5-27-2004

Observer

Central Washington University

Follow this and additional works at: https://digitalcommons.cwu.edu/cwu_student_newspaper

Recommended Citation

Central Washington University, "Observer" (2004). CWU Student Newspaper. 2247.
https://digitalcommons.cwu.edu/cwu_student_newspaper/2247
Students work hard for humanity

Club pairs with Civic Engagement

by Andrew Van Den Hoek
Staff reporter

Students from Central Washington University braved the wind and rain last Saturday to help prepare the foundation of a new home being built in Ellensburg. The bashing of hammers and buzz of power tools could be heard from Tamarack Lane as the students worked on the first stages of this Habitat for Humanity home.

Coordinating the students' involvement with Habitat for Humanity is the Civic Engagement Center.

“The Civic Engagement Center helps students, faculty and administrators find and perform community-based learning opportunities,” Hillary Shemanski senior, communications studies major and representative for the Civic Engagement Center, said. “These opportunities include community service and internships to improve local education, the environment, and human and public safety based learning opportunities.”

To build this home, Civic Engagement helped Central students in the newly formed Communication in Action club perform community service.

“We are actually trying to do community service so that we can be recognized as an official club in the school,” James McDonald, junior communications studies major and public relations director for the Communication in Action, said. “We also like doing our part to help build the community.”

To construct this particular home, students and builders utilized straw bales as an alternative to the traditional wooden frame building method. Habitat for Humanity is working with another non-profit organization called The Iron Straw Group to construct the unique home.

One of the students working on the home Saturday was Angie Beck, senior communications studies major, who was recently given an internship with ISG through the Civic Engagement Center.

“Using straw is very good for the local economy because Iron Straw uses what's known as building-quality bales,” Beck said.

Beck said that these bales would not be used for their original purpose by farmers and would otherwise go to waste, but that they were still high-quality enough to be bought by Iron Straw and used in construction.

She also explained that this helps the community because it creates a buyer for surplus bales in the area and keeps them from being turned into waste.

The homes are environmentally friendly, easy to construct, and have exceptional heat and sound insulation.

For more information on straw bale construction, visit the Iron Straw Group’s Web site at www.ironstraw.org.

For information about Habitat for Humanity, log on to www.habitat.org, for civic engagement assistance info, stop by the Student Union Building 212 or visit

WWII survivor speaks

by Melissa Newman
Staff reporter

A small Polish man approached the podium to an audience waiting to hear a story about a man's experience in a death camp during World War II. It was a story about hope in the toughest of situations and the pursuit of freedom.

Thomas (Toivi) Blatt, a survivor of the Sobibor death camp, captivated an audience of approximately 150 in the

Student Union Building theatre on Monday.

The lecture was the last installment in a series of Holocaust lectures sponsored by the Washington State Holocaust Research Center and the Central Washington University Department of Philosophy and Religious Studies.

Being Jewish, in Sunday school we started building up our knowledge of the Holocaust,” Jennifer Estroff, residence hall coordinator for university housing, said. “I have seen pictures about the Holocaust, but it's important to get personal accounts from survivors.”

Blatt's lecture began with a brief background of the situation in Poland from 1939 to 1945 in which he described a life of hiding from Nazi soldiers.

At the age of 15 his mother paid a Polish man to take Blatt to Hungary to escape the soldiers. Blatt was given the birth certificate of a boy.

see SPEAKER, page 5

Army ROTC major awarded

by Amy Gegoux
Staff reporter

A Central Washington University Army ROTC instructor has been recognized as the instructor of the year for the second year in a row.

Maj. Christopher Schmidt is a Special Forces officer who came to Central after having served in the Army for 18 years, a majority of which was in special operations.

Schmidt was recognized as instructor of the year because of his careful guidance and mentoring of the cadets he has been entrusted with training.

The honor is given annually by Cadet Command, which oversees all the Army ROTC programs around the country, to one of the 800 Army ROTC instructors.

“Maj. Schmitt has challenged setting an example on what is accepted for cadets. While serving as a professor here, he worked on getting his Masters and had a baby. I think one of the hallmarks of a very successful individual, or civilian, is a variable balance, which he demonstrates.”

After completing the Leadership Development and Assessment Course last summer Central's Army ROTC program was ranked 16th in the nation out of 272 schools. Central ROTC students are given intense training in leadership, land navigation, physical fitness, and squad and platoon based combat tactics. Their land navigation course takes place at an elevation of 6,500 feet at Lion Rock. At 7:00 a.m. 3 days a week, cadets can be seen running around campus, on the track and down Airport Road to improve their endurance and overall physical ability.

The ROTC program is running an online campaign for the 2004-2005 school year.

Group marches against gay vows

On Wednesday, May 19, sponsored by College Republicans, a group of students parade in support of traditional marriage. They hold a sign depicting the American flag and walk from Nicholson Pavilion to the Samuelson Union Building. Protestors also hold signs saying "Protect America, Protect Marriage."
Westcoat wins BOD top spot

by Bob Kirkpatrick
Staff reporter

The votes are in and the results have been tabulated. Despite a margin of 13 percent voter turn out, Lucas Westcoat is Central Washington University’s newly elected president of the ASCWU BOD. "Overall, I am obviously pleased with the way things turned out," Westcoat said. "We ran a solid campaign and let the students decide who they wanted to repre­sent them." In spite of melee leveled at Westcoat’s camp, which included harassing phone calls and defaming posters circulating around campus, he was able to pull out the victory. Westcoat received nearly 58 percent of the votes. He was able to pull out the victory.

The votes are in and the results are out,” Westcoat said. "We ran a solid campaign and let the students decide who they wanted to repre­sent them." In spite of melee leveled at Westcoat’s camp, which included harassing phone calls and defaming posters circulating around campus, he was able to pull out the victory. Westcoat received nearly 58 percent of the votes. He was able to pull out the victory.

The nominations are in and the faculty senate committee has voted; it is Weyandt, professor of psycholo­gy, and Bruce Palmquist, chair of the science education department, are the winners of the Central Washington University Distinguished Professor Awards.

There are three categories within the Distinguished Professor Awards: teaching, public service and research/artistic accomplishment and invention. This year, awards for public service and research were given out.

Weyandt won the research award for her work studying attention deficit hyperac­ tivity disorder in college-age stu­dents and adults. She was nomin­ated by Warren Street, chair of the psychology department, who said the award was for career­long accomplish­ment.

"She’s an out­standing example to her colleagues, and she has introduced so many of her students to the world of research," Street said.

Weyandt has applied her interest and experience in studying ADHD to her position at Central, where she works extensively with students. "Her research is nationally and internationally prominent," Street said. "One very special thing about her work is her ability to engage stu­dents in her work." Weyandt said one of the most important advancements she has made in her research has been with college students and ADHD. "We’ve actually done some groundbreaking research here at Central," Weyandt said. Some of Weyandt’s goals for the future are to complete the second edi­tion of her book, to finish a sec­ond book called "The Physiological Basis of Cognitive and Behavioral Disorders," to continue contrib­uting and coauthoring articles for pub­lications.

"I really love my work," Weyandt said. "I’m one of those blessed peo­ple that I go to my office everyday and I enjoy what I do." Bruce Palmquist won the public service award for his astronomy out­reach work. Michael Braunstein, professor of nuclear physics and astronomy, and Andy Piaszek, pro­fessor of acoustics and computational physics, nominated Palmquist.

"Winning the award was a sur­prise," Palmquist said. "Most of the people that win these awards, or it seems anyway, are people that serve on big state boards. My service is kind of crawling on a gymnastics floor with a bunch of seven year olds inside a big bubble to try to look at an artif­icial representation of the stars." Palmquist and the astronomy club, of which he is the advis­er, said the never observation sessions for classes and the public at the tele­scope observatory on top of Lind Hall. "He’s very active with public outreach," Warren Street, professor of nuclear physics, said. "When Mars was close to earth, they had over 300 people that went up on the roof and viewed Mars." Palmquist said the highlight of his job is that he gets to work with a large number of people ranging in age and education levels.

"My favorite part about teaching would probably have to be helping people get an interest in something that they didn’t really have an interest in before," Palmquist said. Palmquist wants to do more pub­lic writing in the future and is to­ussing around the idea of writing an astron­omy book for the general public. Weyandt and Palmquist will be presented with a plaque and a $1,500 reward at the Honors Convocation, taking place at 8 a.m. on June 11 in McConnell Auditorium.
Textbook Buy Back

Jerrol's is committed to getting you the best deal on your used texts!

Textbook Reservation

Reserving your textbooks online at www.jerrols.com has never been easier. And you don't have to pay until you pick up your books.

GRAPHING CALCULATOR BUYBACK PRICES:
(must include batteries, manual and link cord)

- TI-83, TI-83+ .......... $45.00
- TI-86 .................... $60.00
- TI-89 ..................... $70.00
- MATH MATE (LITTLE RED CALCULATOR)
  $2.00

Everyday is Buy Back Day at our store!

Starbucks Schedule

THURSDAY, JUNE 3RD
8:00 AM TO 5:00 PM
FRIDAY, JUNE 4TH
8:00 AM TO 5:00 PM
MONDAY, JUNE 7TH
12:00 AM TO 5:00 PM
TUESDAY, JUNE 8TH
8:00 AM TO 5:00 PM
WEDNESDAY, JUNE 9TH
8:00 AM TO 5:00 PM
THURSDAY, JUNE 10TH
8:00 AM TO 5:00 PM
FRIDAY, JUNE 11TH
8:00 AM TO 4:00 PM

Open 7 days a Week. Convenient Hours
111 E. 8th Ave
Across the street from Alberton’s
509-925-9851 • 800-858-2427
www.jerrols.com
Police Briefs

Compiled by Erik Swensning
Staff reporter

Feeding Time
May 22
A resident along Hungry Junction Road called 911 to report 2 cows were wandering around in his front yard.

A real treat
May 22
A female subject reported from the Dairy Queen on Currier Street that a male subject in his late 20's had exposed himself to her. The subject was last seen wearing a gray shirt, jeans and a beanie hat. The male left the area on foot.

A dangerous decision
May 22
At the Washington Mural Bank on Water Street a male subject walked in to the bank with a loaded handgun. The weapon was in a hol-

Direct from the SOURCE

Largest crop in Central's history
by Jennifer Turner
Staff reporter

This year’s ninth annual Symposium On Undergraduate Research and Creative Expression (SOURCE), from 8 a.m. to 5 p.m. last Thursday, May 20 in the science lab at Case Western Reserve, was the largest conference in the event’s history. All aspects of study from modern scientific research holds in high esteem. The symposium also featured the SOURCE committee member, said. "SOURCE actually has provided me with a lot of opportunities." Kraus, chair of the physics department at Case Western Reserve University in Cleveland, Ohio. His lecture focused on the importance and history. All aspects of study from modern scientific research holds in high esteem.

One for the road
May 20
A person at McDonald’s on SR-97 reported two subjects in a lime green Chevy pick-up truck had come through the drive-thru lane with open cans of beer visible inside the vehicle. The female dri
er pulled forward and was waiting in a parking space for the drive-thru order when the call was placed.

by keynote speaker Lawrence M. Science Fiction, from the Laboratory to the Nation’s Capital"

Conti Connection champion to study music, composition
By Stuart Perkins
Staff reporter

At the age of 12, most people are beginning junior high, but Alexander LaFollett was starting college. On May 12 LaFollett, now 18, was selected as the co-winner of the Conti Connection, a contest put on by the Oregon Symphony. The finalists were judged on how engaging and marketable their musical scores were. The prize for the competition, which is for amateur songwriters and composers, was to job shadow Hollywood composer Bill Conti. LaFollett’s win
ning score was described as a combina

tion of classical music and jazz. "Winning the Conti Connection competition happened so quickly that I am still in shock," LaFollett said. "I’m still trying to digest all that happened to me in the last week." Conti is well known for composing the score to “Rocky” and James Bond’s theme song in “For Your Eyes Only.” LaFollett’s prize included meeting some of Conti’s music com-

Students display research projects in annual event last Thursday.

by Sarah Mauhl
Students display research projects in annual event last Thursday.

Each item would

Ottawa's United Drug & Gifts

Your Money Health Protection Center

PHONE: 925-3344 • 120 E. 4th Ave.

Bonnie & Clyde's

We never stop working for you.

Bonnie & Clyde's

We never stop working for you.

Bonnie & Clyde's

We never stop working for you.

Bonnie & Clyde's

We never stop working for you.

Bonnie & Clyde's

We never stop working for you.
CAH celebrates accomplishments
by Berivan Yousif
Staff reporter

As the school year is ending, most colleges on campus are awarding their faculties and students. Last week in a formal dinner the College of Arts and Humanities was one of those colleges at Central Washington University.

The awards are given annually to the faculty of CAH to recognize a single work of scholarship or artistry deemed to be a clearly significant achievement and to have a leading potential impact on its academic field. Also, there were special thanks given to two retiring professors. "The faculty's recognition of students' creativity in different areas: The Thomas Gause Award for Achievement in Musical Composition, the Betty E. Evans Award for Achievement in Creative Writing, the George Stillman Award for Achievement in Art, and the Raymond Smith Award for Achievement in Scholarship."

"With this group of people, it makes our college successful," Liahna Armstrong, dean of CAH said. "It's really good to have kids to show us what is possible." But importantly, said Armstrong, it is time to point to the winners. The Distinguished Chair Award went to Betty Callaghan, English department chair. "I think it is a good idea from the department to come up with such awards to honor their faculties and students," Callaghan, said. "I am very happy that I got chosen for the Distinguished Chair Award."

The Excellence in Teaching Award went to James Chamberlin, history major. The 2003-2004 Faculty Scholarship/Artistic Achievement Award went to John Pickett, and the last award, the 2003-2004 Distinguished Chair Award went to Michael Chinn.

At the end of the ceremony, Rooco Tolman thanked everyone and announced his leaving from CAH as associate dean to become a full-time teacher in the language department. Tolman also extended a special thanks to Dawn Anderson, the CAH secretary, and Sandy Colson, administrative assistant.

The Ginkgo Tree Next to campus 962-3755
Buy one meal get the second 1/2 off
exp. 6/25/04
not valid with any other offer
$1.00 off Ginkgo Wings exp. 6/25/04
not valid with any other offer

Moving off campus??? Need a new pad?
University Place Properties
501 E. 18th Ave.
962-5501
www.upprop.com

To Share

Faculty forum tonight
by Ben Davis
Managing editor

The Diversity Education Center and several academic departments will present a faculty forum entitled "Terror and Torture in the American Mind" tonight at 6 p.m. in the Lambard Room.

Five faculty speakers will make presentations on the philosophical, psychological and political implications of torture.

Philosopher Cynthia Coe, psychology professor Neal Bowen, history professor Larry Lowther, history professor Michael Ervin and political science professor Todd Schaeffer will all make presentations relating to their field of expertise.

The forum is designed to educate people by placing into context texts and video that have recently been released from Abu Ghraib prison in Iraq.

The event will be hosted by Paulus Pimomo, associate professor of English, who will make introductory remarks.

For more information on the forum, contact Djezdje Popovic in the Diversity Education Center at 963-1685.

Around the University

Students appreciated

Today from 4 to 9 p.m. in Central's Student Appreciation Day taking place on the intramural field. The evening's schedule:

4-7 p.m. Intramural softball championship

4-7 p.m. Entertainment (Bailadores Del Sol, Norrin Rad, Central Chaos Dance Team, African Drummer, Green House Effect)

5 p.m. 5K Sun Run

5-7 p.m. BBQ Dinner free with Connection Card

7-8:30 p.m. Live bands entertain (Farewell Addition and Alien Crime Syndicate)

9 p.m. Grad salute fire-works

SPEAKER: Personal account shared

continued from 1

his age who had died in order to allow his family. When the German soldier picked him out of line in the forest, not far from Izbica. Many prisoners were told that they would take their lives in order to allow their family. When the German soldier picked him out of line in the forest, not far from Izbica. Many prisoners were told that they would take their lives in order to allow their family. When the German soldier picked him out of line in the forest, not far from Izbica. Many prisoners were told that they would take their lives in order to allow their family. When the German soldier picked him out of line in the forest, not far from Izbica. Many prisoners were told that they would take their lives in order to allow their family. When the German soldier picked him out of line in the forest, not far from Izbica. Many prisoners were told that they would take their lives in order to allow their family. When the German soldier picked him out of line in the forest, not far from Izbica.

Thomas Blatt, a fourth-year anthropology major, said. "I also liked the Holocaust, especially Sobibor," Blatt has written two books titled "Sobibor: The Forgotten Revolt" and "Escape from Sobibor." For more information about Thomas (Toivi) Blatt, contact him at thomasblatt@comcast.net.

Several people in the audience recognized students' creativity in different areas: The Thomas Gause Award for Achievement in Musical Composition, the Betty E. Evans Award for Achievement in Creative Writing, the George Stillman Award for Achievement in Art, and the Raymond Smith Award for Achievement in Scholarship. The Betty E. Evans Award for Achievement in Creative Writing went to Eric Shaner, computer art major. "It feels great to win an award, and it's nice to be a part of this event," Shaner said. "Also, all of these people worked so hard to become recognized for their work." The Raymond A. Smith Jr. award for Achievement in Scholarship went to Tony Aronica, history and anthropology major. The 2003-2004 Graduate Student Scholarship/Artistic Achievement Award went to John Pickett, and the last award, the 2003-2004 Distinguished Chair Award went to Michael Chinn.
Homegrown terrorism
Or, why I'm pissed off

We are so focused on terrorism on a global level that sometimes we don't notice the terrorism going on in our backyard. Al Qaeda terrorists want to convert us and cut off our heads. Our backyard terrorists want to steal and slander and threaten us into submission.

One example was our own ASCWU BOD election campaign in which a few people decided that slander and threats were effective campaign tactics. These people not only lack integrity and common sense but they performed an act of terrorism against other people. These are the same people who are going to leave Central, get jobs, raise a family, and then be the people we read about who don't know how to lead honest lives. It pisses me off.

I received an email forward this week from a friend. The email told the story of a group of student poets at a high school in New Mexico. It was a well-written account of how the students wrote poetry in protest of the war on terrorism. The story was to scare the reader into believing that we were one step away from a Nazi regime. We have a right to be concerned about losing our civil liberties, but the email was a lie. I checked it out. It was distorted scare tactics. It was a form of terrorism. It pissed me off.

Filmmaker Michael Moore recently received an award at the Cannes Film Festival. I saw his reaction when it was announced. He demurely placed his hand over his mouth as if to say, "Oh my, God!" And most certainly he was saying it in French. Moore holds himself up as a disseminator of the truth about the United States. What scares me is a subtle form of terrorism that portrays the United States as the enemy. It pisses me off.

Three times in the past year my son has had his car broken into. I can't help but to see his car as a closet, but he was angry and disheartened at these violations. He lost things of monetary value, as well as irreplaceable items like a year's worth of music he had written in a notebook. I told him the thieves are a type of terrorist, and not to let them win by giving in to discouragement and bitterness. But it still pissed me off.

We need to fight terrorism in our own backyard. We do it by being people of integrity. Most of us are tempted to lie, cheat, steal, and slander. In subtle ways we do it every day. We tell a friend we can't come over to discouragement and bitterness. But it still pissed me off.

We'd also like to thank the other BOD candidates who were in vocal in their support of my candidacy. I'd also like to thank CWU athletics and RHA for their group support. I would also like to extend a very special thanks to my two campaign managers Aja Albair and Kristine Storie. This success is shared with the two of you. I know you wanted this for me, and I will be more than pleased in my confidence in me.

The Observer is printed by Daily Record Printing, 401 N. Main, Ellensburg, WA 98926.

LETTERS TO THE EDITOR

Westcoast thanks staff, students

On May 20, CWU students and staff made their voices heard. This election victory would not have been possible without the tireless efforts of many loyal individuals, businesses and organizations.

I would first like to thank the Westcoast campaign staff for all their hard work to keep me in line. Because of Chad and Becca Wixon, Jake Kirkwood, and others, we raised the bar of excellence and professionalism and set the new standard for ASCWU-BOD elections.

We really appreciated the strong support of CWU clubs, in particular the efforts of Ryan Cavanaugh and Patrick Wicklund, the presidents of the College Republicans and College Democrats.

I would also like to thank PRSSA for their endorsement.

Many thanks go out to The Gym, Mr. and Mrs. Colin Condit, and Sharma Shelton for their aesthetic support of the campaign.

We'd also like to thank the other BOD candidates who were in vocal in their support of my candidacy.

I am writing in response to Allison Powell's recent Observer article entitled, "Rising band opens up." When I read the first line and realized she was talking about one of my favorites, Taking Back Sunday, I was so focused on terrorism on a global level that sometimes we don't notice the terrorism going on in our backyard. Al Qaeda terrorists want to convert us and cut off our heads. Our backyard terrorists want to steal and slander and threaten us into submission.

Our backyard terrorists want to steal and slander and threaten us into submission. Our backyard terrorists want to steal and slander and threaten us into submission.
Six days until Graduation

Hunger campaign a success

I would like to take this opportunity to express my gratitude to those people who made last week’s Hunger Awareness campaign a success. I encourage everyone to see an enthusiastic response from the community but to have willing and dedicated people working 12 weeks to put the program together.

In particular, I’d like to thank a few individuals who truly made this week a success. Jennifer Wampler went above the call of duty as the Co-Project Director. Lorinda Anderson provided the best advice anyone could ask for. Tony Aronica deserves a hundred thank you’s for all the work he put in as well. Special thanks also to Gerri Palmer and Catering Services for making the Hunger Banquet a memorable event.

There were so many people involved in the coordination of this event that there is neither time nor space to thank all of you. However, know that everyone who planned, coordinated, and set up contributed an invaluable portion to this event, and your input was tremendously appreciated.

Lastly, I’d like to say to all the Central community a thank you for being open to the message of help­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­&n
Ellensburger Madness

The big and beefy burger panelists

And the winner is...

The Super Central Wing Central

Campus Burger Campus U-Tote-Em

Service:  
Atmosphere:  
Burger:  
Fries:  
$5.25

Tyler: All the essentials - onion, tomato, lettuce, sweet relish - and of course, bacon. Not too heavy, perfect for a quick, savory lunch.

Joseph: I liked the proportion of meat to lettuce. This is a very crispy burger, especially with the bacon. This is a basic burger done right.

Gayle: This is a very good basic bacon cheeseburger. It uses whole lettuce which was a change from the other burgers we sampled. However, this was quite a crispy burger and quickly made a mess of the table and fingers and anything else in its path of saucy destruction. Good sauce though.

Sarah: It was larger than I expected it to be. I enjoyed the bacon because it was extra crispy, but that was about the highlight of the burger. It was really juicy and hard to eat without being messy, and also very sweet.

Campus U-Tote-Em

Service:  
Atmosphere:  
Burger:  
Fries:  
$7.65

Tyler: The bleu cheese and second degree sauce dominate the taste of this delicious double patty burger, with a unique mix of sweet and sour.

Joseph: Bleu cheese really stands out. It soaks up all of the grease so you'll definitely need a fine bottle of beer to accompany your burger.

Gayle: The bleu cheese really makes this burger. Like all Wing Central burgers, the patty is really thick. There's a lot of shredded lettuce and other fixings that, while very good, make this burger a real mess to eat. It's wonderful, but half of a super burger is enough to put me in a food coma.

Sarah: It's really quite a different burger and a lot better than what I expected. The tangy bleu cheese dressing gives it its entire flavor, but left a hot aftertaste. It was very messy to eat, but well worth it.

Hammy Burger Laura's Kitchen

Service:  
Atmosphere:  
Burger:  
Fries:  
$6.99

Tyler: Patty is a little well done, but the toasted bun is a nice touch. The mix of mustard, relish, ketchup and tomato compliments the glob of ham.

Joseph: This was a very crispy-fresh burger. I really like that the lettuce was shredded. The ham was juicy along with the tomato and pickles, but the burger kept its structure. This is a well engineered burger.

Gayle: I'm not a big fan of ham, but out of all the burgers I've had with ham, this was definitely the winner. The rest of the burger seemed a little boring, but the strong ham flavor took over and really gave it a lot more taste. It also had a great, inviting aroma.

Sarah: Out of all the burgers I've had with ham, this was definitely the winner. The rest of the burger seemed a little boring, but the strong ham flavor took over and really gave it a lot more taste. It also had a great, inviting aroma.

Barnyard Valley Espresso

Service:  
Atmosphere:  
Burger:  
Fries:  
$9

Tyler: Old Mac Donald sold his farm to Valley espresso and created the Barnyard burger. Scrumptious but too much for one sitting.

Joseph: The sausage really stands out, but I really liked the toasted bun. As far as the 50 different animals, you can barely taste the difference between ham, turkey, chicken and beef.

Gayle: This burger wins the award of "most animals represented on a burger."

Sarah: Vegetarians: don't read this. Five different types of meat on one.

Barnyard

Service:  
Atmosphere:  
Burger:  
Fries:  
$5.95

Tyler: Full of different textures and a significantly salty flavor.1/2 lb. of beef, very big and hearty. God idea to share. Ask for beefalo substitute to cut fat and cholesterol in half.

Joseph: I really like the toasted bun. This burger is pretty salty but the special sauce is terrific.

Gayle: This burger had an excellent sauce on it. It stayed together pretty well with minimum leakage, lettuce or otherwise. Rossow's also toasts their hamburger buns, which really adds to the overall burger goodness.

Sarah: It wasn't really my taste, or rather, tastes, because there were just too many flavors going on at once.

Awesome Rossow Rossow's U-Tote-Em

Service:  
Atmosphere:  
Burger:  
Fries:  
$3.25

Tyler: Small portions of burger condiments make for a light, pleasing meal. Patty are well seasoned - nice flavor, but not overwhelming.

Joseph: I like the different layers; meat, cheese, patty and sauce were very distinct.

Gayle: Great around burger. Not much meat in this patty, so you can eat a lot more of it without making yourself sick. Made to order, this burger was quite hot when it was delivered to us.

Sarah: It's a very classic style burger, with a good mix of different flavors and textures. I especially enjoyed the flavor of the ham.
One perk of the Observer

Two weeks ago, the Scene section was given what had the potential to be one of the most difficult story assignments of the year. After much arguing over who would tackle the grueling and arduous task, four very brave Observer staff members agreed to accept the challenge.

The mission: to eat a hamburger and fries at a number of local hamburger joints, then decide on our favorites and write a feature story on our findings. Although some locations in town are already famous for their fare (The Tara, anyone?) we focused on eateries that can be enjoyed by people of all ages.

Burger quality, restaurant atmosphere, service and price are included in our three-star assessments.

The Observer burger panel would like to thank the participating businesses for their generosity:

- Wing Central
- Laura’s Kitchen
- Rossow’s U-Tote-Em
- Valley Espresso
- Red Horse Cafe
- Campus U-Tote-Em

Help Wanted:

The Observer will have fall quarter openings for the following positions:

• Advertising Sales Representatives
• Advertising Production/Design
• Office Assistant
• Cartoonist

Sales positions are paid on commission.

Cartoonist may receive Observer credit or be paid.

Drop off a resume and cover letter to Bouillon 227, stop by for more information or email pagec@cwu.edu.

GRADUATION IS COMING, BUY YOUR GIFTS NOW.

May 27 - June 2

20% off all gift department purchases
Eating Right 101:
Being smart about feeding your on-the-go hunger

Opinion by
Amy Lynn Taylor
Associate Style editor

College has a reputation for being the time in a person's life when they survive almost entirely on take-out, pizza and carbonated beverages. Unfortunately, judging from my observations of dietary habits of many of my fellow university students, that old stereotype is not all that far from reality. The truth is, that for many of us, we put our budget based on what is most convenient and simple and not what is most healthy. And since most of us don't want to live on a diet of power bars and rice cakes, the options that we have readily available are things like pizza pockets and ramen, which don't have a lot of nutritional value. But with a little thought and preparation, you can make sure that you are getting the most out of your eating habits.

• Drink lots of water. Always choose water over soda and sugary juices because they won't do much to hydrate your body.

• Keep lots of fresh fruit on hand. Eating an apple or banana takes no special preparation and is a lot healthier than grabbing a candy bar for a snack.

• Add veggies to dishes you already eat. Making ramen? Add a few handfuls of frozen veggies while your water is boiling.

• If you do feel the need to go with the fast food, choose wisely. Many fast-food chains now offer healthier options such as salads and low-carb meals. If you have to have a cheeseburger, skip the extra mayo and the bacon and you will save yourself a lot of calories.

• Prepare your food ahead of time. Things like chopped veggies, hard-boiled eggs and pasta salads can easily be prepared in large quantities in advance and stored in disposable plastic containers so that they are available to grab in a pinch.

Try this simple pasta salad: prepare a large bag of pasta, chill, and combine with a bottle of light, zesty Italian dressing, some olives, pepperoni and any green veggies you want to add and voila. Put it into small containers and you have several healthy lunches ready to go!

• Go web hunting and find more simple healthy choices to fit into your lifestyle. Just remember to be wary of pills and fad diets making promises that seem to go to be true, because they probably are.

Bountiful baked goods make Sweet Memories

Humanist Desiderius Erasmus once said, "When I get a little money, I buy books. And if there is any left over, I buy food." This idea definitely hits home for many textbook buying college students who struggle to eat well without going completely broke. The constant search for good taste, healthy ingredients who struggle to eat well without going completely broke.

Sweet Memories is a locally owned bakery and deli located at 319 N. Pearl Street, continually impresses me. My favorite entree is the sun dried tomato sandwich on freshly made focaccia bread, with a salad or soup; each is delicious. It is a great sandwich with a thick layer of sun-dried tomato sauce and veggies that becomes even better on their variety of thick breads. When you add a small salad or cup of soup, it is plenty of food to fill your tummy and feel satisfied.

The atmosphere at Sweet Memories is homey and relaxing. The building is historical with the original brick walls and the two large dining areas are decorated with a touch of country. The walls are often filled with artwork or photography from local and regional artists and are a featured segment in the First Friday Art Walk of Downtown Ellensburg.

Sweet Memories is open 7 a.m. to 5:30 p.m. Monday through Thursday, and 8 a.m. to 5:30 p.m. Saturday, and closed Sunday.

The prices are fair when measured with the outcome. Half a sandwich and soup or salad costs just over six dollars. The portions and quality are definitely worth every buck.

Weekend morning indulgences can also be found in the Sweet Memories bakery section, which is filled with pastries, including muffins, scones, turnovers, croissants, danishes and more. They also have espresso, which makes it a great place to relax and wake up after the long nights we are all familiar with.

LocalScene

Compiled by Eva Tallmadge
Scene editor

Thursday

Bellingham band Norrin Radd will perform at 8 p.m. at Gran’s Pub.

Seattle rock band Alien Crime Syndicate and indie rockers Farewell Addison will perform at 7 p.m. on the intramural field behind Nicholson Pavilion, free.

Monday

Memorial Day, no classes scheduled.

Get out of Town

Compiled by Paul Kobylenski
Staff reporter


Thursday

Saxophonist Chris Potter, 7:30 p.m. The Triple Door, downtown Seattle, $22 admission

Friday

Northwest Folk Life Festival, 11 a.m.-9 p.m.

WANTED

Wellness Consultants

Help make the world a better place, one person at a time.

Call Margo 929-1847

BWU Health & Counseling Center

Thank you for a great year!

We will be closed on the following dates:
Sat. May 29, Mon. May 31, June 9 from 3-5, and June 14-18

We will reopen for Summer Session June 21 at 8am

Medical & Counseling Services will be available June 21 thru Aug. 20 M-F 8-12 and 1-3pm

Please call 963-8811 for medical services or 963-1391 for counseling services
Picnic recipes are mmm...mmm good

The days are hot and sunny, just perfect for a picnic by the Yakima River. Here are some easy recipes that you can pack in your basket and enjoy in the coming summer months.

Recipes compiled by Becky Unger, Staff reporter

**Quick Pasta Salad**

Katie Vardy, senior Russian major.

- 1 pkg. spiral noodles (or macaroni)
- 1/4 cup red onion, chopped finely
- 1/4 cup olive oil, chopped
- 1/4 tsp cayenne (any), chopped
- 1/2 cup mayo
- 1 tbs pickle juice

Cook noodles and set aside. In another bowl combine onion, garlic, pepper and olive oil. Mix together and let sit for about 5 minutes. Add mayo, mustard, and pickle juice. Mix together, pepperoni and noodles together. Add salt and pepper to taste. Serve.

**Oriental Chicken & Cabbage Salad**

Becky Unger, Staff reporter

- 1/2 head cabbage, chopped
- 1 pkg. Top Ramen noodles, broken up
- 2 tsp. sesame seeds
- 2 chicken breasts, cooked and chopped finely

Toast almonds 15 minutes at 350 degree. Combine all ingredients.

Dressing:
- 2 tsp sugar
- 3 tbs vinegar

Flavor pkt. From Top Ramen

Combine and marinate 1/2 hour. Pour over salad and toss.

**Southern Comfort's Open House Punch**

Kayla Knott, Staff reporter

- 1 fifth Southern Comfort
- 6 ounces lemon juice
- 1 can (6 oz.) frozen lemonade

Mix in 7-Up last, add ice and drink responsibly. This delicious drink makes 32 servings. But watch out, because it goes fast!

**Orange Julius**

Kayla Knott, Staff reporter

- 3 oz. frozen orange juice
- 1/2 cup water
- 1/2 teaspoon vanilla

Add ice and blend.

**Mom's Apple Cake**

Becky Unger, Staff reporter

- 4 cups diced fresh apple
- 1/2 cup vegetable oil
- 2 eggs, well beaten
- 1 tbs salt
- 2 tbs baking soda


**Oriental Chicken & Cabbage Salad**

Becky Unger, Staff reporter

- 1/2 head cabbage, chopped
- 1 pkg. Top Ramen noodles, broken up
- 2 tsp. sesame seeds
- 2 chicken breasts, cooked and chopped finely

Toast almonds 15 minutes at 350 degree. Combine all ingredients.

Dressing:
- 2 tsp sugar
- 3 tbs vinegar

Flavor pkt. From Top Ramen

Combine and marinate 1/2 hour. Pour over salad and toss.

**Southern Comfort's Open House Punch**

Kayla Knott, Staff reporter

- 1 fifth Southern Comfort
- 6 ounces lemon juice
- 1 can (6 oz.) frozen lemonade

Mix in 7-Up last, add ice and drink responsibly. This delicious drink makes 32 servings. But watch out, because it goes fast!

**Orange Julius**

Kayla Knott, Staff reporter

- 3 oz. frozen orange juice
- 1/2 cup water
- 1/2 teaspoon vanilla

Add ice and blend.

**Foccacia Bread Sandwich**

ex-marine/homemaker, Staff reporter

- 1 loaf bakery style foccacia bread cut in half
- 8 oz. package Neuchatel cheese or cream cheese, softened
- 2-3 tablespoons 2 percent low fat milk
- 1/4 cup sun dried tomatoes in oil, pitted and dried and chopped finely
- 4 teaspoons thyme leaves (dried or fresh)
- 4 teaspoons basil (dried or fresh)
- 1/2 small clove of garlic, minced
- 1 1/2 cups packed fresh baby spinach leaves with stems removed
- 8 oz. thinly sliced deli smoked turkey breast (can be mesquite smoked, quality of meat is important)

In a small bowl, combine the softened cream cheese milk, stirring until smooth (this is why the cream cheese must be set out ahead of time). Then add the tomatoes, basil, thyme and garlic and mix well. Divide the cream cheese mix in half while still in the bowl. Using a large spatula or spreading knife spread half of the cream cheese mix and spread on the bottom half of the bread, making sure to cover the corners. Arrange the spinach on top of the spread covering all of it. Then place turkey meat over the spinach evenly. Spread the last half of the cream cheese mix on the upper half of the bread not yet used. Then place the upper half on the bottom half, making the sandwich. Wrap in saran-wrap and refrigerate for at least one hour, but overnight is best. Before serving, cut the sandwich into strips using a sharp knife.

**Fruity-gurt Salad**

Eva Tallmudne, Scene editor

- grapes
- strawberries and/or blackberries
- melons (cantaloupe, watermelon, honeydew)
- bananas
- apples
- mandarin oranges
- additional fruit of choice
- vanilla yogurt
- honey, cinnamon and nutmeg to taste
- nuts

Helpful hint: add a dash of lemon juice to keep fruit fresh

Slice, dice, melon ball or cut all fruit and mix in a large bowl. In a smaller bowl combine honey, cinnamon, nutmeg and yogurt. Shake in a covered container. Serve chilled.

Leftover salad is delicious when blended and served over pancakes or with granola.

**Lettuce, cabbage, carrots, oh my!**

by Sally Wright

Staff reporter

No need for the vegetarians to feel left out; this town has great vegetarian options that even the most carnivorous college student would love.

Believe it or not, Ellensburg offers a hefty variety of restaurants catering to the needs of vegetarian consumers. It's a little trickier for the vegans to find food, so they might have to stick with the Peace Café. Nonetheless, here is the Ellensburg guide to vegetarian eating.

The Ginkgo Tree, located at 801 Euclid Way, has recently introduced six new vegetarian meals. These new dishes include eggplant parmigiana, vegetable stir-fry, a veggie pastry with Jack Daniels sauce and vegetarian quiche.

The Panda Garden, located at 207 North Main Street, has a large selection of vegetarian options. Some of the menu items include Chinese mixed vegetables, vegetable lo mein (soft noodles), broccoli in garlic sauce and curry vegetables. The Panda Garden also has a number of tofu options: tofu szechuan style, tofu with black mushrooms and vegetables, sesame tofu and teriyaki tofu. All of the vegetarian options are served with steamed rice.

Just up the block at 311 North Main, Sister's Restaurant and Tea Company offers lunch and dinner options. Everyday a different veggie soup as well as veggie sandwiches are offered for lunch. Veggie pasta and a variety of salads are available at dinner.

Don't forget the college student staple: pizza. Veggie-loaded pizzas taste great and are just as filling as those loaded with meat. With less fat than the meaty pizzas, the veggie option can perhaps allow for a bit more consumption if so desired, at least will help leave the guilt behind. If wary of meat, ask that the pizzeria clean the knife before cutting the pizza.

Places like D&M Coffee offer some vegetarian choices. D&M carries veggie panninis and quiche.

Any Mexican restaurant will have veggie burritos and other menu items to satisfy the vegetarian lover's palate.

Don't forget about Subway. The Veggie Delight sub is a filling option for a quick and yummy meal.

There are plenty of vegetarian options in Ellensburg, so whether it is a fear of mad cow disease or the inability to eat meat due to internal reactions, there is no need to stay in when the rest of your friends are eating out.
Top athletes of spring quarter

Scott Wilson

Jill McCarthy

by Patrick Carlson
Ass. Sports editor

A former Central bat boy, senior catcher Scott Wilson grew up in the tradition of Wildcat baseball. Wilson saw first hand what it took to hit in 23 straight games, the record he broke during his award-winning month of April. For two separate weeks in April, Wilson was named the GNAC Hitter of the Week, on his way to setting a Central baseball record for hitting in 24 straight games.

Wilson finished the 2004 season strongly, with a .400 batting average, a .979 fielding percentage behind the plate.

After a record-breaking season for the Central softball team, senior pitcher Jill McCarthy finished her Wildcat pitching career with her own high marks.

McCarthy finished 2004 with a 9-7 record, striking out 104 in 23 appearances. She ended her Central career with the lowest earned run average in team history at 1.80.

McCarthy is also the all-time leader in lowest opponent batting average with .223, most strikeouts per game with 5.51 and shutouts with nine. She also holds the team record for strikeouts with 168.

She is fourth in season records with 15 wins and 866 batters faced.

Lawrence (above) and Wilson both provided sparks for their respected teams during the 2004 spring season.

Senior triple jumper Justin Lawrence had a record breaking season in 2004.

At the Ralph Vernacchia Team Classic in Bellingham, Lawrence set a new Great Northwest Athletic Conference record of 49.7. The new mark eclipsed his own record of 49.2, which Lawrence set during his junior year.

Lawrence won the inaugural indoor championship in the triple jump at the GNAC indoor championships in February.

In March, he was the only Central athlete competing in the NCAA Division II Indoor National Championships.

Basketball brilliance shipped from Japan

by Takuya Funaki
Staff reporter

The National Basketball Association is reaching the climax of the 2004 season. Basketball fans around the world are on the peak of excitement. Recently, there have been more and more diverse NBA players coming from a variety of countries. However, something is lacking.

Ever since the NBA was established, no Japanese player has appeared in the world's highest stage of basketball. There was a big chance to see the first Japanese athlete competing in the world's highest stage of basketball. There was a big chance to see the first Japanese basketball player in the NBA, but it didn't seem to be enough to keep Tabuse on the roster. Unfortunately, as a result, Tabuse was cut from the team.

Many Japanese basketball fans were very sad to hear Tabuse's failure. That was because he was the first and biggest hope for them. Tabuse was a star player in high school. He decided to play for Noshiro Kogyo high school, one of the best high school teams in Japan. In his freshman year, he already captained the team as the point guard and led the team to the national title. While he was playing for Noshiro Kogyo for three years, the team seemed invincible, sweeping all nine national titles and Tabuse was regarded as the best high school player in Japan.

Tabuse looked like a monster as a high school boy. He ran faster than any other player, stole the ball at any time, passed the ball to unexpected places without looking, ducked away from bigger players than any other player, stole the ball at any time, passed the ball to unexpected places without looking, ducked away from bigger players, and even made three-point shots.

There were many other great high school players, but Tabuse was like an alien compared to them. His incomparable capability surprised Japan and a lot of Japanese basketball fans believed he could be the first Japanese NBA player in history. Tabuse brought light to Japanese basketball.

Tabuse said playing in the summer league, the Denver Nuggets, and the ABA, he really learned a lot of things and obtained precious experiences. Through this season, he decided to play in the NBA has grown. He is going to strive more.

Where is that Mariner mojo?

Commentary by Michael Leeper Staff reporter

When does a slow start end and a long season begin? It is the question on almost all Seattle Mariners fans minds. As the year progresses, the Mariners are slipping team by team deep into the cellar of the AL West and appear to be losing sight of the playoffs. Just three years removed from a record tying 116 win season, the Mariners are the biggest disappointment in MLB this season according to ESPN baseball analyst Peter Gammons.

Who is to blame at this point? Is it management for not spending money in the off-season to bring a big name power hitter? Or perhaps it is the fact that the Mariners have one of the oldest starting lineups in the Majors. Many fans are blaming manager Bob Melvin for some of the struggles, but it isn't his fault that the team is the third lowest scoring team in the American League.

The Mariners currently only have two players hitting over .300, Ichiro and Dan Wilson. Six of the Mariners everyday players are batting below .270. Bret Boone, who is currently tied for the team lead in home runs and RBIs, has also struggled with his average, batting a meager .240. Rich Aurilia, who was supposed to be an upgrade from an often-injured Carlos Guillen, has shown very little offensive and struggled early with his glove. Scott Spiezio has come back and played well after an early injury, which caused him to miss most of the first month of the season. Raul Ibanez has been the best of the off-season pickups. He has hit seven home runs, with six of them either tying or giving the Mariners the lead, and is in second on the team with 20 RBIs.

The Mariners are still lacking a first month of the season. Raul Ibanez has been the best of the off-season pickups. He has hit seven home runs, with six of them either tying or giving the Mariners the lead, and is in second on the team with 20 RBIs.

The Mariners are still lacking a big-name power hitter who can hit 40 plus home runs and drive in
Memorable Memorial day weekend awaits

by Amanda Schank
Staff reporter

The Memorial Day holiday not only promises a three-day weekend for Central students, but acts as a welcome respite for the summer camping season. Whether you’re looking for a secluded hideaway or a raging party, Washington state’s campgrounds provide a variety of locations, all offering a weekend outdoors away from distractions.

“Camping is just a good way to get away from life and not have to worry about anything,” Luke Holtz, junior music business major, said. “All you need is a place to park and a backpack to get a peace of mind that you can’t get anywhere else because everywhere else is altered by society.”

State parks host a major part of Washington’s camping. Fees for all state parks are $11 for a primitive campsite with no amenities, $16 for a standard campsite which includes nearby water, garbage and toilet facilities and $22 for a utility campsite that has all the amenities available. Campfires are allowed in designated pits only. Holtz recommended Manastash and Yakima Valley state parks as accessible areas for beginning campers.

“Manastash and Yakima Canyon are especially nice because of the possibilities they offer,” Holtz said. “The hiking trails and roads go on forever and each time you can go a little bit further and further. It’s a good way to start the camping habit.”

For more information, contact the Cle Elum ranger station at (509) 674-4411.

Vantage/Columbia River Area

The Ginkgo/Wanapum State Park in the Vantage area is open year-round and offers 7,470 acres of camping, boating, fishing, swimming and water skiing. The area is run by Inbxnto and is thirty minutes from Ellenburg. Fees for the area are the designated state park fees.

“Vantage isn’t so secluded because it’s right next to the freeway,” Caputo said. “It is nice though because it’s a quick little jump from Ellenburg and an easy way to get out of town and do some camping.”

The Washington State Parks and Recreation Commission warns campers in this area to beware of the high winds by making sure all tents and lightweight articles are fully secured.

Lake Chelan

A two hour drive from Ellenburg brings campers to the 172-acre Lake Chelan State Park with 6,000 feet of shoreline. The park offers boating, fishing, jet skiing, swimming, water skiing and rock climbing to visitors. Normal state park fees apply. According to Kyle Janes, junior education major, Lake Chelan embodies the true spirit of Memorial Day.

“Over Memorial Day weekend there are always a ton more people out on the streets,” Janes said. “The atmosphere is different than any other weekend because people are always out doing things like barbequing and messing around in the lake, especially in nice weather.”

“Janes said camping is also available at the state park that doesn’t require any fees, but campers have to be in a designated campground.

Banks Lake

Students looking for a less crowded lake can try Steamboat Rock State Park located two and a half hours northeast of Ellenburg at Banks Lake. The park offers 3,232 acres and 10,000 feet of shoreline. Banks Lake’s activities include hiking, kayaking, boating, water skiing, swimming and rock climbing.

“I love Banks Lake because it’s so big that you can go wherever you want and it’s more remote without the huge crowds,” Caputo said. “You can go do your own thing.”

Banks Lake also has a National Refuge area that provides the opportunity to hike and camp outside of the state park. Inside the park, normal state park fees apply.

Olympic National Park

One of the fastest camping destination from Ellenburg takes campers west to Olympic National Park on the Olympic Peninsula. This drive can take up to six hours, depending upon the specific destination in the park. The park includes 922,651 acres and hosts a diverse terrain of glacier capped mountains, the Pacific coast and a rainforest. Holtz recommends the Point of Arches on the most northern tip of the peninsula as a prime final destination for experienced campers only.

“You have to drive six hours, take the ferry and make a five mile hike until you get to the beach, but it’s definitely worth it, especially on a three-day weekend,” Holtz said. “You’re far away from everyone and in a paradise of majestic rocks and waves. There’s not many places you can look out and not see anything but waves.”

Fees for the national park include $8 to $16 for most campgrounds, a $5 permit registration fee for backpacking and an extra $2 per person for each night spent backpacking.

For more information check out www.nps.gov/oly.

MARINERS:
What’s next?

continued from 12

100 plus RBIs. Maybe it is time for the M’s to look into bringing in some of the young players in their farm system.

Not all the blame can go to the offense, though. The strength of this team was supposed to be its pitching. This season the only starter who has held his own is the one pitcher the Mariners are thinking about trading. Freddy Garcia. Garcia is 2-3 and has the second best ERA (2.71) in the American League. Besides Garcia, the rest of the starting pitchers have an ERA that is at least 4.50 or higher. The bullpen has had a few bright spots. Free agent closer Eddie Guardado has done his job with six saves and a team best 1.35 ERA. Rafael Soriano, who has been injured most of the season, has been very ineffective and Shirri tochis Hasegawa who was considered one of the best set-up pitchers in the majors last season has hit harder than a pita this year.

With all the Mariner Service season is not lost. It is only May and sure they are 13 games back of the division- leading Anaheim Angels, but in Seattle it is never over until the last game of the regular season. Does 1959 ring any bells? So let’s wait until August and September to start saying the year is lost.

NBA playoffs ‘guarantee’ excitement

by Ryan Fay
Staff reporter

The NBA playoffs have been going on for a few weeks now and it is now down to the Western and Eastern Conference finals. Competing in the Western Conference finals are the Los Angeles Lakers and the Portland Trailblazers.

In the Eastern Conference finals it has come down to the Detroit Pistons and the Indiana Pacers.

All four teams have proven themselves throughout the playoffs as the top four teams in the NBA.

The Lakers moved on to the finals by becoming NBA Champions in Spain in game six of the conference semi-finals. The Timberwolves won game seven against the Sacramento Kings by three points. In the East, the Pistons beat the New Jersey Nets in game seven to move on to the finals, and the Pacers won game six by three points over the Miami Heat to advance.

In the Western Conference Kevin Garnett of the Timberwolves is this year’s MVP and has averaged 24 points per game in the playoffs so far. Garnett and the Wolves defeated the Lakers Sunday night, 89-71.

“We weren’t desperate,” Lakers’ guard Kobe Bryant told NBA.com. “We were and played with intensity. We will have to live with a split.”

Game three belonged to the Lakers winning the game 100-99 and taking a 3-1 series lead behind Shaquille O’Neal’s 22 points, 17 rebounds and four blocks.

In game one of the Eastern Conference finals on Saturday, one of the Pacers’ star player, Reggie Miller, had a rough yet rewarding game.

Although Miller missed his first six shots of the game, he hit a tie-breaking three point shot with 31 seconds left to push Indiana to a 78-74 victory over the Pacers.

“They will not win game two,” a very confident Rasheed Wallace told NBA.com. “You can quote me on the front page, or on the back page, anywhere you want. They will not win game two.”

Wallace backed up his guarantee Monday night when the Pistons beat the Pacers 72-67. The game winning play seemed to be Tayshaun Prince blocking Reggie Miller’s three-point attempt in the final moments of the fourth quarter. The series stands tied at one.

The playoffs will be running through this week and into next week depending on the game outcomes. The NBA championship games will follow.

SeaTac and Downtown Seattle

4 Trips Daily

Yakima • Ellensburg • Cle Elum

New shuttle stop close to campus: 10th Ave. Starbucks

For reservations, call or log on: Toll free: 1-866-235-5247

www.airportershuttle.com

The owners really gave this place that ‘something special’ feel. A paradise of majestic rocks and waves. There’s not many places you can look out and not see anything but waves. Photo courtesy of google.com

The 55-mile long Lake Chelan (left) is great for boat, fishing, and rock climbing. The Olympic Peninsula offers breathtaking views of the Pacific Ocean.

For reservations, call or log on: Toll free: 1-866-235-5247

www.airportershuttle.com

"The owners really gave this place that 'something special' feel. A paradise of majestic rocks and waves. There's not many places you can look out and not see anything but waves."

SF - Portland, OR

THE INN AT GOOSE creek

Gift Certificates Available

ALL rooms have Jacuzies, Down comforters, Large T.V.'s, VCR, DSL Internet Connection, Refrigerators, Non-smoking. No pets. Rates from $99, Sun-Thu.; from $99, Fri-Sat.

Visit our website: http://www.minatgoosecreek.com

E-mail: goosecreek@webtv.net

1720 Canyon Rd. Ellensburg, Washington 98926
(509) 962-8030 or (800) 533-0822 Fax (509) 962-8031

Rasheed Wallace argues an official’s call during Game 2 of the Eastern Conference finals.
Central Washington

Intramurals

Profiles of the Week

Amanda Enright
Year: Senior
Major: Rec. Management
Sport: Soccer
Team: Rec-ers
Future plans: To work with the YMCA and be the director of childcare
Favorite thing about Ellensburg: How it is outdoorsy. Everything is within a half hour. You can climb the Manastash or float the river.

Enright was chosen for her hard work on the soccer field and her desire for the "t-shirt."

Dusty Bailey
Year: Senior
Major: Public Relations
Sport: Basketball
Team: City's Finest
Future plans: To be the CEO of a major bank
Favorite thing about Ellensburg: It only takes five minutes to get anywhere in Ellensburg.

D-Balls, as his teammates call him, was chosen because he is the team captain and a player that always comes through in the clutch.

Two Rec-ers teammates (left), senior Amanda Enright and sophomore Alex Powsang keep the ball from sophomore Felix Navarro on the Enforcers. Sophomore Jason Foster eludes sophomore Krista Bjorge during the match.
CWU Students describe University Court as "THE BEST CRIB IN TOWN!"

Time for a new Roommate?

...if so, we’ve got just the right place.

It’s Unique. TWO bedrooms, TWO full baths. Built-in computer desks. TWO closets in each bedroom.

It’s Relaxed. Awesome clubhouse, tanning salon and the coolest laundry-mat in town!

It’s New. Energy-efficient, designer touches and quality throughout.

It’s High Tech. Fiber optic, high speed T-3 Internet connection available in each unit.

It’s Affordable. Just a better place. Less $$$ than the dorms!

Sign a lease this week and get FREE TANNING for a year!
COME ON BY AND CHECK US OUT.

University Court
APARTMENTS

(509) 962-9090 2102 N. Walnut, Ellensburg, WA 98926 www.universitycourt.com