THE OBSERVER
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THE WIRED GENERATION EDITION

“I am from the Internet.”
-Web phenomenon Jay Maynard,
“The Tron Guy”

STUDENTS: LOL, LMAO, OMG, CWU?
THE PROS & CONS OF TECHNOLOGY IN THE CLASSROOM P.3
NO NEW FEES S&A VOTES NO TO INCREASE P.5 UNI E GOES LIVE P.9 TRIPLE PLAY!
STUDENTS VIDEO CHAT P.17 SOFTBALL WINS WITH WEST AFRICA 3 FOR 4 IN SERIES

PHOTO COURTESY OF JAY MAYNARD
"We've done what we can do. Right now it's just a waiting game."

JOHN McKEAN
ASCWU-BOD
Legislative Liaison

Bill 6562 dead, CWU could face $5 - 6 million in cuts

BY ANTHONY JAMES  |  Sr. News Reporter

Students at Washington's public universities scored two major victories last week as a tuition setting bill died in committee while another aimed at increasing financial aid received a second chance.

Senate Bill 6562, which passed the Senate in a late-night vote Feb. 15, failed to make its way out of the House Higher Education Committee. Before the Senate vote, Megan Sharp, legislative assistant to committee chair Rep. Deb Wallace, D-Vancouver, said the chances of the bill making its way out of the House committee were slim.

The bill would have allowed the boards of trustees at the University of Washington, Washington State University and Western Washington University to set their own tuition increases up to 14 percent annually. Central Washington University would not have been affected if the bill died.

Senate Bill 6489, which would redirect some lottery revenue to financial aid programs, received a second chance as the Senate Ways and Means Committee passed the bill on Feb. 24. The Senate Rules Committee must now hear the bill before it moves to the House.

Both houses released their budgets last week and will have deep cuts for Central. The Senate proposal would cut $5 million in state funding while the House version would cut $1.4 million plus another one-time cut of $4.93 million from the building revenue account.

According to John McKean, Students Associated of Central Washington University - Board of Directors legislated to the House budget would cut some state need grant money while the Senate proposal would not. McKean said the Senate budget plan also relies on an increase in the state sales tax, which is running into opposition.

The student efforts in Olympia, McKean said, were instrumental in letting Senate Bill 6562 die in committee, but with the regular session ending March 11, "I expect立法 is to be done. "We've done what we can do," McKean said. "Right now it's just a waiting game."

Corrections

- A story in our Feb. 18 - 24 issue, "Helping Haiti" incorrectly referred to the Copy Shop as one of the 509 for Haiti organizers. SignDialog Media helped organize the benefit.

- A story in last week's Feb. 25 - March 3 issue, "Plague in the People", indicated the Tau Kappa Epsilon fraternity was working with the Civic Engagement Center on all of its events. The fraternity is hoping to work with the center for upcoming events.

- In last week's story entitled "Raw Space hosts party for all primates: "the hours of the CHCI were incorrect. The chimpanzees were not taught sign language by Washoe.

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Wired classrooms
Professors, students benefit from the "clicker"

BY ALYSSA SCHULTZ Staff Reporter

Central Washington University students in science classes are seeing an unusual requirement beyond textbooks. Commonly known as a "clicker," this tool is making its way into more classrooms. The tool, known as a remote control, allows teachers to add topic-based questions to their lecture slides for students to answer for points.

"What I would do before, is I would ask a question of the class and somebody would raise their hand to answer, and when you do that you tend to get a few of the brighter or more outgoing students that always answer the questions, and most of the class just continues to sit there," said Gabrielle Stryker, assistant biology professor. "So [using clickers] is a way to actually engage everyone."

This technology not only allows teachers to make sure that their students are paying attention, it is also a way to improve and encourage daily attendance. Each clicker has its own number which is recorded each time a student answers a question and taking notes.

"If it is a clicker, the question and the answer, you can actually see it on the board and choose what you think is important," Christen said. "But when they give you a specific question based on what you just learned, you can say okay, well, this was obviously important, so I can write it down and study it later."

Students log in to tune out

BY LINDSAY TROTT Staff Reporter

Texting during a lecture, listening to music playing or cell phones out during a class are not uncommon activities. Despite the occasional compatibility problem, and a few bugs, which can create a loss of lecture time, many professors believe the use of cell phones, iPods, and laptops, but many do not appreciate the use of cell phones or laptops, but many do not appreciate the use of cell phones or laptops.

"It's distracting to me and probably most other people," said Suzanne McIntyre, senior sociology professor. "I try not to do it very much because it's rude to the teacher."

"They want to be teachers themselves. How would they like it if instead of teaching class I went on Facebook?" IAN LOVERRO Associate Professor of Education

Some professors go to extreme measures to insure that there are no distractions in their classrooms. Jack Selby, associate professor of sociology, pointed out that professors notice when students are not paying attention and says they will be less likely to help students they know were not engaged in class.

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"Clickers - CONTINUED ON P.6"

NEGATIVE ASPECTS OF TECHNOLOGY

Allison Wales, junior exercise science, checks her cell phone in class. Many professors believe cell phone use is distracting.

"Students who use laptops to go look on the Internet for fun don't get it," said Mike Yellam, senior construction management. "They're wasting their money and time!"

Loverro points out the importance of giving your classes and professors your full attention. "They want to be teachers themselves," Loverro said. "How would they like it if instead of teaching class I went on Facebook?"
Aryell Adams, sophomore undeclared, is a student who will not be returning to Central Washington University next year. It’s not because of poor grades or lack of interest, there’s no disciplinarian problems or a family crisis in her life. Adams can no longer afford to attend Central due to the cost of tuition and lack of financial aid.

A strong-headed young woman and a member of the Yakama Nation, Adams moved out of her mother’s house in Yakima when she turned 18 and went to live with her aunt and cousins who also lives in Yakima. Two of her aunts and her grandmother all own houses next door to each other, so her family is nearby. Adams has always been expected to attend college because her mother and aunt did before her. She has also been her responsibility to pay for her schooling. Throughout high school, Adams saved money from her summer job working with wildland firefighting to pay for her future education.

“I got accepted into the UW, but I didn’t go there because they wanted me to take out a bunch of loans,” Adams said. “Central, my first year, basically provided me with the best financial aid I could get.”

Central was the only school that would provide Adams enough aid to cover tuition, but she still had to take out a $5,000 loan to cover the cost of on-campus housing.

Adams hopes to be able to get a degree in geography or environmental sciences so she can advance in a career in wildland firefighting. Adams has been involved in wildland firefighting since she was 17. When she turned 18, she took the 45-minute, three-mile, 45 lb pack test in the Yakima summer heat, but Adams says it wasn’t really that bad.

“What I really want to do is be as diverse a firefighter I can be. I want to get a degree and do every kind of fire course I can possibly take,” Adams said. In September 2009 just before her second year of school started Adams was notified that she would not be receiving financial aid for the school year.

“I honestly don’t know why. I kept talking to my financial aid office and they kept trying to get financial aid and all that stuff and they just didn’t really give me any options,” Adams said. Three days later Adams took a $150 job to cover the cost of tuition, making her total in loans $20,000. Adams got some help from her aunts and grandma back in Yakima and chose to live off-campus with her boyfriend, Jared Swan, to try and save money.

Swan is a fellow wildland firefighter and has supporter Adams as she’s tried to find ways to stay at Central.

“We wouldn’t have had a decent place to stay or anything if we paid out of pocket [for tuition],” Swan said. “Just get around, just to get by, it takes a lot of money.”

By February, Adams realized that paying for school with loans was not going to work.

“I was sitting in Subway and trying to figure out what I was going to do. I was thinking and talking to my boyfriend and trying to figure everything out and I was just like, ‘I’m not going to be able to afford it’,” Adams said. “I just decided that really I had no option other than to find a different school. So I got my car and I went to go talk to my grandma about going to Haskell.”

Haskell Indians Nation University is a small college in Lawrence, Kansas that is available only to Native American students who want to learn about the trade.

“Many of the students at Haskell are really upset about it. I’m really family oriented and it’s just kind of hard for me to think about being so far away from them,” Adams said. “I go home every other weekend and see them and hang out with them and it’s going to be hard to do that five states away.”

“I don’t want to go there, I don’t want to move five states away to Kansas but it’s all getting paid for so that’s why I’m going,” Adams said.

On Feb. 4, Adams attended the student walk out rally, just days after she had finalized her plans to leave Central. Adams said it was a spontaneous decision and she ended up sharing her story with the board of trustees.

“I just wanted them to see how rising tuition and cutting financial aid, how it affects students in that they are sending them away,” Adams said.

The change in schools will put over 1,700 miles between Adams and her family, friends and the wildland firefighting community that she loves.

“My little cousins are really upset about it. I’m really family oriented and it’s just kind of hard for me to think about being so far away from them,” Adams said. “I go home every other weekend and see them and hang out with them and it’s going to be hard to do that five states away.”

Wendy Lopez, sophomore undeclared, is Adams’ old roommate and says that Adams has grown attached to Central.

“It takes motivation and she goes back to firefighting because it feels like family. And it’s the same as at Central, Central is home.”

Despite the changes set in her future Adams is hopeful that she’ll be able to come back to Central to finish her degree once she saves enough money.

“It’s gonna be a new experience and I just plan on adapting to it and making the best I can,” Adams said.

FINANCIAL STRUGGLES

Central student, Aryell Adams, will transfer to Haskell Indians Nation University, a small college in Lawrence, Kansas, due to financial issues.

In Washington State there are 100 craft breweries, ranking it third in the nation, just behind Colorado and Oregon and California. The craft brewing industry is growing at a steady rate, not only in Washington, but also nationally. More and more, this is an industry that needs formally educated people to run. There are 100 craft breweries, ranking it third in the nation, just behind Colorado and Oregon and California. The craft brewing industry is growing at a steady rate, not only in Washington, but also nationally. Four courses are offered that are required to complete the certificate.

The Brewing Microbiology course will cover the basic chemistry of brewing, along with yeast biology and sanitation concern, and the Brewing Process Technology will touch on the pumping, packaging, and heating and cooling processes. Principles and Biochemistry of Brewing will focus on barley and malt structures, hops chemistry and evaluation of differing beer styles. Lastly, the Principles of Microbrewery course will give students an understanding of the selling, distributing and operations management processes.

Organizers are hoping that students will come away from the program with a well-balanced knowledge of the microbrew industry and will be able to perform a wide variety of jobs within it. Organizers are hoping that students will come away from the program with a well-balanced knowledge of the microbrew industry and will be able to perform a wide variety of jobs within it. "You can’t sell the product without talking the talk," said Doug Lonowski, associate director for continuing education.

Organizers developed the curriculum with the help of Greg Parker, owner and brewer of Iron Horse Brewery. They also sent the outline of the program to multiple breweries in the Northwest for feedback.

In the United States, there are few educational opportunities available for students who want to learn about the trade. University of California-Davis, University of Wisconsin-Madison and Oregon State University are the only other colleges that offer a similar program. Organizers are hoping that students will come away from the program with a well-balanced knowledge of the microbrew industry and will be able to perform a wide variety of jobs within it.

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Now on tap: microbrewing certificate

BY KELSEE DODSON-CARTER | Staff Reporter

In Washington State there are 100 craft breweries, ranking it third in the nation, just behind Colorado and California. The craft brewing industry is growing at a steady rate, not only here in Washington, but also nationally. More and more, this is an industry that needs formally educated people to employ with the knowledge of brewing, selling and distribution processes.

To help give students these tools, Central Washington University is offering the first ever Craft Brewing Certificate program this spring quarter.

"It’s not drinking 101, it’s the business of craft brewing," said Dwayne Douglas, professor of recreational management and tourism. "This is a program that will educate students all about the brewing industry - from the science aspect to the business aspect."

The program organizers, Jim Johnson, Steve Wagner, Dwayne Douglas, Robert Lupton, Doug Lonowski and Kevin Nemeth, hope the certificate program will gain interest and help create another successful Wine World Program.

"We’re one of the programs that will do very well - a feather in the cap for the campus. It fills a very important need," said Robert Lupton, director of information technology and administrative professor. The ten-week, 16 credit program covers every aspect of the brewing industry. There are four courses being offered that are required to complete the certificate.

The Brewing Microbiology course will cover the basic chemistry of brewing, along with yeast biology and sanitation concern. The Brewing Process Technology will touch on the pumping, packaging, and heating and cooling processes. Principles and Biochemistry of Brewing will focus on barley and malt structures, hops chemistry and evaluation of differing beer styles. Lastly, the Principles of Microbrewery course will give students an understanding of the selling, distributing and operations management processes.

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Financially strained Central Washington University took a big step to breathe a cautious sigh of relief. Last week the Services and Activities (S&A) committee voted against raising fees for the 2010-11 school year.

During their weekly Wednesday meeting, the committee made up of 10 students and three faculty members, voted 9-1 to keep the fees as they are and not raise them for the spring semester.

The three faculty members abstained. Baker said they wanted it to be a "student decision, reflective of the student voice."

"We are sending the message that we will not keep incurring blind increases," said Logan Bahr, executive vice president for the Associated Students of Central Washington University (ASCUW-BOD) and S&A member.

Last year, the S&A Committee voted to raise fees by 14 percent in conjunction with tuition increases. Currently, quarterly fees are $208 per student or $624 annually.

"The committee was not going to blindly accept S&A increases and put the burden on students," said Jack Baker, assistant to the vice president of student affairs and enrollment management (SAEM) and S&A committee adviser.

Despite the vote, Baker is quick to point out that S&A is a recommending committee only.

The final decision rests in the hands of the Board of Trustees and will be decided on later this year.

"Baker still noted the importance of the vote and believes it to be a step in the right direction.

"The committee has broken away and recommended not to be tied to tuition," Baker said. "It shows that students are serious."

Boyland, who motioned the recommendation, said his reasons for supporting it were twofold.

"First there was the pragmatic reason that the fee was raised 14 percent last year and that was an exorbitant amount," Baker said. "So we are hoping to mitigate the effects of the last increase."

Bahr went on to say that the members of the S&A committee met for "four to five hours" on the Monday before the meeting to discuss the possible increase and the message they will be send.

"Students are the majority funders of S&A now and hopefully we can send the message that we can't keep up with the status quo," Bahr said.

Bahr also mentioned that the S&A fees at Central are noticeably higher than those of other universities. Currently, S&A fees make up about 11 percent of the total tuition cost.

"Our fee is staggering compared to other universities like the University of Washington," Bahr said.

The proposal of an S&A fee increase comes at a time when the committee is deciding upon base funding requests for the upcoming school year. Due to possible university and state budget cuts, more and more campus departments are asking the S&A for funding.

The University Writing Center, normally funded by Academic Affairs and Student Affairs, was told to request $200,000 of its budget to be funded by the S&A for the upcoming year. The Student Affairs and Enrollment Management Office is requesting $125,391 to replace a portion of Baker's salary and that of Keith Champagne, associate vice president of SAEM. The office fears its state funding for these positions may soon dry up.

"It's a little disappointing these decisions are being left up to students, but we are prepared to make them," Bahr said.

"There should be some aspect of shared sacrifice," Baker said. Doolittle pointed to the committee's recommendation, Baker feels that next year they'll have to raise the fees.

"You can't run a business without some kind of increases," Baker said.

The Family Resource Center (FRC), located in Michaelson 328, helps Central students find childcare and coordinates educational programs benefitting the community, families and individuals.

"Family center gives students, local families a helping hand" by KELSEE DODSON-CARTER | Staff Reporter

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The Family Resource Center gives students, local families a helping hand

The Family Resource Center (FRC), located in Michaelson 328, is a small, quiet, but inviting office in Michaelson Hall. It is an organization that started out with hard work from people and not much else," Doolittle said.

"One of FRC's number one goals is to make the center more visible and accessible. Right now FRC's offices are hidden away in Michaleon Hall. People have a very hard time finding the center, according to Doolittle. At this time, the centers primary concern is location.

"I would like this center to be like a living organism that supports the health and well-being of families, especially student families," Doolittle said.

The FRC is mostly run by student volunteers and student interns. Freshmen Bo Milanovic, business and German language major, is the only student employee. They maintain the website and design posters and what not. I'm the computer guy," Milanovic said.

Baker, who has a variety of internships, including Shanna Boyer, junior elementary and special education major, and Sydnee Matthews, senior family studies major, said Baker helps out with the events the FRC hosts.

"I liked "interacting with the kids and families;" Boyer said. "You really get to know the kids when you interact with them rather than observe them."

This is Boyer's second quarter interning and she believes it has helped her in a variety of ways. Before interning, she was the shyest person you would have heard of, Boyer said.

"This program has helped me become more outgoing," Boyer said.

Sydnee Matthews said the FRC has made her more aware of families on campus. Right now, she is working on finding information for a program that deals with the impact that a prisoner returning to the home has on the family.

The FRC is required to plan ten events a year. Some of the events include "Protecting Our Children," "Protecting Our Children's Mental Health," "Family Stress," "Family Finances" and "Couples Fireside Chat."

"Protecting Our Children's Mental Health" helps parents understand why children can't protect themselves from sexual abuse. "In the Stress," attendees learn about what causes stress and how to deal with it by managing their time and yoga. For "Family Finances", panelist speak about what is going on with families in the community and on campus during these tough economic times. "Couples Fireside Chat" is an informal chat with Dr. Duane Dowd and Dr. Amber Paulk from the family studies department.

The FRC has also created the Kittitas County Family Resource Manual, a book full of resources, contacts and businesses that may be useful to anyone seeking family services. Anything from housing opportunities to counseling services can easily be found in the manual. This year will be its second year being published. According to Doolittle, they are currently trying to get the manual printed in Spanish but the center is short on funding.

The FRC is constantly looking for new ideas centered around students needs. They may be small and not as defined as people's eyes, but it is a center with big dreams, goals and aspirations for itself.

"What I see for this place is hopefully the center will be on the edge of campus where students can drop by with questions, concerns or ideas," Doolittle said.
POSITIVE - CONTINUED FROM P.3

According to Stryker, technology is good for the most part and is created to make life easier. But she also believes that it depends on the specific technology itself.

I think that the [clicker] has a long way to go to become friendly enough before a lot of teachers will use it," Stryker said. "But I hope that they get there."

Aside from the clicker, professors have also made good use of the Internet in their classrooms. Stryker has personally been using embedded YouTube videos within her PowerPoint presentations for the past two years. Before this ability, showing students videos was much more of a hassle.

"Your PowerPoint is showing up on the screen and then as you click...it shows up on the screen big and then the students can actually see what they're supposed to see in the microscopes," Stryker said. "Some people are visual learners, some people need to read the material, some people need to hear the material. So using different approaches to present the same material, you'll help the greatest number of students."

Welcome Center takes over parking duties

As of March 2, Central Washington University's recently opened Welcome Center will begin handling all services previously available through Central's parking kiosk. A grand opening celebration is being scheduled for April 22 from 4 to 6:30 p.m.

The kiosk, located between Anderson and Walnut streets near Munson Hall, served as hub for incoming students and their parents seeking campus information.

The Welcome Center, located at University Way and Pearl Street, will now handle everything from daily parking passes, campus maps and a meeting point for campus tours. Tickets for campus events and Inter- access will also be available.

The university will be renting the facility for the next five years, with the first years rent being $3,500 per month, in addition to the estimated $150,000 - $200,000 being spent on renovations and signage.

The center will be open from 7 a.m. to 6 p.m. Monday through Friday and 9 a.m. to 2 p.m. on Saturdays.

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Online dating is becoming increasingly popular. Sites like plentyoffish.com, adultfriend­finder.com, and others offer singles, or couples, wanting another party to join their sexy time, the chance to find potential partners or hook up for some no-strings-attached sex. Even I gave into the world of hooking up through the Internet. Back in spring quarter of 2008, I discovered an application on Facebook called Social Me. I posted my picture and a short bio (nobody ever reads those) and started commenting on other­ people’s pictures.

Social Me has standard comment buttons that say things such as “pretty eyes,” “kissable lips” and “sexy smile.” Those who want to be more original can type their own comments in the “choose your own” field. I got a lot of comments, mostly positive (although several people decided to rate my picture as “drunk”), and met a lot of cool people. I never planned to hook up with anyone—meeting online friends in person just wasn’t my thing. At first I just chatted with people from all over the world. Then I met Joe. We went from chatting on Social Me to chatting on Yahoo! Messenger to web-camming to target shooting, etc. So we ended up in the same circle of friends.

Birney Elementary last Friday was as unexpected as it was horrific. According to a Seattle Times report, Jennifer’s mother, Nancy Heisler, responded to the state­ment when I say that his murder of special education teacher Jennifer Paulson outside of Tacoma’s

Last Friday I heard the news, and thankfully it came from a friend. “Jed Waits is dead,” she told me. “He killed someone this morning, and then the police shot him.” My heart dropped down into my stomach. I can’t believe the in 10 years, but high school memories came flooding back. He was a year ahead of me in school. We were never close, but we knew each other. We were in a play together and occa­sionally hung out in the same circle of friends.

National newspapers have called him a troubled killer. I only remember a sweet Ellensburg kid who went to youth group and like to draw cartoons. I think I share the sentiments of the commu­nity when I say that his murder of special education teacher Jennifer Paulson outside of Tacoma’s Birney Elementary last Friday was as unexpected as it was horrific.

Online dating isn’t necessarily a bad thing, but taking precautions is a really good idea. Talking on webcam beforehand is a good way to make sure you’re really talking to whoever your chatting partner says he or she is, but there are still precautions to be taken. So have fun, but go forth with caution and don’t go in pressure. Stay in your comfort zone. My comfort zone no longer involves meet­

“After a while, I decided to slow down my crazy, reckless lifestyle and stop hooking up with people I met online.”

I was raised with firearms in the house, going huntin’, going fishing, going target shooting, etc. So they hold no mystery to me. A firearm is no different than a car, a knife, a baseball bat, rock, or any other inanimate object. They all require human inter­vention to be used for any purpose whether recreation, pro­tection, or violence. Every modern nation going the route of the central Kittitas Valley area. This is an eter­

Last fall (Fall 2008) I taught a University 101 class. To­wards the end of the course I invited Mike Luvera, the cap­tain of campus police, to speak about this class concerning law enforcement issues. After he and Lieutenant Twaites have run through the topics of drugs, alcohol, theft, and sexual assault, Captain Luvera told us that if the officer shooting, the sad fact was that we were on our own. There was simply no way that campus police would be able to protect us from an attack, in a scenario given the speed with which those events run from course to beginning to end. We had to take responsibility for our own survival and safety. In saying those words, he confirmed what I had intuited for many years: the police are a reactionary body. In the main, they come after the nasty events have occurred, take pictures, interview surv­ivors, and write reports. I do not blame or castigate them in any way. How could it be otherwise? They must rely on the law abiding to establish and maintain the public order that they are charged with guarding.

Online dating is becoming increasingly popular. Sites like plentyoffish.com, adultfriend­finder.com, and others offer singles, or couples, wanting another party to join their sexy time, the chance to find potential partners or hook up for some no-strings-attached sex. Even I gave into the world of hooking up through the Internet. Back in spring quarter of 2008, I discovered an application on Facebook called Social Me. I posted my picture and a short bio (nobody ever reads those) and started commenting on other­ people’s pictures.

Social Me has standard comment buttons that say things such as “pretty eyes,” “kissable lips” and “sexy smile.” Those who want to be more original can type their own comments in the “choose your own” field. I got a lot of comments, mostly positive (although several people decided to rate my picture as “drunk”), and met a lot of cool people. I never planned to hook up with anyone—meeting online friends in person just wasn’t my thing. At first I just chatted with people from all over the world. Then I met Joe. We went from chatting on Social Me to chatting on Yahoo! Messenger to web-camming to target shooting, etc. So we ended up in the same circle of friends.

Birney Elementary last Friday was as unexpected as it was horrific. According to a Seattle Times report, Jennifer’s mother, Nancy Heisler, responded to the state­

Last Friday I heard the news, and thankfully it came from a friend. “Jed Waits is dead,” she told me. “He killed someone this morning, and then the police shot him.” My heart dropped down into my stomach. I can’t believe the in 10 years, but high school memories came flooding back. He was a year ahead of me in school. We were never close, but we knew each other. We were in a play together and occa­sionally hung out in the same circle of friends.

National newspapers have called him a troubled killer. I only remember a sweet Ellensburg kid who went to youth group and like to draw cartoons. I think I share the sentiments of the commu­nity when I say that his murder of special education teacher Jennifer Paulson outside of Tacoma’s Birney Elementary last Friday was as unexpected as it was horrific.

I was raised with firearms in the house, going huntin’, going fishing, going target shooting, etc. So they hold no mystery to me. A firearm is no different than a car, a knife, a baseball bat, rock, or any other inanimate object. They all require human inter­vention to be used for any purpose whether recreation, pro­tection, or violence. Every modern nation going the route of the central Kittitas Valley area. This is an eter­
Dear Editor,

I can't imagine having a $290,000 standard of living. Today (Feb. 26) I learned that President Pudostino made $290,000 in the year of 2009, about $72,000 more than the previous president. With a $100,000 standard of living, the left over $190,000 could pay for cost of living, attendance and pocket money for roughly 2.7 students for four years. Even if he had a $290,000 standard of living (which is osc- 1 rated to still be the most expensive standard of living that would be used to help students attend school. I live comfortably on only about $8,000 a year ($16,000 without my roommate). If I chose to use only school Internet and printing resources, it would be less than that. I'm looking at spending about 10 years to pay off my student loans. I knew that going into school, I didn't know that the school employs people with salaries that could pay for almost 16 years of liv­ ing and attending college. That is a salary ($290k) that could pay for 16 people to live and go to school each year. Obviously those employees have needs too. At a cuby $100,000 the re­ mainder could still pay for roughly 11 students to live and go to school each year.

What does President Pudostino do that makes him worth $290,000 a year? At that rate, he earns a MILLION in about 3.5 years. I'll be lucky if I make a million dollars in my life. I would like to think that the president is returning some of that money back to the students in the form of grants, schol­ arships or donations but I seriously doubt it. I haven't heard anything about it if he does. Maybe if we weren't paying for obscene salaries (here at CWU and elsewhere), we wouldn't have quite the budget mess we have today.

Michelle S. Mills
Senior, Geology Major

The Observer welcomes brief letters (300 words or less) from readers on current issues and the submission of letters on recent issues. Please include your full name and university affiliation: year and major, degree level, year and major, year and degree level. Letters must be received in the following week’s issue, please e-mail your letters to cwuobserver@ gmoil.com by 5 p.m. Monday. The Observer reserves the right to edit for style and length. Anonymous letters will not be considered.

Relationships 101:
Facebook statuses? It's complicated.

BY ERICA SPALTI | Online Editor

How many times have we heard this between friends?
"I saw you and Bob are ‘In a Relationship:'

"Ummm, creeper?"

And we ALL know what they are talking about - the change in Facebook relationship statuses. I wish I could say that this is re­ ally annoying, but I basicallybegged the boyfriend to change his. However, I see this and other different relationship statuses are causing way too many problems.

Of course you have the common “Single,” “In a Relationship,” “Married,” “Engaged,” “Widowed.” Yet there are two that just cause me amaze: “In an open relationship” and “It’s compli­ cated.” What do these mean?

Here are my interpretations.

In an open relationship: Basically girl likes boy, boy likes girl, but wants other girls on the side. Girl settles for this because she isn’t looking for a boyfriend and thinks that one day the word “open” will leave the status. Ladies, do not settle for this because you like this guy. There are likely other girls who are in the same position you are, and they want the same thing that you do. CONTINUED ONLINE.

Culinary Columnist
Garlic Chicken and Orzo Pasta

BY RACHEL GUILLERMO | Culinary Columnist

Do you know the reason I love pasta? It’s be­ cause you can put pretty much anything in it and it'll taste great. I took a recipe from allrecipes.com and made it my own while I was just down the gro­ cery store isle. That's how I come up with a lot of the recipes I write - I take something that I like, and I come up with a lot of the recipes I write. I chose Sparkle because sparkly things catch people's attention. Then I would probably trust my gold with a guy that is Splitsville (n.) - term used in situations where you would split something. Used in a sentence: “Bro, are you trying to go splitsville with this guy?”

YUM YUM!!!!

INGREDIENTS: 1. marinara sauce
2. 7”, thin crust pizza
3. 1/4 C. White onions, chopped
4. 1/2 C. Fresh Marinara sauce
5. Juice and zest of 1 lemon
6. 1/2 tsp. Dry oregano
7. 1/4 tsp. Grated Parmesan cheese

DIRECTIONS: 1. Heat the oil in a skillet over medium-high heat. Add marinara sauce, cook for 8 to 10 minutes until al dente, and drain. 2. Heat the oil in a skillet over medium-high heat. Cook the garlic and red pepper until garlic is gold­ en brown. Stir in chicken broth, dry white wine, and pepper. Cook until lightly browned and juices run clear. Add cherry tomatoes, cook for 2 minutes. 3. Reduce heat to medium-low heat and mix in the cooked al dente pasta. 4. Add spinach in the skillet. Cook 5 minutes, stirring occasionally, until spinach is wilted. 5. Serve topped with Parmesan cheese.

If you think I care, WRITE IN and see! astinhaaspaerly@yahoo.com
Tina Nguyen opened Skype and clicked the green call button. After a few rings, Cheikh Dieye and Khalifa Gueye popped onto the screen.

"Can you hear me?" Nguyen asked.

Nguyen, a sophomore accounting major, is a volunteer for the Civic Engagement Center who participates in the U.N.I.T.E. program, which connects Central Washington University students with others such as Dieye and Gueye at the "Université Cheikh Anta Diop," University of Dakar, in Senegal, a country in West Africa.

"Crossing national borders is a lot easier with technology," said Tami Mcinroy, junior elementary education and early childhood education major.

According to Mcinroy, U.N.I.T.E. began as sociology major Bethany Vierra’s project in October 2009. However, Vierra left Central a month later to live and work in Senegal, where she now teaches English. Mcinroy, a service learning fellow for the Civic Engagement Center, picked up the project in January 2010. She connected with Dieye, Gueye, and two others, Cherif Asdara and Djamil Abdourahmane Sarr, who asked about her original thoughts regarding Senegal and its technology.

"I thought they were going to be talking to us in huts and technology would be a big deal," Mcinroy said.

She was proven wrong.

"The very first time that we had Skyped them, they were already up and going," Mcinroy said. "When we were talking to them, they were whipping out their cell phones. They had better computer quality than us."

According to Dieye, junior law major, technology and communication in Senegal are good and improving quickly.

"People are really aware of the advantages of this new technology and how it can help them communicate[er] with people... all around the world," Dieye said in an e-mail. "This is the reason why there are many cyberspaces where people can use [the] internet for an amount of 2,000 francs (about $4) or people have their own laptop[s] with internet at home."

Mcinroy loves how Skype has helped her implement the U.N.I.T.E. program, which benefits participants in both countries.

"On both sides we get really good cultural exchange experiences," Mcinroy said.

As the communication manager of the World Wide English Club in Dakar, Dieye decided to get involved with the U.N.I.T.E. after meeting Vierra, who told him about the program. Dieye gathered a group of volunteers who also wanted to benefit from the Thanks to the new technology, it allows people from different cultures to meet and discuss different topics.

With the use of Skype’s technology, Mcinroy and Nguyen have plans to implement the U.N.I.T.E. program in Saudi Arabia and Vietnam. They hope to connect with American Pacific University (APU) in Ho Chi Minh City, Vietnam, next quarter. They will find out in April whether or not the U.N.I.T.E. program will open a branch in Vietnam.

Nguyen, an exchange student from Vietnam, likes doing charity work overseas, and believes that the U.N.I.T.E. program is the best way to connect people from all corners of the Earth.

"It is a chance for me to connect with my own country and take action, do something to make change to my country," Nguyen said.

According to Nguyen, Vietnam didn’t get online until she was in fourth grade, around the year 2000. Since then, programs like Yahoo! Messenger have become quite popular, although Skype has not risen high on the popularity scale.

When Nguyen first came to Washington three years ago, she wasn’t familiar with Skype and spent a lot of money on calling cards so she could talk to her family in Vietnam.

"Right now we are in the information era, so we can connect," Nguyen said. "We can see our family, our friends, just in seconds. The internet is truly, truly helpful."
Social Networking
Social Web sites boom on and off campus

BY JOHN BARAN | Staff Reporter

Music helps students sail to class, work out, or dance hard on the weekends and has become an integral part of campus life. With students bumping tunes, many on campus have found ways to get music through both legal and illegal ways.

According to The New York Times, CD sales have gone down 30.6 percent from 2000 to 2007. This is attributed to the rise of music being accessible through both legal and illegal ways.

Some of the legal methods students have been using to listen to the music they enjoy are by purchasing and downloading it from online vendors such as iTunes, Amazon MP3, or Napster, using YouTube, streaming it from MySpace, or listened to in inter-net radio.

One of the newer legal ways for people to listen to music carefree is an Internet radio Web site called Pandora (www.pandora.com) that streams music to its members. The site allows listeners to “like” or “dislike” songs. The site will stream artists similar to the ones the user likes, which can help to discover new music.

Shiloh Frauen, senior fashion merchandising major said she uses Pandora frequently. “I also get [music] through friends,” Frauen said. Students also use illegal methods to possess the music they desire. Many use peer-to-peer file-sharing programs such as LimeWire or BearShare, but Central’s ResNet Internet provider can recognize the program on students’ computers and kick them off. Students have found other ways around this dilemma, by pirating music from RapidShare, Megaupload or other file hosting sites.

“I prefer to talk to people over Facebook [rather] than texting,” said Keith Lund, sophomore undeclared. “It’s just easier to type on my computer than use my phone.”

Students not only use social networking sites to chat with others. They also use them to scope out possible parties or things to do around town. “Whenever I get invited to a new event I check who is going,” Lund said. “Instead of asking all my friends if they are going, I can see how they respond on Facebook.”

“The sports stars have been asked not to use Twitter or ‘tweeting’ while during a game for fear of the other team using it to their advantage,” Frauen said. Distractions posed by these sites also affect students who frequently check their sites from not only the computer, but from their phones.

“Professors I’ve had in the past have told their horror stories about students using Facebook during class,” said Lund. “It’s hard to restrain yourself when it’s this easy to do.”

Polzin also talked about how anyone can view his pages on his Facebook.

“I’ve definitely been more careful about what I put up on it,” Polzin said. “I’ve heard of employers looking at MySpace and Facebook to check out their employees.”

“Social networking sites have grown in popularity over the years and with parents, teachers, and employers joining the ranks of students, it has become a tool used by everyone. Facebook, MySpace and Twitter are available at facebook.com, myspace.com, and twitter.com, respectively.”

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Downloading Dilemma
Students gather music legally and illegally

BY JOHN BARAN | Staff Reporter

“I love music so much, but can’t afford to buy albums all the time. I understand why some artists are upset by illegal downloading.”

Anonymous Freshman

If Google, I type in the name of the album and ‘blogspot’ said an anonymous freshman. “That brings up blogs that have links to download the album.”

This student admitted he didn’t buy an album for years mostly due to financial reasons.

“I love music so much but can’t afford to buy albums all the time,” an anonymous freshman said. “I understand why some artists are upset by illegal downloading.”

Many artists have spoken out against illegal downloading, most notably Lars Ulrich of heavy metal band Metallica. According to Blabbermouth.net, Metallica has sold over 52 million records in the United States. They, along with other artists like Blink 182 and Garth Brooks, sued Napster, Napster then turned into a pay-to-use program.

On the other side of the spectrum, alternative rock band Radiohead released their album “In Rainbows” online for people to download and pay as much as they felt it was worth. This included letting users download it for free. However, the album is no longer legally available for free. Students stressed that art should be paramount when producing music.

“My art isn’t about the money,” Colvin said. “I would be happy if they were listening to it.”

“Downloading copyrighted music is illegal; users face dire consequences if caught. If caught by the Recording Industry of America, they can imprint the album to $250,000.”

Check out Central’s policy on file sharing by going to:
www.cwu.edu/~its/file_sharing_faq.html#mp3
It's an alley-residing venue with a loose association of community members and local artists - both are contributors for the name of the newly established Alley Cat Artists organization. Central Disability Resources (CDR) has teamed up with a group of local professional artists to launch Alley Cat Artists, an organization that promotes collaboration between artists with and without disabilities and ultimately helps individuals develop their creative and professional artistic capabilities.

"There is a special acknowledgement to supporting individuals with disabilities, but we open it up to the community because we want everyone to participate," said Will Campbell, Alley Cat Artists board member. "We're trying to foster an artist community that supports the local artists in this area.

An important aspect of Alley Cats Artists is the means of providing a place where people with any physical or mental impairment can express themselves. Yet, according to Alley Cat Artists board member Rachel Mack, the emphasis is not strictly on individuals with disabilities, but also creating the opportunity to unite with colleagues and other artists.

"While we aim to provide that kind of helpful niche, it's also a space in the community where art is coming together," Mack said. "It's a collective energy that makes [Alley Cat Artists] helpful.

According to artist Jim Whaley, the relaxed atmosphere of the Alley Cat Artists venue is the reason why he attends regularly.

"I can relax and just paint," Whaley said. "I also get the opportunity to meet other artists." Alley Cat Artists provides a group of professional artists capable of offering artistic guidance, as well as information and resources that will sustain professional artistic development.

"We all have gaps with what we're good and bad at, and people come together here to help," Mack said. "Our focus is on being approachable and being that friendly space where you can get help with art or professional development.

According to Mack, the history behind the creation of Alley Cats Artists in October 2009 was the high demand from artists who were interested in expressing and developing their abilities.

"With the goal of helping the arts in Ellensburg, and donating from a few local businesses downtown Ellensburg. For more information about Alley Cat Artists and events, visit their Facebook page, keyword search "Alley Cat Artists."
Wind Ensemble Festival
Central hosts statewide band gathering

BY LURA TREIBER | Staff Reporter

A different kind of wind is blowing onto the Central Washington University campus this March. Central Washington University schools from throughout the Northwest have been invited to attend the invitational Wind Ensemble Festival hosted by the music department. Each ensemble is made up of brass, woodwind and percussion instruments.

The wind festival begins today at 8 a.m. and will last until Saturday, March 6. The performances will be held in the Music Building concert hall and are open and free to all. Anyone wishing to view the band performances is encouraged to come early. By the time afternoon rolls around, it is usually standing room only.

"The more the merrier, I say," said Larry Gookin, director of bands and main coordinator for the festival. "As long as the fire marshal doesn't shut us down."

The wind festival is noncompetitive and was started by Gookin in 1987. That year there were eight bands. This year 48 bands are attending and several more are on the wait list. Participation is by invitation only.

"So many people want to come, we have to turn away people now," said Kelsey Weber, junior music education major and a coordinator for the event. "I think it's really cool to know that the festival is so important to people around the state."

Taking away the competitive aspect of a music festival gives bands a chance to improve and learn from others.

"There have always been competitive band festivals," Gookin said. "I've always thought philosophically, it always becomes non-competitive when a trophy becomes the main focus."

During her sophomore and senior years, Hampton had the opportunity to participate in the wind festival with her high school, Mountain View High School in Vancouver, Wash., where she played the bassoon. She described the event as fun and a good bonding experience for her and her band.

"The students are a lot more at ease," Weber said. "It's important in the music field to take away some of the competitiveness. We like to encourage a very positive atmosphere. It doesn't matter what place you get, but what you learn."

At the festival, the high school ensembles will be critiqued by three out-of-state clinicians: Dr. John Cody Birdwell, director of bands at the University of Kentucky; Dr. Eric Hammer, director of bands in the Conservatory of Music at the University of Wisconsin-Madison; and Andrew Collinsworth, the director of bands at Sonoma State University.

"Clinics just give feedback so they can become a better ensemble and a better group," Weber said. "They're just fun and make students do things they haven't done before."

According to the music department's Web site, the ultimate goal of the wind festival is to improve communication between conductors or clinicians and students and to promote an environment of learning.

"It brings over 1,000 kids onto campus and in front of faculty," said Mark Lane, associate director of bands and assistant professor of music education. "They come for feedback, without the fear of a score and to work with the clinicians."

The festival has one other bonus for the university and the music department.

"This is probably the best recruiting event for instrumentalists," Gookin said. "A lot of these students want to be music majors.

According to Gookin, the more often a student views a campus, the more likely they are to consider applying to that school. It gives them a chance to really see what particular school has to offer.

"It's a huge benefit for the university," Lane said. "They get to see the beautiful new buildings."

In addition to the high school bands performing, Central's Symphonic Winds directed by Gookin and Jazz Band I directed by Chris Breen, director of jazz studies will each be performing.

BSU hosts "Showtime at the McConnell"

Imagine a talent show where the acts are judged based on the reaction of the audience. Tomorrow night, at "Showtime at the McConnell," attendees will be able to vote on who they believe should be awarded the grand prize of $500. The show starts at 7 p.m. in the McConnell auditorium.

The event is taken from the music television show "Showtime at the Apollo." According to ENICE main, Black Student Union (BSU) events coordinator and sophomore flight technology major, it is a tribute to the Apollo Theater, which helped many stars propel their careers. Some of these stars include Stevie Wonder, Diana Ross, Jimi Hendrix, Mariah Carey and Michael Jackson, among others, according to Maina in a press release.

"If the crowd boos loud enough, they have to leave the stage," said Catrena Hampton, sophomore undeclared.

"We educate students about African American history. Another goal of ours is to focus on retention for African Americans and other minorities."

BY ELIZABETH DEVOS | Staff Reporter

"We educate students about African American history. Another goal of ours is to focus on retention for African Americans and other minorities." Catrena Hampton BSU Co-President Sophomore Undeclared

This year's event will be hosted by comedians Nate Jackson, and DJ Dom, who is originally from Seattle but lives in Los Angeles, according to Hampton. Some local Ellensburg businesses have donated items to be given away at the event. A lot of crowd interaction will take place, making the event very lively.

This year will mark the seventh year of "Showtime at the McConnell." Hampton said it is a great event for the BSU that "just as educational as other events they have hosted in the past, like the Martin Luther King Jr. walk. This is a fun, interactive, educational event."

"Showtime at the McConnell" is one of the more successful events that the BSU puts on for the students and the community, according to Maina.

The event is free to attend, the BSU will be accepting clothing donations at the door for those affected by the earthquake in Haiti.

"The BSU is an organization that is focused on the community amongst African Americans here on campus, as well as anyone else on campus who would like to be a part," Hampton said.

The BSU has been working with A.C. Davis High School in Yakima to help students stay in school and introduce students to college life as well as educational stuff

"We educate students about African American history," Hampton said. "Another goal of ours is to focus on retention for African Americans and other minorities."
Uncharted 2
PS3 smash hit makes for legendary graphics

BY JOSH CHAFFIN  │  Staff Reporter

There are mixed feelings regarding video games - they are sometimes seen as something only “nerds” partake in, or as a waste of money and time. But video games are just another form of entertainment.

I imagine people decide to play video games for the same reasons people go to the movies, watch television or even read a book: to experience something beyond what one experiences in everyday life.

You are not going to go to a movie that is exactly like what you do day-to-day - that would be boring. You are going to want to go to something with action stars and explosions, a deep, captivating story, or a comedy that makes you laugh so hard your kidneys explode. Video games encapsulate that appeal, except they are interactive, and the gamer is in control of the story’s outcome.

"Uncharted 2: Among Thieves" is an exclusive PlayStation 3 (PS3) title that was released on October 13, 2009. The first thing I must say about this game is that it has some of the best graphics I have seen in a video game. The backdrops and landscapes are stunning. This is one of those titles that definitely pushes the capabilities of the PS3.

In the story, you play as Nathan Drake, a scruffy treasure hunter and thief, who is presented an opportunity to search for a legendary treasure with some old friends.

If you have ever seen a film that sounds vaguely similar to this, then you can figure out the rest of the story line. Twist, turn, the friends betray the main character, big bad evil guy comes in, a race to the treasure, blah, blah, blah… you get the point. I am not saying the story isn’t entertaining, it is just very predictable.

One of my favorite aspects of the game is that it is broken up into small chapters. The pieces are small enough that you can pick up the game and play for 15 or 20 minutes and finish a chapter. In most games, it takes you at least an hour to accomplish anything significant.

The gameplay is fun - part platformer, part third person shooter. The control mechanics also work well. Enemy types are limited and fairly predictable, but the other portions of the game more than make up for the flaws.

Overall, I really enjoyed this game, don’t expect to play it through more than once. The story is pretty easy to follow, and there aren’t many extra items to unlock to keep you playing over and over again.

Overall this game is a definite must for those who own the proper equipment. Though it has some flaws, the pros definitely outweigh the cons.

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Overall this game is a definite must for those who own the proper equipment. Though it has some flaws, the pros definitely outweigh the cons.

President’s Reception Center to host art exhibit

BY DAVID GUZMAN  │  Scene Editor

From 5 p.m. to 7 p.m. tomorrow, the President’s Reception Center will showcase the works of Glen Bach, professor and director of Central's graphic design program. The exhibit will be hosted by President James Gaudino and his wife Katie. The President’s Reception Center is located adjacent to the president’s home, which is located on the corner of 10th and D Street.

Bach, who has taught at Central since 1988, uses a wide variety of media to create his art, including photography and digital imagery in addition to traditional painting. "I'm very proud to be a hardworking president and his wife would honor my work," Bach said.

Bach's exhibit will be a part of Ellensburg’s First Friday Art Walk, a tour of local art exhibits held in businesses throughout Ellensburg. The First Friday Art Walk is hosted by the Ellensburg Arts Commission. According to their Web site, the commission provides funding and awareness to the visual and performing arts in Ellensburg. For a map of participating venues, visit the commission’s Web site at www.ellensburgarts.com.

According to Katie Gaudino, the exhibit is the first of many future art exhibits hosted by the President’s Reception Center that showcase the works of Central students, faculty and alumni.

"It's coming along very well," Gaudino said. "Our goal is just to have an open door for both the on- and off-campus community."

Gaudino added that Bach’s exhibit will remain at the reception center until next spring, when another on-campus artist will be featured.
SCENE

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Wildcats fall to third in GNAC
Central drops back-to-back games against top-ranked teams

BY LAURA MIDDLEIDER | Sports Editor

With Central sitting in second place in the Great Northwest Athletic Conference (GNAC), their game against the Seattle Pacific University (SPU) Falcons proved to be the toughest so far this season. The Falcons sit in first in the GNAC and currently rank ninth in the nation.

Last Thursday, Central faced the Falcons on their home court and trailed early in the game. In the first half, the Wildcats fell behind but were able to turn the tables and go on a 14-2 run in the first three minutes of the game.

Junior center Chris Sprinker had a career high of 25 points and made 10 of 15 shots from the floor. Sprinker's hot shooting helped keep the Wildcats from falling behind throughout the first half.

With junior forward Humberto Perez suffering a season-ending wrist injury last week against Northwest Nazarene, junior guard Toussaint Tyler saw his second start of the year at shooting guard.

"Perez is a great scorer and defender," Tyler said. "[I'm looking to] put more points on the board and pick up the production we're going to miss from him."

SPU regained the lead, going into halftime with a 53-47 advantage. In the second half, Central was unable to regain the lead but did come back to tie the score with 16 minutes left. SPU got their streak going with a 10-0 run to increase their lead to 15. Central never recovered, and the game ended with a 100-92 loss to the number one rebounding team in the GNAC.

SPU's point guard Chris Banchero scored 34 points, while Rob Diedrichs recorded 19 assists for the Falcons, a GNAC record.

"SPU came out hot right out of the gate like we expected them to," Miller said. "Alley-oops, back screens - Diedrichs was dropping dimes all over the place against us."

Sophomore guard Shane Miller scored 5 of the team's final 9 points in the final minute of the game, finishing with 15 points off the bench.

Miller wasn't alone in scoring, as junior guard Toussaint Tyler and junior center Coby Gibler both scored in double figures with 16 and 12 points respectively.

Central continued their road trip against the Western Washington University (WWU) Vikings last Sunday. The Wildcats battled hard but fell to the Vikings, 90-86.

The Wildcats had four players score in double figures for the night to help with the shooting battle. Senior guard Jon Cliff had 23 points while Tyler walked away with 18. Junior guard JC Cook added 15 points and Sprinker had an additional 12 points for the game.

Central jumped on the scoreboard early with 11 points while holding
Baseball endures rough weekend in California
Chico State sweeps Central

BY MICHAEL REED | Sports Reporter

On Feb. 27, Central's baseball team played their first of four games in the series versus Chico State, at Nettleton Stadium. The first run by Central came in the fourth inning as senior catcher Jake Hammons reached first base on a wild pitch and advanced to second on another wild pitch by Chico State's starting pitcher Michael Gleason. Junior designated hitter Kris Henderson then walked to put runners on first and second base for Central. A single to center field by junior first baseman Eric Sorenson brought first baseman Eric Sorenson to load the bases. Down 5-2 after the fourth, Central tried to gain back the 5 runs they fell by a score of 12-1.

Junior pinch-hitter Kris Henderson drove in Hammons with a fielder's choice for Central's lone run, as they fell by a score of 12-1. "We all need to start swinging the bat better and stop giving up so many runs," said sophomore center fielder Bret Belec.

On Feb. 28, the team took the field for the third game of the series. Murphy was able to score Central's first run in the second inning. In the first inning, Hammons was able to score the first run for Central. Hammons doubled to right field and freshman third baseman Sean Murphy walked to put runners on first and second. Sorenson was walked by Chico State's Phillip Hymes to load the bases. Central then scored two more runs in the fourth inning. Sorenson scored and shortly after, senior second baseman Kevin Walkenhauer hit a two-run home run to right-center field, cutting the deficit to three.

In the fifth inning, Central gained a two-run lead after breaking out for 5 runs. However, Chico State went on to score four runs, claiming a 24-2 victory.

"We all need to start swinging the bat better and stop giving up so many runs," said BRET BIELEC
Sophomore, Center field

VICENTE NETHERY
Triathlete professor pushes his limits

BY BEN PITMAN | Sr. News Reporter

Dr. Vince Nethery is a man of many talents. Nethery received his Masters (M.A) and Doctorate (Ph.D) degrees in physiology from the University of Oregon. His undergraduate works were in education, music and physical education. The culture of University of Oregon was a good fit for Nethery. Although he did not compete in any of the university's athletics programs, Nethery enjoyed track and field meets Eugene, Ore. is known for, as well as the variety of different running trails and social runs such as community marathons.

An Australian native, Nethery is more than just a exercise science doctor here at CWU, he is an accomplished athlete. Nethery has qualified for the past three years for the annual 70.3 Triathlon World Championships in Clearwater, Fla. He competed in the last two championships as a representative of his native land, Australia.

In the 2008 World Championship, Nethery finished 14th in his age bracket, which is 50-54 years. In 2009, Nethery posted his best time for this grueling event, which was 4 hours and 37 minutes finishing 33 out of 80 plus athletes.

The 70.3 Triathlon is half of the distances of an "Ironman" Triathlon, which consists of a 2.4 mile swim, followed by a 112 mile bike ride, ending with a 26.2 mile run.

As a youth, Nethery had a curiosity for a wide range of sports from cricket, squash, badminton, fencing and basketball. Growing up in Australia assisted Nethery in developing a variety of skills from these activities.

Australian culture is not focused on a particular sport," Nethery said. "They do not have the same heavy structure in the school system nor do we have the same heavy structure in athletic programs as exists here in the United States."

It was not until five years ago that Nethery became competitive in triathlons. His enjoyment for new adventures is what compelled him to compete in these worldly events.

Nethery recommends that those interested in competing in an extreme event such as an Ironman or 70.3 Triathlon. With a modest beginning, one is able to move in a steady progression toward larger venues. Patience and persistence are crucial.

Maintaining a normal, daily caloric intake is also critical while preparing for a triathlon. Nethery recommends a grazing diet while training, when one eats lightly throughout the day at least six to seven times.

During competition, Nethery breaks the event into five disciplines: swim, bike, run, nutrition and psychology. Competing in extreme events like this takes as much mental toughness as it does physical endurance.

"I have this mindset of good thoughts or no thoughts," Nethery said. "As soon as you start to have a negative thought, re-orient it to a good thought."

Nethery also added that having family members and friends throughout the course is essential. If there are certain points on the course that you know will be challenging for you, having family members or friends for encouragement is very helpful. It breaks up the distances into manageable lengths.

In the summer of 2010, Nethery will travel to Germany to compete in the Regensburg Ironman Triathlon.
Softball starts season strong
Wildcats take three of four for season opener

BY ROBYN SWANSON | Sports Reporter

In the first matchup with top-ranked Western Oregon University (WOU), the Wolves seemed to be overmatched against the Wildcats, as Central won three of four games to open the season.

The season opener was held at the Wolves newly-dedicated home field, Gary & Bobbi Frederick Field.

The first two games were originally scheduled for last Saturday and Sunday, however, due to heavy rain on Friday, the games were rescheduled for Sunday and Monday, allowing time for the field to dry out.

In the bottom of the first inning, the Wildcats were quick to score when junior shortstop Samantha Petrich hit a three-run home run, helping Central come out on top, 10-5.

“Our hitting is improving amazingly,” Petrich said.

WOU responded in the top of the fourth with 4 runs, coming off hits by Bailey Rueck, Jessie Lessard and Ellen Bogardus. The Wolves held a 5-3 lead after the fourth inning.

But the Wolves’ lead didn’t last long, as the Wildcats added 4 more runs to take the lead, 7-5.

“Our team stepped up and executed when we needed too,” senior left fielder Ashley Fix said.

"[WOU’s] pitching staff may run deeper than other teams but they aren’t unhittable.”

The Wolves fate was sealed in the sixth inning when junior first baseman Kelsey Haupert hit a bases-loaded double with only one out. Both Haupert and Petrich came out with four RBI’s in the first game.

“I feel glad because that’s how I was hoping to contribute,” Haupert said.

CONTINUED ON P.18
SPORTS

Weekly Fix with Doctor Proctor
The U.S. vs Canada: Olympic hockey’s new miracle on ice

BY KEVIN PROCTOR | Asst. Sports Editor

I'll admit, I've never really been a big hockey fan. Basketball, football, baseball; those are the three sports I really follow and immerse myself in on a daily basis. But hockey has never really done it for me. Besides "Sid the Kid" and Alexander Ovechkin, I couldn't name another hockey player playing in the NHL today. It was just not a sport I ever could get into.

However, after this year's Olympics, I might have to reconsider my position. Picked to finish fifth before the games started, the USA men's hockey team made an improbable run to the championship game, nearly pulling off the upset against Canada in the finals.

After completely destroying Finland 6-1 in the semi-finals, I was intrigued and actually looking forward to the championship game.

What? Looking forward to a hockey game? How many people in the U.S. have said that in the last decade?

What followed was a game full of excitement, which should be the most memorable hockey game since "the miracle on ice" when Team USA took down powerhouse Russia nearly 30 years ago.

The U.S. quickly fell behind 2-0 to Canada but scored midway through the second period to cut the lead to one. Both teams were throwing themselves all over the ice and doing everything they could to put the puck in the back of the net.

Tension rose when two shots hit the goal post and Team Canada's Sidney Crosby missed a breakaway late in the third period. As the clock ticked down inside a minute of regulation, Team USA was desperately trying to find another opportunity, slapping shots hard at the Canadian goal.

As hope was fading for the U.S., Zach Parise scored on a rebound for Team USA, tying the game with just 24.4 seconds in regulation. As both teams headed into overtime, it was clear this game was special, regardless of the outcome. It was at that point that the players, the coaches, and every fan watching knew the significance.

Even when Crosby scored the final goal in overtime to give Canada the gold medal, there was no shame in what Team USA had accomplished. Hockey has been revived in the U.S. in every game, there is a winner and a loser, but this might be the closest thing to having two winners in a game.

With the way Team USA played, the Olympics ought to give out no silver medals, but two sets of gold. It was an extraordinary sporting event, and one that will not soon be forgotten.

Never have I been so into a hockey match before. I have heard the argument that the U.S. should not send their NHL players to the Olympics, with their own regular season in the midst of the games. After the 2010 Olympics, I hope we all agree that sending our professionals was and will continue to be a good thing for the sport of hockey in the future.

Hockey has been a fading sport in the U.S. for the last decade or so, but after an unbelievable run in the Olympics, I hope it makes a comeback.

With Sidney Crosby and Alexander Ovechkin leading the way, the NHL has several marketable players throughout the league. The public needs to know who these players are, and how exciting hockey can be.

It would be great to see hockey reclaim the audience it once held captive. I know for me, hockey is one sport I will follow in the future, and hope other sports fans will as well.

"SOFTBALL" CONTINUED FROM P.17

"Coach [Gary Frederick] had talked to me before the season and he was looking to me for RBIs." In the first inning of the second game, the Wildcats committed 2 errors that cost them 5 runs total. But the Wildcats were able to get 2 of those runs back with a bases-loaded walk and a RBI by Haupert.

Western Oregon kept the momentum by scoring 3 runs in the fourth. The Wildcats also scored twice in the fourth inning. The last of the scoring for both teams happened in the sixth inning with each team scoring one more run. The Wolves took the win for the second game, 9-5.

"I thought we still played well we just didn't string the hits as well as they did in the second game," Fix said.

In the third game, junior pitcher Lauren Hadenfeld tossed a complete game for the Wildcats, finishing with 8 strikeouts and holding Western Oregon to only 5 hits.

The first runs of the game came in the fourth inning when Haupert and Copping scored on a hit by Fix. Kendra George of WOU responded with a home run in the fifth. The Wildcats redeemed themselves with a run in the bottom of the fifth.

The Wildcats were able to seal the win, 3-1. "We need to stay aggressive and just play solid defense," Petrich said.

The Wildcats did just that by scoring 4 runs in the second inning, once more in the third inning and twice in both the fourth and sixth inning. The Wildcats won the fourth game, 9-1.

"We knew they were going to be tough. I didn't know exactly what to expect though," said Haupert.

In the last game of the series, nine different Wildcats were able to collect a hit, highlighted by Schwartz going 2-3 and driving in two runs.

WOU's Tyler Sutherland led the Wolves with two hits, and scoring their only run of the game.

The next conference game for the Wildcats is against Saint Martin's tomorrow and Saturday afternoon. The games will be played here at home at the Gary & Bobbi Frederick Field.
Central Rugby ranks third in nation
Wildcats secure home playoff games

By Kevin Proctor | Asst. Sports Editor

The Central Washington men’s rugby have entered the national stage. With a win over Oregon State University on Feb. 20, the Wildcats remained undefeated and earned the No. 3 ranking in the nation. Central looks to continue their streak last week against University of Oregon on Feb. 27. The Wildcats thoroughly dominated Oregon, winning the match 86-10. The victory clinched the league title for Central, securing home playoffs on April 2-3.

This Saturday, Central will host the University of Washington at the Nicholson Rugby Pitch, next to Tomlinson Field. A win over the Huskies will give Central its second straight undefeated league season. CWU has won 21 consecutive league matches, and aims to extend their streak heading into the playoffs next month.

Central VS. Cal
Central beat California State in early March to set the pace for an undefeated season.

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March Madness
March 4th
CWU faculty and staff get in free
First 50 students get free cat pack shirts!
5:15PM CWU women vs. SMU
7:30PM CWU men vs. SMU

March 6th
Senior Night
5:15PM CWU women vs. MSUB
7:30PM CWU men vs. MSUB

For more info: wildcatsports.com
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<th>Sports Schedule</th>
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<tr>
<td><strong>Men's Basketball</strong></td>
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<tr>
<td>3/4 VS MSU Billings</td>
<td>Ellensburg, WA 7:30</td>
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<tr>
<td>3/6 VS Saint Martin's</td>
<td>Ellensburg, WA 7:30</td>
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<tr>
<td><strong>Women's Basketball</strong></td>
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<tr>
<td>3/4 VS Saint Martin's</td>
<td>Ellensburg, WA 5:15</td>
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<tr>
<td>3/6 VS MSU Billings</td>
<td>Ellensburg, WA 5:15</td>
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<tr>
<td><strong>Track and Field</strong></td>
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<tr>
<td>3/12-13 NCAA Division II National Indoor Championship - Albuquerque, NM</td>
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<td>3/13 Joe Peyton Invitational - Tacoma, WA</td>
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<td>3/20 Oregon Preview - Eugene, OR</td>
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<td>3/20 Dusty Lane Open - Spokane, WA</td>
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<td>3/26-27 Stanford Invitational - Stanford, CA</td>
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<tr>
<td>3/27 Spring Break Open - Edmonds, WA</td>
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<tr>
<td><strong>Baseball</strong></td>
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<tr>
<td>3/6 @ Lewis-Clark State</td>
<td>Lewiston, ID 1:00</td>
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<td>3/7 @ Lewis-Clark State</td>
<td>Lewiston, ID 1:00</td>
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<tr>
<td><strong>Softball</strong></td>
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<tr>
<td>3/6 VS Saint Martin's (DH)</td>
<td>Ellensburg, WA Noon</td>
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<tr>
<td>3/7 VS Saint Martin's (DH)</td>
<td>Ellensburg, WA 11a.m.</td>
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