

5-28-2009

Observer

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Music & theatre
collaborate
Page 6



Sasquatch echoes
throughout Gorge
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May 28, 2009 Vol. 82 Issue 26

Unheard voices take stage

CWU students speak out on social issues

by Danielle Gagnon
Staff reporter

Tuesday, May 26 individuals gathered for "Unheard Voices," an opportunity to make voices heard through short statements on various topics. The evening featured live music, visual art, poetry and other art forms.

It's nearly show time and a few guitarists join together on stage to strum for sound check. Waiting in the doorways, students quietly practice their short speeches as their lips outline the words on the paper in front of them.

An uproar from the crowd starts while pictures and quotes play on a projection screen to the audiences' right. Statements flash again and again reading Unheard Voices "call to action," and "Be a globally minded citizen."

The show begins and Nelson Pichardo, associate professor in the sociology department, enriches students with a few powerful words to be taken into consideration.

"Be educated, keep your ears and eyes open and be open to what everyone has to say," Pichardo said.

He mentioned the good fortune of living in America, as opposed to life is elsewhere. He leaves the stage saying that giving money isn't the only way to help the world. Volunteering for a cause one believes in is another option.

Among the pre-selected performs, Ryan Campbell, senior public relations major, sang lyrics and strummed notes to songs titled "Bullet" and "Citizen Cope Song."

"I chose [Citizen Cope Song] because it has a lot of social awareness," Campbell said. "It tied in perfectly with the evening and the social issues that I feel are under represented."

The Black Student Union (BSU) provided complimentary coffee while taking donations toward East African Community Service (EACS).

The evening was hosted by



Bethanie Vierra, senior sociology ethnic studies major.

She also put together an Immersion Excursion to Seattle in mid May. Seven Central students went to work with the EACS group. There, they were educated on what refugees endured. The event gave students global perspective.

"Students have a responsibility to do something with these social issues," Vierra said. "This is the first time to do a large scale entertainment production night. I think it was a success."

“Be educated, keep your ears and eyes open and be open to what everyone has to say.”

Nelson Pichardo
ASSOCIATE
PROFESSOR
OF SOCIOLOGY

SEE VOICES PAGE 10

Kali Hodges/Observer
(Above) Sarah Grant, senior tourism management major, Bethanie Vierra, senior sociology /ethnic studies major and Jaylund Smith perform, "Rivers of Babylon" at Unheard Voices. (Below) Ryan Campbell, senior public relations major covers the song, "Bullet and a Target" by Citizen Cope.



ESC seeks to rejoin senate

by Loren Hammersberg
Staff reporter

Earlier this month, the Associated Students of Central Washington University Board of Directors (ASCWU-BOD) presented a plan to the Equity Service Council (ESC), a subsidiary body of the Board of Directors.

In the plan, it was suggested that organizations currently in the ESC would move back into club senate, instead of being funded solely from the ESC and having to request an approval for funding from that council. So instead of being an ESC organization, they would be more similar and follow the same structure as a standard club, ASCWU-BOD Executive Vice President, Brent Weisel said.

"We merely presented an idea of a plan and opened it up for discussion," Weisel said. "There was some resistance to the plan that we had presented."

Of the nine clubs and organizations within the ESC, five voiced their disapproval and concern in the form of written complaints.

"With this change comes a decrease in funding, a reimbursement requirement for funding from club senate, meaning we have to front the money first for programming; this would add stress to the organizations ... our voices would diminish under the added stress," said Joshua Rumley president of the Gay, Lesbian, Bisexual, Transgender, and Straight Alliance.

The amount of funding that the ESC organizations would receive in this suggested plan causes major concern for these clubs and organizations.

The BOD suggests the same funds will still be available.

"Previously, the equity and service council has done a lot of funding where they would suspend bylaws so that they can allocate over their cap of \$3,500, this same process can happen in club senate and actually happens all the time," Weisel said. "So when [people] talk

about these organizations receiving less money, that's really not a reality. I think what they are saying as a drawback is that they have to justify it to a much larger body and have to get more people to buy in and I think they might be concerned that the club senate may not support their programs as willingly as the ESC does."

Due to these concerns from the organizations in the ESC and the lack of communication from both parties, there was a discussion held on Monday, May 18 in the SURC pit that addressed many of the concerns students had.

"Now from my perspective of the whole thing, it's looking like it's going to be a smooth transition to whatever it is, if there is a transition at all," Weisel said.

This discussion seemed to clear things up for some, but not for everyone.

"I personally don't feel like the meeting on Monday actually accomplished anything" Rumley said. "The problem with the BOD is that they have never given us a coherent plan on what the procedure is, and what would happen to our organizations once we join club senate. Keith James should be giving us a clear plan of what is going to happen and he has not done that."

Some people say this issue has been handled in a good and open process.

"For the most part [the BOD] has been willing to hear and are open to all our request and ideas," Black Student Union co-president Anthony Peterson said. "They have been open to our resolution."

There are some people who think otherwise.

"It has just been a continuance of back and forth argument," Rumley said.

Both parties would like to have this issued resolved in a professional manner, but at this point how and when this problem will be resolved still remains unknown.

To date, as far as the structure and the funding of the ESC nothing has changed.

Visual Stimulation



Charles Wainger/Observer

"When you awake, you will remember everything." ~The Band

Swine flu strikes Central's campus

by Kevin Opsahl
Senior reporter

The Kittitas County Public Health Department has confirmed the first case of swine flu at Central Washington University, but school officials said they see no reason to shut campus down.

A 21-year-old Central student was diagnosed with the H1N1 virus on May 22, being the first case of novel influenza A in Kittitas County, on top of the 516 confirmed cases statewide. The health department said the virus appears to act very similarly to existing seasonal flu viruses.

According to Amy Diaz, public information officer at the public health center, the student, whose name has not yet been released, has made a

full recovery.

"The person didn't have a chance to give [the virus] it to anyone else," Diaz said. "Most adults will not need to seek medical treatment unless symptoms are more severe than normal."

Upon feeling symptoms, the student went to the CWU Health Center to be tested. Diaz said the student had a rapid influenza test at a health care provider's office May 19. The test came up positive for type A influenza. The sample was sent to the Washington State Public Health lab and the virus was confirmed there. Flu symptoms include a fever of 100 degrees or more, coughing and sometimes a sore throat, vomiting or diarrhea.

Bob Trumpy said he was not surprised that the swine

flu hit Kittitas County seeing that it was one of the only counties in Washington that did not have it. Trumpy said the health center is not concerned of an outbreak, noting that Western Washington University took action last month after a few cases were confirmed there.

"If this had happened a month ago, [it would be] a different story, because the Center for Disease Control didn't have enough information."

The Kittitas County Public Health Department and the CWU Health Center are working with the student, who lives off campus, and the student's family and other close contacts, according to a press release from the public health center.

Those who are ill with flu

symptoms are asked not to attend school or work, or attend public gatherings such as church or sporting events, wrote Becky Watson, director of public relations at Central in an e-mail. 30,000 to 36,000 people die from influenza a year, but those are usually people with health problems, according to the Washington State Department of Health.

Watson said the CWU emergency management team continues to work closely with the Kittitas County Health Department to carefully monitor the swine flu outbreak. The Kittitas County Health Department, in coordination with the Washington State Department of Health (DOH), will directly work with the University to provide the proper response if there is an outbreak.

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Student eating disorders unveiled on campus

by Kris Wilhelmy
Staff reporter

It's so hot out, that many people are unable to avoid sweating. For many, relief is just feet away as the river calls and provides a welcome solution. But jumping into the water means stripping down to a bikini. Inviting others to trace, judge and stare at every curve, shape and dimple that is imperfect.

Many people feel insecure about jiggling legs, breast size, pale skin and cellulite and rely on clothing to cover up natural blemishes.

"The media has created an unrealistic body image through air-brushing and more," said Kelly Pritchett, assistant professor in nutrition and exercise science whose sister has dealt with an eating disorder for 10 years. "However, we cannot solely blame the media. There are a variety of contributing factors, and the media is only one piece of the puzzle."

More than 2 million female Americans have a clinically relevant eating disorder, according to the study, "Eating Disorders: Summary of Risk Factors, Prevention Programming and Research."

The American Psychological Association defines eating

disorders by three categories: anorexia nervosa, bulimia nervosa and EDNOS (eating disorders not otherwise specified).

"I didn't know any girls personally that suffered from an eating disorder until I got to college," said Kaelin Koppelman, junior accounting major.

The study found that the onset of these disorders usually occurs during adolescence, developing before age 25, the typical age group of college women.

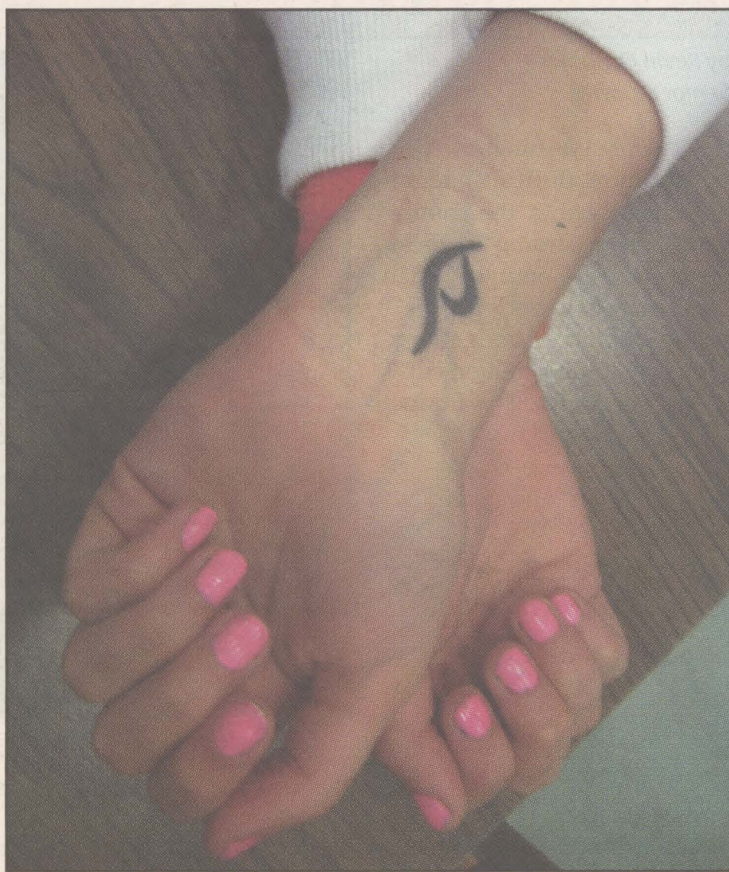
"I think most people would be floored if they knew how many people they walked by everyday who struggled with a disordered body image perception and disordered eating," said Suzanne McIntyre, junior nutrition major.

McIntyre works at the Recreation Center as a peer nutrition education advisor, which is a free service to all students.

As knowledge and discussion of eating disorders increases, so does the opportunity to get help.

McIntyre helps her clients by educating them on nutrition, the dangers of eating disorders and structured eating plans.

"College is stressful, you



Kris Wilhelmy/Observer

The tattoo is in honor of NEDA the National Eating Disorder Association.

have more freedom to make good or bad choice," said Tony Solis, junior exercise science major. "What with living on your own and not under your parents' roof anymore."

Body image ridicule, as well as exaggeration of the

importance of weight and shape in determining happiness, is prevalent among young women. 90 percent of all eating disorders are feminine.

"I think it's important for girls to realize that we all come in a variety of shapes

and sizes," said Pritchett. "Look around...beauty comes in all shapes."

Student Health and Counseling Services provides students with free individual counseling.

"All of our counselors are qualified to treat students with mild to moderate eating disorders," said Alexandria Murallo, a doctoral intern at Central. "We are not staffed to treat serious eating disorders."

They also have workshops and presentations for classes, residence halls, conferences, and community organizations to inform the public about such issues.

"[We are] currently working on a group therapy protocol for treatment of sub-threshold disordered eating," Murallo said.

Anorexia nervosa is characterized by refusal to maintain a minimally normal body weight, fear of weight gain and body image distortion.

Bulimia nervosa involves recurrent episodes of binge eating followed by self-induced vomiting, laxative abuse, excessive exercise or fasting. On top of this, a person's self-esteem maybe significantly influenced by their weight and shape.

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Final BOD election results

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Runner Up
Pedro Navarrete
36% 578

Executive VP

Lauren Short
50.8% 756
Runner Up
Scott King
49.2% 732

VP-Clubs and Organizations

Nick Peacock
63.2% 900
Runner Up
Brian Klein
36.8% 524

VP-Academic Affairs

Megan Hammond
60.4% 854
Runner Up
George Senekhamphone
39.6% 560

VP-Equity and Community Service

Yecenia Valdivia
100% 1,367

VP-Student Life & Facilities

Alexis Bell
92.5% 1,219
Runner Up
Neal Davis (Write-In)
2.4% 31

VP-Political Affairs

Jack Barry
100% 1,340

CWU Athletic Initiative

Yes 83.5% 1,376
No 16.5% 271

Washington StudentLobby Initiative

Yes 70.2% 1,102
No 29.8% 468

Vote Turnout

Online
50.1% 830
Student Union East
21.3% 353
Student Union West
19.4% 322
Nicholson Pavillion
5.8% 96
Shaw-Smyser
3.4% 57

Total Votes

16.93% 1,658

Courtesy of cwu.votebuilder.net

UBAC outlines fiscal 2010 budget cuts

by Kevin Opsahl
Senior reporter

Central Washington University faces difficult budgetary challenges in the coming year, and according to President James Gaudino, "lean cuts" are expected for next year's operating budget representing a \$3.85 million cut.

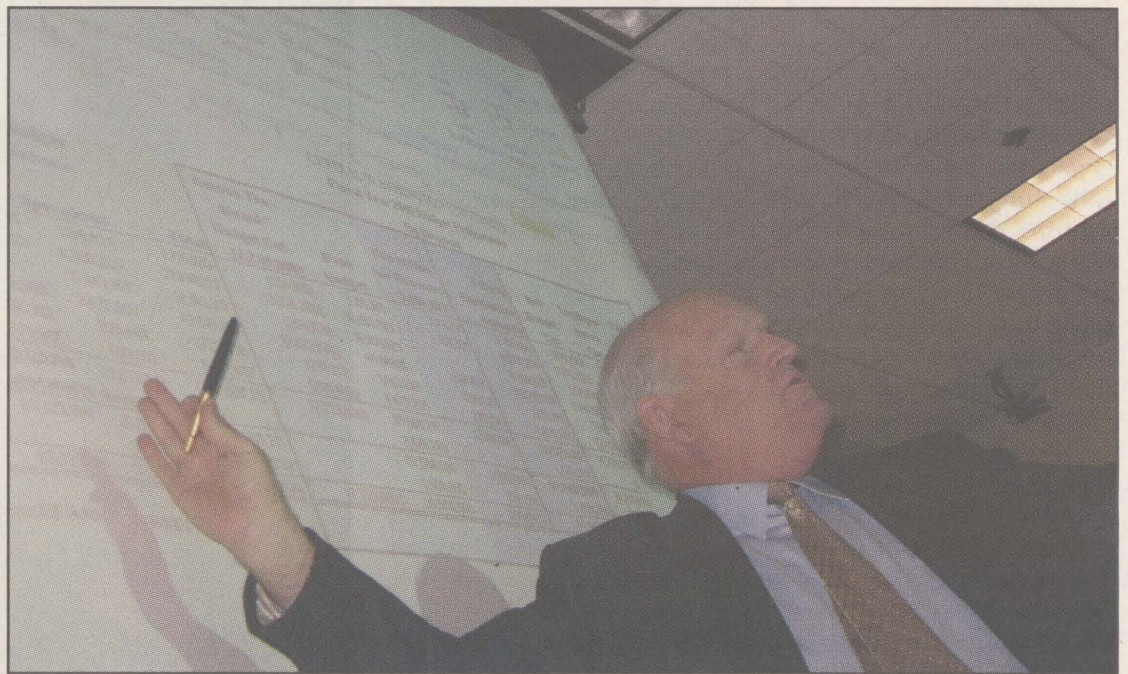
At the University Budget Advisory Committee (UBAC) meeting Wednesday morning, Gaudino outlined plans for fiscal year 2010's operating budget, estimated at \$94.4 million, and amounts for more than half of the university's total budget, Gaudino said.

Of the most drastic cuts, the President's office expects to incur a 10 percent cut, equivalent to approximately \$355,000 of their operating budget.

The office of the vice president of business and financial affairs will take an 8.1 percent cut and experience the largest financial burden with \$1.74 million in cuts to their budget. The office of the vice president for student affairs and enrollment management faces an 11.6 percent reduction to their budget, totaling approximately \$502,000 in cuts.

"This has been a budget that has presented us with the need to [make] dramatic cuts," Gaudino said. "I don't want to make a suggestion that I'm doing anything better than my predecessor. We are doing things differently. The path presented to us was a different one because no one thinks there is a 9.5 percent necessary cut in our budget."

The UBAC meeting was the last of the academic year, and now the proposal will go to the CWU Board of Trustees for review, followed by a meeting scheduled for June 12. Gaudino stressed this is not just a spending budget, rather, Central will experience an across



Brian Iiyama/Observer

President James Gaudino discusses challenges and changes to the fiscal year 2010 budget.

the board cut of 7.7 percent to the 2010 budget projection.

Central is taking approximately a 9 percent cut to its overall 2009-2010 budget based on an expected 9,200 full time equivalent (FTE) students. Despite healthy FTE, Gaudino said there is still uncertainty regarding financial support from Olympia moving forward.

Central will figure out the second biennium budget cuts depending on how the Washington economy plays out in 2009. At the last Trustees meeting, Central's BOT approved a 14 percent tuition hike for next year, despite protest and dissent from students

and some faculty, even administrators.

"[Everyone in faculty] don't think of this as a one year downturn," Gaudino said.

"This has been a budget that has presented us with the need to [make] dramatic cuts."

James Gaudino
CWU President

"There is no doubt in my mind that we have embarked on a changes in funding for higher education. In the five months that I've been here, I can see ... It's a downward slope for four to six years. They're [the state legis-

lature] are going to de-fund us down to the national average."

"We do want to hear advice, Gaudino said, in reference to the executive team that has worked as a group to present the budget in a transparent

manner to the entire campus community.

According to Sandy Colson, Administrative Assistant/Executive Secretary for Business and Financial Affairs, past UBAC meetings were more formal because the university had budget surplus, and could advise the president directly on how to spend the money.

The meeting embraced a new user-friendly format where the president could present proposals directly to the UBAC, and streamed live on the Internet.

The operating budget is different from the capital budget, which is for the construction and repair of facilities. The operating budget comes from requesting and receiving funds from the state legislature.

The operating budget process does not include requests for salaries increases because they are requested separately based on a recommendation from the Council Of Presidents (COP), the presidents of higher education institutions in Washington State.

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Outdoor Pursuits and Rentals emphasizes river safety

by Jesse Kertland
Staff reporter

With spring sunshine filling the town, Ellensburg residents have begun to flock to the Yakima River to cool off. With the right education and equipment, the river can be a fun place for all to float down. But accidents and unforeseen problems can occur, and learning how to stay safe on the river is the first step to avoid injury.

On the afternoon of Saturday, May 9, four Yakima teenagers launched their raft into the Naches River near North 16th Avenue, which runs into the Yakima River.

Unaware of what lay ahead, the boys' raft capsized after floating over a diversion dam. After swimming to shore, one passenger flagged down a state trooper to get help.

Another passenger was rescued after he beached himself on an island close to the dam. One of the other passengers' bodies was found the following Monday afternoon, while the last passenger's body remains undiscovered.

With these lives lost, a call for river safety is imminent. For the past two weeks, Central Washington University Outdoor Pursuits and Rentals (OPR) has denied rentals for river equipment due to the river's high water lev-

els. OPR Coordinator, Ryan Hopkins is doing as much as possible to gain awareness of the dangers while floating the river.

"We make sure people are going to the southern part of the river," Hopkins said. "None of our gear is allowed between the KOA campground and Ringer Loop. There is a huge log jam and man-made spillway located between those launches."

To keep renters safe, OPR also inspects and updates their gear regularly and distributes the correct amount of personal flotation devices (PFD).

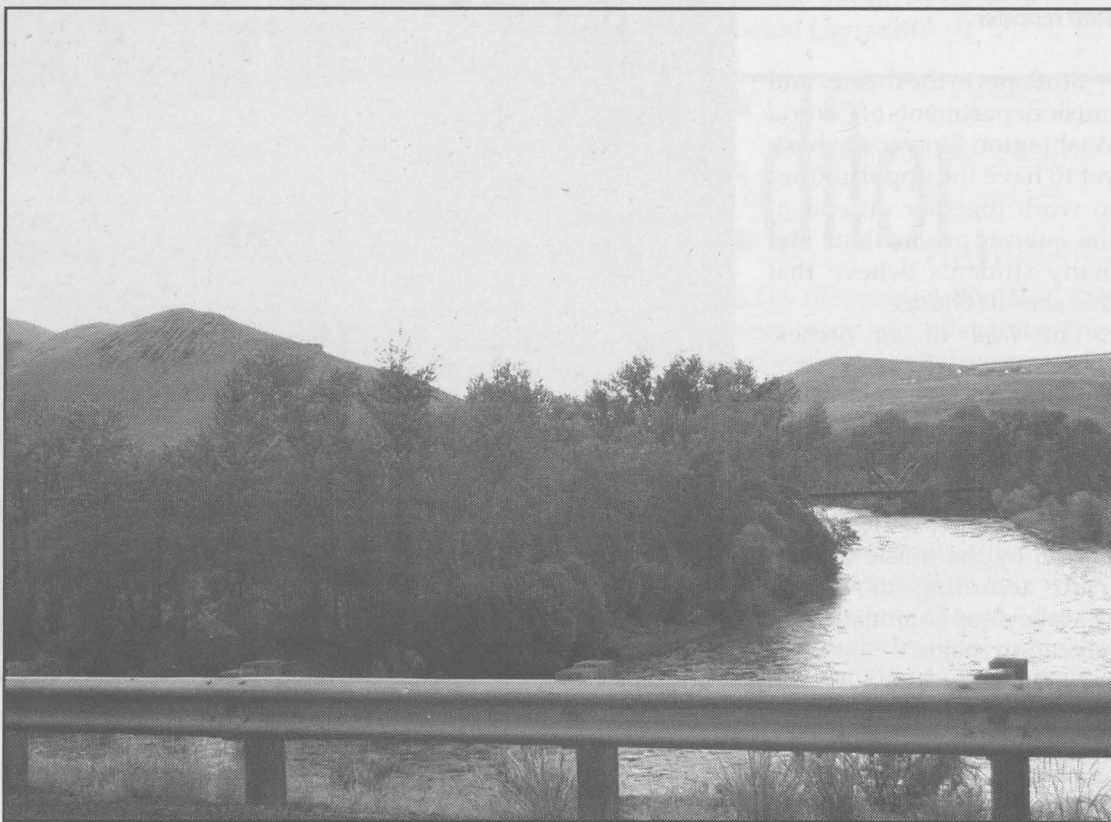
Renters must also sign a contract when renting OPR gear, which states their rules and regulations, along with guidelines for staying safe.

"Last weekend we had to turn away at least 20 people that were trying to float the river," Hopkins said. "Some were disgruntled, but we definitely helped a lot of people."

According to Hopkins, OPR projects that the river will be safe for floating this coming Sunday, but the date depends on many factors, including snow melt, water level and weather.

For those who want to float the river with someone with experience, OPR offers guided floats with their own professionally trained guides.

All guides train with the



Quinn Eddy/Observer

Despite the Yakima River's beauty, strong currents can turn an afternoon of fun and relaxation into a hellish scene only thought possible in movies.

sheriff's department and are educated in all areas of river safety. Prices for personal guides vary depending on length of float and transportation.

For more information on safety precautions, guided floats, maps or anything else concerning the Yakima River, contact Outdoor Pursuits and Rentals by phone at (509) 963-3510, or visit them in room 175 near the east entrance to the SURC.

Raft rental prices

NRS Otter:

1 Day: \$35 2-3 Days: \$50 4-7 Days: \$90

Avon Red Shark:

1 Day: \$25 2-3 Days: \$35 4-7 Days: \$60

Paddles:

1 Day: \$3 2-3 Days: \$5 4-7 Days: \$9

Inflatable kayaks, maps and miscellaneous gear also available through OPR. More information available in the OPR office.

courtesy of OPR

Safety tips for floating the river

OPR does not rent out tubes at 32.5 feet, and do not allow raft rentals at 33.5 feet.

Caution: Rafting is a potentially hazardous activity. Always raft with a group and seek training prior to floating the river on your own. Moving water is a powerful element and awareness of potential hazards may allow you to have a safe and enjoyable experience.

Rafting etiquette should be safety first, minimum impact on the environment, and courteous relations with others on and around the rivers. In order to follow this etiquette here are a few rules:

Other boaters: make room for other boaters.

Anglers: When approaching a fisherman, try to hold back and ask where to pass.

Private Property: Respect property rights. Keep noise to a minimum when riverside homes are nearby. Always ask permission if you want to use private land for river access or camping.

What to bring

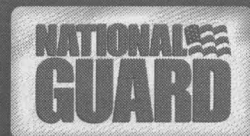
- PFD (Personal Flotation Device) / Life Jacket
- Water
- Food
- Waterproof sunblock
- Chapstick
- Proper footwear with snug straps that will not fall off
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- Swimsuit
- And a pump

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Theater and music departments take steps towards unity

by Katie Tigges
Staff reporter

Students in the theater and music departments of Central Washington University have yet to have the opportunities to work together on end of the quarter productions and many students believe that this should change.

The lack of an orchestra for musical productions hurts the theater department and the absence of talented set designers, technical crew and costume designers affects the quality of the operas put on by the music department according to Brenna O'Malley, sophomore theater education major.

"I think having a live pit [or orchestra] would be an excellent idea," said Meg Downing, freshman musical theater major. "[This is] especially [true] since most of the people in the musical theater Bachelor of Fine Arts (BFA) program really do want to go on to [perform on] Broadway and the experience with a live pit is really important."

There are several large impediments between both departments working together on productions such as time constraints and the fact that faculty and students already have a lot on their plates according to O'Malley.

This is more acutely felt in these economic times when budget cuts make running existing programs difficult, let alone adding new ones.

"The difficulty comes from having programs in which the faculty load is so described, one example [of this] is opera," said Dr. Pete Gries, the chair of the music department.

"If we had scene designers, light designers and cos-



Quinn Eddy/Observer

Students and faculty of the theatre and music department are doing what they can to combine their departments.

tume designers those would be assignments [for theater students] serving [the music department] rather than their own."

Gries' is concerned that if students are in a production, it will take time away from their ensemble performances. This is especially true since both arts departments hold their performances at the end of the quarter.

"The other problem is we have requirements for students to be in a large ensemble and the performances would conflict with at least one theater performance," Gries said. "Another issue is the theater and music departments expect students to give their lives. [With] as many as six ensembles when will they give up their time?"

An opera has been proposed for next year, but nothing has been confirmed. There is a lot of difficulty in-

volved in securing a stage in south campus. Out of the three stages on campus, the theater department has only two stages in McConnell and limited access to Hertz Hall. This is due to the space pre-scheduled for large classes according to Gries.

"The biggest problem is the performance constraints," said Dave Brown, musical director for the theater department. "There would be give and take, a way to perform at a particular time. If you do that - that waters down the music department and doesn't answer the need [because students] are already extremely busy."

The problems are encountered the same across the country according to Brown, who also pointed out the issue that opening the orchestra pit in McConnell Hall would take away some of the already limited stage space according to Brown.

"The music department is denying instrumental musicians a chance to hone their skills in an area where they can actually make money once they're out of school," O'Malley said. "And it's the same way for the theater kids too in denying them a experience of working with a live pit they don't know what to do because they've never worked with a conductor before. And that's huge deficit in experience for majors in both departments in their education, it'll hurt them, their resume and future people they work with. You're only as good as your worst performer [in the theater business]."

There is also an issue with the musical theater major, currently requiring mostly theater courses and one music class to graduate which seems contrary to the title of the BFA program according to O'Malley.

Speak-out discussion lifeless

by Barb Owens
Copy desk chief

Central Washington University students are facing a 14 percent tuition increase effective this fall. Last Thursday at noon, in the Student Union and Recreation Center pit, students were invited to come speak their minds about the tuition hike.

Next to an official voting station to elect next year's Associated Students of Central Washington University-Board of Directors, Speak out Central drew a minute crowd of students, most of whom seemed uninterested or too timid to speak.

One pair of women did have a few comments about the 14 percent increase, and also the apathy that their classmates portray.

"I pay for all my schooling myself, out of pocket,"

freshman Brittany Motzkus said into the microphone. The increase will directly affect her since she is ineligible for grants and her family doesn't help support her education.

"If you don't come to these things, you can't really complain," Motzkus said.

Students were asked to give ideas on how to balance the budget in other ways. Motzkus suggested cutting all classes on Fridays to lower payroll and other costs. But she thinks this idea may have negative effects on the Ellensburg economy because students may go home for the weekend sooner or more often.

Col'Lette Gauvin was another vocal spectator. She is a sophomore who pays for tuition with anything she can get—grants, loans, pocket change.

"Some of these people are

so idiotic about the university," Gauvin said. She said it is upsetting that more people don't show up to support these discussions and get involved. "I think we should learn more about our campus."

At a quarter past 12, the discussion was interrupted by a parade of students outside the SURC donning T-shirts that read "Save Athletics." The group was led by a marching band and included students from various teams, coaches, cheerleaders and Wellington, the Wildcat mascot.

Demonstrators held signs that urged their peers to vote for the \$7 athletic fee increase that made it on Thursday's ballot. Some shouted "Don't let us end up like Western," referring to Western Washington University cutting its football program last year. After a brief stop to gather, the march continued beyond the SURC

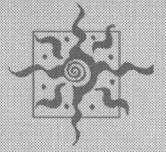
and throughout the rest of campus.

Back inside, a man was telling listeners that President Obama's cuts at the federal level are fascist. Several students said they were graduating; therefore the increase won't affect them. Many commented simply, "it sucks." A woman gave a shout-out to her friend and a man passing by grabbed the mic and made a strange, high-pitched sound and then clicked his tongue really loud.

One woman commented that the tuition increase was already decided, so there was no point in discussing it. A man said that the University should "stop throwing big parties" to save money. Another said CWU President James Gaudino should not have gotten a pay raise from what former president Jerilyn McIntyre was making.

WEATHER

Thursday, May 28

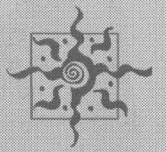


Sunny/Warm

86°

51°

Friday, May 29



Mostly Sunny/Warm

91°

54°

Saturday, May 30

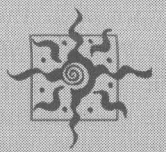


Partly Cloudy/Warm

87°

54°

Sunday, May 31



Sunny/Warm

85°

51°

Monday, June 1

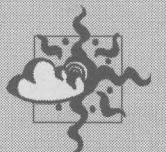


Partly Cloudy/Warm

84°

51°

Tuesday, June 2

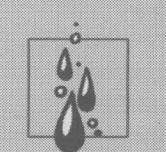


Partly Cloudy/Warm

81°

51°

Wednesday, June 3



Light Rain/Cloudy

80°

52°

courtesy of myforecast.com

opinion

Gorge development threatens atmosphere



Kayla Schroeder
Editor-in-chief

Sasquatch rocked the Gorge this weekend. I was there. Unfortunately, I was not at the concert itself, but definitely submersed in the atmosphere of the weekend. Music fans and campers travel days for the event and in my four years of college I had never been, until now.

I am still pretty young and free-spirited, so I thoroughly enjoyed the loud chaos that continued throughout the day and all hours of the night. I tried to sleep out in a cow pasture and was nearly awakened by a farmer with a shotgun. I watched the sunrise after hours of stargazing. I turned down several drug offers. I didn't shower for two days and was reduced to using a stuffy Port-a-potty. My feet were dirty. My shoulders were burnt. My body was nourished with Doritos and beer. There is only a small gateway in our lives where

this sort of behavior is tolerated and embraced. Otherwise we become like the rest of the crowd – nomad alcoholic hippies who combat their mid-life crises by letting their matted hair grow and refusing to wear deodorant. Not exactly what I want to be when I grow up. But for now, I had a blast.

The panoramic view of eastern Washington was like something from a dream. The clouds collected and dispersed and at the moment the sun set, time froze - like a fairy tale for drunk music fans.

I only wish it hadn't taken

I'm still pretty young and free-spirited, so I thoroughly enjoyed the loud chaos ...

me four years to discover, and then maybe I could have been stage-side at the concert.

Then, I was brought back to the harsh reality of business when a barricade of park employees rejected us from the 'premium' camping area, hidden behind a six-foot fence.

Apparently, this is a new addition, where visitors can spend twice as much to stay the weekend without being blocked in by a dozen other eager campers who screech profanity through your window at 3 a.m. It was like high school all over again; we weren't wealthy or cool enough to camp beyond the premium fence.

I was thrown for a double loop, when I saw a pamphlet for the new "Resort." What the hell?! Times are changing, but you just don't build a high-class hotel and a water park in the middle of nowhere. This new construction is going to destroy the essence of the Gorge - the peaceful, desert nothingness will be taken over by tourists and travelers who want to shower and sleep on well-dressed mattresses.

I sure hope the families who venture here understand the "drug concoctions" that float around in the camp site next door.

I sure hope they don't mind their children inhaling the smell of weed and alcohol that floats through the valley air.

If you want a nice vacation spot, then go to Disneyland. Don't take your family to the center of the desert where eccentric strangers stumble toward the bellowing acoustics. Leave that to the students.

OBSERVER

The editorial views expressed are those of the writers and not necessarily the views of the newspaper staff at large, the student body, the faculty and administration and are certainly not to be considered as official views of Central Washington University.

Dear Editor,

As a Christian, I am saddened by the spectacle that the evangelists, Smock and Ephrata have made of Christianity. They condemn non-Christians to hell, telling them they are sinful, while the true message of Christianity is overlooked. The truth is God loves all of us, no matter who we are, what we've done, or what we believe. He loves us so much that he died for us, and then conquered death. He wants everyone to love him and accept him and the peace he offers. Smock claims that homosexuals are incomplete people, but the truth is that we are all incomplete without God. As a guy named Paul once wrote, "All have sinned and fall short of the glory of God," but we "are justified freely by His grace through the redemption that came by Christ Jesus." God doesn't want to condemn anyone. He wants to give everyone hope. To anyone who may have felt offended by these mens' words, I want to say that I'm sorry you felt that way, and I hope that you won't let it prevent you from seeking the truth about God. He is well worth finding.

Rhonda Watts
junior English major

In the three years that I've been an intramural official, I have come to two certainties. One, officiating isn't easy, and the other, the sheer enjoyment I get from the job. I feel it's my responsibility to represent the intramural official body in rebutting an article printed on May 21, titled "Referees put under microscope." I would like to clarify allegations the reporter made so that you don't perceive intramurals as a joke in disguise.

While it would be inaccurate to say that every intramural official gave their best effort throughout the entire year, it is unjust to call out an entire occupational body due to a few incidents.

I took personal offense to the reporter's depiction of the ping-pong supervisor, for that individual was me. I was in complete shock at how the reporter skewed my comments and actions.

Though I admit to saying the comments made in the article, it's the lack of knowledge pertaining to the job of a ping-pong supervisor that completely takes my words out of context.

Unlike other intramurals, ping-pong doesn't require a trained official. So there was only a supervisor at the match. Players are responsible for maintaining a fair game and keeping track of scores. Following a match, the players are required to inform the supervisor of the victor and score. The duties of the supervisor are to set up the table, inform players of their opponent, collect scores, settle any ruling disputes and clean-up after the matches. It can be up to 45 minutes before supervisors must log in scores and prepare for the next match.

In regards to my comment, I was expressing my bliss for the job. Where else on campus can you get a job that allows you to work outdoors, be around fellow classmates and friends and gives you the freedom of choosing which sports you wish to officiate? In no way, shape, or form did I intend that comment to suggest officiating as an easy paycheck, because it isn't.

So for the reporter to title me as "lazy" and disrespectful towards intramural participants: You should get your facts straight before making such a bold claim.

I would also like to defend the supervisor who made the ruling during the wiffle ball game. He had to make a judgment call that didn't side with the reporter's team. Because the reporter did not get his way, he felt it necessary to go above the supervisor's authority and challenge the call with the intramural coordinator, Eric Scott. Scott met with the reporter and supervisor to ensure the judgment was fair, which it was, and upheld the original decision. Judgment calls are not uncommon in intramurals and there is always a team that will be unhappy about the decision. This occasion is irrelevant to the reporter's claim that many officials are "blatantly ignorant."

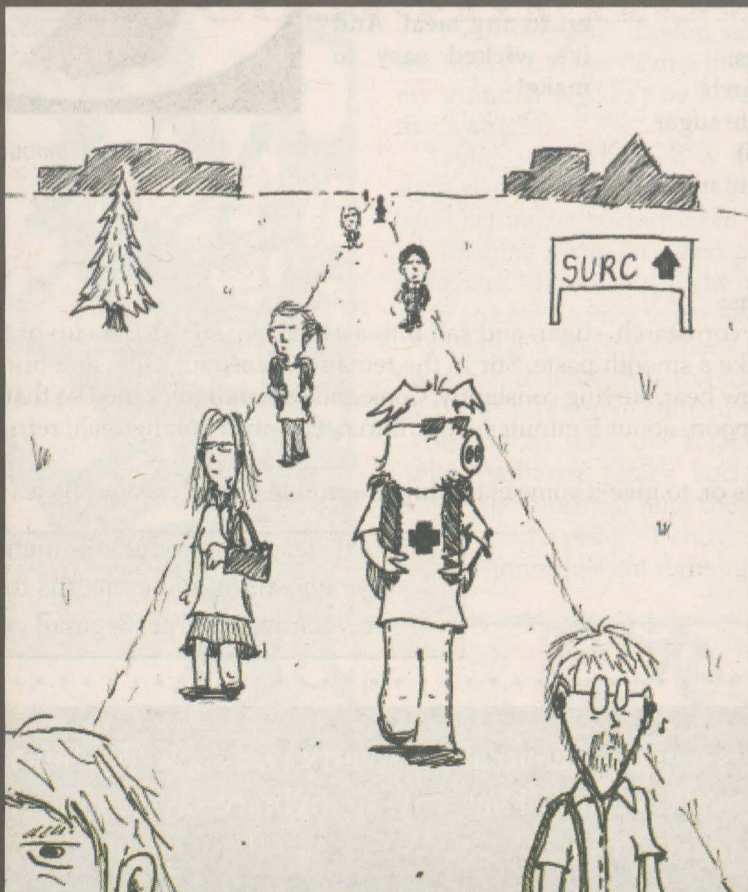
The timing is also interesting. The reporter waited until May to inform of incidents that occurred months ago.

The job is never simple. A good intramural official requires the individual to be strong willed, highly motivated and extremely charismatic. I believe that our coordinator has done a great job in finding individuals that maintain these criteria.

So with all of this said, who is the real idiot? I'll let you all decide for yourselves. See you on the fields, I'm out.

Joseph Walker
senior education major

The artist's eye ...



David Guzman/Observer

The Observer welcomes brief letters (300 words or less) from readers on current issues.

Include the author's full name and university affiliation: year and major, degree and year graduated or department.

All letters become property of The Observer. Email letters to cwuobserver@gmail.com or visit our blog at observerletterstotheeditor.blogspot.com.

Youth thrown to the wind



Caleb Hermans
Asst. copy desk

"You're turning 24? Ahaha-haha!" That was me and one of my friends making fun of his older brother the night before his birthday. That was two years ago, but it seems like last month. I spun a random CD in my car this weekend as I was going home to visit my family. Suddenly, I was back cliff jumping and enjoying the freedom of zero responsibilities and maximum possibilities on a forgotten summer afternoon. I was with a random girl on a double-date with my best friend and his girlfriend. I can remember it like yesterday, but that was five years ago when everything was perfect. Sud-

denly I snapped back into reality as some joker cut in front of me, causing me to tap my brakes while simultaneously exercising my middle finger. What is happening? I am turning 24 in a few months. The joke's on me now. I wanted to show up to my 10-year high school reunion sporting a Rolex, a gold chain and rolling up in a Ferrari. I wanted to say, "Look at me now, bitches!" Instead, I'm wondering where the time went. I have roughly four years to reach these lofty ambitions. Am I going to make it? I'll be lucky to have paid back half my school loans by then and I'll have to rob a jewelry store to wind up with the Rolex.

I don't even celebrate my birthday anymore, because I don't want to face another year ambushing me and kidnapping my waning youth. Every candle accumulating on that excess vanilla frosting represents another wasted year of existence. Each year requires a deeper breath to extinguish the increasing number of candles like a relentless army of fiery, helmeted warriors burning

their way through my faltering screen of denial as youth withers into the ever widening abyss of middle age. Your 20s evaporate into your 30s as seamlessly as fall transitions to winter. Nobody asks for your permission or checks in to see if it's alright. It happens right in front of your eyes and is impossible to pinpoint exactly when it occurs.

The continual ebb and flow of life disrupts plans and goals like a gust of Ellensburg wind shooting in through an open window and scattering geography notes all over the living room.

So what am I saying with all this? Am I saying to go buy a kite and take advantage of the windy weather? Am I beseeching you to tighten your grasp on your fleeting college years before they slip between your fingers? Hardly. Instead, take some risks. Make some mistakes. Learn a lesson or two, but most of all have a hell of a summer and forget about the real world for a few months, until next fall knocks you on your ass like a stampeding rhinoceros chasing a tourist.

Slowpokes hog the road amid endless four-way stops



Steven Rogers
Copy editor

Has anybody noticed how many terrible drivers there are around Ellensburg lately?

Well, I really shouldn't say terrible. It's just that most drivers seem to be thoughtlessly unaware of key parts of their surroundings. Like the part about looking both ways before you go, for example.

Every time I drive past a side street and see a car stopped at a stop sign, I think to myself, 'Man, I hope that person doesn't drive out in front of me.'

But of course, that person usually drives right out in front in me. Then, they proceed to travel about five to 10 miles under the delegated speed limit.

You would think in a town with a 25 mph speed limit, people would at least go the posted speed. But no, not around here.

Don't get me wrong, I'm not always rushing around in a hurry to get to where I'm going. I can appreciate the

ability to 'cruise' or 'take it easy' as much as anyone else, but 20 mph is just too painfully slow.

It is only acceptable to drive that slow if you happen to be stoned, or are over the age of 80. If you want to drive that slow, then walk or ride your bike (but you better take those training wheels off first).

What's worse is the ridiculous four-way stops. Why in the world are there so many of them? And why can't anybody figure out what to do at one? People here should have it down to an art, since we live in a town where a four-way stop can be found at just about every intersection. Instead, people seem to go brain-dead when they stop at one. Everyone always thinks it's their turn to go. Either that or nobody wants to go. Then it just gets completely awkward and people randomly start waving each other through.

Maybe it's me. Maybe I just need to relax a little and join the crowd. If you can't beat 'em, join 'em I guess. This would probably be the easiest way to forget about the problem, but rather than taking the easy way out, I choose to complain about it instead.

So please, pay attention when you approach four-way stops, and whatever you do, don't pull out in front of me and slow down or I may be forced to write another one of these rants.

RANDOM WORDS WITH...



Wanga Mpakateni
junior
accounting

* What makes the world go 'round'?

I think the people on it.

* You're stranded on a deserted island ...

I will swim.

* What is the craziest dream you've ever had?

The last one I remember is a guy chasing me and I was hiding from him in the water. It was weird.

* Do all dogs go to heaven?

No, some of them are vicious. Some of them are wicked.

* What do you want to be when you grow up?

I just want to be rich. I don't care what I am.

Culinary Corner:

Haupia



Rachel Guillermo
Culinary columnist

Boy do I love me some coconut. And nothing screams "luau" more than coconut. Another must-have dish when you're at a luau is Haupia. This chilled custard-like dish is made of sweetened coconut milk and is the perfect light dessert to any meal. And it's wicked easy to make!

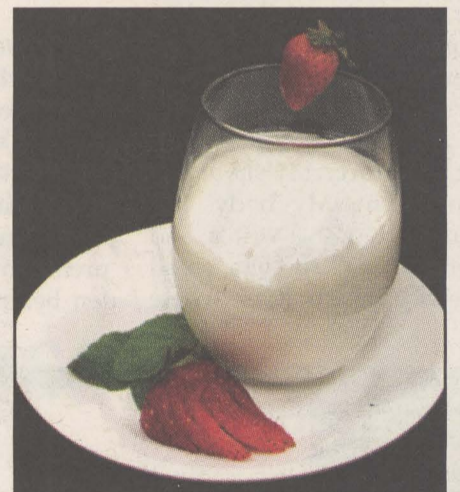
Ingredients:

5 T. cornstarch
1/4 C. white sugar
1/8 tps. salt
2 C. coconut milk

Directions:

Place the cornstarch, sugar, and salt into a saucepan; stir in 1/4 cup of the coconut milk to make a smooth paste. Stir in the remaining coconut milk, and bring to a simmer over low heat, stirring constantly. Cook and stir until thickened so that it coats the back of a spoon, about 5 minutes. Pour into a 9x13-inch baking dish; refrigerate until cold.

Serve as is or, to give it some extra flavor, sprinkle grated coconut flakes over it.



Tetsu Takiguchi/Observer

You can send your comments, questions and concerns to cwuculinarycorner@gmail.com.

"To me, it's a good idea to always carry two sacks of something when you walk around. That way, if anybody says, 'Hey, can you give me a hand?' You can say, 'Sorry, got these sacks.'"

Jack Handy
Deep Thoughts (Saturday Night Live)

WOMEN LAY ON THE ROCK

by Charles Wainger
News editor

Despite band dropouts, a shortage of backing musicians and a slight delay due to a scheduling error, Women's Rock 2009 continued with confidence under a gray Ellensburg sky accompanied by high winds.

Women's Rock, on Tuesday, May 26, gives the female musicians at Central Washington University a chance to share their voice, talents and passions on stage for the community.

"I like it because it is versatile," said Roxann Smith, junior public health major and one of the program coordinators. "We're supporting women musicians 'cause they're not really supported."

The show started at 4 p.m. on the east patio of the Student Union and Student Recreation Center (SURC).

Geneva Taylor, senior music major, was the first to grace the stage with her solo poetry performance.

"I am excited," Taylor said as she took the stage. "I'm a little sad my guitarist couldn't be here, but that's alright."

Taylor went through a mime-style sketch of her dream backing band before her performance.

"Imagine a big, fat piano player right here," Taylor said as she pointed to an empty space to her left.

Holding a black notebook, Taylor began to unleash her voice to a small yet supportive audience.

Second to take the stage was Aela Mathews, junior sociology major. She moseyed onto the stage in jeans and a yellow T-shirt.

"I'm gonna just cut right into it,"

she said.

Mathews paced for a few seconds, microphone in hand. Then she turned to the audience and cut right into her performance.

With a confident sway, Mathews moved about the stage and recited a few of her spoken word poems.

When she was done, the crowd yelled, "We want more!"

"Give me a shot of Patron and I'll be on it," Mathews said.

Mathews laughed then put the microphone back on the stand and sat back down in the audience.

A new voice came through on the speakers.

"I need a steady beat," said Rhea Worley, junior sociology major.

Worley started to clap her hands in a simple one-two beat until the audience followed along. Then, with her red hair pulled back by a pink hair band, Worley began to sing acapella into the microphone.

With a huge smile on her face, she sang a slow ballad that seemed to calm the entire outdoor audience.

Worley, who was without her backing band, jokingly ad-libbed the guitar and piano parts of the song to give the full band effect.

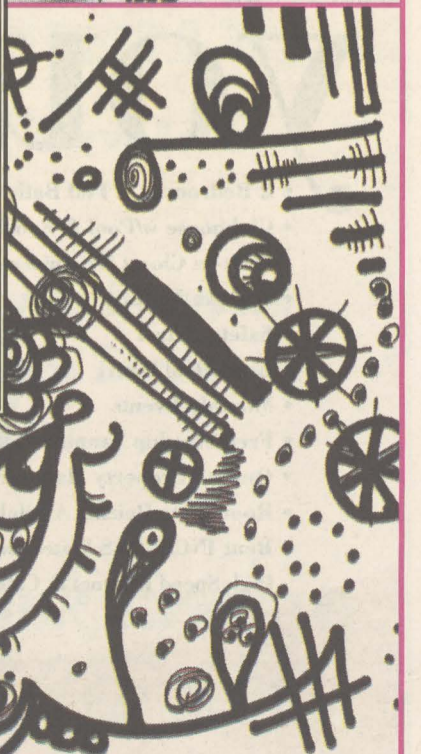
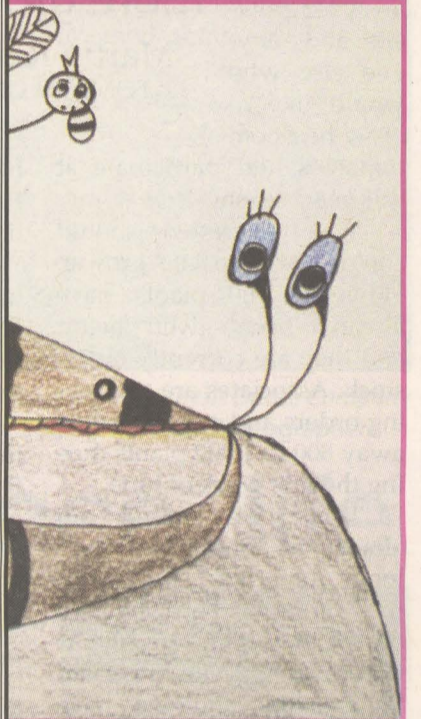
"I've been singing forever," Worley said. "I'd sing all the time and my mom would have to tell me to shut up."

During a quick intermission, Red Means Go set up their set while the program coordinators hosted a quick trivia game with free pizza and Starbucks gift card rewards.

Women Rock 2009 came to an end after Red Means Go finished their heart felt acoustic set and the audience departed to await Women's Rock 2010.



It's the same old mystery, on
How you became you and I became
It's the same old fallacy, —
I push on you while you pull
It's the same old tendencies,
That fuel our opinions on this
It can be made as simple as it can
be as hard as the thoughts of



TomatoFare inspires future growers

by MacKenzie Opp
Staff reporter

Artists, tomato lovers and culinary enthusiasts all have a chance to show off their talents at the 2009 TomatoFare.

The TomatoFare invites amateur and professional artists from all walks of life to submit photographs, ceramics, paintings and other various forms of art.

The event will be held Labor Day weekend, at the White Heron Cellar, but organizers of the event say growers and artists should start preparing now.

TomatoFare is having a plant giveaway for growers and anyone else who would like to grow heirloom

tomatoes and participate at this year's event.

Those interested should contact an associate grower. However, 400 plants have already been given away, and they are currently out of stock. Associates are still taking orders and expect to give away 800 to 1,000 plants during the first week of June.

"When we started out almost no one grew heirloom tomatoes," said Martin Ringhofer, grower and one of the organizers for the event. "Now there are about 50 growers and we have about 50,000 pounds in three months ... the idea of giving plants away is to get more growers and to have tomatoes become a crop in eastern Washington."

There are approximately 600 different varieties and tastes of heirloom tomatoes, and Grant County produces more than anywhere else in

Washington.

Growers receive free plants and keep all they grow, except one week's worth. The week prior to TomatoFare, they give one week's worth to the event and receive free admission.

This year, people are asked to contact the TomatoFare Associate growers to make arrangements to pick up their plants.

TomatoFare offers a variety of different events and contests, one of which is the

"...the idea of giving plants away is to get more growers..."

Martin Ringhofer
TOMATO GROWER

"Chef's Challenge." Culinary professionals and aspiring chefs from across Washington state, Oregon and Idaho are invited to participate

in the Fourth Annual TomatoFare Chef's Challenge, Sunday, Sept. 6.

Guests, growers and participants will watch the challenge unfold and sample the culinary offerings of the participating chefs.

During the events' tasting, Phyllis and Cameron Fries, owners and operators of White Cellars Winery, will be on hand to recommend wine pairings with the various food samplings.

There will also be an art contest that will be judged by guests. Artists are challenged to create something that is inspired by the heirloom tomato's shape and color. The art will be displayed at the location of the 2009 TomatoFare, White Heron Cellars.

"We are a small winery that loves to bring food and wine together in many wonderful combinations," the Fries said. "The TomatoFare is one of our

food and wine events but it is certainly the most colorful due to the beautifully colored heirloom tomatoes. Listening to music, enjoying the view over the Columbia River, fine food, fine wine - it doesn't get much better than that."

People are welcome to attend all contests and enjoy wine and food tasting along with some music by the Vaughn Jensen Band and some cultural music done by Native American performers.

The fare is educational and a great way to help out Grant County and surrounding areas. According to the growers if the crop is sold and grown properly, it can help boost the local economy and help out local farmers.

"Our vision is a crop that is very popular, and a crop that restaurants are interested in buying directly from the grower," Ringhofer said. "We dream of a ready supply for all people to buy organic heirloom tomatoes directly from the growers and in turn create profit and tourism for an area that's oppressed and unemployed."

White Heron Cellars is located above Crescent Bar, at 10035 Stuhlmiller, Quincy, Wash. General admission tickets for the 2009 TomatoFare are \$20 in advance and \$25 on the day of the event.

The people to contact for free plants are Jerry and Gene Prentice, theprentices@gmail.com; 509-765-4495, Mary Catherine and John Koppang, jandmc@sagensun.net; 509-787-1305, Martin and Jennifer Ringhofer, martinringhofer@aol.com; 206-784-5920.

Tickets are available through White Heron Cellars, for tickets, directions or more information call 509-797-9463 or e-mail info@whiteheronwine.com, or call Martin Ringhofer at 206-784-5920.

Fun Facts About Heirloom Tomatoes

-Heirloom tomatoes date back hundreds of years.

-They are well-known for their colors, shapes and culinary uses.

-Heirloom tomatoes come in black, purple, green striped, yellow and green striped, red, orange, yellow, green, and red and black.

-Heirloom tomato sizes range from the size of cherries to the size of peppers. Some can weigh over five pounds!

-The skin on heirloom tomatoes can be rough-edged or smooth and their shape can be oval or round.

-Heirloom tomatoes have the names that reflect some of their history such as:

Polish: the seed was smuggled into the U.S. on the back of a postage stamp.

Soldacki: arrived in the U.S. from Polish immigrants who settled in Ohio.

First Pick: came from France.

Besser & Schellenburg's Favorite: came from Germany.

-To be considered an heirloom tomato, the variety must have been grown for at least 50 years, must be able to reproduce itself and must have a known history for area of origin and people who used the tomato.

Unheard Voices: Students speak out

CONTINUED FROM COVER

Bethanie also spent some time in Africa, originally to teach English to children.

"I saved up \$4,000 and moved over there for a year," Vierra said. "I got an English teaching job and volunteered on my free time. I eventually came back to finish school."

Bethanie thanked D&M coffee for their sponsorship. D&M will continue their affiliation with the Civic Engagement Center (CEC) by holding three coffee nights to build "Unheard Voices" into an annual event.

"I chose to dance because it's what I do."

William Basham
SOPHOMORE
BUSINESS AND
MARKETING MAJOR

The evening continued with performer Chester Castro, former Central student. Castro is a black belt in Tai Chi Chuan Fa Kung Fu.

"It's a really hard, precise, tense form of art," Chester said. "I decided to perform tonight because I knew the people putting on the production and I wanted to support the organization and give a little of myself to the program."

Dancers also showed moves through footwork.

"I chose to dance because it's what I do," said William Basham, sophomore business and marketing major. "It's my biggest hobby. When I'm happy, I dance. When I'm down, I dance."

The night concluded and the lights flickered fluorescent. Audience members gathered outside to talk, donate and plan a late night social at Perkins Diner.

"I'm really proud of all the unique talent I witnessed tonight of my fellow students," Amber Wyberanec, senior elementary and special Ed major, said.

"Unheard Voices" is sponsored by the CEC and Campus Activities.

All donations go to East African Community Services, a Seattle based charity that assists refugees from war torn Somalia, with food, clothing and job placement.

Its All
About
you.

- 2 Bedrooms, 2 Full Bathrooms
- Clubhouse w/Pool & Foosball
- Built-In Closet Organizers
- Built-In Desks
- Safety Patrol
- Basketball Court
- Monthly Events
- Free Standup Tanning
- On-Site Property Manager
- Roommate Pairing Available
- Rent INCLUDES Water, Sewer, Trash, High Speed Internet & Cable TV

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a FREE gift and
be entered into
a drawing to
WIN a Flat Screen
TV!

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Photo courtesy of Orchesis Dance Company

This year's concert theme reflects Central Washington University's mission of "Life in Balance." The concert will include 18 pieces of choreography by 12 choreographers.

Orchesis show balances dance, life

by Rachael Duff
Staff reporter

Central Washington University dance students balance out their lives, literally.

Central's Orchesis Dance Company will present its annual spring concert at 7 p.m. on May 28, 29 and 30 in the McConnell Auditorium. Attendance will begin at 6:30 p.m. and tickets will be sold at the door. General Admission tickets are \$8 and Central student tickets are \$5.

"I think the arts enrich our lives and help us think in a very creative way about expression and I think there is something that everyone will be able to relate to and enjoy," said Therese Young, assistant dance professor and program director.

Every year Central announces a new mission theme and this year's concert theme reflects Central's mission of "Life in Balance." This is the first Orchesis production in years that has incorporated a theme.

"Having a theme has really helped all the choreographers develop their pieces rather than just dancing because they like a song," Young said. "They really put a lot of thought into the choreography."

This year's production includes 18 pieces of choreography created by 12 different student and faculty choreographers who address the different aspects of balance

in their works including balance in relationships, balance between sound and silence, spiritual balance, balances in womanhood and more.

"Choreography has helped me in the process of creating a dance that has meaning behind it versus a dance that just kind of shows off skills," said Tyler McLain, junior elementary education major and choreographer and performer for Orchesis.

This performance incorpo-

rates physical balance as well as props symbolic of balance. This year's show include more props than past years and this is the first time a giant teeter-totter will be used.

Flags are another new prop which will be utilized during a modern flag solo and a group flag piece.

This performance will also include unique guest performances. George Bellah, associate theatre professor, will portray balance by lead-

ing guest performers through the art of Japanese Noh Dance, which is a meditative, strengthening art form. Mary Radeke, psychology professor, is also featured as a guest choreographer.

The dance company currently has 25 members whom have auditioned and earned their way into the company.

They rehearse six hours a week beginning fall quarter to prepare for the spring performance.

Showtime and Ticket Information

In the McConnell Auditorium:

May 28, 29, 30 at 7 p.m.
Doors open at 6:30 p.m.

Tickets sold at the door
\$8 general admission
\$5 Central students with ID

ART of JEWELRY

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I have studied Arts and Humanities at CWU, PLU, College of Marin, UCB and Sonoma State School of Expressive Arts.

My partner and I have had the unique opportunity through the years to make over 7000 pieces of designer Jewelry for customers as far away as Asia and Europe.

BUT... Most of my customers have been CWU grads.

THANK YOU for the opportunity.

*-Frank Erickson
509 925-9560*

Fashion students create 'Satisfashion'

by David Guzman
Staff reporter

Central Washington University students are invited to check out the latest fashions and student clothing creations this Saturday.

At 7 p.m. on May 30, the CWU Fashion Club will host its annual fashion show. This year the show is titled "Satisfashion," and the theme is described as "the fashion that satisfies you."

The show will be held at the Milo Smith Tower Theatre on campus, and Seattle hip-hop artist DJ Dom will be the evening's emcee.

The clothing on display at this year's show is meant to appeal to the modern everyday young woman, and ranges from casual to semi-formal.

"It's definitely based on college-aged students - what we'd be wearing," said Lana Hotchkiss, senior fashion merchandising major and show director.

There are three different categories throughout the show: Earthy Intuition (eco-friendly, bohemian-style clothing), Vivid Exposure (clothing with bright, vibrant colors), and Diamonds in the Rough (modern formal wear).

"Today, formal wear is much more than a 'little black dress,'" said Andrea Eklund, fashion merchandising professor and fashion show advisor. "It can be anything you want it to be."

This year's show is a collaborative process between two different classes in the department - Fashion Show Production and Fashion Line Development.

Students in the Fashion Show Production class are in charge of creating, organizing and promoting the show. Those in Fashion Line Development are creating garments for the show.

This year, eight students are showing their creations at the show - the highest number of students presenting their own clothing.

"They're doing everything themselves, from creation, all the way up to choosing models and choreography," Eklund said. "It's really nice that they have total control from the very beginning to the very end."

Melissa Triber, senior fashion merchandising major, is showing a colorful, lively dress perfect for summer.

"These pieces are made from nothing," Triber said. "Last

"[The clothing on display is] definitely based on college-aged students what we'd be wearing."

Lana Hotchkiss
SENIOR FASHION
MERCHANDISING
MAJOR

quarter we learned how to drape items and make sure the pieces fit. We spent this quarter just working on patterns."

Ashley Trosper, senior fashion merchandising major and clothing creator, said that each student is encouraged to have individual ideas for clothing styles.

Her clothing, which features simpler black and white patterns, is meant to incorporate the image of strong, confident women, in and outside of the workplace.

"I'm going with a downtown chic, city setting," she said. "[The black and white pattern] looks clean and professional."

Each student's clothing will not be available for sale, but the club will be taking orders for official T-shirts created specifically for the show.

Another aspect of the show will consist of "ready-to-wear" items, which include clothing donated from Pac Sun and Buckle in Yakima, as well as Olive in Redmond and Maurice's in Ellensburg. The clothing, which will be returned to each retailer after the show, will be modeled at the show.

At 6:30 p.m. prior to the show, the club will host a silent auction.

Items of interest include a Nintendo Wii, assorted gift baskets and other items.

Proceeds from the show and auction will go toward next year's show, academic scholarships and other opportunities for students in the program.

Hotchkiss credits the Fashion Show Production class with providing aspiring fashion experts with real-life experience and a sense of accomplishment not achieved with other classes.

"For me, it's the best class I take at Central," Hotchkiss said. "You're actually showing the school something, instead of just 'hey, I got an A' ... This truly is a fashion show."

Christina Libbing, senior fashion merchandising major

and Fashion Club president-elect, calls the class, and the production of the show, a reality check.

"People bail, people cancel on you," Libbing said. "Things don't go as planned. It's like real life."

The show is produced with the help of Central's theatre department, who allowed the use of the theater for the show.

"I have to mention the theatre department - they help us out a ton," said Ashley Giannandrea, sophomore fashion merchandising major and promotions lead. "They help us out with the lighting and sets. They're a big help."

Central's Fashion Club, which had a successful show last year, expects a large turnout at this year's show.

Hotchkiss said that growing interest in the fashion merchandising program and a better venue contribute to the show's success.

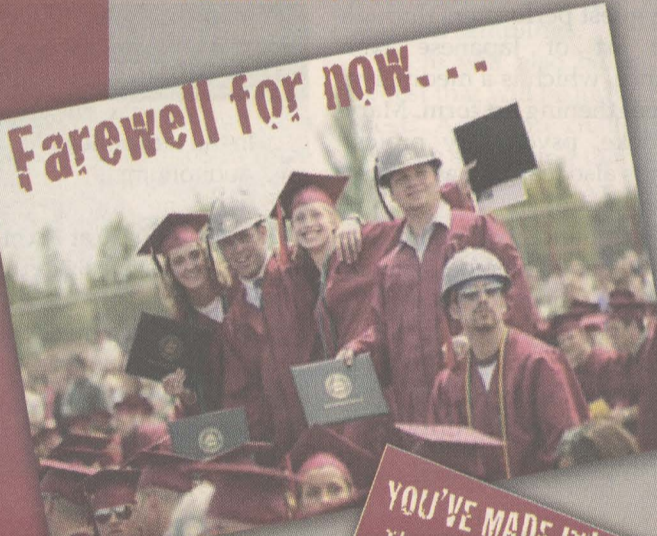
"We almost sold out last year," Hotchkiss said. "This year, if you want the ticket, you'd better show up early."

Tickets are available from 11 a.m. to 3 p.m. on Thursday and Friday at a table in the Student Union and Recreation Center lobby.

They will also be available at the door on the day of the show. Tickets are \$10 for general admission, and \$5 for Central students.

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- 4** Ally Prom 8 p.m. Holmes Dining Room

May 28-June 4



Ryan Ricigliano/Observer

Trent Reznor and Nine Inch Nails perform to a sold out crowd of 22,000 on Sunday evening, May 24 as part of the Sasquatch Music Festival at the Gorge Amphitheater.

Sasquatch existence confirmed at Gorge



Ryan Ricigliano
Senior reporter

I look forward to Memorial Day weekend every year. It's my favorite three days of the year. Forget Christmas, birthdays and New Years - Memorial Day weekend in Washington state is nothing short of amazing. That's mainly because of the annual entertainment extravaganza that is Sasquatch! Music Festival held at the Gorge Amphitheater.

Sasquatch was conceptualized by promoter Adam Zacks in 2002. What started as a handful of indie bands playing one stage on a Saturday afternoon has grown into a mammoth three day spectacle. This year's incarnation featured more than 92 acts, three stages, and a comedy tent that by night becomes a pulsing dance tent.

Spectacular sunsets and remarkable natural acoustics have helped the Gorge become a tourist destination. Socializing in the campground netted me acquaintances from Canada, Great Britain, and various

states as far east as Kentucky and South Carolina.

"Sasquatch is a great experience that we just discovered," said Amber Meyers, a cosmetics student studying in Vancouver, British Columbia but originally from Louisville, Ky. "It's such a beautiful venue you guys have here."

But with a weekend filled with 80 degree temperatures, 12-hour days of music and a few \$9 beers, it can be hard to keep it all straight. This is one journalist's meager attempt at chronicling the highlights of one of the nation's premier musical festivals.

The Gaslight Anthem

Hearing the punk sounds of New Brunswick, New Jersey's latest raspy Springsteen homage was a welcome way to open the festival.

Lead singer, Brian Fallon commented to the sun-drenched crowd that he appreciates being out west. "I like it because I can actually breathe out here."

Passion Pit

Boston's Passion Pit was a band that I was incredibly excited to see live. Their EP, *Chunk of Change*, has been playing non-stop through my speakers for the past four months and their debut album is one of the most anticipated of the year.

Despite an early set time (2:35 p.m.) and a mediocre sound setup, Passion Pit still managed to put a solid set on and get the packed crowd

dancing to their ecstasy fueled pop masterpieces.

Animal Collective

This quirky group of four musicians whose brand of art-noise pop has been captivating listeners and critics for years have finally made the album of their career.

Merriweather Post Pavilion is the group's most accessible album with deep pop undertones and it certainly shows live. Lead singer, Avey Tare is more confident in his voice and his lyrics are almost discernible.

Though I think the intimate musical experience that this band strives to create would have been better suited for a small club, they still put on a memorable show.

Yeah Yeah Yeahs

After a solid set by Northwest favorites, The Decemberists, Karen O and the Yeah Yeah Yeahs helped usher in a setting sun on the main stage. After releasing a sub par sophomore album, this New York City trio returned with their latest, *It's Blitz!*. The synthesizer heavy new material equated well with a live audience and the crowd soon turned the night into one big dance party. Plus seeing one of indie rock's biggest sex symbols flail around in electric green tights and an oversized neon parka is priceless.

Crystal Castles

After watching the first few songs from the most talked about band in the alterna-

tive rock universe (Kings of Leon), I made my way to the dance tent to catch a much anticipated set by Crystal Castles. This duo from Ontario, Canada were perfectly suited for the late night throb of the dance tent. People quickly scaled the speaker stacks and were soon ordered by security to get down as they danced wildly in defiance.

Erratic strobe lights and the pounding thump of the bass turned the dance tent into a far out, other-worldly universe that no one wanted to leave.

Monotonix

At 4:55 p.m. on Monday afternoon I was beat. Done for. I was ready to go home, eat a normal meal, shower for the first time in three days and return to reality. Monotonix prevented that. Seeing this much talked about Israeli spectacle from Tel Aviv was at the top of my list, despite being ready to drop dead. This band is trying to reinvent the interactive rock-and-roll show.

The band starts on stage, but soon makes their way down to the crowd. Lead singer, Ami Shalev wears nothing but a super tight speedo and throws his incredibly hairy, sweat soaked body on as many audience members as possible. The drummer encourages concertgoers to hold his set in the air as he attempts to play their spastic rock songs.

Throughout their set, Sha-

lev managed to traverse the entire crowd, scale two stage setups, stage dive on multiple occasions and get a bloody gash on his forehead. How did the band end their set? Shalev asked the entire crowd to sit down while a musical interlude built up to a sonic explosion of energy, sweat and overpriced beer. And you bet every single person there listened to his command.

Girl Talk

Girl Talk is Gregg Gillis. He's one man making music out of other people's music. A quick listen to any of his "tracks" and listeners are bound to hear a convulsive mash-up of some of today's biggest pop tracks such as MGMT's "Kids" to Puff Daddy's "All About the Benjamin's" to Kelly Clarkson's "Since U Been Gone". All in under a minute too. Musical ADHD is a good way to describe this party.

Girl Talk is more of a creator of a good time. He invites audience members to join him onstage as he violently rocks out in front of Apple MacBook. Loads of streamers, beach balloons and confetti rain down on enthusiastic crowds waiting to hear their favorite song.

The set ends with Gillis getting into a huge plastic bag and crowd surfing to a setting sun - a fitting way to end a magical weekend of music and certainly my favorite few days of the year.



Photos by Tetsu Takiguchi/Observer

People salute and commemorate soldiers at the Ellensburg Memorial Park on Memorial Day, May 25. Other celebratory events included a parade and pancaked breakfast.

Memorial Day celebrates service, sacrifice

by Marissa McDonald
Staff reporter

Instead of sitting at home this weekend, many curious Washingtonians took advantage of the several opportunities for celebrating Memorial Day this Saturday, with both celebrations in Easton and Ellensburg to choose from.

Kittitas County held a Memorial Day Celebration beginning with the Easton Fire Department pancake breakfast, from 8 a.m. to 10:30 a.m. on Saturday May 23, located on Railroad Street in Easton. It was open to all of the Central Washington community and included several events such as, the Cabin Creek Cruisers car show, a parade, and a street fair and vendors that went until 9 p.m.

"We get to see community faces and out of town people that come to celebrate with us," said Jennifer Jensen, a volunteer firefighter/Emergency Medical Technician with the Easton Fire Department. "We served a lot of pancakes in a short time, and when we're done with the event, I help my dad, Dave Tate, head of the Cabin Creek Cruisers Car Club. We have more than 16 members in our group....we look forward to seeing all the cars and meeting new people from all over the state."

Jensen has been involved with the Easton Fire Department for 18 years and the classic car show is now on its sixth

"We get to see community faces and out of town people that come to celebrate with us."

Jennifer Jensen
Easton Fire Department

year. She said that the community gets to enjoy a great breakfast and see volunteer firefighters doing something other than firefighting and medical work. The Classic car show took place on Railroad Street in Easton as well, from 9 a.m. to 3 p.m.

There was also free wine tasting from the Maryhill Winery tasting room from 10 a.m. to 6 p.m., who offer a 10-35 percent discount of their wines at the event and sold more wine this weekend than any other time of the year.

"The weather is very nice over here, compared to the west side of the Cascades," said Caitlin Haedicke, director of public relations with Maryhill Winery. "In addition [to wine tasting] we kicked off live music and have a really diverse group of musi-

cians. There [were] hundreds of people streaming through the winery event...the energy it creates is truly amazing and personally rewarding."

The TomatoFare returned for the 2009 Memorial Day Celebration with artisan farmers supplying over 100 varieties of heirloom, organic tomatoes for attendees to taste and compare with delicious dishes for guests to sample.

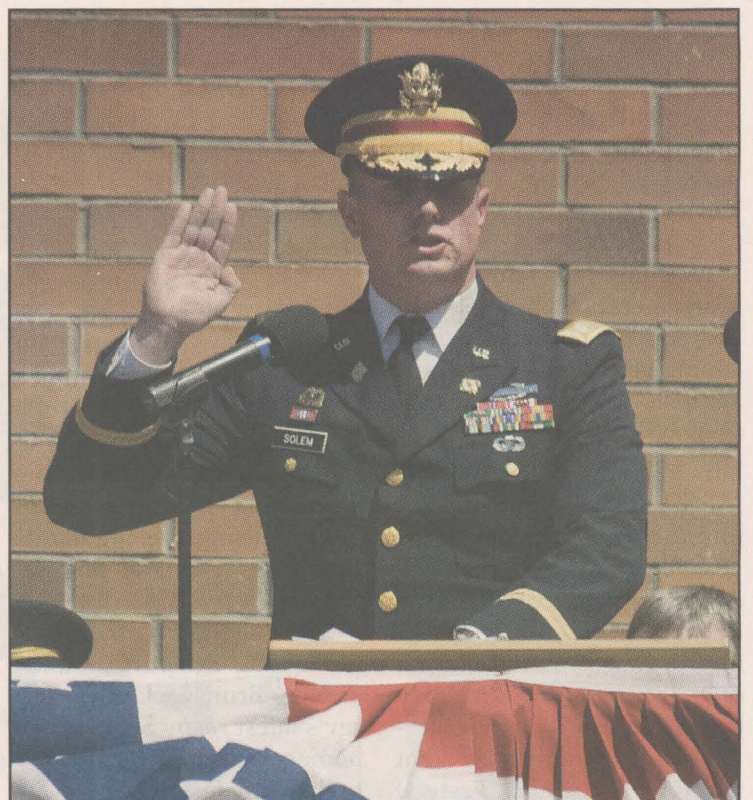
"There is nothing like our event in our state or adjacent states," Martin Ringhofer, Founder/Director of TomatoFare 2008 said. "People look forward to the best heirloom tomatoes they've ever had; great food, wine, music and family fun."

The Iris Flower and Design show was held from 12 p.m. to 3 p.m. put on by the Yakima Valley Iris Society, where everyone was welcome to enter their own designs into their judging competition.

Then for everyone's entertainment, starting at noon on Saturday, the Memorial Day parade took over Railroad Street.

Then beginning at 4:30 p.m. the Thorp Mill Benefit Barbecue and Auction provided their buffet-style barbecue dinner which led into the silent live-auction that featuring local and donated items, services, and give-aways.

"Our town is very friendly and open to new faces," Jensen said. "We encourage everyone to come out and



Lt. Col. Greg Solem gives a speech and commemorates soldiers at the Ellensburg Memorial Park on Memorial Day, May 25.

enjoy the small town atmosphere and help us celebrate Memorial Day."

For those who feared Memorial Day traffic, there was plenty to celebrate here in Ellensburg.

The Kittitas County Farmers Market in Ellensburg is featured from 9 a.m. to 1 p.m. every Saturday, and on this Saturday, May 23 the market provided local grown produce and craft vendors featuring jewelry, handmade soaps and fresh-cut flowers.

The Farmers Market is lo-

cated on fourth street between Pearl and Pine in downtown Ellensburg.

The celebration then continued with an opportunity to taste a variety of Southern French wine samples at WineWorks, featuring Languedoc wine tasting held from 12 p.m. to 7 p.m.

Also on Saturday the 23, at their Ellensburg location at 606 N. Main Street, WineWorks holds wine tasting every Friday from 4 p.m. to 7-p.m. and Saturday from 12 p.m. to 7 p.m.



Tetsu Takiguchi/Observer

Robert Nick Morelli serves Morelli's handmade Gelato, which contains real fruits and is denser than other artificial ice creams. Gelato means "ice cream" in Italian.

Cafe Italiano brings old world flavor to Burg

by Danielle Gagnon
Staff reporter

Morelli's Café Italiano, "an authentic Italian trattoria," serves Ellensburg a taste of Italy's "old country food and hospitality."

Washington native and war veteran, Robert Morelli, the son of an Italian immigrant, was born in Ellensburg in 1948. Robert, also known as Bobby, spent three years in the Army with 18 months of service in Vietnam.

On leave, in Ellensburg, Robert met his wife, Diane Legg. They married on June 25, 1968.

The couple has been married for 42 years, has three children and has made the Thorp area their home for more than 30 years.

The Morellis' worked in the water ecology field for 35 years, but when they retired they wanted to serve the food they love to the people in their home town. As a result, Morelli's Café Italiano opened in April 2006.

Robert explained that he and his family took advantage of an open store front at 423 North Main Street in Ellensburg, Wash. to open their own family business. From that time on, the menu "evolved and improved."

"We started out with Italian panini, pasta and espresso then evolved from there by creating our own espresso blend," Robert said. "It's a

good established blend. I also started studying about gelato. Through knowledge and study of gelato making, I perfected my own unique Italian gelato."

The Morellis' also wanted their menu to step into a dinner atmosphere, by using traditional and family recipes. To accommodate dinner, the café expanded and built a wine and beer garden-style dining area outdoors.

"The outside seating is a very pleasing setting," Robert said.

The café is open six days a week and the family staff makes sure to serve anyone who comes in.

"We try to build a comfortable atmosphere, come as you are," Robert said. "We cater to everyone."

According to TripAdvisor.com Morelli's Café Italiano has been selected number one out of the 29 restaurants in Ellensburg and is one of three restaurants to be published in the Northwest Travelers Magazine.

"We take a lot of pride in our dishes, in having full robust quality items and hearty portions," Robert said. "Presentation and construction is all family oriented and derived. The ambiance revolves around Italy, it's small warm, inviting, charismatic, and comfortable, with Italian music playing in the background."

Morelli's Café employs local college students as needed to assist the family staff. The handmade gelato will not be commercialized and will only be found in the café.

Gelato can also be made on demand by personal request.

"I like to see the enjoyment on my customers' faces," Robert said. "It is very rewarding," Robert said. "Everything we do is freshly prepared by hand, made to order. We're gourmet, our quality is unique. We've got fresh ingredients and authentic recipes."

With a mission statement that reads, "Stay in business, improve business, serve cus-

tomers and give them what they're happy with," it's no question why Robert hopes to see his children take over the shop for years to come.

His wife, Diane, and their three children, Thomas, Nicki, and Adam, deserve credit in the creation and development of the café.

Adam "has been here since day one" and will be leaving to pursue a degree at the Perry Technical Institute this June. However, he will always be a

part of the business.

"Our bigger menu has changed the amount of effort required to make it work," Robert said. "Prep work has immensely increased." Robert said.

It bothers Robert that he has to say no or that the restaurant is closed to aspiring customers. Luckily, with one day off and six days on a week this Italian derived café is open until the last person is served.

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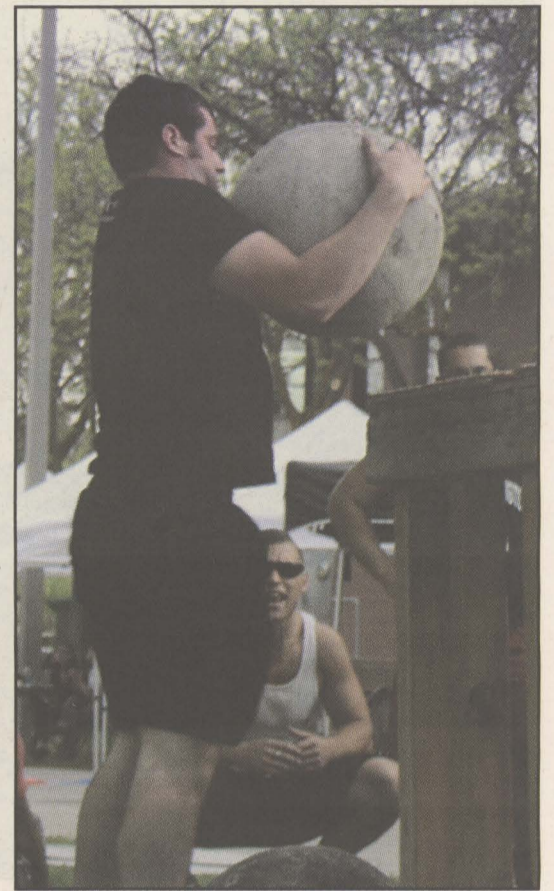
sports

Sports Trivia

What sport used the term "homerun" long before baseball?

Cricket

Only the strong survive



Mimi Oh/Observer

(Top right) Ben Rice, freshman music vocal performance major lifts stones weighing between 110–250 pounds. Rice is a world record holder in the under-18 deadlift.

(Left) Chris Munson, senior law and justice major and intramural staff exercise science major flips a 330-pound tire during the competition.

Strongmen flex for Central

by Jessica Hirschhorn
Staff reporter

Enthusiastic students gathered on the recreation center lawn next to Barto Hall for the second annual Central Strongman Competition.

Professional strongman and strongwoman competed alongside Central Washington University students at the strongman competition last Thursday, May 21 to highlight Student Appreciation Day.

The strongman competition had five events and this year's location allowed for more spectators than last year.

"Last year the strongman competition was over by the recreation fields in north campus, this year was fun because it drew a crowd," said Marit Mork, junior art major.

Grant Higa was the master of ceremonies for the event and made sure the crowd was involved in each of the contestant's efforts. Higa is the only professional strongman in Washington state and works for Vulcan Inc. as a fitness trainer.

"I think it was a great turn out... the girls competition was really impressive," Higa said.

On the girl's side of the competition was Kristyn Vytlačil. She is a two-time national champion strongwoman and the eighth strongest woman in the world. Higa is Vytlačil's trainer and he brought her along to train for her third national competition

in August. Her points didn't count for the competition; she just came to have fun.

"This was a good way for me to see where I stand before the competition," Vytlačil said.

Vytlačil has been competing for three years. If she wins this year's national competition, she will be the only woman to win for three years straight.

"With this kind of sport, you can't afford to be bad at an event...you have to be good at them all," Vytlačil said.

The Central Strongman Competition began at 3 p.m. The log press was at the beginning of the competition. In this event, competitors had to press a weight above their head as many times as possible within 60 seconds. According to most competitors, this event works out the lower back.

"My lower back is the most tired, I feel that from the log press," said Lionel Orgi, senior exercise science major.

The men's side had a lightweight and heavy-weight competition. The winners from each division won T-shirts. Tim Lee, junior education major was an expert at the atlas stones and won the men's lightweight competition. Paul Pirone won the men's heavy weight competition.

"There was a lot of intensity during the atlas stones, the crowd played the biggest role," Lee said.

The atlas stone event consisted of competitors

lifting round stones onto a tall wooden pedestal. The stones were hard to grip and many competitors used chalk on their hands for additional grip.

Ali McWeeny, junior education major won the women's competition. She has been training hard for the USA PL Seattle Summer Classic powerlifting competition. The strongman competition acted as a training session for her. McWeeny said her favorite event was the tire flip.

"I am really grateful for the nationally ranked athletes that we had there to help us out," McWeeny said.

The last event of the day was the farmer's walk. This event tests the competitor's endurance as they walk around cones with two dumbbell weights in each arm. Mork snagged first place in the event. She was a fierce competitor, but had a smile on her face during all of her events.

"I lost my voice from cheering people on...and I am a cheerleader," Mork said.

Victor Kimuhu, senior exercise science major, was a first time competitor in the Central Strongman Competition.

"The words of the day are 'done' and 'fun,'" Kimuhu said.

According to most competitors, the event was exhausting, but they all have hopes that the Central Strongman Competition will become a tradition at for many years to come.

Rodeo sends two all-stars to nationals

by Abby Reynolds
Staff reporter

The Central Washington University Every June, in the town of Casper, Wy., college rodeo teams from all over the nation come to compete at the College National Finals Rodeo (CNFR). Central Washington University Rodeo Team will be sending two of their own this year.

Manda Mellergaard and Bailey Minor will be packing up and headed to the finals June 14 through 20 in Casper.

"Every year we send someone" said Kay Davis, Rodeo Club advisor. "In the 12 years I have been the club advisor, we have sent someone."

Throughout the season, the team has competed in 10 rodeos. The men's team rounded out the year with 1,210 points landing them fifth place in the northwest region.

The women's team carried by Mellergaard and Minor, finished out the season with

2,222.50 points, securing them third place in the region. The women's team finished their season 25 th in the nation.

The points are accumulated throughout the season pending on where team members place in their various events.

"I am very excited to send these two girls to Nationals," Davis said. "They are very deserving. They have worked hard all year. They have definitely earned their spot."

Manda Mellergaard, junior business major competes in goat tying, breakaway roping and barrel racing. Mellergaard settled herself into third place for the regions women's all-around with 1,202.50 points.

"It is a great honor and I am really excited to go," Mellergaard said.

Mellergaard acquired her points by placing first in goat tying in the region with a grand total of 775 points and setting herself up to finish ninth over-all in breakaway roping with a total of 301.5



Brianne Jette/Observer

Bailey Minor competes in the college rodeo. Minor is the only freshman going to nationals this year.

points for the region and those points also put her at 11 th in the nation.

Mellergaard's teammate, Bailey Minor, freshman undeclared. Is a competitor in both goat tying and breakaway roping. Minor secured a spot at the CNFR by finishing out

the season in eighth place for the women's all-around with a total of 935 points.

Minor tallied her points in breakaway roping by racing up a total of 517 points, finishing third in the region and 15 th in the nation. Minor also added a 10 th place total

of 272 point from the goat tying event to her total overall points.

"We are going to keep working hard and just do our best," Central freshman undecided, Minor said.

Both girls are Ellensburg natives and have competed in the famous Labor Day weekend Ellensburg Rodeo in the years past. The two will be representing Central in Casper competing in the breakaway and goat tying events.

"They are at the top of their game," Davis said. "Manda's been to Nationals before. Neither girl should have a lot of nerves. They have tons of rodeo experience, performing in front of thousands of people."

According to Davis the team will be just as good as they were this year. The team has done some recruiting this season and have new talent coming in the fall.

Central wants to wish Mellergaard and Minor the best of luck at the CNFR in June.

Rugby has great season despite rebuild

Women's rugby takes third place in the collegiate division

by Matthew Carstens
Staff reporter

As the school year winds down so do many of the collegiate sports clubs seasons. The women's rugby team can pat themselves on the back for another season well done.

"We ended probably a month ago," said Christina Zier president of the women's rugby club Christina Zier. "We did well. We had a lot of roo so we had to get them ready. Just getting them to learn the game [is difficult] because most people, when they play rugby don't know the game obviously so we had to teach them all the new rules and everything. It was a rebuilding year."

Despite having to "rebuild," Central Washington University was 4-2 in the Pacific Northwest Rugby Football Union (PNRFU). They played in the PNRFU Collegiate Women Division II, racking up 16 standing points. They ultimately earned third place in the division falling short of Washington State University and Western Washington University.

"We have a good amount coming back next year," said Christine Avera.

Zier is in her third year at Central and has seen the club grow quite a bit since she joined as a freshman.

"My first year when I started, we probably had a solid maybe 12 girls that came every day," Zier said. "Now we probably have a solid 20 that

come every day. It's grown immensely over the years. [Back then] in practice, 12 would show up, and then in games everyone would show up. But now we have a full team that shows up for practice and games."

Commitment is key to a collegiate sport club and it seems women's rugby is finally getting the commitment it takes to field a competitive club. "they are coming back from a couple tough losses and hope to improve next sea-

son" said Corey Sinclair, collegiet sports club coordinator.

The club has tried over the past years to spread the word of rugby throughout campus and it has led to a great spike in attendance.

"Posters, flyers, going to all the dorms, having a table out talking about rugby," Zier said. "Just talking, interacting with people at school and getting your friends involved. I know a lot of people that have friends that are playing. You know someone that plays rug-

by and you say, 'Oh I want to play too.'"

If one wanted to get involved, Zier suggests just showing up to a practice.

Zier's personal experience with rugby started right here in Ellensburg when her roommate asked her to come out and play. She said she loved it and has been involved with the club ever since.

Zier's responsibilities have grown since becoming club president. She is now in charge of the scheduling, out-

side of the PNRFU.

"We don't really play as many tournaments," Zier said. "Sometimes we'll get like three teams out and do a little round robin, but usually it's just games and matches. I do the scheduling for the games."

Zier went on to say, "We call the other teams and get the information on how to get there. You have to contact the refs. Each team does their own scheduling. We do all the fun games and the friendlies and stuff like that."

Windbreakers take on the sun

Central students take ultimate Frisbee to next level

by Garret Atkinson
Staff reporter

Certain sports are reserved for the time of year when the weather is warming up and everyone migrates outside. Campus becomes a playground for many sports and games that get put aside during the cold winter months. Throwing a Frisbee around is one of those.

However, some students just don't see it that way. A few years ago, students at Central Washington University started an ultimate Frisbee team named the "Windbreakers."

It was started with hopes of taking a fun and highly active game to the competitive level, and has attracted students with its social activity appeal. The competitive nature of athletic sports makes ultimate Frisbee no joke.

Over the past two years, the Windbreakers have started going to tournaments to compete as much as possible.

Many of the larger universities in the state, such as the University of Washington, Western Washington University, Gonzaga University and Whitman University now have teams, making for an increased participation in the sport.

Participation is the major focus the Ultimate Player's Association (UPA), a nation-wide organization devoted to ultimate Frisbee. It is the largest organization for ultimate Frisbee in the world, and prides itself on great sportsmanship and character, along with great competition.

The UPA now has well over 27,000 members, with just over 50 percent coming from the college level. The sport also allows a mix of male and female players, making it one of the few

competitive coed sports around.

The coach of the Windbreakers is Chris Watkins, a California native who picked up the sport while attending University of California-Davis.

After playing for an elite team for three years, Watkins moved to Yakima in 2006 with his wife who was taking a job there. He then found himself part of the local Frisbee scene after helping the Windbreakers organize.

"It was obvious that they didn't have much experience running a tournament or much experience with [Ultimate Player's Association] on the whole," Watkins said. "I kept in touch and in the fall of 2007 they asked me to come on and help them get better at the sport. That's my role now."

Senior Jeff Perkins has been a part of the Central Windbreakers for its three year lifetime. He noted the growing popularity of the sport, but made it known that finding space and time to play can be difficult.

"We have to fight for times to use the practice fields, and during the winter we try to use the indoor facilities to practice and play," Perkins said. "Most of our competition comes from the westside

schools in the Seattle area and universities all over Washington and other parts of the country."

Those who succeed have to use speed and agility to run plays and juke defenders in hopes of getting an open toss from the other players.

Making good Frisbee throws are not nearly as simple as they look, especially when trying to toss the Frisbee to someone 40 yards away at a dead-sprint.

Players drive up and down the field much like in football, passing the Frisbee around, but are not allowed to

“We have to fight for times to use the practice field.”

Jeff Perkins
Senior



Garret Atkinson/Observer

Students enjoying a round of Ultimate Frisbee on the north field by the track.

keep running while holding the Frisbee. Winning the game takes a lot of teamwork and playing competitively is tough in tournaments.

Senior Carlo Quedado started playing on the team last year.

"Playing in tournaments can be a lot of fun, but playing in Ellensburg sucks sometimes. The wind is terrible," Quedado said.

Coach Watkins also noted the misconceptions of ultimate Frisbee, and playing Frisbee in general.

"There are some challenges to starting a new program like this," Watkins said. "Building a critical mass of people committed to practicing and playing and growing together as a team.

Overcoming some of the popular misconceptions about ultimate Frisbee; it's played with dogs, only hippies play Frisbee, it's something you play barefoot on the beach and isn't a real sport. Getting recognition and support from the administration as a legitimate club sport, those are all challenges."

The ultimate Frisbee program is growing, and with an established team now, the Windbreakers plan on adding tournaments and traveling to their season.

Although their season for tournaments is over, they will be back in the fall looking for more talented students interested in playing at a competitive level.

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Students challenge their limitations

by Elizabeth DeVos
Staff reporter

Between 5 and 7 p.m. on Wednesday nights, Central Washington University students and staff have the opportunity to push themselves at the weekly challenge.

"The weekly challenge is a basic introduction to the challenge course," said Ryan Hopkins, Outdoor Pursuits and Rentals (OPR) coordinator. "The challenge course is more for scheduled groups."

The weekly challenge will allow participants to get a feel for what the actual challenge course is like.

Anyone can participate in this weekly event, and there is no limit to how many people can partake, just be prepared to be challenged and push yourself to new limits.

"I really wanted to try something new," said Ian White, freshman undeclared. "I saw the flier around campus and was interested so I looked into it online."

Other students have found out about the weekly challenge by going into OPR.

"I went in to ask about rafting and saw the flyer sitting there, signed up and then got people to come," said Taylor Trautmann, junior chemistry major.

Many students suffer from a fear of heights, but by attending the weekly challenge with OPR, that fear may disappear.

"I wanted to do the challenge course to get rid of my fear of heights," White said. "Once you get up to the top, people are telling you to let

go. You don't want to trust them to belay you down safely but you have to."

The weekly challenge occurs every week, rain or shine unless the wind is too strong, making the course dangerous. Participants need to wear sturdy shoes and clothing that they can be active in; no challenge course experience is needed.

"Participants just need to show up with a good attitude and closed-toed shoes," Hopkins said.

Many students have participated in the weekly challenge that runs fall and spring quarter.

"I already plan on doing it every week, it's only \$5," White said. "With it getting hotter out, more people are doing the challenge. One week there was only two of us."

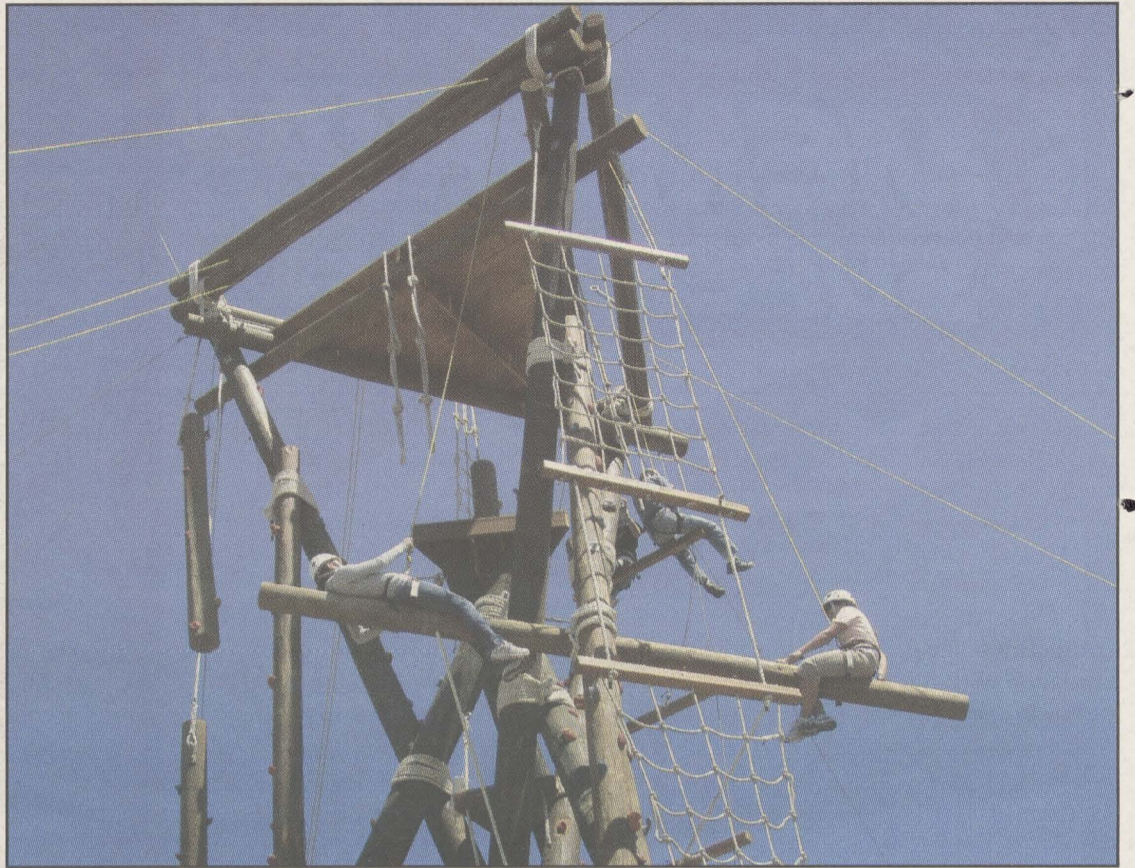
Anyone can participate no matter what their physical abilities are.

"I'll probably be too afraid to do anything and get stuck," Trautmann said. "I will have to tough it up and keep climbing."

The challenge course can be reserved for groups. They can get to pick what challenges they want to do ranging from low ropes to high ropes. These group sessions range from two and a half to eight hours.

During the weekly challenge participants get a taste of the high ropes course. The low ropes course is only available if a group schedules it in advance.

If interested in participating in the weekly challenge, reserve a spot at OPR or arrive at the challenge course at 5 p.m. with \$5.



photos courtesy of OPR

Students participate at one of the weekly challenges. The course sits at over two stories high and is intended to build team cohesion, and strengthen, self confidence and conquer acrophobia (fear of heights). The course is designed for any skill level and can be divided into a two and a half, four or eight hour programs. See OPR for dates and times of the weekly challenge course.

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