, Montana, 4:02.63; 6. Todd Fayant, CCS, 4:03.56; 7. Chris Henderson, EWU, 4:03.56; 8. Matt Kerr, EWU, 4:04.60; 21. Brett Johnson, CWU, 4:18.57; 25. Dane Estes, CWU, 4:22.44.

Steeplechase - 1. Greg Kuntz, unat., 9:19.60; 2. Fred Schmitt, CWU, 9:55.00; 3. Mits Bryant, GU, 10:22.70; 4. Andy Spencer, unat., 10:28.77; 5. Ben Rook, EWU, 10:39.18; 6. Joe Oliver, GU, 10:44.22; 7. Chris Black, NIJC, 10:45.85; 8. Peter Metcalf, Whtw, 10:49.79.

10,000 - 1. Ryan Pauling, Brooks Athletics, 31:09.0; 2. Dagen Bendixen, EWU, 32:32.00; 3. Seth Miller, CWU, 33:28.0; 4. Tim Harding, GU, 33:58.0; 5. Peter Chown, GU, 34:01.0; 6. Mike Visintainer, CCS, 34:02.0; 7. Ryan McGuire, GU, 34:14.0; 8. Lars Tysver, Whtw, 34:23.0; 9. Kent Zettel, CWU, 34:38.0; 16. Dameon Marlow, CWU, 36:47.0.

110 Hurdles - 1. Keith Gill, CCS, 15.14; 2. Eric Boyd, EWU, 15.25; 3. Jeremy Johnston, unat., 15.64; 4. Brad Groh, EWU, 15.72; 5. Nate Ostrander, EWU, 15.84; 6. Josh Hall, EWU, 15.98; 7. Vince Butorac, CWU, 16.12; 8. Erik Iverson, CWU, 16.25.

400 Hurdles - 1. Jeremy Johnson, unat., 55.00; 2. Justin Morse, Montana, 55.07; 3. Curtis Parrish, CCS, 55.33; 4. Charlie Thomas, Montana, 55.90; 5. Dustin Crowe, EWU, 57.17; 6. Shane Scroggie, CCS, 57.90; 7. Larry Beatty, unat., 58.07; 8. Josh Hall, EWU, 59.50.

4x100 Relay - 1. Eastern Washington 41.37; 2. Whitworth 41.90; 3. Montana 42.77; 4. Central Washington (DeLay, Obeng, Medina, S. Alexander) 42.97; 5. Spokane 43.10; 6. Montana 43.71.

4x400 Relay - 1. Whitworth 3:19.87; 2. Central Washington (DeLay, Gaschk, Bills, Lane) 3:21.53; 3. Montana 3:22.34; 4. Spokane 3:28.71; 5. Spokane 3:33.75; 6. Gonzaga 3:36.64; 7. North Idaho 3:37.01; 8. Whitworth 3:37.28; 9. Central Washington 3:37.64.

Long Jump - 1. Kurt Kraemer, EWU, 23-4 1/2; 2. Chris McCullough, EWU, 22-8; 3. Tony Butorac, CWU, 22-4 1/4; 4. Brett Butcher, CWU, and Tim Archer, EWU, 21-8 3/4; 6. Zach Spaet, CWU, 21-0; 7. Kei Omo, Whtw, 20-10 1/2; 8. Justin Lawrence, unat., 20-9 1/4; 10. Beau Ross, CWU, 19-11 3/4.

Triple Jump - 1. Kurt Kraemer, EWU, 50-2 1/2; 2. Tim Archer, EWU, 49-5 1/2; 3. Beau Ross, CWU, 45-4 1/4; 4. Justin Lawrence, unat., 45-3; 5. Brett Butcher, CWU, 44-10 1/4; 6. Aaron Baldwin, Whtw, 44-1 1/2; 7. Tony Butorac, CWU, 43-3 3/4; 8. Vince Butorac, CWU, 43-3.

High Jump - 1. Bryan Anderson, unat, 6-4; 2. Kurt Kraemer, EWU, 6-4; 3. Jerrad Ely, CCS, 6-2; 4. Erik Iverson, CWU, 6-2; 5. Jon Ranheim, Whtw, 6-

2; 6. Beau Ross, CWU, 6-2; 7. Ryan Schroeder, CCS, 6-2; 8. Eric Boyd, EWU, 6-0.

Pole Vault - 1. Matt Colyar, CCS, 15-7; 2. Mike Alexander, CWU, 14-7 1/4; 3. Scott Alexander, CWU, 14-7 1/4; 4. Joe Getchius, NIJC, 13-7 1/4; 5. Aaron Baldwin, Whtw, 12-7 1/2; 6. Travis Wallace, CWU, 12-7 1/2; 7. Doug Austin, CWU, 12-1 1/2.

Shot Put - 1. Nathan Keith, North Idaho, 53-9; 2. Jay Martell, EWU, 51-4 1/4; 3. Brent Twaddle, EWU, 51-3 3/4; 4. Brandon Hunt, EWU, 49-5 3/4; 5. Craig Suter, NIJC, 48-1 3/4; 6. Joe Wald, LCSC, 46-4 1/4; 7. Pete Hamilton, Montana, 45-2 1/4; 8. Bryan Anderson, unat., 44-8.

Discus - 1. Mike Oien, unat., 161-6; 2. Nathan Keith, NIJC, 157-10; 3. Kristof Kipp, NIJC, 152-3; 4. Jay Martell, EWU, 150-9; 5. Troy McDonoughly, unat., 147-5; 6. Jason Cummings, EWU, 141-7; 7. Jon Abbey, Whtw, 137-5; 8. Sean Shull, CCS, 137-3.

Javelin - 1. Ryan Cole, EWU, 214-10; 2. Doug Lefler, Montana, 196-6; 3. Charlie Beck, NIJC, 196-5; 4. Warren Phillips, unat., 187-3; 5. Whit Spencer, unat., 184-7; 6. Jesse Bardizian, Montana, 182-6; 7. Brett Butcher, CWU, 176-0; 8. Zach Spaet, CWU, 166-3.

Hammer - 1. Matt Shaffer, Performance, 199-6; 2. Kevin Whitson, unat., 190-6; 3. Aaron Linerud, Performance, 180-4; 4. Joe Woodske, NIJC, 178-10; 5. Brent Twaddle, EWU, 171-4; 6. Jay Martell, EWU, 169-7; 7. Ted Cordeiro, Montana, 158-2; 8. John Halbakken, EWU, 155-8.

Western Washington Multi-Events Invitational (Apr. 2-3, 2000 at Spokane)

Decathlon - 1. Shipley Ennis, PLU, 6743; 2. Steve Robinson, WWU, 5829; 3. Kurt Gregg, EWU, 5728; 4. Steve Roche, CWU, 5181; 5. Aaron Van Antwerp, EWU, 5069; 6. Dustin Smart, EWU, 4909.

Sunday:

100 - 1. Gregg 11.34; 2. Ennis 11.46; 3. Roche 11.71 (709); 4. Van Antwerp 12.03; 5. Robinson 12.08; 6. Smart 12.10.

Long Jump - 1. Ennis 6.40 - 21-0; 2. Gregg 6.37; 3. Roche 6.28 - 20-7 1/4 (648); 4. Robinson 6.07; 5. Van Antwerp 5.97; 6. Smart 5.68.

Shot Put - 1. Ennis 12.12 - 39-9 1/4; 2. Robinson 10.85; 3. Gregg 10.66; 4. Van Antwerp 10.56; 5. Smart 10.05; 6. Roche 9.17 - 30-1 (436).

High Jump - 1. Robinson 1.91 - 6-3 1/4; 2. Ennis and Gregg 1.88; 4. Roche 1.79 - 5-10 1/2 (619); 5. Van Antwerp 1.70; 6. Smart 1.58.

400 - 1. Ennis 50.78; 2. Roche 52.42 (706); 3. Van Antwerp 54.77; 4. Smart 55.22; 5. Robinson 55.55; 6. Gregg 58.00.

Monday:

110 Hurdles - 1. Ennis 15.44; 2. Gregg 16.15; 3. Smart 17.15; 4. Roche 17.30 (593); 5. Robinson 17.56; 6. Van Antwerp 18.92 (439).

Discus - 1. Ennis 38.62 - 126-8; 2. Gregg 34.70; 3. Van Antwerp 31.66; 4. Robinson 31.04; 5. Smart 30.80; 6. Roche 28.16 - 92-4 (428).

Pole Vault - 1. Robinson 4.25 - 13-11 1/4; 2. Ennis 3.85; 3. Van Antwerp 2.95; 4. Gregg 2.75 (No height for Smart and Roche).

Javelin - 1. Gregg 51.60 - 169-3, 2. Smart 50.80; 3. Ennis 48.92; 4. Roche 44.88 - 147-3 (513); 5. Robinson 43.76; 6. Van Antwerp 41.38..

1500 - 1. Ennis 4:47.36; 2. Smart 5:03.02; 3. Roche 5:05.44 (529); 4. Robinson 5:07.36; 5. Van Antwerp 5:23.97; 6. Gregg 5:32.90.

Northwest Relays (Apr. 8, 2000 at Edmonds)

Friday:

Steeplechase - 1. Curt Stephan, CWU, 9:44.07; 2. Zack Boteilho, WWU, 9:54.97; 3. Brian Brancheau, WWU, 9:55.65; 4. Matt Koenigs, WWU, 9:56.49; 5. Tyler Campbell, WWU, 10:05.69; 6. Dane Estes, CWU, 10:13.42; 7. Darcy Lainchbury, SFU, 10:22.19; 8. Eric Jacobs, WWU, 10:31.29.

10,000 - 1. Greg Crowther, CNW, 31:19.6; 2. Paul Kinser, Fairhaven Runners, 32:40.8; 3. Ed Harri, Fairhaven Runners, 32:40.9; 4. Kirk Larson, WWU, 32:47.4; 5. Shawn Miller, WWU, 33:15.2; 6. Tom Pileggi, WWU, 34:43.1.

Hammer - 1. Erik Probstfield, CNW, 186-2; 2. Tim Jolin, WWU, 128-9; 3. Erik Knutzen, WWU, 99-3.

Saturday:

100 - 1. Lorenzo Hill, Club Ballard, 11.16; 2. Cory Medina, CWU, 11.25; 3. Barrett Nelson, WWU, and Ryan Leavengood, WWU, 11.47; 5. Andy Carson, WWU, 11.64; 6. Alfonso Peterson, Club Ballard, 11.79.

200 - 1. Ryan Leavengood, WWU, 22.52; 2. Shawn Bills, CWU, 22.78; 3. Cory Medina, CWU, 22.85; 4. Justin Sylvestal, WWU, 23.31; 5. Lorenzo Hill, Club Ballard, 23.69; 6. Jim Lane, CWU, 23.89; 7. Andrew Maratas, WWU, 23.99; 8. Dan Benoit, CWU, 24.74.

400 - 1. Shawn Bills, CWU, 50.17; 2. Kojo Obeng, CWU, 50.72; 3. Carson Schmielt, unat., 52.29; 4. Kenny Zener, WWU, 52.48; 5. Jim Lane, CWU, 52.71; 6. David Lynn, WWU, 52.75; 7. Dan Benoit, CWU, 54.24; 8. Gary Hawkes, unat., 55.16.

800 - 1. John Cote, unat., 1:56.50; 2. Joe Brosseau, unat., 1:56.96; 3. Zack Boteilho, WWU, 2:04.43; 4. Brett Johnson, CWU, 2:04.65; 5. Dan Hewitt, WWU, 2:04.76; 6. Andrew Zacharczyk, CWU, 2:05.98; 7. Jason Krumbek, GU, 2:08.98; 8. Kevin Lybarger, SU, 2:10.01; 9. Julian Trevino, CWU, 2:11.58.

Mile - 1. Devin Kemper, WWU, 4:15.60; 2. Eric Tollefson, unat., 4:23.17; 3. Mitch Leffler, Discount Jogging, and Brian Brancheau, WWU, 4:28.12; 5. Ian McKissick, unat., 4:28.91; 6. Dan Franek, Club Northwest, 4:35.35; 7. Paul Tibbot, GU, 4:38.35; 8. Nathaniel Caste, SPU, 4:41.51; 11. Curt Stephan, CWU, 4:43.46; 16. Dane Estes, CWU, 4:52.33; 17. Kent Zettel, CWU, 4:54.32.

3000 - 1. Dan Franek, CNW, 8:52.6; 2. Kelsey Backen, SPU, 8:59.2; 3. Fred Schmitt, CWU, 9:01.6; 4. John Moir, CWU, 9:07.0; 5. Bryan Contreras, Discount Jogging, 9:09.0; 6. Scott Gilmore, WWU, 9:14.2; 7. Jay Bartlett, CWU, 9:15.2; 8. Ryan Seamster, WWU, 9:17.1; 10. Mike Johnson, CWU, 9:26.7; 15. Dameon Marlow, CWU, 10:12.6.

5000 - 1. Eric Tollefson, unat., 14:59.42; 2. Todd Pehowski, unat., 15:02.91; 3. Steven James, unat., 16:08.92; 4. Mills Bryant, GU, 16:15.10; 5. Ryan McGuire, GU, 16:19.14; 6. Peter Chown, GU, 16:24.6; 7. Tyler Campbell, WWU, 16:36.44; 8. Tim Harding, GU, 16:36.9.

110 Hurdles - 1. Frank Walton, unat., 16.02; 2. Eric Iverson, CWU, 16.14; 3. Vince Butorac, CWU, 16.33; 4. Steve Carter, SFU, 16.48; 5. Doug Ashley, SFU, 16.67; 6. Jeff McDonald, WWU, 17.22.

400 Hurdles - 1. Trevor Sharp, SPU, 56.1; 2. Steve Roche, CWU, 57.8; 3. Frank Walton, unat., 58.0; 4. Shane Carothers, WWU, 1:01.3.

4x100 - 1. Central Washington (DeLay, Obeng, Medina, S. Alexander) 43.34; 2. Western Washington 44.56.

4x400 - 1. Central Washington (DeLay, Gaschk, Obeng, Bills) 3:24.47; 2. Western Washington 3:28.44; 3. Central Washington 3:36.45; 4. Western Washington 3:41.35; 5. Central Washington 3:42.61; 6. Western Washington 3:46.52; 7. Central Washington 3:50.36.

Distance Medley - 1. Central Washington (Gaschk, Benoit, Brett Johnson, Gary) 10:36.95; 2. Seattle Pacific 10:48.50; 3. Western Washington 11:02.71; 4. Seattle 11:27.87.

Middle Medley Relay - None (WWU, only entrant, was disqualified).

High Jump - 1. Nate Lindeman, WWU, 6-8 3/4; 2. Tony Butorac, CWU, 6-4 3/4; 3. Eric Green, WWU, 6-4 3/4; 4. Beau Ross, CWU, 6-2 3/4; 5. Mike Tully, WWU, 6-0 3/4; 6. Karl Lerum, unat., 6-0 3/4; 7. Eric Iverson, CWU, 5-10 3/4.

Long Jump - 1. Brett Butcher, CWU, 22-0 3/4; 2. Tony Butorac, CWU, 21-11 1/2; 3. Zach Spaet, CWU, 20-7; 4. Josh DeLay, CWU, 20-6 1/4; 5. Beau Ross, CWU, 20-5 3/4; 6. Steve Robinson, WWU, 17-7 1/4.

Triple Jump - 1. Vince Butorac, CWU, 45-1 1/2; 2. Beau Ross, CWU, 44-8 3/4; 3. Tony Butorac, CWU, 44-5 1/2; 4. Brett Butcher, CWU, 41-10 3/4.

Pole Vault - 1. Mike Alexander, CWU, 15-0; 2. Scott Alexander, CWU, 14-6; 3. Graham Danziger, Valley Royals, 14-6; 4. Travis Spencer-Coyte, WWU, 14-0; 5. Matt Clifford, Valley Royals, 14-0; 6. Jon Lund, WWU, 14-0; 7. Doug Austin, CWU, 8-8 1/4.

Shot Put - 1. Ian McDole, WWU, 43-5; 2. Erik Knutzen, WWU, 43-0 1/2; 3. Karl Lerum, unat., 42-8 3/4; 4. Tim Jolin, WWU, 40-8 1/4; 5. Andrew Steiner, SPU, 34-11; 6. Steve Robinson, WWU, 34-5 1/2.

Discus - 1. Tony Kyle, WWU, 136-1; 2. Christian Salas, unat., 127-4; 3. Erik Knutzen, WWU, 120-2; 4. Andrew Steiner, SPU, 117-7; 5. Ian McDole, WWU, 116-6; 6. Paul Anderson, WWU, 116-2; 7. Steve Robinson, WWU, 110-4; 8. Tim Jolin, WWU, 109-0.

Javelin - 1. Zach Spaet, CWU, 162-3; 2. Tony Butorac, CWU, 158-5; 3. Steve Robinson, WWU, 133-8; 4. Steve Roche, CWU, 131-6.

Pacific Lutheran University Open (Apr. 15, 2000 at Tacoma)

100 - 1. Josh Delay, CWU, 11.04; 2. Kevin Giboney, PLU, 11.16; 3. Sydney Brathwaite, HCC, 11.17; 4. Cory Medina, CWU, 11.18; 5. Justin Sylvestal, WWU, 11.35; 6. Aaron Reader, HCC, 11.36; 7. Barrett Nelson, WWU, 11.38; 8. Kendall McNeal, PLU, 11.45.

200 - 1. Chris Faulconer, CWU, 21.78; 2. Josh Delay, CWU, 22.18; 3. Kevin Giboney, PLU, 22.72; 4. Sydney Brathwaite, HCC, 22.86; 5. Cory Medina, CWU, 22.89; 6. Aaron Reader, HCC, 22.92; 7. Kojo Obeng, CWU, 23.04; 8. Manzell Wallace, WWU, 23.22.

400 - 1. Ryan Leavengood, WWU, 50.22; 2. Pat Boyd, HCC, 50.49; 3. Julian Trevino, CWU, 50.59; 4. Sean Wilkerson, NWC, 50.68; 5. Tye Tolentino, UPS, 51.11; 6. Tim Richart, HCC, 51.42; 7. Shawn Bills, CWU, 51.56; 8. Andy Carson, WWU, 51.66; 9. Jim Lane, CWU 51.78.

800 - 1. Mike Houston, PLU, 1:54.74; 2. Brandon Ohnemus, WWU, 1:56.91; 3. Tom Gaschk, CWU, 1:57.45; 4. Ben Kevan, UPS, 1:57.82; 5. Carsten Croff, PLU, 1:59.81; 6. Brett Johnson, CWU, 1:59.83; 7. Kevin Gary, CWU, 2:00.52; 8. Nathaniel Schilz, Clark CC, 2:01.09; 11. Mike Zahn, CWU, 2:02.46; 14. Andrew Zacharczyk, CWU, 2:05.00; 15. Dan Benoit, CWU, 2:06.17.

1500 - 1. Tom Gaschk, CWU, 3:57.52; 2. Forrest Griek, PLU, 3:59.29; 3. Brent Roeger, unat., 4:00.99; 4. Martin Ranney, WWU, 4:04.16; 5. Mike Zahn, CWU, 4:07.96; 6. Matt Koenigs, WWU, 4:08.43; 7. Chris Carpenter, SMC, 4:09.03; 8. Brian Brancheau, WWU, 4:09.73.

Steeplechase - 1. Destry Johnson, unat., 9:35.98; 2. Bill Dolan, Clark CC, 9:43.08; 3. Ryan Reed, PLU, 9:44.93; 4. Lance Thompson, unat., 9:45.83; 5. Arlo DeLeon, Clark CC, 10:39.35; 6. Mike Barney, HCC, 12:01.73.

5000 - 1. Forrest Griek, PLU, 15:12.59; 2. Sam Berg, UPS, 15:18.03; 3. Matt Holcom, Clark CC, 15:44.16; 4. Curt Stephan, CWU, 15:47.72; 5. Kent Zettel, CWU, 16:04.04; 6. Mike Johnson, CWU, 16:06.04; 7. Ryan Seamster, WWU, 16:08.21; 8. Scott Gilmore, WWU, 16:09.18; 9. Dane Estes, CWU, 16:22.23; 10. Seth Miller, CWU, 16:27.87; 15. Dameon Marlow, CWU, 17:20.22.

10,000 - 1. Dave Davis, Puget Sound, 30:27.20; 2. Phil Olson, NWC, 31:36.37; 3. Reagan Grabner, UPS, 31:43.24; 4. Alan Davies, PLU, 32:21.55; 5. John Moir, CWU, 32:27.65; 6. Brian Mulry, UPS, 33:02.89; 7. Shawn Thayer, HCC, 33:13.77; 8. Jay Bartlett, CWU, 33:34.25.

110 Hurdles - 1. Damien Davis, unat., 14.87; 2. Kyle Wallace, WWU, 15.08; 3. Justin Broughton, HCC, 15.50; 4. Vince Butorac, CWU, 15.72; 5. Erik Iverson, CWU, 15.82; 6. Joel Baldwin, UPS, 15.87; 7. Chris Bertholf, PLU, 15.93; 8. Dylan Morss, NWC, 16.04.

400 Hurdles - 1. Nick Little, WWU, 53.31; 2. Chris Bertholf, PLU, 54.94; 3. Joel Baldwin, UPS, 56.52; 4. Ryan Vise, Clark CC, 56.54; 5. Steve Roche, CWU, 59.41; 6. Chris Anderson, PLU, 59.97; 7. Jusitn Broughton, HCC, 1:00.45; 8. Carl Strong, PLU, 1:01.18.

4x100 - 1. Central Washington (DeLay, Medina, S. Alexander, Faulconer) 42.40; 2. Pacific Lutheran 42.85; 3. Western Washington 42.94; 4. Highline CC 42.98; 5. Northwest 43.71; 6. Highline CC 45.28; 7. Clark CC 45.31; 8. Unattached team 45.75.

4x400 - 1. Western Washington 3:21.94; 2. Pacific Lutheran 3:23.17; 3. Clark CC 3:24.21; 4. Central Washington (DeLay, Gaschk, Bills, Trevino) 3:24.24; 5. Northwest 3:25.10; 6. Puget Sound 3:25.97; 7. Highline CC 3:26.27; 8. Western Washington 3:33.32; 9. Central Washington 3:41.93.

High Jump - 1. Nathan Lindeman, WWU, 2.01 - 6-7; 2. Eric Green, WWU, 1.95 - 6-4 3/4; 3. Damien Davis, unat., 1.95 - 6-4 3/4; 4. Travis Elam, Clark CC, 1.90 - 6-2 3/4; 5. Garrett Miller, PLU, 1.90 - 6-2 3/4; 6. Mike Tully, WWU, 1.90 - 6-2 3/4 (Steve Roche, CWU, and Erik Iverson, CWU, no height).

Pole Vault - 1. Jason Mauch, PLU, 4.33 - 14-2 1/2; 2. Regis Costello, PLU, 4.33 - 14-2 1/2; 3. Scott Alexander, CWU, 4.33 - 14-2 1/2; 4. Mike Alexander, CWU, 4.33 - 14-2 1/2; 5. Jon Lund, WWU, 4.33 - 14-2 1/2; 6. Travis Spencer-Coyte, WWU, 4.33 - 14-2 1/2; 7. Jesse Thomas, PLU, 4.03 - 13-2 1/2; 8. Kevin DeLury, UPS, 3.88 - 12-8 3/4.

Long Jump - 1. Djonovan Dobbins, Highline CC, 6.73 - 22-1; 2. Tony Butorac, CWU, 6.68 - 21-11; 3. Brett Butcher, CWU, 6.65 - 21-10; 4. Marten Roos, Clark CC, 6.35 - 20-10; 5. Martin Cochran, UPS, 6.33 - 20-9 1/4; 6. Erik Iverson, CWU, 6.21 - 20-4 1/2; 7. David Brown, PLU, 5.85 - 19-2 1/2; 8. Sean Christopher, HCC, 5.76 - 18-10 3/4; 9. Beau Ross, CWU, 5.67 - 18-7 1/4.

Triple Jump - 1. Travis Elam, Clark CC, 14.16 - 46-5 1/2; 2. Kawan Martin, unat., 13.90 - 45-7 1/4; 3. Marten Roos, Clark CC, 13.82 - 45-4 1/4; 4. Beau Ross, CWU, 13.63 - 44-8 3/4; 5. Tony Butorac, CWU, and Vince Butorac, 13.11 - 43-0 1/4; 7. Jesse Lee, NWC, 12.81 - 42-0 1/2; 8. Aron Steinke, Clark CC, 12.43 - 40-9 1/2.

Shot Put - 1. Trevor Roberts, PLU, 13.80 - 45-3 1/2; 2. Ryan Dirks, PLU, 13.64 - 44-9; 3. Ben Snyder, Clark CC, 13.55 - 44-5 1/2; 4. Erik Knutzen, WWU, 13.18 - 43-3; 5. Jon Thomas, unat., 12.98 - 42-7; 6. Tim Jolin, WWU, 12.73 - 41-9 1/4; 7. Kenyon Elliott, Clark CC, 12.37 - 40-7; 8. Ryan Bruhn, Clark CC, 12.13 - 39-9 3/4.

Discus - 1. Tony Kyle, WWU, 43.14 - 141-6; 2. Ben Snyder, Clark CC, 42.14 - 138-3; 3. Ryan Bruhn, Clark CC, 41.16 - 135-0; 4. Mel Frank, HCC, 37.80 - 124-0; 5. Jared Paxton, HCC, 34.76 - 114-0; 6. Aaron Coriell, Clark CC, 34.64 - 113-8; 7. Kenyon Elliott, Clark CC, 34.14 - 112-0; 8. Paul Anderson, WWU, 31.34 - 102-10.

Hammer - 1. Erik Probstfield, CNW, 58.46 - 191-9; 2. Ryan Dirks, PLU, 54.80 - 179-9; 3. Aaron Linerud, unat., 52.40 - 171-11; 4. Aaron Coriell, Clark CC, 52.18 - 171-2; 5. Ben Snyder, Clark CC, 49.84 - 163-6; 6. Ryan McNab, unat., 46.78 - 153-6; 7. Jon Thomas, unat., 41.86 - 137-4; 8. Tim Jolin, WWU, 41.38 - 135-9.

Javelin - 1. Curt Borland, unat., 62.40 - 204-9; 2. Craig Stelling, unat., 60.50 - 198-6; 3. Marcus Rismiller, PLU, 57.10 - 187-4; 4. Dustin Ampania, Clark CC, 55.06 - 180-8; 5. Tyler Wingard, CNW, 54.96 - 180-4; 6. Jon Catandella, PLU, 54.66 - 179-4; 7. Tony Kyle, WWU, 51.60 - 169-3; 8. Dan Gargas, UPS, 39.46 - 129-5.

Eighth annual Spike Arlt Invitational (Apr. 22, 2000 at Ellensburg)

Men's Team Scores - Central Washington 191, Western Washington 179 1/2, Pacific Lutheran 124, Highline 76, Eastern Oregon 70 1/2, Northwest Nazarene 66, Puget Sound 47, Northwest College 10, Seattle 4.

Outstanding Performers - Chris Faulconer, Central Washington, and Ryan Dirks, Pacific Lutheran

100 - 1. Chris Faulconer, CWU, 10.61; 2. Kevin Giboney, PLU, 10.71; 3. Josh DeLay, CWU, 10.77; 4. Sydney Brathwaite, HCC, 10.91; 5. Cory Medina, CWU, 10.92; 6. Aaron Reader, HCC, 11.08; 7. Kojo Obeng, CWU, 11.13; 8. Justin Sylvestal, WWU, 11.14; 9. Barrett Nelson, WWU, 11.22; 10. Kendall McNeal, PLU, and Shawn Bills, CWU, 11.24; 12. Ben Baker, EOU, 11.36; 13. Sean Jonick, UPS, 11.47; 14. Beauford Brown, HCC, 11.53; 15. Derick Dong, PLU, 11.60; 16. Kyle Wallace, WWU, 11.68; 17. Josh Fishburne, NWN, 11.84; 18. Dem Hechanova, NWN, 11.85; 19. Mike Lapp, NWN, 11.89; 20. Wes Caspers, NWN, 11.96. (**Wind**, Heat 1, +5.1; Heat 2, +4.8; Heat 3, +5.0).

200 - 1. Chris Faulconer, CWU, 21.65; 2. Josh DeLay, CWU, 21.76; 3. Cory Medina, CWU, 22.46; 4. Sydney Brathwaite, HCC, 22.60; 5. Ryan Leavengood, WWU, and Kojo Obeng, CWU, 22.70; 7. Leroy Horton, PLU, 22.71; 8. Shawn Bills, CWU, and Ben Baker, EOU, 22.78; 10. David Nelson, SU, 22.93; 11. Aaron Reader, HCC, 23.07; 12. Djonovan Dobbins, HCC, 23.17; 13. Beauford Brown, HCC, 23.20; 14. Justin Sylvestal, WWU, 23.28; 15. Andy Carson, WWU, 23.47; 16. Joel Baldwin, UPS, 23.57; 17. Jesse Thomas, PLU, 23.64; 18. Jimmy Bennum, NWN, 23.72; 19. Tim Richart, HCC, 23.77; 20. Derick Dong, PLU, and Kendall McNeal, PLU, 23.88; 22. Kyle Wallace, WWU, 23.97; 23. Brian Hartley, EOU, 24.31; 24. Curtis Moon, unat., 24.32; 25. Sean Christopher, HCC, 24.35; 26. Mike Lapp, NWN, 25.06; 27. Michael Wright, PLU, 25.64. (**Wind**, Heat 1, +3.4; Heat 2, +0.8; Heat 3, +3.0; Heat 4, +5.1; Heat 5, +4.5).

400 - 1. Manuel Blakeley, HCC, 50.1; 2. Ryan Leavengood, WWU, 50.8; 3. Julian Trevino, CWU, 51.35; 4. Sean Wilkerson, NWC, 51.4; 5. Chris Bertholf, PLU, 51.73; 6. David Nelson, SU, 51.80; 7. Joe Baldwin, UPS, 51.7; 8. Mychal Trewick, CWU, 52.30; 9. Douzi Nguerdjeoubel, NWN, 52.39; 10. Jim Lane, CWU, 52.50; 11. Andrew Maratas, WWU, 52.53; 12. Tim Richart, HCC, 53.20; 13. Jimmy Bennum, NWN, 53.23; 14. Jake Young, NWC, 53.1; 15. Greg Duley, NWN, 54.19; 16. Djonovan Dobbins, HCC, 55.6; 17. Michael Wright, PLU, 56.51.

800 - 1. John Cote, EOU, 1:53.9; 2. Jim Rosenberg, EOU, 1:57.7; 3. Dave Terry, EOU, 1:57.9; 4. Forrest Griek, PLU, 1:59.9; 5. Kevin Gary, CWU, 2:00.1; 6. Brandon Ohnemus, WWU, 2:01.4; 7. Anthony Bailey, unat., 2:01.8; 8. Ben Wornell, NWN, 2:02.7; 9. Sean Williams, unat., 2:02.8; 10. Ben Kevan, UPS, 2:03.2; 11. Mike Zahn, CWU, 2:03.8; 12. Rob Harris, unat., 2:05.5; 13. Dan Hewitt, WWU, 2:05.6; 14. Matt Koenigs, WWU, 2:06.0; 15. T.C. Roe, UPS, 2:06.6; 16. Dan Benoit, CWU, 2:08.3; 17. Jay Bartlett, CWU, 2:08.7; 18. Peter Rutter, HCC, 2:10.1; 19. Chris Carpenter, SMC, 2:11.2; 20. Brent Jarosek, WWU, 2:12.2; 21. Rob Kemper, SMC, 2:21.3; 22. Mike Barney, HCC, 2:24.7.

1500 - 1. Devin Kemper, WWU, 3:56.73 (**meet record; old 3:56.99, Kemper, 1999**); 2. Aaron Matthias, NWN, 4:01.80; 3. Tom Gaschk, CWU, 4:05.38; 4. Chris Charels, CNW, 4:08.51; 5. Destry Johnson, unat., 4:12.72; 6. Rob Harris, unat., 4:13.17; 7. Lance Thompson, unat., 4:14.30; 8. Dallas Kinch, EOU, 4:14.92; 9. Martin Ranney, WWU, 4:16.06; 10. Emil Newhouse, WWU, 4:18.17; 11. Robert Graham, UPS, 4:18.65; 12. Ben Kevan, UPS, 4:19.24; 13. Phil Olson, NWC, 4:19.56; 14. Jay Bartlett, CWU, 4:19.91; 15. Ben Wornell, NWN, 4:21.00; 16. Jeremy Rice, unat., 4:23.3; 17. Sean Naylor, WWU, 4:31.9; 18. Geoff Weatherby, unat., 4:55.5.

Steeplechase - 1. Eric Tollefson, unat., 9:25.8; 2. Chris Charels, CNW, 9:40.9; 3. Reagan Grabner, UPS, 9:47.7; 4. Ian Manyfingers, NWN, 9:59.3; 5. Curt Stephen, CWU, 10:00.0; 6. Sam Berg, UPS, 10:01.0; 7. Matt Koenigs, WWU, 10:06.5; 8. Snake Ulrich, EOU, 10:10.7; 9. Zach Boteilho, WWU, 10:17.2; 10. Andy Gist, unat., 10:20.4; 11. Kevin Lybarger, SU, 10:23.9; 12. Dane Estes, CWU, 10:24.3; 13. Kent Zettel, CWU, 10:28.9; 14. Brice Roncace, NWN, 10:30.6; 15. Brent Jarosek, WWU, 10:31.3; 16. Tyler Campbell, WWU, 10:41.4; 17. Peter Rutter, HCC, 11:03.1; 18. Jarrod Larson, UPS, 11:06.7; 19. Mike Barney, HCC, 11:33.6.

3000 - 1. Dave Davis, UPS, 8:38.1; 2. Alan Davies, PLU, 9:01.2; 3. Ben Gall, EOU, 9:06.2; 4. Tim Riley, EOU, 9:07.1; 5. John Moir, CWU, 9:10.1; 6. Brian Mulry, UPS, 9:21.2; 7. Kirk Larson, WWU, 9:35.2; 8. Shawn Thayer, HCC, 9:48.4; 9. Geoffrey Miller, UPS, 9:59.5; 10. Matt Yarkosky, UPS, 11:26.7.

5000 - 1. Aaron Matthias, NWN, 15:31.43; 2. Pat McCurry, EOU, 15:40.22; 3. Ian Manyfingers, NWN, 15:42.69; 4. Reagan Grabner, UPS, 15:56.52; 5. Matt Vincent, WWU, 16:20.58; 6. Mike Johnson, CWU, 16:25.40; 7. Shawn Miller, WWU, 16:27.85; 8. Ryan Seamster, WWU, 16:28.97; 9. Shawn Thayer, HCC, 16:38.95; 10. Eric Jacobs, WWU, 16:39.71; 11. Seth Miller, CWU, 16:48.54; 12. Chris Carpenter, SMC, 16:54.97; 13. Jacob Sateren, unat., 16:56.1; 14. John Callan, SU, 16:57.1; 15. Eric Benson, WWU, 17:00.0; 16. Mike Neuner, UPS, 17:01.5; 17. Brett Venn, UPS, 17:15.3; 18. Josh Lennox, PLU, 17:33.3; 19. Dameon Marlow, CWU, 17:38.0.

110 Hurdles - 1. Kyle Wallace, WWU, 15.0; 2. Vince Butorac, CWU, 15.2; 3. Erik Iverson, CWU, 15.2; 4. Travis Herzog, EOU, 15.6; 5. Justin Broughton, HCC, 15.9; 6. Martin Cochran, UPS, 16.2; 7. Jeff McDonald, WWU, 16.3; 8. Steve Roche, CWU, 16.5; 9. Steve Robinson, WWU, 18.0; 10. Chris Van Slyke, NWN, 18.3; 11. Aaron Capen, NWN, 18.3; 12. Ty Volle, EOU, 21.6. (**Wind**, Heat 1, +3.6; Heat 2, +4.9).

400 Hurdles - 1. Nick Little, WWU, 54.80; 2. Chris Bertholf, PLU, 59.14; 3. Steve Roche, CWU, 59.54; 4. Justin Broughton, HCC, 1:00.59; 5. Shane Carothers, WWU, 1:00.60; 6. Pat Boyd, HCC, 1:00.74; 7. Chris Anderson, PLU, 1:00.75; 8. Aaron Capen, NWN, 1:02.73; 9. Joey Phillips, HCC, 1:03.08; 10. Jonathan Dinkins, UPS, 1:04.13; 11. Chris VanSlyke, NWN, 1:06.38; 12. Greg Duley, NWN, 1:08.17.

4x100 Relay - 1. Central Washington (DeLay, Medina, S. Alexander, Faulconer) 42.48; 2. Pacific Lutheran 42.98; 3. Highline 43.48; 4. Western Washington 43.79; 5. Highline 45.05; 6. Eastern Oregon 45.18; 7. Northwest Nazarene 46.40.

4x400 Relay - 1. Western Washington (Little, Leavengood, Kemper, Carson) 3:23.42; 2. Central Washington (Obeng, Bills, Lane, Trevino) 3:24.67; 3. Highline 3:25.00; 4. Eastern Oregon 3:29.69; 5. Northwest Nazarene 3:36.06; 6. Western Washington 3:37.43; 7. Central Washington 3:40.77; 8. Puget Sound 3:44.02; 9. Highline 3:46.78; 10. Highline 3:52.03.

Long Jump - 1. Tony Butorac, CWU, 22-5 1/2; 2. Djonovan Dobbins, HCC, 22-5 1/4; 3. Brett Butcher, CWU, 22-3 1/2; 4. Antonio Bush, HCC, 22-0 3/4; 5. Justin Lawrence, unat, 21-8 3/4; 6. Jason Follett, EOU, 21-6 1/4; 7. Travis Herzog, EOU, 21-3 1/2; 8. David Brown, PLU, 20-8; 9. Erik Iverson, CWU, 20-3; 10. Martin Cochran, UPS, 20-1; 11. Anthony Gould, NWN, 19-9; 12. Jimmy Bennum, NWN, 19-8 1/4; 13. Beau Ross, CWU, 19-5 1/4; 14. Vince Butorac, CWU, 19-4 1/2; 15. Steve Robinson, WWU, 18-3 1/2; 16. Sean Christopher, HCC, 17-3.

Triple Jump - 1. James Thomas, NWN, 14.20 - 46-6 3/4 (**meet record; old, 46-3, Pat Reddick, CWU, 1993**); 2. Beau Ross, CWU, 13.85 - 45-4 3/4; 3. Vince Butorac, CWU, 44-7 1/2; 4. Jesse Lee, NWC, 13.52 - 44-5 3/4; 5. Brett Butcher, CWU, 13.40 - 43-11 1/4; 6. Tony Butorac, CWU, 13.35 - 43-9 1/4; 7. Michael Haney, WWU, 13.27 - 43-6 1/4; 8. Joe Woodland, EOU, 12.52 - 41-0 1/2; 9. Martin Cochran, UPS, 12.48 - 40-11; 10. Justin Lawrence, unat., 12.81 - 40-8; 11. David Brown, PLU, 11.06 - 36-2 1/2; 12. Joey Philip, HCC, 11.03 - 36-1 3/4.

High Jump - 1. Eric Green, WWU, 6-10; 2. Nathan Lindeman, WWU, 6-10; 3. Garret Miller, PLU, 6-8; 4. Antonio Bush, HCC, 6-6; 5. Mike Tully, WWU, 6-4; 6. Beau Ross, CWU, 6-0; 7. Erik Iverson, CWU, 6-0; 8. Jeff Jones, UPS, 6-0.

Pole Vault - 1. Mike Alexander, CWU, 4.62 - 15-2; 2. Regis Costello, PLU, 4.47 - 14-8; 3. Scott Alexander, CWU, 4.47 - 14-8; 4. Brian Davi, HCC, 4.32 - 14-2; 5. Travis Spencer-Coye, WWU, 4.32 - 14-2; 6. Rey Nitsche, HCC, 4.32 - 14-2; 7. Josh Fishburne, NWN, 4.32 - 14-2; 8. Jason Mauch, PLU, 4.32 - 14-2; 9. Allen Pace, unat., 4.02 - 13-2 1/4; 10. Paul Lapke, EOU, and Travis Wallace, CWU, 4.02 - 13-2 1/4; 12. Kevin DeLury, UPS, 3.97 - 13-0 1/4; 13. Steve Robinson, WWU, 3.72 - 12-2 1/2; 14. John Fox, HCC, 3.72 - 12-2 1/2.

Discus - 1. Ryan Dirks, PLU, 50.60 - 166-1; 2. Tony Kyle, WWU, 46.57 - 152-11; 3. Shipley Ennis, PLU, 42.18 - 138-5; 4. Paul Anderson, WWU, 36.35 - 119-4; 5. Erik Knutzen, WWU, 34.43 - 113-0; 6. Brian Hartley, EOU, 33.94 - 111-5; 7. Steve Robinson, WWU, 33.21 - 109-0; 8. Brian Sharick, HCC, 31.24 - 102-6; 9. Jared Paxton, HCC, 28.86 - 94-9; 10. Mel Frank, HCC, 28.13 - 92-4; 11. Ian McDole, WWU, 26.03 - 85-5.

Shot Put - 1. Trevor Roberts, PLU, 14.26 - 46-9 1/2; 2. Ryan Dirks, PLU, 13.42 - 44-0 1/2; 3. Ian McDole, WWU, 13.23 - 43-5; 4. Erik Knutzen, WWU, 13.19 - 43-3 1/2; 5. Tim Jolin, WWU, 12.36 - 40-6 3/4; 6. Shipley Ennis, PLU, 12.10 - 39-5; 7. James Thomas, NNU, 11.85 - 38-10 1/2; 8. Jared Paxton, HCC, 11.53 - 37-10; 9. Mel Frank, HCC, 10.75 - 35-3 1/4; 10. Bryan Sharick, HCC, 10.74 - 35-2 3/4; 11. Brian Hartley, EOU, 10.63 - 34-10 1/2; 12. Steve Robinson, WWU, 10.24 - 33-7 1/4; 13. Ray Nitsche, HCC, 8.75 - 28-8 1/2.

Javelin - 1. Travis Huntsinger, WWU, 58.22 - 191-0; 2. Marcus Rismiller, PLU, 56.71 - 186-0; 3. Zach Spaet, CWU, 55.90 - 183-5; 4. Brett Butcher, CWU, 55.62 - 182-6; 5. Tony Kyle, WWU, 52.78 - 173-2; 6. James Thomas, NWN, 50.80 - 166-8; 7. John Catandella, PLU, 49.65 - 162-10; 8. Micah Mercer, unat., 49.46 - 162-3; 9. Steve Robinson, WWU, 47.16 - 154-8; 10. Chris Bennetto, EOU, 44.21 - 145-0; 11. David Pillers, NWN, 41.72 - 136-10; 12. Jared Paxton, HCC, 40.37 - 132-5; 13. Brian Hartley, EOU, 38.83 - 127-4; 14. David Melville, EOU, 38.61 - 126-7.

Hammer - 1. Ryan Dirks, PLU, 56.50 - 185-6; 2. Tim Jolin, WWU, 45.63 - 149-10; 3. Jason Scrivner, NWN, 31.09 - 102-1; 4. Eric Knutzen, WWU, 30.26 - 99-4; 5. Shipley Ennis, PLU, 24.31 - 79.9.

Western Washington Twilight (Apr. 28, 2000 at Bellingham)

100 - 1. Lorenzo Hill, Club Ballard, 11.01; 2. Jason Norton, Club Ballard, 11.23; 3. Justin Sylvestal, WWU, 11.27; 4. Kojo Obeng, CWU, 11.32; 5. Shawn Bills, CWU, 11.34; 6. Kendall McNeal, PLU, 11.45; 7. Andy Carson, WWU, 11.57; 8. Alfonso Peterson, Club Ballard, 11.77.

200 - 1. Shawn Bills, CWU, 22.93; 2. Kojo Obeng, CWU, 23.06; 3. Jim Lane, CWU, 23.48.

400 - 1. Tod Pelly, SFU, 49.79; 2. Jason Mauch, PLU, 51.45; 3. David Nielsen, SU, 51.92; 4. Andrew Maratas, WWU, 52.59; 5. Jim Lane, CWU, 53.02; 6. Ken Zener, WWU, 54.41; 7. Steve Henderson, SPU, 54.71; 8. Michael Wright, PLU, 57.79.

800 - 1. John Cote, unat., 1:51.17; 2. Erik Hurlen, SFU, 1:57.35; 3. Martin Ranney, WWU, 1:57.78; 4. Joe Brosseau, unat., 1:58.81; 5. Brett Johnson, CWU, 1:59.1; 6. Kevin Gary, CWU, 1:59.63; 7. Scott Van Hess, SPU, 2:00.15; 8. Steve DeKoker, WWU, 2:01.15.

1500 - 1. Ryan Reed, PLU, 4:02.67; 2. Matt Koenigs, WWU, 4:05.33; 3. Brian Brancheau, WWU, 4:09.66; 4. Matt Vincent, WWU, 4:10.93; 5. Kelsey Backen, SPU, 4:11.08; 6. Zack Boteilho, WWU, 4:11.65; 7. Emil Newhouse, WWU, 4:12.43; 8. Seth Miller, CWU, 4:16.22.

Steeplechase - 1. Fred Schmitt, CWU, 9:40.6; 2. Brent Jarosek, WWU, 10:24.4.

5000 - 1. Matt Johnston, SFU, 15:14.40; 2. Ryan Nash, SPU, 15:44.16; 3. Reagan Grabner, UPS, 15:49.43; 4. Darcy Lainchbury, SFU, 15:52.38; 5. Mike Johnson, CWU, 15:57.69; 6. Kent Zettel, CWU, 15:57.74; 7. Ryan Seamster, WWU, 15:58.74; 8. Shawn Miller, WWU, 16:01.38; 11. Curt Stephan, CWU, 16:17.48; 21. Dameon Marlow, CWU, 17:22.22.

110 Hurdles - 1. Shipley Ennis, PLU, 15.62; 2. Doug Ashley, SFU, 15.84; 3. Erik Iverson, CWU, 15.92; 4. Justin Broughton, HCC, 16.13; 5. Chris Bertholf, PLU, 16.63; 6. Jeff McDonald, WWU, 17.24; 7. Carl Strong, PLU, 17.28.

400 Hurdles - 1. Shipley Ennis, PLU, 53.92.

4x100 Relay - 1. Western Washington 43.45; 2. Central Washington 44.25.

4x400 Relay - 1. Simon Fraser 3:19.21; 2. Seattle Pacific 3:31.97; 3. Western Washington 3:37.93; 4. Western Washington 3:46.69; 5. Seattle 3:50.66; 6. People's Team 3:56.87.

Long Jump - 1. Darrick Kelly, unat., 22-5 3/4; 2. Michael Mensah, SFU, 22-0 3/4; 3. Jason Norton, Club Ballard, 21-4 1/4; 4. Justin Lawrence, unat., 21-0 1/2; 5. Brett Butcher, CWU, 20-10 1/2; 6. David Brown, PLU, 19-10 1/4; 7. Erik Iverson, CWU, 19-0 1/4.

Triple Jump - 1. Justin Lawrence, unat., 45-9 3/4; 2. Michael Haney, WWU, 41-7 3/4.

High Jump - 1. Mike Tully, WWU, 6-0 3/4; 2. Jeff Jones, UPS, 5-10 3/4; 3. Jason Norton, Club Ballard, and David Brown, PLU, 5-10 3/4.

Pole Vault - 1. Rey Nitchse, HCC, 14-5 1/4; 2. Jason Mauch, PLU, 14-5 1/4; 3. Brian Davi, HCC, 14-5 1/4; 4. Travis Wallace, CWU, and Jesse Thomas, PLU, 12-11 1/2; 6. Dan Gargas, UPS, 12-5 1/2 (Doug Austin, CWU, no height)

Discus - 1. Christian Salas, unat., 139-6; 2. Chris Gough, SPU, 124-3; 3. Paul Anderson, WWU, 122-2; 4. Eric Knutzen, WWU, 118-5; 5. Andrew Steiner, SPU, 117-8.

Shot Put - 1. Trevor Roberts, PLU, 46-5 1/2; 2. Eric Knutzen, WWU, 45-5 1/4; 3. Tim Jolin, WWU, 43-4 1/4; 4. Andrew Stewiner, SPU, 35-9 1/2.

Javelin - 1. Brett Butcher, CWU, 176-6; 2. Marcus Rismiller, PLU, 171-11; 3. Chris Gough, SPU, 167-4; 4. Jon Catandella, PLU, 163-4.

Hammer - 1. Tim Jolin, WWU, 147-4; 2. Micah Melton, UPS, 117-3.

WSU Invitational (Apr. 28, 2000 at Pullman)

Steeplechase - 7. Dane Estes, CWU, 10:21.03.

Oregon Invitational (Apr. 29, 2000 at Eugene)

Afternoon 200 - 2. Josh DeLay 21.86. Pole Vault - 2. Scott Alexander 14-5 1/4. Triple Jump - 7. Vince Butorac 45-3 3/4; 9. Tony Butorac 44-6 1/4; 10. Beau Ross 43-8.

Evening: 100 - 3. Chris Faulconer 10.71. 200 - 7. Chris Faulconer 21.86. 4x100 - 3. Central Washington (DeLay, Medina, S. Alexander, Faulconer) 41.84. Pole Vault - 8. Mike Alexander 14-11. Long Jump - 5. Tony Butorac 22-3.

PacWest Conference Championships (May 6, 2000 at Monmouth)

Team Scores - Western Oregon 191 1/2, Western Washington 157, Central Washington 139, Humboldt State 116 1/2, Seattle Pacific 41.

Outstanding Performer - Dante Betha. Coach-of-the-Year - John Knight, Western Oregon.

Decathlon (Apr. 27-28) - 1. Jeremy Vogel, WOU, 5825; 2. Ryan Wecker, WOU, 5610; 3. Steve Robinson, WWU, 5550; 4. Steve Roche, CWU, 5310; 5. Sean Gabe, WOU, 3963; 7. Dustin Larson, WOU, 606. Thursday's results: 100 - 1. Wecker 12.02; 4. Roche 12.12. Long Jump - 1. Wecker 21-5 3/4; 5. Roche 19-3 1/2. Shot Put - 1. Stever 42-2 3/4; 6. Roche 28-2 1/2. High Jump - 1. Stever 6-2, 4. Roche 5-9 1/4. 400 - 1. Roche 53.61. Friday's results: 110 Hurdles - 1. Vogel 16.24, 5. Roche 18.87. Discus - 1. Robinson 110-7, 5. Roche 94-0. Pole Vault - 1. Robinson 13-1 1/2, 2. Roche 11-9 3/4. Javelin - 1. Wecker 156-7, 2. Roche 142-2. 1500 - 1. Gabe 4:54.60, 2. Roche 4:55.23.

100 - 1. Mike Hinshaw, WOU, 10.60; 2. Chris Faulconer, CWU, 10.66; 3. Josh DeLay, CWU, 10.78; 4. Lester Barahona, HSU, 11.02; 5. Corey Sutton, WOU, 11.12; 6. Kojo Obeng, CWU, 11.13; 7. Joel Alley, WOU, 11.14; 8. Cory Medina, CWU, 11.19.

200 - 1. Dante Betha, WOU, 21.55; 2. Chris Faulconer, CWU, 21.78; 3. Josh DeLay, CWU, 21.78; 4. Mike Hinshaw, WOU, 22.02; 5. Joel Alley, WOU, 22.43; 6. Lester Barahona, HSU, 22.54; 7. Corey Sutton, WOU, 22.56; 8. Kojo Obeng, CWU, 22.68; 9. Shawn Bills, CWU, 22.95.

400 - 1. Dante Betha, WOU, 48.00; 2. Eric Lisk, HSU, 49.52; 3. David Richmond, WOU, 49.57; 4. Shawn Bills, CWU, 50.01; 5. Ryan Leavengood, WWU, 50.22; 6. Jason Kurnow, HSU, 50.75; 7. Julian Trevino, CWU, 51.07; 8. Josh McIntyre, WOU, 51.33; 10. Jim Lane, CWU, 51.59.

800 - 1. Josh Piper, WOU, 1:53.64; 2. Christian Berkey, SPU, 1:53.68; 3. Nick Gai, HSU, 1:54.64; 4. Justin Nakamura, WOU, 1:56.07; 5. Stuart Chaffee, WOU, 1:56.66; 6. Nathaniel Castle, SPU, 1:57.94; 7. Kevin Gary, CWU, 2:00.59; 8. Brett Johnson, CWU, 2:00.85.

1500 - 1. Devin Kemper, WOU, 3:48.46; 2. Tom Gaschk, CWU, 3:51.53; 3. Louie White, HSU, 3:55.63; 4. Nathaniel Castle, SPU, 3:57.09; 5. Martin Ranney, WWU, 4:02.07; 6. Damian Rogers, HSU, 4:03.31; 7. Aaron Long, WOU, 4:03.83; 8. Matt Koenigs, WWU, 4:04.37.

Steeplechase - 1. Tim Miller, HSU, 9:20.32; 2. Brian Baughman, HSU, 9:22.48; 3. Jason Walker, HSU, 9:22.88; 4. Chris Miles, HSU, 9:33.69; 5. Fred Schmitt, CWU, 9:37.94; 6. Zack Boteilho, WWU, 9:44.88; 7. Curt Stephan, CWU, 9:50.18; 8. Brian Brancheau, WWU, 10:02.24; 9. Dane Estes, CWU, 10:05.27.

5000 - 1. Tim Miller, HSU, 15:16.60; 2. Matt Vincent, WWU, 16:05.16; 3. Chris Miles, HSU, 16:10.90; 4. Mike Johnson, CWU, 16:21.41; 5. Josh Otto, HSU, 16:21.95; 6. Ryan Seamster, WWU, 16:42.84; 7. Greg Phillips, HSU, 17:14.06.

10,000 - 1. John Moir, CWU, 32:57.73; 2. Adam Hall, HSU, 33:20.62; 3. Seth Miller, CWU, 33:27.48; 4. Shawn Miller, WWU, 33:31.39; 5. Gerg Phillips, HSU, 33:32.68; 6. Josh Otto, HSU, 33:46.58; 7. Casey Jackson, WOU, 33:58.64; 8. Brian James, HSU, 34:09.39; 10. Jay Bartlett, CWU, 34:44.46.

110 High Hurdles - 1. Vince Butorac, CWU, 15.33; 2. Kyle Wallace, WWU, 15.57; 3. Erik Iverson, CWU, 15.78; 4. Ryan Wecker, WOU, 15.89; 5. Jacob Hayes, HSU, 16.84; 6. Steve Roche, CWU, 16.91; 7. Jeff McDonald, WWU, 17.10; 8. Sean Gabe, WOU, 17.44.

400 Hurdles - 1. Nick Little, WWU, 52.81; 2. Trevor Sharp, SPU, 54.81; 3. Jeremy Dow, SPU, 55.25; 4. Eric McGee, HSU, 56.42; 5. Steve Roche, CWU, 58.09; 6. Ryan Wecker, WOU, 59.73; 7. Jeff McDonald, WWU, 1:01.42.

4x100 Relay - 1. Western Oregon 41.16; 2. Humboldt State 42.38; 3. Western Washington 42.94; 4. Seattle Pacific 44.94 (CWU disqualified).

4x400 Relay - 1. Western Oregon 3:18.04; 2. Western Washington 3:21.81; 3. Seattle Pacific 3:22.29; 4. Humboldt State 3:26.92.

High Jump - 1. Nathan Lindeman, WWU, 6-9; 2. Eric Green, WWU, 6-9; 3. James Stever, WOU, 6-5; 4. (tie) Tony Butorac, CWU and Pat Ferguson, WOU, 6-3 1/4; 6. Mike Tully, WWU, 6-3 1/4; 7. Beau Ross, CWU, 6-3 1/4; 8. Jerome Powell, WOU, 6-1 1/4.

Pole Vault - 1. Paul Chapracki, HSU, 16-1 1/4; 2. Scott Alexander, CWU, 15-0; 3. Travis Spencer-Coy, WWU, 15-0; 4. Mike Alexander, CWU, 14-6; 5.(tie) Mike McLaughlin, HSU and Jon Stroschine, WOU, 14-0; 7. Travis Wallace, CWU, 14-0; 8. Steve Robinson, WWU, 14-0.

Long Jump - 1. Jeremy Vogel, WOU, 22-1 3/4; 2. Tony Butorac, CWU, 22-0 3/4; 3. Ryan Wecker, WOU, 22-0 1/4; 4. Brett Butcher, CWU, 21-11; 5. Zach Spaet, CWU, 20-7 3/4; 6. Daniel Straw, WOU, 21-0; 7. Brian Kruse, WOU, 21-0; 8. Eric Iverson, CWU, 20-7 3/4.

Triple Jump - 1. Beau Ross, CWU, 46-7 1/2; 2. Nathan Lindeman, WWU, 46-4; 3. Vince Butorac, CWU, 45-6 1/4; 4. Michael Haney, WWU, 43-0 1/2; 5. Brett Butcher, CWU, 41-10; 6. Tony Butorac, CWU, 41-8; 7. Daniel Straw, WOU, 39-4 1/2.

Shot Put - 1. Erik Knutzen, WWU, 46-3 1/4; 2. Brian Crawford, WOU, 45-5 3/4; 3. Tim Jolin, WWU, 44-0 1/2; 4. Ian McDole, WWU, 43-10; 5. Dave Margraf, HSU, 42-1 1/4; 6. James Stever, WOU, 42-0; 7. David Gregory, WOU, 38-4 3/4; 8. Dustin Larson, WOU, 36-10 1/4.

Discus - 1. Jake Nickerson, WOU, 148-1; 2. David Gregory, WOU, 147-0; 3. Tony Kyle, WWU, 143-9; 4. Luke Franzke, WOU, 138-5; 5. Chris Gough, SPU, 129-1; 6. Joe Mason, WOU, 126-7; 7. Eric Knutzen, WWU, 125-9; 8. Ian McDole, WWU, 119-10.

Hammer - 1. Luke Franzke, WOU, 172-10; 2. David Gregory, WOU, 158-9; 3. Tim Jolin, WWU, 141-8; 4. Jake Nickerson, WOU, 136-1; 5. Joe Mason, WOU, 130-5; 6. Dave Margraf, HSU, 126-8.

Javelin - 1. Travis Huntsinger, WWU, 190-8; 2. Tony Kyle, WWU, 184-7; 3. Zach Spaet, CWU, 181-11; 4. Dan Young, WWU, 178-5; 5. Chris Gough, SPU, 173-7; 6. Brett Butcher, CWU, 171-10; 7. John Sohlman, WOU, 171-0; 8. Tyler Cox, WOU, 166-2.

Seattle Pacific Invitational (May 13, 2000 at Seattle)

100 - 1. Willem Ryan, Coquitlam, 10.73; 2. Jelani Harrison, UW, 10.81; 3. Chris Faulconer, CWU, 10.91; 4. Larry Small, Coquitlam, 10.94; 5. Mike Hinshaw, WOU, 10.97; 6. Josh DeLay, CWU, 11.05; 7. Lorenzo Hill, Club Ballard, 11.11; 8. Dante Betha, WOU, 11.14; 14. Cory Medina, CWU, 11.39.

200 - 1. Willem Ryan, Coquitlam, 21.46; 2. Seth Morris, Spokane CC, 21.79; 3. Chris Faulconer, CWU, 21.82; 4. Josh DeLay, CWU, 21.88; 5. Ryon Edwards, PSU, 21.94; 6. Mike Lynch, WWU, 22.11; 7. Jelani Harrison, UW, 22.25; 8. Larry Small, Coquitlam, 22.31.

400 - 1. Ja'Warren Hooker, UW, 44.91; 2. James Mackey, UW, 47.41; 3. Iain McLellan, SFU, 47.66; 4. Leo Suzuki, Whitworth, 48.91; 5. Johnnie Williams, EWU, 48.99; 6. Manzell Blakeley, HCC, 49.36; 7. David Richmond, WOU, 49.37; 8. Ed Swartz, SCC, 49.49.

800 - 1. John Cote, unat., 1:50.47; 2. Jon Swanson, unat., 1:51.36; 3. Brian Trimble, EWU, 1:51.77; 4. Christian Berkey, SPU, 1:52.13; 5. Billy Leighty, OIT, 1:52.63; 6. Derek Klinge, unat., 1:52.95; 7. Eric Hurlen, SFU, 1:53.41; 8. Mike Houston, PLU, 1:53.68.

1500 - 1. John Russell, UW, 3:45.56; 2. Devin Kemper, WWU, 3:46.44; 3. Geoff Perry, UW, 3:48.47; 4. David Blazi, UW, 3:49.71; 5. Tom Hildrum, UW, 3:53.83; 6. Tom Gaschk, CWU, 3:54.75; 7. Jeremy Park, unat., 3:55.06; 8. Aaron Matthius, NNU, 3:56.27.

Steeplechase - 1. Brett Long, unat., 9:13.37; 2. Paul Harkins, UW, 9:14.30; 3. Jeff Kwantes, SFU, 9:29.30; 4. Mat Hunnicut, WU, 9:33.61; 5. Fred Schmitt, CWU, 9:34.76; 6. Todd Fayant, SCC, 9:41.62; 7. Zack Boteilno, WWU, 9:46.38; 8. Gabe Doebler, Linf, 9:48.27.

5000 - 1. Dan Franek, CNW, 14:46.39; 2. Matt Johnson, SFU, 15:02.43; 3. Aaron Lindner, Portland, 15:08.28; 4. Ben Koss, UW, 15:15.83; 5. Brandon Workman, George Fox, 15:16.76; 6. Dagen Bendixen, EWU, 15:17.38; 7. Joey Hord, UW, 15:26.03; 8. Ryan Cordes, SCC, 15:28.43.

110 High Hurdles - 1. Kyle Robinson, Coquitlam, 14.59; 2. Colin Lewis, Coquitlam, 14.89; 3. Josh Renz, UW, 14.97; 4. Ben Meyer, UW, 15.02; 5. David Parker, unat., 15.27; 6. Jim Chroninger, WOU, 15.39; 7. Fritz Mesenbrink, Linf, 15.52; 8. Kyle Wallace, WWU, 15.56; 9. Vince Butorac, CWU, 15.94; 11. Erik Iverson, CWU, 15.97.

400 Hurdles - 1. Nick Little, WWU, 52.51; 2. Curtis Parrish, SCC, 53.45; 3. Andrew Rager, Linf, 54.42; 4. Chris Berthof, PLU, 54.48; 5. Josh Renz, UW, 54.90; 6. Zach Davidson, George Fox, 54.92; 7. Trevor Sharp, SPU, 55.24; 8. Josh Hall, EWU, 55.29.

4x100 Relay - 1. Coquitlam 41.46; 2. Western Oregon 41.51; 3. Central Washington (Medina, DeLay, Obeng, Faulconer) 42.27; 4. Washington 42.34; 5. Whitworth 42.62; 6. Pacific Lutheran 43.79.

4x400 Relay - 1. Western Washington 3:15.13; 2. Simon Fraser 3:15.50; 3. George Fox 3:16.87; 4. Western Oregon 3:17.71; 5. Central Washington (DeLay, Bills, Faulconer, Trevino) 3:18.90; 6. Spokane CC 3:19.60; 7. Whitworth 3:20.51; 8. Seattle Pacific 3:20.77.

High Jump - 1. Eric Green, WWU, 6-8 3/4; 2. Sean Steele, UW, 6-6 3/4; 3. Frank Remund, UW, 6-6 3/4; 4. Antonio Bush, HCC, 6-4 3/4; 5. Garrett Miller, PLU, 6-4 3/4; 6. Craig Allen, unat., and Chris Rushing, unat., and Joel Gordon, SCC, 6-4 3/4.

Pole Vault - 1. Matt Phillips, UW, 17-10 1/2; 2. Brad Walker, UW, 15-11; 3. Brian Quinn, OIT, 15-5; 4. Scott Alexander, CWU, 14-11; 5. Mike Alexander, CWU, 14-11; 6. Regis Costello, PLU, 14-5 1/4; 7. Nick Keolker, unat., 14-5 1/4; 8. Josh Fishburne, NNU, 14-5 1/4.

Long Jump - 1. Djonovan Dobbins, HCC, 23-8 1/4; 2. Josh Renz, UW, 22-10; 3. James Thomas, NNU, 22-3 3/4; 4. Ryan Wecker, WOU, 22-1 1/2; 5. Tony Butorac, CWU and Antonio Bush, HCC, 21-6 1/4; 7. Michael Mensan, SFU, 21-6; 8. John Nosler, Linf, 21-0 3/4.

Triple Jump - 1. Beau Ross, CWU, 46-8 3/4.

Shot Put - 1. Sean Shull, SCC, 48-11 3/4; 2. Doug Jackson, UW, 48-9 1/2; 3. Ian Strauss, George Fox, 48-1 1/4; 4. Jason Calapp, SCC, 47-8 1/2; 5. Trevor Roberts, PLU, 47-4 1/2; 6. Takashi Atkins, Whitworth, 44-7; 7. Erik Knutzen, WWU, 44-6 3/4; 8. Dan Reichenbach, Lewis & Clark, 43-6 1/2.

Discus - 1. Ian Strauss, George Fox, 150-9; 2. Ryan Dirks, PLU, 149-3; 3. Brandon Hunt, EWU, 149-1; 4. Brian Crawford, WOU, 147-11; 5. Jake Nickerson, WOU, 145-6; 6. Jason Cummings, EWU, 144-9; 7. Craig Downey, UW, 141-6; 8. Tony Kyle, WWU, 140-8.

Hammer - 1. Lex Strom, unat., 212-0; 2. Matt Shaffer, unat., 208-3; 3. Scott Boothby, CNW, 203-10; 4. Ryan Dirks, PLU, 184-9; 5. Dennis Lockling, unat., 174-8; 6. Luke Framzke, WOU, 169-0; 7. John Halbakken, EWU, 163-8; 8. David Gregory, WOU, 161-9.

Javelin - 1. Craig Stelling, unat., 204-1; 2. Curt Borland, unat., 199-2; 3. Aaron Thornton, Linf, 189-0; 4. Jon Roberts, George Fox, 181-10; 5(tie).

Marcus Rismiller, PLU, and Josh Robinson, UW, 181-6; 7. Jeff Bentley, OIT, 181-0; 8. Ty Taylor, George Fox, 180-11.

NCAA Nationals (May 25-27 at N.C.)

Thursday: 1500 - Tom Gaschk 4:08.88 (7th in heat).

2000 Women's Track Meet Summaries

Washington Preview Track and Field (Mar. 4, 2000 at Seattle)

100 - 1. Jamara Smith, UW, 12.25; 2. Krysha Bayley, Coquitlam, 12.41; 3. Sarah Axley, PLU, 12.68; 4. Lindsey Stewart, SPU, 12.69; 5. Sally Wong, VOC, 12.92; 6. Becca Ehli, PLU, 13.42.

200 - 1. Chelsie Pentz, UW, 24.53; 2. Krysha Bayley, Coquitlam, 24.73; 3. Jamara Smith, UW, 25.27; 4. Asya Muhammad, UW, 25.50; 5. Laura Widman, SPU, 25.99; 6. Becca Ehli, PLU, 26.74; 13. Ellie Fortin, CWU, 27.96.

400 - 1. Chelsie Pentz, UW, 55.90; 2. Sarah Kraybill, SPU, 56.88; 3. LeTasha Moore, UW, 58.08; 4. Asya Muhammad, UW, 58.37; 5. Cyrena Bell, SPU, 59.81; 6. Ellie Fortin, CWU, 1:00.39.

800 - 1. Alicen Maier, CWU, 2:14.48; 2. Rachel Ross, SPU, 2:15.64; 3. Arlene Bledsoe, UW, 2:16.55; 4. Susan Werner, UW, 2:17.62; 5. Jackie Whitfield, SPU, 2:18.89; 6. Jessica Sotelo, UPS, 2:19.20; 14. Erinn Nickels, CWU, 2:35.33.

1500 - 1. Christie Goering, SPU, 4:44.57; 2. Susan Werner, UW, 4:44.61; 3. Kate Bradshaw, UW, 4:47.86; 4. Amy King, UW, 4:50.02; 5. Edna Marek, WWU, 4:58.47; 6. Jill Johnson, UW, 5:00.52.

3000 - 1. Margaret Butler, UW, 9:35.19; 2. Cami Matson, UW, 9:36.87; 3. Kara Syrdal, UW, 9:39.47; 4. Mindy Leffler, unat., 9:51.86; 5. Jen Hillier, unat., 9:55.51; 6. Jenny Ng, unat., 10:03.31; 10. Sarah Forrey, CWU, 10:39.93; 11. Abby Bielenberg, CWU, 10:47.44; 12. Amy Forrey, CWU, 10:48.56; 15. Krissie Mathers, CWU, 10:56.15; 18. Shelby Jacobs, CWU, 11:18.30; 22. Jamie Tuchscherer, CWU, 11:25.32; 23. Becca Tripp, CWU, 11:26.34; 25. Tara Gauthier, CWU, 11:38.70; 31. Tammy Norman, CWU, 12:26.65; 33. Erin Lakin, CWU, 12:37.83; 34. Kris Martin, CWU, 12:43.65; 35. Corie Beck, CWU, 12:46.58.

10,000 - 1. Maree George, PLU, 37:02.02; 2. Dana Boyle, UPS, 37:58.41; 3. Nicole Seana, SPU, 38:12.20; 4. Ruth Hawkinson, SPU, 39:37.06.

100 Hurdles - 1. Kelsey Sheppard, UW, 14.64; 2. Shavon Hawkins, UW, 14.74; 3. Sarah Lavalley, SPU, 14.91; 4. Kristi Osborne, unat, 15.17; 5. Jennifer Pyeatt, SPU, 15.26; 6. Jawea Harder, SPU, 15.38.

400 Hurdles - 1. Kelsey Sheppard, UW, 1:00.33; 2. Shavon Hawkins, UW, 1:02.04; 3. Karen Summers, SPU, 1:03.86; 4. Jawea Harder, SPU, 1:05.01; 5. Sarah Petersen, UW, 1:05.48; 6. Jen Leita, WWU, 1:06.28.

4x100 Relay - 1. Washington 47.39; 2. Washington 48.02; 3. Pacific Lutheran 50.56; 4. Highline CC 54.59; 5. Western Washington 54.65.

4x400 Relay - 1. Seattle Pacific 3:56.25; 2. Washington 4:04.42; 3. Pacific Lutheran 4:07.52; 4. Washington 4:08.11; 5. Western Washington 4:10.07; 6. Central Washington 4:14.35; 7. Washington 4:26.37; 8. Seattle Pacific 4:30.13.

High Jump - 1. Laura Widman, SPU, 5-4 1/4; 2. Abby Harris, SPU, 5-2 1/4; 3. Sarah Dillon, UPS, 5-2 1/4; 4. Sarah Hiss, WWU, 5-2 1/4; 5. Jenoa Potter, HCC, 5-0 1/4; 6. Natalie Senvold, unat, 5-0 1/4.

Pole Vault - 1. Sandy Erickson, UW, 11-5 3/4; 2. MerryJane Bendico, UW, 11-1 3/4; 3. Margaret Haines, UW, 10-10; 4. Christina Withey, UW, 10-6; 5. Susie Jacobsen, unat., 10-6; 6. Tara Hulbert, UW, 9-6 1/4.

Javelin - 1. Megan Spriesterbach, UW, 136-10; 2. Stephanie Huffman, unat., 132-2; 3. Becky Lewis, WWU, 127-10; 4. Anne Crase, UPS, 122-2; 5. Laura Widman, SPU, 121-9; 6. Sara Lind, CWU, 120-2; 12. Suzanne Marsh, CWU, 103-5.

Hammer - 1. Caroline Wittrin, Kajacks, 192-6; 2. Jennifer Padrinao, Kajacks, 157-4; 3. Seselia Thomas, UW, 140-7; 4. Sonja Noll, CNW, 125-8; 5. Emily Whitish, UW, 114-9; 6. Searan Salibian, UW, 111-6.

Shot Put - 1. Seselia Thomas, UW, 47-9; 2. Searan Salibian, UW, 40-6 1/4; 3. Sarah Eddy, WWU, 40-1 1/4; 4. Emily Whitish, UW, 38-5 1/2; 5. Jennifer Pyeatt, SPU, 37-6 3/4; 6. Nashira Knight, WWU, 34-11 3/4; 10. Sarah Lind, CWU, 31-1 1/4; 11. Suzanne Marsh, CWU, 30-9 3/4.

Discus - 1. Aretha Hill, US West, 189-3; 2. Seselia Thomas, UW, 137-2; 3. Emily Whitish, UW, 136-0; 4. Searan Salibian, UW, 123-11; 5. Sarah Eddy, WWU, 116-3; 6. Megan Wright, WWU, 114-11.

PLU Salzman Invitational (Mar. 11, 2000 at Tacoma)

Team Scores - Washington 265 1/2, Seattle Pacific 139 1/2, Pacific Lutheran 74, Western Washington 72, Central Washington 59, Puget Sound 43, Highline 37, Northwest 17, Whitman 13, St. Martin's 4, Eastern Washington 2 (Co-ed - Washington 488 1/2, Seattle Pacific 185 1/2, Central Washington 180 1/2, Pacific Lutheran 162, Western Washington 157, Puget Sound 96, Highline CC 90 1/2, Northwest College 42, Whitman 17, Alaska Anchorage 16, Eastern Washington 10, St. Martin's 4).

100 - 1. Zee Ogarro, UW, 12.17; 2. Sarah Axley, PLU, 12.61; 3. Jamara Smith, UW, 12.87; 4. Lindsey Stewart, SPU, 13.16; 5. Kate Herber, WWU, 13.44; 6. Julie Vanni, UPS, 13.70; 7. Juanita Agard, HCC, 13.92; 8. Kamaria DeChabert, UPS, 15.74.

200 - 1. Chelsie Pentz, UW, 24.5; 2. Jamara Smith, UW, 24.9; 3. LeTasha Moore, UW, 25.3; 4. Asya Muhamad, UW, 25.7; 5. Sarah Axley, PLU, 25.9; 6. Jennifer Pyeatt, SPU, 26.2; 7. Zee Ogarro, UW, and Laura Ellingson, WWU, 26.5; 15. Ellie Fortin, CWU, 27.5.

400 - 1. Chelsie Pentz, UW, 55.87; 2. LeTasha Moore, UW, 56.77; 3. Asya Muhamad, UW, 57.37; 4. Cyrena Ball, SPU, 58.07; 5. Amy Friedrich, PLU, 59.77; 6. Jill Wilmovsky, PLU, 59.97; 7. Ellie Fortin, CWU, 1:00.87; 8. Rachel Moyer, HCC, 1:03.92.

800 - 1. Rachel Ross, SPU, 2:16.01; 2. Amy King, UW, 2:17.95; 3. Arlene Bledsoe, UW, 2:19.15; 4. Tanya Belliard, unat, 2:19.25; 5. Sarah Kraybill, SPU, 2:20.18; 6. Linnea Jarvits, unat, 2:20.24; 7. Shelley Smathers, unat., 2:22.68; 8. Jackie Whitfield, SPU, 2:23.80.

3000 - 1. Mindy Lesfler, unat, 9:36.2; 2. Shelley Smathers, unat., 9:39.9; 3. Susan Werner, UW, 10:04.9; 4. Maree George, PLU, 10:10.7; 5. Joanne Templeman, unat., 10:11.9; 6. Christie Goering, SPU, 10:14.1; 7. Dana Boyle, UPS, 10:20.7; 8. Shannon Sharpe, unat, 10:30.3; 14. Linsy Nickels, CWU, 10:48.2; 20. Jamie Tuchscherer, CWU, 11:29.0; 23. Tammy Norman, CWU, 12:25.7.

5000 - 1. Sarah Forrey, CWU, 18:33.91; 2. Amy Forrey, CWU, 18:34.48; 3. Heather Wallace, SPU, 18:41.46; 4. Abby Bielenberg, CWU, 18:43.70; 5. Rachae Probst, SPU, 19:05.18; 6. Krissi Mathers, CWU, 19:11.12; 7. Jenni Gordon, WWU, 19:30.24; 8. Katie Park, NWC, 19:32.14; 9. Tara Gauthier, CWU, 19:32.37; 10. Rebecca Tripp, CWU, 19:33.91; 11. Jamie Tuchscherer, CWU, 19:57.88; 16. Kris Martin, CWU, 21:33.03; 17. Erin Lakin, CWU, 21:58.02; 18. Corie Beck, CWU, 22:07.96.

100 Hurdles - 1. Sarah Peterson, UW, 14.3; 2. Shavon Hawkins, UW, 14.7; 3. Kate Herber, WWU, and Sarah Lavallee, SPU, 15.1; 5. Kristie Brooks, unat., 15.3; 6. Jawea Harder, SPU, 15.4; 7. Jennifer Pyeatt, SPU, 15.6; 8. Kristi Osborne, unat, 15.8.

400 Hurdles - 1. Shavon Hawkins, UW, 1:03.33; 2. Sarah Peterson, UW, 1:03.66; 3. Karen Summers, SPU, 1:03.67; 4. Jawea Harder, SPU, 1:05.67; 5. Jonica Tramosch, UW, 1:08.63; 6. April Nelson, UPS, 1:09.74; 7. Erin Nickels, CWU, 1:11.07; 8. Tess Wolken, WWU, 1:12.23.

4x100 Relay - 1. Washington 47.25; 2. Seattle Pacific 48.79; 3. Pacific Lutheran 49.72; 4. Highline CC 52.56.

4x400 Relay - 1. Washington 3:51.04; 2. Seattle Pacific 3:54.94; 3. Pacific Lutheran 4:05.65; 4. Western Washington 4:14.26; 5. Central Washington (Fortin, E. Nickels, Maier, Neil) 4:17.46; 6. Highline 4:32.18.

4x800 Relay - 1. Central Washington (Maier, S. Forrey, Bielenberg, A. Forrey) 9:52.48; 2. Northwest College 9:57.15; 3. Western Washington 10:17.24; 4. Central Washington 11:50.28.

Distance Medley - 1. Puget Sound 12:38.78; 2. Central Washington (Maier, Neil, Mathers, L. Nickels) 12:53.16; 3. Western Washington 13:39.57.

High Jump - 1. Stephanie Huffman, unat., 5-2 1/4; 2. Sarah Dillon, UPS, 5-2 1/4; 3. Erin Johnson, HCC, 5-2 1/4; 4. Kristie Brooks, unat., 5-1; 5. Jenoa Potter, HCC, 5-1; 6. Lori Rolf, PLU, 4-11 3/4; 7. Amy Cowden, SPU, 4-11 3/4; 8. Abby Harris, SPU, 4-11 3/4; 9. Leslie Hansen, CWU, 4-10 1/2.

Pole Vault - 1. Sandy Erickson, UW, 11-5; 2. Cathryn Cole-Dow, unat., 10-11; 3. MerryJane Bendico, UW, 10-5 1/4; 4. Christina Withey, UW, 10-5 1/4; 5. Susie Jacobsen, unat, 9-11 1/4; 6. Margaret Haines, UW, 9-11 1/4; 7. Amy Wells, UPS, 9-11 1/4; 8. Rachel Schwartz, HCC, 8-11 1/2.

Long Jump - 1. Laura Widman, SPU, 17-11; 2. Sarah Hiss, WWU, 17-8 3/4; 3. Jamara Smith, UW, 17-2; 4. Nashira Knight, WWU, 16-10; 5. Kristi Osborne, unat., 16-8 3/4; 6. Morgan Ranta, SPU, 16-5; 7. Heidi Grilley, NWC, 13-9 3/4; 8. Monica Angeline, HCC, 13-9 3/4.

Triple Jump - 1. Natalie Dorow, SPU, 35-6 1/2; 2. Morgan Ranta, SPU, 33-8; 3. Erin Johnson, HCC, 33-1 3/4; 4. Heidi Grilley, NWC, 31-4; 5. Lawilatta Redner, CWU, 30-11 3/4; 6. Laura Cobb, PLU, 30-10 1/4; 7. Katrina Newsom, SPU, 30-7 1/2; 8. Nicole Sharp, PLU, 29-4 1/2.

Shot Put - 1. Sesilia Thomas, UW, 45-11 1/4; 2. Searan Salibian, UW, 42-2 3/4; 3. Jennifer Pyeatt, SPU, 39-3 1/4; 4. Mari Ruiz, Whitman, 37-8 3/4; 5. Sarah Eddy, WWU, 36-10 1/2; 6. Laura Widman, SPU, 35-5 1/4; 7. Liz Adkisson, WWU, 35-3 1/4; 8. Leslie Seelye, PLU, 35-3; 10. Sara Lind, CWU, 34-2 3/4; 14. Suzanne Marsh, CWU, 31-3; 18. Susanne Neil, CWU, 23-9.

Discus - 1. Sesilia Thomas, UW, 132-10; 2. Mari Ruiz, Whitman, 128-6; 3. Searan Salibian, UW, 123-8; 4. Emily Whitish, UW, 121-10; 5. Sarah Eddy, WWU, 109-8; 6. Megan Wright, WWU, 107-10; 7. Liz Adkisson, WWU, 100-7; 8. Heidi Roland, unat., 98-3.

Hammer - 1. Sesilia Thomas, UW, 132-3; 2. Leslie Seelye, PLU, 129-5; 3. Stacey Neils, PLU, 129-1; 4. Emily Whitish, UW, 115-1; 5. Searan Salibian, UW, 113-7; 6. Caryn Flint, PLU, 108-10; 7. Andrea Laub, WWU, 95-9; 8. Tina Lohse, PLU, 95-2.

Javelin - 1. Stephanie Huffman, unat., 133-9; 2. Megan Spriesterbach, UW, 133-2; 3. Becky Lewis, WWU, 124-6; 4. Anne Crase, UPS, 124-2; 5. Rochelle Weems, PLU, 122-10; 6. Christina Withey, UW, 122-6; 7. Megan Wright, WWU, 117-8; 8. Laura Widman, SPU, 116-9; 9. Sara Lind, CWU, 116-1; 11. Suzanne Marsh, CWU, 106-0; 19. Leslie Hansen, CWU, 85-3.

CC of Spokane Invitational (Mar. 18, 2000 at Spokane)

100 - 1. Sarah Axley, PLU, 12.74; 2. Rachel Johnson, CCS, 12.93; 3. Alisha Simchuk, Whtw, 13.35; 4. Becca Ehli, PLU, 13.42; 5. Holly Knoll, Whtw, 13.88; 6. Susan Hansen, HCC, 14.25.

200 - 1. Sarah Axley, PLU, 26.24; 2. Shannon Anderson, EWU, 26.55; 3. Sarah Hiss, WWU, 27.34; 4. Becca Ehli, PLU, 27.45; 5. Bernice Penn, unat., 27.55; 6. Alisha Simchuk, Whtw, 27.64; 7. Laura Ellingson, WWU, 27.74; 8. Jill Heinz, EOU, 28.14.

400 - 1. Robbi Schwarz, EWU, and Shannon Anderson, EWU, 59.75; 3. Rachel Ross, SPU, 59.84; 4. Susannah Lowber, EWU, 1:00.94.

800 - 1. Jenni Saling, CCS, 2:17.74; 2. Amy Friedrich, PLU, 2:19.64; 3. Meredith Gomes, WWU, 2:19.84; 4. Erin Parks, Ricks, 2:21.24; 5. Kira Thompson, NIJC, 2:21.54; 6. Heather Taylor, NIJC, 2:23.84; 7. Jill Heinz, EOU, 2:23.94; 8. Khrista Draggie, Gonzaga, 2:25.34; 19. Erinn Nickels, CWU, 2:34.54.

1500 - 1. Rachel Ross, SPU, 4:40.5; 2. Jenni Saling, CCS, 4:41.4; 3. Alicen Maier, CWU, 4:43.2; 4. Lisa Harrison, EWU, 4:47.7; 5. Heather Taylor, NIJC, 4:48.4; 6. Maree George, PLU, 4:49.8; 7. Courtney Allen, Ricks, 4:54.7; 8. Sarah Forrey, CWU, 4:55.5; 10. Linsey Nickels, CWU, 4:57.3; 11. Amy Forrey, CWU, 4:57.8; 24. Tara Gauthier, CWU, 5:20.0.

5000 - 1. Amber Johnson, EWU, 17:38.15; 2. Kirsten Ogden, Ricks, 18:09.06; 3. Sarah Becker, EWU, 18:25.74; 4. Jennifer Bradley, unat, 18:31.21; 5. Annie Scott, Whtw, 18:42.83; 6. Lanaia Jones, EWU, 18:44.62; 7. Amber Cellan, Ricks, 18:47.60; 8. Jeanette Gardiner, EWU, 18:49.77; 21. Jamie Tuchscherer, CWU, 20:00.55.

100 Hurdles - 1. April Jackson, Ricks, 14.63; 2. Sarah Hiss, WWU, 15.74; 3. Katie Nuechterlein, Whtw, 17.52; 4. Kati Knutson, NIJC, 17.64; 5. Amy Henderson, NIJC, 17.79; 6. Lacey Helm, PLU, 19.16.

400 Hurdles - 1. Mandy Kelly, Ricks, 1:10.36; 2. Tess Wolen, WWU, 1:10.43; 3. Natalie Senvold, unat., 1:11.77; 4. Carly Shuman, CCS, 1:12.14; 5. Jen Leita, WWU, and Aubrey Ward, Ricks, 1:12.25; 7. Amy Henderson, NIJC, 1:14.15; 8. Kati Knutson, NIJC, 1:15.44.

4x100 - 1. Pacific Lutheran 50.04; 2. Whitworth 51.06; 3. Highline 53.04; 4. Eastern Oregon 53.09.

4x400 - 1. Pacific Lutheran 4:04.2; 2. Ricks 4:07.0; 3. Central Washington (Maier, L. Nickels, E. Nickels, Forrey) 4:08.0; 4. Western Washington 4:22.9.

Long Jump - 1. Sarah Hiss, WWU, 18-10 1/2; 2. Bernice Penn, unat., 16-10 1/2; 3. Trista Christianson, EOU, 15-10 1/4; 4. Lawilatla Redner, CWU, 15-6 1/4; 5. Nicole Sharp, PLU, 15-2; 6. Laura Cobb, PLU, 15-0 1/2; 7. Heidi Grilley, NWC, 14-7; 8. Juanita Agord, HCC, 14-2 1/2.

Triple Jump - 1. Jane Wallace, unat., 36-11 1/2; 2. Sarah Hiss, WWU, 36-5 1/2; 3. Rachel Johnson, CCS, 35-9 1/2; 4. Erin Johnson, HCC, 34-5 1.2; 5. Trista Christianson, EOU, 33-1 1/4; 6. Lawilatla Redner, CWU, 32-3 1/2; 7. Heidi Grilley, NWC, and Danielle Booth, EOU, 31-7 1/2.

High Jump - 1. April Jackson, Ricks, 5-6; 2. Erin Johnson, HCC, 5-1; 3. Sarah deBoer, NIJC, 5-1; 4. Natalie Senvold, unat, 4-11; 5. Jenoa Potter, HCC, 4-11.

Pole Vault - 1. Amy Mortensen, CCS, 10-6; 2. Lisa Preston, Ricks, 10-0; 3. Jordon Crossfield, WWU, 9-0 1/4; 4. Rachel Schwartz, HCC, 8-8 1/4; 5. Samantha Neal, CCS, 8-0 1/2; 6. Amanda Scholz, WWU, 7-6 1/2; 7. Elizabeth Tiegs, Whtw, 7-6 1/2.

Shot Put - 1. Mandi Fish, EWU, 44-5 1/4; 2. April Haney, EOU, 44-1 1/4; 3. Cathy Fuaiemca, Ricks, 43-9 1/4; 4. Suzie Clayton, Ricks, 43-5 3/4; 5. Tia Iketau, Ricks, 41-5 1/4; 6. Kelly Holloway, EWU, 40-11; 7. Malita Bingham, Ricks, 40-2 1/4; 8. Julie Nielson, EWU, 39-9 1/4.

Discus - 1. Suzie Clayton, Ricks, 142-2; 2. Cathy Fuaiemca, Ricks, 137-7; 3. Malita Bingham, Ricks, 132-10; 4. April Haney, EOU, 124-0; 5. Jocelyn Merkley, Ricks, 123-1; 6. Kelly Holloway, EWU, 122-0; 7. Elysia Hanna, Whtw, 120-9; 8. Abby Monta, CCS, 116-9.

Javelin - 1. Becky Lewis, WWU, 131-7; 2. Julie Demarni, NIJC, 127-4; 3. Erin Anglesey, Ricks, 122-10; 4. Danielle Swift, Whtw, 120-2; 5. Rochelle Weems, PLU, 116-9; 6. Karisa Wilmovsky, WWU, 110-4; 7. Brooke Evans, Whtw, 103-10; 8. Jessica Fuqua, NIJC, 102-10.

Hammer - 1. Leah Merrel, EOU, 157-0; 2. Cathy Fuaiemca, Ricks, 149-6; 3. Julie Nielson, EWU, 143-11; 4. Jamie Martin, EWU, 140-9; 5. Leslie Seelye, PLU, 140-1; 6. Crystal Smith, NIJC, 139-0; 7. April Haney, EOU, 135-10; 8. Elysia Hanna, Whtw, 134-0.

Stanford Invitational (Mar. 25-26, 2000 at Palo Alto)

Saturday: 3000 - 52. Sarah Forrey 10:33.52. 5000 - 50. Abby Bielenberg 18:06.29, 51. Amy Forrey 18:07.05. **Sunday:** 800 - 16. Alicen Maier 2:12.58.

Spring Break Open (Mar. 25, 2000 at Edmonds)

100 - 1. Natasha White, Valley Royals, 12.1; 2. Sally Wong, Vancouver Olympic, 13.0; 3. Marcia Garrison, PSU, 13.0; 4. April Nelson, UPS, 13.6; 5. Sara Cunningham, PSU, 13.8; 6. Kamaria DeChabert, UPS, 15.8.

200 - 1. Udemer Elijah, PSU, 25.6; 2. Linnea Jarvits, unat., 26.3; 3. Marcia Garrison, PSU, 26.6; 4. April Nelson, UPS, 27.2; 5. Sara Cunningham, PSU, 27.8; 6. Kristina Kai, PSU, 28.0; 7. Sally Wong, Vancouver Olympic, 28.1; 8. Julie Vanni, UPS, 28.2.

400 - 1. Kristen Hall, PSU, 1:00.6; 2. Udemer Elijah, PSU, 1:00.9; 3. Andrea Sauter, UW, 1:01.6; 4. Kristina Kai, PSU, 1:02.0.

800 - 1. Susan Werner, UW, 2:19.4; 2. Sue Morris, PSU, 2:19.7; 3. Melissa Chapman, UW, 2:20.3; 4. Meredith Gomes, WWU, 2:21.3; 5. Luci McGregor, SFU, 2:24.9; 6. Shannon Crippen, SFU, 2:29.9; 7. Samantha Michel, UW, 2:31.5; 8. Sarah Leonard, unat., 2:34.8.

1500 - 1. Susan Werner, UW, 4:43.6; 2. Cari Rampersad, Valley Royals, 4:44.5; 3. Melinda Ouwerkerk, Valley Royals, 4:56.9; 4. Tanya Belliard, unat., 4:56.9; 5. Samantha Michel, UW, 5:01.0; 6. Sarah Leonard, unat., 5:07.2; 7. Brianne Goetz, Valley Royals, 5:09.0; 8. Jill Hall, WWU, 5:11.0.

3000 - 1. Cari Rampersad, Valley Royals, 9:57.5; 2. Desneige McLean, SFU, 10:01.4; 3. Carlene McDaniel, SFU, 10:15.2; 4. Josephine Yaba, unat., 10:34.2; 5. Melissa Clement, SFU, 10:38.2; 6. Renee Embree, SFU, 10:38.9; 7. Liza English, UW, 10:55.9; 8. Nina Laurinolli, WWU, 11:07.5; 10. Krissi Mathers, CWU, 11:14.3; 16. Erin Lakin, CWU, 12:23.6; 17. Emelia Gutzwiller, CWU, 12:27.1.

5000 - 1. Kathleen Harri, CNW, 18:16.6; 2. Kelly VandenEkat, unat., 18:49.3; 3. Jennifer Ehrlichman, EWU, 19:49.8; 4. Emily VandenEkat, unat., 20:55.7.

10,000 - 1. Rache Probst, SPU, 40:13.6; 2. Stephanie Costanzo, Clackamas, 40:30.1; 3. Tara Gauthier, CWU, 40:37.2; 4. Rebecca Tripp, CWU, 40:39.8; 5. Shelby Jacobs, CWU, 41:10.4; 6. Sarah Block, Clackamas, 41:38.3; 7. Sarah Gogert, PLU, 42:39.3; 8. Kristin Eide, SPU, 44:01.2.

100 High Hurdles - 1. Sara Peterson, UW, 14.4; 2. Linnea Jarvits, unat., 16.0; 3. Julie Vanni, UPS, 17.7; 4. Jonica Tramosch, UW, 18.0.

400 Hurdles - 1. Sara Peterson, UW, 1:03.5; 2. Melanie Szirony, SFU, 1:04.9; 3. Susie Jacobsen, unat., 1:05.7; 4. Jonica Tramosch, UW, 1:09.9.

4x400 Relay - 1. Washington (Sauter, Chapman, Tramosch, Peterson) 4:06.2; 2. Portland State 4:07.5; 3. Portland State 4:11.0; 4. Portland State 4:17.2.

4x800 Relay - 1. Portland State (Salmon, Burnett, Breese, Straw) 9:14.6; 2. Portland State 9:38.3; 3. Northwest College 9:40.2; 4. Simon Fraser 9:49.3.

Long Jump - 1. Natasha White, Valley Royals, 16-9; 2. Andrea Sauter, UW, 15-9 1/2; 3. Nashira Knight, WWU, 15-8 1/4; 4. Heidi Grilley, Northwest, 13-9 1/2; 5. Danielle Juarez, unat., 13-8 1/4; 6. Laura Cobb, PLU, 13-5 1/2; 7. Jen Hunter, unat., 13-5 1/2; 8. Leslie Hansen, CWU, 13-5.

Triple Jump - 1. Mary Jane Bendico, UW, 32-3 1/4; 2. Heidi Grilley, Northwest, 30-9.

Pole Vault - 1. Sandy Erickson, UW, 12-4; 2. Chris Withey, UW, 10-11 3/4; 3. Susie Jacobsen, unat., 10-11 3/4; 4. Mary Jane Bendico, UW, 10-6; 5. Cathryn Cole-Dow, Shelton TC, 10-0; 6. Margaret Haines, UW, 10-0; 7. Alena Schlumpf, SPU, 10-0; 8. Jen Hunter, unat., 9-6 1/4.

High Jump - 1. Shawna Flynn, SFU, 5-5; 2. Linnea Jarvits, unat., 5-3; 3. Sarah Dillon, UPS, 5-3; 4. Nashira Knight, WWU, 4-11; 5. Leslie Hansen, CWU, 4-9.

Discus - 1. Emily Whitish, UW, 124-7; 2. Searan Sailibian, UW, 119-3; 3. Jenelle Morgan, unat., 99-1; 4. Marcia Garrison, PSU, 97-8; 5. Amy Luke, PSU, 96-4.

Shot - 1. Searan Sailibian, UW, 40-11 1/4; 2. Emily Whitish, UW, 39-1 3/4; 3. Julie Vanni, UPS, 34-9 3/4; 4. Lace Smith, UPS, 32-3; 5. Brianne Barrett, Shelton TC, 31-11.

Javelin - 1. Julie Mattson, St. Martin's, 124-2; 2. Megan Spriesterbach, UW, 118-10; 3. Jennifer Gardner, unat., 115-11; 4. Chris Withey, UW, 91-4; 5. Leslie Hansen, CWU, 84-9.

Whitworth Invitational (Apr. 1, 2000 at Spokane)

100 - 1. Cristi Horning, EWU, 12.29; 2. Jessica Lee, EWU, 12.69; 3. Kari Krueger, Montana, 12.75; 4. Alisha Simchuk, Whtw, 12.77; 5. Rachel Johnson, CCS, 12.80; 6. Brandy Tierney, EWU, 12.82; 7. Monique Hall, EWU, 13.05; 8. Lydawn Blunt, unat., 13.09.

200 - 1. Cristi Horning, EWU, 25.56; 2. Shannon Anderson, EWU, 25.93; 3. Robbi Schwarz, EWU, and Andy Garreffa, Montana, 26.09; 5. Jessica Lee, EWU, 26.19; 6. Kari Krueger, Montana, 26.32; 7. Yolonda Simmons, EWU, and Bernice Penn, unat., 26.46; 13. Ellie Fortin, CWU, 26.90.

400 - 1. Shannon Anderson, EWU, 57.62; 2. Andy Garreffa, Montana, 58.89; 3. Yolondo Simmons, EWU, 58.92; 4. Robbi Schwarz, EWU, 59.06; 5. Andrea Huntly, Montana, 1:00.59; 6. Susannah Lowber, EWU, 1:00.87; 7. Kira Thompson, NIJC, 1:01.06; 8. Diana Huey, Whtw, 1:04.61.

800 - 1. Katie Ellison, EWU, 2:19.09; 2. Lisa Harrison, EWU, 2:19.23; 3. Lillian Hoffman, Montana, 2:19.33; 4. Elizabeth Abbey, Whtw, 2:20.14; 5. Katie Kneeshaw, Montana, 2:20.23; 6. Darci Lewis, Montana, 2:21.08; 7. Laura Kruschke, Montana, 2:21.19; 8. Heather Taylor, NIJC, 2:22.03.

1500 - 1. Janet Collar, unat., 4:36.63; 2. Alicen Maier, CWU, 4:42.80; 3. Amber Johnson, EWU, 4:52.51; 4. Lauren Keithly, Montana, 4:55.75; 5. Julia Lucas, Whtw, 4:57.98; 6. Jamie Herman, NIJC, 4:59.58; 7. Janel Falk, NIJC, 5:14.66; 8. Jessica Alley, Whtw, 5:16.60.

3000 - 1. Jenni Saling, unat., 10:13.74; 2. Kelly Rice, Montana, 10:22.82; 3. Amber Johnson, EWU, 10:29.09; 4. Abby Bielenberg, CWU, 10:36.56; 5. Annie Scott, Whtw, 10:43.57; 6. Jennifer Bradley, unat., 10:44.71; 7. Sarah Becker, EWU, 10:47.48; 8. Sarah Forrey, CWU, 10:51.75; 9. Amy Forrey, CWU, 10:52.31; 10. Linsy Nickels, CWU, 10:55.15; 19. Tara Gauthier, CWU, 11:19.30; 20. Rebecca Tripp, CWU, 11:21.30; 21. Krissi Mathers, CWU, 11:23.34; 28. Tammy Norman, CWU, 12:08.3; 29. Erin Lakin, CWU, 12:11.0; 33. Emelia Gutzwiler, CWU, 12:47.0.

10,000 - 1. Tana Caskey, Gonzaga, 38:18.0; 2. Lanaia Jones, EWU, 38:41.0; 3. Holly Weiler, Whtw, and Marissa Thompson, LCSC, 40:31.0; 5. Jamie Tuschcherer, CWU, 41:30.0.

100 Hurdles - 1. Holly Gabbert, Montana, 15.17; 2. Sarah Barkley, Montana, 15.27; 3. Tina Olson, EWU, 15.44; 4. Carrie Hoburg, CCS, 16.27; 5. Kelli Olson, Montana, 16:28; 6. Bernice Penn, unat., 16.55; 7. Katie Nuechterlein, Whtw, 16.71; 8. Amy Henderson, NIJC, 16.74.

400 Hurdles - 1. Holly Gabbert, Montana, 1:03.25; 2. Sarah Barkley, Montana, 1:04.05; 3. Tina Halvorson, Montana, 1:06.89; 4. Kati Knutson, NIJC, 1:08.02; 5. Halee Haptonstall, CCS, 1:10.52; 6. Errinn Nickells, CWU, 1:10.79; 7. Amy Henderson, NIJC, 1:14.03; 8. Katie Nuechterlein, Whtw, 1:14.69.

4x100 Relay - 1. Eastern Washington 48.45; 2. Montana 49.45; 3. Montana 50.62; 4. Whitworth 51.42.

4x400 Relay - 1. Montana 3:59.74; 2. Central Washington (Fortin, E. Nickels, L. Nickels, Maier) 4:08.44; 3. North Idaho 4:14.44; 4. Whitworth 4:18.34; 5. Central Washington 4:45.84; 6. Whitman 4:56.64.

Long Jump - 1. Renee Dunn, Montana, 18-1 3/4; 2. Cristi Horning, EWU, 17-11 3/4; 3. Lindsey Bull, unat., 17-4; 4. Kelli Olson, Montana, and Rachel Johnson, CCS, 16-7 1/4; 6. Rachel Carter, Montana, 16-5; 7. Lori Bokowy, Montana, 16-4 1/4; 8. Abby Jo Hornstein, Whtw, 16-0 1/2; 11. Lawly Redner, CWU, 15-5.

Triple Jump - 1. Lindsay Saboe, Montana, 38-6; 2. Kelli Olson, Montana, 37-3; 3. Rachel Johnson, CCS, 36-2 3/4; 4. Janna Smith, EWU, 35-1 1/4; 5. Lindsey Bull, Whtw, 34-8 1/2; 6. Jen Jorgenson, Montana, 34-5 1/2; 7. Amy Lyngstad, Montana, 34-4; 8. Lawly Redner, CWU, 32-7 1/2.

High Jump - 1. Sarah deBoer, North Idaho, 5-1; 2. Jessica Austin, Whtw, 4-11; 3. Abby Jo Hornstein, Whtw, and Erica Moen, Whtw, 4-11.

Pole Vault - 1. Autumn Deda, EWU, and Nicole Zeller, Montana, 10-6; 3. Tracy Koesel, EWU, 9-6 1/4; 4. Samantha Neal, CCS, and Jaimi Lambert, unat., 8-6 1/4; 6. Elizabeth Tieg, Whtw, and Erica Moen, Whtw, 7-0 1/2.

Shot Put - 1. Jamie Slyder, Montana, 45-3 3/4; 2. Mandi Fish, EWU, 44-1 1/2; 3. Kelly Holloway, EWU, 43-7; 4. Laine Botchek, Montana, 42-8 3/4; 5. Rachel Squires, NIJC, 39-5 3/4; 6. Mindy Bandy, Whtw, 37-1 1/4; 7. Katje Dye, CCS, 36-4; 8. Amber Pantages, CCS, 35-11 1/4; 11. Sara Lind, CWU, 33-10 1/4; 11. Suzanne Marsh, CWU, 33-3.

Discus - 1. Kelly Holloway, EWU, 146-3; 2. Jamie Slyder, Montana, 143-2; 3. Julie Nielson, EWU, 139-6; 4. Dannai Clayborn, Montana, 131-5; 5. Crissy O'Neal, Whtw, 127-7; 6. Elysia Hanna, Whtw, 124-3; 7. Mari Ruiz, Whtw, 124-2; 8. Mandi Fish, EWU, 122-8.

Javelin - 1. Julie Demarni, North Idaho, 137-0; 2. Laine Botchek, Montana, 132-11; 3. Sara Lind, CWU, 126-8; 4. Danielle Swift, Whtw, 126-4; 5. Suzanne Marsh, CWU, 115-10; 6. Mindy Bandy, Whtw, 114-11; 7. Jessica Fuqua, NIJC, 106-8; 8. Kara Miller, Montana, 99-8.

Hammer - 1. Jaime Martin, EWU, 161-5; 2. Julie Nielson, EWU, 152-7; 3. Jessica Pluth, unat., 152-4; 4. Crystal Smith, NIJC, 142-5; 5. Dannai

Clayborn, Montana, 137-2; 6. Elysia Hanna, Whtw, 135-1; 7. Kelly Holloway, EWU, 133-8; 8. Piper Hope, unat., 133-4.

Western Washington Mult-Events Invitational (Apr. 2-3, 2000 at Spokane)

Heptathlon - 1. Sarah Hiss, WWU, 4748; 2. Nashira Knight, unat., 4084; 3. Danni O'Bannon, EWU, 3775; 4. Zandria Shattuck, EWU, 3574; 5. Ellie Fortin, CWU, 3218; 6. Nicole Crossland, EWU, 3207; 7. Kate Herber, WWU, 2415 (withdraw after 4 events); 8. Leslie Hansen, CWU, 1929.

Sunday:

100 Hurdles - 1. Hiss 15.06; 2. Herber 15.48; 3. O'Bannon 16.46; 4. Knight 16.58; 5. Shattuck 18.24; 6. Crossland 18.34; 7. Hansen 18.62 (426); 8. Fortin 20.02 (301).

High Jump - 1. Hiss 1.63 - 5-4 1/4; 2. Knight 1.55; 3. O'Bannon, Shattuck and Herber 1.49; 6. Crossland 1.43; 7. Hansen 1.34 - 4-4 3/4 (449); 8. Fortin 1.25 - 4-1 1/4 (359).

Shot Put - 1. Shattuck 11.24 - 36-10 1/2; 2. Knight 10.97; 3. Hiss 9.13; 4. O'Bannon 9.10; 5. Crossland 8.60; 6. Herber 7.73; 7. Hansen 7.27 - 23-10 1/4 (352); 8. Fortin 6.81 - 22-4 (323).

200 - 1. Hiss 26.90; 2. Knight 27.10; 3. Fortin 27.25 (691); 4. Herber 27.83; 5. Shattuck 28.52; 6. O'Bannon 28.53; 7. Crossland 29.13; 8. Hansen 33.52 (265).

Monday:

Long Jump - 1. Hiss 5.45 - 17-10 1/2; 2. Knight 5.20; 3. Shattuck 4.74; 4. O'Bannon 4.64; 5. Fortin 4.18 - 13-8 1/2 (350); 6. Crossland 4.12; 7. Hansen 2.88 - 9-5 1/2 (87).

Javelin - 1. Hiss 33.10 - 108-7; 2. Shattuck 29.80; 3. Fortin 28.68 - 94-1 (452); 4. O'Bannon 24.94; 5. Knight 23.60; 6. Crossland 21.20; 7. Hansen 20.32 - 66-8 (295).

800 - 1. Fortin 2:26.15 (742); 2. Hiss 2:27.17; 3. O'Bannon 2:37.68; 4. Crossland 2:39.45; 5. Knight 2:47.14; 6. Shattuck 3:03.24; 7. Hansen 3:46.85 (55).

Northwest Relays (Apr. 8, 2000 at Edmonds)

Friday:

Steeplechase - 1. Linsy Nickels 11:55.7.

Hammer - 1. Jennifer Padrinao, Kajacks RC, 156-0; 2. Lara Peters, Kajacks TC, 140-0; 3. Tanya Deutsch, SFU, 132-0; 4. Amanda Clifford, Kajacks TC, 131-7; 5. Andrea Laub, WWU, 98-7; 6. Megan Wright, WWU, 85-0; 7. Sarah Eddy, WWU, 66-1.

Saturday:

200 - 1. Linnea Jarvits, unat., 26.58; 2. Tess Wolken, WWU, 28.32.

400 - 1. Ellie Fortin, CWU, 1:01.63.

800 - 1. Tanya Belliard, unat., 2:25.54; 2. Sarah Leonard, unat., 2:31.49; 3. Mindy Beck, GU, 2:32.22.

Mile - 1. Sarah Forrey, CWU, 5:18.15; 2. Amy Forrey, CWU, 5:18.86; 3. Jenny Ng, unat., 5:20.36; 4. Sarah Leonard, unat., 5:21.58; 5. Abby Bielenberg, CWU, 5:25.70; 6. Christa Draggie, GU, 5:27.45; 7. Kristal Hoover, WWU, 5:44.86; 8. Shaylee Baumgartner, SPU, 5:56.27; 9. Emelia Gutzwiler, CWU, 6:09.22.

3000 - 1. Christie Goering, SPU, 10:23.07; 2. Heather Wallace, SPU, 10:36.70; 3. Nina Laurinolli, WWU, 11:08.88; 4. Krissi Mathers, CWU, 11:11.56; 5. Jenni Gordon, WWU, 11:24.57; 6. Tarell Muscutt, WWU, 11:32.31; 7. Beth DeRego, SU, 12:48.54.

5000 - 1. Nicole Seana, SPU, 18:17.8; 2. Tana Caskey, GU, 18:24.3; 3. Jojo Yaba, Kajacks TC, 18:44.9; 4. Paula Link, GU, 18:57.3; 5. Jamie Tuchscherer, CWU, 19:21.3; 6. Rebecca Tripp, CWU, 19:24.5; 7. Veronica Herrera, GU, 19:26.4; 8. Ruth Hawkinson, SPU, 20:00.5; 13. Erin Lakin, CWU, 21:49.1; 14. Kris Martin, CWU, 22:56.6.

100 Hurdles - 1. Sarah Hiss, WWU, 15.50; 2. Kate Herber, WWU, 15.54.

400 Hurdles - 1. Jackie Smith, SFU, 1:04.7; 2. Anna Kalat, WWU, 1:13.7.

4x100 - 1. Western Washington 52.48.

4x400 - 1. Western Washington 4:03.01; 2. Western Washington 4:13.92; 3. Central Washington (Fortin, L. Nickels, E. Nickels, A. Forrey) 4:13.96; 4. Central Washington 4:42.68; 5. Western Washington 4:51.34.

4x800 - 1. Central Washington (A. Forrey, E. Nickels, Bielenberg, Forrey). 9:58.66; 2. Gonzaga 10:26.38; 3. Western Washington 10:31.03.

Distance Medley - 1. Western Washington 13:30.27.

Middle Medley Relay - 1. Western Washington 4:19.74.

Long Jump - 1. Laura Widman, SPU, 18-5 1/2; 2. Linnea Jarvits, unat., 17-10 1/4; 3. Stephanie Huffman, unat., 17-7; 4. Morgan Ranta, SPU, 17-6 1/2; 5. Natalie Dorow, SPU, 16-9 1/4; 6. Katrina Newsom, SPU, 14-10; 7. Ellie Fortin, CWU, 14-8; 8. Wendy Baune, WWU, 12-2 3/4.

Triple Jump - 1. Jane Wallace, WWU, 37-10; 2. Natalie Dorow, SPU, 37-1; 3. Morgan Ranta, SPU, 34-9; 4. Katrina Newsom, SPU, 33-6.

High Jump - 1. Abby Harris, SPU, 5-3 3/4; 2. Stephanie Huffman, unat., 4-11 3/4.

Pole Vault - 1. Danielle Juarez, WWU, 10-2 3/4; 2. Jen Hunter, unat., 9-9; 3. Alena Schlumpf, SPU, 9-3; 4. Amanda Scholz, WWU, 8-8 3/4; 5. Becca Gillespy, Knights TC, 8-8 3/4; 6. Sarah Lyne, SPU, 7-8 3/4.

Discus - 1. Megan Wright, WWU, 119-6; 2. Becky Lewis, WWU, 88-1; 3. Jordan Crossfield, WWU, 82-10; 4. Megan Clancy, WWU, 58-0 1/4; 5. Sarah Hiss, WWU, 50-5 1/2.

Shot Put - 1. Jennifer Pyeatt, SPU, 40-3 1/4; 2. Linnea Jarvits, unat., 36-7; 3. Sara Lind, CWU, 34-10 1/2; 4. Suzanne Marsh, CWU, 34-1 1/2.

Javelin - 1. Becky Lewis, WWU, 125-4; 2. Christine Luders, WWU, 114-3; 3. Megan Wright, WWU, 112-4; 4. Sara Lind, CWU, 111-8; 5. Linsy Nickels, CWU, 108-9; 6. Jordan Crossfield, WWU, 105-10; 7. Suzanne Marsh, CWU, 100-10; 8. Ellie Fortin, CWU, 90-4.

Pacific Lutheran University Open (Apr. 15, 2000 at Tacoma)

100 - 1. Sarah Axley, PLU, 12.26; 2. Becca Ehli, PLU, 12.85; 3. Rochelle Diggins, Clark CC, 13.12; 4. April Nelson, UPS, 13.23; 5. Juanita Agard, HCC, 13.42; 6. Kamaria DeChabert, UPS, 15.69.

200 - 1. Sarah Axley, PLU, 25.73; 2. Jill Wilmovsky, PLU, 26.24; 3. Becca Ehli, PLU, 26.51; 4. Laura Ellingson, WWU, 26.81; 5. Nashira Knight, unat., 27.33; 6. Rochelle Diggins, Clark CC, 27.36; 7. Monica Angeline, HCC, 27.46; 8. Lindsay Roberson, Clark CC, 27.83.

400 - 1. Kristi Lund, Clark CC, 59.56; 2. Jill Wilmovsky, PLU, 1:00.17; 3. Monica Angeline, HCC, 1:02.77; 4. Rachel Moyer, HCC, 1:04.06; 5. Angie Ocampo, Clark CC, 1:05.42; 6. Susan Hansen, HCC, 1:06.94; 7. Vickie Upchurch, HCC, 1:12.44.

800 - 1. Lindsay Roberson, Clark CC, 2:16.47; 2. Crystal Glenn, Clark CC, 2:16.54; 3. Amy Friedrich, PLU, 2:17.71; 4. Alicen Maier, CWU, 2:18.24; 5. Jessica Sotelo, UPS, 2:18.91; 6. Ellie Fortin, CWU, 2:19.42; 7. Tanya Belliard, unat., 2:19.53; 8. Erinn Nickels, CWU, 2:21.10.

1500 - 1. Alicen Maier, CWU, 4:39.31; 2. Linsy Nickels, CWU, 4:45.50; 3. Megan Clancy, WWU, 4:50.15; 4. Korinda Godwin, NWC, 4:51.78; 5. Kyra Peterson, UPS, 4:56.59; 6. Alice Woolman, NWC, 4:57.56; 7. Meredith Gomes, WWU, 4:58.09; 8. Julie Meyer, UPS, 5:06.00.

3000 - 1. Maree George, PLU, 10:08.01; 2. Crystal Glenn, Clark CC, 10:23.61; 3. Jenny Ng, unat., 10:30.94; 4. Dawnita LaBratten, Clark CC, 10:55.74; 5. Jenni Gordon, WWU, 11:03.54; 6. Nina Lauimolli, WWU, 11:04.13; 7. Jill Hall, WWU, 11:10.80; 8. Tarell Muscatt, WWU, 11:28.75; 11. Emelia Gutzwiler, CWU, 12:05.29; 12. Kris Martin, CWU, 12:58.56.

5000 - 1. Abby Bielenberg, CWU, 18:19.64; 2. Sarah Forrey, CWU, 18:22.07; 3. Amy Forrey, CWU, 18:29.91; 4. Kim Stone, NWC, 18:46.33; 5. Brooke Ralston, Clark CC, 20:33.20; 6. Becky Dalrymple, St. Martin's, 20:36.71; 7. Erin Lakin, CWU, 20:51.76; 8. Melanie Havel, NWC, 20:55.52; 9. Tammy Norman, CWU, 21:05.14.

10,000 - 1. Krissi Mathers, CWU, 39:06.59; 2. Ruth Hawkinson, SPU, 39:21.26; 3. Katie Park, NWC, 39:34.96; 4. Jamie Tuhscherer, CWU, 39:53.24; 5. Rebecca Tripp, CWU, 39:53.31; 6. Tara Gauthier, CWU, 39:58.98; 7. Shelby Jacobs, CWU 40:31.71; 8. Lisa Lindsay, PLU, 41:10.65.

100 Hurdles - 1. Kate Herber, WWU, 15.16; 2. Sarah Hiss, WWU, 15.47; 3. Kristie Brooks, unat., 15.49; 4. Julie Vanni, UPS, 16.53; 5. Nashira Knight, unat., 17.37; 6. Karisa Makaiwi, Clark CC, 17.59; 7. Emily Elasky, UPS, 17.80; 8. Anna Goodsell, PLU, 17.95; 11. Ellie Fortin, CWU, 19.31.

400 Hurdles - 1. Jen Leita, WWU, 1:05.85; 2. April Nelson, UPS, 1:07.48; 3. Tess Wolken, WWU, 1:09.35; 4. Emily Elasky, UPS, 1:17.23; 5. Destry Nelson, Clark CC, 1:18.23.

4x100 Relay - 1. Western Washington 50.71; 2. Clark CC 54.35.

4x400 - 1. Pacific Lutheran 3:56.29; 2. Western Washington 3:58.45; 3. Central Washington (Fortin, L. Nickels, E. Nickels, Maier) 4:04.63; 4. Clark CC 4:05.63; 5. Western Washington 4:12.00; 6. Puget Sound 4:13.80; 7. Clark CC 4:38.18.

High Jump - 1. Erin Johnson, Highline CC, 1.59 - 5-2 1/2; 2. Jenoa Porter, HCC, 1.54 - 5-0 1/2; 3. Sarah Dillon, UPS, Sarah Hiss, WWU, and Nashira Knight, UPS, 1.54 - 5-0 1/2; 6. Lori Rolf, PLU, 1.49 - 4-10 1/2.

Pole Vault - 1. Amy Wells, Puget Sound, 3.50 - 11-5 3/4; 2. Danielle Juarez, WWU, 3.50 - 11-5 3/4; 3. Jordan Crossfield, WWU, 3.05 - 10-0; 4. Amanda Scholz, WWU, 2.90 - 9-6 1/4; 5. Britta Winterowd, UPS, 2.58 - 8-5 1/2; 6. Kelly Wright, PLU 2.58 - 8-5 1/2.

Long Jump - 1. Sarah Hiss, WWU, 5.47 - 17-11 1/2; 2. Nashira Knight, unat., 5.31 - 17-5 1/4; 3. Kristie Brooks, unat., 5.12 - 16-9 3/4; 4. Sarah Dillon, UPS, 4.70 - 15-5; 5. Allison Sheaffer, unat., 4.69 - 15-4 3/4; 6. Julie Vanni, UPS, 4.68 - 15-4 1/4; 7. Laura Cobb, PLU, 4.60 - 15-1 1/4; 8. Monica Angeline, HCC, 4.56 - 14-11 1/2; 10. Lawly Redner, CWU, 4.08 - 13-4 3/4.

Triple Jump - 1. Erin Johnson, Highline CC, 10.20 - 33-5 3/4; 2. Allison Sheaffer, unat., 10.17 - 33-4 1/2; 3. Lawly Redner, CWU, 9.44 - 30-11 3/4; 4. Laura Cobb, PLU, 9.23 - 30-3 1/2; 5. Nicole Sharp, PLU, 9.02 - 29-7.25.

Shot Put - 1. Julie Mattson, St. Martin's, 11.53 - 37-10; 2. Leslie Seelye, PLU, 11.43 - 37-6; 3. Sarah Eddy, WWU, 10.91 - 35-9 1/2; 4. Sara Lind, CWU, 10.70 - 35-1 1/4; 5. Karisa Makaiwi, Clark CC, 10.70 - 35-1 1/4; 6. Suzanne Marsh, CWU, 10.63 - 34-10 1/2; 7. Lace Smith, UPS, 10.42 - 34-2 1/4; 8. Julie Vanni, UPS, 10.37 - 34-0 1/4; 14. Ellie Fortin, CWU, 8.48 - 27-10.

Discus - 1. Danielle Better, Clark CC, 41.36 - 135-8; 2. Kristi Lund, Clark CC, 39.20 - 128-7; 3. Megan Wright, WWU, 37.62 - 123-5; 4. Kelly Webb, Clark CC, 32.38 - 106-3; 5. Marika Henderson, UPS, 31.56 - 103-6; 6. Heidi Roland, WWU, 29.22 - 95-10; 7. Dawn Lauzon, Clark CC, 19.22 - 63-1.

Hammer - 1. Leslie Seelye, PLU, 44.80 - 147-0; 2. Sonja Noll, CNW, 41.12 - 134-11; 3. Stacey Neils, PLU 37.28 - 122-4; 4. Dawn Lauzon, Clark CC, 35.84 - 117-7; 5. Danielle Better, Clark CC, 35.50 - 116-6; 6. Andrea Laub, WWU, 31.74 - 104-1; 7. Tina Lohse, PLU, 30.90 - 101-4; 8. Lace Smith, UPS, 30.80 - 101-0.

Javelin - 1. Karisa Makaiwi, Clark CC, 43.78 - 143-8; 2. Julie Mattson, St. Martin's, 42.58 - 139-8; 3. Anna Crase, UPS, 37.68 - 123-7; 4. Becky Lewis, WWU, 37.14 - 121-10; 5. Rochelle Weems, PLU, 35.32 - 115-10; 6. Brenna Lee, unat., 34.90 - 114-6; 7. Megan Wright, WWU, 34.46 - 113-1; 8. Julie Vanni, UPS, 31.26 - 102-7.

Eighth annual Spike Arlt Invitational (Apr. 22, 2000 at Ellensburg)

Women's Team Scores - Western Washington 166, Pacific Lutheran 125, Eastern Oregon 105, Central Washington 105, Northwest Nazarene 104 1/2, Highline 61, Puget Sound 48 1/2, Northwest College 22, St. Martin's 11. **Outstanding Performer** - Sarah Axley, PLU.

100 - 1. Sarah Axley, PLU, 12.17 (**meet record, old 12.22, Vanessa Fryer, SFU, 1998**); 2. Becca Ehli, PLU, 12.84; 3. April Nelson, UPS, 12.89; 4. Juanita Agard, HCC, 13.04; 5. Kate Herber, WWU, 13.07; 6. Susan Hansen, HCC, 13.35; 7. Lindsay Glaze, NWN, 13.47; 8. Lacey Helm, PLU, 13.82. (**Wind**, Heat 1, +4.6; Heat 2, +4.6).

200 - 1. Sarah Axley, PLU, 25.35; 2. Sarah Hiss, WWU, 26.34; 3. Jill Wilmovsky, PLU, 26.36; 4. Ellie Fortin, CWU, 26.74; 5. Becca Ehli, PLU, 26.84; 6. April Nelson, UPS, 26.92; 7. Laura Ellingson, WWU, 26.91; 8. Kristie Brooks, unat., 27.04; 9. Brooke Alexander, EOU, 27.24; 10. Heather Esposito, NWN, 27.1; 11. Monica Angeline, HCC, 27.53; 12. Leah Villegas, unat., 27.84; 13. Lindsay Glaze, NWN, 28.04; 14. Susan Hansen, HCC, 28.26; 15. Juanita Agard, HCC, 28.75. (**Wind**, Heat 1, +6.8; Heat 2, +5.8; Heat 3, +3.4).

400 - 1. Amy Friedrich, PLU, 58.28; 2. Jill Wilmovsky, PLU, 59.89; 3. Jessica Sotelo, UPS, 1:00.14; 4. Heather Esposito, NWN, 1:00.56; 5. Leah Villegas, unat., 1:00.93; 6. Tess Wolken, WWU, 1:02.66; 7. Bethany Dwello, NWN, 1:03.18.

800 - 1. Alicen Maier, CWU, 2:15.5; 2. Megan Clancy, WWU, 2:21.7; 3. Jill Heinz, EOU, 2:25.4; 4. Alice Woolman, NWC, 2:26.3; 5. Meredith Gomes, WWU, 2:26.9; 6. Maree George, PLU, 2:27.6; 7. Kyra Patterson, UPS, 2:28.3; 8. Carri Jones, EOU, 2:39.75; 9. Jennifer Houk, SMC, 2:42.53; 10. Vicki Upchurch, HCC, 2:45.59; 11. Amy Conant, EOU, 2:47.04; 12. Sarah Lawrence, NWN, 2:47.54; 13. Lindsay Northfield, NWN, 2:48.19; 14. Angie Upchurch, HCC, 2:53.51.

1500 - 1. Maree George, PLU, 4:54.9; 2. Kyra Patterson, UPS, 4:58.0; 3. Kim Stone, NWC, 5:01.7; 4. Kristal Hoover, WWU, 5:11.5; 5. Tanya Belliard, unat., 5:12.4; 6. Paula Montoya, EOU, 5:15.7; 7. Nina Laurinolli, WWU, 5:16.3; 8. Julie Meyer, UPS, 5:19.6; 9. Lindsey Roberts, WWU, 5:28.5; 10. Vickie Upchurch, HCC, 5:30.6; 11. Bre Hickel, UPS, 5:33.0; 12. Sarah Lawrence, NWN, 5:49.1; 13. Angie Upchurch, HCC, 5:52.1; 14. Teresa Moreau, HCC, 7:15.5.

3000 - 1. Sarah Forrey, CWU, 10:36.37; 2. Amy Forrey, CWU, 10:42.39; 3. Abby Bielenberg, CWU, 10:50.02; 4. Korinda Godwin, NWC, 10:52.77; 5. Danielle Spiekermeier, EOU, 10:55.66; 6. Katlin Lafferty, EOU, 11:00.58; 7. Krissi Mathers, CWU, 11:06.13; 8. Tara Gauthier, CWU, 11:12.33; 9. Julie Meyer, UPS, 11:19.33; 10. Lisa Lindsay, PLU, 11:24.14; 11. Kelsey Jones, EOU, 11:32.80; 12. Marta Bednarczyk, WWU, 11:55.82; 13. Tammy Norman, CWU, 12:05.9; 14. Emelia Gutzwiller, CWU, 12:06.6; 15. Erin Lakin, CWU, 12:07.0; 16. Melanie Hevel, NWC, 12:13.6; 17. Mindy Meier, NWN, 12:25.0; 18. Jana Harris, NWN, 12:36.4; 19. Kris Martin, CWU, 12:51.2; 20. Teresa Moreau, HCC, 13:23.2; 21. Karla Booth, HCC, 13:56.0.

Steeplechase - 1. Linsy Nickels, CWU, 11:52.2 (**meet record, first-year event**); 2. Lindsey Ulrich, unat., 12:16.7; 3. Nina Laurinolli, WWU, 12:18.1; 4. Teresa Herron, WWU, 13:06.1; 5. Erica Madison, NWN, 13:21.9; 6. Karla Booth, HCC, 16:10.5.

5000 - 1. Kelly Vandenekart, unat., 19:18.65; 2. Lisa Dick, EOU, 19:31.15; 3. Jenni Gordon, WWU, 19:41.39; 4. Jamie Tuchscherer, CWU, 19:51.92; 5. Sarah George, PLU, 20:06.87; 6. Jill Hall, WWU, 20:08.43; 7. Becky Dalrymple, SMC, 20:18.66; 8. Shelby Jacobs, CWU, 20:21.75; 9. Mindy Meier, NWN, 21:05.19; 10. Amy Conant, EOU, 21:21.89; 11. Jana Harris, NWN, 21:30.00; 12. Beth Berego, SU, 23:13.18.

100 Hurdles - 1. Kate Herber, WWU, 15.08; 2. Kristie Brooks, unat., 15.09; 3. Lindsay Glaze, NWN, 16.10; 4. Mary Glaze, NWN, 16.84; 5. Ellie Fortin, CWU, 16.93; 6. Monica Angeline, HCC, 17.20; 7. Sarah Dillon, UPS, 17.30; 8. Lacey Ulrich, PLU, 18.07; 9. Julie LiaBraaten, EOU, 18.23; 10. Alison Sheaffer, unat., 19.28. (**Wind**, Heat 1, +3.7; Heat 2, +5.3).

400 Hurdles - 1. Jen Leita, WWU, 1:06.07; 2. Mary Glaze, NWN, 1:07.79; 3. Erinn Nickels, CWU, 1:09.24; 4. Anna Kalat, WWU, 1:11.58; 5. Tess Wolken, WWU, 1:12.04; 6. Kelly Wright, PLU, 1:12.98; 7. Emily Elasky, UPS, 1:16.73.

4x100 Relay - 1. Pacific Lutheran (Ehli, Wilmovsky, Friedrich, Axley) 49.02; 2. Western Washington 50.06; 3. Northwest Nazarene 52.93.

4x400 Relay - 1. Western Washington (Leita, Ellingsen, Clancy, Hiss) 4:01.64; 2. Central Washington (Fortin, L. Nickels, E. Nickels, Maier) 4:05.27; 3. Eastern Oregon 4:13.73; 4. Northwest Nazarene 4:15.57; 5. Western Washington 4:16.35; 6. Puget Sound 4:21.61; 7. Highline 4:39.63; 8. Central Washington 5:11.96.

Long Jump - 1. Sarah Hiss, WWU, 5.49 - 18-0; 2. Kristie Brooks, unat., 5.16 - 16-11 1/4; 3. Trista Christensen, EOU, 15-11; 4. Mary Glaze, NWN, 15-9; 5. Monica Angeline, HCC, 15-4; 6. Allison Shaffer, unat., 15-1 1/4; 7. Heidi Grilley, NWC, 14-9 1/2; 8. Davielle Booth, EOU, 14-7 1/4; 9. Lawly Redner, CWU, 14-5; 10. Nicole Sharp, PLU, 14-3 3/4; 11. Erin Hellberg, NWN, 14-3; 12. Ellie Fortin, CWU, 13-8; 13. Laura Cobb, PLU, 13-7 3/4; 14. Jenoa Potter, HCC, 13-7 1/2; 15. Juanita Agard, HCC, 12-10 1/2; 16. Wendy Baune, WWU, 12-7.

Triple Jump - 1. Erin Johnson, HCC, 10.53 - 34-6 1/4; 2. Allison Shaffer, unat., 10.26 - 33-7 1/2; 3. Lawly Redner, CWU, 10.11 - 33-2 1/2; 4. Erin Haney, UPS, 32-11 1/4; 5. Danielle Booth, EOU, 32-9; 6. Erin Hellberg, NWN, 32-6; 7. Laura Cobb, PLU, 30-10; 8. Heidi Grilley, NWC, 30-7 1/4; 9. Bethany Dwello, NWN, 30-1 1/4; 10. Nicole Sharp, PLU, 29-0 3/4; 11.

High Jump - 1. Brianna Willis, unat., 5-5 3/4; 2. Erin Johnson, HCC, 5-0; 3. Jenoe Potter, HCC, 5-0; 4. Kristie Brooks, unat., 4-10; 5. Erin Hellberg, NWN, 4-10; 6. Nicole Leatherbury, NWN, 4-8; 7. Monica Angeline, HCC, 4-8; 8. Leslie Hansen, CWU, 4-6.

Pole Vault - 1. Danielle Juarez, WWU, 11-0 (**meet record; old, 10-4, Amy Wells, UPS, 1999**); 2. Jordan Crossfield, WWU, 9-6; 3. Samantha Hall, unat., 8-6; 4. Amanda Scholz, WWU, 8-0; 5. Racheal Schwartz, HCC, 8-0; 6. Kelly Wright, PLU, 8-0; 7. Nicole Leatherbury, NWN, and Erica Kuchera, UPS, 7-6.

Discus - 1. Kristina Romero, NWN, 41.29 - 135-6; 2. Megan Wright, WWU, 39.98 - 131-3; 3. Criss Collier, EOU, 38.93 - 127-10; 4. April Haney, EOU, 38.31 - 125-9; 5. Stacey Neils, PLU, 36.95 - 121-3; 6. Maryann McDonald, NWN, 36.40 - 119-6; 7. Tina Lohse, PLU, 36.37 - 119-4; 8. Heather Doncaster, NWN, 35.46 - 116-5; 9. Marika Henderson, UPS, 32.97 - 108-3; 10. Liz Adkisson, WWU, 32.93 - 108-1; 11. Kara Blagg, EOU, 28.35 - 93-0.

Shot Put - 1. April Haney, EOU, 13.69 - 44-11 (**meet record, old 44-8 1/2, Wendy Cordeiro, PLU, 1994**); 2. Maryann McDonald, NWN, 11.47 - 37-7 1/2; 3. Suzanne Marsh, CWU, 11.40 - 37-5; 4. Leah Merrell, EOU, 11.15 - 36-7; 5. Leslie Seelye, PLU, 10.94 - 35-10 3/4; 6. Lace Smith, UPS, 10.91 - 35-9 1/2; 7. Kristina Romero, NWN, 10.58 - 34-8 1/2; 8. Criss Collier, EOU, 10.43 - 34-2 3/4; 9. Liz Adkisson, WWU, 10.16 - 33-4; 10. Sara Lind, CWU, 10.10 - 33-1 3/4; 11. Kara Blagg, EOU, 9.79 - 32-1 1/2; 12. Heather Doncager, NWN, 9.63 - 31-7 1/4; 13. Ellie Fortin, CWU, 9.61 - 31-6 1/4; 14. Sara Hiss, WWU, 8.50 - 27-10 3/4.

Hammer - 1. Leah Merrell, EOU, 168-2 (**meet record, old 167-6, Merrell, EOU, 1999**); 2. April Haney, EOU, 160-10; 3. Leslie Seelye, PLU, 147-7; 4. Kristina Romero, NWN, 144-2; 5. Stacey Neils, PLU, 140-1; 6. Criss Collier, EOU, 137-6; 7. Maryann McDonald, NWN, 123-5; 8. Tina Lohse, PLU, 122-10; 9. Lace Smith, UPS, 109-1; 10. Andrea Laub, WWU, 106-7; 11. Kara Blagg, EOU, 99-7; 12. Marika Henderson, UPS, 92-8.

Javelin - 1. Becky Lewis, WWU, 40.27 - 132-2; 2. Julie Mattson, SMC, 39.32 - 129-0; 3. Rochelle Weems, PLU, 38.80 - 124-11; 4. Melissa Barclay, EOU, 37.23 - 122-2; 5. Sara Lind, CWU, 37.20 - 122-1; 6. Suzanne Marsh, CWU, 36.73 - 120-6; 7. Megan Wright, WWU, 35.32 - 115-10; 8. Anne Crase, UPS, 35.70 - 115-1; 9. Karisa Wilmovsky, unat, 31.57 - 103-7; 10. Christine Luders, WWU, 30.10 - 98-9; 11. Sarah Gross, UPS, 30.70 - 98-8; 12. Andrea Laub, WWU, 29.43 - 96-7; 13. Heather Doncaster, NWN, 28.19 - 92-6; 14. Leslie Hansen, CWU, 24.68 - 81-0.

Western Washington Twilight (Apr. 28, 2000 at Bellingham)

100 - 1. Juli Miller, PLU, 13.45; 2. Tess Wolken, WWU, 13.68; 3. Anna Kalat, WWU, 13.82; 4. Anna Goodsell, PLU, 14.6; 5. Kelli O'Brien, unat., 16.02; 5. Teri Nurse, unat., nt.

200 - 1. Nashara Knight, unat., 26.87; 2. Leah Villegas, unat., 28.09; 3. Anna Kalat, WWU, 28.50; 4. Lindsey Roberts, WWU, 30.84; 5. Teresa Herron, WWU, 30.97.

400 - No entries.

800 - 1. Stevi Boskovich, unat., 2:32.71; 2. Jennifer Houk, SMC, 2:38.1.

1500 - 1. Jenny Ng, unat., 4:47.46; 2. Jill Hall, WWU, 4:57.3; 3. Kristal Hoover, WWU, 5:02.01; 4. Teresa Herron, WWU, 5:11.6; 5. Julie Meyer, UPS, 5:12.45; 6. Marta Bednarczyk, WWU, 5:12.95; 7. Erica Owens, SPU, 5:12.97; 8. Lindsey Roberts, WWU, 5:15.12; 10. Emila Gutzwiler, CWU, 5:23.85.

3000 - No entries.

5000 - 1. Renee Embry, SFU, 18:17.50; 2. Josephine Yaba, Kajacks, 18:42.79; 3. Rachae Probst, SPU, 18:44.19; 4. Ruth Hawkinson, SPU, 18:45.43; 5. Jamie Tuschcherer, CWU, 18:46.16; 6. Carolyn Oviatt, unat., 18:51.42; 7. Jenni Gordon, Wwu, 18:52.42; 8. Lisa Lindsay, PLU, 18:53.65; 10. Rebecca Tripp, CWU, 19:13.76; 16. Tammy Norman, CWU, 20:41.31; 17. Erin Lakin, CWU, 20:42.48; 18. Kris Martin, CWU, 21:12.98.

100 Hurdles - 1. Nashara Knight, unat., 17.0; 2. Julie Vanni, UPS, 17.37; 3. Emily Elasky, UPS, 17.82.

400 Hurdles - 1. Tess Woiken, WWU, 1:08.24; 2. Anna Kalat, WWU, 1:09.54; 3. Marta Bednarczyk, WWU, 1:11.19; 4. Kelly Wright, PLU, 1:13.34; 5. Emily Elasky, UPS, 1:16.43.

4x100 Relay - No entries. 4x400 - 1. People's Team 4:33.39.

Long Jump - 1. Nashira Knight, unat., 18-2; 2. Julie Vanni, UPS, 15-6 1/2; 3. Nicky Sharp, PLU, 13-4 1/4; 4. Laura Cobb, PLU, 13-2 1/4; 5. Wendy Baune, WWU, 12-8 3/4.

Triple Jump - 1. Laura Cobb, PLU, 31-8 3/4; 2. Katrina Newsom, SPU, 31-7 1/2; 3. Nicky Sharp, PLU, 20-9 1/2; 4. Tess Wolken, WWU, 27-4.

High Jump - 1. Nashira Knight, unat., 5-1; 2. Stevi Boskovich, unat., 4-9.

Pole Vault - 1. Amy Wells, UPS, 12-1 1/4; 2. Alena Schlumpf, SPU, 10-2; 3. Amanda Scholz, WWU, 8-8 1/4; 4. Jennifer Hunter, unat., 8-8 1/4; 5. Samantha Hall, unat., 8-2 1/2.

Discus - 1. Megan Wright, WWU, 120-2; 2. Tina Lohse, PLU, 117-3; 3. Stacey Neils, PLU, 112-3; 4. Heidi Roland, WWU, 110-0; 5. Marika Henderson, UPS, 102-10.

Shot Put - 1. Trevor Roberts, PLU, 46-5 1/2; 2. Leslie Seeyle, PLU, 37-5; 3. Heidi Roland, WWU, 36-6 3/4; 4. Lace Smith, UPS, 32-11 1/4; 5. Tina Lohse, PLU, 32-8 1/4.

Javelin - 1. Julie Mattson, SMC, 129-6; 2. Rochelle Weems, PLU, 123-5; 3. Brenna Lee, unat., 123-1; 4. Becky Lewis, WWU, 120-7; 5. Megan Wright, WWU, 119-6; 6. Julie Vanni, UPS, 109-5; 7. Karisa Wilmovsky, unat., 107-9; 8. Sarah Gross, UPS, 93-9.

Hammer - 1. Stacey Neils, PLU, 134-6; 2. Caryn Flint, PLU, 126-10; 3. Tina Lohse, PLU, 121-3; 4. Andrea Laub, WWU, 112-0; 5. Lace Smith, UPS, 107-9.

Oregon Invitational (Apr. 29, 2000 at Eugene)

Afternoon: 800 - 21. Ellie Fortin 2:17.39, 28. Erinn Nickels 2:20.63. 1500 - 4. Alicen Maier 4:35.78, 22. Linsy Nickels 4:57.27. 5000 - 14. Abby Bielenberg 17:58.15, 15. Sarah Forrey 18:01.42, 17. Amy Forrey 18:06.03 4x400 Relay - 4. Central Washington (Fortin, L. Nickels, E. Nickels, Maier) 4:03.85.

Evening Session: Javelin - 7. Sarah Lind 128-2.

PacWest Conference Championships (May 6, 2000 at Monmouth)

Team Scores - Seattle Pacific 239, Western Oregon 149 1/2, Western Washington 90 1/2, Humboldt State 77, Central Washington 63, St. Martin's 16. Outstanding Performer - Barbara Weaver, HSU. Coach-of-the-Year - Jack Hoyt, SPU.

Hepathlon (Apr. 27-28) - 1. Sarah Hiss, WWU, 4604; 2. Holly Conrad, WOU, 3964; 3. Ellie Fortin, CWU, 3709; 4. Charlene Postlewait, WOU, 3558; 5. Carrie Wales, WOU, 3353. Thursday's results: 100 Hurdles - 1. Hiss 15.68; 5. Fortin 17.77. High Jump - 1. Hiss 5-3 3/4; 5. Fortin 4-1 1/2. Shot Put - 1. Conrad 39-11 1/4; 4. Fortin 30-1. 200 - 1. Hiss 27.35; 2. Fortin 27.80. Friday's results: Long Jump - 1. Hiss 18-3 1/4; 4. Fortin 15-2. Javelin - 1. Conrad 131-10, 3. Fortin 104-0. 800 - 1. Fortin 2:26.48.

100 - 1. Lyndsey Stewart, SPU, 12.28; 2. Kiana Womack, WOU, 12.73; 3. Jawea Harder, SPU, 12.82; 4. Emily Porter, WOU, 12.83; 5. Kate Herber, WWU, 13.18.

200 - 1. Laura Widman, SPU, 25.41; 2. Cyrena Bell, SPU, 25.56; 3. Lyndsey Stewart, SPU, 25.64; 4. Kate Herber, WWU, 26.89; 5. Heather Creech, WOU, 27.20.

400 - 1. Sarah Kraybill, SPU, 56.00; 2. Cyrena Bell, SPU, 57.69; 3. Alisa Worley, WOU, 1:00.76; 4. Tess Wolken, WWU, 1:02.60; 5. Kara Cozby, WOU, 1:04.17.

800 - 1. Rachel Ross, SPU, 2:12.56; 2. Alicen Maier, CWU, 2:12.87; 3. Megan Clancy, WWU, 2:14.25; 4. Ellie Fortin, CWU, 2:16.41; 5. Crystal Johnson, HSU, 2:21.34; 6. Meredith Gomes, WWU, 2:22.24; 7. Erinn Nickels, CWU, 2:24.15; 8. Jennifer Houk, SMC, 2:34.60.

1500 - 1. Rachel Ross, SPU, 4:41.72; 2. Christie Goering, SPU, 4:42.48; 3. Linsy Nickels, CWU, 4:56.14; 4. Kristal Hoover, WWU, 5:01.70; 5. Danielle Jacobs, HSU, 5:02.24; 6. Tammy Hunt, HSU, 5:03.12; 7. Teresa Herron, WWU, 5:09.24; 8. Jill Hall, WWU, 5:13.33.

3000 - 1. Sarah Forrey, CWU, 10:20.60; 2. Christie Goering, SPU, 10:20.77; 3. Heather Wallace, SPU, 10:30.46; 4. Ellie Enos, WOU, 10:43.48; 5. Molly Alles, HSU, 10:57.21; 6. Danielle Jacobs, HSU, 11:03.52; 7. Tammy Hunt, HSU, 11:09.89; 8. Tarell Muscutt, WWU, 11:21.55.

5000 - 1. Amy Forrey, CWU, 17:57.43; 2. Abby Bielenberg, CWU, 18:03.34; 3. Nicole Seana, SPU, 18:05.24; 4. Leia Liambastiani, HSU, 19:11.36; 5. Tarell Muscutt, WWU, 19:13.81; 6. Jenni Gordon, WWU, 19:22.90; 7. Nina Laurinoli, WWU, 20:10.63; 8. Becky Dalrymple, SMC, 20:31.85; 9. Erin Lakin, CWU, 20:43.18; 10. Kris Martin, CWU, 21:58.27.

10,000 - 1. Leia Giambastiani, HSU, 38:41.35; 2. Jennifer Cochran, HSU, 38:48.91; 3. Susan Reese, WOU, 39:21.77; 4. Jaime Tuchscherer, CWU, 39:53.02; 5. Krissi Mathers, CWU, 40:02.94; 6. Ruth Hawkinson, SPU, 40:04.23; 7. Rebecca Tripp, CWU, 40:10.85; 8. Rachae Probat, SPU, 40:18.76; 9. Tara Gauthier, CWU, 40:56.14.

100 Hurdles - 1. Jennifer Pyeatt, SPU, 14.45; 2. Laura Widman, SPU, 14.93; 3. Kate Herber, WWU, 15.22; 4. Sarah Hiss, WWU, 15.53; 5. Linda Schill, SPU, 15.62; 6. Chris Jansen, WOU, 15.81; 7. Anjii Hanson, HSU, 16.94; 8. Ellie Fortin, CWU, 17.27.

400 Hurdles - 1. Jennifer Pyeatt, SPU, 1:00.96; 2. Chris Jensen, WOU, 1:01.19; 3. Karen Summers, SPU, 1:02.45; 4. Jawea Harder, SPU, 1:03.53; 5. Jen Lieta, WWU, 1:04.52; 6. Anjii Hanson, HSU, 1:06.56; 7. Tess Wolken, WWU, 1:09.82; 8. Carrie Wales, WOU, 1:10.54.

4x100 Relay - 1. Seattle Pacific 47.86; 2. Western Oregon 49.61; 3. Western Washington 50.46; 4. Humboldt State 51.51.

4x400 Relay - 1. Seattle Pacific 3:49.08, 2. Western Washington 4:03.40.

High Jump - 1. Laura Widman, SPU, 5-5 1/4; 2. Abby Harris, SPU, 5-3 1/4; 3. Amy Cowden, SPU, 5-3 1/4; 4. Katherine Cook, WOU, 4-11 1/2; 5. Charlene Postlewait, WOU, 4-9 1/2.

Pole Vault - 1. Jennifer Ruff, HSU, 11-0 1/4; 2. Tara Haga, WOU, 10-6; 3. Danielle Juarez, WWU, 10-0; 4. Katie Henes, WOU, 10-0; 5. Alena Schlumpf, SPU, 9-6 1/4; 6(tie). Katey Pohlschneider, WOU and Amanda Schola, WWU, 9-6 1/4; 8. Jordan Crossfield, WWU, 9-6 1/4.

Long Jump - 1. Laura Widman, SPU, 18-8 1/2; 2. Morgan Ranta, SPU, 18-8; 3. Natalie Dorow, SPU, 17-11; 4. Shelley Comstock, WOU, 17-5 1/2; 5. Sarah Hiss, WWU, 16-11 1/4; 6. Jennufer Ruff, HSU, 16-8; 7. Charlene Postlewait, WOU, 16-6 1/2; 8. Holly Conrad, WOU, 16-5 1/4.

Triple Jump - 1. Natalie Dorow, SPU, 37-11 1/4; 2. Sarah Hiss, WWU, 37-2 1/4; 3. Shelley Comstock, WOU, 34-7; 4. Morgan Ranta, SPU, 34-2 3/4; 5. Karrina Newsom, SPU, 32-5 1/2.

Shot Put - 1. Barbara Weaver, HSU, 44-10 1/4; 2. Julie Mattson, SMC, 41-3 3/4; 3. Laura Widman, SPU, 40-11 3/4; 4. Holly Conrad, WOU, 40-9 1/2; 5. Dorothy Kerr, WOU, 39-6 1/2; 6. Suzanne Marsh, CWU, 37-5 1/4; 7. Shalese Borden, WOU, 36-6 3/4; 8. Heidi Roland, WWU, 35-10 3/4; 9. Sarah Lind, CWU, 35-9 1/2.

Discus - 1. Barbara Weaver, HSU, 128-6; 2. Megan Wright, WWU, 120-10; 3. Dorothy Kerr, WOU, 116-11; 4. Heidi Roland, WWU, 114-0; 5. Shalese Borden, WOU, 112-1; 6. Kate Jackson, WOU, 100-4; 7. Colleen O'Sullivan, HSU, 97-3; 8. Amanda Evey, WOU, 95-5.

Hammer - 1. Barbara Weaver, HSU, 159-1; 2. Kate Jackson, WOU, 153-8; 3. Candace Ekhoft, WOU, 151-9; 4. Dorothy Kerr, WOU, 138-11; 5. Gratchen Stephens, WOU, 136-6; 6. Jennifer Dunkin, WOU, 132-6; 7. Amanda Evey, WOU, 125-9; 8. Colleen O'Sullivan, HSU, 120-2.

Javelin - 1. Kellie Kthman, WOU, 142-5; 2. Julie Mattson, SMC, 129-3; 3. Holly Conrad, WOU, 128-1; 4. Sarah Lind, CWU, 126-8; 5. Becky Lewis, WWU, 123-9; 6. Kate Droz, HSU, 121-5; 7. Christine Luders, WWU, 117-1; 8. Laura Widman, SPU, 114-5; 10. Suzanne Marsh, CWU, 106-7.

Seattle Pacific Invitational (May 13, 2000 at Seattle)

100 - 1. Chelsie Pentz, UW, 12.24; 2. Shavon Hawkins, UW, 12.31; 3. Jamara Smith, UW, 12.37; 4. Udeme Elijah, PSU, 12.46; 5. Sarah Axley, PLU, 12.54; 6. Heather Werth, OIT, 12.85; 7. Marcia Garrison, PSU, 13.01; 8. Alisia Simchuk, Whitworth, 13.08.

200 - 1. Chelsie Pentz, UW, 24.23; 2. Krysha Bayley, Coquitlam, 24.27; 3. Jamara Smith, UW, 25.21; 4. Udeme Elijah, PSU, 25.64; 5. Heather Werth, OIT, 26.11; 6. Yolande Gaymes, Coquitlam, and Zee Ogarro, UW, 26.32; 8. Alisia Simchuk, Whitworth, 26.40.

400 - 1. Sarah Kraybill, SPU, 55.80; 2. Letesha Moore, UW, 57.24; 3. Amy Friedrich, PLU, 57.33; 4. Sue Morris, PSU, 57.45; 5. Susannah Lowber, EWU, 59.12; 6. Heather Esposito, NNU, 1:00.22; 7. Amber Miller, SCC, 1:03.34.

800 - 1. Arlene Bledsoe, UW, 2:13.22; 2. Heather DeGeest, SFU, 2:13.35; 3. Susan Werner, UW, 2:14.84; 4. Megan Clancy, WWU, 2:15.15; 5. Ellie Fortin, CWU, 2:16.04; 6. Mindy McGrath, OIT, 2:16.37; 7. Tanya Belliard, unat., 2:16.44; 8. Melissa Telford, PSU, 2:16.94; 18. Erinn Nickels, CWU, 2:22.30.

1500 - 1. Heather DeGeest, SFU, 4:28.02; 2. Margaret Butler, UW, 4:32.83; 3. Alicen Maier, CWU, 4:35.49; 4. Christie Goering, SPU, 4:38.56; 5. Nicole Ricci, Portland, 4:39.86; 6. Jamie Breese, PSU, 4:40.60; 7. Lisa Harrison, EWU, 4:42.80; 8. Ember Brosius, George Fox, 4:44.40; 13. Linsy Nickels, CWU, 4:51.69.

3000 - 1. Melinda Campbell, unat, 9:39.65; 2. Jen Hillier, unat., 9:48.19; 3. Kara Syrdal, UW, 9:59.01; 4. Becca Straw, PSU, 10:06.03; 5. Ember Brosius, George Fox, 10:13.75; 6. Christie Goering, SPU, 10:21.21; 7. Heather Wallace, SPU, 10:23.43; 8. Jenny Rodgers, SCC, 10:27.80; 9. Amy Forrey, CWU, 10:29.63.

5000 - 1. Liza English, UW, 17:55.68; 2. Nicole Seana, SPU, 17:57.88; 3. Annie Scott, Whitworth, 18:06.59; 4. Abby Bielenberg, CWU, 18:27.02; 5. Renee Embree, SFU, 18:28.86; 6. Emily Mullen, UW, 18:47.89; 7. Sarah Becker, EWU, 19:00.78; 8. Kate Spigel, UW, 19:06.16; 9. Sarah Forrey, CWU, 19:22.16.

100 Hurdles - 1. Kelsey Sheppard, UW, 14.29; 2. Jennifer Pyeatt, SPU, 14.40; 3. Chris Jansen, WOU, 14.66; 4. Sarah Peterson, UW, and Karrie Nelson, George Fox, 15.07; 6. Kate Heshner, WWU, 15.20; 7. Katie McArthur, Linf, 15.80; 8. Trina Ogburn, OIT, 15.97.

400 Hurdles - 1. Shavon Hawkins, UW, 1:00.52; 2. Chris Jansen, WOU, 1:01.47; 3. Karen Summers, SPU, 1:01.59; 4. Jackie Smith, SFU, 1:02.37; 5. Jawea Harder, SFU, 1:02.53; 6. Melanie Szirony, SFU, 1:03.04; 7. Kristen Hall, PSU, 1:03.17; 8. Sarah Peterson, UW, 1:03.41.

4x100 Relay - 1. Washington 45.87; 2. Seattle Pacific 47.71; 3. Portland State 47.91; 4. Seattle Pacific "B" 48.57; 5. Pacific Lutheran 49.19; 6.

Linfield 49.21; 7. Oregon Tech 50.53.

4x400 Relay - 1. Washington 3:42.75; 2. Seattle Pacific 3:45.76; 3. Pacific Lutheran 3:51.41; 4. Linfield 3:52.43; 5. Portland State 3:54.16; 6. Central Washington (Fortin, L. Nickels, E. Nickels, Maier) 4:00.20; 7. Washington "B" 4:06.04.

High Jump - 1. Laura Widman, SPU, 5-3 1/4; 2. Abby Harris, SPU, 5-3 1/4; 3. Erin Johnson, HCC, and Amy Cowden, SPU, 5-3 1/4; 5. Erin Hellberg, NNU, 5-3 1/4; 6. Briana Willis, unat., 5-1 1/4; 7(tie). Angie Powell, George Fox, Amy Forbes, George Fox, and Jenoa Potter, HCC, 5-1 1/4.

Pole Vault - 1. Sandy Erickson, UW, 12-7 1/2; 2. Heather Hunt, George Fox, 12-1 1/2; 3. Amy Wells, PSU, 12-1 1/2; 4. Kristin Russell, Linf, 11-1 3/4; 5. Mary Jane Bendico, UW, 10-8; 6. Margaret Haines, UW, 10-8; 7. Christina Withey, UW, 10-8; 8. Amy Mortensen, SCC, and Christie Olsson, Lewis & Clark, 9-8.

Long Jump - 1. Krysha Bayley, Coquiltam, 19-11 3/4; 2. Heather Werth, OIT, 18-2 1/2; 3. Zee Ogarro, UW, 17-8 1/4; 4. Morgan Ranta, SPU, 17-3 1/2; 5. Shelley Comstock, WOU, 16-9 1/4; 6. Mandy Sitz, Linf, 15-9 3/4.

Triple Jump - 1. Natalie Dorow, SPU, 38-7 3/4; 2. Heather Werth, OIT, 37-11 1/2; 3. Jocelyn Kennedy, George Fox, 37-8; 4. Kelsey Baron, George Fox, 36-2 3/4; 5. Christina Donehower, Lewis & Clark, 35-3 1/4; 6. Amber Miller, SCC, 35/1 1/4; 7. Trista Christensen, EOU, 34-11 1/4; 8. Mandy Sitz, Linf, 34-10 1/4.

Shot Put - 1. Sesilia Thomas, UW, 48-3 1/2; 2. Julie Mattson, SMC, 42-5 1/4; 3. Searan Salibian, UW, 40-9; 4. Dorothy Kerr, WOU, 39-6; 5. Nola Watts, unat., 39-3; 6. Mindy Bandy, Whitworth, 38-2 1/4; 7. Emily Whitish, UW, 37-6 3/4; 8. Mary Ann McDonald, NNU, 37-3 3/4.

Discus - 1. Sesilia Thomas, UW, 135-2; 2. Emily Whitish, UW, 133-0; 3. Kristine Romero, NNU, 126-7; 4. Sarah Reichner, WU, 125-5; 5. Marian Stevens, George Fox, 123-10; 6. Elysia Hanna, Whitworth, 123-3; 7. Crissy Oneal, Whitworth, 122-0; 8. Searan Salibian, UW, 119-9.

Hammer - 1. Lindsay Holbrook, Linf, 162-6; 2. Kate Jackson, WOU, 152-2; 3. Leslie Seelye, PLU, 151-3; 4. Candace Ekhoft, WOU, 146-11; 5. Heidi Furman, Pacific, 142-11; 6. Stacey Neils, PLU, 142-5; 7. Nichole Marich, Whitworth, 140-2; 8. Criss Collier, EOU, 135-7.

Javelin - 1. Karie Pruet, SCC, 140-10; 2. Rochelle Weems, PLU, 136-2; 3. Julie Mattson, SMC, 130-8; 4. Laura Widman, SPU, 129-11; 5. Kellie Kathman, WOU, 129-7; 6. Becci Harper, unat., 125-1; 7. Robin Unger, unat., 124-10; 8. Megan Priesterbach, UW, 123-10.

NCAA Nationals (May 25-27, 2000 at Raleigh, NC)

Team Scores - 1. St. Augustine's 77; 24. Seattle Pacific 11; 43. Central Washington 4. **Thursday:** 1500 - Alicen Maier 4:35.59 (5th in heat). **Saturday:** 1500 - 5. Alicen Maier 4:33.67.