Plans take shape for the Quality of Life program

by Andrew Fickes
Staff reporter

Central Washington University's vision of building a SuperSUB finally became something of a reality Monday when consultants Paul Brailsford, Ron Cole and Nonna Ememyou visited Central to discuss developing the Quality of Life program.

The $18,000 fee to bring them in was split among housing, facilities, and administration.

"It was interesting to see what they thought," Maren Oates, Associated Students of Central Washington University Board of Directors president, said.

The SuperSUB changed its name to the Quality of Life program over the summer, when the planning committee decided the building should benefit all activity interests on campus, not just dining and campus activities. Oates would like to clarify that Quality of Life is the name of the project, not the building itself. Monday and Tuesday, meetings with Brailsford and the others were held in the Mary Grupe Center.

Wednesday's meeting was held from 9 a.m. to noon in the library.

At the 1 p.m. meeting in the Mary Grupe Center on Tuesday, the consultants discussed with committee members ways of budgeting the construction of the building.

"I'll be aggressive in the financing of this project, as long as the full package is there," Abdul Nasser, vice president of Business and Financial Affairs, said. "I'm not a risk taker."

The committee wants to ensure good communication with the community and with Central students. All student input is welcome.

Computer lab SAs replaced by a watchful eye

by Heather Bell
Staff reporter

Student assistants (SAs) have been replaced by cameras in the Shaw-Smyser computer labs. SAs are available before 3 p.m., but after that time, cameras will monitor the labs.

"The cameras were installed to save money, so we won't have to continue to raise technical fees," Paul Bell, head of the camera crew, said.

This year, camera equipment was installed in the labs in Shaw-Smyser to cut down on the need for student assistants.

Now, if students have a problem they need help with, they must pick up one of the red help phones and an SA will come to assist them as soon as possible.

Students find the new change irritating.

"We pay enough money in tech fees that when we have a problem an actual person should be in the room to help us," Kelli VanScoy, senior fashion merchandising major, said.

In the past, six students maintained the six labs in Shaw-Smyser. With the new system, just two students maintain all six labs from 3-6 p.m.

After 6 p.m. one SA is responsible for all labs. This will save money in the long run after the initial cost of the camera equipment is paid off.

They cut back on employment cost because it keeps tech fees lower.

— Andrew Hann-Baldwin

"I think it's a good idea because it keeps tech fees lower, but I hope if they don't need an SA, they won't have to call one.

— Heather Bell, junior recreation major

and administration.

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Central's Green Party takes shape

by Lannie Hyde
Staff reporter

Seventeen local activists gathered in the SUB Thursday to promote awareness of presidential "alternative" candidate Ralph Nader.

"It is a real high being a part of something potentially great," Chip Wolffstein, a speaker at the meeting, said.

Nader is a political leader of the grassroots democracy, also known as the Green Party. Some of the areas he supports include non-violence, social justice, feminism, decentralization, global responsibility, ecological wisdom, community-based economics and respect for diversity. Nader also supports the legalization of marijuana. Nader is a firm believer in ecological/global responsibility and in the re-evaluation of nature’s most prolific, photosynthetic plants. In addition to cleaning the air, marijuana can be used for a fuel source as well as for making rope and household products. Western medicine has recently utilized marijuana for patients with glaucoma, chemotheraphy side effects and for increasing appetites of cancer and AIDS patients.

Many ideas and plans were shared at the meeting, in regard to Nader's campaigning relies mostly on word of mouth in the Ellensburg area and not as much on campaign signs as other candidates do.
Oct. 16, 2:18 p.m.
Officers responded to a vehicle vs. vehicle hit-and-run in the N-16 parking lot. A parked 1998 Honda Civic was struck by another car damaging the driver’s side mirror and door.

Oct. 16, 3:10 p.m.
Police responded to a call involving malicious mischief in the second degree in the T-22 parking lot. A parked 2000 Volkswagen Jetta was keyed. The damage is estimated at $1,000.

Oct. 16, 9:36 p.m.
The smell of marijuana was reported on the second floor of Quegley Hall. Officers could not locate the source of the smell.

Oct. 17, 12:11 p.m.
Officers performed an agency assist with the Ellensburg Police in order to repossession items owned by H&H Furniture from a vacated apartment.

Oct. 18, 2:37 a.m.
Two men were cited for being minors in possession (MIP) of alcohol and disorderly conduct. The men were asked to leave a party in Barto Hall and returned later with an air pistol and a sock which contained a billiard ball. No one was reportedly harmed.

Oct. 18, 12 p.m.
Officers responded to a malicious mischief call in McConnell Auditorium. Someone tore handles off the front door.

Oct. 18, 4:40 p.m.
Police are investigating a residential burglary after $40 in cash and a textbook were reported stolen from a residence hall.

Oct. 19, 9 a.m.
A bike was reported stolen from Green Hall.

Oct. 19, 1:14 p.m.
A university vehicle struck the parking kiosk at the Courson Conference Center.

Oct. 19
An indecent exposure was reported near the library. A woman sitting inside the library looked out the window to see a man with his pants down and his hands in his groin area.

Oct. 20, 8:30 p.m.
A light blue 1988 Toyota 4-Runner was reported stolen from the N-19 parking lot.

Oct. 21, 12:45 a.m.
A man was cited for MIP and malicious mischief in the third degree after breaking glass on a fire extinguisher case in Alford-Montgomery.

Oct 21
Three 14-year-old boys from Kenton were taken into custody for vehicle theft after they stole a 1994 Jeep from the T-22 parking lot.

Police were involved in a high-speed chase reaching speeds of up to 100 miles per hour.

The former Grill House is making the transition into another bar. It is located at the corner of Chestnut Street and 8th Avenue.

The Grotto plans to open Dec. 1 as Ellensburg’s 10th bar

by Carol Garza
Staff reporter

The number of bars in Ellensburg will soon reach double figures when The Grotto, set to open Dec. 1, brings the total to 10. Scott Abrams and Audra Bishop are the co-owners of the latest addition.

“This bar will target the college kids and younger locals between 21 and 35,” Abrams said.

The Grotto, which was inspired by the hangout at the Playboy Mansion, will have live rock-and-roll bands on Saturday nights.

The bar will not be a dance club, and neither rap nor country music will be played. Instead, The Grotto will host live bands.

The front room will house the bar and the band.

The back room will be a game room with pool and football as well as air hockey.

The Grotto, like The Pub, will also open at 3 p.m.

The Grotto will be set apart from the rest of the bars located downtown. It is located right across from Lind Hall, on the corner of Eighth and Chestnut Street, in the building that used to be The Grill House.

Abrams said he chose the building specifically for its location. The bar is within walking distance for a lot of college students.

“I think that it is a bad location because it is too far away from downtown and would make bar hopping difficult, if not impossible,” Mark Dickerman, junior history education major, said.

The owners hope students who live in the area will pass The Grotto to head downtown and might be curious and stop in.

“I think that if this place is going to make it, it will be because of the live bands and not the location,” Mike Babich, junior business major, said.

Bob Trumly, director of the Student Health and Counseling Center offered a positive view on the situation.

“I think that if this place is going to work, but it is going to be fun. “

— Scott Abrams

A safe place for kids up through the 5th grade!*

*Must be accompanied by parent or guardian

The Coca-Cola Company is looking for a student rep on this campus. It’s a great job with a great company on a great campus.

To be a Coca-Cola Campus Marketing Manager, you must be a full-time student and be totally tuned into all aspects of campus life.

You’ll need good marketing skills, as well as strong organizational abilities. You’ll be called on to identify marketing opportunities and to present, sell, and promote Coca-Cola brands on campus.

If you’re up to the challenge and are looking for real world experience, visit us at www.adventurepartners.com/cmm for all the details, job requirements and application procedures.

Great Drink. Great Job.

Get Ready For Your Most Refreshing Course

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“I think that if this place is going to work, but it is going to be fun,” said.

Trumly made a recommendation that The Grotto join the late night task force that keeps people and their behavior under control.

Abrams and Bishop have known each other since junior high school. Abrams has worked in his family’s construction business for 10 years.

The construction business is closing down and Abrams knew that he couldn’t work for someone else, so he decided to open his own business.

Bishop works as a manager for Club Monaco but is tired of the stress and when this opportunity came along, she jumped at the chance.

Amy Claussen, owner of Hot Diggity Dog, has been talking to Abrams for the last couple of years about opening a bar in Ellensburg. Claussen was friends with the realtor for the building and told Abrams about the place.

“It is a lot of work, but it is going to be fun,” Abrams said.
Faculty reflect on McIntyre's inauguration

by Amber Eagar
Staff reporter

More than 200 faculty, staff, invited guests and students assem­bled at McConnell Auditorium for Jerilyn McIntyre's inauguration on Oct. 5.

"It was stellar. I thought it was absolutely great," Barbara Hodges, administrative assistant to the presi­dent, said.

Faculty and staff members were impressed with the number of emer­itus faculty that came to the inaugu­ration as well as the speeches that were given that day.

"The event was everything it should be," Central Washington University's Board of Trustees Chairperson Gwen Chaplin said.

Faculty Senate Chair Josh Nelson said he was amazed not only with the number of faculty members who came to the inauguration, but also the number of times the music, "Procession of the Nobles," had to be played before all the faculty mem­bers were in the auditorium.

"Wow, it all became real," Hodges said.

"It felt like the applause, when McIntyre was handed the mace, went on for a full 60 seconds," Nelson said.

The theme for this event was "A celebration of university and com­munity."

"I had a hand in picking the theme," McIntyre said. "I wanted [it] to be a general enough statement about the university as a family and community."

McIntyre's speech echoed the theme as he spoke about the ties between the university and the com­munity.

"The whole day had a good feel about it that was a memorable expe­rience," McIntyre said.

The event was everything it should be.
— Gwen Chaplin

NADER: Central's Green Party discusses Nader's views on the legalization of marijuana

Continued from Page 1

increasing voter turnout and educat­ing students about the message Nader portrays.

Leading the Central Washington University Green Party are student activists Richard Anderson, Troy Goracke and Brian Lumsden.

"Everyone thinks that a vote for Nader is a vote for Bush, but it is not," Lumsden said.

Todd Schaffer, assistant professor in political science, also said "Media in general is paid for by campaign leaders, and Nader has been on the receiving end of the media discrim­i­nation."

CNN news said that Nader is expected to receive the majority of his votes from Washington and Oregon, with a possibility of taking California.

Central's Green Party will have an informational booth from 10 a.m.-5 p.m. today in the SUB pit.

Other upcoming activities will include clothing and food drives.

For more information about the Green Party contact Troy Goracke at 963-8848.

Correction

The Magic Johnson story which ran in the Oct. 19 edition of the Observer stated Central professors donated money for the guest speaker when in fact administrators and students were the ones who donated. Johnson will not be visiting Central during Homecoming weekend.

Mandatory meeting for grant scheduled
Observer Staff

Students interested in the AmeriCorps grant are required to attend an informational meeting on Nov. 2. The location of the meeting is yet to be decided.

The AmeriCorps grant is a federal program which gives students money for a variety of work including volunteering and student teaching. The grant is available to all students.

For more information on the AmeriCorps grant contact Hilary Campbell by emailing her at hilary.cc@wwu.edu.

Ladies' Night at

Wednesday Nights

25¢ OTTER POPS
For all the Ladies in the House
Hip DJs for Your Dancing Pleasure

Wells Fargo

Here's a subject you can ace. Banking at Wells Fargo is a walk in the quid with the Student Combo Package. It combines a range of services into one smart plan. Sign up today at the Wells Fargo location nearest your school and you'll rock with a free Sony Music Gift Certificate.

The Student Combo Package

Student ATM Checking
Free Student MasterCard 
ATM & Check Card
Online Account Access and much more

Plus log onto wells Fargo.com/special/sweepstakes and enter the Wells Fargo Student Combo Sweepstakes for a chance to win a Palm m100 handheld computer.

No annual fee when linked as overdraft protection to your Wells Fargo checking account. Credit card issued by Wells Fargo Bank, N.A. and is subject to qualifications. ©2000 Wells Fargo Bank, N.A. Members FDIC. All rights reserved. Outside, it's a trademark of Palm, Inc. or its subsidiaries.
Center for Student Empowerment holds an open house

Games, prizes and free pizza will be available from The Center for Student Empowerment.

The resource center encourages students and staff to attend an annual Open House 10 a.m. to 5 p.m. today and Friday in SUB room 218.

Free pizza from Papa John’s Pizza will be available at 12:30 p.m. both days.

Non-Violence Action Committee meeting scheduled

The Non-Violence Action Committee meeting will be held from 2:30 p.m. to 4 p.m. today in the Mary Grape Center.

Office of Graduate Studies annual grant workshop approaches

The Office of Graduate Studies and Research will offer a workshop on how to write grants and address post-award budgets and compliance issues. The event will be held Nov. 15.

For more information contact Julie at 963-3101 or e-mail pguggino@cwu.edu.

ASCWU-BOD recognizes several new clubs

by Melanie Martinez

A Jail and Bail fundraiser, tutor programs and the recognition of several new clubs on campus were just a few things discussed at the Associated Students of Central Washington University Board of Directors meeting on Tuesday, Oct. 24.

Skyler Zappi, newly elected vice-president for Equity and Community Service, introduced a fundraising program to benefit March of Dimes.

The event is called a Jail and Bail fundraiser which will take place Nov. 1 and 2 in the Albertson’s parking lot from 9 a.m. to 4 p.m.

The event will benefit children with birth defects.

Jared Fielding introduced two programs called America Reads and America Counts.

Washington University Board of Directors meeting on Tuesday, Oct. 24.

Tutors will be paid $8 an hour and will be qualified for a grant up to $2,400.

Several new clubs were appointed by the ASCWU-BOD.

The Interior Design Club is one of the new clubs. The meeting times have not yet been set.

The Recreation and Leisure Club meets on Wednesdays at 5:30 p.m. in PE 184.

The Chemistry Club meets the third Wednesday of every month in the Science Building room 321.

The A Capella Club meetings are other Thursday in the Psychology Building, room 412.

The National Broadcasting Society meets every Tuesday in the Communications department.

The American Sign Language meets at noon on Tuesdays in the SUB.

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Students of any major are welcome at any of these clubs with the exception of the A Capella Club which is only open to music majors.

The mirror on the third floor of Kamola Hall reflects what some students believe about Lola the ghost. The message, “Leave this place,” was written with red lipstick.
McNair scholarship program receives new director
by Danielle Douglass
Staff reporter

Robert Sorrells started his new job as the McNair Scholars Program director this month.

Sorrells made his way to Central Washington University from Georgia where he was a psychology profes­ sor.

The McNair Scholars Program is dedicated to helping students attend graduate school. Through research and preparation, the program aids those who are interested in attending graduate school.

"We are trying to increase the recruitment so that more people on campus know [about McNair]," said Robert Sorrells, director of McNair.

Sorrells and also the number of students that we serve and also the number of students who are accepted into graduate schools," Sorrells said.

The McNair program serves about 30 students and tracks 139.

"We want to increase the number of students that we serve and also the number of students who are accepted into graduate schools," Sorrells said.

The McNair program serves about 30 students and tracks 139.

It is not only a scholarship program, but also a full-service program that services first generation and low-income students, Sorrells said.

"The program is really aimed at getting students from underrepresented backgrounds into a graduate program and out," Ferland said.

Requirements for acceptance into the program include a minority student status or a first generation college student, and all students must have 3.0 grade point average.

Students in the program do a research project, take a class to prepare for the Graduate Record Exam (GRE) as well as classes in research methods and portfolio development.

Those who receive the scholarship do a research internship with a faculty member.

They are given $2,800 to do the research, which is presented later at a conference.

The students do a lot of work but they also do other activities.

"We do cultural events a couple of times a year," Sorrells said.

The program takes the students on outings such as trips to the symphony, plays and the opera. Banquets, receptions and award ceremonies are also part of the curriculum.

The program takes students on trips in-state and to Idaho graduate schools so they can get a feel of the different programs offered.

"The short-term goal [of McNair] is that students successfully graduate from Central. The long-term goal is that they successfully go on and get their Ph.D.," said Ferland.

Students who are interested in the program can go to the McNair office and talk to a faculty member. They can also visit Central's web page for more information.

If students would like the program to contact them when applications become available, they can leave their names and numbers with the McNair office at 963-2793.
**Letters**

**Happiness shouldn't depend on vote**

Dear Observer and fellow students,

I'd like to respond to Lonnie Hyde's letter to the editor (10/9/00), in which he exercised his personal right to free speech.

In doing so, however, he made some erroneous claims. To begin with, as far as voting is concerned, there are other things that are more important (among them being life, liberty and the pursuit of happiness). Furthermore, his statement, "We are given the right to vote, not the choice to vote," is only half true. Voting is a right, and a wonderful one at that. But, no one is required to vote. That's what freedom is all about.

Individuals have the choice to or not to exercise their own personal rights.

Like Mr. Hyde, I, too, believe it is important to vote, and I encourage everyone to become as informed as possible about all the elections (national, state and local) and vote as you see fit. After all, it is somewhat disheartening that less than 27 percent of all eligible voters were able to re-elect the president in 1996. Nevertheless, those who choose not to vote, well -- that's your right!

In reference to the personal opinions Mr. Hyde expresses regarding Gore and Bush, I hope those individuals who do choose to be active participants in the coming elections will use his remarks as an example of what not to base your decision(s) on.

First of all, Mr. Hyde, I have been happy for the past eight years, but Clinton/Gore had nothing to do with it. I (and I was also quite the four years prior to Clinton/Gore, but again, not because of Bush/Quayle.)

Secondly, calling Bush names and using scare tactics is just plain pathetic. Or do you honestly believe Bush is "Satan" and his election would "lead to massive sickness?"

Perhaps so many of the non-voters you're so angry with don't vote precisely because they're tired of insulting personal attacks from candidates and supporters alike... comments like yours.

Thanks for your turn, stay informed, vote (if you like), and treat others the way you'd want to be treated!

Mark Raska, political science major

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**Consistency is key to physical training**

Dear Editor:

I recently placed second at the Ironman National Bodybuilding Championships on October 7, 2000. Many people believe that I spend countless hours in the gym, but I really do not. Although I have been training for several years, much of my physique can be attributed to my consistency of physical training and not so much emphasis on time.

To balance your time in the gym and school, you must first examine your schedule. There should be a focus to dedicate 30 minutes of training three times per week. There are a number of gyms in the area, as well as trails and the track at Central for running, jogging and walking. You can achieve that desired physique with a little time and effort and remember that consistency is very important also.

I am a senior studying Community Health Education. I also specialize in nutrition, weight control and personal training. If anyone needs to contact me, I can be reached at my email address, clarkk@cwu.edu.

Johnny Clark

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**OPINION**

**Observance**

Beanie Baby boneheads invest in false reality

Since I find myself thrust into this lovely position of influence, I feel obligated to comment on some of the life-altering, mind-bending social movements of our time, like, for instance the ever popular "Beanie Baby Movement."

You know the one. Middle-aged women spend all their hard-earned money, which probably should be going into retirement funds, on cute little beanbag toys. And the frightening thing: these fun toys won't ever be enjoyed by a child or grandchild who can appreciate them. Instead, they'll be enjoyed by a child or grandchild who can appreciate them. Instead, they'll be enjoyed by a child or grandchild who can appreciate them. Instead, they'll be enjoyed by a child or grandchild who can appreciate them. Instead, they'll be enjoyed by a child or grandchild who can appreciate them.

I myself was in the line for the Beanie snowman, reindeer, turkey, angel and every other fictional holiday character ever conceived. I was taken slightly back by the spectacle; I thought we had wiped up long ago.

To make sure I wasn't being fooled, I did a little investigating. When I approached the counter to purchase my cards, I was told to head straight to the counter and authoritatively asked to be put on the waiting list. That's when I saw it. My eyes stung, and I fumbled for my breath as every one of my suspicions became reality. There on the floor were numerous paper bags, each with a note listing its contents: reindeer, snowman, Christmas tree, pumpkin...

I am certainly not the only person who can see the absolute ridiculousness of this obsession, am I? At anytime from $5.50 to hundreds of dollars, aren't there other places this money could and should be going?

For example, according to the United Nations Children's Fund, more than 100 million children under the age of 12, have a difficult time getting all the food they need. The U.S. Census Bureau reports the total number and percent of persons living in poverty, by definition of income, in 1999 was $273,490,000.00

While I think Beanies are cute, they don't do a whole lot for society. Instead, the people who do choose to be active participants in the coming elections will use his remarks as an example of what not to base your decision(s) on.

First of all, Mr. Hyde, I have been happy for the past eight years, but Clinton/Gore had nothing to do with it. (I was also quite the four years prior to Clinton/Gore, but again, not because of Bush/Quayle.)

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To balance your time in the gym and school, you must first examine your schedule. There should be a focus to dedicate 30 minutes of training three times per week. There are a number of gyms in the area, as well as trails and the track at Central for running, jogging and walking. You can achieve that desired physique with a little time and effort and remember that consistency is very important also.

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Johnny Clark
Guest Column:  
Hooker hopefuls haunt Halloween

Sometimes there's just nothing like getting all dolled up to go out. It's the feeling of clean hair that stays just where it was meant to be: It's the look of those clothes that are sleek and a little bit chic: the ones that make any human figure look great on special occasions.

Most of all, it's that empowered feeling, knowing it's going to be a good night because at that moment you represent the epitome of the full, sexy, voluptuous woman—beautiful and strong.

The world would be wonderful if every night fit this description. However, with busy days at work, getting the homework done, or even taking care of the kids, these nights are not usually part of the routine. So, some women begin to look for excuses to fulfill their need for such evenings: Halloween has become one of those excuses.

A night for goblins and ghouls, pumpkins and parties, monsters and mayhem, this night represents a great reason to get all dolled up. Yet, somewhere along the way the "sex" in sexy has been capitalized, italicized, bolded and underlined. Sleek and chic have been traded for mesh and flesh.

It's the same costumes year after year. The only difference is the designs are more traded for mesh and flesh. With scantily clad bodies and a sure grasp on how to please men, minds and underlined. Sleek and chic have been traded for mesh and flesh.

It's the feeling of clean hair that stays just where it was meant to be: It's the look of those clothes that make any human figure look great on special occasions.

Yet, somewhere along the way the "sex" in sexy has been capitalized, italicized, bolded and underlined. Sleek and chic have been traded for mesh and flesh. With scantily clad bodies and a sure grasp on how to please men, minds and underlined. Sleek and chic have been traded for mesh and flesh.

It's the feeling of clean hair that stays just where it was meant to be: It's the look of those clothes that make any human figure look great on special occasions.

As for their minds, does it really matter what they think? With scantily clad bodies and a sure grasp on how to please men, minds and underlined. Sleek and chic have been traded for mesh and flesh. With scantily clad bodies and a sure grasp on how to please men, minds and underlined. Sleek and chic have been traded for mesh and flesh.

So, as Halloween approaches, consider your costume options with more thoughtful-ness than a banana slug.

And for those of you who decide on something decadently perverse, here's a word to the wise: bundle up, ladies. It's cold out there and it'd be too bad to have any precious parts frostbitten.

To be listed, email biggsr@cwu.edu
by Melissa Mitchell
Staff reporter

The college community is often known for its diversity and openness to new and interesting ways of life.

Laurie Birdsong, a first-year student at Central Washington University and a legally ordained minister of the Wiccan religion, adds a new element of diversity to the Central community as well as the surrounding community. She practices a religion known as Wicca, part of the pagan group of religions.

"I consider myself a witch in that I have herbal knowledge," Birdsong said. "I teach myself about how to use herbs medicinally, prophesies of certain things. I have studied midwifery—basically just wise woman type things."

Birdsong's mother practiced alternative religions while her children were growing up, using tarot cards and celebrating the change of seasons. She encouraged her children to explore other ways of living and believing so they could choose the one that was right for themselves.

"Wicca is a religion that pays respect to Nature. It is polytheistic with many gods and goddesses. Those who practice this religion try to live in harmony with the ecosystem. They celebrate the cycles of Nature such as the moon cycle and the seasons. While there is no specific book or dominant set of doctrines (such as the Bible or the Koran) that dictate how to practice Wicca, there is one guiding principle called a rede. This rede states, 'And it harm none, do what ye will.' This means that a person practicing Wicca may not do anything to harm themselves or another person. This includes casting spells on other people. It is true that people who practice Wicca can 'cast spells' or do magic, but it is not magic the way most people think of it. It is a way of focusing and raising energy for dealing with problems within a person's life."

"Each person comes to their path on their own, and each person's path is to be respected. I would never want to persuade a Buddhist or Christian that 'my way' is better, because they are really the same, and because that kind of coercion would be against our commitment to 'harm none,'" Robin Hall, another follower of the pagan religion, said.

There are many misconceptions people make about witches. One is that they are Satan worshippers. Birdsong points out that Satan is a Christian concept.

"That's theirs, they can keep it. We don't want it," said Birdsong, while pointing out that the homed God (Pan), is not evil. He is associated with nature and fun.

"This is also not true; male witches are called warlocks. This is to be respected. I would never call male witches warlocks. It also is not true; male witches are just witches. A warlock was a person sent to infiltrate covens and expose them, so to call male witches warlocks is to effectively call them a traitor and someone not to be trusted."

Another aspect of the religion many people are not familiar with are its holidays. There are eight of these holidays or Sabbats including Yule which celebrates the winter solstice. It takes place around Dec. 21 or 22 and marks the birth of the sun god.

Imbolc, also called Candlemas, takes place around Feb. 1 and marks the end of winter and the beginning of spring, along with the return of the Goddess.

Ostara celebrates the spring equinox and is typically celebrated around March 21 or 22, welcoming the Goddess back from her rest.

Belatine is the Satan that celebrates fertility and welcomes the return of the Goddess on Aug. 30 or May 1 and is considered to be one of the most powerful and important Sabbats of the religion.

Litha celebrates the summer solstice around June 21 or 22, the longest day of the year and the shortest night. Lammas is the celebration of a three-day binge.

See WITCH, Page 11
New Millennium Homecoming filled with events for everyone

by Annie Rossman
Staff reporter

Friday Oct. 27 will mark “The Beginning of the New Millennium.” That is the theme set to kick off Central’s annual Homecoming and Parents Weekend.

The weekend’s packed itinerary offers something for students, parents, faculty, friends and alumni. “And it gives a sense of school pride,” said Liza Meek, new millennium special events programmer. “And it’s a chance for parents to see life is like here,” said Liza Meek, special events programmer. “And it gives a sense of school pride.”

In order to cover all of the events, find a pair of dancing shoes for the Big Band Dance starring the Central Jazz band, Friday evening in the Sue Lombard Dining Hall. Running shoes will be essential for the 5k Fun Run/Walk at 9 a.m. Saturday at the Nicholson Pavilion. The pre-game tailgate barbecue is scheduled to start at 11:30 a.m. and will be followed by a Wildcat victory at Tomlinson Stadium.

Expect to be entertained at “Kevin Wolfe’s Amazing Hypnosis Show,” located in the SUB Chavez Theater. Then rush home to get ready for the traditional Homecoming Dance appropriately named “Evening in Wonderland.”

For more information about ticket prices and other events, call 963-1691.

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Empowerment Center raises Breast Cancer Awareness

by Annie Rossman
Staff reporter

In the United States, a woman has a one in eight chance of developing breast cancer. While it is rare to find breast cancer in a 20-year-old woman, that risk increases 10 times in as many years.

October is National Breast Cancer Awareness Month, and Central is again taking an active part in distributing information about prevention measures.

"Unfortunately, many students have been impacted by this disease, by a mother, sister or a friend," Katrina Whitney, interim director of the Empowerment Center, said. "This gives us an opportunity to educate the campus community on awareness and prevention of breast cancer."

Central and the United Way hosted a 10K run/walk last Saturday. About 75 people turned out for the event.

From October 23-27, the Empowerment Center in SUB 218, will have information available at booths located around campus. The week will conclude on Friday at the Empowerment Center with an open house.

For more information call 963-3127.
Ryan Buske’s top 10 movies for Halloween

For me, watching a movie on Halloween is a must. Sure I still go trick-or-treating with little kids, but it’s the horror film that gets me in the right mood for a scary evening. My rules for what makes a killer movie are easy:

Number one: It must be spooky. Number two: It’s something you can watch over and over again. Number three: It needs to be violent, but still leaves room for imagination. Number four: Makes my mom cry.

I’ve made a top ten list of easy to find movies that won’t disappoint.

10. Ernest Scared Stupid (1991, John R. Cherry): I only put this on my list because it makes my mom cry.

9. Halloween (1978, John Carpenter): You would think it would be at the top of my list, and although it is a great film, it leaves me thirsty.

8. Child’s Play (1988, Tom Holland): A killer doll who swears - how rad is that!


6. Dead Alive (1992, Peter Jackson): The funniest, sickest, crudest, most vile movie ever made. Guaranteed to make my mom cry, see it!

5. Evil Dead 2 (1987, Sam Raimi): The greatest slapstick horror movie of all-time. Should be on the top of everybody’s list as the raddest film ever.

4. The Thing (1982, John Carpenter): Dudes alone in the Arctic and there is an alien among them, cool!

3. Candyman (1992, Bernard Rose): First time I watched this, it scared the hell out of me. Bloody, scary and very, very dark. The ultimate horror film.

2. Dead Alive (1992, Peter Jackson): The funniest, sickest, crudest, most vile movie ever made. Guaranteed to make my mom cry, see it!


Wiccan religion prepares for Samhain, end of year festival

WITCH: from Page 8 of the first harvest which takes place in August in conjunction with the first harvest of the summer crops. Malon celebrates the autumn equinox, the last harvest and preparations for the coming winter. The holiday Wicca followers are currently preparing for is known as Samhain. It celebrates the old year’s end and the new year’s beginning. It is observed in late October or early November. In Gaelic, Samhain means “summer’s end.” This was the Celtic new year as well as a time celebrating and remembering those who passed away over the last year.

This time of year is thought to be the time when those who have passed on. Some of the typical traditions for this time of year originated with this holiday, such as jack o’ lanterns. The candle inside a pumpkin was used to guide ancestors spirits to the home, while the scary face was meant to scare away evil spirits.

It is difficult to know how many people in the United States practice Wicca or variations of it. According to an article published by Ontario Consultants on religious tolerance, it is one of the fastest-growing religions in the United States. With an estimate of 200,000 to a million people in the United States alone. They also estimate three million worldwide.

“A reason for this could be that this religion (Wicca) is more tolerant religion,” Birdsong said. “It allows people a lot more creative expression about their spirituality. It is not so dogmatic, you have freedom to think.”

Rap-Off gives students voice

by Kelly Allen

Staff reporter

“Divinity” was the key word last Thursday when the Diversity Center host­ed its first Poetry Rap-Off. Students of varying ages, males and females, different races, and even some non-Central students turned out to read aloud selections from their favorite poems as well as original works.

“It was really positive,” said Mike Kriz, student coordinator for the Diversity Education Center. “I didn’t expect it to be this popular.”

At least thirty-five people were in attendance to listen to and support the poetry readers. One speaker even stayed from the poetry format and took advantage of the open mic to speak out about the upcoming presidential election.

Carolyn Malone, program director for the Diversity Education Center, was very pleased with the turnout.

It was fantastic. We’ve got to do more,” Malone said. “It’s great because it gives the students a chance to speak beyond a classroom or social setting.”

Anyone interested in future poetry readings should contact the Diversity Education Center located in the SUB.
Wildcats blow down Humboldt Lumberjacks

by Ericka Wood
Staff reporter

It was a defensive showdown Saturday as the Central Washington University Wildcats held the Humboldt State University Lumberjacks scoreless with a 13-0 win at Tomlinson Stadium. Junior defensive back Jason Patterson scored the only touchdown of the game on a Columbia Football Association record breaking 99-yard interception return in the fourth quarter. The return put the game just out of reach for the Lumberjacks.

The win brought the Wildcats to 1-1 in the conference play and 3-4 overall.

The first three quarters saw only two field goals scored, both by Central sophomore kicker Steve Hickey.

Central had no trouble getting the ball down the field, penetrating Humboldt’s red zone four times in the first half. However, Humboldt defense held strong and permitted only one field goal in the first half.

“This sometimes when you come off of a bye week, it’s harder on your offense than it is on your defense,” Central head football coach John Zamberlin said. “We had opportunities to [score] and we didn’t. That could have really hurt us.”

Hickey scored his second field goal of the day from 22 yards to bring the score to 6-0 with nine and a half minutes to go in the third quarter.

The fourth quarter seemed to start off well for the Lumberjacks. A short pass from Humboldt quarterback, junior Jacob Kadle found senior tight-end J.B. Mathers in the end zone. Flags were quickly thrown, however, and a penalty on Humboldt State nullified the play. A Wildcat penalty on the same play kept the ball in Lumberjack territory.

Central came on strong after halftime and quickly got the ball back to Humboldt’s five-yard line.

The Wildcat teams will now take their aspirations for Nationals berth to Chino, California for the Regional Meet one week from Saturday.

Cross-country women win PacWest championship

By Ahmed Namatalla
Staff reporter

Central Washington University’s cross country teams are looking forward to the NCAA Regionals after enjoying a successful weekend at the Conference Championships. The Central women’s cross country team took home first place honors Saturday. Alicen Maier finished second with a time of 22:33 to lead the 13th-ranked Wildcats.

“We wanted to win the conference really bad because we haven’t done it in a few years,” Maier said. “We wanted to prove to everyone that we could not only win, but win by a lot, and that’s what we did.”

Maier also contributed the win to “good team running,” which was evident in the 12 seconds separating the five Wildcats who finished in the top ten.

“They had a super strong team effort,” Coach Kevin Adkisson said, “Our top four ran together for pretty much of the race, then kind of broke up a little bit at the end.”

By staying together, Central had five runners in the top 10 at Saturday’s race in Seattle, including #138 Abby Bielenberg and #140 Amy Forrey.

Although the men’s team could not duplicate the results obtained by their women counterparts, they had a relatively successful meet, achieving a fourth place finish.

Curt Stephan led the Central pack with an 11th place finish in 25:52. Stephan is the first Wildcat to break the 26 minute mark this season in the 8K race.

The squad also benefited from the performance of freshman Jeremy Rice who was the next Wildcat to cross the finish line at 26:23, good for 18th place.

“Our guys ran very well. Just about everybody had personal bests for 8K, but Western ran pretty strong, and they got third,” Adkisson said of the team’s loss of the third spot by just six points.

The Wildcat teams will now take their aspirations for Nationals berth to Chino, California for the Regional Meet one week from Saturday.
By Thabiso M. Leshoa
Staff reporter

After being swept in Hawaii, Central Washington University's women's volleyball team came home with a mission.

On Friday night, the Wildcats won their match against the Northwest Nazarene Crusaders in four sets, 15-2, 5-15, 15-13, 15-12. Central trailed in the third and fourth sets. Head coach Mario Andaya called time outs in both sets when the team seemed out of sync. After the time outs, the team came back with renewed intensity and won.

"We had big holes on the floor, and so I basically told them that we have to win the game on defense; to stay disciplined on our defense," Andaya said.

St. Martin said that they came out too relaxed and cocky in the first set because they knew they were the better team that night. The second and third sets were totally dominated by Central, despite having a couple of errors.

This weekend, the Wildcats go on the road to play Western Oregon University and Humboldt State.

"Western Oregon is always tough at home," Andaya said. "They are one of the top blocking teams in the conference."

However, the team seems to have a renewed sense of confidence going into the next few games.

"We're playing really well right now," St. Martin said.

The Wildcats' record currently is 9-13 overall, 7-5 PacWest.

Kari St. Martin had a game high 51 assists.

The Wildcats are on the road again this weekend, battling Western Oregon and Humboldt State.

Carolyn Mires had 12 kills and 13 digs in the win against the Redhawks Saturday night.
Climbing expedition halted by early season snowfall

"Yeah it's too bad we don't have our gear," I said. "I'd stay right now." After a quick discussion of the fated dog sled race, Mt. McKinley and the Alaska highway, Beto and I decided to leave Tony and Kady to scope out the lake and the peak. Ingalls Lake is one of those large ponds that many wouldn't consider a lake at all. It is big enough for a tent, and the area is rumored to be extremely crowded in the summertime. During the fall, the exposed lakeshore is hit by a lot of heavy weather. At 6453 feet elevation, it's also subject to fairly cold temperatures. Ingalls Peak has three summits composed of solid peridotite. The north peak is the highest at 7662 feet elevation.

The summit of this peak can be reached from the southwest by making a difficult scramble through boulders and talus. Rock climbers can make it to the north peak by following a classic route up the South Ridge. This climb is class five, which means that rope and protection will be needed to make it safely. It should not be attempted by inexperienced or unprepared climbers.

Directions

The Ingalls Lake area is a part of Wenatchee National Forest and is less than 45 minutes from downtown Ellensburg. The simplest way to reach it is to drive west on I-90 and take the first Cle Elum exit. Turn right after crossing the freeway, and follow the highway toward Wenatchee. Take a left on the North Fork Teanaway Road and follow it to its end. After the pavement ends several dirt roads begin. Take road #9737 to reach the trailhead. Follow the road to its end, which will be a large dirt parking lot. In addition to the parking lot, there are many suitable places to camp along the road.

"Bivouac is a fancy French term for 'roughing-it'..."
Soccer splits two games over weekend

by Phil Prothero
Staff reporter

The fifth-ranked Seattle
University Redhawks swooped
down and pounced Central
Washington University 2-1 in
a grueling double overtime match
Saturday afternoon at

Championship Field.

"We played probably the best
game we’ve played all year," said
sophomore forward Amy
Auckland. "We played really
well, we shouldn’t have lost."

The Redhawks scored the
opening goal in the 41 minute
when Dee Dao-Martinsen
chipped a shot over Wildcat
sophomore goalkeeper.
Elizabeth Medford. Medford
finished the double overtime
contest with five saves for the

Wildcats.

On the next possession, Central
senior forward Jyndel
King headed in a free kick from
senior teammate midfielder
Dana Hansen. King’s fifth goal
of the season tied the match.

On the opening possession of
the second extra period
Redhawk sophomore Nicole
Sauvagau scored her eighth
goal of the season to down the
Wildcats 2-1.

"We just had a sequence of
down and pounced Central
University Redhawks swooped
at Evergreen's goalkeeper, but
could not pad their lead before
the 59 minute when junior
Geoduck, Janica Blasko, took a
free kick from 40 yards out and
drilled the ball through Wildcat
goalkeeper Medford to make it
2-1. One minute later, junior
Dana Hansen headed in a free
kick over Medford's head.

Central’s Merkel, junior
defender Kari Thompson and
King each scored in the final
period to seal the non-confer-
ence contest for the Wildcats.

"Our passing game went real
well," said Auckland. "We did a
good job connecting our pass-
es."

Central returns to league play on Wednesday when
they travel to Bellingham to take on
Auckland. "We can beat them."

"Last spring, Maier
went to nationals and
with the best colle-
giate athletes in the
country. She placed
fifth in the 1500, her

That said, she's not

Soccer coach Michael Farrant questions the
Wildcats’ performance during a recent practice.

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