

4-14-1994

The Observer

Central Washington University

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BOD Elections '94:
Candidates speak out

'Love flows' for spiritual
healing adjunct professor

Committee proposes to cut
budget, no programs

The Observer



Thursday, April 14, 1994

Central Washington University

Vol. 12 No.18

Trustees approve room and board rate increases



Chris Urrotia / The Observer

Frank Sanchez (right), a Central trustee, listens as President Ivory Nelson speaks during Friday's board meeting.

More apartments, high utility rates create problems for Auxiliary Services

by Brian Gill and
Diane M. Schuirman
Observer staff

Central's Board of Trustees Friday approved a 4 percent rate increase for Central's residence halls and apartments after hearing testimony that additional off-campus housing has caused Central's residence hall occupancy to decline.

Residence hall rates will increase from \$3,673 this year to \$3,820 next year.

Courtney Jones, vice president of Business and Financial Affairs, said Central has lost revenue because of the increased number of private apartments springing up around the outskirts of campus.

Approximately 150 fewer students are living in residence halls this year compared to last.

This trend is expected to continue, Jones said.

The loss of revenue is cause for concern because Auxiliary Services is self-supporting.

"We are in business here," Jones said. There is competition with the additional buildings around campus which attract students and there has been an occupancy drop even though there has been an increase in enrollment."

The 4 percent increase is a conservative, price-competitive one that takes into account the drop in occupancy, he said.

The increase is necessary to cover Auxiliary Services' operating costs despite the drop in occupancy.

Rob Chrisler, director of Auxiliary Services, said the residence halls of 30 years ago don't meet the needs of today's young people.

"Lower density (meaning fewer occupants per room) is desirable today, but that's difficult to do with our fixed debt," he said. "When the debt drops in the year 2000, we will be able to make modifications to make residence halls more attractive."

Additionally, the loss of paying residents has coincided with a 20 percent increase in utility rates, a 40 percent rate hike for sewage, and an additional water rate increase of 20 percent, Jones said.

The rate increase was approved 6-0. Cynthia Curreri, Ellensburg city manager and newly-appointed trustee, was unable to attend her first meeting because of illness.

Other business considered by the board:

- A motion was passed to make permanent a one-time resolution allowing Public Safety and Police

See BOT/page 3

Shaw-Smyser symbolizes Central's strength

by Staci A. West
News editor

The northeast entrance of Shaw-Smyser Hall overflowed Friday with administrators, faculty and students gathering to celebrate the renovated building's dedication.

Administrators and trustees expressed their pride and delight in the building.

"In our lives we need some symbols," said Susan Gould, chair of the Board of Trustees.

She said the beauty of Shaw-Smyser Hall represents the pur-

pose of the university and the pillars represent the strength of Central's traditions.

Renovations were completed last quarter, allowing faculty to move into the building during spring break.

Classes are being held in Shaw-Smyser Hall for the first time since renovations began in 1991.

David Dauwalder, dean of the School of Business and Economics, said the building's state-of-the-art classroom technology will "help invigorate the learning process."

The building now holds several computer labs and classrooms

equipped with computer-assisted video and overhead equipment professors can use during lectures.

Winfield Hunt, a senior architect with Facilities Management, managed the project.

President Ivory V. Nelson described some of the building's history, saying departments such as history, the social sciences, geography and science used to be located in the building.

Since 1925, two additions have been made to Shaw-Smyser Hall.

"Bunsen burners have given way to computers," Nelson said. "As our society changes, our university

and buildings continue to evolve."

People toured the building and watched as technicians demonstrated how the classroom computer and video equipment worked.

Gail Jones, director of Alumni Affairs, said the courtyard between Barge and Shaw-Smyser halls will be renovated and become "one of the most warm and enticing areas on campus."

The courtyard's construction cost has been estimated at about \$320,000.

Holman said other features may be added to the current plan, which would require additional funds.

Distinguished professors recognized for contributions

by Diane M. Schuirman
Editor-in-chief

The Board of Trustees Friday recognized three professors as recipients of distinguished professor awards.

David G. Lygre, professor of chemistry, was honored for teaching. William V. Dunning, professor of art, was honored for research, artistic accomplishment and invention. Gary W. Heesacker, professor of accounting, was honored for public service.

The distinguished professor awards will be presented at the Honors Convocation June 10, 1994.

The three distinguished professors will also each receive a \$1,500 monetary award.

Lygre has taught at Central since 1970. The Distinguished Professor Selection Committee wrote in its recommendation that Lygre has had a positive impact on his students and continually receives high praise



David G. Lygre

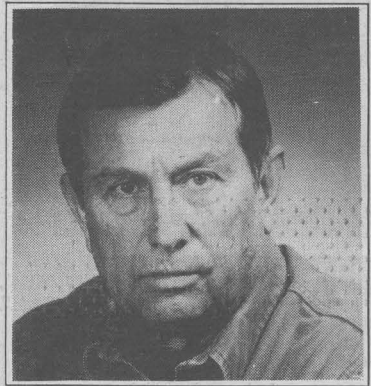
from all of them—majors and non-majors—on faculty evaluations.

"It is precisely this positive impact on students who are not chemistry majors . . . that distinguishes Lygre's teaching from his peers," the committee wrote.

Dunning has taught at Central since 1964 and is an accomplished artist, researcher and author.

He has published two books and a novel, and his writings have appeared in numerous journals.

Testimonials from around the



William V. Dunning

country, from colleagues and students alike, fill the file of Professor Dunning," according to his recommendation.

"Not only does his research enhance his daily effectiveness as a teacher, his students are quick to point out the advantage they have in the competitive art world when Bill Dunning is mentioned as their mentor."

Heesacker, a Central faculty member since 1972, has served on numerous boards, councils and com-



Gary W. Heesacker

mittees.

He has earned statewide recognition for his service.

A colleague described him in the recommendation as "the spirit of giving. He is always the one who not only goes to Seattle for the alumni banquets, he drives the van."

The colleague said Heesacker is "Mr. Reliable at the drop of a hat," because he covers other professors' classes when they're out of town and talks with colleagues who have problems.

Election



Preview

by Tim Yeadon
Staff reporter

Campaigning begins this week for candidates seeking a position on the 1994-95 ASCWU Board of Directors.

Beginning with this issue, *The Observer* will profile every candidate running for each BOD position until the general election Thursday, April 28.

This week candidates for the positions of executive vice president and vice president for Organizations are featured (see pages 2,3).

The 1993 general election approved changes to the ASCWU by-laws, which included reorganization of the BOD to feature five vice presidential positions in addition to the traditional executive vice presidential and presidential positions.

The BOD positions are:

- president
- executive vice president
- vice president for Organizations
- vice president for Academic Affairs
- vice president for Equity and Community Service
- vice president for Student Life and Facilities
- vice president for Student Affairs.

An Inside Profile on BOD candidates

Candidates compete for executive vice president position

• *Cutler runs for re-election, refuses to "play dirty to win"*

by Tim Yeadon
Staff reporter

Candidates' qualifications should be the basis for the Board of Directors election, said Shannon Cutler, who is this year's BOD executive vice president.

"I don't play dirty to win," she said. "I'm qualified for the job."

Cutler said she did not come to Central to get involved in student government.

"I was talked into it," she said.

She served as a Residence Hall Council representative for Beck Hall for one year. Shawn Christie, now vice president for Organizational Affairs, appointed Cutler to the Service and Activity Fees committee.

The S&A committee oversees all funding and monitoring of non-academic programs and activities at Central.

Cutler continued to serve on the S&A committee ex-officio, a non-voting position, as executive vice president.

She said her S&A committee experience qualified her the first time around for office. And what is it about her that warrants a second term?

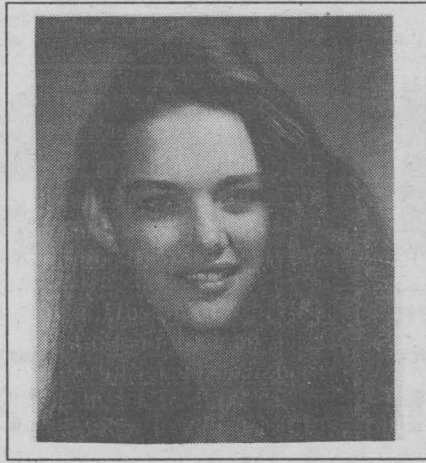
"I'm all squared away here," Cutler said. "I know where to go and I know what to do here."

"When I ran last year I figured 'this is only going to take a couple of weeks to get settled,'" she said. "Then I was told it takes a couple quarters to get your ends straight. They weren't kidding."

Cutler said she has taken notice of the large-scale apathy of students.

"I don't know if it's because they have more self-interest than outside interests," she said. "Some students are here for an education and some are here to only party."

"My problem is we have a school with 7,000 students and only 1,100 people get out to vote," she said.



Shannon Cutler

Vital Statistics

Name: Shannon Cutler

Age: 20

Year in school: sophomore

Major: business administration

Hometown: Auburn, Wash.

Cutler said the only people who vote are those who live on campus or happen to be walking by a voting booth.

"But if people aren't educated then their vote doesn't really count," she said. "Often they can't make objective decisions."

Cutler said she plans to remedy non-objective student voting by improving communication with students. She plans on creating suggestion boxes to be placed around campus.

At the suggestion boxes students could voice concerns, ask questions and present problems.

"It's the little things that count," she said. Her other plans include keeping up with the S&A committee funding and doing comparisons on how the funds are utilized.

"We'll be asking questions like, did you spend your money as you said you would? And, what was the program's benefit to the students?"

• *Bloom provides experience based on honesty, leadership*

by Tim Yeadon
Staff reporter

Communication is the key to Shawn Bloom's candidacy and agenda for the executive vice president position. He is running as a write-in candidate.

"I agree with people who say students do not care," Bloom said. "But you have to motivate people to give them a reason to get involved."

Bloom's solution is to provide students with a means of input so they can get their views across.

He has outlined three specific goals he can complete "because they are realistic."

They are to:

- Provide a better means of relaying information of what is going on in areas such as clubs, activities and the Board of Directors.

- Create an Internet program with information on local houses and apartments for students to use.

- Create a student handbook containing "anything you would ever want to know about Central and the Ellensburg area."

Bloom said the Internet program could use the GOPHER System in Information Resources and would be easily accessible to students.

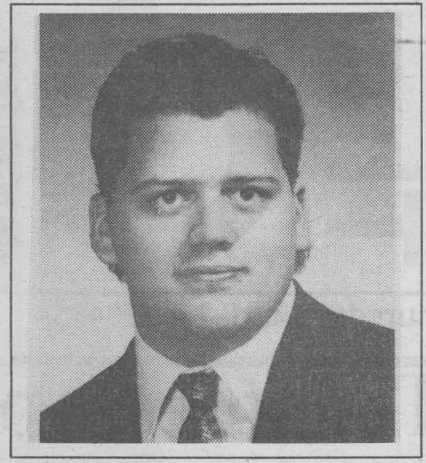
This isn't Bloom's first election campaign at Central and it is also not the first time he has had his name in the news.

"I ran (for representative of Academic Affairs) and lost last year, but I stayed involved after the election," Bloom said.

"Many people don't do that."

Bloom has served as treasurer of the Senate of Student Organizations for the past two years.

He said his experience in allocating a \$20,000 budget and reporting to his fellow senators on how money was disbursed qualifies him to be executive vice president.



Shawn Bloom

Vital Statistics

Name: Shawn Bloom

Age: 23

Year in school: senior

Major: accounting, finance

Hometown: Puyallup, Wash.

Bloom also founded The Brotherhood of Undergraduate Drinking Society.

Bloom said BUDS is a pro-active club that says "it is OK to drink, but you have to be responsible."

If elected, Bloom promises to not hold an office in another organization, but he would remain a member of BUDS.

"We're just like BACCHUS (the drug education program), but a lot more pro-active," he said.

Bloom concedes Shannon Cutler "has a year in, giving her a little bit of an edge." But he said he knows the process.

"I'm honest," he said. "I don't hide anything."

Bloom said he knows a write-in candidate has never won an election at Central, but knows he can win.

"I never set any goals that aren't realistic."

The first of a 3-part series



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We're sorry.

A profane statement many readers found offensive was inadvertently published in a public service announcement in the March 10 *Observer*. *The Observer* apologizes to all readers for the offense and regrets the incident.

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will be held on

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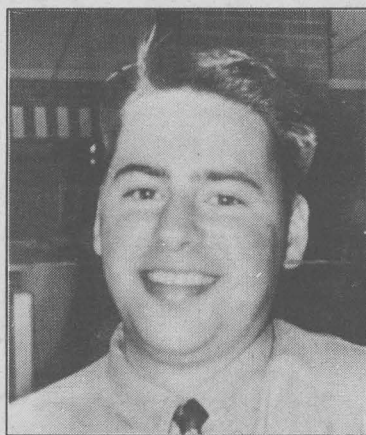
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Brian Dolman

Dolman aims to improve communication with students

by Staci A. West
News editor

Students are the heartbeat of the campus and their concerns are of highest priority, said Brian Dolman, who is running unopposed for the position of vice president for Organizations.

Dolman said he has spent the last two years evaluating the needs of students as a Living Group Adviser.

Three agenda items he would pursue as a member of the Board of Directors are:

- Educate students on what the board does and who they are.
- Obtain sufficient funding for all clubs and organizations.
- Increase the efficiency of the student senate.

The vice president for Organizations chairs the Senate of Student

Organizations, previously called Club Senate. It is the governing body for all student clubs and organizations, and distributes travel funds and supplemental funds to those groups.

He said he has heard some students consider the BOD to be an "elitist office," but hopes students won't be intimidated from visiting the office next year.

"If they are given a chance at getting informed, some students will come out and jump on an issue," he said.

Dolman said he wants to improve funding for clubs and organizations on campus and stretch student senate money as far as it can go.

To increase the senate's efficiency, Dolman said the educational value of each group's trip must be considered before funding is allocated.

"We need to encourage senate

members to more fully evaluate the money they distribute," he said.

Dolman worked with distributing students' money as chair of the Service and Activity Fees committee this year. The committee allocates money to student programs such as athletics and the Women's Resource Center. He served as a committee member two years ago.

He considers his personal organization abilities and leadership experience as his strength.

Dolman said his various experiences on campus will help him if he is elected to the student government.

As chair of the S & A committee, he said, he learned how to deliberate and mediate disputes.

"It's a very important role as far as student service," Dolman said. "You get to see different points of view of how students' monies should be distributed."

His weakness, Dolman said, is he wants to voice his own opinion on the S & A committee, which he is not allowed to do as chair.

"My weakness sometimes can be that I want to save the committee or group from making a bad decision," he said. "But, in doing that I may deprive them of that learning experience."

Dolman also served as chair of the nightclub committee, and would like to improve Club Central by obtaining strobe lights and additional lighting.

"It's a vital program on campus, especially for those under 21," he said.

Dolman recognizes the BOD position entails a political aspect, but he said his integrity is "uncompromised in as far as the job I want to do for students."

"They need to feel their money isn't being wasted," he said.

BOT: Seattle branch campus lease to expire, new location sought

From page 1

Services to destroy confiscated weapons, excluding those that cannot be destroyed under the Revised Codes of Washington.

• President Ivory V. Nelson announced Provost Thomas D. Moore's recommendation to split the College of Letters, Arts and Sciences.

• The relocation of Central's South Seattle branch campus was also addressed.

• Associated Students of Central President Kris Henry announced the Board of Directors' goals for

spring quarter.

The CLAS reorganization, which consists of splitting the college's 20 departments into two groups of 10, will require an internal search for a second acting dean. The split will become effective July 1, 1994.

"It's (the reorganization) not over, but this will allow us to work from a base that is less frustrating," Nelson said.

The South Seattle branch campus' lease will expire soon. The branch campus is located at South Seattle Community College.

Jones said Glacier High School in Seattle's Shoreline School Dis-

trict is a possible new location, but Moore is exploring alternatives.

Henry listed the BOD's goals for spring quarter, citing the compilation of a handbook for students with "all the information students need for life at Central."

The handbook will include information about every organization on campus and give a contact person's name and phone number, he said.

Another goal is the compilation of a renter's guide to help students know their rights as renters. The BOD has had many requests for such information, Henry said.

Briefly observed

Rape trial continued

The trial for Robert D. Redford, a former Central freshman football player, has been continued until June 7, 1994. Last fall Redford was charged with second degree rape in the aftermath of an incident during Preview Week involving an 18-year-old freshman woman.

Central wins awards for Barge renovation

John Holman, director of Facilities Management, said he hopes Shaw-Smyser Hall will gain the recognition the Barge Hall renovation has. The Association of Builders and Contractor's Pacific Northwest chapter honored Central with an award for the renovation of Barge Hall.

Holman traveled to Portland April 6 to receive the award, which was won in the category of renovations of more than \$1 million. Barge Hall renovations cost about \$11 million.

Criteria for the judging were based on the quality of construction, owner satisfaction, job safety record and cost economics.

Central also won a state award for historical preservation from the office of Archeological and Historic Preservation.

Holman said Nelson would be receiving that award for Central May 10 in Olympia.

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The Observer is a laboratory newspaper produced in conjunction with the school's communication department. The opinions here do not necessarily reflect those of the university. Unsigned editorials and cartoons represent the opinions of a majority of The Observer editorial board.

OBSERVANCE

Athletic committee proposal helps Central, enrollment

On Monday Central administrators will look at the athletic committee's proposal to trim \$49,000 from the athletic budget without eliminating any sports.

The administration could reject the first plan and, in a worst-case scenario, drop certain sports altogether.

Granted, academics may be more important than athletics, but, realistically, athletics are a large part of Central's appeal.

The elimination of sports sends a very mixed signal to the athletic department and the student body as a whole.

Why would a school who wants more students to enroll deprive students of a reason, and perhaps a chance, to attend Central?

Many students who attend Central are involved in intercollegiate athletics and though athletic cuts would save some money, they would cause a loss of tuition dollars and possibly room-and-board dollars for Central. Tax dollars for the city of Ellensburg would also be lost.

This should not happen.

Surely something can be done to keep student-athletes at Central and meet the budget-trimming requirements.

Another factor involved is Central's pride in offering the most sports in the state. In cutting sports, some pride is also cut.

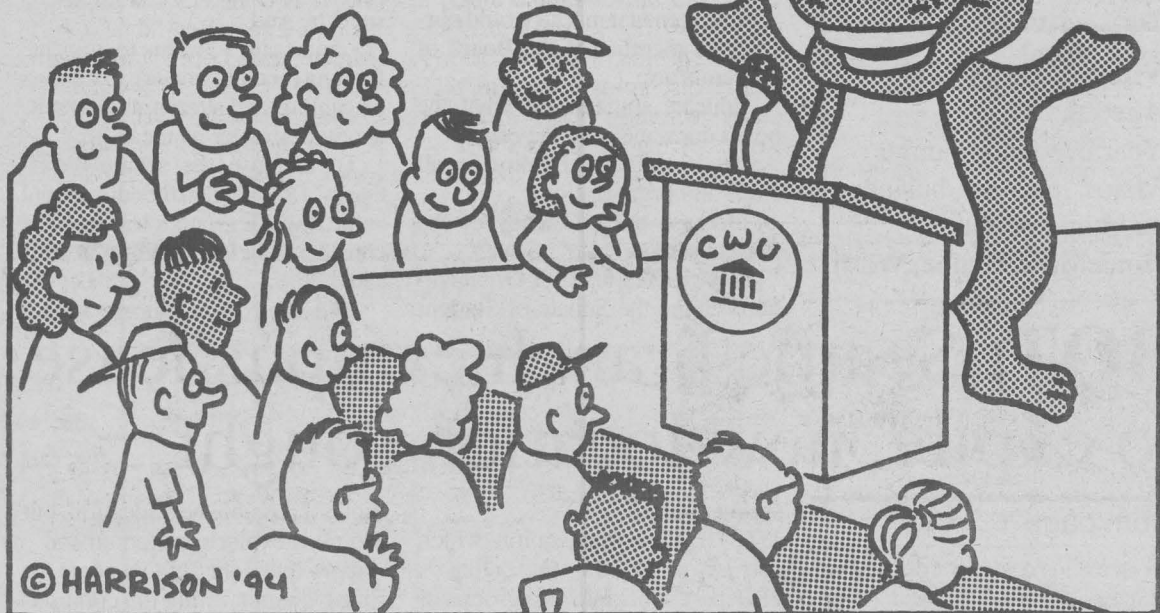
So, it seems very contradictory for a school that seeks higher enrollment and prides itself on its strong athletic program to eliminate any sports.

The committee unanimously approved the proposal to leave all sports intact and it knows what is best for the school. That is its job.

Administrators, you have the power to make the decision. Do the school and the hundreds of student-athletes a favor. Stop the bleeding in the athletic department and accept the proposal of the athletic committee.

AFTER MIXED REACTIONS TO DR. RUTH AND ICE-T, CWU INVITES A LESS CONTROVERSIAL SPEAKER.

SUPER DEE-DUPER!



LETTERS

Reader 'deeply offended'; feelings to be considered in all situations

To the Editor:

In response to a certain item that appeared in the April 7 edition of *The Observer*, I would like to say I am deeply offended.

I am sure all readers could guess which item I am referring to, but I will spell it out: the light-hearted approach to a serious problem in America, necrophiliac Satan worshipers who sacrifice live platypuses.

I have dedicated my free time for the last 10 years fighting for platypus rights and trying to save our duckbilled, beaver tailed friends from the atrocities this strange cult

performs.

Deriving humor at the expense of these poor monotremes (lesser mammals) is sick.

Until you've gazed upon a pile of charred webbed feet, you will never know just how sick of a joke has been made.

People need to make greater efforts to carefully word and phrase every type of idea and situation so no one is hurt.

Please be more careful in the future, as this is a problem that plagues the media.

P. C. Stanton
 student

All letters must be submitted by 5 p.m. Friday the week prior to publication. Letters must be typewritten and less than 300 words.

All letters **MUST** include your name and phone number for verification.

Please write to the reader rather than to any specific person.

The Observer reserves the right to edit for length, style, grammar, libel and matters of taste.

Send letters to: Bouillon 227, Ellensburg, WA 98926, or bring them to the newsroom (Bouillon 227, 963-1073 or Bouillon 225, 963-1027).

People should be more courteous to others, more secure in relationships

by Joe Bob Briggs
 Creators' Syndicate columnist

A few weeks ago I was in line at the airport when this British golfer went ballistic and started whaling away at a TWA ticket agent.

He made all kinds of threats and was practically screaming in the agent's face until finally the golfer's wife got so embarrassed she apologized to me.

I just grinned at her. What was I supposed to say? "Wait a minute, you have me confused with God?"

So when I got to the front of the line, I said, "What was the English guy with the golf clubs all ticked off about?"

The agent told me they'd changed his plane from a Boeing 747 to a DC-10 and that meant the guy couldn't sit in the exact seat he had reserved.

In other words, it wasn't like the airline had done anything to the guy. It just switched planes, and the seats were lined up in a differ-

ent order so he had to choose a new seat.

So I said, "That's it? That was the whole beef?"

The tired, haggard-looking agent said, "I spotted him all the way across the lobby. He was a first-class passenger. They're the worst. I never work first class. I'm only doing it for the day. I hate first class."

And I'm laughing, because the guy is so funny the way he's saying it, and so he gets encouraged and goes into this rant about how first class was ruined about five years ago by Frequent Flyer programs.

Originally, in the golden days of air travel, first class cost at least double the price of economy class and it was never discounted.

It was used by businessmen, professional athletes and the idle rich. For the most part, this was the preferred place for airline employees to work. Flight attendants liked it. Ticket agents liked it. Reservation people liked it.

"They were nice people," the TWA guy tells me.

Then came Frequent Flyer programs, which gave some people the right to upgrade from economy to first class for free, or for a modest fee, like \$20.

These people, once they got into the first-class cabin, acted like kings.

They treated employees, in short, like servants.

"Actually, they treat us worse than servants," the agent tells me. "My family had servants all the time I was growing up. If any of us had ever spoken to them the way people speak to me 40 times a day, we would have been throttled."

What about the really rich people, I asked the agent, the ones who used to fly first class? What happened to them?

"They started flying the Concorde to Europe, and private planes in the states. They couldn't stand it either."

So my question about all this is:

did people change? Or has everyone always been this angry?

Have you ever been walking down the sidewalk and suddenly you see this determined hand-holding couple baring down on you?

If there's no room on the sidewalk and you're right in the middle, there's not much choice is there?

Either they let go with their hand-holding, or you end up pressed against the wall of a building.

So what happens?

They refuse to let go. It's almost like if they stopped holding hands for five seconds, their whole relationship would be destroyed.

When did everybody get so nervous?

When did everybody decide if they say one wrong thing or act a little strange, their boyfriend or girlfriend will leave them forever?

I notice this same thing when you ask people, "Why didn't you use a condom, you idiot?"

They say, "Well, it would have spoiled the mood."

You want to just shake them and say, "You ever noticed what the mood is like inside a pine box?"

But they really believe if they stop for maybe 30 seconds to get a condom, the other person will decide they don't like them anymore.

Something is wrong here. I've seen hamsters that aren't that nervous.

There are even psychologists who give people advice on how they can talk about the condom.

Listen to me. You don't have to talk about the condom. You only have to use the condom.

If you talk about a condom and the other person says, "Why'd you have to bring that up? I don't like you anymore," then get your hiney out of there. You're about to get in bed with a looney tune.

And if you're holding hands and somebody needs to get through, take a clammy-hand break, OK?

Dryer dispute derived from damp drawers


Police issued six traffic infractions between April 4 and April 10. A 22-year-old man driving a car registered to a Yakima Pizza Hut was given a ticket for driving 40 mph in a 25 mph zone on north D Street.

April 4, 8:10 p.m.
A 21-year-old woman reported several pieces of jewelry had been stolen from her Meisner Hall room between 7:45 p.m. and 8:10 p.m.
The room had been left unlocked.
The jewelry is valued at approximately \$460.

April 5, 10:44 p.m.
Muzzall Hall residents reported loud stereo music playing. When officers went to the room with the music playing, no one was home. Police report the stereo had been left on when the power went out. The power came back on and so did the stereo.

April 5, 5:30 p.m.
Disorderly conduct was reported in the Tunstall Commons area. An unidentified person had sprayed pepper mace, which caused discomfort for dining hall employees and others in the area. Police have no suspects at this time.

Campus Cops
by Staci A. West



April 6, 8:40 p.m.
A 20-year-old man suffered a one- to two-inch laceration below his right knee. He told police officers he had been working out on the leg press machine at Nicholson Pavilion. After completing a set of repetitions, he took a break.

When he returned to the machine, he began lifting again. But the weight pin had been removed from the weight stack. The weights then flew up uncontrolled under his strength and hit his leg.
Officers took him to the hospital for treatment.

April 7, 11:14 p.m.
The laundry room at Sparks Hall is not always the place to meet the perfect mate.
A regular day of washing laundry ended in a physical altercation.
A woman reported she began to remove clothes from a dryer so

she could use it.
A man came in the laundry room, saying she was removing his clothes and they were not dry yet.
The woman reported the man struck her in the arm with one of his towels, then proceeded to push her against the dryer.
Police reports did not indicate if either party used fabric softener.

April 8, 8:32 p.m.
A 22-year-old man reported he heard his knee pop while playing basketball at Nicholson Pavilion and was in extreme pain.
An ambulance came and transported him to the hospital.



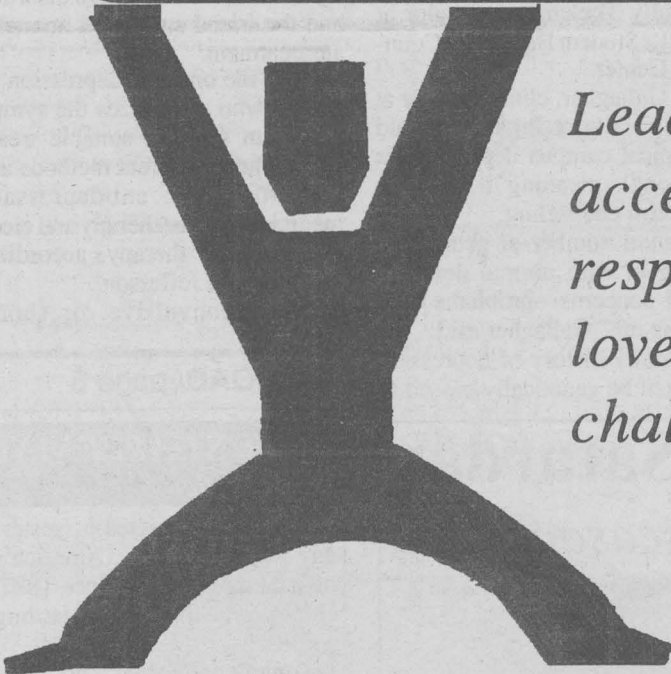
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SCENE

Finding the road from depression to recovery

by Anne Mafor
Staff reporter

A young woman sits in a corner of her bedroom cradling herself. She cries and cries and wonders why.

School has lost importance. She can't concentrate on homework. Her favorite hobbies hold no interest for her. She's felt this way for a month.

She is suffering from depressive disorder.

Depression is a medical disorder which affects a person's thoughts, feelings, physical health and behaviors on a daily basis, according to the Department of Health and Human Services.

Studies have shown about 5 percent of the population have major depression at any given time in the United States, according to John Greist and James Jefferson, professors of psychiatry at the University of Wisconsin Medical School in Madison.

A survey conducted in 1993 at the University of Pittsburgh showed that of the 300 campus health centers surveyed, 87 percent of the directors reported an increase in both male and female students seeking help for depression.

According to Greist and Jefferson, symptoms can include loss of interest in enjoyable things and activities, feelings of sadness, feeling slowed down or restless, and increased or decreased appetite or weight.

These symptoms, which can often be recognized, can include problems concentrating, trouble sleeping, loss of energy and thoughts of death or suicide.

According to the Department of Health and Human Services, a person suffering from depression can have physical and psychological symptoms. These may include

Prozac: is it too good to be true?

Prozac has been called a "miracle drug" and has shown its ability to combat depression.

However, some in the medical field have doubts as to the drug's value and see it as a quick and inexpensive solution to an individual's larger mental problems.

Karen Huang, a staff psychiatrist at Stanford University, said doctors are increasingly prescribing pills as treatment for depression.

"Time and money are limited," Huang said. "There is more (pressure) to medicate the problem and treat the symptoms without treating the person."

Prozac was introduced in 1988 by Eli Lilly & Co. and has been prescribed to 5 million people in America.

According to *Newsweek*, in one year Prozac sales totalled

\$1.2 billion, which is the highest ever for a specific drug.

Prozac works by increasing the amount of serotonin, a neurotransmitter. It has been shown that low levels of serotonin are related to depression.

PROZAC
Fluoxetine
Hydrochloride

Abby Rosin, a member of the Rhode Island Women's Health Collective, believes the drug works by disguising mental and psychological problems instead of trying to solve them.

"It's a popular belief to think Prozac glosses over everything and makes people happy about things they shouldn't be happy about."

Prozac has also become more

popular because it works faster and has fewer side effects than earlier antidepressants. Prozac works in six days and occasionally causes nausea or drowsiness during the first few weeks of treatment.

Earlier antidepressants often started working approximately six weeks after treatment and can cause extreme weight gain, blurred vision and constipation.

At the University of Denver's Student Health Center, Prozac is the top choice for clinically depressed students, said Louise McDonald, director.

However, only 10 percent of students use the center's services, she said.

"Prozac is a boon for those who haven't been helped by anything else," McDonald said.

children, Thelen said. Causes also include general medical illnesses, certain medications, drugs or alcohol, and other psychiatric conditions, according to Greist and Jefferson.

Randolph Catlin, chief of medical health services at Harvard University, said feelings of depression and inadequacy previously ignored or buried often surface during college when a student is placed in a new environment and is dealing with new stresses such as exams.

These causes can ultimately affect the neurotransmitters in the brain. When a chemical imbalance in the brain occurs, the neurotransmitter called serotonin leaves the site of synapse connection, Thelen said. Without the proper functioning of serotonin, the synapse can't connect properly to pass information in the brain. Without enough serotonin, a person becomes depressed, Thelen said.

Help is available for victims

The young woman casually discussed some of her feelings with a psychiatrist friend. The psychiatrist began asking general questions, becoming concerned with each response. The conversation became hushed and serious as the alarmed friend revealed her suspicions. The young woman had a classic case of depressive disorder and the friend suggested immediate treatment.

With the onset of depression, a person who recognizes the symptoms can select a suitable treatment. Three different methods are currently used: antidepressant medicine, psychotherapy and electroconvulsive therapy, according to Greist and Jefferson.

Electroconvulsive, or shock

headaches, other aches and pains, digestive problems, anxiety, sexual problems and pessimistic or hopeless feelings.

There are three stages of depressive disorder: severe, moderate and mild. These stages are determined by the number of symptoms a person has.

Depression causes unknown

The girl feels sluggish and withdrawn. She has no motivation to leave the house, go to work or attend class, much less be sociable.

She can't remember recent conversations or things she's done. She contemplates suicide and often cries without knowing why. She feels

like her 'real self' is lost or dying while a strange robot has taken its place.

With nearly all symptoms present, she has severe depressive disorder.

With moderate depression, a victim of this disorder has most of the symptoms and can't complete some daily chores.

Mild depression occurs when a person has some symptoms but can complete daily chores with an effort. Frequently, a depression victim will trudge along in a daily routine without pleasure, happiness or satisfaction with previously enjoyable activities. Everything seems meaningless and unimportant. A mildly depressed person can prob-

ably hide his or her condition with effort.

A few broad causes have been determined to trigger depression, but no exact cause has been found, said Sally Thelen, a counselor at Central's Student Health and Counseling Center.

Bob Gallagher, clinic director at the University of Pittsburgh, said the typical campus depression is situational, meaning it requires short-term counseling.

"A good number of people are coming in with normal developmental concerns—problems with growing up," Gallagher said.

A family history of depression can often be genetically passed to

See ROAD/ page 8

Flutist, professor to be guest performer Saturday

Central music instructor to play in Yakima Symphony's season finale

by Marsha Jensen
Staff reporter

The Yakima Symphony Orchestra brings its season to a close Saturday with a line-up of guest performers, including Central music professor Hal Ott.

Ott, who has taught flute and music history at Central for 10 years, will play in the symphony's performance of Beethoven's Ninth. The program begins at 8 p.m. in the Capitol Theater in Yakima.

"Beethoven's Ninth is going to be a wonderful performance," Ott said. "It's a musical piece that is enjoyable and a bit jazzy."

Ott will also be stepping into the spotlight to perform Ibert's "Concerto for Flute and Orchestra." He will be accompanied by the Yakima Symphony Chorus in this piece.

Along with the chorus, the finale features the Washington-Idaho Symphony Chorale.

A large portion of the YSO members are from Seattle and Ellensburg, Ott said.

Tickets for the season finale range from \$10 to \$30 and are

available through the theater's box office, 575-6264. Discounts are available to students and senior citizens.

Ott is a firm believer in education and in the need to educate younger generations about the appreciation of the arts. He has twice been a featured performer at the National Flute Association convention.

Ott presents clinics and performs throughout the United States playing both the baroque and modern flute.

He recently completed a concert/lecture tour in the People's Republic of China.

"It was a wonderful experience," Ott said. "The people there are so fascinating and much different than most of us Americans."

Ott graduated summa cum laude from Bradley University in Peoria, Ill., earned his master's degree from the University of Illinois and his Ph.D. from Florida State University.

An open symphony rehearsal will be at 10 a.m. Saturday at the theater. The rehearsal is hosted by the symphony's support group. Admission is \$1.



Hal Ott

WHAT'S HAPPENING

by Joe Butler

•In case you missed it, yesterday was Arbor Day, America's official tree holiday since 1887. Hope you all took time out to hug a tree.

•Tonight and Friday: go to the Ellensburg High School Little Theater for a production of "1940s Radio Hour." It will be a kick.

•It's Sexual Assault Awareness Week next week. At 7:30 p.m. Tuesday in the Barto Hall lobby there will be an educational presentation on sexual assault performed in a talk-show format.

•Two things are coming to the Samuelson Union Building: a copier outside the bookstore for students to use after bookstore hours and a bulletin board for students to advertise textbooks for sale or trade.

•Your Meat Loaf dreams will come true! Tickets for "Mr. Loaf" went on sale Saturday for his August 20 show at the Gorge. Tickets are \$26-\$80.

•Nine Inch Nails is playing at the Moore Theater in Seattle Tuesday. Tickets are \$19.

•Vince Gill is coming to Yakima. He will play at the Sun Dome April 28. Tickets are \$20.50. Gill also plays at the Tacoma Dome April 29. Tickets to this are \$22.50.

Answer People tackle life's hard questions

Q. Dear Answer People: What exactly are Corn Nuts?

-Anne R.

A. Well, according to our staff, who's been known to make things up, they take a bunch of corn, throw it in a tub of lye (yeah, lye is what you pour on dead bodies and also make soap out of), then they...you know Anne, maybe some things are best left unanswered.

Q. Dear Answer People:

The new science building is going to cost a cool \$58 million. What do they need that much money for?

-Nick P.

A. That's a good question, Nick. The real reason they need so much money is the school is planning to create a small nuclear reactor underneath the new science building. Not only will this allow us to cut all ties with Bonneville Power, but it will give all of our physics students the hands-on experience they need to get jobs in today's competitive market.

Q. Dear Answer People:

Why is it when you buy window cleaner at the super market, a small container will cost you \$4, but if you buy a gallon-size container in the automotive section it only costs \$2? Both are blue and do the same thing. What's up?

-Andrea K.

A. You don't get it, do you Andrea? One's for your windows at home, and the other one's for your car.

Q. Dear Answer People:

Why is Alfred E. Neuman always smiling if he is MAD?

-Ted S.

A. Because he is not wearing pants. Got a question for the Answer People? Please send it or bring it to Bouillion Hall 227, or drop it in the Answer People box at the SUB Info Booth!

Classes an opportunity to see how much fun can be had

by Diane M. Schulman
Editor-in-chief

Jim Huckabay is here to have fun. By his own definition, teaching is as much fun as the adjunct professor of communication and geography can have.

"I'm loving this job," he said. "It's fun interacting with people and watching students go through the learning process. There's a joy among people who gather to learn."

Huckabay previously taught at the University of Colorado for "eight or nine years," but hasn't been in a classroom for 15 years.

He came to Central in January after moving from Colorado to Ronald, Wash., in October.

"Students come in with the idea I'm the teacher, but I probably learn more because I get to see who they are and I gather more knowledge of the world."

Interaction is the key to Huckabay's classes.

"To me it's just here's the material and here's what I expect of you, now let's see how much fun we can have with it," he said.

Huckabay grew up in central Washington but graduated from high school in Boise, Idaho. He attended a year of junior college before joining the Air Force.

"The Air Force took me to Colorado and I stayed there," he said.

He received his bachelor's degree from the University of Colorado.

"I started out majoring in speech and dramatics, and then I had to

take a physical science course," Huckabay said. "I took a land forms class and decided to double-major in geography."

"I love earth stuff: clouds, soils, rocks, climate patterns, why things grow and why they are there."

He received his master's degree in geology and geography from the University of Colorado also.

"Then I decided to see if someone would pay me to earn a Ph.D. and the University of Kansas did that," Huckabay said.

He received his doctorate in geography with a meteorology specialization.

After teaching at the University of Colorado for a number of years, Huckabay decided it was time to try something new.

"Teaching, and the system, was too impersonal at that time," he said.

He then opened an environmental consulting firm, which came to a sudden end.

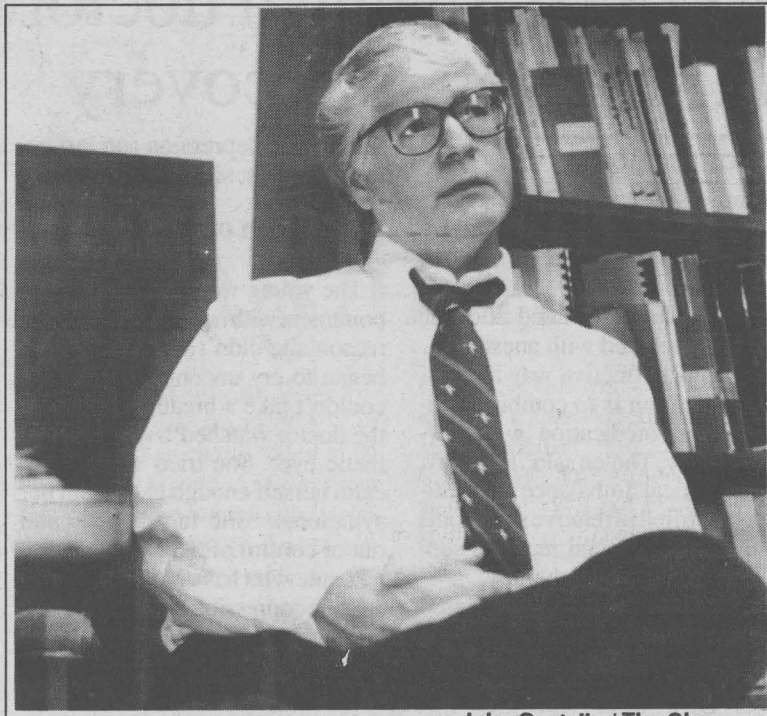
"We had a big oil shale project," he said. "One week after our grand opening, oil shale shot down."

At that point doors opened in communication.

"I was a television weatherman, I did radio shows, a lot of commercials, and I wrote a newspaper column," he said.

"There was also a big interest in workshops to help people figure out their lives in the early 80s. I got involved and it went well."

Huckabay did a lot of counseling at that time, much of it spiritual



John Costello / The Observer

Jim Huckabay discusses his attitudes toward teaching.

healing.

"If you're spiritual it doesn't mean you walk around in a white robe speaking sweetly," he said. "It means you understand your relationship with the universe, God, your creator—however you want to think of it."

"Spiritual healing is nothing more than creating an environment in which the truth is spoken and lived. When we're willing to be who we are, love flows, and that's the healing energy."

Huckabay recalled when he be-

gan doing spiritual healing.

"I was very excited about my spiritual work, and a delightful woman said to me, 'Remember the beer and pizza, because if you're not a real person you don't have much to offer someone who's trying to be a real person,'" he said.

Huckabay's hobby is people. "They are the most incredible things," he said. "They all have such different aspects—I've never met anyone who didn't have a mean streak—I say, let them all come play."



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ROAD: Seeing a doctor is first step in recovery

From page 6

therapy, is the least utilized method. However, it can be a very effective treatment for severe depression and actually causes little stress to the body. It is administered after the patient is relaxed with anesthesia.

The most effective way to combat depression is to combine antidepressant medication with psychotherapy, Thelen said. This way, the chemical imbalance is medically rectified to remove symptoms while the individual receives support through psychotherapy.

Fluoxetine hydrochloride, commonly known as Prozac, is an increasingly popular antidepressant, Thelen said. This is because Prozac only affects serotonin, but other antidepressants frequently interact with several sites throughout the brain, causing more severe side effects, she said.

Seeing a doctor is an important first step toward recovery. Though a person can endure depression without treatment and eventually pull out of it, the chances of having another, more severe episode are greatly increased, Thelen said.

Untreated depression can last six to 12 months, she said.

Depression often recurs

The young woman made an appointment with her doctor. For some reason she didn't understand, she began to cry uncontrollably. She couldn't take a breath or speak as the doctor watched with a sympathetic eye. She tried valiantly to calm herself enough to explain her symptoms. She felt pathetic and out of control of her life.

People who have had one bout of serious depression may experience an average of five more in their lifetime, according to Greist and Jefferson.

About half the people who have one episode will have another. When a person has three or more episodes, they are classified as having recurrent depression and have a 90 percent chance of having a fourth episode.

The tendency for bouts to be recurring is why treatment is important, Thelen said.

Support from family and friends is also important, she said.

The power of radioactive cats spells success for latest 'B' film

by David Phillips and Tony Costanti
Staff reporters

We lied last week about this week's movies.

Today's selection is "U. S. Cat Man in the Lethal Tracks."

Remember when you rented those really bad Japanese kung fu movies? Well, they are now made in Thailand, at least in the case of "Cat Man."

It starts out with two Americans casually discussing the CIA while walking down the street carrying bats. They come across a fight in progress, at which point one of them is scratched by a radioactive cat and becomes Cat Man.

Movie Review



The plot then shifts into almost another movie. One unmemorable character is a woman ticked off at the world because everybody thinks she is a little boy. Other characters include a kung fu man who supposedly worked for some government and a Thai military general who was captured by the bad guys (we thought he was dead, but he later showed up at the end to shine over his captors). They, unfortunately, took up much of the movie.

The scene where Cat Man discovered his powers was fantastic. Once he figured out he had strange powers he pointed at the television yell-

ing "On," "Off!" This scene lasted about five minutes.

He then lit his friend's cigarette with laser beams from his eyes and punched a hole through a brick wall. You might be asking, "Hey, are all cats capable of these feats?" We don't know.

In short, this movie needed more Cat Man. Unfortunately, the film dealt mostly with the others mentioned above. We would've given this one a groovy if Cat Man was seen more. But we have to give it a less than all right.

Rating Scale:

- 4—Groovy
- 3—All Right
- 2—Less Than All Right
- 1—Worse than "Plan 9"

Your personal horoscope for the week

by Countess Anne Ruben
Special to The Observer

Aries (March 21-April 20)

Don't let difficulty with an exam get you down. Spend time with a Leo—let your hair down! A girls/guys night out is in order, but don't let your daring side get the best of you.

Taurus (April 21-May 20)

Spring is finally here. Time to frolic! Escape work with a relaxing nature walk or a long bubble bath (if you have a tub). Be cautious with finances this week.

Gemini (May 21-June 21)

You need to escape and little will stop you. Take a long drive for some excitement. But don't neglect your responsibilities at work or school.

Cancer (June 22-July 22)

Love is in the air and you can feel it! Hook up with a fellow Cancerian for some romantic excitement this week. Heed the advice of friends and all will be right.

Leo (July 23-Aug. 22)

Indulge your romantic side this week. Watch an old tearjerker, buy someone flowers, plan a dinner for two. If you've been longing to ask someone special out, do it now! Confidence is in your veins.

Virgo (Aug. 23-Sept. 22)

Though you feel chained to your books this week, take some time and read that novel, but try not to be too much of a homebody. Lines of communication will open with a professor this week.

Libra (Sept. 23-Oct. 22)

When all seems to be wrong, a light at the end of a dark tunnel will appear. Don't dwell on situations

in which you have no control. Persistence and perseverance are key this week.

Scorpio (Oct. 23-Nov. 21)

Trouble! If there is a way to find it this week, you are sure to. Your wit and personality will not get you out of this one!

Sagittarius (Nov. 22-Dec. 21)

Your educational goals are coming into focus this week. If you've been looking for love in the wrong places, be patient. A fetching Aquarian may be in the future.

Capricorn (Dec. 22-Jan. 20)

Don't let your timid side keep you from grasping a great opportunity. Ask for money, ask her out! If you take a chance you will reap the rewards.

Aquarius (Jan. 21-Feb. 18)

If you are not careful your boldness will get the best of you this week. Think before acting. Take time to stop and smell the roses, but don't dawdle.

Pisces (Feb. 19-March 20)

You long to be near water this week. Go swimming or take a trip to the Columbia River, just don't jump in the Ganges. Relax in a hot Jacuzzi instead.

Anne Ruben is a junior anthropology major. She has been studying horoscopes for more than five years.

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SPORTS

Athletic budget plan submitted

Group proposal calls for \$49,000 in cuts without dropping any of Central's sports programs

by Jason Goldner
Staff reporter

An athletic committee will submit to the administration Monday a proposal to cut Central's athletic department budget without eliminating targeted sports.

Last winter, Central's administration assigned six faculty members and three students to the committee. The administration charged the committee with cutting approximately \$49,000 from the athletic department's budget under the state's authorization.

At a meeting April 11, the seven group members in attendance unanimously agreed the administration's first priority should be to keep all of Central's sports going next year. The com-

mittee will meet Monday morning to sign the draft of the proposal before submitting it to President Ivory V. Nelson and Gregory Trujillo, interim vice president of Student Affairs.

Committee member and mathematics professor William B. Owen emphasized the importance of Central's custom of having a variety of available sports programs.

"We have a long and storied tradition of having many sports and we should stand by them," Owen said. "As an advisory committee we can stand up to the charge and say it (cutting sports) is not in Central's best interest."

Owen also said dropping more sports would not allow the committee to reach its goal of trimming \$49,000 from the budget.

"The dollar figures are so trivial for the number of student-athletes," Owen said. "We're doing all this cutting, we're knocking 60-80 students out, and we might only be saving \$25,000."

"There are lots of student-athletes

“

In other words, we're not saving any money by cutting these sports.

-William B. Owen
committee member

who will not come to Central and their tuition money will more than offset any savings from making cuts in this program," Owen said. "In other words, we're not saving any money by cutting these sports."

The remainder of the proposal is separated into individual categories of options.

The second choice suggests eliminating Central's secondary insurance for athletes, which covers ath-

letes not supported by their own policies. Savings on secondary insurance have been estimated at between \$20,000 and \$45,000 per year.

However, in case the administration disagrees with the first two alternatives, the committee prioritized the sports chosen to be dropped from the athletic program.

Golf would be the first sport to go, followed by tennis, diving, cross country and men's soccer.

Golf and tennis are now functioning as club sports without head coaches.

In the final paragraph of the proposal, the committee added wrestling to the end of the list of targeted sports.

Physical education professor Erlice Killorn was the only committee member to vote against dropping sports as an option.

"We've got to look at this philosophically," she said. "If we cut any sports one year it might lead to a consistent behavior of cutting more the next year."

Killorn suggested the administra-

tion re-examine the athletic director's salary according to the job description.

Athletic Director Gary C. Frederick, Program Coordinator Paula Romeo and Fiscal Specialist Bonnie E. Petersen make a combined \$131,761 per year, more than 30 percent of the school's state budget.

Part of Killorn's original proposal called for reducing the athletic director's salary by at least \$10,000.

"We need to recommend they (administration) have an evaluation of the athletic director's job description," she said. "I think they should evaluate this based upon what the job responsibilities are."

"There is a potential for salary savings here," Killorn said.

Committee chair and associate English professor Joe E. Powell pointed out the committee could not control the decision.

"Decisions are done as far as I'm concerned; it's now just a matter of laying it out," said Powell.

Central takes a pair from Whitman

by Paul Williams
Sports editor

The Central baseball team put it all together and took a pair of games from district foe Whitman College April 6 in Ellensburg.

In the first game, the Wildcats shut out the Missionaries 5-0. Central won the second game 15-2, which lasted five innings in accordance with the league's 10-run rule.

If one team is winning by 10 or more runs after the fifth inning, the team with the 10-run lead is declared the winner.

The star of the first game for the Wildcats was senior pitcher Rich Newell. Newell was five outs away from pitching a perfect game when Whitman's Scott Mihulka singled with one out in the sixth inning.

Newell shut down the first 16 Missionary hitters in the game, and after Mihulka singled, retired the next five.

Newell pitched a one-hitter and didn't walk a single batter. The Wildcat defense supported his strong pitching with error-free fielding.

Offensively, the Wildcats were led by senior first baseman Steve Valley and senior third baseman Thad Nelson. Both players went 2-for-3 and drove in a pair of runs in the first game.

Valley hit his second home run of the season, a solo shot in the fifth inning.

Also going 2-for-3 at the plate was catcher Jim Boora.

Nelson drove in both his runs in the first inning. Second baseman Trevor Lehman walked and stole second and Valley drew a walk. Nelson then singled, scoring Lehman and Valley.

Valley singled in Aaron Clem, who reached on an error by Whitman in the second inning to give Central a 3-0 lead. The Wildcats added another run in the sixth

inning when Chris Cruzan singled in Geoff Huddleston.

These were all the runs Newell needed to extend his record to 4-1 for the season. He leads all Wildcat pitchers with the mark.

Cruzan and Lehman each stole a base in the first game as well.

In the second game, the Wildcats tied their highest run output of the season with 15 runs. Central scored 15 runs against the University of Puget Sound March 13.

Against Whitman, 10 of those 15 runs were scored in the fourth inning as the Wildcats sent 14 hitters to the plate. Central scored at least one run in every inning.

All but one Wildcat hitter had a hit as Central banged out 14 hits in the contest, including three each by Cruzan and Doug Ashmore. In addition, Cruzan scored three runs and drove in three runs in the second game.

Valley homered for the second straight game, this time in the first inning, driving in two runs. It was his third home run of the season. Valley went 2-for-3 in the game, drove in three runs and scored twice.

Berry Duty hit his first home run of the season in the second inning, a two-run shot, and the rout was on.

Nelson scored on a passed ball in the third inning to make the score 5-0 and the Wildcats ended the game early with the 10-spot in the fourth. The big blow in the fourth inning was a double by Cruzan with the bases loaded. The line drive into the gap in right-center field cleared the bases.

Clem also doubled in two runs.

Ian Keber was the recipient of the offensive support. He pitched the whole game, allowing two runs on three hits. He walked two and struck out two, raising his record to 2-1 for the season.

The Wildcats, with the sweep, raised their record to 11-15 and moved into second place in the dis-

trict, one-half game ahead of Pacific Lutheran University. Lewis & Clark State College remains in first place.

Central was scheduled to travel to Tacoma to take on the University of Puget Sound April 7, but the game was rained out.

The Wildcats took the field April 12 in a non-district matchup with

the University of Washington. Results were unavailable at presstime.

The Wildcats, as of April 11, are in second place in district play with a 3-2 mark and are 11-15 overall this season. Lewis & Clark State College continues to lead the league with a 5-1 record.

WILDCAT NOTES: This week, Central will play six games in six

days. In addition to the game with the Huskies, the Wildcats hosted Pacific Lutheran Wednesday. Today they travel to Tacoma for a makeup game with Puget Sound because of a rainout last week.

The Wildcats close out the week with three games in two days against Canada's National Baseball Institute April 16-17.



Senior Thad Nelson prepares for a base hit.

Brian Gill / The Observer

Aggressive play leads to Wildcat wins

by Ernest M. Baldwin
Staff reporter

The Central women's softball team swept a doubleheader against district rival University of Puget Sound 11-3 and 9-1 April 7 in Ellensburg

With the sweep, the Wildcats evened their league record at 3-3 and moved to 3-5 overall.

In the opener, Central pounded out 13 hits over seven innings and senior Kim Spradlin pitched a six-hitter, walking one and striking out one.

"Kim pitched well, her control was outstanding," said head coach Nancy Katzer.

The hitting was a total team effort, she said.

"We were very aggressive in both hitting and base running," Katzer said.

In the second game, it was more of the same aggressive style as Central capitalized on five Logger errors to win the game. Freshman Karissa Sandstrom pitched a nine-

hitter giving up only one run to earn the win.

"Karissa is coming into her own as a college pitcher with good authority and control on the mound," said Katzer.

The Wildcats pounded out 21 hits in the two games.

"It was a total team effort, with everyone getting a chance to play in the games," Katzer said.

Katzer praised the effort of Tina Clark and said the junior "really proved herself in the games against UPS. She was very aggressive in the field and at the plate."

Clark leads the team in batting average with two hits in four trips to the plate for a .500 mark.

Sophomore Brenda Swanberg is right behind Clark with a .476 mark and has stretched her hitting streak to seven games. Senior Jennifer Hyer rounds out the .400 hitters hitting at a .429 clip.

The Central women moved into third place in the division with the wins. The top three teams in the district will go to the playoffs this

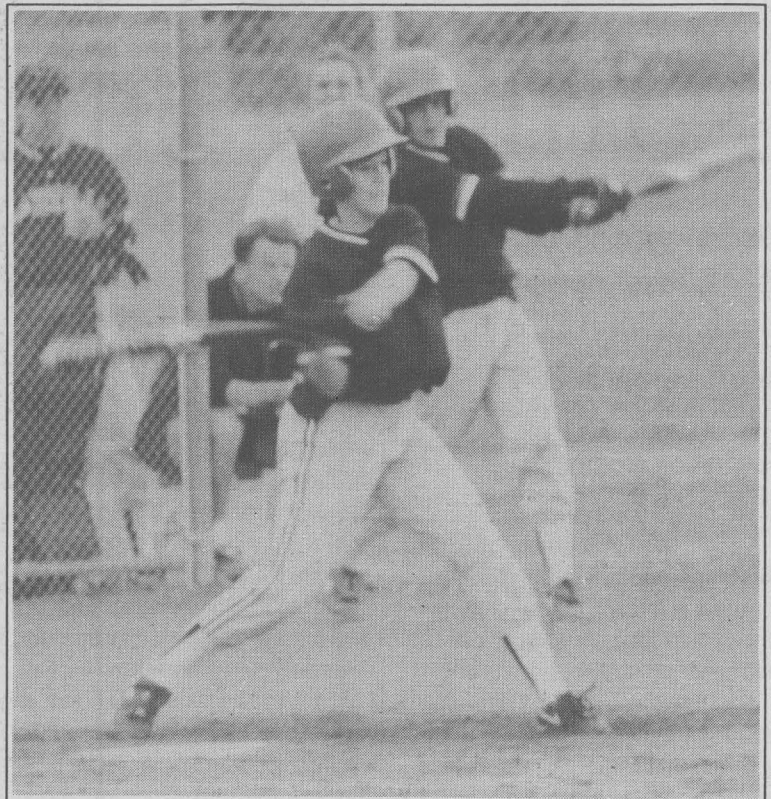
year. Last year only two teams went to the playoffs.

Pacific Lutheran University leads the district with a spotless 5-0 record.

The Wildcats competed Monday in a doubleheader against Yakima Valley Community College, which will not count toward Central's overall record. On Tuesday they took on Pacific Lutheran University in a doubleheader in Tacoma. Results of the games were unavailable at press time.

WILDCAT NOTES: The Wildcats are a perfect 13-for-13 in stolen bases this season. Junior center fielder Linda Cook leads the team with five. She also leads the team in runs scored with eight and has three extra-base hits (doubles and triples) to lead the Wildcats. As a team, the Wildcats are hitting .291 with an earned-run average of 4.86. As of April 11, Spradlin had a 2-4 record for the season and Sandstrom stood at 1-1.

Spradlin has struck out 10 hitters, Sandstrom three.

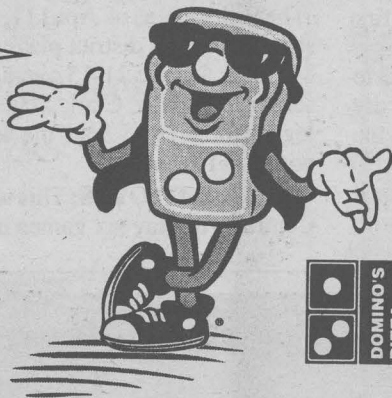


Ken Pinnell / The Observer

Senior Karla Mortenson swings at a pitch while Bridget Powers watches intently.

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Johnson breaks record in long jump

by Greg Aldaya
Copy editor

Five more members of Central's track-and-field team qualified for districts at Saturday's Western Washington University Invitational.

Central freshman Shelley Johnson also won the long jump with a mark of 18-4 3/4, breaking a school record of 18-4 1/2 set by Katie Crowell in 1985.

Johnson was the only individual event winner at the invite.

New district qualifiers were: sophomore Dustin Liefke in the 100-meter dash with a time of 10.8 seconds and in the triple jump with a leap of 41 feet, 3 inches; senior Goreal Hudson in the 400-meter dash with a time of 49.1 seconds; freshman Joe Pearce in the discus with a throw of 127 feet, 6 inches; and junior Mike McDermott in the 10,000-meter run with a time of 32 minutes 45 seconds.

The Wildcats' men's and women's 4x400 relay teams both raced to second place finishes. The men's relay team, consisting of freshman Nathan Steele, senior Chad Klassen, freshman Allan Covell and Hudson finished with a time of 3:21.9.

"The guys' mile relay team ran a really good race," said sophomore Veronica Persons, a high jumper and 400-meter relay runner. "(Jay) Spears (who normally runs a leg of the relay) wasn't in the meet since he had just competed in the decathlon, but everyone filled in really well."

The women's relay team—fresh-



Chris Urrota / The Observer

Central rugby club member Arnel Narvaez passes off to teammate Vance Tjossem. The club played three matches in a tournament last weekend in Spokane.

man Melissa Van Ruiten, Persons, junior Kara Dodd and sophomore Rebecca Hill—cruised to a 4:07.5 finish.

"The girls were in last place coming into the last lap of the relay," Persons said. "We finished second out of nine teams."

Other second place finishers for the Wildcats in individual events were sophomore Pat Reddick in the triple jump with a leap of 44 feet, 2 1/2 inches; senior Rick Maib in the pole vault, 14 feet, 5 inches; Dodd in the women's 400 hurdles, 1:06.4; and Persons in the high jump, 5 feet, 5 inches.

"I was happy with what I did," said Persons of her high jump mark. "I was doing well until I missed at 5 feet, 7 inches, which would have been a personal record."

In the NAIA District I multi-event decathlon and heptathlon April 7 and 8 at Bellingham, Spears made two more district-qualifying marks: 11.2 seconds in the 100-meter dash and 21-0 feet in the long jump.

With his showing in the decathlon, Spears has now qualified for

districts in five events: the 100, 200, and 400-meter dashes, the long jump and the javelin.

He placed third overall in the decathlon, scoring 6,327 points, which turned out to be the fourth best showing in Central's history.

Rounding out the decathlon finishers for Central were B.J. Wilson, who finished sixth, and John Perry, who finished eighth.

On the women's side, Megan Prkut finished second in the heptathlon with 3,707 points. Leslie Hansen was right behind her in third place and Kirsten Obergh and Lory Moon finished fourth and fifth, respectively.

Central will compete Saturday in the University of Puget Sound Shotwell Invitational in Tacoma.

Top Men Finishers

200 meters—5, Chad Klassen, 22.2
800 meters—6, Allan Covell, 1:57.8
5,000 meters—5, Brent Hooper,

15:16.5

5,000 meter race walk—8, Gary Petersen, 29:34.3

400 hurdles—3, Goreal Hudson, 53.3; 4, Nathan Steele, 55.7

4x100 relay—1, Maloney, Wilson, Spears, Klassen, 42.59

Pole vault—5, Craig Yeagley, 12-11 1/2; 6, Dave Goretski, 12-5 1/2; 10, Don Perry, 11-11 1/2

Javelin—7, Antoine Butcher, 42-7

Top Women Finishers

400 meters—4, Kara Dodd, 59.7

800 meters—6, Rebecca Hill, 2:21.0

4x400 relay—4, Van Ruiten, Wullner, Johnson, Wilson, 4:07.5

Long jump—7, Erin Hamilton, 15-3 3/4

Triple jump—6, Erin Hamilton, 31-7 1/4

Shot put—3, Angie Marchant, 38-8 1/4; 5, Amanda Johnson, 35-8 3/4; 6, Sonya Howard, 35-6

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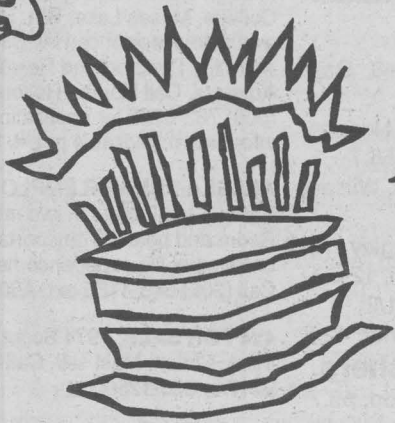


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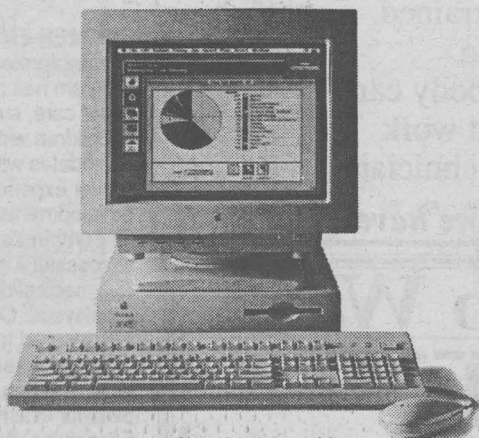
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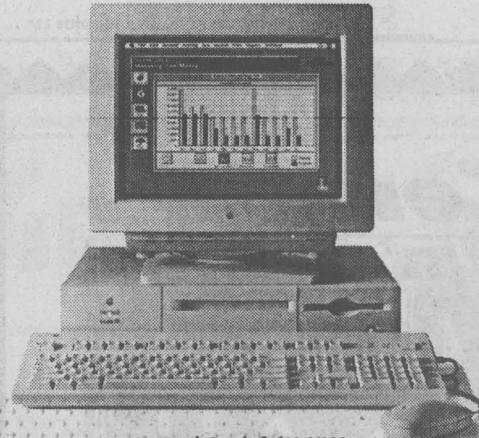
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