PETITIONS WALKOUT PETITION FOURTEEN PERCENT AWARENESS WORK FUTURE STUDY CUT CENTRAL ISSUES STUDENTS JAMES GAUDINO FUTURE TUITION INCREASES BUDGET BOD ASCWU CUTS SENATE BILL 6562 VOT ON STATE FEBRUARY TUITION HIKE HOUSE 2946 DECISIONS BUDGETS HIGHER EDUCATION PERCENT CHRISTINE GREGOIRE $6289 PER YEAR WALKOUT AFFAIRS POLITICAL BOARD OF TRUSTEES WORK STUDY STUDENT VOICE UNIVERSITY TUITION INCREASE WORK STUDY STUDENTS FUTURE PERCENT 14 FOURTEEN HIKE AWARENESS STUDENTS CUT LEGISLATION SENATE BILL 6562 14 PERCENT WALKOUT BOARD OF TRUSTEES STATE OF WASH-
For a second year, students will walk out of class Friday to protest a second proposed 14 percent tuition increase and two bills being debated in Olympia.

Organized by the Associated Students of Central Washington University Board of Directors (ASCU-WU-BOD), in conjunction with the Washington Student Association (WSA), the walkout will be on Nov. 2 and requires students to be present on campus in person.

“We’re trying to get students aware of what’s going on and let their voices be heard,” Brian Peterson, ASCU-WU-BOD vice president of student life and facilities.

Students will meet at noon on the west patio of the Student Union and Recreation Center, and walk to the Board of Trustees meeting to be held Thursday, where they plan to pitch the meeting room as trustees debated a 14 percent tuition increase.

In addition to the two bills being debated by the legislature, a second 14 percent tuition increase is possible, raising resident undergraduate tuition $772 to $8,628 a year.

The WSA is promoting the statewide walkout. On Problems Day, Feb. 13, the WSA will host the annual Lobby Day event in Olympia. The ASCU-WU-BOD will provide a bus to transportation to and from the event.

The companion bills, sponsored by Sen. Dean Wilson, D-Gig Harbor, and Rep. Katrina Hagar, D-Shelton, would shift the power of setting tuition increases to each university’s board of trustees. The state’s three largest public universities - University of Washington, Washington State University and Western Washington University - have followed closely in favor of the bills.

For political and financial reasons, the House bill has been held Jan. 20. The House bill has yet to have a public hearing, and plans are three flash mobs events Tuesday and Thursday in the SURC. Students can also sign up in the ASCU-WU-BOD office to ride the free bus to Olympia on President’s Day. The Central branch of the Washington Student Association also has a group on Facebook and a YouTube account.

GET UP, STAND UP: Students gathered at the Board of Trustees meeting last May to protest the proposed 14 percent tuition hike. Protesters will meet this Friday at noon on the ASCU-WU-BOD west patio.

Q&A with Student Association (WSA) spokespersons: There is no group at fault for the rising cost of education, Barry said, but the goal is to ‘let the pot.’

“Of course it’s not entirely the board of trustees’ fault and it’s not the faculty’s fault,” Barry said.

Barry said he was working with Peterson and Megan Hammond, ASCU-WU-BOD vice president of academic affairs, to motivate students to follow their elected officials.

“People have to pump up about it,” Barry said. “I want people to say. The person I didn’t look after is screwing me over in the legislature.”

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Follow us on...

I love to write and I assure you I write regularly, but I write for myself, for my own pleasure and I don’t want to be left alone to do it.

On the contrary, if you visit the right off with a nice double shot round of good sake, Admiral Nelson, and two Red Bull and vodka shots and know your chances of spending the night in the bathroom are about the same. When people get sick after consuming a Real Braw and a large amount of vodka, they accuse of being the order in which they had the drinks. What probably happened is that they had too much alcohol. So if you choose to drink too fast, you are drinking too much of any liquor.

Unfortunately, it doesn’t treat what alcoholics and students need. A drink is a drink and too much isn’t necessary and probably will make you sick. As I use it, the more you drink, the more you start to tear, the same reason that I don’t need to do a drink and don’t drink it and don’t drink it and don’t drink it. That’s over.

Amanda, is the saying “Laughter before beer, you’re in the clear; beer before liqueur, never sick?”

I do love the knowledge I’ve gotten from alcohol. If we learn one thing, hopefully it’s how to drink. I think over time, the saying is a myth. So I’m standing up.

Even though some students may think otherwise, the truth is, alcohol affects everyone differently. Are too much to drink. What probably happened is that they had too much alcohol.

The Washington Student Association also has a group on Facebook and a YouTube account. Students can visit www.wastudents.org to sign up in the ASCWU-BOD office to ride the free bus to Olympia on President’s Day. The Central branch of the WSA is promoting the statewide walkout. On Monday, an event was held in the SRC where students were able to check their outstanding loan balances and speak in a video to legislators about how higher tuition and lower financial aid seems to be affecting them. About an hour into the event, four students with a combined loan balance of $11,920 had participated.

“Funding for higher education hasn’t been a priority for the past 10 years,” she said. Students themselves however should rally together, because the higher the number of students the more impact they will have on getting the message across to legislators who are making the important decisions about their future.

“Students have a very powerful voice in Olympia,” she said. The Future Teachers of America Scholarship and the Washington State University Board of Trustees meeting to make sure the trustees know the students’ hearts,” said Jack Barry, ASCWU-BOD Vice President for Political Affairs.

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There are a series of upcoming events on campus where students involved in knowing what is going on in legislative matters. On Friday Feb. 5, there will be a Walk Out for students to rally against budget cuts. "It’s almost an excuse," said John Drinkwater, senior director for Campus Life. "We stop doing that we are good students. It’s not. We assume lots of work, it’s very hard. They accuse of being the order in which they had the drinks. What probably happened is that they had too much alcohol. So if you choose to drink too fast, you are drinking too much of any liquor.

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Even though some students may think otherwise, the truth is, alcohol affects everyone differently. Are too much to drink. What probably happened is that they had too much alcohol.
Last Thursday, during the annual state of university address, Central Washington University President James Gaudino stood in front of approximately 220 students and faculty in Central's music building recital hall and explained that Central cannot stand by and let things continue the way they are. "I believe if current economic conditions and political priorities prevail, all of our state's universities will likely see a long period of declining quality, access, and affordability if we continue business as usual," Gaudino said.

Gaudino mentioned throughout his address that there was a storm ahead of the university; the storm he referred to was the immense budget crisis that Central is facing. "Yes, there is a storm—a long, dark storm that, truth be told, frightens me," Gaudino said. "As I see it, we have three choices: one is to retreat; another is to strap ourselves in and wait out the storm. The only done in the past, but rather what Central should do going forward. Gaudino said there are five basic steps the school should make that he likes to call "battening down the hatches." "One, we will fully implement and honor shared governance. Two, we are harnessing our information systems to enable data-driven, collaborative decision making. Three, we are building realistic budgets and fiscal goals. Four, we are enhancing our system of assessment. Five, we must integrate planning, assessment and budget," Gaudino said.

According to Gaudino, problems and opportunities do not just belong to students or faculty, but students and faculty, and that is called shared governance. Vice President of Business and Financial Affairs Bill Vertrees was already directed by the president to make changes to Central's outdated information system in order to fully implement a more effective information system. Vertrees' department is also creating new budget models and spending reports to realistically show the fiscal activities of the university. Assessment is important in a university, so the president has asked his four vice presidents to create programs of assessment for each of their departments. Then the university must combine all of them to get ready for the storm.

CONTINUED ON P.7

McNair Scholars Program
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www.mcnair.cwu.edu/summer

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Applications are due February 12, 2010
Award of one thousand dollars in CWU Scholarship Office, 400 E, University Way, Ellensburg, WA 98926-7516 Phone 509-962-2869 by 5 pm Friday February 12.
The Tuskegee Airmen, who triumphed over discrimination in World War II as the first African American military aviators, are bringing their message of perseverance to Central Washington University at 6:30 p.m. on Wednesday Feb. 10 in the Student Union and Recreation Center (SURC).

The airmen faced unfair laws, social tension, segregation and racial hatred while protecting their country. Despite fighting in more than 200 combat missions and not losing a single fighter pilot, the airmen did not return to a warm welcome. Some were even harassed. Their triumphs remain.

"Everything those guys did didn't come to light until the late '50s," said Tommie Lamb, president of the Sam Bruce Chapter of the airmen in Seattle. "We've got all of this history, but very few people know about it, black and white."

According to the Center for Student Empowerment, the history of the Tuskegee Airmen is almost unknown to some generations. All of their work and commitment to equality, being spot on while in uniform, having their achievements unrecognized and their determination to rise above all, is about to be lost as the last remaining airmen members age deep into their 80s.

LT. Colonel Lee A. Archer, the only African American of the Tuskegee Airmen to earn ace status and master pilot, is set to take the stage Wednesday at 6:30 p.m. as part of Black History Month events. A briefing will be held earlier in the day.

"I am proud to say that the designer of our mascot obviously had a better education," said Patrick Lewis, senior anthropology major. "I like Wellington," said Patrick Lewis, senior anthropology major. "But mascots always suck, so it's not like the bar is set too high."

Yet, others think Central's mascot is "a symbol of school pride some people just don't like mascots in general. "I like Wellington," said Patrick Lewis, senior anthropology major. "But mascots always suck, so it's not like the bar is set too high."

For more information contact the Center for Student Empowerment at studentempower@cwu.edu, or feel free to drop in at the center located in the SURC in room 250.

Tuskegee Airmen WWII heroes
First African-American military aviators land at Central

TUSKEGEE AIRMEN Members of the 332nd Fighter Group attending a briefing in Barielli, Italy, March, 1945.

PHOTO COURTESY OF U.S. LIBRARY OF CONGRESS

Tuskegee Airmen

Who: First African-American military aviators speak about triumphs

When: Wednesday, Feb. 10 at 6:30 p.m.

Where: SURC Ballroom

A look inside the suit
Three Central students share duties of Wellington

He's at every sporting event and large function at Central, flexing his furry muscles with every score and cheer. His name is Wellington, and as our mascot, he is a symbol of our school's pride.

The mysteriousness of Wellingtoningers on Central's campus. A dancing person in a Wildcat suit, one can only wonder who exactly he or she is.

"I have no idea who the man, or woman, behind the Wellington Wildcat mascot suit is," said Rohan Naldrett-Jays, senior aviation management major.

Students may think there is only one Wellington, but starting this quarter there will actually be three Central students sharing the responsibility as Central's most recognizable icon.

This trio of spirited students work throughout the school year to show their Wellington Wildcat pride. They split the time in the suit according to their daily schedules.

"I like all the freedom," said Wellington. "When you're in the suit no one knows who you are."

As Wellington, you do get privileges with the suit. For example, at the Battle of Seattle, Pat Lewis, senior anthropology major, was one of the groups that have stood on Qwest Field and in the locker rooms, where professional football players suit up.

"I got to see the back areas of Qwest Field . . . a lot of people haven't done that," Wellington said.

The Associated Student Body and others involved in the screening and hiring process are committed to mixing it up when it comes to Wellington.

"We have a more diverse group than we have had in the past," said Anthony Peterson, senior sociology and law and justice major and vice president of Student Life and Facilities.

For the first time since his inception, Wellington will be wearing a basketball jersey and shorts to the basketball games this winter. Traditionally, he wears a football jersey and pants.

Students may have mixed feelings about Central's mascot. Although Wellington is a symbol of school pride some people just don't like mascots in general. "I like Wellington," said Patrick Lewis, senior anthropology major. "But mascots always suck, so it's not like the bar is set too high."

"Standing up against adversity means everything," Hickman said. "It took a lot of hard work."

The Tuskegee Airmen were brought to Central as a highlight of the celebration of Black History Month. Because February is Black History Month, the demand for the original airmen's presence at events has been rising and they are difficult to book, Lamb said.

"These folks served in the military in a time where African Americans were not allowed . . . who would [have thought] that they would have the intelligence and or the audacity to think that they could fly planes," said Michelle Cyrus, assistant director of the Center for Student Empowerment. "It's a story that people need to know."

On July 26, 1948 President Harry Truman issued Executive Order 9981, which established equality of treatment and opportunity in the United States Armed Services. Then on March 29, 2007, nearly six decades since their WWII mission, the Tuskegee Airmen received the Congressional Medal of Honor.

"They were told 'never will you guys be able to fly a plane' and then you look at their history and see what they did after the opportunity was given to them," Lamb said. "It brings tears to your eyes and joy to your heart."

For more information contact the Center for Student Empowerment at center@cwu.edu, or feel free to drop in at the center located in the SURC in room 250.
Let's talk about sex, baby
Sexual Responsibility Week brings passion parties, sex talks to student body

BY KELSEE DODSON | Staff Reporter

Passion parties, racy sex talks and a giant bed in the Student Union and Recreation Center (SURC) — that's what's in store for Central's Sexual Responsibility Week.

From Feb. 8-12, the Wellness Center will be hosting a week aimed at promoting safe sex to students who choose to be sexually active. Not only will students be educated about safe sex practices, but they will also have the chance to absorb important, general information about sex.

"I just want students to be aware that having sex is fine, just practice it safely," said Amanda Sell, junior public health major and coordinator of the event.

The Wellness Center hopes to show how to prevent pregnancy and sexually transmitted infections (STIs). Also, organizers hope to encourage students to have healthy relationships. The importance of talking to their partner about sex and their intimate relationship is also a vital point the center hopes to get across.

There is an event planned each day that will help bring awareness to students in a fun and creative way.

"I just want students to have fun and not do the same old boring 'walk by my table and win free prizes,'" Sell said.

Starting Monday, there will be a large bed near Cattrax East in the SURC that students will be able to sign their names on. This is to show how easy it is to get into bed with someone and not know who else has been there before you.

At 7 p.m. in the SURC Pit, Central will host its first annual dating game. Anyone can participate, from singles to people in relationships. This game resembles the 1960's Newlywed game.

Tuesday from 10 a.m. to 2 p.m. there will be a table event in the SURC called "Food For Thought," which aims to dispel common sexual misconceptions young adults have.

Kate Sansom, senior public health major, thinks that not only will "Food For Thought" be successful, but so will the whole week.

"It will be successful by saying it's okay to be sexually active," said Sansom. "But you should know the importance of protecting yourself.

At 6 p.m. Wednesday night in the SURC Pit, any questions or concerns about sex will be answered in an event called "Sex Talk," which closely resembles "Sex Talk With Sue Johanson."

Jennifer Lehmeck, Ph.D., public health and health education professor and Kris Espinoza, health education professor, will lead the discussion. Students will have the opportunity to ask questions, or just sit and listen. Either way, it is a chance to become educated and aware of sexual responsibility.

"We're not trying to scare anyone, we're just trying to be open," said Andrea Easlick, health educator in the Wellness Center.

On Thursday, a passion party will be held in room SURC 301, which will be hosted by Pure Romance.

The Wellness Center decided to bring the event back this year since it was so successful last year. Anyone is welcome to attend. There will be free gifts and discounts on many of their products.

On Friday, the "Safer Sex" wheel will be displayed in the SURC. Organizers are asking students to stop by and spin the wheel to win prizes.
Laughing and joking with students before class, Richard DeShields starts up the power point with the word "androgyne" lighting up the projector screen. So begins another lesson in human sexuality.

Stepping out from his desk to the center of the room, DeShields opens the class with his Texas accent. Spreading his arms wide, he explains that at one side of his spread arms feminine traits and the other is masculine, and that we all have some of both. The students decide to place DeShields in the middle; many but in touch with his feminine side too. As a teacher, housing director and friend to many students, DeShields has a knack for relating to all things student.

DeShields has been the senior director of University Housing and New Student Programs for the past four years. He came to Central in 2002 and worked as the director of residence life and the assistant director of housing. Never in his office for long, DeShields can be found in the residence halls or walking through campus daily. Known for his dedication to housing, DeShields immerses himself in his work entirely and makes it a mission to be on campus working for students.

"His job is such a lifestyle for him, it's not just something he does in the hall," said Jenna Hyatt, director of residence life and new student programs. "For him it's not just a job, it's a really fun and yet appropriately serious." Unlike most faculty, DeShields has chosen to live on campus for almost the entire time he has been at Central. He currently lives in the Getz-Short apartments, but has lived in Brook Lane and Anderson Hall as well. DeShields admits that some of his colleagues think he's crazy for living on campus, but he enjoys it and feels it's necessary to stay in touch with students.

"I do believe it helps me have a better pulse on what I do and it helps me relate to students experiences," DeShields said.

DeShields has been involved in housing ever since he was a student and residence advisor at Texas Tech University. A native of Texas, DeShields had always been an excellent student and was the first in his family to attend college. DeShields majored in communication and elementary education and taught second grade for a year before he decided to pursue his master's degree at the University of Central Arkansas. Going back to school, DeShields worked as a hall director and a residential college director where he cultivated his passion for students and housing.

After receiving his masters in community counseling and education from the University of Central Arkansas, DeShields began job searching in the Pacific Northwest, a region he always wanted to live in. "People here value family and community and people seemed to be close knit so I knew I wanted to live in the Northwest," DeShields said.

As the senior director of housing, DeShields responsibilities include ensuring that students have quality living environment and to keep the costs of housing low. Besides managing housing, DeShields also teaches the human sexuality course for the department of family and consumer sciences. Jenna Trotman, sophomore undeclared, met DeShields through the Residence Hall Association and is currently taking his human sexuality course. "I'm impressed that he has communicated at this level," Trotman said. "He's to be taken seriously at times, but he has a lot more fun than serious moments." Trotman added, "He's someone I aspire to be like. He sees more in me than what I see in myself."

DeShields enjoys teaching and believes his class can help students deal with real life issues. "Some people think it might be a fluff class because there are funny moments, but I do think a lot of students learn," DeShields said.

When not teaching or working DeShields spends most of his free time going to events and student programs on campus. "I go to a little bit of all of them, because I'm not an athlete I'm not as inclined to go to athletic events but I still do go...I try to go to programs when students invite me," DeShields said.

With no family in Ellensburg, DeShields is able to devote his energy and time towards interacting with students and staff. He uses methods like Facebook and AOL Instant messenger to ensure students can easily provide feedback on their housing concerns.

DeShields believes that students at Central often sell themselves short and consider themselves not as competitive as students that go to larger universities, but he disagrees with that. "I have a personal mission to help students here know that they are just as good and just as smart and I know this by interacting with them by having them in the classroom," DeShields said. "Students here at Central need to not sell themselves short."

DeShields is also the president of the Northwest Association of College and University Housing Officers, a volunteer organization dedicated to coordinating and sharing ideas between university housing.

"In the big picture of what we do, he has a big name for himself out there and that really reflects back on Central because of all the hard work he's done nationally," Hyatt said.

In the future DeShields would love to stay at Central, but he has a professional goal to someday become a vice president of student affairs and enrollment management and possibly a president of a university. His next goal is to finish his doctorate but he is not sure when that will be.

"I know that regardless of when it is, I'll always have a positive view of Central," DeShields said.

Richard DeShields Senior Director of University Housing shows off the Wendell Hill Hall floor plan, donning a hard hat and glasses to protect him from the elements.
TRACE BUNDY
Guitarist pushes musical boundaries

BY AMANDA MILLER | Senior Staff Reporter

Ten-year-old Trace Bundy didn’t have肌肉ulaske time on his mind when he and his brother pooled their money to buy a guitar. He couldn’t afford guitar lessons but that didn’t deter him from pursuing his newfound fascination with music. He bought a copy of Guitar Player magazine and taught himself to play the five heavy metal songs within.

Bundy, who performed last Monday at CWU’s commonly known as the Acoustic Ninja. He really liked ninjas as a child and often dressed as one for Halloween. He later titled one of his songs, “Acoustic Ninja.”

“When I named it that I thought it was a funny combination of words that don’t usually go together,” Bundy said. “I was in no way referring to myself, but it eventually was used to refer to me.”

Bundy began his performance by “warming up” with his song, “Porch Swing.” He played both melody and bass on his new Breedlove guitar, using the long fingers of his right hand in a pick and occasionally strumming the strings with the heel of his hand. The result left listeners looking for clues as to how he was able to create and maintain together so many sounds at once.

If you look really close, he’s got 15 fingers,” said Scott Drummond, director of campus activities.

Bundy continued to amaze his audience with Pachelbel’s Canon and his own “Love Song,” which he wrote to remind himself to play out of love. “It doesn’t always feel like a passion,” Bundy said. “At the end of a long tour it feels like hard work.”

Despite the hard work, Bundy finds ways to play with music. He derived into the world of backwoods music and played an old Irish hymn backwards. While he played, he pressed “record” on his keeping device, then because “two backwards equal a forwards,” he played his recording reverse and out came “Cumbia.”

Another way Bundy plays with music is by creating melodies. He performed U2’s “Olives (Tribute Medley),” which included songs from the late ’50s through the early ’60s, such as “Pretty in Pink,” “Vietnam,” and “Young Ma’am.” Thanks to Bundy’s encouragement, a few audience members sang along in various songs and threw their hands up for “YMCA.”

Bundy dedicated his next song, “Refugee,” to the refugees in Haiti. He wrote it after spending time with refugees in Seattle. At the start of the song, he put three capos on the neck of his guitar. Capos are small clamps that hold down the strings toward the end of the song, he stripped off the capos and kept playing. This was representative, he said, of refugees who, despite being stripped of their home and possessions, continue to live, to play on.

Bundy went “back to his roots” with his next song, “One,” by Michael Jackson, which he learned to play when he was 10 years old.

“I don’t totally remember how to play it on guitar,” Bundy said. “So I’ll play it on my iPhone.”

Using an iPhone application, Bundy stood to perform this song for a more “rock and roll style.”

Before playing his next song, “Dueling Ninjas,” Bundy apologized for the violence to come. His right and left hand would bind during this song, he said, but promised it would end in a hug. Per his request, the audience “rove ed” when his hands “hugged” at the end of the song.

That was the favorite song of James Carr, senior film and video studies major. Carr came to Bundy’s performance dressed ninja-style, with a black t-shirt wrapped around his head. He grew up in a music-influenced environment and enjoys coming to Bundy’s performances.

“It’s fun to see what can be done,” Carr said.

Bundy rarely sings but honored a request to perform “It’s a Mile,” by James Brown. He even threw on a grey beanie to get in the mood as he rapped to the sound of his guitar. Audience members burst into applause when they recognized the song and faces scrunched up in laughter.

Bundy said he has a horrible string voice and used to think it would hold him back musically.

“Because I have a bad voice, I put all my energy into playing the guitar,” Bundy said. “When I thought a verse really turned out to be a blessing in disguise.”

Bundy’s lack of lyrics makes choosing song titles difficult, so he relies on mental imagery he gets while playing or will name songs after cities he played in or events that happen while he travels. He has performed across the globe, from Asia to Africa to Central America, all over Europe, and in the United States and Canada.

Bundy also travels to a remote village in Guatemala on occasion to visit the family he and his wife sponsor through Agros International, an organization that fights poverty. He enjoys interacting with the residents, who mostly speak an old Mayan language, and plans to return there soon after his performance at Central.

Bundy said that Central is one of his favorite colleges to perform at because the students and community members are “amazing.”

As long as people that keep coming to the show, I’ll keep coming back,” Bundy said.

Mitch Melin, a 22-year-old carpenter, has seen all four of Bundy’s performances at Central and brought his video camera with him to record the show. He loves watching Bundy’s dexterity as he uses both hands on the neck of his guitar.

“If you haven’t seen him yet, come next year,” Melin said.

To learn more about Trace Bundy, visit his Web site.

www.tracebundy.com
A play based on the beloved Peanuts comic strip, "Dog Sees God" infuses what the gang would be like as teenagers. Drugs, sex and suicide surround the characters as they come to grip with their own identities.

The play is not officially affiliated with Charles M. Schulz, the creator of the comic strip, but instead writer Bert V. Royal used different names for the characters to avoid copyright infringement. The story starts after CB's (Charlie Brown) dog dies of rabies. It follows CB, CB's sister (Sally), Van (Linus), Matt (Pig-Pen), Beethoven ( Schroeder), Tricia York (Peppermint Patty), Marcy and Van's Sister (Lucy).

"Everyone can relate to one of these characters," said Ali Doyle, senior theatre major and stage manager. "These are things that are really happening."

Director, Kathryn Stahl, senior theatre major, saw this play as an opportunity to reach out and identify not only with the students at Central, but also some of the high school students who may be struggling with their own identities.

"Many of these things are so common in today's society," Stahl said. "Especially for younger kids."

The production has little faculty involvement and is primarily student-run. This proved to be a learning experience for many of the students participating in the show.

"It's been interesting," said Patrick Polain, junior theatre major and the role of Beethoven. "It teaches you a lot about how to work and a lot about yourself."

Sam Shields, senior theatre major and costume designer, helped with last quarter's "Stop Kiss" costumes. From there she was allowed to take on all of the costumes for "Dog Sees God" and has seen it as a good growth experience.

Stahl was in New York for one of the weeks of production and the students had to run through rehearsals with no director. A few faculty members were there to help, but it showed the students how much they could accomplish on their own.

The actors have also been able to refine their work as well. Lauren Pearsall, junior theatre major and understudy, has been given the task of learning all four female characters.

"She has to be able to take over in case any of the female leads cannot perform."

"It's definitely been a new adventure," Pearsall said. "Because usually understudies only do one character."

The male and female understudies will be able to perform one of their characters with the rest of the cast on the Sunday performance of the show.

The consensus on the rehearsal set was that this show is meant to showcase the difficulties with coming to terms with one's own identity. Teenagers and young adults face a variety of challenges on a daily basis and the cast hopes this play will help at least one person realize that it is okay to be themselves.

"I want this show to be for that one kid, that one day who shows up," Stahl said. "I think that's very important." Performances of the show are Feb. 4-6 at 7 p.m. in Hertz Auditorium. Tickets are $8 general admission and $5 for Central students with ID.
Bring on the bands

Diamonds Under Fire, Ecstasy in Numbers bring on the heat

BY JOHN BARAN | Staff Reporter

Hoping to give Ellensburg a taste of different music, Raw Space will be hosting two unique shows this weekend. At 8 p.m. on Feb. 6, Ecstasy in Numbers is coming to showcase their unique jazz-fusion music. At the same time and venue Feb. 8, Diamonds Under Fire is performing their grunge infused style of music.

“We are a mix,” said Garry Williams, drummer from Ecstasy in Numbers. “It’s funk, fusion and more.”

Each member of Ecstasy in Numbers uses the talent they possess as the driving forces behind the music. It is common to have unique bass fills, soulful guitar solos and riffs, fascinating drum fills and interesting rhythms to create multi-layered songs, taking influence from musicians such as Pat Metheny, Jeff Beck, Allan Holdsworth and Rush.

“Each performance is a journey,” Williams said. “It’s never the same night twice.”

Ecstasy in Numbers originally formed in 1986, when Williams met guitarist, Mike Mattingly, while attending Central. The band got back together in 2001 and has performed in numerous clubs in Seattle since reuniting.

According to Williams, each performance relies heavily on how the crowd reacts.

“The audience is a major participant on how we play,” Williams said. “From kids to seniors, everyone is blown away.”

Also performing at Raw Space is the one-woman band, Diamonds Under Fire. Opening the show will be Kyle Smeback, a local acoustic act.

Vanessa Silberman, the sole member of Diamonds Under Fire, uses her hypnotic voice, combined with clean and heavily distorted guitar riffs, and driving drum beats reminiscent of 90's grunge to create a distinctive sound. She is currently listening to a lot of hip-hop but claims to love all kinds of music.

Diamonds Under Fire started in 2001 and has since shared the stage with many notable acts such as Rachel Cantu, Elle Macho, Mr. Gnome and numerous others. Silberman was also featured on Guitar Player Magazine in June 2007.

According to Silberman, she plays almost all the instruments on her record but may have another musician accompanying her at the show.

“Diamonds Under Fire is not like anything else right now,” Silberman said. “If you don’t come you’ll be missing out on a good time.”

The Ecstasy in Numbers show will cost $5 and Diamonds Under Fire will cost $10. Both performances are at Raw Space, a performing arts venue located at 119 E. Fourth Ave.

For more information on Diamonds Under Fire, visit her Web site at: www.diamondsunderfire.com

For more information on Ecstasy in Numbers, visit their Web site at: www.ecstasyinnumbers.com

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CMJ Top Ten

The latest tracks you should download (legally).

1. “Zero”
   by Yeah Yeah Yeahs
2. “The Rake’s Song”
   by The Decemberists
3. “This Tornado Loves You”
   by Moko Caza
4. “Snoekered”
   by Dan Deacon
5. “When I Grow Up”
   by Fever Ray
6. “Nothing To Worry About”
   by Peter Bjorn and John
7. “Take My Heart”
   by Black Lips
8. “Never Had Nobody Like You”
   by M. Ward
9. “All We Want, Baby, Is Everything”
   by Handsome Furs
10. “Doniel”
    by Bot For lashes

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Winter Wedding and Event Expo
Event showcases what local businesses can offer

BY LURA TREIBER | Staff Reporter

Planning a wedding, class reunion or other large gathering can be very stressful and time consuming. There are many parts to these events that need to be taken into consideration, food, decorations, invitations, seating and much more.

To help in this process, Central Washington University's Student Union Operations is putting on the 2nd annual Winter Wedding and Event Expo from 11 a.m. to 4 p.m. on Saturday, Feb. 6 in the Student Union and Recreation Center Ballroom.

This event will bring together local businesses that provide services often needed to put together a party or wedding.

"It's kind of like a one-stop shop," said Amy Alder, scheduling and marketing supervisor for Student Union Operations. "We want to put brides and other people in contact with people they might not realize provide services.

There will be at least 44 vendors showcasing their products this year, up from 30 in 2009.

Vendors will include catering businesses, florists, photographers, event planners and hair stylists. Many of the vendors are local Ellensburg businesses, but there will also be businesses from the Yakima and Wenatchee Valleys.

"If you are planning on having a wedding or event, this will give a good representation of what's available in the area," said Cherie Wilson, associate director of Student Union Operation. "It allows students to see what downtown offers."

Admission will be $3 per person, $5 per couple or pair of individuals, and children 12 and under are free. Parking is also free.

"It gives them a chance to meet [business owners] and get to know them a little and decide if they are right for them," Alder said.

There is a new addition to the expo this year - wine tasting brought to the event by Gifts of the Vine, an Ellensburg gift and wine shop. Attendees will be given two scrips as door prizes for wine tasting.

"I'm trying to expand my business and I thought it was a great opportunity to expand to new people," said Linda Schantz, owner of Gifts of the Wine. "It is another opportunity for us to participate at the college and make that connection."

At the expo, Schantz will be giving out wine samples to attendees with scrips. Attendees will also be able to register for gifts.

In addition to wine, which mainly comes from the Pacific Northwest, Gifts of the Vine carries wine accessories such as glasses, women's accessories like handbags and jewelry, and foods that go well with wine, such as cheese.

"[Attendees] will see what Ellensburg has to offer," Schantz said. "They don't have to go to Seattle to have a wedding or plan for a wedding."

The Wedding and Event Expo also gives the university a chance to showcase some of the resources that are available to those planning an event.

The SURC Ballroom was chosen as the place to hold the expo not just because it is a large room, but it is also suitable for holding events such as weddings.

"It allows students to see what downtown offers," said Wilson.

At 4 p.m. on Sunday, Feb. 7 in the concert hall, Central's music department, in collaboration with the Women's Suffrage Centennial, will host a concert called The Woman's Voice in Music. The concert will not only showcase faculty at CWU.

The concert will also spotlight women in a once male-dominated vocation according to Jeffrey Sne­deker, professor of horn.

Every month for this academic year, Central is putting on a program in celebration of the Women's Suffrage Centennial.

This concert is an opportunity for students and community members to hear the talents of the music department first-hand.

The concert will consist of varied musical styles and sounds from voice to brass. According to a press release, the compositions will be women who are known locally, regionally and internationally.

"It's really nice to explore the female voice repertoire," said Nikolaas Caiole, director of orchestras.

"I've never really looked at this repertoire before, I usually choose male composers." Caiole said.

"It's really nice to explore the female voice repertoire. I've never really looked at this repertoire before, I usually choose male composers." Rebecca Clarke, according to Elaine Ross, coordinator of music theory and composition, two of her own compositions will be performed. Most of the composers are lesser known or up-and-coming composers.

"The pieces were chosen by various faculty on their own," and were also chosen if they thought that it would present something interesting to be heard," Sne deker said.

"The pieces were chosen by various faculty on their own," and were also chosen if they thought that it would present something interesting to be heard," Sne deker said.

Pieces will range from jazz, pop, classical, traditional and avant-garde. In all, 15 music faculty members will perform.

Faculty was asked if they would be interested in performing in this production at the beginning of the school year.

Many of the faculty have been working for months to prepare for this concert.

A few years back, Spencer had performed the four short pieces she and Barbara Pickett, professor of piano, will be performing at the concert.

"It's really great to be able to showcase talent like Lori Laitman," Spencer said.

According to Sne deker, the revenue from the concert will go towards supporting the Performing Arts and Presidential Speaker Series, as well as future scholarships for music students.

"You will hear a great variety of music and a lot of variety from our faculty," Caiole said.

Tickets for the event are $15 for general admission and free for Central students with their identification card.

Woman's Voice in Music
Concert held in honor of women's suffrage centennial

BY ELIZABETH DEVOS | Staff Reporter

At 4 p.m. on Sunday, Feb. 7 in the concert hall, Central's music department, in collaboration with the Women's Suffrage Centennial, will host a concert called The Woman's Voice in Music. The concert will not only showcase faculty at CWU.

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On Tuesday, the nominees for the 2010 Academy Awards were announced. This year, the academy chose to nominate 10 films for Best Picture instead of the normal five. I guess they chose to go back to some of their roots and add more nominees, but I think it would have been fine to stick with the five.

A variety of films have been nominated and all of them have won various awards, though most of them for individual actors, actresses or other more technical aspects of film. The ten films nominated are: Avatar, The Blind Side, District 9, An Education, The Hurt Locker, Inglourious Basterds, Precious, A Serious Man, Up, and Up in the Air.

Since I think it was unnecessary for the academy to nominate 10 films, I chose the films that should have been left out of the running: The Blind Side, District 9, A Serious Man, and Up. The Blind Side is a heart-warming tale of a troubled young man who is taken in by a loving suburban family, and eventually becomes a successful NFL player. It is a good film but the nomination is surprising to me. The main thing I realized is that the voters to do it again.

The Coen Brothers' latest film A Serious Man, is a dark comedy centered around Larry Gopnik (Michael Stuhlbarg), a professor whose life begins to unravel as things begin to steadily move downhill. Although it has a compelling story, I think some of the darkness and unrelatable characters keep me from including it with the rest of the films.

District 9 was somewhat of a surprise to the film community and proved to be a very powerful movie. A race of aliens is stranded and forced into an impoverished compound in South Africa but they soon find an ally in a government official who is infected by their biotechnology. The film got great reviews and viewers took a liking to it but of the nominees, this twist on the modern sci-fi thriller, just barely missed the mark. District 9 was a good film but just not good enough.

Obviously I only decided to leave out four films because the fifth film I really want to leave off is Avatar - but as the frontrunner to win the award, I felt I had to leave it on the list. Despite the love affair America and the rest of the world have with this film, I do not think it deserves Best Picture.

I cannot deny that Avatar has changed visual and special effects forever. The world that James Cameron created is stunning and unbelievable and had me completely engrossed in the film, but groundbreaking effects are not enough to award this film Best Picture. The story has glaring similarities to Dances With Wolves and Fern Gully, the dialogue is cheesy and cliché, and the characters are sometimes flat and simplistic.

I am all for Avatar for winning best Visual Effects, but I will lose a lot respect for the Academy if they chose it for Best Picture. I am already mad at The Golden Globes for giving it Best Picture, I can't lose the Academy too.

Now the film I would pick for Best Picture is Inglorious Basterds, but that may be because I have not seen The Hurt Locker yet. I am a huge Quentin Tarantino fan and I loved every minute of Basterds but I understand that Tarantino is an acquired taste. He does not always appeal to the masses, especially when he changes the course of WWII.

A more realistic outcome is that The Hurt Locker will win out against Avatar. As I said before, I have yet to see the film but going by what critics and average movie-goers are saying, they like it better than Avatar. On rotten tomatoes.com, the combined average of the top critics and site member's reviews gave it a 97 percent overall whereas Avatar only got an 82 percent overall.

I would also leave off Up, Pixar's latest animated film about an elderly man who embarks on a mission to fulfill his childhood dreams of exploring South America. I think the movie only belongs in the Best Animated Feature Film category, for which it is already nominated. It seems unfair to place Up in both Best Picture and Best Animated Feature categories.

The Godfather is definitely not awarded Best Picture this year, nor is The Social Network. It seems unfair to place Up in both Best Picture and Best Animated Feature categories.

Ten Best Picture nominees is a little excessive. Obviously I only decided to leave out four films because the fifth film I really want to leave off is Avatar - but as the frontrunner to win the award, I felt I had to leave it on the list. Despite the love affair America and the rest of the world have with this film, I do not think it deserves Best Picture.

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This site does not reflect what everyone thinks, but it gives a well-rounded view of the films and the aspects of a variety of people. From that and other sites like indiewire.com and Yahoo! Movies, I realized that The Hurt Locker may be a better choice for Best Picture. The movies follows three members of the Army's Explosive Ordnance Disposal (EOD) team or bomb squad technicians, at the beginning of the Iraq War. Together they battle the stresses of war and the pressure that comes with their job. From what I gather, this film delves into the psyche of the human mind and explores how it is shaped and changed during combat.

As for Precious, An Education and Up in the Air, they all have certain qualities that make them worthy opponents, but something about them just does not send off the "Best Picture" vibe. I find it unlikely that any of these films will win but the Academy has surprised people before and I won't put it past the voters to do it again.

The 82nd Academy Awards will be telecast at 5 p.m. on March 7 on ABC.
Hi, my name is Josh and I am a proud rockoholic. Growing up, the music I listened to was greatly influenced by what my parents listened to. Whatever was on in the car is what I tended to like, and thank goodness what was on, was good old rock and roll.

For those of you who have never partaken in the wonderful genre of rock and roll and have a desire to try it out, a good place to start is with Black Sabbath. It is pretty rare that I manage to find a band that can put out an album where I enjoy every track. Black Sabbath's album "We Sold Our Souls for Rock 'N' Roll" is one of those rarities.

I recommend this album to anyone: literally anyone. Babysitting your neighbor's two-year-old twins? Put on some Sabbath and rock out to "Iron Man" until they poop in their diapers. Driving your great grandmother Beatrice to the store? Blast track three: "Paranoid" until she poops in her diaper. Competing in the county chess tournament? You better make sure you have track seven: "Fairies Wear Boots" playing to ensure decisive victory.

"We Sold Our Souls for Rock 'N' Roll" does a great job at showcasing all the talents of each band member. From the sentimental vocals from Ozzy Osbourne in "Changes" to Geezer Butler's bass solo in "N.I.B;" Bill Ward's fills in "Iron Man" and the guitar riffs and solos in nearly every track by Tony Iommi.

I think what draws me most to this band is how they pioneered the hard rock genre. Bands today have more than 40 years of different artists and music to influence their sound, from a huge range of genres. Sabbath got their start in 1968 and had no real heavy rock to listen to. What, maybe Elvis? The Beatles? Sabbath brought a whole new sound to music and helped usher in the rock of the 70's, 80's and beyond.

It's hard to express the heavy metal roller coaster this album will take you on, so I recommend you check it out yourself.

Check out the official Black Sabbath Web site:
www.blacksabbath.com
Three are an estimated gabillion beer styles on this planet.

Part of the fun of being a true beer fan involves the desire to try every style that's out there, even if it means having to take a few risks. At best, you discover a new province in the world of beers. At worst, you suffer through a very mundane flavor.

The Palace, broadcaster Ashley Mundy, The Palace's major Amber Hendrix, dollar drinks are back for now, patrons should be aware that they've dealt with;" Mundy said. "This time we can see if we can stay in accordance with the heightened standards of how to rank it.

Olde School may be a high-quality beer, but it has some issues. Mental issues.

Well, first, some background. Barleywine is not wine—it's a type of ale originating in England, and has a stupid high amount of alcohol.

To balance the dominant alcoholic bite that comes from a strong beer, brewers use super-sweet malts and tamer hops, which can often mimic fruit flavors and create a beer that is an awful lot like wine.

Most barleywines range from about 8.5 to 12 ounces by volume, or ABV. Your everyday beer averages at about 4.5 percent, while your average wine is around 12-14 percent.

"Olde School is amazingly complex, uber-sweet, unabashedly alcoholic and completely boggles my mind. I'm impressed."

I immediately poured Olde School into a pint glass and marveled at the thick, cobby color. The boozy fruit smell is almost intoxicating on its own. I poured Olde School into a pint glass and marveled at the thick, cobby color. The boozy fruit smell is almost intoxicating on its own.

The hops are very subtle, but they rear their head once the beer sits out for a few days, the more enjoyable. Let's see Budweiser pull off a feat like that. But I guess Budweiser is beer.

And Olde School is freakin' wine. But aside from this beer's obvious identity crisis, I found it a refreshing change of pace. This is for those of you who like your beers to be manly and muscular, with a saccharine sweetness to boot.

Olde School is actually fermented with dates and figs, which explains the major fruitiness and makes me question why it's so ashamed of being...well...a beer.

And Ofde School is freakin' wine. Oh, and with its ridiculous 15 percent ABV, one bottle of Olde School is enough to keep you from driving (legally) Enjoy it on those nights when you can't decide whether to have a glass of beer, a snifter of martini, or a shot of vodka.

Olde School is amazingly complex, uber-sweet, unabashedly alcoholic and completely boggles my mind. I'm impressed.

To learn more about Olde School and to check out some other great brews, visit....

Oh, and bookmark my blog already. You can find it at: exceptionalbrew.blogspot.com

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The Exceptional Brew

Olde School Barleywine: beer with an identity crisis

BY DAVID GUZMAN | Scene Editor

They're back! As of last week, The Palace Bar has brought back their $1 drink specials every Tuesday, Wednesday and Thursday after 9 p.m.

The $1 drink specials include dollar wells, as well as tequila Tuesday, whiskey Wednesday and vodka Thursday. According to Palace bartender and waitress Ashley Mundy, The Palace eliminated their $1 drink special to stay in accordance with the heightened regulations on over-service of alcohol downtown, but they now feel otherwise.

"We're going to do it again and bring back our original $1 drinks," Mundy said. "This time we can see if we can better manage it."

Dollar drinks were a Palace favorite for many, and Mundy says that bringing them back has already brought a "business boost."

According to senior family studies zone— I decided to try a style of beer that is completely alien to me, and one that many beer freaks might not be too familiar with the barleywine. Barleywine? Even the name "barleywine" is troublesome. So, is it wine? If it's wine, did someone add barley to it? Or is barley used in place of fruit? The combination of wine and barley sounds disgusting.

I can assure you this: my pick for this week, Olde School Barleywine from Dogfish Head Brewery in Milton, DE, is NOT disgusting. But it is the most puzzling brew I've ever had, and even as of this writing, I'm not completely sure of how to rank it.

Olde School may be a high-quality beer, but it has some issues. Mental issues.

Well, first, some background. Barleywine is not wine—it's a type of ale originating in England, and has a stupidly high amount of alcohol.

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Most barleywines range from about 8.5 to 12 ounces by volume, or ABV. Your everyday beer averages at about 4.5 percent, while your average wine is around 12-14 percent.

"Olde School boasts a 15 percent ABV, see? Mental issues. Upon opening the nifty 12 oz. bottle (pictured), immediately smelled the near noxious sweet fumes sneaking out of the bottle. This is way fruity—rasins, grapes, plums, prunes, and apple cider—and the alcohol. I can actually smell the alcohol in this beer. Awesome.

Olde School is actually fermented with dates and figs, which explains the major fruitiness and makes me question why it's so ashamed of being...well...a beer.

I poured Olde School into a pint glass and marveled at the thick, cobby color. The boozy fruit smell is almost intoxicating on its own.

And the taste...this is definitely unlike any beer I've ever had. It overwhelmed my mouth, and it took a while for my taste buds to get accustomed to this new discovery. This barleywine is far from a beverage you can slug down on a hot day.

Olde School demands you sip it. It demands you take time to appreciate its syrupy sweetness, its raucous tartness and the notable warmth you feel in your gutlet after you swallow. It also demands you talk about whether or not Stockhausen was directly or indirectly influenced by this brew.

"Is this freakin' wine?" is this a bad thing? I'm definitely not a wine enthusiast, but I do like a good glass of wine. I like to think of Olde School as a gateway beer, for those who are totally into the wine thing, but stay away from what they might perceive as the cheapness and non-complexity of beer.

I don't know what to say about the malt presence in this brew—the fruit destroys any of it that I could possibly taste.

The hops are very subtle, but they rear their head once the beer sits on your tongue for a while, and especially when it starts warming to room temperature.

One other neat thing about this beer: the longer it sits out, the more complexity it throws at you. It actually becomes easier to drink and is more enjoyable. Let's see Budweiser pull off a feat like that. But I guess Budweiser is beer.

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Olde School is amazing complex, uber-sweet, unabashedly alcoholic and completely boggles my mind. I'm impressed.
Central back on track
Sprinker dominates down low for Wildcats

BY KEVIN PROCTOR | Asst. Sports Editor

With Central coming off back-to-back losses in Great Northwest Athletic Conference (GNAC) play, the Wildcats needed someone to step up big last Thursday in order to get their season back on track. Junior center Chris Sprinker was the man for the job, posting 20 points and 9 rebounds on 9-11 shooting in a victory against Montana State Billings (MSU).

Sprinker followed up Thursday’s effort with a 15 point, 9 rebound performance on Saturday against St. Martin’s University, leading the Wildcats in consecutive wins on the road.

“Our confidence was a little low after those two losses on our home floor,” Sprinker said. “Coaches all week were telling us we have to keep our confidence up in practice and come out hard against Montana State.”

Central now stands at 11-6 overall, and 5-2 in GNAC play.

After a disappointing loss to Western Washington University two weeks ago, the Wildcats needed to regroup and come together with seven of their next nine games on the road. Central had been shooting poorly from the field in their last two losses, and with MSU undefeated on their home court this year, good shooting and strong defense would prove to be crucial for the Wildcats.

“That was a big win for us. Everyone contributed, and we played great defense,” junior guard JC Cook said. “We have to get back to winning on our home floor now.”

During the first half, neither team could separate from each other as both schools traded baskets for much of the first 20 minutes. By halftime, Central led by four, 34-30, despite limiting the Yellowjackets to just 31 percent shooting in the first half.

In the second half, Central concentrated on getting the ball down low. Sprinker responded by shooting a perfect 6-6 from the field for 12 points, also grabbing 6 rebounds in the final 20 minutes.

“Coaches were telling me to run the floor hard, and really be physical and take it to them,” Sprinker said.

With the offense picking up for the Wildcats, their defense remained stagnant, limiting MSU to just 27 points in the second half, as Central pulled away midway through the period. With Sprinker dominating down low, the Wildcats rolled to a 73-57 victory over Montana, snapping their two-game losing streak. Junior guards JC Cook and Humberto Perez had 11 points apiece, while senior guard Jon Clift finished the game with 13 points and 4 assists in 34 minutes of action.

“Our bigs, Roby and Chris, have been doing a good job protecting the paint and blocking shots,” Perez said. “Defensively we were able to get a hand up on their shooters and force them into some bad shots.”

After giving MSU their first home loss of the season, Central looked to keep their momentum against St. Martin’s last Saturday night. Despite being just 1-5 in GNAC play, the Saints single win came against Western Washington, ranked 15th in the nation.

CONTINUED ON P.22

CENTRAL VS. WESTERN
After losing to Western two weeks ago, Central bounced back with back-to-back road victories last week, improving to 5-2 in conference play.
Track has strong showing at UW
Central optimistic about up-coming events

BY MICHAEL REED | Sports Reporter

Only a few Wildcats attended the high standard, two-day track meet at Dempsey Indoor in Seattle Jan. 29 & 30, but that didn't keep them from making their presence known. The Wildcat track stars made their mark on the score books.

During senior Tyler Fischer's shot put event, he suffered a slightly pulled groin muscle. However, it didn't phase him, as he threw 49-ft 4-1/2 inches, a personal best for Fischer. "I felt very prepared for the events, practice had gone very well throughout the week, so it was great to see some good marks as a result," Fischer said. "I was really pleased with my performance, everything is starting to really come together, and feeling good."

As for his injury, he might have to stick to weight throw for the next meet unless he heals before then, but only time will tell.

Despite the injury, Fischer came out on top of the weight throw. He placed 7th with a throw of 58-ft 4-1/2 in. His throw put him on the national ranking list for Division II in approximately 21st place. "I would like to see myself move up on the national standings list a little bit farther to see if I can make the trip to nationals," Fischer said. "That will just come with more practice, drills and further preparation."

Sophomore Bryan Mack came into the meet feeling very confident and focused, but finished just short of the charts in the 60-meter dash. "I didn't do as well as I hoped to, but I ran a faster time than I did at this point last year so I'm definitely optimistic about the coming meets," Mack said. "There's technical aspects of my race that I need to address, my drive phase was weak but that's something that will develop over the future weeks of practice and competition."

Mack is very confident that his coach will make him the best sprinter he can be. Sophomore Rendel Jones fell short of the charts in high jump along with freshmen teammate Brennan Boyes.

"I felt prepared from all the training that I have done. I was really nervous, but once I stepped on the runway all of those feelings went away," Jones said.

Although Jones did not do as well as he had hoped, he is glad he will have more opportunities to compete. He hopes to improve on his approach down the road for future meets. The Wildcats will travel to Moscow, Idaho for the Vandal Indoor Feb. 5 & 6.

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Wildcats win back-to-back on road
Duerr’s career-high 24 points leads Wildcats

BY MICHAEL WINKLER | Sports Reporter

Central bounced back from a tough loss to Western Washington University last week and is now on a two-game winning streak. Last Thursday the Wildcats took on St. Martin’s, Central came to play, earning a 78-69 victory with their hot shooting, making 9-18 three pointers, plus 88.3 percent from the free throw line and 55.1 percent from the floor.

Central battled with St. Martin’s for the lead most of the first half, but the Wildcats went on a late run, scoring seven straight points to take a one-point lead heading into halftime.

“Since we’ve been starting games poorly and coming out of halftime poorly, we’re focusing on winning each four minute segments,” Head Coach Jeff Whitney said.

The two teams remained close for most of the second half, until Central went on another run with 5:23 left in the game, pushing their lead to 12 and sealing the victory for the Wildcats.

In her first start this season, senior guard Jen Jacobs led the team in scoring with 19 points, while senior guard Sara Bergner put up 18 points, leading Central to a 78-69 victory over the Saints.

Two days later, the Wildcats picked up where they left off, stealing another win on the road against MSU Billings on Saturday.

“Junior Brittany Duerr had a break-out game, pouring in a career high 24 points as the Wildcats completed a dominating 83-64 win.”

“We were ready for a re-focusing week of practice,” Bergner said. “We knew that the next two games were winnable.”

Central looks to keep their streak going tonight at Nicholson Pavilion, where they play on nationally-ranked Seattle Pacific at 5:15 p.m.

Women’s Home Schedule:
2/18 vs Northwest Nazarene
3/4 vs St. Martin’s
3/6 vs Montana State Billings

Wildcat softball in spotlight
Holtman, Wallace honored in Olympia

BY KEVIN PROCTOR | Asst. Sports Editor

Two years ago, the Central Wildcats women’s softball team did something that was unprecedented in school history. It wasn’t winning the big game, it wasn’t setting any school record; it was simply an act of sportsmanship in its finest form.

In a game against Western Oregon, Sara Tucholsky hit her first collegiate home run against Central. After the blast, Tucholsky injured her knee, and was not able to finish running the bases. She needed a pinch runner to finish her run.

However, the ruling on the field is, if a pinch runner came in she would have to forfeit the home run because she wasn’t the one to connect with the plate.

When Central’s Mallory Holtman and Liz Wallace saw the situation, they decided to step in and help. Rather than foregoing their green light to score, Holtman and Wallace lifted Tucholsky, carrying her around the base path, so she would be credited with the home run.

Although Central ended up losing the game, all in attendance would never forget the selflessness of two Wildcat players.

As the story circulated the state, ESPN eventually got wind of the story and did a feature on the girls a few months later. The feature ended up winning an Excellence in Sports Performance Yearly Award (ESPN) award in 2008 for “Best Moment.”

A year and a half later, the Washington State Senate is recognizing the two former softball players as well. Last week on Jan. 27th, the Senate in Olympia adopted a resolution (SR 868S), to honor both Holtman and Wallace for their inspirational act of kindness.

With the ultimate display of sportsmanship on hand, both girls have represented Central Athletics as all student-athletes should strive for across the nation. Their act of compassion will not be soon forgotten at Central Washington. It is an example of what all sports today should look like.
Rugby season in full swing

CWU teams come together on and off the field

WOMEN'S

BY ROBYN SWANSON | Sports Reporter

CWU's women's rugby team has been working hard to create a name for themselves this season, and now are ready to show everyone what they are made of. The team meets three days a week, where they work on the skills needed to beat teams from various universities such as Western Washington University, University of Washington, Seattle University, Western Oregon University and Washington State University.

Although the majority of the players this season are new to the sport, it doesn't mean they don't have a chance. "The coaches say we have a lot of good potential," said Dalziel Dyson, senior exercise science major. "A little fine tuning and we could go far!"

The coaches this year are former players of the men's rugby team and have brought their experience to the women's team. They have taught them new rules and techniques about the sport that will make the team more competitive.

"My first year we didn't have any coaches," Dyson said. "We have been really fortunate to have fulltime coaches this year." However, one thing that can't be coached is camaraderie; and the team has no problem in this area.

The team is more like a family. They are there for each other through ups and downs, wins and losses. They socialize after every game, doing things together like watching movies, eating dinner, bowling and even tackling the challenge course when it is open.

"We have come through a lot," said team captain Christina Zier, senior exercise science major. "Every game we play, whether we win or lose, we come back eager to learn and compete again."

The outlook for the team from the coaches' point of view is bright for this season. Two years ago, the team made it to the playoffs and the players are hopeful they can make it again this April.

Students and the public are invited to cheer on the team at the home matches on Feb. 27 and March 13 at the Community Fields.

"I wish we had more support," said Kalica Chase, sophomore nutrition major. "Rugby is nothing like you have ever seen before. I guarantee after you watch a game, you'll be in love."

MEN'S

BY BEN PITMAN | Sports Reporter

The CWU men's rugby team opened the 2010 season with a road trip to Canada. On Jan. 23, Central competed against the University of Victoria, where CWU won 14-10.

The second trip on Jan. 30 brought them to the University of British Columbia, however, it did not turn out as well, with the team losing 31-7.

Team president history major, Aaron Lee, is encouraged and ready to move forward from these first two road games of the season.

"I think we came out of it with a lot of learning experience," Lee said. "We learned a lot playing against two high-caliber teams like them."

The CWU coaches, including Head Coach Bob Ford, along with Assistant Coaches Tony Pacheco, Dusty Webber, and Jason Weir, have set challenging yet achievable goals for the team.

"It's good for the guys to play international events," Ford said. "The best part of that is culture as well as the guys getting prepared for international travel, so it's a good thing for them."

According to Coach Ford, the coaching staff plans to build athletes to go on the national team. Most of the national teams' assemblies require athletes to travel outside of the country.

This is a great way for the athletes to go through the process, get the proper documents in place, and be in a position to take advantage of opportunities as they become available.

"I think it's an extension that they're learning community in a major way," Ford said.

The coaching staff puts in long hours while working completely voluntary.

"We as coaches contribute both in our time and money to support those guys in their efforts," Ford said. "This group of guys who have are special, this is the 38th class of rugby players to go through this institution. They do the hard work. They're in the weight room at night. They're taking care of their bodies; they are lifting and getting the cardio work they need, and meeting with the trainers, they come and come focused, they come to work, really hard."

To become a member of the CWU men's rugby team, one must maintain a 3.0 GPA, have health insurance, and pay annual dues. The requirements to become a member may look simple when written on paper, but the challenge is to uphold the expectations set by not only fellow teammates, but by the coaches.

The CWU men's rugby team belongs to the Pacific Northwest Collegiate Division-I, a member of USA Rugby. Division-I includes the University of Washington, Washington State University, University of Oregon, and Oregon State University.

A player on average will spend 12-20 hours a week on personal conditioning, film studies, lifting sessions, as well as the scheduled team practices. Lee also recognizes the need for academic success among his fellow teammates.

"Our coaches really stress to us that we are student athletes, not athletes and then students. We are trying to emphasize that a lot," Lee said. The athletes pride themselves for working together as a unit.

"We are a club in the sense of the university, a collegiate sports club, but we absolutely are a team. I think that's evident that every time you have an organization that's competing in a sport, you are a team," Ford said.

For more information about how to become a member of the CWU men's rugby team, contact club President Aaron Lee through the CWU email, or come to the Rec Center and see the team practices Monday, Wednesday, and Friday mornings from 6 a.m. to 8 a.m.

BY ROBYN SWANSON | Sports Reporter

RUGBY VS. CAL STATE

The men's rugby team faced off against California State March 25 2009.

RUGBY PRACTICE

The men's rugby team practices in the snow to prepare for their matches at the end of the month. The team will play on Feb. 27 and March 13 at Central Washington.

COURTESY OF MEN'S RUGBY
BASKETBALL CONTINUED FROM P.18

St. Martin’s got out to an early 15-10 lead less than seven minutes into the game, until Cook sparked a 13-3 run off the bench, giving the Wildcats a 23-16 advantage with 8:32 left in the first half. St. Martin’s cut the lead back to one late in the period before Cook made a layup to send the Wildcats into halftime with a 42-39 lead. Cook led all scorers with 13 points in the first half on 5-7 shooting off the bench.

“My knee is getting close to 100 percent again,” Cook said. “The coaches told me they wanted me to be more aggressive and get back to what I was doing before the injury.”

As play resumed in the second half, Sprinkler again began taking over for the Wildcats. Held scoreless in the first 20 minutes, Sprinkler poured in 15 points in the final period, missing only one shot in the second half.

Again, Central’s defense picked up in the second half as well, holding the Saints to a mere 32 percent shooting for the game. Despite a late run, Central would end up holding off the Saints, winning the game 83-68.

With their deep bench, Central out-scored St. Martin’s 33-6 in bench points, proving to be the difference of the game. In his third game back from a knee injury, Cook scored 13 points off the bench while junior guard Toussaint Tyler and senior center Cory Gilber chipped in with 8 points each. At 5-2, the Wildcats sit third in the GNAC standings behind Western Washington (6-2) and Seattle Pacific (7-0). After two big wins on the road, the Wildcats will face undefeated Seattle Pacific at home tonight at 7 p.m. in Nicholson Pavilion.

Central will need to slow down Seattle Pacific’s sharp-shooting point guard, Chris Banchero (18.2 ppg) in order to knock off the first-placed Falcons.

After losing last week to the New Or­leans Saints, 31-28, the 2009 NFL season is over for the Minnesota Vikings. And so the saga continues, of whether or not Brett Fa­vre is going to retire or come back for yet another season. Of course, even if he “retires,” does anyone really believe he won’t be back next year?

Before I continue, let me give some background of the relationship between Mr. Favre and myself. We used to be quite good friends. He played quarterback for the Packers, and I was just another avid NFL football fan that respected all that he had accomplished.

But then something happened that was the beginning of the end of our relationship: Brett Favre turned into a diva, a prima-donna if you will, and began to think he was bigger than the game itself. Today, I can’t stand the man. In fact, I downright despise him. There is not a single player in sports history that I dislike more than Brett Favre.

In 2000, Favre had decided to stay in retirement, not wanting to put himself through the grind of another season. Of course, two games into the season, Favre finally decided to hang it up. An emotional press conference, Favre announced his retirement and it appeared his career had finally come to an end. If only it had ended there. Three months later, Favre said he wanted to play again, and the Packers agreed to trade him to the Jets. That year, after starting off 8-3, the Jets imploded, losing four of their last five games, while Favre threw nine interceptions during that stretch.

After the season, Favre announced his retirement on Feb. 12, 2009. Again. By June there were rumors that Favre wanted to play again; this time for the Min­nesota Vikings. However, by the end of July, Head Coach Brad Childress announced that Favre had decided to stay in retirement, not wanting to put himself through the grind of another season.

Well I guess he was kidding, because three weeks later Favre was back, signing a one year contract with the Vikings on Aug. 18.

Fast forward to last week, and I can’t begin to express the joy I had seeing Fa­vre throw his last interception against the Saints that cost Minnesota the game, and a trip to Super Bowl XLIV. I was as excited as a 10-year-old on Christ­mas morning.

But then I remember­ed I have to listen to Sportscenter for the next five months talk about Brett Favre and if he is coming back.

Again. Favre is one of the best quarterbacks to ever play the game. No one can question that. But what I don’t un­derstand is why everyone gives him a free pass for stringing along teams for months and months, only to finally retire, then change his mind a month or two before the season starts. It’s not fair to the coaches, the other play­ers or the fans. To me, it seems as though Favre just likes the attention. How else can you explain his behavior? He reminds me of a 5-year-old at Toys ‘R Us, kicking and screaming until someone gives him attention.

I have no problem with Favre playing until his body won’t let him anymore. Af­ter all, he had a great season in 2009. Either way, make a decision and stick with it. Mr. Favre. You aren’t a 17-year-old high school girl trying to decide which prom dress to wear.

Kevin Proctor
Asst. Sports Editor

"You aren't a 17-year-old high school girl trying to decide which prom dress to wear."

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Weekly fix with Doctor Proctor
Brett, you have gone too Favre

BY KEVIN PROCTOR  |  Asst. Sports Editor

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How did we get here?

After the last few years of contemplating retirement, Favre finally decided to hang em up in March of 2008, after the Packers lost to the Giants in the NFC title game. In an emotional press conference, Favre an­nounced his retirement and it appeared his career had finally come to an end.

If only it had ended there. Three months later, Favre said he wanted to play again, and the Packers agreed to trade him to the Jets. That year, after starting off 8-3, the Jets imploded, losing four of their last five games, while Favre threw nine interceptions during that stretch.

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