Women honored at Lunafest
Breast cancer awareness & gender inequality explored in short film series

by Ryan Ricigliano
Staff reporter

March is Women's History Month and to celebrate, the Center for Student Empowerment is hosting its third annual Lunafest. This film festival features nine different and unique films by "for, for, and about women," as coined by the official Lunafest slogan. The showing took place March 3 in the Student Union and Recreation Center Theater.

"The main goal of Lunafest is to promote breast cancer awareness and promote a good cause," said Jared Stewart, senior public relations major for 'Student Empowerment.

According to the Lunafest Web site, the film festival is for Central in helping to promote pertinent issues. According to Coe, her program is an interdisciplinary field that deals with aspects of gender, what it means in our lives and how we make the perfect body.

Lunafest strives to highlight diverse short films. "Kaden," a documentary directed by Harriet Storm, follows a transgender individual as she prepares for reconstructive surgery and reflects on what is left behind. "My First Crush" is a playfully animated short that tells the love story of a shark dating a chicken.

There is also diversity within the filmmakers. Although each film is created by women, the directors hail from England, Portugal, India, Canada and the United States.

Cynthia Coe, philosophy professor and director of women's studies program, feels that Lunafest is valuable for Central in helping to promote pertinent issues. According to Coe, her program is an interdisciplinary field that deals with aspects of gender. "There are eight different competencies and the students passed all areas," Dr. Bramer said. "For students to pass every concept area is really exceptional."

Some of the eight content areas are human growth and development, social and cultural foundations and professional orientation and ethics. As the largest national counselor certification program in the world, the NCE is a 200-question multiple-choice test taken over a four-hour period, but only 160 of the questions determine passing scores.

"The test was the hardest test I have taken," said Jacqueline Higgins, one of the CWU Mental Health graduates who aced the test. "Some of the questions seemed difficult to answer in multiple choice fashion, but I think I just prefer essay tests."

To prepare for the exam, Higgins said she didn't know where to start, but bought a prep book, read, made flash cards and then crammed the last week before the test.

SEE GRADUATES PAGE 2
Counseling graduates: Centrals mental health counseling students score 99.9 percent

Jamie Bouge, another CWU graduate to ace the test, said to prepare, she got a NCE study guide with facts from each of the eight sections to the test. She then tackled about three sections per week starting about three weeks prior to the exam. Any information she was unfamiliar with, Bouge said she made Power Point slides that her husband quizzed her on.

"The exam itself was long," she said. "The hardest part was actually motivating myself to study sections I had forgotten or learned earlier in my program."

Students in the mental health-counseling program take classes that are all based around the criteria for the comprehensive exam. How each class meets the national criteria plays a large part in the process of being accredited, Dr. Brammer said.

"This is a huge perk because most of the information on the exam is very school heavy ... detailed questions that required us to remember our class work," Bouge said. "Most people will not accumulate the required 3,000 hours for at least two years and that is a long time to be away from school and do well on the test."

Another perk students get from graduating from an accredited program is that they only have to complete 2,500 hours, instead of 3,000, hours to become a licensed counselor, and that can be done in about six months, Bouge said. Plus, when a graduate becomes licensed the pay rate increases.

All of the graduates are now out of the Ellensburg area, most working directly in their field. According to Dr. Brammer, two are in Yakima, one is working in comprehensive health, and another student is working in a local hospital. "I was rather shocked at the scores, but I guess I should have done well," Higgins said. "I am proud to have graduated from CWU."
Three pertussis cases identified in Kittitas County

by Kevin Opsahl
Staff Reporter

Three cases of pertussis have been found in Kittitas County in the last month. Pertussis, also known as whooping cough, is an illness that commonly occurs in children usually under the age of 1.

Last week, the Kittitas County Public Health Department announced that two of the cases were confined to a local middle school. Two of the confirmed cases are thought to be students who attend Kittitas Secondary School, located at 7571 Kittitas Hwy. in Kittitas. The names of the students with pertussis were not given due to confidentiality. Ken Sherwood, the school’s principal, did not provide a statement.

The first case was discovered on Feb. 10, when the Kittitas County Public Health Department received information from the Washington State Public Health Laboratory in Shoreline about a confirmed case of the pertussis infection in the city of Kittitas.

"[We recommend] if people are sick, stay home," said Amy Diaz, public information officer at Kittitas Public Health Department. "Don’t go to work or to school."

The Communicable Disease staff at the Health Department, located on 507 N. Nanum St., is currently working with the patient and her family to prevent the spread of the highly contagious airborne disease. The health department is conducting interviews with people with whom she has been in contact, to make sure the illness does not spread. The patient has been quarantined.

Caused by the bacterium Bordetella pertussis, pertussis starts off like a cold, and then develops into a cough that produces a high-pitched whooping sound that can last for up to six weeks. Symptoms are usually worse at night.

"Some people cough so hard they have broken their backs, vomited afterwards, or fainted," said Jack Horsley, Director of Medical Services at the Health and Counseling Center at Central Washington University.

Advancements in modern medicine have made the disease curable. According to Immunization Action Coalition, a vaccine called Tdap (tetanus, diphtheria, acellular pertussis) can be administered to people age 10-64 who get the infection. DTaP (Diphtheria, tetanus and pertussis) is the name of the vaccine given to infants and children. Those who die from it have usually received an incomplete vaccination or no vaccination at all.

The illness rarely strikes teenagers and adults, but anyone who is in contact with an infected person long enough can get it.

"We strongly encourage people to get a booster shot somewhere, sometime," Diaz said.

Horsley said there is no specific procedure for a possible outbreak, since chances of that are very low. He said that these recent bouts are not likely to affect Central. The Health and Counseling Center can provide the shot.

"The immunity does wane and adults do get it, but if you’re up to date [with vaccines], there’s nothing to worry about," Horsley said.

The people that it’s really hard on is those under a year of age and older people ... This case reminds us that it’s important to maintain our immunity through immunization."
Students storm Olympia on behalf of Central

by Quinn Eddy
Asst. News editor

From Feb. 16 to Feb. 18, representatives from Central Washington University stormed Olympia to lobby legislators on behalf of students.

On Feb. 17, students from universities all over the state, along with administrators, members of the Board of Trustees and the mascots met with state senators and representatives to take part in Student Lobby Day.

The main message students took to the legislators was that of keeping tuition low.

Washington State is required to fund the K-12 schooling and the prison system. The largest financial chunk not constitutionally mandated for the state to fund is higher education.

With a growing state budget deficit already projected to be over $8 billion, legislators have been looking to reduce funding for state universities. The goal behind this is to balance the state’s budget without imposing new taxes.

“The state doesn’t have to fund it, so the easiest way to keep it is to raise tuition,” Jake Stillwell, ASCWU Legislative Liaison, said. “The main message students took to the legislators was of keeping tuition low.”

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The plan so far is to begin construction on an addition to the building. With the completion of this addition, all lab equipment will be transferred to the new building and the existing Hogue building will be updated and converted to a lecture hall.

“So far we have secured $18 million from the governor for the Hogue renovation,” said Michoan Spoelstra, development officer for the College of Education and Professional Studies.

With this $18 million, the pre-design phase is underway and construction of the basic shell of the addition will soon start. To complete the project the university is seeking up to $47 million over the next few years.

In Olympia representatives have continued to meet with legislators to secure the funding required to complete this project.

“We’re still trying to get the info out there,” DuPont said.

The two main selling points that Central representatives have been trying to get across to legislators is the nature of the department involved.

“The fact that the programs within the industrial and engineering technology department are in high demand, combined with the project’s creation of local jobs are the main selling points of this project,” DuPont said.

“It would be like an economic stimulus for Ellensburg and would do wonders.”

Steve DuPont
Government Relations Specialist

Students storm Olympia on behalf of Central

A pressing matter: Daily Record closes presses to print in Yakima

by Matthew Hartmann
Staff reporter

On March 17 the Daily Record will close its printing presses to print in Yakima.

According to Daily Record publisher Matt Davidson, the printing press was built in the 1960s and can no longer meet the demands of clients at a reasonable cost.

After a 30 percent increase in production costs last year Davidson said that the Daily Record has decided to sign a contract with the Yakima Herald-Republic to take over printing contracts formerly done by the Daily Record.

Davidson said that the cost to upgrade the printing press would be more expensive than what is considered reasonable.

“Imagine that we are driving a 1960s pickup truck and they are driving the Ferrari,” Davidson said. “We are going to want to share the Ferrari with them.”

According to Davidson, there are hundreds of contacts that will be affected by this move, including the Daily Record and The Central Washington University Observer.

Davidson said that the Daily Record is not in danger of going out of business and that there will be no difference in the delivery of products for customers, including The Observer, which will still come out on Thursdays.

Davidson said that the Yakima Herald-Republic has had a good relationship with Yakima Herald-Republican and the Daily Record have historically had a good relationship.

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Planned Parenthood lobby day in Olympia a success

by Megan Peters
Staff reporter

On Monday, Feb. 23, a total of 26 citizen activists from the 13th legislative district travelled to Olympia to lobby for Planned Parenthood related issues.

They were scheduled to meet with an aide for Representative Judy Warnick, Representative Bill Hinkle, and Senator Janea Holmquist. However, they were unable to meet with the aide for Representative Warnick and only attended two of their three scheduled meetings with the other aides.

"The legislature was in session that day, so we greatly appreciated both [Representative Hinkle's aide] and Senator Holmquist taking the time to meet with us," said Jen Ham, public affairs field organizer of Planned Parenthood of Central Washington.

Prior to the trip to Olympia, lobbyists participated in training on Feb. 22. The training was to update activists on three issues: family planning funding, the Community Service Office (CSO) Family Planning Nurse Program, and the Proven Programs Act. Ellensburg lobbyists were joined by nearly 700 people from 46 of Washington’s 49 legislative districts that came to Olympia to show their commitment to the issues at hand.

"I had a great time," said Erika Harder, junior French major and two-year lobbyist. "I was one of the team captains in charge of the group of people from my district going around to legislators and I got to help out with the training, since I had previous experience."

"Lobby Day was a very rewarding experience," said Scott Patton, junior political science major. "It was great to have a hopefully positive impact on our government."

Ham received positive feedback from Representative Hinkle's aide about how well-prepared local activists were on issues. Senator Holmquist also commented to Ham on the large number of people who were there to speak out and support such issues.

"It is safe to say that the event was a great success, and that is owed to the dedication and great efforts of each of the citizen activists from the 13th legislative district," Ham said. "I am very, very proud of all of them."

Water park planned to make a splash in Ellensburg

by Megan Peters
Staff reporter

A local man has big plans to bring a water park, hotel, convention center and offices to the Ellensburg area.

According to Community Development Director Mike Smith, plans have been approved for commercial and tourist activities.

Gene Martin has applied for commercial subdivision of the land west of the railroad from Uptanum Road down to the freeway. For a new subdivision to be created, a developer must apply for zoning permits to the city where available land is located.

"No building permit has been issued yet," said Smith. "[Martin] must first develop roads in the area before that can happen."

Although the services Martin has in mind are allowed in the area, there are still many city codes to be met before building for this project can begin.

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Construction management students receive honors
by Michael Ingram
Staff reporter

Central Washington University construction management students competed last weekend at a regional competition in Reno, Nev. Three out of the four teams representing Central at the competition brought home top honors.

Four teams of varying specialties were sent to compete in Reno: Heavy Civil, Commercial, Multi-Family, and LEED. Each team is typically comprised of seven students, six competitors, one alternate, and one coach. Each team is given a problem, with 12 to 16 hours to solve it.

The Commercial Team took first place at the Associated School of Construction (ASC) Region Seven 2009, student competition, and Construction Management conference. The team is currently at the national competition in San Diego, Calif., where they will take part in the National Student Championship from March 3 through March 6.

“They’ve worked very hard and it shows because going to nationals is huge,” said Teri Olin, university marketing and communications coordinator.

“Students can put in ten hours a week of additional time for an entire quarter.”

The commercial team received a $1,500 award along with first place honors. Central’s Heavy Civil Division team, which was coached by Plugge and the Multi Family Division, also scored high at the regional competition, earning second place and each receiving a $1,000 award. The Heavy Civil team has placed in the top three for the last three years.

“Reno is an opportunity for students to showcase their talents in front of major construction companies such as Sellen, Granite Construction Inc, and Hensel Phelps Construction Co,” Plugge said.

According to Plugge, Central’s construction management program is one of the best in the state. The construction management graduates have a 100 percent placement rating out of college. On average they will start off earning $50,000 a year.
Size doesn’t matter
Ellensburg eateries smoke competition

When I started school here I made a personal goal to ac­complish before graduation. I wanted to try all the different diners, barbecue joints, small chain restaurants, taco trucks and cafés. Ellensburg has to of­fer. Every time I can step out live on in my heart. Morelli’s homemade bread will forever be a comfort zone and try all over again.

The Sammich Company’s homemade bread will forever live on in my heart. Morelli's officially makes my all-time favorite panini. The Ginkgo Tree is a frequent stop. Boccar Burgers cooks a mean burger. I can’t resist a milkshake from the Palace. I give the Pasta Company five and a half stars. The taco truck off Main Street is a recent discovery I've now added into my top 10. The list goes on.

I guess I'm just a sucker for the bottom of a menu that tells of family tradition passed on through generations of lasagna recipes. I think small towns like ours make the best culi­nary wonderlands. We have a more refined selection. These business owners aren’t in it for the fame and fortune. They’re slaving over hot stoves 10 hours a day for the shared love of food, and it shows.

The closer you get to the big city lights, the harder these treasures are to find. They get blocked by the glitz and glam­our of big chains like Red Lob­ster and Outback Steakhouse. Olive Garden can sure trick my taste buds with creamy sauce blanketing noodles, sea­soned chicken and veggies. Say free salad and bread sticks again and I’m there. But to be honest, my family hates Olive Garden. They say it’s just re­heated frozen dishes. I’m not trying to pay twenty dollars a plate for frozen fettuccine with a side of freezer burn. It’s sad. Larger chain restaur­ants likely started out with the right ambition in mind. I’m sure they dreamed of shar­ing their love of food with the world before they were swept up in the promise of dollar signs and the politics of busi­ness.

I'm already so indecisive so it is hard when I have two doz­en favorite places to eat at and I’m only halfway through my goal. Any suggestions?

Kayla Schroader
Editor-in-Chief

Dear reader,

This is your public forum. Use it. Tell us what you love, what pisses you off, what makes you think, etc. If you don't write it then we can't print it and this space will sadly, once again, be wasted. That's a shame.

The Observer welcomes brief letters (500 words or less) from readers on current issues. Include the author's full name and university affiliation: year and major, degree and year graduated or department.
All letters become property of The Observer. E-mail let­ters to cwsuobserver@gmail.com

Tattoos and Piercings

I am a huge lover of tattoos and piercings! Personally I personally have three tattoos and have my eyebrow and belly button pierced. At one point I also had my nose and lip pierced. One thing that annoys me is when people judge you for having tattoos or piercings.

It’s usually the older genera­tions; people in their 40s and above, who really look down upon those of us who have “defiled our bodies.” I have a job where I am constantly working with the public and you can immediately tell those who do not approve of my tattoos or eyebrow pierc­ing. They give you this stare like “Why did this girl do that?” It’s a stare that’s com­pletely judgmental, making assumptions about the person they think I am. I’ve even had adults straight-up say, “That looks trashy!” They are usu­ally referring to my newest facial piercing and I want to reply, “Your yellow teeth and too-tight jeans are ‘trashy’ too,” but I hold my tongue and smile. Older generations just don’t understand the art involved in tattooing or the rush you get from a piercing. Tattoos are a form of art that have been around for thou­sands of years that are used to represent tribe affiliation and accomplishments made in life. Also, piercings have been used in ancient tribes as symbols of high status. So why do some adults give the look of dis­gust when they see a tattoo or piercing? My brother-in-law is a tattoo artist and a piercer and I’ve spent tons of time studying his craft. You have to be truly talented to do what he does, and unfortunately, it’s a very under-appreciated profession.

The fact is, tattoos and pierc­ings are a part of the younger generation. I think some people like it or not. Getting a pierc­ing or tattoo is a fashion state­ment now-a-days. Maybe be­fore judging someone for their facial piercing or tattoo, get to know the person. The truth is, everyone has a story and I’ve come to find that people with tattoos and piercings often have the most unique stories. I understand that tattoos and piercings aren’t very pro­fessional and that there are some people that take these art forms to the extreme. It’s like the old cliché, “You can’t judge a book by its cover.” Just like you can’t know anything about a person by looking at the tattoos on their body or piercings on their face. Tattoos and piercings are here to stay, so get use to it!

MacKenze Opp
Copy editor

Charlie Wainger/News Editor: Chicken strips with Irish Death (The Tav)
Quinn Eddy/News assistant: Phad Thai (Sugar Thai)
Stephanie Olson/Scene Editor: Phad Sey Ew (Sugar Thai)
Brooke Mortensen/Scene assistant: Creamy chicken pesto (Pasta Company)
Dusty Kindred/Dirt Kelly/Scene assistant: Turkey burger (The Tav)
James Anderson/Sports assistant: Big cheese burger (Wing Central)
Amanda Umberger/Photo Editor: Spaghetti and fries (The Palace)
Pete Los/Photo assistant: Bacon Bleu (The Tav)
Brianan Stanley/Photo assistant: Phad Sey Ew (Sugar Thai)
Charles Potts/Photo assistant: Chicken phad Thai (Sugar Thai)
David Guzman/Scene assistant: Tri-tip (Rodeo City Bar-B-Q)
Darcy Wytko/Managing Online Editor: Red pepper ravioli (Valley Cafe)
Tristan Gorrige/Graphic designer: Cluck basket in 3rd degree sauce (Wing Central)
Kayla Schroader/Copy Desk Chief: Creamy chicken pesto (Pasta Company)
Kayla Schroader/Editor-in-Chief: Cluck basket in 3rd degree sauce (Wing Central)

The best of the Burg: According to the Observer staff

Kayla Schroader
Editor-in-Chief

Cat Lib: looking for

To see newsroom answers, given at 1 a.m. Wednesday, go online to cwsu.edu/observer

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The editorial views expressed are those of the writers and not necessarily the views of the newspaper staff at large, the student body, the faculty and administration and are certainly not to be considered as official views of Central Washington University.
White is not a dirty word

When I walk through the Student Union and Recreation Center (SURC), I avoid eye contact. However, I notice in my discreet glances that there are no white student groups. Through several conversations, two theories about the lack of European heritage student groups emerge. One, that historically, white students have already become one monolithic racial group, “white.” Two, that is white students fear being labeled as racist or white supremacist.

Reason one: Many of my white friends describe their heritage saying, “a bunch of places in Europe,” or, “I have no idea.”

In contrast, many of my Asian American friends can easily trace their ethnic roots. For students one or two generations removed from their ancestral country, a dual or multi-heritage may be far more tangible to them and more rewarding to explore.

It is striking when my white friends say, “I don’t really have an identity.” As a minority, it is easier for me to recognize America’s distinct white culture.

Although many of my friends, myself included, can’t quite distinguish between the ethnic specifics — whether this part of white American culture originates from Great Britain, or Norway, for example, there is definitely a distinct culture. Maybe it is harder to see the boundaries of identity when one is a, “thirsty fish swimming in the sea.”

Reason two: There is a historical association between white groups and white supremacy. In the past, white heritage groups were often focused on intimidating other racial and ethnic groups and trying to classify white ideals and concepts of beauty as superior. White students do not want to be associated with such a toxic past. But no one, including myself, would be offended by a group celebrating Finnish heritage and language, for example. Once my meal plan starts getting low, I would gladly sit through a long, boring club meeting to take part in eating some free food.

The offensiveness of a white student group disappears when it becomes a celebration of ethnicity, not race.

The model can follow those of minority, racial and ethnic groups, who seek to educate all students and minorities about their experiences, to provide fellow students to create solutions to inequalities and to put minority ideals and cultural specifics on an equal footing with white ideals and beauty concepts.

Likewise, white student groups should have open memberships, based on self-identification.

Race and ethnicity remain important and constructs in our society. So, as long as they are important, we all need to talk freely about their continuing significance in our lives.

Sometimes when I talk to my white friends about racially charged topics, I can sense they are uncomfortable. But, race needs to include all of society, as well as what it means to be a part of the majority identity.

Race and ethnicity should not be left for minorities to argue about behind closed doors. People should be compelled to lower their voices when they wish to discuss race in public.

When the members of a majority can talk freely about race, it becomes easier to look past group identities.

A group celebrating and educating students about European heritage and the meaning of whiteness can only enhance the dialogue.

Rachel Guillermo
Culinary Columnist

In my opinion, Asian food is one of the easiest types of dishes to make. So it bugs me when I see friends and fellow classmates buying pre-made seasoning packets to cook with. People need to know what types of spices and “culinary treats” to use. Here’s a classic Chinese dish that illustrates the use of cornstarch to create thick gravy found in many Chinese dishes.

Ingredients
- 1 lb. chicken breast (about 2 breasts), cubed
- 3 scallions, whites only, thinly sliced on an angle
- 2 cloves garlic, minced
- 1-inch piece peeled fresh ginger, minced
- 1 tablespoon soy sauce
- 2 tablespoons sugar
- 1/4 teaspoon salt
- 1 tablespoon dry sherry
- 1 teaspoon sesame oil
- About 1/3 cup water
- 3 tablespoons vegetable oil
- 6-8 cups broccoli, trimmed sliced stalks and medium florets (top portion of broccoli)
- 3/4 to 1 tablespoon red chili flakes, optional
- 1 tablespoon hoisin sauce

In a medium bowl, toss chicken with the scallions whites about half the garlic and ginger, soy sauce, sugar, 1 T. of cornstarch, one t. of salt, sherry and sesame oil. Marinate the mixture at room temperature for 15 minutes. Mix remaining cornstarch with 1/3 cup water.

Heat a large nonstick skillet over high heat. Add one T. of oil and heat. Add broccoli stems, and stir-fry for 30 seconds. Add florets and remaining garlic, ginger, two T. of water, and season with 1/4 t. salt, and pepper. Stir-fry until broccoli is bright green but still crisp, approximately three minutes. Add hoisin sauce, return broccoli to the pan and toss to heat through. Stir in reserved cornstarch mixture and bring to a boil to thicken. Add more water if needed to thin the sauce. Season with salt and pepper if you like. Mound the stir-fry on a serving dish and garnish with sesame seeds. Serve with rice.

Random words with...

* Scarcest thing: financial struggles.
* An old trend we should bring back is the way of life so people won’t get lazy. Technology makes life too much easier.
* If it rained on my vacation I would sit inside and watch T.V. Or take the car and go somewhere.
* Favorite phrase? Have a nice day. I like to end every conversation with it.
* Got milk? Yeah, I got milk cuz it’s the best drink to build your protein. Or, mix it with chocolate to make the best drink!

Claremont
Filoali Filoali
freshman
undecided
The smell of beer and incense filled the air in a large garage right off Recor Creek Road. This hot spot for local bands, called the Toolbox Jam, was ready to rock Saturday, Feb. 28.

The Toolbox was slowly filling with people as the band Random Orbits checked their instruments in preparation for the show. Senior tourism major, lead vocalist and guitarist, Steven Smith, joked around with the crowd while senior history major and Random Orbits drummer, Blake West, did a quick solo.

"We compare our sound to making love," Smith said. "First our sound is really fast then it gets really slow, then picks up again."

As soon as the first note was played, the entire crowd of approximately 35 people got out of their plastic lawn chairs and onto their feet. Another local band, Heavy Metal Mullet, had opened the show for Random Orbits and no one left their seats for the band. It was evident that the crowd had been impatiently waiting for the main event, Random Orbits. Bass player Ryan Daley did one last check on his guitar and then it was show time.

With song titles such as "Legends of Beer Pong," and "League of Extraordinary Asholes," you can bet that there was never a dull moment to their performance. There was a constant fast-paced rock sound to Random Orbits, but every now and then they would slow the beat down. The crowd stayed on their feet the entire time and cheered often as band members belted out lyrics.

"[Random Orbits] have good energy," said Tanner Dodzer, a history graduate student. "They're good and sound a bit like Fugazi; they're a tight punk band."

Daley and Smith have been playing together for three years and jammed often together in high school. They got lucky and found West through a MySpace ad. Smith simply put up an ad saying, "We want a drummer who doesn't suck," and West was the only one to reply.

"If you ever want to start a band you're going to work your ass off," Daley stated.

Random Orbits and a few other bands will perform again Friday, March 13 at the Toolbox Jam. The bands play from 7 to 11 p.m. and no minors are allowed after 10 p.m. For more information on the Toolbox Jam spot, look them up on MySpace under "Toolbox Jam." Also, more information about Random Orbits and upcoming shows can be found on its MySpace page.

"We fight constantly but we get sh-- accomplished... It's all worth it," Daley said.
Museum benefit kicks off opening

by Mimi Oh
Staff reporter

Central's Museum of Culture and Environment is digging deep to raise community awareness about its re-opening in Dean Hall.

The museum benefit will be held on March 6, from 6 p.m. to 9 p.m. "Forever Green" is the theme, from the drumming performance to the models wearing environmentally-sustainable clothing.

According to an e-mail from Tiffany Waters, a graduate assistant in Dean Hall, the theme from the drumming to 9 p.m. "Forever Green" is selling $2 raffle tickets every day until the March 6 "Forever Green" reception.

"Whoever wins it can just ride away on it," said Sarah Hoober, senior public relations major.

Hoober is a leader in the applied public relations class, or COM 470, which is organizing the museum benefit and its lead-up events.

Construction delays at Dean Hall and cold weather postponed the museum's opening. Many of the artifacts could be damaged from drastic temperature changes. Also, wooden artifacts and those with certain finishes could crack.

"The museum is, in some senses, just getting into the swing of things," said Bill Woods, interim director of the museum. "For example, it hasn't had an exhibit gallery since the late 1980s. So this museum has ebbed and flowed."

According to Hoober, benefit tickets are $25. Raffle participants don't need to be present at the drawing to win.

"We wanted to raffle off something from the local community that supports the community as well as supports a sustainable lifestyle," said senior public relations major Hailee Simpson. "I would say that we sell between 50 and 100 raffle tickets a day."

There will also be guest speakers and an electric vehicle exhibition.

Visit the museum Web site at www.cwu.edu/museum.

A green D&M's "e-moto" scooter is exhibited at the museum. This scooter is going to be raffled off at the opening of the Dean Hall Museum.

- The Friday benefit will have live music and "green" clothing from the Fashion Merchandising Club.
- According to Hoober, benefit tickets are $25. Raffle participants don't need to be present at the drawing to win.
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A $14,000 student technology grant will pay for most of the gallery's audio, visual and digital equipment. Puget Sound Energy awarded funds to support winter and spring quarter activities.

Student and faculty volunteers, as well as interns and assistants bolster the museum's staff.

Mahsa Jafari, a student leader and senior public relations major is taking the class again for an internship.

"I probably learned more from doing this internship than the entire three years I've been here, just because it's more hands-on and it's going to be great to put on my resume," Jafari said.

So far, this week, there have been two events. On Tuesday, the Environmental Resource Management Association (ERMA) showed the movie "Waterbuster" in Dean Hall 103.

"Waterbuster" is a documentary chronicling the displacement and relocation of the Mandan-Hidatsa-Arikara Nation of North Dakota due to a dam that inundated their homeland, according to Waters' e-mail.

On Wednesday in the SURC pit, ERMA held a "Water Resources and Conservation" Panel.

Today, from 9 a.m. to 4 p.m. in the SURC pit, there is a full day of events. Speakers at the panel include Reno Allphin, Solid Waste Specialist from Kittitas Waste Management; and Gary Nysetted, from the City of Ellensburg. Nysetted is working on a community solar project, and he will speak from 10 a.m. to 10:30 a.m. David Stearns from WinWorks is speaking from 1:30 p.m. to 2 p.m.

From 4 p.m. to 5 p.m., the Native American Students Association (NASA) is bringing Yakama Elder Johnson Meninick. Meninick will present a drumming performance. Students can buy raffle tickets for NASA's Pendleton Blanket. From 9 a.m. to 5 p.m. Dean Hall will have an exhibit of electric transportation called "Going Electric."

"The museum benefit will have live music and "green" clothing from the Fashion Merchandising Club.

According to Hoober, benefit tickets are $25. Raffle participants don't need to be present at the drawing to win."
Featherfoot displays art for town

by Erica Spaldi
Staff reporter

Paintings, three-dimensional collages, sculptures, and a robot are major art forms that require time, determination, and support. They are also a few of the pieces of art being showcased at the Featherfoot art exhibit.

Featherfoot is a student led group that is taking their art to a new level by putting it on display for the campus and the community.

"For me, it is a way to connect with people off campus," Noelle Herzer, senior arts major said. "Having one foot in, one foot out and prepping yourself for life after college." Herzer will be displaying a three-dimensional collage in Friday's show as well as a sculpture.

Another artist is Dan Donovan, junior, studio arts major. This is Donovan's second show with Featherfoot.

"I will be displaying a robot named Uby, that took me three weeks," Donovan said. "I also have two mixed media pieces as well."

In mixed media, an artist uses more than one medium on the canvas. For example, acrylic ink on canvas is one medium and the addition of wood lettering, is another form of media, according to Donovan.

While artists are preparing for life after college, they are also trying to get students on campus and the rest of the community involved, according to Kellia Brinson, senior studio art major.

"There is Gallery One and the Sarah Spurgeon Gallery ... and all these other small places around town and we want to be a part of that art walk, a part of the community art," Nate Steigenga, senior fine arts major said. "There is not a lot of student presentation except for on campus and this is to raise awareness of our existence."

For his exhibit, Steigenga will be showing a few paintings and possibly a sculpture.

Downtown at the Old Facilities Management building on 14th Avenue and D street, community members and students will get a chance to see a display of students' art as well as hear some new music by local artists Skinny People Kissing and Old Ghost Lexicon.

"There is going to be live music, one of our friends is releasing his new CD, and some really good food prepared by the animal rights club," Steigenga said.

Dan Donovan standing by his painting at the last Featherfoot show on Friday, Dec. 5 at 315 N. Pearl St.

"Preparing the art for a show is a lot of work. It's another way to reach audiences, as compared to a music video," said Coo Breeze.

"The hospitality of just everyone in the central Washington area was great," Mitch Pfeifer, producer and lyricist, said. "The good vibe made it all exciting. We had a lot of support."

The producer, M-Pyre, shot a majority of their video in various locations around Ellensburg, including the Central Washington University campus. A portion of the video was taken in the Nicholson Pavilion.

"When we shot in the Nicholson Pavilion we had everybody really feeling it in the shot," Pfeifer said. "Really enjoying it the way it's supposed to be enjoyed."

Filmimg began on Feb. 27 and went through early Monday. The music video was made to promote M-Pyre's music in a way other than a typical form of media and to promote their upcoming music productions.

"I want to reach different audiences," said Coo Breeze, the main artist starring in the video. "It's another way to reach audiences besides the radio. It's something that they can watch. We're just trying to find a crowd and get people to listen to something good."

Coo Breeze has requested that his stage name be the only name presented in the article, for security reasons.

The aim of the video was to incorporate more of what real life is like, as compared to other music videos that might sensationalize or exaggerate, according to Coo Breeze.

The Featherfoot exhibit will be on display starting Friday, March 6 from 5 to 9 p.m. at the Old Facilities Management building and will run for approximately two to three weeks. Featherfoot encourages students and the community to come check out the art that they have put on display.

"Support the artists and come to the show," Donovan said.

M-Pyre shoots music video in Ellensburg

by Amy Thompson
Staff reporter

Rap artists and filmmakers came to Ellensburg to film for an upcoming music video for a song entitled, "Every Now and Again," written by Coo Breeze. Ellensburians got the chance to star as extras and release their inner musical vibes on film.

"The best part for me was that it was a newer experience doing something on this level," Mitch Pfeifer, producer and lyricist said. "The good vibe made it all exciting. We had a lot of support."

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The Fame Entertainment and M-Pyre Productions is currently based in Portland, Ore. The members are from the central Washington area. Representing this area in a positive light is one of their goals, according to Pfeifer.

"The hospitality of just everyone in the central Washington area was great," Riley Henningsen, also known as Kid Money, said. "I enjoyed it a lot. Video production reaches a broader spectrum of viewers as far as putting music out there. It was just a really good experience with everybody there."

Once the production and editing process is complete, the video will be shown on BET. The song will also be available on a newly released mix-tape coming out in April.
Central dancers swing in step

by Michele Zorrilla
Special to Observer

Step, step, rock-step. Step, step, turn, kick, and move into the Charleston.

The rock-stepping East Coast and kicking Charleston are just a couple of dance styles students will find Monday nights with the Central Washington University Swingcats.

The Swingcats are made up of students from Ellensburg and Yakima. They meet Monday nights in the SURC Ballroom for lessons, dancing and socialization.

“I enjoy the social aspect,” said senior communication studies major, Brady Dundas. “I was very timid and shy and it cracked me out of my shell.”

Dundas has been swing dancing for five years and is the former president of the Wenatchee Valley College HepCats.

Pearl Griffin, Swingcats president and junior English education major, started swing dancing as a freshman when a gentleman walked down the hall of the dorm asking if anyone wanted to go.

“There’s a good atmosphere,” Griffin said. “It’s fun, not stressful like in other sports.”

Other advantages and interests exist for Swingcats as well, as senior music major Chandra Rampersad found.

“As a music major, you listen to jazz and play in a jazz band but musicians don’t really get out on the floor and dance to it,” Rampersad said. “It’s good to feel it.”

In addition to dancing to songs such as “Fine Brown Frame” and “Stagger Lee,” Bridgette Todd, who graduated last June with a BA in education, enjoys the workout that swing dancing provides.

“It’s classy and seems to take me back in time. I get to feel like a lady and a badass at the same time,” Todd said. “It’s also killer exercise.”

The Swingcats don’t just meet at Central — they travel to Wenatchee, Yakima, and Seattle to dance at different clubs and events. They also hold a quarterly dance fundraiser, such as their Valentine’s Day Dance, that featured a live student band from the music department and a Jack-and-Jill contest where people were able to show off their moves and compete for a prize.

In addition, the Swingcats attend the annual Camp Jitterbug in Seattle; this year’s camp will be held the last weekend in May.

“You learn in three days what you would learn in a year of dancing,” Griffin said.

Classes are every Monday with intermediate lessons from 6 p.m. to 7 p.m., beginner lessons from 7 p.m. to 8 p.m., and a social dance is held between 8 p.m. and 10 p.m. Admission is free the first two weeks of a quarter; anytime after, it is $6 per night or $15 for the quarter.

For more information visit the club’s Web page at www.myspace.com/cwuswingcats.

TAIYUAN PUPPET COMPANY

Taiyuan Puppet Company, based in Taipei, Taiwan, will present two free performances of Budai Xi, or Taiwanese Glove Puppetry, a 300-year old form of puppetry unique to Taiwan and considered to be an endangered art form. The company will also present several workshops on puppet design and construction, and performance techniques.

ALL WORKSHOPS AND PERFORMANCES ARE FREE AND OPEN TO THE PUBLIC.

March 9
Lecture Presentation at 6:30 p.m. in SURC Ballroom A

March 10
Workshop: Puppet Manipulation & Performance Techniques from Noon-2 p.m. in Hertz Auditorium
*Workshop: Puppet Design & Construction Workshop from 3-5 p.m. in McConnell 113
Performance: “The Beauty of Taiwanese Puppetry” at 7 p.m. in Hertz Auditorium

March 11
*Workshop: Puppet Design & Construction Workshop from 11 a.m.-1 p.m. in McConnell 113
Workshop: Puppet Manipulation & Performance Techniques from 3-5 p.m. in Hertz Auditorium
Performance: “Traditional Budai Xi” at 7 p.m. in Hertz Auditorium

* Due to limited space reservations must be secured for participation in this workshop.
To reserve your space contact event coordinator George Bellah at bellahg@cwu.edu or 509-963-3410.

Central Washington University is an EEO/AA/Title IX Institution. Persons with disabilities may request reasonable accommodation by calling the Center for Disability Services at 509-963-2171 or TDD 509-963-2143.

This event is sponsored by Department of Theatre Arts, Department of Foreign Languages, Department of Philosophy, Diversity Education Center, Asia/Pacific Studies Program, and CWU Conference Service.
Bands show talent at fest

by Amber Ramento  
Staff reporter

This year, 43 high school bands from the state of Washington will be attending Central Washington University's Wind Festival. This has been an event at Central since 1987.

From 8:30 a.m. to 6 p.m. on Saturday, March 5 and 6, and 9 a.m. to 5:30 p.m. on Saturday, March 7, Central will be holding the Wind Festival.

In the CWU Music Education Building there will be approximately 15 different high school bands each day performing for judges and other students, and attending a clinic to learn how to improve.

Each day during lunch the CWU symphonic band will play at 12:30 p.m. At the end of each day the CWU ensemble and Jazz Band 1 will perform.

"It's really neat hearing all the groups and sharing music," said Larry Gookin, director of bands at Central. "It's non-competitive and really laid back and the bands get a chance to work with clinicians; it's also one of our biggest recruiting tools."

Three different people helping with the clinics are Dr. Gilian MacKay, associate professor of music of the University of Toronto; Dr. Donald Peterson who directed American Fork High School band for nine years; and Dr. John Stanely Ross, director of bands and associates of music at Appalachian State University.

Wind Festival is a learning experience for both the high school band members and the music department.

"Hosting the Wind Fest is a great way to get Central's name out there because students will come to Wind Fest and see how good Central's band is and hopefully want to come here," Chandra Rampersad, senior music education major, said. "It gives future college students exposure to CWU. I get to perform with Central's ensemble all three nights and I really enjoy that, I really just like being a part of it, I mean this is what I want to do and the age group I want to work with."

Rampersad also said that it is mandatory for music majors to attend or volunteer for this event in some particular way.

"Even if you aren't going to be necessarily teaching for a high school it is still a great opportunity to meet other band directors and to get your face out there," Rampersad said.

Rachel Rice, senior music education major, is the coordinator for the Wind Festival, and she spends August through April planning the event by contacting and communicating with the band directors from the high schools.

Rice believes that since music majors are so serious and passionate about what they do it gives them a chance to show it.

"As a future music educator I am going to be doing this sort of stuff," Rice said. "I really just like being a part of it, I mean this is what I want to do and the age group I want to work with."

Rice believes the whole department benefits from this event because it gives them a chance to showcase the department and music building to hundreds of children.

Rice also said that it's one of our biggest recruiting tools. "It opens up so many lines for networking." The Wind Festival is invite only and the high schools that plan to attend are required to pay a $300 entrance fee.

For more information visit www.cwu.edu/~music/events_calendar.html.

$50,000 in Technology Grants Available

The Student Technology Committee is once again accepting applications for technology grants, and has allocated $50,000 for this purpose. Applications will be accepted until 5pm on April 3, 2009. Eligible projects must benefit "general student use" and can not be for individual academic programs or personal technology needs.

Persons wishing to submit a grant application should access the following web site: http://www.cwu.edu/~techfee/req.html to fill out the on-line application. Applications which benefit a larger group of students and/or have some matching funds will receive priority for funds. Applications received by the deadline will be evaluated in April with funding decisions and fund distribution to occur in May.

Examples of grants approved in previous years provided checkout laptops to the SURC and Library, access to international job databases, tablet pc's for the Writing Center and on-line tutoring assistance.

Information about the Student Technology Committee is available online at www.cwu.edu/~techfee/.

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Angel reading
Skystone owner speaks to spiritual entities

by Shawn Goggins
Special to Observer

Every now and then a person needs a little “divine intervention” in their life.

Coleen Renee is one of the few who has the ability to associate with a “higher power,” as it relates to her business, Skystone, located at 219 W. Third Ave. in Ellensburg.

This is where she conducts “angel readings.” For a price she channels information from “angels” and relays it to customers.

Renee is a minister, massage therapist, spiritual healer, earth steward, someone who is committed to actively care for earth.

Ordained in 1997, Renee studied the practices of the earth stewardship and massage therapy at the International Institute of Massage as a student of healing apprenticeships.

One of those close friends is spiritual healer Melissa Weiss Steele, who first met Renee 10 years ago at the Barlen Institute of Massage as a student of healing apprenticeships.

During the readings I have an intuitive feeling, the connection to that feeling has really deepened over the years,” Steele said. “It’s about understanding your patterns while practical information is provided.”

On average, Renee conducts 15 reading per month at Skystone, and believes that people hear about these readings by way of referral or word of mouth. At the start of each reading, Renee mediates and sings what she calls the “spirit song.” According to Renee, spirit song is the practice of singing without being conscious of musical notes while connecting to thought patterns.

“The intensity depends on the need of the client - the greater the need the more intense,” Renee said.

The decor puts most clients into a deep state of relaxation.

The room where the readings are conducted serves as a safety net for the soul as well as for the angels themselves.

Renee said that readings have enriched her life and can do the same for others as well.

For more information
To schedule an appointment with Coleen Renee call 509-925-4533.
Skystone is located at 219 W. Third Ave.
For more information on Skystone’s services visit www.sks-

“During the readings I have an intuitive feeling, the connection to that feeling has really deepened over the years.”

Melisa Weiss Steele
SPIRITUAL HEALER

After the intervention, Renee was reluctant and for some time questioned why she should work with divine beings and if this new partnership would negatively affect her professional reputation.

After a few days, she agreed to work in the spiritual world and get used to the human-like conversations that reminded her of past spirit contact as a child.

Renee asserted that she did feel a little awkward at first and initially conducted the readings only with close friends.

According to Renee, spirit song is the practice of singing without being conscious of musical notes while connecting to thought patterns.

“One of those close friends is spiritual healer Melissa Weiss Steele, who first met Renee 10 years ago at the Barlen Institute of Massage as a student of healing apprenticeships. Steele gets a reading from Coleen whenever she comes back to Ellensburg.

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Wildcats baseball takes all four games at home

by Drew Ritchie
Staff reporter

The Wildcats baseball team showed this weekend that the 0-8 start to the season might just be a fluke as they won all four games at the CWU Invitational Feb. 27, Feb. 28 and March 1 at Tomlinson Field.

These four wins put Central's record at 4-8 on the season. The Wildcats brought out the lumber in the first game as they took on the Saint Martin's Saints on Feb. 27. The Wildcats scored 14 runs on 16 hits as they won 14 to eight.

"It's good to get back and get home and play well on our home field, especially against a conference team," said junior first baseman Kevin Schneider. "On our trip we hit the ball well, just nothing fell. We hit the ball good today and everything fell." Right handed pitcher Michael McCanna goes to 1 and 0 as he picked up the win for the Wildcats, while right handed pitcher Jake Millbauer got his first save of the season. The Saints' junior right handed pitcher James Douglass suffered his first loss as he dropped his record to 0 and 1. The Wildcats scored early as they put up two runs on three hits in the first inning. Saint Martin's didn't answer until the top of the third inning when they got a solo home run by first baseman Shane Schoenenperg.

The Wildcats then came back with their biggest inning of the game, scoring seven runs in the bottom of the third. The big hits were a double by Schneider; a single by second baseman Danny Myers to score a run, a two run single by center fielder A.J. Gosney and a two run single by designated hitter Michael Stubblefield to cap off the seven run inning.

Another run was scored during the inning on a dropped fly ball by Saints pitcher Douglass. All seven of the runs were scored with two outs. The Wildcats scored three runs in the fourth inning and two runs in the eighth inning to make the score 14. All but two Wildcats got a base hit. Schneider had the best day at the plate, going five for five with one run batted in and three runs scored.

Along with the eight runs, the Saints put up eight hits with four errors. The Saints' biggest inning was the fifth when they scored four runs. They had two in the fourth inning and one in the eighth inning to end with eight for the game.

In the second game, the Wildcats knocked off the Western Oregon Wolves on Saturday Feb. 28 by a score of 4-2. It was a pitcher's duel as Central's pitcher, senior Derek Shoemaker, threw seven and one third innings, giving up only two runs, all earned, on seven hits, four walks and three strike outs. This win moves Shoemaker's record to 1-3 on the season.

"We hit the ball well enough to win and that's all we needed," Shoemaker said. "I just tried to keep our team in the game and they came through for me." Central's senior relief pitcher Rob Grim pitched the last inning and two thirds to pick up his first save of the season.

Western Oregon's senior pitcher Mike Eisenhauer went eight innings, gave up four runs, three earned, with no walks and six strike outs. The loss puts him at 0 and 1 on the season.

"He [Eisenhauer] was the pitcher of the year last year," said Wildcat head coach Desi Storey. "That was a good game. We'll take it." After that, the Wildcats put pressure on the Wolves by scoring once in the bottom of the fifth and sixth innings.

The Wolves lone run came in the top of the sixth inning on a sacrifice fly by junior first baseman Trevor Coursey.


table

### Wildcat Scoreboard

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Women's basketball beats Alaska at home

by Adrian Acosta
Staff reporter

Alaska Anchorage proved why they are ranked #6 in Division II women's basketball, after handing Central Washington their fourth straight loss on Thursday, Feb. 26 at Nicholson Pavilion with a final score of 70-35.

The two, however, saw very limited action. Walking Child played 12 minutes, while Calhoun played one.

This was Calhoun's first time playing for the Wildcats, so it appeared that she is still learning the plays and is trying to build chemistry with the rest of the team.

"We came into the game playing hard, trying to put up a good fight," said freshman Sophie Russell.

Central kept it close midway through the first half, down 13-8, but the Seawolves would eventually pull away, going up 43-21.

The Wildcats weren't able to contain the Seawolves' shooting in the first half, allowing them to shoot 53% from the field.

Alaska Anchorage pressed early on, and was able to disrupt the Wildcats, who only made eight of 29 from the field.

The Seawolves' presence down low proved to be too much for Central.

The Wildcats gave up 36 points in the paint, while only scoring six down low at the other end.

"We shut down [Rebecca Brianan Stanley] Freshman forward Sophie Russell goes in for a lay-in against an Alaskan defender. Russell finished with four points and four rebounds, as the Wildcats complete the season sweep.

Kielinski, which was good," said center Hillary Tanneberg. "However we allowed too many other people to go off down there.

Senior Nicole Jordan led the Wildcats with 13 points, while adding three rebounds.

Tanneberg grabbed five boards to go along with her eight points. Sophomore Nikki Aden led Alaska Anchorage with 13 points.

"We fought hard but considering our number, we knew it wasn't going to be easy," senior guard Stephanie Wenke said. "We stayed with them, but they just were too much for us. We didn't have enough legs to run with them."

The Wildcats continued their homestretch Saturday, Feb. 28 with a 63-58 victory over Alaska.

The Nanooks have been affected by the injury bug, suiting up just six players.

However, this wouldn't stop them from keeping it close.

Tanneberg had a double-double with 14 points, and 16 rebounds.

Jenn Jacobs and Amanda Murdoch saw plenty of action after missing a few games with minor injuries.

Although they are still not 100 percent, the two were able to contribute with the minutes they played in the game.

Jacobs scored 10 points, while Murdoch had five points, and three boards. They both played about 18 minutes.

Not only did this help the team on the scoreboard, but it also allowed for the other Wildcats to get needed rest.

"It was nice to have two more coming off the bench," said Wenke. "It was weird having fresh legs."

Wenke finished the game with nine points and four rebounds.

Nicole Jordan came up big on the boards with 10 rebounds, six of them coming on the offensive side.

Afoa also made her presence felt with seven boards, and seven points.

The Wildcats were up by 13 with about eight minutes left in the game, but the Nanooks kept fighting.

Alaska went on a 12-0 run to bring the game within one point. Murdoch would eventually end the game with a jumper, allowing the Wildcats to keep the lead.

Sheena Brown scored a team-high 32 points for the Nanooks, pretty close to her 44-point performance the last time these two teams met.

The win brought the Wildcats to 6-19 and 3-11 in Great Northwest Athletic Conference play.

They will be traveling to regionally-ranked Northwest Nazarene on Thursday, Mar. 5 for their final away game of the season.

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The story, "Griffey comes back to Seattle to finish out career" in the February 26 issue of The Observer states that the Mariners haven't had a winning record since 2003. In 2007 the Mariners had a record of 88-74, which is a winning record.
Wildcats edge closer to GNAC title

by Andrew Hoggarth
Staff reporter

Shot after shot rained down from beyond the arc as senior guard Colton Monti scored a career high 27 points, including eight three-pointers. Monti led the Central Washington University men’s basketball team to a 76-65 victory over Alaska Anchorage Sea Wolves on Thursday night at Nicholson Pavilion.

The Wildcats, ranked fourth in the NCAA Division II West Region this week, moved within a half-game of Seattle Pacific for the Great Northwest Athletic Conference (GNAC) lead, improving to 16-5 overall and 11-3 in conference action.

Monti’s 27 points marks the second time in the last three games that he has led the team in scoring and posted a plus-point performance.

“After I hit the first three-pointer, my confidence soared and I knew it could be a special night,” Monti said. “My teammates kept getting me the ball all night. It was a really nice team effort that resulted in a win.”

Monti made five out of his six three-point attempts in the first half, helping to keep the slow-starting Wildcats in the game early.

“That was the best performance in his four years at Central for Monti,” said Head Coach Greg Sparling. “He stepped up and made big baskets for us tonight. That might be the best 40 minutes of basketball that we’ve played all season.”

The first of his three started an 11-2 scoring run that gave Central an 18-16 advantage, and led the Wildcats with 14 points in the first half, helping to keep the slow-starting Wildcats in the game early.

“Then we got our offense going and put an end to the Seawolves’ comeback and pushed the Wildcats’ lead to double digits,” Monti said. “Central shot just 34.6 percent from the floor in the second half, relying heavily on Monti’s three-point excellence to carry them.

The Wildcats finished the game shooting 39 percent, but committed a season-low of six turnovers.

The performance from the Wildcat bench was one of the high points of the game; they scored 37 points, which is one of their more impressive performances this season.

“Bench was huge tonight. We never know where the scoring will come from off the bench,” Coach Sparling said. “They kept the pressure on tonight and I give them a lot of credit for that.”

Alaska Anchorage was led by senior center Jeremiah Trueman, who matched Monti’s game-high of 27 points.

Trueman also had a team-high six rebounds, while Lonnie Ridgeway came off the bench to score 11.

The second game of the week came Saturday against Alaska Nanooks and the Wildcats were up to the task.

Seniors Brandon Foote and Jake Beitering each posted double-doubles in leading the Central men’s basketball team to an 85-71 victory over the Alaska Nanooks on Saturday night at Nicholson Pavilion.

The win moves the Wildcats into a first-place tie with Western Washington in the Great Northwest Athletic Conference standings. The Wildcats are now 17-5 overall and 11-3 in conference play, while the visiting Nanooks slide to 6-17 overall and 3-11 in GNAC play.

Foote led the team in scoring with 22 points. He was 10 of 19 shooting and added 10 rebounds. Foote also received a technical for arguing with the referees shortly before halftime.

“They were a smaller team and I knew that I needed to be aggressive inside,” Foote said. “The physical play really fits my style. I got a little heated towards the end of the first half, but I got my money’s worth and I’ll own that.”

Beitering, making his return to the starting lineup, finished with 16 points and a game-high 11 rebounds.

Normally the team’s starting center, Beitering made his initial return last week, but was used sparingly as he was still recovering from an eye injury that sidelined him the week before.

“The goggles are a little weird. They mess with my peripheral vision, but I’m starting to get used to wearing them,” Beitering said. “I felt better tonight and I played more minutes so hopefully I can get back to playing like I know I can.”

Foote got off to a fast start and led the Wildcats with 14 points in the first half.

The game was close for the entire first period, with Central holding a slight lead, 39-36, at halftime.

See BASKETBALL page 19.
Central Washington University softball made their way to Bellingham to play their rivals the Western Washington University Vikings.

The team was scheduled to play a four-game series but it was shortened to just a double header when Sunday's games were cancelled due to wet field conditions.

Western scored their first three runs in the third inning on an error and twice on a double. The Vikings tacked on their fourth and final run of the game in the fourth inning to make the score 4-0. Central finally got on the board in the sixth inning, when senior catcher Holly Rossman hit a single and stole second base on a wild pitch.

Shortly after reaching second base, Rossmann crossed home plate on a double by senior short stop Liz Wallace. Central finished the first game with a loss 4-1.

"We didn't do well the first game," Head Coach Gary Frederick said. "We lost focus and made some mental mistakes."

In game two of Saturday's double header, Central again could not pull out a win against the Vikings. The game was held to an even 0-0 until the sixth inning when Central was able to put two points on the board.

In the second game we did pretty dang well," said Frederick. "The team was unable to hold the lead in the bottom of the sixth when Western came back to put five runs on the board on just four hits. Junior pitcher Katrina Reime held the Vikings to just four hits in the first five innings but gave up four more in the bottom of the sixth."

Wallace moved her runs batted in (RBI) up by adding three more to make her the team leader with 14. Junior first baseman Taylor Trautmann, junior outfielder Danielle Monson, and Rossman each had two hits to contribute in the second game.

"We are going to be working on hitting and scoring when we need to," said freshman first base/third base Michelle Torre.

The double header that was scheduled for Sunday Mar. 1 was cancelled due to wet field conditions. They will make up the games later in the season but have not determined a date. The Wildcats will be taking on the Western Oregon Wolves at home on Mar. 14-15.

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Intramurals wind down
by Satoshi Hasegawa
Staff reporter

Winter quarter is coming to an end. At the end of the quarter, the teams that belong to each Central intramural sports league hold a play-off tournament to determine the champions of winter quarter.

At Central Washington University, the Recreation Center provides opportunities for students to play various sports.

"Each sport is offered at different abilities," said senior Karen Batdorf and Rec Center Staff Member Ashley Ellwanger.

"The team has to pick up a league from Competitive, Open-Rec, and Co-ed Rec. Students can play with other students at similar ability levels."

According to Ellwanger, people who want to participate in Central intramural sports leagues have to fill out a registration form and pay a fee.

The intramural program can help international students make friends on campus and motivate them to attend school.

"All the people I met through sports became good friends," said Spanish major Chizu Takahashi, a participant of intramural volleyball.

In co-ed leagues, teams must include at least two female players.

Junior graphic design major Karin Batdorf joined intramural soccer during last quarter and played indoor soccer with male players. She has played intramural soccer since she was a freshman.

"Everyone is really competitive," Batdorf said. "But, everybody really has fun. When I play with men, I have more contact with them in the game. I also like that point."

During spring quarter, indoor activities are moving outside. The indoor soccer games have taken place at Nicholson Pavilion.

Next quarter, teams will play soccer on the grass field next to the music building. There might be someone who wants to jump into a team because they can't build one.

The Central message board service can assist this problem. Students can log on to the Wildcat Connection by clicking on "SPAM GATEWAY" on the left hand menu.

A direct link to the new service is available from the Wildcat Connection by clicking on "SPAM GATEWAY" on the lefthand menu.

While some of you may opt to do nothing, those who want to experiment and gain greater control over the email being delivered to their GroupWise account are encouraged to check out the user documentation at:
http://www.cwu.edu/~itstraining/pminst.html.

After the 4 week period, ITS will do a survey to determine whether the product should be recommended to the Student Technology Committee for approval. The cost for this service is approximately $0.50 per student, per year.
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