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Sometimes hands say it all...

...especially for student Regina Beaulaurier

See full story on page 2
A vibrating bed can bring many interesting thoughts to mind, but for Beaulaurier, it means something else. "I prefer not to wake up to an earthquake," said Beaulaurier, whose alarm clock is connected to a light that flashes (similar to a strobe light), instead of the vibrating bed. At 8:50 a.m. and four flights of stairs later, Beaulaurier arrives at History and Systems of Psychology class with Professor Warren Street. She sits down, and looks intently at Christy Camarat, her interpreter, who sits facing her. Camarat will sign Street's entire lecture for Beaulaurier.

"I sit in the front row because it's the easiest way to see," Beaulaurier said. "I have troubles with my hearing; it's difficult to understand an interpreter who has helped me with my classes.

Beaulaurier was born deaf. She said she was fortunate growing up because her mother grew up with deaf parents. Beaulaurier grew up with both a hearing and deaf family. "I was lucky to be exposed to both languages. The languages being both ASL (American Sign Language) and English," Beaulaurier said. "A lot of people I have met didn't have the opportunities I did.

She is taking four classes this quarter, including being a teacher's assistant for second quarter ASL. She has three interpreters who work for Disability Support Services. Beaulaurier also has other students take notes for her, so she has to watch her interpreter to know what is said in class.

"I think Central students really support each other and Regina's classmates get a little exposure to ASL as a bonus," Street said.

Beaulaurier's advisor, took a year of ASL about 12 years ago, but says he does not practice enough to carry on much of a conversation with Beaulaurier. But she appreciates when he does make an effort to communicate with her.

She is enjoying this quarter, having only this one class on Fridays and said she is lazy the rest of the day.

"I have senioritis right now," Beaulaurier said, who is in the process of applying to Gallaudet University in Washington D.C. The university is for deaf and hard of hearing students; she hopes to attend graduate school for mental psychology there.

Beaulaurier is thinking about her future and may become a counselor for the Abused Deaf Women Advocacy Services (A.D.W.A.S.) in Seattle.

"It would be a challenge for me to help people in ways I've never experienced," Beaulaurier said. "It would make me feel good."

Others think Beaulaurier does to relax and have fun are hang out with her roommate and boyfriend.

Beaulaurier met Lacey Stanton, senior elementary education major, about two years ago at a deaf game night in Yakima. Beaulaurier did not regularly attend these events but a friend convinced her to go to the game night. Both Stanton and Brune were in second quarter American Sign Language. The time Beaulaurier and Brune started talking, she said it was easy to talk to him because he was already immersed in the language.

Beaulaurier thought he was "relatively confident" when he talked with Beaulaurier the first time and now he wants to be an interpreter.

Beaulaurier has some advice for students. "Don't be afraid to go up to someone to say hi, even if that is all you know in sign," she said. "It makes a huge difference; it makes me feel more accepted."

Beaulaurier went through speech therapy as a child. Often, Beaulaurier would learn by feeling her therapist's throat for vibrations as she said specific letters. Her therapist would also hold a piece of tissue in front of her face so Beaulaurier could see how it moved with the breath from letters. This is how Beaulaurier learned how to speak. She has also learned how to read lips well. In elementary, middle and high school she was the only deaf student, the only student with an interpreter. She said she would speak to her friends and they would sign back to her.

Beaulaurier's brother Ross, sophomore undecided, had it easy as a child, because she could talk to him. He is in his second year of ASL and has gotten much better at signing, his sister said.

"I took it so I could communicate better with my sister," Ross Beaulaurier said. Looking back he said he had it too easy; it would have been easier to learn ASL then than now.
Central leads the state in disability assistance

by Rebecca Thornton
Staff reporter

With the enrollment of students with special needs at an all time high, Central Washington University's office for Disability Support Services (D.S.S.) is requesting $361,000 from the State Legislature's supplemental budget. This jump in enrollment comes as no surprise considering D.S.S.' statewide reputation for excellence.

"Central has a historically well-respected D.S.S. program becoming the university of choice for students with learning disabilities such as Attention Deficit Disorder because of the attention and mentoring offered by the office," said Robert Campbell, D.S.S.'s director.

To ensure that all students, regardless of their diverse needs, are able to perform to their highest potential, Central has become a leader in providing a wide variety of services.

As mandated by the Americans with Disabilities Act, the office for D.S.S., located in Bouillon, offers services on a case-by-case basis to students depending on their unique needs.

Students with documented disabilities can register with D.S.S. to ensure they receive the aid they require to be their most successful.

D.S.S. offers everything from testing accommodations to interpreters and closed-captioning for hearing impaired students. Cases are approached differently for each student depending on the assessment of their individual needs, also determined by D.S.S.

"I was tested and diagnosed with a learning disability in junior high," said Jessie Perkins, a senior recreation and sport studies major currently completing her professional internship. "I registered with D.S.S. as a freshman and was able to use services like time-and-a-half for tests; I also was very supported by the individuals in the office."

According to statistics from the D.S.S. office, Central is now educating the highest number of students with disabilities per capita in the state, with six to seven percent of the student population registered with the office.

The innovation and creativity in our office is based on retaining students with disabilities, above and beyond what is mandated by law."

-Robert Campbell
Disability Support Services director

For more information contact Disability Support Services at 963-2177 or in Bouillon Room 205

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Craig Cannon does his part at a time when the Red Cross is in need of blood donations the most. He donated blood at the monthly blood drive at the Christian Missionary Alliance Church.

Red Cross needs more blood

by Sarah Bertolani
Staff reporter

On average, nine out of 10 people will need a blood transfusion at some point in their lives. Whether it be for the treatment of cancer, during surgery, for premature babies or those needing organ transplants, the need for blood never stops.

After the recent holiday season the demand for blood has increased while the number of donors has gone down. Lori Clark, executive director of the Kittitas County Chapter of the American Red Cross, said that during the holiday season people are a lot busier and don’t have time to donate. However, due to the increase in travel around this time there are more accidents on the road and the need for blood goes up. Blood types AB negative and O negative are specifically in greater need right now with less than a one day supply.

Central Washington University is made up of thousands of healthy active college students whom are prime candidates for donating blood; however, few actually take the time to donate. The local Red Cross has a blood drive once a month on every third Monday at the Christian Missionary Alliance Church. The Arnold Air Society holds one on campus every quarter with one coming up on Feb. 1 in the Samuelson Union Building.

Last Monday was the Red Cross’s monthly drive, which was sponsored by Junior American Red Cross Aids (JARCA). JARCA is made up of Ellensburg youth ranging in age from middle school to students attending Central. Kellie Brennan, blood drive service coordinator for Kittitas County, said that despite the snow on Sunday, she expected 100 donors by the end of the day.

"Most of the people that turn out for these drives are regulars and show up rain or shine," Brennan said. Starting at 1:30 p.m. and ending around 6:30 p.m., these monthly drives are quick, easy and help out a lot of people.

The whole procedure takes around an hour. However, the actual drawing of the blood takes about 10 minutes. A donor must first check in at registration where they are given a form to fill out and a pamphlet to read. Next, the donor is taken into a room where a nurse checks their blood iron level and collects a history report. From there, the donor’s blood is drawn and given something to eat. Giving one donation of blood can help up to three people, the plasma, the red blood cells and the platelets are used. It takes about four to eight weeks for the complete replacement of the blood cells, so it is safe to donate once every 56 days.

The blood drive coming up in February is going to present a challenge to Peter Dobbins, Arnold Air Society Director of Operations, and the members of AAS who are sponsoring the drive. Last quarter they had two days and managed to collect 70 units, getting enough donations to help more than 200 people.

Faculty to vote on agreement

by Allison White
Editor-in-Chief

Negotiations for a first contract of Collective Bargaining have finalized with a tentative agreement. It didn’t take seven years and in the end it will barely take seven months for the Collective Bargaining Agreement to become operational.

Last week both the administration and faculty bargaining teams were in negotiations every day to produce a full proposal, which will be presented to faculty by early next week.

"I’m very confident and very enthusiastic that this contract is in the best interest of the university," said Danil Cam/Casciato, faculty union president, chair of bargaining and Brooks Library head of cataloging.

The contents of the contract have not been released, but tonight there will be an informational meeting for the faculty union. Casciato hopes to answer common questions and begin the education process for faculty members.

"We’ve never had a ratification vote," Casciato said. "We’re educating faculty, voting and going from there."

Once the contract is disseminated to faculty members a two to three week period is expected so faculty can read through the contract. After ratification the union will vote on the contract, and it will then go to the administration.

"As soon as we [the administration] have that I’ll ask the president to calendar a meeting with the Board of Trustees," said Michael Jennings, associate vice president for faculty affairs, "because they also need to ratify the agreement." After the BOG has ratified the contract it will become the operating procedure for the administration and faculty.

Now they get to deal with changing paperwork for faculty members, developing new paperwork, retaining Human Resources employees, developing new filing systems, revising the existing faculty code, and dissuading any confusion that will come from the switch in the operating contract.

Jennings said most of the confusion resolution will come after dis-
Extra patrols, focusing on intoxicated drivers, have led to the high number of DUI arrests last year.

New sign serves as a good reminder for drunk drivers

by Paul Balcerak
Staff reporter

Drivers entering Ellensburg via Interstate-90, exit 106, may have noticed a new addition to the roadside sign tallying DUI arrests in Kittitas County. The sign, located just east of the intersection of Highway 97 and West University Way, reports 502 DUI arrests were made between January and September of 2005.

It went up the second week of December as a part of the county's "Drive Hammered, Get Nailed" campaign. County officials erected the sign following a suggestion from Brian Melton, a traffic safety officer with Central Washington University Campus Police. Melton pitched the idea following a traffic safety conference several months ago.

County officials, along with local law enforcement, are hoping that the sign will impact the number of DUI arrests by getting the word out about how frequently people drive drunk.

"The sign means different things to different people," Hopkins said. "There are several different reasons and perspectives for putting up the sign. People will notice how high DUI numbers are and it tells people that county law enforcement agencies participate in overtime patrols."

Central Police Chief Steve Rittereiser said that the purpose of the sign is fairly clear cut.

"It's clearly there for one reason—it's a deterrent," Rittereiser said. "It's a reminder that Kittitas County does take traffic safety and, in particular, DUI enforcement fairly seriously."

Hopkins said DUI arrests through November 2005 totaled 594.

"If that average holds, that will mean there were 648 DUI arrests in 2005," Hopkins said. "That's roughly 54 arrests per month."

Police have recently stepped up patrols.

"There's a number of emphasis patrols, and things like that, that have happened in our community," Rittereiser said. "There's been some emphasis during times when things are really busy. Obviously there's some holiday times that you do some emphasis on those kinds of things and we've participated in that pretty regularly."

Reaction to the sign from the community at large has not been particularly overwhelming.

"The only thing we've had so far in terms of negative feedback, as far as I can think of, is the guy that put up the sign for us said he'd like to make the letters and numbers reflective, so people can see the sign better at night," Hopkins said.

Student reaction thus far has been fairly negligible, with a good number of students completely unaware of the sign's existence. Most students, when confronted with news of the sign being posted, seemed fairly apathetic, though a few suggested that the sign could draw negativity.

"It doesn't really give us the best image," Paul Moraski, senior exercise science major, said. "It's like, 'Hey, look how many people we arrested last year.'"

Rittereiser said that he is aware of the possibility of negative sentiments, but brushes that possibility off as "part of the risk of advertising."

He added that any public advertisement of an uncomfortable subject such as drunk driving is bound to draw negative reactions, but that local law enforcement is willing to take the risk for something they believe could dissuade citizens from driving drunk.

"If we're going to offend somebody and they're not going to come in and do business in the community because we have a DUI sign, that's a risk we're willing to take and I think the community is
The bookstore moving transition is expected to take around two days. The new store will have a larger selection of clothes and magazines.

New bookstore has more to offer

By Chelsea Evans
Staff reporter

Saying farewell never felt so fine! The University Bookstore is packing up and moving over to the new Student Union Building and Recreation Center, bringing tons of new perks to the store.

The bookstore is expanding its space and improving its atmosphere, moving from its original location in the Samuelson Union Building, to the new SUBREC.

Steve Wegner, the bookstore's manager, said that the transfer itself has been an ongoing 10-year project. For the last four years that Wegner has been working for Central Washington University, the new bookstore has been the main focus of his job. The store's motivation for the move is to increase in size, and to attract more students.

The benefits offered to the students include a small reading area with additional benches running along the east side windows, twelve registers with organized lines, resembling airport lines, to help with the rush of quarter lines, to help with the rush of quarter

There will be a greater selection of clothes, magazines, student supplies and music CDs. Cubbies and digital lockers will also be available for students to put their belongings in. The lockers are free and any student can create his/her own combination that is immediately erased when the student retrieves his bag. Students do not need to worry about finances however, despite these added advantages, the prices of books and other supplies will remain the same.

Managers for the project hope that the increase of students, parking and the activity in the building will create enough revenue to keep prices the same. Yet these are not the only concerns of students on campus. Changing the bookstore's location seems to have put some people on edge.

"Initially, it will be hard for students to get used to, [the location], cause it is not the central part of campus," said Hughes. Ryan Hughes, junior accounting major, said.

The walk from classrooms in Shaw-Smyser and the Science building will take longer in getting to the new SUBREC.

"Our books always seem to be heavier when we have those classrooms!" said Hughes.

Other students have commented about spending their money on irrelevant equipment.

"The lockers sound like a cool idea, but I think the money could be put to better use," Ashley Gregorich, junior business major, said.

Still, the excitement seems to be out- shadowing the concerns of students as everyone is looking forward to the variety that the store will provide.

"It's nice to have the CD selection and more clothes, it gives them [the bookstore] a step up over [Jenis], and students are going to charge way more money to their cards," Gregorich said.

Although the actual move for the bookstore has been pushed back to mid-April instead of March, it will be open for book sales in the spring. The only time the store will actually close is on the weekend it transfers all supplies, possibly for a Friday and a Saturday.

This project will cost $900,000 in the next 30 years that students will be helping pay for.

A number of a bigger problem.

Many students and faculty feel the school may not be doing enough or giving enough support for students with special needs.

"Many students do not receive the support from the school that they need," Soltz said. "A lot of this is due to the ignorance of teachers who do not want to take the time or accommodations that many students need."
Isolation: not just for foreigners

If you've worked in a coffee shop and happened to encounter a few international students, you can probably imagine the scene where the cashier asks questions like "whip cream?" and the foreign students give funny (you won't believe how many people can't get American jokes), it's weird that some of us even need to be reminded.

We all need to be aware of it because there is a high chance that we might be part of that community in the future. Most of us don't think about the hazards of navigating through campus on an icy winter morning. But those thoughts would definitely change if you suddenly couldn't see the icy sidewalk, or couldn't hear the whirring engine of the sanding truck coming up behind you. All of us take for granted our abilities to see, hear and walk around. We need to start thinking differently because there is always a chance our abilities could disappear overnight.

In life there are many things that could affect us, be it tomorrow or in old age, and have the potential to disable us. That is precisely where the phrase "temporarily abled" gets its meaning.

So forget about being disabled, differently abled or having special needs.

We're all temporarily abled.

We'll all be abled until we aren't.

After taking a closer look at the phrase it's startling how true it is. Life expectancy rates are growing higher each year since medicine is continually improving. That means we all have more years to look forward to, but I wonder how many of us will spend being unable to do what we want.

In the end, being temporarily abled means just what it states. We all have temporary abilities that other people don't have. Having these abilities doesn't make us better than anyone else, it just makes us all different from one another.

In today's society it's not rare to find a place willing to help people with different abilities, but I am glad our university is one of the places that is able to bring help to those who need it.

Allison White is the Editor-in-Chief and can be contacted at whiteal@cwu.edu

It's not a problem just for non-English speakers. I also know Americans living in foreign countries, asking their families to send burritos and burgers to them because they can't handle the cultural differences.

How about ABCs, Americans-born Chinese? You might think they are doing better because they can speak both languages and fit into both communities. False! Their Asian appearance and some of their ways of doing things could make them very uncomfortable for other white people. They are called "bananas" by many Chinese people because "they're yellow outside, but white inside." As a result, we all live in our comfort zone, only hanging out with people who we're like, and will always live in "culturally" closed communities because most of us have been in a country.

To me, multiculturalism shouldn't mean the co-existence of different cultures, or a disconnection from one another.

Foreigners may withdraw themselves from the unfamiliar, culturally up-side-down society when they move to the United States, however, there is no denying that the hostile attitude toward non-English speakers does exist in American society.

In today's culture where the language barrier is tough, not even mentioning the effort needed to "fit in." You don't have to live outside of your shell, but I would say, why not open it at least? They might slip you on the face, but they cannot bite your head off.
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**'Step’ Into Black History Month**

By Tim Vermeulen
Staff reporter

The world renowned percussive dance ensemble "Step Afrika!" is coming to Central Washington University to kick off Black History Month. This is the first time the group has performed at Central and will be the starting point of a national tour, Djordje Popovic, the Program Coordinator for the Diversity Education Center at Central said.

The performance will take place at 7 p.m., Monday Jan. 23 in McConnell Auditorium. Admission is free and seating is first-come, first-serve. The event is sponsored by the Central Diversity Education Center, Black Student Union (BSU), and Equality and Services Council.

"I'm excited," said Abolade Majekobaje, BSU advisor and Central admissions Counselor. "This is something really new that students and the community haven't seen before."

According to the official Web site, "Step Afrika!" is the world's first professional "stepping" company. Stepping is a unique dance tradition that comes from song and dance rituals of African American fraternities and sororities in American colleges of the early 1900s. The body is used as an instrument to create rhythms and sounds through footsteps, claps, and the spoken word.

"The performance will be educational, yet celebratory," Popovic said. "These programs are exciting, entertaining, and accessible to everyone. [Step Afrika!] will feature step dances from black fraternities and sororities and the dances linked to these, tap, hoofing (the first black form of dancing), traditional Zulu dance, and gumboot (a modern African dance), as well as a genealogy of stepping and the parallel development of stepping and gumboot."

"Step Afrika!" was formed in 1994 by Howard University alumni Brian Williams, and the current company members are all alumni of American colleges.

The group tours 50 American colleges and universities annually, and holds a yearly international culture festival in Johannesburg, South Africa.

For more information visit: http://www.stepafrika.com

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**Central starts classes to put art into kids lives**

By Andrea Rast
Staff reporter

Beginning Jan. 27, the Central Washington University Visual Art Teaching program will offer Friday afternoon art classes for children in third through the seventh grade. Art education majors, under the direction of Shari Stoddard assistant professor at Central, and graduate assistant Becky Dietrich will teach the classes. The program will only accept 15 children per section, to ensure that each child is getting a good experience.

This is the first time Central is offering this program, but plans to continue it in years to come. School children enrolled in the program will experience discipline-based art education which includes art history, art criticism, aesthetics, and the opportunity to produce art of their own.

"Kids will build art skills and abilities, they will also see how art connects in the world," Stoddard said. "There's a reason for why we make art."

Each section focuses on a different aspect of art. "Lights, Backdrop, Action" will concentrate on stage design and theatrical stories. "Op to Pop" will hop into the world of contemporary artists like Andy Warhol where students will create their own optical illusions and art creations. "Living Your Future Now" will let children decide what the future holds by allowing them to explore with sculpture, architecture, design, clay, and collage.

The art classes will benefit more than just the children involved.

"The program gives art education majors hands on experience with children," Stoddard said.

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Starting a new club is easier than you thought

Core classes and grades are important aspects of college life, but they’re not the whole picture. Involvement in a club really adds to the college experience, said Lindsey Jackson, Associated Students of Central Washington University vice president for Clubs and Organizations.

"There are really a lot of benefits involved when you’re an official recognized club," Davis said. "You get more support from the university."

Once a constitution and bylaws have been written, a list of members including the president, the vice president, secretary, treasurer, senator, as well as officers must be included.

"The process of constructing a constitution may be difficult for those unfamiliar with clubs or government, but Campus Life Accounting has resources to help," Davis said. "They’ll call up someone from your club and ask them a few questions just to verify the information on the packet and then you’ll get recognized."

Although time consuming the process of starting a club on campus is relatively easy and stress free. "It’s only difficult if you’re not willing to put the time into it," Jackson said. "You have to recruit students; you have to write a constitution and bylaws. It does take effort, it does take time."

The Groove Merchants
The Atripeos Quartet
The Plastic Paddies
The Pearl Street Band

The city of Ellensburg is offering a distraction from the chilly, winter weather.

The second annual WinterHop Brewfest will be held on Saturday, Jan. 21 in Downtown Ellensburg. Twenty breweries from around Washington will showcase their microbrews at stores and restaurants throughout Ellensburg. Each brewery will bring at least two of their microbrews and focus on seasonal brews. Representatives from each brewery will be present to talk about their microbrews.

Live bands will be performing at the festival while patrons visit each venue.

2nd Annual WinterHop BrewFest comes to downtown Ellensburg

With more than 100 currently active clubs on campus ranging from clubs associated with a certain major to clubs associated with special interests or hobbies, the most basic requirement for any club is that they accept everyone.

"The purpose of the club has to be something where everybody in the school can be able to join in and participate," said Lindsey Jackson, Associated Students of Central Washington University Board of Directors vice president of Clubs and Organizations.

A minimum of five interested students plus a faculty advisor is required to form a new club, and then the application process begins.

"There is a club recognition packet that walks new clubs through everything that they need to do... in order to get started," said Kay Davis, accounting supervisor in Campus Life Accounting.

"There have to be a set of bylaws, a constitution and a written statement of the club purposes that includes who can be a member."

Once a constitution and bylaws have been written, a list of members and officers must be included.

"In the recognition packet you also list the president, the vice president, secretary, treasurer, senator, as well as other members," Jackson said. "You have to have a governing body in your club."

Completed club recognition packets must then be signed by John Drinkwater, director of Campus Life, and returned to the BOD office.

"Once your packet is turned in, you have to attend the very next BOD meeting to work at the new REC center," Kuhnhen said she has no problem working at the new REC center as well as attending classes.

"I only work three days per week and I like working here because it motivates me to personally work out," Kuhnhen said.

Q: How long have you worked here?
A: Training began on the 27 of December and I’ve worked here ever since.

Q: What do you like best about the new REC center?
A: I like the variety of equipment and the fact that it’s all updated and new equipment. I also think that the new building is more accommodating to the student body on campus.

Q: What's the coolest part of your job?
A: I like just being in here and meeting all the new people.

Q: What's the worst part of your job?
A: I would have to say that complaints from dissatisfied customers would be the least enjoyable part of my job.

Q: What would you say is the biggest complaint you get from students?
A: The biggest complaint I hear is that not everything is up and running right now.

Q: What do you think would be the area of improvement needed for the REC center?
A: Getting everything operational.

Q: What, if any, are your pet peeves about people's use of the new REC center?
A: I don’t think I have any.

Q: What is the weirdest question you’ve been asked by a student?
A: Not necessarily weird but the most commonplace is the complaints about the lack of racquetball courts which were in the original plans.

Q: Do you think that the card swiping machine is a good thing or bad?
A: I think it’s a good thing because it regulates entry and exit of students.

Q: Why did you want to work at the REC center?
A: I personally enjoy working out and thought that working here would be the perfect non-academic job.
Central religious clubs provide opportunities for spiritual learning

Campus Crusade for Christ helps students in their faith

by Ryan Fudacz
Staff reporter

Students pack the Samuelson Union Building theatre every Thursday night for the Campus Crusade for Christ (CCC) weekly meeting. During the meeting, students join in Bible studies, socialize and listen to contemporary Christian worship music performed by the CCC's band. On weekends, the club holds social events ranging from ultimate frisbee in the dark to parties themed after ugly sweaters and mustaches.

"Through my experience with Campus Crusade I've been able to take my faith to a whole new level. I'm a lot more serious about my faith than I've ever been," Tyler Sears, sophomore, uncalled said.

The Campus Crusade for Christ reestablished 10 years ago on Central Washington University's campus, is a group that welcomes anyone for the chance to become closer to God in their faith. On Mondays, the club offers "Talk Time" directed toward helping international students.

"We offer international students the chance to make friends not only with one another, but with Americans... because when you're away from your home country, for two, three, or five years it can be kind of lonely," said Kent Devault, advisor of CCC.

During spring break, the CCC will head south to help out the victims of Hurricane Katrina. The club has an open invitation to all Central students interested in helping with the disaster.

"We are going to help rebuild homes or tear out garbage or whatever is needed," said Dave Hunter, CCC director.

CCC holds meetings at 7 p.m. Thursdays in the SUB theatre and "Talk Time" at 6 p.m. in the Mary Grupe Centre.

To become involved can contact Dave Hunter at 968-3443.

SALT makes connections and ministers to students

by Clare Jensen
Staff reporter

Hundreds of students gather at the Ellensburg Christian and Missionary Alliance Church (CMA) every Tuesday night to worship God with SALT. Don't worry about these students' sodium intake, because it is not the type of salt contained in a shaker.

SALT is a ministry of the CMA which allows students to get together with others who share their values, to make strong connections and to provide service throughout the community and country. Members and non-members alike gather at the CMA at 7 p.m. on Tuesdays. There are also small group meetings throughout the week for additional support.

"I like [SALT] because it's a good place to see my friends," said Phil Grover, junior.

Ellensburg, Ellensburg Christian and Missionary Alliance Church, Ellensburg, Ellensburg, Web site at www.cwu.edu/~salt.

Latter Days Students Association works for a cause

by Clare Jensen
Staff reporter

The Webster House, located at 967 D Street, is a place for students of the Christian faith to come together, socialize, study and further their knowledge of Christ. The Latter Days Student Association (LDSSA) is affiliated with the Church of Jesus Christ of Latter Day Saints, and is considered the educational arm of the church. Known by many as the Mormon church.

Ronald Grover is the director of LDSSA and works with college students around Ellensburg who are interested in their Christian principles.

"The teachings at Webster House are centered around Jesus' life, mission and atonement," Grover said.

There are 130 young adults involved in LDSSA's daily classes, and more than 200 participants in service activities and worship.

LDSSA is very involved with service around the community and the greater Ellensburg area.

One tradition is cleaning up the streets of downtown Ellensburg in the name of Bettytaa. Bettytaa is a well-known developmentally disabled citizen of Ellensburg who used to tidy up Ellensburg himself, but is now unable because of Alzheimer's.

LDSSA also works with Lakewood Washington's Thrift Recycling in collecting textbooks, bibles and novels for underdeveloped countries. If students would like to help with this cause, donations can be dropped at the Webster House.

People interested in participating in LDSSA can stop by the Webster House any time to receive information on classes, weekly guest speakers and 50 cent lunches, or any service projects and activities.

Worship is from 1:30 to 4:30 p.m. on Sundays at the Church of Jesus Christ of Latter Day Saints on Brick Road.

To become involved contact Ronald Grover at 925-9416.

Campus Catholic Ministries teaches students about God

by Ryan Fudacz
Staff reporter

The white framed house located on Sprague Street is known to many Central Washington University students as a place to meet fellow students, socialize, take part in activities and more importantly, a place to grow in their faith toward God.

The Catholic Campus Ministry house, just south of campus, allows students to take part in the ministry's activities. Catholic Campus Ministry (CCM) holds activities such as movie nights, bowling, dodge ball and every Thursday basketball. Events like rosary, Bible study, and Catholic Mass offer students the chance to find their faith in God. All events and activities put on by the CCM are open to anyone, regardless of religious background.

CCM also provides classes for students and community members who would like to become Catholic.

Fellowship minister, Julie Turner said, community members grow closer together and closer to Christ through CCM.

"We want people to feel welcomed, that they kind of have a second home here," Joe Kiesel-Nield, campus minister, said.

The CCM house is occupied by four Central students and is open throughout the day, from the time the students wake up until they go to bed. The CCM has been active on Central's campus for 57 years.

If you would like to become involved contact the CCM house at 925-3043 or visit the house, located at 706 N. Sprague St.
Students in the art education class are actively working on the lesson plans with any questions about the assistantship program.

The sound of the album is a step up in professionalism from their previous two albums, featuring better guitar and vocal solos and a greater diversity in the sounds of each track.

The first single from the album, "Juicerbox," is a rarity from The Stokes: an aggressive and angry song for the most part, with an off-tempo chorus that tails quickly back into fury. Julian Cashabakan, lead singer of the band, Lottman, "You're so cold, you're so cold," with the scratchy feeling Stokes fans have grown accustomed to, followed immediately by his husky lower range.

Jon Dulan, from SPIN magazine, went so far as to say that, "Jalal's croon remains one of the most beautiful messes in contemporary music" in the January 2006 issue. However, their review went on to admit they did not expect the Stokes to make it this far, or continue for much longer, which parallels the Rolling Stones' review.

Despite all the hype and important critics have placed on this album, don't be fooled too much into thinking this is a vast maturity change for The Stokes.

"The Stokes haven't even matured... all that much," said Sheffield. "They've just learning some new tricks."

Yet the maturity is evident, and this is the strongest and richest album from The Stokes. It's no masterpiece, and it's not an essential must-have for anyone's collection. It's a worthy buy, full of easy-on-the-ear guitar, deep bass, and the usual snappy drum beats Stokes fans can still groove to.

ART: Central students begin teaching Friday art classes to children from the Ellensburg community

Chances are if you've seen one Fence, you've seen them all. The fences don't care much what the critics say, their latest album, "First Impressions of Earth," is full of indifferently lyrics exemplified in tracks such as "Razorblade" ("My feelings are more important the death I don't care") and "On the Other Side" ("I'm tired of everyone I know of everyone I see"). There's also a deeper side dealing with the universe and God in tracks like "Electricityscape" ("Don't be a coaster/God is trying to talk to you.")

Students in the art education class became involved in the program and are actually working on the lesson plans together.

"I'm anxious to see how the lesson plans we have been working on will go over with the students," said Jessica Cochran, post-bachelor art education major. "And to see how successful me and the classmates will be in teaching those lessons."

"I will be gaining a lot of useful knowledge while also gaining experience as an art teacher," Cochran said. "At the end of the fifth session there will be a final exhibition celebration so the children can share their art with parents, family and friends."

We express ourselves better and refreshments. Class sizes are limited.

If you or someone you know is interested, contact Shari Stoddard at 963-3141.

Students who are currently employed as graduate assistants also need to submit applications by February 15 if they are interested in being considered for an assistantship for next year.

Please contact the office of Graduate Studies and Research at 590-963-3101 with any questions about the assistantship program.

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**Smooth Strokes: 'First Impressions of Earth' a step up for the Stokes**

Bryant Phillips

Staff Reporter

The Stokes have been accredited by many as founders of the latest fast-tempo, danceable rock jives gracing the airwaves these days. Band members Franz Ferdinand, the White Stripes and the Killers bear an uncanny resemblance to The Stokes, who in turn have claimed strong influence from the Velvet Underground.

Despite the mud: they've made no recent music, even Rolling Stone thought the Stokes would be just another flash in the pan. "The Stokes" seemed destined to blaze out in a storm of bozo and leather and Danish strippers... with a move sign-out the window flickering the words too much too soon," wrote Rob Sheffield of Rolling Stone in the January 2006 issue. It seems the Stokes don't care much what the critics say, their latest album, "First Impressions of Earth," is full of indifferently lyrics exemplified in tracks such as "Razorblade" ("My feelings are more important than death I don't care") and "On the Other Side" ("I'm tired of everyone I know of everyone I see"). There's also a deeper side dealing with the universe and God in tracks like "Electricityscape" ("Don't be a coaster/God is trying to talk to you.")

The sound of the album is a step up in professionalism from their previous two albums, featuring better guitar and vocal solos and a greater diversity in the sounds of each track.

Their last album, "Room on Fire," made a good listen for its energy but had a lukewarm reception to it. While the second half of "First Impressions" does blend together a bit, tracks such as "Evening Sun" shine out and lift it up again, and "Fire Light" is a fine conclusion to the album with one of the better riffs I've heard from The Stokes. The first single from the album, "Juicerbox," is a rarity from The Stokes: an aggressive and angry song for the most part, with an off-tempo chorus that tails quickly back into fury. Julian Cashabakan, lead singer of the band, Lottman, "You're so cold, you're so cold," with the scratchy feeling Stokes fans have grown accustomed to, followed immediately by his husky lower range.

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Bryant Phillips

Staff Reporter

**Smooth Strokes: 'First Impressions of Earth' a step up for the Stokes**

"I'm anxious to see how the lesson plans we have been working on will go over with the students," said Jessica Cochran, post-bachelor art education major. "And to see how successful me and my classmates will be in teaching those lessons."

"I'm excited for this opportunity," said Cochran. "And I'm excited to see what it has to offer me, my classmates, and the children who come to it."
Wildcats ride win streak

by Jake Paquette
Staff reporter

Lance Den Boer, junior, scored the final four points in the 91-87 victory against St. Martin's, the first of two road victories this past weekend. With less than 30 seconds to go, Coach Greg Sparling called the game winning play to co-captain Den Boer who drained the jumper while getting fouled, pushing Central Washington University into third place in the conference.

"I was the first option, I got a nice screen from Teddy Craven, got fouled, and hit the shot," Den Boer said.

Den Boer also owned the glass, grabbing 13 rebounds, six above his season average. On the season Den Boer is shooting 94 percent from the free throw line, best in the Great Northwest Athletic Conference.

The win gave the Wildcats the confidence they needed as they rolled over the Seattle University Redhawks two days later, 86-73 in Seattle. The two road wins improved their league record to 4-1.

Senior guard Robert Hicks ignited the offense by hitting three consecutive three pointers in a span of two minutes, giving Central a commanding lead.

"I thought the third three was going over the backboard when I let it go but it was nothing but net," Hicks said.

The big surprise was the defense of freshman Johnny Spevak who contributed 19 points and a season high five steals. On the season the entire team averages five steals per game, last in the conference.

"I feel them out and try to sit on their next move," Spevak said.

The freshman also made eight out of his 11 attempts from the field.

"I told Julius before the game that..." by Marqise Allen
Staff reporter

A battle for domination in the Great Northwest Athletic Conference will begin tonight, 7 p.m. at Nicholson Pavilion.

The Central Washington University men's basketball team will have their hands full when they host Seattle Pacific University. Seattle Pacific is currently tied with the Western Washington Vikings, for first in the Great Northwest American Conference with a 13-1 record, 5-0 in conference.

"[Tony] Binetti and [Dustin] Bremerman are playing well. The team is playing with a lot of confidence. They look like a whole new team from the beginning of the season," Coach Greg Sparling said.

The Falcons are led by their two top scorers, senior guard Binetti and junior forward/guard Lance Den Boer and senior guard Chris Bannish averaging scoring of these two has helped the Falcons average 84.6 points a game.

Seattle Pacific's offense is not its only strength, but what is even more important is that their defense is equally as good.

"They have one of the top defenses in the league," Sparling said.

The Falcons defense keeps their opponents to 75.5 points a game. This season out of the 14 games that the Falcons have played, six of their opponents had records of at least .500. The Falcons responded, winning five of the six games.

All might seem to be lost for the Wildcats, but that could not be any farther from the truth. The Wildcats have two dominant scorers as well with junior forward/guard Lance Den Boer and senior guard Chris Bannish averaging...
Laura Wright puts down 49 total points against Alaska teams

By Casey Donovan
Staff reporter

People in Alaska are usually pretty good at taking down wildcats, but the only thing that the Alaska Anchorage Seawolves and the Alaska Fairbanks Nanooks seem to be hurting for was mercy as the Wildcats of Central Washington University ripped apart both Alaska teams by a combined 67 points.

Last Thursday, Central hosts the Great Northwest Athletic Conference (GNAC) opponent Alaska Anchorage who brought with them an impressive 8-4 record. Anchorage's early attempt was to get inside the paint and dish out to the GNAC's fifth best three-point shooting team.

The Wildcats interrupted the passing lanes of Anchorage, as though none of the Seawolves wanted the basketball or didn't know what to do with it.

"We stepped up our defense and made some adjustments so that we're not getting beat on penetration," Coach Jeff Whitney said. "Defensively, we're playing the way we are capable of playing.

Centrals senior forward Jamie Corwen, junior post Laura Wright, and sophomore wing Hanna Hull proved that with the only program that offers the trifecta. The trio provided 33 points in the game for the Wildcats.

Frustrating the Seawolves, Wright used a mix of quickness and power, and Hull with Corwen shooting lights out in the first half. Central led 51-20 at halftime.

Anchorage tried both man-to-man defense and a zone, but both were ineffective. Anchorage had no solutions to the utility of Wright, who brought with them an impressive shooting team.

"We're transitioning and being very unselfish," Whitney said. "We're transitioning and being very unselfish." Whitney laughed as he said that sometimes his players give up easy shots to make the extra pass.

Central began to control the game, leading at halftime 40-26. The Wildcats kept up the tempo, utilizing fast-break opportunities for easy points.

"We're playing team basketball," Whitney said.

"We're transitioning and being very unselfish." Whitney laughed as he said that sometimes his players give up easy shots to make the extra pass.

Central continued to push the ball up court with blazing speed, catching the Nanooks in transition and allowing for easy buckets.

The team effort has proved vital for the Wildcats as each player puts something into each game that is positive to the game's outcome.

"Now we're starting to reach goals, where before we were not doing that," Whitney said.

Central goal was to be 3-3 in conference play after the win. Our student body has spoken, and the Wildcats have the Wright stuff.

"We stepped up our defense and made some adjustments so that we're not getting beat on penetration," Coach Jeff Whitney said. "Defensively, we're playing the way we are capable of playing.

Laura Wright drives through the paint against the Seawolves on route to 49 points.
Right: Junior Ashley Blake gets fouled while shooting.

 Lenin Quedado

Recognizing the new REC

Top: Laura Wright is one of Central's leading scorers, and one of the many who have benefitted from the new REC. The facility has been deemed by many a waste of student money and other usage complaints.

Although seemingly extremely popular, the REC Center has successfully split the opinions of Central Washington University's student body. Those who don't regularly work out have at least stopped by the new state-of-the-art complex.

Others have found themselves frequenting the new complex, which includes a work-out room, jogging track, rock climbing wall, basketball and volleyball court, two saunas and locker rooms.

Central gym rats however, were the most vital in gaining a more realistic perspective of the new facility's respective pros and cons.

Central's new facility has been deemed by many a waste of student money, juniors and seniors alike agree that their tuition could have been spent on bettering the school's education, not on plasma screen TVs that line the second floor walls in front of the treadmill.

Students share a common opinion that funding could have been used for more free weights or even a larger weight-room, which has deemed itself a problem in the new REC, as overcrowdedness has become bothersome.

"The large lines at the climbing wall have congested the main entrance to the gym," sophomore Jordan Morris said. "And you find people waiting inside the weight room doing absolutely nothing."

Apparently, what appears to merit complaints was the manner in which funding was used. Students are angry that they must continue to pay fees for the new REC. Students will pay $95 per quarter throughout the year, while a $75 fee is assessed for summer use.

"It's not all complaints, however. What seems to be appreciated is the wide-ranging activities that are available, including basketball, badminton, volleyball, pickleball courts and a rock climbing wall. Students also enjoy that the REC center is not biased against variety sports, leaving every inch of the 80,000 square foot building open at all times to everybody.

Our student body has spoken, and according to the grapevine, the REC may not be as crowded up as everyone believes it to be. Students want more weights, larger facilities. They appreciate the large staff, yet resent the fact that our money has been seemingly wasted on an abundance of plasma screen TVs.

However, one often overlooked aspect is that the REC was planned and developed with student effort, and overuse of the gym has become bothersome. The team effort has proved vital for the Wildcats as each player puts something into each game that is positive to the game's outcome. "Now we're starting to reach goals, where before we were not doing that," Whitney said.

Central goal was to be 3-3 in conference play after the win.
Fitness classes coming to REC Center

by Seth Williams
Staff reporter

The REC Center expects to be more than a visual attraction in its first month of existence. Starting next month, the REC center will begin to offer various fitness programs for all students to participate in.

A yoga class will be the first to be introduced with a full slate of programs on the horizon. The yoga class will meet from 7:30 to 9 p.m. every Tuesday and Thursday in the upstairs fitness rooms of the REC center. Sign up will be on a first come, first serve basis and the program will be free for all students because of a sponsor program from the Wildcat Wellness Center.

"The Wellness Center has been a great partner to the recreation staff," said Bob Ford, University Recreation assistant director. "They've been really valuable in starting this program."

Numerous other programs have been planned including spinning classes, step aerobics classes, two different Pilates classes and a boot camp class, which put the student through a series of intense multi-station exercises. These programs are still in production and should be available to all students by early to mid February.

"We want to make sure we get it right," said Ford. "We want the same fabric of quality in all our programs that the students have come to expect from such an excellent facility."

Ford said much of the equipment required for these programs still needs to be ordered.

"We possess hundreds of work-out equipment catalogues, so we want to make sure we choose the best fitness equipment we can," Ford said.

Helping to lead the assembly of fitness programs will be Central Washington University graduate and former exercise science major, Cody Simms. Simms will be the fitness coordinator and in charge of member access services.

Simms, who spent the last couple years at the University of Alabama-Birmingham will be a huge asset to the fitness classes program, said Ford.

"His expertise and attitude will be great for the program," Ford said. "She will bring a lot of energy to our staff."

The University Recreation staff is also pursuing many other instructors for classes. Along with certified and credentialed student employees the REC center will hire reliable companies, the REC center will hire reliable companies to certify and train all of their instructors.

"I'm really interested in all of the classes they are going to offer," said Tristen Owens, freshman and REC center employee. "I think they are going to be fun to go to with me and my girl friends."

Ford also said that the staff envisions the start of many other classes.

Exercise hikes go unused as they are yet to be any spinning classes offered at the REC Center. Once the REC Center is fully up and running classes ranging from aerobics and Pilates to kickboxing will be offered.

SPU: Thursday's game against Seattle Pacific Falcons will prove Wildcats mettle.

Basketball: Men 2-0 last weekend against St. Martin's & Seattle U.

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Tonight @ Nicholson Pavilion
Central Washington Wildcats
vs.
Seattle Pacific Falcons
7 p.m.
REC: Students contributed to planning for the new REC Center.

Continued from page 13

the student body, which then means that complaints about the manner in which funding has been used should be directly attributed to us, the students. So has the new REC exceeded our standards which run exceedingly high? Climb the grapevine of a rock wall yourself.

SATURDAY, JAN. 21
Knudson Lumber brings you AAU basketball night as the WILDCATS TAKE ON NNU at 7 p.m. at Nicholson Pavilion.

All students who are wearing an AAU basketball jersey will receive FREE admission.

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BE KIND TO YOUR PETS AND ROOMMATES THIS WEEKEND

For a limited time, the Observer is offering FREE classified ads to students on a space available basis. ADS MUST BE EMAILED to pagec@cwu.edu by 5 pm Monday to be considered for publication. Classified advertising rate is $4 for the first 15 words and 20 cents a word after that.

No commercial ventures will be accepted for free ads.
D&M COFFEE has moved out of the old drive thru and relocated at 204 South Water. We are open late and inside seating too. Serving you since 1990.