Faculty members of CWU want to find a way to remember Washoe, the former matriarch of the Chimpanzee Human Communication Institute (CHCI) family of chimpanzees.

"When Washoe died, we all felt the heartache," Nylander said. "It was really something to know the [CHCI Co-Directors Rodger and Deborah] Fouts, who taught the first chimpanzee to use human sign language ... we needed to do something that paid some kind of tribute to Washoe." Washoe Pan Satyrus was cons­­s­­tered, meaning the was removed from her biologi­­cal parents at birth and raised by caregivers. She was immersed in an American Sign Language (ASL) environment much like a child is immersed in a spoken language environment. She died of natural causes on Oct. 30, 2007, at the age of 42.

A traveling exhibit, put together by the anthropology department, will be passed around for display at various businesses in Ellensburg. It is designed to inform the com­­munity about the deceased chimp and help raise money for the future memorial.

The portable exhibit will be presented to the city council and Ellensburg-area businesses in June, where it will hopefully be displayed in detail in the fall.

"There are people that live in Ellensburg and come to Ellensburg that really don't know much about her," Nylander said. "We want people to have a higher appreciation for Washoe ... our community is actually benefiting from [Central's] studies."

Andy Granitto, curator of exhibits and programs at the Yaki­­ma Valley Museum and adjunct professor at CWU, is assisting anthropology students with the portable exhibit as a museum exhibit design class. This "exhibit" will include pictures and information about Washoe, ASL and the CHCI.

"We're surveying the public to just get a sense of how much they really know about Washoe," Granitto said. "I think [committee members] see our class as a way that will not only help them with their efforts toward the memorial, but market the Chimpanzee." The committee consists of people who were close to Washoe or contribute to the CHCI, including Nylander; Professor Emeritus in physical education Joan Putman; Barb­­a­­ra Bicchieri, professor of anthropology and committee secretary; Jerry Williams, owner of Jerry's Book and Supply Company and Charlotte Tuxis, CWU vice president of Stu­­dent Affairs and Enrollment Management and committee chair­­woman.

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The official form of the memorial or tribute has yet to be decided, but ideas have been discussed, according to Don­­na Nylander, director and writer for the Children's Musical Theatre in Ellensburg.

"When Washoe died, we all felt the heartache," Nylander said. "It was really something to know the [CHCI Co-Directors Rodger and Deborah] Fouts, who taught the first chimpanzee to use human sign language ... we needed to do something that paid some kind of tribute to Washoe." Washoe Pan Satyrus was cons­­s­­tered, meaning the was removed from her biologi­­cal parents at birth and raised by caregivers. She was immersed in an American Sign Language (ASL) environment much like a child is immersed in a spoken language environment. She died of natural causes on Oct. 30, 2007, at the age of 42.

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**Event brings focus to poverty, security**

by Matthew Hartman
Staff reporter

The Civic Engagement Center (CEC) kicked off Total Relief Week — May 12 through May 16 — in an effort to raise awareness and action about the importance of issues such as poverty, hunger, and food security.

According to Sherry Guderjohn, service-learning fellow in low and senior sociology major, it is important for students to take notice of situations such as Darfur, to recognize what happens when security is compromised. "The prices of food in Darfur have skyrocketed," Guderjohn said. "Not only do people involved with the 30-hour fast want to raise local hunger awareness, but awareness of this issue in other parts of the world where hunger is rife due to events such as natural disasters or war.

"We can also relate this event to the world being done in Myanmar, and the issues that surround that area," Anderson said. "There are thousands around the world that do not have food security, and we need to take action.

The fast kicked off Total Relief Week, which included more than 40 participants, not only worked as a reminder to Central students that there are people across the world without enough food, but also people as close as their own community Ellensburg.

"We want to highlight the issues with food insecurity, locally and globally," Guderjohn said. "It's a big issue; there are people in our own community that don't know where their next meal is.

Other students such as Shavonne Belford took part in the fast to show their gratitude that they are not going hungry as many in the world are. "A lot of us take it for granted that we can go to bed with our stomachs hurting with food," Belford said. This event is being held as well.

"Fifty percent of children in Mt. Stuart Elementary School qualify for assisted lunch programs," Anderson said. "And we are a piece of the solution.

"After the fast" is a time to reflect why exactly we fasted," Guderjohn said. "Sometimes you can get clouded about why you fasted and we have to drive home the message. Not only do people involved with the 30-hour fast want to raise local hunger awareness, but awareness of this issue in other parts of the world where hunger exists due to events such as natural disasters or war.

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The Civic Engagement Center (CEC) is hosting several events to bring awareness regarding global hunger issues. Many future activities that raise awareness and other important issues involving our community and world in the future will be put on by the CEC. These issues involve other hunger awareness, community youth, blood drives, fair trade and countless others.

For more information about Total Relief Week or to help in future activities, visit the Civic Engagement Center in the SURC room 256 B. Their Web site can be accessed at http://takeactioncwu.com/.
Students spare time, cash for weekly Bowling Club

by Sarah Hazel
Staff reporter

Whether students are experienced bowlers or have never bowled before, the CWU bowling club and varsity team offers discounts on travel expenses and game rates at Rodeo Bowl.

Currently, some students don't go to Rodeo Bowl because they believe the prices are too high. "I remember when I first went there that they gave us our stuff up front, and then we paid later," Carrie Potter, junior English major, said. "We were all really surprised after two games that it cost so much."

The rate for one game at Rodeo Bowl is $3.25, but with a CWU Bowling Club membership card, the rate drops to $2.25 per game.

According to Mike Allenby, owner of Rodeo Bowl, the bowling alley does not receive any compensation for the discounts that the business offers bowling club members. Their goal in offering the discount is to support CWU and to encourage students to participate in the club.

There are also discounts on travel expenses, but in order for students to receive these, they must be on the varsity team.

According to Amy Friedt, secretary of the Bowling Club, the team members are chosen based on the highest averages. The seven club members with the highest averages overall make the team.

"If you're on the team, we do a lot of fundraising," Friedt said. "So you get a lot of discounted travel [expenses]. We don't fly very much; we drive a lot, so it's a lot cheaper than some of the other clubs."

In addition to discounted travel expenses, the club pays the entry fee for each tournament.

The Bowling Club varsity team has been to many destinations in the past including Reno, Las Vegas and San Jose. Another perk of the club, according to Friedt, is the attendance leniency.

"You don't have to feel obligated to be there," Friedt said. "We like that there are people there each week, but if you have other pressing matters [such as] homework, school, or work, whatever, you don't have to come [weekly]. It's not required."

Previous experience is also not required to join the club. According to Friedt, the club welcomes students who have never bowled before. "If you've never picked up a bowling ball ... we will teach you the basics and then we'll work with you from there," Friedt said.

Want to join?
Students interested in joining can stop by practice from 4 to 6 p.m. on Mondays or 4:30 to 6:10 p.m. on Thursdays at Rodeo Bowl, or contact the coach, Scottie Fulp, at 253-229-1841.

Paulino Rios (above) and Mike Willer (right) from out of town participate in league night at the Rodeo Bowl during winter quarter.

The Bowling Club on campus offers discounted rates of $8.05 per game for members.

**PERFORMANCE:** Week long event help students bridge the gap continued from cover

After Bruce was done with his performance, Whitlock admitted to finding great value in the entire event.

"I wish more people would have come to gain this experience, she opened my eyes that deaf people are not different than any of us," Whitlock said. "I would do it again, not just to receive extra credit."

Whitlock described a story that touched him emotionally. The story about Bruce visiting fellow deaf friend, David, across the country, only to find out that he had just passed away.

David's roommates had been trying to contact her.

Because she is deaf and cannot use a phone, they were unsuccessful.

When she arrived, David's roommates told her that he was in love with her, and this news broke her heart.

"These stories cut the ties between people with disabilities and the normal, opening my eyes to our similarities," Whitlock said.

Daily Record

Concern was expressed over the loss of the Daily Record at Central.

"I really value the Record's local stories and the editorial page. They have ideas people usually aren't exposed to," AJA Woodrow, BIOLOGY GRADUATE STUDENT

"It's a real lightning rod of discussion," Tullos said.

The student government regularly attends city council meetings that cover retail.

Dereck Peacock, ASCWU-BOD vice president of equity and community services aid that there should be a resolution in the next couple of weeks or months over adding a Target, Kohl's, Ross and Old Navy to the city.

"Right now it's not looking too optimistic," Peacock said. "Parking's a big issue."

Central Transit

Central Transit shut down at midnight, which is about the time some students come home from weekend activities. Campus Police Chief Steve Rittereiser said that a survey was conducted with students and the result was that the transit was needed in the mornings and evenings until 11:00.

HopeSource is also trying not to intrude on the taxi company's business as well. Rittereiser said he has talked to the owner of the business and suggested bigger vehicles for weekend transport.

"It's important ... to talk about this as a community problem," Rittereiser said. "I certainly want to talk to more students about this."

Freedom of speech

After the failure of last quarter's Gilchrist speech, the university has had a problem trying to balance freedom of speech with civility on campus.

The cabinet said that they are trying to make some definite guidelines for any public speeches or demonstrations.

So far, they include having a moderator, not videotaping and having a definite plan for the question and answer session.

"We are in the process of looking at groups who come to campus and they might need to follow our guidelines," Tullos said. "If they do not, we would have the right to refuse their presence."

Section 1.3 of the university policy manual also has guidelines for speeches and protests.

Other issues briefly discussed were the following:

- Scholarships for students with disabilities or health care bills, for which information should be available online, according to Pellett.
- The effect of Dean Hall's renovation, which should be finished some time during fall quarter, according to Corona.
- The athletic department fee increase, which was voted down.
Students debate over coed rooms on campus

By Mimi Oh
Staff reporter

We're just friends; we just happen to be of the opposite sex. One hears this refrain from students who wish to room with another student of the opposite sex, in University Housing.

"My general thoughts on it are that I can understand them wanting to keep boy and girl roommates separate in the residence halls, but in the apartments, the living environment is so different," said Derrick Peacock, ASCWU-BOD vice president of equity and community service. "People who get apartments are a little older, more mature. If you look at the apartments, you can live together with anyone you want to off campus."

Peacock says that Ellensburg's social climate influences University Housing's policy, which requires documentation of marriage, or other perceived stable arrangements for mixed-gender arrangements.

Further, Peacock believes that this ban is sexist and hypocritical, especially concerning gay, lesbian, bisexual and transgender students.

Housing Director Richard DeShields explains that Central's housing policy is similar to those of other Washington State public universities. The reasons for the policy include space constraints on already long apartment waiting lists, safety concerns, desire to support a smoother transition to college, student and community concerns and the need to act fairly when assigning housing. He says that the administration guides many housing policies.

Vice President for Student Affairs and Enrollment Management Charlotte Tulles prefers not to comment as of yet, citing that dialogue is in the beginning stages. DeShields said that dialogue has begun and that in previous years, some students requested a policy change.

DeShields explained that many parents are concerned about safety issues related to gender. He said students also bring up this concern. Finally, he says that coed rooming creates a housing pressure on the university. He used an admittedly extreme example of a possible result of coed rooming of an 18-year-old woman being assigned to a room with a 40-year-old man.

"There is a different feeling of perceived safety between men and women," DeShields said. "Even same-gender roommates with big age differences get these problems, so mixed gender could exacerbate these issues. What happens if you assign a man and a woman together and the woman has a boyfriend? So, does that cause nibs? And again, you would get that in the gay community, as well. You couldn't win. I think that students know that we're trying to work with them."

Currently there are no policy changes being discussed for Student Village South.

Eastern Washington University (EWU) allows coed rooms and suites starting this fall in Brewster Hall. Three to four students will each have their own single room and share a bathroom and living room. EWU assistant director of residential life Steven Bertram says that Brewster Hall is a testing grounds of sorts for any proposed changes in the traditional residence halls.

"This is a good opportunity for someone who may be transgender to also live in a housing facility that may be more comfortable with," Bertram said. "Typically, they know their friends that they'll be sharing a suite with."

The policy change was not difficult for physically implementing, according to EWU campus housing assignments staff Melanie Duggan. Duggan says that the trend is for a decreasing need of family housing. EWU room assignments coordinator Misty Griffiths said she did not think housing space constraints would negatively interact with a policy allowing coed rooms and suites.

Western Washington University (WWU) housing assignment coordinator Kim Cunningham says that roommate conflicts are not gender specific or limited to heterosexual students.

DeShields mentions that female students make the majority of requests to live in single-gender housing. Further, the female-only LLC Green Hall has one of the highest return rates. DeShields believes that the majority of requests come from females because of safety concerns.

Junior special education major and Chi Alpha member Jennifer Palmer lives in Stephens-Whitey and does not take issue with the policy. She does not believe women and men should live together before marriage. Engaged couples living together also risk complications if their relationship does not progress to marriage, Palmer said.

"It poses an unnecessary temptation," said Palmer. "I think marriage should be the rule."

Diversity Education Center Program Coordinator Djerdy Popovic, Student Programmer Natalie Washington and Equity and Services Council Representative for GALA John Simons approached the issue with GLBT students in mind. They point out that students are adults.

"No, it would not be OK to require a certificate of marriage (across the board if gay marriage were legalized). It would be a public outing ... in a society where some jobs don't allow you to be openly gay," said Washington.

Popovic says that marriage is a bourgeois institution and that in America, there is a false perception that a male and female cannot relate to each other non-sexually.

Concern about the effects on alumni relations came up several times. Some alumni at schools that allow coed roommates may be concerned about the kind of message that their alma mater is sending to the community.

On GLBT issues, university housing elicited two main perspectives. One perspective is that if documentation is required to show a long relationship, then the requirement should be uniformly applied. The other view is that there should be no requirement at all, and that such a requirement demeans students.

Parental concern and possible interference have been mentioned at Central, Western and Eastern. DeShields said that Central's policies are not static concerning family issues, and that in the coming years, Central evaluates family apartment requests on an individual basis, and does not have students identify their sexual orientation.
by Natalie West
Special to the Observer

Washington State is now America's second largest producer of wine, next to California, with a level of quality that rivals any of its "old world" competitors.

As the Washington wine industry becomes more acknowledged internationally, Washington winemakers are constantly working to improve the quality of their product, hoping to leave the traditionally great wines of France, Italy, and Germany behind.

As a reflection of that attitude wine industry continues to expand, colleges across the state have begun developing wine education programs in hopes of advancing the market further.

Central Washington University, an established leader in wine education and research, according to Congressman Doc Hastings, recently received $191,600 in state funding to finance their World Wine Program.

The leader of this program, Amy Mummia, has earned the title of "International Wine Woman of the Year" three years in a row. "I was looking for a place to create need one of the best in the nation. I have noticed a lot more vineyards popping up, which has created a need for more educated workers. That's where we come in," said Trent Ball, an instructor in YVCC's wine education program.

The wine program at YVCC began in 1997 with 2 students and continues to expand. Based on the initial success of YVCC's wine program, Professor Ball successfully sold his own producing wine. However, it was not until the late 1990s, that the state's winemakers were recognized internationally.

The astronomical growth of the industry can be attributed to its growing popularity overseas. "It is never ever the victim's fault," said Susan O'Hara, founder of Wines Northwest, an online guide for wine enthusiasts.

Each year 300,000 cases of child sexual abuses are reported nationwide. According to a parent workshop held at the Cle Elum-Roslyn Walter Strom Middle School.

- Presenters included Kittitas County Prosecuting Attorney Greg Zempel, Matt Miller of the Division of Child and Family Services (DHS), and Ellensburg Police Detective Drew Houck.

To put the number of nationwide reports into perspective, Zempel broke down the figures by state.

"One hundred forty high school bus loads of children in our state alone. Those are just the ones that report it," Zempel said.

One out of four girls and one out of nine boys will be sexually abused. Children aged 7 through 9 are most commonly targeted, Zempel said.

Perhaps the scariest of all is that only about six to 10 percent of offenders are caught, according to the presentation. This means there are potentially as much as 9.7 million child molesters living unapprehended in the United States.

As for Kittitas County, there are currently 73 registered sex offenders, including three level III offenders, according to the Sheriff's Web site.

Even when sex offenders do get caught, odds are it wasn't their first crime. According to the presentation, sex offenders average 120 sexual crimes before they are actually caught.

Everyone probably knows a child molester not only because of the high number of offenders, but also because they typically have some sort of access to your child, Zempel said.

This includes relatives, youth workers, step-parents and acquaintances or friends of parents. Only 5 percent of offenders are strangers to the victim and family, Miller said.

Despite all the odds seemingly stacked against families, there are ways to protect children. All three presenters urged attended to do their best, always be aware of those spending time with your children. Know your neighbors and interview sitters.

"It is never ever the victim's fault," Zempel said.

The presenters also stressed how important it is for parents to talk to their children about sexual abuse much like they would about drug use. Incorporate it into a "safety talk" and review it three to five times a year.

"It's our responsibility to protect children because they cannot protect themselves," Houck said. "This is beyond their comprehension."

More than 1,000 flyers were sent home with students throughout Kittitas County to notify parents about the workshop.

There was also an article printed in the Daily Record and the Cle Elum Tribune and a public service announcement aired on KXEL. There were only approximately 50 people in attendance at Walter Strom Middle School.

"I was surprised at the statistics," Modica said. "The offender is not the creepy, beady-eyed person, but someone close to you."
**City**

News from throughout the Kittitas County and Ellensburg community

### Maintenance costs reason for demolitions

by Curtis Crabtree
Sports editor

A commercial office building and dilapidated house located on the corner of East Third Avenue and North Jackson Street were demolished last Thursday morning by Reecer Creek Excavating.

The buildings, owned by Jim Huie of Mercer Island, used to house the Tiki Tattoo parlor and the Central Washington Driving School. According to Huie, the buildings continued to be occupied on a limited basis for the last year. "[The buildings] were in disrepair," Huie said. "It would have been more costly to try to get them back into shape. The ongoing maintenance was pretty high and it just wasn't worth it to keep putting money in to try and maintain them."

City Manager Ted Balding and Michael Smith, senior planner of community development, were surprised to see nothing but churned up earth and debris where the former buildings once stood. "When I saw the buildings were being destroyed, I had to come down and check that they had the proper permits and everything, which they did," Smith said.

The process of securing a permit includes going through the city's building department and city department to checking to see if the building has a "Washoe" and her family taught me a great deal about compassion. I was extremely interested in the work, and the crew is responsible for keeping the site watered down to minimize dust that is sent skyward."

The neighbors are then notified of the work, and the crew is responsible for keeping the site watered down to minimize dust that is sent skyward.

"The permit was probably issued three months ago," Smith said. "There is no public hearing on the matter, it's all done administratively."

According to Smith, the property is a residential office zone which allows for either small commercial buildings or residential structures.

"I think that we may eventually redevelop some commercial buildings or possibly some residential buildings," Huie said. However, Huie said that he had no specific plans for development of the property as of now.

### WASHOE: New memorial pays tribute to legacy of Central's lost friend

continued from cover

"I was extremely interested in the work of the chimps and volunteered as a docent in 1992, the year CHCI was opened to the public thru the Chimpanzeums," Putnam said on the reason to join the committee. "She [Washoe] and her family taught me a great deal about compassion, intelligence, and all the other indications that allow us to believe in them as beings worth valuing."

Washoe was brought to the United States from Africa for the Air Force, and Drs. Allen and Beatrix Gardner took her under their wing for their research at the University of Nevada Reno in Washoe County. In 1967, they established Project Washoe to teach the chimpanzees American Sign Language. "I think that we may eventually have as much involvement in this project as possible."

Students who wish to participate in a potential Washoe tribute should submit their name, contact information, major or minor, any relevant information about themselves, and what skills or interests they would be willing to share. According to Nylander, much of the concentrated involvement will take place in the summer and go into next year.

Central students: Make UW Tacoma your summer home campus! Planing to spend your summer in the South Sound? UW Tacoma welcomes students to supplement your degree program or prepare for graduate school with a Summer Quarter course. Enjoy small classes and a condensed schedule that lets you spend more time enjoying your summer. See our Web site for courses and more information. Classes begin June 23.
I'm certainly proud of the many efforts that we, as a student body, have gone through to make a statement about living here and anywhere else in the world.

The Movimiento and its message to increase efforts to diversify campus through placing pressure on the administration, is an excellent recent example.

However, I think some efforts get a little lost in translation.

Take this month's Total Relief Week, for example. It's a wonderful effort to get the message of, according to the Civic Engagement Center's web site, "raising awareness and encouraging action toward the relief of poverty and hunger on a local and global scale."

To some degree, however, participants and coordinators alike seem to get a little too caught up in the idea.

Now, in no way am I saying that Total Relief Week is a bad idea and wrong statements are being made, but some of the events (or event, in this case), to me, are a bit of a reach.

The food and toilet duly provide an excellent idea, as is the immersion excursion; both offer great volunteer opportunities and service to the communities they assist, be it here in Ellensburg or at the community kitchen in Yakima, where the excursion is taking place.

The 30-Hour Fast, however, is where things get a bit frightening for me.

As I said before, I'm not saying that a fast is a stupid idea, but it confounds me that there are people out there willing to endure fasting when there are other ways to be just as "productive."

Sure, it's an additional way – and a clever one at that – to raise awareness of the plight of those without the same opportunities that most of us have, but there are some real interesting issues that I find here.

I guess the most interesting way to consider the problem would be like this: if you were standing in front of an impoverished family in a third world country and said, "Hello, we understand your hardships and to show you that we are aware and we honor your struggle, we will hold a fast of our own."

How would they react?

I'm sure that local translations of "that's nonsense," "why would you do something like that," and "you idiot," would suffice. However, it seems like something that should stop people from continuing.

Another thing I find rather humorous comes from the provided informational brochure that comes with signing up for the fast.

Last year, one point read along the lines of: "If you feel weak, dizzy or light, there's a reason, no matter how small, to take a stand.

Even then, we all need to ensure that our efforts are productive. We must ensure the safety of others; realizing that we cannot force radicals out there.

So continue making that statement and continue putting out the fire; let's just not starve ourselves to death in doing it.

Novel urges expanding minds

Don Juan for information on psychotropic plants, wisdom and how to become a hunter and warrior. Instead, I called up my friend, and through the fog and confusion, he assured me he would be there soon. So, I hung down, and while my car that was safe, sound and locked up tight, another one of the topics on the campus web site, Matus was locked up, with my keys, just chilling in my cup holder.

As I was watching for my friend to ride in and save the day, I began to panic. I was parked under a streetlight in front of the KIRC. The campus police site boasts of high intensity lighting available on campus, which is appreciated, until you're alone. There's nothing like a giant light to point out fact. Insert creepy horror film scenario here.

Locally, it wasn't long before my friend rolled up in his rickety old bucket of a car. Normally, one would be annoyed, embarrassed or appalled by the loud noises and noxious fumes that radiated from his car. In this instance, it was most to my ears.

I brought a wise wrench, which I found my way through and window down to lock my coworkers without a scratch. The whole process took about five minutes.

Another point I found interesting on the campus web site; we urge each other to do something for those without the same access to such services.

For those interested in the spiritual and estereternal side of life, the novel "Journey to Ixtlan" explains the teachings of don Juan Matus, the story is based on encounters between author Carlos Castaneda and shamans of Yagci Indian warrior don Juan Matus. Castaneda expected to pay电话

The teacher selected to speak told us to "try and see what's going so active in the community."

"Lose some of the ambition and lose some of the naiveté", were his exact words to us, but I say "the course." 

So long as there is something out there to bring into the spotlight, there's a reason, no matter how small, to take a stand.

In high school, more specifically the graduation ceremony.

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Large family prospers through love and faith

Michelle, now age 41, was on birth control for the first four years of their marriage before the couple decided to have their first child. She went back on the pill, but ended up pregnant anyway.

After a miscarriage, which the couple believed was caused by the pill, Michelle and Jim Bob decided to pray for as many children as God would grant them.

With No. 18 due on New Year’s Day, the Duggar’s have no intention of stopping.

The family built their own home – all 7,000 square feet of it. It has an entertainment room with pool and foosball tables, arcade games, lockers, a slide, a row of computers, and an indoor climbing wall.

They have nine vehicles, including a 21-passenger bus.

To top it all off, all of the kids learn violin and piano. And they claim to be debt free.

This family has it made.

Michelle was 17 and Jim Bob was 19 when they married, and have 18 children. The Duggar’s credit their love of children to their faith. The couple got married when Michelle was 17 and Jim Bob was 19.

The Culinary Corner: Beat the heat with a cool fruit medley

by Rachel Guillermo

I’ve spent more than my share of summers here in Ellensburg and if there is one word that would describe those summer days, it would definitely be “hot!”

I was born and raised in Hawaii so I know what it’s like to be in “warm” weather, but a summer in Hawaii and a summer in Ellensburg weather are completely different.

Anyone who as spent at least one summer here would agree with me when I say that the best way to stay cool during those blistering days is to stay out of the sun.

However, sometimes that’s not even enough to stop the sweat. Here are some of my favorite recipes I use to beat the heat.

Everyone and their mother has a recipe for a fruit smoothie. I like to put mint in my smoothie to give it a little extra something. Flavored ice cubes can be a little boring by themselves, so I save mine with a berry coulis (pronounced coo-lee). It adds more flavor and a vibrant burst of color.

Rachel Guillermo/Observer

Berry coulis:

- 1/2 C. of fresh raspberries
- 1/2 C. of fresh strawberries
- 3 mint leaves
- 1 C. ice cubes
- 1 C. passionfruit juice

Combine ingredients in a blender and blend until smooth. Serve in a tall glass and top with a fresh strawberry.

Letter to the Editor

To The Observer editors:

Two weeks ago the so-called “Truth Truck” stopped at Central as part of its tour of Washington. The truck was parked outside my residence hall before the campus police escorted it off for being on campus property without a permit.

I was disappointed by the article that the Observer ran on this event. The article didn’t question the validity of the the protesters’ comments let alone represent alternative viewpoints. I hope this letter can change that.

This group has a history of protesting Planned Parenthood and other health clinics based on scare tactics derived from misinformation.

The gory pictures they showcase are too far along to be from abortions, since there are in fact restrictions on how late into the pregnancy abortions can be performed. The only cases are usually late-term miscarriages and stillbirths, chosen clearly because they create such vivid images in the minds of the participants.

“Show the Truth” claims to be a group of educators, but all they do is harass and intimidate people who are trying to be responsible and respectable.

If they really wanted to care for women and families, they would work with organizations like Planned Parenthood to increase access to affordable birth control and comprehensive sexuality education.

The group only offers shallow threats and hurl’s blame at Planned Parenthood when in fact a majority of the services that Planned Parenthood provides focus on prevention through community education and outreach, contraception, breast and cervical cancer screenings, and sexually transmitted infection testing and treatment.

Mr. Saulcy’s group and others like them would do well to work toward preventing abortion by ensuring that people have access to medically and scientifically accurate information and preventative services, rather than promoting organizations that do.

Erka Haner

President

CENTRAL VOICES FOR PLANNED PARENTHOOD

Letters Policy

The Observer welcomes brief letters (300 words or fewer) from readers on current issues. Letters must include the author’s full name and Central Washington University affiliation: year and major for students, department for faculty and staff or and year and graduated for alumni.

The Observer will not publish letters that respond to previous letters unless they offer meaningful additions to the topic.

All letters become property of The Observer and may be edited for length, style, spelling, grammar, taste and potentially libelous elements. Letters may be e-mailed to cwoubserver@gmail.com.
Ellensburg local turns stuntwoman

by Darcy Wytko
Staff reporter

Ellensburg native Heather Vendrell Arthur enjoys getting her hair and make-up done, jet-setting between Los Angeles and Hawaii and throwing herself in front of moving vehicles. To some, her lifestyle may sound high-priced and dangerous, but as a Hollywood stuntwoman, Arthur gets paid big bucks to put her life on the line.

“It’s a good day when I come home from work with only a few bruises,” Arthur said. “All in all, I’m living my dream.”

Before getting her big break stunt-doubling for actresses Evangeline Lily and Michelle Rodriguez on the hit TV series “Lost,” Arthur lived a quiet suburban life with husband Jon Arthur and worked a series of thankless advertising jobs. Then in 2005, her father – “Lost” stunt coordinator Michael Vendrell – called to ask if she’d like a job on the show.

“When I first met Evangeline, who plays Kate on the show, I knew Heather would be the perfect double for her. They have the same bodies, movements and personalities,” said Vendrell. “I thought, too bad Heather doesn’t do stunts. So I gave her a call.”

Arthur was ecstatic. Within days she was in Hawaii filming hand-to-hand combat scenes for the show’s leading ladies, despite her lack of professional experience. One could argue that Arthur’s athletic abilities, gymnastic training and daredevil childhood antics had set her up to be a stuntwoman since birth.

“I’ve wanted to work in stunts since I was two, when I used to jump off the refrigerator into homemade airbags with my dad,” Arthur said. “He’s been teaching me gymnastics and martial arts since before I could walk.”

Arthur has doubled for Oscar-nominee Julianne Moore and Jessica Biel in the film “Next” and Diane Kruger in the sequel to “National Treasure.” She has earned stunt credits on the television shows “Scrubs,” “One Tree Hill,” “Monk,” and continues to work regularly on “Lost.” Arthur recently completed work on the television series “The Sarah Connor Chronicles,” based on the “Terminator” films, which debuted on FOX in early 2008.

Her husband Jon Arthur has since broken into the industry as well, doubling for Ben Stiller and also doing stuntwork for “Lost.” Most recently, he worked with Steven Spielberg and Harrison Ford while doubling for Shia Lebouf in the soon to be released “Indiana Jones” sequel. When asked if he fears for his wife and their dangerous line of work, Jon conceded that accidents do happen.

SEE STUNTS PAGE 13
Metabolic flexibility, suspended animation
by Chloe Robbins
Ass. News editor

In an attempt at immortality, Dr. Mark Roth of the Fred Hutchinson Cancer Research Center in Seattle is buying time for American soldiers.

Roth came to Central last Friday to explain his process to a group of approximately 50. His seminar was titled "Metabolic Flexibility and Suspended Animation." He was invited by Daniel Beck, a professor in the department of biological sciences, whom he knew through Hutchinson.

"He's definitely a person who thinks outside of the box," Beck said. Roth was motivated by a desire to change the limits of survivability, saying that the most common cause of death in 5 percent oxygen usually die within 10 minutes, but if they have been in hydrogen sulfide for 20 minutes, they can survive in 5 percent oxygen for six hours. For people, "This was back when we ate hydrogen sulfide, an animal is forced into hibernation, or suspend their oxygen flow to the tissues. Thus oxygen, Roth decided to see what effect hydrogen sulfide would have on the body. He chose this because it is more toxic than oxygen, and because creatures used to create hydrogen sulfide from combustion.

"This is back when we ate rocks like we now eat air," Roth explained.

Roth discovered that nematodes in 5 percent oxygen usually die within 10 minutes, but if they have been in hydrogen sulfide for 20 minutes, they can survive in 5 percent oxygen for six hours. For people, this means that hydrogen sulfide can lessen the need for oxygen: the need for oxygen.

"I'm just trying to, if you will, steal real estate from death," Roth said.

Roth said a soldier who is shot can be saved with one hit of hydrogen sulfide, which slows the bleeding. According to Beck, the Defense Advanced Research Projects Agency (DARPA) is funding Roth's work.

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"I'm just trying to, if you will, steal real estate from death," Roth said.

At 50 parts per million (ppm) of hydrogen sulfide, an animal is forced into hibernation, or suspended animation.

Beck said the most far-reaching implication of suspended animation is that trauma patients and organ transplants can be put into suspended animation, which would buy them time to get to a hospital. This is safer than freezing, which can cause tissue damage.

He said the research is also valuable because it is delving into human's basic physiology and the mechanisms for shutting down the body.

"You never know what that can do," Beck said.

The seminar was originally scheduled for winter quarter, but rescheduled due to pass conditions.

"I was going to go in February," Jared Fraychineaud, senior biochemistry major, said. "It wanted to get my grades because he's from Fred Hutchinson.

Roth's discussion was the third in the Natural Science Seminar this quarter. The next will be Dr. David Lyons, a professor of biochemistry. His seminar, titled "Aging and Retirement," will be held at 4 p.m. next Friday, May 23, in the Science Building, room 147.

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Miss Manners takes on Central
by Megan O'Malley
Staff reporter

"There's a lot of general manners they address."

TERESA YOUNGREN
CAREER SERVICES
RECRUITING COORDINATOR

"There's a lot of general manners they address," Youngren said.

This year's event promises to be bigger than ever. While the event sells out every year, it tends to be kept as an intimate situation with about 90 people attending. This year two extra tables have been added, pushing the number up to 104 attendees.

Youngren says that lots of guests are returning attendees who are graduating and want to brush up on their manners before they leave school. She also says that aside from the business aspect, most students are at the age when their friends start getting married. Weddings can be especially formal and this program can help.

"Really it is a good opportunity," Youngren said.

To learn about which sides the fork goes on and how to eat a bread roll, check out the Etiquette dinner put on by Career Services. It will be held at 5:30 p.m. on Monday, May 19 at the Sue Lombard dining room.

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Miss Manners no longer teaches where forks should be placed on the table or how to properly order chicken kiev. But in a day and age when business meetings and interviews often turn into lunches or dinners, learning to properly handle oneself in these situations is essential.

Fortunately, Central's Career Services offers a unique opportunity for students. They offer an etiquette dinner to help students brush up on their manners in dining settings. Now in its third year, the dinner is widely popular and always sold out.

The past two years have been taught by a visiting etiquette professor, who emphasized the formal aspects of eating in public. This year, the dinner is less about the formality and more about general manners for a business meal. Teresa Youngren, the recruiting coordinator for Career Services, explains what the dinner is all about.

"[The dinner teaches] how to eat and drink and handle yourself in professional settings," Youngren said.

Etiquette is not merely about manners and making sure that you are using the soup spoon properly, etiquette is a way to show off social graces among company. The rules, according to dintingetiquette.org, are to make dinners feel comfortable. Certain guidelines, such as not blowing one's nose at the table, are obvious, but others can get more complicated.

The goal of the etiquette dinner is to teach students those guidelines. When they are out in a business or formal setting students are able to conduct themselves with grace and ease. The teachers this year are from Enterprise Rent-A-Car. Their presentation brings all the aspects of a formal dinner with how to conduct oneself in a business setting.

Some aspects of their presentation include alcohol and social networking, the business dos and don'ts of choosing restaurants and entrées when in a business meal. There are also tips on how to handle awkward situations and how to give a proper handshake.

"There's a lot of general manners they address," Youngren said.

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© 2008 Central Washington University
Rec Center promotes healthy lifestyle
by Kayla Schroeder
Staff reporter

Fridays from 1 p.m. to 3 p.m., students and faculty can enter Central's Kings and Queens of Fitness in the Recreation Center. The fitness test is based on four physical components including strength, cardio endurance, muscle endurance, flexibility and agility. “It's important to take care of your body and stay healthy,” Amy Friedt, junior business major said. “It's self rewarding.”

The event began April 25 and will run through May 29. Each week, contestants compete in two different events ranging from bench press and squats to sit and reach and flexed arm hang. At the end of the quarter, totals will be tallied and the male and female with the highest scores will be crowned the king and queen of fitness, with portraits of the pair posted in the Recreation Center.

According to Kathryn Ament, senior business major and REC staff member, the event started as a fitness challenge one day, when the REC staff started collaborating to make it an ongoing activity.

“It's nice because females are incorporated with their own category,” Ament said. “It's continuous through the month so you can try to knock the winner out each week.”

Jonathan Shepherd, senior exercise science major, supervises the event. “It's competitive among contestants. An average of 30 males and females participate each week. However, if an event is missed, it is tallied as a zero and can negatively impact the final score.

“Most people are set in their ways,” Shepherd said. “They see us sitting at the table and don't want to participate, when it would only take five minutes.”

“I am very welcome and participants can register each Friday at the REC front desk. Complete entry rules are available at http://www.cwu.edu/rec.

Some [contestants] check the numbers at one o'clock and want until three to try and beat the top score,” Shepherd said. “That's the best way to do it.”

The new and improved Batman, portrayed by Christen Bale, is back to take on his most infamous rival, the Joker.

Batman's scavenger hunt
by Jacob Chase
Special to The Observer

SEATTLE— On April 28, hundreds of fans gathered near the Alaskan Way viaduct in to participate in a globe spanning scavenger hunt promoting the latest Batman film, ‘The Dark Knight.’ Twelve cities participated in the hunt, including: London, New York, San Francisco, Toronto, Sao Paulo, Brazil and others.

These involved said that they heard about the event from a Web site reportedly operated by the "Joker," performed in the film by the late Heath Ledger.

 Exact coordinates for the hunt were given for 12 cities on the Web site on Friday, April 25, with a timer counting down to 5:30 p.m., followed by a statement that read, “Gather with (sic) of your closest friends at this exact spot on April 28th. You'll need to be in contact with a partner-in-crime who has online access to relay your instructions once you're there. These instructions will give you the TRAIL to follow, but be sure to look both ways when crossing the street, we wouldn't want you to make an unscheduled visit to the ER, now would we.”

Fans willing to follow the clues were then treated to a private screening of the highly anticipated new movie trailers. The preview is scheduled for its public premiere on the Internet on Sunday, May 4.

“It's better than the first one,” said a Seattle University student, who was part of the film. “I can see more of this in the future. While it's just hatin' for the sake of hatin’, they're just hatin' for the sake of hatin',” he said. “It's going to be unbelievable.”

Approximately 30 websites maintained by the film's marketing company Entertainment now scatter the Internet as tools for their popular viral marketing campaign. Among the sites are fictional Gotham City newspapers, police department and district attorney political campaigns.

Pages bearing the Joker's mark, black circled eyes and red lips scribbled in marker, are littered with riddles and hints that provoke anxious fans to take part in an uprising of anarchy and recruit others to join the Joker in his fight to overtake Gotham.

“People seemed to group together fairly easily without any confusion or arguing,” said a Seattle University student. “It was awesome and I can't wait for the next part of the game.”

Viral marketing is a technique used by advertisers to promote a product through pre-existing social networks in order to heighten brand awareness.

In 2007, the film 'Cloverfield' employed a similar strategy to market their film. A fury of Internet hype and skycracking box-office sales were the direct result of this sometimes controversial advertising strategy.

I see it as a way of saying 'thanks' to the fans.
BILL RAMEY
FOUNDER
BATMAN-ON-FILM.COM

The Joker, played by the late Heath Ledger, assumes a darker and more sinister persona than that seen in Jack Nicholson's original portrayal.

I see it as a way of saying 'thanks' to the fans.
BILL RAMEY
FOUNDER
BATMAN-ON-FILM.COM

Pebble Beach
A unique dining experience

by Chris Frankenhoff
Special to The Observer

Full body tan for $30
Full body spray tan $30 college students only
$8 off tans with proof of this ad
• Monthly Card specials
• Large variety of lotions
• Power beds
$5 Thursdays for card students

Lend your support to CWU classmates
"By giving to the 2008 Senior Gift Scholarship Fund" "New annual senior class giving campaign" "Goal is to raise $1000 for a scholarship"

Ways to give:
• Give to My CWU Centralized Endowment
• Give in Connection Card Office and donate money to your Freedom Plan and your General Debit
• Donate money at book store

For more information or answers to questions please contact Chris Frankenhoff, Assistant Director of Annual Giving at frankenhoff@cwu.edu or 967-2179

The Joker, played by the late Heath Ledger, assumes a darker and more sinister persona than that seen in Jack Nicholson's original portrayal.
After driving a Ferrari F40, I have to say it’s a pretty damn nice car. How did I get the chance to acquire a Ferrari? Well, the answer is simple: I didn’t. Gran Turismo V: Prologue for the Sony PlayStation 3 enables a lowly staff reporter, like myself, to drive the world’s most renowned cars on the world’s most beautiful racetracks without taking a single step.

Prologue is not a full-fledged retail game, but a glorified demo that is available for purchase in stores for download off of the Playstation Network for $40. Although not an officially released game, Prologue has more content packed into it than many full-fledged games that are sold for $60. Prologue invites players to try only a snippet of what’s to come in Gran Turismo V, scheduled to be released in spring of 2009.

The player starts off with enough money to buy a brand new car and race until enough cash is earned to spend on the next streamlined beauty off of the dealership floor. This system has become standard racing game fare but it works well in Prologue, moving players along at the right speed and rewarding them with stunning cars that are pure eye-candy.

The graphics in this game are intensively polished. I have never seen cars with the extreme detail that Prologue offers to players. Exteriors of the cars have shimmering reflections, and the interiors of vehicles are equally impressive, showcasing identical interiors to their real-life counterparts. Ferraris have the luxurious interior of a super-car with recessed dash gauges featuring the famous yellow background. On the other side of the spectrum, the interior of an Acura Integra in Prologue looks just as dull as it does in real life.

Not only does Prologue feature the best looking virtual cars I have seen on a next-generation console, it offers a plethora of models to choose from. Granted, the 50 cars and six reversible tracks you get to enjoy when playing Prologue is nowhere near the 600 plus cars and 30 plus tracks you will get to experience in the full release of Gran Turismo V. However, such car handles so differently that 50 cars is a very suitable number for Prologue to stand at. Cars range from economy vehicles, such as any number of Honda vehicles, to super cars such as the Ford GT and the Ferrari F430. The tracks are virtual replicas of real life tracks such as Fuji Speedway, and they add immensely to the realism of the game.

The racing itself is purely Gran Turismo simulation driving and anyone who has played a Gran Turismo game in the past knows what they will be getting into when purchasing Prologue.

The controls feel tight, concise and different for each car, plus with the added bonus of being able to change the tires, traction control and difficulty settings for each vehicle, a car’s handling completely changes in a matter of seconds.

Racing is fun as ever and with the inclusion of 16-player online multiplayer, a first in the series’ history, the Turismo-V has never felt better.

My verdict: Although worth your hard earned money, all the features, tracks and cars offered in Prologue will be available with the retail version of Gran Turismo V.

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**STUNTS:**

Family lives dangerously performing stunts in Hollywood

STUNTS: Family lives dangerously performing stunts in Hollywood

*A screenshot from 'Gran Turismo V: Prologue' serves as a testament to the high-quality graphics awaiting gamers*

“Baby Mama” is a good movie, but not what you would expect from the advertisements on television.

Most of the funny parts are seen in the movie trailers and although the writing in general, the actors play their parts well. It is a movie I would recommend renting, but not seeing in the theatre.

Baby Mama is intended to be a comedy, but at times it is sad and not so humorous. I had high expectations for this movie, but was let down by it. I would give it two pacifiers out of five.

The movie is a comedy about Kate Hoolbrook (Tina Fey), her surrogate Angie Ostrowski (Amy Poehler) and the trials of the nine months leading up to the birth of the child.

The film starts with Kate, a 37-year-old businesswoman who wants to have a child. She finds out that she has a one-in-a-million chance of conceiving on her own so she decides to look for a surrogate.

That’s where Angie comes in. Angie gets pregnant and moves in with Kate because she split from her husband Carl (Darren Pettie).

Kate and Angie are complete opposites in every way. Kate is environmentalist-friendly and organized; Angie is a free spirit and a junk food addict. The two work together and become good friends.

Angie thinks that Kate needs to get out and meet people, so the two go out to a night club. There they run into one of Kate’s old boyfriends on the way out. They see his car and Angie smashes one of the windows with a trash can because he is making a surrogate. There is a huge baby shower for Angie and Kate; Rob and Carl show up and all lies come to a head.

I do not want to spoil the end for those who want to see it so I will stop here. At points the movie seems to drag and I felt like it was much longer than an hour and a half.

I would not see this movie again in theaters but might rent it on a Friday night to just watch with friends.

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**Lackluster show receives two pacifiers**

*A screenshot from 'Gran Turismo V: Prologue' serves as a testament to the high-quality graphics awaiting gamers*

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**Directing the Heat:**

**Climate and History on the Great Plains**

Dr. Donald Worster

A pioneer of environmental history, well-known author, and professor

Feeling the Heat: Climate and History on the Great Plains

Thursday May 15, 2008 at 7:00 p.m.

Central Washington University

One Book, One Campus presents:

Dr. Donald Worster

A pioneer of environmental history, well-known author, and professor
5K to benefit Euborg Community Health Center

by Stephanie Olson
Staff reporter

Entirely dependent on volunteers and donations, the Ellensburg Community Health Clinic is receiving help from those involved in the 5K Fun Run.

"We wanted to do a walk because we wanted to do something to get the community involved," said Ashley Dutton, president of the Pre-Med Club. "We wanted to do something active."

Some of the pre-med students volunteered at the clinic and noticed how much it needed help.

"Because I work there, I have a lot of heart and soul into the clinic," said Dutton. "We wanted to give back to the clinic, more than just volunteering."

The Ellensburg Community Health Clinic provides free health care for those in need. The clinic is staffed entirely by volunteers and relies on donations.

"Donations are what keep it alive," said Jessica Garrity, vice president of the Pre-Med Club.

Donations can be made directly to the clinic and can also be donated at the run.

The run is open to anyone and pre-registration is available at the Physical Education Building or before the run. The cost is $10 for adults and $5 for children 12 and under.

"It is a pretty low key run," said Ryan Perkins, president of the Exercise Science Club. "You can bring your dog out and walk it."

The Ellensburg Community Health Clinic is located at 603 South Chestnut Street and is open every first and third Saturday each month from 9 a.m. to 12 p.m.

Don't Smoke Your Sofa

by Justin Swanson
Special to The Observer

Dr. Henry Jones is called back into action in the fourth installment of Steven Spielberg's epic "Indiana Jones" series.

"Indiana Jones and the Kingdom of the Crystal Skull," Indy finds himself pitted against Soviet forces at the height of the Cold War. Matt (Shia LeBeouf) joins Indiana Jones (Harrison Ford) on this adventure into the lost cities of Peru in search of the Crystal Skull of Akator. The Soviets, led by Irina Spalko (Cate Blanchett) also seek the skull as a means toward a goal of world domination.

This movie is sufficiently hyped up and many have already expressed their attitude toward the film. Lars Passic, sophomore IT major, said, "I would really like to see it."

There are a few concerns that have cropped up over the Internet. Some advance screenings by studio and theater owners have brought back mixed reviews. There were complaints of a transparent plot and cheesy special effects. In a big budget action movie, special effects need to be believable.

One common concern brought up by some is the age of Harrison Ford. An action star has to be able to perform action-style stunts. This is the most supported theory as to why Shia LeBeouf was brought in to the cast, as a replacement to Harrison Ford. An action star has to be able to perform action-style stunts.

With some reservations as to the quality of the movie, many want to give it a chance and see it for themselves to decide.

"The replacement of a Hollywood icon by a figure who still retains some of the characteristics of Louis Stevens would be a travesty," sophomore Ryan Conner said.

"I'm definitely going to see it but I'm questionable as to why Shia LeBeouf was brought in to the cast, as a replacement in Indiana Jones. A move of this magnitude could create controversy among the fans."

A map of north campus neighborhoods outlines the projected route of the fun run. Beginning and ending at Tomlinson Stadium, the course finds its way through residential neighborhoods via Helena Street.

illustration retrieved from www.runningmap.com

Community Health Center
The Ellensburg Community Health Clinic is located at 603 South Chestnut Street and is open every first and third Saturday each month from 9 a.m. to 12 p.m.
Season comes to quiet close
Losing three of four to Northwest Nazarene ends Wildcats' playoff hopes

by Casey Donovan
Senior reporter

Arguably the best baseball team that Central Washington University has ever seen still wasn't enough to be invited to the 2008 postseason. After losing three of four to Great Northwest Athletic Conference (GNAC) opponent Northwest Nazarene, Central crumbled to a 30-21 mark overall and 20-12 in the GNAC. It is the only fourth time in CWU history that the baseball team has won 30 or more games in a season.

"It's definitely bittersweet," senior shortstop Jamie Nilsen said. "We definitely had higher hopes than what we accomplished." And rightfully so.

In the first real test of the season in early March, Central took three of four games from powerhouse Western Oregon, something that hadn't happened in over four years.

They continued their hot streak, winning nine of their next 11 games. However, the Wildcats hit an abrupt stop when they travelled to Western Oregon, losing three of four in a season series.

"We could easily be tied with Western Oregon," head coach Desi Storey said. Last week, Storey's plan was to win out against Northwest Nazarene, giving them a shot - albeit a long one - to squeak into the playoffs.

"Our goal was playoffs and we didn't get there," Nilsen said. "We needed too many outcomes in the end to get in, and really none of them happened."

The start wasn't good, as senior right-hander Tyler Levin was roughed up in the first game against Northwest Nazarene, going seven innings plus and giving up nine runs on 11 hits. In the bottom of the third, Levin gave up a leadoff walk and back-to-back RBI hits leading to a six run inning of four hits.

The backbreaker came in the fourth when Levin got two quick outs, but the Crusaders still put three more runs on the board. Nilsen bunted a ball and senior catcher Zach Aakhus blasted a three-run shot to give Nazarene a 9-4 advantage. Aakhus finished up the game with five RBIs, two runs and two hits.

Levin once again led the Wildcats in ERA and is ranked seventh in career wins with 17 through two seasons.

Central strolled back in game two with clutch hitting performances by designated hitter Nate Rylarsdam and second baseman Kevin Wallenhaus. They went a combined seven for nine at the dish and drove in four runs as Central won the second game, 9-4.

Sophomore right-hander Derek Shoemaker went the distance for the sixth time this season, improving his record to 6-5.

Although Levin and senior left-hander Jordan Moore will be gone from the starting rotation, Shoemaker and sophomore right-hander Michael McCanna will be back next season. Central will lose 14 seniors after this season, something that is still in question as to how a hole that big will be replaced.

"There is good pitching returning, both in the starting spots and in the bullpen," Nilsen said. "It is definitely something that I think the team will be built around next season."

The hitting is a different story. In 2008, 24 of the team's 33 total home runs were produced by seniors, which will need to be taken into account by the beginning of next season.

The lineup is going to be shaken up completely next season with all the voids that need to be filled. Next season will be head coach Desi Storey's 15th consecutive year as the Wildcat baseball coach.

End of Season Statistics Leaders

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<th>AVG</th>
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The Sasquatch were a combined 43-16 in Cliff's two seasons at Spokane CC. As a freshman, he averaged 11.1 points and three rebounds while dishing out 98 assists and collecting 63 steals.

In high school, Cliff helped lead Joel E. Ferris High School in Spokane to two straight Class 4A state tournament appearances while garnering all Greater Spokane League honors, honorable mention all-state and second team all-WIAA Class 4A state tournament honors. Cliff will join two other junior college transfers who have already committed this offseason.

Chris Sprokel, a 6-foot-9-inch center transfers over from Tacoma Community College while 6-foot-4-inch swingman Shane Miller comes to Central via Treasure Valley Community College in Oregon.

Transferring to Central as a junior, Cliff will have two years of eligibility remaining with the Wildcats. "Offensively and defensively, he's very smart," Sparling said. "He played a lot of minutes against a lot of quality athletes. He's not a real big basketball player, but I think he's big on knowledge."
Mayo and Bush to Bring "Fall of Troy"

O.J. Mayo and Reggie Bush scandals bring controversy to the University of Southern California

The University of Southern California has been nothing short of dominating during the last five seasons of college football. The program that has churned out numerous professional athletes has a rich history of winning national championships and almost always competes for the number one ranking in the nation.

The basketball program, however, has slacked its way through the last decade. That was until Tim Floyd, former Chicago Bulls coach, took over the program and changed the atmosphere surrounding the USC campus and its basketball team. That's when they decided that they needed O.J. Mayo, an 18-year-old basketball phenom.

Mayo, a victim of the NBA's new rule that requires high school seniors go to college legally at least one season, chose to go to USC over Florida and Kansas State. Mayo was heavily recruited out of high school, but his recruitment started in middle school.

Mayo grew up in West Virginia, in the shadow of the University of West Virginia, and trouble always seemed to follow him. Mayo's father left when he was child leaving him with a real male role model in his life. Mayo later enrolled at a high school in Kentucky, so that he could play for both his junior high basketball team in West Virginia and the high school in Kentucky.

He made it through the last four years as the most hyped basketball player coming out of high school since LeBron James, but with a worse reputation. Last September, when Floyd introduced Mayo to the USC faithful at a home game, sports writers could just sense that trouble was brewing.

At the time, USC was deeply engulfed in the Reggie Bush pay-off scandal. The dominating college running back was reported to have accepted $100,000 from boosters to come to USC. Football coach Pete Carroll had no recollection of the event, and the Bush scandal seemed to fall by the wayside while the season continued.

That was until the Mayo scandal broke. Just last week, on ESPN's "Outside the Lines," a story broke about Mayo accepting $30,000 to come to USC instead of Florida or Kansas State.

Louis Johnson, a former associate of Mayo, claimed to have heard and seen Mayo receive money from Rodney Gun- ley, a Los Angeles event promoter and USC booster. Johnson claimed that Mayo received money in high school and continued to do so during his first year at USC.

Mayo went on air publicly on ESPN to have never accepted or heard of the money. He claimed to be just like any other college student, poor and going to class just like everyone else.

USC has been a dominating team in college sports and no doubt, has the right coaching staff and the right system in place, but could they be paying off athletes to come and play for them?

When Mayo, a sure-fire one-and-done NBA prospect, chose to come to USC over Florida, a team that won the last two NCAA titles, that should send warning signs to the NCAA rules committee that something was wrong.

It's not as if Mayo needed to go to college to sign with a professional team. He was heavily recruited out of high school, but now at age 24, he's out of the NBA and has virtually no chance to come back.

In his six seasons, Miles was suspended numerous times, arrested for drug offenses, charged numerous times, arrested for drug offenses, and continues to during his first year at USC. Football coach Pete Carroll had no recollection of the event, and the Bush scandal seemed to fall by the wayside while the season continued.

It's the "nature of the beast" in sports. Young athletes see dollar signs and jump, "what's the catch here?"

Mayo is just one of many young athletes who have failed to set themselves up for their latter athletic careers. Darius Miles is a great example: he was a wonderful player out of high school, but now at age 24, he's out of the NBA and has virtually no chance to come back.

In his six seasons, Miles was suspended numerous times, arrested for drug problems and landed on three rosters in six years. He still has a few million dollars left in his bank account so he is doing alright for now, but one can only wonder what will happen when he's 30.

That's what we have learned from athletes such as Mike Tyson, who is almost 40, is bankrupt and admits to overindulging in his youth.

It's another example of what should happen in the NCAA, a four-year rule. No one leaves for the NBA until they have an academic degree that can help them succeed after their professional career is over. If Mayo had decided to stay for the full four years, then someone could have sat him down and charted out his potential earnings after college and he would have seen $10,000 as chicken feed.

That brings me back to Bush. The $300,000 he supposedly accepted is still a mystery and will continue to be looked into, but this guy's NFL salary more than covers whatever money he got from the boosters at USC. So as Bush cashes out his million dollar debt to his celebrity girlfriend Kim Kardashian, I guarantee he isn't losing any sleep at night over it.

Observer Asst. Sports editor Joseph Siemandel can be reached at siemandel@cwsu.edu.

Wide range of equipment open to skiers and boarders

People's Pond Etiquette

With the weather consistently getting warmer, more and more Central students will make their way out to People's Pond to enjoy the sunshine. In order to ensure a good time by all, certain rules should be adhered to allow everyone to enjoy the popular hang out spot.

1. Dogs must be on a leash in accordance to the leash laws.
2. No alcohol is allowed in accordance to open container laws.
3. Pick up trash before leaving.
4. Use good judgement in order to stay safe around the pond at all times.

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Surf Salmon, a Central alumus with a degree in ET, jumps off an embankment while riding his Burton snowboard at Breelevss PNC this winter.

by Michael Ingram

Special to The Observer

When purchasing ski equipment such as skis, bindings and boots, the first and most important thing to look for is a quality brand that will provide high performance and safety. There are many different brands to choose from, and each offers their own level of performance. Top brands include K2, Rossignol, Vöckl, and Armada. This doesn't mean other brands are bad, but rather that these are some of the highest quality skis a consumer can purchase.

Skiing is a big sport and is open to skiers and boarders of all ages. To ensure a smooth ride, skiers should be sure to carefully inspect any work done by a mounting service. When purchasing ski equipment late in the season will also save enthusiasts a considerable amount of money.

"By purchasing good equipment late in the ski season or last year's models early in the season, I have often found great deals," said Robert Ingram, a veteran skier of 45 years. In addition, a good thing to look for when purchasing skis and bindings is a reputable store with trained and skilled mounting technicians.

"The mounting technician drilled the bindings through the bottom of my ski, which resulted in an accident on the mountain," said Balkmen. "The store fired the technician and I received brand new skis.

Ski mounted improperly can result in fatal accidents on the slopes, so skiers should be sure to carefully inspect any work done by a mounting shop to ensure their work is done properly. This attention to detail will provide for more fun and less hassle when venturing up to the slopes.

"The fatter skis are hands down the best and when skiing in the back-country or through some nice fresh powder," Morris said. Wide skis with twin tips were inspired by snowboarding and the mobility granted to boarders by this unique design element.

"Skis have become much wider so they float better in the powder, and have been influenced by the wider style of the snowboard," said Ski Mart backcountry expert, Blake Balkmen.

Furthermore, skiers often look for a good deal when seeking out new equipment and shopping at specialized ski shops such as Sturtevant's, Ski Mart, or Joe's Outdoors, that provide a large ski equipment section at competitive prices.

"I look for colorful equipment which is reliable and durable," said soprano business marketing major, Kristen Poole.

Seeking advice from sales personnel that ski and know what they are talking about is a good way to avoid purchasing the wrong equipment. Purchasing ski equipment late in the season will also save enthusiasts a considerable amount of money.

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O.J. Mayo and Reggie Bush scandals bring controversy to the University of Southern California. That was until Tim Floyd, former Chicago Bulls coach, took over the program and churned out winning national championships and almost always competes for the number one ranking in the nation.
White squad defeats Crimson in spring game

by Curtis Crabtree
Sports editor

After struggling against the defensive unit for most of the spring, the new offense being installed by first-year head coach Blaine Bennett finally started to click as the Wildcats’ white squad defeated the crimson defensive unit 43-19 in the annual spring game on Saturday.

“We tried to come up with a points system,” Bennett said. “I don’t know if it was a fair points system, but we tried to come up with something so the people could kind of enjoy it.”

Senior quarterback Mike Reilly looked as poised as ever in the pocket, going 15-23 for 163 yards and two touchdowns in limited action.

Reilly was the only quarterback who wasn’t “fazed,” meaning he wasn’t able to be touched by the defense.

That didn’t stop Reilly from getting in on the hitting though. On a play in the second half, Reilly sprinted downfield to try and throw a block on James, drawing chuckles from the Wildcats’ bench.

“It’s hard to try and run at the quarterback position when somebody gets within five yards of you and they blow it dead,” Reilly said. “But at the same time it’s probably frustrating for a defense when a quarterback is down there blocking somebody with a black jersey.”

Backup quarterbacks redshirt freshman Nick Williams and junior Kyle Miller weren’t as lucky, as they were both free for the defense.

The running back position is still searching for a starter since losing Johnny Lopez to graduation.

Redshirt freshman Anthony Stewart and sophomore Micah Lape are the two favorites to replace Lopez at this moment and received the brunt of the carries on Saturday.

Stewart carried the ball 13 times for 70 yards and a touchdown while Lape had 12 touches for 28 yards. Both Stewart and Lape also lost fumbles. The third back in the pooling order, redshirt freshman Justin Leonard, carried the ball nine times for 35 yards.

“We certainly have two backs that deserve playing time and will do a good job while they are in there.”

Blaine Bennett
Head coach

Leonard had one of the most exciting runs of the day as he started to the right, reversed his field coming all the way back to the left sideline before getting held up by redshirt freshman safety Devin Snyder. While a two-back system with Lape as the every-down back and Stewart as a change-of-pace back seems to fit, Bennett said he is weary of going to such a system.

“Of course I’d like to have two backs that deserve playing time and are going to work hard over the summer to get ready,” Bennett said.

Backup quarterbacks redshirt freshman Micah Lape looks to stiff-arm senior defensive back Brandon Kennedy on a sweep play, while redshirt freshman wide receiver Jamal Weems blocks on Saturday.

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Backup quarterbacks redshirt freshman Micah Lape looks to stiff-arm senior defensive back Brandon Kennedy on a sweep play, while redshirt freshman wide receiver Jamal Weems blocks on Saturday.
Nilsen: Most prolific player in Central history

By Garrett Shawstad
Staff reporter

Anticipation is rising as seniors prepare to graduate — just a few weeks from now, but for one senior, the anticipation is through the roof as he awaits the selections of the 2008 baseball draft.

Nilsen ended a phenomenal college career with the Wildcats, and leaves behind record after record, including most career games played, most career triples, most career home runs and most career runs scored, just to name a few.

"It's the icing on the cake," Nilsen said. "It flew under the radar and it's nice to get recognition."

This honor comes after years of hard work and determination. As a freshman, Nilsen had to walk on and try out for the Wildcats, deciding to give baseball one more shot. Head coach Desi Storey recognized the talent and the potential of Nilsen, redshirting him for the season.

"You have to understand he's the spark plug," Storey said. "[Nilsen] was excellent as a freshman, is now a little faster and stronger."

Just how much Nilsen's impact has been on the team is incomparable.

"A better question is to ask if anyone else is comparable to him," Storey said.

While growing up, baseball wasn't always his sport. In high school Nilsen played golf and before that, hydro-boat raced.

"At 15 and 16, Nilsen was a two-time national champion and has eight world records in hydro racing. Nilsen has always loved sports and credits his father with teaching him the game, along with always being supportive and leaving the choice up to him.

"He was never the biggest, or the strongest, but always mentally the toughest," Jamie's father, Jim Nilsen, said.

In his senior year at Thomas Jefferson High School in Federal Way, Nilsen was named Second Team All Puget Sound league in the 4A division. Since then instead of playing three months out of the year, Nilsen dedicated and invested more time into baseball.

That investment has definitely paid off.

Out of all the he has achieved here at Central, Nilsen is most proud of his fourth overall ranking for his single-season batting record (.375), which reminds him of former teammate Josh Small, who Nilsen credits as being a positive role model when Nilsen first started. Nilsen also looked up to Small and imitated his game.

Now having moved up the ranks, Nilsen hopes to be the one that fellow players look up to, too, by showing what hard work and practice can do.

"Five years ago, I came out just to try and make the team," Nilsen said. "It's pretty cool how things worked out, the last four years have been a dream come true."

Part of making that dream come true is the attention he has gotten in the last two years. "Nilsen generated a lot of interest last year," Storey said.

"He was the emotional and uplifting unsung hero of the year."

Ken Kladnik, head athletic trainer

Ken Kladnik started his athletic training in 1965, when his next door neighbor talked Kladnik into taking a correspondence course to become the trainer for his high school.

Kladnik grew up in Cle Elum, Wash., and graduated from Cle Elum High School in 1960, with just 54 other students in his graduating class.

"I liked the small-town atmosphere and all my family is from there," Kladnik said.

When Kladnik graduated he wanted to go into athletic training because he loves sports and was interested in health care. He had two colleges to choose from: Central and Washington State University.

He chose Central because it was closer to home and was interested in the track program, he participated in the triple jump.

He graduated from Central in 1973 and went on and received his MA from Arizona University. Indiana and Arizona were the only two schools that offered graduate programs in athletic training.

After receiving his MA, Kladnik spent 17 years working Division I schools at Oregon State, Idaho, and some NCAA schools before returning to alma mater.

What Kladnik likes best about Central is the size of the school and the quality of the program. Plus the interaction with the athletes on a 1-on-1 basis.

"I hope I can make a difference in people’s lives, and help them get better," Kladnik said.

Kladnik started at Central in 2002 and currently has a staff of three people: Assistant Athletic Trainer Kari Gage, Graduate Assistant Meghan Berdis and Teresa Schlafer.

"He is really fun to work with on the field and he is a great teacher when it comes to injured athletes," Schlafer said.

When Kladnik is not taping ankles or helping an athlete with an injury, he is running or reading. Nowadays, Kladnik is spending most of his free time working on starting a MA graduate program here at Central.

Central is not the only place where Kladnik displays his expertise. He also helps out professional sports teams such as the Seahawks, Portland Trailblazers and the Sonics next week.

Central currently has no athletic training education program, as it was terminated 10 years ago.

"I feel that something I want to do put my mark on athletic training and leave my legacy at Central, having developed this masters program," Kladnik said.

This project still needs to be approved by Central. The first thing he is trying to do is get his terminal degree so Central can hire Kladnik and transfer him over to academics. He still wants to be involved at Central, but wants to train students to go into the profession at a higher level.

There is no Masters program of this kind on the west coast. Central would be the first school to offer this program.

"This curriculum is very unique because it's not physical therapy, it's not medicine, it's kind of in its own realm because it's more about athletic care that general population care," Kladnik said.

Kladnik has 34 years of experience and has been inducted into four halls of fame: Central in 1994, Northwest Athletic Trainers Association in 2000, Oregon Athletic Trainer Society in 2007 and National Athletic Trainers Association in 2002.

"...I hope I can make a difference in people’s lives, and help them get better," Ken Kladnik, head athletic trainer

Head trainer Kladnik tends to injured Wildcats

By Dusty Kindred
Staff reporter

Ken Kladnik wrapping redshirt freshman running back Justin Leonard's arm during the spring football game on Saturday. Kladnik graduated from Central in 1973 and returned to Ellensburg in 2002.

Ken Kladnik

"If someone came into my office with a broken arm, I'd be able to make a diagnosis, but if a coach says, "Mr. Kladnik, my player has a broken arm," you have to be able to know what the next step is," Kladnik said.

Kladnik is spending most of his free time working on starting a graduate program in athletic training.

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CARE NET
Hustle and hard work drive sophomore captain

by Michael Johnson
Staff reporter

Even without trying, one can’t help but notice the physique of 5-foot-5-inch sophomore Jessica Andrews. Toned and fit won’t describe her build; instead, imagine someone running three-to-four miles a day, biking half an hour, stairs, lifting, treadmill, elliptical and a heavy dose of the video, “I want those abs.” Now you get the picture.

The results from her preparation were on display Tuesday in a spring scrimmage against Eastern Washington University. Midway through the first 10-minute period, an Eastern player kicked a ball that found a seam through the back of the Central defense.

It seemed like Eastern had an advantage, but then Andrews put it in fast-forward and flew to the left back end of the defense, easing the concern of onlookers.

This is just one of the many hustle plays, and efforts put forth by the sophomore captain from Spanaway. She doesn’t speak much, but when the captain is faced with speaking to her players about effort, she lets her hands do the talking.

“At first it was overwhelming because I was a young captain,” Andrews said.

“But after a couple weeks I could tell the girls respected me because I was trying to lead by example.”

Head coach Michael Farrand noticed Andrews’ abilities when she was playing soccer for a club team out of Tacoma.

“She took an average team to the next level; when it comes to leading a younger group of players-vocally. The girls respected me because I was trying to prove she belonged. It began with Andrews’ accomplishments go beyond personal achievements. She came in as a freshman, with the concern of the opposition. In the event of a loss, the team rallying around her.

“But that doesn’t stop her from giving it all; she will do anything to stop opposing teams from scoring, even if it means getting in between the ball.”

“In a game, she would make a big play and it would motivate us. So, we all step up,” Bridges said.

Andrews takes losing very hard, knowing that her position is the last line of defense, she takes pride in stopping the opposition. In the event of a loss, the competitor in Andrews can’t help but spend nights frustrated, thinking of different scenarios and situations of how things would’ve played out had she done things differently.

“It’s really frustrating when you lose because people say, ‘oh that must have been had defense,’” Andrews said.

Sophomore Defenseman

Jessica Andrews has often seen the concern of her teammates.

“She took an average team to the next level; when it comes to the team rallying around her.”

Andrews hope she can bring the team to her players about effort, she lets her hands do the talking.

“A senior next year, Andrews’ accomplishments go beyond personal achievements. She came in as a freshman, with the concern of the opposition. In the event of a loss, the team rallying around her.”

Sophomore Defenseman

Sophomore Jessica Andrews controls the ball near her own goal during a team practice last Thursday afternoon. The Wildcats hosted Eastern Washington for a scrimmage on Tuesday. Central would lose 0-6.

A progression in her leadership resulted in the players nominating her as a team captain.

With higher expectations ahead, Andrews hope she can bring the team together in preparation for next season, starting by setting an example in Andrews can’t help but imagine sometimes running three-to-four miles a day, biking half an hour, stairs, lifting, treadmill, elliptical and a heavy dose of the video, “I want those abs.” Now you get the picture.

Observed on the field — Sophomore defensewoman Jessica Andrews.

National Briefs

Sonics’ rookies honored: Seattle SuperSonics’ forwards Koom Diamante and Jeff Green were named to the NBA All Rookie Team on Tuesday joining Atlanta All Star, Houston’s Rafer Alston and Los Angeles Clippers’ Al Thornton and Houston’s Luis Scola.

Skechers’ Pro Bowl arrest ed: Seattle Seahawks all-pro linebacker Lofa Tatupu was arrested for DUI in Kirkland earlier this week. Tatupu was going 50 mph in a 35-mph zone and had a blood alcohol level of 0.158, nearly twice the legal limit. Tatupu issued a statement of apology on Tuesday.

“I want to apologize to my family. It was my decision, the Seahawks ownship and organization, and the fans for making a poor decision and putting myself in a bad situation. I take seriously my role as a leader on this team, and in the community, and because of that I am disappointed and embarrassed by the level of poor judgment I used last weekend. Thankfully, nobody was hurt. This will never happen again, and I hope through hard work on and off the field to begin earning your respect and trust again.”

Bonds indicted, again: Barry Bonds was indicted on 14 felony counts of perjury and obstruction of justice, alleging he lied to a grand jury about his steroid use.

For tickets call the World Wine Program at 509-963-1504 • 800-720-4503 or call the Ellensburg Chamber of Commerce at 509-925-2002 • 888-925-2204 (No refunds or exchanges. Tickets are limited.)

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Bring a Friend!
Track team improves on personal bests

Sophomore sprinter Lionel Orji competes in the 100-meter dash at the GNAC Outdoor Track and Field Championships on May 2.

by Brooke Saul
Staff reporter

Members of Central Washington University's track and field team participated at the Ken Shanrock/Foreman Invitational in Seattle last Saturday, while senior distance runner Marcie Mullen went to Western Oregon University to participate in the 10,000 meter race.

Only five people who came to the meet at the University of Washington improved their qualifying times, two of which were from Central.

Senior mid-distance runner Sarah Benson finished fifth in the steeple-chase, improving her personal national qualifying (PNQ) time by eight seconds, with a final time of 11:14.82.

"The race was good but it didn't get me in [to nationals]," Benson said. "It was a good race to end on for my senior year."

Sophomore thrower Tyler Fischer in the men's hammer had improvements in his qualifying marks. Fischer placed second with a throw of 177-5, four inches more than his previous PNQ.

Senior vaulter Haley Amos also performed well this weekend. Amos, who owns Central's record in the pole vault, threw a distance of 3.45 meters.

Head coach Kevin Adkisson said that it was Amos' best performance in the last two years. Amos.

"It was exciting," Adkisson said. "She has struggled a bit the last two years."

KEVIN ADKISSON
HEAD COACH

Sophomore sprinter Lionel Orji competes in the 100-meter dash at the GNAC Outdoor Track and Field Championships on May 2.

Thirteen Wildcats received Great Northwest Athletic Conference Academic All-Conference Honors. Athletes who are letter winners, are in at least their second year of competition and have a minimum cumulative GPA of 3.20, are eligible to be selected to the team.

Junior distance runner Kirsten Clarke is one of two Central student-athletes with a perfect 4.00 grade-point average. Clarke, who is in her fifth year in school, has run track for the last three years while pursuing a degree in exercise science.

"My motivation to get good grades is to go to physical therapy school ... it's really competitive," Clarke said. Clarke graduates this quarter and plans on applying next winter to Eastern Washington University, the University of Puget Sound and the University of Washington's graduate programs.

There are 111 total selections on this year's academic team. Receiving academic all-conference recognition for the third time are Mullen, Amos, and senior hurdler Stephanie Drakeins.

"I'm very proud; it feels great," Amos said about her achievement. "I have to work hard at track and academically as well."

Amos graduates this summer with a degree in exercise science.

Other Wildcat women selected to the academic all-conference team are junior thrower Becky Scherer, sophomore hur- dler/jumper Raquel Gonzalez, sophomore mid-distance runner Stephanie Cooke, sophomore heptathlon Mary Seidler, sophomore distance runner Mary Bakeman, and Benson.

Benson, who usually takes 13-14 credits per quarter, said she spends 10-15 hours on school days for track. When she has a meet, she and the rest of the team wake up at 5 a.m. and ride up to four hours in a cramped bus.

Three men were named to the academic all-conference team, including second-time selections junior jumper Nick Collins and senior hurdler Josh Kirk. Fischer was also named to the team.

The next meet will be held Thursday through Saturday, May 22-24, 2008, at the NCAA Division II Outdoor Track and Field Championships in Walnut, Calif., at the Hilmer Lodge Stadium. The only member from Central going to the championships is Fischer. Fischer finished in 14th place in the discus and the top 16 people from each event move on to the championships.

"If you're in the top 16, you know you are going," Adkisson said.

"[Fischer] knew yesterday."