A health class at Central Washington University was recently disrupted when a student had an epileptic seizure in the middle of the professor's lecture. In the midst of this emergency, the instructor realized how important it is for first aid training to be readily available for everyone on campus.

"When something like that happens in your class, you want people to be prepared," Mark Perez, professor of health education at Central, said. "Knowing why and when to call Central has as many as 80 students in a first aid class." Perez said the health program at Central has as many as 80 students in each class and it would be difficult to give students the individual attention they need. "We are teaching about sexual so it's hard to devote much time to first aid." said Perez.

With the exception of paramedic courses, there are no first aid classes offered on campus at this time. If students and teachers want to take a course in first aid, they must go to the local American Red Cross office located at 312 North Pearl St. in Ellensburg.

"The Red Cross says that people should be certified every year because a person might forget some aspects of the first aid training over time," Perez said.

Sid Morrison was appointed by Gov. Gary Locke and began his term at the University Board of Trustees (BOT) on Jan. 6, 2004. Morrison brings a presence that stands the government, understands the state, and has been a long-time friend of his. Morrison is known for his dedication to the legislature and his understanding of the issues surrounding it.

Convergence confusion continues at open house

The mysteries of Convergence and more will be revealed over the course of the quarter, beginning with the Associated Students of Central Washington University Board of Directors (ASCWU/BOD) open house which took place on Thursday, Jan 22. Attending visitors with free pizza, soda and cookies, the open house gave students and faculty an opportunity to ask questions and discuss concerns with ASCWU/BOD members. The topic on many lips was the issue of Convergence.

Convergence, an idea conceptualized and put into play not only by the ASCWU/BOD President Mark Michael, but also by the other six BOD members, was the source of much confusion on campus last quarter. Essentially Convergence is a campaign that encompasses all of the projects, goals and accomplishments that the ASCWU/BOD makes to link the Ellensburg community members with the Central student population with the goal of unity.

While some students on campus are apparently oblivious to the proposed idea, those aware of the concept have been left wondering. "What happened to it?" Phil Nelson, junior confided in the President. "I know the legislative process, and that will help," Morrison said. "While I'm in Olympia at legislative sessions, I will be able to testify whatever President McIntyre wants. It helps to know the members of the legislature by name, too." Morrison has many goals for the future. However, his knowledge of the transportation system of Washington state increased 100 percent a year.
Police Briefs

Compiled by Erik Swenningson

January 29, 2004 - News - Observer

A male resident of Barto Hall was reported throwing things around inside his room. He has cigarettes and marijuana in his room. It was reported throwing things around inside his room.

Scout 4x4 stolen from his driveway on Bender Road. He did not and said he had left the keys to the glove box.

Two females reported being followed by a man while they were jogging on campus. The unknown male suspect kept jumping in and out of the bushes while following the women.

A "picky" caller

A large male subject was reported standing outside of Al-Monty Hall talking on his cell phone while urinating.

Give me a sign

Someone threw a street sign through a window of a residence along the 1900 block of Yew Street in Ellensburg.

A full monty

A male subject arrived in the back-in-the-Box parking lot in a pickup with two females. He got out of the truck and began streaking naked around the parking lot.

Roslyn Classic For Sale

Delightfully remodeled home with fully fenced back yard, wraparound deck and mature, low maintenance landscaping in front. Features three bedrooms, one bath, newly restored original fir floors, new interior paint in the living room, dining room, kitchen and bath, vinyl windows, ceiling fans, beautiful entry doors, newer roof and exterior paint, great garden storage shed. Room to expand with unfinished attic space. $132,500.

Call Ellen at Windermere today for your private showing: 1-800-635-1883.

CONVERGENCE: BOD attracts guests with pizza

continued from 1 structure management major, said, "Where is Convergence now?"

Michael blames the misunder-

This quarter we're going to be out there more.

Mark Michael

ASCWU/BOD President

Baked goods, sushi sale

The Nanakemono Anime club is sponsoring a baked goods and sushi sale happening today. Club rep-

Meeting of the scientific minds

Central's Actuarial Science club is holding a meeting 3 p.m. Friday, Jan. 30 in Bouillion 109. Actuary scientists deal with risk and statistical management. Actuarial science majors and pre-

Offroad comes indoors

Central's Offroad club is holding an information session and their first meeting of the quarter at 7 p.m. today in the Hogue Technology Building, room 220. A discussion of upcoming events and fundraisers is on the agenda. An offroad vehicle is not required and all are welcome. A $10 membership fee includes a T-shirt and club sticker.

Help yourself and others

The A.F.A. is sponsoring a presentation teaching ways to help the environment, animals and your personal health. The event takes place at 7 p.m. tonight in the SUB Ballroom. Free food and drink will be provided.

Spring & Summer Camp Jobs

Work with kids at Camp Sealth on Vashon Island. Spring environmental education and Summer Camp staff needed. A variety of positions available.

Visit www.cwu.edu/-ascwu for more information.

If you want to challenge your mind, make a difference and have fun, then this is the place for you. At the University of Central Washington, you can join the Actuarial Science Club (ASCWU) and become involved in the world of insurance and risk management.
Observer — News — January 29, 2004

Center promotes diverse thinking, partnerships

by Berrivan Yousify
Staff reporter

Ethnicity, responsibility and culture are all different concepts that fit under the Diversity Education Center (DEC). The center offers a number of programs and services to students at Central Washington University.

“We exist as a center to help any student,” Leslie Webb, DEC director, said.

The DEC helps to educate students and faculty to work comfortably as members of teams that are representative of diverse ways of thinking and living. In addition, the DEC supports the building of partnerships to help bring speakers to campus to enlighten people on a variety of subjects.

This type of support benefits Central students and gives them the ability to express ideas and opinions on current issues. Also, it helps first year students to get the opportunity to contact other students and help them get involved in the university environment. The center also helps community members in a variety of ways. By making resources and facilities available and helping people network, the DEC contributes to the improvement of cultural competence at personal and professional levels throughout the university and community.

“We are a catch-all office in that if a student walks in they will get the information they need,” Webb said. The DEC has a staff of nine, seven of whom are students that work part-time. In addition, volunteers and interns supplement the staff.

Another aspect to the DEC is the Lesbian, Gay, Bisexual and Transgender (LGBT) program. “The main point of my program is to educate everyone on campus about the LGBT community on campus and the issues they face,” Dustin Jarred, LGBT program coordinator, said.

Robin Beyerlin, senior anthropology major, liked the program and said she has learned from it.

“I came from a diverse neighborhood,” Beyerlin said. “It’s nice to see other people’s points of view in the community.”

American Chemical Society Scholars Program

Applicant must be of the following ethnicity: African-American, Hispanic/Latino, or American Indian and U.S. citizens or permanent residents of the U.S. Applicant must be in the following major: chemistry, biochemistry, chemical engineering, or a chemically-related science and planning a career in the chemical sciences or chemical technology. Applicant must be a full-time student and have high academic standing in chemistry or science GPA: 3.0 or better) and be able to demonstrate financial need according to the FAFSA (Free Application for Federal Student Aid).

Feb. 14, 2004

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Feb. 15, 2004

National Institute of Health: Undergraduate Scholarship Program

Applicant must be U.S. citizens, national or qualified non-citizens and enrolled or accepted for enrollment as full-time students for the 2004-2005 academic year. Applicant must be from a disadvantaged background and have a minimum GPA: 3.5 or be within top 5 percent of class.

Feb. 28, 2004

Government Finance Officers Association

Applicant must be 18 years or older. Applicant must meet eligibility requirements for the 2004-2005 academic year. Applicant must be from a disadvantaged background and have a minimum GPA: 3.5 or be within top 5 percent of class.

Feb. 15, 2004

National Association of Women in Construction (NAWIC) Scholarship Foundation

Applicant must be enrolled in a construction-related degree program and working toward a career in a construction-related field. Applicant must be enrolled full-time, have a GPA of 3.0 or higher, and have at least one term remaining in a course of study leading to a degree or associates degree in a construction-related field.

Feb. 1, 2004

Scholarships

Why Is The University Readership Program important to Central Washington University?
The University Readership Program is designed to enhance the learning environment at Central Washington University while inspiring a newspaper readership habit that will last a lifetime.

The academic environment at Central Washington University is complemented with the content found in the newspapers. The University Readership Program helps students develop their critical thinking skills by applying real world issues in the context of a learning environment.

Newspaper readership is essential to increase awareness of local, regional and national events. A well-informed student body is better prepared for the world that lies ahead.

Recent Surveys Show...

• Students think reading newspapers is important or very important to their education.
• Students believe the availability of newspapers in their residence halls would contribute to the habit of reading a newspaper on a regular basis.
• Students prefer to obtain newspapers from their residence halls or other on-campus locations.

Calendar

Thursday, Jan. 29
Dog team to perform:
The world-renowned Boiler Collie International Frisbee Dog team will perform at halftime of the men’s basketball game.

Brown Bag Lunch Series:
"Monsters, Vipers, and the Value of Biodiversity," by Dan Beck, CWU Biological Sciences, noon, Black 150.


Tuesday, Feb. 3
Classic film series: "Sunshine State" Two Florida beach white-bread-communities, once thriving African-American vacation spot—are feeling the pinch from rising taxes and apathetic developers eager to turn the island into an upscale resort.

Workshop: Cooperative Problem Solving, 9 a.m., location to be announced, presented by CWU’s Dispute Resolution Consultation and Training team.

The University Readership Program

provides students with the Daily Record and The New York Times at on-campus locations around Central Washington University.

Newspapers are distributed in the following locations:

Student Union Building (SUB)
Holmes East Dining Hall
Shaw-Smyser
Language and Literature Building
Psychology Building

Central Washington University
Your future is Central.
LECTURES: Cook, Cutsinger, Pimomo discuss globalization

continued from 1

from 1987 to 1997. A 1,000 percent
trade increase over a decade seems of
critical importance to the state of
Washington.”

Cutsinger gave a speech on glob­
alization and culture. Cutsinger
described the new definition of cul­
ture in our global society as consti­
tuting fluid flows of people, ideas
and things.

“There is no culture or commu­
nity that is completely isolated or
free from outside influences,” Cutsinger
said. “This mobility of ideas, people and
things is the result of the expansion of global capi­
talism.”

Pimomo’s presentation focused on
humanities as a commitment to
globalism. Pimomo calls globaliza­
tion a trans-cultural, trans-national
phenomenon, and links the ideas
associated with globalization back
to Diogenes when he declared him­
selves a “citizen of the world.”

He blames the negative side of globali­
ation on the three M’s: money,
military and media.

“We are all bound up together in
one great bundle of humanity,”
Pimomo said. “The literary profes­
sion is an invitation to the citizen­
ship of the world. It is about making
a better country with whatever we
have to give.”

An international exchange stu­
dent, Osiris Romero, senior business
major, said the symposia are an
interesting way to learn more about
each area of globalization.

“We can learn the meaning of
globalization,” Romero said. “When
we get out of school and look for a
different job, there are so many global issues
involved.”

The second symposium will be
held at 7 p.m. on Feb. 9 in the
Yakima room of the SUB, and will
feature Anthony Abbott, geography
professor; Anne Johansen, chem­
istry professor; Robert Carbaugh,
economics professor; Bang-Soon
Yoon, political science professor,
and Michael Launius, political sci­
ence professor.

MORRISON: Former legislator joins BOT

continued from 1

leads to his biggest aspiration; a
passenger rail from Spokane to
Seattle over Stampede Pass, as
opposed to the current route over
Stevens Pass.

“It would provide a transporta­
tion corridor that would benefit stu­
dents,” Morrison said. “Then stu­
dents could ride the train home for
weekends instead of driving.”

Morrison feels that his position on the
board could help this goal.

“If Central really got behind it, (we’d)
reach through the commu­
nities that would be involved and we
could probably make the switch,”
Morrison said.

According to Morrison, the pro­
posed route would go through the
Tri Cities, through the Yakima
Valley and to Seattle.

“Mr. Morrison is going to be a
great addition,” Judy Miller, BOT
secretary, said.

According to Miller, Morrison’s
selection was due to his achieve­
ments as well as his desire for a
diverse board composition.

“There is a balance of perspec­
tive, a regional balance,” Miller
said. “We have trustees from vari­
ous walks of life, various parts of
Washington, in order to bring peo­
ple together.”

Morrison was born and raised in
Yakima.

He attended Washington State
College (now Washington State
University) and received a degree in
horticulture.

However, serving his country
superceded college, and he enlisted
in the United States Army in 1955.

Upon his return, he became a
partner in the Morrison Fruit
Co., Inc., which he was a part of
until 1980, when he went to
Washington D.C.

He was elected into the
Washington State House of Repre­
sentatives from 1966 to 1974,
then the Senate from 1974 to 1980.

He held the 4th District rep­
resentative seat in the Federal
Congress from 1980 to 1993.

After his term ended, he was
elected to the State Secretary of
Transportation from 1993 to

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Featuring a $2.99 breakfast special

Seafood, Steaks and more
**News around the World**

France supports ban on weapons sales to China. French officials have pushed the issue on the UN's spring agenda. The weapon sales embargo stems from the 1989 Tiananmen Square killings by the Chinese military. Several countries are opposed to lifting the ban, including Germany, presently in favor of lifting the ban.

Cannibal confession

A German man on trial for cannibalism confessed to eating a willing victim he found on the Internet. The prosecution wants life in prison; however, the defense said he should only be sentenced to five years for assisted suicide.

**Afghan’s new constitution**

Afghan President Hamid Karzai signed the country’s new constitution into law Tuesday. The constitution was approved by the Afghan grand council in December. Former King Mohammad Zahir Shah was present at the ceremony.

K.L.A

As of Monday, 507 American soldiers have died since the beginning of the Iraq war.

Missing persons case

More than 2,000 families in Britain want compensation for dead relatives’ missing persons. During a period of more than a decade, 130 hospitals allegedly removed organs from deceased patients without the families’ consent. Attorneys said the practice was morally, ethically and legally wrong.

Japanese troops sent for duty

The prime minister of Japan, Junichiro Koizumi, has sent 550 more troops to Iraq. It is the first time Japan has engaged in any international military engagement.

Dominican immigrants lost at sea

Twenty three Dominican immigrants were lost at sea on Saturday when their boat, sailing to Puerto Rico, capsized.

The new Depot Deli in Green Hall is one of the many ongoing construction projects on campus. Construction is scheduled to be complete by March.

**Small projects, big headaches**

by Becky Unger

Staff reporter

As construction continues around campus, getting from class to class can make one feel as if he or she is in a maze. In some areas of campus, the small projects have made it difficult to get to class on time.

“Building Your Future” is how Facilities Management refers to the construction projects that they believe are not only important, but also essential to the growth of Central Washington University.

“Timing in these projects is the driving force for having utilities available for new projects coming up this summer,” Bob Tosh, Facilities Management employee, said. “We strive to minimize disruption for students and faculty, but it is impossible to get all projects done within the three months of summer.”

The Walnut mall utility upgrade is the most recognizable of the construction projects around campus. Located between North Hall and Black Hall, students are forced to use detours around the fenced area to get to buildings. It has also caused havoc in the parking area behind Black Hall. Parking areas have been closed and reopened several times over the past few months.

According to Facilities Management, this project is improving steam, chilled water, electric power, telecommunications and irrigation. This will give campus buildings reliability, capacity for future growth and will result in significant energy conservation.

Other projects on campus include a Randall-Michaelsen mechanical upgrade that will improve ventilation, lighting, fire alarm and air quality.

An enhancement of parking at Student Village and a remodeling of Brooklane’s Early Childhood Learning facility are also under construction.

The Depot Deli is receiving an upgrade to add more space, restrooms, a C-store and to improve existing facilities.

Get Paid for Your Academic Papers!

The University Writing Center seeks portfolios of student writing to be used for research purposes. If your work is selected, we will pay you $50 for the right to include your work in an upcoming assessment study. Those interested should prepare portfolios consisting of the following documents:

• in academic paper written for any class taken during any of your first two or three quarters, any of your final two or three quarters or at some point between your first and final two or three quarters at CWU
• copies of your professors’ assignment directives for each paper—or your own clear recollection of those directives.
• a brief reflective paper (250-500 words) analyzing changes you perceive in the writing you produced—and in yourself as a working writer—regarding each of the papers submitted.

Writers of various skill levels are encouraged to submit—we are not seeking work by top-notch writers only.

For more information, or to submit a portfolio, please stop by the Writing Center in Heublein 218 or call 963-1296. The closing date for submissions is March 20, 2004.

**Deep Sea Daze Menu**

FOGCUTTER COLADA & HIGHTIDE PUNCH

SHRIMP & CREAM CHEESE DIP

FRESH FRUIT BUFFET

CAESAR SALAD

SMOKED SALMON PASTA SALAD

VEGAN MOCK CRAB CAKES

FRESH RED SNAPPER

ROASTED RED POTATOES

STEAMED ASPARAGUS & CARROTS

GARLIC CHEESE BISCUITS

RAZZLEBERRY COBBLER

MAPLE NUT ICE CREAM
Opinion

We've got spirit, yes we do?

I miss high school. Now don't go so far as to think I miss the useless popularity and exploding hormones, the prom queens or the band geeks. I miss the camaraderie, the spirit: the school spirit that led you to paint Your team. Your friends, your peers. I miss that. I miss cheering on num­ber one even though our win column looked as bleak as the Sahara. When we came to college we must have lost something. Some part of our soul that bled school colors through our four years of painful puberty died a little more as we increasingly wide. But then I wondered why I'd never been there for a game before, and why hardly anyone was there at all.

In high school, I loved going to games, no matter which sport it was. I revelled in rivalry and relished in revenge. Who didn't? The majority loved these sporting events and now the majority rarely attends. We attend when we feel like it, when it's the "cool" thing to do: when those vicious Vikings come to town or if a homecoming event forces an invi­tation. And there ends the majority of our spirit. No one bleeds crimson because we're not attending.

Maybe part of the problem is not being a Division I school. No one loves a sports team or two in the coming months, but who really cares? We Pe learned to live with our losing and who wants to cheer on losers. But complain all you like. If the crowd stays away, our bleachers are "bare, our spirit long departed and our sports teams, our soul that bled school colors through our four years of painful puberty died a little more as we

righteous know-it-alls, charismatically, hysterically. I would say, from my experience, Christians try their hard­est to live as God defines for us in the Bible and try to love others as we ourselves want to be loved. And obviously, like with the dumb blond analogy, some blond at some point had to be dumb for that stereotype to exist. The same goes for Christians. There are some Christians in the past who have done really stupid things that contradict how a Christians real­ly ought to be. And not to make excuses for those individuals, they are people. But just because some behave that way, it does not mean that all Christians are like that.

As the Associate Director of Baptist Student Ministries, a club on this campus, part of my duties include putting up our flyers on the bulletin boards in every building to advertise our club. Recently, there have been some somewhat stereotyp­ical remarks written on our signs in the Science Building. Our club's signs are the bright yellow ones with the altered cross walk street sign that have a person carrying a cross. Some of the comments include: "Fucked." (This one I had to look up, but it refers to mind-gamers and conspira­cy theorists.) "Cult." And my personal favorite: "If there's a God, why does he let me die?" This one I am assuming that the author's comment is as though Jesus is saying it. Here is what I propose: whenever it is that has been writing these comments, or anyone else for that

LETTERS TO THE EDITOR

I would like to thank Andrew Grinaker for his article on stereo­types. I think he was right on the mark when he said, "My experience shows stereotypes and expectations shape our lives. We can learn so much by putting them aside and sim­ply learn the truth instead of guess­ing- it." Stereotypes are all around us, and like Andrew said, some people truly behave the way their stereo­types suggest, but most do not.

As a Christian, I feel that often Christians are stereotyped based on the worst examples. Not all Christians are gay-bashers, self-

LETTERS TO THE EDITOR POLICY

The Observer welcomes letters to the editor. All letters must be sub­mitted by 5 p.m., Monday before the week of publication. Letters must be typewritten and less than 350 words. All letters must include your name and phone number for verifica­tion. Only one letter a month will be accepted from an individual.

The Observer reserves the right to edit for length, style, grammar, libel and matters of taste. Anonymous letters will not be published.

Send letters by mail or e-mail to The Observer, Central Washington University, Ellensburg, WA 98926-7435; observer@cwcw.edu or by fax at (509) 963-1027.

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VOICING OPINIONS

A breath of fresh air for my grandmother

by Eva Tallmadge
Art. Scene editor

Remember that good old kindergarten rule about sharing? Well, I just wanted to thank everyone on campus for remembering it and being so willing to share everything, including cancer.

Now, I don't want to be hypocris-
ical and say that I have never stealed even a single cigarette, or that I believe that all smokers are "the devil." Last year I occasionally stepped outside after a few beers for a cigarette. What has happened is a de-
grayed by a great deal of coughing and hacking. I have never gotten over the whole "inhaling" thing down, not that it really bothers me. Now that I look back, I feel foolish and immature. I was temporarily seduced by the "cool" image of it all, and it pains me that I partook in such an unhealthy habit, short-lived though it was.

So there it is, I confess, but this is not about me, it's about you. I hope you can come up with something better than that next time!

Sincerely,
Rachel E. Tynan
Sophomore
Communications major

Don't try to pass opinions off as facts

Is Bush Really a Conservative?
Is George Hawley REALLY a journalist student? Is the OBSERVER really a responsible college newspaper? Are the OBSERVER's editor and faculty advisor really doing their jobs in terms of fulfilling journalism's journalistic methods and ethics and about the responsibilities of publication?

In the January 22 issue the ar-
ticle, IS BUSH REALLY A CON-
SERVATIVE, George Hawley states that even though Bush may be a moderate conservative, he will vote for him anyway because "the Democratic Party has demonstrated that it cannot be trusted to defend America." Although this biased article carries the reporter's by-line, and he is labeled "staff reporter," it is NOT presented as either editorial material, or even as language. Some people who want to address the notion that the staff of the Observer are journalists or that they are responsible to the person expressing the opinion, is an opinion. It is not fact. It is some-
one's interpretation, perception, or (dare we say it) opinion about facts.

Diane Rogers
Central alumna
Central Library staff

The accuracy, integrity of student reporting

by Observer staff

Editors, reporters, even the adviser to the Observer receive many letters every year. Some are highly complimentary, some express concern, some are written by outraged readers. We consider them all to be constructive, even if we don't agree with their messages.

However, one type of letter does
not make sense to us. It is the letter that starts out: "You people are irresponsible, unreliable, and you give us your opinions as if they were fact." We beg to differ with this comment about the journalistic ethics of the Observer staff.

Most letter writers who are angry about opinionated writing are com-
menting on articles published in the Opinion section. It should be appar-
tent that something expresses an opinion, in the Opinion section, which is often identified with words including "Voicing opinions" or "in my voice," and includes a photo of the person expressing the opinion, is an opinion. It is not fact. It is some-
one's interpretation, perception, or (dare we say it) opinion about facts.

By Wat Disney

"We are not trying to entertain the critics. I'll take my chance ,
never smoked or chewed tobacco and she didn't allow people to smoke inside her house. And yet, I never met my grandmother because the people around her chose to smoke and make their bad decision her decision. So yes, to be perfectly honest, I'm bitter. I feel like my chance to meet an extraordinary woman was stolen from me. I feel angry and frustrated, but above all I am extremely hurt and sadd-
dened.

So, in loving memory of my grandmother, Phyllis M. Simonner, the victim of just hand smoke, this is my message to smokers and nonsmokers alike; please refuse to share, please keep your lung cancer to yourself, please don't do it in front of or even around me. I don't want to smoke, I don't like cigarettes, and both my mother and I are extremely susceptible to second hand smoke and have an incredibly high chance of getting the same cancer as my grandmother. So keep it off of streets, keep it away from buildings and keep it to your-
selves. Because I don't want to share it and I shouldn't have to share it, and because I despise those bad decisions of smokers can have such a deadly sway over the lives of those who don't.

Observer - Opinion - January 29, 2004

"We are not trying to entertain the critics. I'll take my chance ,
never smoked or chewed tobacco and she didn't allow people to smoke inside her house. And yet, I never met my grandmother because the people around her chose to smoke and make their bad decision her decision. So yes, to be perfectly honest, I'm bitter. I feel like my chance to meet an extraordinary woman was stolen from me. I feel angry and frustrated, but above all I am extremely hurt and sadd-
dened.

So, in loving memory of my grandmother, Phyllis M. Simonner, the victim of just hand smoke, this is my message to smokers and nonsmokers alike; please refuse to share, please keep your lung cancer to yourself, please don't do it in front of or even around me. I don't want to smoke, I don't like cigarettes, and both my mother and I are extremely susceptible to second hand smoke and have an incredibly high chance of getting the same cancer as my grandmother. So keep it off of streets, keep it away from buildings and keep it to your-
selves. Because I don't want to share it and I shouldn't have to share it, and because I despise those bad decisions of smokers can have such a deadly sway over the lives of those who don't.
The real world?

Students weigh in on new reality TV

by Marcus Tabert  
Staff reporter

If a person lives in a house with porn stars, models and yesterday's rap stars and actors, "The Surreal Life" is that person's reality. But for most people, "South Park" is closer to real life.

"I think reality shows are way past their limit," Bryan Whitlock, senior geography major, said. "People need to start living life and stop watching shows about it."

This television season, "The Surreal Life" is joined by "My Big Fat Obnoxious Fiance," "Todd TV" and "Til Death Do Us Part: Carmen and Dave" as the new doses of reality.

Some people hate reality television, some live vicariously through it and some pretend to despise it but really love it. In order to get a feel for how Central Washington University students are reacting to the four new reality shows, the Observer organized a focus group of five students and subjected them to episode clips.

The group members were asked whether or not they would be willing to watch each show on their own and why or why not? They were then asked if they thought the show was original, and if it reflected reality at all.

This is what happens when Central students stop being nice and start getting real.

Nicole Shinn, senior, family studies

I would only watch that show if there was absolutely nothing else on TV. And even then the only redeeming quality is just the shock value, which isn't really redeeming.

It was really boring and after a few minutes I didn't even care what they did to the guy. I guess it's original for reality shows, but it just goes too far. Vying on someone's life? That's sick.

I think I would watch this show just because it makes me feel better about myself. The only original thing about this TV show is there seems to be a lot of good stuff going on in there if you know what I mean.

I don't think I would watch it because I don't think it's cool that they're trying to convince family members and pastors that they're right for each other. But does it reflect life? No, not at all.

I would rather exercise and do my homework at the same time than watch this show. I think that this show is a blatant rip-off of one of the true original reality shows, which is "The Real World."

I think the show is kind of original because nobody has done this before. It doesn't reflect real life. Would I watch it? No. It's not terribly interesting.

I think the show is kind of original because nobody has done it, but I kind of foresee how it's already going to end. I don't really see a reason to watch it.

I think America is probably just going to vote on whatever is the most entertaining, not so much really wanting to help the guy. He's kind of a schmuck...who wants to sit around and watch a loser for an hour of their life?

I think it's kind of an original plotline. The show takes away from the sanctity of marriage because it's just making a joke out of marriage, like Britney Spears did.

I think it's pretty original because nobody else has done this kind of thing, trying to convince family members and pastors that they're right for each other. But does it reflect life? No, not at all.

There's no way I would watch this show. It's pervasion of society in general and all that is family. It's depressing to see this. I just think it's Hollywood at its worst.

He's not really going to be changed overall. The only thing that's really going to see him change in his life and give him direction is the wrong place.

I don't think it's super original. It's just kind of a play on the whole Nick and Jessica thing. Like, this is basically Nick and Jessica for people who don't like Nick and Jessica. It's fun to watch.

Joanna Horowitz/Observer
Playa’s Ball provides place to get game

Playa’s Ball is the official pre-funk party at 10 p.m. on Jan. 30 at the Elks Club, located at Fifth and Main, turns into Club Xtacy, with DJ Witness spinning hip-hop and R&B all night.

Tickets are on sale now at Rodeo Records for $7 in advance or $10 at the door. Those who would like to attend must be 18 or older and those 21 and over will have access to a full bar.

Trombone club sponsors man-auction

Central Washington University is hosting the first trombone choir bachelor auction at 8 p.m. on Feb. 3 in Hertz Hall.

The auction will take place after a bake sale social with live music by Funk in the Funk and a special ensemble from the trombone choir at 7:30 p.m. During the evening, romance-seekers can put up money for a Valentine’s Day date at a local restaurant with one of 10 bachelors.

Several other men will be auctioned off for working light to medium labor (yard work, filing, cleaning, etc.). The money raised will help the choir with their traveling expenses for the International Trombone Association in New York.

V-day countdown revs spirit

Beginning this week there are a number of events to check out before V-Day in the Samuelson Union Building. Here are a few ideas that may strike your interest.

Feb. 2-5
The Center for Excellence and Leadership will be highlighting local and nationally known women in leadership from 10 a.m. to noon at a SUB pit table.

Feb. 9
At noon in the SUB pit, the movie “Senorita Extravagia” will be shown. This is a new film showing an investigation of more than 300 women who have disappeared from the streets of Ciudad Juarez, Mexico since 1994.

Feb. 10
The Diversity Education Center presents a continuing Social Justice Series on violence and gender at noon in the SUB pit.

Feb. 11
Planned Parenthood will present a skit and how to get cheap abortions at noon in the SUB pit.

Feb. 11-13
The Feminist Club will have a table in the SUB pit encouraging women to vote.

Wine tasting lecture series begins

Central Washington University Continuing Education will offer a World Wine Tasting and Lecture Series every month during the school year five from 5 to 7 p.m. Friday evenings in the Mary Grupe Center. These classes will be:

Feb. 20: France
March 12: South America (Chile, Argentina, and Uruguay)
April 2: Spain and Portugal
May 14: Germany, Austria and Hungary
June 4: The Pacific Northwest

The lecture series will be led by Amy Mumma. Mumma holds an advanced certificate from the Wine and Spirit Education Trust in London, as well as a Diploma of Tasting from the University de Bourgogne in Dijon, France.

The program is open to anyone 21 and older. The cost is $29 for a single class, $78 for three classes or $140 for all six classes. Seating is limited to 60 people and pre-registration is required for each class. To register for more information call Continuing Education at 963-1504.

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415 E. MOUNTAIN VIEW AVE., SUITE C
962-2755

DJ

by Jon Rice
Staff reporter

We “want everyone to have fun, dance and get their groove on,” Harold Powell, junior and project marketing manager, said.

There is no dress code, but it’s encouraged that those attending come dressed to impress. There will be a dance contest with a $50 cash prize.

The Playa’s Ball is the official pre-funk party for Pardi Gras which will take place Feb. 10.

For general information call “HIP” at 963-8642.

Exhibit breaks boundaries

by Tien-Pui Chen
Staff reporter

“The Story of our Humanity,” a photography exhibit hosted by Central Washington University’s Diversity Education Center (DEC), shows how much people have in common and presents the diversity of human relationships.

The month-long exhibition will begin Feb 2 in the Samuelson Union Building (SUB), Chief Oshi Room. Work from professors, students and local artists will be presented.

One idea behind the exhibit is to show that sexual orientation, race, creed, and gender do not change the fact that all people are part of the community. As humans, everyone shares the same foundation.

Inspired by the desire to increase awareness about the lesbian, gay, bisexual and transgender (LGBT) community on campus, the exhibit will focus on how humans relate to one another by looking beyond the boundaries. The DEC is hoping to show that humanity is more than what meets the eye.

Cody Herrington, DEC programmer and senior public relations major, believes that it’s human perspectives toward others that connect people.

She is hoping the photos can show people that there is more diversity in the world than they ever thought.

“You are going to look at those photos, and you won’t know (if) the person who took it was gay or straight or black or white or Christian,” Herrington said. “You will just know they’re people, and we all stand on the same foundation as humans.”

Photographers interpret the idea of humanity in various ways. One photo, taken by Krissi Beeksma, a freelance photographer, portrays a baby boy who is close to tears and a hand reaching out to comfort him.

“It’s kind of a moment in our family human-ality that illustrated the helping nature that a child receives from his parents,” Webb said. “It is the notion to reach out the hands and help a child to grow up and become who he is.”

Sean Soth, DEC’s program coordinator and one of the photographers in the exhibition, has another interpretation about humanity.

“If you focus on people’s differences and where people find love,” Soth said. “What I’m trying say is to look around you, not everything is so stereotypical, and life is just not that simple. Love has no boundaries. Every relationship is unique, no matter the racial makeup or genders.”

The DEC is still accepting new photos and invites artists to get involved. Photos are being accepted until Feb. 4. The minimum size of the photographs is five by seven inches, and the maximum is 11 by 14 inches. For more information, stop by the DEC in SUB 215.

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DR. MYRON LINDER, DC

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SimpleCare plan available for those without insurance.
American realism playwrights in the 1950s. It's about a group of people who are snowed in at a bus stop in Kansas. They don't have anything to do except interact with each other, which results in lots of sex and violence.

What is your first show as a designer?

I started off as a performer. My first two years, I concentrated on the acting and voice classes. Then I took a make-up class to learn how to put on stage make-up. I really enjoyed it, and the teacher thought that I was good at it and advised me to apply to be a make-up designer for one of the next season's shows.

What was your first show as a designer?

"Pinocchio," which was last year's touring production.

What got you interested in designing costumes?

When I was a kid, I wanted to be a fashion designer or a children's book illustrator. Then doing "Pinocchio," it was like doing children's book illustrations only the characters were alive. For me, that part is really magical and really interesting—seeing those two-dimensional designs breathe and walk around on stage.

What inspires you in designing costume?

A lot of things inspire me. I take into account the director and what their concept is for the show. I research the time period and place. And all the designers have meetings to talk about the themes of the show and what the world of the play looks like. I take those ideas and marry them to the emotions and images that I see in my head when I read the script.

What is the concept of your costume designing?

I really try to make costumes that draw the audience into the reality of the show and spark their imagination. More than that, I want to draw them into the theater itself, theater as an art form. I really encourage students to come to the CWU productions and check out some of the art that's happening there. Theater kind of gets brushed off as being less important than film, but I believe in how important live theater is for everyone. If a costume that I design helps get Butts in the seats, then I feel like all that work was worth it.
Lunch joints offer bargain eats

Beyond the fast food world dominated by Kings, Queens and Jacks, it is still possible to look for a cheap lunch in Ellensburg and find an ace in the hole. A hot, scrumptious meal can be obtained in enough varieties to satisfy any palate and keep your college fund intact.

The dining halls and cafes on the Central Washington University campus offer an array of lunch options. Students who use their connection cards get a significant discount, particularly those who live on campus. But there is plenty available beyond the university borders.

Downtown boasts a handful of lunch spots, but most come with a hefty price. One exception is Sweet Memories, a bakery and cafe at 319 N. Pearl St. With daily soup, quiche and sandwich specials ranging from $2.50 to $5, this is a common hangout for students. "We get loads of students in addition to a lot of locals," Godfather's Pizza employee, said.

Options include "buy one, get one free" coupons for the buffet in the current Central bookstore at no charge.

For Chinese food aficionados, there are a few frugal options. From 11 a.m. to 2 p.m. on Tuesdays and Thursdays, The China Inn, at Third and Main, offers a 13-item all-you-can-eat buffet for $5.75.

"We have got a lot more students coming in for the buffet since the coupon book came out," Kristyn Echternkamp, Pizza Hut employee, said.

"We got a lot more students coming in for the buffet since the coupon book came out," Kristyn Echternkamp, Pizza Hut employee, said.

Coupons are an excellent way to slice the price off a good meal. If you shop at Safeway, don't throw away your receipts. There are coupons for discounts to several local restaurants on the back of them.

The most generous Safeway coupon is for the historic Palace Cafe at 321 N. Main. With the purchase of any breakfast or lunch item between 6 a.m. and 3 p.m. Monday through Friday, you get a second meal free; perfect for an inexpensive afternoon lunch date.

I suggest the chicken Caesar salad, which comes with fresh, savory sourdough bread. Any of the Palace's large entree portions are extremely generous and you will have a meal prepared for the next day.

I encourage everyone to keep an eye out for other good deals and pass the word around. Bargain hunting is a way to reward, often get to feast on the pleasures of life.

SATURDAY
Hank Williams III with Avi jacket, 9 p.m., Graceland, $15.
Dead Science, 8 p.m., Vera Project, $7.
Me Infecito, 6:30 p.m., Second Avenue Pizza, $3.

SUNDAY
Sweet Honey In The Rock, 8 p.m., McCaw Hall, $25-36.
Atmosphere and Mr. Dibbs, 8 p.m., Showbox, $10/20.

WEDNESDAY
Bette Midler, 8 p.m., Keyarena, $39.50-150.
Midori-Violin Recital, 7:30 p.m., Benaroya Hall, $35-50.
Nada Surf, 9 p.m., Crocodile Cafe, $12.

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Perfect Party Game Plan

by Amy Lynn Taylor
Staff reporter

Super Bowl parties are a time-honored tradition to join together friends of all different football walks of life to yell at the TV as though it can hear you. Follow these guidelines to score a touch down with your Super Bowl Party.

Plan a Pre-Game Mixer so Guests Can Mingle Before the Game.

Jumble up some football terms and make printouts. Have everyone partner up and try to unscramble the words.

Make a bunch of name tags with the names of Super Bowl XXXVIII-related celebrities (players, coaches, performers, commentators), and stick them on the backs of guests. Have them ask each other questions to try and determine whose name they are wearing.

If you are hosting a particularly lively group, you may try a game of “Classic Super Bowl Commercial Charades.” Have party guests divide up into two teams and reenact some of the game’s greatest advertisements from the past. Have a coin toss to see which team goes first.

Make game time interactive by playing a betting game or voting on which commercials are the most entertaining.

More than football to watch on Sunday

by Amy Lynn Taylor
Staff reporter

The Super Bowl is the most watched sporting event in America. In fact, when it comes to most watched television programs in all of television history, the top 10 have all been Super Bowls according to the game’s official Web site.

The Super Bowl is much more than just a game. It is a celebration of how much Americans love sports, especially football. It has, over the years, become a spectacular production with elaborate star-studded pre-game and half-time shows.

This year, the pre-game show features performances by Aerosmith, Toby Keith, Willie Nelson, Walter Suhr and Mango Putch. The AOL Topped Half Time Show will showcase the talents of Janet Jackson, P. Diddy, Nelly and Kid Rock.

The national anthem will be sung by Houston native Beyoncé Knowles, who is nominated for six Grammy awards. But dazzling celebrity performances are not the only non-football attraction for viewers.

The Super Bowl introduced America to commercial favorites, like the Budweiser frogs, a decade-hoppingBritney Spears and a Mountain Dew guzzling cheetah. At 9 p.m., the day before the big game, CBS will air a special, “Super Bowl’s Greatest Commercials.” The show will honor advertisements past games by counting down the top Super Bowl commercials of all time as voted on by viewers.

Advertisers are sure to find new ways to surprise Americans this year. The possibilities are endless, but a place in Super bowl advertising history doesn’t come cheap. This year one of those coveted 30-second advertising spots will cost an average of $2.25 million.

So gather up a few spirited friends and throw a bash celebrating this once-a-year extravaganza. Grab a soda and a slice of pizza, sit back, relax and enjoy the show.

Aunt Penny’s 8-layer bean dip

refried beans
salsa
chopped olives
1 small chopped onion
1 small chopped tomato
small chopped avocado
sour cream
grated cheese

Grab a 9x11 glass casserole dish and layer ingredients in order, starting with the refried beans. Make the layers as thick or thin as you prefer. You might find a spatula helpful in spreading the layers out. Chill for a few minutes prior to serving.

Hot Artichoke Dip

½ ounce can of artichoke in water
1 ½ ounce can of chopped green chilies
1 cup grated parmesan cheese
1 cup mayonnaise

Preheated oven to 350 degrees. Combine all ingredients in an oven proof serving dish. Bake for 30 minutes. Let stand 10 to 15 minutes before serving. Serve with tortilla chips or crackers.

Nancy’s Secret Crab Dip

1 cup dungeness crab
4 ounces Philadelphia Cream Cheese
1 dill pickle
1 cup mayonnaise
1 teaspoon sweet relish
1 finely chopped green onions
1 teaspoon garlic powder
salt to taste
1/2 teaspoon paprika

Blend all ingredients together, except crab meat, until well incorporated. Then add crab and blend on low until mixed in. Do not over-mix. Garnish with paprika. Serve with Ruffles Potato Chips.

Making the most of Super Bowl Sunday

Super Bowl deals at local

WING CENTRAL
Located next to the 18th Street Deli
Super deals: $1 beers until 3 p.m.
100 wings, four flavors, fries and a two liter of soda: $4.99
75 wings, three flavors, fries and a two liter of soda: $3.99
50 wings, two flavors, fries and a two liter of soda: $2.99
25 wings, one flavor, fries and a two liter of soda: $0.99
GRANT’S PIZZA
Located across from campus, next to the Copy Shop
Super deals: Happy Hour
All-you-can-eat pizza: $4.99
PAPA JOHN’S PIZZA
Phone Number: 925-4400
Super deals: Happy Hour
$16.99
$29.99
Five large, one topping pizzas: $19.99
Five large, two topping pizzas: $29.99
Extra large two topping pizza, side and a two liter of soda: $19.99

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Have a Strategic Guest List

Invite guests that are rooting for each team. This will add a bit of competitive fun to the gathering and allow for wagering on who will win the big game.

“Your games to have some people there who are extremely passionate about who wins,” Andrew Armine, senior accounting major, said.

Make sure you have at least one person who is crazy about the game. Really crazy. This is to make the Super Bowl all the more entertaining.

Miscellaneous Preparations

It is still cold outside, so make sure you have a place for everyone to put their jackets, hats, purses, etc.

If you don’t have a cooler, invest a couple of dollars in to a Styrofoam ice chest.

Have lots of food and drinks, but keep the menu simple. You can use your imagination or stick to the classics: beer, soda, pretzels, chips and dip, hot dogs and, of course, pizza. (More pizzas are ordered Super Bowl Sunday than any other day of the year.)

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by Amy Lynn Taylor
Staff reporter

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So gather up a few spirited friends and throw a bash celebrating this once-a-year extravaganza. Grab a soda and a slice of pizza, sit back, relax and enjoy the show.
Panthers lost three out of their four games against teams with a winning record, and they have been on a roll during the playoffs. The Panthers won their final three regular-season games before bowling over the Dallas Cowboys in the first round of playoff action, 29-10. The next week, they beat the St. Louis Rams 29-23 and kept their momentum up as they traveled to Philadelphia for the NFC championship game where the Eagles were the Panthers' latest prey. After the Carolina defense sidelined Pro Bowl quarterback Donovan McNabb with a rib injury, the Panthers held the Eagles to only a field goal in their 14-3 win. Most football insiders figured that the Panthers would be sitting on their couches, watching the Super Bowl from home. That is what might make this team so scary; they have something to prove. The Panthers know that everyone is going to pick them to lose, but what else is new? The Panthers are real and winning two times on the road to get to the big game should prove to anyone that this team has a shot at winning.

The New England Patriots represent the American Football Conference (AFC) in Super Bowl XXXVIII. Although the Patriots started slowly, they have dominated the AFC at 14-2. Led by the 2001 Super Bowl MVP, quarterback Tom Brady, the Patriots won their last 11 regular-season games while outscoring their opponents 315-189 before heading into the playoffs. After a bye in the first round of the playoffs, the Patriots squeaked by the Tennessee Titans, with a 46-yard field goal by Adam Vinatieri, to win the Division Playoff game 17-14. The following week, New England's secondary dismantled Peyton Manning's day with four interceptions, three by Pro Bowl cornerback Ty Law, in a 24-18 victory. The Patriots are riding the momentum train into Houston with a 13 game winning streak. If Brady doesn't make mistakes and the defense continues its dominance, the Patriots will win.

Super Bowl by the Numbers
2
Times the Grambling University marching band has performed the National Anthem
4
Buffalo Super Bowl losses, consecutively
21
NFC victories
45
Largest margin of victory
75
Most combined points scored in a Super Bowl

Panthers vs. Patriots

Who's going to Disney? and Why?
by Conor Glassey

Are you a Panther or a Patriot?

After giving you the stats, the records, and the star players for each team, it's time for you to make up your mind on which team you will be rooting for when you dip your chip, spill your beer (if you're 21) and laugh at a commercial.

Opinion by Andrew Grinaker

Weird, but true: Super Bowl facts

Six percent of Americans will call in sick the Monday after the Super Bowl.
Sales of antacids increase 20 percent the day after the Super Bowl.
Super Bowl weekend is the slowest weekend for weddings.
Fourteen miles of soft-drink pipeline leading to 160 dispensers serve fans at the game.
The average number of people attending a Super Bowl party is 17.
Fifty-four percent of Americans will drink coffee the morning after the game.

Quarterback
Jake Delhomme vs. Tom Brady
Running Back
Stephen Davis vs. Antowain Smith
Wide Receiver
Steve Smith vs. Deion Branch
Special Teams
Panthers vs. Patriots
Coach
Bill Belichick vs. John Fox
Defensive line
Panthers vs. Patriots
Defensive backs
Panthers vs. Patriots
Uniforms
Panthers vs. Patriots

New England Patriots

The New England Patriots represent the American Football Conference (AFC) in Super Bowl XXXVIII. After a 2-2 start had many people wondering if the Pats were going to be a playoff contender, the Patriots turned it around and compiled a 14-2 regular-season record against opponents with a combined .490 winning percentage. Led by the 2001 Super Bowl MVP, quarterback Tom Brady, the Patriots won their last 11 regular-season games while outscoring their opponents 315-189 before heading into the playoffs. After a bye in the first round of the playoffs, the Patriots squeaked by the Tennessee Titans, with a 46-yard field goal by Adam Vinatieri, to win the Division Playoff game 17-14. The following week, New England's secondary dismantled Peyton Manning's day with four interceptions, three by Pro Bowl cornerback Ty Law, in a 24-18 victory. The Patriots are riding the momentum train into Houston with a 13 game winning streak. If Brady doesn't make mistakes and the defense continues its dominance, the Patriots will win.
Ellensburg offers exercise options

by Haley Weston
Staff reporter

Just because the snow is heavy does not mean students have to be. Hiking, skiing, snowboarding and snowshoeing are among the activities central Washington area offers but is not always necessary to be outside to get the exercise needed.

Research shows that exercise or any type of physical activity can improve health, lower stress and improve appearance. Some people may believe that going to the gym and working out is the only way to get the exercise they need. However, anything that gets your heart rate above its normal resting rate counts as a calorie and fat burning exercise. One of the concerns of students is keeping a habit of staying motivated and getting the appropriate exercise.

"It takes 12 times of doing something to form a habit, so if you can just commit to those 12 times, it’s easier to stay motivated," Joe Turner, senior political science major, said. People come up with all kinds of excuses for not exercising. One of the most popular is not having enough time, but a lot of workout facilities make finding the time to work out easy. Student Village, Nicholson Pavilion and Stephens-Whitney all provide workout facilities including free weights, cardiovascular machines and some have lifting machines. The three gyms are included in the student fees paid each quarter.

The Gym, located on the corner of Main and Fifth, is a popular facility to attend because of convenience. It offers a variety of both cardiovascular and toning classes.

"The group fitness atmosphere is good for those just starting out, because it is not as intimidating as the elliptical trainer or the treadmill," Bonnie Austin, program coordinator for The Gym, said.

Han’s Gym, located on Second and North Pine, offers classes, along with a great facility that offer body building, weight training, and aerobics.

Intramural sports programs can replace the gym and are offered through the recreation department. It is not only a great way to work out, but also an opportunity to meet people. Although basketball and volleyball seem to be the most popular, Central has many different intramural programs. For more information, stop by Tent n’ Table in Nicholson Pavilion.

"Everyone should sign up for an intramural sport, something you’re interested in, because it is a lot of fun," Jon McKay, junior flight technology major, said. "Anyone can go out and start their own team.”

Try working out by going jogging or walking around campus. In fact, Central offers classes that students can receive school credit for, such as aerobic walking, jogging, weight training, volleyball, fly fishing, aero- bics, golf and many others. The appropriate amount of exercise varies depending on body type; a common recommendation is approximately 30 minutes of cardiovascular activity a day. This does not mean a strenuous work out, just a type of movement. Most personal trainers recommend starting out slow and working your way up.

"A lot of people say there is nothing to do in Ellensburg, but attending the nearest gym, participating in a convenient intramural activity or planning an excursion into the cold winter weather can result in a fun way to get exercise."
Three-point shooting sinks Wildcats

by Adam Jack
Staff reporter

The common cliché in basketball "you live by the three-pointer and you die by the three-pointer," became reality this weekend for the Central Washington University men’s basketball team.

The Wildcats were outscored from three-point range 69 to 18 in two games, as they suffered two losses. The first loss to Seattle Pacific University (SPU) 87-77 on Thursday, and the second from rival Western Washington University (WWU) 97-82 on Saturday. The two losses dropped the Wildcats to 3-13 overall and 0-7 in Great Northwest Athletic Conference play.

On Thursday against SPU, senior forward Tyler Mitchell had a career game as he scored 25 points on 10 of 11 shooting from the field. "I guess you could say I was feeling it," Mitchell said.

The rest of the Wildcats were feeling it as well, they shot better than 50 percent from the field for just the second time this season. Senior guard Scott Freymond scored 18 points, and dished out five assists in a losing effort for Central. But it was the three-point shooting from SPU that did the Wildcats in, as SPU sunk 12 of 18 three-point attempts.

"They were on fire," Mitchell said. "It’s tough to beat a team when they shoot that well.

On Saturday, Central traveled to Bellingham for the first of two games this season against Western Washington University. The Wildcats were once again scorching from the three-point shot, as SPU hit 11 three-pointers on the night, while Central shot a dismal 2 of 11 from behind the arc.

The Wildcats shot the ball well on the night, while Central shot a dismal 36 percent from the field for the second straight game. Senior center Jay Van Hook led the effort for Central. But it was the three-point shooting that closed the eastbound lanes, Van Hook said. "It’s unlike any other game we play all year.

"I think these are two very solid teams," head coach G.E. Coleman said. "But on our home court we can beat either team."


dating

The Wildcats in, as SPU sank 12 of 18, and we’ve been working hard and have been tired so our times haven’t been great. Now we get to rest up some more so our times will start going down."

Central’s women have a meet on Feb. 6, but the men don’t swim again until the Pacific Collegiate Swimming Conference Championship, which gives the team time to rest up and work at lowering their times.

"The last three meets have been helpful by letting us know where we are and where we need to be for conference," Nathan Rose, freshman said.

With only one regular season meet left, the swim season is coming to an end, and the swimmers need to start working harder than ever. Swimmers are motivating each other as well.

"As the year is winding down people are starting to get more motivated and realizing that we need to come together and get more serious," Jake Crist, freshman, said.

Central’s swim team has one more home meet on Feb. 21. The National Championships will be March 10-13 in Buffalo, New York.


FOR THE RECORD
Central men’s basketball team leaders
Scott Freymond 14.3 points per game
Mike Conner 5.8 rebounds per game
Tobi Stoll 3.8 assists per game
Scott Freymond 1.4 steals per game
Jay Van Hook 2.1 blocks per game

Rough water for Wildcat swimmers

by Krista Donohue
Staff reporter

The 2004 swim season has been going downhill for Central Washington University’s swimmers. They have had a lot of meets in a short amount of time and the swimmers are getting tired. The loss of energy has effected their swim times, but with a little bit of rest the team should end the season strong.

The Wildcats swim at Seattle University on Jan. 17, where the men lost 61-149 and the women lost 60-147. Next was a meet against Simon Fraser University (SFU) in Ellensburg. The men lost 69-134, and the women won by forfeit to SFU.

A traffic accident on Interstate 90, that closed the eastbound lanes, forced SFU to drive back to Canada before the meet could start.

"Three meets are rough when they are in a row like they were," Sean Prothero, freshman, said. "It’s coming down to the end of the swim season and we’ve been working hard and have been tired so our times haven’t
Peak of the Week: Crystal Mountain is hidden gem

by Lindsey DiRe
Staff reporter

Crystal Mountain is a great place to ski because of the backcountry and there doesn’t seem like there is too much congestion at the lifts,” Phil Cook, senior graphic design major, said. “I would highly recommend that if you haven’t skied there you should.”

Crystal Mountain also offers Lucky Shots Photography for skiers and boarders to purchase pictures of themselves on the slopes. The restaurants and lodges offer express, beer, wine and a range of delicious cuisine for starving skiers and snowboarders to rejuvenate themselves after a demanding day of skiing.

“We have a great hotel at the base of the mountain that has live music and a great bar,” Joe Lofgren, student sports writer, said. “It is really convenient if you stay there because you can wake up, slip your skis or board on and head for the slopes.”

Lessons for first-time skiers are $49 and last four hours. Private lessons range from $55 to $330 depending on the desired time with an instructor. For more information about lessons call (360) 663-3030.

Crystal Mountain is open Monday through Friday from 9 a.m. to 4 p.m. and Saturday and Sunday from 8:30 a.m. to 4 p.m. For more information call (360) 663-3050.

Sports TV Guide

Friday

NBA
New Orleans at Phil. 4 p.m. ESPN
Cleveland at Milwaukee 6:30 p.m. ESPN2

Saturday

NCAA
Marquette vs. Louisville 12 p.m. ESPN
Surfing
XBOX Pipeline Masters - 2 p.m. NBC

NHL
Carolina vs. Detroit 5 p.m. ESPN 2

Sunday

NBA
Philadelphia vs. Minnesota 12 p.m. ESPN

NFL
Super Bowl XXXVIII
Virginia vs. New England 3:25 p.m. CBS