Winter spirit illuminates town

(top left to bottom right) Hundreds of people braved the cold to watch downtown shine last Friday evening. Little Zachary Andress thinks hard about what to ask Santa for this Christmas. Even the Bull got into the spirit of the celebration. Volunteers Stephanie Hubbard and Roger Hiles discuss the best way to hang a lighted swag at the main stage of Rotary Pavilion.

Jessica Sutton resigns as VP

Jessica Sutton, recently appointed vice president of academic affairs for the Associated Students of Central Washington University Board of Directors, submitted her resignation Nov. 21. Sutton’s announcement followed allegations made that day by an underground newspaper, “The Undercurrent,” that she did not meet minimum credit requirements for board members.

by Roslyn Biggs
Editor in chief

"They’re [“Undercurrent”] pointing out a problem that needs to be fixed and I’m almost thankful because I wouldn’t want to have this position unjustly or unfairly," Sutton said, "and so that’s... why I think it’s appropriate for me to resign."

As stated in the ASCWU Constitution and By-Laws, to be seated as an officer, one must “have completed 45 credit hours, of which 30 credit hours shall be conferred at Central Washington University; these credits must be conferred by the beginning of summer quarter following elections.” After investigation of the allegations, it was discovered Sutton had only completed 43 credits at the time of her appointment in early October.

Maren Oates, ASCWU-BOD president, said none of the board members, including Sutton, had known Sutton was ineligible to See BOD, Page 3

Fall Finals Schedule

Monday, Dec. 4
Normal Class
Tuesday, Dec. 5
Normal Class
Wednesday, Dec. 6
Dead Day, No Class
Thursday, Dec. 7
Finals Begin
Friday, Dec. 8
Finals
Monday, Dec. 11
Finals
Tuesday, Dec. 12
Finals
Wednesday, Dec. 13
Finals Conclude

See TREE, Page 16
CENTRAL WASHINGTON UNIVERSITY

Cash for Books

BOOK BUYBACK:

Thursday, Dec. 7th - Wednesday, Dec. 13th
AND OPEN ALL WEEKEND
Saturday, Dec. 9th AND Sunday, Dec. 10th
In the SUB

CAMPUS STORE:

<table>
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<th>Day</th>
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<td>Thursday, Dec. 7th</td>
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<td>Sunday, Dec. 10th</td>
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<td>Tuesday, Dec. 12th</td>
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ONLINE ORDERS FOR TEXTBOOKS:

Ellensburg campus,
Winter Quarter 2001:
Friday, Dec. 15th
Friday, Dec. 29th

On the web at:
WWW.CWU.EDU/~STORE

Central Washington University is an AA/EEO/Title IX Institution • TDD (509) 963-3323
New bakery treats Ellensburg’s sweet tooth

Mary Manley, co-owner of the Vinman’s Bakery, serves a customer one of the bakery’s specialty pastries. Vinman’s Bakery is located on Walnut Street, in the building formerly occupied by Smo‘kin Joe’s Barbeque.

BOD: Oversight leads to resignation

Continued from page 1

serve until the allegations were investigated. She said she suspected the problem arose because Sutton was appointed to her position rather than elected, and the appointment process is considerably less involving than an actual election. Sutton said she focused primarily on her GPA during the application process and likely overlooked the credit claims in “The Undercurrent” that investigated. She said she suspected the beginning of fall quarter. Oates vacated by Nicole Holt. Holt to her position. She was one of three than elected, and the appointment was appointed to her position rather than being selected because Sutton was selected because she seemed to have a very positive spirit. Her past work showed she would give 110 percent... that she was very dedicated and very passionate about the work she does,” Oates said. “We chose the candidate we thought would do the best job for the students, you know, so it’s totally unintentional on our part. We never meant to drop the ball or cause any one any harm or create a cover-up or anything like that. This is just an unfortunate circumstance.”

Similarly, John Drinkwater, director of campus life and ASCWU-BOD adviser, said the situation occurred due to an oversight of process, but not ill intent was present. “This process was done in good faith,” he said, “and the selection of Jessica Sutton was a competent one.”

Following Sutton’s resignation at the ASCWU-BOD meeting on Nov. 21, Oates issued a formal apology to the students of Central, in which she explained it was never the board’s intent to deprive students of an eligible officer.

Oates said the board will likely appoint someone to the vacated spot at the beginning of winter quarter.

Sutton will become eligible after fall quarter credits are applied and could even be re-appointed to the position at that time.

While Sutton officially resigned her position, she said she plans to ensure programs she feels passionate about receive the attention she thinks they deserve.

“I think it’s really important that you have it in your heart to serve the students, and I seriously have it in my heart to serve the students,” she said, “If I can’t do that with a title, I’ll still do it.”

Reporters for the “Undercurrent” were unavailable for comment.

Nov. 15, 3:12 p.m.
A woman lost her cell phone in Hertz Hall. Police officers suggested she cancel her phone service.

Nov. 15, 5:15 p.m.
A 1987 gray Toyota truck was reported stolen from the N-19 parking lot.

Nov. 16, 1:39 p.m.
A man bench pressing in Nicholson Pavilion felt pressure in his head. He was transported to Kittitas Valley Community Hospital.

Nov. 18, 8:30 a.m.
A theft in the third degree was reported after a bicycle seat was stolen between Anderson and Moore Hall.

Nov. 18, 2:45 p.m.
A noise complaint of loud children’s voices and a stereo was reported from Brooklane Village. Officers contacted the residents, and the residents agreed to quiet down.

Nov. 19, 11:55 a.m.
A woman on a SafeRide van received a small cut on her left hand when she fell against a window and broke it near the 100 block of west Fourth Street.

Officers said alcohol was involved.

Nov. 20, 3:09 a.m.
A vehicle prowl was reported in the V-22 parking lot after the passenger window of a 1989 Honda Accord was broken and a radio was stolen.

Nov. 21, 1 a.m.
A 18-year-old man walking through the N-19 parking lot was cited for minor in possession of alcohol.

Nov. 22, 12:45 a.m.
A 19-year-old man was cited for minor in possession in Alfred-Montgomery Hall.

Nov. 26, 12:08 p.m.
A vehicle prowl and theft in the third degree was reported in the V-22 parking lot. A backpack which contained clothes, a toothbrush and a box ticket was stolen from an unlocked car. The estimated loss is $80.

Nov. 26, 2:02 p.m.
Officers contacted a 49-year-old woman in Bouillon Hall who was sitting on a bench with a backpack and a pillow. Officers escorted her to the library for temporary shelter and gave her the phone number of a crisis line.

…”
The McNair program honors six scholars by Andrew Fickes Staff reporter

On Tuesday, Nov. 14, the McNair Scholars program honored six of the twelve 1999 scholars and their mentors. The six scholars are Will Clark, Brian Dean, Tami Deford, Ginger Emel, Dianah Ngo, and Josh Lumsden.

“The McNair program provides a double majoring in biology and primate behavior and ecology. Fuentes and Emel spoke of their experiences at the Balinese Macaque Project in Bali, Indonesia. This project was started by Fuentes, along with other universities, in 1998. Emel entered the field school in Bali as a student in the summer of 1999. In the summer of 2000, the McNair program gave her a research stipend and she returned as Fuentes’ teaching assistant (TA). She stayed for five weeks and did her research project on the visual monitoring of long-tailed macaques as it relates to their social structure. “The McNair Scholars program gives students a stronger sense of responsibility than course work alone, and a sense of accomplishment to work hard on something, not because they had to, but because they truly wanted to learn,” Emel said.

Another student honored Tuesday night was Dianah Ngo. Ngo is a senior anthropology major. She did this research with other universities, in 1998. Emel entered the field school in Bali as a student in the summer of 1999. In the summer of 2000, the McNair program gave her a research stipend and she returned as Fuentes’ teaching assistant (TA). She stayed for five weeks and did her research project on the visual monitoring of long-tailed macaques as it relates to their social structure. “The McNair Scholars program gives students a stronger sense of responsibility than course work alone, and a sense of accomplishment to work hard on something, not because they had to, but because they truly wanted to learn,” Emel said.

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False fire alarm sounds off due to dust in SUB

by Amber Edgar
Staff reporter

Tent-n- Tube staff member Eric Malmassari was waiting for customers on Tuesday, Nov. 21 when he heard a loud noise. A fire alarm in the Samuelsen Union Building had been tripped.

Malmassari closed the shop and joined about 12 people gathered outside at the west side of the SUB. The alarm that was tripped is located near the Campus Life office.

This Observer is the last issue for fall quarter. The staff wishes everyone a fun and safe break.

Campus modems double to meet student demands

by Dana McDonnell
Staff reporter

On Nov. 9, the Student Technology Fee Committee unanimously approved a plan to expand the modems available to off-campus students from 24 to 48.

"We have the full support of CTS (Computer and Telecommunications Services) in this endeavor," Mark Kendrick, president of the Student Tech Fee Committee, wrote in an e-mail about the meeting. The only challenge is Ellensburg Telephone. They are responsible for installing the T1 line needed for the expansion.

A "T1" line is the connection purchased through the telephone company allowing modems to connect and send computer data through the phone line. Normally, Ellensburg Telephone requires at least 45 days to install a T1 line; however, there is a possibility it could take longer than expected.

"It is important to realize that if we encounter delays, the bottleneck most likely is with El-Tel, not CTS or the Tech Fee," Kendrick wrote. The estimated installation cost of the T1 is $800 initially and then $600 per month thereafter. The total expense per year is expected to be $8,000.

Since the beginning of the 1999-2000 school year, the Student Tech Fee Committee has provided Central students with free modem access. Currently, students living off campus are able to connect to one of 24 modems. The new modems will be added because students were having trouble accessing current ones.

The Student Tech Fee Committee controls the money accrued by the Student Technology Fee. They also regulate policies regarding the time limit on the dial-up modems, which CTS enforces.

The time limit was put in place so students would have equal access to the Internet. In the past, a time limit did not exist, and some students remained online for most of the day, making it difficult for other students to connect.

"We found students that would access the Internet, and have it (the Internet) running all day long, so that when a student got back from class, the Internet would still be running," Norman Imansimah, director of CTS, said. The additional modems could possibly allow students to use the Internet without a time limit.

Students who live off campus who would like to receive a free Internet connection from Central Washington University can use their computer's modem to call 963-8000. Students will need their student registered name and password.

For any questions, call the help desk 963-2001.

Gain Leadership and Cross-Cultural Experience
The Asia University America Program
is Now Hiring International Peer Advisors
(March-July)

Position Requirements:
- Full-time CWU student.
- Cumulative GPA of 2.6 or higher.
- Live in a CWU Residence Hall.
- Commitment from March through July with possibility to continue in the fall.

Come to the Information Night - TONIGHT!
Nov. 30th @7:30pm in the Barto lounge

APPLY at the International Center, room 136
Contact Nicki Kukar 963-1958
Application Deadline: December 13th

TIAA-CREF provides financial solutions to last a lifetime.

Building your assets is one thing. Figuring out how those assets can provide you with a comfortable retirement is quite another.

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- Cash withdrawals
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- A combination of these

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For more information on our securities products, please call 1.800.842.2776, ext. 5509, to request prospectuses. Read them carefully before you invest. *Due to current market volatility, our securities products' performance today may be less than shown above. The investment results shown for CREF Growth variable annuity reflects past performance and are not indicative of future rates of return. These returns and the value of the principal you have invested will fluctuate, so the shares you own may be more or less than their original price upon redemption. **TIAA-CREF Individual and Institutional Services, Inc. distributes the CREF and TIAA Real Estate variable annuities. + Teachers Personal Investment Series, Inc. distributes the Personal Annuities variable annuity component, mutual funds and tuition savings agreements. + TIAA and TIAA-CREF Life Insurance Co., New York, NY., issue insurance and annuities. + TIAA-CREF Trust Company, FSB provides trust services. + Investment products are not FDIC insured, may lose value and are not bank guaranteed. © 2000 TIAA-CREF 09/03
By God, I think the Grinch has got it expensive, the children get more and more demanding, and we forget a Tinker Toys. Instead, each year, the gifts get bigger, better and more first to flock to the theater when I heard "The Grinch" had hit the big could ever hope for, yet never really get to know or little more about the "true meaning of Christmas." The movie industry offered a peek at enlightenment. You see, while the enough to feel the real magic of the season. I pondered these ideas as I sat in the theater, feeling four again, and for some reason, Cindy-Lou Who and The Grinch really struck a chord with me. I began to wonder what would happen if we were to redirect all our selfishness and material yearnings into something more powerful. What if each of us were to sacrifice just one day of holiday shop­ ping time to help out in a homeless shelter? What difference would it make if every person donated just one special gift to a person in need? What might happen if the next time a child talked to us, we really listen­ ed or maybe even heard? What, if God forbid, we remembered, if only for a moment, some of the important things in life? So, as Christmas nears and the shopping malls stretch to their gills, I challenge you to warm The Grinch's freezing heart. Set down the...
Guest Column: Supporter urges students to Go Green

Are any of you going to be applying to Graduate school or applying for jobs after your academic endeavors at CWU? Are you aware that for any major, getting involved in community service and extracurricular activities is a good way to get ahead in the world that lies beyond college?

Ever think that political parties are just groups of people sitting around talking about what they might do someday to change this country? Well the Greens have a better idea...

The Green party (you recognize the name, Ralph Nader) is a grassroots political party aimed at giving the American people what they want out of their country (this means you). The Greens on campus are organizing activities on campus and in the community and the state to better educate people about our country and its political system, and to improve its current conditions. What is America's current condition?

High rates of illiteracy within the adult populations, people without sufficient food, clothing and healthcare, a country whose general attitude about the importance of the environment seems to be ignoring.

What, you may ask, does this have to do with my life after college? This is your life after college! Aside from needing your help and support in upcoming food and clothing drives, and working with existing services in the community in order to improve your country's condition, these opportunities will build your resume! The Green party is an active organization that gets its strength from the students involved, and we want you!

Starting this Thursday night, and continuing into next quarter, the CWU Greens are sponsoring a film series featuring controversial and political issues that affect American citizens. Every Friday at 6 p.m. (in the Quality of Life Project) there will be a screening of films on a variety of issues. The screenings will be coordinated with local groups working on these issues.

This is your school, and your college; you get to vote, and you get to determine your college's values. It is up to you to determine what is important to you!
Central student overcomes Anorexia, now educates others about eating disorders

by Melissa Mitchell
Staff reporter

Remember junior high, when the last thing anyone wanted to was stick out in the crowd? Try blending in at 5-foot-10-inches and 185 pounds in the seventh grade leaving you with Central Washington University, remembers the completing his four laps and joining his class in informing the class Schmoker had just run the day in the seventh grade when everyone had to run the mile for the physical fitness test. After completing his four laps and joining his class in the gym, his teacher at the time proceeded to make fun of, he was told by his parents to ignore it, to make jokes, to send it back.

Inc. Ten percent of all of the people groups who don’t follow certain content guide­ling in Political Science and Communication at stopped in Political Science and Communication at the school simply because there were more people, more room to blend in, and with all those people he could not be the one with his problems. “God, I was wrong,” Schmoker said. His car was vandalized, he was beaten, his clothes were torn, but his life began to turn around the summer before his junior year. By this time he had a girlfriend, who was extremely popular and well-known. She saw beyond his 250 pound and 6-foot-3-inch frame. “I was on a high,” Schmoker said.

He began coaching little league and his grades rose from mediocre to straight A’s. This high was short lived and ended the day his father told him the family was moving from Federal Way to the Tri-Cities. Schmoker was angry for a while, but it occurred to him that this might be the perfect time to become a new person. This fresh start was not to be. As soon as he started at Hanford High School so did the teasing. Then right around Thanksgiving, four years ago, Schmoker’s father announced the family was going to take a family vacation to Orlando that summer. It was then Schmoker decided he was going on a diet so that he could wear a swimsuit and go swimming on vacation. He had never gone swimming, not even in front of his family, but it was this simple goal that started it all.

Schmoker did not jump straight to the habits of anorexia. He started out as most people of fat” leading to extreme weight loss. The weight loss had become noticeable and everyone began to comment on how good he looked.

Schmoker attributes his eating disorder to the years of teasing and harassment. According to the American Anorexia Bulimia Association, Inc. (AABA) Ten percent of all of the people with eating disorders are male.

“Over time you (begin to believe the things you say about yourself,” Schmoker said. “You begin to believe that you are a loser, that you aren’t going to amount to anything, that you are not worth anything.”

Schmoker became extremely depressed and went so far as to get the family gun and load it, so he could end it through suicide. Schmoker pointed out that even with all the teasing he was class president three years in a row, he played baseball until he was a junior in high school, and he had a lot of friends. However, this support base was not enough to buffer him from those people who did not know him.

Even after the suicide attempt, Schmoker hoped the teasing would become less of a problem as he entered his sophomore year of high school simply because there were more people, more room to blend in, and with all those people he could not be the only one with his problems.

The show is well worth attending, providing the audience with much more interesting and adult content than one would expect. Students looking for something unusual yet thoroughly entertaining this weekend should check it out.

Remaining performances will be tonight at 7 p.m. and Dec. 1 and 2 at 8 p.m. Tickets are $10 general admission and $5 for students and seniors.

Both shows deal with mature subject matter and no one under 17 will be admitted without an adult.

For a lot of people who have what I have or still have, what they do has nothing to do with food,” Schmoker said. “It has everything to with control, because the only thing you can control is what you put in and out of your body. You can’t control what people do or say to you.”

In January of 1996, Schmoker began cutting breakfast out of his daily routine, choosing to go to school hungry. He also added a couple more hours of exercise. By this time, his weight loss had become noticeable and every­one began to comment on how good he looked.

“Be the change you want to see in the world.”
—Mahatma Gandhi

Mud, 80 minutes long, was written by Cubana-American author Maria Irene Fornes.

The two plays lend themselves very well to double-feature staging, though the sets are in opposition between the scenes, in which the actors pose for a photo album-style picture that provides a summation of the preceding scene. The strongest aspect of both the shows is the acting. While the entire cast is terrific, Kristi Miller gives a standout performance as the mother in Helms and the lead in Mud.

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See ANOREXIA, Page 11

Two irreverent plays challenge politically correct thought

The provocative Entertaining Mr. Helms and Mud kick off theatre department’s Off Center season

by Kelly Allen
Staff reporter

This weekend is the last chance to see the Central theatre department’s double feature presentation in the Tower Theater. The production marks the beginning of the department’s Off Center season.

The first play, Entertaining Mr. Helms, a brief one of 10 minutes, was written by Christopher Durang in response to Senator Jesse Helms’ attempts to limit funding from the National Endowment for the Arts for theatre groups who don’t follow certain content guidelines.

Director Brenda Hubbard said the play is “a satire along the lines of Saturday Night Live that I think students will enjoy because it is irreverent and poking fun at some ‘American ideals.’”

The second play, Mud, roughly 90 minutes long, was written by Cuban-American author Maria Irene Fornes.

“It’s a really different play for us,” says Hubbard. “It’s an absurdist drama, but with a really naturalistic feeling. I think students will like that it’s experimental and cutting edge kind of theatre.”

The two plays lend themselves very well to a double-feature staging, though the sets are in stark contrast to each other.

The Helms set is a very sterile, well-lit American kitchen, while Mud is set in a rural, filthy shack. Mud also offers a very interesting conversion between the scenes, in which the actors pose for a photo album-style picture that provides a summation of the preceding scene.
**Tips for getting through finals**

by Rachel Wiersma

Staff reporter

Finals week is once again upon the students of Central Washington University. It is a time of stress and worry, but there are things students can do to help alleviate the tension.

"Good stress management is shaped by three healthy habits: eating right, getting enough sleep and worrying less," said Tammy Burrier-Green, senior sociology major, said.

"I procrastinate and wait until the last minute," said Adam Richardson, sophomore education major, said.

When finals week arrives, sleep is usually the first thing students deprive themselves of by staying up late and pulling all-nighters. This makes the students more likely to re-read material or make mistakes when taking notes. Try to get at least seven hours of sleep nightly and study in 45-minute blocks with 15-minute breaks in between.

"Basically our holiday exhibit is our opportunity to show (the community) a wide variety of artwork that might otherwise not be seen," said Ashlie Crawford, administrative assistant, said.

Each artist demonstrates his/her creative talent through an assortment of mediums. The pieces are made from a range of materials which include salt-fired ceramics, scratchboard imagery, watercolors, glass jewelry, acrylic, pottery, wood sculptures, photography and oil paintings.

The works invite viewers into other cultures and mediums of the art world.

The creations reflect imagery and realism of the artists' experience. Whether interest lies in hand-crafted vases or Native American Art, "Clymer's Huckleberry Holiday" holds something for everyone. The exhibit will run until December 31.

The Clymer Museum of Art is located at 416 N. Pearl. For more information call 962-6416.
Central's "Man in the yellow hat" receives award
by Danielle Douglass
Staff reporter

The man in the yellow hat from the children's books Curious George raised a chimpanzee as his own child. Roger and Deborah Fouts have done the same with a chimpanzee named Washoe, a Native American word from the Washoe tribe meaning "people." Their groundbreaking research in chimpanzee communication has recently earned them recognition.

On Dec. 6, the Fouts will travel to Johannesburg, South Africa to receive the annual PAL award, given by the Chimfunshi Wildlife Orphanage in central Zambia, recognizing efforts in chimpanzee conservation. The award is given by the Chimfunshi Wildlife Orphanage in central Zambia, recognizing efforts in chimpanzee conservation.

Roger Fouts needed money for graduate school and the Gardners needed help with their research. The Fouts had originally planned on careers in child psychology. Instead, they now talk to animals.

"Like Pixie said, when Washoe jumped into Roger's arms, our future and our children's future changed," Deborah Fouts said.

The Fouts met Washoe in 1967 in the backyard of Allen and Beatrix Gardner. Roger Fouts needed money for graduate school and the Gardners needed help with their research. The Fouts had originally planned on careers in child psychology. Instead, they now talk to animals.

"Personal Health Care with a Personal Touch!"
Insurance • Personal Injury
Labor & Industries • Medicare
Massage Therapy Available
962-2570
Located Close to Campus
1011 N. Alder St., Ellensburg

Campus Calendar
Thursday
-Ware Fair, 10 a.m.-8 p.m. SUB
Entertainment: Noon - Billy Bilyeu, solo voice accompanied by guitar, 2 p.m. - Trumpet choir, 5 p.m. - Casey McCarthy, solo voice accompanied by guitar, 6 p.m. - Diedra McCollum, flute and guitar.
-White Supremacy in Today's Society, Bill Wassmuth, 2 p.m. for University classes and 7 p.m. open to public, Chavez Theatre
-"Scanning Probe Microscopy," 1-1:50 p.m. and "General Ecology," 2-5 p.m. Science Building Foyer

Friday
-Ware Fair, 10 a.m.-5 p.m. SUB
Entertainment: Noon and 3 p.m. - Jaclyn Child, combination of adult and child singing with choreography, 2 p.m. -Trumpet choir
-Jazz Night, 8 p.m. Hertz Hall

Saturday
-Holiday Extravaganza, 10 a.m.-2 p.m. SUB
-Santa Comes to Central, 11 a.m.-2 p.m. SUB
-Ware Fair, 10 a.m.-2 p.m. SUB
Entertainment: Noon - Jaclyn Child, combination of adult and child singing with choreography, 1 p.m. - Andrea Schmidt, violin duet
-Mark Babbit, Faculty Recital, 2 p.m. Hertz Hall
-Comedy Night, 8 p.m. Club Central
-Leavenworth Tree Lighting Festival Tour Bus, sign up with Tent-N-Tube
-An Evening With the Arts: Silent and Live Auction of Central Students and Faculty Work - 4:30 p.m. - viewing and silent auction, 5:30 p.m. - social hour, 6:30 p.m. - silent auction ends, 7 p.m. - live auction begins, Sarah Spurgeon Art Gallery
-Guitar Ensemble, 8 p.m. Hertz Hall

Sunday
-Brass Choir, 3 p.m. Hertz Hall

Monday
-7th Annual Top 100 Countdown, begins and goes through Thursday, 9 a.m.-9 p.m. SUB Pit
-"Celebration of Cultures," SUB Chief Owhi Room, for more information, call 963-1685

Tuesday
-Flu Shots, free and available to Central students, 11 a.m. to 1 p.m. SUB Pit
-"Celebration of Cultures," SUB Chief Owhi Room, for more information, call 963-1685
-Classic Film Series: "The Bat Whispers," 7 p.m. McConnell Auditorium

Wednesday
-Flu Shots, free and available to Central students, 11:30 a.m. to 1:30 p.m. Holmes East

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FOUTS: Couple receives recognition

Continued from page 10

endangered and threatened is that any research done on endangered animals must be reported in public record. Also, the researchers have to report the moving of the animals from one institution to another. Legally, institutes housing chimpanzees are required to provide each with a 5 x 5 x 7 foot cage, food, water, and a toy. It is likely that a chimpanzee will spend its entire life in this environment. Roger Fouts says this has to come to an end. The Fouts are involved with the Glacier Foundation, a committee that focuses on animal rights. Jane Goodall is also involved with it. One of the issues on the committee's agenda includes the use of chim-

panzees as entertainment.

"The same arrogance that locks chimps up and uses them for biomedical research is the same arrogance we've done before and we've done it not only to other species but within our own species, anybody that was different, anybody less pow-

erful," Roger Fouts said. "Whether it be African Americans or American Indians, we tend to be this dominating model. Hopefully that model is coming to an end and once it does, maybe we can live together in peace."

ANOREXIA: It’s not just a women’s disorder

Continued from page 8

This only encouraged Schmoker to lose more weight. After a visit to Seattle to see old friends, their reaction caused him to cut his meals down to just dinner and increase the exercise to three or three and half hours a day. Meanwhile, he was wait-
ing tables in a restaurant, and going to school hun-
gry all the time.

"I chewed gum to suppress my appetite; I would go to Custer and buy large packs of gum," Schmoker said. "I love to cook; all I would think about was what I was going to fix for dinner for my parents."

Anorexic people suffer from mood swings because they want to eat, but they do not think they can without ruining the thing that was getting all the positive attention. The more weight Schmoker lost the more obsessed he became. His parents could tell he was exercising in his room and they were getting worried. They even went as far as taking him to a doctor who told Schmoker he was depressed and a potential candidate for an eating dis-

order.

Schmoker was consuming 200 calories a day, which he said was four rice cakes and a gallon of water. Two weeks near the end, he was not eating anything, only drinking with the exercise sessions up to six con-

secutive hours a day.

Schmoker said by this point his skin was pure gray and his hair was hurt. One night he stayed up until 1 a.m. and was given 36 hours to live.

He spent three weeks in the hos-

pital after losing 145 pounds in nine months. Tubes were coming out all over the place maintaining his body with heat and food. He was the only guy in his program and in worse shape than any other person in the program because of the extremely short period of time he had lost this weight. He said there was a girl who had burned her esophagus out and was given 36 hours to live. She then had heartfelt, Roger Fouts said. "Whether it be African Americans or American Indians, we tend to be this dominating model. Hopefully that model is coming to an end and once it does, maybe we can live together in peace."

The Fouts' will travel to Africa to receive their award. Roger Fouts said, "I love to cook; all I would think about was what I was going to fix for dinner for my parents.

Continued from page 8

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stance. Also, since I am not a huge comic book or superhero fan, I was not exactly drawn in by that aspect of the movie.

Bottom line, I think that should have forced my friends to go see "The Grinch" with me instead.

"Unbreakable" is unlikely

"There was more to see. The movie seemed to drag and the plot moved slowly. And, just when I thought it was over, I was wrong."

At the beginning of the movie, David, played by Willis, is in a train wreck that leaves everyone dead except him. In fact, he walks away from the fatal crash without a scratch on him. At this point, I was still inter-

ested in the movie and was assuming that it could only get better. Days later, David receives a note from a store called “Limited Edition” with the inscription, “How many days have you been sick?”

Intrigued, he does some research to discover that no one can ever remember him being sick. He then goes and tracks down the sender of the note, Elijah, played by Jackson.

Elijah is a comic book buff and his store, “Limited Edition,” sells artwork done by comic book artists. Elijah has brittle bone disease and gets sick more than the average per-

son. Elijah tries to convince David that he is a modern day comic book superhero.

The rest of the movie is about David figuring out why he has never been sick and why he has never been seriously injured. I don’t want to spoil the ending for those of you readers who will go and see this movie; however, I would recom-

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Observer — Scene — Nov. 30, 2000

"Unbreakable" is unlikely

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A Bruce Willis fan since “Armageddon,” I thought this movie might be all right. Unfortunately, I was incredibly disappointed. The story line was decent; however, the movie seemed to drag and the plot moved slowly. And, just when I thought it was over, I was wrong. There was more to see.

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Women's basketball starts season 4-0

By Ericka Wood

The Wildcat women's basketball team remains undefeated this season after two big tournament wins last weekend at the Southern Oregon University Classic.

Head coach Jeff Whitney is happy with the team's current record of 4-0. "It gives us confidence coming into the season," Whitney said.

The Wildcats started the tournament on Friday night upsetting Holy Names College 71-50. Holy Names was ranked in the NAIA top 20.

Central junior center Rose Shaw led the team in the first game with 22 points and nine rebounds. "I've been getting good looks from the team," Shaw said. "They've been looking for me and I feel confident that I can put the ball in." Saturday, the Wildcats faced Dominican University and came out with another blowout victory, winning 79-37. Shaw lead the team again, this time with 24 points.

"Rose is one of the finer posts in our league; she's putting up big numbers for us this season," Whitney said. "Meggen is also playing very well. We're expecting big things from her."

Central never gave up the lead in the second half, where Shaw and senior guard Kristen Willits each put 19 points on the scoreboard.

Central's two other wins this season were at the first annual Best Inn Wildcat Women's Basketball Classic at Nicholson Pavilion.

In the first game of the tournament Shaw scored a game high 21 points helping the Wildcats to defeat Pacific University Boxers 100-60. At the same tournament the Wildcats defeated Northwest College 76-57, where Shaw and senior guard Kristen Willits each put 19 points on the scoreboard.

Central's two other wins this season were at the first annual Best Inn Wildcat Women's Basketball Classic at Nicholson Pavilion.

At 7 p.m. tonight in Nicholson Pavilion, the Wildcats face the Montana State University-Billings Yellowjackets at home for the first of 23 PacWest league games Central will play this season.

"This should be a good test to see where our team is at right now and possibly what we need to improve on," Whitney said.

Montana State is currently 2-1, and is coming into the game with a loss last week at Regis University. On Saturday, Dec. 2 the Wildcats will face Western New Mexico University again at home. Western New Mexico is off to a rocky start this year, losing its first three games by an average of 21 points. Still, Whitney doesn't underestimate the Mustangs. "There are never any given in this league," Whitney said.

Whitney said he has goals for the team this weekend and for the season. "From the coach's perspective, I want to see the team play consistently on both ends of the floor," Whitney said. "One of our team goals, however, is definitely to get back to Nationals."

Cross country takes seventh at national tourney, Adkisson named region's Coach-of-the-Year

By Ahmed Namatalla

Central Washington University women's cross country team ended the season with a 7th place finish at the NCAA Division II National Meet.

Although the team met their goal of finishing in the top eight, the team had hoped to end the season with a top four finish. Still, Central Head coach Kevin Adkisson saw many of his runners rise to the occasion by setting personal bests on the 6,000 meter course in Chino, Calif.

"Seven was a bit of a hard place to swallow," Adkisson said. "It was really tight between 4th and 8th, and it was really hard for us to end up on the back end of that grouping."

Along with his team's strong showing at Nationals, Adkisson was honored by being named Western Region Women's Cross Country Coach of the Year.

A major element missing from the Wildcats' run at Nationals was a top 20 runner. This probably cost the team a 4th or 5th place finish, Adkisson said.

"It was so close in the scoring, that if someone on our team could have had a breakout race, that might have been what put us in a better place," Adkisson said.

Junior Abby Bielenberg was the first Wildcat across the finish line with a time of 23:06, good for 38th place overall.

Although the team ran well together, Bielenberg concedes that sometimes team running may not be in the best interest of a top five finish. "We all had good races, but we didn't have a front runner," Bielenberg said. "Everybody else had a runner in the top 10, but we had a pretty tight pack."

Amy Forrey, Aline Maier and Sarah Forrey followed Bielenberg with 40th, 41st and 43rd place finishes, respectively.

Adkisson is optimistic about next fall, and looks forward to the return of Bielenberg, Maier, and Krisi Mathers, who have all been solid this season. Uncertainty surrounds the return of Kelly VandenEkart.

"Looking ahead to next year, Aline and Abby are the kind of people who can place in the top 20, so we don't have to go out and look for new runners," Adkisson said.
Wildcat center likes life in the middle

by John Hieger
Staff reporter

As the cold wind blows winter into the Kittitas Valley, the squeaking of sneakers echoes through Nicholson Pavilion, signaling the new basketball season for Wildcat fans.

For the second year in a row, the Central men's basketball team aims to put a 6-foot-5-inch athlete from Rogers High School at center to contend with the Gallois of the conference. This is no small order in a game where height can spell domination and undersized opponents are swept aside like leaves in the breeze. For junior Jason Littleton, it's all part of the routine and he meets the adversity with physical defense and assured confidence.

"It's either put up or shut up against good competition," Littleton said. "You've got to be willing to rise to the occasion."

Tough defense is nothing new to this second year transfer student. Littleton earned a Rose Bowl ring playing football at WSU before relocating to Central last year to pursue basketball. Despite having a full ride at WSU, the pressures of being a Division I tight end, added to the toils of injuries, began to consume him. A concussion sustained in a game against UCLA in 1998 convinced Littleton it was time for a career change.

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For the Central men, Brooke won the 100-meter butterfly and was part of the winning 200-meter medley relay. Eslinger was pleased with Brooke's performance for this early in the season.

She also pointed out that freshman Anne Miller pulled second place with freshman Elizabeth Scott in third to complete the sweep. For the Central men, Brooke won the 500-meter freestyle, the 100-meter butterfly and was part of the winning 200-meter medley relay. Eslinger was pleased with Brooke's performance for this early in the season.

She also pointed out that freshman Kyle Rudolph and senior Jay Box swam well for the Wildcats. "Overall the swimmers were real pleased with their times," Eslinger said. "I think that's what it comes down to right now."

The Wildcats came out of a battle against good competition the following winter, Littleton made the switch to play basketball at Central and hasn't looked back since. He attributes his happiness here to the relaxed atmosphere of WSU athletics. 'The fans here are nuts. Central is by far the loudest school and it makes playing more fun,' Littleton said.

"The fans here are nuts. Central is by far the loudest school and it makes playing more fun," Littleton said.

Swim team sinks against Seattle U

by Phil Prothero
Staff reporter

Seattle University sank the efforts of the Central Washington University swim team Sunday, Nov. 19 when the Redhawks swept both the men and women.

The Redhawks outscored the men's team 122-81 and the women's team 129-76.

"For the most part, every event we had some really good swims," Head coach Candi Eslinger said. "I think the thing that is hurting us right now is our depth. We are getting first and second places, but further down the line we're not quite as strong."

First place winners for Central were sophomore Vicki Schmaltz and freshman Cliff Box who each won two events. For the women, Schmaltz took first place in the 100-meter butterfly with a time that qualified her for the sweep.

Jessica Lombard also recorded an individual victory with a win in the 200-meter freestyle where the Wildcats swept the event. Freshman Anne Miller pulled second place with freshman Elizabeth Scott in third to complete the sweep.

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Don't forget $1.50 wells and domestics everyday from 4 to 9 p.m. during happy hour.

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(317 N. Main 962-4141)
Four guys get high on Mount Rainier

Outdoors with Aaron Clifford

One foot in front of the other, we trudged upward. The air was thin and getting cold, but we didn’t mind. Following in the footsteps of those ahead of us, we moved in unison, like a line of ants carrying snowboards.

Charly, Alex, Paul and I met early in the morning at Mt. Rainier’s Paradise Lodge. In the parking lot, the sky had been clear and the sun warm. Three hours later, at 9,000 feet, we were starting to put on the layers we had taken off in the park lot.

The air was pointing climbers stumbling downhill. One at a time we sailed off the overhang and into the cotton-like powder below. Soon the snow began to thin and the rocks began to multiply. The last hour became a miserable slog through flatlands, rocks and trees to get back to the car.

Hiking to Camp Muir is not especially difficult or dangerous at this time of year. There is almost always a packed trail and snowshoes are not always needed. It is important to be aware of weather and avalanche dangers and to carry a map. As conditions change, shovels, transceivers, ice axes and even rope may be necessary to reach Camp Muir.

To reach Mt. Rainier National Park and Paradise Lodge drive south 1-82 to Yakima. Take Highway 12 west over White Pass, then drive north on Highway 123 to the Stevens Canyon entrance. This entrance is open only when snow conditions permit, and current information can be found online at Mt. Rainier’s National Park Web site. If the Stevens Canyon entrance is closed, it is possible to enter the park from the west. To take this route, drive on Highway 123 southwest to Morton, follow Highway 7 north to Elbe and drive into the park through the Longmire entrance. There is a fee to enter the park. The trail to Muir starts at the parking lot just past Paradise Lodge. The area around the parking lot is also a good place to build a kicker or jib.

Everyday is coming up Roses

by Phil Prothero

Staff reporter

Central post player Rose Shaw has built the hardwood with complete focus for the 2000 basketball season. The senior forward has been hard work under the bask...
Before they grapple with wrestlers from other schools, the Wildcats pound each other into the mat to improve their skills.

Wrestlers tangle with tough opponents

Freshman Franco Santiago took home second place in the 174 pound weight class, and three other Wildcats placed in the top four at last Saturday’s Pacific Open held in Forest Grove, Ore.

The team’s performance so far, especially that of its freshman members, impressed coach Kevin Pine.

"Before the season started, the deal was that we have some veterans, but the season was going to be based on how the freshmen perform," Pine said.

Freshman DC Hazen finished in fourth place at 184 pounds. Hazen came back from an 8-0 point deficit to pin his opponent in the tournament’s consolation match.

Santiago’s effort was also praised as he narrowly lost 8-7 in the title match to the same opponent who defeated him 13-3 just two weeks earlier.

"We work so hard in practice that it’s a real shame to lose a match because you didn’t work hard enough," Santiago said.

This type of fighting spirit has helped the Wildcats perform as well as they have so far, Pine said.

"It’s not how you start, but how you finish," Pine said. "It’s nice to see improvement in our young guys. There’s no quit in them, no complaints. That’s the nice thing about this group of guys, it doesn’t matter what the score is, they’re always going for the win.”

Central also benefited from the performances of Matt Ballard and Ken Salvin, who both took third place at 165 pounds and 141 pounds, respectively.
Ellensburg residents send the Grinch a packin'

(clockwise from top) Brilliant colors of red and green lit up downtown Ellensburg during the Moments to Remember celebration. Roger Hiles carefully hangs garland on the main stage. A dense crowd gathered outside Zeigler Insurance Agency to watch a performance of the Nutcracker. The festivities began with a tree lighting in the Safeway parking lot.

Photos by Kim Nowacki/Observer

TREE: Christmas season lights up downtown Ellensburg

Continued from page 1

test, a scavenger hunt and Santa, himself, kept children entertained while parents began shopping for gifts.

Those who withstood the winter weather into the evening watched as the town became outlined in vibrant lights.

The fairgrounds switched on its lights first then a trail of wagons brought more spirited people to the lighting of the tree in the Safeway parking lot.


The Morgan Middle School choir sang renditions of 'Silent Night' and 'We Wish You a Merry Christmas' at the main gazebo, and more music enveloped the streets from the corner of Fourth and Pearl.

Crowds could be found around several events especially the Zeigler Insurance Agency, where the Ellensburg Youth Ballet filled the windows with dances from "The Waltz of the Snowflake," and "The Nutcracker." Each year Zeigler clears his office to form a stage for the ballet.

Lines also formed around the block as people awaited a living Nativity scene in the alley between Pearl and Pine streets. Volunteers portraying Mary and Joseph could be seen holding a baby while wise men surrounded the manger.

At the end of the alley, J.C. Penney continued its tradition of handing out small gifts to everyone who came in the store. Last year’s blinking red noses and antler ears were replaced by miniature Winnie the Pooh snowglobes.

Events continued on through Saturday as parade of children wrapped in bows and ribbons made its way down Pearl Street in the early morning.

Several downtown business offered pictures with Santa Claus along with treats for the entire family.

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